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# Task Difficulty Modulates Brain Activation in the Emotional Oddball Task

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# Abstract

Previous functional magnetic resonance imaging (fMRI) studies have reported that taskirrelevant, emotionally salient events can disrupt target discrimination, particularly when attentional demands are low, while others demonstrate alterations in the distracting effects of emotion in behavior and neural activation in the context of attention-demanding tasks. We used fMRI, in conjunction with an emotional oddball task, at different levels of target discrimination difficulty, to investigate the effects of emotional distractors on the detection of subsequent targets. In addition, we distinguished different behavioral components of target detection representing decisional, nondecisional, and response criterion processes. Results indicated that increasing target discrimination difficulty led to increased time required for both the decisional and nondecisional components of the detection response, as well as to increased target-related neural activation in frontoparietal regions. The emotional distractors were associated with activation in ventral occipital and frontal regions and dorsal frontal regions, but this activation was attenuated with increased difficulty. Emotional distraction did not alter the behavioral measures of target detection, but did lead to increased target-related frontoparietal activation for targets following emotional images as compared to those following neutral images. This latter effect varied with target discrimination difficulty, with an increased influence of the emotional distractors on subsequent target-related frontoparietal activation in the more difficult discrimination condition. This influence of emotional distraction was in addition associated specifically with the decisional component of target detection. These findings indicate that emotion-cognition interactions, in the emotional oddball task, vary depending on the difficulty of the target discrimination and the associated limitations on processing resources.

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Attention; Distraction; Emotion; Task Difficulty; Cognitive Control; fMRI

# 1. Introduction

Emotional stimuli affect how we process and respond to our surroundings. However, as Phelps (2006) has noted, despite this generally accepted tenet, human cognition research often regards emotion and cognition as separate realms. Yet, both behavioral evidence and functional magnetic resonance imaging (fMRI) results demonstrate that the two are inextricably intertwined. Emotional stimuli typically activate subcortical regions such as the amygdala, ventral striatum, and thalamus, but also a network of cortical regions including lateral and medial prefrontal cortex and the anterior cingulate, as well as sensory regions (Dolcos et al., 2011a; Dolcos et al., 2011b; Kober et al., 2008; Mather and Carstensen, 2003). Emotional stimuli, particularly those expressing anger, fear, or disgust, can be highly salient and thus appear to be processed without requiring much attentional capacity, consistent with a predominantly subcortical pattern of activation (Anderson et al., 2003; Morris et al., 1999). However, fMRI studies that have manipulated the attentional demands of the task, in conjunction with the emotional valence of the stimuli, have led to a more complex view in which processing of the emotional stimuli is constrained by the attentional demands of the task. Specifically, several studies, both event-related potential (ERP) and fMRI, have found that the distracting effects of emotional stimuli, even those expressing fear, a negative emotion with high valence, are substantially reduced in the context of an attention-demanding task (Doallo et al., 2006; Lange et al., 2003; Pessoa et al., 2002a; Pessoa et al., 2002b), while others demonstrate that attention to threatening stimuli is prioritized (Hartikainen et al., 2012; Schmidt et al., 2015). There is also evidence that emotional distraction is processed both automatically and modulated by attentional demands, yet emotion and attentional load interacted only when emotional charge and processing demands were more finely assessed. For example, distracting effects of emotion were largest with low perceptual load and long presentation duration and images with high emotional (as compared to low emotional) content (Shafer et al., 2012). This array of results highlights the importance of manipulating both emotional valence and attentional load in order to clarify differences in emotion-attention interactions as a function of task difficulty.

The emotional oddball task (Wang et al., 2005; Wang et al., 2006; Wang et al., 2008a; Wang et al., 2008b; Wang et al., 2008c) yields information regarding the interaction of emotion and attention by measuring a detection response to relatively rare (oddball) targets, in the context of more frequently occurring standards and rarely occurring distractors. When the distractors are images with an emotional valence, they can lead to a distinct pattern of neural activation, even though neither the standards nor the distractors require an overt response, and allow for the estimation of the cognitive processes engaged in response to task-irrelevant emotional stimuli. Wang et al. (2005), for example, reported that distractors that were sad images (e.g., related to grief and despair) activated ventral brain regions, including the amygdala, fusiform gyrus, and inferior frontal gyrus, relative to neutral images (phase

scrambled pictures), whereas the detection of targets (circles) activated dorsal regions of frontal, parietal, and cingulate cortex.

In this experiment we sought to determine whether the brain activation associated with sad images, in the emotional oddball task (Wang et al., 2005), varied as a function of attentional load (Doallo et al., 2006; Shafer et al., 2012), in terms of target discrimination difficulty, in order to determine if activation to emotional images is constrained by task demands, therefore presumably under the control of top-down regulation, or demonstrates no difference between target discrimination difficulty conditions, suggesting that sad emotional stimuli are given priority regardless of attentional demands. We also seek to extend previous research demonstrating the effect of target discrimination difficulty on high valence emotional stimuli, for example, fear, by determining if these findings hold true for low valence emotional stimuli, specifically sadness. In addition, the emotional oddball task is sensitive to individual differences in emotion regulation ability, as it is thought to require cognitive control in order to maintain performance in response to attentional targets despite the presence of emotional distractors, and the pattern of activation reflecting emotioncognition interactions has been reported to vary for individuals with major depressive disorder (Wang et al., 2008c), mild traumatic brain injury, orbitofrontal cortex lesion patients, and patients with anxiety disorders (Bishop et al., 2004; Bishop, 2008; Maki-Marttunen et al., 2015; Maki-Marttunen et al., 2017). Thus, in this experiment we examined the relation between target-related activation and different aspects of target detection performance.

Many previous studies on distraction from emotional stimuli comprises tasks in which the task-relevant and emotional items are presented concurrently (Doallo et al., 2006; Lange et al., 2003; Pessoa et al., 2002a; Pessoa et al., 2002b; Shafer et al., 2012) (but cf. Dolcos et al., 2008). The first goal of this experiment was to examine the influence of target discrimination difficulty on distraction from emotional stimuli. Specifically, for fMRI data, we examined the variation in task-irrelevant distractors of varying emotional valence (sad and neutral images), as a function of target discrimination difficulty. Also, within this goal, we examined the effects of emotional distractors on responses to subsequently occurring task-relevant items (targets), as a function of target discrimination difficulty, in activation and behavioral performance. A useful feature of the emotional oddball task is that distractors and targets are separated in time, which allows estimation of the influence of the distractors on the detection of subsequently appearing targets. Studies utilizing fMRI, electrophysiological, and behavioral measures where emotional stimuli preceded target presentation, have shown that task-irrelevant unpleasant emotional images interfere with subsequent target discrimination (Hartikainen et al., 2000; Hartikainen et al., 2007). This paradigm extends previous findings to determine whether emotion-cognition interactions vary with target discrimination difficulty when emotional distraction may have an extended effect on subsequent cognitive processing, as well as whether target discrimination difficulty modulates the processing of emotional distractors, independently of the target.

A second goal of this experiment was to investigate the effects of target discrimination difficulty and emotional distraction on different components of target detection performance. We analyzed the behavioral data with a diffusion model of reaction time (RT) that

distinguished the decisional and nondecisional components of the target detection response (Ratcliff et al., 2016; Voss et al., 2013; Wagenmakers et al., 2007). Previous investigations of emotional distraction effects, as in the majority of behavioral research, have measured task performance in terms of mean RT and accuracy (e.g., Doallo et al., 2006; Shafer et al., 2012). The diffusion model of RT uses estimates of the underlying RT distribution to distinguish several of the information processing components contributing to mean RT and accuracy, including the rate of information accumulation towards a decision (drift rate), visual encoding and motor response time (nondecision time), and response cautiousness (boundary separation). Whereas these RT model parameters have been found to correlate with structural properties of the brain (white matter integrity; Madden et al., 2009; Yang et al., 2015), to our knowledge the relation between task-related brain activation and RT diffusion model parameters has not been reported previously.

Previous studies have found that increasing attentional load decreases the influence of emotional stimuli (Doallo et al., 2006; Kurth et al., 2016; Lange et al., 2003; Pessoa et al., 2002a; Pessoa et al., 2002b), presumably because increasing attentional load decreases the processing resources available for task-irrelevant items. We thus hypothesized that, for healthy adults, increasing the difficulty of the target discrimination would decrease the neural activation associated with sad emotional distractors in the present emotional oddball task. To maximize the opportunity to detect an effect of target discrimination difficulty, in this experiment, we used a sample of older adult participants, under the assumption that, in view of age-related decline in fluid cognition and some (though not all) attentional abilities (Kramer and Madden, 2008; McAvinue et al., 2012; Monge and Madden, 2016), the effects of perceptual difficulty would be more clearly evident. Maylor and Lavie (1998), for example, reported that increasing perceptual load had a greater effect on the processing of task-irrelevant stimuli, for older adults relative to younger adults. Increasing the perceptual load decreased the influence of irrelevant distractors on older adults' target identification responses, consistent with a reduction in the attentional capacity available for distractor processing.

In this version of the emotional oddball task, the standards were always squares and the distractors were always negative (sad) or neutral images. Target discrimination difficulty was varied across two blocked conditions: an *easy* condition, in which the target was a circle, and a hard condition, in which the target was a squoval (square-oval hybrid). Three hypotheses were of central interest. First, for the emotional valence effect of task-irrelevant distractors, we hypothesized that distractor-related neural activation would reflect resource limitations imposed by discrimination difficulty: Increased task-related attentional demands for processing targets in the hard condition would leave fewer resources available for allocation to the processing of task-irrelevant (distractor) images in visual and emotional regions, thus reducing their associated activation. Second, for target-related activation, we hypothesized that the hard condition would yield *increased* brain activation in regions associated with visual detection and attention, along with increased time required for both decisional and nondecisional components of target detection. Third, for effects of emotional valence on target detection, we hypothesized that the emotional distractors, as compared to neutral distractors, would influence the activation associated with subsequent target detection, particularly in the dorsal frontoparietal regions associated with cognitive control, as well as

increase decisional and nondecisional components of RT. This latter influence of the emotional distractors should, in turn, be modulated by target discrimination difficulty and demonstrate an increased pattern of activation as target discrimination increases, due to additional monitoring, attention, and executive control required for the inhibition of the emotional distractors during the detection response.

# 2. Results

#### 2.1. Target Detection Reaction Time (RT)

For the RT and diffusion variables, we conducted analyses of variance (ANOVA) in order to investigate our hypotheses regarding the effects of target discrimination difficulty (easy vs hard) and target type (TAneg vs TAneut). Trials on which participants failed to respond were excluded from analysis, as were trials with RTs either < 250 ms or > 2000 ms (< 1.0% of all trials). We also excluded those 5–6 targets per target discrimination difficulty condition that did not have an intervening image following the most recent target and thus could not be assigned to either the TAneg or TAneut condition. The task difficulty effects were essentially unchanged whether the latter trials were excluded or not.

In a within subjects ANOVA of RT for all correct responses to targets, with target type and task difficulty condition as within-subjects independent variables, the main effect of task difficulty was significant, F(1, 42) = 131.92, p < 0.0001,  $\eta_p^2 = 0.76$ , with participants responding 128 ms (90%, CI [46, 210]) more slowly in the hard condition (703 ms, SD = 118, 90%, CI [571, 827]) relative to the easy condition (575 ms, SD = 99, 90%, CI [463, 692]). Neither the main effect of target type nor the Target Type x Task Difficulty Condition interaction were significant, F(2, 42) = 0.23, p = 0.64, and F(2, 42) = 0.08, p = 0.78, respectively. Accuracy was > 95% in each condition, and did not vary by task difficulty condition, F(1, 42) = 2.21, p = 0.14, nor target type, F(2, 42) = 0.44, p = 0.65 (Table 1).

Application of the EZ diffusion model to the RT data yielded estimates of drift rate (v), nondecision time ( $T_{er}$ ), and boundary separation (a) for each participant, in each condition. In view of the absence of any RT effects for the TAneg and TAneut conditions, we only modeled the diffusion RT data as a function of the easy and hard conditions. A within-subjects ANOVA of the diffusion model variables, with task difficulty as the independent variable and drift rate, nondecision time, and cautiousness as dependent variables, yielded significant condition effects for drift rate, F(1, 42) = 22.76, p < 0.0001,  $\eta_p^2 = 0.35$ , and

nondecision time, F(1, 42) = 34.82, p < 0.0001,  $\eta_p^2 = 0.45$ , but not for cautiousness, F(1, 42) = 1.78, p = 0.19. Relative to the easy condition, the hard condition was associated with a slowing of drift rate, with averages of 0.363 (90% CI [0.18, 0.54]) in the easy condition and 0.280 (90%, CI [0.16, 0.48]) in the hard condition. Increasing discrimination difficulty also led to an increase in nondecision time, with participants averaging 0.396 s (90%, CI [0.26, 0.52]) in the easy condition and 0.483 s (90%, CI [0.37, 0.62]) in the hard condition (Figure 1).

### 2.2. fMRI Data

**2.2.1. Emotional valence of distractor images**—To investigate the effects of the emotional valence of distractor images in the fMRI data overall and taking target discrimination difficulty into account, we analyzed whole-brain voxelwise maps using a General Linear Model (GLM). The whole-brain voxelwise map of emotional valence of the distractor images (negative > neutral), for easy and hard runs combined, yielded activation in clusters located in ventral occipital and frontal regions, as well as dorsal frontal regions (Figure 2a; Table 2). The hard > easy contrast did not yield any significant clusters. However, for the contrast representing (easy negative > easy neutral) > (hard negative > hard neutral), negative image-related activation was evident in the left occipital pole and right temporal-occipital fusiform cortex (Figure 2b; Table 2).

**2.2.2. Target detection**—To investigate the effect of target discrimination difficulty on target detection, in the same GLM, whole-brain voxelwise maps revealed a widespread effect of target-related activation, for easy and hard runs combined (Figure 3a; Table 3). In view of the widespread activation, the threshold for this contrast was increased to Z = 5. The overall target activation yielded four clusters in the right inferior frontal gyrus, left frontal pole, left temporal fusiform cortex, and right frontal pole. The hard > easy contrast for the target-related activation yielded four clusters in the right superior parietal lobule, right inferior frontal gyrus, and right paracingulate gyrus, and left inferior frontal gyrus (Figure 3b; Table 3). The easy > hard contrast comprised a single cluster in right superior temporal gyrus (Figure 3c; Table 3). Analyses including nondecision time and boundary separation as continuous covariates yielded no significant clusters.

**2.2.3. Emotional valence of distractors and target detection**—To examine the potential influence of the emotional valence of the distractor images on target detection, we compared activation for targets following negative images to those following neutral images in a separate GLM. As noted previously, 5–6 targets within each of the easy and hard target detection conditions did not have an intervening distractor image following the most recent target, and these trials were excluded from analysis. The TAneg > TAneut contrast, collapsing across the easy and hard runs, exhibited widespread activation. Therefore, in order to fully examine the peak regions of activation, the threshold was increased for this contrast (Z = 5). Clusters in the cerebellum, left middle frontal gyrus, left inferior temporal gyrus, and right precentral gyrus were significant (Figure 4a). The hard > easy contrast, representing (hard TAneg > hard TAneut) > (easy TAneg > easy TAneut), yielded extensive activation in frontoparietal and affective related regions. Significant clusters were in the right lateral occipital cortex, bilateral inferior frontal gyrus, and right paracingulate gyrus (Figure 4b). Activation also encompassed the anterior cingulate cortex, bilateral middle frontal gyri, bilateral parietal cortex, bilateral insula, and subcortical structures, including the right amygdala, right hippocampus, right caudate, right putamen, and thalamus (Figure 4b; Table 4). The easy > hard contrast, representing (easy TAneg > easy TAneut) > (hard TAneg > hard TAneut), reflected increased activation centered in the left occipital pole (Figure 4c).

To investigate covariations between the diffusion variables and fMRI data, three separate one-sample t-tests with covariates of interest were conducted for drift rate, nondecision time,

and boundary separation for each GLM. Maps including drift rate as a continuous covariate in the hard > easy contrast, for TAneg > TAneut, yielded significant clusters of activation in the right superior parietal lobule/postcentral gyrus, right inferior temporal gyrus, left middle temporal gyrus, and left supramarginal gyrus which decreased as a function of increased drift rate (Figure 5; Table 5). Therefore, in these regions, for task difficulty related activation (hard > easy contrast) for targets following negative images, increasing activation was associated with lower drift rate, reflecting slower decisional processing. Analyses including nondecision time and boundary separation as continuous covariates yielded no significant

To demonstrate the inverse relation between drift rate and fMRI data, we chose the cluster peaks from the contrast of interest, (hard TAneg > hard TAneut) > (easy TAneut > easy TAneut), shown in Table 5, and created a region of interest (ROI) with an 8 mm diameter centered on each peak. From the participant-level models, we used FSL Featquery to extract parameter estimates for the contrast of interest, across all voxels within each of the ROIs. The parameter estimates were intensity normalized, converted to percent signal change, and averaged within each ROI for each participant. From the group level covariate model, drift rate correlated with percent signal change in the right superior lobule/postcentral gyrus, r = -0.52, p = 0.0003 (95%, CI [-0.71, -0.26]) (Figure 6, Panel A), the right inferior temporal gyrus, r = -0.59, p = 0.0009 (95%, CI [-0.75, -0.34]) (Figure 6, Panel C), and the left supramarginal gyrus, r = -0.54, p = 0.0002 (95%, CI [-0.72, -0.28]) (Figure 6, Panel D). These plots were constructed for data visualization purposes and include confidence intervals in order to indicate the robustness of the result demonstrating the relationship between drift rate and significant clusters from the contrast.

# 3. Discussion

#### 3.1. Emotional Valence Effects

clusters.

Our first hypothesis predicted that target discrimination difficulty would modulate emotional processing in the brain due to the reallocation of attentional resources, specifically a reduced level of activation to emotional distractors within a difficult discrimination condition relative to an easier discrimination. While some studies have shown that emotion is processed irrespective of attentional capacity and available processing resources (Anderson et al., 2003; Morris et al., 1999), our hypothesis was supported by the variation in the emotional valence effect (greater activation for sad images relative to neutral images) as a function of task difficulty: There was no significant activation in the hard > easy contrast, whereas the easy > hard contrast revealed occipital activation (Figure 2, Panel B). Similar to other fMRI and ERP studies, our results suggest that emotional distractors, sad ones in this case, are processed when sufficient attentional resources are available in certain tasks, providing evidence for an interactive relation between the emotionally salient distractors and top-down attentional control, when attentional demands are lower (Blair et al., 2007; Doallo et al., 2006; Lange et al., 2003; Maki-Marttunen et al., 2014; Pessoa et al., 2002a; Pessoa et al., 2002b; Shafer et al., 2012). It should be noted that our finding may be limited to our particular emotional oddball task, with the use of sad images depicting socially-relevant

scenes, whereas different categorizations of emotion, such as threatening images or depictions of fear, may yield disparate results, or there may be differences in emotional stimuli's effect on global or local target detection (Hartikainen et al., 2010; Hartikainen et al., 2012; Schmidt et al., 2015).

For the easy and hard runs combined, activation associated with the negative distractor images, relative to neutral images, was evident in ventral occipital and frontal regions, and dorsal frontal regions (Figure 2, Panel A). Activation in lateral occipital cortex suggests that participants engaged in more visual processing of negative as compared to neutral images. Inferior frontal regions have been implicated previously in processing of infrequent stimuli, response inhibition, processing informational content of distractors with emotional content, as well as executing control over emotional distraction in patients with depression (Wang et al., 2008c). In our emotional oddball task, sad stimuli were processed in both dorsal and ventral frontal regions, particularly the frontal pole bilaterally, and the right inferior frontal and right superior frontal gyri, highlighting the relevance of cortical regions in emotion processing in addition to subcortical regions (Dolcos et al., 2011a; Dolcos et al., 2011b; Kober et al., 2008; Mather and Carstensen, 2003).

It is interesting to note that there was no significant activation in our voxelwise emotion effect contrasts in traditional subcortical structures known to process emotional stimuli, particularly the amygdala. However, previous neuroimaging studies of healthy participants have also reported that amygdala activation is absent when sad images are compared to neutral images (Blair et al., 1999; Kesler-West et al., 2001; Phillips et al., 1997). Studies suggest that amygdala activation is only enhanced when emotion is task relevant (Gur et al., 2002; Hariri et al., 2000), or is only preferentially activated to sad distractors after negative mood induction (Wang et al., 2006) (but cf. Ritchey et al., 2008). Upon investigation of the unthresholded contrast, this activation is indeed present, but simply not strong enough to elicit activation passing threshold when compared to other task-irrelevant images. Also of note, the amygdala is mainly associated with fear response, and perhaps our use of sad stimuli, of lower valence and arousal as compared to fearful stimuli, did not elicit as strong activation.

#### 3.2. Discrimination Difficulty Effects

Consistent with our second hypothesis, the behavioral data in the hard condition yielded higher mean RTs, as well as the component processes of drift rate (v), and nondecision time ( $T_{er}$ ), relative to the easy condition, indicating that discrimination difficulty affected both decisional and nondecisional components of RT (Figure 1). This finding provides behavioral evidence that target discrimination difficulty modulates both bottom-up encoding and the motor response, as well as top-down decisional processing. Interestingly, the cautiousness variable (a) did not vary significantly across the task difficulty conditions, implying that the increased discrimination difficulty slowed the information accumulation required for a decision, and associated encoding and response processes, but did not change the amount of information required for a response.

The fMRI data also indicated a significant effect of discrimination difficulty: Participants exhibited more widespread activation to targets in the hard (vs. easy) condition, with clusters

centered in the right superior parietal lobule, bilateral inferior frontal gyri, and right paracingulate gyrus, which have all been tied to the attentional and/or salience networks (Figure 3, Panel B). The superior parietal lobule has been previously linked to the dorsal attention network involved in top-down visuospatial orienting and has also been shown to be modulated by task difficulty and informational load (Cusack et al., 2010; Petersen and Posner, 2012; Ritchey et al., 2008; Tomasi et al., 2007). The inferior frontal gyrus is commonly activated during stimulus-driven attention, particularly infrequent stimuli, and has been shown to be altered with task difficulty (Chikazoe et al., 2009; Tomasi et al., 2007). The paracingulate gyrus was increasingly active for hard targets, indicating its functional similarity to the dorsal anterior cingulate and involvement in top-down attentional control (Touroutoglou et al., 2012; Vincent et al., 2008). In our task, these regions appear to support successful target processing and/or response when task demands are high, perhaps via attention to task-relevant salient stimuli, and/or dorsal frontoparietal top-down orienting.

#### 3.3. Influence of Emotional Distractors on Subsequent Target Detection

Our third hypothesis that emotional valence modulates attentional processing was supported in the brain data, but not behavioral RT measures. As predicted, there was significantly more activation to targets following negative images than targets following neutral images, suggesting an influence of the sad distractors on brain regions supporting target detection (Figure 4, Panel A). Interestingly, this difference in activation was not mirrored in the behavioral data. There was no significant difference in either mean RT, diffusion variables, or accuracy for targets following negative images relative to those following neutral images nor differences by task difficulty. Contrary to our hypothesis, this result suggests that the emotional valence of sad images preceding targets does not affect either decisional or nondecisional components of RT in our paradigm. In another Go/No-Go task involving threat-related stimuli (vs emotionally neutral stimuli), which have a high biological relevance, similarly had no effect on RT, but did interfere with response inhibition (Hartikainen et al., 2012). Nonetheless, we expected that RTs would increase for targets following sad images as compared to neutral, as disruption of task performance after exposure to emotional distractors has been previously reported (Blair et al., 2007; Hartikainen et al., 2000). Since this study contained healthy individuals, perhaps the difference in activation is what permitted statistically equivalent behavioral performance: Brain regions differentially active for top-down control over emotional distraction were able to facilitate successful performance, presumably reflecting capable executive control and realignment of attention to task-relevant stimuli in the face of emotional distraction.

Contrasts of target discrimination difficulty (hard > easy; easy > hard), for the effects of preceding negative distractor images on target detection, demonstrated significant clusters. The hard > easy contrast (Figure 4, Panel B) revealed extensive occipital cortex activation, demonstrating increased visual processing for targets following sad images. Activation in the inferior frontal gyrus, bilaterally, was also evident in this contrast. The left inferior frontal gyrus has been found to be related to effortful control of the impact of emotional distraction on goaloriented behavior (Dolcos et al., 2006). It was also found that depressed patients demonstrated increased activation in the right inferior frontal gyrus for targets after negative images, compared to controls (Wang et al., 2008c). The authors postulated that altered right

inferior frontal gyrus activation in depression represented altered executive control over emotional distraction. In the present study, we demonstrate that, within a sample of healthy older adults, both the left and right inferior frontal gyri demonstrate increased activation to targets following sad images, as compared to targets following neutral images, only when the task is more difficult. Therefore these regions are also modulated by target discrimination difficulty in the present emotional oddball task. This result provides potential support for the inferior frontal gyri's proposed role in control over emotional distraction, since in the more difficult task, increased bilateral inferior frontal gyrus activation was observed, perhaps reflecting increased control over emotional distraction required with increased task difficulty.

Wang et al. (2008c) previously found that healthy controls, as compared to depressed patients, demonstrated stronger activation to targets after sad images in the insula and dorsal anterior cingulate cortex (dACC), similar to our results. In addition, Wang et al. found that rostral anterior cingulate cortex (rACC) had stronger activation for targets after sad images relative to targets after neutral images, in healthy controls, but not depressed patients. The rACC has been linked to affective processing, while dACC is thought to execute cognitive processing and top-down control, and both subdivisions have been proposed as potential targets for depressive treatment (Alexopoulos et al., 2012; Pizzagalli, 2011; Weissman et al., 2005). Similarly, we found that in this sample of healthy older adults, the rACC was differentially active for targets following sad images, but it is interesting to note that we found the dACC to show differential activation to targets following sad images as well (Figure 4, Panel A). Our results extend Wang et al.'s emotional control effect hypothesis by demonstrating that both subdivisions of the ACC are differentially engaged depending on task difficulty. This difference yielded stronger activation in the hard > easy contrast, with the peak cluster in the paracingulate gyrus, indicating that the cingulate is indeed implicated in top-down attentional constraints on emotional processing and processing of social stimuli (Gu and Han, 2007; Touroutoglou et al., 2012; Vincent et al., 2008; Walter et al., 2004).

For the hard > easy contrast, the middle frontal gyrus, parietal cortex, and insula demonstrated activation to targets, confirming their involvement in attentional and targetrelated processing (Dosenbach et al., 2006; Dosenbach et al., 2007; Eckert et al., 2009; Wang et al., 2008c). Other regions of particular interest from the hard > easy contrast of emotional control included subcortical affective structures. The amygdala, hippocampus, caudate, putamen, and thalamus, predominantly in the right hemisphere, demonstrated significant activation to task-relevant targets following task-irrelevant sad emotional distractors. It is possible that these regions demonstrate increased activation in order for participants to either successfully disengage from emotional distraction, and/or execute top-down attention control in order to reorient attention to task-relevant targets (Gu and Han, 2007; Vincent et al., 2008). Yet, this may also suggest delayed processing of emotional distractors that is exacerbated in the hard condition.

Despite the potential "spillover" effect from previously presented emotional distractors, the cortico-limbic system is indeed involved in the emotional response and resulting adaptive behavior. Increased anterior cingulate cortex activation has been linked to top-down resolution of emotional conflict, as well as increased functional connectivity with the

amygdala in an emotion processing task (Comte et al., 2016). Furthermore, there has been fMRI evidence that a frontoparietal control system exists that is spatially, and potentially functionally, interposed between components of the dorsal attention (task-positive, top-down influence over externally oriented tasks) and hippocampal-cortical memory systems (tasknegative, internally oriented). This control system can show sustained activity throughout a task block, perhaps due to constant information integration or sustained task set maintenance. It is also recruited when judgments are uncertain, and is implicated in updating and implementing goal-directed behavior, which in the present study, could have been exacerbated in the hard condition (Dosenbach et al., 2006; Velanova et al., 2003; Vincent et al., 2008; Yarkoni et al., 2005). The caudate has been shown to be a part of the frontoparietal control system, and is often engaged by tasks requiring controlled information processing, in addition to its implications in visual tasks, along with the putamen and thalamus (Herath et al., 2001; Vincent et al., 2008). The hippocampal formation has been shown to be strongly correlated with ventromedial prefrontal cortex, dorsal frontal cortex, lateral temporal cortex, posterior cingulate cortex, and ventral posterior inferior parietal lobule, and the frontoparietal control system is adjacent to systems functionally correlated with the hippocampal formation, which may be helpful in tasks that utilize past experience to make decisions (Vincent et al., 2008).

The relation between the effect of negative images on the subsequent targets exhibited a complex relation with target discrimination difficulty, such that the effect of the preceding negative images within the hard > easy activation was correlated negatively with target detection drift rate. That is, increasing activation in those regions exhibiting an interactive effect of task difficulty and preceding negative images (parietal and temporal regions) exhibited slower information accumulation rates. This result is supported by our task difficulty effect seen in drift rate, demonstrating how a more difficult task results in slower information assessment and thus compromises the quality of the central decision process (Figure 1). Whereas both drift rate and nondecision time varied with task difficulty in behavior, only drift rate exhibited a relation to target detection activation. This finding provides evidence for alterations in the decisional, or top-down, component of RT in relation to targets following emotional distraction.

#### 3.4. Limitations

Our study has several limitations. Here, we included only older adults, in an attempt to maximize the potential effects of attentional load, but to investigate age-related effects either a younger comparison group or a wider age range is needed. Therefore, in the present study, the results represent general emotion-cognition interactions, when one component of the system is more heavily taxed, target discrimination in this case, and do not lead to any conclusions about aging specifically. In addition, while the emotional oddball task has the advantage of separating the distractor and target events in time, the target is by definition a rare event. As a result, there were relatively few trials in the relevant target-distractor combinations (10–16 trials), thus limiting the statistical power for both the fMRI and behavioral effects. It would be beneficial for future studies increase the number of trials, to obtain more fine-grained estimates of the duration of the distraction associated with the

negative images. One limitation of a mixed design with blocked conditions is that it can only provide information about relative differences between our target discrimination difficulty conditions. Future research could utilize a purely event-related design in order to examine differences in easy and hard visual discrimination with a singular baseline and rule out any potential differences in easy > hard activation, as reflected in our negative > neutral contrast, as a consequence of a sustained increase in attention resulting in the hard condition, leading to an elevated shift in the baseline.

#### 3.5. Conclusions

Overall, our results demonstrate an influence of target discrimination difficulty on neural and behavioral correlates of emotion-cognition interactions in healthy older adults, and provide support for theories regarding the contributions of both automatic and top-down processes to the regulation of emotional distraction (Pessoa et al., 2002a; Pessoa et al., 2002b; Shafer et al., 2012). Activation associated with task-irrelevant emotional distractors was apparent in both dorsal and ventral cortical regions, specifically inferior frontal gyri and the cingulate, and this distractor-related activation was attenuated by increasing target discrimination difficulty. Increasing target discrimination difficulty also led to increased targetrelated activation, in frontoparietal regions. Task-irrelevant negative distractor images affected the activation associated with subsequent target detection, particularly in regions associated with target discrimination difficulty, expressed as an enhancement of difficultyrelated activation for targets following negative distractors. At the participant level, this influence of the sad distractors, on subsequent target-related activation, was also associated with slower accumulation of target-related information. These findings indicate that emotion-cognition interactions, in the emotional oddball task, vary in relation to available attentional resources, and that these interactions have an influence on target detection beyond the duration of the distracting sad event.

# 4. Methods and Materials

#### 4.1. Participants

The final sample comprised 43 participants (25 women; 40 right-handed) 59–81 years of age (M= 68.3, SD = 6.2 years). Participant characteristics, including handedness and Geriatric Depression Scale measures, are provided in Table 6 (Lesher and Berryhill, 1994; Oldfield, 1971). All participants were free of significant health problems (including atherosclerosis, neurological and psychiatric disorders), and were not taking medications known to affect cognitive function or cerebral blood flow (except antihypertensive agents). Participants gave written informed consent for a protocol approved by the Duke University Institutional Review Board. Six participants were excluded; three due to Mini-Mental State Examination (MMSE; Folstein et al., 1975) score less than 27, and three due to poor performance on the oddball task during scanning (< 75% accuracy in either of the task conditions).

### 4.2. Emotional Oddball Task

While in the scanner, participants performed a modified version of a go/no-go emotional oddball task (Wang et al., 2005; Wang et al., 2006; Wang et al., 2008a; Wang et al., 2008b; Wang et al., 2008c). Participants viewed a series of displays and made a button-press

detection response only at the occurrence of an infrequent oddball target, in the context of infrequent distractors and more frequent, standard items (squares). Distractors were images either negative or neutral in valence used previously by Wang et al. (2005). Negative images were centered on themes of despair, grief, interment, incarceration, and poverty, and had average ratings of mildly sad, or sad from a pilot behavioral study, and neutral images were chosen for inclusion according to ratings of emotional neutrality (Wang et al., 2005). No response to the distractor images was required. Differences in visual complexity were qualitatively controlled; emotionally negative images (e.g., people portraying sad expressions) and neutral images (e.g., people shopping) were closely matched in the number of people per scene, postural features, gaze direction, and gender, with the number of distinguishable faces restricted to fewer than six per image, and did not differ in visual complexity across target discrimination difficulty block. The task included two levels of difficulty (easy and hard), in which the visual discrimination of targets from the standards varied across scanner runs. In the easy condition, the targets were circles and thus easily discriminable from the standard squares (Figure 7, Panel A). In the hard condition, the targets were squovals (i.e., squares with rounded corners) that were more difficult to discriminate from standards (Figure 7, Panel B).

Each run comprised 126 trials, which consisted of a randomized sequence of 98 standards (78% of trials), 10 neutral distractors (8% of trials), 10 negative distractors (8% of trials), and 8 targets (6% of trials). Participants performed eight runs of the oddball task: four easy runs and four hard runs. One of two different run orders with pseudorandomized run conditions were randomly assigned to each participant in order to control for run condition order effects. Across all runs, there were 64 target trials total, with 32 target trials in each of the easy and hard conditions. In the easy condition, there were ten targets following negative images, 16 targets following neutral images, and six targets following neither image type (i.e., no distractor occurred subsequent to the most recent target). In the hard condition, there were 14 targets following negative images, 13 targets following neutral images, and five targets following neither image type.

The use of a mixed design allowed for the maximization of the distinction between eventrelated stimuli, the easy and hard targets (circles and squovals) and images, and target discrimination difficulty, which can be achieved most effectively via presentation in different blocks. Second, we wanted to be sensitive to any potential differences in cautiousness, or the amount of information required for a decision (described in further detail in section 4.3. *Reaction Time Analyses*), between the easy and hard targets. To achieve this we estimated the boundary separation parameter (a) in the diffusion reaction time model, which represents cautiousness. Estimating this parameter required a blocked design, because the model assumes that cautiousness is set by the observer over a series of trials and cannot be set specifically on a trial-by-trial basis.

To avoid habituation effects, the targets varied in size and color (Wang et al., 2005). Each display was presented for 1500 ms; interstimulus duration was 2000 ms; and two to five standards (squares) intervened between infrequent stimuli (targets or images), ranging from 9 s to 19.5 s apart. The standards varied in size and color, and images were also presented in color (Figure 7). Participants held a fiber optic response box (Current Designs, Philadelphia,

PA, USA) with the right hand and were instructed to make a button press response using their right index finger upon detection of a target shape (circle or squoval). Reaction time was measured from target onset, and visual display presentation and response recording were controlled by CIGAL (Voyvodic, 1999).

## 4.3. Reaction Time Analyses

In addition to analyses of mean RT for target hits, we used a version of Ratcliff's diffusion model to characterize different components of the decision process in RT (Ratcliff, 1978; Ratcliff et al., 2016). These include the rate of information accumulation towards a decision boundary (drift rate; *v*), the visual processing and motor response (nondecision time; T<sub>er</sub>), and response cautiousness (boundary separation; *a*). Whereas the original model contains additional parameters and was developed to describe two-choice RT, it has been extended to go/no-go tasks as used here (Gomez et al., 2007). We employed a simplified version of Ratcliff's model, the EZ Diffusion Model (Wagenmakers et al., 2007; Wagenmakers et al., 2008), which uses overall RT mean, accuracy, and variance for each participant to estimate the drift rate, nondecision time, and cautiousness components of the detection response. This modification of the original model is appropriate for data with relatively few trials per condition and high accuracy, as in the present experiment (van Ravenzwaaij and Oberauer, 2009; Voss et al., 2013; Wagenmakers et al., 2007).

# 4.4. MRI Data Acquisition

We conducted MRI scanning on a 3.0 T GE MR750 whole-body 60 cm bore MRI scanner (GE Healthcare, Waukesha, WI) equipped with 50 mT/m gradients and a 200 T/m/s slew rate. An eight-channel head coil was used for radio frequency reception. Participants wore earplugs to reduce scanner noise and foam pads surrounded the head to reduce head motion. Imaging began with 3-plane (straight axial/coronal/sagittal) localizer FSE images that defined a volume for data collection. A semi-automated high-order shimming program ensured global field homogeneity. We acquired one run of T1-weighted anatomical imaging, and one run of restingstate (eyes open), followed by eight runs of event-related, T2\*-weighted imaging.

The T1-weighted anatomical images were 162 straight axial slices acquired with a 3D fast inverse-recovery-prepared spoiled gradient recalled (SPGR) sequence (TR = 7.644 ms, echo time [TE] = 2.936 ms, inversion recovery time [TI] = 450 ms, field of view [FOV] = 256 mm, flip angle =  $12^{\circ}$ , voxel size =  $1 \times 1 \times 1$  mm,  $256 \times 256$  matrix, and a sensitivity encoding [SENSE] factor of 2) using an array spatial sensitivity encoding technique and extended dynamic range. Event-related functional imaging included 36 contiguous slices acquired at an axial oblique orientation, parallel to the AC-PC plane (TR = 2 s, TE = 25 ms, FOV = 256 mm, flip angle =  $90^{\circ}$ , voxel size =  $4 \times 4 \times 4$  mm,  $64 \times 64$  matrix, and a SENSE factor of 1). For each event-related run, 126 brain volumes were collected.

### 4.5. fMRI Data Analyses

**4.5.1. Preprocessing pipeline**—The structural brain images were skull-stripped using the FSL brain extraction tool (Smith, 2002). Data quality was assessed using a quality assurance tool that quantifies several metrics including Signal-to-Noise (SNR), Signal-

Fluctuation-to-Noise (SFNR), motion, and voxelwise standard deviation measurements (Friedman and Glover, 2006; Glover et al., 2012). Preprocessing and functional data analysis were conducted within FSL 5.0.5 (Smith et al., 2004; http://www.fmrib.ox.ac.uk/fsl) and FEAT version 6.0. We also visually inspected the data for artifacts and blurring. Functional images were corrected for slice-timing and head motion using 6 rigid-body transformations with FSL MCFLIRT (Jenkinson et al., 2002). Using FSL motion outliers, motion-corrupted volumes where participants moved more than 2.5 mm in any direction within a run were modeled as confound variables, comprising less than one percent of volumes in total. Within each run, functional images were spatially normalized to the individual's FSPGR and subsequently to a mean brain, comprising the averaged FSPGR of all 43 participants, corregistered to the MNI152 T1 template (Montreal Neurological Institute, Montreal, Canada) using a combination of affine and non-linear registrations (Greve and Fischl, 2009; Jenkinson and Smith, 2001; Jenkinson et al., 2002). Images were spatially smoothed with a 5 mm Gaussian kernel, and a high-pass filter (cut off = 90.0 sec) was incorporated into the GLM to correct for scanner drift.

**4.5.2.** Voxelwise analyses—At the first level, the hemodynamic response of each event was modeled with a double  $\gamma$  function for each participant. The design matrix of the first GLM included four independent events: negative images, neutral images, correct target trials within each condition, and errors (incorrect or omitted responses to targets), relative to an implicit baseline comprising the standards. There were ten regressors per run per person: three for the different trial types, one for errors, and six nuisance regressors representing motion. Furthermore, in a second GLM, we modeled correct target trials as a function of whether the most recent distractor image was negative (target after negative; TAneg) or neutral (target after neutral; TAneut), which included three independent events: target trials after negative images, target trials after neutral images, and target trials after neither image type. There were nine regressors per run per person: three for the different trial types, and six nuisance regressors representing motion. Within FSL, we made comparisons between trial types in order to identify differences in functional activation between levels of each variable. We modeled three comparisons within each run: the emotional valence of the distractor image-related activation from the negative > neutral contrast. For target-related activation overall, targets were compared to baseline (standards). Estimation of the effect of emotional distraction on target processing was modeled as TAneg > TAneut.

At the second level, the three comparisons, negative > neutral, targets > baseline, and TAneg > TAneut, were combined for each participant across all experimental runs, and also contrasting hard > easy and easy > hard. The resulting combinations of overall, hard > easy, and easy > hard for each of the effects of interest were analyzed with one sample t-tests at the group level using FMRIB Local Analysis of Mixed Effects (FLAME 1 & 2) (Beckmann et al., 2003; Woolrich et al., 2004). In one sample t-tests with covariates, each behavioral measure, drift rate, nondecision time, and boundary separation, was coded as a demeaned continuous variable and run separately as a single regressor in the model. We used a cluster threshold of at z > 2.3, GRF-corrected at p < .05. All reported regions were identified and labeled using the Harvard-Oxford Atlas within FSL, and confirmed with other atlases

(Desikan et al., 2006; Duvernoy, 1999). Coordinates reported are in MNI space, and results are overlaid on the MNI template brain.

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# Highlights

• Increasing task difficulty attenuates brain activation for emotional distractors.

- Target-related brain activation increases with task difficulty.
- Emotional distractors increase subsequent activation for difficult targets.
- Emotion-target interactions in brain activation covary with decision time.



#### Figure 1.

Target detection performance. Panel A = drift rate (evidence accumulation; *v*); Panel B = nondecision time (encoding/response time;  $T_{er}$ ); Panel C = boundary separation (cautiousness; *a*). Increasing target discrimination difficulty (easy vs. hard) led to a significant decrease in drift rate and increase in nondecision time.



# Figure 2.

Emotional distractor-related activation. Panel A = Increase in activation for negative distractor images relative to neutral images; Panel B = target discrimination difficulty effect for negative image-related activation.



#### Figure 3.

Target detection activation. Panel A = Overall target-related activation, relative to standards; Panel B = increased activation for hard targets in target-related effect; Panel C = increased activation for easy targets in target-related effect.



#### Figure 4.

Effect of negative distractor images on target detection. Panel A = overall effect; Panel B = target-related activation following negative distractors, in regions related to increasing target discrimination difficulty; Panel C = target-related activation following negative distractors, in regions related to decreasing target discrimination difficulty.



# Figure 5.

Effect of negative distractor images on target detection with covariates. Panel A = Effect of negative images on target detection, with target detection drift rate as a covariate. The effect of the preceding negative images within the hard > easy activation was correlated negatively with target detection drift rate.



#### Figure 6.

Correlations between drift rate and activation from the effect of negative distractor images on target detection. Panel A = Negative correlation between drift rate and percent signal change in the right superior parietal lobule. Panel B = Negative correlation between drift rate and percent signal change in the right inferior temporal gyrus. Panel C = Negative correlation between drift rate and percent signal change in the left middle temporal gyrus. Panel D = Negative correlation between drift rate and percent signal change in the left supramarginal gyrus.



# Figure 7.

Emotional oddball task. Panel A = easy condition, in which the target is a circle; Panel B = difficult condition, in which target is square-oval hybrid (squoval).

# Target Hit Performance

Condition	RT (ms)	Accuracy
Easy: Following Negative	583 (98)	0.981 (0.055)
Easy: Following Neutral	588 (105)	0.985 (0.034)
Hard: Following Negative	697 (126)	0.965 (0.059)
Hard: Following Neutral	702 (122)	0.966 (0.064)

*Note.* n = 43. RT = reaction time. Values are means, with standard deviations in parentheses.

Cluster	Hem	INM	Coord	(mm)	Size (voxels)	P < value
		x	v	2		
Overall Negative > Neutral						
Lateral occipital cortex (inferior)	Ч	42,	-82,	-12	6640	0.0001
Lateral occipital cortex (inferior)	Г	-40,	-86,	-12	5930	0.0001
Inferior frontal gyrus	Ч	50,	32,	-2	2301	0.0001
Frontal pole	Г	-48,	40,	-10	1245	0.001
Frontal pole	Ч	10,	60,	24	1014	0.0001
Superior frontal gyrus	Я	10,	14,	62	554	0.05
Easy > Hard						
Occipital Pole	Г	-20,	-94,	10	783	0.01
Temporal-occipital fusiform cortex	Я	40,	-52,	9-	512	0.05

Montreal Neurological Institute; cluster regions labeled from the Harvard- Oxford Atlas as implemented within FSL (Smith et al., 2004; http://www.fmrib.ox.ac.uk/fsl). Clusters are reported from highest to lowest Z value for each contrast. There were no significant clusters for the Hard > Easy contrast. Note. Overall represents negative distractor image activation > neutral distractor image activation for easy and hard runs combined. Hem = hemisphere; R = right; L = left; Coord = coordinates; MNI =

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Cluster	Hem	INM	Coord (	(uuu	Size (voxels)	P < value
		x	y	ы		
)verall Target > Baseline						
nferior frontal gyrus	ч	52,	30,	10	82735	0.0001
rontal pole	Г	-44,	44,	14	250	0.0001
Femporal fusiform cortex	Г	-32,	-6,	-36	16	0.001
Frontal pole	ч	20,	66,	-12	14	0.001
Hard > Easy						
Superior parietal lobule	Ч	28,	-70,	42	1613	0.0001
inferior frontal gyrus	ч	46,	22,	22	1297	0.0001
Paracingulate gyrus	ч	2,	30,	38	920	0.001
inferior frontal gyrus	Г	-46,	28,	18	633	0.01
Easy > Hard						
Superior temporal gyrus (posterior)	Ч	68,	-30,	10	890	0.001

hemisphere; R = right; L = left; MNI = Montreal Neurological Institute; Coord = coordinates; cluster regions labeled from the Harvard-Oxford Atlas as implemented within FSL (Smith et al., 2004; http://www.fmrib.ox.ac.uk/fsl). Clusters are reported from highest to lowest Z value for each contrast.

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Cluster	Hem	INW	Coord (	(mm)	Size (voxels)	P < value
		x	v	ы		
<b>Dverall Targets Following Negat</b>	ive > Ne	utral				
Cerebellum	ч	24,	-48,	-30	52940	0.0001
Aiddle frontal gyrus	Г	-38,	34,	26	356	0.0001
nferior temporal gyrus	Г	-60,	-52,	-24	287	0.0001
recentral gyrus	Ч	32,	-10,	58	100	0.0001
Hard > Easy						
ateral occipital cortex (inferior)	ч	32,	-84,	-2	18120	0.0001
nferior frontal gyrus	Ч	50,	14,	26	5467	0.0001
nferior frontal gyrus	Г	-44,	8,	24	3515	0.0001
aracingulate gyrus	Ч	,2	32,	38	1677	0.0001
Lasy > Hard						
Occipital pole	Г	-8-	-96,	12	441	0.05

remaining contrasts presented at Z = 2.3. Hem = hemisphere; R = right; L = left; MNI = Montreal Neurological Institute; Coord = coordinates; cluster regions labeled from the Harvard- Oxford Atlas as implemented within FSL (Smith et al., 2004; http://www.fmrib.ox.ac.uk/fsl). Clusters are reported from highest to lowest Z value for each contrast. ages, for easy and hard runs combined. Overall clusters presented at a threshold of Z = 5, while

Effects of Preceding Negative Distractor Images on Target Detection, with Covariate

luster	Hem	INM	Coord (	mm)	Size (voxels)	P < value
		x	v	ы		
lard > Easy Drift Rate Covariate: Inver	se Rela	tionship				
uperior parietal lobule/postcentral gyrus	Ч	26,	-38,	62	9528	0.0001
nferior temporal gyrus	Ч	60,	-54,	-12	2741	0.0001
fiddle temporal gyrus	Ц	-50,	-40,	-8	1867	0.0001
upramarginal gyrus	Ц	-42,	-42,	38	1387	0.0001

Note. Hem = hemisphere; R = right; L = left; MNI = Montreal Neurological Institute; Coord = coordinates; cluster regions labeled from the Harvard-Oxford Atlas as implemented within FSL (Smith et al., 2004; http://www.fmrib.ox.ac.uk/fs]). Clusters are reported from highest to lowest Z value for each contrast.

#### Table 6

# Participant Characteristics

Education (years)	17.0 (2.0)
MMSE	29.0 (1.0)
Edinburgh Inventory	81.50 (32.12)
GDS-Short Form	0.73 (1.10)

Note. n = 43. Values are means, with standard deviations in parentheses. MMSE = Mini-mental state exam (Folstein et al., 1975); Edinburgh inventory = handedness scale (Oldfield, 1971). GDS = Geriatric Depression Scale (Lesher and Berryhill, 1994).