

A Systematic Review of Strategies to Prevent Cisplatin-Induced Nephrotoxicity

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Disclosures of potential conflicts of interest may be found at the end of this article.

Key Words. Cisplatin • Nephrotoxicity • Hydration • Mannitol • Magnesium

ABSTRACT

Introduction. Cisplatin, a platinum-based antineoplastic agent, is the cornerstone for the treatment of many malignancies. Nephrotoxicity is the primary dose-limiting toxicity, and various hydration regimens and supplementation strategies are used to prevent cisplatin-induced kidney injury. However, evidence-based recommendations on specific hydration regimens are limited. A systematic review was performed to evaluate clinical studies that have examined hydration and supplementation strategies to prevent cisplatin-induced nephrotoxicity.

Materials and Methods. PubMed and Excerpta Medica databases were searched from 1966 through October 2015 for clinical trials and other studies focused on hydration regimens to prevent nephrotoxicity in cancer patients treated with cisplatin. The University of Oxford Centre for Evidence-Based Medicine criteria were used to grade level of evidence.

Results. Among the 1,407 identified studies, 24 were included in this systematic review. All studies differed on type, volume, and duration of hydration. Among the 24 studies, 5 evaluated short-duration hydration, 4 evaluated low-volume hydration, 4 investigated magnesium supplementation, and 7 reviewed forced diuresis with hydration. Short-duration and lower-volume hydration regimens are effective in preventing cisplatin-induced nephrotoxicity. Magnesium supplementation may have a role as a nephroprotectant, and forced diuresis may be appropriate in some patients receiving cisplatin.

Conclusion. Hydration is essential for all patients to prevent cisplatin-induced nephrotoxicity. Specifically, short-duration, low-volume, outpatient hydration with magnesium supplementation and mannitol forced diuresis (in select patients) represent best practice principles for the safe use of cisplatin. *The Oncologist* 2017;22:609–619

Implications for Practice: The findings contained within this systematic review show that (a) hydration is essential for all patients to prevent cisplatin-induced nephrotoxicity, (b) short-duration, low-volume, outpatient hydration regimens appear to be safe and feasible, even in patients receiving intermediate- to high-dose cisplatin, (c) magnesium supplementation (8–16 milliequivalents) may limit cisplatin-induced nephrotoxicity, and (d) mannitol may be considered for high-dose cisplatin and/or patients with preexisting hypertension. These findings have broad implications for clinical practice and represent best practice principles for the prevention of cisplatin-induced nephrotoxicity.

INTRODUCTION

Cisplatin (*cis*-diamminedichloroplatinum [II]; CDDP; Platinol) is an antineoplastic that serves as the backbone of myriad treatment regimens across a broad spectrum of malignancies, and has led to improved survival as well as cure [1, 2]. Cisplatin is a platinum-based alkylating compound that reacts with DNA to form interstrand cross-links and intrastrand bifunctional N-7 DNA adducts at d(GpG) and d(ApG) [3].

Cisplatin is renally excreted and can accumulate in the renal proximal tubules, leading to nephrotoxicity. Its use is generally limited to patients with a creatinine clearance (CrCl) >60 mL/min; however, cisplatin-induced nephrotoxicity is common and may limit dosing and/or dose intensity [4]. In one study, moderate to severe nephrotoxicity was noted in 25%–33% of patients receiving a single intravenous (IV) 50–75 mg/m² dose [5]. A

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majority of patients (50%–75%) who received cisplatin (15–20 mg/m² IV daily) over five consecutive days also experienced moderate to severe nephrotoxicity [6]. There was a higher incidence of severe and irreversible nephrotoxicity in patients who received high cisplatin doses (>100 mg/m²) [7].

In clinical practice, the overall prevalence of cisplatin-induced nephrotoxicity approaches one third of treated patients, and typically presents approximately 10 days after treatment [8, 9]. Hydration significantly reduces cisplatin half-life, urinary cisplatin concentrations, and proximal tubule transit time [10–12]. Cisplatin can also cause high rates of electrolyte wasting (e.g., hypomagnesemia) [13, 14], but magnesium supplementation may reduce renal tubular damage [15, 16].

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While it is standard practice to use hydration with cisplatin, various hydration regimens are utilized with limited data. Based on the lack of guidance regarding cisplatin hydration, multiple hydration protocols exist among different health systems, and even within a single institution [17]. We performed a systematic review of the literature to evaluate clinical studies that have examined hydration and supplementation strategies to prevent cisplatin-induced nephrotoxicity.

MATERIALS AND METHODS

Data Source/Study Selection

The selection and systematic review of appropriate studies was performed in accordance with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses statement [18]. Studies were eligible if they directly examined hydration regimens, hydration with supplementation, and/or hydration with forced diuresis. Animal studies, review articles, and studies where the primary outcome was not prevention of cisplatin-induced nephrotoxicity were excluded. Only studies published in full manuscript form, in English, and in peer-reviewed journals were screened for eligibility.

Search Strategy and Data Extraction

Independent reviews of citations between 1966 and 2015 were performed in April 2015 and repeated in October 2015. A MEDLINE/PubMed search, using Medical Subject Heading search terms, was conducted followed by a search of the Excerpta Medica database (EMBASE). Key search terms reviewed and agreed upon by all authors for MEDLINE/PubMed and EMBASE included the following: “cisplatin/cisdiamminedichloroplatinum/CDDP;” “nephrotoxic/nephrotoxicity/renal or kidney toxicity,” “renal/kidney failure,” “renal/kidney function,” “creatinine clearance/glomerular filtration rate and adverse effects/toxicity,” “fluid therapy/fluid management,” “hydrate/hydration/

prehydrate/prehydration/posthydrate/posthydration/rehydrate/rehydration,” “saline/sodium chloride,” and “diuresis/diuretic/mannitol/furosemide.”

Data extraction of abstracts containing search terms was conducted, and duplications were removed. Two independent reviews of abstract titles followed by entire abstracts were conducted, and authors agreed on selection of full text articles for review. Full text articles were retrieved, and authors independently confirmed eligibility. Eleven cisplatin hydration articles, familiar to the authors, were selected a priori to serve as positive controls for the review’s search term strategy. Information collected from each study included author name, publication year, study type, number of patients, malignancy type, level of evidence, hydration regimen details, magnesium or potassium supplementation information, and forced diuresis information (Table 1).

The definition of nephrotoxicity varied across the selected studies. A summary of the different nephrotoxicity definitions is provided (Table 2). Level of evidence criteria were developed by the University of Oxford Centre for Evidence-Based Medicine [19].

RESULTS

Search Results

The search identified 1,407 articles (861 EMBASE, 546 MEDLINE/PubMed) with 371 overlapping. Of the remaining 1,036 article abstract titles, 787 were excluded. All 11 articles selected a priori as positive controls were among the 1,036 article abstracts identified. The remaining 249 articles underwent a full review to determine eligibility for inclusion. Twenty-four studies met eligibility criteria and were included (Fig. 1).

Characteristics of Reviewed Studies

There was wide variation across the 24 studies related to study design, tumor type, cisplatin dose, hydration administered (pre-hydration, hydration during cisplatin, and posthydration), supplements, hydration vehicle, and the type of forced diuresis used (Table 1). Lung, head and neck, and gynecologic malignancies comprised 10 of 24 (42%) studies. Twenty-one studies (88%) and seven studies (29%) evaluated hydration in the setting of cisplatin doses ≥ 50 mg/m² and ≥ 100 mg/m², respectively. Total hydration volume ranged from 1–6 L. Only four studies (17%) did not implement forced diuresis, but in each of those studies, supplementation with magnesium or potassium was included.

There was wide variation in how studies defined nephrotoxicity. Nine studies (38%) used the Common Terminology Criteria for Adverse Events (CTCAE) version 4.0 [20], while five (21%) used a calculated CrCl change from baseline after cisplatin administration (Table 2).

Fourteen studies (58%) prospectively evaluated hydration regimens and their effects on cisplatin nephrotoxicity; however, only four (17%) were identified as high-quality prospective studies (e.g., phase II clinical trial or randomized, placebo-controlled trial [RCT]). Types of studies included RCTs with evidence level 1b ($n = 4$; 17%), individual cohort studies with evidence level 2b ($n = 9$; 38%), observational studies with evidence level 2c ($n = 2$; 8%), and individual case-control studies with evidence level 3b ($n = 9$; 38%; Table 1).

Table 1. Cisplatin hydration studies evaluating nephrotoxicity identified for the systematic review

Source	n	Tumor type	Study type	LOE	Cisplatin dose	Pre-cisplatin hydration	During cisplatin infusion	Post-cisplatin hydration	Total volume	Magnesium or potassium	Diuretic
Al Bahrani et al. (2009) [22]	145	Multiple solid tumors	Prospective pilot study	2b	60–100 mg/m ² IV	2 L NS over 2 hours	1 L NS over 2 hours	Outpatient: 1 L NS over 1–2 hours Inpatient: 3 L NS with KCl and MgSO ₄ over 20–24 hours	Outpatient: 4 L NS Inpatient: 6 L NS	KCl (60 mmol/L) and MgSO ₄ (30 mmol/L) for patients receiving inpatient posthydration	Mannitol (20% in 200 mL IV) prior to cisplatin administration
Al-Sarraf et al. (1982) [35]	67	Malignant melanoma	Phase II RCT	1b	100 mg/m ² IV every 3 weeks	Both Arms 2 L D5 in 1/2 NS over 24 hours	Not stated	Hydration only: 1 L D5W over 6 hours Diuresis and hydration: 1 L D5W over 6 hours 2 L D5 in 1/2 NS over 24 hours	Hydration only: 2 L D5 in 1/2 NS and 1 L D5W	None	Mannitol (12.5 g IV bolus prior to cisplatin, and 25 g CI during cisplatin administration) to patients in the diuresis arm only
Bohm et al. (1991) [29]	26	Ovarian carcinoma	Prospective feasibility study (observational)	2c	90 mg/m ² IV	1 L NS	Glutathione (5 g) prior to cisplatin and then, 250 mL NS	1 L NS	2.25 L NS	None	None
Chiuten et al. (1983) [43]	95	Multiple solid tumors	Retrospective study	3b	Cumulative >300 mg/m ² (50 mg/m ² every 3–4 weeks, or 75 mg/m ² every 3 weeks) IV bolus	2 L of D5 in 1/2 NS over 2 hours with KCl	Not stated, but cisplatin given IV bolus	None stated	2 L of D5 in 1/2 NS	KCl (20 mEq) during prehydration	Furosemide (40 mg IV) given at start of infusion and mannitol (12.5 g IV) given prior to cisplatin
Dana and Kachiwaha (1996) [41]	65	Multiple solid tumors	Prospective RCT	1b	30 mg IV with XRT, 50–80 mg/m ² IV if chemotherapy only	Group A: 3 L IV in NS Group B: 3 L PO fluids over 4–5 hours Group C: 3 L PO fluids over 4–5 hours	Not stated	None Stated	3 L of various fluids	None	Groups A and B received mannitol (IV with cisplatin) versus Group C received furosemide (40 mg given IM before cisplatin)
Goren et al. (1987) [42]	62 (47 peds, 15 adults)	Peds: multiple solid tumor types Adults: head and neck cancer	Prospective observational study	2c	Peds: 100 mg/m ² over 6 hours Adults: 200 mg/m ² over 30–45 min over 4 days	Peds: 500 mL/m ² of D5 in 1/4 NS mannitol Adults: Not stated	Peds: Not stated Adults: Cisplatin in 250 mL of 3% saline	None stated	Variable	None	Peds: 10 mg/m ² IV mannitol in D5 and 1/4 NS Adults: Furosemide IV in hypertonic saline
Hayes et al. (1977) [10]	52	Multiple solid tumors	Non-comparative Study	2c	3–5 mg/kg IV	2 L D5 in 1/2 NS over 12 hours	Not stated	1.2 L 1/2 NS over 6 hours	3.2 L (2 L D5 in 1/2 NS and 1.2 L 1/2 NS)	None	Mannitol (12.5 g IV push) prior to cisplatin administration, and 10 g/h CI over 6 hours thereafter
Horinouchi et al. (2013) [26]	44	Lung	Non-randomized, prospective phase II trial	2b	>75 mg/m ² IV every 3 weeks	500 mL 1/4 NS, KCl, MgSO ₄	250 mL NS over 1 hour	500 mL 1/4 NS, KCl and then 1 L water PO on days 1–3	1 L 1/4 NS and 250 mL NS	KCl (10 mEq) and MgSO ₄ (8 mEq) during prehydration KCl (10 mEq) given during posthydration	Mannitol (20% in 200 mL IV) over 0.5 hours, prior to cisplatin administration
Hotta et al. (2013) [27]	46	Lung	Prospective feasibility study	2b	>60 mg/m ² IV on day 1	500 mL 1/2 NS	500 mL NS over 1 hour	500 mL 1/2 NS IV and then 1 L water PO on days 1–3	3 L water, PO 500 mL NS, 1 L 1/2 NS	None	Mannitol (37.5 mg IV) prior to cisplatin administration
Lavolé et al. (2008) [24]	357	Lung	Retrospective study	3b	>75 mg/m ² IV at 1 mg/min	2 L D5NS with KCl, MgCl ₂ , CaCl ₂	250 NS	None However, patients were advised to increase PO intake of fluids during days following cisplatin	2 L D5NS with KCl, MgCl ₂ , CaCl ₂ and 250 NS over 6 hours	KCl (2 g/L) and MgCl ₂ (1 g/L) during prehydration	None
Leu and Barbeau (2010) [38]	92	Multiple solid tumors (majority were lung)	Retrospective study	3b	>40 mg/m ² (mean 64.5 mg/m ²)	1 L NS with KCl	Not stated	Optional NS after cisplatin	At least 1 L NS	KCl (20 mEq) during prehydration, but not required in all patients	Hydration only versus mannitol (12.5 g IV with prehydration)

(continued)

Table 1. (continued)

Source	n	Tumor type	Study type	LOE	Cisplatin dose	Pre-cisplatin hydration	During cisplatin infusion	Post-cisplatin hydration	Total volume	Magnesium or potassium	Diuretic
McKibbin et al. (2016) [37]	139	Squamous cell head and neck cancer	Retrospective study	3b	100 mg/m ² with XRT	1 L NS over 1-2 hours	1 L NS over 2 hours	1 L NS over 1-2 hours	3 L NS	None	Hydration only versus mannitol (12.5 g IV with prehydration)
Morgan et al. (2014) [36]	143	Multiple solid tumors (majority were head and neck cancer)	Retrospective study	3b	4 groups: 30 mg/m ² (with and without mannitol) 100 mg/m ² (with and without mannitol)	1 L NS over 1 hour	1 L NS	1 L NS over 1 hour	3 L NS	None	For patients from mannitol groups, mannitol (25 g IV) prepared with cisplatin
Muraki et al. (2012) [30]	50	Lung	Retrospective study	3b	75 mg/m ² IV	Hydration with MgSO ₄ (n = 30): 50 mL NS and 1 L of electrolyte solution with MgSO ₄ over 4 hours Traditional hydration (n = 20): 500 mL NS and 500 mL electrolyte solution over 5 hours	Hydration with MgSO ₄ 300 mL NS over 1 hour Traditional hydration: 300 mL NS over 3 hours	Hydration with MgSO ₄ ; 1 L electrolyte solution over 4 hours Traditional hydration: (n = 20) 500 mL NS and 500 mL electrolyte solution over 4 hours	Hydration with MgSO ₄ ; 50 mL NS, 1 L of electrolyte solution, and 1 L electrolyte solution with MgSO ₄ Traditional hydration: 1.5 L NS and 1 L electrolyte solution	Hydration with MgSO ₄ ; 8 mg during prehydration Both hydration arms: Potassium in electrolyte solution (10 mEq) during both prehydration and posthydration	Mannitol (300 mL IV) and furosemide (20 mg IV) after cisplatin in the traditional hydration group versus mannitol (200 mL IV) ± furosemide prior to cisplatin in the hydration with MgSO ₄ group
Ninomiyama et al. (2016) [28]	45	Lung	Prospective feasibility study	2b	>60 mg/m ² IV on day 1	250 mL NS with MgSO ₄ , mannitol, and antiemetics	500 mL NS over 1 hour	200 mL NS of KCl, MgSO ₄ , and then 1.5 L PO fluids on day 1 and 1 L PO fluids on days 2-3	Approximately 4.5 L of IV and PO fluids	MgSO ₄ (4 mEq) during prehydration KCl (4 mEq) and MgSO ₄ (4 mEq) during posthydration	Mannitol (20% in 150 mL IV) prior to cisplatin administration
Oka et al. (2014) [31]	85	Lung	Historical prospective cohort study	2b	75-80 mg/m ² IV	High volume without MgSO ₄ (n = 41): 500 mL NS and 500 mL 1/4 NS High volume with MgSO ₄ (n = 27): 500 mL NS and 500 mL 1/4 NS with MgSO ₄ Low volume with MgSO ₄ (n = 17): 500 mL 1/4 NS with MgSO ₄	300 mL NS over 1.5 hours for both high volume arms 100 mL NS over 1.5 hours for low volume arm	High volume without MgSO ₄ : 500 mL NS on day 1 and 500 mL 1/4 NS on days 1-3 High volume with MgSO ₄ : 500 mL NS on day 1 and 500 mL 1/4 NS on days 1-3 Low volume with MgSO ₄ : 500 mL 1/4 NS on day 1 and 1 L PO fluids on day 1, and 1 L PO fluids on days 2-3	High volume without MgSO ₄ : 1.3 L NS and 2 L 1/4 NS High volume with MgSO ₄ : 1.3 L NS and 2 L 1/4 NS Low volume with MgSO ₄ : 1 L 1/4 NS, 100 mL NS and 4 L PO fluids	Both High volume with MgSO ₄ and Low volume with MgSO ₄ arms: MgSO ₄ (8 mEq) during prehydration	High volume with/without MgSO ₄ : Mannitol (20% in 300 mL) on days 1-3, and furosemide 20 mg on day 1
Ostrow et al. (1981) [39]	22	Multiple solid tumors (n = 21) and Hodgkin's lymphoma (n = 1)	Prospective RCT	1b	100 mg/m ² IV every 21-28 days	2 L of D5 in 1/2 NS	Variable	At least 1 L NS	2 L D5 in 1/2 NS and 1 L NS	None	Mannitol (37.5 g IV over 6 hours; n = 10) versus furosemide (40 mg IV bolus 60 min prior to cisplatin; n = 12)
Ouchi et al. (2014) [25]	30 (13 SH and 17 CH)	Multiple solid tumors	Retrospective study	3b	60-80 mg/m ² IV	SH 1 L NS with MgSO ₄ over 2 hours	SH 500 mL NS over 1 hour	SH 500 mL NS over 1 hour	SH 2 L NS over 4 hours CH Not Stated, but administered over 24 hours	MgSO ₄ (8 mEq) during prehydration	Furosemide 20 mg IV bolus with cisplatin

(continued)

Table 1. (continued)

Source	n	Tumor type	Study type	LOE	Cisplatin dose	Pre-cisplatin hydration	During cisplatin infusion	Post-cisplatin hydration	Total volume	Magnesium or potassium	Diuretic
Santoso et al. (2003) [40]	49	Gynecologic	Prospective study	2b	75 mg/m ² IV	Hydration only (n = 15): 500 mL NS over 2 hours Hydration and mannitol (n = 17): 500 mL NS over 2 hours Hydration and furosemide (n = 17): 500 mL NS over 2 hours with furosemide	Hydration only: 1 L NS Hydration and mannitol: 1 L NS with mannitol Hydration and furosemide: 1 L NS	All 3 groups: 500 mL NS over 2 hours	All 3 groups: 2 L NS	None	Hydration only versus mannitol (50 g IV mixed with cisplatin) versus furosemide (40 mg IV 30 min before cisplatin)
Somlo et al. (1995) [34]	42	Female breast cancer (n = 41) and soft tissue sarcoma (n = 1), all receiving HSCT	Prospective, placebo-controlled RCT	1b	125 mg/m ² IV	Dopamine group (n = 21): 1.5 L NS administered with dopamine 2 µg/kg/min over 12 hours prior to cisplatin Placebo group (n = 21): 1.5 L NS administered with NS placebo over 12 hours prior to cisplatin	Cisplatin administered in 150 mL of 3% saline Given on days -12 and -5 before HSCT	None stated	1.5 L NS and 150 mL 0.3% saline	None	Mannitol (25 g IV) with prehydration
Tiseo et al. (2007) [23]	107	Lung	Retrospective study	3b	>75 mg/m ² every 3 weeks	500 mL NS with KCl over 1 hour, then 500 mL NS with MgSO ₄ over 1 hour	500 mL NS over 1 hour	500 mL NS with KCl over 1 hour	500 mL NS, 1 L NS with KCl, and 500 mL with MgSO ₄	KCl (9 mEq) and MgSO ₄ (16 mEq) given during prehydration KCl (9 mEq) given during posthydration	Furosemide (20 mg IV bolus) when urine outflow <100 mL/h
Vogl et al. (1981) [21]	242	Multiple solid tumors	Retrospective study	3b	50 mg/m ² IV bolus for ≥2 weeks	2 L of D5 in 1/2 NS over 2 hours with KCl	Not stated, but cisplatin given IV bolus	None stated	2 L of D5 in 1/2 NS with KCl	KCl (10 mEq) given during prehydration	Furosemide (40 mg IV) at start of infusion, and mannitol (12.5 g IV) prior to cisplatin
Yamamoto et al. (2015) [32]	28	Cervical	Open-label prospective study (versus historical controls)	2b	40 mg/m ² IV each week	MgSO ₄ group (n = 14): 1 L LRS and MgSO ₄ over 12 hours on day 0 and then 1 L LRS and MgSO ₄ over 6 hours on day 1 Hydration only (n = 14): 1 L LRS over 12 hours on day 0 and then 1 L LRS over 6 hours on day 1	500 mL NS (both groups)	MgSO ₄ group: 500 mL LRS over 2 hours on day 1, and then 1 L LRS and MgSO ₄ over 4 hours on days 2-3 Hydration only: 500 mL LRS on over 2 hours on day 1, and then 1 L LRS over 4 hours on days 2-3	4.5 L LRS and 500 mL NS	MgSO ₄ group: MgSO ₄ (15 mEq) during prehydration on days 0 and 1, and then MgSO ₄ (5 mEq) each day on days 2-3	20 mg furosemide only if LRS not sufficient to maintain urine outflow >100 mL/h
Yoshida et al. (2014) [33]	496	Multiple thoracic tumors	Retrospective study	3b	>60 mg/m ² over 1 hour on day 1	MgSO ₄ preloading (n = 161): 500 mL NS with MgSO ₄ No MgSO ₄ preloading (n = 335): 500 mL NS	Not stated	1 L NS on days 2-3 for both groups	2.5 L NS	MgSO ₄ preloading (6 mEq) during prehydration	None

A total of 24 studies were included in the systematic review.

Abbreviations: Ca, calcium; CH, continuous hydration; CI, continuous infusion; D5, dextrose 5%; D5W, dextrose 5% in water; g, gram; HSCT, hematopoietic stem cell transplantation; IV, intravenous; KCl, potassium chloride; LOE, level of evidence; LRS, lactate Ringer's solution; L, liter; MgCl₂, magnesium chloride; MgSO₄, magnesium sulfate; mg, milligram; mL, milliliter; n, number of patients; 1/4 NS, one-quarter normal saline (0.23% NaCl); 1/2 NS, one-half normal saline (0.45% NaCl); NS, normal saline (0.9% NaCl); PO, oral; RCT, randomized controlled trial; SH, short hydration; XRT, radiation therapy.

Table 2. Summary of definitions of nephrotoxicity used in the included studies

Source	Definition of nephrotoxicity
Al Bahrani et al. (2009)	No definition provided; authors assessed changes in SCr.
Al-Sarraf et al. (1982)	Based on CrCl, BUN and SCr (mild: CrCl of 40–50 mL/min, BUN of 23–40 mg/dL, and SCr of 1.5–2 mg/dL; moderate: 30–40 mL/min, 41–60 mg/dL, and 2–4 mg/dL; severe: 20–30 mL/min, >100 mg/dL, and >4 mg/dL; and life-threatening: CrCl <20 mL/min. Authors did not specify method for CrCl calculation.
Bohm et al. (1991)	No definition provided; authors stated that measures of renal function assessed SCr, CrCl, BUN, and excretion of urinary enzymes hypothesized to be markers of renal tubular damage (e.g., N-acetyl- β -glucosaminidase). Authors did not specify method for CrCl calculation.
Chiuten et al. (1983)	Defined as the presence of azotemia: SCr >1.5 mg/dL.
Dana and Kachhwaha (1996)	No definition provided; authors assessed KFT.
Goren et al. (1987)	Elevations of urinary concentrations of N-acetyl- β -glucosaminidase, alanine aminopeptidase, and total protein were examined. Authors also assessed changes in SCr.
Hayes et al. (1977)	No definition provided; observed transient elevations in SCr with peak at less than 2.0 mg/dL in most patients.
Horinouchi et al. (2013)	Grade 2 ($\geq 1.5 \times \text{ULN}$, $< 3 \times \text{ULN}$) or higher SCr increase. Based on CTCAE 4.0.
Hotta et al. (2013)	Grade 2 ($\geq 1.5 \times \text{ULN}$, $< 3 \times \text{ULN}$) or higher SCr increase. Based on CTCAE 4.0.
Lavolé et al. (2008)	Grade 1: SCr increase by $< 1.5 \times \text{ULN}$; Grade 2: SCr increase by $\geq 1.5 \times \text{ULN}$, $< 3 \times \text{ULN}$; Grade 3: SCr increase by $\geq 3 \times \text{ULN}$, $< 6 \times \text{ULN}$; Grade 4: $> 6 \times \text{ULN}$. Based on CTCAE 4.0.
Leu and Baribeault (2010)	Primary: comparison of the average decrease in CrCl between groups. CrCl was calculated using the Cockcroft-Gault formula. Secondary: Grade 1: SCr increase by $< 1.5 \times \text{ULN}$; Grade 2: SCr increase by $\geq 1.5 \times \text{ULN}$, $< 3 \times \text{ULN}$; Grade 3: SCr increase by $\geq 3 \times \text{ULN}$, $< 6 \times \text{ULN}$; Grade 4: $> 6 \times \text{ULN}$. Based on CTCAE 4.0.
McKibbin et al. (2016)	Grade 3 ($\geq 3 \times \text{ULN}$, $< 6 \times \text{ULN}$) or higher SCr increase. Based on CTCAE 4.0.
Morgan et al. (2014)	Grade 1: SCr increase 1.5–2 \times baseline or by > 0.3 mg/dL; Grade 2: SCr increase 2–3 \times baseline; Grade 3: SCr increase $> 3 \times$ baseline or > 4 mg/dL; Grade 4: life threatening consequences or dialysis; Grade 5: death related to nephrotoxicity. Based on CTCAE 4.0.
Muraki et al. (2012)	Nephrotoxicity was evaluated by both SCr and CrCl and was compared between patients treated with the two protocols. CrCl was calculated using the Cockcroft-Gault formula.
Ninomiya et al. (2016)	Grade 2 ($\geq 1.5 \times \text{ULN}$, $< 3 \times \text{ULN}$) or higher SCr increase. Based on CTCAE 4.0.
Oka et al. (2014)	Grade 1: SCr increase 1.5–2 \times baseline or by > 0.3 mg/dL; Grade 2: SCr increase 2–3 \times baseline; Grade 3: SCr increase $> 3 \times$ baseline or > 4 mg/dL; Grade 4: life threatening consequences or dialysis; Grade 5: death related to nephrotoxicity. Based on CTCAE 4.0.
Ostrow et al. (1981)	CrCl > 50 mL/min and SCr > 2.0 mg/dL. Authors did not specify method for CrCl calculation.
Ouchi et al. (2014)	Calculated by evaluating the difference between baseline SCr and maximum SCr increase, and the difference between CrCl at baseline and maximum CrCl decrease while receiving cisplatin. CrCl was calculated using the Cockcroft-Gault formula.
Santoso et al. (2003)	Changes in 24-hour CrCl and SCr before and after cisplatin administration. Authors did not specify method for 24-hour CrCl calculation.
Somlo et al. (1995)	Twenty-four hour urine collections to monitor SCr increase and electrolyte abnormalities.
Tiseo et al. (2007)	Calculated by evaluating the difference between baseline SCr and maximum SCr increase and the difference between CrCl at baseline and maximum CrCl decrease while receiving cisplatin. CrCl was calculated using the Cockcroft-Gault formula.
Vogl et al. (1981)	Defined as the presence of azotemia: SCr > 1.5 mg/dL
Yamamoto et al. (2015)	Evaluated by measuring renal function during the period of chemotherapy administration: SCr, CrCl, and eGFR. CrCl was calculated using the Cockcroft-Gault formula, while eGFR was calculated using the formula: $e\text{GFR} = 194 \times \text{SCr}^{-1.094} \times \text{age}^{-0.287} \times 0.739$. RIFLE criteria were also assessed for each patient [48]. The RIFLE criteria is based on SCr and UO, and assesses acute renal injury based on three severity classes (Risk, Injury, and Failure). Risk is defined as increased SCr by $\times 1.5$ or decreased GFR $> 25\%$, and UO < 0.5 mL/kg/h $\times 6$ hours. Injury is defined as increased SCr by $\times 2$ or decreased GFR $> 50\%$, and UO < 0.5 mL/kg/h $\times 12$ hours. Failure is defined as increased SCr by $\times 3$, decreased GFR $> 75\%$ or baseline SCr of ≥ 4 mg/dL with increase > 0.5 mg/dL, and UO < 0.3 mL/kg/h $\times 24$ hours, or anuria $\times 12$ hours. Loss of kidney function is defined as complete loss of kidney function > 4 weeks, while end-stage kidney disease is defined as complete loss of kidney function > 3 months.
Yoshida et al. (2014)	Grade 2 ($\geq 1.5 \times \text{ULN}$, $< 3 \times \text{ULN}$) or higher SCr increase. Based on CTCAE 4.0.

The definition of nephrotoxicity was not standardized across the 24 studies selected for this systematic review. A summary of the different measures to define nephrotoxicity is provided.

Abbreviations: BUN, blood urea nitrogen; CrCl, creatinine clearance; CTCAE, Common Terminology Criteria for Adverse Events; dL, deciliter; eGFR, estimated glomerular filtration rate; GFR, glomerular filtration rate; KFT, kidney function test; kg, kilogram; mg, milligram; min, minute; mL, milliliter; RIFLE, Risk, Injury, Failure, Loss of kidney function, and End stage kidney disease; SCr, serum creatinine; ULN, upper limit of normal; UO, urine output.

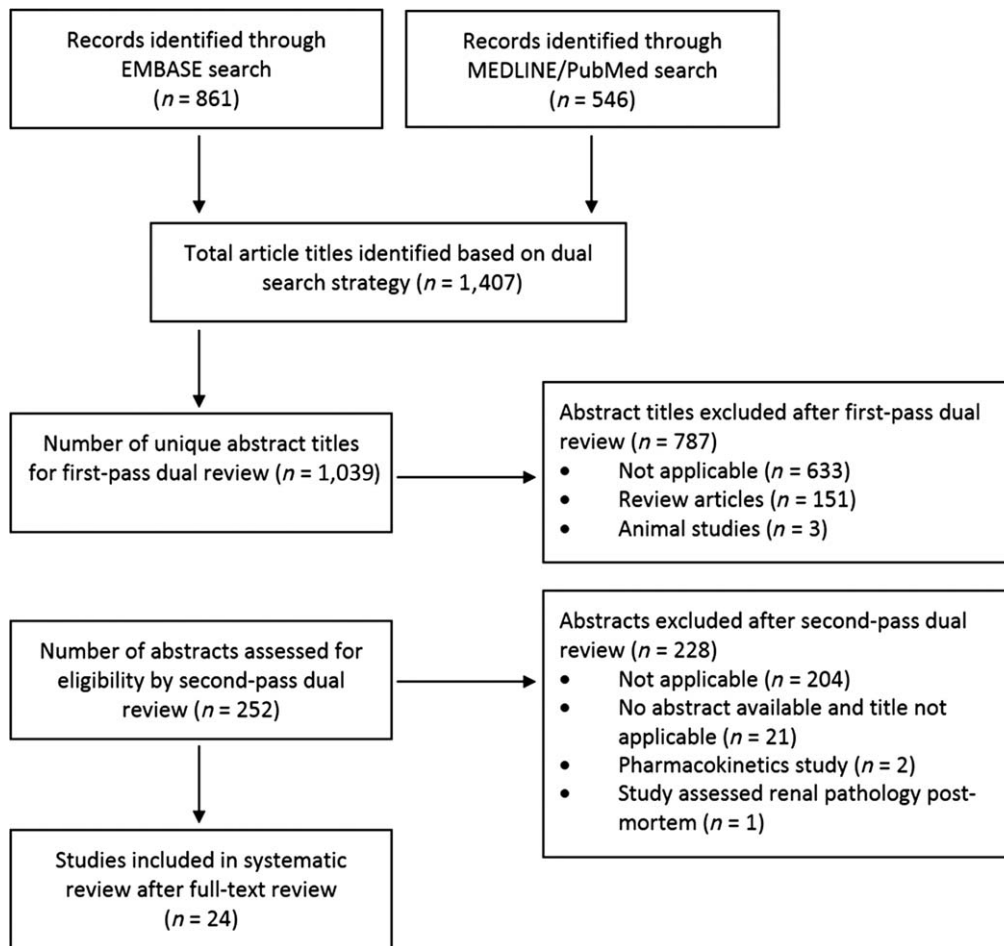


Figure 1. Schematic describing the selection process for studies included in the systematic review.

Short-Duration Hydration

Five studies investigated the safety and efficacy of short-duration hydration regimens in the outpatient setting. Vogl et al. performed a retrospective study to assess short-duration hydration safety (2 L with control of diuresis over 2 hours) with cisplatin 50 mg/m² (*n* = 242). Azotemia and serum creatinine (SCr) >2.0 mg/dL occurred in <5% of patients leading the authors to conclude that short-duration hydration and forced diuresis can be administered safely in the outpatient setting [21]. Al Bahrani et al. performed a retrospective study comparing short-duration outpatient hydration (*n* = 88; 4 L with forced diuresis over 5–6 hours) versus inpatient hydration (*n* = 57), with no significant differences in nephrotoxicity between the two arms for patients receiving either cisplatin 60–80 mg/m² (*p* = .63), or >80 mg/m² (*p* = .96) [22]. Tiseo et al. performed a retrospective study of short-duration hydration (2 L with control of diuresis over 3 hours) in lung cancer patients receiving cisplatin ≥75 mg/m² (*n* = 107) and monitored for SCr and CrCl changes. Cisplatin was discontinued in only 4.6% of the patients due to renal toxicity. Among the remaining patients, associations between SCr increase and number of chemotherapy cycles (*p* = .36), and between SCr increase and cumulative cisplatin doses (*p* = .39) were not significant. Similarly, associations between CrCl decline and number of chemotherapy cycles (*p* = .64), and between CrCl decline and cumulative cisplatin doses (*p* = .65) were also not significant. They concluded

that short-duration, outpatient hydration is safe for patients receiving intermediate- to high-dose cisplatin [23]. Lavolé et al. also conducted a retrospective study of short-duration, outpatient hydration (2.25 L over 6 hours) in lung cancer patients receiving cisplatin ≥75 mg/m² (*n* = 357). Twenty-one patients (6%) experienced a grade ≥1 nephrotoxic event, and only one of those patients experienced a grade ≥2 event (<1%), such that the authors concluded that short-duration hydration is feasible without increased nephrotoxicity [24]. Ouchi et al. performed a retrospective study in solid tumor patients receiving cisplatin ≥60 mg/m² to evaluate the safety and efficacy of short-duration, outpatient hydration (2 L with forced hydration over 4 hours; *n* = 13) versus inpatient, continuous hydration (CH; *n* = 17). Grade 2 or greater nephrotoxicity was only observed in two patients (both in the CH group). No significant differences in maximum SCr increase (*p* = .43) or maximum CrCl decline (*p* = .28) were observed between the two groups [25].

Low-Volume Hydration

Four studies investigated the safety and efficacy of low-volume hydration regimens in the outpatient setting. Horinouchi et al. conducted a prospective phase II trial in lung cancer patients (*n* = 44) receiving cisplatin ≥75 mg/m² to assess the safety and efficacy of low-volume hydration (1.25 L total) with forced diuresis and potassium/magnesium supplementation. Of these

patients, 97.8% completed treatment without grade ≥ 2 nephrotoxicity [26]. Hotta et al. performed a prospective feasibility trial of low-volume hydration (1.5 L total during outpatient infusion and 3 L oral posthydration) in chemo-naïve lung cancer patients ($n = 46$) receiving cisplatin ≥ 60 mg/m². No patients experienced grade ≥ 2 nephrotoxicity during the first cycle [27]. Ninomiya et al. conducted a prospective, low-volume hydration feasibility trial (950 mL total during outpatient infusion and 3.5 L oral posthydration) in chemo-naïve lung cancer patients ($n = 45$) receiving cisplatin ≥ 60 mg/m². During the first cycle, only one patient experienced grade ≥ 2 nephrotoxicity (2%), and five patients (11%) experienced a grade ≥ 1 event [28]. Bohm et al. also showed that low-volume hydration (2.25 L total) provided nephroprotection in ovarian cancer patients ($n = 26$) receiving cisplatin 90 mg/m². No patients experienced nephrotoxicity (SCr > 1.5 mg/dL) and only two patients experienced hypomagnesemia (< 1.5 mg/dL) while on study [29].

Supplementation in Hydration Regimens

While many of the studies included potassium as part of their standard hydration regimen (Table 1), four studies specifically evaluated the role of magnesium supplementation to prevent cisplatin-induced nephrotoxicity. Two studies also evaluated dopamine and glutathione. Muraki et al. performed a retrospective study in lung cancer patients receiving cisplatin 75 mg/m². Patients received either hydration with forced diuresis ($n = 30$) or hydration with forced diuresis and magnesium ($n = 20$). After one cycle, patients who received magnesium experienced significantly increased CrCl ($p = .0004$) and decreased SCr ($p = .0148$) [30]. Oka et al. performed a historical prospective cohort study in lung cancer patients receiving cisplatin 75–80 mg/m². Post-cisplatin SCr significantly increased and CrCl decreased from baseline levels in patients who did not receive magnesium (both $p < .001$). However, among patients who received high-volume magnesium, no differences between pre-treatment and post-treatment SCr and CrCl levels were observed ($p = .118$ and $p = .254$, respectively) [31]. Yamamoto et al. performed an open-label, prospective study in patients with cervical cancer ($n = 28$) receiving cisplatin 40 mg/m² prior to radiotherapy. SCr significantly increased and estimated glomerular filtration rate (eGFR) significantly decreased when compared with baseline ($p < .05$ for both) in patients who did not receive magnesium ($n = 14$), but not for those who received magnesium ($n = 14$; $p = .35$, and $p = .27$, respectively) [32]. Yoshida et al. performed a single-center retrospective study of 496 patients with thoracic malignancies ($n = 496$) receiving cisplatin ≥ 60 mg/m². Grade ≥ 2 SCr increase was significantly lower during the first cycle and all cycles ($p < .001$ for both) in patients who received magnesium in their prehydration ($n = 161$) when compared with patients who did not ($n = 335$). A multivariate analysis revealed that magnesium supplementation significantly reduced the risk of nephrotoxicity by 3.8-fold during the first cycle ($p < .001$) and by 4.3-fold over all cycles ($p < .001$) [33].

Two additional prospective studies evaluated the use of dopamine and glutathione for prevention of cisplatin-induced nephrotoxicity. Bohm et al. evaluated glutathione supplementation in a prospective feasibility study in patients with ovarian cancer ($n = 26$) receiving 90 mg/m² of cisplatin and found that no patients experienced nephrotoxicity [29]. Somlo et al.

performed a prospective RCT to evaluate the nephroprotective effects of dopamine in solid tumor patients ($n = 42$) receiving cisplatin 125 mg/m² prior to hematopoietic stem cell transplantation. The authors observed that patients who received dopamine ($n = 21$) experienced increased SCr ($p = .04$) when compared with patients who received placebo ($n = 21$) [34].

Forced Diuresis

Eighteen studies implemented forced diuresis, with seven directly examining the nephroprotective effects of mannitol or furosemide in cisplatin hydration regimens. Hayes et al. showed that prehydration and posthydration with mannitol resulted in a reduced risk of nephrotoxicity [10]. Al-Sarraf et al. performed a prospective phase II RCT in patients with malignant melanoma receiving cisplatin 100 mg/m². Patients were randomized to receive hydration ($n = 33$) or hydration with mannitol ($n = 34$). After the first cycle, patients who received mannitol experienced lower rates of nephrotoxicity when compared with hydration alone (15% versus 30%; no p value reported); however, in subsequent cycles, the nephroprotective effect of mannitol was not maintained (32% versus 39% experienced nephrotoxicity; no p value reported) [35]. Morgan et al. performed a retrospective study in solid tumor patients receiving either 30 or 100 mg/m² of cisplatin ($n = 143$). Among patients who did not receive mannitol ($n = 85$), there was a 2.6-fold increased risk of nephrotoxicity ($p = .048$) when compared with patients who received mannitol ($n = 58$). In patients who received the higher dose of cisplatin but no mannitol, there was an 11.5-fold increased risk of nephrotoxicity ($p < .0001$) and a 3.2-fold increased risk in patients with hypertension ($p = .017$). The authors concluded that mannitol should be included in hydration regimens for cisplatin ≥ 100 mg/m² and/or for patients with preexisting hypertension [36]. McKibbin et al. performed a retrospective study of squamous cell head and neck patients receiving 100 mg/m² of cisplatin with concurrent radiation ($n = 139$). Patients who received mannitol were at 84% lower risk for grade 3 SCr increase ($p = .01$). However, these same patients were twice as likely to experience grade 3 hyponatremia ($p = .026$) [37]. Conversely, Leu and Baribeault performed a retrospective study in patients with multiple tumor types ($n = 92$) receiving ≥ 40 mg/m² of cisplatin. Patients received either mannitol with prehydration ($n = 46$) or hydration alone ($n = 46$). No differences in average CrCl decrease ($p = .09$), incidence of nephrotoxicity, or hypomagnesemia and hypokalemia rates were observed between the two arms (no p values reported) [38].

Ostrow et al. conducted an RCT in patients with multiple tumor types receiving 100 mg/m² of cisplatin, and either mannitol ($n = 10$) or furosemide ($n = 12$). Nephrotoxicity occurred in 19% of patients who received furosemide versus 28% of patients who received mannitol, and no significant differences in decreased CrCl ($p > .25$) or increased SCr ($p > .45$) was observed between the two arms [39]. Santoso et al. conducted a prospective, randomized study in patients with gynecologic malignancies receiving 75 mg/m² of cisplatin, with mannitol ($n = 17$), furosemide ($n = 17$), or hydration alone ($n = 15$). After one cycle, no CrCl differences were detected between patients who received furosemide versus hydration alone ($p = .66$). The authors noted that CrCl decreased in patients who received mannitol compared with those that received

furosemide or hydration alone ($p = .02$ for both). While the authors concluded that hydration with furosemide supplementation may provide better nephroprotection than mannitol, they did not provide evidence that furosemide was more nephroprotective than hydration alone [40].

Oral Hydration or Hypertonic Saline to Prevent Nephrotoxicity

Dana et al. performed a prospective RCT in solid tumor patients receiving 50–80 mg/m² of cisplatin ($n = 65$) to assess the efficacy of oral versus IV prehydration. The authors concluded that adequate oral prehydration with diuresis is not inferior to IV hydration in preventing cisplatin-induced nephrotoxicity [41]. Goren et al. conducted an observational study of head and neck cancer patients receiving ($n = 62$). They observed no significant differences in urinary markers of nephrotoxicity (N-acetyl- β -glucosaminidase, alanine aminopeptidase, and total protein) between cisplatin (50 mg/m² daily over 4 days) delivered in hypertonic saline and cisplatin (one 100 mg/m² dose) delivered in 5% glucose and 0.22% saline (no p value reported) [42].

Hydration and Cumulative Cisplatin Exposure

Chiuten et al. performed a retrospective study in solid tumor patients who received cumulative cisplatin ≥ 300 mg/m² ($n = 95$) to examine nephrotoxicity in the setting of “adequate” hydration (2 L of fluids with forced diuresis and potassium). Only four patients (4.2%) developed transient renal dysfunction, and in no instance was SCr > 1.8 mg/dL. In all cases, azotemia was transient and SCr normalized to ≤ 1.5 mg/dL within 2–8 weeks. The authors surmised that if cisplatin-induced nephrotoxicity is to occur, it is more likely to happen early in treatment. And, they concluded there is no cumulative dose effect on nephrotoxicity when cisplatin is administered at moderate doses, and with adequate hydration [43].

DISCUSSION

Cisplatin revolutionized the treatment of many malignancies, leading to cures in several cancers, such as advanced germ cell tumors. This current systematic review examined studies that have directly evaluated the role of cisplatin hydration and supplementation strategies to prevent nephrotoxicity.

Several clinical factors predict nephrotoxicity, and are used to select for cisplatin treatment including dose and schedule. Adequate renal function is essential, with most trials excluding patients with SCr ≥ 1.5 mg/dL and/or CrCl < 50 mL/min; however, there are major inconsistencies in the methods used to assess renal function. Additionally, clinical factors, such as comorbid disease states (e.g., diabetes mellitus), age, and concomitant nephrotoxic medications (e.g., aminoglycoside antibiotics), can increase risk of cisplatin-induced renal injury and must be considered when assessing for the risk of nephrotoxicity.

While cisplatin-induced nephrotoxicity can be dose- and dose intensity-limiting, studies have shown adequate hydration limits the incidence and extent of renal injury. Early studies established the importance of CH during cisplatin administration in the inpatient setting. However, safe and effective cisplatin administration with short-duration and/or low-volume hydration is feasible in the outpatient setting [23–28].

Hypomagnesemia can upregulate OCT-2, leading to increased cisplatin transport to the kidneys and resulting in nephrotoxicity [44]. Several of the reviewed studies suggest that magnesium supplementation (8–16 milliequivalents [mEq]) may limit cisplatin-induced nephrotoxicity [30–33]. Moreover, it is conceivable that the inclusion of magnesium contributed to the safety and feasibility of short-duration hydration regimens in patients who received intermediate- to high-dose cisplatin (≥ 75 mg/m²) [23, 26]. Hypokalemia can occur secondary to the excessive urinary losses of magnesium that result in hypomagnesemia, and serum concentrations of potassium and magnesium may underestimate total electrolyte wasting [45]. Nine (38%) studies included potassium supplementation (up to 20 mEq) as part of their nephrotoxicity prevention strategy, but none of these studies directly examined the role of potassium in the prevention of cisplatin-induced nephrotoxicity. Therefore, we are not able to provide definitive recommendations regarding the optimal amount, and timing of potassium replacement. Glutathione supplementation may also protect against cisplatin-induced nephrotoxicity, but dopamine provides no benefit in cisplatin hydration regimens [29, 34].

While several studies support the use of short-duration, low-volume hydration regimens and magnesium supplementation in the outpatient setting, the use of hypertonic saline, oral hydration, and alternative supplements (e.g., glutathione) have far less convincing evidence. Goren et al. showed that urinary markers of nephrotoxicity, including urinary protein levels, did not significantly differ between patients who received cisplatin administered in a vehicle composed of hypertonic solution versus normal saline [42]. Despite promising data from phase II studies in which a hypertonic saline delivery vehicle was used [46, 47], there have been no prospective RCTs to assess hypertonic saline in this setting.

Mannitol reduces the concentration of cisplatin in the kidneys, which is the presumed mechanism underlying a potential nephroprotective effect [10, 35]. Some studies have shown a benefit of hydration with mannitol forced diuresis [35–37], while others have not [38]. There is concern that mannitol may over-diurese some patients, resulting in dehydration. Moreover, data from studies showing the benefit of mannitol suggest that only patients receiving high-dose cisplatin (e.g., 100 mg/m²) benefit from forced diuresis [35, 36]. There is insufficient evidence to support using furosemide for forced diuresis [39, 40].

There is concern that mannitol may over-diurese some patients, resulting in dehydration. Moreover, data from studies showing the benefit of mannitol suggest that only patients receiving high-dose cisplatin (e.g., 100 mg/m²) receive benefit from forced diuresis.

There are several limitations to this systematic review. First, there is inherent subjectivity in the design of any systematic review, including the creation of the list of search terms, subsequent data extraction, and the final selection of articles. We sought to limit subjectivity or bias at each step by involving all

Table 3. Summary of hydration and supplementation recommendations to prevent nephrotoxicity from cisplatin

Cisplatin dose/ patient factors	Hydration/supplementation recommendation
Cisplatin <50 mg/m ²	<ul style="list-style-type: none"> • Outpatient administration • Short-duration (over 2–6 hours) • Low volume hydration (2–4 L NS) • +/- Potassium supplementation
Cisplatin ≥50 mg/m ²	<ul style="list-style-type: none"> • Outpatient administration • Short-duration (over 2–6 hours) • Low volume hydration (2–4 L NS) • +/- Potassium supplementation • +/- Magnesium supplementation (8–16 mEq)
Cisplatin ≥100 mg/m ²	Consider addition of mannitol
Patients with preexisting hypertension	Consider addition of mannitol

Abbreviations: L, liter; mEq, milliequivalents; mg, milligram; NS, normal saline

authors when devising the search terms, and at a minimum dual review of the studies for all steps. Second, the differing tumor types, cisplatin doses, study types, hydration regimens, and definitions of nephrotoxicity across studies limit our ability to make concrete recommendations regarding optimal cisplatin hydration regimens. Third, the referenced studies span several decades. Because many practice advances have been introduced over this time, and because clinical trials often do not mirror what actually occurs in routine clinical practice, results from some studies may not be generalizable. Finally, cisplatin hydration publications prior to 2008 often advocated for inpatient administration for cisplatin and/or the use of large-volume IV hydration prior to the approval of 5-HT₃ and NK-1 inhibitors. The use of NK-1 inhibitors as part of a three-drug regimen that includes a 5-HT₃ inhibitor and corticosteroid has become the standard of care for emesis control when patients receive high-dose cisplatin. Adequate emesis control prevents intravascular depletion of fluids and electrolytes, and therefore decreases the potential for dehydration leading to acute renal injury, a likely major reason for the decline in cisplatin-induced nephrotoxicity.

CONCLUSION

In conclusion, this review systematically summarizes studies that have focused on strategies to prevent cisplatin-induced

nephrotoxicity. In spite of over four decades of research on the subject of cisplatin hydration, concrete recommendations regarding the exact hydration type, volume/duration, supplementation, and use of forced diuresis remain unavailable. While it may not be realistic to perform more robust, prospective, cisplatin hydration RCTs for numerous reasons (e.g., cost), this systematic review supports short-duration, low-volume, outpatient hydration regimens, even in patients receiving intermediate- to high-dose cisplatin. In addition, magnesium supplementation (or glutathione, but not dopamine) and mannitol forced diuresis (but not furosemide) may be considered. Oral posthydration and/or the use of a hypertonic saline vehicle may be effective in preventing nephrotoxicity; however, data are limited, and additional validation is required. Collectively, these findings represent best practice principles for the prevention of cisplatin-induced nephrotoxicity (Table 3).

ACKNOWLEDGMENTS

During the development and writing of this systematic review, Dr. Crona received support from the National Institute of General Medicine Sciences (NIGMS, T32GM086330). The authors would like to acknowledge Dr. Lucas Wind for his assistance during the development phase of this systematic review. The authors would also like to thank Dr. Lana Crona for reviewing and editing the manuscript.

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DISCLOSURES

Matthew D. Galsky: Merck, Genentech (C/A), Bristol-Myers Squibb, Genentech, Merck (RF); **Matthew I. Milowsky:** Mirati Thera, Pfizer, Cerulean Pharma, Merck, Seattle Gen, Acerta Pharma, BioClin Thera, Roche, Genentech (RF). The other authors indicated no financial relationships.

(C/A) Consulting/advisory relationship; (RF) Research funding; (E) Employment; (ET) Expert testimony; (H) Honoraria received; (OI) Ownership interests; (IP) Intellectual property rights/inventor/patent holder; (SAB) Scientific advisory board

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