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## Association of Admission to Veterans Affairs Hospitals Versus non-Veterans Affairs Hospitals with Mortality and Readmission Rates Among Older Men Hospitalized with Acute Myocardial Infarction, Heart Failure, and Pneumonia

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### Abstract

**Importance**—Little contemporary information is available about comparative performance between Veterans Affairs (VA) and non-VA hospitals, particularly related to mortality and readmission rates, 2 important outcomes of care.

**Objective**—To assess and compare mortality and readmission rates among men in VA and non-VA hospitals. To avoid confounding geographic effects with health care system effects, we studied VA and non-VA hospitals within the same metropolitan statistical area (MSA).

**Design**—Cross-sectional analysis between 2010 and 2013

**Setting**—Medicare Standard Analytic Files and Enrollment Database

**Participants**—Male Medicare Fee-for-Service beneficiaries aged 65 or older hospitalized between 2010 and 2013 in VA and non-VA acute care hospitals for acute myocardial infarction (AMI), heart failure (HF), or pneumonia.

**Exposures**—Hospitalization in a VA or non-VA hospital in urban MSAs that contained at least 1 VA and non-VA hospital

**Main Outcomes and Measures**—For each condition, 30-day risk-standardized mortality rates and risk-standardized readmission rates for VA and non-VA hospitals. Mean-aggregated within-MSA differences in mortality and readmission rates were also assessed.

**Results**—We studied 104 VA and 1,513 non-VA hospitals, with each condition-outcome analysis cohort for VA and non-VA hospitals containing at least 7,900 patients, in 92 MSAs. Mortality rates were lower in VA hospitals than non-VA hospitals for AMI (13.5% vs. 13.7%,  $p=0.02$ ;  $-0.2$  percentage point difference) and HF (11.4% vs. 11.9%,  $p=0.008$ ;  $-0.5$  percentage point difference), but higher for pneumonia (12.6% vs. 12.2%,  $p<0.05$ ;  $0.4$  percentage point difference). In contrast, readmission rates were higher in VA hospitals for all 3 conditions (AMI: 17.8% vs. 17.2%,  $0.6$  percentage point difference; HF: 24.7% vs. 23.5%,  $1.2$  percentage point difference; pneumonia: 19.4% vs. 18.7%,  $0.7$  percentage point difference, all  $p<0.001$ ). In within-MSA comparisons, VA hospitals had lower mortality rates for AMI (percentage point difference:  $-0.22$ , 95% CI:  $-0.40$  to  $-0.04$ ) and HF ( $-0.63$ , 95% CI:  $-0.95$  to  $-0.31$ ), and mortality rates for pneumonia were not significantly different ( $-0.03$ , 95% CI:  $-0.46$  to  $0.40$ ); however, VA hospitals had higher readmission rates (AMI:  $0.62$ , 95% CI:  $0.48$  to  $0.75$ ; HF:  $0.97$ , 95% CI:  $0.59$  to  $1.34$ ; pneumonia:  $0.66$ , 95% CI:  $0.41$  to  $0.91$ ).

**Conclusion and Relevance**—Among older men with AMI, HF, and pneumonia, hospitalization at VA hospitals, compared with hospitalization at non-VA hospitals, was associated with lower risk-standardized 30-day all-cause mortality rates for AMI and HF, and higher risk-standardized 30-day all-cause readmission rates for all 3 conditions, both nationally and within similar geographic areas, although absolute differences between these outcomes at VA and non-VA hospitals were small.

## INTRODUCTION

The Department of Veterans Affairs (VA) and the Centers for Medicare & Medicaid Services (CMS) are collaborating in calculating and reporting hospital performance. The alignment of reporting systems provides an opportunity to compare performance of VA and non-VA hospitals directly with respect to risk-adjusted outcomes for key conditions, including acute myocardial infarction (AMI), heart failure (HF), and pneumonia. Prior studies, which are a decade or more old or are not nationally representative, and occurred before we had validated hospital-level outcomes measures, found that patients who received care at VA hospitals had either similar or lower mortality rates than patients who received care at non-VA hospitals;<sup>1-4</sup> with respect to readmission rates, a study in New York found that elderly patients had higher rates of 30-day readmission in VA hospitals compared with non-VA hospitals.<sup>5</sup> Contemporary knowledge about hospital-level outcomes would help to better understand quality of care for the approximately 9 million veterans enrolled in the nation's largest integrated healthcare system compared with those in Medicare.<sup>6</sup>

Accordingly, we assessed and compared 30-day all-cause risk-standardized mortality rates and 30-day all-cause risk-standardized readmission rates in VA hospitals and non-VA hospitals for patients hospitalized with AMI, HF, and pneumonia. We applied the measure methodology that is utilized to calculate publicly reported mortality and readmission rates. To avoid confounding geographic effects with health care system effects, we studied VA and non-VA hospitals within the same metropolitan statistical area (MSA).

## METHODS

### Study Population

We utilized a combined dataset of the CMS Standard Analytic Files and Enrollment Database together with VA administrative claims data to identify Medicare Fee-for-Service beneficiaries aged 65 years or older hospitalized from July 1, 2010 through June 30, 2013 with a principal discharge diagnosis of AMI, HF, or pneumonia in VA or non-VA acute-care hospitals in the U.S. using *International Classification of Diseases, Ninth Revision, Clinical Modification* codes identical to those utilized in the publicly reported mortality and readmission measures;<sup>7-12</sup> for VA beneficiaries, we only studied those enrolled in the Medicare Fee-for-Service program. These databases include enrollment status, admissions, patient demographic information, inpatient and outpatient diagnosis codes, mortality, and readmissions; they also include unique patient identifiers that enable the identification of patients across VA and non-VA systems. We excluded beneficiaries for whom a complete claims history for the 12-month period preceding the claim was unavailable because of the use of data in the year before hospitalization in risk adjustment. We included patients admitted to hospitals in urban MSAs that contained at least 1 VA and non-VA hospital to reduce confounding geographic effects from health system effects (see eTable 1 for VA hospitals included in the study).<sup>13,14</sup> This also helps minimize potential confounding from the inclusion of non-urban hospitals, given that the challenges faced by rural and urban hospitals differ.<sup>15,16</sup> Because >90% of patients in VA hospitals are male,<sup>17</sup> we restricted our analyses to men.

The Yale University Human Investigation Committee approved the study and waived the requirement for informed consent.

### Risk-Standardized Mortality and Readmission Rates

To calculate 30-day all-cause risk-standardized mortality rates and 30-day all-cause risk-standardized readmission rates for each condition, we used the specifications employed in the measures developed for CMS and endorsed by the National Quality Forum.<sup>7-11</sup> Briefly, the technique of risk-adjustment employs a hierarchical logistic regression model to create a hospital-level 30-day risk-standardized mortality or readmission rate. This modeling appropriately accounts for the structure of the data (patients clustered within hospitals), and the underlying risk due to patients' age and comorbidities when estimating hospital mortality/readmission rates. This approach simultaneously models 2 levels (patient and hospital) to account for the variance in patient outcomes within and between hospitals. At the patient level, the model uses the log-odds of mortality/readmission within 30-days of admission/discharge as the dependent variable and age and selected clinical covariates as the independent variables (or predictors). The second level models the hospital-specific intercepts as arising from a normal distribution. The hospital-specific intercept, or hospital-specific effect, represents the hospital contribution to the risk of mortality/readmission after accounting for patient risk, and can be inferred as a measure of quality. The hospital-specific intercepts are given a distribution in order to account for the clustering (non-independence) of patients within the same hospital.

We defined 30-day mortality as death from any cause within 30 days of the day of admission for an index hospitalization for AMI, HF, or pneumonia. Readmission was defined as 1 re-hospitalization for any unplanned cause to any acute care hospital within 30 days of the day of discharge for an index hospitalization for AMI, HF, or pneumonia among patients surviving the index hospitalization; planned readmissions were identified and excluded using planned readmission algorithms (Version 2.1).<sup>7-11,18</sup> We utilized the top 25 diagnosis and procedure codes for risk-adjustment across all outcomes and conditions in both VA and non-VA hospitals.

For the mortality cohort for each condition, we randomly selected 1 admission per year for patients with multiple admissions for the same diagnosis during the study period.<sup>13</sup> For individuals admitted to both a VA and non-VA hospital (<2.1% of patients for each condition-outcome analysis in our cohort; Table 1), we randomly selected 1 admission from all admissions regardless of location hospitalized. For transfers between hospitals, relevant hospitalizations were linked into a single episode of care, with mortality attributed to the hospital to which the patient was first admitted; transfers between VA and non-VA hospitals were treated similarly to transfers between VA and VA, or non-VA and non-VA, hospitals.

For the readmission cohort for each condition, we included all admissions for patients with multiple admissions for the same diagnosis during any study year. Hospitalizations within 30 days of discharge from an index hospitalization were considered readmissions and not additional index hospitalizations. Readmission to another system (VA to non-VA or non-VA to VA) was counted as a readmission attributed to the index hospital. For mortality, transfers were linked into a single episode of care, with readmissions attributed to the hospital that discharged the patient to a non-acute setting; transfers between VA and non-VA hospitals were treated as described above. We also calculated the number of patients who died after discharge, but before 30-day readmission, for each condition and within each healthcare system.

### **Hospital Characteristics**

Hospital characteristics, other than Medicare condition-specific 3-year volumes, which were derived from the Standard Analytic Files and Enrollment Database, were derived from the American Hospital Association Annual Survey in the corresponding year.<sup>19</sup> These variables include total staffed beds, ownership type, region, teaching status, Joint Commission accreditation, and hospital capacity to provide coronary artery bypass graft surgery or percutaneous coronary intervention. MSA population size data, from April 1, 2010 to July 1, 2012, was obtained from the U.S. Census Bureau.<sup>20</sup>

### **Patient Characteristics**

Demographic information included age and race (white, black, other); there are no measures of socioeconomic status available in these data. Race (white, black other) for these categories is derived from the Social Security Administration<sup>21</sup> and was assessed as a descriptive characteristic of the populations studied. We defined comorbidities according to the specifications employed by CMS to profile hospitals, using principal and secondary

diagnosis codes from hospitalizations in the 12 months before the index hospitalization (See eTable 2 for medical history characteristics).<sup>7-11</sup>

### Statistical Analysis

We compared VA and non-VA hospitals for differences in both patient factors (demographic and clinical characteristics) and hospital factors. For the 3 conditions, within the full 3-year pooled sample, we estimated mortality and readmission rates for each VA and non-VA hospital using hierarchical logistic regression models. Each model included age and selected clinical covariates (eTable 2) as well as a hospital-specific random effects intercept. Risk-standardized mortality and readmission rates are calculated as the ratio of the number of “predicted” outcomes to the number of “expected” outcomes (death or readmission), multiplied by the unadjusted rate of the given outcome within our overall sample. We calculated aggregate mortality and readmission for each condition-outcome group for VA and non-VA hospitals by weighting hospital-specific mortality or readmission rate estimates by a hospital’s condition-specific volume.

In addition, for each condition, we calculated the mean-aggregated MSA-specific mortality and readmission rates stratified by VA hospital status to reduce confounding geographic effects from health system effects and minimize potential confounding from the inclusion of non-urban hospitals, and determined the average within-MSA difference between VA and non-VA hospitals. As above, within MSAs, we weighted hospital-specific mortality or readmission rates by their condition-specific volume. After aggregating outcome rates for the VA hospitals and non-VA hospitals within an MSA, we calculated the difference between the rates of VA and non-VA hospitals in each MSA, and then calculated the mean and 95% confidence interval of the differences among all MSAs in our sample. Differences were presented as the rate in VA hospitals minus the rate in non-VA hospitals; values <0 indicate a lower mortality or readmission rate for VA hospitals.

Analyses were performed separately for AMI, HF, and pneumonia. For all 3 conditions, we calculated the mean (95% confidence interval) mortality or readmission rate grouped by VA and non-VA hospitals. The corresponding *P* values were obtained using *t*-tests. In the above calculations, weights were added by the condition-specific number of hospitalizations to account for the variability in hospital sample sizes. We considered *P* values <0.05 (2-sided) to be statistically significant. Analyses were conducted using SAS software, Version 9.3 (SAS Institute, Inc., Cary, NC).

## RESULTS

### Study Sample

Among 381 MSAs in the U.S., 92 had at least 1 VA and 1 non-VA hospital; 7 MSAs had >1 VA hospital. We studied 104 VA and 1,513 non-VA hospitals, with each condition-outcome analysis cohort for VA and non-VA hospitals containing at least 7,900 patients. For analyses focused on AMI hospitalizations, there were 1,542 hospitals (103 VA hospitals with 8,012 patients and 1,439 non-VA hospitals with 124,220 patients) for mortality analyses and 1,523 hospitals (103 VA hospitals with 7,929 patients and 1,420 non-VA hospitals with 132,276

patients) for readmission analyses; for HF, 1,604 hospitals (104 VA hospitals with 22,882 patients and 1,500 non-VA hospitals with 215,312 patients) for mortality and 1,604 hospitals (104 VA hospitals with 26,231 patients and 1,500 non-VA hospitals with 269,856 patients) for readmission; and for pneumonia, 1,609 hospitals (104 VA hospitals with 21,092 patients and 1,505 non-VA hospitals with 190,798 patients) for mortality and 1,610 hospitals (104 VA hospitals with 21,229 patients and 1,506 non-VA hospitals with 205,060 patients) for readmission (Table 1). There were 124 VA medical centers in our dataset (eTable 1).

### Patient Characteristics

For the mortality and readmission analyses for all 3 conditions, patients who received care in VA hospitals were younger and generally less likely to be white than those who received care in non-VA hospitals (Table 1). Among patients hospitalized for AMI, VA patients were more likely to have a history of HF or diabetes. Among patients hospitalized for HF, VA patients were also more likely to have a history of HF or diabetes, but less likely to have a documented history of coronary atherosclerosis or valvular heart disease. Among patients hospitalized for pneumonia, VA patients were more likely to have a history of chronic obstructive pulmonary disease and less likely to have a history of pneumonia, protein-calorie malnutrition, or fibrosis of the lung or other chronic lung disorders.

### Hospital Characteristics

VA hospitals were more likely to be teaching hospitals and were larger, with a greater number of hospital beds ( $p<0.05$  for both) (Table 2). For HF and pneumonia hospitalizations, but not for AMI, a greater proportion of VA hospitals had 3-year condition-specific volumes  $>150$  patients.

### 30-day Mortality Rates

Before risk-adjustment, VA hospitals had lower mortality rates than non-VA hospitals across all 3 conditions (Table 3). After risk-adjustment, VA hospitals had lower mortality rates than non-VA hospitals for AMI (13.5%, 95% CI: 13.4 to 13.7, versus 13.7%, 95% CI: 13.6 to 13.7;  $-0.2$  percentage point difference) and HF (11.4%, 95% CI: 11.1 to 11.8, versus 11.9%, 95% CI: 11.8 to 11.9;  $-0.5$  percentage point difference) ( $p<0.03$  for both; Table 3, Figure 1). However, for pneumonia, VA hospitals had higher mortality rates than non-VA hospitals (12.6%, 95% CI: 12.2 to 13.1, versus 12.2%, 95% CI: 12.1 to 12.3,  $p<0.05$ ;  $0.4$  percentage point difference). The distribution of mortality rate performance was not markedly different between VA and non-VA hospitals for all 3 conditions (Figure 1 and eFigure; eTables 3 and 4).

In within-MSA comparisons, compared with non-VA hospitals, VA hospitals had lower mean-aggregated within-MSA mortality rates for AMI ( $-0.22$  percentage points, 95% CI:  $-0.40$  to  $-0.04$ ;  $p<0.02$ ) and HF ( $-0.63$  percentage points, 95% CI:  $-0.95$  to  $-0.31$ ;  $p<0.001$ ). However, in contrast with the overall comparison, VA hospitals had mean-aggregated within-MSA mortality rates that were not significantly different for pneumonia ( $-0.03$  percentage points, 95% CI:  $-0.46$  to  $0.40$ ;  $p=0.90$ ).

### 30-day Readmission Rates

Before risk-adjustment, VA hospitals had higher readmission rates than non-VA hospitals across all 3 conditions (Table 3). After risk-adjustment, VA hospitals had higher readmission rates than non-VA hospitals for all 3 conditions (Table 3; Figure 2). For AMI, the readmission rates were 17.8% (95% CI: 17.7 to 18.0) for VA hospitals versus 17.2% (95% CI: 17.2 to 17.3) for non-VA hospitals (0.6 percentage point difference); for HF, 24.7% (95% CI: 24.3 to 25.0) versus 23.5% (95% CI: 23.4 to 23.5) (1.2 percentage point difference); and for pneumonia, 19.4% (95% CI: 19.2 to 19.7) versus 18.7% (95% CI: 18.6 to 18.7) (0.7 percentage point difference) ( $p < 0.001$  for all). The distribution of readmission rate performance differed between VA and non-VA hospitals (Figure 2 and eFigure; eTables 5 and 6): For all 3 conditions, VA hospitals had a greater proportion of hospitals with higher readmission rates compared with non-VA hospitals.

In within-MSA comparisons, VA hospitals had higher mean-aggregated within-MSA readmission rates than non-VA hospitals for all 3 conditions: 0.62 percentage points (95% CI: 0.48 to 0.75) for AMI, 0.97 percentage points (95% CI: 0.59 to 1.34) for HF, and 0.66 percentage points (95% CI: 0.41 to 0.91) for pneumonia ( $p < 0.001$  for all; Table 3).

Across conditions, among those who were initially hospitalized in VA hospitals, approximately 12% were readmitted to non-VA hospitals; among those initially hospitalized in non-VA hospitals, <1% were readmitted to VA hospitals (Table 1).

## DISCUSSION

In this national study comparing 30-day mortality and readmission measures publicly reported by CMS for 3 major conditions, we found that VA hospitals have lower mortality rates for AMI and HF compared with non-VA hospitals. However, VA hospitals had higher readmission rates for AMI, HF, and pneumonia than non-VA hospitals. These differences persisted after accounting for geographic variation in hospital location by limiting comparisons of VA and non-VA hospitals to those within the same MSA. In general, however, the magnitudes of differences were small for both measures across all 3 conditions.

We were unable to find another national study using CMS hospital mortality and readmission measures to compare the quality of care between VA hospitals, which comprise the largest integrated healthcare system in the U.S., and non-VA hospitals. This study is also distinct because it compares outcomes between VA and non-VA hospitals within similar geographic areas. The finding that risk-standardized mortality rates for cardiovascular conditions were lower, albeit with small absolute differences, in VA hospitals may reflect higher quality of care in VA hospitals as represented by adherence to process measures.<sup>3,22–25</sup> The lower mortality rates may be due to the quality improvement efforts that can be implemented across the VA's integrated delivery system. For example, upon evidence of possible higher cardiovascular mortality in VA hospitals compared with non-VA hospitals, in 2003 the VA undertook a comprehensive cardiac care improvement initiative across all its hospitals, after which AMI mortality declined.<sup>4</sup> Similar initiatives and programs, such as the VA Heart Failure Provider Network,<sup>26</sup> may have helped lower mortality rates. However, the lower mortality result for VA hospitals was not consistent for

pneumonia, with no difference in mortality rates between VA and non-VA hospitals after accounting for geographic location, and the differences in cardiovascular condition mortality outcomes were modest.

There are several possible reasons for the finding of higher readmission rates in VA hospitals. First, VA hospitals may have a higher propensity to admit. For example, a study that sought to reduce readmissions in VA hospitals by increased access to primary care resulted in an increase in readmissions in the intervention arm.<sup>27</sup> Second, the distance VA patients need to travel to the hospital may be greater than that for non-VA patients, which has been associated with higher readmission rates among veterans;<sup>28</sup> however, greater distance could also produce lower readmission rates, as patients may be less likely to go to the hospital when they need care. Third, the CMS Hospital Readmission Reduction Program introduced financial penalties for non-VA hospitals in 2012, and national public reporting of, and incentives for reducing, readmissions in non-VA hospitals may have contributed to lower readmission rates for non-VA hospitals during our study period. Nevertheless, the VA has undertaken efforts to prevent readmissions in recent years,<sup>29,30</sup> and we are unable to assert whether or how the combination of efforts in VA hospitals and public reporting for non-VA hospitals contributed to relatively lower readmission rates among non-VA hospitals. The results of this study may be helpful to the VA system by highlighting the variation in performance across VA and non-VA hospitals even after case mix adjustment, so that resources could be targeted to reduce unnecessary readmissions. Of note, the range in performance among the hospitals in both groups was as little as approximately 3.5 percentage points, although in some cases it was as much as approximately 13 percentage points. Some readers may consider the difference modest and an indication of little opportunity for improvement. However, it may also be that, for some conditions, hospitals are aggregating around a similar performance but have opportunities for marked improvement, as has been demonstrated with mortality over the last 15 years and more recently by readmission.<sup>31,32</sup> In any case, this study sought to compare 2 health systems, and whether they have greater opportunities to improve does not negate the fact that their current performance is separated by only a few percentage points.

While VA outcome data for these 3 key conditions are currently available on *Hospital Compare*, this initial integration of measures is going to be followed by an expectation that a broader set of quality measures be reported across both VA and non-VA hospitals as part of the Veterans Access, Choice, and Accountability Act of 2014.<sup>33</sup> Within this context, our study has multiple implications. First, the availability of this information, with equal standards of reporting, will allow for the assessment of comparative quality, which can inform targeted improvements in VA and non-VA hospitals alike. It also affords a unique opportunity for the VA to partner with public and private entities to test and implement strategies to improve care. The current study serves as an example of national performance comparison for VA and non-VA hospital care, which sets the stage for future performance and quality improvement studies. Moreover, the results of our study and other benchmarking efforts could inform efforts to improve quality in the VA, particularly our findings of variation in performance, by identifying and learning from high performing hospitals and disseminating best practices to lower performing hospitals to elevate the entire performance curve. Finally, given the new Veteran's Choice Program for the funding of private care for



some veterans, VA policymakers should recognize that there is also variation in quality among non-VA hospitals and take steps to encourage veterans who choose to use non-VA hospitals to use the highest quality ones to ensure optimal outcomes and high value care.

Our study has several limitations. First, we only studied elderly, male VA patients and Medicare patients, and are unable to assert whether our findings are generalizable to younger or female populations. Second, we studied administrative claims data, which lack information about clinical disease severity, but these are the same data used for the publicly reported outcomes measures and, at the hospital level, studies have shown that administrative data and clinical data perform similarly for both VA and non-VA hospitalizations.<sup>7-9,34</sup> Third, while prior literature suggests that VA and non-VA populations are different, with VA populations generally having worse health status but similar mortality rates,<sup>35-37</sup> these reports did not study older populations. Other studies suggest that VA beneficiaries 65 years of age, who comprise our cohort, have similar or better physical health status and better mental health status than younger VA beneficiaries,<sup>38-40</sup> which is in contrast with non-VA populations where older populations are less healthy. Fourth, we could not study all VA hospitals in the U.S. because some were in rural areas or were not within an urban MSA with another non-VA hospital; nevertheless, studying hospitals within the same urban MSA allowed us to make more direct comparisons between VA and non-VA hospitals by accounting for geographic differences. Fourth, there were hospitals for which hospital characteristics were not available; however, these hospitals represented only approximately 4% of VA or non-VA hospitals in our cohort, so it is unlikely that this would influence the results. Finally, we only studied 3 common conditions among elderly patients, which may not be representative of care for all patients in either VA or non-VA hospitals; however, these outcome metrics are CMS core condition measures.

## CONCLUSIONS

Among older men with AMI, HF, and pneumonia, hospitalization at VA hospitals, compared with hospitalization at non-VA hospitals, was associated with lower risk-standardized 30-day all-cause mortality rates for AMI and HF, and higher risk-standardized 30-day all-cause readmission rates for all 3 conditions, both nationally and within similar geographic areas, although absolute differences between these outcomes at VA and non-VA hospitals were small.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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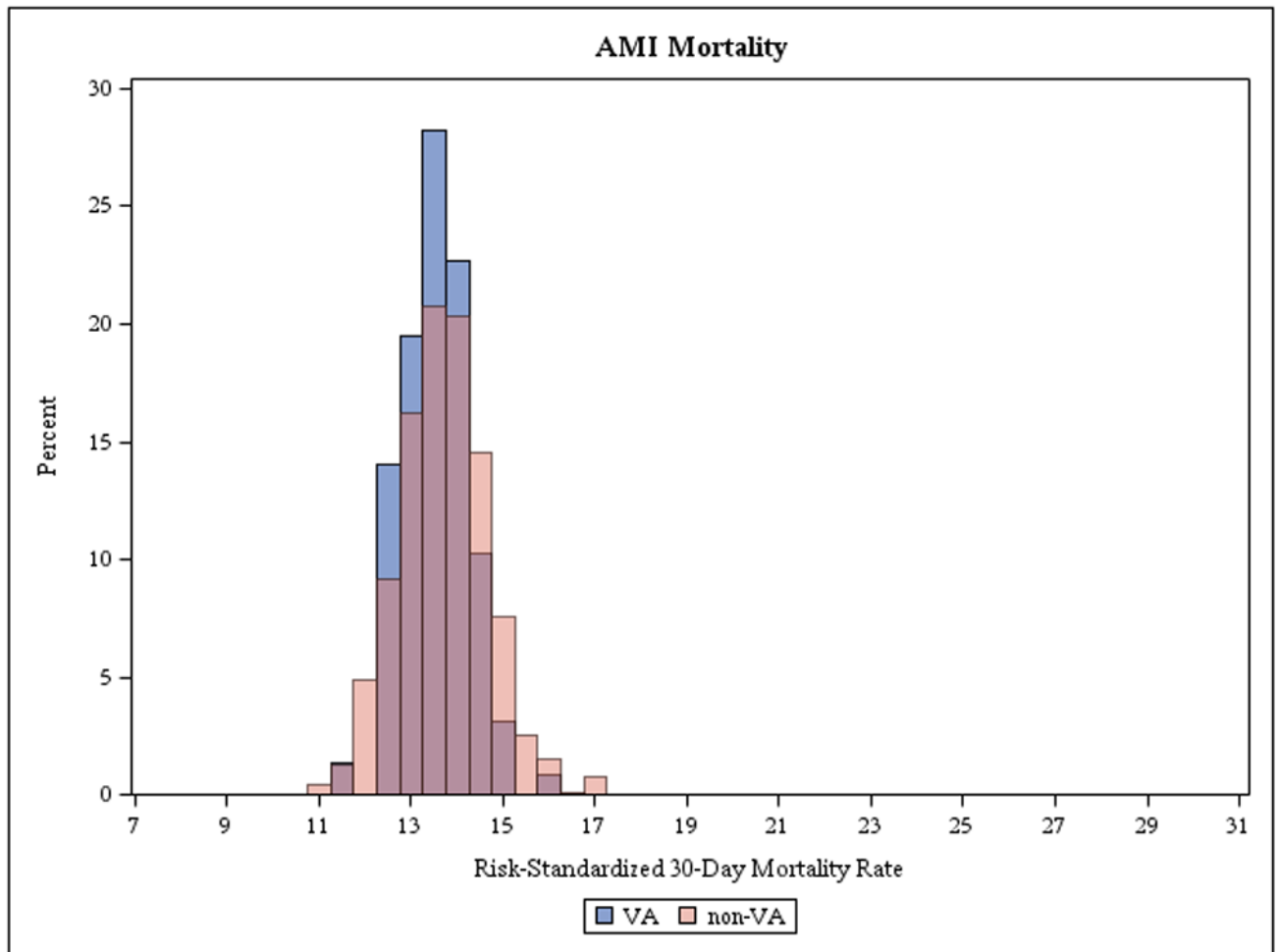
**Data Access, Responsibility, and Analysis:** Dr. Li had full access to all the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.

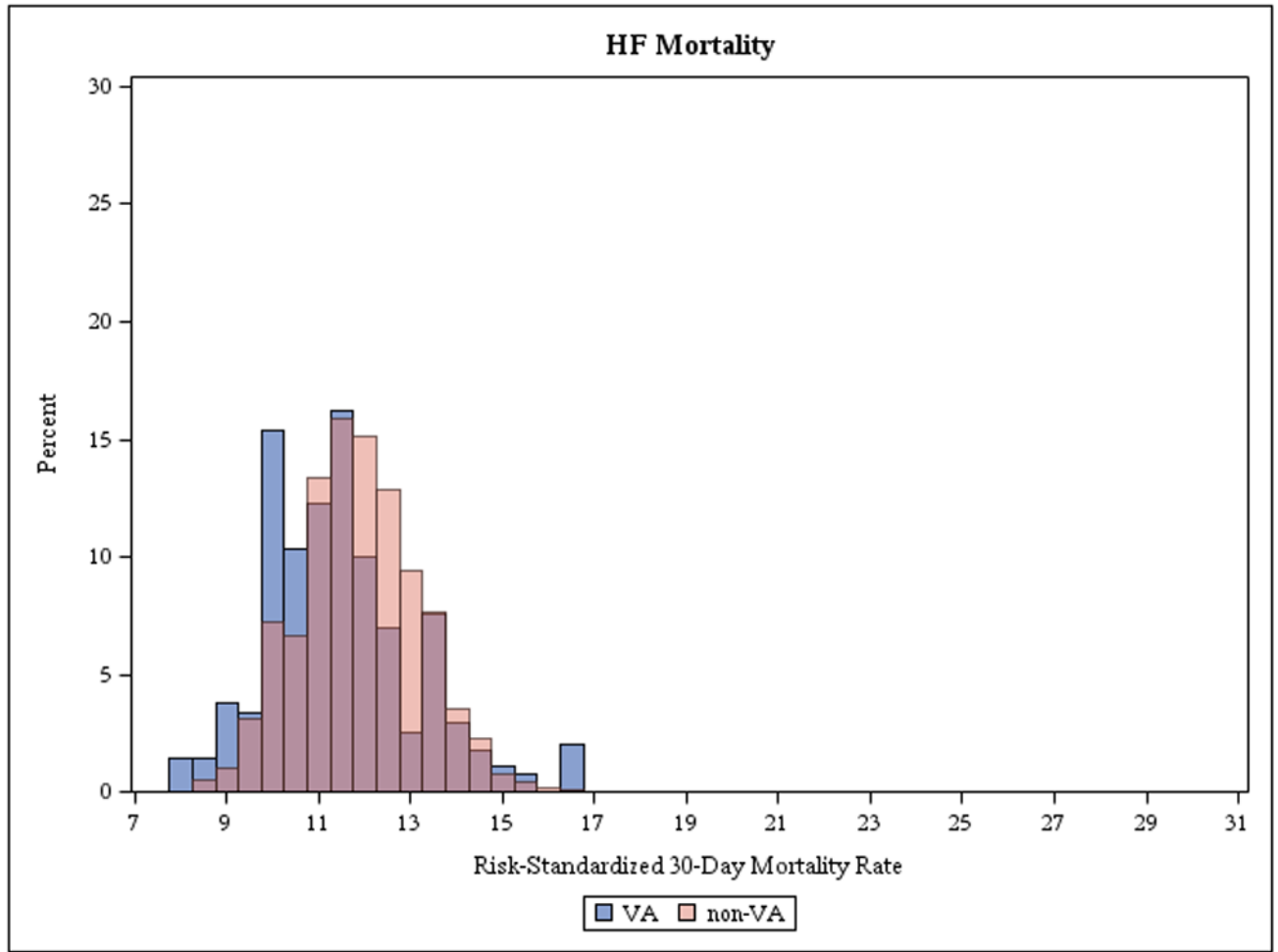
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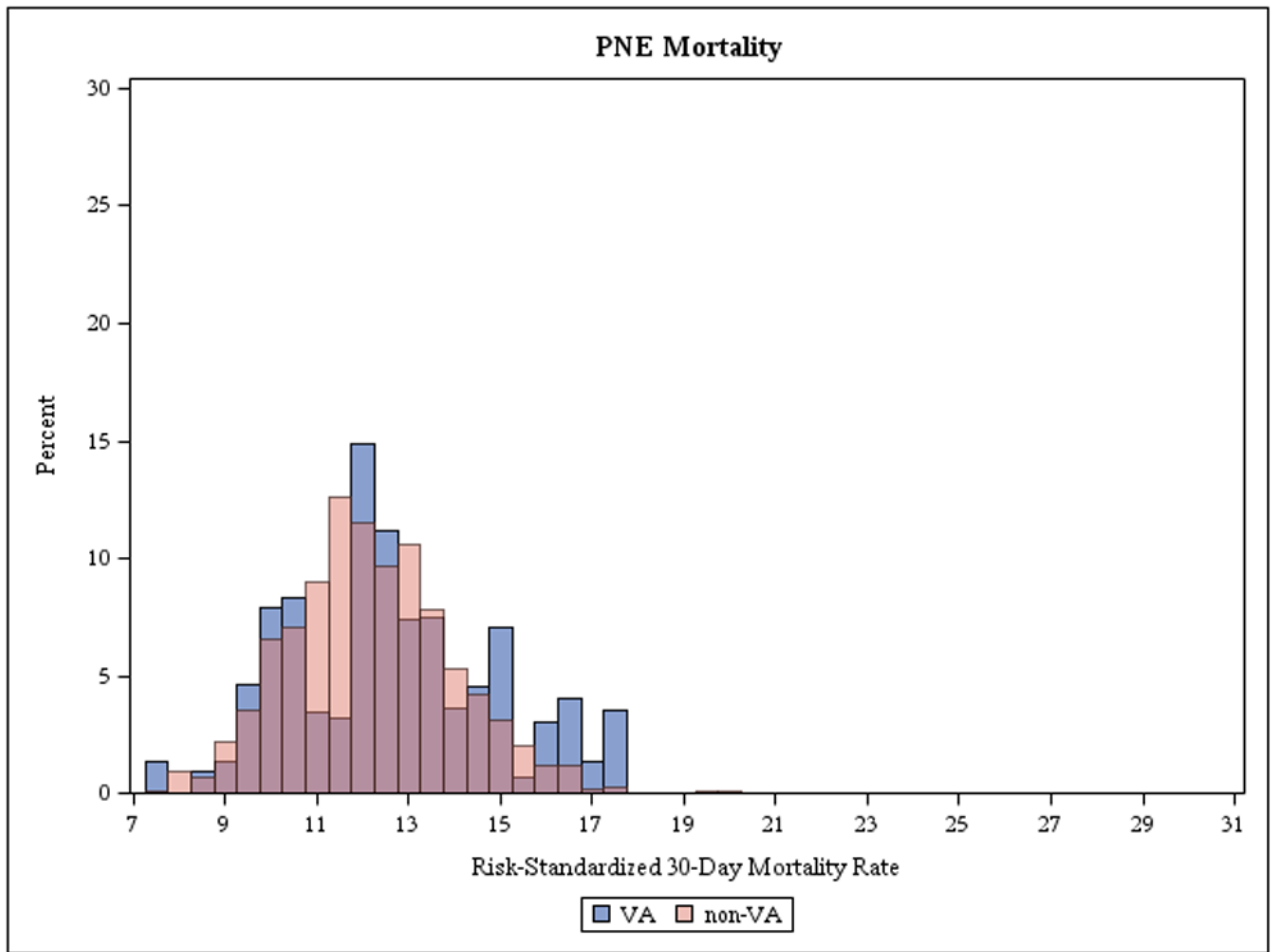


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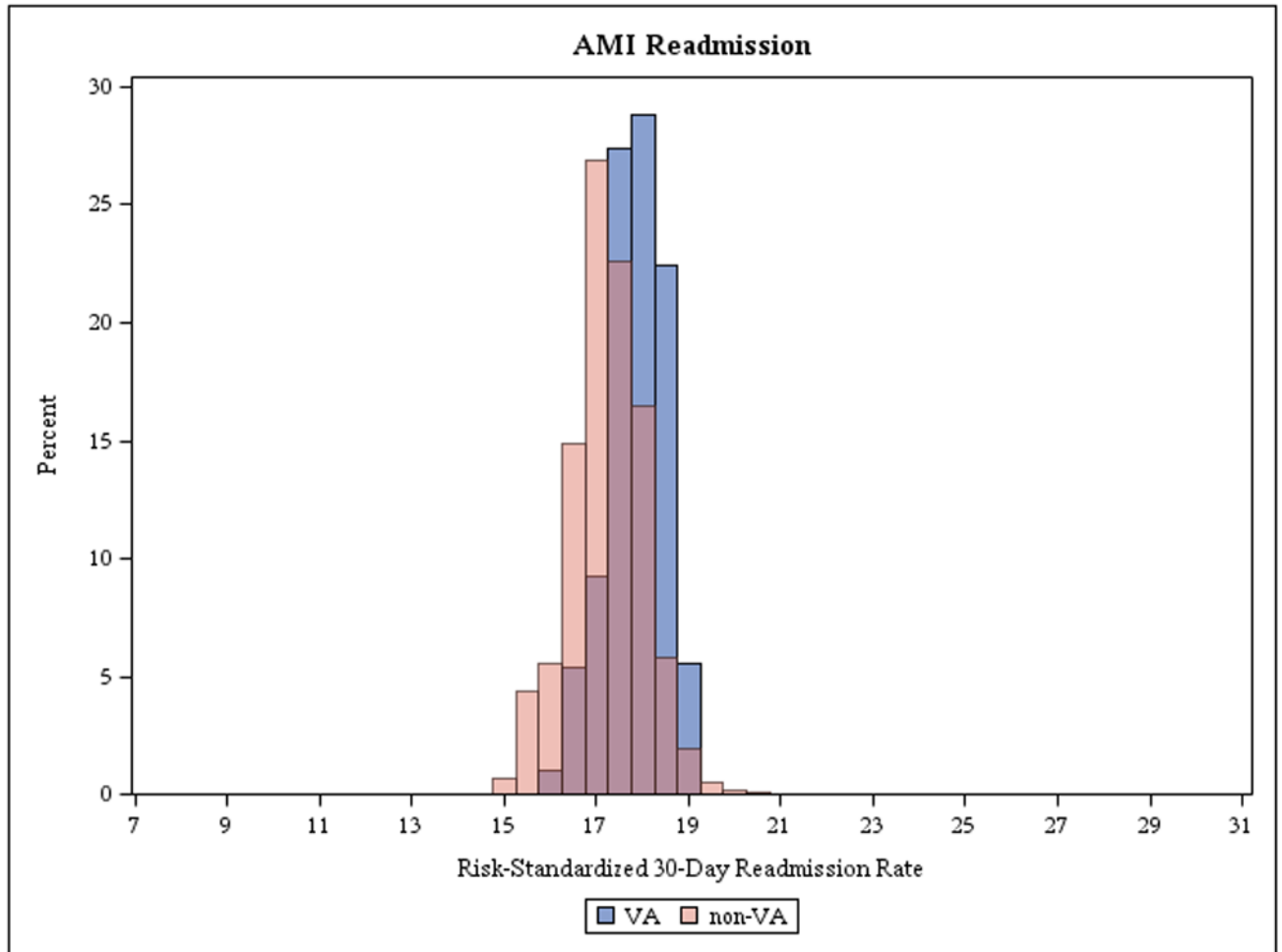
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**Figure 1.** Histogram Comparing Risk-Standardized Mortality Rates for Acute Myocardial Infarction, Heart Failure, and Pneumonia between Veterans Affairs and non-Veterans Affairs Hospitals, 2010–2013.

AMI: acute myocardial infarction, HF: heart failure, PNE: pneumonia. Blue bars and dashed lines indicate VA hospitals, and red bars and dashed lines indicate non-VA hospitals. Bars with purple coloring indicate the overlap of VA and non-VA hospitals.



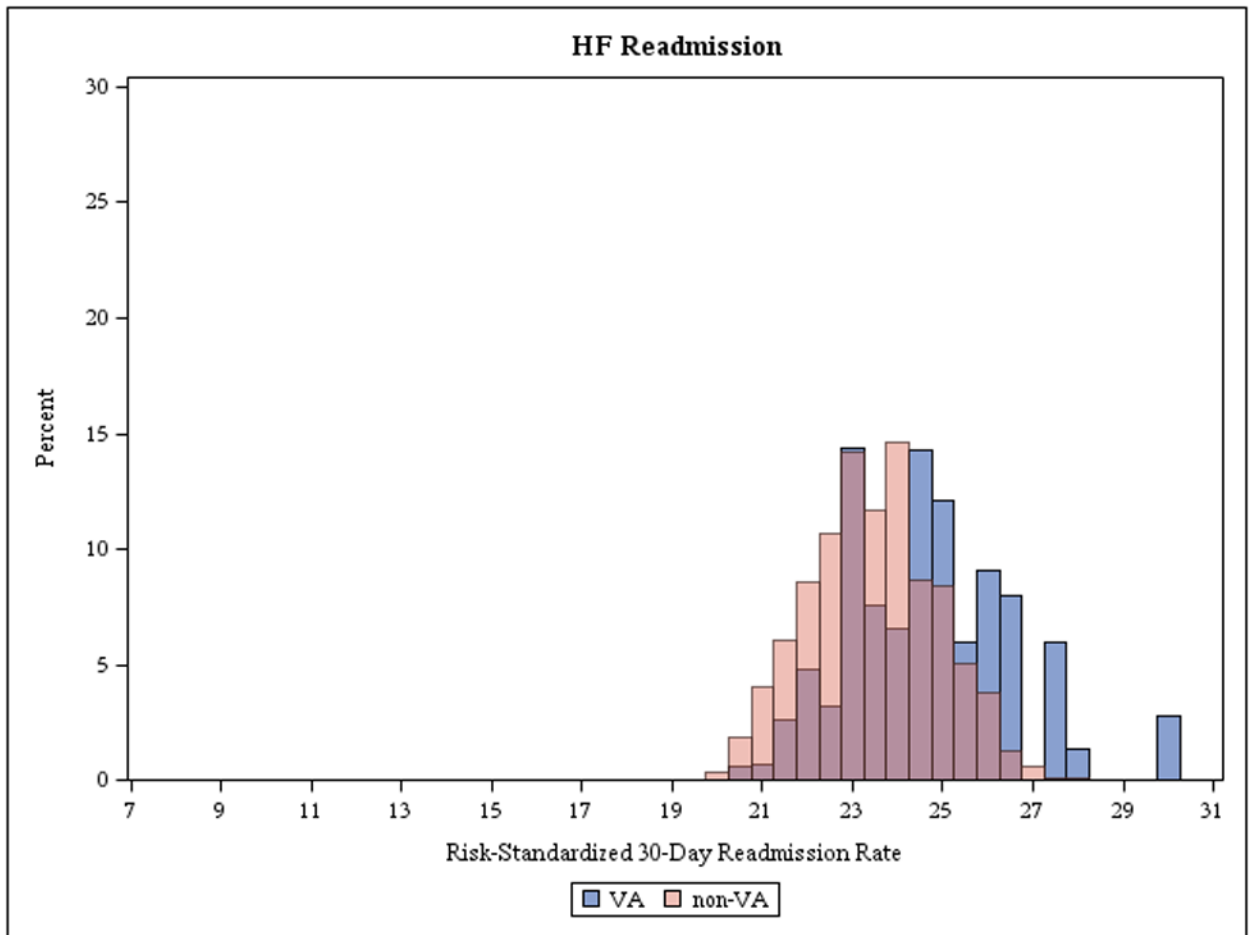
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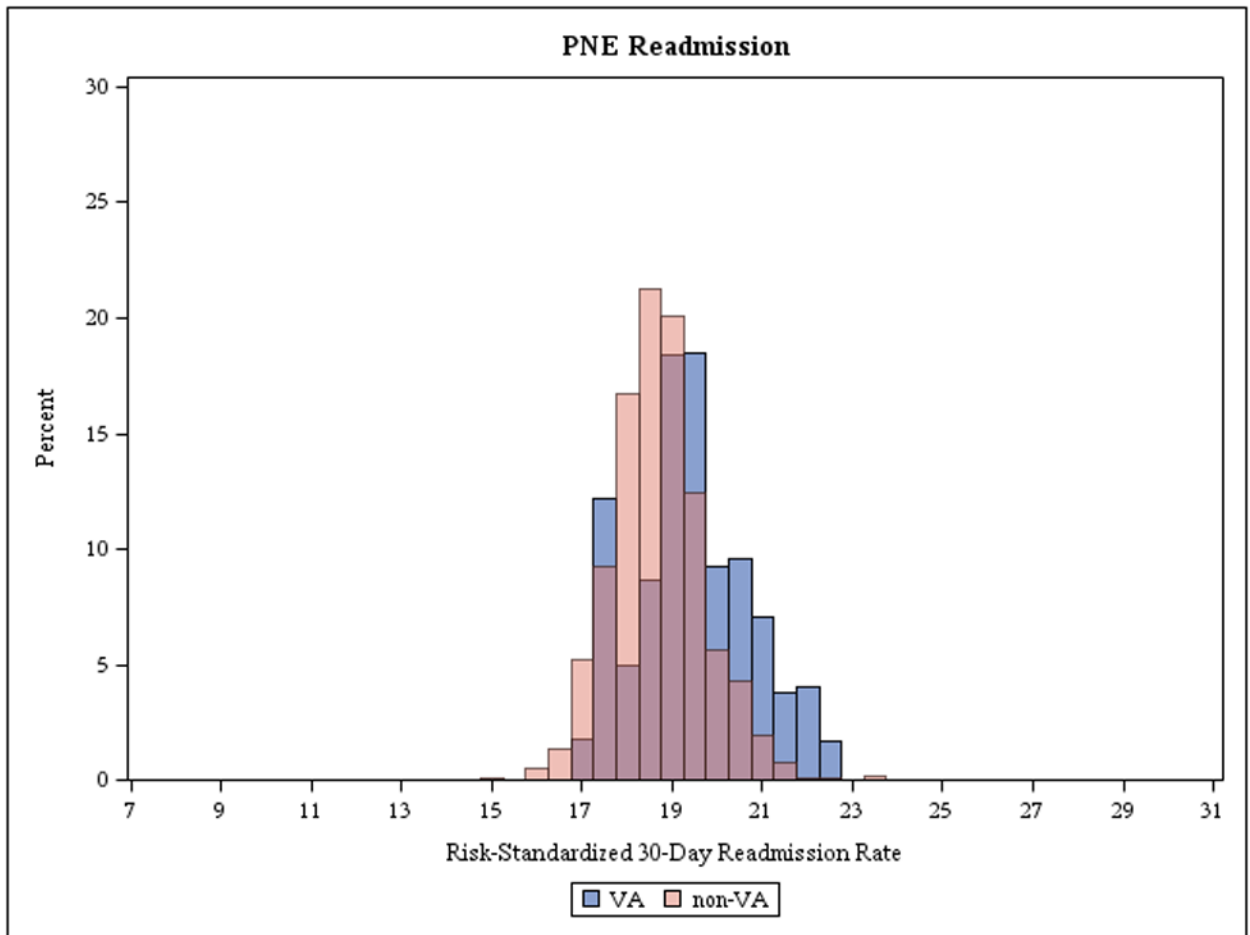


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**Figure 2.** Histogram Comparing Risk-Standardized Readmission Rates for Acute Myocardial Infarction, Heart Failure, and Pneumonia between Veterans Affairs and non-Veterans Affairs Hospitals, 2010–2013. AMI: acute myocardial infarction, HF: heart failure, PNE: pneumonia. Blue bars and dashed lines indicate VA hospitals, and red bars and dashed lines indicate non-VA hospitals. Bars with purple coloring indicate the overlap of VA and non-VA hospitals.

**Table 1**

Characteristics of Medicare Beneficiaries Hospitalized in Veterans Affairs and non-Veterans Affairs Hospitals for Acute Myocardial Infarction, Heart Failure, and Pneumonia, 2010–2013.

	Acute myocardial infarction				Heart failure				Pneumonia			
	Mortality	Readmission	Mortality	Readmission	Mortality	Readmission	Mortality	Readmission	Mortality	Readmission	Mortality	Readmission
	VA	Non-VA	VA	Non-VA	VA	Non-VA	VA	Non-VA	VA	Non-VA	VA	Non-VA
<b>Total no. of admissions</b>	8,012	124,220	7,929	132,276	22,882	215,312	26,231	269,856	21,092	190,798	21,229	205,060
<b>Total no. of hospitals</b>	103	1,439	103	1,420	104	1,500	104	1,500	104	1,505	104	1,506
<b>Demographics</b>												
Age, mean (SD), y	76.2 (8.4)	77.8 (8.0)	75.5 (8.1)	77.5 (7.9)	77.3 (8.4)	80.0 (8.1)	77.0 (8.3)	79.7 (8.0)	77.9 (8.5)	79.8 (8.1)	77.5 (8.4)	79.6 (8.1)
Race, %												
White	77.0	86.1	84.4	86.4	72.6	82.4	78.8	81.6	78.3	85.2	86.1	85.2
Black	11.4	7.9	12.1	7.9	15.9	12.0	18.4	12.8	10.2	8.3	11.1	8.3
Other	3.1	5.8	3.3	5.5	2.6	5.4	2.7	5.5	2.7	6.4	2.6	6.3
Unknown	8.5	0.2	0.2	0.2	8.9	0.1	0.2	0.1	8.8	0.2	0.2	0.2
<b>Cardiovascular medical history, %</b>												
History of PCI	12.8	18.1	14.7	19.7	7.3	15.5	--	--	3.8	9.5	--	--
History of CABG	17.1	14.2	17.2	14.1	17.6	25.5	18.5	26.5	7.7	14.0	8.0	14.1
Heart failure	32.8	29.2	34.6	31.4	77.7	76.4	80.7	78.9	33.7	39.2	35.4	39.3
Anterior myocardial infarction	3.7	9.0	3.2	7.8	--	--	--	--	--	--	--	--
Inferior, lateral, or posterior myocardial infarction	5.9	13.3	5.7	12.0	--	--	--	--	--	--	--	--
Acute coronary syndromes	23.1	20.2	25.0	22.6	14.9	18.0	16.2	19.2	6.8	8.9	7.4	8.9
Coronary atherosclerosis	85.7	88.9	88.5	91.5	74.7	81.9	77.0	83.4	47.5	58.6	49.0	58.7
Cardiopulmonary-respiratory failure and shock	9.3	9.5	--	--	19.3	25.5	21.5	27.0	17.8	21.9	20.3	22.5
Valvular heart disease	19.1	29.5	19.1	30.2	32.2	52.4	33.7	53.5	--	--	14.2	26.8
Arrhythmia	--	--	34.8	37.2	--	--	67.9	73.1	--	--	42.0	50.0
Other unspecified heart disease	--	--	--	--	--	--	21.7	33.8	--	--	--	--
<b>Comorbid conditions, %</b>												
Hypertension	92.7	86.3	--	--	94.3	91.5	--	--	86.1	85.6	--	--
Stroke	10.4	7.5	10.5	7.4	11.4	10.0	11.5	10.0	11.1	10.6	11.2	10.5

	Acute myocardial infarction						Heart failure						Pneumonia					
	Mortality			Readmission			Mortality			Readmission			Mortality			Readmission		
	VA	Non-VA	VA	Non-VA	VA	Non-VA	VA	Non-VA	VA	Non-VA	VA	Non-VA	VA	Non-VA	VA	Non-VA		
Cerebrovascular disease	16.6	20.7	17.2	21.0	--	--	--	--	16.6	24.3	--	--	--	--	--	--		
Renal failure	34.3	27.0	35.4	28.3	52.6	53.5	55.2	55.3	32.6	34.0	33.7	34.0	34.0	33.7	34.0	34.0		
Chronic obstructive pulmonary disease	31.7	29.4	32.8	29.8	51.0	48.8	53.3	49.4	59.1	54.1	61.3	54.4	54.4	61.3	54.4	54.4		
Pneumonia	20.8	23.1	20.6	22.5	32.0	45.5	33.5	45.7	39.8	42.8	43.0	44.0	44.0	43.0	44.0	44.0		
Diabetes	55.1	46.9	56.4	47.6	60.8	55.5	61.8	56.3	--	--	44.5	44.9	44.9	44.5	44.9	44.9		
Protein-calorie malnutrition	3.6	6.3	3.6	5.9	4.7	10.4	4.8	9.8	8.3	14.3	8.6	13.6	13.6	8.6	13.6	13.6		
Dementia	16.2	17.3	14.8	16.7	17.7	22.5	17.3	21.8	26.5	30.2	25.9	29.8	29.8	25.9	29.8	29.8		
Functional disability	8.9	6.6	9.1	6.6	9.1	9.2	9.1	9.2	10.1	10.3	10.4	10.3	10.3	10.4	10.3	10.3		
Peripheral vascular disease	28.8	28.6	--	--	34.2	42.1	--	--	28.3	35.8	--	--	--	--	--	--		
Metastatic cancer	5.3	4.7	2.7	2.5	4.7	5.6	27.1	27.1	12.8	12.5	32.0	29.6	29.6	32.0	29.6	29.6		
Trauma in last year	29.6	28.4	--	--	34.4	38.5	--	--	35.1	38.9	--	--	--	--	--	--		
Major psychiatric disorders	11.7	6.9	--	--	12.3	9.6	12.8	9.7	17.0	12.8	17.2	12.9	12.9	17.2	12.9	12.9		
Chronic liver disease	2.4	1.7	--	--	4.7	3.8	10.8	12.6	3.3	2.7	--	--	--	--	--	--		
Severe hematological disorders	--	--	--	--	--	--	3.2	4.4	3.1	4.8	3.3	4.6	4.6	3.3	4.6	4.6		
Iron deficiency	--	--	41.9	45.6	--	--	55.4	62.6	52.8	58.9	53.5	58.5	58.5	53.5	58.5	58.5		
Depression	--	--	--	--	--	--	21.2	15.5	23.6	17.9	--	--	--	--	--	--		
Seizure disorders or convulsions	--	--	--	--	--	--	--	--	5.2	6.6	--	--	--	--	--	--		
Fibrosis of lung or other chronic lung disorders	--	--	--	--	--	--	7.8	12.2	10.7	16.7	11.2	16.8	16.8	11.2	16.8	16.8		
Asthma	--	--	3.5	5.3	--	--	4.3	7.7	5.2	9.0	5.4	9.3	9.3	5.4	9.3	9.3		
End-stage renal disease	--	--	3.6	3.8	--	--	1.9	5.7	--	--	2.5	4.4	4.4	2.5	4.4	4.4		
Nephritis	--	--	--	--	--	--	4.2	4.4	--	--	--	--	--	--	--	--		
Urinary tract infection	--	--	--	--	--	--	--	--	--	--	18.5	19.7	19.7	18.5	19.7	19.7		
Urinary tract disorders	--	--	19.1	24.7	--	--	27.1	38.2	--	--	21.8	29.8	29.8	21.8	29.8	29.8		
Pleural effusion/pneumothorax	--	--	--	--	--	--	--	--	--	--	11.5	19.1	19.1	11.5	19.1	19.1		
Other lung disorders	--	--	--	--	--	--	--	--	--	--	34.1	47.6	47.6	34.1	47.6	47.6		
Fluid and electrolyte disorders	--	--	25.8	26.1	--	--	41.5	47.7	--	--	35.5	40.2	40.2	35.5	40.2	40.2		
Other psychiatric disorders	--	--	--	--	--	--	16.3	12.8	--	--	18.8	14.2	14.2	18.8	14.2	14.2		
Drug/Alcohol abuse	--	--	--	--	--	--	23.5	15.5	--	--	26.8	16.7	16.7	26.8	16.7	16.7		
Peptic ulcer and other specified GI disorders	--	--	--	--	--	--	13.7	15.6	--	--	--	--	--	--	--	--		

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	Acute myocardial infarction			Heart failure			Pneumonia			
	Mortality	Readmission		Mortality	Readmission		Mortality	Readmission		
	VA	Non-VA	VA	VA	Non-VA	VA	VA	Non-VA	VA	Non-VA
Other GI disorders	--	--	--	--	58.9	58.2	--	--	64.7	61.8
Parkinson's and Huntington's Diseases	--	--	--	--	--	--	4.1	5.3	--	--
Vertebral fractures	--	--	--	--	--	--	2.2	3.8	2.2	3.8
Other injuries	--	--	--	--	--	--	--	--	34.5	37.0
Decubitus skin ulcer	--	8.6	7.7	--	14.3	16.0	--	--	10.7	12.6
Other history of infection	--	27.9	25.6	--	--	--	--	--	37.4	39.6
Septicemia/Shock	--	--	--	--	--	--	--	--	7.8	10.0
<b>Percent of patients hospitalized in both VA and non-VA hospitals</b>	0.06	0.97	0.27	0.13	2.07	1.55				
<b>Percent of patients discharged alive who died without being readmitted within 30 days, %</b>	N/A	4.4	4.5	N/A	4.6	5.6	N/A	6.0	6.0	6.0
<b>Percent of patients readmitted to non-VA hospitals within 30 days among those initially hospitalized in VA hospitals, %</b>	N/A	11.4	14.1	N/A	14.1	12.2	N/A	12.2		
<b>Percent of patients readmitted to VA hospitals within 30 days among those initially hospitalized in non-VA hospitals, %</b>	N/A	0.3	0.3	N/A	0.3	0.3	N/A	N/A	0.3	0.3

PCI, percutaneous coronary intervention; CABG, coronary artery bypass graft; y, years; N/A, not applicable  
 "--": Not included in risk-adjustment of publicly-reported measures for a given condition and outcome

**Table 2**

Hospital Characteristics for Veterans Affairs and non-Veterans Affairs Hospitals, 2010–2013.

Variable (%)	Acute myocardial infarction			Heart failure			Pneumonia		
	VA	Non-VA	P-value for difference	VA	Non-VA	P-value for difference	VA	Non-VA	P-value for difference
<b>Total no. of hospitals*</b>	99 (6.7)	1373 (93.3)	--	100 (6.5)	1428 (93.5)	--	100 (6.5)	1434 (93.5)	--
<b>Total no. of staffed beds</b>									
50	3 (3.0)	107 (7.8)	0.04	3 (3.0)	136 (9.5)	0.04	3 (3.0)	143 (10.0)	0.03
51–100	18 (18.2)	140 (10.2)		18 (18.0)	154 (10.8)		18 (18.0)	153 (10.7)	
101–200	21 (21.2)	356 (25.9)		22 (22.0)	364 (25.5)		22 (22.0)	363 (25.3)	
201–300	24 (24.2)	272 (19.8)		24 (24.0)	275 (19.3)		24 (24.0)	275 (19.2)	
>300	33 (33.3)	498 (36.3)		33 (33.0)	499 (34.9)		33 (33.0)	500 (34.9)	
<b>Medicare condition-specific 3-y volume</b>									
15	13 (13.1)	162 (11.8)	<0.001	1 (1.0)	59 (4.1)	<0.001	1 (1.0)	50 (3.5)	<0.001
16–45	15 (15.2)	206 (15.0)		2 (2.0)	106 (7.4)		0 (0.0)	81 (5.6)	
46–150	52 (52.5)	412 (30.0)		23 (23.0)	340 (23.8)		26 (26.0)	358 (25.0)	
151–480	18 (18.2)	511 (37.2)		66 (66.0)	598 (41.9)		67 (67.0)	702 (49.0)	
>480	1 (1.0)	82 (6.0)		8 (8.0)	325 (22.8)		6 (6.0)	243 (16.9)	
<b>Ownership</b>									
Public	99 (100.0)	161 (11.7)	<0.001	100 (100.0)	179 (12.5)	<0.001	100 (100.0)	181 (12.6)	<0.001
Private not-for-profit	0 (0.0)	920 (67.0)		0 (0.0)	943 (66.0)		0 (0.0)	943 (65.8)	
Private for-profit	0 (0.0)	292 (21.3)		0 (0.0)	306 (21.4)		0 (0.0)	310 (21.6)	
<b>Cardiac facilities</b>									
Open heart surgery	24 (24.2)	1014 (73.9)	<0.001	24 (24.0)	1040 (72.8)	<0.001	24 (24.0)	1042 (72.7)	<0.001
Interventional catheterization only	10 (10.1)	87 (6.3)		10 (10.0)	88 (6.2)		10 (10.0)	87 (6.1)	
No interventional catheterization	9 (9.1)	135 (9.8)		9 (9.0)	145 (10.2)		9 (9.0)	145 (10.1)	
Unknown	56 (56.6)	137 (10.0)		57 (57.0)	155 (10.9)		57 (57.0)	160 (11.2)	
<b>Joint Commission accreditation</b>									
No	1 (1.0)	178 (13.0)	<0.001	1 (1.0)	201 (14.1)	<0.001	1 (1.0)	205 (14.3)	<0.001
Yes	98 (99.0)	1195 (87.0)		99 (99.0)	1227 (85.9)		99 (99.0)	1229 (85.7)	
<b>Teaching status</b>									
COTH member	40 (40.4)	178 (13.0)	<0.001	40 (40.0)	180 (12.6)	<0.001	40 (40.0)	180 (12.6)	<0.001

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Variable (%)	Acute myocardial infarction			Heart failure			Pneumonia		
	VA	Non-VA	P-value for difference	VA	Non-VA	P-value for difference	VA	Non-VA	P-value for difference
Residency or fellowship program affiliated	49 (49.5)	339 (24.7)		50 (50.0)	350 (24.5)		50 (50.0)	350 (24.4)	
Nonteaching	10 (10.1)	856 (62.3)		10 (10.0)	898 (62.9)		10 (10.0)	904 (63.0)	
<b>Census division</b>									
New England	1 (1.0)	14 (1.0)	0.31	1 (1.0)	14 (1.0)	0.43	1 (1.0)	14 (1.0)	0.43
Middle Atlantic	13 (13.1)	224 (16.3)		14 (14.0)	227 (15.9)		14 (14.0)	227 (15.8)	
South Atlantic	9 (9.1)	82 (6.0)		9 (9.0)	89 (6.2)		9 (9.0)	90 (6.3)	
East North Central	20 (20.2)	226 (16.5)		20 (20.0)	234 (16.4)		20 (20.0)	234 (16.3)	
East South Central	11 (11.1)	106 (7.7)		11 (11.0)	116 (8.1)		11 (11.0)	115 (8.0)	
West North Central	14 (14.1)	232 (16.9)		14 (14.0)	238 (16.7)		14 (14.0)	238 (16.6)	
West South Central	10 (10.1)	152 (11.1)		10 (10.0)	160 (11.2)		10 (10.0)	164 (11.4)	
Mountain	10 (10.1)	79 (5.8)		10 (10.0)	84 (5.9)		10 (10.0)	85 (5.9)	
Pacific	10 (10.1)	233 (17.0)		10 (10.0)	238 (16.7)		10 (10.0)	239 (16.7)	
Other	1 (1.0)	25 (1.8)		1 (1.0)	28 (2.0)		1 (1.0)	28 (2.0)	
<b>MSA population size</b>									
<100,000	2 (2.0)	3 (0.2)	<0.001	2 (2.0)	3 (0.2)	<0.001	2 (2.0)	3 (0.2)	<0.001
100,000–250,000	13 (13.1)	30 (2.2)		13 (13.0)	34 (2.4)		13 (13.0)	34 (2.4)	
250,000–500,000	17 (17.2)	99 (7.2)		17 (17.0)	98 (6.9)		17 (17.0)	100 (7.0)	
500,000–1,000,000	20 (20.2)	279 (20.3)		20 (20.0)	291 (20.4)		20 (20.0)	292 (20.4)	
1,000,000–2,500,000	22 (22.2)	417 (30.4)		23 (23.0)	438 (30.7)		23 (23.0)	441 (30.8)	
2,500,000	22 (22.2)	426 (31.0)		22 (22.0)	440 (30.8)		22 (22.0)	440 (30.7)	
Unknown	3 (3.0)	119 (8.7)		3 (3.0)	124 (8.7)		3 (3.0)	124 (8.6)	

\* Hospital characteristics were not available for 4 VA hospitals and several non-VA hospitals.

COTH = Council of Teaching Hospitals; VA = Veterans Affairs

**Table 3**  
 Thirty-day Mortality and Readmission Rates for Medicare Fee-for-Service Beneficiaries Hospitalized with Acute Myocardial Infarction, Heart Failure, and Pneumonia at Veterans Affairs and non-Veterans Hospitals, 2010–2013.

	Observed			Risk-Standardized			Mean-aggregate within-MSA percentage difference between VA and non-VA hospitals (95% CI)	P-value
	VA hospitals	Non-VA hospitals	P-value	VA hospitals	Non-VA hospitals	P-value		
<b>Acute myocardial infarction</b>								
Mean 30-day mortality rate, % (95% CI)	11.62 (10.72, 12.52)	13.88 (13.63, 14.13)	<0.001	13.52 (13.38, 13.66)	13.69 (13.64, 13.74)	0.02	-0.22 (-0.40, -0.04)	0.02
Mean 30-day readmission rate, % (95% CI)	19.05 (19.10, 21.01)	17.16 (16.89, 17.43)	<0.001	17.84 (17.71, 17.96)	17.21 (17.17, 17.25)	<0.001	0.62 (0.48, 0.75)	<0.001
<b>Heart failure</b>								
Mean 30-day mortality rate, % (95% CI)	8.92 (8.33, 9.52)	12.19 (12.01, 12.36)	<0.001	11.43 (11.11, 11.75)	11.87 (11.80, 11.93)	0.008	-0.63 (-0.95, -0.31)	<0.001
Mean 30-day readmission rate, % (95% CI)	24.34 (22.58, 25.11)	23.51 (23.29, 23.72)	0.03	24.66 (24.31, 25.02)	23.46 (23.39, 23.53)	<0.001	0.97 (0.59, 1.34)	<0.001
<b>Pneumonia</b>								
Mean 30-day mortality rate, % (95% CI)	11.07 (10.41, 11.72)	12.33 (12.15, 12.52)	<0.001	12.63 (12.19, 13.07)	12.17 (12.08, 12.26)	0.05*	-0.03 (-0.46, 0.40)	0.90
Mean 30-day readmission rate, % (95% CI)	19.36 (18.61, 20.11)	18.61 (18.40, 18.82)	0.04	19.44 (19.19, 19.69)	18.68 (18.63, 18.73)	<0.001	0.66 (0.41, 0.91)	<0.001

VA = Veterans Affairs; CI = confidence interval

\* exact p-value = 0.0449

Crude numbers of mortality and readmissions: AMI mortality VA: 931, non-VA: 17,341; AMI readmission VA: 1,590, non-VA: 22,846; HF mortality VA: 2,042, non-VA: 26,428; HF readmission VA: 6,385, non-VA: 63,841; pneumonia mortality VA: 2,334, non-VA: 23,671; pneumonia readmission VA: 4,110, non-VA: 38,440