

HHS Public Access

Author manuscript Antiviral Res. Author manuscript; available in PMC 2017 April 14.

Published in final edited form as: Antiviral Res. 2015 September ; 121: 69–81. doi:10.1016/j.antiviral.2015.06.014.

Chronic hepatitis B: a wave of new therapies on the horizon

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Abstract

This year marks the 50th anniversary of the discovery of the Australia antigen (Blumberg, Alter and Visnich, 1965), which in 1968 was identified to be the hepatitis B virus (HBV) surface antigen. Even though several antiviral medications have been in use for the management of chronic HBV infection for more than 20 years, sustained clearance of HBsAg, similar to the sustained viral response (SVR) or cure in chronic hepatitis C (HCV), occurs in only a minority of treated patients. Moreover, even after 10 years of effective suppression of HBV viremia with current therapy, there is only a 40-70% reduction in deaths from liver cancer. Recent success in developing antivirals for hepatitis C that are effective across all genotypes has renewed interest in a similar cure for chronic HBV infection. In this article, we review a wave of newly identified drug targets, investigational compounds and experimental strategies that are now under clinical evaluation or in preclinical development. The paper forms part of a symposium in Antiviral Research on "An unfinished story: From the discovery of the Australia antigen to the development of new curative therapies for hepatitis B."

Keywords

hepatitis B virus; chronic hepatitis B; antiviral therapy; clinical trials

This year marks the 50th anniversary of the discovery of the Australia antigen (Blumberg, Alter and Visnich, 1965), which in 1968 was identified to be the hepatitis B virus (HBV) surface antigen. Even though several antiviral medications have been in use for the management of chronic HBV infection for more than 20 years, sustained clearance of HBsAg, similar to the sustained viral response (SVR) or cure in chronic hepatitis C (HCV), occurs in only a minority of treated patients. Moreover, even after 10 years of effective suppression of HBV viremia with current therapy, there is only a 40-70% reduction in deaths from liver cancer. Recent success in developing combination antiviral therapies for hepatitis

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This article introduces a symposium in *Antiviral Research* on "An unfinished story: From the discovery of the Australia antigen to the development of new curative therapies for hepatitis B." This collection of some 15 invited papers describes a wave of newly identified drug targets, investigational compounds and experimental strategies that are now under clinical evaluation or in preclinical development. In this article, we provide a general overview of these new approaches, and refer readers to papers in the symposium in which additional information on each type of novel therapy can be found.

1. INTRODUCTION

More than 350 million people are chronically infected with hepatitis B virus (HBV), with some 600,000 deaths per year attributed to the virus (El-Serag and Rudolph, 2007; Kanwal et al., 2015). Chronic HBV infection is associated with significant morbidity and mortality, secondary to acute and chronic hepatitis, fibrosis, cirrhosis, end-stage liver diseases and primary hepatocellular carcinoma (HCC) (see forthcoming review by Gish et al. in this symposium). It is estimated that, if left untreated, approximately 15-25% of chronically infected individuals would develop liver cirrhosis and HCC, after decades of infection (Block et al., 2007; Block et al., 2003). Although the precise mechanisms involved in the virus-mediated pathology are not completely known, it is generally assumed that suppression of HBV replication and antigen production is beneficial. Indeed, there is now considerable evidence that suppression of HBV DNA replication can arrest, and even reverse liver fibrotic disease and decrease the incidence of HCC (Bedossa, 2015; Lok, 2004; Lok and McMahon, 2009).

The first drug to be approved for managing chronic HBV infection was interferon-α 2b (Intron A®), in 1991. Since then, seven drugs have been approved, the most recent being tenofovir disoproxil fumarate (Viread®) in 2008 (Hoofnagle et al., 2007) (Figure 1). Broadly, these drugs can be classified as either host-targeting antivirals (HTA) or directacting antivirals (DAA) (Figure 2). HTAs target host gene products, while DAAs target viral gene products.

To date, the only approved HTAs are the interferons, and there are two approved for use in the United States: interferon-α2b (Intron A®) and peginterferon-α2a (Pegasys®). The pegylated form of interferon-α is considered to be an improvement over the non-pegylated form, with a decreased renal clearance rate, longer half-life, and increased bioavailability, thereby reducing the number of times per week that it needs to be injected, to once weekly. However, pegylated interferon-α showed no improvement in the side-effects profile caused by the first-generation interferon-α (Chae and Hann, 2007).

There are currently five approved DAAs for chronic hepatitis B in the US, all of which are nucleot(s)ide analogues: lamivudine (Epivir-HBV®), adefovir dipivoxil (Hepsera®), entecavir (Baraclude®), telbivudine (Tyzeka™) and tenofovir disoproxil fumarate (Viread®). All of them inhibit the reverse transcriptase/polymerase activity, resulting in a

decrease in viral replication as measured by reductions in serum HBV DNA (see review by Gish et al. in this symposium). Use of the current therapeutics has been widely reviewed (Hoofnagle et al., 2007; Liaw et al., 2008; Lok and McMahon, 2009). Many other DAAs and HTAs can be contemplated (Figure 3).

Is a cure for hepatitis B possible? Hepatitis C patients are now routinely cured of their chronic viral infection with the use of combination all-oral DAA regimens or DAA regimens in combination with pegylated interferon, with or without ribavirin. Current HCV combination regimens can achieve an off-therapy sustained viral response at 12 weeks post completing therapy (SVR 12) in \sim 90-100% of patients, across all genotypes and all stages of chronic hepatitis C (Hoofnagle and Sherker, 2014). It is often reasoned that management of chronic HBV infection is likely to be more refractory than chronic HCV infection, because HBV persists with a nuclear phase, and can reactivate, even after decades of indolence (Hoofnagle, 2009; Lok et al., 2012; Seto et al., 2014) or with immunosuppression. This is mainly due to the presence of covalently closed circular DNA (cccDNA) of HBV present in the nucleus of infected hepatocytes (see forthcoming review by Guo and Guo in this symposium). cccDNA is a highly stable structure that acts as a minichromosome for all HBV transcripts. HBV also appears to be less responsive than HCV to interferons (Aspinall et al., 2011; Brouwer et al., 2015; Chan et al., 2011; Locarnini, 2004). However, the most effective management of chronic HCV infection today is with interferon-free, all-oral DAA regimens (Afdhal et al., 2014; Curry et al., 2015; Kowdley et al., 2014).

Complete suppression of the HBV polymerase should, in theory, reduce viremia and intrahepatic levels of replicative forms of HBV DNA to zero, and even cccDNA should be eliminated, as the infected cells are eventually replaced (Block et al., 2013). Therefore, according to this model, people with chronic HBV infection should be cured with DAAs alone. However, this has not been the case with most patients. Perhaps complete inhibition of the HBV polymerase has not been routinely achieved, since the degree of suppression of viral replication has been inadequate. We note that the most impressive and curative hepatitis C suppression has not been achieved with single DAAs, but with powerful combinations that target different steps in the viral replication cycle (Kowdley et al., 2014; Pawlotsky, 2014). However, combinations for HBV that are curative or even reliably superior to monotherapy have not been demonstrated with current medications, and even the most effective currently available DAAs for HBV do not drive intrahepatic levels of HBV DNA down by more than $2 \log_{10}$ (despite 5-10 \log_{10} reductions in serum viremia) (Block et al., 2013; Lau et al., 2005; Lee et al., 2013; Pellicelli et al., 2008; Werle-Lapostolle et al., 2004; Yang et al., 2012).

The sustained, and substantial, intra-hepatic HBV DNA levels, even after more than a year of $>$ 5 log₁₀ reductions in viremia, suggest that the current polymerase inhibitors are not inhibiting the enzyme by more than 99%. Thus, although these reductions in viremia are very impressive, they are still incomplete. Enzyme inhibition principles dictate that every additional ten-fold suppression in polymerase activity will require significantly greater amounts of inhibitor. However increasing the amounts of currently used polymerase inhibitors may not be safely tolerated in humans. The current polymerase inhibitors were optimized, and dosed to reduce serum HBV DNA levels to below the limits of detection, but not intra-hepatic viral DNA. Perhaps, if there were more potent polymerase inhibitors, or

alternative means to decrease intra-hepatic levels of HBV DNA, including cccDNA, it would be possible to cure people with chronic HBV infection, with DAAs, in the same way that HCV is currently cured. In this review, we consider this possibility and identify several DAAs that might serve as alternatives or be complimentary, as part of new combination regimens, to the current portfolio of approved single-agent medications.

But how effective are current therapies for chronic hepatitis B? Clinically, chronically infected individuals have been divided into two groups, based on the presence or absence of the HBV gene product, HBeAg, which is derived from the capsid protein gene (Ganem and Prince, 2004; Hoofnagle et al., 2007). Although the significance of these subcategories continues to be debated, HBeAg-positive individuals generally have greater serum viral loads. Clinical trials have customarily aimed to sero-convert HBeAg-positive individuals into becoming HBeAg-negative, and HBe-antibody (HBeAb) positive (Gish et al., 2010; Hoofnagle et al., 2007). Both interferons and polymerase inhibitors are able to achieve HBeAg/Ab sero-conversion in approximately one-third of cases (Gordon et al., 2014; Lok and McMahon, 2009). These also represent the subset of those experiencing viremia reduction, which is routinely achieved in almost everyone treated with polymerase inhibitors. Indeed, at least 90% will have serum HBV DNA levels reduced by 4-6 orders of magnitude, often reaching undetectable or nearly undetectable levels by current methods (Liaw and Crawford, 1999; Liaw et al., 2004; Zeisel et al., 2015). However, reductions of intrahepatic viral DNA are far more modest, usually only $2 \log_{10}$, even after two years of treatment, and this may be responsible for sequelae of virus reactivation and promote persistent liver disease (Lok, 2011; Zoulim and Durantel, 2015; Zoulim and Locarnini, 2009).

Currently, the treatment of chronic hepatitis B must be life-long for the majority of patients, because virus rebound occurs, often within weeks to months after cessation of treatment (Cho et al., 2014; Yuen and Lai, 2011). More concerning, even after 5-10 years of viremia suppression, the reduction in deaths due to liver disease is only 40-70% (Arends et al., 2014; Chang et al., 2006; Gordon et al., 2014; Lok, 2011; Yapali et al., 2014). Finally, current recommendations advise therapy only for those with elevated viremia and serum transaminases, leaving at least half of patients at significant risk of liver disease without any medical options (EASL, 2012; Liaw et al., 2012; Lok and McMahon, 2009; Uribe et al., 2014; Yapali et al., 2014). New approaches are clearly needed.

2. A new wave of hepatitis B therapies

In addition to the currently approved interferons and nucleot(s)ide inhibitors, there is the possibility of developing new agents to inhibit viral replication, with mechanisms of action that have not yet been explored. As shown in Figure 3, a number of critical steps in the HBV life cycle can potentially be targeted to decrease HBV replication. These steps use both host pathways/proteins and HBV-specific proteins, so that new HTAs and DAAs could be developed. In the following sections, we briefly profile several promising investigational HTAs and DAAs under clinical development, many of which target steps in the HBV life cycle not previously exploited. We also refer readers to symposium articles in which each

The most immediate new wave of therapies is likely to come from investigational agents currently in later stages of clinical development. As shown in Figures 4A & B, using publically available sources such as scholarly publications, the US government website www.clinicaltrials.gov, and individual pharmaceutical company websites, we found at least 38 new investigational agents under development for the management of chronic hepatitis B, of which 19 have reached human trials. Of the 38 investigational agents, we have designated 21 as DAAs and 17 as HTAs. The latter can be further sub-categorized as either immunomodulators (HTA-i) or targeting other host functions (HTA-hf) needed by the virus. Of the 19 drugs reported to have reached human trials, 3 have failed or been discontinued for commercial reasons. When we were unable to determine a drug's status, it is designated "status uncertain".

3. Direct-acting antivirals

3.1 New investigational agents now in clinical trials

3.1.1 Prodrugs of HBV polymerase inhibitors—Prodrugs are chemical or molecular precursors of active drugs (Hostetler, 2009; Smith, 2007). Typically, a prodrug is designed to improve the performance of the active drug substance, usually by decreasing toxicity, improving solubility, enhancing tissue absorption and/or increasing the half-life, so that the agent can be dosed no more frequently than once daily. Thus, as long as the prodrug can be efficiently and safely converted to the active agent, it may have better efficacy and safety profile. Prodrugs that reduce toxicity and improve pharmacokinetics are certainly welcome, although their contributions to care may be more incremental than transformational due to the persistence of cccDNA in the nucleus of infected hepatocytes and incomplete inhibition of HBV polymerase.

Prodrugs of tenofovir are in the most advanced stages of development (Figure 4A). As mentioned, earlier, the five approved polymerase inhibitors are currently used at doses that impressively reduce viremia, but have a much more modest impact on intracellular HBV DNA levels (Lau et al., 2005; Peters et al., 2004; Werle-Lapostolle et al., 2004). These drugs achieve effective suppression of viremia by $5-9 \log_{10}$ or greater, but intrahepatic HBV viral DNA, although reduced, remains at significant levels. These reduced levels of replication are apparently sufficient to restore nuclear pools of cccDNA through intracellular recycling of nucleocapsids, even in people for who are serologically "PCR negative" (aviremic) for HBV.

That said, if a prodrug of a polymerase inhibitor could be safely used at higher doses or could achieve increased bioavailability of the active compound within hepatocytes, so as to achieve greater inhibition of the HBV polymerase, it could have a greater than incremental value. Indeed, since current polymerase inhibitors are associated with the loss of HBsAg and the appearance of HBsAb in as many as 10% of those treated over 5 years (Zoulim and Durantel, 2015), it is possible that a prodrug that inhibits intrahepatic DNA replication could significantly increase seroconversion. Several prodrugs at various clinical stages of development target the HBV polymerase.

AGX1009 and TAF: AGX1009 (Agenix) and TAF (Gilead), are prodrugs of tenofovir in Phase 3 clinical trials, although TAF is in Phase 3 for HIV indications and Phase 1/2 for hepatitis B (Menendez-Arias et al., 2014). They are predicted to have reduced long-term toxicity compared to Tonofovir.

Besifovir, elvucitabine, pradefovir mesylate & MIV210: Besifovir (LBO80380/ ANA380) 9-[1-(Phosphonomethoxycyclopropyl) methyl] guanine (PMCG) by Idong Pharma (Korea) is in Phase 3 clinical trial (Yuen et al., 2010). Achillion's elvucitabine is a L-cytosine nucleoside analog reverse transcriptase inhibitor that demonstrated potent antiviral activity against HBV and HIV. Phase 2 clinical studies showed that elvucitabine is well tolerated in patients with chronic HBV infection, with an antiviral potency is similar to that of lamivudine (Achillion Pharmaceuticals, 2010). No information is available regarding the efficacy of elvucitabine against lamivudine resistant HBV.

On the other hand, pradefovir mesylate, a propylated adefovir that depends upon CYP3A mediated activation, looked promising in Phase 2 studies, but was put on hold because of tumor formation in animals (Reddy et al., 2008). The development of MIV210 (Michalak et al., 2009) has also been abandoned (Grogan, 2013). Thus, even for prodrugs that have an established mechanism of action that is clearly beneficial, it is impossible to predict the "winners and losers" prior to preclinical and/or clinical evaluation.

CMX157: CMX157 (Chimerix/Contravir) is a lipid conjugate (hexadecycloxypropyl adenine) of tenofovir diphosphate that was designed to exploit lipid uptake pathways (Painter et al., 2007). CMX 157 delivers tenofovir diphosphate at high concentration in the hepatocytes, thus increasing the bioavailability of tenofovir diphosphate and at the same time decreasing circulating tenofovir levels to minimize potential renal side effects (Contravir). It has utility for both HIV and HBV, and is now entering Phase I/ 2 clinical trials for HBV.

3.1.2 siRNA—In principle, siRNA-acting drugs, which target HBV transcripts, should be able to shut down all HBV gene product production. This approach has had great promise, but has been frustrated by the inefficiency in delivery of the nucleic acid oligomers to human hepatocytes, despite extremely compelling results in experimental animals (Wooddell et al., 2013). Thus, if the delivery problem could be solved, the potential for siRNA and similar nucleic acid-directed suppressive molecules, is tremendous. It is with this hope and expectation, that a new wave of siRNA molecules is greeted (see forthcoming review by Gish and colleagues in this symposium).

ARC-520: ARC-520 is the siRNA from Arrowhead, which is lipid conjugated and uses nanoparticle-assisted delivery system. ARC-520 demonstrated good efficacy in reducing the levels of serum HBsAg, HBeAg and HBV DNA levels, in non-transgenic mouse model for HBV infection (Wooddell et al., 2013). It also showed promising results in HBV-infected chimpanzee model system. ARC-520 reached Phase 2 trials, but was placed on a clinical hold, and only recently it has been allowed to proceed with the Phase 2 studies (Arrowhead, 2015a).

ALN-HBV, TKM HBV: The ALN-HBV by Alnylam and TKM-HBV by Tekmira use lipid nanoparticle technology for delivering their siRNA. The Alnylam siRNA candidate demonstrated significant suppression of circulating HBV DNA and HBsAg levels in chimpanzee model system (Alnylam, 2014). The siRNA therapeutic candidates from these companies will have reached clinical phase by the time of this review's publication. The Tekmira siRNA agent is likely to be in at least Phase 1 clinical trial. Thus, despite recent reports of disappointing Phase 2 results for the Arrowhead compound (Arrowhead, 2015b; Wooddell et al., 2013) it still appears that, after the prodrugs, the siRNA technologies are the furthest along in development.

3.1.3 HBsAg-reducing agents—RepA9, from Replicor, is a nucleic acid-based polymer (NAP), comprised of phosphorothioated nucleic acids (Noordeen et al., 2013) (see forthcoming review by Vaillant and colleagues in this symposium). The sponsor reports that the agent is safe, and in small overseas human trials in Bangladesh, to have beneficial activity in combination with interferons or Zadaxin (Mahtab MA, 2015). The mechanism of action is unclear, but the sponsor reports it acts on HBsAg. As stated, compounds that act on HBsAg are particularly interesting because they also have the potential for direct activity against hepatitis delta virus (HDV), since HDV infection is dependent upon the HBsAg (Seeger and Mason, 2000).

3.1.4 Inhibitors of capsid formation—Of the DAAs that have reached clinical phase, at least three inhibit the formation of the HBV capsid. Since the first report of a capsid inhibitor more than 10 years ago (Stray et al., 2005; Stray and Zlotnick, 2006; Weber et al., 2002), there have been a number of new examples of this approach (see forthcoming review by Zlotnick et al. in this symposium). Capsid formation is an essential viral process that does not occur in the uninfected cell, and thus would be expected to provide a virus-selective target. Moreover, capsid proteins are readily detected in the nucleus of infected cells, far from the site of nucleocapsid formation in the cytoplasm. This is consistent with evidence that capsid proteins play a role in regulating HBV cccDNA expression and stability, as well as in regulating host innate immune response genes. Therefore, even though investigational agents may have a phenotypically similar effect on capsid assembly, they may modulate these other processes differently, thus affecting the overall ability of the agent to manage chronic HBV infection.

Three capsid inhibitors have reached clinical phase development: BAY4109 (AiCuris), NV1221 (Novira) and GLS 4 (Sunshine).

BAY4109: The capsid inhibitor BAY4109 came on the scene with a great deal of fanfare, as an innovative, first in class capsid inhibitor (Deres et al., 2003; Weber et al., 2002). It is reported to be highly species specific, for the virus, with activity against only the human HBV. This rendered pre-clinical efficacy testing more limited, since testing in woodchucks would not be possible, as it does not have activity against WHV. It was evaluated in Phase 1 clinical trials but its current development status is unclear.

NV1221: In the US, the Novira agent, NV1221, is probably the most advanced of the new capsid inhibitors, now in Phase 1 studies in New Zealand. There is no structural or specific

functional information available about the compound, but it appears to prevent HBV capsid formation in a way analogous, but (importantly) not identical to the BAY4109.

GLS-4: GLS4 is a heteroaryl pyrimidine analogue that was derived from BAY4109 after structural optimization. GLS4 has a unique mechanism of action by which it causes aberrant capsid protein formation. GLS 4 was shown to inhibit nucleoside-analogue resistant HBV mutants in preclinical studies (Wang et al., 2012; Wu et al., 2013). HEC pharma group reports that Phase 1 studies of GLS4 are completed (HEC).

3.2 Direct-acting antivirals in preclinical development

3.2.1 Inhibitors of capsid morphogenesis—Preclinical phase capsid inhibitor candidates include CpAMs (Assembly Biosciences), DVR (Oncore-Tekmira), and DSS (Oncore-Tekmira). All these capsid inhibitors are small molecules that interfere with HBV capsid morphogenesis, but not necessarily at the same step. CpAMs are HBV core protein allosteric modulators that accelerate a dysfunctional capsid protein dimerization (Katen et al., 2013). DVRs prevent the association of HBV pregenomic RNA with the capsid (Campagna et al., 2013). The mechanism of action of the DSS compounds is not yet reported (Cai et al., 2012).

3.2.2 Inhibitors of HBsAg secretion—The development and current status of inhibitors of HBsAg secretion are reviewed by Cuconati and colleagues in a forthcoming article in this symposium. TTP is a small molecule that has been shown to prevent the secretion of HBsAg and viral DNA in vitro, possibly by interfering with the ability of HBsAg to associate with the LDL secretion machinery (Dougherty et al., 2007; Yu et al., 2011). HBsAg may also have immunosuppressive functions (Jaroszewicz et al., 2010; Xu et al., 2009). The TTPs are at an early preclinical stage of development, but are the only small molecule inhibitors of HBsAg secretion.

3.2.3 RNase H inhibitors—Unlike other DNA viruses HBV replication depends upon the RNAseH activity of HBV polymerase to degrade pregenomic RNA (Seeger and Mason, 2000). RNAseH enzymatic activity should, in principle, be a viable antiviral target as is the reverse transcriptase/DNA polymerase activity of HBV polymerase. A group in St Louis University (Cai et al., 2014; Tavis and Lomonosova, 2015) has reported identifying "hit" compounds, some based on those that are validated HIV drugs, that are selective inhibitors of the HBV polymerase RNAseH activity (see review by Tavis and Lomonosova in this symposium). These compounds need further development and could be a welcome addition to the HBV antiviral arsenal. They can prove be very effective when used in combination with the existing nucleot(s)ide analogues and may help to achieve long-term inhibition of HBV replication at a level that is not achieved by current nucleot(s)ide analogues alone.

3.2.4 CRISPR/Cas9 system—The bacterial clustered regularly interspaced short palindromic repeats associated systems (CRISP/Cas9) loci encode RNA guided endonucleases, derived from bacterial immune response against foreign genetic elements such as bacteriophages (Kennedy et al., 2015; Seeger and Sohn, 2014) and have been adapted for mammalian systems (see forthcoming review by Cullen and colleagues in this

symposium). In principle, they can be used to target destruction of specific DNA sequences, and thus hold a great potential for specific degradation of HBV cccDNA. The challenges of getting these complex systems into hepatocytes, let alone into the nucleus, are clear. However, lentiviruses expressing CRISPR/Cas9 guide RNAs that are specific for HBV DNA have been transduced into HBV cccDNA-producing cells and shown to be suppressive (Dong et al., 2015; Kennedy et al., 2015; Lin et al., 2014). HepG2 cells expressing the receptor were infected with HBV and the CRISPER/Cas9 system was used to induce degradation of cccDNA. This also suggested that the targeted DNA is degraded rather than repaired following Cas9 nuclease digestion. Thus, there is some progress with these systems, although clinical investigation is probably a long way off due to the difficulties in the delivery process.

3.2.5 siRNA—ddRNAi from Benitech is another therapeutic approach to directly target HBV transcripts using RNA interference technology. This program was initiated by Benitech in 2009 and is currently in preclinical stages. The studies are being conducted in collaboration with Chinese-based "Biomics biotechnologies", and are aimed at targeting HBV polymerase transcript using three different short-hairpin RNA (shRNA) to target different regions of the polymerase transcript (Biopharma).

4. Host-targeting antivirals

4.1 Products in clinical development

Five HTAs appear to be in the clinical stage of development (Fig. 4), and two others have recently failed or been discontinued. Of the five still in development, two target host functions used by the virus (Myrcludex B, Brinapant), and the others target the host innate and adaptive immune systems (GS-4774, GS 9620, DV601 & SB9200HBV).

4.1.1 Viral entry inhibitors—Myrcludex B (MycB), a synthetic lipopeptide derived from the LHBs preS1 domain, is an entry inhibitor from Hepatera/Myr-GmbH. Viral entry inhibitors are a relatively new and effective antiviral drugs, with the HIV Trimeris Fuzeon being among the first (Lobritz et al., 2010). Neutralization of virions to prevent their association with target cells by neutralizing antibodies is well established as an approach. For HBV, the only example is Myrcludex B (MycB), a lipopeptide derived from the cell attachment region of the HBV large envelope protein (Gripon et al., 2005; Petersen et al., 2008; Urban et al., 2014) Myrcludex B requires parenteral administration; this would be a drawback for clinical therapy. In Phase 2a clinical trial studies Myrcludex B demonstrated does dependent decline in the levels of HBV DNA in patients. Myrcludex B also showed promising results in phase 2a trial in patients with chronic hepatitis delta virus (HDV) infection. HDV uses HBV envelope proteins for hepatocyte entry and therefore if Myrcludex B is approved it can be used for treating both HBV and HDV chronic infections. (Hepatera, 2014; Urban et al., 2014).

4.1.2 Immune enhancers—Four of the HTAs in clinical phase are immune enhancers. The mechanism of liver disease in people with chronic hepatitis B is fundamentally a chronic, but inadequate immunological and inflammatory attack on infected hepatocytes,

resulting in liver damage (Ganem and Prince, 2004; Seeger and Mason, 2000). A DAA alone may therefore not be sufficient; a durable, off-drug, antiviral response is therefore likely to require some type of immunological restoration of the affected individual. While it is hoped that complete suppression of antigenemia, as well as viremia, may unmask or enable an indolent or suppressed immune response (or perhaps "free up" neutralizing antibody that was otherwise complexed with antigen), some type of direct immunologic awakening of the host will be necessary (see review by Durantel and colleagues in this symposium).

Unfortunately, most attempts to stimulate the immune system in chronic HBV carriers to clear HBV have been disappointing, and have failed in human trials or had untoward clinical consequences, such as decompensation in those with advanced fibrosis or cirrhosis. Therefore there has been considerable interest in developing strategies that stimulate the host immune recognition of HBV, in chronic carriers, who usually can recognize the virus, at the cellular and humoral level, without clearing the infection (Bertoletti and Gehring, 2013).

YIC: YIC is comprised of HBsAg and HBIG, (anti-HBs Immunoglobulin) complex as a therapeutic agent candidate with alum as the adjuvant (Xu et al., 2008). The candidate reached phase III clinical trials in which the results were found to be unsatisfactory. Overstimulation with YIC was demonstrated to decrease the efficacy of YIC due to immune fatigue (Xu et al., 2013). Its continuation is therefore in doubt, representing a setback and disappointment for these alternative approaches once thought promising.

GS 9620: Toll-like receptor (TLR)-7 is a "pathogen recognition receptor" expressed mostly in lysosomal/endosomal compartments of plasmacytoid dendritic cells (pDCs) and Blymphocytes that recognizes patterns in viral single-stranded RNA (O'Neill et al., 2013). There is a growing body of evidence that pattern recognition receptor activation can directly suppress HBV in infected cells (Chang et al., 2012) (see forthcoming review by Chang and colleagues in this symposium).

GS 9620 is a small-molecule TLR-7 agonist in clinical development (Roethle et al., 2013). Phase 1b safety studies have been recently reported, showing the drug was safe and achieved expected induction of interferon stimulated genes in peripheral blood cells (Gane et al., 2015). Indeed, GS9620 had significant activity in woodchucks and chimps, and would be a "first in class", to show that pharmacological activation of pattern recognition receptor can have clinical benefit in the management of chronic HBV infection (Lanford et al., 2013).

SB 9200: HBV replication is suppressed by activation of retinoic acid inducible gene-I (RIG I), which is stimulated by double-stranded RNA and the nucleotide binding oligomerization domain containing protein-2 (NOD-2) (Adam et al., 2002; Mao et al., 2011; Sato et al., 2015). Agents that can activate RIG-I would therefore provide a new approach. SB 9200 from Spring Bank is reported on their web site to be a small molecule that activates host's immune system by upregulating RIG I SB 9200 is currently in Phase 1 clinical trials (Springbank).

4.1.3. Therapeutic vaccines—The concept and current status of therapeutic vaccination for chronic hepatitis B are reviewed in a forthcoming article by Roggendorf and colleagues in this symposium.

DV601 (Dynavax) and GS4774 (Gilead Sciences) are both therapeutic vaccines candidates. GS4774 is a heat-killed vaccine engineered to express a fusion protein containing HBsAg sequences of four major genotypes while DV601 utilizes both core and surface antigens. Vaccine that produce or introduces HBsAg might appear to have limited logic, since people with chronic hepatitis B already have enormous amounts of HBsAg in their circulation. The hypothesis behind this approach is that therapeutic vaccines will induce specific T-cell responses, in the face of presumed T-cell exhaustion due to antigen excess, by either stimulating antigen presentation, or directing antigen presentation from professional antigen presenting cells (Michel et al., 2015). Some of these challenges are discussed later in this review. As with any immune-enhancing approach, the limitations will most likely relate to toxicity and variable response in different patients.

To date, GS4774, produced from heat-inactivated yeast recombinant HBV antigens, has been evaluated in Phase 1 trials (Gaggar et al., 2014). The Dynavax therapeutic vaccine candidate, which includes phosphorothioate oligonucleotides as well as viral polypeptides, as immunostimulatory adjuvants, has also been shown to be safe and effective as an immunogen in Phase 1 studies (Halperin et al., 2006; Plotkin and Schaffner, 2013). Since the initial safety trials of DV601, no development has been reported for the vaccine candidate (DYNAVAX, 2011).

4.1.4 Birinapant—Birinapant from Tetralogic Corp, is a small molecule that is believed to mimic second mitochondrial activator of caspases (SMAC) (Seigal et al., 2015). SMAC normally binds to IAP (inhibitor of apoptosis), pushing the cell towards apoptosis (Holohan et al., 2013).

Birinapant has already entered Phase 3 trials for management of myelodysplastic syndrome and colorectal cancer, so there is considerable safety and efficacy information available. The safety information on Birinapant is available from more than 300 patients enrolled in these trials (TetraLogic). For the management of hepatitis B, Birinapant is only in the preclinical phase, but was reported to cause impressive reductions of viremia in the circulation of infected mice (Ebert et al., 2015a; Ebert et al., 2015b; Peters et al., 2004). The mechanism of the antiviral affect was not clear, but it seems that infected cells are selectively eliminated, assuming that they are more sensitive to apoptotic stimuli, compared to the uninfected cells. The strategy is intriguing and the possibility of using such an approach to eliminate remaining infected cell "nests" following the reduction of infected cells with more conventional methods, is very compelling. On the other hand, for obvious reasons, in individuals with a substantial portion of the liver infected, such an approach must be taken cautiously, since the rapid destruction of infected cells can be dangerous.

4.1.5 Zadaxin—Zadaxin is a 28-amino-acid peptide based on thymosin-α, a natural polypeptide from the thymus (Tsai et al., 2003). It was reported to initially show promise, but there are studies demonstrating both favorable and unfavorable results (Wu et al., 2015).

A randomized clinical trial conducted in China demonstrated that Zadaxin is safe, well tolerated and is effective in inhibiting HBV replication. Patients treated with Zadaxin had much higher rate of seroconversion as compared to the patients treated with IFN-α (You et al., 2001). In another clinical trial, HBeAg negative patients treated with Zadaxin in combination with IFN-α had much robust virological and biochemical response as compared to the patients treated with combination of lamivudine and IFN-α or IFN-α alone (Saruc et al., 2003). In contrast, Zadaxin in combination with lamivudine was not found to be any better than lamivudine alone (Lee et al., 2008). Thymosin-α also did not have any clear benefits when used in combination with IFN-α in another clinical trial (Yang et al., 2008). Subsequent studies showed that, in combination with lamivudine or interferon, Zadaxin added little to detectable benefit in chronically infected HBeAg-positive patients, on the grounds of antiviral efficacy, and interest has waned (Kim et al., 2012).

4.2 HTAs in the preclinical stage

4.2.1 Immune checkpoint inhibitors (PD-1)—Recent advancements in our understanding of immune exhaustion is generating a new hope for the immunological or host-targeted therapeutic strategies. We now have a greater understanding of the mechanisms by which some viral antigens, in chronic infection, are presented to the immune system that can result in the failure of the immune system to clear the virus. There are now several known pathways that lead to T-cell exhaustion and these pathways could be blocked to enhance T-cell responses.

For example, the programmed cell death (PD-1)/ PD-1 ligand pathway plays critical role in antigen-mediated exhaustion of T-cells in several chronic infections, including HIV and hepatitis C (Bertoletti and Gehring, 2007; Bertoletti and Gehring, 2013; Bertoletti and Kennedy, 2014; Day et al., 2006; Peng et al., 2008). In the hydrodynamic tail vein injection model system for HBV expression in C57BL mice (Tzeng et al., 2012), it was demonstrated that a PD-1/PD-L1 pathway inhibition with monoclonal antibody could reverse immune dysfunction and HBV viral persistence. PD-1 expression levels in HBV-infected patients have also been studied, and it was demonstrated that 70% of the circulating HBV-specific Tcells were PD-1 positive (Zhang et al., 2013).

Anti-PD-1 antibody has now been used effectively in human cancer therapy, and in trials for the management of chronic hepatitis C (Gardiner et al., 2013). However, there is no ongoing clinical trial involving PD-1 for the management of chronic HBV infection. This may be due to concerns about adverse effects of autoimmune type reactions. Thus, despite the theoretical appeal, and strong experimental evidence, PD-1-derived therapies for chronic hepatitis B may take some time to develop. However, other members of the PD-1-like superfamily of coreceptors may be important in regulating chronicity, and ultimately prove better therapeutic targets (Xing and Hogquist, 2012).

4.2.2 Therapeutic vaccines—Therapeutic vaccines have received a considerable amount of attention, and the clinical stage therapeutic vaccines for HBV have been discussed (above). Here we describe leading examples of preclinical technologies and their development status, when it could be confirmed.

Altravax DNA vaccine: Altravax's therapeutic vaccine approach is to construct a chimera of wild-type and xenogenic HBs surface peptides, and subsequent inclusion of HBc peptides. This approach is based upon the hypothesis that the chimera will result in the presentation of novel epitopes by antigen presenting cells. These novel epitopes will beneficially stimulate the immune response in chronic HBV infection. C57BL/6 mice were immunized with the vaccine, and the T-cell responses elicited by the vaccine were reported to meet the expectations by the investigators (Altravax).

INO-1800: INO-1800 is a recombinant DNA vaccine from Inovio that encodes consensus sequence of HBV core antigen, which has induced antigen-specific strong T-cell responses and high antibody titers in preclinical trials (Obeng-Adjei et al., 2012). The vaccine also demonstrated strong cytotoxic T-cell response to kill target cells without causing considerable liver injury (Obeng-Adjei et al., 2012). The company has just initiated Phase1 trials for the vaccine (Inovio, 2015)

VLP: VLP Biotech is developing a virus-like particle (VLP) (Schickli et al., 2015), based on the HBV core antigen, modified and designed to elicit neutralizing antibodies to PreS1 (Whitacre et al., 2009).

Chimigen HBV/NU500: This investigational agent from Akshaya Bio (Canada) is a chimeric polypeptide comprised of regions of the core and surface antigen proteins and the Fc-binding domain of IgG. The hypothesis is that the Fc component will direct the chimeric protein to dendritic antigen presenting cells, and there will be enhanced presentation of HBV antigen. The concept is compelling, and in vitro and in vivo studies reported at professional conferences, suggest that this approach can induce robust immunological responses to the HBV antigens, in mice (George, 2014). However, successful production and presentation of viral antigens may be insufficient to restore a meaningful host immunological response to HBV, since there may be an "afferent" defect in the immunologic response in all individuals with chronic hepatitis B, known as "immunological exhaustion". As mentioned earlier, immune exhaustion due to the pathways such as PD-1/PD-1L might undermine the effects of enhanced antigen presentation.

Editopes: A novel method by which a small molecule can induce production of an HBsAg peptide bearing a novel epitope has been described (Norton et al., 2010). Briefly, imino sugar glucosidase inhibitors such as N-butyldeoxynojirimycin, which inhibit alphaglucosidase 1, prevent the glycan processing of HBsAg (M) polypeptides, causing them to misfold and be degraded in the proteasomes (Norton et al., 2010; Simsek et al., 2009). Prior to their degradation, the N-glycans on the HBsAg are removed from the polypeptide backbone by the action of PNgase, which hydrolyzes the asparagine linked to the N-glycan, resulting in its conversion into an aspartic acid. The proteolytic fragment of the HBsAg thus contains a CTL epitope that is not encoded by the HBV gene. Since this amino acid resides within a major CTL epitope, the new epitope, called an editope, contains an aspartic acid in place of an asparagine.

This suggests that animals (and presumably, humans) could be treated with the imino sugar, and immunized with the novel CTL epitope (editopes), and, ideally, would develop CTL

responses that would attack the infected cells. The hypothesis was evaluated in woodchucks chronically infected with woodchuck hepatitis virus (WHV), and it was demonstrated that selective lymphocytic responses to the aspartic acid containing editope could be induced in a pharmacologically dependent manner (Norton et al., 2010). However, there was no detectable effect on viremia or antigenemia. Thus, despite an immunological proof of principle, this approach has not progressed further.

4.2.3 Epigenetic modifiers—Small-molecule histone deacetylase (HDAC) inhibitors have been shown to suppress cccDNA transcription in tissue culture, under non-cytotoxic conditions (Liu et al., 2013). At the same time, transcription from HBV DNA integrated into the host genome was enhanced, demonstrating that transcription from cccDNA is regulated differently than the transcription from the integrated genome. These results are particularly compelling, since there are several HDAC inhibitors in Phase 3 clinical studies for other diseases, and two are already approved for refractory cutaneous and peripheral T cell lymphoma (Khan and La Thangue, 2012; West and Johnstone, 2014). The positive results of the use of HDAC inhibitors for suppressing cccDNA is therefore exciting, since two of them have already been approved for other indications, but of course, as with any host targeting agent, human use may pose risks.

4.2.4 Dimethylxanthenone STING agonists—The Stimulator of Interferon Genes (STING) is an adaptor polypeptide for several cytoplasmic DNA-sensing receptors, as well as a bacterial cyclic di-nucleotide second messenger and an intracellular moderator of innate immune responses (Cai et al., 2014). Stimulation of STING with small-molecule flavonoids effectively suppressed HBV replication in mouse hepatocytes. It was demonstrated that STING stimulation mainly induced type-1 IFN response, unlike the TLR agonist that induced inflammatory cytokines response (Guo et al., 2015). Importantly, it has been demonstrated that after less than 24 hours of infection, STING agonists reduced the amount of HBV DNA in the blood of infected mice in a hydrodynamic tail-vein injection model (Guo et al., 2015).

4.2.5 Cyclophilin inhibitors—Cyclophilin inhibitors have been shown to have broad antiviral affects in clinical trials for hepatitis C (Membreno et al., 2013). The mechanism of action appears to involve an affect upon host protein-folding chaperones used in viral polypeptide function.

The cyclophilin inhibitors Alisporivir (formerly Debio 025) and Novartis compound NIM811 have both been reported to have inhibitory activity against HBV in tissue culture (Phillips et al., 2015). Oncore-Tekmira is now developing a cyclophilin inhibitor (OCB-030/ NVPO19) for the management of chronic hepatitis B. Cyclosporin A, a chemical inhibitor of cyclophilin that binds and inhibits cyclophilin without any immunosuppressive effects, may also be important for inhibiting entry in hepatocytes (Nkongolo et al., 2014).

5. Conclusions

It has been 50 years since the discovery of the Australia antigen, but therapies that cure chronic HBV infection are still not available. In contrast, 25 years after the discovery of the

hepatitis C virus, virtually all cases of chronic hepatitis C can now be cured through a short course of antiviral therapy (Ward, 2014). This dramatic success with hepatitis C has created excitement about the possibility of a cure for chronic hepatitis B, and many scientists are now moving to hepatitis B research. Coupled with the growing prominence of antiviral research in China and the rest of South Asia, where hepatitis B is prevalent (El-Serag, 2012), this has created a momentum of innovation in hepatitis B therapeutic strategies.

As discussed in this review, investigational agents currently in the advanced stages of clinical development are the prodrugs that have promise to improve upon the existing therapies by increasing efficacy and decreasing the side-effects. Investigational agents such as siRNA, HBsAg inhibitors and capsid inhibitors that have reached clinical trials, have different mechanism of action as compared to the current therapies. The new delivery technologies such as lipid nanoparticles have breathed new life in to the siRNA approach. New technologies for discovery, screening and profiling, have also made possible the development of many investigational agents in the pre-clinical phase of development that use novel and previously unexplored areas of HBV biology. These include entry inhibitors, use of novel chimeric epitopes, selective killing of infected hepatocytes and novel therapeutic vaccines. There is a hope that these investigational agents that use novel mechanisms for inhibiting HBV replication, used alone or in combination with the existing therapies would help in better management of chronic hepatitis. The great challenge is to decrease intrahepatic viral DNA levels and to eliminate cccDNA. Candidate therapies such as siRNA hold promise to do that by eliminating HBV transcripts, eventually leading to loss of cccDNA, over a period of time, and therefore the results from the clinical trials are awaited. In addition to the DAAs, it is thought that agents that can boost the immune response against the virus can play an important role in sustained off drug virological responses. Therefore new HTAs in development, such as therapeutic vaccines, PD-1/PD-1ligand pathway inhibitors, novel chimeric antigens, enhancement of antigen presentation, might be beneficial.

That said, to date there are still only two families of drugs to treat chronic hepatitis B, the interferons and the polymerase inhibitors. But this is clearly going to change. Based on some of the investigational agents in the pipeline that we describe in this review, we predict that within five years there will be at least two new drugs approved for management of chronic hepatitis B, and within ten years, there should be functional cures.

Acknowledgements

The preparation of this manuscript was supported in part by funding from NIH grant RO1 AI104636, by the Baruch S. Blumberg Institute and by the Commonwealth of Pennsylvania.

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Highlights

- This articles introduces a symposium marking the 50th anniversary of the discovery of the Australia antigen.
- **•** Current antiviral therapies for chronic hepatitis B suppress viral replication, but rarely eradicate the virus.
- **•** The persistence of viral cccDNA in the nucleus of hepatocytes is the principal obstacle to curative therapy.
- **•** Many new treatment approaches are now under development, and some may be more effective in eliminating cccDNA.
- **•** As for hepatitis C, optimal therapy for hepatitis B may consist of a combination of drugs with different targets.

Figure 1.

Time-line of approval of hepatitis B therapeutics by the US Food and Drug Administration. Green: immunodulators (interferons); Blue: Direct-acting antivirals (polymerase inhibitors).

Figure 2.

Categorization of therapeutics for management of chronic HBV infection. Direct-acting antivirals (DAAs) interfere with a specific step in viral replication. Host-targeted antivirals (HTA) inhibit viral replication by modifying host cell function.

Figure 3.

Major intracellular steps in the HBV life cycle for which DAAs or HTAs could be developed. Each step is discussed in this review, and novel therapies targeting many of them are the subject of articles in this symposium.

Figure 4.

Therapeutics in development for the management of chronic HBV infection. (A) Investigational agents in Phase 1 clinical trials at the time of writing this review. The NCT number (wherever applicable) after the company's name is the clinicaltrials.gov identifier. (B) Investigational agents in preclinical stages. The stage of development is indicated, from

in vitro identification through animal efficacy and ultimately human clinical trials. DAAs are highlighted in green and HTAs in blue. Investigational agents that have failed or have been stopped are shown in red. See text for citations. When we were unable to find a published reference, we cite the sponsor's website.