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Reliability, Validity, and Feasibility of a Computer-Based Geriatric Assessment for Older Adults With Cancer

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QUESTION ASKED: Does a computer-based approach for collecting geriatric assessment information provide a practical and efficient means of obtaining reliable and reproducible data from older adults with cancer?

SUMMARY ANSWER: Computer-based geriatric assessment provides a feasible, reliable, and valid approach in older adults with cancer.

WHAT WE DID: Older patients (≥ 65 years) with cancer were randomly assigned to one of four treatment arms to compare the feasibility, reliability, and validity of two computer-based platforms for geriatric assessment with traditional paper-and-pencil data capture.

WHAT WE FOUND: Completion times were similar for computer-based and paper-and-pencil assessments (Fig), and data gathered via computer-based assessment showed high test-retest reliability as well as internal consistency.

BIAS, CONFOUNDING FACTOR(S), REAL-LIFE IMPLICATIONS: Many of the patients in our study were white, non-Hispanic, and college-educated older adults. This patient population may be more comfortable using computer technologies than other demographic groups; thus our results may not be generalizable to other segments of the patient population. Older patients with cancer are at increased risk for treatment toxicity. Geriatric assessment captures a range of physiological and psychological metrics that predict toxicity and survival, and thus have high utility in guiding interventions. In the current study, we found that computer-based geriatric assessment provides an efficient method for acquiring reliable and valid data. Adoption of computer-based geriatric assessment into oncology practice thus can provide a cost- and time-efficient approach for acquiring high-value data to be used in formulating treatment decisions for older adults with cancer. [JOP](#)

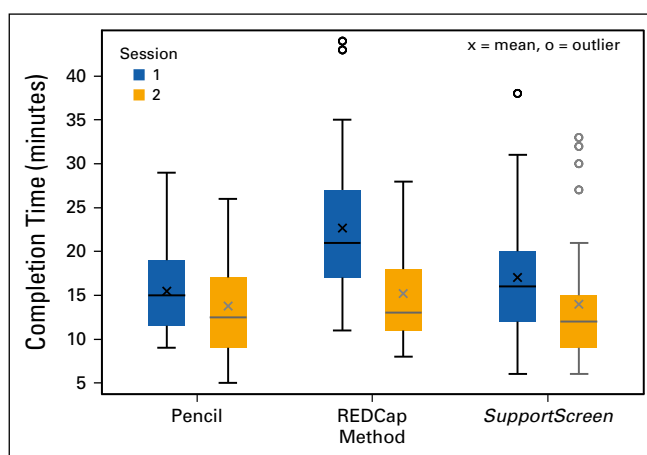


FIG. Distributions of completion time for geriatric assessments by method and session.



DOI: [10.1200/JOP.2016.013136](https://doi.org/10.1200/JOP.2016.013136);
published online ahead of print at
jop.ascopubs.org on September 13,
2016.

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Abstract

Purpose

The goal of this study was to evaluate the feasibility, reliability, and validity of a computer-based geriatric assessment via two methods of electronic data capture (*SupportScreen* and REDCap) compared with paper-and-pencil data capture among older adults with cancer.

Methods

Eligible patients were ≥ 65 years old, had a cancer diagnosis, and were fluent in English. Patients were randomly assigned to one of four arms, in which they completed the geriatric assessment twice: (1) REDCap and paper and pencil in sessions 1 and 2; (2) REDCap in both sessions; (3) *SupportScreen* and paper and pencil in sessions 1 and 2; and (4) *SupportScreen* in both sessions. The feasibility, reliability, and validity of the computer-based geriatric assessment compared with paper and pencil were evaluated.

Results

The median age of participants ($N = 100$) was 71 years (range, 65 to 91 years) and the diagnosis was solid tumor (82%) or hematologic malignancy (18%). For session 1, REDCap took significantly longer to complete than paper and pencil (median, 21 minutes [range, 11 to 44 minutes] v median, 15 minutes [range, 9 to 29 minutes], $P < .01$) or *SupportScreen* (median, 16 minutes [range, 6 to 38 minutes], $P < .01$). There were no significant differences in completion times between *SupportScreen* and paper and pencil ($P = .50$). The computer-based geriatric assessment was feasible. Few participants (8%) needed help with completing the geriatric assessment (REDCap, $n = 7$ and *SupportScreen*, $n = 1$), 89% reported that the length was “just right,” and 67% preferred the computer-based geriatric assessment to paper and pencil. Test-retest reliability was high (Spearman correlation coefficient ≥ 0.79) for all scales except for social activity. Validity among similar scales was demonstrated.

Conclusion

Delivering a computer-based geriatric assessment is feasible, reliable, and valid. *SupportScreen* methodology is preferred to REDCap.

ASSOCIATED CONTENT



Appendix DOI: [10.1200/JOP.2016.013136](https://doi.org/10.1200/JOP.2016.013136)



DOI: [10.1200/JOP.2016.013136](https://doi.org/10.1200/JOP.2016.013136); published online ahead of print at jop.ascopubs.org on September 13, 2016.

INTRODUCTION

Older adults are at increased risk for developing cancer. They are also at increased risk for experiencing treatment toxicity. A key determinant in evaluating whether an older adult can tolerate cancer treatment is understanding their functional versus chronological age, which can be captured through a geriatric assessment.¹ This assessment captures information regarding an individual's function, comorbidity, cognition, nutrition, psychological state, and social support. Studies have demonstrated the benefits of this assessment in predicting cancer treatment toxicity and survival, as well as identifying areas of vulnerability to guide interventions.² However, the integration of a geriatric assessment into oncology clinics has been limited by perceptions of the amount of time and resources needed to complete the assessment.

To address these concerns, a brief geriatric assessment for older patients with cancer was developed by the Alliance (formerly Cancer and Leukemia Group B).³ This geriatric assessment is completed by the patient using paper and pencil. Previous studies have demonstrated that the majority of older adults with cancer receiving standard-of-care treatment⁴ or enrolled in a cooperative group clinical trial³ can complete the patient portion of the geriatric assessment on their own. However, the manual scoring and data entry of patient responses are time consuming and have inherent potential for errors. Because the goal of a geriatric assessment is to help health care providers improve management of older adults with cancer in real time, a more user-friendly, accurate, and efficient method of obtaining a geriatric assessment is needed.

A computer-based survey platform has the potential to resolve many of the limitations in a paper-and-pencil survey; however, it is not clear whether a computer-based geriatric assessment is feasible, or whether the results would be reliable and valid. The goal of this study was to evaluate the feasibility, reliability, and validity of delivering the computer-based geriatric assessment via two methods of electronic data capture (*SupportScreen* and REDCap) compared with paper-and-pencil data capture among patients with cancer who are ≥ 65 years old.

METHODS

Eligibility Criteria

Patients were recruited from the outpatient medical oncology and hematology practices at the City of Hope Comprehensive Cancer Center and were eligible to participate if they were ≥ 65

years old, had a cancer diagnosis, and were fluent in English (because many of the geriatric assessment measures are not validated in other languages). Patients of any performance status could enroll in this study; however, patients with significant visual or auditory impairments precluding the ability to read the questions or to hear the instructions were ineligible. This study was approved by the City of Hope Institutional Review Board. All patients were required to provide informed consent to participate.

Electronic Data Capture: *SupportScreen* and REDCap

The geriatric assessment was given on an iPad using touch-screen technology via a Web browser. The content of the browser was the geriatric assessment hosted and executed on either the *SupportScreen* or REDCap platforms. The *SupportScreen* platform was developed by researchers and information technology specialists at City of Hope to identify the biopsychosocial needs of patients.^{5,6} *SupportScreen* is run on a Juniper ISG2000 firewall's virtual Web server, which has a dedicated SQL Server 2005 database to ensure the confidentiality of all collected data. REDCap is a Web-based program developed by Vanderbilt University. Conventionally, REDCap is primarily used for collection of research data that is entered by a trained research assistant.⁷ The advantage of using this particular platform is that REDCap is a secure method that can be used across several different sites, enabling multicenter data capture.

Geriatric Assessment Tool

A full description of the geriatric assessment (Appendix Table A1 [online only]), as well as the reliability and validity of the tools included within the assessment, have been reported in prior publications.^{3,4,8}

The geriatric assessment consists of a portion completed by the patient, as well as a brief portion completed by the provider. This study focused on the feasibility of using computer methodology for the patient portion of the assessment.

A Blessed Orientation-Memory-Concentration (BOMC) test (one of the measures included in the provider portion of the geriatric assessment) was performed to determine if the patient had possible cognitive impairment (score ≥ 11 on the BOMC). If the patient met the threshold for potential cognitive impairment on the basis of the BOMC, the patient's primary oncologist was notified so that further workup and evaluation could be performed as deemed clinically necessary. The patient continued to participate in the study procedures

because their treating physician deemed that they had the capacity to consent and participate.

Study Procedure

A computer-generated randomization list assigned patients to one of the four arms: (1) REDCap and paper and pencil in sessions 1 and 2 in random order; (2) REDCap in both sessions 1 and 2; (3) *SupportScreen* and paper and pencil in sessions 1 and 2 in random order; and (4) *SupportScreen* in both sessions 1 and 2.

In all arms, before initiation of session 1, patients were given a brief introduction by a trained research assistant on how to use the iPad and how to answer the geriatric assessment questions. The research assistant helped patients who had technical difficulties and noted the reasons for requiring assistance. The administration of sessions 1 and 2 was separated by 30 minutes to keep the survey administration consistent.

At the end of each session, patients were asked to rate how easy it was to use the computer survey (very easy, easy, difficult, or very difficult) and to specify their preferred survey method (computer *v* paper), when applicable. They were also asked to provide feedback about questions that were difficult to understand or perceived to be missing from the survey; their perception of the survey length (too long, too short, or just right); and whether any of the questions were upsetting. Patients were asked about their computer skill level (none, beginner, intermediate, or advanced).

Patient sociodemographic information was captured including age, sex, race, ethnicity, marital status, education, employment status, income, preferred language, and who they lived with. A chart review was performed to capture the patient's cancer type, stage, and prior treatment (surgery, radiation, and/or systemic therapy).

Statistical Analysis

The feasibility of the computer-based geriatric assessment via *SupportScreen* or REDCap was evaluated by the following factors: length of time to complete the assessment; the patient's ability to complete the assessment without assistance; number of questions missed or selected as "preferred not to answer" or "I don't know"; the patient's perception of how long it took to complete the assessment; and the ease of using the computer methodology.

Test-retest reliability was analyzed using Spearman correlation coefficients. Internal consistency of geriatric assessment measures was analyzed using Cronbach alpha coefficient.

Spearman correlation coefficients among similar scales were assessed to determine scale validity.

For all analyses, summary statistics including frequencies and percentages were used for categorical data and median values with interquartile ranges were used for continuous data. Differences among randomization arms were evaluated using χ^2 tests (categorical data) and Kruskal-Wallis tests (continuous data). Differences by survey methods, computer skill, and possible cognitive impairment were tested using Wilcoxon signed rank test. Changes in time to complete the first and second surveys were verified as normally distributed through Shapiro-Wilk test for normality and analyzed using paired *t* tests. Bonferroni adjustments for multiple comparisons were made when evaluating statistical significance of *P* values. Analyses were performed using SAS version 9.4.

RESULTS

Patient Demographic Data and Geriatric Assessment Results

As shown in Appendix Table A1, participants had a median age of 71 years (range, 65 to 91 years) and had either a solid tumor (82%) or hematologic malignancy (18%). The majority of patients had stage IV disease (63%), were non-Hispanic white (79%), were married (61%), preferred to speak English (98%), and had at least some college education (79%). The need for assistance with Instrumental Activities of Daily Living (IADL) was reported by 44% of patients. The study population had a median of three comorbid medical conditions and took a median of six medications per day. Unintentional weight loss in the past 6 months was reported by 28% of patients and 11% had a BOMC score ≥ 11 (indicating possible cognitive impairment). There were no statistically significant differences among treatment arms for any of the baseline characteristics examined (Table 1).

Feasibility

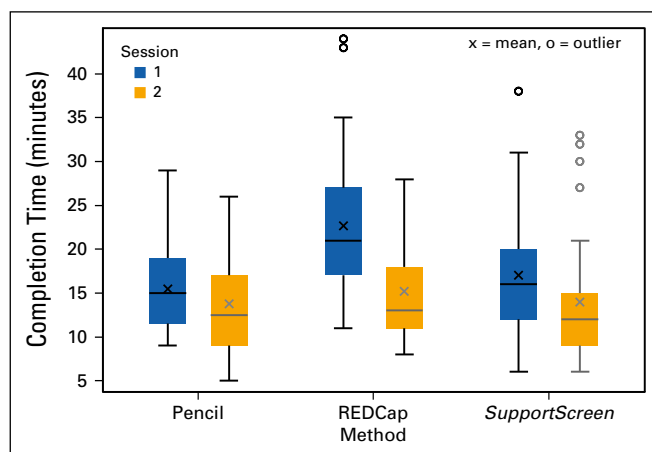
Completion time

Distributions of completion time for the geriatric assessment by method and session are shown in Fig 1. For session 1, there were no significant differences in completion times between *SupportScreen* methodology and paper and pencil ($P = .50$); however, REDCap took significantly longer to complete than paper and pencil (median, 21 minutes [range, 11 to 44 minutes] *v* median, 15 minutes [range, 9 to 29 minutes], $P < .01$) or *SupportScreen* (median, 16 minutes [range, 6 to 38 minutes],

Table 1. Baseline Characteristics of Study Cohort (N = 100)

Variable	No. (%)
Sociodemographic characteristic	
Median age in years (range)	71 (65-91)
Sex	
Male	49 (49)
Female	51 (51)
Race/ethnicity	
Asian	6 (6)
Black	5 (5)
Hispanic white	10 (10)
Non-Hispanic white	79 (79)
Marital status	
Married	61 (61)
Widowed	20 (20)
Single/divorced/separated	19 (19)
Lives with:	
Spouse only	56 (56)
Alone	21 (21)
Adult children only	10 (10)
Other or multiple family members	13 (13)
Preferred speaking language	
English	98 (98)
Other	2 (2)
Education	
Grades 1-8	2 (2)
High school graduate	19 (19)
Some college/junior college degree/college degree	53 (53)
Some postcollege work/advanced degree	26 (26)
Employment	
Not currently working	90 (90)
Employed	10 (10)
Annual household income, \$	
< 40,000	26 (26)
40,000-100,000	45 (45)
> 100,000	27 (27)
Missing data	2 (2)
Clinical characteristic	
Cancer type	
Breast	21 (21)
GI/colorectal	18 (18)
Genitourinary	20 (20)
Lung	22 (22)
Hematologic malignancy	18 (18)
Unknown primary (neuroendocrine)	1 (1)
TNM stage	
0-III	19 (19)
IV	63 (63)
Not applicable (hematologic malignancy)	18 (18)

$P < .01$). For session 2, there were no statistically significant differences in completion times among REDCap, *SupportScreen*, or paper and pencil ($P = .32$). Overall, the time

**FIG 1.** Distributions of completion time for geriatric assessments by method and session.

to completion from session 1 to session 2 improved by an average of -4.4 minutes (standard deviation [SD] = 6.8, $P < .01$).

Patients characterized their level of computer skill. Fifty-seven percent of patients reported that they had intermediate or advanced computer skills and 43% reported that they had beginner level or no computer skills. There were differences in completion time on the basis of computer skill for REDCap, but not for *SupportScreen*. For REDCap, patients with no or beginner computer skills were significantly slower than those with intermediate or advanced computer skills in both the first session (median, 24 minutes [range, 11 to 44 minutes] ν median, 20 minutes [range, 11 to 32 minutes], $P = .05$) and the second session (median, 18 minutes [range, 9 to 28 minutes] ν median, 12 minutes [range, 8 to 28 minutes], $P < .01$). Patients with possible cognitive impairment (BOMC ≥ 11) took longer to complete the first session (median, 24 minutes [range, 9 to 32 minutes]) compared with the remainder of the cohort (median, 17 minutes [range, 6 to 44 minutes]), $P = .06$; however, there was no significant difference in time to complete the second session.

Need for assistance

Only eight participants (8%, REDCap [n = 7] and *SupportScreen* [n = 1]) needed help with completing the geriatric assessment. None of these eight patients had possible cognitive impairment on the basis of the BOMC test.

Missing items

Twelve participants (12%) did not complete items on the geriatric assessment; however, of these patients, only three

skipped the items completely (*SupportScreen* [n = 2], REDCap [n = 1]) and the remainder responded “Do not know” or “Do not want to answer.”

Patients’ perceptions of the assessment length

Most patients (89%) believed that the length was “just right.” One patient (1%) thought that the assessment was too short. Ten patients (10%) considered that the assessment took too long.

Perception of ease

Seven patients (7%) reported that they found the assessment difficult. Among the seven patients who reported difficulty, five did so in the first session (paper and pencil [n = 2], REDCap [n = 2], and *SupportScreen* [n = 1]). All of these patients changed their response to “easy” or “very easy” in the second session. The majority of patients reported in both sessions that they preferred taking a computer version (66 of 98, 67%).

Reliability and Validity

The reliability and validity of the following measures in the geriatric assessment were evaluated: Activities of Daily Living (ADL; a subscale of Medical Outcomes Survey [MOS] Physical Health); IADL; MOS Social Support: emotional and tangible subscales; MOS Social Activity Limitations Measure; and Mental Health Inventory (MHI-17). Although the intrascale reliability has been established elsewhere, we confirmed the reliability in the context of the geriatric assessment.³ Alpha coefficient values for the five scales are listed in [Table 2](#). All reliability coefficients are > 0.7.

The test-retest reliability for the entire cohort and by study arm demonstrated positive Spearman correlations (≥ 0.65) for all of the scales except for the MOS Social Activity Limitations Measure (ranging from 0.47 to 0.63).

The validity of the geriatric assessment was evaluated for the overall cohort and by study arm ([Table 3](#)). The correlation between the IADL and ADL scores was strong overall (0.61) and > 0.54 in all arms except for those patients who took *SupportScreen* twice. The patient’s assessment of Karnofsky performance status (KPS) correlated weakly with the IADL score (0.47) and with the patient’s social activity level (0.45). The MOS Social Activity score was weakly correlated with the ADL score (0.43) and IADL score (0.28).

DISCUSSION

This study demonstrates that delivering a computer-based geriatric assessment is feasible, reliable, and valid. There were no significant differences in completion times between the paper-and-pencil and *SupportScreen* methodologies; however, REDCap took significantly longer than either of the other two methods. The time to completion decreased for session 2 in all arms, suggesting some practice effect. Feasibility was further demonstrated by only a small proportion of patients who needed help with the computer-based geriatric assessment (8%), skipped items completely (3%), or reported that they found the assessment difficult (7%). Furthermore, the majority of patients (67%) reported that they preferred the computer version to paper and pencil.

When we compared these results to prior research that evaluated the feasibility of the paper-and-pencil geriatric assessment, we found similar results for the patient time to completion. In particular, the median time to completion of the paper-and-pencil version in this study was 15 minutes (range, 9 to 29 minutes) compared with a median time of 15 minutes (range, 3 to 45 minutes) in a prior study of older adults enrolled in cooperative group trials.³ The results for *SupportScreen* are not significantly different (median, 16 minutes [range, 6 to 38 minutes]), although REDCap took longer. These findings are not surprising because *SupportScreen* was developed as an interface to be completed by patients. In contrast, REDCap is configured as a research database with more limitations in the ability to modify the layout of the questions and response buttons. The main advantage of REDCap is the secure interface across institutions, which would facilitate data entry in a multi-institutional setting.

In contrast to the findings from this study, McCleary et al⁹ tested a touchscreen methodology using a similar geriatric assessment (with minor modifications) and found a longer time to completion (mean, 23 minutes). Furthermore, almost half of patients required assistance. The most common reason for needing assistance was a lack of computer familiarity. In contrast, only 8% of the patients enrolled in our study required assistance with completion of the geriatric assessment (beyond the brief explanation that was provided by the research assistant), despite 43.9% of patients reporting that they had beginner level or no computer skills. Potential etiologies for these variances could be differences in the patient populations, computer platforms, or explanations provided to the patient on how to use the computer methodology. These findings

Table 2. Geriatric Assessment Item Reliability

Scale	Raw Cronbach Alpha	Standardized Cronbach Alpha	Test–Retest Reliability Spearman Rank Correlation Coefficient				
	All Surveys (N = 200)	All Surveys (N = 200)	All Participants (N = 100)	Paper and Pencil and REDCap (n = 25)	Paper and Pencil and SupportScreen (n = 25)	REDCap (× 2) (n = 25)	SupportScreen (× 2) (n = 25)
IADL	0.79	0.81	0.87	0.95	0.67	0.88	0.94
ADL	0.92	0.91	0.92	0.96	0.78	0.91	0.98
KPS*	—	—	0.82	0.79	0.90	0.88	0.79
MHI	0.91	0.91	0.79	0.71	0.78	0.88	0.80
Social activity	0.78	0.80	0.55	0.47	0.47	0.61	0.63
Social support	0.94	0.95	0.86	0.76	0.76	0.98	0.94

Abbreviations: ADL, Activities of Daily Living (a subscale of Medical Outcomes Study Physical Health); IADL, Instrumental Activities of Daily Living (a subscale of Older American Resources and Services); KPS, Karnofsky performance status (patient rated); MHI, Mental Health Inventory; social activity, Medical Outcomes Study Social Activity Limitations Measure; social support, Medical Outcomes Study Social Support Survey: Emotional and Tangible subscales).

*KPS only has one question; thus Cronbach alpha does not apply.

highlight the need to understand the barriers to utilization of computer technology among varying patient populations.

Although there are concerns that older adults may lag in the adoption of new technologies, the few studies that have tested the feasibility of computer technology among older adults demonstrate that they are capable of completing computer-based assessments. A study of 81 community-dwelling individuals ≥ 85 years old evaluated a computer-based cognitive test versus a paper-and-pencil test. The octogenarians were less likely to rate the computerized cognitive tests as difficult, stressful, or unacceptable compared with the

paper-and-pencil tests.¹⁰ A study comparing community-dwelling adults 60 to 74 years old with adults 75 to 89 years old found that older adults are able to learn computer skills; however, the oldest adults needed more personalized teaching aids.¹¹

In a study by Loscalzo et al⁶ of touchscreen technology to obtain patient-reported psychosocial data, only 5.8% of adults ≥ 65 years old found the touchscreen survey to be “difficult” or “very difficult.” Similarly, Newell et al¹² used touchscreen technology in a cohort of patients of all ages with cancer (19% were ≥ 70 years old) to capture information

Table 3. Geriatric Assessment Scale Validity

Scale	Spearman Correlation				
	All Surveys (N = 200)	Paper and Pencil and REDCap (n = 50)	Paper and Pencil and SupportScreen (n = 50)	REDCap/REDCap (n = 50)	SupportScreen/SupportScreen (n = 50)
IADL with ADL	0.61	0.69	0.54	0.80	0.34
IADL with KPS	0.47	0.69	0.56	0.50	0.29
IADL with social activity	0.28	0.42	0.17	0.48	0.12
ADL with KPS	0.66	0.58	0.72	0.78	0.58
ADL with social activity	0.43	0.56	0.36	0.42	0.41
Social activity with KPS	0.45	0.60	0.13	0.31	0.51

Abbreviations: ADL, Activities of Daily Living (a subscale of Medical Outcomes Study Physical Health); IADL, Instrumental Activities of Daily Living (a subscale of Older American Resources and Services); KPS, Karnofsky performance status (patient rated); social activity, Medical Outcomes Study Social Activity Limitations Measure.

on demographic characteristics, cancer descriptors, adverse effects of treatment, levels of anxiety and depression, and perceived needs. More than 90% of the 229 patients rated the touchscreen survey as easy to complete (97%), enjoyable (96%), and not stressful (93%). Of the study participants, 19% stated that they needed “a lot of help to complete the survey” and 99% stated that they usually had enough time to do the survey while waiting to see the doctor.

The reliability and validity of the measures included in the geriatric assessment have been established in other studies.^{3,13} Our study confirms that all scales are internally consistent and nearly all, except for the MOS Social Activity Limitations Measure, are reliable by test–retest evaluation. The reason that the MOS Social Activity Limitations Measure test–retest correlation was lower is unknown, and further analyses of this scale will need to be conducted in future studies. The IADL score correlated with the ADL score, demonstrating validity because both of these scales focus on daily function. Interestingly, KPS correlated weakly with IADL score and with social activity, suggesting that these scales are measuring different aspects of daily performance. This could help explain the results of prior research demonstrating that KPS is a poor predictor of chemotherapy toxicity, whereas IADL items are predictors of risk.⁸

There are limitations to this research. First, our sample largely consisted of white, non-Hispanic, and college-educated patients. This patient population may already be comfortable and familiar using computers and understanding and answering survey items. Future studies of the feasibility of the computerized assessment in underserved populations and with non-native English speakers are needed. Second, patients were given brief instructions on how to use the computer methodology, but, despite these instructions, some patients still needed assistance completing the computer-based geriatric assessment. The need for available personnel for instruction and extra assistance must be considered, with subsequent plans for implementation.

Despite these limitations, this research also has a number of strengths. This study demonstrates that the majority of older adults are able to complete a computer-based geriatric assessment with minimal guidance, providing an additional means of obtaining these data in daily practice. Although this study was done among older adults with cancer, the questions are not disease specific and could potentially be valuable to the assessment of older adults with other medical conditions. A

computer-based geriatric assessment is available on the Cancer and Aging Research Group Web site (www.mycarg.org, the Geriatric Assessment Tools tab).

This research team is currently working on computer algorithms to summarize the information acquired in the geriatric assessment, with the objective of recommending interventions on the basis of the results. Ultimately, we hope that the geriatric assessment–driven interventions will improve the quality of care of older adults who are undergoing cancer therapy, by identifying areas of vulnerability as well as potential interventions to address them. **JOP**

Acknowledgment

This study was supported by R21 AG041489 (principal investigator, A.H.) and the City of Hope Excellence Award (principal investigator, A.H.).

Authors' Disclosures of Potential Conflicts of Interest

Disclosures provided by the authors are available with this article at jop.ascopubs.org.

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AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST**Reliability, Validity, and Feasibility of a Computer-Based Geriatric Assessment for Older Adults With Cancer**

The following represents disclosure information provided by authors of this manuscript. All relationships are considered compensated. Relationships are self-held unless noted. I = Immediate Family Member, Inst = My Institution. Relationships may not relate to the subject matter of this manuscript. For more information about ASCO's conflict of interest policy, please refer to www.asco.org/rwc or jop.ascopubs.org/site/misc/ffc.xhtml.

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Research Funding: GlaxoSmithKline (Inst), Celgene (Inst), Novartis (Inst)

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No relationship to disclose

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No relationship to disclose

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No relationship to disclose

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Patents, Royalties, Other Intellectual Property: *SupportScreen* (royalties from employer, City of Hope)

Travel, Accommodations, Expenses: Novartis

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Research Funding: Medivation

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Research Funding: Novartis (Inst)

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No relationship to disclose

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Consulting or Advisory Role: AbbVie, Bayer, GlaxoSmithKline, Pfizer

Research Funding: Novartis (Inst), Genentech (Inst), Ipsen (Inst), Bayer (Inst), Pfizer (Inst)

Travel, Accommodations, Expenses: GlaxoSmithKline, Bayer

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Appendix

Table A1. Geriatric Assessment^{3,4}: Description and Results

Domain With Measure	Description	Median	Interquartile Range	Range
Functional status				
Activities of Daily Living (a subscale of MOS Physical Health)*	Measures ability to complete activities required to maintain independence in the community (ie, meal preparation, shopping, making telephone calls, money management). A higher score indicates less need for assistance. (score range, 0-100; no. of items, 10)	70	45-90	5-100
Instrumental Activities of Daily Living (a subscale of OARS) ¹³	Measures limitations in a wide range of physical functions (from bathing and dressing to vigorous activities such as running). A higher score indicates a higher level of physical function. (score range, 0-14; no. of items, seven)	14	13-14	8-14
Karnofsky performance status (patient rated) †	Global indicator of patient function determined by patient self-report, ranging from normal to severely disabled. A higher score indicates a higher level of physical function. (score range, 30-100; no. of items, one)	90	80-100	40-100
Number of falls in last 6 months	Number of times patient has fallen in last 6 months (no. of items, one)	0	0-1	0-5
MOS Social Activity Limitations Measure*	Measures ability to participate in social activities and degree to which health status limits normal social activities. A higher score indicates a better level of social activity. (score range, 0-100; no. of items, four)	50	38-56	19-81
Comorbid medical conditions				
Physical health section (a subscale of the OARS) ¹³	Presence of comorbid illnesses. The score is the sum of the present comorbid conditions. (score range, 0-13; no. of items, 13)	3	1-4	0-9
Psychological state				
Mental Health Inventory (MHI-17)*	Measures the psychological state of patients regarding how the patient has been feeling in the past 2 weeks. A higher score indicates better mental health. (score range, 0-100; no. of items, 17)	84	74-92	39-100
Social support				
MOS social support survey: emotional and tangible subscales‡	Perceived availability of social support. A higher score indicates better social support. (score range, 0-100; no. of items, 12)	89	75-98	19-100
Nutritional status				
Body mass index	Weight/height ²	27.2	23.7-30.2	16.7-46.7
Cognition				
Blessed Orientation-Memory-Concentration test§	Gross measure of cognitive function. A score \geq 11 indicates cognitive impairment. (score range, 0-28; no. of items, six)	4	0-8	0-16
Medications				
Number of medications	Number of medications including prescribed, herbal, and over-the-counter medications (no. of items, one)	6	4-10	1-31

Abbreviations: MOS, Medical Outcomes Study; OARS, Older American Resources and Services.

*Stewart AL, et al: Durham, NC, Duke University Press, 1992

†Loprinzi CL, et al: J Clin Oncol 12:601-607, 1994

‡Sherbourne CD, et al: Soc Sci Med 32:705-714, 1991

§Kawas C, et al: J Geriatr Psychiatry Neurol 8:238-242, 1995