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## **Evaluation of inconsistency in networks of interventions**

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## **Abstract**

**Background—**The assumption of consistency, defined as agreement between direct and indirect sources of evidence, underlies the increasingly popular method of network meta-analysis. No evidence exists so far regarding the extent of inconsistency and the factors that control its statistical detection in full networks of interventions.

**Methods—**In this paper the prevalence of inconsistency is evaluated using 40 published networks of interventions involving 303 loops of evidence. Inconsistency is evaluated in each loop by contrasting direct and indirect estimates and by employing an omnibus test of consistency for the entire network. We explore whether different effect measures for dichotomous outcomes are associated with differences in inconsistency and evaluate whether different ways to estimate heterogeneity impact on the magnitude and detection of inconsistency.

**Results—**Inconsistency was detected in between 2% and 9% of the tested loops, depending on the effect measure and heterogeneity estimation method. Loops that included comparisons informed by a single study were more likely to show inconsistency. About one eighth of the networks were found to be inconsistent. The proportions of inconsistent loops do not materially change when different effect measures are employed. Important heterogeneity or overestimation of the heterogeneity was associated with a small decrease in the prevalence of statistical inconsistency.

**Conclusions—**The study suggests that changing effect measure might improve statistical consistency and that a sensitivity analysis to the assumptions and estimator of heterogeneity might

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#### **Keywords**

mixed-treatment comparison; multiple treatments meta-analysis; loops; heterogeneity; odds ratio; coherence

## **1. Introduction**

To inform health-care decision making the comparison of many relevant interventions is required. A commonly encountered problem in evaluating the efficacy of multiple interventions is the lack of trials (or very few available) that directly compare the treatments of interest. In such cases indirect evidence can be used via a common comparator. Bucher et  $al$ <sup>1</sup> were early proponents of the use of indirect evidence in meta-analysis when head-tohead evidence is not available. The application of indirect comparison rests on the assumption of transitivity, requiring that the pairwise comparisons are similar in factors which could affect the relative treatment effects.

An extension of conventional meta-analysis is network meta-analysis. Network metaanalysis is used to combine the results of clinical trials that undertake different comparisons of treatments<sup>2-5</sup>. The method involves the simultaneous analysis of both direct comparisons within trials and indirect comparisons across trials. When combining the results of direct and indirect comparisons, the extent to which they are consistent (in agreement) with each other should be examined. Network meta-analysis is most justifiable under an assumption of consistency between different sources of evidence. The evaluation of evidence inconsistency is therefore an important aspect in network meta-analysis. In a network of treatments, different pairwise comparisons can form 'evidence cycles', also called 'loops', within which inconsistency can be evaluated<sup>6</sup>.

Empirical studies have examined the prevalence of inconsistency between direct and indirect comparisons. Song *et al.*<sup>7,8</sup> carried out an empirical study applying the Bucher method and assuming different heterogeneity parameters in every comparison within each loop. They evaluated inconsistency in 112 loops of evidence formed by studies comparing pairs of three treatments and concluded that inconsistency was detected in 14% of the networks<sup>8</sup>. In a response to comments on their article, Song *et al.*<sup>9</sup> alternatively assumed that all comparisons within each triangular loop share the same amount of heterogeneity and they observed that inconsistency was reduced to 12%. However, no empirical evidence exists regarding the prevalence of inconsistency in more complex networks, primarily because no omnibus test was available until recently to evaluate the assumption of consistency in a network as a whole. A general model to detect inconsistency has been proposed, and called design-by-treatment interaction model<sup>10</sup>. Inconsistency can be viewed not only as the disagreement between direct and indirect estimates in a loop, but also as the disagreement between studies involving different sets of treatments.

In a network of trials the detection of inconsistency can be hampered by the presence of heterogeneity. A large heterogeneity variance in the treatment effects leads to greater

uncertainty in estimates of the mean effect sizes, and statistical inconsistency is less likely to be detected. The estimation of the heterogeneity variance can vary under different methods (e.g. DerSimonian and Laird, restricted maximum likelihood<sup>11</sup>), which subsequently affects the ability to detect inconsistency. Assumptions about the heterogeneity being the same in different parts of the network or the same in the entire network may similarly impact on the detection of inconsistency. However, as factors that cause heterogeneity can also cause inconsistency, complete separation of the two is not always possible. In summary, large heterogeneity increases the chances of inconsistency being present, but decreases the chances of detecting it.

Both the presence and the detection of inconsistency may be affected by the use of different effect measures. Empirical studies have shown that ratio measures (odds ratios and risk ratios) are less heterogeneous than absolute effect measures (such the risk difference) and that the risk ratio for adverse outcomes is less likely to be heterogeneous than that for beneficial outcomes<sup>12,13</sup>. These differences depend on the extent of variation in baseline risk across studies. If baseline risks are substantially different in different parts of a loop, then the underlying inconsistency may be greater for some effect measures than others; if baseline risks vary substantially within each comparison, then more or less heterogeneity may be present, depending on the effect measure, with the same consequences as discussed in the previous paragraph. Caldwell et al. have also considered the choice of different effect measures in network meta-analysis and concluded that the choice of measure should be based on physiological understanding of the outcome and, if possible, after considering the model fit<sup>14</sup>.

The aim of this paper is to evaluate empirically the prevalence of inconsistency in published networks of interventions that compare at least four treatments, and to examine the extent to which this is acknowledged by the authors of the meta-analyses. We further aim to investigate the statistical considerations that might influence the statistical detection of inconsistency in these complex networks of evidence. We also explore whether different effect measures for dichotomous outcome data are associated with differences in inconsistency, and whether different ways to estimate heterogeneity impact upon the magnitude and detection of inconsistency.

## **2. Methods**

To assess inconsistency in a network we use two methods. The first method evaluates inconsistency in all closed loops of evidence formed by three or four treatments within each network, by contrasting direct with indirect estimates of a specific treatment effect. Bucher *et al.* described the method in an early paper<sup>1</sup> and we will refer to it, and its extensions employed in this paper, as the 'loop-specific approach'. The second method evaluates whether a network as a whole demonstrates inconsistency by employing an extension of multivariate meta-regression that allows for different treatment effects in studies with different designs (the 'design-by-treatment interaction approach')<sup>10</sup>. To exemplify the idea of the design-by-treatment interaction approach, consider a network of evidence constructed from an ABC three-arm trial and an ABCD four-arm trial. Both ABC and ABCD trials are inherently consistent. However, the two studies are considered to have different designs and

design inconsistency reflects the possibility that they might give different estimates for the same comparisons they make (AB, AC and BC).

We chose the loop-based approach as it is simple and can be easily applied without specialised software in a frequentist setting, and is so far the most commonly applied approach. Moreover, the results obtained from this method can be compared directly with findings from other empirical studies<sup>8</sup>. We chose the design-by-treatment interaction approach as it is the only approach of which we are aware that does not require arbitrary assumptions on inclusion of trials with more than two treatment arms. It provides a generalization to the method earlier proposed by Lu and Ades<sup>6</sup>. Both the loop-specific and the design-by-treatment interaction approaches are employed under various effect measures for dichotomous outcome data and various estimators for the heterogeneity variance.

#### **2.1 Loop-specific approach**

Inconsistency can be evaluated as the disagreement between different sources of evidence within a closed loop. In each network of treatments we identified all triangular loops (closed paths involving three different treatments) as well as all quadrilateral loops (closed paths involving four different treatments).

We first estimate treatment effects of all pairwise comparisons in each loop using standard meta-analysis. Consider for example the triangular loop  $ABC$  formed by treatments  $A, B, C$ with available comparisons  $AB$ ,  $AC$  and  $BC$ . Let  $y_{i,AB}$  be the observed effect size (e.g. logodds ratio) of treatment  $\underline{B}$  relative to treatment  $\underline{A}$  in study  $\underline{i}$ , with an estimated variance  $v_{i,AB}$ . Under the random-effects model the observed treatment effect  $y_{i,AB}$  is modeled as

$$
y_{i,AB} = \mu_{AB} + \delta_{i,AB} + \varepsilon_{i,AB}
$$

where  $\mu_{AB}$  is the mean of the distribution of the underlying effects of  $\underline{B}$  relative to  $\underline{A}$ ,  $\delta_{i,AB}$ is a random effect for study *i* and  $\varepsilon_{iAB}$  is the within-study sampling error. Similarly, for the other two comparisons in the loop:

$$
y_{i,AC} = \mu_{AC} + \delta_{i,AC} + \varepsilon_{i,AC}
$$
  

$$
y_{i,BC} = \mu_{BC} + \delta_{i,BC} + \varepsilon_{i,BC}
$$

To estimate all direct relative effects within the triangular loop  $\overline{ABC}$  we performed a random-effects meta-analysis for each available comparison. Under the random-effects model it is assumed that

$$
\begin{array}{ll}\delta_{i,AB}\!\sim\!N\left(0,\tau_{AB}^{2}\right), & \delta_{i,AC}\!\sim\!N\left(0,\tau_{AC}^{2}\right), & \delta_{i,BC}\!\sim\!N\left(0,\tau_{BC}^{2}\right)\\ \varepsilon_{i,AB}\!\sim\!N\left(0,\nu_{i,AB}\right), & \varepsilon_{i,AC}\!\sim\!N\left(0,\nu_{i,AC}\right), & \varepsilon_{i,BC}\!\sim\!N\left(0,\nu_{i,BC}\right)\end{array}
$$

where  $\tau_{AB}^2$ ,  $\tau_{AC}^2$  and  $\tau_{BC}^2$  are the heterogeneity variances in the  $\underline{B}$  vs. $\underline{A}$ ,  $\underline{C}$  vs. $\underline{A}$  and  $\underline{C}$  vs. $\underline{B}$ comparisons, respectively. The variances  $v_{i,AB}$ ,  $v_{i,AC}$  and  $v_{i,BC}$  are assumed known and

uncorrelated with the effect sizes. We discuss assumptions about the heterogeneity variances in section 2.4.

Within each available loop, we evaluated whether the consistency assumption<sup>6</sup>

$$
\mu_{BC}=\mu_{AC}-\mu_{AB}
$$

holds. Since in a single loop there may be only one inconsistency, the inconsistency estimate  $(\underline{IF})$  for the loop  $\underline{ABC}$  is defined as<sup>6,15</sup>

$$
IF_{ABC} = \hat{\mu}_{BC} - (\hat{\mu}_{AC} - \hat{\mu}_{AB})
$$
  
with  

$$
\hat{\sigma}_{IF_{ABC}}^2 = Var(\hat{\mu}_{BC}) + Var(\hat{\mu}_{AC}) + Var(\hat{\mu}_{AB}).
$$

Under the null hypothesis that there is no inconsistency  $(H_0: IF_{ABC} = 0)$  the approximate test can be obtained as

$$
Z\text{=}\frac{\widehat{IF}_{\scriptscriptstyle ABC}}{\hat{\sigma}_{\scriptscriptstyle IF_{\scriptscriptstyle ABC}}}\text{\_}N\left(0,1\right)
$$

We define a loop as statistically inconsistent when  $|z| > 1.96^{16}$ .

A similar process is followed for all quadrilateral loops formed by four different head-tohead comparisons. However, if the quadrilateral loop is formed by two or more triangles, then only the triangles are evaluated. Since a multi-arm study is inherently consistent in an evidence loop, it causes complications and we therefore exclude the comparison that is most frequent within the loop. This can impact on the summary treatment effects and subsequently on the evaluation of inconsistency for a network with many multi-arm studies.

The loop-specific approach was carried out in software R 2.13.2<sup>17</sup> using the *ifplot.fun* function, which is available online (in <http://www.mtm.uoi.gr/> under 'How to do an MTM').

#### **2.2 Design-by-treatment interaction approach**

Loop inconsistency refers to a difference between direct and indirect estimates for the same comparison. However, the presence of multi-arm trials in a network of evidence complicates the evaluation of loop inconsistency, since loops formed within multi-arm trials are necessarily consistent. Consider for example a network comprising some AB studies, some  $AC$  studies and some three-arm  $ABC$  studies. Note that only two of the three possible treatment effects are sufficient to fully specify the results of the three-arm studies. If the two effects include the  $BC$  comparison, then loop inconsistency might be observed by contrasting it with an indirect estimate constructed from the other two groups of studies. On the other hand, if the two effects from the three-arm studies are  $AB$  and  $AC$ , then an evaluation of inconsistency would not take place. To overcome these problems, a different type of inconsistency has been proposed, known as design inconsistency. This refers to the differences in the estimated effect sizes for the same comparison from studies that involve

different sets of treatments. The design-by-treatment interaction model is an extension of the previous approach assessing not only 'loop inconsistency' but also 'design inconsistency'.

Consider a network consisting of treatments in the set  $T = \{A, B, C, D, \dots\}$  including different studies that compare subsets of T named 'designs' and denoted by  $des = 1, \ldots$ Des. Let  $T_{des}$  with  $T_{des} \in T$ , define the set of treatments in design des. The dataset includes in total N studies, where each design <u>des</u> is present in  $n_{des}$  studies indexed  $i = 1, ..., n_{des}$ .

The network meta-analysis model is defined as a multivariate random-effects meta-analysis. Assume  $A$  is an arbitrarily chosen reference treatment and  $\overline{T}$  is some treatment in the set  $T_{des} = \{B, C, D \dots\}$ . The observed effect size  $y_{des,i,AT}$  of treatment  $T$  relative to treatment  $\underline{A}$ of study  $\underline{i}$  with design  $\underline{des}$  is modelled under the consistency assumption as

$$
y_{des,i,AT} = \mu_{AT} + \delta_{des,i,AT} + \varepsilon_{des,i,AT} \tag{1}
$$

The inconsistency model is an extension of model (1) and is defined as a multivariate random-effects meta-regression with additional covariates for the different designs:

$$
y_{des,i,AT} = \mu_{AT} + \delta_{des,i,AT} + IF_{des,AT} + \varepsilon_{des,i,AT} \tag{2}
$$

where  $IF_{des, AT}$  represents inconsistency in comparison  $AT$  for design  $des$ , which may correspond with either design or loop inconsistency. As described in detail elsewhere $18,19$ not all possible  $IF_{des, AT}$  covariates are required, since otherwise the model is overparameterised. For designs that do not include the reference treatment, a data augmentation technique is applied<sup>10</sup>. This is basically imputing data for arm  $A$  that contains a very small amount of information, such as 0.01 successes out of 0.1 individuals. The study random errors are normally distributed  $\varepsilon_{des} \sim N(0, S_i)$ , where  $S_i$  is the within study variancecovariance matrix.

$$
\delta_{des,i} \sim N\left(0,\boldsymbol{\Sigma}\right)
$$

where  $\Sigma$  is the between studies variance-covariance matrix involving the heterogeneity variance for each treatment comparison. We discuss the structure of  $\Sigma$  in section 2.4.

If a design-by-treatment interaction model has l independent inconsistency parameters, then under the null hypothesis  $H_0: \widehat{F}_1 = \cdots = \widehat{F}_l = 0$ , the joint statistical significance of the  $\underline{I}$ inconsistency parameters is tested by the  $\chi^2$ -test

$$
W = \sum_{j=1}^{l} \frac{\widehat{IF}_{j}^{2}}{\widehat{\sigma}_{j}^{2}} \sim \chi_{l}^{2}
$$

We estimated inconsistency by fitting model (2) in STATA using the  $\mu$ *mvmeta* command<sup>10</sup>.

The design-by-treatment interaction approach estimates inconsistency in the entire network, whereas the loop-specific approach evaluates each loop separately. It is therefore impossible to infer about the level of agreement between the two methods. We arbitrarily considered a network to be inconsistent under the loop-specific approach if at least 5% of its loops are inconsistent in order to describe how the two methods perform.

## **2.3 Effect measures**

We restrict our investigation of inconsistency to dichotomous outcomes. We consider four effect measures; the odds ratio  $(QR)$ , the risk difference  $(RD)$ , the risk ratio of beneficial outcomes ( $RRB$ ) and the risk ratio for harmful outcomes ( $RRH$ ). It has been shown that the choice of the effect measure can impact on the heterogeneity variance<sup>12,13</sup>, which subsequently might impact on the estimation of inconsistency.

#### **2.4 Estimation of the heterogeneity**

Let us define as  $\tau_{vv}^2$  the heterogeneity in the *Yvs.X* comparison. We made assumptions about these heterogeneity variances, and we address first the loop-specific approach. Consider the network defined by two triangular loops, *ABC* and *BCD*, informed by *AB*, *AC*, BC, BD and CD comparisons. Heterogeneity might be present in each comparison, and the amount of heterogeneity is estimated either by considering the loop to which the comparison belongs (common within-loop heterogeneity) or by considering the entire network (common within-network heterogeneity). Under the common within-loop heterogeneity  $(\tau_{loop}^2)$ approach all comparisons in a particular loop have the same amount of heterogeneity;  $\overline{ABC}$ loop:  $\tau_{AB}^2 = \tau_{AC}^2 = \tau_{BC}^2 = \tau_{loop, b}^2$ . BCD loop:  $\tau_{BC}^2 = \tau_{BD}^2 = \tau_{CD}^2 = \tau_{loop, b}^2$ . Assuming a common within-loop heterogeneity allows comparisons that have been addressed by only one study to 'borrow strength' from the rest of the comparisons included in the loop. When all comparisons involved in a loop are informed by a single study, we set  $\tau_{loop}^2$  equal to zero. Note that in our analyses,  $\tau_{loop}^2$  may be different for the same comparison when it is involved in different loops.

In the design-by-treatment interaction model, we assume that all comparisons in the network share the same heterogeneity variance (common within-network heterogeneity), i.e.

. Suppose the total number of treatments included in a network is  $p$ , the variance-covariance matrix for the random effects is therefore given by

$$
\Sigma_{(p-1)\times(p-1)} = \tau_{ntw}^2 \begin{pmatrix} 1 & \dots & 1/2 \\ \vdots & \ddots & \vdots \\ 1/2 & \dots & 1 \end{pmatrix}
$$

In general, when the number of studies included in a meta-analysis is large, the heterogeneity parameter is more precisely estimated<sup>20</sup>. Therefore, it is likely that  $\hat{\tau}_{ntw}^2$  is more precise than  $\hat{\tau}_{loop}^2$ . Assuming a common heterogeneity variance impacts also on the precision of the summary effects, and consequently on power for detecting inconsistency.

For example, it is possible that the heterogeneity in a specific loop ABC is smaller than the heterogeneity in the rest of the network. Assuming the same heterogeneity in the network will then decrease precision for the summary estimates of the  $ABC$  loop and may therefore decrease the power to detect inconsistency. Similarly, assuming common within-network heterogeneity introduces heterogeneity in loops involving comparisons informed by a single study, decreasing the chance of identifying the presence of inconsistency. Although the assumption of the common within-network heterogeneity can underestimate the prevalence of substantial inconsistency, it allows a more accurate representation of how the effects are being combined in a network meta-analysis.

The heterogeneity variance ( $\tau^2$ ) can be estimated by a variety of methods<sup>21</sup>. The performance of the different estimators can differ in terms of bias and mean squared error (MSE), and they can over- or under-estimate the true heterogeneity variance. As heterogeneity may affect the estimation of inconsistency, we evaluate inconsistency under different estimators of  $\tau^2$ . We apply the different estimation methods under the OR measure. In the loop-based approach we used the DerSimonian and Laird  $(DL)^{21,22}$ , restricted maximum likelihood (REML)<sup>21,23</sup> and Sidik-Jonkman (SJ)<sup>24</sup> methods. We include the DL method because it is frequently used in random-effects meta-analysis and is the default estimator in STATA *metan* command<sup>25</sup> and RevMan<sup>26</sup>. The DL estimator performs well for small values of  $\tau^2$ , but underestimates the true heterogeneity variance when  $\tau^2$  is large or the number of studies is relatively small producing a large negative bias<sup>24,27,28</sup>. The popular REML method is less biased than the DL method (except for small values of  $\tau^2$  that the methods are comparable)<sup>11,29</sup>, but underestimates  $\tau^2$  when data are sparse<sup>29,30</sup>. The less popular SJ estimator has been shown to overestimate  $\tau^2$  when the true heterogeneity variance is relatively small $31$ . The SJ method is one of the best methods when the true heterogeneity variance is large producing small bias and substantially smaller than the DL  $estimator<sup>11,24</sup>$ . Between the three estimators the DL method is less variable in terms of the MSE in meta-analysis with small to moderate heterogeneity $^{11}$ .

In the design-by-treatment interaction model only DL, maximum likelihood  $(ML)^{21,32}$  and REML<sup>21,23</sup> estimators of  $\Sigma$  are available. We apply the ML and REML methods, since the DL method is not appropriate when the augmentation technique is applied<sup>19</sup>. The ML method underestimates  $\tau^2$  when the number of studies is small to moderate producing a relatively large amount of negative bias<sup>11,23</sup>. It has been shown that the REML method is less biased with larger MSE than the ML method $^{11,29}$ .

#### **2.5 Other methods to evaluate inconsistency**

Several other methodologies to evaluate consistency have been outlined in the literature (for a review see NICE DSU Technical Support Document  $4^{33}$ ). The methods can be broadly categorised into methods that contrast direct and indirect evidence for a particular comparison within a network (as the loop-specific approach outlined above) and methods that evaluate inconsistency in a network as a whole (such as the design-by-treatment model). Methods in the former category are useful to locate sources of inconsistency whereas methods in the latter category provide global tests.

One of the drawbacks of the loop-based method is that inferences in loops are not independent, because different loops of the network share the same studies. To overcome this, Caldwell *et al.*<sup>34</sup> introduced a chi-squared test for the special case that all loops in the network share a single comparison. However, this can be applied only to specific parts of the network, and again yields multiple tests if all pieces of the network need to be tested. Another drawback of the loop-based approach is that indirect evidence is restricted to the information provided from a single loop. It is preferable to compare the direct evidence with the indirect estimate from the entire network, as is the approach taken in the node-splitting method proposed by Dias  $et al.<sup>35</sup>$ . The node-splitting approach is computationally intensive and to our knowledge has not yet been automated, making it impractical for large networks. All three methods outlined above are sensitive to the parameterization of multi-arm studies, and do not offer obvious ways to infer about network consistency. Among all the methods, the loop-based approach is, despite its shortcomings, to date the most popular approach to evaluate inconsistency.

When network meta-analyses are fit within a Bayesian framework, investigators often contrast models with and without the consistency constraints with respect to fit and parsimony<sup>36</sup>. This provides a global test for the plausibility of consistency in the entire network, but inferences are again sensitive to the parameterization of multi-arm studies. The design-by-treatment interaction model is the only method that provides an omnibus test, can be fit in a frequentist setting and provides results insensitive to the parameterisation of multiarm studies<sup>18,19</sup>. Models that do not account for design inconsistency (such as those presented in Lu and  $Ades^{37}$  and Lumley<sup>38</sup>) are special cases of the design-by-treatment interaction model.

#### **2.6 Searching for network meta-analyses and data extraction**

We searched in PubMed for research articles including networks with at least four treatments and dichotomous primary outcomes. We searched for articles published between March 1997 and February 2011 in which any form of indirect comparison was applied, according to their titles or abstracts. The search code we used was '(network OR mixed treatment\* OR multiple treatment\* OR mixed comparison\* OR indirect comparison\* OR umbrella OR simultaneous comparison\*) AND (meta-analysis)'.

We extracted data regarding the year of publication, the methods applied for the indirect comparison, the number of studies and the number of arms the studies included, as well as the total number of interventions involved in each network. From each network we extracted the trial data for the primary outcome (as stated in the text or, if this was unclear, defined as the first outcome presented). We preferred data presented in  $2 \times 2$  tables rather than as effect sizes and precisions, when both formats were reported. The extracted trial data include the name of each trial, as well as the number of events, the sample size and the treatment in every arm of each trial included in the network.

## **3 Results**

#### **3.1 Database**

Eight hundred and seventeen relevant articles were initially identified and after the screening process we ended up with 40 networks. The full process is shown in the flow chart of Figure 1. The authors evaluated the assumption of inconsistency using appropriate statistical methodology in 15 (38%) networks. Out of these 15 networks, inconsistency for at least one comparison in the analysis was reported in 10 (67%). The most prevalent method (18%) of evaluating inconsistency was the loop-based approach. A large proportion of investigators (23%) seemed to be aware of the consistency assumption but used inappropriate methods to evaluate it, such as comparisons of direct and network estimates (Appendix Table 1).

Twenty-five (63%) networks used  $QR$ , 13 (33%) used  $RR$ , one (2%) used all of the three OR, RR and RD, and one  $(2\%)$  used a hazard ratio. In only seven publications (18%) did the authors explain why they chose the employed effect measure. The median number of studies per network is 23, ranging from 9 to 111. The number of treatments compared ranged from 4 to 17 with a median of 6. Thirty-three networks included three-arm trials and nine included four-arm trials. The number of included three-arm trials per network ranged from 0 to 12, whereas the number of included four-arm trials ranged from 0 to 6. The total number of loops obtained from the 40 networks is 303 and ranged from 1 to 70 per network. The characteristics of these networks are described in detail Appendix Table 2.

#### **3.2 Loop-specific approach**

**3.2.1 Inconsistency under the four effect measures for binary data—**Out of the total of 303 loops, 23 were found to be inconsistent (8%) when analysed as  $OR$ , 26 (9%) as RRH, 29 (10%) as RRB and 29 (10%) as RD, for common within-loop heterogeneity ( $\hat{\tau}_{loop}^2$ ) estimated using the DL method. Table 1 provides these results along with results under the assumption of common within-network heterogeneity  $(\hat{\tau}_{ntw}^2)$  which we discuss later. When we changed from one effect size to another under  $\hat{\tau}_{loop}^2$  some consistent loops became inconsistent and vice versa. Such changes were mostly observed between  $\overrightarrow{OR}$  vs.  $\overrightarrow{RD}$  and OR vs. RRB. Eleven (4%) consistent loops under OR changed to inconsistent under RD, whereas  $5(2%)$  loops that deviate from consistency under  $OR$  changed to consistent when RD is employed (see Table 1). The percentage of inconsistent loops was comparable across the four effect measures (McNemar test under the within-loop heterogeneity; OR vs. RRH: P  $= 0.505$ , OR vs. RRB:  $P = 0.239$ , OR vs. RD:  $P = 0.211$ ). In Appendix Table 3 we provide the inconsistency estimates under the four scales for all loops, along with their standard errors and z-scores.

Our database includes 203 loops with at least one comparison being informed by a single study. Inconsistency was more likely to be found in such loops. For example, in the network of Elliot<sup>39</sup> we identified two inconsistent loops under the  $\overline{OR}$  scale, which share the same comparison including only one study. It is possible that in such cases inconsistency is introduced by this particular study. Of the 203 loops 19 (9%) were found to be inconsistent under OR, whereas from the 100 remaining loops with comparisons including two or more

studies only 4 (4%) were inconsistent ( $P = 0.154$ ). The respective percentages of inconsistent loops for the other effect measures were 18 (9%) versus 8 (8%) ( $P = 0.972$ ) under RRH, 21 (10%) versus 8 (8%) ( $P=0.657$ ) under RRB and 20 (10%) versus 9 (9%) (P  $=0.977$ ) under  $RD$ .

A similar picture was observed when a common within-network heterogeneity parameter

 $(\hat{\tau}_{ntw}^2)$  was assumed, although the overall inconsistency rate dropped. Out of the 303 loops, we detected 16 (5%) inconsistent loops under  $OR$ , 19 (6%) under RRH, 18 (6%) under RRB and 16 (5%) under  $RD$  (see Table 1). In Appendix Table 4 we provide the inconsistency estimates under the four effect measures for all loops along with their standard errors and zscores. Again, there were no important differences in inconsistency between the four effect measures (McNemar test under the within-network heterogeneity; OR vs. RRH:  $P = 0.371$ , OR vs. RRB:  $\underline{P} = 0.789$ , OR vs. RD:  $\underline{P} = 1$ ).

Comparing the  $\tau_{loop}^2$  and  $\tau_{ntw}^2$  approaches we concluded that there are important differences in the number of inconsistent loops between the two methods, especially when  $QR$ ,  $RRB$  or  $RD$  are applied (McNemar test under the common within-loop heterogeneity versus the common within-network heterogeneity; OR:  $P = 0.023$ , RRH:  $P = 0.096$ , RRB:  $P = 0.010$ , RD: P = 0.004). In Appendix Table 5 we provide the number of  $I\llap{/}F$  with a 95%CI

incompatible with zero under the four effect measures when we assume either  $\tau_{loop}^2$  or  $\tau_{n\tau}^2$ .

In Figure 2 the P values for the loop-specific approach are presented under the common within-loop and the common within-network heterogeneity for the three pairs of effect measures; OR vs. RD, OR vs. RRH and OR vs. RRB. The two-sided  $P$  values are displayed on the fourth root scale40,41. Among all six panels, agreement seems to be higher between  $OR$  and  $RRH$  as seen by less scatter around the equality line and a smaller number of discordant points. This is likely to be due to most outcomes being rare rather than common, so that  $OR$  is closer to RRH than to RRB. Heterogeneity estimates are in better agreement between  $\overline{OR}$  and  $\overline{RRH}$  (under the within-network heterogeneity:

mean  $\left(|\tau_{RRH}^2 - \tau_{OR}^2|/\tau_{OR}^2\right) = 52\%$ , mean  $\left(|\tau_{RRB}^2 - \tau_{OR}^2|/\tau_{OR}^2\right) = 63\%$ ,

mean  $\left(\frac{\tau_{RD}^2}{\tau_{DR}^2} - \tau_{OR}^2/\tau_{OR}^2\right) = 90\%$ ; under the within-loop heterogeneity:

 $\text{mean}\left(|\tau_{\scriptscriptstyle RRH}^2 - \tau_{\scriptscriptstyle OR}^2|/\tau_{\scriptscriptstyle OR}^2\right) {=} 51\%, \text{mean}\left(|\tau_{\scriptscriptstyle RRB}^2 - \tau_{\scriptscriptstyle OR}^2|/\tau_{\scriptscriptstyle OR}^2\right) {=} 79\%,$ 

mean  $(\tau_{RD}^2 - \tau_{OR}^2 | / \tau_{OR}^2) = 97\%$ ). In general, no substantial differences in inconsistency were observed between the effect measures.

#### **3.2.2 Inconsistency under different estimators for the heterogeneity parameter**

**—**In Table 2 we present the number of inconsistent loops under the three heterogeneity estimators for  $\tau_{loop}^2$  as well as under the REML method for  $\tau_{ntw}^2$ , using the OR effect measure. We observed that both DL and REML methods led to a greater number of inconsistent loops than the SJ method. This is because under certain circumstances the first two methods underestimate  $\tau^2$  whereas SJ overestimates the true heterogeneity variance. As noted earlier, we observed that inconsistency was more frequent in loops that include comparisons informed by only one study (Table 2). Under the assumption of a common

within-loop heterogeneity, 19 (9%) out of the 203 loops with at least one comparison informed by a single study were found to be inconsistent under DL, whereas only 4 (4%) were inconsistent of the remaining 100 loops  $(P=0.154)$ . The respective percentages under the REML and SJ estimators are 18 (9%) versus  $3(3%) (P=0.099)$  and 12 (6%) versus 2  $(2\%)$  ( $P=0.217$ ). However, assuming a common within-network heterogeneity the respective inconsistent loops were 4 (2%) versus 12 (12%) ( $\underline{P}$ =0.001) under REML. The evaluation of inconsistency assuming  $\tau_{ntw}^2$  and REML in comparisons described by a single study decreases the inconsistency rate by 7% compared to  $\tau_{loop}^2$ . This is because the amount of within-network heterogeneity in most inconsistent loops, and particularly those that include

at least one comparison informed by a single study, is larger than  $\tau_{loop}^2$ .

There was no evidence that inconsistency differs statistically among the three estimators when assuming a common within-loop heterogeneity (comparison of inconsistent loops with at least two studies per comparison: DL *vs.* REML:  $P=1$ , DL*vs.SJ: P*=0.679, SJ *vs.* REML:  $P=1$ ; comparison of inconsistent loops with at least one comparison informed by a single study: DL vs. REML:  $\underline{P}$ =1, DL vs.SJ:  $\underline{P}$ =0.262, SJ vs. REML:  $\underline{P}$ =0.343). However, inconsistency differs substantially between the common within-loop and the common within-network approach under the REML method (comparison of inconsistent loops with at least two studies per comparison:  $P=0.035$ ; comparison of inconsistent loops with at least one comparison informed by a single study:  $\underline{P}=0.003$ ).

In Figure 3 we compare the estimated heterogeneity variance on the log scale under the DL, REML and SJ methods, showing that the SJ method is associated with larger values of heterogeneity variance, leading to fewer inconsistent loops than the other two methods.

Among the three estimation methods, SJ is less likely to estimate  $\tau_{loop}^2$  equal to zero (comparison of inconsistent loops when the within-loop heterogeneity is estimated equal to zero; DL *vs.* REML:  $\underline{P}$ =0.586, DL *vs.* SJ:  $\underline{P}$ =0.062, REML *vs.* SJ:  $\underline{P}$ =0.011) (see Table 2).

For each loop, we compared the  $I\!F$  and its P value with the estimated heterogeneity variance for each loop  $(\hat{\tau}_{loop}^2)$  under the three estimators (see Appendix Figure 1). We observe that, irrespective of the estimation method used, the magnitude of inconsistency increases slightly as the estimated heterogeneity variance increases. Conversely, lower values of the heterogeneity variance are associated with a greater chance of identifying IF with a 95%CI incompatible with zero, though the correlation coefficients between the P value or  $\overline{IF}$  and the heterogeneity variance are very small (correlation coefficients for  $\widehat{IF}$  versus  $\hat{\tau}^2$ :  $r_{DL} = 0.14$  $r_{REML} = 0.15$ ,  $r_{SI} = 0.29$ ; correlation coefficients for P value of  $\widehat{IF}$  versus  $\hat{\tau}^2$ :  $r_{DL} = 0.13$ ,  $r_{REML} = 0.13$ ,  $r_{SI} = 0.04$ ).

The median IF under the common within-loop heterogeneity ( $\hat{\tau}_{loop}^2$ ) and the DL estimator was 0.34 with an interquartile range (0.15, 0.79). A histogram of the estimated  $I\!F$  is given in Figure 4.

#### **3.3 Design-by-treatment interaction approach**

On applying the design-by-treatment interaction approach, the ML Wald tests for analyses of  $OR$  yielded 8 inconsistent networks out of the 40 networks (20%), whereas 11 (28%) of the networks were found to display inconsistency when analysed using each of the three effect measures RRH, RRB and RD (all pairwise comparisons between  $OR$  vs. RRH, RRB or RD for inconsistent networks under the ML estimator using the McNemar test produced  $P =$ 0.371). The REML Wald test indicated 5 (13%), 6 (15%), 7 (17%) and 5 (13%) inconsistent networks under  $OR$ , RRH, RRB and RD, respectively (all pairwise comparisons between OR vs. RRH or RD for inconsistent networks under the REML estimator using the McNemar test produced  $P = 1$ , whereas OR vs. RRB produced  $P = 0.617$ ) (see Appendix Table 6 and Appendix Table 7). Comparing the REML with the ML method, the former yielded fewer inconsistent networks (12% to 17% depending on effect measure) than the latter (20% to 28% depending on effect measure), but there were no important differences (McNemar test under the comparison of ML estimator versus the REML estimator;  $OR: P =$ 0.248, RRH:  $P = 0.074$ , RRB:  $P = 0.1336$ , RD:  $P = 0.041$ ) (see Appendix Table 8). This is probably because the ML method estimated slightly smaller values of the heterogeneity variance than the REML in almost all networks and under all effect sizes.

For fourteen networks (35%) we could not find any indication in the published articles that the authors evaluated the assumption of consistency. Four out of these networks were found to be inconsistent when we applied the design-by-treatment interaction model using the REML method and the OR scale. That one in three of the meta-analysis authors did not examine consistency is a cause of concern, since conclusions from combining direct and indirect evidence may not be valid when consistency does not hold.

In Figure 5 we present a plot of the heterogeneity variance estimated under the consistency and inconsistency models considering both ML and REML methods under the OR effect measure. On average the consistency models display higher heterogeneity than the inconsistency models, accounting probably for inconsistency in the data.

#### **3.4 Comparing loop-specific and design-by-treatment interaction model**

In Table 3 we compare the number of inconsistent networks under the loop-specific approach with  $\tau_{ntw}^2$  and the design-by-treatment interaction approach when the  $\overrightarrow{OR}$  is considered, assuming that if at least 5% of the loops are inconsistent then the network is inconsistent. The design-by-treatment interaction approach suggested fewer inconsistent networks (13%) than our ad hoc approach based on loop-specific assessments (20%). One network was inconsistent under the design-by-treatment interaction model while it was consistent with the loop-specific approach. That network was associated with design inconsistency, which was not accounted for in the loop-based method.

## **4 Discussion**

Evaluation of consistency is an important task in network meta-analysis<sup>42</sup>. Protocols of network meta-analysis should ideally describe the methods for such an evaluation and outline the strategy that is to be followed if important inconsistency is detected. In this study

we undertook a large-scale empirical evaluation of the prevalence of inconsistency, focusing both on closed loops of evidence within a network and on entire networks of interventions.

Our study confirms previous assumptions that heterogeneity plays an important role in the statistical detection of inconsistency. We found that lower heterogeneity was associated with higher rates of detected inconsistency, but the estimated magnitude of inconsistency is lesser. This suggests that heterogeneity might account for some disagreement between various sources of evidence. The use of  $\tau_{ntn}^2$  in the loop-specific approach provides a fair reflection of heterogeneity<sup>43</sup> and decreases the prevalence of inconsistency compared with  $\tau_{loop}^2$ . We further found that in some cases inconsistency might be reduced when changing the effect measure, but in general the three scales for dichotomous data present the same inconsistency rates. It has been shown that a poor choice of the measurement scale, i.e. analysing data on a 'preferred' scale rather than on the 'best' scale (a scale where the treatment effects can be assumed to be linear), can increase the probability of finding inconsistency<sup>14</sup>. It is advisable to choose the appropriate scale, relying on both type of outcome data and mathematical properties, and then transform the results to an alternative scale to aid interpretation.

Inconsistency was detected in 2% to 9% of the tested loops, depending on the effect measure and heterogeneity estimation method, and about one eighth of the networks were found to be inconsistent. We regard the two methods used in the paper as complementary methods rather than competing ones. The identification of inconsistency in a network of evidence as a whole using the design-by-treatment interaction approach provides an omnibus test and should lead to a careful examination of all parts of the network. It is advisable to employ methods that can indicate which piece of evidence is responsible for this disagreement (e.g. the 'loop-based method' used here, the 'node-splitting' method $35$  or the chi-squared test if possible<sup>34</sup>) alongside the evaluation of the network as a whole<sup>33</sup>. If inconsistency is found, exploration of its possible causes is a key component of network meta-analysis and can raise research and editorial standards by shedding light on the strengths and weaknesses of the body of evidence<sup>42</sup>.

When few studies are included in a loop, the choice of the heterogeneity estimator might impact on inferences about inconsistency. The presence of a comparison informed by a single study was associated with higher prevalence of inconsistency when  $\tau_{loop}^2$  was employed. This is in line with findings from a recent simulation study<sup>44</sup> and previous empirical evidence<sup>8</sup>. Such cases should prompt further investigation of the comparability of studies in the loop, although the finding might be indicative of data extraction errors. The use of several techniques (e.g. predictive cross-validation) is probably required to decide whether the study is a statistical outlier<sup>45</sup>. Results from statistical tests should however be interpreted with caution: the absence of statistical inconsistency does not provide reassurance that the network meta-analysis results are valid. The assumption of consistency should always be evaluated conceptually by identifying possible effect modifiers that differ across studies<sup>42,46</sup>.

In the present study we evaluated articles included in PubMed and we restricted the analysis to dichotomous outcomes. Other network meta-analyses, such as those undertaken in

technology appraisals for the National Institute for Health and Clinical Excellence (NICE) in the UK, are not included. We expect our findings regarding choice of effect measure and statistical techniques to be generalizable, although it is unclear whether our findings regarding prevalence of inconsistency are relevant to these settings. An empirical study for continuous outcomes will be needed to infer about possible differences in inconsistency between mean differences, standardized mean differences and ratios of means.

The findings of our study can be used to inform the development of strategies to detect and address statistical inconsistency. Results from methods we examined appear to be sensitive to the estimation method and to assumptions made about heterogeneity. Consequently, caution is needed when over-conservative or over-liberal estimation approaches are employed for the heterogeneity parameter, and often a sensitivity analysis might be necessary. Further empirical evidence is needed to evaluate the performance of other methods to detect inconsistency not included in this article. More importantly, understanding of the power of both approaches under different assumptions regarding the heterogeneity parameter would benefit from an extensive simulation study.

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## **Appendix**



#### **Appendix Figure 1.**

The left-hand side panels represent a plot of inconsistency estimate  $(\widehat{f}\widehat{F})$  versus the heterogeneity variance  $({}_{\hat{\tau}}^2)$  and the right-hand side panels correspond to a plot of the P value of  $\underline{I}$  versus  $\hat{\tau}^2$ . Inconsistency is estimated under the common within-loop heterogeneity variance and under the DerSimonian and Laird (DL), restricted maximum likelihood (REML) and Sidik-Jonkman (SJ) methods.

#### **Appendix Table 1**

Characteristics of included networks regarding the assessment of inconsistency in the original reviews







\* Some systematic reviews compared estimates from meta-analysis to the estimates obtained from network meta-analysis. We consider this to be an inappropriate method to evaluate consistency.

\*\* Inconsistency has been previously assessed  $21$ 

\*\*\* Inconsistency has been previously assessed<sup>20</sup>

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# Appendix Table 2 **Appendix Table 2**

treatments included in each network. (NMA = network meta-analysis; GLM = generalized linear model, HR = hazard ratio, RR = risk ratio, OR = odds treatments included in each network. (NMA = network meta-analysis; GLM = generalized linear model, HR = hazard ratio, RR = risk ratio, OR = odds Characteristics of networks with at least one closed loop included in the database. We define N the total number of studies and T the total number of T the total number of N the total number of studies and Characteristics of networks with at least one closed loop included in the database. We define ratio, RD = risk difference). ratio, RD = risk difference).



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Measure reviewers used by Effect	$\widetilde{\sigma}$	RR	$\approx$	OR <sub></sub>	RR	$\alpha$	OR	$\approx$	RR	RR	RR	$\approx$	RR	RR	$\alpha$	$\alpha$	$\approx$	g	RR
Indirect Method	Bayesian NMA	Not reported	Bayesian NMA	Bayesian NMA	Not reported	Logistic regression	Bucher	NMA & meta-regression	Not reported	Not reported	<b>GLM</b>	Logistic regression	Mixed log-binomial model	Mixed log-binomial model	Bucher	Bayesian NMA	Logistic regression & Bayesian NMA	GLM	<b>GLM</b>
4arm trials	$\circ$	$\overline{ }$	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$	3	$\circ$	$\circ$	$\circ$	$\overline{ }$	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$	$\circ$
3arm trials	$\sim$	$\mathbf{c}$	$\sim$	$\mathcal{L}$	3	$\circ$	3	$\overline{\phantom{0}}$	12	$\circ$	4	$\overline{\phantom{0}}$	$\overline{ }$	$\circ$	1	$\sim$	4	3	$\circ$
$2a$ rm trials	٥	$\overline{19}$	22	38	$\overline{10}$	$\overline{c}$	86	$\overline{a}$	$^{28}$	$\overline{a}$	$\overline{z}$	27	51	$\circ$	$\overline{4}$	$\overline{c}$	$\overline{a}$	$\overline{c}$	$\ensuremath{\mathcal{C}}$
Type of Treatments	Combined resynchronisation and implantable defibrillator therapy	Treatments for urinary incontinence in women	Smoking cessation interventions	Gastroesophageal reflux disease therapies	Topical antibiotics without steroids	Second line treatment	Pharmacotherapies	Cytokine antagonists	Drugs, physical measurements, and combinations	Antifungal agents	Antihypertensive therapy	Inhaled drug regimes	Anticoagulants	Pharmacological interventions	Biological antirheumatic agents	Antihypertensive treatments	the prevention of relapse in people Pharmacological interventions for with bipolar disorder	Antiplatelets	Percutaneous coronary interventions
Outcome	Mortality	Number not cured within first year	Cessation	Effectiveness	Resolution of discharge	Dissatisfaction at 12 months	Abstinence from smoking at at least 4 weeks post-target quit date	rheumatology (ACR) response criteria at 6 months or beyond American college of	No pain	Mortality	Fatal and nonfatal events	Exacerbation	Stroke prevention	30% improvement in pain response	ACR50 response rate	Prevention of heart failure	All relapses	Prevention of serious vascular events	Death
Disease/ Condition	Left ventricular dysfunction	in women Urinary incontinence	Smoking	Gastroesophageal reflux disease	Chronically discharging ears with underlying eardrum perforations	bleeding Heavy menstrual	Smoking	Rheumatoid arthritis	Pain on injection with propofol	solid organ pients Fungal infections in transplant reci	Coronary heart disease (CHD)	Stable chronic obstructive pulmonary disease	Atrial fibrillation	Fibromyalgia	inadequate response to conventional disease-modifying AR drugs or to anti-tumour necrosis factor agent) Rheumatoid arthritis (with	Heart fealure	Bipolar disorder	attack or Transient ischaemic stroke	Non-acute coronary artery
H	5	$\circ$	$\overline{\phantom{a}}$	6	4	4	4	$\sigma$	$\infty$	S	$\overline{ }$	5	$\equiv$	$\overline{a}$	5	${}^{\circ}$	${}^{\circ}$	5	4
z	$\overline{\mathbf{5}}$	$\mathfrak{L}$	$\boldsymbol{z}$	$40$	13	$\overline{c}$	$89$	$\equiv$	$43$	$\overline{10}$	28	$\mathcal{L}$	$\overline{17}$	$\overline{c}$	15	26	$\overline{1}$	$\overline{c}$	$63\,$
loops	$\epsilon$	$\mathbf{\hat{c}}$	4	4	$\mathcal{L}$	$\overline{ }$	$\sim$	$\mathcal{L}$	33	$\overline{\phantom{0}}$	$\overline{10}$	$\overline{ }$	$\circ$	$\omega$	$\overline{\phantom{0}}$	13	4	$\sim$	$\overline{\phantom{0}}$
<b>Network</b>	$\mathrm{Lam}^{17}$	$\rm{Lapitan^{18}}$	${\rm Lu} \, (1)^{19}$	${\rm Lu}~(2)^{19}$	Macfayden <sup>22</sup>	$\text{Middleton}^{23}$	$\rm{Mills^{24}}$	$Nixon^{25}$	$\rm Picard^{26}$	$\mathrm{Playford}^{27}$	$\ensuremath{\mathsf{P}}\xspace\ensuremath{\mathsf{s}}\xspace\ensuremath{\mathsf{a}}\xspace\ensuremath{\mathsf{t}}\xspace\ensuremath{\mathsf{y}}\xspace\ensuremath{\mathsf{2}}\xspace\ensuremath{\mathsf{8}}\xspace$	$\mathrm{Puhan}^{29}$	$\mbox{Roskell}\,(1)^{31}$	Roskell $(2)^{30}$	$\ensuremath{\mathrm{Salitor}}^{32}$	Sciarreta <sup>33</sup>	Soares-Weiser <sup>34</sup>	$\rm{This}^{35}$	Trikalinos <sup>36</sup>
Ξ.	$\overline{17}$	$\overline{18}$	$\overline{0}$	$20\,$	$\overline{c}$	22	23	$\overline{c}$	25	$26$	27	$28$	$^{29}$	$30\,$	$\overline{\mathbf{3}}$	$\mathfrak{L}% _{T}=\mathfrak{L}_{T}\!\left( a,b\right) ,\mathfrak{L}_{T}=\mathfrak{L}_{T}\!\left( a,b\right) ,$	$33\,$	34	$35\,$

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## Appendix Table 3 **Appendix Table 3**

Inconsistency estimates (*IF*) along with their standard error (*SE(IF*)) and z-scores under the loop specific approach for the four effect sizes. Within each Inconsistency estimates (IF) along with their standard error (SE(IF)) and z-scores under the loop specific approach for the four effect sizes. Within each loop, inconsistency is estimated assuming the network heterogeneity  $(\hat{\tau}_{ntw}^2)$ . The amount of heterogeneity is estimated with the restricted maximum loop, inconsistency is estimated assuming the network heterogeneity ( $\hat{\tau}_{n,m}^2$ ). The amount of heterogeneity is estimated with the restricted maximum likelihood (REML) estimator under the design-by-treatment interaction model.  $RD$  is the risk difference measure,  $RRH$  is the risk ratio for harmful likelihood (REML) estimator under the design-by-treatment interaction model. RD is the risk difference measure, RRH is the risk ratio for harmful outcomes,  $RRB$  is the risk ratio for beneficial outcomes and  $QR$  is the odds ratio.</u> outcomes,  $RRB$  is the risk ratio for beneficial outcomes and  $OR$  is the odds ratio.</u></u>





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## Appendix Table 4 **Appendix Table 4**

Inconsistency estimates (*IF*) along with their standard error (*SE(IF*)) and z-scores under the loop specific approach for the four effect sizes. Within each Inconsistency estimates (IF) along with their standard error (SE(IF)) and z-scores under the loop specific approach for the four effect sizes. Within each DerSimonian and Laird (DL) estimator under the random-effects model. <u>RD</u> is the risk difference measure, RRH is the risk ratio for harmful outcomes, DerSimonian and Laird (DL) estimator under the random-effects model. RD is the risk difference measure, RRH is the risk ratio for harmful outcomes, loop, inconsistency is estimated assuming a common heterogeneity for each comparison ( $\hat{\tau}_{loop}^2$ ). The amount of heterogeneity is estimated with the loop, inconsistency is estimated assuming a common heterogeneity for each comparison  $(\hat{\tau}_{loop})$ . The amount of heterogeneity is estimated with the RRB is the risk ratio for beneficial outcomes and  $QR$  is the odds ratio. RRB is the risk ratio for beneficial outcomes and  $QR$  is the odds ratio.





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#### **Appendix Table 5**

Number of consistent loops that become inconsistent when applying the common withinloop heterogeneity  $(\hat{\tau}_{loop}^2)$ ) estimated under the DerSimonian and Laird method and network heterogeneity  $(\hat{\tau}_{ntw}^2)$  estimated under the restricted maximum likelihood method.  $\overline{RD}$  is the risk difference measure,  $\overline{RRH}$  is the risk ratio for harmful outcomes,  $\overline{RRB}$  is the risk ratio for beneficial outcomes and  $\overline{OR}$  is the odds ratio.



# Appendix Table 6 **Appendix Table 6**

Results according to Wald test of consistency under the restricted maximum likelihood (REML) and maximum likelihood (ML) estimators when applying Results according to Wald test of consistency under the restricted maximum likelihood (REML) and maximum likelihood (ML) estimators when applying all four effect measures. *RD* is the risk difference measure, *RRH* is the risk ratio for harmful outcomes, *RRB* is the risk ratio for beneficial outcomes and all four effect measures.  $\underline{AD}$  is the risk difference measure,  $\underline{RHI}$  is the risk ratio for harmful outcomes,  $\underline{RBI}$  is the risk ratio for beneficial outcomes and  $\underline{\textit{OR}}$  is the odds ratio. OR is the odds ratio.



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#### **Appendix Table 7**

Number of consistent networks that become inconsistent when changing from one effect size to another and vice versa, under the design-by-treatment interaction model and the restricted maximum likelihood (REML) and maximum likelihood (ML) estimators of the heterogeneity variance.  $RD$  is the risk difference measure,  $RRH$  is the risk ratio for harmful outcomes,  $RRB$  is the risk ratio for beneficial outcomes and  $OR$  is the odds ratio.



#### **Appendix Table 8**

Number of consistent networks that become Inconsistent and vice versa, when heterogeneity is estimated under the maximum likelihood (ML) or the restricted maximum likelihood (REML) method. Inconsistency is investigated under the design-by-treatment interaction model for all four effect sizes.  $RD$  is the risk difference measure,  $RRH$  is the risk ratio for harmful outcomes,  $RRB$  is the risk ratio for beneficial outcomes and  $OR$  is the odds ratio.





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#### **Key messages**

- **•** A challenge in network meta-analysis is that there may be inconsistency between direct and indirect evidence for a particular treatment comparison.
- **•** Based on empirical examination of a large sample of published network metaanalyses, inconsistency occurs in 2%-9% of triangular and quadrilateral loops of evidence about three and four treatments and in one in eight networks of multiple treatments.
- The choice of the heterogeneity estimation method will impact to a small extent on the detection and estimation of inconsistency.
- **•** Lower statistical heterogeneity is associated with more chances to detect inconsistency but the estimated magnitude of inconsistency is lower.
- **•** Evidence loops that include comparisons informed by a single study are more likely to show inconsistency.





Flow chart of the process of selecting articles describing network analyses.

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## **Figure 2.**

Plot of the two sided  $\underline{P}$  values of  $\underline{IF}$  (fourth-root scale) for  $\underline{OR}$  vs.  $\underline{RD}$ ,  $\underline{OR}$  vs.  $\underline{RRH}$  and  $\underline{OR}$ 

vs. *RRB* effect measures under the DerSimonian and Laird method for  $\tau_{loop}^2$  and the restricted maximum likelihood for  $\tau_{ntw}^2$ . The solid diagonal line indicates equality, the dashed diagonal line is the regression line and the two dotted horizontal and vertical lines represent the  $P=0.05$  threshold lines. RD is the risk difference measure, RRH is the risk ratio for harmful outcomes,  $RRB$  is the risk ratio for beneficial outcomes and  $OR$  is the odds ratio.

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## **Figure 3.**

Comparison of the estimated heterogeneity variance under the DerSimonian and Laird (DL), restricted maximum likelihood (REML) and Sidik-Jonkman (SJ) methods on the log scale when applying the loop-specific approach (common within-loop heterogeneity variance,

 $\tau_{loop}^2$ ) in the 303 loops.

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## **Figure 4.**

Histogram of the absolute values of the inconsistency factors  $(\underline{I}E)$  for the  $\underline{O}R$  effect measure estimated under the common within-loop heterogeneity variance,  $\tau_{loop}^2$  estimated with the DerSimonian and Laird method.

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#### **Figure 5.**

Plot of heterogeneity estimates from the consistency model against heterogeneity estimates from the inconsistency model under the design-by-treatment interaction approach, along with the equality line. Heterogeneity is estimated under maximum likelihood (1st panel) and restricted maximum likelihood (2nd panel) methods when the effect measure is the odds ratio  $(QR)$ .

#### **Table 1**

Number of consistent loops (C) that become inconsistent (I) when changing from one effect size to another and vice versa, assuming both common within-loop heterogeneity  $(\hat{\tau}_{loop}^2)$  estimated under the DerSimonian and Laird method and network heterogeneity  $(\hat{\tau}_{ntw}^2)$  estimated under the restricted maximum likelihood method.  $RD$  is the risk difference,  $RRH$  the risk ratio for harmful outcomes,  $RRB$  the risk ratio for beneficial outcomes and  $OR$  the odds ratio.



#### **Table 2**

Frequency of Inconsistent loops under the DerSimonian and Laird (DL), restricted maximum likelihood (REML) and Sidik-Jonkman (SJ) estimators for the heterogeneity variance. Inconsistency is estimated under the log odds ratio scale using the loop-specific approach for both common within-loop heterogeneity  $(\hat{\tau}^2_{loop})$ and network heterogeneity  $(\hat{\tau}_{ntw}^2)$ . The number of inconsistent loops is provided when  $\hat{\tau}_{loop}^2$  or  $\hat{\tau}_{ntw}^2$  is equal to zero, as well as when the closed loop involves one study in at least one comparison.



#### **Table 3**

Number of consistent networks that become inconsistent under the loop-specific and design-by-treatment interaction approach when the effect measure is the odds ratio. The common within-network heterogeneity  $(\hat{\tau}_{ntw}^2)$  is estimated with the restricted maximum likelihood method. Under the loop-specific approach the networks that involve at least 5% inconsistent loops out of their total loops are considered as inconsistent. We define as 'C' the consistent networks and as 'I' the inconsistent networks.

