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Ultrasonic Measurement of Scleral Cross-Sectional Strains During Elevations of Intraocular Pressure: Method Validation and Initial Results in Posterior Porcine Sclera

Background. Scleral biomechanical properties may be important in the pathogenesis and progression of glaucoma. The goal of this study is to develop and validate an ultrasound method for measuring cross-sectional distributive strains in the sclera during elevations of intraocular pressure (IOP). Method of Approach. Porcine globes (n=5) were tested within 24 hs postmortem. The posterior scleral shells were dissected and mounted onto a custom-built pressurization chamber. A high-frequency (55-MHz) ultrasound system (Vevo660, VisualSonics Inc., Toronto) was employed to acquire the radio frequency data during scans of the posterior pole along both circumferential and meridian directions. The IOP was gradually increased from 5 to 45 mmHg. The displacement fields were obtained from correlation-based ultrasound speckle tracking. A least-square strain estimator was used to calculate the strains in both axial and lateral directions. Experimental validation was performed by comparing tissue displacements calculated from ultrasound speckle tracking with those induced by an actuator. Theoretical analysis and simulation experiments were performed to optimize the ultrasound speckle tracking method and evaluate the accuracy and signal-to-noise ratio (SNR) in strain estimation. Results. Porcine sclera exhibited significantly larger axial strains (e.g., $-5.1 \pm 1.5\%$ at 45 mmHg, meridian direction) than lateral strains (e.g., $2.2 \pm 0.7\%$ at 45 mmHg, meridian direction) during IOP elevations (P's < 0.01). The strain magnitudes increased nonlinearly with pressure increase. The strain maps displayed heterogeneity through the thickness. The lateral strains were significantly smaller in the circumferential direction than the meridian direction at 45 mmHg (P < 0.05). Experimental validation showed that the ultrasound speckle tracking method was capable of tracking displacements at the accuracy of sub-micron to micron. Theoretical analysis predicted the dependence of the strain estimation SNR on the strain level, as well as signal processing parameters such as kernel size. Simulation results showed that ultrasound speckle tracking had a high accuracy for estimating strains of 1-5% and a high SNR for strains of 0.5-5%. Conclusions. A new experimental method based on ultrasound speckle tracking has been developed for obtaining cross-sectional strain maps of the posterior sclera. This method provides a useful tool to examine distributive strains through the thickness of the sclera during elevations of IOP. [DOI: 10.1115/1.4007365]

Keywords: scleral mechanics, ultrasound speckle tracking, strain imaging, porcine sclera

1 Introduction

Characterization of scleral biomechanical properties is important for understanding prevalent ocular diseases such as glaucoma. Glaucomatous optic neuropathy is considered the world's second leading cause of blindness [1]. The optic nerve head (ONH) is the principal site of damage in glaucomatous vision loss. The mechanical environment of the ONH is believed to be critical for retinal ganglion cell pathophysiology [2]. Recent computational models have shown that scleral mechanical properties may play an important role in affecting the mechanical environment of the ONH [3,4]. It has also been proposed that changes in sclera

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mechanical properties are implicated in myopia progression [5]. For example, scleral thinning and weakening have been reported in the early development of myopia in tree shrew eyes [6]. Increased scleral creep has also been reported in mammalian eyes developing myopia, particularly at the posterior pole of the eye [7,8]. The understanding of scleral mechanical properties and their alterations may provide insight into the potential association between glaucoma and myopia [9].

The sclera is the major load-bearing tissue in the eye and consists primarily of collagen fibers, more than 90% of which are Type I [10]. Sclera mechanical properties have been characterized on dissected tissue specimens using uniaxial [11–16] or biaxial mechanical tests [17]. These studies have demonstrated that the mechanical behavior of the sclera is typically nonlinear, visco-elastic and anisotropic. Compression tests on scleral strips offered additional information of scleral biomechanics and revealed a

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Fig. 1 Schematics for sclera shell mounting and ultrasonic measurements

much lower compressive modulus than tensile modulus [18,19]. Inflation tests have been used to investigate the mechanical behavior of the intact sclera under intraocular pressure loadings [20-24]. Surface optical tracking in combination with inverse finite element modeling has been used to measure scleral surface strains and reconstruct the mechanical properties [25,26]. Digital image correlation was recently used to measure the response of sclera surface under inflation [22,23]. The inflation tests and surface strain measurements have provided a delineation of sclera surface response under intraocular pressure (IOP) elevation. However, to our best knowledge, the distributive and average strains throughout the thickness of the sclera during intraocular pressure elevation have not been reported. These data may provide further insights into the mechanical responses of the sclera in vivo, particularly those of the posterior sclera that are likely involved in the disease processes of glaucoma and myopia.

Ultrasonic strain mapping (i.e., ultrasound elastography) has been developed to measure the distributive displacements and strains of soft tissue in response to internal or external loading [27,28]. This method has been primarily used to image pathologies in soft tissues including breast [29], heart [30], blood vessels [31], liver [32], kidney [33] and prostate [29,33,34], based on the fact that diseased tissue usually has altered stiffness. Ultrasound strain mapping is achieved using speckle tracking techniques applied to ultrasound signals acquired at both undeformed and deformed states. Ultrasound speckle tracking estimates tissue displacements using either cross correlation algorithms [27,28], sum of absolute differences [35], or optic flow methods [36]. The strain is calculated as the spatial gradient of the displacement field [37]. Tissue deformation is typically induced by quasi-static compression [27,28] or dynamic vibration [38,39].

The signal-to-noise ratio (SNR) of ultrasound elastography has been extensively studied in the past [40–44]. It has been shown that the strain image SNR is dependent on the strain levels, system characteristics (e.g., transducer center frequency and bandwidth), as well as signal processing parameters (e.g., kernel size) [41,44].

Previous work has demonstrated the feasibility of using high frequency ultrasound [45] and optical coherence tomography [46] for corneal strain mapping. In this study, we report a speckle tracking method based on high frequency ultrasound radio frequency data analysis to achieve cross-sectional strain mapping in the sclera during elevations of IOP. Porcine sclera was used and the accuracy and signal-to-noise ratio (SNR) of the strain estimation were evaluated both theoretically and experimentally.

2 Methods

2.1 Experimental Setup and Testing Protocol. Five porcine globes were obtained from a slaughterhouse within 24 hs postmortem. The samples were stored in phosphate buffered saline (PBS)

091007-2 / Vol. 134, SEPTEMBER 2012

solution at 4 °C prior to experiments. The posterior scleral shells were dissected at about 2 mm posterior to the limbus and the vitreous, retina, and choroid were carefully removed. The sclera shells were mounted onto a custom-built pressurization chamber and the IOP was controlled by a saline column and confirmed by using a pressure sensor (Fig. 1). The sclera was clamped on a custombuilt chamber with two O-rings that sandwiched the sclera in between. Plastic screws were used to tighten the O-rings. The chamber was clamped to a metal ring mount to prevent undesired rotation or other motion, and the chamber with the ring mount was placed in a saline bath. The posterior pole, i.e., the intersection of the optical axis and the sclera, was ensured to situate at the apex of the sclera mount. The ultrasound scans were taken from the posterior pole region in the temporal quadrant adjacent to the optic nerve head.

A high-frequency ultrasound system (Vevo660, VisualSonics Inc., Toronto) with a 55-MHz transducer was employed to perform cross-sectional scanning at the posterior pole and the raw radio frequency (RF) ultrasound signals were sampled by a digitizer (500 MHz, DP105; Acqiris, Monroe, NY). Before measurements, each scleral shell was subject to preconditioning consisting of five cycles of pressurization from 5 to 45 mmHg in 60 seconds, and the pressure was resumed to 5 mmHg for 360 seconds. IOP was then gradually increased from 5 to 45 mmHg at steps of 5 mmHg, with 360 seconds for equilibration prior to the acquisition of the RF signals at each step (Fig. 2(a)). Ultrasound scans at two different directions were performed: one tangential to the ONH (the circumferential direction) and the other perpendicular to the first (the meridian direction), as shown in Fig. 2(b).

2.2 Ultrasound Speckle Tracking Algorithm. The ultrasound RF signals were first filtered using a band-pass filter with a bandwidth of 100 MHz centered at 55 MHz to remove noise. A correlation-based speckle tracking algorithm [47], which has been widely used in the ultrasound elastography field, was applied to the RF signals obtained at two consecutive pressure levels. Briefly, a kernel in the original signal A centered at (i_0, j_0) was compared with a series of kernels in the deformed signal B near the neighborhood of the original kernel. The correlation coefficient between the original kernel in signal A and the kernel in signal B centered at $(i_0 + l, j_0 + m)$ is calculated as follows:

$$\rho_{l,m}(i_0,j_0)$$

$$=\frac{\sum_{i=i_{0}-(M/2)}^{i_{0}+(M/2)}\sum_{j=j_{0}-(N/2)}^{j_{0}+(N/2)}(a_{i,j}-\bar{a})(b_{i+l,j+m}^{*}-\bar{b}^{*})}{\sqrt{\sum_{i=i_{0}-(M/2)}^{i_{0}+(M/2)}\sum_{j=j_{0}-(N/2)}^{j_{0}+(N/2)}|a_{i,j}-\bar{a}|^{2}\sum_{i=i_{0}-(M/2)}^{i_{0}+(M/2)}\sum_{j=j_{0}-(N/2)}^{j_{0}+(N/2)}|b_{i+l,j+m}-\bar{b}|^{2}}}$$
(1)

Transactions of the ASME



Fig. 2 (*a*) The experimental protocol of preconditioning and IOP loading; (*b*) the scanning orientations for ultrasound data acquisition. The circumferential cross-section was about 2 mm from the ONH.

where *a* and *b* are the values in signal A and B, and the \bar{a} and *b* are the average values of the corresponding kernels. The size of the kernel was $(M+1) \times (N+1)$ data points, corresponding to a region of $(M+1) \times (N+1)$ pixels in the ultrasound image.

The correlation coefficients were calculated for a search region around (i_0, j_0) in signal B by varying l and m, and interpolated using a spline function to achieve sub-pixel tracking. The location with the largest correlation coefficient magnitude was used to determine the displacement vector. The displacement fields were accumulated from 5 mmHg to 45 mmHg. A least-square strain estimator was used to calculate the strains in both the axial (along the ultrasound beam) and lateral (perpendicular to ultrasound beam) directions [37]. Although these two directions were selected in the present study, strains along any arbitrary direction could be obtained from the displacement field. Average strains along the axial and lateral directions were obtained within a region of interest at the posterior pole (about 2 mm wide and 1 mm thick). The strains at the two scanning orientations (i.e., circumferential and meridian) were compared. The strain fields were smoothed for plotting the strain images following the typical procedures used in the ultrasound elastography field [28,47].

2.3 Experimental Validation of Displacement Measurement. The accuracy of the ultrasound speckle tracking method in calculating tissue displacements was evaluated experimentally by comparing the calculated displacements with known displacements induced by a motorized actuator (TRA25CC, Newport Corporation, Irvine, CA) [46]. The actuator has a resolution of $0.2 \,\mu\text{m}$ and an accuracy of $\pm 5 \,\mu m$ for the travel distance of 20 mm. A porcine sclera shell was mounted onto the pressurization chamber as in Fig. 1 and the chamber was clamped to a metal ring mount and immersed in a saline bath placed on a positioning stage. The transducer was displaced first laterally and then axially by $100 \,\mu\text{m}$ at steps of $10 \,\mu m$ using the actuator to introduce controlled rigid-body displacement between the transducer and the sclera. The alignment of the transducer movement with respect to the ultrasound beam was ensured by careful visual inspection. In an additional experiment, two ultrasound scans were acquired consecutively on the same sample without any displacement.

Journal of Biomechanical Engineering

Ultrasound RF data was acquired at each step and the ultrasound speckle tracking algorithm was used to calculate the displacement field. The average displacement within the region of interest was compared with the mechanical displacement induced by the actuator. The standard deviation of the displacement within the region of interest was calculated to evaluate the uncertainty in displacement measurement.

2.4 Theoretical Analysis of the Signal-to-Noise Ratio in Ultrasound Strain Mapping. Previous studies have shown that the primary sources of noise in strain estimation based on ultrasound speckle tracking are: the electronic and quantization noise, which is present in ultrasonic scanning and data acquisition; and the decorrelation noise, which results from the distortion of the speckles during tissue deformation [41]. The performance of ultrasound speckle tracking in strain estimation is typically evaluated by the signal-to-noise ratio of the strain image (SNR_e) [40,41,44,48], which is defined as the ratio between the true strain and the overall noise/variance.

Conceptually, the actual strain level would affect the SNR_e because very small true strains are likely less distinguishable from electronic noise while very large strains tend to distort the ultrasound speckles and deteriorate the correlation for speckle tracking. Therefore, for a given ultrasound system with a given data processing scheme, there typically exists an optimal intermediate range of strains that can be accurately measured by speckle tracking.

The concept of "strain filter" has been used to determine the theoretical bound of SNR_e at different levels of strain, which corresponds to the tightest bound of noise in strain estimation [42]. This bound consists of several segments as described in Eq. (2), integrating the Cramér-Rao lower bound (σ_{CRLB}^2) and the Barankin bound (σ_{BB}^2) into the Ziv-Zakai lower bound (σ_{ZZIB}^2) . From Eq. (2), it can be seen that σ_{ZZIB}^2 is determined by σ_{CRLB}^2 when the post-integration signal to noise ratio (i.e., $B \cdot T \cdot SNR_c$) is large, and by σ_{BB}^2 when the post-integration signal to noise ratio is moderate [42]:

$$\sigma_{ZZLB}^{2} = \begin{cases} \frac{(sT)^{2}}{6T\Delta T}, & BTSNR_{c} < \gamma \\ Threshold_{1}, & \gamma < BTSNR_{c} < \delta \\ \frac{2\sigma_{BB}^{2}}{T\Delta T}, & \delta < BTSNR_{c} < \mu \\ Threshold_{2}, & \mu < BTSNR_{c} < \eta \\ \frac{2\sigma_{CRLB}^{2}}{T\Delta T}, & \eta < BTSNR_{c} \end{cases}$$
(2)

where SNR_c is the combination of the sonographic signal-to-noise ratio (SNR_s) associated with electronic noise and the correlation signal-to-noise ratio (SNR_ρ) associated with deformation-related decorrelation noise as defined in Eq. (3), *B* is the absolute bandwidth of the ultrasound system, *T* is the temporal length of the kernel, *s* is the mean value of the estimated strain, ΔT is the temporal separation between adjacent kernels, and *Threshold*₁ and *Threshold*₂ are exponential transitions between the segments [48].

$$SNR_c = \frac{SNR_{\rho}SNR_s}{1 + SNR_{\rho} + SNR_s} \tag{3}$$

 σ_{CRLB}^2 and σ_{BB}^2 can be calculated using Eqs. (4) and (5).

$$\sigma_{CRLB}^2 = \frac{3}{2\pi^2 T (B^3 + 12Bf_0^2)} \left(\frac{1}{\rho^2} \left(1 + \frac{1}{SNR_s^2} \right)^2 - 1 \right)$$
(4)

$$\sigma_{BB}^2 = \frac{12f_0^2}{B^2} \sigma_{CRLB}^2$$
(5)

where f_0 is the center frequency of the ultrasound transducer and ρ is the correlation coefficient determined by tissue stretch ratio, ultrasound frequency, pulse width and correlation kernel size [43]. The parameters γ , δ , μ and η are defined as follows [48]:

$$\gamma \approx 0.46$$
 (6)

$$\delta = \zeta/2 \tag{7}$$

$$\mu = \frac{2.76}{\pi^2} \left(\frac{f_0}{B}\right)^2 \tag{8}$$

$$\eta = \frac{6}{\pi^2} \left(\frac{f_0}{B}\right)^2 \left[\varphi^{-1} \left(\frac{B^2}{24f_0^2}\right)\right]^2$$
(9)

where $\varphi^{-1}(y)$ is the inverse of $\varphi(y) = (1/\sqrt{2\pi}) \int_{y}^{\infty} e^{-\mu^{2}/2} d\mu$, and ζ is the larger value of solutions for $(\zeta/2)\varphi(\sqrt{\zeta/2}) = (12\pi/BsT)^{2}$.

In the present study, the center frequency f_0 of the transducer was 55 MHz. The relative bandwidth of the transducer was 100% and thus, *B* is 55 MHz. Several different temporal kernel lengths (i.e., *T*) which corresponded to 50, 100, 150, or 200 μ m kernels, were investigated in order to identify the optimal *T*. A 50% kernel overlap ($\Delta T = T/2$) was adopted to achieve the best trade-off between *SNR*_e and spatial resolution of the strain map [40].

2.5 Analysis of Strain Estimation Accuracy Using Simulated RF Data. The accuracy of the ultrasound speckle tracking algorithm in estimating scleral strains was evaluated using simulated ultrasound RF data where arbitrary patterns of strain were introduced in the "deformed" signal. The original RF data of a scleral cross-section were generated using the Field II Ultrasound Simulation Program [49,50] with a customized MATLAB sub-routine. The simulation program convolves the point spread function (PSF) of the ultrasound transducer used in this study with a 3D cloud of randomly distributed scatterers that simulate the sclera. Forty scatterers per resolution cell was used in order to simulate Rayleigh scattering [51] and form fully developed speckles [44] as seen in the ultrasound images of the sclera. Random noise that corresponds to a SNR_s of 38-dB was added to the RF data to simulate electronic noise in the ultrasound system (this level of SNR_s was typically observed in our experiments). The scatterers were then displaced to simulate uniform axial and lateral compression or extension at strain levels ranging from 0.1% to 15%. The "deformed" scatterer cloud was then convolved with the transducer point spread function to generate the "deformed" ultrasound RF signals using the simulation program. The "undeformed" and the "deformed" RF data were processed by the speckle tracking algorithm to calculate the displacement fields and corresponding strain images. The calculated average strains were compared with the predefined "true" strains induced in the scatterers.

In another simulation, the scatterers were divided into two equal-sized layers with the top layer subject to 1% uniform axial compression and lateral extension, while the bottom layer subject to 2% axial compression and lateral extension. The strain images were computed to examine how well the speckle tracking algorithm could differentiate the different strains in these two layers.

In a third simulation, the scatterers were divided into three regions (layers or zones, as defined below). In the first scenario, the scatterers were divided into three layers with the top and bottom layers subject to 1% uniform axial and lateral compression or extension, while the middle layer subject to 2% axial and lateral compression or extension. The total thickness of the three layers was 1 mm and the top and bottom layers had the same thickness. The middle layer was assigned with an increasingly smaller thickness (500 μ m, 250 μ m, 100 μ m, and 50 μ m) to evaluate the capability of the ultrasound speckle tracking algorithm in detecting small heterogeneities along the axial direction. In the second

scenario, the scatterers were divided into three zones with the left and right zones subject to 1% uniform axial and lateral compression or extension, while the middle zone subject to 2% axial and lateral compression or lateral extension. The total width of the three zones was 4 mm and the left and right zones had the same width. The middle zone was assigned with an increasingly smaller width (2 mm, 1 mm, 400 μ m, and 200 μ m) to evaluate the capability of the ultrasound speckle tracking algorithm in detecting small heterogeneities along the lateral direction. The average calculated strains within the inhomogeneous regions were obtained as an indication of the accuracy and sensitivity of the ultrasound speckle tracking algorithm for detecting small inhomogeneous areas in a simulated sclera.

3 Results

3.1 Through-Thickness Strain Distribution in Porcine Posterior Sclera. A cross-sectional ultrasound image of the posterior pole of a porcine sclera is presented in Fig. 3(a), showing the typical ultrasonic appearance of the sclera with bright and evenly distributed speckles. The boundaries of the sclera (the interior and exterior surfaces) were readily discernible.

The displacement fields relative to the average displacement of the entire the sclera at pressure elevations from 5 to 15, 30, and 45 mmHg are shown in Figs. 3(b), 3(c), and 3(d), respectively. The displacement fields showed a clear trend of compression along the axial direction and extension along the lateral direction. The corresponding strain images are presented in Fig. 4. In the present study, the spatial resolution of the strain images (defined as the distance between two adjacent kernels used in the ultrasound speckle tracking algorithm) was 75 μ m (axial) by 100 μ m (lateral).

The average axial and lateral strains within the region of interest were calculated at all pressure levels for the measured porcine sclera (Table 1). Figure 5 shows the average strains along the circumferential and the meridian directions. The average axial strains were greater in magnitude than the average lateral strains in both directions at all pressure levels (P's < 0.01). In general, the circumferential axial strains were greater than the meridian axial strains, while the circumferential lateral strains were smaller than the meridian lateral strains. At 45 mmHg, the circumferential lateral strains were significantly smaller than the meridian lateral strains ($1.2 \pm 0.6\%$ versus $2.2 \pm 0.7\%$, P < 0.05). No significant difference was found at other pressure levels.

3.2 Experimental Validation of Displacement Measurement. The comparison between the actuator output and the calculated displacement is presented in Fig. 6. At an actuator output of $10 \,\mu$ m, the average displacements calculated from speckle tracking was $10.9 \pm 0.4 \,\mu$ m (axial) and $9.4 \pm 2.2 \,\mu$ m (lateral), respectively. At an actuator output of $100 \,\mu$ m, the calculated displacements were $102.8 \pm 0.4 \,\mu$ m (axial) and $105.5 \pm 1.7 \,\mu$ m (lateral), respectively. The standard deviation of the calculated displacement was consistent across different actuator output, i.e., below $1 \,\mu$ m for the axial direction and about $2 \,\mu$ m for the lateral direction.

In the experiment of acquiring two consecutive images on the same sclera without moving the sample or introducing deformation, the average displacement calculated from speckle tracking was $-0.42 \pm 0.25 \,\mu\text{m}$ (axial) and $0.65 \pm 0.92 \,\mu\text{m}$ (lateral). Further calculations of the strains showed an average axial strain of $(-0.008 \pm 0.020)\%$ and an average lateral strain of $(-0.001 \pm 0.080)\%$. These results suggested that the ultrasound speckle tracking algorithm was robust to random environmental noise.

3.3 Theoretical Analysis of the SNR in Strain Estimation. The SNR_e bounds as a function of strain (i.e., the strain filters) corresponding to different kernel sizes (50–200 μ m) are presented in Fig. 7.



Fig. 3 Displacement vector fields in a posterior porcine sclera obtained from ultrasound speckle tracking. (*a*) A cross-sectional ultrasound image of the sclera at 5 mmHg; (*b*) displacement field at 15 mmHg; (*c*) displacement field at 30 mmHg; (*d*) displacement field at 45 mmHg



Fig. 4 Strain images of porcine sclera: (*a*) axial strain at 15 mmHg (dashed rectangle indicates the region of interest at posterior pole); (*b*) lateral strain at 15 mmHg; (*c*) axial strain at 30 mmHg; (*d*) lateral strain at 30 mmHg; (*e*) axial strain at 45 mmHg; (f) lateral strain at 45 mmHg

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Journal of Biomechanical Engineering
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Table 1 Average scleral strains at different pressure levels

Strain		15 mmHg	25 mmHg	35 mmHg	45 mmHg
Axial ^a	Meridian Circum	$-2.4 \pm 0.8\%$ $-3.1 \pm 1.6\%$	$-3.4 \pm 1.2\%$ -4.1 ± 1.8%	$-4.2 \pm 1.2\%$ $-5.0 \pm 1.9\%$	$-5.1 \pm 1.5\%$ $-5.9 \pm 2.2\%$
Lateral ^a	Meridian Circum	$\begin{array}{c} 1.4 \pm 0.6\% \\ 1.1 \pm 0.5\% \end{array}$	$\begin{array}{c} 1.8 \pm 0.7\% \\ 1.1 \pm 0.5\% \end{array}$	$\begin{array}{c} 2.1 \pm 0.6\% \\ 1.2 \pm 0.6\% \end{array}$	$\begin{array}{c} 2.2 \pm 0.7\%^{\rm b} \\ 1.2 \pm 0.6\%^{\rm b} \end{array}$

The axial strains were significantly greater than the lateral strains at all pressure levels, P < 0.01.

^bFor lateral strains, the circumferential was significantly smaller than the meridian at 45 mmHg, P < 0.05.

The peak SNR_e and the $-3 \, dB$ range of the strain filter (i.e., the range of strains corresponding to an SNR_e that is greater than 70% of the peak value) is presented in Table 2. With an increased kernel size, the peak SNR_e increases while the $-3 \, dB$ range shifts to the lower strain levels. This means that a larger kernel size gives higher SNR_e in measuring small strains, at the cost of a decreased spatial resolution of the strain images and compromised performance at large strains.

3.4 Analysis of Strain Estimation Accuracy Using Simulated Data. Figure 8 shows a simulated image of the sclera with typical ultrasonic scattering patterns. The comparison between the calculated strains and the simulated strains are presented in Table 3. For axial strains, the % error (|simulated strain – calculated strain|/simulated strain) was smaller than 3% for all strain levels between 0.1 to 5%. For lateral strains between 1 to 5%, the % error was smaller than 5%. For lateral strains larger than 5%, the % error was larger than 15% for both axial and lateral directions.

Integrating the results at different levels of strains, an SNR_e curve was approximated by dividing the mean strain (signal) by the standard deviation of the strain (noise). The SNR_e curves (Fig. 9) resembled the theoretical analysis (Fig. 7) showing the pattern of a low SNR_e at very small or very large strains and a plateau region with a high SNR_e for the intermediate range of strains. The SNR_e curves were comparable between the two types of loading (e.g., compression versus extension). For both loading types, the axial direction had a much higher SNR_e than the lateral direction.

Figure 10 shows the calculated displacement field and strain images from the simulation with 1% axial compression and lateral extension of the top layer and 2% axial compression and lateral extension of the bottom layer. The ultrasound speckle tracking algorithm could clearly differentiate the strains in these two layers.

Table 4 summarizes the simulation results of the average calculated strains of a small inhomogeneity that has larger strains (2%) than the surrounding background (1% strain) in a simulated sclera. The strain maps are shown in Fig. 11. For axial strains, the %



Fig. 5 Average scleral strains at different pressure levels

error of the strain estimation for the inhomogeneous area was lower than 20% for a layer thicker than 150 μ m or a zone larger than 400 μ m; and the % error of the strain estimation for the background was lower than 5%. For lateral strains, the % error of the strain estimation for the inhomogeneous area was lower than 25% for a layer thicker than 150 μ m or a zone larger than 1 mm; however, the % error of the strain estimation for the background was typically higher (i.e., 10–15%). Figure 11 shows visually clear contrast of the inhomogeneous area in the axial strain maps.

4 Discussion

In this study, we developed a new experimental method based on ultrasound speckle tracking to obtain cross-sectional strain maps of the posterior sclera during elevations of intraocular



Fig. 6 Comparison of the displacements calculated from speckle tracking and the actuator output: (*a*) calculated axial displacement versus motor output; (*b*) calculated lateral displacement versus motor output

Transactions of the ASME

^{091007-6 /} Vol. 134, SEPTEMBER 2012



Fig. 7 SNR_e versus strain for different kernel sizes

Table 2 The peak SNR_e and the $-3 \, dB$ range of the SNR_e for different kernel sizes

Kernel size	Peak SNR _e	Low cutoff strain	High cutoff strain
50 µm	8.73	0.49%	28%
100 μm	12.74	0.26%	15%
150 µm	15.71	0.17%	10%
200 µm	18.19	0.13%	7.5%



Fig. 8 A simulated ultrasound image of the sclera using the Field II Ultrasound Simulation Program

pressure. Theoretical analysis, simulation, and experimental validations were performed to examine the accuracy and the signal-to-noise ratio of this method for strain estimation.

The strain maps from the porcine sclera (Fig. 4) during IOP elevation from 5 to 45 mmHg showed negative axial strains and positive lateral strains. On average, the axial and lateral strains increased nonlinearly with the pressure increase (Fig. 5), which was consistent with the results in a previous study that reported nonlinear surface strains in porcine sclera [25].

Our results showed that the axial strains were on average more than twice as large as the lateral strains. For the area within the region of interest shown in Fig. 4, the axial and lateral directions were approximately corresponding to the radial and tangential directions. The results suggested that there was significant

Table 3 Simulated vs. calculated strains under uniform compression or extension

	Compression (Calculated)		Extension (Calculated)		
Simulated Strain	Axial	Lateral	Axial	Lateral	
0.1%	$0.10 \pm 0.05\%$	$0.07 \pm 0.09\%$	$0.10 \pm 0.05\%$	$0.06 \pm 0.08\%$	
0.5%	$0.49\pm0.07\%$	$0.37\pm0.16\%$	$0.48\pm0.09\%$	$0.35 \pm 0.12\%$	
1%	$0.99\pm0.09\%$	$1.0\pm0.40\%$	$0.97\pm0.10\%$	$0.94 \pm 0.32\%$	
2%	$2.0\pm0.14\%$	$2.1\pm0.7\%$	$2.0\pm0.14\%$	$2.1 \pm 0.69\%$	
5%	$4.9\pm0.44\%$	$5.0\pm1.1\%$	$4.9\pm0.40\%$	$5.0\pm1.0\%$	



Fig. 9 The approximated SNR_e curves of the strain maps based on simulated data

compression of the sclera during pressure elevation. Previous studies have reported a much smaller compressive modulus than tensile modulus in human and porcine sclera [18,19]. The large magnitude of the compressive strains suggested that compression, although not the primary form of mechanical loading in sclera, may warrant further study in understanding scleral mechanobiology. It is also of interest to note that the axial/compressive strains were typically heterogeneous through the thickness of the measured porcine sclera, where larger strains were found in the outer and inner layers and smaller strains were found in the middle layer of the sclera. Previous studies have reported different collagen bundle size and arrangement in the inner, middle, and outer layers of the sclera [10,52]. Scleral collagen bundles vary in size from the inner to outer layers with more narrower and thinner bundles in the outer layer [52]. In the innermost layer adjacent to the uvea, the collagen bundles are again smaller and blend into the underlying choroidal stroma [10]. These microstructural differences might be responsible for the observed heterogeneous strains. Conversely, the larger compression at the inner and outer layers might be associated with the poroelastic properties of the sclera (i.e., fluid being displaced out from the surfaces of the sclera during IOP elevation). Poroelasticity has been frequently observed in other soft tissues such as articular cartilage [53], ligament, and tendon [54]. The heterogeneity of the through-thickness compression was consistently found in most of the porcine sclera we have tested and also in human sclera (data not shown), suggesting a need to further elucidate the underlying mechanisms of this phenomenon and its implications to scleral biomechanics and pathophysiology.

We obtained cross-sectional strain maps along both the circumferential and the meridian directions to investigate if ultrasound speckle tracking could detect anisotropic properties as reported in previous studies [25]. Our results showed that the average lateral strains along the meridian direction were larger than those from the circumferential direction, which was consistent with previous

Journal of Biomechanical Engineering



(a) Displacement field

(b) Axial (top) and lateral (bottom) strain maps

Fig. 10 Displacement vector field and strain maps calculated from simulated RF signals for top 1% and bottom 2% strains

 Table 4
 Calculated strains for small heterogeneities (2% simulated strain) of various sizes surrounded by a background with 1% simulated strain

		Compression		Extension	
Type of heterogeneities	Size	axial	lateral	axial	lateral
Axial Layers	500 μm	-1.90%	-1.93%	1.95%	1.92%
	250 μm	-1.68%	-1.90%	1.71%	1.91%
	$150 \mu \mathrm{m}$ $50 \mu \mathrm{m}$	-1.64% -1.25%	-1.74% -1.39%	1.69%	1.80% 1.37%
Lateral Zones	2 mm	-1.94%	-1.98%	1.98%	2.03%
	1 mm	-1.82%	-1.55%	1.88%	1.56%
	$400 \mu m$	-1.62%	-1.07%	1.65%	1.08%
	200 µm	-1.37%	-0.75%	1.37%	0.79%



Fig. 11 Strain images of a simulated sclera with an inhomogeneous region. Row (*a*) and (*b*) are axial and lateral strains, respectively, for an inhomogeneous layer with decreasing thickness: (1) $500 \,\mu$ m, (2) $250 \,\mu$ m, (3) $150 \,\mu$ m, and (4) $50 \,\mu$ m; Row (*c*) and (*d*) are axial strains and lateral strains, respectively, for an inhomogeneous zone with decreasing width: (1) $2 \,\text{mm}$, (2) $1 \,\text{mm}$, (3) $400 \,\mu$ m, and (4) $200 \,\mu$ m.

reports and agreed with the typical microstructural observations that collagen fibers are preferentially aligned along the circumferential direction close to the ONH [55]. Previous modeling work has suggested a significant impact of the collagen fiber orientation

in the peripapiliary sclera region on IOP-induced deformation of ONH [26]. Circumferential arrangement of collagen fibers around the ONH could significantly reduce canal expansion which is protective of the structural stability of the ONH [26].

091007-8 / Vol. 134, SEPTEMBER 2012

Transactions of the ASME

In order to validate the accuracy of the ultrasound speckle tracking method in estimating scleral strains, we first examined how well the method could detect absolute displacement of a porcine sclera induced by an actuator. Our results showed that the displacements calculated from ultrasound speckle tracking agreed well with the actuator output (Fig. 6). For example, when the actuator displacement was 10 μ m, the average calculated displacement of the ultrasound speckles were $10.9 \pm 0.4 \,\mu\text{m}$ (axial) or $9.4 \pm 2.2 \,\mu m$ (lateral). Assuming the actuator output was the true displacement, this result showed that the high-resolution ultrasound method was capable of tracking displacements at the accuracy of sub-micron to micron scale with an uncertainty (i.e., standard deviation) of the same scale. Our results also showed a larger variance in the calculated lateral displacement than axial displacement. This was consistent with previous reports that axial speckle tracking typically had better performance than lateral speckle tracking due to the additional phase information and higher sampling rate in the RF data along the axial direction [56]. At larger displacements, there was a small discrepancy between the actuator output and the ultrasound measurements. This is likely due to the potential small misalignment between the transducer movement and the ultrasound beam, as well as the inaccuracy of the actuator itself.

The theoretical analysis of the strain filter, i.e., the SNR_e as a function of strain, showed the typical band-pass characteristics found in other ultrasound elastography systems [40,41,44,48]. The $-3 \,\mathrm{dB}$ range of the strain filter was from 0.17% to 10%, which adequately covers the strain levels observed in sclera. Girard et al. reported an average maximum Lagrangian strain of 1.3% at 10 mmHg and 3.1% at 45 mmHg in porcine sclera shells [21]. Woo et al. reported a strain level of 0.5% on human sclera at 45 mmHg [20]. These strain values fall within the -3 dB range reported above. In the present study, a larger than 10% axial strains was sometimes observed in the porcine sclera when IOP was raised to 45 mmHg. This strain was determined accumulatively based on the speckle tracking results at multiple intermediate pressures and the strains corresponding to the intermediate steps were well within the $-3 \, dB$ range. The current strain filter predicted a maximum SNR_e of 15.7, which corresponds to 0.06% noise at a 1% actual strain. It is noted that this was predicted from the theoretical analysis without any further signal processing applied (e.g., filtering or smoothing). In practice, the SNR_e can be further improved by applying least-square fitting on strain estimation [37] or low-pass filtering in both displacement fields and strain images [47], at the cost of decreased spatial resolution of the strain maps.

Based on the simulation experiments, the calculated strains matched well with the simulated strains in both the axial and lateral directions under either compression or extension for uniform samples (Table 3). The SNR_e estimated from the simulation results was consistent with the theoretical analysis demonstrating a bandpass characteristic with the optimal strain levels ranging from 0.5% to 6%. The SNR_e was generally lower in the lateral direction than in the axial direction, which was consistent with the aforementioned better performance of speckle tracking along the ultrasound propagation direction (i.e., axial direction) [56]. It is noted that the scanning direction can be adjusted within the limits of tissue geometry so that the axial direction could be aligned towards the direction of interest to optimize the performance along that direction. The simulation results in two layers with different strains demonstrated the sensitivity of using ultrasound speckle tracking to detect heterogeneous tissue responses. The simulation results of an inhomogeneous area with increasingly smaller size showed that the axial strains were sensitive to an inhomogeneity of a few hundreds of microns, suggesting the suitability of this approach for acquiring axial deformation data of heterogonous tissue at a fine resolution. The lateral strains, due to the lower SNR_e discussed above, suffered from more noise which made it more difficult to clearly differentiate the inhomogeneous areas unless the size is approaching the mm level. Future studies are needed to

analyze how the ultrasound speckle tracking algorithm performs for strain contrasts at other levels and for stiffer heterogeneities that have lower strains than the background.

The limitations of the present study are as follows. First, only 2D cross-sectional data was obtained and analyzed. Potential outof-plane motion such as sample rotation could result in erroneous strain measurements. In the present study, the correlation coefficients for speckle tracking were high (generally over 0.8), suggesting minimal out-of-plane motion. Future 3D full-field studies are needed to fully characterize 3D strains and validate the results. This can be achieved by using 3D ultrasound scanning and 3D speckle tracking algorithms. Second, the present study only examined axial and lateral strains. Other types of strains including the principal strains and shear strains may provide additional insights into the mechanical behavior of the sclera and better description of potential tissue heterogeneity, and thus should be investigated in the future. In addition, the present study only examined one region of the posterior sclera (i.e., the temporal quadrant near the ONH), which may not be reflective of the general state of strains near the ONH but in different quadrants. Future studies are needed to examine potential regional heterogeneity in different quadrants of the posterior sclera. Third, the present study only examined the elastic responses of the sclera. New testing protocols should be developed to evaluate the viscoelastic properties which will provide important data for understanding the time-dependent scleral properties and their involvement in glaucoma disease processes. Fourth, the porcine sclera may have experienced some swelling prior to the experiments due to the storage in PBS, which could affect the measured strains (particularly, the axial strains). The swelling, however, was likely small because of the low concentration of proteoglycans and substantial interweaving of the collagen fibers in the sclera [57].

In summary, this study established the feasibility of a new experimental method for noninvasive measurement of distributive internal strains of the sclera at high accuracy and high signal-tonoise ratio.

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Journal of Biomechanical Engineering

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