

Optimization of Curvilinear Needle Trajectories for Transforaminal Hippocampotomy

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BACKGROUND: The recently developed magnetic resonance imaging–guided laser-induced thermal therapy offers a minimally invasive alternative to craniotomies performed for tumor resection or for amygdalohippocampectomy to control seizure disorders. Current laser-induced thermal therapies rely on linear stereotactic trajectories that mandate twist-drill entry into the skull and potentially long approaches traversing healthy brain. The use of robotically driven, telescoping, curved needles has the potential to reduce procedure invasiveness by tailoring trajectories to the curved shape of the ablated structure and by enabling access through natural orifices.

OBJECTIVE: To investigate the feasibility of using a concentric tube robot to access the hippocampus through the foramen ovale to deliver thermal therapy and thereby provide a percutaneous treatment for epilepsy without drilling the skull.

METHODS: The skull and both hippocampi were segmented from dual computed tomography/magnetic resonance image volumes for 10 patients. For each of the 20 hippocampi, a concentric tube robot was designed and optimized to traverse a trajectory from the foramen ovale to and through the hippocampus from head to tail.

RESULTS: Across all 20 cases, the mean distances (errors) between the hippocampus medial axis and backbone of the needle were 0.55, 1.11, and 1.66 mm for the best, mean, and worst case, respectively.

CONCLUSION: These curvilinear trajectories would provide accurate transforaminal delivery of an ablation probe to typical hippocampus volumes. This strategy has the potential both to decrease the invasiveness of the procedure and to increase the completeness of hippocampal ablation.

KEY WORDS: Ablation, Epilepsy surgery, Interventional MRI, Nonlinear trajectory, Robotic needle, Skull base

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Epilepsy has a point prevalence of about 0.6% globally and accounts for 1% of the global burden of disease in terms of disability-adjusted life-years.^{1,2} Forty-seven percent of patients are seizure-free with their first antiepileptic drug, and an additional 13% are seizure-free with their second antiepileptic drug.³ Thus, about 40% of patients are refractory to medical therapy, and many of them are potential surgical candidates. Although epilepsy surgery outcomes reflect seizure-free rates of 70% to 80%,^{4–6} only a small fraction of potential surgical candidates are referred for treatment, in part because of physician bias against the

highly invasive surgery.^{7,8} Furthermore, the invasiveness of current surgical procedures likely causes many otherwise eligible patients to forgo surgery despite the high likelihood of a seizure-free outcome.

In recent years, needle-based thermal ablation has been investigated as a minimally invasive alternative to selective amygdalohippocampectomy (SAH). An SAH resection is less aggressive than standard anterior temporal lobectomy but has demonstrated equivalent or nearly equivalent outcomes.⁵ Parent and Blume⁹ reported amygdalohippocampotomy by magnetic resonance (MR) imaging (MRI)–guided radiofrequency ablation; seizure outcomes were worse than with anterior temporal lobectomy. However, more recent clinical trials using MRI-guided laser ablation

ABBREVIATION: SAH, selective amygdalohippocampectomy

systems have more positively indicated the efficacy of percutaneous thermal ablation for epilepsy. Curry et al¹⁰ reported seizure freedom at the 3-month follow-up for 5 pediatric patients treated using the Visualase Thermal Therapy System (Medtronic, Dublin, Ireland). For a small series of procedures using the Visualase laser, Willie et al¹¹ reported 6-month seizure freedom for 7 of 13 patients and substantial improvement for an additional 3 patients. Hawasli et al¹² effectively treated 1 case of medically refractory epilepsy using the Monteris Neuroblate System (Monteris, Plymouth, Minnesota). Despite some promising results, these ablation procedures to date have not matched the success of SAH. One of the primary limitations of current laser-induced thermal therapy procedures is that the laser probes used with currently available devices are restricted to linear trajectories, which cannot lesion the entire hippocampus, even with directionally aiming probes. Additionally, these procedures still require full operating room preparation for twist-drilling the skull.

This article investigates a novel approach for accessing the hippocampus through the foramen ovale with helical concentric tube needles. We address the question of whether concentric tube needles with this geometry can, in principle, guide an ablator along the curved shape of the hippocampus when delivered through the foramen ovale. Through medical image analysis and computer simulation, we determine optimized, curvilinear needle trajectories specific to the anatomy of 20 patients. This is the first study to consider optimal design of concentric tube needles for a transforaminal approach for accessing the hippocampus and to consider variations in patient anatomy when considering helical needle design.

METHODS

The Transforaminal Ablation Concept

Our transforaminal approach is enabled by nonlinear probe trajectories that can also traverse the natural curvature of the hippocampus. These trajectories may offer more complete lesioning than linear trajectories, potentially improving seizure outcomes to equivalency with SAH. The proposed procedure accesses the mesial temporal lobe by cannulation of the foramen ovale. This would eliminate the need for twist-drilling the skull and allow real-time course correction as the needle insertion is performed in the MRI.

The curvilinear trajectories required are realized with a concentric tube needle. This device consists of nested tubes of superelastic nitinol. Controllable, curvilinear motion is realized when axial translations and rotations are applied to the tube bases.¹³⁻¹⁶ A photograph of the concentric tube needle as designed for transforaminal ablation is shown in Figure 1. The technique used for creating this prototype needle is discussed by Gilbert and Webster.¹⁷ Deploying this needle through a soft tissue media in a helical trajectory requires precise coordination of both insertion and axial rotation of the component tubes, as was recently described by Gilbert et al,¹⁸ and is hence typically achieved by attaching motors to tube bases to enable computer control of tube motions. Several particular MRI-compatible robot designs have recently been proposed to accomplish this motion control.¹⁹⁻²¹ Gilbert et al¹⁸ also explored

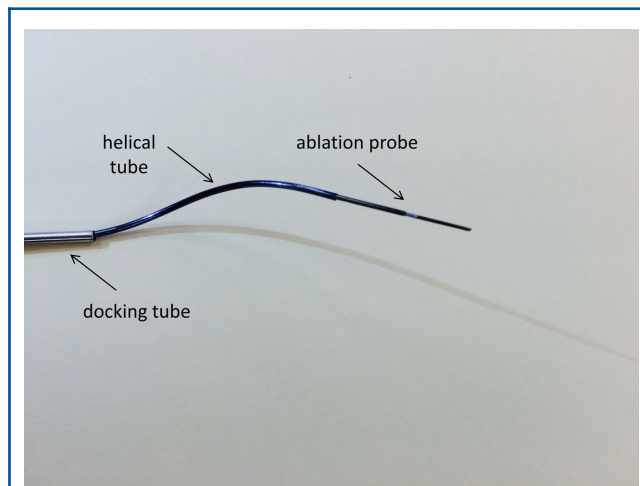


FIGURE 1. Photograph of the concentric tube needle concept for transforaminal ablation. Color version available online only.

in simulation the potential benefits of using helical trajectories with a concentric tube needle to access the hippocampus from a burr hole in the rear of the skull but did not consider transforaminal deployment or variation in patient anatomy, both of which we investigate here.

Cannulation of the foramen ovale is often performed for placement of foramen ovale electrodes to monitor the mesial temporal structures.^{22,23} Several research groups have also performed frameless stereotactic cannulation of the foramen ovale for trigeminal rhizotomy.^{24,25} Similarly, for diagnosis and surgical treatment of drug-refractory epilepsy, Ortler et al^{26,27} reported an optically tracked aiming device and noninvasive maxillary fixation system called the Voegel-Bale-Hohner head holder. This setup facilitates placement of foramen ovale depth electrodes and mitigates the risk of entering no-go zones such as the carotid artery during cannulation.

To enable the transforaminal ablation concept, we envision a robotic, MRI-guided system (Figure 2). The system comprises an MR-compatible actuation unit, a concentric tube robot, an ablation probe, and MRI guidance. We anticipate that the procedure could take place from start to finish in a radiology suite and would not require the use

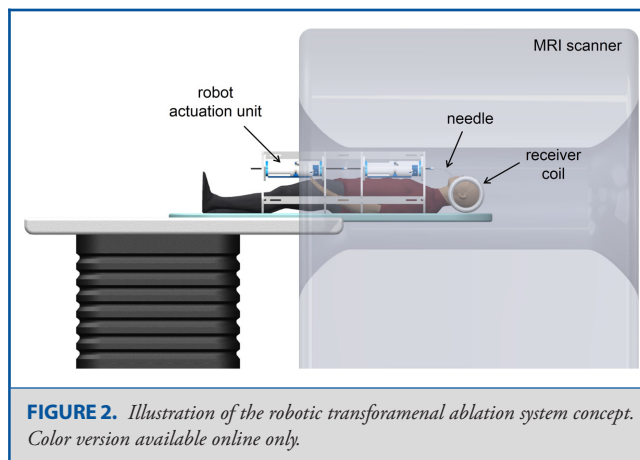
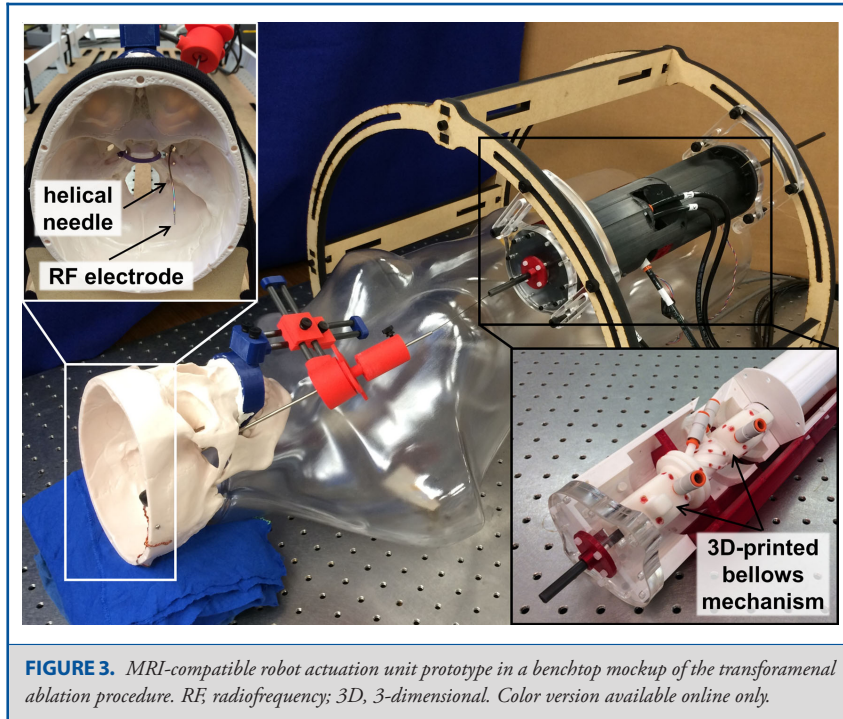
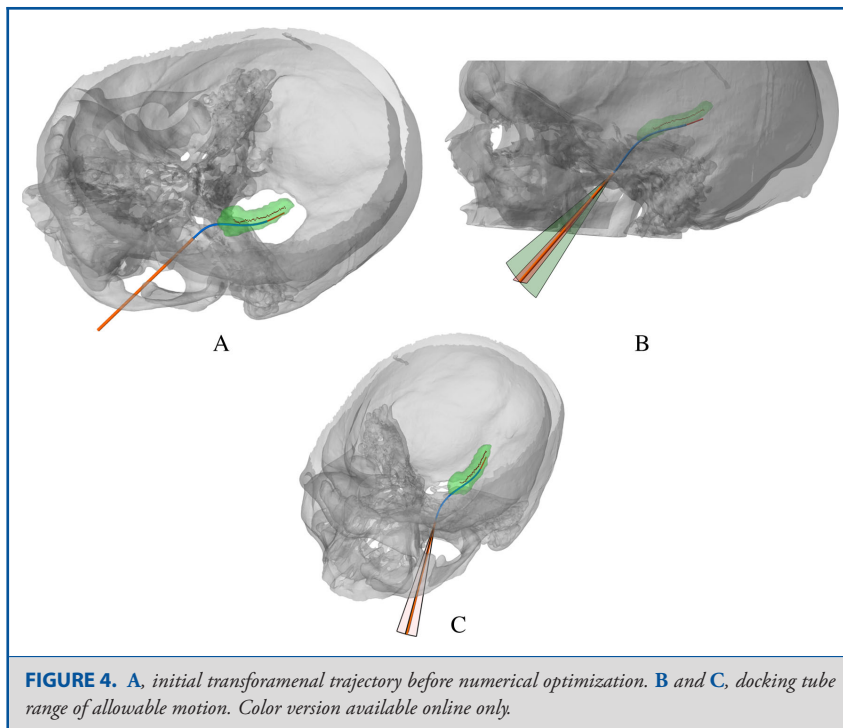


FIGURE 2. Illustration of the robotic transforaminal ablation system concept. Color version available online only.



of a surgical suite. In our envisioned procedure, a robot actuation unit is positioned within a standard MRI scanner with the patient under general anesthesia. The robot is suspended above the patient's torso with an arch-shaped frame affixed to the scanner gantry. The needle in the

system is made up of 2 parts: a docking tube and a robotically actuated concentric tube needle, as shown in Figure 1. The docking tube (a 14-gauge needle, a size typically available in trigeminal rhizotomy kits) is an outer cannula manually placed by the neurosurgeon under



fluoroscopic guidance to cannulate the foramen ovale before the patient is transferred to the MRI scanner. The concentric tube needle, consisting of an ablation probe contained within a helically curved superelastic tube, is withdrawn inside the docking tube during cannulation of the foramen ovale. After cannulation of the foramen ovale, the concentric tube needle is deployed by the robot actuation unit (under surgeon control) and guided with realtime MRI for visualization. The helical tube (with the ablation probe retracted inside) passes as close as possible along the medial axis of the hippocampus towards its tail. The ablation probe is then extended a short distance beyond the tip of the helical tube to deliver thermal therapy. Spatial thermal energy deposition is monitored with MR thermal imaging. When a sufficient thermal dose is reached at this first position, the ablator is retracted within the helical tube, the helical tube is retracted a short distance along its entry trajectory, and the ablator is redeployed. This process can be repeated as many times as desired by the physician to achieve the desired thermal dose to the hippocampus. The amygdala can also be lesioned if desired by fully retracting the concentric tube robot into the docking tube and then reinserting along a second trajectory targeting the amygdala.

Previously, we developed a fail-safe, pneumatic, MRI-compatible robot actuation unit.²⁰ Figure 3 shows a photograph of our current prototype assembled for a benchtop simulation of the procedure using an anatomically accurate skull model. Insets in Figure 3 show the deployed helical tube inside the skull and the 3-dimensional printed bellows mechanism inside the actuation unit. This prototype fits inside a 60-cm MRI scanner bore. During needle deployment, the pneumatic robot actuators grasp both the helical tube and the ablation probe at their proximal ends and apply necessary insertion and axial rotation motions to deliver the helical tube and ablation probe along the desired trajectory. Comber et al²⁰ provide detailed information on the design, control, and performance of the robot actuation unit.

We note that some aspects of this system concept are not yet fully integrated. In particular, we have developed the MRI-compatible robotic hardware and the concentric tube device and have conducted initial experiments to verify MRI compatibility, but we have not yet integrated MRI thermometry or demonstrated the use of MRIs to guide the needle to desired points. We also have not yet tested our envisioned procedure in cadaveric or animal models. These are elements of future work.

Medical Image Analysis

To characterize the required workspace and constraints for the concentric tube robot, a medical image analysis was conducted. As a retrospective study with exemption approval from the Vanderbilt University Institutional Review Board, dual computed tomography (CT)/MRI volumes were obtained and deidentified. Image sets for 10 patients were selected on the basis of only whether a sufficient amount of mandible and maxillary bone was included in the CT scan. This was to ensure adequate information to inform the design of cannula orientation angles for cannulation of the foramen ovale. No prior indication as to whether the hippocampus would be convenient to reach through the foramen ovale influenced patient selection.

Visualization and analysis of the image volumes were performed with the open-source 3D Slicer software (www.slicer.org). The CT and MRI volumes were registered by a rigid transformation plus scaling using the Slicer BRAINSFit module.²⁸ The skull was segmented from the CT volume with the use of an automated threshold. The hippocampi and amygdala were segmented manually from the MRI volume and reviewed and confirmed by an experienced neurosurgeon (J.S.N.).

Concentric Tube Needle Design

The skull, hippocampus, and foramen ovale models were used to design a concentric tube needle trajectory for each patient. Our design objective was to cause the ablator to pass as close to the medial axis as possible. The medial axis is the locus of the centers of all maximal spheres inscribed within the object where maximal spheres touch more than one point on the object boundary.²⁹ The rationale for this approach is that if the ablator radiates heat evenly in all directions, it will be most likely to achieve uniform coverage of the hippocampus if it travels along the medial axis. However, we note that the ablator need not travel perfectly along the axis; there are examples of successful ablations being performed substantially away from the medial axis.¹⁰⁻¹²

In this application, the concentric tube needle trajectory is fully defined by 7 parameters: helix curvature, helix torsion, helix maximum insertion length, helix initial rotation, ablation probe maximum insertion length, and the 2 orientation angles of the docking tube. Note that the curvature and torsion define the geometry of the helical tube, whereas the other 5 parameters describe the needle and ablator placement. To achieve our design objective, we performed a numerical optimization to determine the set of 7 parameters that minimized the mean distance from each point on the medial axis of the hippocampus of each patient to the closest point on the concentric tube needle backbone. The segmented anatomic models were imported to MATLAB so that they could be overlaid with possible trajectories of the concentric tube needle. The medial axis was computed with the skeletonizing method of Lee et al.²⁹ To generate an initial set of parameters for the numerical optimization, a needle trajectory capable of closely following the medial axis was manually designed with the forward kinematic equations of the helical

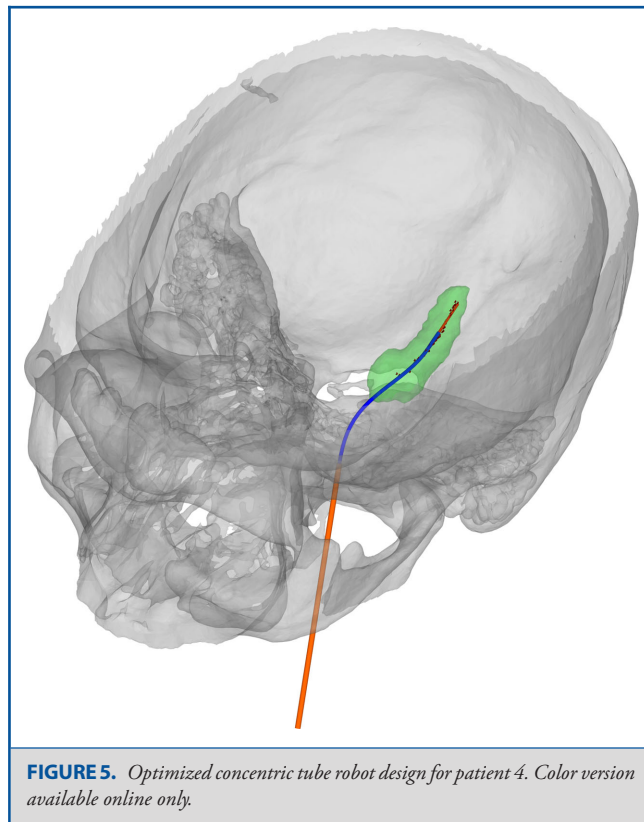


FIGURE 5. Optimized concentric tube robot design for patient 4. Color version available online only.

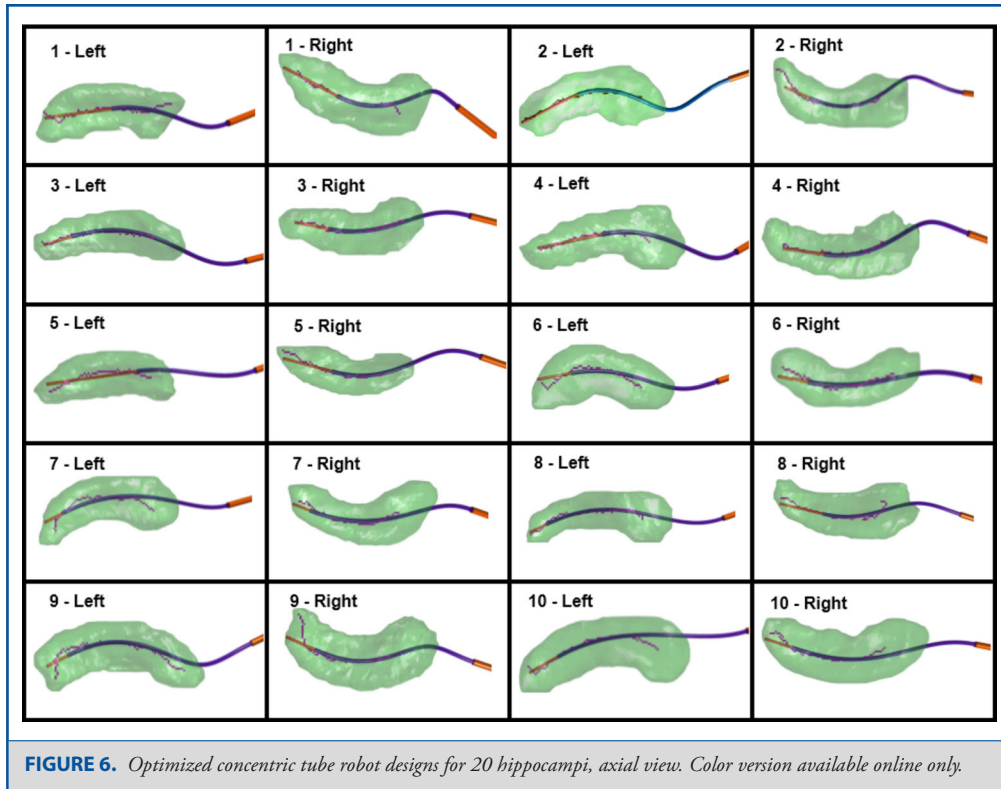


TABLE. Concentric Tube Robot Design Parameters and Corresponding Error Predictions

Patient No.	Helically Precurved Tube			Ablation Probe	
	Max Length, mm	Curvature, m ⁻¹	Torsion, m ⁻¹	Maximum Length, mm	Mean Error, mm
1 Left	42.0	40.7	95.2	60.8	0.84
1 Right	47.6	60.8	-110.4	65.6	0.67
2 Left	56.2	78.3	107.0	71.2	0.81
2 Right	56.0	83.9	-118.0	65.0	1.26
3 Left	52.8	49.7	94.9	60.6	0.74
3 Right	42.6	44.9	-112.9	51.9	1.14
4 Left	46.3	50.6	84.1	63.1	0.59
4 Right	50.0	55.1	-102.8	61.1	0.55
5 Left	33.8	43.6	92.5	57.4	0.86
5 Right	45.5	57.0	-111.3	58.9	1.26
6 Left	48.3	39.9	102.7	58.1	1.49
6 Right	47.2	29.9	-101.5	54.9	1.62
7 Left	58.7	32.4	72.2	64.8	1.43
7 Right	56.5	34.1	-84.7	62.0	0.90
8 Left	58.2	39.5	77.8	63.6	1.17
8 Right	48.5	48.9	-114.0	62.3	1.64
9 Left	58.4	62.3	102.1	64.9	1.59
9 Right	52.6	59.0	-125.8	62.4	1.66
10 Left	55.0	32.9	62.9	63.5	0.90
10 Right	55.2	36.8	-91.2	63.3	1.03

concentric tube robot. An example of this manual design is shown for patient 4 in Figure 4A. Numerical optimization of the trajectory parameters was then performed with the well-established Nelder-Mead simplex method, which was implemented with the MATLAB `fminsearch` function.³⁰ During optimization, a limitation was placed on the helix curvature to ensure that the needle would not plastically deform when straightened inside the docking tube. A maximum of 8% strain was allowed for helical tube curvature; this is the often-quoted recoverable strain limit for nitinol in the literature. Additional constraints were placed on the orientation angles of the docking tube to ensure that the needle trajectory did not exceed the safe insertion region. Specifically, using the skull model, we defined a coordinate frame for the docking tube such that its central axis lies in a plane of maximum adjustability in the space between the maxilla and mandible. This plane is approximately sagittal, and the corresponding range of motion is illustrated by the larger circular sector in Figure 4B. This range of allowable motion was constrained in the optimization to $\pm 10^\circ$, and for the orthogonal plane shown in Figure 4C, a constraint of $\pm 5^\circ$ was imposed. All parameter limits were enforced via cost conditions in the numerical optimization.

RESULTS & DISCUSSION

The optimized concentric tube robot design for patient 4 is shown in Figure 5. A comparison of initial (Figure 4) and optimized designs shows substantial improvement in the accuracy of the trajectory to traverse the medial axis of the hippocampus. A summary of all 20 optimized designs is provided in Figure 6 and the Table. Figure 6 shows the medial axis of each hippocampus and each trajectory at its maximum path distance from the foramen ovale. Across all 20 cases, the mean distances (errors) between the hippocampus medial axis and the backbone of the needle were 0.55, 1.11, and 1.66 mm for the best, mean, and worst case, respectively. For each case, a helical curvature was found that resulted in strains less than the recoverable limit.

Considering the summary of the optimized design parameters given in the Table, there are several reasons why patient-specific designs were required to achieve sufficient accuracy. First, the helical tube torsion is positive for the left hippocampus and negative for the right hippocampus, so at least 2 different needles are required. Second, optimized torsion varied by $\pm 25\%$ from the mean ($89.1 \text{ m}^{-1} \cdot \text{rad}^{-1}$) for the set of right-handed helices and by $\pm 19\%$ from the mean ($107.3 \text{ m}^{-1} \cdot \text{rad}^{-1}$) for the left-handed helices. If a generic shaped needle were used instead, this amount of variation from optimal torsion would result in an additional trajectory error of 3 to 5 mm.

It is feasible to rapidly and accurately fabricate patient-specific needles using shape setting of superelastic nitinol. For this work, we used a laboratory-grade electric heating method developed by our laboratory¹⁷ to rapidly prototype a concentric tube needle for patient 1 using a superelastic nitinol tube of outer and inner diameters 1.14 and 0.97 mm, respectively. The fabricated prototype had a curvature of 41.2 m^{-1} and a torsion of 84.8 m^{-1} . The geometry of this prototype deviates slightly from the optimized geometry given in the Table; however, we note that this deviation results from current limitations of the rapid proto-

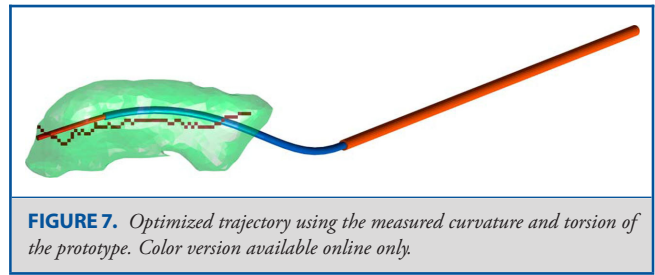


FIGURE 7. Optimized trajectory using the measured curvature and torsion of the prototype. Color version available online only.

typing technique. Although more expensive, industrial methods for shape setting of nitinol would be able to achieve the desired geometry with substantially greater accuracy on appropriate time scales for our envisioned procedure. Using the measured geometry of the prototype needle, we repeated the optimization to find an optimal set of 5 insertion parameters for the prototype needle. In simulation, this new trajectory follows the medial axis of the hippocampus at a mean error distance of 1.80 mm and is illustrated in Figure 7.

CONCLUSION

This article has described a novel approach to access the hippocampus through the foramen ovale with a concentric tube robot for the purpose of hippocampotomy by ablation. We have presented a computer simulation of optimized helical needle trajectories for accurate traversal of the curvilinear medial axis of 20 hippocampi. This is the first article to consider optimal design of concentric tube needles for a transforaminal approach for accessing the hippocampus. This is also the first article to address variations in patient anatomy when considering helical tube optimization. A prototype needle with sufficiently accurate precurvature for this application was also manufactured. These trajectories potentially enable ablation of tissue—in particular, in the tail of the hippocampus—that cannot typically be reached by linear trajectories. In light of the correlation between higher resection volume and better clinical outcomes,³¹ the potential to achieve more complete ablation could improve the efficacy of hippocampotomy by ablation for the treatment of epilepsy. Although significant additional testing is necessary to confirm the feasibility of this procedure, the results of this study preliminarily suggest that MRI-guided transforaminal ablation could be a less invasive alternative to current ablation treatments for epilepsy and may ultimately provide a more complete ablation.

The eventual realization of our envisioned procedure will require much future work in both technical and clinical aspects. One area of work in concentric tube robots is to explore the effects of friction between tubes, especially in light of the relatively long transmission length required for our approach. One prior article on this topic suggests modeling friction as an axial torque located at the end of the straight transmission section of the tubes.³² This friction model can be integrated into the mechanics-based model of the tubes,^{14,15} and we expect that compensating for friction with our actuators or mitigating it with stiffer straight

transmissions³³ and/or low-friction coatings will be straightforward. Further areas of technical work for our system include evaluating imaging protocols for MR thermometry and integrating MRI guidance for our robot. A variety of ablation technologies are possible and additional work will be needed to choose the best technology for this application. An important clinical concern to be addressed in future design work is the ability to extract a concentric tube needle in the event of a failure of the robotic actuation system after insertion in the temporal lobe. Many other clinical aspects of our envisioned procedure will also need to be extensively evaluated in future cadaver and animal studies.

Disclosures

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COMMENTS

Recent developments in image-guided techniques have led to a number of novel minimally-invasive approaches to intracranial surgery, such as laser ablation guided by real-time MRI thermography, but extent of resection is sometimes limited by a linear trajectory and requires transit through healthy brain. To address this, the authors use computer simulation to analyze CT and MRI images from 20 de-identified patients to determine whether it might be possible to use pneumatic robot actuators and telescoping curved needles to perform hippocampal ablation via a trans-foramen ovale approach. They found that this technique is indeed feasible within the constraints of current technology and propose that this might represent a new direction for minimally-invasive treatment of mesial temporal lobe epilepsy.

The concept of robotic navigation of ablation probes through natural orifices in order to treat intracranial lesions without disruption of the cranial cavity is ingenious and has potentially revolutionary implications for minimally invasive treatment of epileptic lesions. In addition, the use of concentric tube robotics addresses the limitations associated with linear trajectories required by current technology. Given the anatomy of the temporal lobe in relation to the foramen ovale, it is intuitive that a steerable curved needle should be able to address the hippocampus, as

long as the correct needle geometry can be obtained. It will be important to demonstrate feasibility of this technique using actual needles in a cadaver study, but the modeling data presented represents a good first step.

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