

Clinical Trials Study

Diagnostic value of gadobenate dimeglumine-enhanced hepatocyte-phase magnetic resonance imaging in evaluating hepatic fibrosis and hepatitis

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Abstract**AIM**

To evaluate the diagnostic value of gadobenate dimeglumine (Gd-BOPTA)-enhanced hepatocyte-phase magnetic resonance imaging (MRI) in evaluating hepatic fibrosis and hepatitis.

METHODS

Hepatocyte-phase images of Gd-BOPTA-enhanced MRI were retrospectively evaluated in 76 patients with chronic liver disease. These patients were classified into five groups according to either the histopathological fibrosis stage (S0-S4) or the histopathological hepatitis grade (G0-G4). The relative enhancement ratio (RE) of the liver parenchyma in the T1-vibe sequence was calculated by measuring the signal intensity before (SI pre) and 90 min after (SI post) intravenous injection of Gd-BOPTA using the following formula: $RE = (SI \text{ post} - SI \text{ pre}) / SI \text{ pre}$. One-way analysis of variance was used to compare the difference between the relative RE in the hepatocyte phase (REh) and the stage of hepatic fibrosis and the grade of hepatitis. Pearson's product-moment correlation analysis was used to evaluate the relationship between the REh and the levels of

serologic liver functional parameters.

RESULTS

According to histopathological hepatic fibrosis stage, the 76 patients were classified into five groups: 16 in S0, 15 in S1, 21 in S2, 9 in S3, and 15 in S4 group. According to histopathological hepatitis grade, the 76 patients were also classified into five groups: 0 in G0, 44 in G1, 22 in G2, 8 in G3, and 2 in G3 group. With regard to the stage of hepatic fibrosis, REh showed significant differences between the S2 and S3 groups and between the S2 and S4 groups ($P < 0.05$), but no significant difference was observed between the other groups. With regard to the grade of hepatitis, REh showed significant differences between the G1 and G2 groups and between the G1 and G4 groups ($P < 0.05$), but no significant difference was observed between the other groups. Increased REh showed correlations with decreased serum levels of TB, ALT and AST ($P < 0.05$).

CONCLUSION

To some extent, measuring the REh using Gd-BOPTA-enhanced MRI might be a noninvasive technique for assessing the stage of hepatic fibrosis. This method is able to differentiate no/mild hepatitis from advanced hepatitis. TB, ALT and AST levels can predict the degree of liver enhancement in the hepatocyte phase of Gd-BOPTA-enhanced MRI.

Key words: Gd-BOPTA; Magnetic resonance imaging; Hepatocyte phase; Relative enhancement; Hepatic fibrosis

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Core tip: A crucial issue in the prognosis and management of chronic liver diseases is the extent and the progression of hepatic fibrosis. The percutaneous liver biopsy is a widely adopted classical method to diagnose hepatic fibrosis, but it is invasive. We use the degree enhancement in the hepatocyte phase of Gd-BOPTA-enhanced magnetic resonance imaging to evaluate the liver condition of patients with chronic liver diseases. This method is recommended because of advantages such as no injury to the patient and possibility to assess the stage of hepatic fibrosis, the degree of hepatitis and the liver function.

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INTRODUCTION

Hepatic fibrosis is an unavoidable process when chronic

liver disease (CLD) develops into cirrhosis. Effective and scientific anti-fibrotic treatments can contribute to the regression of fibrosis^[1-3], but no treatments for cirrhosis have been reported in previous research findings^[4]. It is therefore essential to diagnose early fibrosis in the therapeutic process of CLD because it can delay or reverse the fibrotic process, thereby reducing the morbidity and mortality of terminal liver disease. With the recent development and application of new imaging techniques such as ultrasound elasticity imaging^[5], magnetic resonance (MR) diffusion-weighted imaging^[6], and liver magnetic resonance elastography^[7], early diagnosis of hepatic fibrosis and cirrhosis is possible by imageology. However, these techniques are still in the early phases of research.

Several studies have shown that MR imaging (MRI) with administration of hepatocyte-specific MR contrast media^[8-11] is more accurate than dynamic helical computed tomography (CT) and unenhanced MRI for the detection of focal lesions. The hepatocyte-specific MR contrast agents gadoxetic acid disodium (Gd-EOB-DTPA; Primovist, Schering, Berlin, Germany) and gadobenate dimeglumine (Gd-BOPTA; MultiHance; Bracco Imaging, Milan, Italy), with the dual properties of an extracellular agent and a hepatobiliary contrast agent, are gradually taken up by functional hepatocytes and excreted into bile^[12,13] and could display liver parenchymal enhancement in the hepatocyte phase^[8]. Impaired hepatobiliary function may severely influence the hepatic uptake of Gd-EOB-DTPA^[14], but fewer studies have focused on Gd-BOPTA in the assessment of CLD.

This study investigated the relationship between the enhancement degree in the hepatocyte phase of Gd-BOPTA-enhanced MRI and the stage of hepatic fibrosis, the grade of hepatitis and the levels of functional serum markers. The aim of this study was to evaluate the diagnostic value of Gd-BOPTA-enhanced hepatocyte-phase MRI in evaluating hepatic fibrosis and hepatitis.

MATERIALS AND METHODS

Patients

This retrospective study was approved by the ethics committee of our hospital, and the requirement for informed consent was waived. The study population was selected from a database of 512 CLD patients who underwent Gd-BOPTA-enhanced hepatocyte-phase MRI examination from December 2014 to March 2016. Seventy-six patients were enrolled in this study group based on the following criteria: (1) They underwent ultrasound-guided percutaneous right liver biopsy within one week after the MRI examination, and the biopsy report included the stage of hepatic fibrosis and the grade of hepatitis; (2) They took the serologic liver functional test within one week of the MRI examination; (3) They did not undergo hepatobiliary surgery or liver transplantation and there were no hepatic lesions with a diameter > 3 cm; and

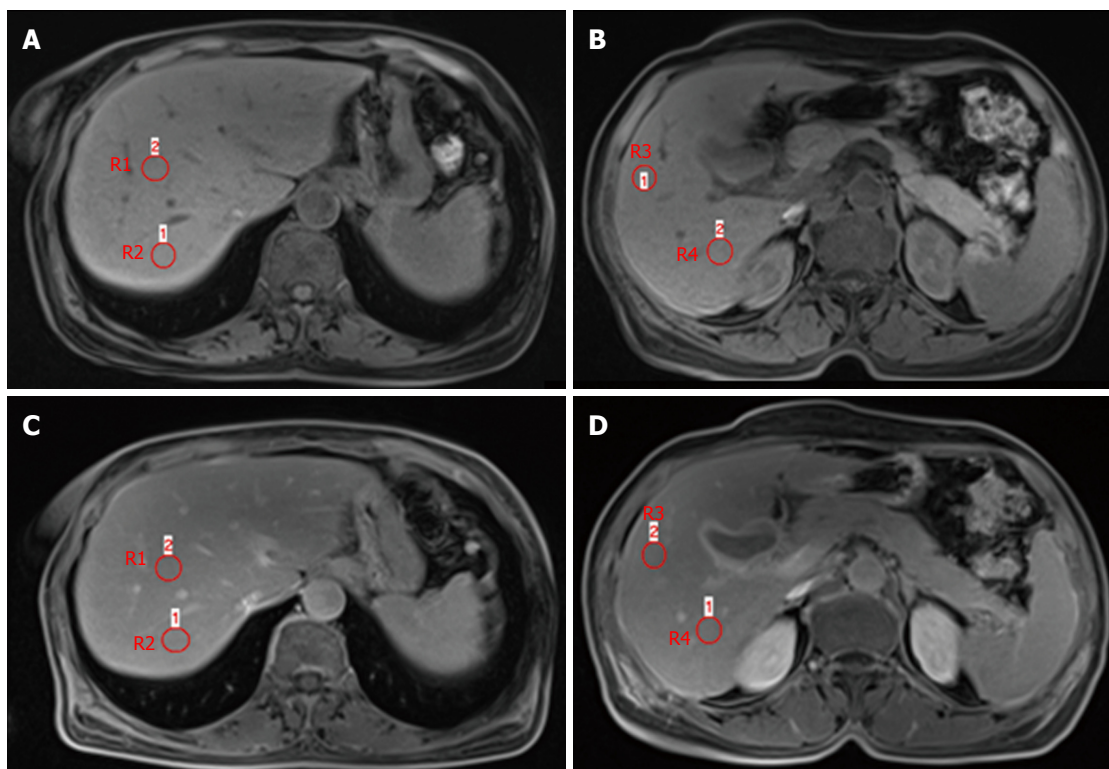


Figure 1 Transverse T1-vibe fat-suppressed (A and B) and T1-vibe fat-suppressed hepatocyte phase of Gd-BOPTA-enhanced magnetic resonance imaging (C and D) in a patient with S1 hepatic fibrosis. SI pre = $(R1 + R2 + R3 + R4)/4$ in A and B; SI post = $(R1 + R2 + R3 + R4)/4$ in C and D; RE = $(SI \text{ post} - SI \text{ pre})/SI \text{ pre}$.

(4) They had no renal insufficiency. The information of 76 patients, including age, gender, pathogeny and the liver functional serum markers which contained total bilirubin (TB), albumin, prothrombin time (PT), alanine aminotransferase (ALT), and aspartate aminotransferase (AST), was collected.

MRI

All MRI examinations were performed on a single 3 Tesla unit (Magnetom Verio, A Tim System; Siemens Healthcare, Erlangen, Germany) using an eight-channel body phased-array coil and a spine array coil. The standard sequences performed before Gd-BOPTA administration were T1-weighted in-phase and T1-weighted out-phase imaging, respiratory triggered fat-suppressed turbo spin-echo T2-weighted and diffusion weight imaging. Then, a transverse T1-weighted volume interpolated breath hold examination (T1-vibe) sequence with fat suppression was acquired before and after contrast medium injection in the arterial phase (25 s), portal venous phase (60 s), hepatic vein phase (120 s) and hepatocyte phase (90 min). The T1-vibe image parameters were as follows: repetition time, 3.92 ms; echo time, 1.39 ms; flip angle, 9° ; slice thickness, 3 mm; number of partitions, 80; bandwidth, 400 Hz/pixel; field of view (FOV), 380 mm \times 308 mm; matrix, 182 \times 320; acceleration factor, 2; and acquisition time, 17 s.

All patients received a bolus injection of 0.2 mmol/kg body weight Gd-BOPTA into a cubital or antecubital

vein at 2-3 mL/s using a power injector, followed by a 20-mL saline flush at the same speed.

Imaging analysis

The signal intensity (SI) measurements were performed on a secondary workstation of the SIEMENS healthcare system by a radiologist with more than 20 years of experience in abdominal MRI. The expert radiologist was blinded to the patients' clinical history, laboratory data, and histopathology characteristics. Measurements were performed by positioning four circular regions of interest (ROIs) of a minimum of 1.0 cm²-2.0 cm² in the four segments of the right liver lobe in a position similar to that of the right liver biopsy location. SI was obtained by using the averages from the four ROIs located in the right liver. ROIs were drawn to avoid vascular motion and abdominal wall artefacts, as well as visible vascular and biliary structures. Quantitative measurements of the SI of the liver were performed on unenhanced (SI pre) and Gd-BOPTA-enhanced hepatocyte-phase axial images (SI post). Normalized enhanced liver SI was calculated as the relative enhancement (RE) according to the following formula: $RE = (SI \text{ post} - SI \text{ pre})/SI \text{ pre}$ (Figure 1).

Pathological analysis

The 76 patients underwent ultrasound-guided percutaneous right liver biopsy within one week after the

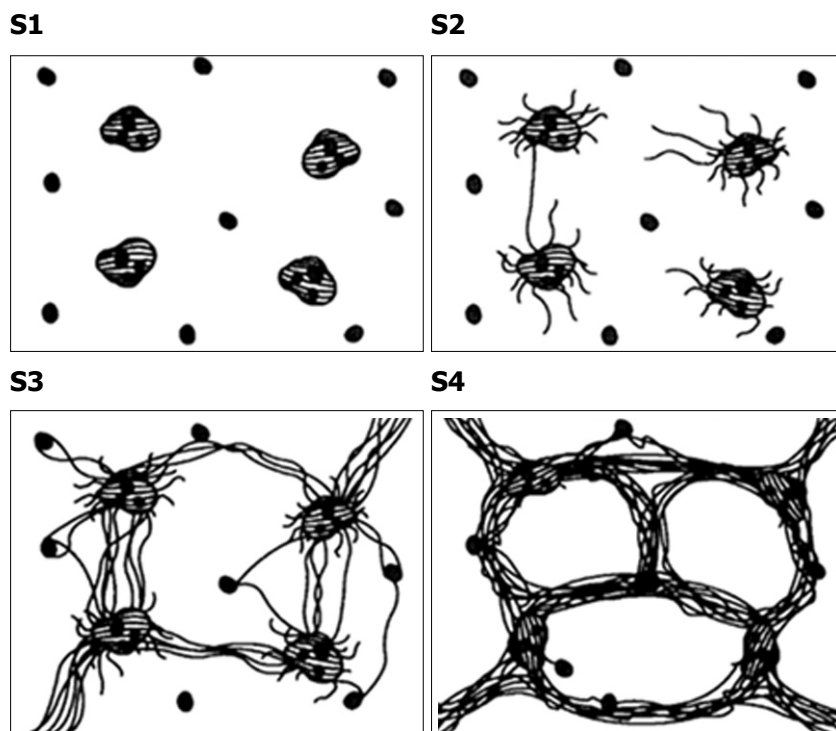


Figure 2 Schematic diagram of staging of hepatic fibrosis. S1: Portal fibrosis characterized by mild fibrous expansion of portal tracts; S2: Periportal fibrosis showing fine strands of connective tissue in zone 1 with only rare portal-portal septa; S3: Septal fibrosis manifested by connective tissue bridges that link portal tracts with other portal tracts and central veins; minimally distorted architecture, but no regenerative nodules; S4: Cirrhosis showing bridging fibrosis and nodular regeneration.

Table 1 The pathological stage of hepatic fibrosis

Stage	Description	Criteria
S0	No fibrosis	Normal connective tissue
S1	Portal fibrosis	Fibrous portal expansion
S2	Periportal fibrosis	Periportal or rare portal-portal septa
S3	Septal fibrosis	Fibrous septa with architectural distortion; no obvious cirrhosis
S4	Early cirrhosis	Cirrhosis

Table 2 The pathological grade of hepatitis

Grade	Description	Criteria
G0	No activity	No lobular inflammation and necrosis
G1	Minimal activity	Minimal, occasional spotty necrosis
G2	Mild activity	Mild, little hepatocellular damage
G3	Moderate activity	Moderate, noticeable hepatocellular change
G4	Severe activity	Severe, prominent diffuse hepatocellular damage

Gd-BOPTA enhanced MRI examination. According to the stage of hepatic fibrosis and the grade of hepatitis in the Batts and Ludwig system^[15], hepatic fibrosis was classified into five stages (Table 1 and Figure 2) and hepatitis was classified into five grades (Table 2 and Figure 3). All biopsies were read by the same liver pathologist who was blinded to the patient details and the MR examination results (Table 3).

Statistical analysis

Data entry and analysis were performed by using the SPSS version 18.0. One-way analysis of variance was used to compare the differences between the degree of the relative enhancement in the hepatocyte phase (REh) and the stage of liver fibrosis and the grade of hepatitis. Pearson’s product-moment correlation analysis was used to evaluate the relationship between the REh and the levels of serologic liver functional parameters. *P* values < 0.05 were considered statistically significant.

RESULTS

Of the 76 patients prospectively enrolled, 47 were male and 29 were female, with a mean age of 42.7 years. The diagnostic work-up resulted in the following 11 definite or plausible causes of CLD in the 76 patients (Table 3).

According to the stage of liver fibrosis in the pathological reports, the 76 patients were classified into five groups: 16 in S0, 15 in S1, 21 in S2, 9 in S3, and 15 in S4 group. According to the grade of hepatitis in the pathological reports, the 76 patients were also classified into five groups: 0 in G0, 44 in G1, 22 in G2, 8 in G3, and 2 in G4 group.

Differences in REh between different stages of the hepatic fibrosis

One-way analysis of variance (Table 4) demonstrated

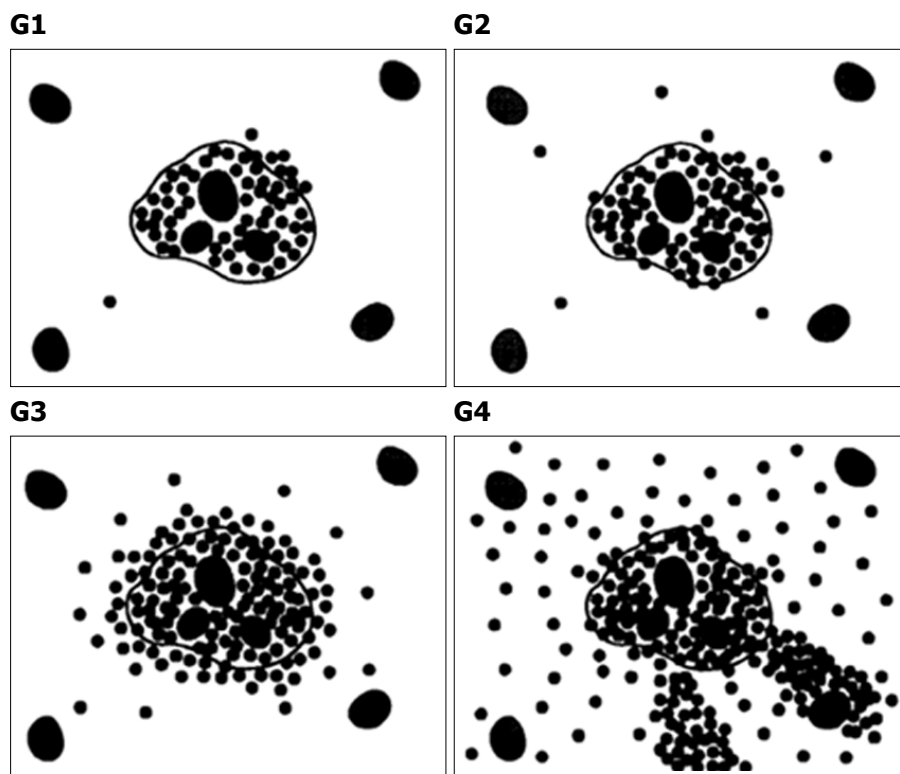


Figure 3 Schematic diagram of grading of hepatitis. G1: Minimal activity with mild portal inflammation but scant piecemeal necrosis; G2: Mild activity with mild portal inflammation, piecemeal necrosis, and scant lobular spotty necrosis; G3: Moderate activity with moderate portal inflammation and lobular spotty necrosis; G4: Severe activity with marked portal inflammation, brisk piecemeal necrosis, and areas of confluent necrosis resulting in bridging.

Table 3 Pathogeny statistics		
Pathogeny	Number	Percent
Chronic hepatitis B	47	61.80%
Primary biliary cirrhosis	10	13.20%
Non-alcoholic fatty liver disease	5	6.60%
Chronic drug hepatitis	4	5.30%
Autoimmune hepatitis	2	2.60%
Alcoholic fatty liver disease	2	2.60%
Chronic hepatitis EB	2	2.60%
Hemochromatosis	1	1.30%
Hyperthyroid liver damage	1	1.30%
Hyperbilirubinemia	1	1.30%
Portal hypertension	1	1.30%

Table 4 Relative enhancement ratio in the hepatocyte phase in the five stages of hepatic fibrosis			
Stage	REh (mean ± SD)	Minimum value	Maximum value
S0 (n = 16)	0.450 ± 0.195	0.129	0.698
S1 (n = 15)	0.460 ± 0.176	0.178	0.715
S2 (n = 21)	0.542 ± 0.204	0.229	1.006
S3 (n = 9)	0.364 ± 0.177	0.323	0.621
S4 (n = 15)	0.411 ± 0.184	0.184	0.836

REh: Relative enhancement ratio in the hepatocyte phase.

that for REh, there were significant differences between the S2 and S3 groups (0.542 ± 0.205 vs 0.364 ± 0.177 , $P = 0.021$) and between the S2 and S4 groups (0.542 ± 0.205 vs 0.411 ± 0.184 , $P = 0.044$), and there were no significant differences between the other groups. Figure 4 illustrates that REh decreased as the stage of hepatic fibrosis progressed.

Differences in REh between different grades of hepatitis

One-way analysis of variance (Table 5) demonstrated that for REh, there were significant differences between the G1 and G2 groups (0.505 ± 0.194 vs 0.402 ± 0.190 , $P = 0.039$) and between the G1 and G4 groups (0.505 ± 0.194 vs 0.209 ± 0.017 , $P = 0.032$), and there were

no significant differences between the other groups (Figure 5).

Correlation between REh and serologic liver functional parameters

Pearson’s product-moment correlation analysis indicated that the TB, ALT, and AST were significantly negatively correlated with the REh ($r = -0.346$, $P = 0.002$; $r = -0.290$, $P = 0.011$; $r = -0.299$, $P = 0.009$), but albumin and PT were not significantly correlated with the REh ($P = 0.227$, $P = 0.263$) (Table 6).

DISCUSSION

The prognosis and management of CLD greatly depend on the extent and the progression of hepatic

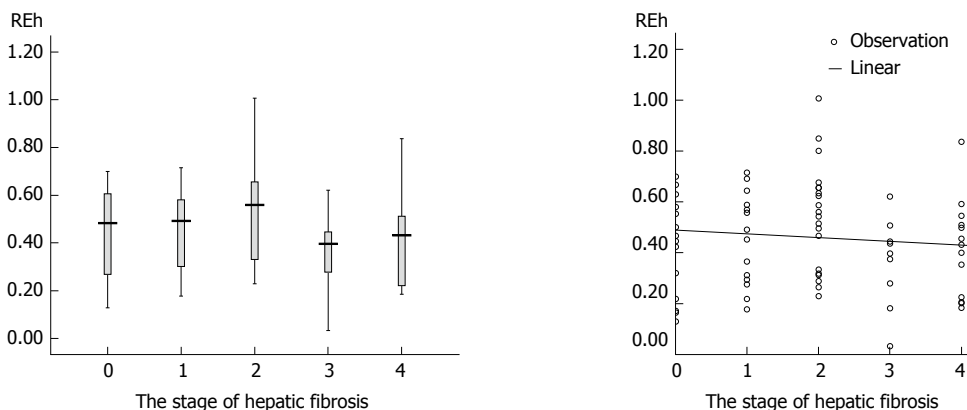


Figure 4 The correlation between relative enhancement ratio in the hepatocyte phase and the stage of hepatic fibrosis. REh: Relative enhancement ratio in the hepatocyte phase.

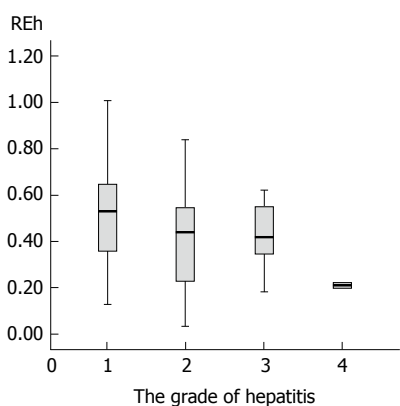


Figure 5 The correlation between relative enhancement ratio in the hepatocyte phase and the grade of hepatitis. REh: Relative enhancement ratio in the hepatocyte phase.

Table 5 Relative enhancement ratio in the hepatocyte phase in the five grades of hepatitis

Grade	REh (mean ± standard)	Minimum value	Maximum value
G1 (n = 44)	0.505 ± 0.194	0.129	1.006
G2 (n = 22)	0.402 ± 0.190	0.033	0.836
G3 (n = 8)	0.428 ± 0.147	0.182	0.621
G4 (n = 2)	0.209 ± 0.170	0.197	0.221

REh: Relative enhancement ratio in the hepatocyte phase.

fibrosis^[16]. Early detection of hepatic fibrosis and accurate assessment of the curative effect of anti-fibrotic therapy depend on the reliable, repeatable, safe diagnosis of hepatic fibrosis^[17]. In recent years, due to technical advances in MRI and the application of hepatocyte-specific MR contrast agents, hepatic disease diagnosis by MRI has been further improved. Gd-BOPTA enters hepatocytes and are subsequently excreted into bile with the help of organic anion transporting polypeptides (OATPs) on the cytomembrane^[18-21]. In humans, 95% of the dose of Gd-BOPTA are excreted in urine and only approximately 3%-5% of the dose are excreted into bile^[8,22]. Although Gd-BOPTA through the liver metabolism is little, its hepatic elimination is slow and it can maintain the liver enhancement for 40 to 120 min^[23]. Previous research findings have indicated that the degree of enhancement of GD-EOB-DTPA decreased as the stage of hepatic fibrosis progressed^[24]. Similar to Gd-EOB-DTPA, with the depletion in the number of hepatocytes or the failure of the hepatocellular function in hepatic fibrosis patients, the enhancement in the hepatocyte phase of Gd-BOPTA-enhanced MRI was insufficient. It is feasible to use the degree of REh of Gd-BOPTA-enhanced MRI

to quantify the stage of hepatic fibrosis and the degree of hepatitis.

The main finding of our study was that there were significant differences in the REh between the S2 and S3 groups and between the S2 and S4 groups. There are likely multiple mechanisms responsible for this finding. First, the number of organic anion carriers of Gd-BOPTA in the hepatocytes was depleted with hepatic fibrosis progression^[25]. Second, the S2 group represented mild hepatic fibrosis and the S3 and S4 groups represented severe hepatic fibrosis; therefore, the uptake of Gd-BOPTA was obviously decreased in the severe group compared with the mild group. The curative effect is satisfactory when hepatic fibrosis is in the S1 or S2 stage. In these stages, the course of fibrosis can be completely reversed by yielding a normal liver organization structure. The curative effect is unsatisfactory when hepatic fibrosis is in the stage of S3 or S4, when it is difficult to reverse the course of fibrosis^[26]. Therefore, distinguishing S2 from S3 and S4 makes sense. Our results also showed that the degree of REh was decreased in more advanced fibrosis stages, in agreement with a previous study^[27]. Some possible causes may contribute to this result. On one hand, hepatic fibrosis causes hepatocellular hypofunction. On the other hand, a liver which is in the process of hepatic fibrosis and regeneration has a reduced number of functional hepatocytes. As a result, the intake and excretion of GD-BOPTA in unhealthy livers are reduced and the degree of REh is decreased.

Table 6 Correlation of relative enhancement ratio in the hepatocyte phase with serologic liver functional parameters

Variable	Mean	SD	Range	Coefficient factor	P value
TB	43.52	80.81	4.2-484.7	-0.346 ²	0.002
PT (s)	12.13	1.82	0.9-16.8	-0.130	0.263
ALB (g/L)	39.73	6.31	16.0-66.4	0.140	0.227
ALT (U/L)	124.45	166.44	16-939	-0.290 ¹	0.011
AST (U/L)	63.46	60.47	14-351	-0.299 ²	0.009

¹Significantly correlated; ²More significantly correlated. The normal range of the serologic liver functional parameters: TB: 3.4-20.5 μ mol/L; PT: 12-14 s; ALB: 40.0-55.0 g/L; ALT: 7-40 U/L; AST: 13-35 U/L; ALP: 50-135 U/L. TB: Total bilirubin; PT: Prothrombin time; ALT: Alanine aminotransferase; AST: Aspartate aminotransferase.

The value of REh overlapped among different stages of fibrosis. The likely reasons are two-fold. First, hepatic fibrosis progression varies in different segments of the liver, and pathological sampling might therefore not represent the right liver fibrosis. Second, hepatic fibrosis progression is a continuous process that cannot be clearly segmented. Fibrosis progression was artificially separated into five stages according to the change in histomorphology; therefore, there was a deviation from the established histopathological fibrosis stages.

Hepatitis is accompanied by hepatic fibrosis. The results for hepatitis grading are therefore unsurprising: there were significant differences in the REh between the G1 and G2 groups and between the G1 and G4 groups. Therefore, the calculation of the hepatocyte-specific contrast agent uptake may differentiate no/minimal hepatitis from advanced hepatitis. However, this needs to be confirmed further. There was no significant difference between the G1 and G3 groups, probably because the number of subjects in the G3 group was limited (only 8).

Generally, it is well known that biochemical tests, such as TB, PT, AST, and ALT, are commonly used to evaluate liver function^[28]. The present study revealed that the decreased REh of the hepatic parenchyma was correlated with the elevated serum levels of TB, ALT and AST. The reason for these findings may be that: (1) both Gd-BOPTA and bilirubin share a common hepatic transport supporter - OATP - for hepatic uptake, which is the key factor underlying why the degree of REh is correlated with serum levels of TB^[29]. In decompensated liver, the bilirubin excretion is increasing, while Gd-BOPTA excretion is decreasing, which will lead to decreased REh of the hepatic parenchyma; and (2) hepatic enzymes such as ALT and AST reflect the degree of hepatocyte injury. Previous studies showed that the decreases in RE in the hepatocyte phase of Gd-EOB-DTPA-enhanced MRI was related to the impairment of liver function^[30]. As they did with Gd-EOB-DTPA, functional hepatocytes also take in and excrete Gd-BOPTA; if hepatocellular function is damaged, hepatic enzyme levels are elevated, and the degree of REh of Gd-BOPTA is decreased.

This study had some limitations. First, the pathogenesis was different and the number of patients

from any kind of pathogenesis was also different. Thus, these factors would influence the result of REh measurements. Second, the study data could not distinguish every stage of hepatic fibrosis. Hopefully, future studies could address these issues.

The study showed that with the depletion of the number of the hepatocytes or the failure of hepatocellular function in hepatic fibrosis patients, the enhancement in the hepatocyte phase of Gd-BOPTA-enhanced MRI was insufficient. In conclusion, our prospective study demonstrated that it is possible to stage hepatic fibrosis by Gd-BOPTA-enhanced hepatocyte-phase MRI, which makes the assessment of hepatitis and liver function possible.

COMMENTS

Background

Effective and scientific anti-fibrotic treatments can contribute to the regression of fibrosis, but no treatments for cirrhosis have been reported in previous research findings. It is therefore essential to diagnose early fibrosis in the therapeutic process of chronic liver disease (CLD) because at this stage we can delay or reverse the fibrotic process, thereby reducing the morbidity and mortality of terminal liver disease. However, to date, there are still no ideal methods to diagnose early fibrosis. With the recent development and application of new imaging techniques such as ultrasound elasticity imaging, magnetic resonance (MR) diffusion-weighted imaging, and liver magnetic resonance elastography, early diagnosis of hepatic fibrosis and cirrhosis is possible by imageology. However, these techniques are still in the early phases of research.

Research frontiers

Several studies have shown that MR imaging with administration of hepatocyte-specific MR contrast media (Gd-EOB-DTPA and Gd-BOPTA) is more accurate than dynamic helical computed tomography (CT) and unenhanced MR imaging for the detection of focal lesions. Impaired hepatobiliary function may severely influence the hepatic uptake of Gd-EOB-DTPA. Similar to Gd-EOB-DTPA, with the depletion in the number of hepatocytes or the failure of the hepatocellular function in hepatic fibrosis patients, the enhancement in the hepatocyte phase of Gd-BOPTA-enhanced MRI was insufficient.

Innovations and breakthroughs

Previous research findings have indicated that the degree of enhancement of GD-EOB-DTPA decreased as the stage of hepatic fibrosis progressed, but fewer studies have focused on Gd-BOPTA in the assessment of CLD. This study investigated the relationship between the enhancement degree in the hepatocyte phase of Gd-BOPTA-enhanced MR and the stage of hepatic fibrosis, the grade of hepatitis and the levels of functional serum markers. The aim of this study was to evaluate the diagnostic value of Gd-BOPTA-enhanced hepatocyte-phase MRI in evaluating hepatic fibrosis and hepatitis.

Applications

The study showed that it is possible to stage hepatic fibrosis by Gd-BOPTA-enhanced hepatocyte-phase MRI, which makes the assessment of hepatitis and liver function possible.

Terminology

Hepatic fibrosis is an unavoidable process when chronic liver disease (CLD) develops into cirrhosis. The hepatocyte-specific MR contrast agents gadoxetic acid disodium (Gd-EOB-DTPA; Primovist, Schering, Berlin, Germany) and gadobenate dimeglumine (Gd-BOPTA; MultiHance; Bracco Imaging, Milan, Italy), with the dual properties of an extracellular agent and a hepatobiliary contrast agent, are gradually taken up by functional hepatocytes and excreted into bile and could display liver parenchymal enhancement in the hepatocyte phase. Gd-BOPTA enters hepatocytes and are subsequently excreted into bile with the help of organic anion transporting polypeptides in the cytomembrane. Gd-BOPTA can maintain the liver enhancement for 40 to 120 min.

Peer-review

This is a meaningful clinical trial study in which the authors used the degree enhancement in the hepatocyte phase of Gd-BOPTA-enhanced magnetic resonance imaging to evaluate the liver condition of patients with chronic liver disease. This method is recommended because of advantages such as no injury to the patient and possibility to assess the stage of hepatic fibrosis, the degree of hepatitis and the liver function.

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