# **Original Article**

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# Maternal Uniparental Disomy 14 (Temple Syndrome) as a Result of a Robertsonian Translocation

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#### Keywords

Array CGH · Genetic obesity · Growth · Heterodisomy · Intellectual disability · Isodisomy · Maternal uniparental disomy 14

# Abstract

Maternal uniparental disomy of chromosome 14 (upd(14) mat) or Temple syndrome is an imprinting disorder associated with a relatively mild phenotype. The absence of specific congenital malformations makes this condition underdiagnosed in clinical practice. A boy with a de novo robertsonian translocation 45,XY,rob(13;14)(q10;q10) is reported; a CGH/SNP array showed a loss of heterozygosity in 14q11.2q13.1. The final diagnosis of upd(14)mat was made by microsatellite analysis, which showed a combination of heterodisomy and isodisomy for different regions of chromosome 14. Obesity after initial failure to thrive developed, while compulsive eating habits were not present, which was helpful for the clinical differential diagnosis of Prader-Willi syndrome. In addition, the boy presented with many phenotypic features associated with upd(14)mat along with hypoesthesia to pain, previously unreported in this disorder, and

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E-Mail karger@karger.com www.karger.com/msy bilateral cryptorchidism, also rarely described. These features, as well as other clinical manifestations (i.e., truncal obesity, altered pubertal timing), may suggest a hypothalamic-pituitary involvement. A detailed cytogenetic and molecular characterization of the genomic rearrangement is presented. Early genetic diagnosis permits a specific followup of children with upd(14)mat in order to optimize the long-term outcome.

Uniparental disomy (UPD) is the condition in which both homologous chromosomes are derived from only one parent [Robinson, 2000]. UPD can be classified as either isodisomy or heterodisomy according to the homozygosity or heterozygosity of polymorphic alleles inherited from the parent; it can involve the whole chromosome or some parts of the chromosome (segmental UPD) [Engel, 1980]. Evaluation of the parental origin of UPD is important to better assess the risk for health adverse effects of UPD [Robinson, 2000].

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**Fig. 1.** Our proband with upd(14)mat at the age of 2 months (**a**) and at the age of 5.7 years (**b**).

The human chromosome 14 carries a 1-Mb cluster of imprinted genes located in 14q32 [Hoffman and Heller, 2011]. This cluster includes paternally expressed genes such as *DLK1* (delta-like non-canonical Notch ligand 1), RTL1 (retrotransposon-like 1), and DIO3 (Deiodinase, iodothyronine, type III) as well as maternally expressed noncoding RNAs such as MEG3 (maternally expressed 3), RTL1as (RTL1 antisense), MEG8 (maternally expressed 8), and numerous C/D box small nucleolar (sno) RNAs and microRNAs. Indeed, it remains to be clarified whether DIO3 is truly a paternally expressed gene. The parental expression of imprinted genes is determined by 2 differentially methylated regions [Buiting et al., 2008; Hoffman and Heller, 2011; Kagami et al., 2012]. These regions are methylated on the paternal chromosome and unmethylated on the maternal one [Temple et al., 2007; Beygo et al., 2015].

The maternal and paternal UPDs for chromosome 14 cause distinct phenotypes: upd(14)mat (Temple syndrome; EUCID.net; www.imprinting-disorders.eu) is characterized by pre- and postnatal growth retardation, developmental delay, muscular hypotonia, joint laxity, small hands and feet, truncal obesity, precocious or early onset of puberty, and adult short stature [Ioannides et al., 2014]. On the other hand, upd(14)pat (Kagami-Ogata syndrome; EU-CID.net) causes a more serious phenotype with polyhydramnios, thoracic dysplasia (coat hanger sign) with respiratory failure, abdominal defects, growth retardation, developmental delay, and facial abnormalities with full cheeks and protruding philtrum [Ogata and Kagami, 2016]. Here, we report on a boy with a de novo robertsonian translocation involving chromosomes 13 and 14; he also presented with upd(14)mat. His phenotype is discussed in relation to the previously reported individuals with upd(14)mat. A detailed cytogenetic and molecular characterization of the genomic rearrangement is described.

#### **Patient and Methods**

#### Clinical Report

The boy was conceived by assisted reproductive technology due to fertility problems in the nonconsanguineous 39-year-old parents. At 31 weeks of gestation, oligodramnios and intrauterine growth retardation were diagnosed. He was born at 40 weeks of gestation with both low birth length and weight (-2.05 SD and -2.26 SD, respectively) according to Italian neonatal standards [Bertino et al., 2010]. At birth, he showed a prominent metopic suture, but brain ultrasonography did not show malformations.

The boy came to our attention at 2 months of age (Fig. 1a): his length (54.5 cm) was -2.02 SD, weight (4,450 g) was -1.78 SD for age and -0.19 SD for length; his head circumference (38 cm) was within normal range, -0.97 SD (WHO standards; www.who.int/ childgrowth/software/eu/). He also showed trigonocephaly, dysmorphic facial characteristics – such as an asymmetrical face, epicantus, hypotelorism, a mild strabism, upslanting palpebral fissures, and retrognathia – and a flat angioma on the forehead. Both gonads were palpable in the inguinal region. At 6 months, heart ultrasonography as well as ophthalmologic and otorhinolaryngoiatric examinations were normal; his routine blood and urine analyses were in normal range, except for the values of the seric IgA [12 mg/dL (normal range: 82–453 mg/dL)], IgG [334 mg/dL (normal range: 751–1560 mg/dL)], and IgM [31 mg/dL (normal range: 46–304 mg/dL)]. Abdominal ultrasonography was normal. At 9 months, the neurological evaluation showed hypoesthesia to pain. The boy had a good environment interaction and adequately manipulated his toys, but his motor and developmental milestones were delayed: he was neither able to sit nor hold his head up; he walked without support at the age of 21 months and uttered a few words at 24 months. At 6, 9, and 24 months, linear growth progressively improved, while weight was below the normal values for height and age (Table 1). Coeliac disease was ruled out by appropriate serum analyses. The boy's head circumference also improved (6 months: -2.78 SD, 9 months: -2.35 SD, and 24 months: -1.14 SD; WHO standards). At the age of 3 years, his height normalized, while weight increased to the upper values for both height and age (Table 1); his head circumference also normalized (-0.72 SD). Ultrasonography confirmed the presence of both testes located in the inguinal canals.

At 5.7 years of age, the boy showed normal height, but he developed overt truncal obesity (Fig. 1b; Table 1). His facial features included a broad and high forehead as well as a short nose with a wide nasal tip. He clinically presented with genu valgum and small hands and feet, but raw measures were not performed; his neuropsychological profile revealed mild intellectual disability (total IQ 57). Thus, he started primary school with the help of a support teacher.

#### Methods

Karyotype analysis was done by using standard methods. A CGH/SNP array using a 180 K platform (Agilent Technologies, Santa Clara, CA, USA) was performed. Briefly, 750 ng of DNA from the patient and from a normal male control (Agilent) was digested with RSAI and ALUI restriction enzymes. Test and reference DNA were differentially labeled with Cy5-dCTP or with Cy3dCTP using random primer labeling according to the manufacturer's protocol (Agilent). The labeling reactions were applied to the array and incubated for 24 h at 65°C. Finally, the slides were washed and scanned using the Agilent scanner. The identification of individual spots on scanned arrays was performed with the dedicated software (Cytogenomics Software, Agilent) as well as filtration, normalization and exclusion of spots with aberrant morphology or high background. The proband and his parents were genotyped for 28 short tandem repeats (STRs) spanning the entire long arm of chromosome 14 by polymerase chain reaction amplification and separation on an automated ABI-3130 DNA sequencer. The polymorphic markers were analyzed by GeneScan3.1 software (Applied Biosystems, Foster City, CA, USA). The location of the STRs was obtained from UCSC Genome Bioinformatics (https:// genome-euro.ucsc.edu; build 37/hg19).

# Results

Karyotype analysis detected a robertsonian translocation 45,XY,rob(13;14)(q10;q10) in all of the 100 analyzed metaphases. Both parents had a normal karyotype.

The CGH/SNP array did not reveal any deletion or duplication, but it showed a loss of heterozygosity (LOH) of about 13.6 Mb in the distal portion of chromosome 14: 14q11.2q12 (20,490,852–34,117,159 bp) (build 37/hg19).

**Table 1.** Proband with upd(14)mat: evolution of height and weightduring the first 5 years of life

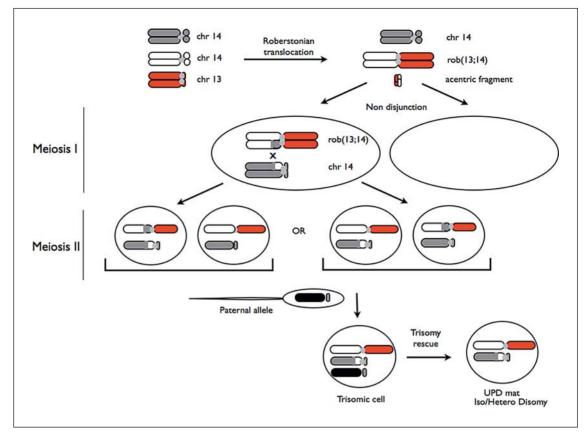
Age,	Height		Weigh	Weight			
years	cm	SD <sup>a</sup>	kg	SD for length <sup>a</sup>	SD for age <sup>a</sup>		
0.2	54.5	-2.02	4.4	-0.19	-1.78		
0.5	64.0	-0.70	5.8	-2.36	-2.78		
0.8	71.0	-0.43	6.9	-2.91	-2.35		
2.0	86.5	-0.44	10.0	-2.17	-1.71		
3.0	97.5		17.4				
5.7	110.0	-0.82 <sup>b</sup>	25	3.56 <sup>b</sup>	2.24 <sup>b</sup>		

upd, uniparental disomy. <sup>a</sup> Calculated according to WHO standards. <sup>b</sup> Calculated according to Tanner and Whitehouse [1976].

The first probe in the heterodisomic region mapped 34,162,618 bp. Among the 28 STRs spanning the entire long arm of chromosome 14, fourteen markers gave the results for upd(14)mat, whereas the remaining STRs were uninformative. By comparing the proband and maternal alleles, isodisomy was present between *D14S261* in 14q11.2 (20,840,388–20,840,704 bp) and *D14S275* in 14q12 (26,696,773–26,697,020 bp) markers; the allelic pattern of *D14S1040* in 14q12 (32,211,413–32,211,762 bp) could be associated both to isodisomy and to heterodisomy. The rest of the chromosome from *D14S1700* in 14q13.1 (34,459,194–34,459,447 bp) to *D14S1700* in 14q32.33 (105,977,978–105,978,102 bp) was heterodisomic. Segregation analysis of STRs mapping on the other chromosomes confirmed a biparental inheritance (table 2).

# Discussion

A de novo robertsonian translocation 45,XY,rob(13; 14)(q10;q10) was identified in the proband without chromosomal imbalances by CGH/SNP array. However, a LOH region in 14q11.2q13.1 was found. The final diagnosis of upd(14)mat was performed by microsatel-lite analysis, which showed a combination of heterodisomy and isodisomy for different regions of chromosome 14. Only employing array CGH would not have revealed heterodisomy, and STR analysis alone would not have defined the LOH extension so accurately. About 50 individuals with altered imprinted gene expression at chromosome 14q32 have been reported [Kotzot, 1999; Hoffmann and Heller, 2011; Ioannides et al., 2014]. In the majority, approximately 75%, upd(14) mat represents the underlying molecular etiology [Ioan-



**Fig. 2.** Scheme showing the hypothesized mechanism for the formation of UPD in the proband. In the figure, only the chromosomes involved in the pathological mechanism are shown. The 2 pairs of oocytes with the possible combinations of chromatids in meiosis II are shown.

nides et al., 2014; Briggs et al., 2016]. Patients with Temple syndrome secondary to a paternal deletion at 14q32 or an isolated imprinting defect in the differentially methylated regions on 14q32 have also been reported, both appearing to be of relatively equal frequency [Ioannides et al., 2014; Briggs et al., 2016]. Recently, a single patient with Temple syndrome and multilocus imprinting disturbance has been reported [Bens et al., 2016]. Besides the typical clinical features, this patient showed an abnormal EEG and a pituitary microadenoma [Bens et al., 2016]. So far, there are not enough cases to stratify the clinical findings by (epi)genotypes [Ioannides et al., 2014]. Patients with both hetero- and isodisomic regions are very rare [Antonarakis et al., 1993; Hoffmann and Heller, 2011], but the prevalence of such cases may be underestimated due to the limited number of STRs routinely analyzed during the diagnostic workflow. Albeit alternating segments of heterodisomy and isodisomy should be found in most of upd(14)mat patients as a

consequence of meiotic recombination, UPD as the result of robertsonian translocation is rare, approximately 0.6–0.8% [Shaffer, 2006].

In the present case, a trisomy rescue may be the mechanism involved in the occurrence of upd(14)mat. It can be hypothesized that during maternal meiosis I, 2 pathogenetic events took place: (1) a robertsonian translocation rob(13;14), and (2) a nondisjunction event between 2 chromosomes 14. During maternal meiosis II, the segregation of the chromatids determined the formation of 2 oocytes with a robertsonian translocation t(13;14) and a free chromosome 14 oocyte, which differ in the pattern of UPD (Fig. 2). According to array-CGH results, during maternal meiosis I, a crossing-over occured between chromatides of the homologous chromosomes 14 between 34,117,159 bp and 34,162,618 bp. Since the array-CGH platforms do not usually present oligos in the close proximity of the centromere, we cannot exclude that a second crossing-over has taken place, leading to a het-

Table 2. The STRs analy	zed along with their	position (hg19 map)
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Mother	Father	Proband	Result	CGH/SNP	STR locus	Localization	Position
274-303	294	303	ID mat	LOH	D14S261	14q11.2	20,840,388-20,840,704
100 - 104	102	104	ID mat	LOH	D14S1023	14q11.2	21,441,901-21,442,220
135-150	129-152	150	ID mat	LOH	D14S283	14q11.2	22,687,415-22,687,784
148 - 150	144 - 150	150	ID mat/biparent	LOH	D14S990	14q11.2	23,586,268-23,586,632
203-205	207-209	203	ID mat	LOH	D14S972	14q11.2	24,347,553-24,347,945
149-151	149-155	149	ID mat/biparent	LOH	D14S275	14q12	26,696,773-26,697,020
109	105-113	109	HD/ID mat	LOH	D14S1040	14q12	32,211,413-32,211,762
104 - 110	106-108	104 - 110	HD mat	normal	D14S70	14q13.1	34,459,194-34,459,447
205-213	211-213	205-213	HD mat/biparent	normal	D14S75	14q13.3	37,427,727-37,428,001
209	205 - 207	209	HD/ID mat	normal	D14S288	14q21.2	44,101,769-44,102,045
245-249	241-243	245-249	HD mat	normal	D14S276	14q22.3	55,683,016-55,683,343
164	162-176	164	HD/ID mat	normal	D14S980	14q22.3	57,152,479-57,152,790
121	121	121	not informative	normal	D14S274	14q22.3	57,659,338-57,659,723
187-195	185-191	187-195	HD mat	normal	D14S63	14q23.2	64,651,007-64,651,274
196-200	198-202	196-200	HD mat	normal	D14S258	14q24.2	70,582,852-70,583,191
126-128	134-136	126-128	HD mat	normal	D14S1036	14q24.3	75,796,933-75,797,278
305-309	305-307	305-309	HD mat/biparent	normal	D14S74	14q24.3	78,658,380-78,658,697
124-126	126-138	124-126	HD mat/biparent	normal	D14S1037	14q31.3	85,197,055-85,197,429
320-326	324-326	320-326	HD mat/biparent	normal	D14S68	14q31.3	88,627,635-88,627,975
172	172	172	not informative	normal	D14S1044	14q32.11	90,070,393-90,070,776
246	244 - 248	246	HD/ID mat	normal	D14S280	14q32.12	92,182,867-92,183,198
218-225	218-227	218-225	HD mat/biparent	normal	D14S1050	14q32.12	92,915,524-92,915,918
162-168	164-166	162-168	HD mat	normal	D14S1054	14q32.13	95,296,491-95,296,837
148 - 150	144 - 150	148 - 150	HD mat/biparent	normal	D14S65	14q32.2	97,621,472-97,762,169
248-254	250-254	248-254	HD mat/biparent	normal	D14S985	14q32.2	101,296,536-101,296,815
226	226-233	226	HD/ID mat/biparent	normal	D14S1051	14q32.31	102,230,242-102,230,439
91	91-93	91	HD/ID mat/biparent	normal	D14S292	14q.32.33	104,596,704-104,596,962
91-103	103-105	91-103	HD mat/biparent	normal	D14S1007	14q32.33	105,977,978-105,978,102

biparent, a biparental pattern of inheritance; HD, heterodisomy; ID, isodisomy; LOH, loss of heterozygosity; mat, maternal inheritance; STR, short tandem repeat.

erodisomic region between the centromere and 20,490,852 bp, as described by Antonarakis et al. [1993]. In this hypothetical mechanism, one of these abnormal maternal gametes could then have been fertilized by a normal paternal gamete, leading to a trisomic zygote, followed by a trisomic rescue with the loss of the paternal copy of chromosome 14 [Balbeur et al., 2016]. This mechanism may be characterized by a mosaic trisomy involving the UPD chromosome, as recently demonstrated in a 15-year-old girl [Balbeur et al., 2016]. We did not find a chromosome 14 mosaicism, but a very low level of mosaicism in the blood or its presence in other tissues cannot be excluded.

The isodisomic region can influence the phenotype by unmasking recessive alleles. According to the results of CGH/SNP array, the isodisomic region spans about 13.6 Mb and includes several genes; 24 genes are associated with a well-defined clinical phenotype, and about half of them have a recessive inheritance pattern [www.ncbi. nlm.nih.gov/omim]. Indeed, none of them seem to be strictly related to the phenotypic features in our case (Table 3).

In the literature, the phenotype associated with upd(14) mat is usually mild with a relevant degree of variability as summarized in Table 4. Frequent features, such as preand postnatal growth retardation, psychomotor delay, facial dysmorphisms, and short hands and feet, are present in our proband (Table 4). He also shares mild neurodevelopmental disability with upd(14)mat (Table 4). In addition, truncal obesity developed after initial failure to thrive in the first months of life due to feeding problems. He did not manifest the compulsive eating habits typically seen in patients with Prader-Willy syndrome [Butler et al., 2016]. This aspect can be helpful for clinical differential diagnosis in addition to the other phenotypic fea-

No.	Locus	Position	Gene	Gene name	Phenotype	OMIM	Inheritance
_	14q11.2	20,684,176-20,694,185	ANG, RNASE5, ALS9	angiogenin	amvotrophic lateral sclerosis 9	611895	unknown
2	14q11.2	21,287,976-21,351,315	RPGRIP1, LCA6, CORD13	retinitis pigmentosa GTPase regulator-interacting	Leber congenital amaurosis 6	613826	unknown
	4			protein	cone-rod dystrophy 13	608194	unknown
3	14q11.2	21,385,193-21,437,297	CHD8, DUPLIN, KIAA1564, AUTS18	chromodomain helicase DNA-binding protein 8	autism, susceptibility to, 18	615032	AD
4	14011.2	21.521.079 - 21.537.215	SALL2, Hsal2, COLB	spalt-like transcription factor 2, sal like 2	?coloboma. ocular, autosomal recessive	216820	AR
5	14q11.2	22,547,505-22,552,131	TRAC, TRCA, TRA, IMD7	T-cell receptor alpha	immunodeficiency 7, TCR-alpha/beta deficient	615387	AR
9	14q11.2	22,773,221-22,819,810	SLC7A7, LPI	solute carrier family 7 (cationic amino acid transporter,	lysinuric protein intolerance	222700	AR
	<b>F</b>			y+ system), member 7	· · · · · · · · · · · · · · · · · · ·		
~	14q11.2	22,836,532-22,847,599	MMP14, WNCHRS	matrix metalloproteinase 14 (membrane inserted)	?Winchester syndrome	277950	unknown
~	14q11.2	23,117,305-23,119,610	CEBPE, CRP1	CCAAT/enhancer-binding protein (C/EBP), epsilon	specific granule deficiency	245480	AR
6	14011.2	23,320,187-23,326,184	PABPNI, PABP2, PAB2	polv(A)-binding protein, nuclear 1	oculopharvngeal muscular dystrophy	164300	AD
10	14q11.2	23,381,989-23,408,276	MYH6, ASD3, MYHCA, CMD1EE,	myosin heavy chain 6, myosin, heavy polypeptide-6,	atrial septal defect 3	614089	unknown
	ſ		CMH14, SSS3	cardiac muscle, alpha	sick sinus syndrome 3	614090	unknown
					cardiomyopathy, hypertrophic, 14	613251	unknown
					cardiomyopathy, dilated, 1EE	613252	unknown
11	14q11.2	23,412,737 - 23,435,685	MYH7, CMH1, MPD1, CMD1S,	myosin heavy chain 7, myosin, heavy polypeptide-7,	cardiomyopathy, hypertrophic, 1	192600	AD
			SPMM, SPMD	cardiac muscle, beta	scapuloperoneal syndrome, myopathic type	181430	AD
					cardiomyopathy, dilated, 1S	613426	AD
					myopathy, myosin storage	255160	AR
					myopathy, myosin storage	608358	AD
					Liang distal myopathy	160500	AD
					left ventricular noncompaction 5	613426	AD
12	14a11a12	24.078.692 - 24.114.923	NRL, D14S46E, RP27	neural retina leucine zipper	retinal degeneration, clumped pigment type		AR
	-			A.A.	retinitis pigmentosa 27	613750	AD
13	14a11a12	24,094,130-24,104,131	PCK2, PEPCK2	phosphoenolpyruvate carboxykinase 2. mitochondrial	PEPCK deficiency, mitochondrial	261650	AR
14	14012022	24 100.000 - 57.600.000	ARVD3	arrhythmogenic right ventricular dysnlasia 3	arrhythmogenic right ventricular dysnlasia 3	602086	AD
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۰ n	14912	24,100,000-32,900,000	DFINDS	dealness, autosomal recessive o	deamess, autosomal recessive o	76/000	AK
16	14q12q21	24,100,000-50,400,000	SP(G32	spastic paraplegia 32	spastic paraplegia 32	252119	AK
17	14q12	24,239,640-24,242,673	TINF2, TIN2, DKCA3	TRF1-interacting nuclear factor 2	Revesz syndrome	268130	AD
					dyskeratosis congenita, AD 3	613990	AD
18	14q12	24,249,113-24,263,209	TGM1, ICR2, ARCI1	transglutaminase 1, K polypeptide epidermal type I, protein-elutamine gamma-elutamyltransferase	ichthyosis, congenital, AR 1	242300	AR
19	14q12	28,767,071-28,770,276	FOXG1, FOXG1B, FKHL1, FKH2, OIN RE1	forkhead box G1B	Rett syndrome, congenital variant	613454	isolated cases
20	14012	30.874.495-30.890.617	COCH. DFNA 9	cochlin	deafness. autosomal dominant 9	601369	AD
, -	21411 21412	31 075 105 31 096 449	ADASI CDSCAS SPEED	adantor-related protein complex 4_sigma-1 subunit	constitution autoconta actinitation of the second	614067	AP
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**Table 4.** Major clinical findings of the proband and individuals with Temple syndrome due to upd(14)mat

	Proband	Literature dataª, %
Physical features		
Premature birth	-	40
Intrauterine growth retardation	+	79
Low birth length (<5th centile) <sup>b</sup>	+	55
Low birth weight (<5th centile) <sup>b</sup>	+	86
Head circumference at birth (<5th centile) <sup>b</sup>	-	28
Postnatal short stature (<5th centile) <sup>b</sup>	+	81
Small hands	+	83
Small feet	+	95
Truncal obesity	+	50
Precocious/early puberty	-	87
Neurological and musculoskeletal findings		
Hypotonia	+	91
Feeding problems (infants)	+	16 <sup>c</sup>
Joint hypermobility	+	60
Scoliosis	-	26
Motor developmental delay	+	81
Speech delay	+	45
Intellectual disability	+	42

 $^{\rm a}$  Ioannides et al. [2014].  $^{\rm b}$  Limited to the first months of life, with progressive spontaneous improvement thereafter.  $^{\rm c}$  Raw number of patients.

tures [Hoffmann and Heller, 2011]. The boy also showed bilateral undescended testes which is very rarely reported in this syndrome [Ioannides et al., 2014], while precocious onset of puberty, which is a frequent feature (Table 4), was not present, likely due to the young age at the last evaluation. The boy presented with hypoesthesia to pain, an unreported finding in individuals with Temple syndrome [Ioannides et al., 2014], but additional observations are needed to confirm this finding on the clinical spectrum of upd(14)mat. Moreover, the phenotypical features usually unreported in patients with Temple syndrome could be caused by a recessive gene mutation in the isodisomic region. Several of the above-mentioned findings may suggest a hypothalamic-pituitary dysfunction, but functional and imaging investigations of this area were not performed in our case as well as in the majority of the previous reported patients [Ioannides et al., 2014].

# Conclusions

Clinical diagnosis of upd(14)mat or Temple syndrome is usually difficult at birth and in early childhood, since the typical clinical findings (i.e., truncal obesity, precocious puberty, and adult short stature) are not yet present. If a conventional cytogenetic analysis is done on the background of mild phenotypic features, in the presence of a robertsonian translocation, the STR analysis, spanning the entire chromosome 14, is mandatory. This test represents the gold standard to reveal the UPD and to detect hetero- or isodisomy (13;14). The CGH/SNP array should always flank STR analysis in order to exclude genomic imbalances, and to better define the extent of LOH, where recessive disease alleles can be unmasked and contribute to characterize the pathological phenotype. Early genetic diagnosis permits a specific follow-up, including rehabilitative neurodevelopmental programs and preventive efforts regarding the management of obesity, precocious puberty, and short stature in order to optimize the longterm outcome. Uncertainty persists regarding hypothalamic-pituitary dysregulation, and it should be assessed in future studies.

# **Statement of Ethics**

The study was conducted according to the Declaration of Helsinki and the standard protocol of investigation of a child with obesity and neurodevelopmental disability in our Departments. The parents had given their informed written consent before any clinical and genetic investigation.

# **Disclosure Statement**

The authors have no conflicts of interest to declare.

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