

Interleukin-6 receptor-alpha signaling drives anti-RBC alloantibody production and T-follicular helper cell differentiation in a murine model of red blood cell alloimmunization

Despite the significant clinical consequences of red blood cell (RBC) alloimmunization, our understanding of the fundamental molecular and cellular mechanisms regulating anti-RBC antibody generation is limited. Relative to infectious stimuli,¹ transfused RBCs induce a less robust antibody response as measured both by individual response rates² and resulting antibody half-lives.³ We therefore hypothesized that anti-RBC alloantibodies are driven by less-redundant signaling pathways, and should be particularly sensitive to perturbations of individual innate cytokine signals. To test this hypothesis, we combined a recently developed mouse model of RBC alloimmunization with mice harboring a conditional allele for the receptor of the cytokine IL-6 (IL-6R α). Mice with a deletion of IL-6R α in the germ-line or only on their T cells generated significantly lower levels of anti-RBC alloantibodies in response to transfusion. Furthermore, relative to their wild-type (WT) counterparts, IL-6R α deficient naive CD4⁺ T cells demonstrated a decrease in both their maximal expansion and subsequent differentiation into T-follicular helper (TFH) cells in response to transfusion. Thus, we have identified for the first time a specific molecule (IL-6R α) and its downstream cellular target (CD4⁺ T cells) that co-ordinately act to enhance RBC alloimmunization.

In order to investigate the molecular and cellular mechanisms regulating RBC alloimmunization, we turned to a recently developed *in vivo* mouse model of RBC alloimmunization that has provided important clues into how transfused allogeneic RBCs drive antibody responses. HOD transgenic mice express a protein on the surface of RBCs that is a triple fusion construct of Hen Egg Lysozyme, Ovalbumin, and the human Duffy red cell antigen.⁴ These mice serve as blood donors wherein mouse blood is collected and stored in a manner directly analogous to modern human blood banking practices. In the HOD system, transfusion of fresh, leukoreduced RBCs into non-transgenic C57BL/6J (B6) mice leads to low anti-HOD antibody levels. Alternatively, transfusion of mouse RBCs stored under conditions similar to those employed in modern blood banks resulted in significant increases in alloantibody production.⁵ Thus, stored RBCs can enhance alloimmune antibody responses. However, it remains unclear which cells and molecules drive alloantibody production in response to either fresh or stored RBC transfusion.

Given our lack of knowledge of which innate stimuli and resulting cytokines are functionally important in driving RBC alloimmunization, we decided to focus on a cytokine that has been shown to be induced early on by stored blood transfusion, namely IL-6.⁶ In order to determine both the global and cell-specific role of IL-6 signaling, we studied mice that were either germ-line IL-6R α deficient (hereafter referred to as IL-6R α KO) or lacked IL-6R α expression only in T cells (hereafter referred to as IL-6R α TKO).⁷ After confirming both germline and T-cell specific deletion of IL-6 signaling capability in these mice (*Online Supplementary Figures S1 and S2*), we characterized their alloantibody production in response to fresh and stored HOD blood transfusion (Figure 1). Antibody responses to transfused HOD RBCs are directed against the HEL antigen,⁴ and anti-HEL antibody levels were measured *via* limiting dilution titers on

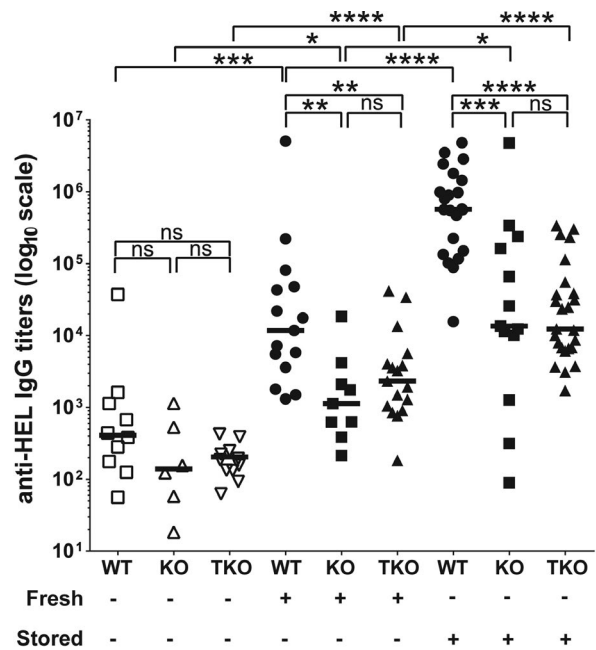


Figure 1. Interleukin-6 receptor signaling on T cells regulates generation of anti-HOD alloantibodies in response to transfused fresh and stored HOD red blood cell. WT, IL-6R α KO (KO), and IL-6R α TKO (TKO) C57BL/6J mice (10-12 weeks of age) were transfused with leukoreduced fresh (Fresh) or stored HOD red blood cells (RBC) (Stored). Serum was collected 14 days post transfusion and levels of anti-HOD alloantibody generation was measured through anti-HEL IgG ELISA. Anti-HEL IgG endpoint titers are depicted on a log₁₀ scale, and bars on scatter plots represent median values. Figure shows combined results from 3 independent experiments. * $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$; **** $P < 0.0001$; ns= $P > 0.05$.

high protein binding ELISA plates (details of methods used are available in the *Online Supplementary Appendix*). In response to transfusion with fresh HOD RBCs, WT mice demonstrated titers well above background, while both IL-6R α KO and IL-6R α TKO mice showed a significant reduction in anti-HEL antibody titers compared to wild-type mice. Transfusion with stored HOD RBCs led to a significant enhancement in anti-HEL antibody titers in wild-type mice relative to fresh blood. In response to stored blood transfusion, IL-6R α KO and IL-6R α TKO mice demonstrated a significant reduction in anti-HEL antibody titers relative to wild-type mice. Flow crossmatch assays confirmed the reduction in anti-HOD alloantibody levels in IL-6R α KO and IL-6R α TKO mice (*Online Supplementary Figure S3*). These results demonstrate that IL-6R α in general, and IL-6R α expression on T cells specifically, is required for maximal generation of anti-HOD alloantibodies in response to both fresh and stored blood transfusion. This occurred despite the fact that no circulating IL-6 was detected in response to fresh blood transfusion (*data not shown*), suggesting that local IL-6 signaling is sufficient to drive alloantibody responses.

Given that IL-6 is known to be an activator of innate immune cells and an initiator of the generalized acute phase response, we next determined whether IL-6 was required to drive the general pro-inflammatory cytokine response to transfused RBCs. Though we observed significant increases in multiple cytokines with stored transfusion, only IL-6 was decreased in IL-6KOs (Figure 2 and *Online Supplementary Figure S4*). Thus, IL-6 does not interfere with the initial generation of the general inflamma-

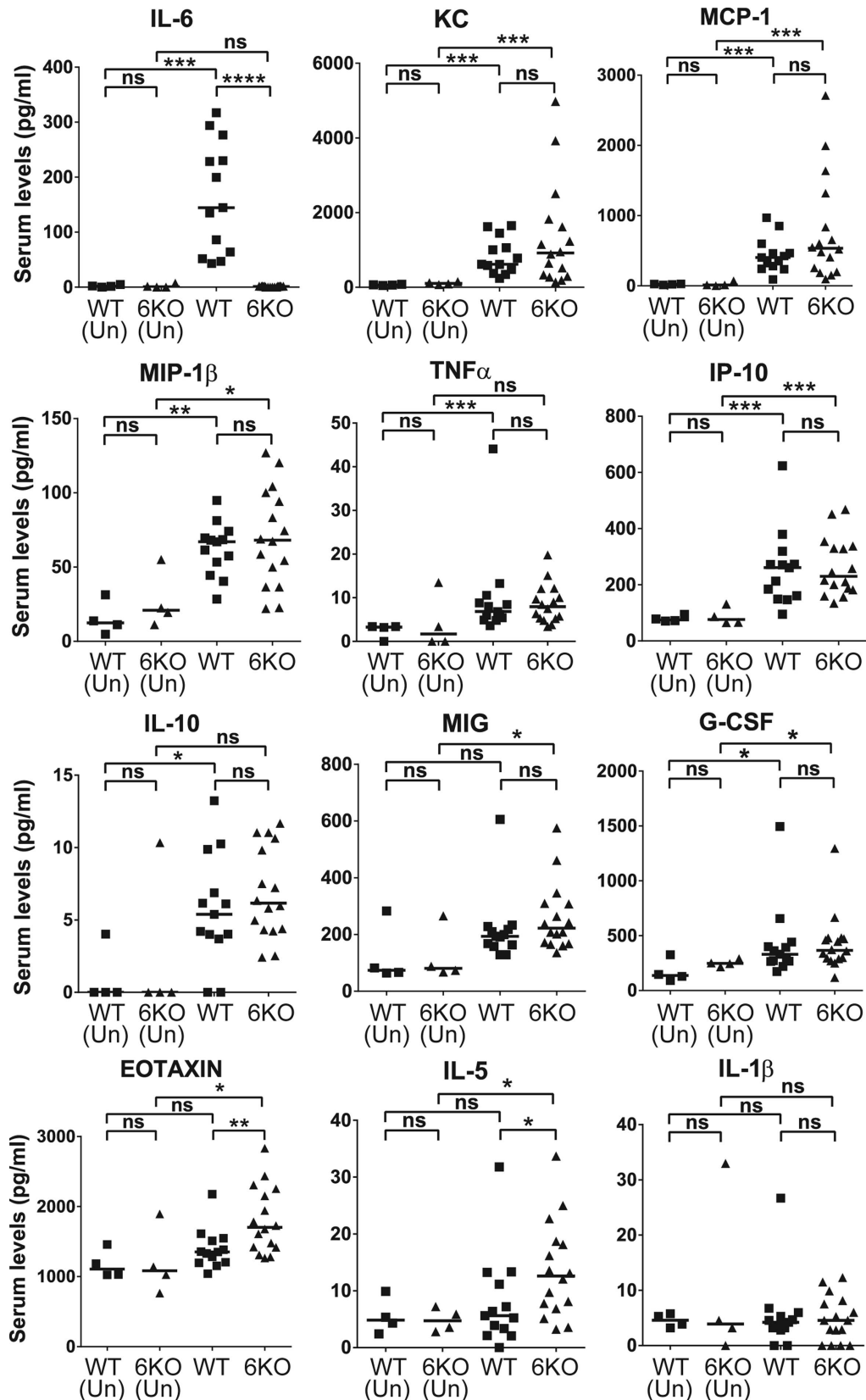


Figure 2. IL-6 signaling is not required for the initial pro-inflammatory cytokine response to stored red blood cell (RBC) transfusion in recipient mice. The 12 cytokines (from a total of 32 cytokines measured) whose expression was induced in response to transfusion with stored HOD RBCs in recipient mice are shown. Serum levels of inflammatory cytokines (as labeled) in WT and IL-6KO (6KO) C57BL/6J mice (aged 10-12 weeks) 90-min post transfusion with stored HOD RBCs compared to untransfused mice (Un) measured through bead-based Luminex assay. Combined data from 3 independent experiments. Bars on scatter plots represent median values. * P <0.05; ** P <0.01; *** P <0.001; **** P <0.0001; ns= P >0.05.

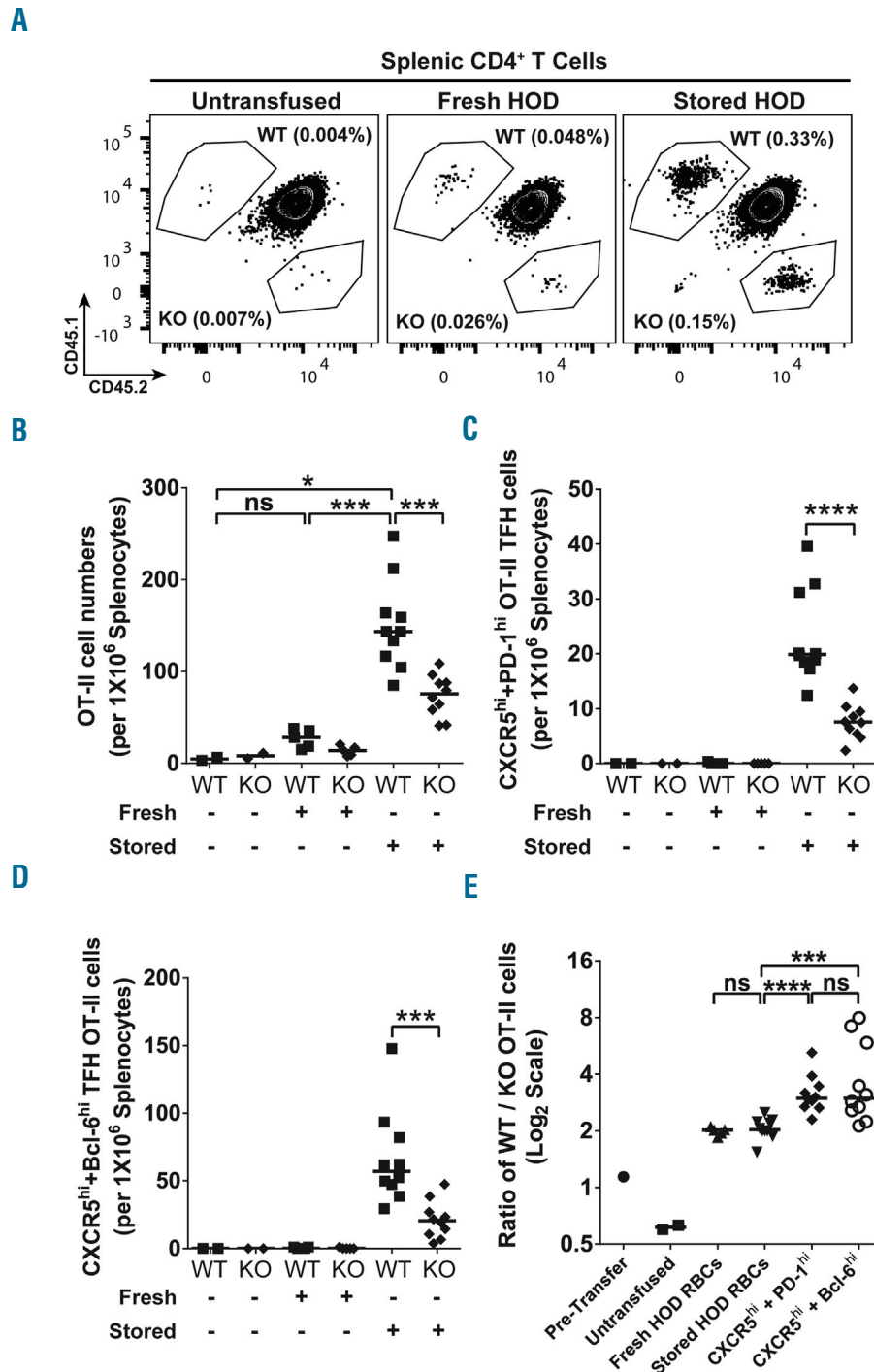


Figure 3. IL-6R α signaling in T cells directly regulates T-follicular helper cell (TFH) differentiation in response to stored HOD red blood cell (RBC) transfusions.

To determine whether direct IL-6R α signaling in T cells regulates their differentiation into antigen specific TFH cells in response to transfusions with stored HOD RBCs, TFH differentiation in IL-6R α KO OT-II and WT OT-II cells was directly compared in wild-type (WT) recipients transfused with HOD RBCs. (A) Representative flow cytometry contour plots depicting the net expansion of WT and IL-6R α KO (KO) OT-II cells in response to fresh or stored HOD RBC transfusions. Panels show total gated CD4⁺ population in splenocytes, with frequencies indicated for WT OT-II (CD45.1+CD45.2- gate) and IL-6R α KO OT-II (CD45.1-CD45.2+ gate) populations within the splenic CD4⁺ T cells. (B) Number of WT or IL-6R α KO (KO) OT-II cells per 1x10⁶ splenocytes in mice that were untransfused or transfused with either fresh (Fresh) or stored HOD RBCs (Stored). (C) Number of WT and IL-6R α KO (KO) OT-II CXCR5^{hi}PD-1^{hi} TFH cells per 1x10⁶ splenocytes in mice transfused with either fresh (Fresh) or stored HOD RBCs (Stored) or left untransfused. (D) WT and IL-6R α KO (KO) OT-II CXCR5^{hi}Bcl-6^{hi} TFH cell numbers per 1x10⁶ splenocytes in recipients that were untransfused or transfused with fresh (Fresh) or stored HOD RBCs (Stored). (E) Ratios of WT to IL-6R α KO OT-II cell numbers in each recipient animal. Pre-Transfer indicates the initial ratio of total WT OT-II to IL-6R α KO OT-II cells in the OT-II cell mixed population adoptively transferred into recipient animals. Untransfused, Fresh HOD RBCs, and Stored HOD RBCs indicate the ratio of total splenic WT OT-II to IL-6R α KO OT-II cell numbers in mice that were untransfused, transfused with fresh HOD RBCs, or transfused with stored HOD RBCs, respectively. CXCR5^{hi} + PD-1^{hi} and CXCR5^{hi} + Bcl-6^{hi} indicate ratios of the number of WT to IL-6R α KO CXCR5^{hi}PD-1^{hi} TFH OT-II and WT to IL-6R α KO CXCR5^{hi}Bcl-6^{hi} TFH OT-II cell number respectively within each recipient transfused with stored HOD RBCs. Bars on scatter plots show median values. * P <0.05; ** P <0.001; **** P <0.0001; ns= P >0.05.

tory response to stored blood by innate immune cells, and prompted us to look at later stages and other cell types for IL-6 function.

In *in vitro* assays, IL-6 has been shown to support CD4 differentiation into a specialized class of helper T cells (TFH) that are essential for the generation of T-dependent antibody production.⁸ We were, therefore, interested in determining whether the T-cell specific IL-6R α phenotype we observed in alloantibody production correlated with TFH generation *in vivo*. We, therefore, took advantage of the fact that T-cell responses to the HOD antigen in B6 mice are directed against OVA and antigen specific T-cell responses can be monitored using OVA-specific OTII TCR transgenic T cells.⁹ By adoptively transferring a mixed population of congenically marked IL-6R α KO and WT naïve OTII cells into wild-type animals, RBC-specific T-cell responses to both fresh or stored HOD transfusion could be measured in the same animal (see detailed gating strategy in *Online Supplementary Figure S5*). We chose four days post transfusion to detect early T-cell responses as this is one of the earliest time points that antigen specific TFH can be observed.¹⁰ Though there appeared to be a small expansion of OTII cells in response to fresh transfusion, this did not reach statistical significance (Figure 3A and B). In contrast, the observed OTII expansion was much greater in response to stored blood transfusion, demonstrating that stored blood acts as much stronger expansion stimulus. Interestingly, IL-6R α deficient OTII T cells expanded less than their wild-type counterparts (Figure 3E), demonstrating that T-cell intrinsic IL-6R α expression provides a competitive expansion advantage in response to both fresh and stored blood.

We next measured TFH differentiation of OTII cells in response to fresh and stored blood *via* either surface expression of CXCR5 and PD-1 (Figure 3C) or surface expression of CXCR5 along with intracellular expression of the canonical TFH transcription factor BCL6 (Figure 3D). TFH differentiation was undetectable in response to fresh blood, yet robust in response to stored blood. Most importantly, in response to stored blood, we observed significantly fewer TFH cells among IL-6R α KO OTII T cells compared to WT OT-II cells. The lack of TFH numbers was not solely due to differences in underlying OTII expansion, as the ratio of WT/KO cells was roughly 4-fold among TFH *versus* 2-fold for all OTII cells (Figure 3B and E). Thus, T-cell intrinsic IL-6R α expression contributes to both T-cell expansion as well as TFH differentiation in response to stored blood transfusion.

Overall, our data with IL-6R α deficient mice clearly demonstrate that IL-6R α expression on T cells enhances the alloantibody responses and T-cell expansion of RBC-specific naïve T cells in response to both fresh and stored RBC transfusions. In response to stored blood, IL-6R α also controls TFH differentiation. However, we failed to detect TFH differentiation in response to fresh blood, despite the fact that it is capable of inducing alloantibodies that are sensitive to IL-6R α signaling on T cells. We believe the simplest explanation for this apparent discrepancy is that TFH differentiation is either delayed or occurs below the level of detection in response to fresh blood transfusion. Alternatively, TFH may not play a role in alloantibody production in response to fresh blood. Though IL-6 is induced *via* transfusion, the role of exogenous sources of IL-6 has yet to be determined. Given that different types of inflammation are differentially correlated with both IL-6 production and alloantibody production in patients, it will be interesting to further investigate how the timing and context

of various inflammatory stimuli modulate transfusion-generated alloantibody production.

Collectively, our data have uncovered a previously unappreciated role for IL-6R expression in regulating RBC alloimmunization. Of note, our findings in the transfusion setting stand in sharp contrast to the majority of studies that have looked at the role of IL-6 in supporting TFH production in response to vaccination or infection.¹⁰ In infectious and vaccine models, antigen-specific TFH develop normally *in vivo* in the absence of isolated IL-6 deficiency, presumably due to the activation of redundant signaling pathways such as IL-21. Indeed, the recent report of Nish *et al.* found much smaller defects in TFH numbers in response to adjuvant vaccination of T-cell specific IL-6R α -deficient animals than we observed in response to transfusion.¹⁵ Collectively, our data support the hypothesis that transfusion initiates less redundant immune signaling pathways, and provides a potential molecular mechanism for the low overall immunization rates and short alloantibody half-lives observed in alloimmunized patients.

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The online version of this letter has a Supplementary Appendix.

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