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Diagn Microbiol Infect Dis. Author manuscript; available in PMC 2018 May 01.

Published in final edited form as:

Author manuscript

Diagn Microbiol Infect Dis. 2017 May; 88(1): 69-74. doi:10.1016/j.diagmicrobio.2017.01.024.

# *Escherichia coli* sequence type 73 as a cause of community acquired urinary tract infection in men and women in Rio de Janeiro, Brazil

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#### Abstract

*Escherichia coli* clones ST131, ST69, ST95 and ST73 are frequent causes of urinary tract infections (UTI) and bloodstream infections. Specific clones and virulence profiles of *E. coli* causing UTI in men has been rarely described. The aim of this study was to characterize patient and clonal characteristics of community-acquired UTI caused by *E. coli* in men (n=12) and women (n=127) in Rio de Janeiro, Brazil, complementing a previous work. We characterized isolates in phylogenetic groups, ERIC2-PCR and PFGE types, MLST, genome similarity and virulence gene-profiles. UTI from men were more frequently caused by phylogenetic group B2 isolates (83% vs 42%, respectively, p 0.01), a group with significantly higher virulence scores compared with women. ST73 was the predominant clone in men (50%) and the second most frequent in women (12%), with the highest virulence score (mean and median=9) among other clones. ST73 gnomes formed at least six clusters. *E. coli* from men carried significantly higher numbers of virulence genes, such as *sfa/focDE* (67% vs 27%), *hlyA* (58% vs 24%), *cnf* 1 (58% vs 16%), *fyuA* (100% *vs* 82%) and *MalX* (92% vs 44%), compared with isolates from women. These data suggest the predominance and spread of ST73 isolates likely relates to an abundance of virulence determinants.

#### Keywords

Uropathogenic Escherichia coli; ST73; virulence factors; urinary tract infection

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**Conflict of interest:** The authors declare that they have no conflict of interest.

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#### 1 Introduction

Successful clones of uropathogenic *Escherichia coli* (UPEC), determined by multilocus sequence typing (MLST), have been described in various parts of the world. Some of these clones, such as ST131, ST69, ST95 and ST73, predominate as cause of community-acquired urinary tract infections (UTI) and blood stream infections (BSI) (Riley 2014; Miajlovic et al. 2015). The reasons for such predominance are unclear; however, the pathogenic potential and resistance to antimicrobials are frequently described explanations. ST131 is a classic UPEC strain associated with extended spectrum  $\beta$ -lactamase (ESBL) production and fluoroquinolone resistance (Johnson et al. 2009; Fam et al. 2011; Kudinha et al. 2013; Nicolas-Chanoine et al. 2014). ST69 usually shows a multidrug-resistant (MDR) profile (Manges et al. 2001; Colgan et al. 2008). ST95 is associated with neonatal meningitis (Alkeskas et al. 2015), and ST73, also a virulent clone, has been described with plasmid-encoded CTX-M genes (Alhashash et al. 2016).

UTI in men is uncommon, except when abnormalities or invasive procedures in the urinary tract are present (Lipsky 1989; Raynor and Carson 2011). Nevertheless, isolates of the more pathogenic UPEC phylogenetic group B2 are able to cause infection in men without urinary abnormalities (Johnson et al. 2005). A single study specified clones and respective virulence genes affecting men with prostatitis, and showed predominance of B2 isolates carrying at least one toxin-encoding gene (Krieger et al. 2011). Another similar study defined only the presence of ST131, which as B2 isolates, were predominant in pyelonephritis (75%) and cystitis (68%), but scanter among fecal isolates (34%) among *E. coli* isolates from previously healthy men (Kudinha et al. 2013). Finally, in another study of note, shared strains in a cohort of couples of men with febrile community-acquired UTI and their female sexual partners (Ulleryd et al. 2015) were more likely to belong to MLST clonal complexes (CC)73 and CC127, and carried several virulence genes (Ulleryd et al. 2015). Thus, the specific virulence traits of clones affecting men are poorly described.

In a previous study performed in 2005–2006, we described ST69 as the predominant cause of community-acquired UTI in women in Rio of Janeiro, Brazil (Dias et al. 2009). The second predominant clone was ST73, affecting 12% of the women (Dias et al. 2009) and the most common affecting men, as shown in the present study. While ST69 isolates were significantly more resistant to trimethoprim-sulfamethoxazole and ampicillin, ST73 isolates were more susceptible to trimethoprim-sulfamethoxazole, compared to all other isolates combined. We hypothesized ST69 and ST73 could carry additional virulence genes potentially favoring uropathogenesis and predominance. The aim of this study was to characterize patient and clonal characteristics of community-acquired UTI caused by *E. coli* in men (n=12) and women (n=127) in Rio de Janeiro, Brazil, complementing a previous work. (Dias et al. 2009).

#### 2 Methods

#### 2.1 Study design and patient population

Patients with symptomatic community-acquired UTI attending one walk-in clinic in Rio of Janeiro from March to November 2005 and from March to November 2006 were included in a previous study (Dias et al. 2009). To define UTI precisely, patients were inquired about UTI symptoms and baseline diseases. The patient population included 139 patients (127 women and 12 men) with UTI. The study was approved by the ethics committee of the institution.

#### 2.2 Characterization of isolates

All isolates were identified by standard microbiological analysis, antimicrobial susceptibility by disk diffusion (CLSI 2016), phylogenetic grouping (A, B1, B2 and D) by triplex PCR and strain typed by ERIC2-PCR, PFGE and MLST (Dias et al. 2009). Whole genome sequences of ST73 isolates were obtained by MiSeq Illumina V3 (2x300pb) in a paired-end library at the University of California Sequencing Facility, Berkeley, CA. DNA was extracted with DNeasy boold and tissue kit (Quiagen, Valencia, CA). The geographic distribution of strain types was visualized with BioNumerics software (version 7.1, Applied Maths, Kortrijk, Belgica). For all isolates, virulence factor coding genes were detected by multiplex-PCR, including *papA*, *papG* alleles I, II and III; *fimH; afa/draBC* and *sfa/focDE; hlyA* and *cnf* 1; *iutA* and *fyuA; kpsMT*II; *traT; ibeA* and *malX* (Johnson and Stell 2000). Control isolates were *E. coli* ATCC BAA-457, *E. coli* KS52, *E. coli* J96, *E. coli* RS 218, *E. coli* 20001. For each isolate, we calculated a score for the sum of positive virulence traits. For *pap* gene positive isolates, only one unit was counted for the presence of either *papA* and/or *papG* allele I, II and/or III (Moreno et al. 2005).

#### 2.3 Dendrogram of MLST concatenates, virulence profiles and phylogenetic tree

We obtained a dendrogram using the MLST concatenated data using UPGMA method and the 15 virulence genes converted into binary data, with BioNumerics software (version 7.1, Applied Maths, Kortrijk, Belgium). Draft genome sequence alignments were performed with Progressive Mauve (Darling et al. 2004) and a phylogenetic guide tree was built with Neighbor Joining, visualized with the software Geneious version 10.0 created by Biomatters (Kearse et al. 2012). Reference strains, and their respective accession #, included Nissle1917, CP007799; ABU83972, CP001671; and CFT073, AEO14075.

#### 2.4 Statistical methods

Data was analyzed by OpenEpi (Dean, Sullivan, Soe, 2011). Differences between categorical variables were analyzed by chi-square or Fisher's exact test; continuous variables were compared with Student's t-test. Two-tailed *p*-value 0.05 was defined as statistically significant.

#### 3 Results

#### 3.1 Men with UTI

The 12 patients had characteristic UTI symptoms, including dysuria, frequency, urgency, fever, and lumbar pain. Eight individuals had no underlying diseases or urinary abnormalities. Two had prostate increase; one each had bowel cancer and kidney stone. No patients had previous hospitalizations or invasive procedures.

#### 3.2 UPEC antimicrobial susceptibility, clonal groups and virulence factors

Antimicrobial susceptibility prevalences of isolates from men did not differed significantly from isolates from women, as shown in Table 1. Among the 12 study isolates from men, 10 (83%) belonged to phylogenetic group B2, in a frequency significantly higher than in the collection from women (42%, p 0.013), as shown in Table 2. Both patients with UTI by non-group B2 isolates had an underlying urinary tract disease, while only two of the 10 patients with B2 had such conditions (p 0.18). The analysis of virulence genes in these isolates (Table 3) revealed a virulence score significantly higher for group B2 compared to D, A and B1 phylogenetic groups (p < 0.001).

ST73 was the predominant clone; other clones included only a few isolates (Table 3). From the six men with UTI by ST73, four had no underlying disease or urinary abnormality. To explore the relationship among isolates and three other ST73 reference strains, Nissle 1917, ABU83972 and CFT073 (Vejborg et al. 2010), we built a phylogenetic guide tree, shown in Fig. 1. Isolates formed at least six clusters with >0.068 substitutions per site. Four of the six isolates from men remained in the same cluster.

Comparison of antimicrobial susceptibility prevalences of all ST69 and ST73 isolates revealed resistance to trimethoprim/sulfamethoxazole was significantly higher in ST69 (p <0.001). The presence of virulence genes in each isolate shown in a dendrogram with the MLST concatenate revealed a clear accumulation of genes in B2 group (Fig. 2). Isolates from men carried significantly higher numbers of virulence genes such as *sfa/focDE* (67% vs 27%), *hlyA* (58% vs 24%), *cnf*1 (58% vs 16%), *fyuA* (100% *vs* 82%) and *MalX* (92% vs 44%) compared to women (Table 4). In fact, differences between ST73 and ST69 accounted for this finding for adhesin *sfa/focDE*, toxins *hlyA* and *cnf*1, and pathogenicity island MalX. ST73 isolated from men and women had a similar virulence profile; only *iutA* gene was more common in women (p=0.06).

#### 3.3 Geographical distribution of ST in men

ST73 isolates were widely distributed in the city of Rio de Janeiro (Fig. 3), affecting male patients who lived at distances 54 Km apart. Review of patients' appointment dates showed each subject with ST73 UTI visited the clinic on a different day.

#### 4 Discussion

In the present study, analysis of UPEC isolates showed most of them belonged to phylogenetic group B2, but such predominance was higher among men with UTI. Similar results were observed by others (Johnson et al. 2005; Piatti et al. 2008; Salvador et al. 2012).

Although a sample size with 12 cases seems low, this sample came from a cohort prospective study, and reflects all cases occurring over 18 months sampling. Group B2 UPEC isolates are more likely to colonize the host and break through barrier defenses to cause UTI. It is plausible that isolates with increased capacity to cause disease, as in group B2, are more likely to cause infection in men. Indeed, isolates in group B2 were the most virulent. The comparison of virulence gene frequencies among the two most common phylogenetic groups B2 and D showed, as expected, increased frequencies of adhesins papGIII, fimH and sfa/focDE, toxins hlyA, cnf1 and pathogenicity island MalX, and a higher virulence score in group B2. Similar differences were described by others (Johnson and Stell 2000; Moreno et al. 2005; Piatti et al. 2008; Srivastava et al. 2014). The predominant clones causing UTI in the present study, ST73, ST69, ST10, ST62, ST127 and ST59, are quite similar to those described by others (Gibreel et al. 2012; Banerjee et al. 2013; Horner et al. 2014). ST73, one of the major clones described by others, caused half of the infections in men in this study (Salvador et al. 2012; Banerjee et al. 2013; Manges et al. 2015). These data show ST73 may have increased virulence to humans; in fact, it had the highest virulence score in the study (mean 9), together with ST706 (a clone with only three isolates). However, the small sample size of isolates from men was a limitation of this study;

ST73 may include a variety of strain types, including the non-pathogenic fecal isolate Nissle 1917, the asymptomatic bacteriuria isolate ABU83972, and the highly virulent pyelonephritis strain CFT073 (Vejborg et al. 2010). Indeed, a cladrogram built with these prototypes and ST73 study isolates formed various clusters, leaving ABU83972 in a monophyletic branch, as described by others (Vejborg et al. 2010).

a bigger sample size could have pointed additional important clones affecting men.

Comparison of virulence factors of ST73 and ST69 revealed increased frequencies of several genes in ST73. However, *traT* was significantly higher in ST69 (93% vs. 48%, p: 0.01), as already described (Blanco et al. 2011; Gibreel et al. 2012). This gene encodes serum resistance capacity and may confer additional advantage to ST69 isolates in women. The success of ST69 can also be due to the presence of antimicrobial resistance, especially to trimethoprim-sulfamethoxazole, selected by the high prescription of this drug, freely available in Brazilian pharmacies by the time the study was performed. The presence of several adhesins, might have also favored adaptation of ST69 isolates to uroepithelium. The presence of invasins also supports the virulence of this clone to the host. Finally, in the present study, the presence of ST73 compared to ST69. A high frequency of toxin producing in UTI isolates from men was also noticed by others (Andreu et al. 1997).

In a large study of *E. coli* from food animals and humans, ST73 was exclusive of humans, showing food sources are unlikely (Manges et al. 2015). This clone is probably a true human pathogen, circulating unnoticed in human microbiota and causing UTI in those with unidentified predisposing conditions.

#### Acknowledgments

This study was supported by Coordenação de Aperfeiçoamento de Pessoal de Nível Superior (CAPES), Conselho Nacional de Desenvolvimento Científico e Tecnológico (CNPq) and Fundação de Amparo à Pesquisa do Estado do

Rio de Janeiro (FAPERJ). This work used the Vincent J. Coates Genomics Sequencing Laboratory at UC Berkeley, supported by NIH S10 Instrumentation Grants S10RR029668 and S10RR027303.

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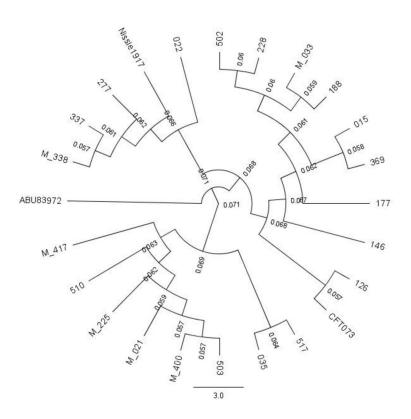
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#### Highlights

1. We provide key characteristic of *Escherichia coli* from UTI in men.

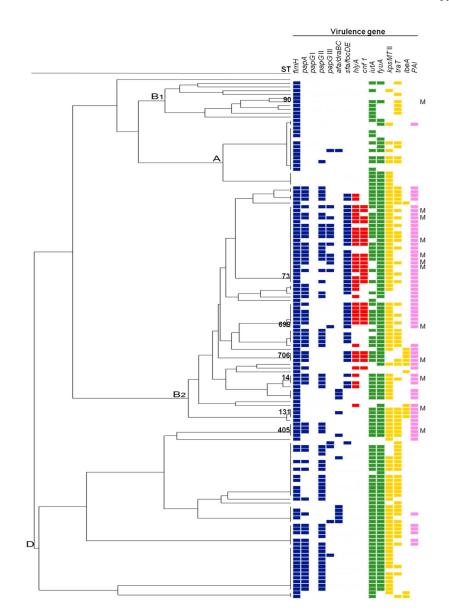
- 2. The characteristics presented may help understand UTI pathogenesis.
- **3.** ST73 was a predominant clone.
- **4.** ST73 had the highest virulence score compared to the other isolates.

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#### Fig 1.

Phylogenetic guide tree performed by Progressive MAUVE with Neighbor Joining. Tree was visualized with Geneious version 10.0 created by Biomatters. Isolate codes are at the branch tips. Codes from male patients start with M. Values in smaller caption are numbers of substitutions per site.



#### Fig. 2.

Dendrogram shows virulence genotypes of 139 UPEC isolates obtained from community acquired UTI. Colored squares indicate the presence of the gene. Color codes: blue, adhesins; red, toxins; green, siderophore receptors; yellow: invasins; pink: miscellaneous virulence genes. Sequence types (ST) and phylogenetic groups are indicated for all isolates. Isolates for men are indicated by letter M. The order of ST for each phylogenetic group is described respectively, **B1**: ST398, ST453, ST708, ST336, ST707, ST295, ST90, ST155, ST58, ST443, ST1136; **A**: ST697, ST10, ST93; **B2**: ST95, ST421, ST420, ST73, ST827, ST698, ST12, ST452, ST127, ST699, ST144, ST703, ST372, ST706, ST135, ST141, ST583, ST14, ST704, ST550, ST700, ST702, ST131, ST705; **D**: ST405, ST701, ST69, ST393, STS94, ST38, ST59, ST62, ST354.



#### Fig. 3.

Geographic distribution of ST73 isolates identified in men (green) and women (purple), and other ST (red) detected in men. Names refer to municipalities. Dashed line marks 54 Km distance.

## Table 1

Distribution of antimicrobial resistance prevalences in study isolates by gender, ST69 and ST 73

Antimianohiol					
Allullucrobiat	Total N=139	Women N=127	Men N=12	ST69 N=15	ST73 N=21
Amikacin	3 (2)	3 (2)	0	0	1 (5)
Amoxicillin-clavulanic acid	28 (20)	24 (19)	4 (33)	3 (20)	6 (29)
Ampicillin	101 (73)	91 (72)	10 (83)	14 (93)	14 (67)
Cefotaxime	4 (3)	2 (1.5)	2 (17)	0	0
Cefoxitin	12 (9)	10 (0.8)	2 (17)	2 (13)	0
Ceftazidime	1 (0.7)	0	1 (8)	0	0
Cefuroxime	8 (6)	6 (5)	2 (17)	2 (13)	0
Cephalothin	107 (77)	98 (77)	9 (75)	14 (93)	17 (81)
Ciprofloxacin	6 (7)	8 (6)	1 (8)	0	0
Fostomycin	4 (3)	4 (3)	0	1(7)	0
Gentamicin	3 (2)	3 (2)	0	0	0
Imipenem	0	0	0	0	0
Levofloxacin	6 (7)	8 (6)	1(8)	0	0
Meropenem	0	0	0	0	0
Nalidixic acid	14 (10)	13 (10)	1 (8)	1 (7)	0
Nitrofurantoin	4 (3)	4 (3)	0	0	0
Norfloxacin	6 (7)	8 (6)	1(8)	0	0
Trimethoprim/Sulfamethoxazole	63 (45)	59 (46)	4 (33)	14 (93)	$2(10)^{a}$

Distribution of 139 *E. coli* study isolates by phylogenetic group, gender, and sequence types

	Number and	d (%) of isola	tes in group
Phylogenetic group and ST	Female	Male	Total
B2	53 (42)	10 (83) <sup>a</sup>	63 (45)
ST73 <sup>b</sup>	15	6	21
ST14	2	1	3
ST131	2	1	3
ST706	2	1	3
ST699	0	1	1
D	46 (36)	1 (8)	47 (34)
ST405 b	3	1	4
Α	18 (14)	0	18 (13)
B1	10 (8)	1 (8)	11 (8)
ST90 <sup>b</sup>	1	1	2
Total	127 (100)	12 (100)	139 (100)

<sup>*a*</sup> p 0.013, other comparisons are p >0.05.

 $^{b}\mathrm{ST}$  identified in patients of male gender with underlying disease of the urinary tract.

Distribution of virulence factors in study isolates by phylogenetic group

		Number a	nd (%) of p	Number and (%) of positive isolates	Si		p value	
Virulence factor/Gene	B2 (n=63)	D (n=47)	A (n=18)	B1 (n=11)	Total (n=139)	B2 vs D	B2 vs A	B2 vs B1
Adhesin								
papA	39 (62)	26 (55)	0	0	65 (45)	NS	<0.001	<0.001
papGI	0	0	0	0	0			
papGII	29 (46)	33 (70)	1 (6)	0	63 (45)	0.02	<0.01	<0.01
papGIII	12 (19)	4 (9)	1 (6)	0	17 (12)	0.02	NS	NS
fimH	63 (100)	37 (79)	13 (72)	10 (91)	123 (88)	<0.001	<0.001	NS
afa/draBC	4 (6)	7 (23)	1 (6)	0	12 (9)	NS	NS	NS
sta/focDE	41 (65)	1 (2)	0	0	42 (30)	<0.001	<0.001	<0.001
Toxins								
hlyA	37 (59)	0	0	0	37 (27)	<0.001	<0.001	<0.001
cnf1	27 (43)	0	0	0	27 (19)	<0.001	<0.001	<0.01
Siderophore								
iutA	45 (71)	44 (94)	12 (67)	7 (64)	108 (78)	<0.01	NS	NS
fyuA	59 (94)	43 (91)	12 (67)	2 (18)	116 (84)	NS	0.01	<0.001
Invasin								
kpsMTII	53 (84)	39 (83)	9 (50)	1 (9)	102 (73)	NS	<0.01	<0.001
ibeA	11 (17)	2 (4)	0	0	13 (9)	SN	SN	NS
traT	30 (48)	31 (66)	4 (22)	6 (55)	71 (51)	NS	SN	NS
Pathogenicity island								
MaIX	55 (87)	11(23)	1 (6)	0	67 (48)	<0.001	<0.001	<0.001
<b>Virulence Score</b> <sup>a</sup> mean; median	7; 7	5;5	3; 3	2; 3	6; 6	<0.001	<0.001	<0.001

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The sum of positive virulence traits, proposed by Moreno (2005)

NS: non-significant difference (p > 0.05)

Comparison of D with B1 and A groups revealed differences for genes papGII, fyuA and kpsMTII (D vs B1, p < 0.001); papA, papGII (D vs A, p < 0.001) and traT (D vs A, p < 0.003)

Table 4	ind ST found in men
	ST69, and
	gender,
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	virulenc
	ion of v
	Distribut

	Number 8	Number and (%) of positive isolates	isolates					Number and (%) in ST	(%) in ST				.
Virulence factor/Gene	Total N=139	Women N=127	Men N=12	$b^{a}$	ST69 N=15	ST73 N=21	ST405 N=4	ST131 N=3	ST706 N=3	ST14 N= 3	ST699 N=1	ST90 N=1	$q^d$
Adhesin													
papA	65 (45)	59 (46)	6 (50)	NS	4 (27)	14 (67)	3 (75)	0	3	3	0	0	0.041
papG1	0	0	0		0	0	0	0	0	0	0	0	0
papGII	63 (45)	59 (46)	4 (33)	NS	12 (80)	14 (67)	3 (75)	0	0	3	0	0	NS
papGIII	17 (12)	13 (10)	4 (33)	NS	2 (13)	11 (52)	0	0	0	0	1	0	0.04
fimH	123 (88)	111 (87)	12 (100)		15 (100)	21 (100)	4 (100)	3	3	3	1	1	NS
afa/draBC	12 (9)	12 (9)	0	NS	1 (7)	0	1 (25)	1	0	0	0	0	NS
sfa/focDE	42 (30)	34 (27)	8 (67)	0.02	1 (7)	20 (95)	0	0	ю	2	1	0	<0.001
Toxins													
hlyA	37 (27)	30 (24)	7 (58)	0.03	0	16 (76)	0	0	ŝ	2	0	0	<0.001
cnf1	27 (19)	20 (16)	7 (58)	0.004	0	17 (81)	0	0	0	0	0	0	<0.001
Siderophore													
iutA	108 (78)	101 (80)	7 (58)	NS	13 (87)	15 (71)	3	3	3	3	0	1	NS
fyuA	116 (84)	104 (82)	12 (100)	<0.001	14 (93)	21 (100)	ę	ŝ	ŝ	3	1	1	NS
Invasin													
kpsMTII	102 (73)	92 (72)	10 (83)	NS	10 (67)	21 (100)	3	3	0	3	1	0	0.02
traT	13 (9)	11 (9)	2 (17)	NS	14 (93)	10 (48)	3	3	1	1	0	1	0.01
ibeA	71 (51)	62 (49)	9 (75)	NS	0	0	ŝ	ю	ю	0	0	0	0
Pathogenicity island													
MalX	67 (48)	56 (44)	11 (92)	0.003	0	21 (100)	3	3	3	3	1	0	<0.001
Virulence Score: mean; median	6; 6	7;7	8; 8	NS	5; 6	9; 9	7;7	7; 7	9; 9	8; 8	6; 6	4;4	<0.001
$\frac{a}{p}$ for comparison between women vs men;	omen vs men;												

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b for comparison between ST69 and ST73.

p < 0.05 are shown in bold; NS: no significant difference (p > 0.05) ST: sequence type. ST69: isolates identified only in women. ST73, ST405, ST131, ST706, ST14; ST699 and ST90: isolates identified in women and men Virulence score: the sum of positive virulence traits, proposed by Moreno (2005)