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Long-Term Prognostic Risk After Neoadjuvant Chemotherapy Associated With Residual Cancer Burden and Breast Cancer Subtype

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Purpose

To determine the long-term prognosis in each phenotypic subset of breast cancer related to residual cancer burden (RCB) after neoadjuvant chemotherapy alone, or with concurrent human epidermal growth factor receptor 2 (HER2)-targeted treatment.

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Methods

We conducted a pathologic review to measure the continuous RCB index (wherein pathologic complete response has RCB = 0; residual disease is categorized into three predefined classes of RCB index [RCB-I, RCB-II, and RCB-III]), and yp-stage of residual disease. Patients were prospectively observed for survival. Three patient cohorts received paclitaxel (T) followed by fluorouracil, doxorubicin, and cyclophosphamide (T/FAC): original development cohort (T/FAC-1), validation cohort (T/FAC-2), and independent validation cohort (T/FAC-3). Another validation cohort received FAC chemotherapy only, and a fifth cohort received concurrent trastuzumab (H) with sequential paclitaxel and fluorouracil, epirubicin, and cyclophosphamide (FEC; H+T/FEC). Phenotypic subsets were defined by hormone receptor (HR) and HER2 status at diagnosis, classified as HR-positive/HER2-negative, HER2-positive (HR-negative/HER2-positive or HR-positive/HER2-positive), or triple receptor-negative. Relapse-free survival estimates were determined from Kaplan-Meier analysis and compared using the log-rank test.

Results

Five cohorts (T/FAC-1 [n = 219], T/FAC-2 [n = 262], T/FAC-3 [n = 342], FAC [n = 132], and H+T/FEC [n = 203]) had median event-free follow-up of 13.5, 9.1, 6.8, 16.4, and 7.1 years, respectively. Continuous RCB index was prognostic within each phenotypic subset, independent of other clinicalpathologic variables. RCB classes stratified prognostic risk overall, within each phenotypic subset, and within yp-stage categories. Estimates of 10-year relapse-free survival rates in the four RCB classes (pathologic complete response, RCB-I, RCB-II, and RCB-III) were 86%, 81%, 55%, and 23% for triple receptor-negative; 83%, 97%, 74%, and 52% for HR-positive/HER2-negative in the combined T/FAC cohorts; and 95%, 77%, 47%, and 21% in the H+T/FEC cohort.

Conclusion

RCB was prognostic for long-term survival after neoadiuvant chemotherapy in all three phenotypic subsets of breast cancer. Our institutional findings should be externally validated.

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INTRODUCTION

The US Food and Drug Administration's mechanism for accelerated approval of chemotherapy treatments for high-risk, early breast cancer is on the basis of improved pathologic complete response (pCR) rate after neoadjuvant treatment in a randomized trial.¹⁻³ But although

this demonstrates confidence in the prognostic importance of pCR, it is still not clear what magnitude of prognostic difference could be expected from an improvement in pCR rate.⁴⁻⁶ Prognostic difference might also depend on the distribution of the extent of residual disease in each treatment arm, if that relates to longer-term prognosis within each phenotypic subset of breast cancer.

ASSOCIATED CONTENT



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The two main measures of residual disease in a pathologic resection specimen are yp-stage (American Joint Commission on Cancer stage) and residual cancer burden (RCB). The RCB method uses the principles of pathologic sampling and reporting that are also necessary to accurately determine the presence and yp-stage of any residual disease after neoadjuvant treatment.⁷⁻⁹ Hence, it provides a standardized operating procedure for the prospective evaluation of postneoadjuvant specimens, requiring only standard pathology materials, minimal time from the pathologist, and no additional cost.^{2,7-9} A public Web site provides educational videos and materials for pathologists, including an online calculator for RCB index score and RCB class.^{7,10} The index score is derived from the largest area and cellularity of residual invasive primary cancer and the number of involved lymph nodes and size of largest metastasis.⁷ pCR (stage yp-T0/is, ypN0) has RCB = 0; and RCB class is minimal (RCB-I), moderate (RCB-II), or extensive (RCB-III), on the basis of predefined cut points of 1.36 and 3.28 index scores.⁷

In this study, we used five prospective breast cancer cohorts to test the long-term prognostic relevance of the measurement of RCB index and class after neoadjuvant chemotherapy, within each phenotypic subset of breast cancer.

METHODS

Study Design

This was a cohort study with prospective follow-up of patients to test the long-term prognostic performance of RCB after neoadjuvant chemotherapy (protocol MDACC-LAB98-240). RCB was determined by retrospective pathology review in three cohorts treated with neoadjuvant paclitaxel (T) followed by combined fluorouracil, doxorubicin, and cyclophosphamide (T/FAC). T/FAC-1 was the original development cohort for RCB, treated during 1994 to 2002, pathology reviewed during 2003 to 2005, and prospectively observed for an additional 7 years.⁷ T/FAC-2 was a validation cohort for RCB, treated during 1999 to 2006, pathology reviewed during 2007 to 2009, and prospectively observed for an additional 5 years. T/FAC-3 was an independent validation cohort for RCB (enriched for residual disease), treated during 2005 to 2011, with independent pathology review during 2013 to 2015. The original RCB validation cohort was treated with FAC chemotherapy (without paclitaxel) during 1989 to 2001, pathology reviewed during 2005 to 2006, and prospectively observed for an additional 7 years.⁷ Finally, a fifth cohort had human epidermal growth factor receptor 2 (HER2)-positive cancer and received neoadjuvant trastuzumab (H) with sequential paclitaxel and fluorouracil, epirubicin, and cyclophosphamide (H+T/FEC), treated during 2002 to 2011 and pathology reviewed during 2012 to 2015. The prognostic value of RCB was assessed according to type of treatment, yp-stage, and phenotype of breast cancer (defined by hormone receptor [HR] and HER2 status), and adjusted for pretreatment clinical and pathologic characteristics (see Pathology Review and Clinical Review).

Eligibility

We excluded patients with any of the following: previous invasive breast cancer; surgical biopsy of the primary tumor or a positive lymph node before neoadjuvant treatment; treatment discontinuation before completion of at least 75% of the prescribed cycles of chemotherapy; inclusion of additional treatments; or adjuvant systemic therapy other than hormonal or HER2-targeted systemic therapy (Appendix Table A1).

Pathology Review

We used the published method to evaluate the pathology materials and the associated Web site to calculate RCB.^{7,10} Briefly, the gross description (including radiographs, diagrams, or photographs) and all corresponding slides underwent a retrospective review by a pathologist to determine the RCB index and class, and yp-stage. Patients with documented clinical progression or inoperability, precluding surgical resection upon completion of the prescribed neoadjuvant chemotherapy, were classified as RCB-III.⁷ HR status was defined as positive if $\geq 10\%$ of tumor nuclei stained positively. HER2 status was defined as positive if the protein had a strong (3+) membrane staining pattern in $\geq 30\%$ of tumor cells or gene amplification relative to a centromere probe by fluorescent in situ hybridization (ratio of *ERBB2*/cep17 > 2.2). Of note, HER2 status was not available for most of the patients in the older FAC cohort because HER2 testing was not clinically required during that time and pretreatment tumor blocks were not available for testing.

Clinical Review

Electronic medical records were reviewed to document each patient's age, height and weight, diabetic status, clinical stage of breast cancer before treatment (c-stage), clinical and radiologic characteristics of the primary cancer, and follow-up for relapse or death. Diabetic status (yes or no) was classified as yes if a patient had a diagnosis of diabetes in the clinical record or received treatment for diabetes at any time from initial presentation until the completion of neoadjuvant chemotherapy. The primary cancer was classified as multifocal at the time of initial diagnostic work-up if the radiologist or surgeon described two or more tumors separated by ≥ 1 cm of normal-appearing parenchyma. The data were stored in a secure database, de-identified, and exported for statistical analyses.

Statistical Methods

Survival end points of relapse-free survival (RFS), distant RFS, and overall survival were defined from the date of diagnosis using published standardized criteria.¹¹ Survival probability within RCB class was determined using the Kaplan-Meier estimator, with 95% CIs estimated using the Greenwood formula with log-log transformation. Kaplan-Meier curves were truncated when the smallest subgroup had < 10% of patients remaining at risk.¹² Survival times were compared among RCB classes using the log-rank test. Hazard ratios for RCB index were adjusted for age (continuous), c-stage (III v I to II), and nuclear grade (3 v 1 to 2) at initial diagnosis. Multivariable Cox proportional hazards models for each phenotypic subtype included the same variables as well as pretreatment multifocal primary tumor (v solitary) and pCR (v residual disease). Model discrimination was evaluated on the basis of Harrell's concordance index, or c-index.¹³ Comparison of RCB with ypstage excluded patients where surgery was delayed or denied as a result of progression and/or additional treatments. Cohort T/FAC-3 was not included in the analyses of the proportion of RCB classes within phenotypic subsets (because the T/FAC-3 cohort was enriched for patients with residual disease), but it was included with the other T/FAC cohorts in the survival analyses.

RESULTS

Pretreatment characteristics, response, and follow-up information are summarized for each treatment cohort in Table 1. Eligibility and reasons for exclusion are summarized in Appendix Table A1 (online only).

Long-Term Prognostic Performance of RCB

The continuous RCB index was associated with risk of relapse or death, and the hazard ratios per unit of RCB index were significant in all five cohorts, adjusted for age at diagnosis, c-stage, and tumor grade (Table 2). Body mass index and diabetic status were not prognostic in any cohort; thus these factors were excluded from multivariable models.

	Table	1. Clinical ar	nd Pathologic Characteristi	cs of the Patier	nt Cohorts			
	Cohort 1	Cohort 2	Cohort 3	Cohorts 1-3	Cohort 4	Coho	ort 5	
Characteristic	T/FAC, No. (%)	T/FAC, No. (%)	T/FAC, No. (%)	T/FAC, No. (%)	FAC, No. (%)	H+T/FEC HR+/HER2+, No. (%)	H+T/FEC HR-/HER2+, No. (%)	Total, No. (%)
Total no. of patients	219	262	342	823	132	108	95	1,158
Age > 50 years	111 (51)	127 (49)	164 (48)	402 (49)	58 (44)	50 (25)	50 (25)	560 (48)
Body mass index, kg/m ²								
< 18.5	1 (1)	2 (1)	1 (0)	4 (0)	1 (1)	0	2 (1)	7 (1)
18.5-24.9	71 (32)	82 (31)	72 (21)	225 (27)	22 (17)	39 (19)	24 (12)	310 (27)
25-29.9	72 (33)	79 (30)	109 (32)	260 (32)	23 (17)	28 (14)	31 (15)	342 (30)
≥ 30	71 (32)	96 (37)	151 (44)	318 (39)	19 (14)	40 (20)	37 (18)	414 (36)
NA	4 (2)	3 (1)	9 (3)	16 (2)	67 (51)	1 (0)	1 (0)	85 (7)
Diabetes	105 (00)	000 (00)	000 (00)	704 (00)	05 (70)	00 (40)	04 (41)	000 (00)
INO Xee	195 (88)	236 (89)	293 (86)	/24 (88)	95 (72)	93 (46)	84 (41)	996 (86)
tes	24 (12)	26 (10)	40 (14)	96 (12)	13 (10)	14 (7)	11 (5)	134 (12)
	0	0	5 (1)	3 (0)	17 (14)	1 (0)	0	20 (Z)
L-Stage	19 (9)	4 (2)	11 (3)	34 (4)	0	0	2 (1)	36 (3)
1	113 (52)	72 (28)	84 (25)	269 (33)	27 (21)	26 (13)	2 (1)	355 (31)
IIB	67 (31)	89 (34)	105 (31)	261 (32)	12 (22)	28 (17)	24 (12)	355 (31)
	20 (9)	97 (37)	142 (42)	259 (32)	63 (48)	52 (26)	38 (19)	412 (36)
Multifocality	49 (22)	68 (26)	82 (25)	199 (24)	14 (14*)	28 (14)	17 (8)	258 (22)
Grade, high	111 (51)	146 (56)	160 (47)	417 (51)	80 (61)	63 (31)	73 (36)	633 (55)
Phenotype			,	(2.)		(,	(,	
HER2-positive	50 (23)	48 (18)	5 (1)	103 (12)	_	108 (53)	95 (47)	306
TNBC	46 (21)	74 (29)	99 (29)	219 (27)	_	0	0	219
HR-positive/HER2-negative	123 (56)	140 (52)	238 (70)	501 (61)	_	0	0	501
Response								
pCR	49 (22)	56 (21)	31 (9)†	136 (17)†	23 (17)	34 (17)	58 (29)	251
RCB-I	40 (18)	29 (11)	38 (11)†	107 (13)†	16 (12)	26 (13)	12 (6)	161
RCB-II	105 (48)	123 (47)	170 (50)†	398 (48)†	61 (46)	39 (19)	20 (10)	518
RCB-III	25 (11)	54 (21)	103 (30)†	182 (22)†	32 (24)	9 (4)	5 (2)	228
yp-Stage								
	69 (32)	46 (18)	47 (14)	162 (20)	28 (21)	18 (9)	11 (5)	218
	70 (32)	96 (37)	142 (42)	308 (37)	47 (36)	44 (22)	18 (9)	418
	31 (14)	64 (24)	112 (33)	207 (25)	34 (26)	12 (6)	8 (4)	259
Progression during NAC	0	0	10 (3)	10 (1)	0	0	2 (1)	12
Pathologist review	VV.F.S.	W.F.S.	A.W., M.L., A.B., B.S.	All	W.F.S.	All	All	45 (4)
Local event	9 (4)	18 (7)	7 (2)	34 (4)	8 (6)	0	3 (2)	45 (4)
NFS EVENT	05 (30)	80 (33) 71 (27)	90 (20)	241 (29)	5Z (39)	29 (14)	14 (/)	330 (29)
Distant event	49 (22)	71 (27)	62 (19)	107 (23)	40 (30)	28 (14)	10 (5)	230 (20)
Median follow up for suprivers years	DI (23)	/Z (28) 0.1	64	100 (23)	40 (34)	17 (8) 6 4	10 (5)	208 (22)
we want to low-up to survivors, years	13.0	9.1	0.4	0.2	10.4	0.4	1.3	

Abbreviations: H+T/FEC, trastuzumab with sequential paclitaxel plus fluorouracil, epirubicin, and cyclophosphamide; HER2, human epidermal growth factor receptor 2; HER2+, human epidermal growth factor receptor 2–positive; HR, hormone receptor; HR-, hormone receptor–negative; HR+, hormone receptor–positive; NA, not available; NAC, neoadjuvant chemotherapy; pCR, pathologic complete response; RCB, residual cancer burden; RFS, relapse-free survival; T/FAC, paclitaxel followed by fluorouracil, doxorubicin, and cyclophosphamide; TNBC, triple-negative breast cancer.

*Cohort was enriched for patients with residual disease.

†Information known for 78% of this cohort.

The predefined RCB classes were prognostic for RFS in all five cohorts (Table 3). Although the RCB index was originally developed from cohort T/FAC-1,⁷ we observed similar long-term prognostic results with other cohorts (Appendix Fig A1 and Appendix Table A2 [online only]), without significant difference between the T/FAC cohorts in a multivariable Cox regression model with RCB index (hazard ratio, 1.97; 95% CI, 1.76 to 2.21), HR status (hazard ratio, 0.34; 95% CI, 0.25 to 0.45), and HER2 status (not significant).

RCB classes were prognostic within yp-stage II and yp-stage III, but not significantly different in yp-stage I (Fig 1). RCB index and class added independent prognostic information to yp-stage within multivariable models, and yp-N stage was independently prognostic with RCB class (Appendix Table A3, online only). Also, rare relapses after pCR had no obvious association with surgical

procedure, specimen radiography, or tumor phenotype (Appendix Fig A4, online only).

Triple-Negative Breast Cancer: T/FAC Chemotherapy

The proportion of patients within each RCB class was as follows: 35% pCR, 15% RCB-I, 33% RCB-II, and 17% RCB-III. Good prognoses were observed for patients who achieved pCR (estimated RFS of 94% at 5 years and 86% at 10 years) or RCB-I (estimated RFS of 89% at 5 years and 81% at 10 years; Table 3 and Fig 2A [online only]). Prognoses were inferior for patients with RCB-II (estimated RFS of 62% at 5 years and 55% at 10 years) or RCB-III (estimated RFS of 26% at 5 years and 23% at 10 years). Prognoses were similar for both distant RFS and overall survival

	Table 2. Prognostic Perforn	nance of Residual Can	cer Burden, Overall a	nd Within Subsets, A	Adjusted For Pretreatr	nent Stage, Grade, ar	d Age	
			Relapse-Fr	ee Survival	Distant Relaps	e-Free Survival	Overall	Survival
Cohort	No. of Patients Analyzed	Median Follow-Up of Survivors (years)	Hazard Ratio (95% CI)	C-Index (95% CI)	Hazard Ratio (95% CI)	C-Index (95% CI)	Hazard Ratio (95% CI)	C-Index (95% CI)
1. Development T/FAC*	219	13.5	2.09 (1.66 to 2.63)	0.72 (0.66 to 0.79)	2.10 (1.66 to 2.65)	0.73 (0.66 to 0.79)	1.98 (1.55 to 2.55)	0.70 (0.63 to 0.78)
2. Validation T/FAC	262	9.1	1.85 (1.53 to 2.23)	0.71 (0.65 to 0.77)	1.92 (1.57 to 2.33)	0.72 (0.66 to 0.78)	1.99 (1.61 to 2.45)	0.73 (0.67 to 0.79)
3. External validation T/FAC	342	6.4	1.78 (1.40 to 2.28)	0.71 (0.65 to 0.77)	1.88 (1.45 to 2.44)	0.73 (0.66 to 0.79)	1.84 (1.38 to 2.45)	0.71 (0.63 to 0.79)
1-3. Combined T/FAC cohorts*	823	8.2	1.86 (1.68 to 2.05)	Ι	1.86 (1.68 to 2.05)	I	1.88 (1.68 to 2.10)	Ι
Triple-negative	219		1.89 (1.56 to 2.29)	0.74 (0.68 to 0.80)	1.95 (1.60 to 2.38)	0.75 (0.69 to 0.81)	1.92 (1.58 to 2.34)	0.76 (0.70 to 0.82)
HR-positive/HER2-negative†	501		1.95 (1.57 to 2.41)	0.71 (0.66 to 0.76)	1.99 (1.60 to 2.49)	0.72 (0.67 to 0.77)	1.98 (1.55 to 2.53)	0.73 (0.67 to 0.78)
HER2-positive	103		1.91 (1.45 to 2.52)	0.75 (0.68 to 0.83)	1.93 (1.44 to 2.59)	0.76 (0.69 to 0.84)	1.81 (1.32 to 2.48)	0.72 (0.63 to 0.82)
4. Validation FAC	132	16.4	1.87 (1.43 to 2.45)	0.73 (0.67 to 0.80)	1.79 (1.38 to 2.32)	0.73 (0.67 to 0.80)	1.74 (1.32 to 2.30)	0.73 (0.65 to 0.80)
5. HER2-targeted plus T/FEC	203	7.1	2.25 (1.73 to 2.91)	0.73 (0.65 to 0.82)	2.22 (1.72 to 2.86)	0.73 (0.64 to 0.81)	2.39 (1.72 to 3.31)	0.72 (0.60 to 0.84)
Abbreviations: HER2, human er combined fluorouracil, epirubicin, NOTE. Residual disease refers to that also contained the following appropriate. *Two cohorts demonstrated sig thin the HR-positive/HER2-negati 71, 1, 74 to 3, 81), and c 2.58; 95% CI, 1, 74 to 3, 81), and c c-indices were calculated on the	idermal growth factor recept and cyclophosphamide. the combination of RCB-I, RC variables: age (continuous), c- nificant nonproportionality of we subset, pretreatment clinic verall survival (hazard ratio, 2 basis of the multivariable Co	tor 2; HR, hormone rec SB-II, and RCB-III. Hazar stage at time of diagno hazard rate over time cal stage was also inde :95; 95% CI, 1.85 to 4. x proportional hazards	septor; T/FAC, paclita: d ratios were calculate osis (III vI to II), pretre (Appendix Table A3). pendently prognostic 70), and pretreatment model that was built	xel followed by comt ed per unit of residual atment grade (nuclea for relapse-free survi t grade was independ on cohort 1.	bined fluorouracil, dox cancer burden index (c ar grade 3 v 1 to 2); an val (hazard ratio, 2.48; lently prognostic for o	corubicin, and cycloph continuous) within mu d were stratified by re 95% Cl, 1,69 to 3,64) verall survival (hazard	iosphamide; T/FEC, r Itivariable Cox propor sceipt of adjuvant hor sceipt 1.85; 95% Cl, 1	aclitaxel followed by tional hazards models monal therapy where survival (hazard ratio, .16 to 2.93). Harrell's

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	Estima	ted Percentage o	of 5-Year Relaps	e-Free Survival (%; 95% CI)	Estimat	ed Percentage of	10-Year Relapse	e-Free Survival (%; 95% CI)
Cohort	pCR	RCB-I	RCB-II	RCB-III	Residual Disease	pCR	RCB-I	RCB-II	RCB-III	Residual Disease
FAC (cohort 4; $n = 132$)	100	100	73 (59 to 82)	66 (45 to 81)	75 (65 to 82)	95 (71 to 99)	85 (51 to 96)	62 (48 to 73)	42 (23 to 60)	60 (50 to 69)
T/FAC (combined cohorts 1-3; n = 823)	92 (86 to 96)	94 (88 to 97)	80 (76 to 84)	58 (50 to 65)	77 (73 to 80)	86 (78 to 91)	85 (75 to 91)	68 (62 to 73)	46 (37 to 54)	65 (61 to 69)
Triple-negative ($n = 219$)	94 (84 to 98)	89 (73 to 96)	62 (50 to 72)	26 (14 to 41)	59 (51 to 66)	86 (73 to 93)	81 (63 to 93)	55 (43 to 66)	23 (12 to 37)	53 (45 to 61)
HR-positive/HER2-negative (n = 501)	88 (72 to 95)	100	87 (82 to 90)	70 (60 to 77)	84 (80 to 87)	83 (63 to 93)	97 (81 to 100)	74 (67 to 80)	52 (40 to 63)	72 (66 to 76)
HER2-positive ($n = 103$)	94 (80 to 99)	89 (61 to 97)	62 (42 to 76)	47 (23 to 68)	65 (52 to 75)	88 (72 to 96)	63 (35 to 82)	44 (26 to 61)	47 (23 to 68)	49 (36 to 61)
HER2-targeted plus T/FEC (cohort 5; n = 203)	95 (88 to 98)	81 (64 to 90)	74 (61 to 84)	21 (5 to 45)	70 (60 to 78)	95 (88 to 98)	77 (60 to 88)	47 (18 to 71)	21 (5 to 45)	50 (25 to 70)
Abbreviations: HER2, human epiderm /FAC, pacifitaxel followed by fluoroura NOTE. Estimates are presented as per ieparated into phenotypic subsets of F	al growth factor cil, doxorubicin, i centage of relaps HER2-positive, tri	receptor 2; HR, h and cyclophosph e-free survival, w iple-negative, and	iormone receptc amide; T/FEC, p ith the 95% Cl in d HR-positive/HE	rr; FAC, fluoroura aclitaxel followe parentheses. Th :R2-negative bre	cil, doxorubicin, and d by combined fluor ie combined develop ast cancers. The nu	l cyclophosphami ouracil, epirubicir ment and validati mbers of patients	de; pCR, patholog , and cyclophospl on cohorts that rec at risk within ea	lic complete resi namide. seived T/FAC che ch RCB category	oonse; RCB, resi motherapy are p ' are shown in F	dual cancer burden; esented overall and gures 1 and 3.



Fig 1. Kaplan-Meier plots of relapse-free survival for residual cancer burden (RCB) categories within the yp-stage categories from pooled analysis of the patients with residual disease from the five cohorts (N = 895): (A) yp-stage I (n = 218); (B) yp-stage II (n = 418); and (C) yp-stage III (n = 259). This analysis excluded 12 patients who did not undergo surgery immediately after neoadjuvant treatment (as a result of progression). Note that the original development cohort (cohort 1, Table 1) was included in these analyses. The length of each x-axis is proportional to the duration of follow-up of survivors, truncated when < 10% of the smallest group remained at risk. Response categories are shown as RCB-I (gold), RCB-II (gray), and RCB-III (red).

(Appendix Figs A2A-A3A [online only]). A kernel-based hazard function plot showed residual risk that ended before 7 years (Fig 3A).¹⁴ In a multivariable model for RFS, only RCB index was independently prognostic (hazard ratio, 1.92; 95% CI, 1.49 to 2.46), whereas age, c-stage, grade, multifocality, and pCR were not.

HR-Positive/HER2-Negative Breast Cancer: T/FAC Chemotherapy

The proportion of patients within each RCB class was as follows: 10% pCR, 13% RCB-I, 60% RCB-II, and 17% RCB-III. There were good prognoses for patients who achieved pCR (estimated RFS of 88% at 5 years and 83% at 10 years) or RCB-I (estimated RFS of 100% at 5 years and 97% at 10 years; Fig 2B and Table 3). Patients with RCB-II had estimated RFS of 87% at 5 years and 74% at 10 years (Table 3). However, extensive residual disease (RCB-III) imparted significantly worse prognoses, with estimated RFS of 70% at 5 years and 52% at 10 years (Fig 2B and Table 3). Prognoses were similar for both distant RFS and overall survival (Appendix Figs A2B-A3B). A hazard function plot for RCB classes showed extended residual risk over a decade (Fig 3B).¹⁴ In the multivariable model for RFS, RCB index (hazard ratio, 2.28; 95% CI, 1.76 to 2.96), pretreatment clinical stage III (hazard ratio, 2.51; 95% CI, 1.70 to 15.78) were independently prognostic, whereas age, grade, and multifocality were not.



Fig 2. Kaplan-Meier plots of relapse-free survival according to residual cancer burden (RCB) categories for phenotypic subsets of breast cancer: (A) triple-negative (n = 219); (B) HR-positive/HER2-negative (n = 501); (C) HER2-positive (n = 103) after paclitaxel (T) followed by fluorouracil, doxorubicin, and cyclophosphamide (T/FAC) chemotherapy; (D) all HER2-positive (n = 203); (E) HR-negative/HER2-positive subset (n = 95); and (F) HR-positive/HER2-positive subset (n = 108) after HER2-targeted therapy with trastuzumab (H) and sequential paclitaxel followed by fluorouracil, epirubicin, and cyclophosphamide chemotherapy (H+T/FEC). Patients in the HER2-targeted therapy (trastuzumab) as neoadjuvant or adjuvant treatment. On the other hand, all patients in the H+T/FEC cohort (D to F) received neoadjuvant and adjuvant HER2-targeted therapy (trastuzumab). Note that the original development cohort (cohort 1, Table 1) was included in the analysis for plots A to C. The length of each x-axis is proportional to the duration of follow-up of survivors, truncated when < 10% of the smallest group remained at risk. Below each survival plot is a corresponding histogram to show the relative frequency distribution of RCB index. Response categories are shown as pathologic complete response (pCR; blue), RCB-II (gold), RCB-III (red). HR, hormone receptors; HER2, human epidermal growth factor receptor 2.



Fig 2. (Continued).

The distribution of RCB index was bimodal in HR-positive/ HER2-negative cancers, with nadir at 2.25 (Fig 2B). This bimodality did represent residual nodal status (Appendix Fig A5C, online only), but RCB class remained prognostic in ypN-positive disease (Appendix Fig A6A, online only). Also, the nadir at RCB index of 2.25, although significant, was not a clinically meaningful prognostic cut point for patients with RCB-II (Appendix Fig A6B).

HER2-Positive Breast Cancer: T/FAC Chemotherapy Alone

The proportion of patients within each RCB class was as follows: 37% pCR, 17% RCB-I, 31% RCB-II, and 15% RCB-III. The observed prognoses for RCB-I (estimated RFS of 89% at 5 years and 63% at 10 years) were significantly different from pCR (estimated RFS of 94% at 5 years and 88% at 10 years; Table 3 and Fig 2C). The long-term prognoses for RCB-II (estimated RFS of 62% at 5 years and 44% at 10 years) and RCB-III (estimated RFS of 47% at 5 years and at 10 years) seemed to be similar. Prognoses were similar for both distant RFS and overall survival (Appendix Figs A2C-A3C). In the multivariable model for RFS (stratified by use of hormonal therapy), nuclear grade 3 (hazard ratio, 2.67; 95% CI, 1.17 to 6.11), pCR (hazard ratio, 0.23; 95% CI, 0.06 to 0.90), and multifocality (hazard ratio, 2.18; 95% CI, 1.00 to 4.11) were

independently significant variables, whereas age, c-stage, and RCB index were not.

HER2-Positive Breast Cancer: T/FEC Chemotherapy With Trastuzumab

The proportion of patients within each RCB class was as follows: 45% pCR, 19% RCB-I, 29% RCB-II, and 7% RCB-III. RCB classes were prognostic (Fig 2D), even within the subsets of HR-negative/HER2-positive (Fig 2E) and HR-positive/HER2positive (Fig 2F). Overall, patients who achieved pCR had excellent long-term prognoses (estimated RFS of 95% at 5 years and at 10 years), significantly better than other RCB classes (Table 3 and Fig 2D). The prognoses for RCB-I (estimated RFS of 81% at 5 years and 77% at 10 years) and RCB-II (estimated RFS of 74% at 5 years and 47% at 10 years) seemed to be similar. Few patients had RCB-III, with significant risk of early relapse (estimated RFS of 21% at 5 years and at 10 years). Prognoses were similar for both distant RFS and overall survival (Appendix Figs A2D-A3D). In the multivariable model for RFS (stratified by use of hormonal therapy), only RCB index was independently prognostic (hazard ratio, 1.80; 95% CI, 1.26 to 2.59), whereas age, c-stage, grade, multifocality, and pCR were not. The subsets of RCB class within HR-positive/HER2positive or HR-negative/HER2-positive subsets were too small to present 5-year and 10-year estimates of RFS.



Fig 3. Hazard function plots illustrating the estimated rate of relapse-free survival events at each time of follow-up (rate per patient per year). (A) Triple-negative, (B) HR-positive/HER2-negative, (C) HER2-positive breast cancer treated with paclitaxel followed by fluorouracil, doxorubicin, and cyclophosphamide (T/FAC) chemotherapy, and (D) HER2-positive breast cancer treated with HER2-targeted therapy (trastuzumab) and sequential paclitaxel followed by fluorouracil, epirubicin, and cyclophosphamide (H+T/FEC) chemotherapy. Response categories are shown as pathologic complete response (pCR) or residual cancer burden (RCB)-I (blue), RCB-II (gray), and RCB-III (red). Y-axes use different scales; therefore, a black bar at hazard rate 0.10 was placed for reference. HR, hormone receptors; HER2, human epidermal growth factor receptor 2.

DISCUSSION

RCB index and classes were prognostic in all treatment cohorts and phenotypic subsets. In high-risk phenotypes of triple-negative breast cancer (TNBC; treated with T/FAC) and HER2-positive disease (treated with H+T/FEC), RCB index was the only prognostic variable in multivariable models that included age, pretreatment c-stage, grade, multifocality, and pCR. In the HR-positive/HER2-negative phenotype, RCB index and pretreatment c-stage were both independently prognostic.

RCB and yp-stage both summarize the extent of residual disease in the breast and regional lymph nodes, but define size differently. RCB index and class of residual disease were independently prognostic in multivariable analyses with yp-stage, yp-T, and yp-N; and yp-stage and yp-N remained prognostic with RCB class (Appendix Table A3). RCB classes refined the prognostic utility of yp-stage II and yp-stage III, adding information to this standard assessment (Fig 1), and suggesting that both RCB

and yp-stage (yp-T and yp-N) should be recorded with residual disease.

The main limitations of this study can be summarized as follows: generalizability of our results from a single institutional experience, or from our inclusion of the original RCB development cohort (T/FAC-1)⁷ in the overall analysis of phenotypic subsets; lack of comparability between RCB and systems that add pretreatment information (eg, Neo-Bioscore); and insufficient sample size to detect modest differences in prognosis between classes of RCB within each phenotypic subset, or within low-risk subsets (eg, within yp-stage I or comparing pCR with RCB-I).

Two groups have reported strong concordance of RCB index measurements and related prognoses between different pathologists who independently learned this method from published and Web-based teaching materials,^{15,16} and independent pathologists evaluated the T/FAC-3 cohort in this study. Also, the long-term prognostic performance of RCB was similar in all treatment cohorts (Appendix Figs A1-A3) without statistical difference attributable to the original development cohort (T/FAC-1).⁷ Others have reported that RCB was prognostic in their hands.¹⁷⁻²⁰ Thus RCB methodology seems to be reproducible and generalizable, according to institutional cohort studies, although results from multicenter trials are still pending. Note that educational videos on the RCB Web site illustrate how the method can standardize and focus the specimen evaluation, decrease the number of tissue blocks, and support efficient correlation of macroscopic and microscopic findings, and accurate assessment of pCR versus residual disease, RCB, and yp-stage.^{2,8,9}

RCB does not incorporate additional pretreatment information, unlike the CPS+EG system (c-stage and yp-stage, estrogen receptor, and histologic grade). Also, Neo-Bioscore is a modification of CPS+EG (to add HER2 status)²¹ that is generally prognostic in breast cancer,²² and could augment ypstage as a prognostic tool for breast cancer in general and in the HR-positive/HER2-negative subset.²³ However, RCB was prognostic within each phenotypic subset, wherein different treatments are becoming the norm. Indeed, future improvements to RCB could be phenotype specific, including rebalanced RCB index and cut points, and judicious combination with pretreatment and biomarker information.¹⁹

In TNBC, response to adjuvant chemotherapy was the most important determinant of survival. Approximately half of the TNBC population achieved pCR or RCB-I, with good prognoses, although this study lacks statistical power to determine whether the prognosis of RCB-I is similar to pCR. On the other hand, prognoses were inferior for RCB-II and RCB-III (Fig 2A).

In HR-positive/HER2-negative breast cancer, pathologic response to chemotherapy (RCB index) was prognostic, seemingly similar to other phenotypic subtypes (Table 2). So although dichotomous distinction between pCR and residual disease seems to be a suboptimal prognostic surrogate for HR-positive/HER2-negative cancers,^{1,24} the extent of RCB was significantly prognostic (Fig 2B). Furthermore, the residual hazard for patients with RCB-II and RCB-III was still elevated a decade later (Fig 3B); thus insufficient chemotherapy response might have long-term prognostic consequences for these patients (despite adjuvant endocrine therapy). The group with RCB-II poses an important challenge for improved prognostic stratification, because they comprised approximately 60% of HR-positive/HER2-negative cancers and had estimated RFS of 74% at 10 years (Table 3). Residual HR-positive/ HER2-negative disease had a bimodal distribution of RCB (Fig 2B), strongly influenced by yp-N status (Appendix Fig A5C). Nevertheless, RCB was prognostic if node positive (yp-N > 0; Appendix Fig A6A). But although the threshold of 2.25 was also prognostic in patients with RCB-II, this difference was not clinically meaningful (Appendix Fig A6B).

More effective chemotherapy treatment can improve survival in HR-positive/HER2-negative disease, even when the rate of pCR is unchanged.^{25,26} Also, a lesser burden of residual disease seems to synergize with likely benefit from adjuvant endocrine therapy.²⁷ Thus the distribution of RCB index might be informative within randomized clinical trials. Nevertheless, for patients with HRpositive/HER2-negative disease and RCB-II, there seems to be a complex prognostic relationship involving (at least) the disease burden at diagnosis, innate biology, sensitivity to chemotherapy, and sensitivity to adjuvant endocrine therapy.¹⁹ Understanding this complexity could lead to cures for more patients who present with c-stages II to III disease.

In HER2-positive disease, RCB index was prognostic after chemotherapy alone, and when combined with trastuzumab. There was outstanding 10-year prognosis for pCR in the H+T/FEC cohort, raising speculation of outright cure from the sequence of trastuzumab with chemotherapy, postoperative trastuzumab, and possibly immunologic surveillance. This supports pCR as an important surrogate end point for chemotherapy trials in HER2positive cancer, even though our result in HR-positive/HER2positive cancer differs from a previous report.²⁴ RCB-I in HRpositive/HER2-positive cancers had prognoses that seemed to be inferior to pCR and similar to RCB-II, but sample size was limited.²⁸ In HR-negative/HER2-positive cancer, there were too few patients with RCB-I or RCB-II to interpret, but we anticipate that larger clinical trials will provide further insight.

Pathologic response in lymph nodes is strongly prognostic,²⁹ supporting use of sentinel lymph-node biopsy (SLNB) after neoadjuvant treatment. We excluded patients with excision of a positive node before treatment, and SLNB after treatment was performed if cN-negative, versus axillary dissection if cNpositive (ultrasound and/or biopsy), before treatment. In the American College of Surgeons Oncology Group (ACOSOG) Z1071 trial, the false-negative rate of post-treatment SLNB was 12.6% in patients with documented nodal metastasis before treatment.³⁰ But additional radiologic localization of proven nodal metastasis improves targeting, with a reported falsenegative rate < 2%, to enable accurate assessment of RCB and yp-N stage.^{30,31}

Overall, findings from our retrospective institutional cohorts support the notion that pathologic response to neoadjuvant chemotherapy is prognostic in all phenotypic subsets of breast cancer. Evaluation of RCB index and class could be useful because it appears to provide relevant, long-term prognostic data, which add meaningful information to pretreatment clinical and pathologic information and post-treatment yp-stage. Our findings should be externally validated. AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

Disclosures provided by the authors are available with this article at jco.org.

AUTHOR CONTRIBUTIONS

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AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

Long-Term Prognostic Risk After Neoadjuvant Chemotherapy Associated With Residual Cancer Burden and Breast Cancer Subtype

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Appendix



Fig A1. Kaplan-Meier plots of relapse-free survival for residual cancer burden (RCB) categories in four cohorts who received neoadjuvant chemotherapy: (A) paclitaxel (T) followed by fluorouracil, doxorubicin, and cyclophosphamide (T/FAC) treatment in the original development cohort for RCB⁷ (T/FAC cohort 1, n = 219); (B) T/FAC cohort 2 (validation cohort; n = 262); (C) T/FAC cohort 3 (independent validation cohort [other pathologists]; n = 342); and (D) fluorouracil, doxorubicin, and cyclophosphamide (FAC) treatment in the original development cohort (cohort 1, Table 1) was included in these analyses. Response categories are shown as pathologic complete response (pCR; blue), RCB-I (gold), RCB-II (gray), and RCB-III (red). The length of each x-axis is proportional to the duration of follow-up of survivors, truncated when < 10% of the smallest group remained at risk.



Fig A2. Distant relapse-free survival according to residual cancer burden (RCB) categories for phenotypic subsets of breast cancer after paclitaxel (T) followed by fluorouracil, doxorubicin, and cyclophosphamide (T/FAC) chemotherapy: (A) triple-negative breast cancer; (B) HR-positive/HER2-negative; (C) HER2-positive breast cancer treated with T/FAC chemotherapy; and (D) HER2-positive breast cancer treated with HER2-targeted therapy (trastuzumab) plus sequential paclitaxel and fluorouracil, epirubicin, and cyclophosphamide (T/FEC) chemotherapy. Note that the original development cohort (cohort 1, Table 1) was included in these analyses. Response categories are shown as pathologic complete response (pCR; blue), RCB-I (gold), RCB-II (gray), and RCB-III (red). The length of each x-axis is proportional to the duration of follow-up of survivors, truncated when < 10% of the smallest group remained at risk. HR, hormone receptors; HER2, human epidermal growth factor receptor 2.



Fig A3. Overall survival according to residual cancer burden (RCB) categories for phenotypic subsets of breast cancer after paclitaxel (T) followed by fluorouracil, doxorubicin, and cyclophosphamide (T/FAC) chemotherapy: (A) triple-negative breast cancer; (B) HR-positive/HER2-negative; (C) HER2-positive breast cancer treated with T/FAC chemotherapy; and (D) HER2-positive breast cancer treated with HER2-targeted therapy (trastuzumab) plus sequential paclitaxel and fluorouracil, epirubicin, and cyclophosphamide (T/FEC) chemotherapy. Note that the original development cohort (cohort 1, Table 1) was included in these analyses. Response categories are shown as pathologic complete response (pCR; blue), RCB-I (gold), RCB-II (gray), and RCB-III (red). The length of each x-axis is proportional to the duration of follow-up of survivors, truncated when < 10% of the smallest group remained at risk. HR, hormone receptors; HER2, human epidermal growth factor receptor 2.



Fig A4. Relapse-free survival for patients who achieved pathologic complete response from any neoadjuvant treatment (across all five cohorts) to illustrate whether the first relapse was distant to the brain (blue arrow) or other site (gold arrow), local relapse (gray circle), new primary (red circle), the result of a second type of cancer (blue circle), or death unrelated to cancer (dark gold circle). Symbols above the survival curve indicate events in patients who died. Symbols below the survival curve indicate events that did not lead to death during subsequent follow-up. Four relapse events were to the brain (a chemotherapy sanctuary site that is not surveyed during staging work-up) and were from triple-negative breast cancer (TNBC; 3 events) or human epidermal growth factor receptor 2–positive (HER2+) cancer after paclitaxel (T) followed by fluorouracil, doxorubicin, and cyclophosphamide (T/FAC) chemotherapy. The table lists the subtype of cancer and the surgical and pathology methods for the patients whose subsequent relapse could potentially relate to the adequacy of pathologic evaluation. There is no clear pattern among those who relapsed and whether pathologic sampling was from a total or partial mastectomy or absence of a metal clip that was radiographed in the specimen to identify the primary tumor bed. DOD, dead of disease; HER2–, HER2–negative; HR+, hormone receptor–positive; H+T/FEC, trastuzumab plus sequential paclitaxel and fluorouracil, epirubicin, and cyclophosphamide; ipsilat, ipsilateral; LN, lymph node; M, mastectomy; MBC, metastatic breast cancer; NA, information not available; NED, no evidence of disease; TTP, time to progression; WD, with disease. (*) Adjacent to scar from previous partial mastectomy; (1) a pretreatment computed tomography scan showed an indeterminate abnormality not conclusive for malignancy; (4) surgery was performed in another center and details from surgical pathology were not available from the health record.



Fig A5. Histograms of the distribution of residual cancer burden (RCB) index in the patients who had residual disease (not pathologic complete response) at surgery immediately following neoadjuvant taxane-anthracycline chemotherapy (excluding those patients whose disease progressed), according to phenotype of disease defined as triple-negative breast cancer (TNBC; A and B), HR-positive/HER2-negative (HR+/HER2; C and D), or human epidermal growth factor receptor 2–positive (HER2+) who did not (E and F) or did (G and H) also receive neoadjuvant trastuzumab. Panels A, C, E, and G show the distributions of RCB in all patients and in the subsets with pathologic node–negative (ypN-) or pathologic node–positive (ypN+) status. Panels B, D, F, and H show the distributions of RCB in patients defined by pathologic tumor stage (ypT1, ypT2, ypT3). H+T/FEC, trastuzumab plus sequential paclitaxel and fluorouracil, epirubicin, and cyclophosphamide; T/FAC, paclitaxel followed by fluorouracil, doxorubicin, and cyclophosphamide. HR, hormone receptors; HER2, human epidermal growth factor receptor 2.



Fig A5. (Continued).



Fig A6. Relapse-free survival for the subsets of patients with HR-positive/HER2-negative cancer according to residual cancer burden (RCB) after neoadjuvant paclitaxel (T) followed by fluorouracil, doxorubicin, and cyclophosphamide (T/FAC) chemotherapy: (A) comparison of RCB classes in patients who had at least one involved regional lymph node (ypN \ge 1); and (B) comparison of RCB index value > 2.25 versus \le 2.25 (the trough in the bimodal distribution of RCB in Figure 2B) only in those patients who had RCB-II. HR, hormone receptors; HER2, human epidermal growth factor receptor 2.

			Tal	ole A1. Flowd	chart of Speci	mens Evalua	ated in Each (Cohort		
Co Develop	hort 1. ment T/FAC	Coh Validatio	ort 2. on T/FAC	Coh Validatio	ort 3. on T/FAC	Coh Validat	ort 4. ion FAC	Cohort S Targeted	5. HER2- H+T/FEC	
No.	Excl.	No.	Excl.	No.	Excl.	No.	Excl.	No.	Excl.	Reason for Exclusion*
241		322		358		141		253		
	1		19		—		_		23	Duplicate data record
240		303		358		141		230		
	18		13		14		7		11	Diagnostic surgery
222		290		344		134		219		
	1		5		—		—		2	Previous invasive cancer
221		285		344		134		217		
	_		10		_		_		11	Inflammatory cancer
221		275		344		134		206		
	1		3		1		2		2	Stage IV
220		272		343		132		204		
	—		—		1		_		1	Incomplete treatment
220		272		342		132		203		
	1		10		—		—		—	Adjuvant trastuzumab
219		262		342		132		203		Total

Abbreviations: Excl., exclusion; FAC, fluorouracil, doxorubicin, and cyclophosphamide; H+T/FEC, trastuzumab plus sequential paclitaxel and fluorouracil, epirubicin, and cyclophosphamide; T/FAC, paclitaxel followed by fluorouracil, doxorubicin, and cyclophosphamide.

*The reasons for exclusion were the result of duplicate data records in the research database; diagnostic surgery that excised primary tumor (eg, incisional biopsy) or a regional nodal metastasis (eg, nodal biopsy or dissection) before neoadjuvant chemotherapy; history of invasive cancer of the breast; diagnosis of inflammatory carcinoma of the breast; identification of systemic metastasis at the time of diagnosis, staging, or during the neoadjuvant treatment; abandonment of the intended treatment regimen before it was completed; or treatment with postoperative adjuvant human epidermal growth factor receptor 2-targeted therapy after neoadjuvant treatment that included only chemotherapy without human epidermal growth factor receptor 2-targeted therapy.

Long-Term Prognosis of Residual Cancer Burden in Breast Cancer

Table A2. Progno	ostic Performance of Residu	ual Cancer Burden: Two Cohorts	s Without Proportional Hazards	
		RFS	Distant RFS	Overall Survival
Cohort	Risk Period, Years	Hazard Ratio (95% CI)	Hazard Ratio (95% CI)	Hazard Ratio (95% CI)
T/FAC-1, n = 219	≤ 1.25 > 1.25	5.93 (2.12 to 16.6) 1.96 (1.55 to 2.49)	5.84 (2.09 to 16.30) 1.96 (1.53 to 2.51)	1.80 (1.27 to 2.54) 1.79 (1.38 to 2.33)
Combined T/FAC-1 to T/FAC-3, $n = 823$	≤ 1.25 > 1.25	3.27 (2.68 to 3.99) 1.55 (1.37 to 1.74)	2.15 (1.89 to 2.44) 1.59 (1.19 to 2.12)	1.99 (1.75 to 2.26) 1.53 (1.34 to 1.76)

Abbreviations: RFS, relapse-free survival; T/FAC, paclitaxel followed by fluorouracil, doxorubicin, and cyclophosphamide. NOTE. Two cohorts showed significant nonproportionality of hazards over time, hence violating one of the assumptions of the Cox regression model (Table 2). There was significant time dependence of the residual cancer burden (RCB) effect in these cohorts, such that accounting for early risk versus not (defined relative to 1.25 years) removed the nonproportionality of hazard functions for RCB for the overall model, as assessed by the diagnostic test of Grambsch et al, an adjusted Cox regression model, in which an interaction term (RCB × early vlate relapse indicator) was added and was then applied to estimate separately the hazard ratio for early relapse and for other times.3

	Table A3. Multivariable Co	x Models With Residual Cancer Burder	n and yp-Stage In Residual Disease	
Model	Variable	Description	Hazard Ratio (95% CI)	Р
1	RCB	Continuous	1.46 (1.23 to 1.73)	< .01
	yp-Stages I-III	Ordinal (linear)	2.04 (0.79 to 5.26)	.14
2	RCB	Continuous	1.92 (1.54 to 2.39)	< .01
	yp-T 1-4	Ordinal (linear)	0.59 (0.34 to 1.02)	.06
	yp-N 1-3	Ordinal (linear)	1.32 (0.88 to 1.99)	.18
3	RCB I-III	Ordinal (linear)	3.11 (1.11 to 8.73)	.03
	yp-Stages I-III	Ordinal (linear)	3.01 (1.25 to 7.25)	.01
4	RCB I-III	Ordinal (linear)	4.39 (1.52 to 12.67)	< .01
	yp-T 1-4	Ordinal (linear)	1.03 (0.63 to 1.66)	.91
	yp-N 1-3	Ordinal (linear)	2.25 (1.64 to 3.10)	< .01

Abbreviation: RCB, residual cancer burden. NOTE. Classes of RCB and stage of residual disease (n = 895) were coded as ordinal using a linear scale, eg, yp-stages I, II, and III. RCB was coded as the continuous RCB index (models 1 and 2) or as RCB classes (RCB-I, RCB-II, and RCB-III; models 3 and 4). The yp-stage category (models 1 and 3) and its components of yp-T and yp-N stages (models 2 and 4) were both analyzed.