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# Depressed basal hypothalamic neuronal activity in type-1 diabetic mice is correlated with proinflammatory secretion of HMBG1

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#### **Abstract**

We recently found indicators of hypothalamic inflammation and neurodegeneration linked to the loss of neuroprotective factors including insulin-like growth factor (IGF-1) and IGF binding protein-2 (IGFBP-3) in mice made diabetic using streptozotocin (STZ). In the current work, a genetic model of type-1 diabetes (Ins2Akita mouse) was used to evaluate changes in neuronal activity and concomitant changes in the proinflammatory mediator high-mobility group box-1 (HMBG1). We found basal hypothalamic neuronal activity as indicated by manganese-enhanced magnetic resonance imaging (MEMRI) was significantly decreased in 8 month old, but not 2 month old Ins2Akita diabetic mice compared to controls. In tissue from the same animals we evaluated the expression of HMBG1 using immunohistochemistry and confocal microscopy. We found decreased HMBG1 nuclear localization in the paraventricular nucleus of the hypothalamus (PVN) in 8 month old, but not 2 month old diabetic animals indicating nuclear release of the protein consistent with an inflammatory state. Adjacent thalamic regions showed little change in HMBG1 nuclear localization and neuronal activity as a result of diabetes. This work extends our previous findings demonstrating changes consistent with hypothalamic neuroinflammation in STZ treated animals, and shows active inflammatory processes are correlated with changes in basal hypothalamic neuronal activity in Ins2Akita mice.

#### **Keywords**

Akita; HMBG1; MEMRI; diabetes; neuroinflammation

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## INTRODUCTION

Peripheral and central nervous system (CNS) pathology can result from chronic hyperglycemia [50] and neuroinflammation has been implicated in the pathogenesis of diabetes associated neuropathy and CNS disease [64]. We recently found CNS inflammation in mice made diabetic using STZ, as bone marrow-derived hypothalamic microglia/ macrophages were activated and found at higher densities compared to controls [27]. Also, infiltration of CD45<sup>+/</sup>CCR2<sup>+</sup>/GR-1<sup>+</sup>/Iba-1<sup>+</sup> bone marrow-derived monocytes were attenuated with the anti-inflammatory agent minocycline, which crosses the blood-brain barrier. We suggested that targeting central inflammation may facilitate the management of microvascular complications in diabetes as we found a shift in hematopoiesis toward generation of monocytes and a loss of sympathetic efferent connections from the brain to the bone marrow [27]. More recently, we found other evidence for hypothalamic inflammation in STZ treated mice, including a reduction in the expression of CD39 in microglia and blood vessels, and increased MMP-2<sup>+</sup> expression in astrocytes, both of which were reversed with minocycline treatment [26].

HMBG1 is an intranuclear protein that is proinflammatory when passively released into the extracellular environment by necrotic cells [18]. Also, it can be actively secreted by macrophages or monocytes via translocation from the nucleus to the cytoplasm. Once secreted, HMBG1 acts as a cytokine signaling at the receptor for advanced glycated endproducts (RAGE) and at Toll-like receptors (TLR2/4) producing inflammatory responses involving the production of chemoattraction of stem cells, cytokines, induction of vascular adhesion molecules, and impaired function of epithelial cells [18]. HMBG1 mediated inflammatory processes have been shown in many conditions including lung inflammation [2], experimental sepsis [62], and arthritis [49]. Elevated glucose can produce release of HMBG1 from the nucleus to the cytosol [57] and raise HMBG1 levels in both endothelial cell cultures [45] and the plasma of diabetic patients [14]. Consistent with this, increases in HMBG1 levels have been shown in diabetes [66] and are specifically implicated in inflammatory processes involved in diabetic retinopathy [3-5, 24, 44]. A role for HMBG1 in brain inflammation has been shown in ischemic damage [11], epileptic seizure [42], traumatic brain injury [35, 58], and neuropathic pain [6, 7, 19]. However, no studies to our knowledge have evaluated changes in HMBG1 in the brain resulting from diabetes, but it appears likely that inflammatory processes associated with hyperglycemia may produce such changes. Further, changes in neuronal activity may be initiated by the release of HMBG1. This is supported by experiments showing the ability of HMBG1 to affect neuronal activity in dissociated neurons (DRGs) following activation of TLR4, and HMBG1's actions at the RAGE receptor [7, 19, 28, 42].

Neurocognitive deficits are found in patients with type-1 diabetes [29] and these are associated with structural changes in the white matter of the brain [36, 59]. Subcortical damage to the brain resulting from type-1 diabetes has been demonstrated by studies showing changes in synaptic plasticity [34] and direct damage to neurons in the hypothalamus and hippocampus [33, 39]. However, there is a paucity of information regarding how diabetes may affect regional basal neuronal activity. Metabolic physiology

can be studied with the use of functional neuroimaging using manganese (Mn<sup>2+</sup>) which enters cells via voltage-gated calcium channels and produces increased MRI signal intensity in regions with augmented neuronal excitation [53]. Specific activation of hypothalamic nuclei as measured by MEMRI has been demonstrated with alterations in feeding [37] and administration of gut hormones [47]. Thus, MEMRI appears ideal to study hypothalamic neuronal activity in the disturbed metabolic environment of diabetes.

In the hypothalamus, the paraventricular nucleus (PVN) is a key relay in the control of sympathetic nervous activity, and it receives and integrates inputs from the brainstem and forebrain. Sympathetic outflow to peripheral organs is modulated via PVN efferents to the rostral ventrolateral medulla (RVLM) and the intermediolateral (IML) column of the spinal cord [1, 8, 13, 20, 21, 25, 46]. The PVN receives direct and indirect neural and blood-borne information (glucose, leptin, ghrelin, and insulin) about fluid homeostasis, satiety, metabolic state, and digestive system activity, processes this information, and directly contributes to coordinated autonomic output to the viscera. Importantly, it appears that PVN neurons can become vulnerable to the chronic metabolic disturbances associated with diabetes.

In the current work we investigated basal neuronal activity in the PVN and surrounding hypothalamic regions using MEMRI in hyperglycemic Ins2<sup>Akita</sup> mice and hypothesized that differences relative to control animals would be correlated with local inflammatory processes, specifically translocation of HMBG1 from the nucleus to the cytoplasm.

## **MATERIALS AND METHODS**

# **Subjects**

Ins2<sup>Akita</sup> mice are heterozygous for the insulin-2 spontaneous mutation. The animals exhibit hyperglycemia 3–4 weeks after birth. Thus, these animals appear as an ideal Type-1 model and eliminate potential confounds (e.g. neurotoxicity) associated with streptozotocin. Male Ins2<sup>Akita</sup> mice and controls with identical backgrounds (C57BL/6J) (~2 months old) were obtained from the Jackson Laboratory (Bar Harbor, ME) and housed in a temperature and humidity-controlled vivarium (12 h light-dark cycle, lights off at 19:00 h). Food and water were available *ad libitum* in the home cages. Blood glucose was tested weekly in Ins2<sup>Akita</sup> mice and insulin was not administered as animals maintained healthy weights and body condition scores throughout the housing period. Blood glucose was consistently above 500 mg/dl in all Ins2<sup>Akita</sup> mice. The experimental protocols were approved by the UF Institutional Animal Care and Use Committee and complied with the Guide for the Care and Use of Laboratory Animals.

## MnCl<sub>2</sub> injections

In order to map basal brain activity in Ins2<sup>Akita</sup> mice and non-diabetic controls, manganese (II) chloride tetrahydrate (St. Louis, MO, USA) was dissolved in ddH<sub>2</sub>O and injected (IP: 70 mg/kg) 24hrs prior to MRI scanning. Following injections the animals were returned to their home cage and imaged the following day.

## Manganese enhanced MRI

Animals previously injected with MnCl<sub>2</sub> were anesthetized with 3–4% isoflurane in air for 60 s. The isoflurane concentration was maintained between 2 and 3% during the setup of the animal for imaging and was kept between 1 and 1.5% during image acquisition. Mice were placed prone on a custom-made plastic bed with a respiratory pad and warm water bed system (SA Instruments, Stony Brook, NY, USA). The core body temperature was maintained at 37–38 °C. The respiratory rate was monitored continuously during data acquisition and isoflurane levels were adjusted to maintain breathing rate at approximately 30 respiratory strokes per min. Images were collected on a 4.7 Tesla Magnex Scientific MR scanner controlled by Agilent Technologies VnmrJ 3.1 console software. A quadrature transmit/receive coil tuned to 200 MHz was used for  $B_1$  excitation and signal detection (AIRMRI, LLC, Holden, MA). Images were acquired using a  $T_1$ -weighted spin echo pulse sequence with the following parameters: repetition time (TR) = 407.4 ms, echo time (TE) = 14.8 ms, number of averages (NA) = 30, in plane resolution = 117 microns<sup>2</sup> (0.117mm<sup>2</sup>), slice thickness = 0.8 mm, 20 slices. Total scan time per mouse was 52 min. 13 seconds.

## Data processing and statistical analysis

Images were processed and analyzed as previously reported [48]. Mn<sup>2+</sup> accumulation in active neurons produces signal intensity increases in T<sub>1</sub> images. However, as this is a nonquantitative approach to measure activity and because there is scan-to-scan intensity variation independent of Mn<sup>2+</sup>, we normalized images based on their individual variance [48]. Using this normalization approach, we have observed significant differences between Mn<sup>2+</sup> administered and non-treated rodents, where surpassing a normalized threshold value of 1 indicates increased activity associated with Mn<sup>2+</sup> administration. Image processing was carried out using itk SNAP (http://www.itksnap.org) and image math scripts available on FSL (fslmaths http://www.fmrib.ox.ac.uk/fsl/). Scans were aligned with a segmented atlas of the adult mouse brain using an automated affine linear registration tool from FSL [31]. Each scan was converted to a z value map through a voxel-wise normalization procedure. The mean signal intensity across the entire extracted brain volume  $(x^{-})$  was subtracted from each voxel (xi) and then divided by the variance ( $\sigma$ ). A pre-set threshold of z 1 was selected based on a priori observation of individual datasets and a close inspection of their intensity distribution histograms. All voxels with z score values below this threshold were set to zero. Thus, the voxels exceeding the threshold value of z 1 were considered in our statistical analysis as having higher signal intensities (quantified as mean signal intensity and as the number of voxels above a z value of 1). Mean normalized signal intensity values for each ROI were compared using an unpaired two-tailed t-test (homoscedastic variances, a 0.05).

## Immunohistochemical procedures for HMBG1 colocalization experiments

Following fMRI scans animals were kept anesthetized and overdosed with 100 mg/kg pentobarbital (i.p.). The chest cavity was opened and transcardial perfusion was performed using a 30ml syringe; first with 20ml of PBS followed by 20ml of 4% formaldehyde in PBS. Brains were removed and stored in fixative overnight and then switched to 20% sucrose in PBS and stored at  $4^{\circ}\text{C}$ . Sectioning was performed on a cryostat set to yield  $25 \, \mu \text{m}$  coronal sections. Sections were mounted on glass slides and stored at  $-80^{\circ}\text{C}$  until processed.

Slides were washed 3x with PBS to remove excess embedding media and incubated in an antigen retrieval citrate-based solution (BioGenex, Fremont, CA) for 30 min. Slides were blocked with 10% NGS for 20 min, washed again with PBS, and incubated in primary antibody (Anti-HMBG1, ab79823, 1:100 (Abcam, Cambridge, MA)) overnight at 4°C. The next day slides were washed and transferred to secondary antibody (goat anti-rabbit, 1:500) conjugated with Alexa488 (Invitrogen–Molecular Probes, Carlsbad, CA) for 30 min. Slides were washed again with PBS and coverslips were set with Vectashield® containing DAPI for nuclear staining (H-1000 + DAPI, Burlingame, CA).

#### Confocal microscopy and image analysis

The PVN was identified in each section and digital image captures were made using a laser scanning confocal microscope (Leica TCS SP2, Leica Microsystems, Buffalo Grove, IL). Zseries captures (1 mm z-depth) were made through the entire section thickness, yielding approximately 15-25 images per stack. A minimum of three random 63x fields centered in the PVN were captured for each animal. The fields were acquired from the most central aspect of the nucleus and included both magnocellular and parvocellular regions. Also, control regions adjacent (dorsal) to the PVN were captured in each section. Softwareassisted color thresholding and density slicing was used to measure the area of fluorescence for each channel used in the spatially calibrated images (ImageJ, NIH Research Service Branch, http://rsb.info.nih.gov/ij/index.html). Co-localization of markers was accomplished in software prior to morphometric analysis (Intensity Correlation Analysis plugin, MBF Plugin Collection, http://rsbweb.nih.gov/ij/plugins/mbf-collection.html), and was calculated as a function of total voxel volume within the field and normalized to control values [30, 38]. Images representing colocalized signal were subjected to threshold analysis for determination of total area of positive colocalization. Values for area were summed for the entire stack. Summed areas for each stack were then averaged for each condition. Values for each stack were then averaged for a single animal, thus providing a single value for each animal. Those values were then used to determine differences between the various groups by t-test for the null hypothesis, with known variance. A P 0.05 was considered significant. Graphs were completed using GraphPad Prism and Microsoft Excel.

# **RESULTS**

#### Manganese enhanced MRI

Averaged basal neuronal activity maps (n = 5) for each condition are shown in Figure 1A. There was an apparent overall reduction in hypothalamic activity found in 8 month old Ins2<sup>Akita</sup> mice (Figure 1A, lower right panel) compared to 8 month old controls (Figure 1A, lower left panel) with little obvious difference between 2 month old Ins2<sup>Akita</sup> mice and controls (Figure 1A, upper panels). Two ROIs were constructed for analyses which included the entire hypothalamus and the PVN region. Quantification of signal intensity for these ROIs are shown in Figure 1B & C. Relative signal intensities (see methods) for the entire hypothalamus were reduced in aged 8 month old Ins2<sup>Akita</sup> mice compared to controls (1.53  $\pm$  0.04 vs 1.64  $\pm$  0.09, n = 5) and in 2 month old Ins2<sup>Akita</sup> mice compared to controls (1.55  $\pm$  0.05 vs 1.63  $\pm$  0.09, n = 5) but these differences were not statistically significant. Further analyses of ROIs containing only the PVN region showed a statistically significant reduction

in signal intensity (p < 0.05) in aged 8 month old Ins2<sup>Akita</sup> mice compared to controls (1.44  $\pm$  0.05 vs 1.77  $\pm$  0.01, n = 5) but no differences between 2 month old Ins2<sup>Akita</sup> mice compared to controls (1.68  $\pm$  0.06 vs 1.65  $\pm$  0.2, n = 5) (Figure 1C). There were no significant differences between any groups using ROIs adjacent to the hypothalamus in the periventricular thalamic region (data not shown).

## Translocation of HMBG1 to cytoplasm in PVN

HMBG1 (green) and DAPI (blue) were easily detected in all tissue sections (Figure 2A). Image stacks were acquired for each sample and processed as outlined above (see methods). Intensity correlation plots were generated depicting the probability of colocalization of HMBG1 and DAPI (Figure 2B) and the total volume of positive nuclear localization was determined throughout the entire stack. For control (thalamic) regions and the PVN, the total colocalized volume was normalized to the average volume of the control mice at each age. We found a significant (p < 0.02) reduction in colocalization of DAPI and HMBG1 in 8 month old Ins2<sup>Akita</sup> mice (n = 4) compared to controls (n = 4) (0.49  $\pm$  0.10 vs 1  $\pm$  0.15) in the PVN (Figure 2C,D,E). However, no significant differences were found in adjacent thalamic control regions in the same sections (1.17  $\pm$  0.23 vs 1  $\pm$  0.1) (Figure 2E). In addition, no significant differences in the volume of colocalization were found between 2 month old Ins2<sup>Akita</sup> mice (n = 4) and controls (n = 4) in the PVN (0.79  $\pm$  0.13 vs 1  $\pm$  0.28) or adjacent thalamic control regions in the same sections (0.76  $\pm$  0.05 vs 1  $\pm$  0.25) Figure 2E.

## DISCUSSION

We found a significant reduction in basal PVN hypothalamic neuronal activity in 8 month old Ins2<sup>Akita</sup> mice using MEMRI. Significant changes in neuronal activity were not found in adjacent control regions or in 2 month old Ins2<sup>Akita</sup> mice. There was a significant reduction in colocalization of HMBG1 with DAPI in the PVN of 8 month old Ins2<sup>Akita</sup> mice, indicating HMBG1 was released from nuclei to cytosols consistent with an inflammatory state. This was not observed in adjacent control regions or in 2 month old Ins2<sup>Akita</sup> mice which endured less hyperglycemia.

fMRI studies have shown oral glucose produces inhibition in the human hypothalamus [54] including the PVN region [43], and peripheral glucose injections produce hypothalamic inhibition in the rat [41]. However, little attention has been paid to the long-term effects of chronic hyperglycemia on regional neuronal activity, and to our knowledge, this is the first report showing a relatively widespread depression in basal neuronal activity in the hypothalamus of diabetic mice. On the cellular level, others have shown high glucose can increase c-Fos expression in rat PVN neurons [10, 17] and high glucose diets can produce increases in intracellular Ca<sup>2+</sup> in PVN neurons in mice [22]. However, differences between brain activity measured by fMRI and markers of activity (c-Fos) in single neurons have been documented elsewhere [16, 55, 63] and show that these methods can yield conflicting results. Also, chronic and acute high glucose should not be expected to produce similar effects on neuronal activity.

Magnocellular neurons in the PVN and SON respond to hyperosmolality by increasing their production of vasopressin [34]. Early in diabetes these neurons are chronically activated [32]

and show an upregulation of c-Fos [67] and NMDA receptor expression [40]. However, in the present report basal PVN neuronal activity was not significantly different in 2 month old Ins2<sup>Akita</sup> mice compared to controls. Differences between mice treated with STZ and Ins2<sup>Akita</sup> mice may account for this, also the ability to detect such changes may not be possible using MEMRI. The PVN contains GABAergic interneurons and preautonomic neurons which are also affected shortly after STZ treatment, showing diminished, rather than increased excitation [23]. Future studies using electrophysiological methods with Ins2<sup>Akita</sup> mice may be able to resolve whether our results involve generalized effects on PVN neuronal activity or if these changes are specific to any particular cell type. Finally, increases in PVN neuronal excitation in response to glucose may be acutely adaptive, but chronic activation may produce detrimental effects. Our previous findings [26] and other work [15, 40] showing neuronal degeneration following long-term diabetes are consistent with this observation. Thus, it is possible that reduced basal hypothalamic activity in the present report could have resulted from the loss of neurons over time. Future studies evaluating neuronal densities in Ins2<sup>Akita</sup> mice may be able to resolve this.

We have proposed that CNS inflammation produces increases in sympathetic drive altering peripheral nerve activity in the bone marrow and shifting hematopoiesis toward generation of monocytes, ultimately producing microvascular complications [27]. It has been demonstrated that sympathetic nerve activity increases following glucose intake after meals [9] and glucose injected into the PVN produces increases in sympathetic drive [52]. However, the long-term effects of chronic hyperglycemia on sympathetic activity are unknown. It appears possible that depressed hypothalamic activity found in the current report may produce changes in sympathetic output, either increasing or decreasing sympathetic drive based on whether inhibitory or excitatory inputs are most affected. Future studies using simultaneous peripheral nerve and brain activity measurements could determine this relationship.

HMBG1 is released passively by necrotic cells and actively by macrophages and some populations of injured neurons indicating it can be an early initiator or late promotor of inflammation [18, 19, 42]. The data in the current report are consistent with other work indicating HMBG1 is eventually released from the cytosol in diabetes, producing extracellular concentrations above levels found in controls [14, 45, 66]. Circulating HMBG1 can increase serum TNF levels in vivo [18] and may act like a cytokine, inducing proinflammatory responses in macrophages and monocytes. To our knowledge there are no reports showing changes in inflammatory cytokines in Ins2<sup>Akita</sup> mice mouse brains but such changes have been found in the heart [12] and retina [65]. We [27] and others [40] have shown that microglia are activated and found at higher densities in STZ treated animals and a role for HMBG1 has been indicated in diabetic pain [51], diabetic heart disease [56] and diabetic retinopathy [3-5, 24, 44]. Adding to these findings, our data demonstrate the potential for HMBG1 mediated brain inflammation in diabetes, and suggest that end organ complications resulting from diabetes may be initiated or exacerbated by changes in CNS activity produced by inflammation. Thus, targeting CNS inflammation may prove useful for treating peripheral organ damage seen in diabetes.

It is known that inflammatory reactions occur in response to neuronal hyperactivity [60]. Also, inflammatory insults can produce increases in neuronal activation [61]. Though the present findings show depressed basal neuronal activity is correlated with HMBG1 translocation to the cytosol, it is quite possible that long term inflammatory conditions involving HMBG1 could also affect neuronal activity and that changes in neuronal activity could produce HMBG1 mediated inflammation [7, 19, 42]. Our previous findings [26, 27] and the present report indicate an inflammatory state in the hypothalamus of diabetic animals involving changes in HMBG1, activation of microglia, depressed hypothalamic neuronal activity, and neuronal atrophy. Future work will concentrate on the sequence in which the above occur, if these processes are causally linked to one another, and an examination comparing inflammatory markers and neuronal activity in STZ-treated, Ins2<sup>Akita</sup>, and control mice.

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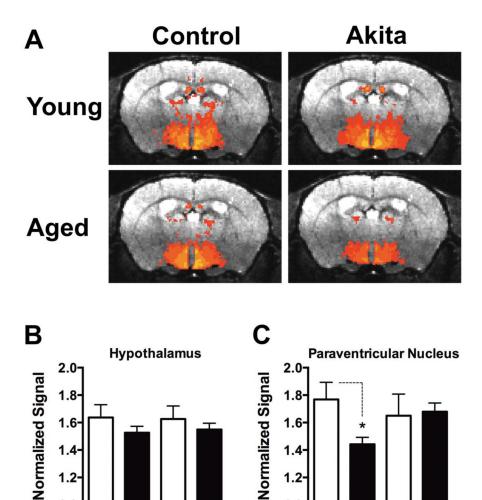
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## **Highlights**

 Hypothalamic neuronal activity is reduced following 8 months of Type-1 diabetes in mice.

- Basal neuronal activity is reduced in the paraventricular nucleus (PVN) following 8 months of Type-1 diabetes in mice.
- Nuclear localization of HMBG1 is reduced in the paraventricular nucleus (PVN) of the hypothalamus following 8 months of Type-1 diabetes in mice.
- Reduced nuclear localization of HMBG1 is correlated with a reduction in basal neuronal activity in the hypothalamus following 8 months of Type-1 diabetes in mice.

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1.6

1.4

Control Young

Akita Young

Figure 1. Basal hypothalamic neuronal activity is depressed in 8 month old Ins2<sup>Akita</sup> mice A) Averaged signal intensity maps (MEMRI) plotted on real brain atlas transverse sections in the central hypothalamus (PVN region). Upper row: averaged signal intensity maps from 2 month old Ins2<sup>Akita</sup> mice (right), and 2 month old controls (left) showing little differences in most regions. Lower row: averaged signal intensity maps from 8 month old Ins2<sup>Akita</sup> mice (right) and 8 month old controls (left) showing relative hypothalamic and PVN depression in Ins2<sup>Akita</sup> mice. **B**) Bar chart showing quantification of normalized signal intensity for the entire hypothalamus and the PVN region (C) in all 4 experimental conditions.

Control Young

Akita Young

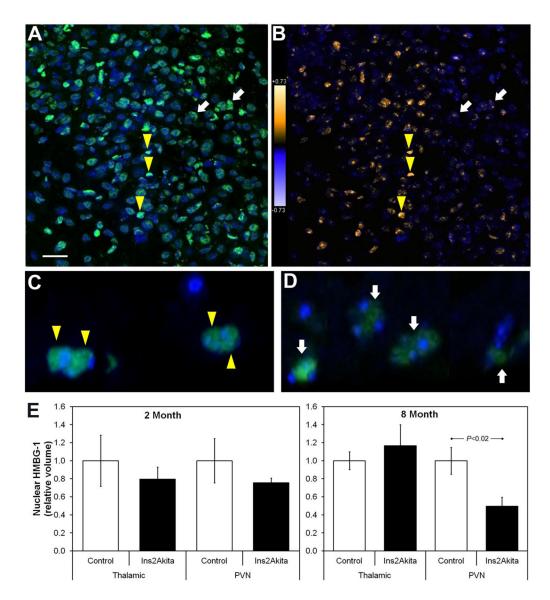


Figure 2. HMBG1 translocates from nucleus to cytoplasm with extended hyperglycemia – in the PVN of  $Ins2^{Akita}$  mice

(A) En face laser confocal microscopy image of a representative PVN region from a control mouse brain showing detection of nuclear (DAPI, blue) and HMBG1 (Alexa 488, green) fluorescence. (B) The same field as in (A) is shown after Intensity Correlation Analysis to determine the probability of colocalization. The analysis assigns warmer colors (yellows) to a high probability of colocalization and cooler colors to lower probability, allowing visualization of nuclear versus cytoplasmic HMBG1. The white arrows in (A–D) indicate typical cells with strong HMBG1 signal but low nuclear localization, while the yellow triangles show cells with strong nuclear HMBG1 localization. (C & D) Confocal microscopy depth projections of ~20 1µm sections of PVN regions. Aged-matched control (C) and 8-month diabetic Ins2Akita mice (D) illustrate HMBG1 nuclear localization and translocation at 100X. (E) Summary of quantitative volumetric morphometry measuring the

degree of nuclear HMBG1. A significant reduction in nuclear HMBG1 was observed in the PVN of Ins $2^{Akita}$  mice after 8 months of diabetes. Scale bar:  $25\mu m$  (A & B).