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## Tobacco use and cancer risk in the Agricultural Health Study

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### Abstract

**Background**—Cigarettes are well known to cause cancer, but less is known about the risks of other tobacco products and use of more than one product.

**Methods**—We examined cancer incidence in relation to exclusive use of six tobacco products (cigarettes, other combustibles (pipe, cigar, cigarillo), and smokeless tobacco (chewing tobacco, snuff)) in the Agricultural Health Study. We also examined the added cancer risks associated with use of cigarettes and other tobacco products.

**Results**—In our study population of 84,015, ever use of smokeless tobacco was higher than the general United States population, while cigarette use was lower and other combustible product use was about the same. The strongest associations for exclusive ever use were for lung cancer (cigarettes hazard ratio (HR)=15.48, 95% confidence interval (CI): 11.95, 20.06; other combustible tobacco HR=3.44, 95% CI: 1.53, 7.71; smokeless tobacco HR=2.21, 95% CI: 1.11, 4.42). Compared to exclusive cigarette smokers, cigarette smokers who additionally ever-used another combustible product had higher risks of smoking related cancers (HR=1.16, 95% CI: 1.04, 1.30), especially among those who smoked cigarettes for more than 15 years.

**Conclusion and Impact**—Cigarette smokers who additionally ever used smokeless tobacco had cancer risks similar to exclusive cigarette smokers. Users of cigarettes and other combustible tobacco may have higher risks of certain cancers than exclusive cigarette users.

#### Keywords

tobacco; cancer; Agricultural Health Study

Conflict of Interest: The authors of this paper have no conflicts of interest to disclose.

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**Novelty and Impact:** In the Agricultural Health Study the prevalence of smokeless tobacco use is higher than the general U.S. population, but the prevalence of cigarette use is lower. Therefore, this is one of the few studies with sufficient statistical power to evaluate cancer incidence in relation to exclusive and dual use of multiple types of tobacco products.

### INTRODUCTION

Cigarettes are the most common type of tobacco used in the United States (U.S.), followed by non-cigarette combustible products (e.g., pipe, cigar, cigarillo), and smokeless tobacco (e.g., chewing, snuff, snus) (1,2). However, there is some variation in tobacco use by geographical region (1–3). For example, use of smokeless tobacco among U.S. adults is more than twice as common in rural and agricultural populations compared to urban populations (3). Furthermore, use of more than one tobacco product, either at the same time or sequentially, has been estimated to constitute a considerable proportion of tobacco users (4). For example, based on a 2008 nationally representative survey, approximately 40% of smokeless tobacco users reported also smoking cigarettes (4).

Tobacco is one of the leading causes of cancer, accounting for approximately 16% of all cancer diagnoses and 30% of all cancer deaths in the U.S. (5–7). In 2009, the International Agency for Research on Cancer reassessed the carcinogenicity of combustible and smokeless tobacco. They found sufficient evidence linking cigarettes and non-cigarette combustible products with oropharyngeal, stomach, colorectal, liver, pancreas, nasal cavity, lung, cervix, ovary, bladder, kidney, ureter, and myeloid leukemia (8). They also reported sufficient evidence linking smokeless tobacco with cancer of the oral cavity, esophagus, and pancreas, but did not have sufficient evidence for lung cancer (8). Despite this determination, less is known about the cancer risks associated with individual non-cigarette combustible and smokeless tobacco products, as well the risks associated with more than one type of tobacco product.

In this study we examine the risks of cancer associated with exclusive use of cigarettes, pipes, cigars, cigarillos, chewing tobacco, and snuff, as well as the use of cigarettes and at least one additional tobacco product. This analysis is conducted within the Agricultural Health Study (AHS), a prospective cohort of participants recruited in Iowa and North Carolina (9). Previous studies in the AHS cohort have reported lower risks of lung cancer compared to the general U.S. population, which has been attributed partially to the lower prevalence of cigarette smoking compared to the general U.S. population (10,11). This is the first study to evaluate the use of cigarettes, other combustible tobacco and smokeless tobacco and cancer risk in the AHS cohort.

#### MATERIALS AND METHODS

The AHS is a prospective cohort study of 89,655 participants, including licensed private pesticide applicators and their spouses recruited in Iowa and North Carolina, as well as commercial pesticide applicators recruited in Iowa. Participants were enrolled between 1993 and 1997; 82% of applicators seeking pesticide licensing and an estimated 75% of spouses of private applicators chose to participate in the study. A more detailed description of the study and the population has been previously published (9).

Cancer cases were identified using population-based state cancer registries. Incident cancer cases diagnosed between enrollment and 2010 in North Carolina and 2011 in Iowa were included. Tobacco use, as well as demographic, lifestyle, and occupational data were

ascertained by self-completed questionnaire. Participants were considered to be former smokers if they reported using at least 100 cigarettes during their lifetime but were not smoking at enrollment. Participants were considered current smokers if they reported using at least 100 cigarettes during their lifetime and were smoking at enrollment. Former and current smokers reported cigarette smoking duration and number of cigarettes smoked per day, which we used to calculate pack-years. For tobacco products other than cigarettes, participants were asked if they used pipes, cigars, cigarillos, chewing tobacco or snuff on a regular basis for six months or longer. Information on status (former, current), frequency, and duration of use was not collected for non-cigarette tobacco products.

#### **Statistical Analysis**

Our analysis included 84,015 AHS participants who were cancer-free at enrollment and had complete information on cigarette smoking use. We excluded 3,730 participants with missing information on cigarette smoking and 1,911 with prevalent cancers at enrollment. We calculated the prevalence of ever using any tobacco, which was based on use of cigarettes, pipes, cigars, cigarillos, chewing tobacco, or snuff. We also calculated the prevalence of ever using each of these products, using only one of these products (exclusive product use), as well as using cigarettes and at least one additional product (dual product use). In this paper we refer to dual tobacco users as person who ever smoked cigarettes (former or current) and ever users of another type of tobacco product.

Potential confounding factors for each cancer site evaluated were identified based on a review of the literature. We compared tobacco and non-tobacco users by gender, age at enrollment (<30, 30–39, 40–49, 50–59, 60–69, 70+), state of residence (IA, NC), race (white, black, other), education (less than high school, high school or more, other), BMI (<18.5, 18.5–24.9, 25–29.9, 30+ kg/m<sup>2</sup>), alcohol consumption in the year prior to enrollment (never, ever), usual number of alcoholic drinks in the year prior to enrollment (none, 3 per month, 1–4 per week, 5 per week), and fruit and vegetable intake in the year prior to enrollment (<1, 1–2, 3 servings per day). We also examined the distribution of these characteristics among exclusive and dual product users, and between participants with and without cancer. We computed average cigarettes per day, years smoked, and cigarette pack-years adjusted for age, gender, race, state of residence, education and alcohol frequency for exclusive and dual product users.

We examined associations of exclusive and dual product use with total cancer and tobaccorelated cancer incidence. Tobacco-related cancers included bladder, colon, cervix, esophagus, kidney, larynx, lip, liver, lung, myeloid leukemia, nasal and sinus, oral cavity, pancreas, pharynx, rectum, stomach, tongue, ureter, and uterus (5,6,8). Due to the small number of exposed cases for some cancer sites, we evaluated the following sites in groups: gastrointestinal (colon, esophagus, liver, pancreas, rectum, stomach), urinary (bladder, kidney, ureter), and head and neck (larynx, lip, nasal and sinus, oral cavity, pharynx, tongue). Hazard ratios (HR) and 95% confidence intervals (95% CI) for cancer incidence were calculated using Cox proportional-hazard regression models with person-years participating in the study as the time-dependent variable. Person-years were censored at the earliest of the following: cancer diagnosis, death, movement out of state, or end of follow-up

(December 31, 2010 or 2011 in NC or IA, respectively). Models were adjusted for age, gender, race, state of residence, education, alcohol frequency, cigarettes per days, and years smoked cigarettes. Since this is an agricultural cohort we evaluated the potential impact of pesticide use on outcomes by further adjusting for individual pesticides that have been previously found to be associated with cancer in the AHS. Because of differences in usage patterns, we also examined cancer risk stratified by gender, state of residence, and cigarette smoking status, duration and frequency. HRs based on fewer than four exposed cases were not reported. SAS version 9.1 (Cary, NC) and the AHS data release P1REL201209 were used to conduct all analyses.

#### RESULTS

Of the 84,015 study participants, 38,810 (46.2%) reported ever using at least one of the six tobacco products we evaluated. Fifty-six percent of the 53,071 male participants, and 29% of the 30,944 female participants ever used tobacco. Fifty-eight percent of the 28,266 North Carolina residents, and 40% of the 55,749 Iowa residents ever used tobacco. In both men and women, there was a higher prevalence of tobacco use among participants who lived in North Carolina, had less than a high school education, ever drank alcohol, or had a lower intake of fruit and vegetables (Table 1).

The most commonly used tobacco product among men who used any tobacco was cigarettes (84.9%), followed by chewing tobacco (27.3%), cigars (14.2%), cigarillos (11.4%), pipes (9.2%), and snuff (8.1%) (Supplemental Table 1). The patterns were slightly different among women who used any tobacco, with nearly all using cigarettes (98.6%), followed by cigarillos (3.1%), chewing tobacco (1.6%), snuff (1.5%), cigars (1.0%), and pipes (0.3%). Fifty-six percent of tobacco users were exclusive users of cigarettes (men: 45.0%, women: 93.4%). Sixty percent of exclusive cigarette smokers were former smokers. Nine and a half percent of tobacco users were exclusive users of smokeless tobacco (men: 12.0%, women: 1.2%), and 2% were exclusive users of cigarettes and at least one other non-cigarette product in their lifetime (men: 30.5%, women: 4.7%). Sixty-six percent of dual users were former cigarette smokers. Use of cigarettes and smokeless tobacco (11.5%, men: 20%, women: 1.2%). The highest dually used products were cigarettes and chewing tobacco among men (10.9%), and cigarettes and cigarillos among women (2.9%).

Adjusted mean cigarettes per day, years smoked cigarettes and cigarette pack-years among exclusive cigarette and dual tobacco users are shown in Supplemental Table 2. Among exclusive cigarette smokers, mean cigarettes per day did not differ considerably between current (14.6 cigarettes per day) and former (14.1 cigarettes per day), but current smokers (21 years) smoked for a longer duration than former smokers (12.5 years). Among the dual tobacco users, current cigarette smokers smoked fewer cigarettes per day but for a longer duration (11.9 cigarettes per day, 19.8 years) than former cigarettes smokers (13.3 cigarettes per day, 12.8 years). There was some variation by type of tobacco product. For example, among the dual cigarette-pipe smokers, former cigarette smokers smoked on average 21.7 cigarettes per day for 16 years, while current cigarette smokers smoked 5.5 cigarettes per

day for 23.7 years. Among the dual cigarette-cigar smokers, former cigarettes smokers smoked on average 8.4 cigarettes per day for 9.6 years, while current smokers smoked 11.4 cigarettes per day for 24 years. Comparing exclusive cigarette smokers to dual users of any tobacco, there was minimal difference in cigarette frequency and duration.

#### **Exclusive Product Use and Cancer Risk**

During the follow-up period (median of 8 years), 9,134 incident cancer cases were diagnosed. Of these, 3,401 cases occurred in smoking-related sites: 1,368 gastrointestinal, 789 lung, 645 urinary and 236 head and neck. Exclusive ever-use of cigarettes was associated with increased risks of all cancer sites examined compared to never-use of tobacco (Table 2). For example, ever cigarette smokers compared to never-tobacco users had an increased risk of total (HR 1.51, 95% CI 1.39,1.63) and smoking-related cancers (HR 2.89, 95% CI 2.60, 3.25), with the highest relative risk observed for lung cancer (HR 15.48, 95% CI 11.95,20.06), followed by head and neck (HR 2.47, 95% CI 1.55,3.95), urinary (HR 2.30, 95% CI 1.75, 3.02), and gastrointestinal cancers (HR 1.64, 95% CI 1.33, 2.03). About 70% of the head and neck cancers were oral cavity cancers (HR 1.60, 95% CI 0.85, 2.85). Of the urinary cancers, 63% were bladder (HR 3.75, 95% CI 2.64, 5.33) and 36% were kidney cancers (HR 1.09, 95% CI 0.67, 1.79). Of the gastrointestinal cancers, 44% were cancers of the colon (HR 1.15, 95% CI 0.82, 1.61), 18% rectum (HR 1.42, 95% CI 0.89, 2.27), 14% pancreas (HR 2.73, 95% CI 1.62, 4.57), 11% stomach (2.93, 95% CI 1.43, 5.97), 9% esophagus (HR 4.78, 95% CI 2.36,9.69). For every cancer site or group evaluated, the risks were higher for current than former cigarette smokers. For example, current smokers had a 23-fold risk (95% CI 17.34,30.59) of lung cancer, while former smokers had a 9.3-fold risk (95% CI 6.56,13.18). This may in part be due to the longer duration of cigarette smoking among current (21.0 years) than former smokers (12.5 years). We also found that that cancer risks were generally higher among those who ever smoked for more than 15 years than those who ever smoked less than 15 years after adjusting for cigarette smoking status. However, the associations were not considerably different when stratified by the mean cigarette smoking frequency (15, >15 cigarettes per day).

Exclusive ever-use of other combustible tobacco products (cigars, cigarillos, or pipes) was significantly associated with total (HR 1.32, 95% CI 1.10,1.59) and smoking-related cancers (HR 1.68, 95% CI 1.21,2.32), including lung cancer (HR 3.44, 95% CI 1.53,7.71) compared to never-use of tobacco (Table 3). For the combustible tobacco products, we observed an increased risk for exclusive ever-cigar use with total (HR 1.51, 95% CI 1.20,1.90) and smoking-related cancers (HR 1.87, 95% CI 1.24,2.82), including urinary cancer (HR 2.50, 95% CI 1.27,4.93). Of the nine urinary cancer cases, 5 were bladder (HR 3.01, 95% CI 1.20,7.55) and 4 were kidney cancer (HR 2.12, 95% CI 0.77,5.83). Exclusive ever-use of pipes was associated with a higher, although not statistically significant, risk of smoking-related cancer (HR 1.67, 95% CI 0.92,3.04).

Exclusive ever-use of smokeless tobacco (chewing tobacco or snuff) was significantly associated with smoking-related cancers (HR 1.27, 95% CI 1.00,1.62), including lung (HR 2.21, 95% CI 1.11,4.42) and gastrointestinal (HR 1.38, 95% CI 1.00,1.92) compared to never-use of tobacco (Table 4). Of the 41 smokeless tobacco users with gastrointestinal

cancers, 19 were cancers of the colon (HR 1.33, 95% CI 0.82,2.16), 10 rectum (HR 1.37, 9% % CI 0.70,2.71), 4 pancreas (HR 1.18, 95% CI 0.41,3.36), 4 liver, 3 stomach and 1 esophagus. Of the 9 head and neck cancers, 8 were oral cavity (HR 1.54, 95% 0.68,3.46). By smokeless tobacco product, exclusive ever-use of chewing tobacco was associated with smoking-related cancer, including lung (HR 2.20, 95% CI 0.98,4.98) and head and neck cancers (HR 2.08, 95% CI 0.97,4.47). Exclusive ever-use of snuff was associated with gastrointestinal cancer (HR 2.09, 95% CI 1.20,3.64). Exclusive smokeless tobacco use was not associated with urinary cancers.

#### **Dual-Product Use and Cancer Risk**

Compared to exclusive cigarette smokers, ever cigarette smokers who additionally used another combustible tobacco in their lifetime had higher risks of smoking related cancers (HR 1.16, 95% CI 1.04,1.30), including lung cancer (HR 1.32, 95% CI 1.09,1.60) (Table 5). Risks did not appear to differ for former or current cigarette smokers. Stratified by cigarette smoking duration, there were significant increases in risk among those who ever smoked cigarettes for more than 15 years: total cancers HR 1.11, 95% CI 1.00,1.22, smoking related cancers HR 1.19, 95% CI 1.04, 1.36, lung cancer HR 1.29, 95% CI 1.05, 1.58) and gastrointestinal cancers HR 1.27, 95% CI 1.01,1.61 (Table 6). Of the gastrointestinal cancers, 42% were colon cancers (HR 1.39, 95% CI 1.00,2.01) and 16% were pancreatic cancer (HR 1.80, 95% CI 0.97, 3.32). Among the combustible products, dual cigarettecigarillo users had the highest and most consistent risks, which were stronger risk among those that smoked cigarettes for more than 15 years. In contrast, dual cigarette-pipe users had a higher risk of cancer among former cigarette smokers and participants that smoked cigarettes for less than 15 years. There were no discernable patterns for dual cigarettecombustible tobacco use when stratified by cigarettes per day. Dual cigarette-smokeless tobacco users generally had cancer risks similar to exclusive cigarette smokers regardless of cigarette smoking status, cigarette smoking duration or frequency.

#### DISCUSSION

In this large U.S.-based agricultural cohort, exclusive users of cigarettes, other combustible tobacco and smokeless tobacco had higher risks of lung and other cancer compared to non-tobacco users. Participants who ever smoked cigarettes and at least one other combustible tobacco product in their lifetime had higher total and smoking-related cancer risks than exclusive cigarette smokers, with the strongest additional risk among those who smoked cigarettes for more than 15 years.

Our findings for exclusive cigarette smoking are consistent with the extensive published literature identifying cigarette smoking as one of the primary causes of cancer (8, 12). The higher risks among current exclusive cigarette smokers seem to be linked to the longer average smoking duration among current (21 years) versus former (12.5 years) smokers, rather than to differences in the number of cigarettes smoked per day. This is consistent with previous epidemiological and laboratory studies reporting cigarette smoking duration to be a stronger predictor of cancer risk than smoking frequency (13–16).

Exclusive use of other combustible tobacco products was most strongly associated with lung cancer. This is in line with results from a multicenter case-control study in Europe that reported 8 to 9 fold risks of lung cancer for exclusive use of pipes and cigars/cigarillos, respectively (17). It was also reported that lung cancer risk is higher among cigar smokers who report inhaling the smoke than not inhaling, and higher among cigar smokers who previously smoked cigarettes than among those who only smoked cigars (18). Our finding for an association between exclusive cigar use and urinary cancers (bladder, kidney) are consistent with a pooled study among European men that found a significant 2-fold risk in bladder cancer among exclusive cigar smokers (19), and the European Prospective Investigation into Cancer and Nutrition (EPIC) that found a non-significant 1.5-fold bladder risk (20). The EPIC study also reported a non-significant 1.2-fold risk for cigar smoking and kidney cancer (20). Studies specifically examining exclusive use of non-cigarette combustible products are limited.

The strongest association for exclusive use of smokeless tobacco was also for lung cancer. This finding is biologically plausible given that tobacco specific nitrosamines (TSNA) are found in smokeless tobacco at high concentrations (21–23). In a study of 182 U.S. male smokeless tobacco users, Hecht et. al. showed that urinary levels of the nitrosamine 4-(methylnitrosamino)-1-(3-pyridyl)-1-(butanol) (NNAL) were higher in smokeless tobacco users than in cigarette smokers (23). Laboratory studies have shown that treatment of rats with TSNA by injection or administration in the drinking water can cause lung cancer. Particularly, (methylnitrosamino)-1-(3-pyridyl)-1-(butanone) (NNK), which is found in smokeless tobacco, and its major metabolite, NNAL, are lung carcinogens in rats (24–26). Epidemiologic data on smokeless tobacco and lung cancer are somewhat inconsistent. For example, a previous study conducted using The National Health and Nutrition Examination Survey (NHANES), found a significant association between exclusive smokeless tobacco use and lung cancer among women, but not men (27). In the American Cancer Society cohorts, smokeless tobacco was linked to lung cancer mortality in the Cancer Prevention Study (CPS)-II, but not CPS-I (28). Two studies of snus (moist form of snuff) use in Europe, reported null associations between smokeless tobacco and lung cancer after accounting for cigarette smoking (29,30), as did a case-control study of moderate or heavy chewing tobacco or snuff (31). Reasons for the inconsistent findings for smokeless tobacco are unclear, but may be linked to variations in the prevalence of smokeless tobacco use in the population, frequency and duration of use, as well as use of other tobacco products and unmeasured confounding. In their last review, IARC reported insufficient evidence for an association between smokeless tobacco and lung cancer, but did report sufficient evidence linking smokeless tobacco with cancers of the pancreas, oral cavity, and esophagus (8,32).

In this study, we also found increased risks of gastrointestinal (colon, rectum, pancreas) and head and neck (oral cavity) cancers with exclusive smokeless tobacco use. Several studies have reported associations between smokeless tobacco and pancreatic cancer (33–37), and laboratory studies that have shown associations TSNA and pancreatic tumors in rats (24–26). To our knowledge, only one previous study has reported a link between high snus use and left-sided colon cancer in a Swedish male population (38). Some of the strongest reported associations for smokeless tobacco have been with oral and pharyngeal cancers. For example, Boffetta et. al. reported a significant relative risk of 1.8 pooled from 11 studies

(36), and Lee et. al. reported a significant 1.4 relative risk pooled from 40 studies (37). Consistent with these epidemiologic finding, laboratory studies have suggested that TSNAs, in particular *N*-nitrosonornicotine (NNN), are responsible for cytogenic damage in oral epithelial cells (22, 39, 40).

For dual tobacco product use, our results indicate that ever users of cigarettes and other combustible tobacco products had higher risks of total and certain smoking-related cancers compared to exclusive cigarette smokers. In contrast, ever users of cigarettes and smokeless tobacco had risks similar to exclusive cigarette use. This is consistent with a previous review paper that concluded there was no additional cancer risk for dual cigarette-smokeless tobacco use compared to exclusive cigarette use, although the epidemiologic data to evaluate this was limited (41). Reasons for the different cancer risks between the dual cigarettes-combustible and cigarette-smokeless tobacco is unknown, but may be related to observed differences in cigarette smoking patterns. Also, current/former status, duration and frequency of use of the non-cigarette products may also play a role, but since we did not have these data for non-cigarette products, we could not determine if dual use was concurrent or sequential. Also, factors related to nicotine addiction (e.g. time-to-first cigarette), tobacco cessation (e.g. duration since cessation, number of times tried to quit), or changing the type of tobacco product could also be linked to differences in cancer risks.

In this U.S. agricultural population, the prevalence of cigarette smoking at enrollment (1993–1997) was somewhat lower (40.7% ever, 14.6% current) than the general U.S. population (47% ever, 25% current) (42). AHS smokers also smoked somewhat less (~14 cigarettes per day) than the average U.S. smoker in mid-1990's (~18 cigarettes per day) (43). Use of non-cigarette combustible products in the AHS was about the same as the U.S. population in the mid-1990s (~8% of males) (18). In contrast, the use of smokeless tobacco was higher in the AHS (11.8% ever use of chewing tobacco/ snuff) than the general U.S. population (3–6% ever use of chewing tobacco/snuff/dip) (44). Higher use of smokeless tobacco in rural/agricultural populations has been noted, particularly among men (3). Since the participants in this occupational cohort are predominantly male and white, and tobacco use is almost 50% higher among men than women, we could not examine associations among women or non-whites with adequate statistical power.

This is one of the first studies to evaluate cancer incidence in relation to exclusive and dual use of multiple types of tobacco products. Smokeless tobacco use is often understudied compared to other tobacco products due to its lower prevalence of use; however, in this U.S. agricultural study population the prevalence of smokeless tobacco use was higher than the general U.S. population, thus we had a sufficient number of exposed cases to evaluate its exclusive use and dual use with cigarettes. However, our analysis of non-cigarette tobacco products was limited to ever versus never for both exclusive and dual use. Therefore, we could not analyze their duration or frequency of use, nor could we determine if they were used concurrently with cigarettes.

We found that exclusive use of smokeless tobacco as well as cigarettes and other combustible tobacco was most strongly associated with lung cancer. In addition, we found that dual users of cigarettes and other combustible products had higher cancer risks than

exclusive cigarette users, while dual users of cigarettes and smokeless tobacco generally had similar risks to exclusive cigarette users. Future studies designed to evaluate the frequency, duration and other characteristics of smokeless tobacco and non-cigarette combustible tobacco use are needed to better evaluate their associations with cancer risk.

#### **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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Selected characteristics by gender

		M:	Male			Fen	Female	
	Never used tobacco	l tobacco	Ever used tobacco <sup>I</sup>	tobacco <sup>1</sup>	Never used tobacco	l tobacco	Ever used tobacco <sup>I</sup>	tobacco <sup>1</sup>
Characteristics	N	%	N	%	Z	%	Z	%
Total (n=84,015)	23,158	100.0	29,913	100.0	22,047	100.0	8,897	100.0
Age at enrollment								
<30	2,777	12.0	2,642	8.8	1,497	6.8	475	5.3
30–39	6,670	28.8	6,373	21.3	5,543	25.1	2,345	26.4
40-49	6,346	27.4	8,104	27.1	6,190	28.1	2,696	30.3
50-59	3,969	17.1	6,824	22.8	5,027	22.8	2,208	24.8
60–69	2,488	10.7	4,612	15.4	3,032	13.8	096	10.8
70+	908	3.9	1,358	4.5	758	3.4	213	2.4
State of Residence								
Iowa	17,639	76.2	17,300	57.8	15,573	70.6	5,237	58.9
North Carolina	5,519	23.8	12,613	42.2	6,474	29.4	3,660	41.1
Race								
White	22,636	7.76	28,895	96.6	21,662	98.3	8,656	97.3
Black	355	1.5	691	2.3	242	1.1	117	1.3
Other	78	0.3	211	0.7	66	0.4	95	1.1
missing	89	0.4	116	0.4	44	0.2	29	0.3
Education								
Less than high school	11,954	51.6	17,818	59.6	8,804	39.9	3,805	42.8
High school or more	10,744	46.4	11,296	37.8	11,097	50.3	4,084	45.9
Other	63	0.3	71	0.2	1,889	8.6	842	9.5
missing	397	1.7	728	2.4	257	1.2	166	1.9
BMI kg/m²								
<18.5	51	0.2	83	0.3	308	1.4	145	1.6
18.5-24.9	4,721	20.4	5,164	17.3	9,198	41.7	3,715	41.8
25–29.9	8,755	37.8	10,826	36.2	6,327	28.7	2,388	26.8

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		Male				ΓCΠ	remare	
	Never used tobacco	l tobacco	Ever used tobacco <sup>I</sup>	tobacco <sup>1</sup>	Never used tobacco	l tobacco	Ever used tobacco <sup>I</sup>	tobacco <sup>I</sup>
Characteristics	Z	%	Z	%	Z	%	Z	%
30+	3,804	16.4	5,237	17.5	3,691	16.7	1,417	15.9
missing	5,827	25.2	8,603	28.8	2,523	11.4	1,232	13.8
Alcohol drinking year prior enrollment	ar prior enroll	ment						
Never	7,895	34.1	8,384	28.0	10,738	48.7	3,062	34.4
Ever	14,471	62.5	20,402	68.2	11,110	50.4	5,735	64.5
missing	792	3.4	1,127	3.8	199	0.9	100	1.1
Usual number of alcohol drinks year prior enrollment	ohol drinks ye	ear prior e	nrollment					
Never	7,895	34.1	8,384	28.0	10,738	48.7	3,062	34.4
3 per month	7,737	33.4	8,740	29.2	9,141	41.5	3,927	44.1
1-4 per week	5,947	25.7	9,064	30.3	1,827	8.3	1,513	17.0
5 per week	787	3.4	2,598	8.7	142	0.6	295	3.3
missing	792	3.4	1,127	3.8	199	0.9	100	1.1
Fruit intake year prior enrollment (servings per day)	ior enrollment	(servings	per day)					
<1	15,184	65.6	21,745	72.7	7,106	32.2	3,634	40.8
1–2	6,438	27.8	6,369	21.3	8,035	36.4	2,617	29.4
3	519	2.2	416	1.4	1,435	6.5	402	4.5
missing	1,017	4.4	1,383	4.6	5,471	24.8	2,244	25.2
Vegetable intake year prior enrollment (servings per day)	r prior enroll	ment (servi	ings per day	•				
<1	10,973	47.4	14,963	50.0	4,899	22.2	2,249	25.3
1–2	9,616	41.5	11,198	37.4	9,582	43.5	3,603	40.5
3	1,263	5.5	1,826	6.1	2,047	9.3	764	8.6
missing	1,306	5.6	1,926	6.4	5,519	25.0	2,281	25.6

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# Table 2

Cancer risk for exclusive use of cigarettes compared to non-tobacco users

						Cigarette	Cigarette smoking status	S				
		Ev	Ever smokers			Forn	Former smokers			Curr	Current smokers	
Cancer site	Cases	$\mathrm{HR}^{I}$	95% CI <sup>I</sup>	$\mathbf{P}^{I}$	Cases	$\mathrm{HR}^{I}$	95% CI <sup>I</sup>	$\mathbf{P}^{I}$	Cases	$\mathrm{HR}^{I}$	95% CI <sup>I</sup>	$\mathbf{P}^{I}$
Never used tobacco <sup>2</sup>	,	1.00	ı			1.00				1.00	ı	
Total Cancers	2,746	1.51	1.39, 1.63	<0.0001	1,773	1.32	1.18, 1.47	<0.0001	973	1.71	1.54, 1.89	< 0.0001
Smoking Cancers <sup>3</sup>	1,233	2.89	2.58, 3.25	<0.0001	681	2.28	1.94, 2.70	<0.0001	542	3.54	3.08,4.08	<0.0001
Lung	401	15.48	11.95, 20.06	<0.0001	139	9.30	6.56, 13.18	<0.0001	262	23.03	17.34, 30.59	< 0.0001
Gastrointestinal <sup>4</sup>	428	1.64	1.33, 2.03	<0.0001	296	1.66	1.26, 2.18	0.0003	132	1.61	1.21, 2.14	0.001
Urinary <sup>5</sup>	223	2.30	1.74, 3.02	<0.0001	148	2.28	1.62, 3.22	<0.0001	75	2.24	1.55, 3.24	<0.0001
Head Neck $\delta$	88	2.47	1.55, 3.95	0.0002	43	1.18	0.50, 2.76	0.71	45	3.63	2.16, 6.12	<0.0001
			Ci	Cigarette smoking duration	king dur:	ation						
			15 years			Λ	>15 years					
	Cases	HR <sup>Ia</sup>	95% CI <sup>Ia</sup>	pla	Cases	HR <sup>Ia</sup>	95% CI <sup>Ia</sup>	pla				
Never used tobacco <sup>2</sup>		1.00	ı			1.00	·	ı				
Total Cancers	1063	1.33	0.78, 2.28	0.30	1,584	1.62	1.48, 1.78	<0.0001				
Smoking Cancers <sup>3</sup>	355	2.23	0.89, 5.59	0.09	820	3.44	3.01, 3.93	<0.0001				
Lung	49	21.56	2.80, 66.29	0.003	338	22.57	17.16, 29.69	<0.0001				
Gastrointestinal <sup>4</sup>	170	1.27	1.06, 1.52	0.01	242	1.57	1.21, 2.03	0.001				
Urinary <sup>5</sup>	67	3.38	0.70, 16.21	0.13	147	2.33	1.67, 3.26	<0.0001				
Head Neck $\delta$	27	1.26	0.77, 2.04	0.36	54	3.38	2.04, 5.62	<0.0001				
			ũ	Cigarettes smoked per day	oked per	day						
			15 per day			~	> 15 per day					
	Cases	HR <sup>Ib</sup>	95% CI <sup>Ib</sup>	$^{dl}$	Cases	HR <sup>Ib</sup>	95% CI <sup>Ib</sup>	$h^{Ib}$				

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						Cigarette	Cigarette smoking status	s				
		Ev	Ever smokers			Forr	Former smokers			Curr	Current smokers	
Cancer site	Cases	$\mathrm{HR}^{I}$	95% CI <sup>I</sup>	$\mathbf{P}^{I}$	Cases	$\mathrm{HR}^{I}$	95% CI <sup>I</sup>	$\mathbf{P}^{I}$	Cases HR <sup>I</sup>	$\mathrm{HR}^{I}$	95% CI <sup>I</sup>	$\mathbf{P}^{I}$
Never used tobacco <sup>2</sup>	ī	1.00	ı	,	,	1.00	ı	,				
Total Cancers	1818	1.58	1.37, 1.82	<0.0001	841	1.71	1.52, 1.92	<0.0001				
Smoking Cancers <sup>3</sup>	744	3.61	2.99, 4.36	<0.0001	437	3.67	3.11, 4.32	<0.0001				
Lung	208	22.49	16.10, 31.40	<0.0001	182	29.25	21.25, 40.26	<0.0001				
Gastrointestinal <sup>4</sup>	288	1.49	1.00, 2.22	0.05	128	1.79	1.30, 2.46	0.0004				
Urinary S	129	2.74	1.74, 4.31	<0.0001	83	2.12	1.35, 3.34	0.001				
Head Neck $^{6}$	58	3.66	1.63, 8.18	0.002	LT	3.38	1.86, 6.15	<0.0001				
Adjusted for age, gender, race, state of residence, education, alcohol frequency, cigarettes per day, years smoked cigarettes	r, race, st	tate of res	idence, educatio	m, alcohol f	requency,	, cigarette	s per day, years	smoked cig	arettes			
1					•	)		,				

 $^{I_{a}}$ Adjusted for age, gender, race, state of residence, education, alcohol frequency, cigarettes per day

 $^{16}$  Adjusted for age, gender, race, state of residence, education, alcohol frequency, years smoked cigarettes

<sup>2</sup>Reference group: n=41,026 controls

<sup>3</sup>Bladder, colon, cervix, esophagus, kidney, larynx, lip, liver, lung, myeloid leukemia, nasal and sinus, oral cavity, pancreas, pharynx, rectum, stomach, tongue, ureter, uterine

 $^{4}$ Colon, esophagus, liver, pancreas, rectum, stomach

 $\mathcal{F}_{Bladder, kidney, ureter}$ 

 $\boldsymbol{\ell}_{\text{Larynx, lip, nasal and sinus, oral cavity, pharynx, tongue}$ 

# Table 3

Cancer risk for exclusive use of non-cigarette combustible tobacco products compared to non-tobacco users

	Noi	n-cigare	Non-cigarette combustible <sup>I</sup>	leI		•	Cigar			Cig	Cigarillo			-	Pipe	
Cancer site	Cases	HR <sup>2</sup>	95% CI <sup>2</sup>	$\mathbf{P}^2$	Cases	HR <sup>2</sup>	HR <sup>2</sup> 95% CI <sup>2</sup>	P2	Cases	HR <sup>2</sup>	HR <sup>2</sup> 95% Cl <sup>2</sup>	P <sup>2</sup>	Cases	HR <sup>2</sup>	HR <sup>2</sup> 95% CI <sup>2</sup>	P2
Never used tobacco $^3$	'	1.00	1	, ·		1.00	,	'	·	1.00	'		, ·	1.00	,	
Total Cancers	121	1.32	1.32 1.10, 1.59	0.003	76	1.51	1.51 1.20, 1.90	0.001	5	1.44	0.60, 3.48	0.41	28	1.13	0.78, 1.64	0.53
Smoking Cancers <sup>4</sup>	40	1.68	1.21, 2.32	0.002	24	1.87	1.24, 2.82	0.003	ю	ŀ	ı	,	11	1.67	0.92, 3.04	0.09
Lung	٢	3.44	1.53, 7.71	0.003	б	,	I	,	0	,	ı	,	3		I	ï
Gastrointestinal S	18	1.51	0.94, 2.45	0.09	10	1.58	0.84, 2.98	0.15	7	ı	ı	ı	5	1.52	0.63, 3.69	0.36
Urinary $^{m 6}$	П	1.66	0.89, 3.08	0.11	6	2.50	1.27, 4.93	0.01	0	ı	ı	ı	7	ı	ı	,
Head Neck $^7$	ю	ı	ı	ı	5	ı	ı	ï	-	ı	ı	ı	0	ı	ı	'
Ever use of cigars, cigarillos and/or pipes	arillos and	d/or pipe	s													
Adjusted for age, gender, race, state of residence, education, alcohol frequency	ler, race, s	state of re	esidence, educ	cation, alc	sohol freq	uency										
<sup>3</sup> Reference group: n=41,026 controls	l,026 cont	trols														
f Bladder, colon, cervix, esophagus, kidney, larynx, lip, liver, lung, myeloid leukemia, nasal and sinus, oral cavity, pancreas, pharynx, rectum, stomach, tongue, ureter, uterine	esophagı	us, kidne	y, larynx, lip,	liver, lun	g, myeloi	d leuken	nia, nasal and	sinus, oi	ral cavity,	pancrea	s, pharynx, re	ctum, st	tomach, te	ongue, u	rreter, uterine	

 ${\cal I}_{\rm Larynx,\, lip,\, nasal and sinus,\, oral cavity, pharynx, tongue$ 

 $\mathcal{S}$ Colon, esophagus, liver, pancreas, rectum, stomach

 $\epsilon_{
m Bladder,\,kidney,\,ureter}$ 

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Cancer risk for exclusive use of smokeless tobacco compared to non-tobacco users

		Smokele	Smokeless tobacco $^{I}$			Chewin	Chewing tobacco			S	Snuff	
Cancer site	Cases	$HR^2$	95% CI <sup>2</sup>	$\mathbf{P}^2$	Cases	$HR^2$	95% CI <sup>2</sup>	$\mathbf{P}^{\mathcal{I}}$	Cases	$HR^2$	95% CI <sup>2</sup>	$\mathbf{P}^2$
Never used tobacco $^{\mathcal{J}}$	ī	1.00	1		ī	1.00		,		1.00		
Total Cancers	228	0.97	0.85, 1.12	0.71	175	1.02	0.87, 1.20	0.78	44	0.92	0.68, 1.25	0.58
Smoking Cancers <sup>4</sup>	79	1.27	1.00, 1.62 0.05	0.05	58	1.29	0.98, 1.71	0.07	18	1.34	0.83, 2.17	0.24
Lung	10	2.21	1.11, 4.42	0.02	٢	2.20	0.98, 4.97	0.06	3		ı	1
Gastrointestinal 5	41	1.38	1.00, 1.92	0.05	27	1.25	0.83, 1.86	0.28	13	2.09	1.20, 3.64	0.01
Urinary $^{6}$	15	0.87	0.49, 1.54	0.63	12	0.97	0.52, 1.81	0.93	-	ı	ı	ı
Head Neck $^7$	6	1.54	0.72, 3.3 0.26	0.26	6	2.08	0.97, 4.47 0.06	0.06	0	·	,	'
I Hvar nea of chaving tobacco and/or smift	ne occed	4/or enuf										
			-									
$^2$ Adjusted for age, gender, race, state of residence, education, alcohol frequency	er, race, s	tate of re	esidence, educ	cation, a	lcohol fre	quency						
$\mathcal{F}$ Reference group: n=41,026 controls	.,026 cont	rols										
4 Bladder, colon, cervix, esophagus, kidney, larynx, lip, liver, lung, myeloid leukemia, nasal and sinus, oral cavity, pancreas, pharynx, rectum, stomach, tongue, ureter, uterine	esophagı	ıs, kidne	y, larynx, lip,	liver, lu	ng, myelc	id leuke	emia, nasal ar	id sinus,	oral cavi	ty, pancı	eas, pharynx	, rectun

 ${\cal I}_{\rm Larynx, \, lip, \, nasal \, and \, sinus, \, oral \, cavity, \, pharynx, \, tongue$ 

 $\mathcal{S}$ Colon, esophagus, liver, pancreas, rectum, stomach

 $\epsilon_{
m Bladder,\,kidney,\,ureter}$ 

Table 5

Cancer risk for dual tobacco use<sup>1</sup> compared to exclusive cigarette use

					Cig	arette S	Cigarette Smoking Status	SU				
		[	Ever			F	Former			Cu	Current	
Cancer site	Cases	$\mathrm{HR}^2$	95% CI <sup>2</sup>	$\mathbf{P}^{2}$	Cases	$HR^2$	95% CI <sup>2</sup>	$\mathbf{P}^2$	Cases	$\mathrm{HR}^2$	95% CI <sup>2</sup>	$\mathbf{P}^{2}$
Exclusive Cigarette												
Smokers <sup>3</sup>		1.00				1.00				1.00		•
Cigarette-Other Combustible Tobacco <sup>4</sup>	ıbustible	Tobace	<sub>0</sub> 4									
Total Cancers	1,090	1.08	1.00, 1.17	0.06	758	1.08	0.98, 1.19	0.11	332	1.09	0.95, 1.24	0.26
Smoking Cancers $^{6}$	533	1.16	1.04, 1.30	0.01	325	1.15	0.99, 1.33	0.07	208	1.18	1.00, 1.42	0.06
Lung	195	1.32	1.09, 1.60	0.01	104	1.68	1.25, 2.25	0.001	91	1.09	0.84, 1.42	0.51
Gastrointestinal $7$	185	1.12	0.92, 1.36	0.25	121	0.98	0.77, 1.24	0.86	64	1.53	1.10, 2.14	0.01
Urinary <sup>8</sup>	98	1.07	0.82, 1.39	0.63	69	1.03	0.75, 1.40	0.92	29	1.09	0.69, 1.74	0.71
Head Neck <sup>9</sup>	39	1.27	0.84, 1.92	0.26	20	1.39	0.75, 2.57	0.29	19	1.20	0.68, 2.10	0.54
Cigarette-Cigar												
Total Cancers	293	1.03	0.90, 1.17	0.71	204	0.98	0.83, 1.16	0.85	89	1.14	0.90, 1.43	0.29
Smoking Cancers $^{6}$	143	1.11	0.92, 1.34	0.29	85	66.0	0.77, 1.28	0.96	58	1.30	0.98, 1.74	0.08
Lung	49	1.26	0.91, 1.74	0.17	26	1.44	0.89, 2.33	0.14	23	1.13	0.73, 1.77	0.59
Gastrointestinal $7$	62	1.27	0.95, 1.70	0.11	42	1.06	0.74, 1.52	0.74	20	2.03	1.23, 3.38	0.01
Urinary <sup>8</sup>	23	0.85	0.53, 1.38	0.51	11	0.55	0.28, 1.09	0.09	12	1.48	0.73, 2.96	0.26
Head Neck $^{g}$	٢	0.70	0.30, 1.64	0.41	4	0.74	0.22, 2.47	0.62	ю	ı	ı	ı
<b>Cigarette-Cigarillo</b>												
Total Cancers	422	1.15	1.03, 1.28	0.01	230	1.20	1.03, 1.39	0.02	192	1.09	0.93, 1.29	0.29
Smoking Cancers $^{6}$	226	1.28	1.09, 1.49	0.002	110	1.41	1.13, 1.76	0.002	116	1.17	0.94, 1.45	0.16
Lung	86	1.29	1.00, 1.66	0.05	35	1.84	1.21, 2.79	0.004	51	1.08	0.78, 1.50	0.63
Gastrointestinal $7$	80	1.39	1.07, 1.80	0.01	44	1.36	0.97, 1.91	0.07	36	1.47	0.98, 2.23	0.06
Urinary <sup>8</sup>	31	1.02	0.68, 1.52	0.93	18	1.06	0.63, 1.80	0.82	13	0.94	0.51, 1.72	0.84
Head Neck <sup>9</sup>	18	1.48	0.87, 2.51	0.15	5	1.53	0.58, 4.00	0.40	13	1.50	0.78, 2.81	0.22

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**Cigarette Smoking Status** 

			Ever			ų	Former			ũ	Current	
Cancer site	Cases	$\mathrm{HR}^2$	95% CI <sup>2</sup>	$\mathbf{P}^2$	Cases	$\mathrm{HR}^2$	95% CI <sup>2</sup>	$\mathbf{P}^2$	Cases	$\mathrm{HR}^2$	95% CI <sup>2</sup>	$\mathbf{P}^2$
Cigarette-Pipe												
Total Cancers	196	1.11	0.95, 1.30	0.19	170	1.15	0.97, 1.36	0.11	26	0.94	0.62, 1.41	0.75
Smoking Cancers $\delta$	88	1.14	0.90, 1.44	0.29	75	1.23	0.95, 1.60	0.12	13	0.75	0.41, 1.37	0.34
Lung	33	1.56	1.05, 2.33	0.03	26	2.21	1.38, 3.53	0.001	7	0.70	0.29, 1.72	0.44
Gastrointestinal $7$	18	0.59	0.35, 0.97	0.04	16	0.59	0.34, 1.01	0.05	7	ï	ı	ı
Urinary <sup>8</sup>	27	1.52	0.98, 2.34	0.06	26	1.61	1.02, 2.53	0.04	-	·	ı	ı
Head Neck $^{\mathcal{G}}$	×	1.75	0.82, 3.73	0.15	9	1.81	0.73, 4.49	0.20	7	ı	ı	ı
Cigarette-Smokeless Tobacco <sup>5</sup>	Tobacco	S										
Total Cancers	493	0.97	0.87, 1.08	0.59	417	1.01	0.89, 1.13	0.92	76	0.82	0.64, 1.05	0.11
Smoking Cancers $^{6}$	209	0.94	0.80, 1.11	0.48	166	66.0	0.82, 1.20	0.92	43	0.82	0.59, 1.14	0.23
Lung	54	0.80	0.57, 1.11	0.17	40	1.00	0.66, 1.50	0.88	14	0.50	0.27, 0.92	0.03
Gastrointestinal $7$	06	1.04	0.80, 1.34	0.79	75	66.0	0.75, 1.32	06.0	15	1.19	0.70, 2.09	0.54
Urinary <sup>8</sup>	46	1.09	0.78, 1.55	0.63	38	1.17	0.79, 1.75	0.67	8	0.96	0.45, 2.05	0.92
Head Neck $^{g}$	15	0.88	0.47, 1.62	0.67	6	0.73	0.31, 1.73	0.48	9	1.08	0.44, 2.61	0.87
Cigarette-Chewing Tobacco	obacco											
Total Cancers	381	0.98	0.87, 1.11	0.77	323	1.03	0.90, 1.18	0.68	58	0.79	0.59, 1.04	0.10
Smoking Cancers $^{6}$	169	0.96	0.80, 1.15	0.65	136	1.04	0.84, 1.29	0.73	33	0.76	0.52, 1.12	0.19
Lung	45	0.81	0.56, 1.16	0.24	35	1.11	0.71, 1.72	0.65	10	0.41	0.19, 0.87	0.02
Gastrointestinal $7$	73	1.08	0.82, 1.44	0.58	61	1.05	0.76, 1.45	0.76	12	1.18	0.63, 2.19	0.60
Urinary <sup>8</sup>	36	1.08	0.72, 1.60	0.72	30	1.20	0.77, 1.89	0.43	9	0.89	0.38, 2.11	0.79
Head Neck $^{\mathcal{G}}$	13	0.98	0.50, 1.90	0.94	8	0.85	0.34, 2.13	0.72	S	1.17	0.45, 3.04	0.75
Cigarette-Snuff												
Total Cancers	95	0.98	0.79, 1.22	0.88	79	0.97	0.76, 1.23	0.78	16	1.05	0.63, 1.76	0.85
Smoking Cancers $\delta$	35	0.96	0.68, 1.36	0.83	26	06.0	0.60, 1.35	0.60	6	1.21	0.62, 2.35	0.57
Lung	8	0.86	0.41, 1.84	0.70	5	0.86	0.31, 2.36	0.77	3	·		ī
Gastrointestinal $^7$	14	0.91	0.53, 1.56	0.73	11	0.82	0.44, 1.50	0.51	3	ı	·	ı

		-	Ever			F	Former			IJ	Current	
Cancer site	Cases	HR <sup>2</sup>	HR <sup>2</sup> 95% CI <sup>2</sup>	$\mathbf{P}^2$	Cases	HR <sup>2</sup>	Cases HR <sup>2</sup> 95% CI <sup>2</sup> P <sup>2</sup>	$\mathbf{P}^{2}$	Cases	HR <sup>2</sup>	Cases HR <sup>2</sup> 95% CI <sup>2</sup>	$\mathbf{P}^2$
Urinary <sup>8</sup>	10	1.32	0.69, 2.53	0.40	∞	1.23	1.23 0.59, 2.55	0.58	2		ı	.
Head Neck <sup>9</sup>			ı	ı	0	ı	·	ı	1	ı	ı	
Adjusted for age, gender,	der, race, s	state of r	esidence, educ	cation, al	cohol freq	luency, (	race, state of residence, education, alcohol frequency, cigarettes per day, years smoked cigarettes	lay, year	s smoked	cigarett	es	
$^3$ Reference for ever smokers=19,009; former smokers=11,379; current smokers=7,603;	10kers=19,	,009; fori	mer smokers=	=11,379; (	current sn	okers=7	7,603;					
<i>t</i> Cigarette smokers who ev	io ever use	d cigars,	/er used cigars, cigarillos and/or pipes	1/or pipes								
$\mathcal{S}_{\mathrm{Cigarette}}$ smokers who ev	io ever use	d chewir	/er used chewing tobacco and/or snuff	d/or snuf	Ĩ							
6 Bladder, colon, cervix, esophagus, kidney, larynx, lip, liver, lung, myeloid leukemia, nasal and sinus, oral cavity, pancreas, pharynx, rectum, stomach, tongue, ureter, uterine	<ul><li>κ, esophag</li></ul>	us, kidne	y, larynx, lip,	liver, lur	ıg, myeloi	id leuker	mia, nasal and	sinus, o	ral cavity.	, pancrea	ıs, pharynx, re	ctum, stomach, tongı
Colon, esophagus, liver, pancreas, rectum, stomach	er, pancre:	as, rectur	m, stomach									

gLarynx, lip, nasal and sinus, oral cavity, pharynx, tongue

 ${}^{\mathcal{S}}_{\text{Bladder, kidney, ureter}}$ 

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Table 6

Cancer risk for dual tobacco use<sup>1</sup> compared to exclusive cigarette use

			Cigare	stte Smo	Cigarette Smoking Duration	ration					Cigaret	te Smok	Cigarette Smoking Frequency	uency		
		1;	l5 years			>1;	>15 years			15 cigare	15 cigarettes per day		^	15 cigare	>15 cigarettes per day	
	Cases	HR <sup>2a</sup>	95% CI <sup>2a</sup>	$\mathbf{p}^{2a}$	Cases	HR <sup>2a</sup>	95% CI <sup>2a</sup>	$\mathbf{p}^{2a}$	Cases	$HR^{2b}$	95% CI <sup>2b</sup>	$p^{2b}$	Cases	$HR^{2b}$	95% CI <sup>2b</sup>	$\mathbf{P}^{2b}$
Exclusive Cigarette																
Smokers <sup>3</sup>		1.00				1.00				1.00				1.00		
Cigarette-Other Combustible Tobacco	bustible	) Tobacco	4													
Total Cancers	389	1.04	0.91, 1.18	0.57	678	1.11	1.00, 1.22	0.04	683	1.08	0.98, 1.19	0.12	368	1.08	0.95, 1.23	0.26
Smoking Cancers $\delta$	139	1.10	0.88, 1.37	0.39	380	1.19	1.04, 1.36	0.01	307	1.14	0.99, 1.33	0.08	208	1.20	1.01, 1.43	0.04
Lung	26	1.57	0.92, 2.70	0.10	163	1.29	1.05, 1.58	0.02	102	1.43	1.10, 1.87	0.01	84	1.21	0.92, 1.60	0.17
Gastrointestinal $7$	57	0.88	0.63, 1.23	0.44	122	1.27	1.01, 1.61	0.05	113	1.01	0.79, 1.29	0.91	68	1.31	0.96, 1.80	0.09
Urinary <sup>8</sup>	37	1.27	0.82, 1.98	0.28	59	0.97	0.70, 1.35	0.85	62	1.14	0.82, 1.59	0.44	32	0.95	0.62, 1.48	0.83
Head Neck $^{g}$	12	1.05	0.48, 2.27	06.0	27	1.37	0.84, 2.24	0.21	21	1.15	0.67, 1.97	0.62	17	1.44	0.76, 2.75	0.26
Cigarette-Cigar																
Total Cancers	127	1.03	0.84, 1.26	0.78	156	1.03	0.86, 1.22	0.76	193	1.04	0.89, 1.23	0.61	86	0.99	0.79, 1.26	0.95
Smoking Cancers $\delta$	48	1.12	0.80, 1.57	0.51	06	1.11	0.88, 1.4	0.37	89	1.13	0.89, 1.43	0.33	48	1.10	0.80, 1.50	0.56
Lung	6	1.91	0.86, 4.22	0.11	38	1.18	0.83, 1.68	0.37	27	1.42	0.92, 2.20	0.12	20	1.07	0.65, 1.74	0.80
Gastrointestinal $^7$	26	1.10	0.70, 1.73	0.69	34	1.39	0.95, 2.04	0.09	42	1.21	0.85, 1.73	0.30	19	1.43	0.86, 2.37	0.17
Urinary <sup>8</sup>	8	0.82	0.37, 1.84	0.64	14	0.87	0.48, 1.58	0.65	15	0.87	0.48, 1.57	0.64	9	0.83	0.36, 1.94	0.67
Head Neck $^{g}$	4	1.02	0.30, 3.50	0.98	3	ī	ı	ı	З	ı	ı	,	3	ı	ı	ı.
Cigarette-Cigarillo																
Total Cancers	106	1.03	0.84, 1.28	0.76	309	1.20	1.05, 1.36	0.01	250	1.14	0.99, 1.31	0.08	163	1.17	0.98, 1.40	0.08
Smoking Cancers $\delta$	44	1.22	0.87, 1.72	0.25	177	1.29	1.09, 1.53	0.004	122	1.23	1.00, 1.52	0.05	66	1.33	1.05, 1.67	0.02
Lung	٢	1.19	0.49, 2.87	0.70	76	1.30	0.99, 1.60	0.06	44	1.37	0.96, 1.96	0.08	39	1.22	0.85, 1.76	0.28
Gastrointestinal $7$	20	1.08	0.64, 1.80	0.78	58	1.52	1.24, 2.06	0.01	45	1.25	0.89, 1.75	0.21	33	1.59	1.06, 2.37	0.02
Urinary <sup>8</sup>	6	1.30	0.63, 2.67	0.48	22	0.94	0.58, 1.51	0.79	19	1.10	0.66, 1.82	0.73	12	0.91	0.48, 1.75	0.78
Head Neck $^{g}$	ю	ı	·	ı	15	1.64	0.91, 2.96	0.10	×	1.17	0.54, 2.52	0.69	10	1.77	0.84, 3.73	0.14

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**Cigarette Smoking Duration** 

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**Cigarette Smoking Frequency** 

			)		,						)		, ,			
		15	5 years			>15	>15 years			15 cigare	15 cigarettes per day		^	15 cigare	>15 cigarettes per day	
	Cases	HR <sup>2a</sup>	95% CI <sup>2a</sup>	$P^{2a}$	Cases	HR <sup>2a</sup>	95% CI <sup>2a</sup>	$p^{2a}$	Cases	HR <sup>2b</sup>	95% CI <sup>2b</sup>	$\mathbf{P}^{2b}$	Cases	$HR^{2b}$	95% CI <sup>2b</sup>	$\mathbf{P}^{2b}$
Cigarette-Pipe																
Total Cancers	86	1.24	0.98, 1.57	0.08	104	1.03	0.84, 1.27	0.78	129	1.14	0.94, 1.38	0.17	58	1.05	0.80, 1.39	0.71
Smoking Cancers $^{6}$	26	1.18	0.78, 1.78	0.44	58	1.10	0.83, 1.47	0.52	54	1.17	0.87, 1.57	0.29	29	1.07	0.72, 1.59	0.72
Lung	9	2.30	0.93, 5.75	0.07	26	1.43	0.91, 2.24	0.12	15	1.44	0.82, 2.54	0.21	15	1.74	0.99, 3.06	0.06
Gastrointestinal $7$	9	0.55	0.25, 1.28	0.17	10	0.60	0.31, 1.14	0.12	12	0.58	0.31, 1.07	0.08	5	0.60	0.24, 1.48	0.27
$\operatorname{Urinary}^{\mathcal{S}}$	11	1.95	0.99, 3.82	0.05	15	1.29	0.73, 2.28	0.39	18	1.71	1.01, 2.91	0.05	8	1.16	0.54, 2.48	0.70
Head Neck $^{g}$	7	ı	ı	ı	9	1.86	0.77, 4.52	0.17	8	2.62	1.19, 5.78	0.02	0	,	ı	ı
Cigarette-Smokeless Tobacco <sup>5</sup>	Tobacco	S														
Total Cancers	233	1.00	0.86, 1.17	0.92	244	0.95	0.82, 1.10	0.47	326	0.94	0.82, 1.07	0.36	152	1.05	0.87, 1.27	0.58
Smoking Cancers $\delta$	89	1.13	0.85, 1.47	0.37	113	0.85	0.69, 1.06	0.13	125	0.87	0.70, 1.08	0.21	LL	1.08	0.83, 1.41	0.56
Lung	8	0.64	0.24, 1.67	0.36	44	0.82	0.58, 1.16	0.29	26	0.68	0.42, 1.09	0.11	26	0.97	0.61, 1.53	0.88
Gastrointestinal $7$	52	1.36	0.95, 1.30	0.09	35	0.80	0.55, 1.17	0.21	60	1.00	0.73, 1.36	0.99	26	1.14	0.72, 1.78	0.58
$\mathrm{Urinary}^{\mathcal{S}}$	17	1.03	0.57, 1.87	0.91	28	1.10	0.71, 1.70	0.65	27	0.93	0.59, 1.47	0.76	18	1.33	0.76, 2.31	0.32
Head Neck <sup>9</sup>	6	1.18	0.50, 2.79	0.71	S	0.66	0.25, 1.65	0.35	10	0.81	0.37, 1.78	0.60	S	1.00	0.37, 2.71	1.00
<b>Cigarette-Chewing Tobacco</b>	obacco															
Total Cancers	176	1.05	0.87, 1.25	0.63	193	0.94	0.79, 1.10	0.42	251	0.95	0.82, 1.10	0.49	118	1.08	0.87, 1.32	0.49
Smoking Cancers $^{6}$	68	1.16	0.86, 1.57	0.33	94	0.86	0.68, 1.09	0.22	102	06.0	0.71, 1.14	0.40	61	1.08	0.80, 1.45	0.63
Lung	٢	0.73	0.25, 2.12	0.56	36	0.81	0.55, 1.20	0.30	22	0.68	0.41, 1.15	0.15	22	0.99	0.60, 1.64	0.96
Gastrointestinal $7$	39	1.38	0.92, 2.06	0.12	31	0.87	0.58, 1.31	0.50	48	1.04	0.74, 1.47	0.82	21	1.20	0.73, 1.97	0.48
Urinary <sup>8</sup>	12	0.96	0.47, 1.93	06.0	23	1.12	0.70, 1.81	0.64	23	1.03	0.63, 1.69	0.91	12	1.09	0.56, 2.11	0.81
Head Neck <sup>9</sup>	8	1.43	0.57, 3.57	0.44	4	0.66	0.23, 1.88	0.43	8	0.79	0.33, 1.94	0.61	S	1.31	0.48, 3.58	0.59
Cigarette-Snuff																
Total Cancers	48	0.97	0.72, 1.30	0.81	43	0.92	0.57, 1.50	0.75	65	0.96	0.74, 1.25	0.77	27	1.04	0.70, 1.54	0.85
Smoking Cancers $^{6}$	17	1.01	0.62, 1.67	0.96	18	1.03	0.45, 2.32	0.95	19	0.80	0.50, 1.27	0.34	15	1.31	0.77, 2.21	0.32
Lung	1	ī	ı	ī	7	0.57	0.21, 1.54	0.26	4	0.89	0.32, 2.43	0.82	ю	,	ı	ī

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			Cigar	ette Smo	Cigarette Smoking Duration	ation					Cigaret	te Smoł	Cigarette Smoking Frequency	luency		
		15	15 years			>15	>15 years			15 cigar	15 cigarettes per day		Λ	>15 cigare	>15 cigarettes per day	
	Cases	HR <sup>2a</sup>	95% CI <sup>2</sup> a P <sup>2</sup> a	$p^{2a}$	Cases	HR <sup>2a</sup>	95% CI <sup>2a</sup>	$p^{2a}$	Cases	HR <sup>2b</sup>	95% CI <sup>2</sup> b P <sup>2</sup> b	$p^{2b}$	Cases	HR <sup>2b</sup>	95% CI <sup>2b</sup>	$\mathbf{P}^{2b}$
Gastrointestinal <sup>7</sup>	10	1.20	0.63, 2.30	0.58	4	1.21	0.49, 2.99	0.69	6	0.78	0.40, 1.53	0.46	5	1.28	0.51, 3.17	0.60
Urinary <sup>8</sup>	5	1.39	0.54, 3.56	0.49	5	0.75	0.10, 5.53	0.77	4	0.76	0.28, 2.08	0.59	9	2.51	1.06, 5.94	0.04
Head Neck $^{g}$	0		·	·	-		ı		1		ı		0		·	
ICigarette smokers who ever used another tobacco product	o ever use	ed another	r tobacco produ	lot												
$^{2a}$ Adjusted for age, gender, race, state of residence, education, alcohol frequency, cigarettes per day	nder, race	, state of r	residence, educ	ation, al	cohol free	juency, ci	garettes per da	ay								
$^{2b}$ Adjusted for age, gender, race, state of residence, education, alcohol frequency, years smoked cigarettes	nder, race	state of r	residence, educ	cation, al	cohol free	quency, y	ears smoked ci	igarettes								
<sup>3</sup> Reference for 15 years=10,545; >15 years=7,970; 15 cigarettes per day=13,748; >15 cigarettes per day=4,823	urs=10,54.	5; >15 ye	ars=7,970; 15	i cigarett	es per day	y=13,748;	>15 cigarette	s per day	<sup>r</sup> =4,823							
${}^{4}$ Cigarette smokers who ever used cigars, cigarillos and/or pipes	o ever use	ed cigars,	cigarillos and/	or pipes												
$\mathcal{S}^{}_{\mathrm{Gigarette}}$ smokers who ever used chewing tobacco and/or snuff	o ever use	ed chewin	g tobacco and/	or snuff												
6 Bladder, colon, cervix, esophagus, kidney, larynx, lip, liver, lung, myeloid leukemia, nasal and sinus, oral cavity, pancreas, pharynx, rectum, stomach, tongue, ureter, uterine	i, esophag	gus, kidneg	y, larynx, lip, li	iver, lun§	3, myeloic	1 leukemi:	a, nasal and si	nus, oral	cavity, p	mcreas, p	harynx, rectur	n, stoma	ch, tongu	e, ureter, 1	uterine	
7Colon, esophagus, liver, pancreas, rectum, stomach	er, pancre	as, rectun	n, stomach													
$^{\mathcal{S}}_{\mathbf{B}}$ Bladder, kidney, ureter	r															
$arsigma_{ m Larynx,}$ lip, nasal and sinus, oral cavity,	sinus, ora	al cavity, I	pharynx, tongue	e												