

## Original Article

# Delivery of adipose-derived mesenchymal stem cells attenuates airway responsiveness and inflammation in a mouse model of ovalbumin-induced asthma

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**Abstract:** Adipose-derived mesenchymal stem cells (ADMSCs) possess immunomodulation property, yet their therapeutic potential in asthma is unclear. This study aimed to explore the effects of ADMSCs on airway hyperresponsiveness and inflammation in ovalbumin (OVA)-induced asthma models. The underlying mechanism(s) was also examined. BALB/c mice were sensitized with OVA on days 0, 7, and 14, followed by 8-week OVA challenge from day 22. ADMSCs were injected via tail vein on day 21. Animals were measured for airway responsiveness, lung pathology, IgE and cytokine levels in serum, cell composition in bronchoalveolar lavage fluid (BALF), gene expression in the lung, and regulatory T cells (Tregs). We found that delivery of ADMSCs decreased airway responsiveness and eosinophil counts in BALF and reduced infiltration of inflammatory cells and number of mucus-expressing goblet cells in the lung in OVA-challenged mice. OVA-evoked elevation of serum IgE levels and alteration of cytokine production in serum and BALF was significantly prevented by ADMSCs. In addition, administration of ADMSCs impaired the regulation of lung IL-10, Foxp3, IL-17, and ROR $\gamma$  expression by OVA challenge and restored the percentage of CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup> Tregs in the spleen. In conclusion, ADMSCs confer protection against OVA-induced airway hyperresponsiveness and inflammation, which is associated with induction of Tregs and restoration of immune homeostasis. These findings suggest that ADMSCs may have therapeutic implications for allergic asthma.

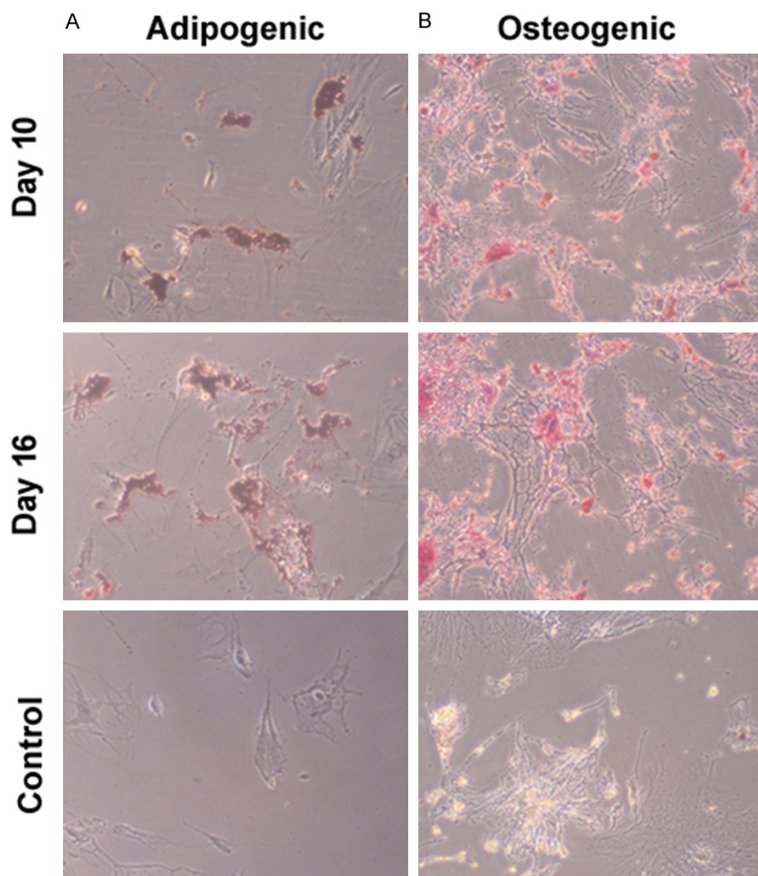
**Keywords:** Allergic asthma, immune homeostasis, mesenchymal stem cells, regulatory T cells

## Introduction

Allergic asthma is a common respiratory disease characterized by airway inflammation, hyperresponsiveness, and remodeling. The imbalance between T helper (Th) 1 and Th2 responses is linked to the pathogenesis of asthma [1, 2]. Th2 cytokines in particular interleukin (IL)-4, IL-5 and IL-13 contribute to IgE synthesis in the progression of asthma [3]. Inhibition of Th2 cytokines has shown therapeutic benefits in the treatment of Th2 cell-driven asthma [4]. Apart from Th2 cells, regulatory T cells (Tregs) and Th17 cells are also involved in the development of asthma [5, 6]. It was reported that the percentage of Tregs is significantly lower in asthmatic patients than that in normal controls [6]. Induction of Tregs has been found to alleviate airway inflammation in an

ovalbumin (OVA)-induced asthma model [7]. Clinical evidence indicates that IL-17 from Th17 cells is upregulated in patients with asthma and positively correlated with disease severity [8]. Therefore, restoration of the homeostasis of immune cells is of importance in the control of asthma.

Stem cell-based therapy against asthma is attracting increasing attention [9, 10]. It has been documented that delivery of bone marrow-derived mesenchymal stem cells (MSCs) significantly improves lung pathology and inflammation in OVA-induced asthma models [9]. Similarly, administration of human umbilical cord-derived MSCs can suppress the production of Th2 cytokines and lung inflammation in asthmatic mice [10]. Adipose tissues are an important source of MSCs. Adipose-derived



**Figure 1.** Characterization of ADMSCs. ADMSCs were cultured in adipogenic and osteogenic medium or DMEM (control) and tested for adipogenic and osteogenic differentiation. A. Representative images of cells stained with Oil Red O. B. Representative images of cells stained with Alizarin Red. Magnification,  $\times 200$ .

MSCs (ADMSCs) exhibit immunosuppressive property, which is supported by the finding that allogeneic transplantation of ADMSCs can control graft-versus-host disease [11]. However, few studies have addressed the therapeutic potential of ADMSCs in asthma.

Therefore, in this study, we explored the effects of injection of ADMSCs on airway hyperresponsiveness and inflammation in OVA-induced asthma models. The effects of ADMSCs on Treg numbers and cytokine expression were also examined.

### Materials and methods

#### Mice

Six-to-eight week-old male BALB/c mice (weighing 16-18 g) were obtained from Shanghai Silaike Laboratory Animal Co., Ltd. (Shanghai, China) and housed at  $23 \pm 3^\circ\text{C}$  under a 12-h

light/dark cycle with free access to water and lab chow. All procedures involving animals were approved by the Institutional Animal Care and Use Committee of Shanghai Jiao-tong University (Shanghai, China).

#### Isolation and characterization of ADMSCs

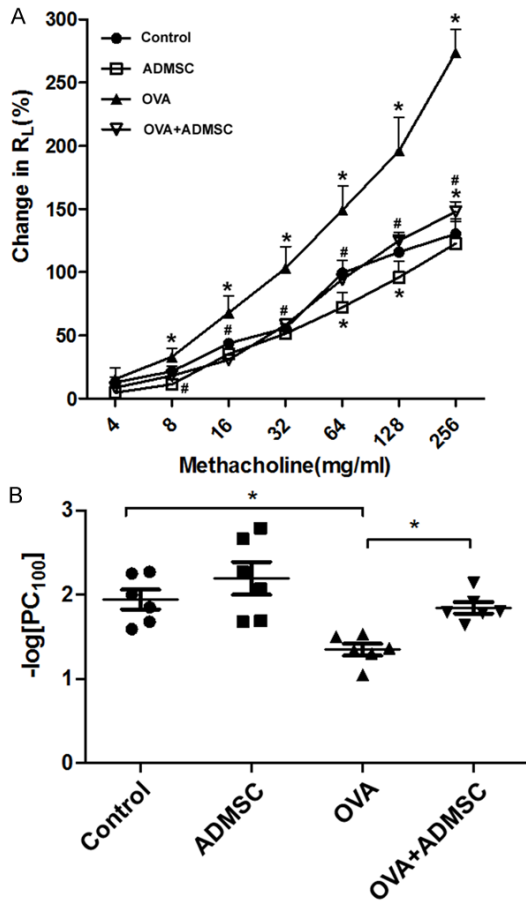
Isolation of ADMSCs was performed as described previously [12]. In brief, inguinal fat pads were harvested from mice, minced into  $5\text{-mm}^3$  pieces, and digested with 0.1% collagenase type I (Sigma-Aldrich, St. Louis, MO, USA) at  $37^\circ\text{C}$  for 40 min. After centrifugation at 300 g for 10 min, the pellet was resuspended in alpha-MEM supplemented with 10% fetal bovine serum (FBS; Invitrogen, Carlsbad, CA, USA) at  $37^\circ\text{C}$  with 5%  $\text{CO}_2$ . Upon reaching 80-90% confluence, the cells were subcultured. At passages 3-8, ADMSCs were used in this study.

ADMSCs were stained with phycoerythrin (PE)-conjugated anti-mouse monoclonal antibodies anti-CD90, anti-CD44, anti-CD29, anti-CD34, and anti-CD45 (1:500 dilution; BD Pharmingen, San Diego, CA, USA) for 30 min in the dark at  $4^\circ\text{C}$ . Stained cells were analyzed by a flow cytometer. Adipogenic and osteogenic differentiation was performed as described previously [13]. In brief, cells were grown on coverslips in 24-well plates ( $2 \times 10^4$  cells/well) and stimulated with osteogenic or adipogenic medium (Sigma-Aldrich). After incubation for 10 and 16 days, adipogenic differentiation was evaluated by Oil red O staining (Sigma-Aldrich) and osteogenic differentiation by Alizarin Red staining (Sigma-Aldrich).

#### Animal groups and experimental protocol

Mice were randomly divided into 4 groups (n = 10): control group, ADMSC group, OVA group, and OVA+ADMSC group. OVA-induced allergic asthma was generated as described previously

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**Figure 2.** Administration of ADMSCs attenuates OVA-induced airway hyperresponsiveness. The effects of delivery of ADMSCs on OVA-induced airway hyperresponsiveness after the last challenge were determined using inhaled methacholine (MCh) at 4 to 256 mg/mL. A. Measurement of lung resistance ( $R_L$ ). B. Measurement of the provocative challenge 100 (PC<sub>100</sub>), the MCh dose at which  $R_L$  was 100% above baseline level. \* $P < 0.05$  vs. the control group; # $P < 0.05$  vs. the OVA group.

[14]. In brief, each mouse was injected intraperitoneally with 0.1% OVA (Sigma-Aldrich) on Day 0, Day 7, and Day 14. ADMSCs ( $1 \times 10^6$  cells in 100  $\mu$ L of PBS) were injected via tail vein on Day 21. From Day 22, mice were challenged with 2.5% OVA 3 times (30 min/time) per week for 8 consecutive weeks. In control animals, equal volume of phosphate-buffered saline (PBS) was administered intraperitoneally instead of OVA. All mice were sacrificed 24 h after the last challenge, and samples were collected for further analyses.

### Airway responsiveness measurement

Mice were anesthetized with a combination of midazolam (5 mg/kg) and ketamine (100 mg/

kg), and the trachea were exposed and cannulated. Airway responsiveness was determined with an EMMS system (EMMS, Hampshire, UK) by measuring lung resistance ( $R_L$ ) in response to inhaled methacholine (MCh; Sigma-Aldrich) at concentrations of 4 to 256 mg/mL for 20 s. The provocative challenge 100 (PC<sub>100</sub>), the MCh dose at which  $R_L$  was 100% above baseline level, was calculated.

### Bronchoalveolar lavage fluid (BALF)

BALF was collected by cannulating the trachea and lavaging three times with 0.8 mL of cold PBS. BALF samples were centrifuged and the supernatants were stored at  $-80^\circ\text{C}$  for cytokine analysis. The cell pellets were resuspended. Total cell number and differential cell counts were determined after staining with Wright and Giemsa solutions.

### Measurement of cytokines and IgE

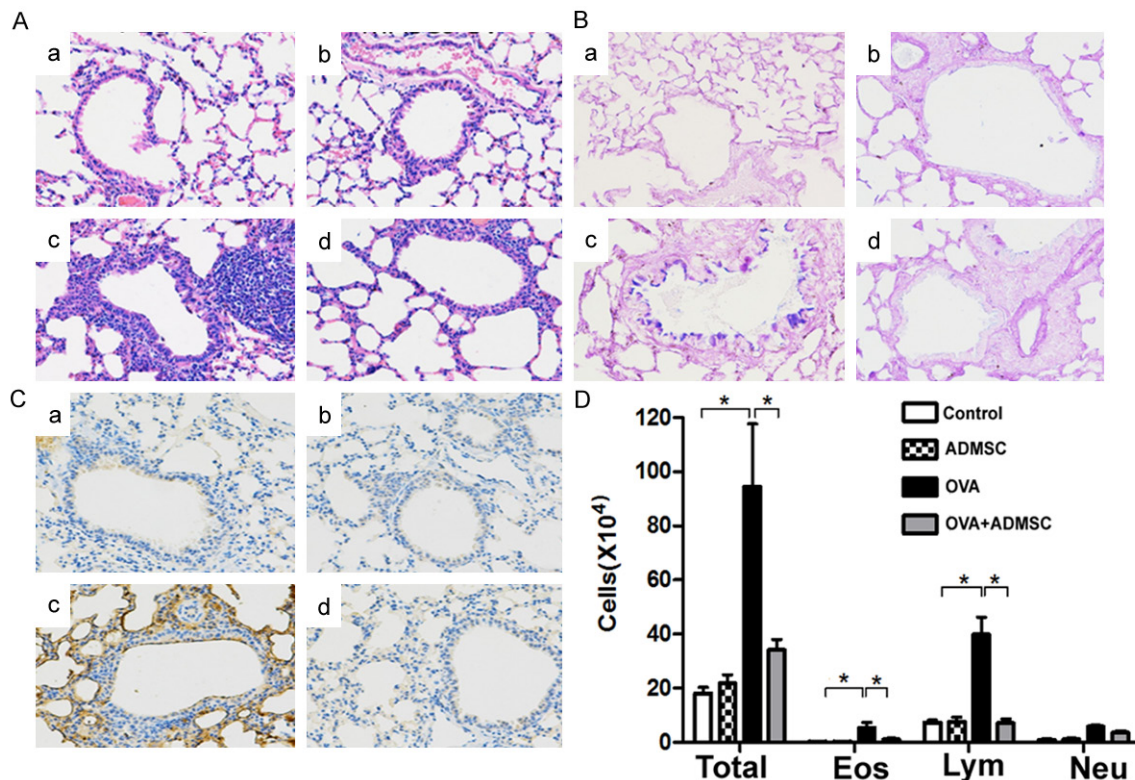
The levels of IL-1 $\beta$ , IL-4, IL-17, IL-10, IFN- $\gamma$ , and IgE in serum samples and IL-4, IL-17F, IL-10, and IFN- $\gamma$  in BALF were measured using ELISA kits (eBioscience, San Diego, CA, USA), following the manufacturer's instructions.

### Lung histopathology

The left lung was fixed with 10% buffered formalin, cut into sections (5  $\mu$ m), and subjected to hematoxylin and eosin (H&E) staining, periodic acid-Schiff (PAS) staining, and anti-Muc5AC immunostaining with anti-Muc5AC antibody (Abcam, Cambridge, UK).

### Quantitative real-time PCR (qRT-PCR) analysis

Total RNA from right lung tissue samples was extracted using Trizol (Invitrogen) and reverse transcribed to cDNA. PCR primers are summarized as follows: Foxp3 forward: 5'-GCCTCAGCAGACTTG-3', Foxp3 reverse: 5'-CATTGGGTTCTTGTTCAGAG-3'; RORyt forward: 5'-CAGGACAATGGAAGTCGTC-3', RORyt reverse: 5'-CCGTGTAGAGGGCAATCTCA-3'; IL-10 forward: 5'-CCCTTTGCTATGGTGTCCCT-3', IL-10 reverse: 5'-GGATCCCTGGTTTCTCTT-3'; IL-17F forward: 5'-AGGGAAGAAGCAGCCATT-3', IL-17F reverse: 5'-CCAACATCAACAGTAGCAAA-3';  $\beta$ -actin forward: 5'-CAGAAGGACTCCTACGTG-3',  $\beta$ -actin reverse: 5'-GCTCGGTCAGGATCTTCATG-3'. Cycling conditions were as follows: initial denaturation at  $94^\circ\text{C}$  for 10 min and 35 cycles of denaturation



**Figure 3.** Administration of ADMSCs attenuates OVA-induced airway inflammation. (A-C) Representative lung tissue sections stained with H&E (A), periodic acid-Schiff (B), and anti-Muc5AC antibody (C). (A-C) Control, ADMSC, OVA, and OVA+ADMSC groups, respectively. Magnification,  $\times 200$ . (D) Total and differential cell counts in BALF. The numbers of total cells, eosinophils (EOS), lymphocytes (Lym), and neutrophils (Neu) in BALF were significantly reduced in the OVA+ADMSC group compared to the OVA group.  $*P < 0.05$ .

at  $94^{\circ}\text{C}$  for 30 s, annealing at  $59^{\circ}\text{C}$  for 30 s, and extension at  $72^{\circ}\text{C}$  for 40 s. The relative mRNA levels were determined by normalization to the level of  $\beta$ -actin mRNA.

#### Analysis of $\text{CD4}^+\text{CD25}^+\text{Foxp3}^+$ Tregs in the spleen by flow cytometry

Cells from the spleen were prepared via gentle homogenization through nylon mesh and suspended in Red Blood Cell Lysis Buffer for 5 min. After washing, spleen cells were incubated with anti-mouse  $\text{CD4-FITC}$ ,  $\text{CD25-APC}$ , and  $\text{Foxp3-PE}$  antibodies.  $\text{CD4}^+\text{CD25}^+\text{Foxp3}^+$  Tregs were analyzed by flow cytometry.

#### Statistical analysis

Data are presented as mean  $\pm$  standard deviation. Differences among multiple groups were determined using one-way analysis of variance followed by the Fishers least significant differ-

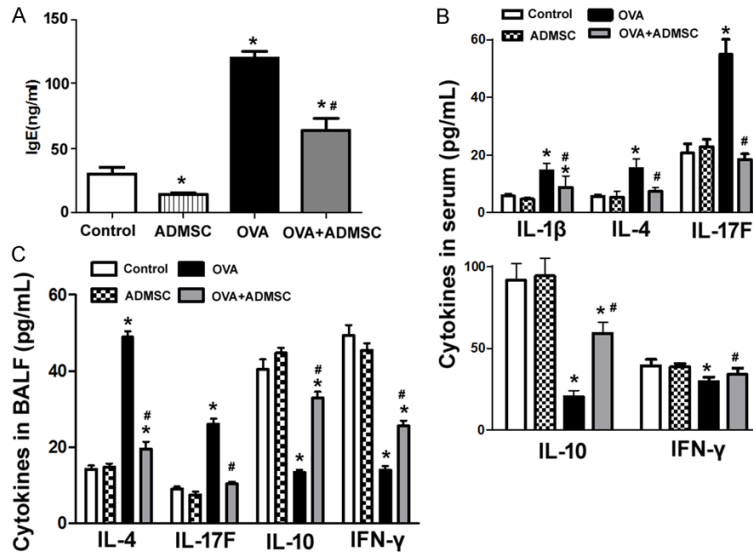
ence post hoc analysis.  $P < 0.05$  was considered statistically significant.

## Results

### Characterization of ADMSCs

The isolated ADMSCs had a spindle shape, a typical morphology of MSCs. Immunophenotyping of them by flow cytometry revealed that the ADMSCs showed abundant expression of MSC markers  $\text{CD90}$ ,  $\text{CD44}$ , and  $\text{CD29}$ , but negative for hematopoietic markers  $\text{CD45}$  and  $\text{CD34}$  (data not shown). To evaluate the differentiation potential of ADMSCs, they were cultured in adipogenic and osteogenic medium. As determined by Oil red O staining, ADMSCs in adipogenic medium displayed accumulation of lipid droplets (Figure 1A). In addition, Alizarin Red staining confirmed remarkable osteogenic differentiation in ADMSCs after stimulation with osteogenic medium (Figure 1B). These

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**Figure 4.** Administration of ADMSCs decreases serum IgE levels and alters serum and BALF cytokine levels. A. Measurement of IgE levels in serum samples by ELISA. Delivery of ADMSCs caused a significant reduction of serum IgE. B. Measurement of indicated cytokine levels in serum by ELISA. Compared to control animals, OVA-challenged mice had significantly greater levels of serum IL-1 $\beta$ , IL-4, and IL-17F and lower levels of serum IL-10 and IFN- $\gamma$ . C. Measurement of indicated cytokine levels in BALF by ELISA. Transplantation of ADMSCs significantly reduced IL-4 and IL-17F production and restored the levels of IL-10 and IFN- $\gamma$  in BALF after OVA challenge. \* $P < 0.05$  vs. the control group; # $P < 0.05$  vs. the OVA group.

observations indicate that the isolated ADMSCs have multipotential differentiation capacity.

### Administration of ADMSCs attenuates OVA-induced airway hyperresponsiveness and inflammation

Next, we examined the effects of delivery of ADMSCs on OVA-induced airway hyperresponsiveness after the last challenge using inhaled MCh (4 to 256 mg/mL). OVA-challenged mice displayed significantly higher  $R_L$  (Figure 2A) and lower  $-\log PC100$  (Figure 2B) than control animals, suggesting airway hyperreactivity induced by OVA. Notably, delivery of ADMSCs via tail vein resulted in a significant decline in  $R_L$  and increase in  $-\log PC100$  values.

Histological analysis of lung tissues revealed that compared to the OVA group, the OVA+ADMSC treatment group had marked reductions in the number of inflammatory cells (Figure 3A) and PAS<sup>+</sup> mucus-expressing goblet cells (Figure 3B), as well as in the production of Muc5ac (Figure 3C). The numbers of total cells, eosinophils, and lymphocytes in BALF

were significantly reduced in the OVA+ADMSC group compared to the OVA group ( $P < 0.05$ ; Figure 3D).

### Administration of ADMSCs decreases serum IgE levels and alters serum and BALF cytokine levels

OVA challenge led to a significant increase in serum IgE levels, while delivery of ADMSCs caused a significant reduction in serum IgE levels, compared to baseline values (Figure 4A). Moreover, OVA-induced elevation of IgE levels was partially rescued by injection of ADMSCs (Figure 4A). Compared to control animals, OVA-challenged mice had significantly greater levels of serum IL-1 $\beta$ , IL-4, and IL-17F and lower levels of serum IL-10 and IFN- $\gamma$  (Figure 4B). Of note, OVA-induced alteration of cytokine levels was significantly reversed after delivery of ADMSCs.

Similarly, transplantation of ADMSCs significantly reduced the induction of IL-4 and IL-17F and restored the production of IL-10 and IFN- $\gamma$  in BALF after OVA challenge (Figure 4C).

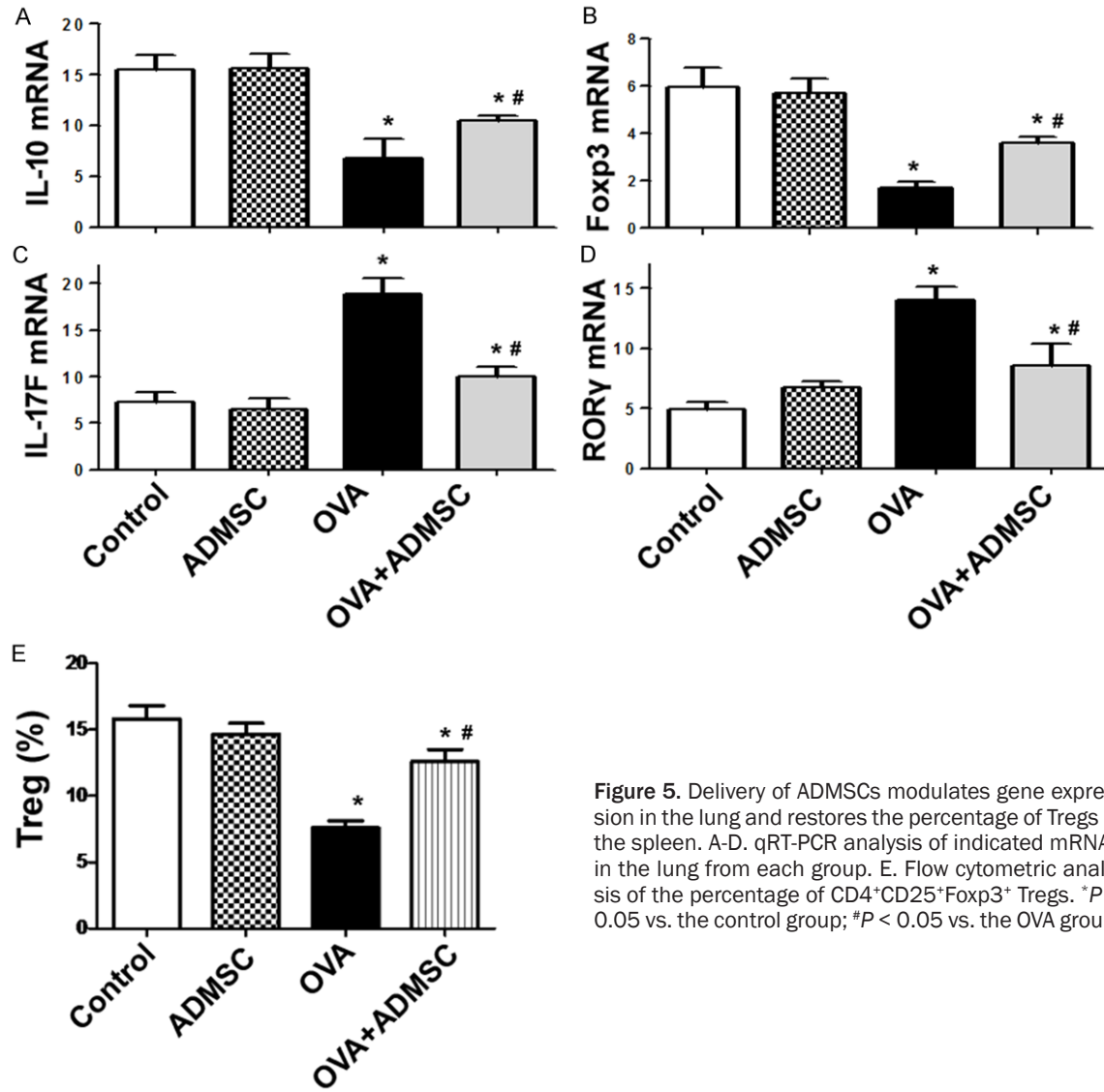
### Delivery of ADMSCs modulates gene expression in the lung and restores the percentage of Tregs in the spleen

OVA challenge caused a significant reduction in IL-10 (Figure 5A) and Foxp3 (Figure 5B) transcripts and increase in IL-17 (Figure 5C) and ROR $\gamma$  (Figure 5D) transcripts in the lung. Such gene alteration was partially prevented by delivery of ADMSCs. In addition, administration of ADMSCs raised the percentage of CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup> Tregs in the spleen in OVA-challenged mice (Figure 5E).

## Discussion

Allergic asthma is a complex respiratory disorder that involves airway hyperreactivity and inflammation. Bone marrow-derived MSCs have shown anti-inflammatory properties in animal models of asthma [15, 16]. Compared to bone

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**Figure 5.** Delivery of ADMSCs modulates gene expression in the lung and restores the percentage of Tregs in the spleen. A-D. qRT-PCR analysis of indicated mRNAs in the lung from each group. E. Flow cytometric analysis of the percentage of CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup> Tregs. \**P* < 0.05 vs. the control group; #*P* < 0.05 vs. the OVA group.

marrow-derived MSCs, ADMSCs exhibit a higher immunomodulatory capacity [17]. Moreover, easy access and high incidence of MSCs make adipose tissue as a promising alternative source of MSCs [18]. Therefore, in this study we evaluated the potential of ADMSCs in the treatment of allergic asthma in mouse models. The isolated ADMSCs expressed MSC markers CD90, CD44, and CD29 and showed adipogenic and osteogenic differentiation capacity. When ADMSCs were injected to asthmatic mice via tail vein, OVA challenge-induced airway hyperresponsiveness and inflammation was mitigated. Pathological analysis demonstrated that OVA-induced infiltration of inflammatory cells to the lung was remarkably attenuated by ADMSCs. Eosinophils are the key inflammatory

cells involved in the pathogenesis of allergic asthma [19]. It has been reported that eosinophils can promote CD4<sup>+</sup> T cells to secrete IL-4 and IL-5 inflammatory cytokines [20]. We found that BALF from ADMSC-treated, OVA-challenged mice had significantly lower numbers of eosinophils than the counterpart from untreated OVA-challenged mice. In addition to reduction of inflammatory cells, the number of PAS<sup>+</sup> mucus-expressing goblet cells were also decreased in the OVA+ADMSC treatment group. Consistently, the production of Muc5ac, a major mucus component in asthma, was markedly lowered by delivery of ADMSCs. Therefore, ADMSCs show the ability to suppress eosinophilic inflammation and mucus overproduction in experimental asthma.

Interestingly, we found that injection of ADMSCs significantly impaired OVA challenge-induced IgE production. Moreover, OVA-induced alteration of cytokine expression in serum and BALF was significantly reversed by ADMSCs. IL-1 $\beta$ , IL-4, and IL-17F are important cytokines implicated in the pathogenesis of asthma [21]. Targeting IL-4 [22] and IL-17 [23] has been suggested as a potential therapeutic strategy for asthma. IFN- $\gamma$  is a major Th1 cytokine and has been found to increase airway hyperresponsiveness in severe asthma [24]. However, modulation of the Th1/Th2 cytokine balance contributes to pharmacological inhibition of asthma development [25]. Therefore, the alteration of OVA-induced cytokine profiles may provide an explanation for the protective activity of ADMSCs in asthma.

It was found that OVA challenge significantly suppressed the mRNA expression of IL-10 and Foxp3 and raised the mRNA expression of IL-17 and ROR $\gamma$  in the lung, suggesting an impairment of immune homeostasis. Foxp3 is an important biomarker for Tregs that play a pivotal role in controlling such Th2-biased immune responses [26]. Consistently, OVA challenge resulted in a significant reduction of CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup> Tregs in the spleen. Notably, delivery of ADMSCs partially restored the expression of Foxp3 in the lung and the percentage of CD4<sup>+</sup>CD25<sup>+</sup>Foxp3<sup>+</sup> Tregs in the spleen in OVA-challenged mice. It has been documented that IL-17-producing Th17 cells have the capacity to regulate neutrophilic and macrophage inflammation in the lung in asthma [27]. These findings suggest that the anti-asthmatic activity of ADMSCs is, at least in part, ascribed to stimulation of Treg and Th17 cell responses.

However, this study has several limitations. First, key molecular mediators for the attenuation of asthma by ADMSCs are not clarified. Second, the fate, distribution, and long-term consequence of ADMSCs in mice remain to be further determined.

In conclusion, our findings demonstrate that ADMSCs have the capacity to improve OVA-evoked airway hyperresponsiveness and inflammation, at least partially, through induction of Tregs and restoration of immune homeostasis. Delivery of ADMSCs may represent a promising

therapeutic strategy for treatment of allergic asthma.

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### Disclosure of conflict of interest

None.

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