

Incidentally, some might suggest that taking no further action to diagnose diabetes in elderly subjects (ie aged over 60 by WHO criteria [3]) with RPGs, who may very well have no glycosuria or symptoms, is one way to ensure that the needs of the elderly diabetic person continue to be unmet [4].

References

- 1 Bourlière F, Vallery-Masson J. The epidemiology and ecology of ageing. In: Brocklehurst JD (ed). *Textbook of geriatric medicine and gerontology*, 3rd edn. Edinburgh: Churchill Livingstone, 1985, pp 8–28.
- 2 Wingard DL, Sinsheimer P, Barrett-Connor EL, McPhillips JB. Community based study of prevalence of NIDDM in older adults. *Diabetes Care* 1990;13(Suppl 2):3–8.
- 3 WHO Expert Committee. *Health of the elderly*. Technical report series 779. Geneva: WHO, 1989.
- 4 Sinclair AJ, Barnett AH. Special needs of elderly diabetic patients: many are losing out by default. *Br Med J* 1993;306:1142–3.

SIMON CROXSON

Senior Registrar in Geriatric Medicine,
Northern General Hospital NHS Trust, Sheffield

Sir—I was both pleased and disappointed to read the report of the joint working party for the diagnosis and treatment of non-insulin-dependent diabetes (July 1993, pages 259–66). Pleased because the paper emphasises the importance of promoting good standards of diabetic care as a collaboration between all involved professionals, but disappointed because, once again, not enough importance has been attached to the care of the older patient with diabetes by a group of experts in diabetes. One example is the recommendation that if an elderly subject has glucose levels in the ‘uncertain’ range and is asymptomatic, no action needs to be taken. This recommendation is contrary to published evidence showing that more than half of patients with diabetes do not have elevated fasting glucose levels [1] irrespective of age. Thus, in older patients whose glucose levels are in the ‘uncertain’ range, a glucose tolerance test should be performed as in younger patients. Many patients with NIDDM have evidence of complications at the time of diagnosis and this is true of older patients as well [2], so it is essential to confirm or refute diagnosis of diabetes.

Good glycaemic control is also important in patients in their late 60s or 70s: they still have an appreciable life expectancy, and to develop disabling complications secondary to poor control is both tragic and preventable.

The elderly outnumber all other patients with diabetes and more recognition of their special needs is urgently warranted [3].

References

- 1 Bennett PH. Classification and diagnosis of diabetes mellitus and impaired glucose tolerance. In: *Textbook of diabetes*. Pickup J, Williams G (eds), London: Blackwell Scientific Publications, 1991, pp37–44.

- 2 Caird FI. Complications of diabetes in old age. In: *Advanced geriatric medicine*. Evans JG, Caird FI (eds). London: Pitman, 1982, pp3–9.
- 3 Sinclair AJ, Barnett AH. Special needs of elderly diabetic patients (Editorial). *Br Med J* 1993;306:1142–3.

ALAN J SINCLAIR

Senior Lecturer in Geriatric Medicine, University of Cardiff
(Secretary and Co-founder, Special Interest Group in Diabetes,
British Geriatrics Society)

The MB PhD programme

Sir—In the options set out for the training of clinician-scientists in the UK, it was claimed that an ‘MD does not carry the same scientific credibility as the PhD’ (April 1993, pages 147–50). We—all with an MD and without a PhD—call ourselves clinical scientists for at least some of the time and were, therefore, slightly disturbed to read this comment. Nor do we understand why ‘basic or fundamental scientific work is not usually possible’ during research for an MD. There seems to be something of a campaign to down-grade the MD degree in favour of the PhD which should be strongly resisted. After all, in any good department, clinicians who are doing work for an MD get as much—or even more—supervision than people doing a PhD, even though supervision is not compulsory for the MD candidate. Moreover, because it costs the candidate considerably less to do an MD than a PhD, the former is by far the most cost-effective choice.

CHARLES WARLOW

Professor of Medical Neurology

PETER SANDERCOCK

Reader in Medical Neurology

ROBIN GRANT

Consultant Neurologist

BOB WILL

Consultant Neurologist

Department of Clinical Neurosciences, The University of Edinburgh

Best foot forward

Sir—It is indeed a sad fact that one constant in these changing times is the small proportion of Collegiate Members who vote in elections. It is probably safe to say that most Members regard the College as a citadel for exams and clever people with funny names. (Why does the accreditation of junior training posts fall to the ‘Linacre Fellow’; who exactly was Linacre?)

Indeed most doctors’ first visit to the College is to sit an examination when, nerves permitting, it is hard not to be mesmerised by the sheer glory of the archives, the learned books and the portraits of famous and long dead men.

It is small wonder, then, that most of us feel that personally we have little to offer to it all. Does the College address this anxiety adequately?

When a few Members do come back for reasons