

Current Advancements and Strategies in Tissue Engineering for Wound Healing: A Comprehensive Review

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Significance: With an aging population leading to an increase in diabetes and associated cutaneous wounds, there is a pressing clinical need to improve wound-healing therapies.

Recent Advances: Tissue engineering approaches for wound healing and skin regeneration have been developed over the past few decades. A review of current literature has identified common themes and strategies that are proving successful within the field: The delivery of cells, mainly mesenchymal stem cells, within scaffolds of the native matrix is one such strategy. We overview these approaches and give insights into mechanisms that aid wound healing in different clinical scenarios.

Critical Issues: We discuss the importance of the biomimetic niche, and how recapitulating elements of the native microenvironment of cells can help direct cell behavior and fate.

Future Directions: It is crucial that during the continued development of tissue engineering in wound repair, there is close collaboration between tissue engineers and clinicians to maintain the translational efficacy of this approach.

Keywords: biomimetic, tissue engineering, wound healing

SCOPE AND SIGNIFICANCE

CUTANEOUS WOUND HEALING is a major burden for healthcare systems worldwide. Here, we review the key tissue engineering strategies in cutaneous wound healing, including scaffolds, growth factors, and cellular therapies, to create biological skin equivalents. We also address the current challenges and future implications to the ever-evolving scientific research and technology.

TRANSLATIONAL RELEVANCE

Normal wound healing is commonly described as four overlapping and coordinated stages: hemostasis, inflammation, proliferation, and remodeling. The role of endogenous stem cells is crucial to the process. Tissue-engineered solutions that combine stem cells, growth factors, and a supporting matrix are being used to create products for clinical wound care applications. There has



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*Correspondence: UCL Division of Surgery and Interventional Sciences, UCL Institute for Orthopaedics and Musculoskeletal Sciences, University College London, Stanmore Campus, Brockley Hill, London HA7 4LP, United Kingdom (e-mail: u.cheema@ucl.ac.uk). been a recent research focus on systems of stem cell delivery to wound sites, which ensure cell viability and efficacy in promoting wound healing and the regeneration of its appendages.

CLINICAL RELEVANCE

Management of wounds is a routine part of medical practice worldwide, and delays in healing represent a significant clinical and economic burden. From national data in the United Kingdom, the National Health Service manages 2.2 million patients, costing an estimated £5.3 billion. These numbers are ever increasing, especially with an aging population.¹ They also have a higher mortality, prolonged hospital stays, poorer quality of life, and an increased rate of being in a long-term care facility when discharged.^{1–3}

BACKGROUND

Skin is the largest organ in the body and it consists of the epidermis, dermis, subcutaneous tissue layers, as well as skin appendages such as hairs and glands, which expand from deep in the dermis to the superficial epidermal layers (Fig. 1). It is very vascular and highly innervated; is functionally responsible for maintenance of homeostasis of the living body by regulation of temperature, hydration, and vitamin D synthesis; as well as the all-important protective barrier against external chemicals and pathogens. Damage to any part of this organ from the development of a skin wound will inevitably compromise the functional properties mentioned earlier, exposing individuals to the risk of other health complications.

Normal wound healing is commonly described as four overlapping and precisely coordinated stages: hemostasis, inflammation, proliferation, and remodeling.⁴ During the first stage, when the epidermal barrier is violated, keratinocytes react to cell damage. Hemostasis is achieved by endothelialactivated vasoconstriction and the clotting cascade. Platelets degranulate alpha granules, leading to secretion of growth factors and pro-inflammatory cytokines.⁵ The inflammation phase also begins early with one of the predominant cell types at this stage being neutrophils acting to debride the wound. Monocytes constitute another important group of cells, which, regulated by transforming growth factor (TGF)- β , transform into macrophages. These further amplify the inflammatory response and the formation of granulation tissue as the proliferative phase is entered, lasting a maximum of 14 days.^{6,7} This phase encompasses the multiple processes of angiogenesis, epithelialization, and granulation tissue and collagen deposition. As part of the formation of granulation tissue and laying down of extracellular matrix (ECM), endothelial cell proliferation and angiogenesis have to occur. This is stimulated by vascular endothelial growth factor (VEGF) and fibroblast growth factor (FGF).^{2,8} Fibroblasts are the predominant cell type in the early stages. Some of this population transform into myofibroblasts, which are responsible for wound contraction. Fibroblasts secrete components of ECM, which form the foundations for the healing skin.⁹



Figure 1. Adult skin consists of epidermis, dermis, and appendages. Skin stem cells have been described in the hair follicles, sebaceous glands, and the interfollicular epidermis. Adapted from Servier Medical Art.

The re-epithelialization process with epithelial cell proliferation and migration starts early after injury and continues into the remodeling phase, which can last from months to years. The initial increased fibroblast activity results in the laying down of type III collagen, which initially may account for 30% of the healing wound collagen. Gradually, this is replaced by type I collagen and by the second week, type I production is predominant again. Both type I and III collagen are produced during wound healing, but it is the ratio of their production that determines the proportion of collagen type. Net collagen accumulation peaks at around the third week after injury. Throughout the rest of the remodeling stage, collagen is produced at elevated rates without an overall net increase. This is due to collagen production being balanced by degradation.^{10,11}

Chronic wounds have decreased levels of growth factors, display abnormal ECM function and poor blood supply; in addition, they show increased levels of the inflammatory interleukins and tumor necrosis factor (TNF), which prevents the start of the proliferative stage of healing and can hinder the remodeling process. An overview of the key contributing cells and factors involved in wound healing is presented in Table 1.

Wounds in the clinical setting

There have been significant advancements to the manufacturing of wound care products over the past few decades. To be able to maximize healing potential through the choice of management options, it is important to have an understanding of different wound types and the pathophysiology of wound environments. Figure 2 broadly defines the different types of wounds seen in a clinical setting.¹⁴ The most common types of chronic wounds being treated include leg ulcers of vasculopathic and diabetic origin, pressure ulcers, and surgical or traumatic wounds.¹ It is well established that some patient characteristics predispose them to delayed wound healing. Local factors include oxygenation, infection, foreign bodies, or venous disease. Important systemic factors are age, stress, ischemic factors, obesity, immunosuppression, smoking, and nutrition.¹⁵ Certain comorbidities have also been shown to be independent risk factors for developing open wounds or ulcers.

We have overviewed wound type by severity, and we have listed the specific challenges that each type of wound exhibits and the strategies used to overcome these (Fig. 2).¹⁴

There are several approaches to wound management in the clinical setting and to consider each one in detail would go beyond the scope of this article. As this article is the most concerned with current tissue-engineered strategies for wound healing, the use of skin substitutes will be discussed. Skin substitutes can be used either alone or as an adjunct to skin grafting for wound coverage, depending on which layers of the skin the product is designed to support. Horch *et al.* have described three types of skin substitutes that have been classified according to their relevant biological action in patients.¹⁶ These were historically developed from how surgeons treated wounds in clinical practice, and they are summarized in Table 2.

The relevance of this table is seen in how the different commercially available skin products are

 Table 1. Key contributing cells and factors involved in the phases of wound healing

Haemostasis	Inflammation	Proliferation	Remodelling	
Typical timing				
Hours	4–5 days	Till 14 days	Lasts 12–18 months	
Key contributing cells ^{5,12}				
Keratinocytes	Neutrophils	Macrophages	T-lymphocytes	
Endothelial	Monocytes	Fibroblasts	Fibroblasts	
Platelets	Macrophages	Myofibroblasts	Myofibroblasts	
	Endothelial cells	T-lymphocytes		
	Fibroblasts			
Key contributing cytokines ^{4,13}				
IL-1	EGF	EGF	TGF-β	
TXA2	PDGF	VEGF	PDGF	
TGF-α	TGF-β	TGF- β	IGF	
TGF-β	FGF	PDGF		
PDGF	IFN-α	FGF		
EGF	TNF-α	IL-6		
VEGF	IL-1			
FGF	IL-8			
	IL-10			

FGF, fibroblast growth factor; IGF, insulin-like growth factor; IL-1, interleukin 1; PDGF, platelet-derived growth factor; TGF, transforming growth factor; TNF, tumor necrosis factor; TXA2, thromboxane; VEGF, vascular endothelial-derived growth factor.



Figure 2. A basic diagrammatic representation of different wound types, the treatment challenges, and possible tissue engineering solutions in relation to the varying wound severities.¹⁴ The *hatched shading* over diagrammatic skin layers represents tissue loss.

aimed at different types of wound treatments (Fig. 2 and Table 3). This distinction is particularly helpful for researchers in this field to be able to tailor tissue-engineered products to the required patient groups.

The challenge of generating tissue repair is, therefore, the ability to regenerate native tissue in a manner that allows for the restoration of function to the lost tissue in both acute and chronic wound

Table 2. The classification of skin substitutesaccording to their biological actions

Types of Skin Substitutes	Definition		
Temporary	Materials that can be placed on a fresh wound (usually partial thickness) and left until healed		
Semi-permanent	Materials that are left attached to the excised wound, and eventually added on with autologous skin grafts in a two- staged surgical procedure.		
Permanent	Incorporating an epidermal analogue, dermal analogue, or both as a permanent skin replacement solution		

Adapted from Horch *et al.*¹⁶

settings. Tissue engineering can provide the necessary ingredients to replicate tissue via the use of three central components, scaffolds, cells, and growth factors, to develop three-dimensional (3D) structural units that aim at restoring the function to cutaneous tissue.¹⁷ Strategies mainly involve covering wounds with native matrix and/or polymer scaffold dressings, injection of cells directly to the wound site, or cell encapsulation within materials that can then be implanted.

In the next few sections, we review the key strategies in the use of tissue engineering in cutaneous wound healing, including scaffolds, cellular therapies, and growth factors, to create biological skin equivalents. We also aim at addressing the current challenges and future implications to the ever-evolving scientific research and technology.

SYSTEMATIC LITERATURE REVIEW METHODOLOGY

To summarize the key research avenues that are currently being explored for addressing cutaneous wound healing, we have performed a systemic

Table 3. Current available commercial tissue-engineered therapies for wound healing

Commerical Products	Product Composition		
Acellular products			
Biological matrix			
Promogram [™] (Acelity L.P., Inc.)	Oxidized regenerated cellulose and collagen		
Puraply [®] (Organogenesis, Inc.)	Porcine-derived type I collagen		
MatriDerm [®] (MedSkin Solutions Dr. Suwelack AG)	Bovine collagen fibrils with elastin		
Tisseel [®] (Baxter International, Inc.)	Fibrin		
Beriplast P (CSL Behring)	Freeze-dried fibrinogen-factor XIII and thrombin		
EVICEL [®] (Ethicon)	Fibrin		
Hyaff [®] (ATGmed–AT Technologies GmbH)	Hyaluronic acid		
Hycoat [®] (The Hymed Group)	Sodium hyaluronate		
Synthetic/biosynthetic matrix			
Integra [®] (Integra Life Sciences Corp.)	Bilayer matrix bovine collagen and silicon		
Hyalomatrix [®] (Anika Therapeutics)	Silicon membrane bound to hyaluronic acid		
Biobrane [®] (Mylan and Smith & Nephew)	Silicon membrane bound to porcine collagen-coated nylon mesh		
Suprathel [®] (Polymedics Innovation)	D.Lactide trimethylene carbonate and epsilon-capronolactone membrane		
Terudermis (Olympus Terumo Biomaterial Corp.)	Bovine dermal cross-linked atelocollagen with or without silicone		
Pelnac (Gunze Ltd., Medical Materials Centre)	Procine tendon-derived atelocollagen type I with or without silicone film		
Biologically processed matrix	0 //		
OASIS Wound Matrix [®] (Cook Biotech, Inc.)	Acellular procine small intestinal submucosa		
PriMatrix [®] (Integra Life Science Corp.)	Acellular fetal bovine dermis		
MatriStem [®] (ACell, Inc.)	Acellular porcine urinary bladder		
SurgiMend [®] (Integra Life Science Corp.)	Acellular fetal or neonatal bovine dermis		
AlloDerm [®] (LifeCell Corp.)	Acellular human dermis		
Graft Jacket [®] (Wright Medical Technology Inc.)	Acellular human dermis		
DermaMatrix [®] (Musculoskeletal Transplant	Acellular human dermis		
Foundation and Synthes CME)			
FZ Derm [®] (Mölnlycke Healthcare 11C)	Acellular silver-impregnated aldebyde cross-linked porcine dermis		
Amnioexcel (Derma Sciences, Inc.)	Dehydrated amnion-derived tissue		
Biovance [®] (Alliqua BioMedical Inc.)	Dehydrated annion-derived tissue		
Grafix [®] (Asiris Therapeutics, Inc.)	Cryonreserved amnion-derived tissue		
Enifix [®] /EniBurn [®] (MiMedx Group, Inc.)	Dehydrated and sterilized human amnion/chorion tissue		
Epinx /EpiDuri (Winneux Group, inc.)			
Cellular products			
Epidermai products			
Epicel [®] (Genzyme Tissue Repair Corporation)	Cultured autologous keratinocytes		
Keratinozyten Sheets (DIZG)	Cultured autologous keratinocytes		
Recell [®] (Avita Medical)	Autologous epidermal cells in liquid suspension		
MySkin (Celltran Ltd.)	Cultured autologous keratinocytes on membrane		
Laserskin [®] /Vivoderm [®] (Fidia Advanced Biopolymers)	Cultured autologous keratinocytes in laser-perforated hyaluronic acid		
Dermal/epidermal-dermal (composite) products			
Theraskin (Soluble Systems LLC)	Human allogeneic split-skin graft, including keratinocytes and fibroblasts		
Dermagraft® (Organogenesis, Inc.)	Neonatal foreskin-derived fibroblast seeded in polyglycolic acid or polyglactin-910 mesh		
Apligraf [®] (Organogenesis, Inc.)	Bilayered human neonatal epidermal keratinocytes and neonatal foreskin-derived		
	fibroblast seeded in bovine collagen matrix		
StrataGraft [®] (Stratatech Corp.)	Bilayered human dermal fibroblast and human keratinocyte-derived fully stratified epidermis		
Growth factor products			
Regranex [®] (Ortho-McNeil)	Human recombinant platelet-derived growth factor		
Autologel [®] (Cytomedix, Inc.)	Platelet-rich plasma		
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search of the available literature, with particular focus on the use of cells and scaffolds in animal wound-healing models. The final search term was chosen based on the raw number of hits and the proportion of experimental versus reviews or opinion papers. The search terms used were (Scaffold OR "Mesenchymal stem cell" OR Biomaterial OR "cell based therapy") AND ("Diabetic wound" OR "skin wound") AND ("ischemia" OR "hypoxia"). The search was performed in Google scholar with restrictions on date from 2006 to 2016, and on English language papers only. The first exclusion pass was based on only the title. Papers were excluded if they were found to meet any of the following criteria:

- Review papers.
- Abstract only.
- Unable to retrieve a full copy of the paper.
- Non-cutaneous wounding.
- Non-wound healing
- Non-English.

The initial search returned 3,901 papers. After the first pass, this was reduced to 238 papers. After the first pass, the remaining papers were reviewed for scientific quality and variables of interest.

A set of variables related to methodology and results were created, and any papers for which two or more of the chosen variables could not be extracted were excluded. After the second pass, 121 papers remained for comparative review.

The variables assessed in this article were chosen with an initial aim of performing a metaanalysis of the effectiveness of various scaffold-/cell therapy-based treatments and of highlighting promising research avenues. Despite many highquality individual papers reporting significant results on the basis of well-constructed experimental procedures, the heterogeneity in approaches and protocols prevents meta-analysis of the data.

Despite being unable to perform meta-analysis of wound-healing efficacy, many of the individual works still report findings that are of crucial importance to the progression of the wound-healing field. Some of these are highlighted in the relevant sections of this article.

DISCUSSION

Experimental approaches

The heterogeneity and the lack of standardized protocol/approach to the reporting of results frustrated any meta-analysis of the systematic review data. This problem is well recognized and reported in other literature surveys involving in vivo animal studies.^{18–20} One such instance found was the lack of a standardized method or calculation for measuring the size of the wound and reporting the rate of healing. Another discrepancy of approach was the use of splints to prevent wound closure by contraction. This is of particular importance in rodent studies in which wound healing occurs predominantly via contraction rather than epithelial migration as it does in human wound healing.²¹ Great heterogeneity can also be found in the type of animal model used and in the use of diabetic or immunocompromised strains. Faster research progress in the field could be achieved by a more standardized approach to animal model use, which would allow for large meta-analyses. We report data gathered from the literature review to allow future researchers to standardize their methodology against the consensus in the field, where appropriate. Data are shown in Fig. 3 for the following: the proportions of different animal models, the use of splints with and without immunocompromised animals, the initial wound sizes created, and the length of the study.

Role of cells in wound healing

Endogenous stem cells feature predominantly in the complex and coordinated signaling cascades of wound healing. The most abundant skin stem cells are the adnexal structures, particularly the hair follicle bulge stem cells, which represent the best characterized epidermal stem cell population. There are other stem cell populations described in the interfollicular epidermis and sebaceous glands²² (Fig. 1). Hair follicle bulge stem cells are the most commonly characterized by expression of Keratin 15, although other markers, including Lgr6 and MTS24, have been more recently identified.²³ The seminal work of Ito et al. demonstrated that new skin cells arose from hair follicle bulge stem cells that had migrated to the epidermis after damage.²⁴ Since this work, many other researchers have used a wider variety of markers to demonstrate the presence of these cells in the epidermis long after wound healing.²⁵ However, recent controversy has emerged over the time course of the hair follicle bulge stem cells' involvement in wound healing. Langton et al. have shown that in the absence of these stem cells, the initial wound healing rate (4 days) is significantly reduced²⁶; whereas more recently, Garcin et al. showed that these cells may, in fact, be excluded from the early stages of wound healing for excisional wounds.²³ In the case of burns, the hair bulge's regenerative function has been particularly noted: Superficial burns, which leave the structures intact (Fig. 2), heal rapidly and regenerate epidermal appendages. With more severe burns in which the hair bulge is affected, the regenerated skin shows scarring and lacks adnexal structures.²⁷

The use of cultured epithelial autografts (CEA) for the treatment of burns has been used to treat cutaneous defects since it was described by Green et al. in 1979.²⁸ This was based on the hypothesis that delivery of the CEA would deliver the inherent skin stem cell population and would enhance wound healing. However, researchers were quick to realize that applying CEA alone into wounds did not achieve good clinical results.²⁹ Clinically, they were cumbersome to use and patients experienced poor quality of healing with frequent blistering and wound contractures months after grafting.^{30,31} Since then, studies have shown that providing matrix support and a delivery system for CEA improves its in vivo success, leading to the development of bioengineered cultured skin substitutes.^{32,33} There is still a role for cellular therapies, such as the commercially available Epicel[®] (Genzyme), through the instant replacement of lost cell mass in difficult-totreat wounds, although its efficacy and economical



Figure 3. (A) Pie chart showing the number of studies performed in the various animal models. (B) The percentage of studies employing splints and either diabetic strains or inducing diabetes in the animal before wounding. (C) The number of days over which animal wound healing is measured, modal value found to be 14 days. (D) *Top panel* shows the diameter of the circular wound for various animal models; *bottom panel* shows the area in the case of rectangular wounds.

benefits compared with other advanced the rapies has yet to be determined. 34

From our analysis of the literature, cellular therapies utilized a variety of cell sources. The predominant cells were stem cells (81.9%), which included bone marrow, adipose-derived stem cells, as well as umbilical cord, and Wharton's jelly mesenchymal stem cells (MSCs). Fibroblasts were the next most common cell type (7.1%). Table 4 lists all cell sources found in the reviewed literature. To understand the progression of various cellular therapies currently used for wound healing, the difference between stem cells and differentiated cells needs to be first appreciated. Differentiated cells, such as fibroblasts and keratinocytes, form the basis of commercially available autologous and allogeneic cell-based products.

Some products have been on the market since the late 1990s. Their role in skin substitute products, such as Dermagraft[®] (Organogenesis, Inc.) and Apligraf[®] (Organogenesis, Inc. and Novartis), is to provide the necessary materials for wound closure via the laying down of matrix proteins and the production of growth factors.^{35,36} This stimulates healing by promoting host cell migration and infiltration, as well as neoangiogenesis into the wound bed, thereby enhancing rapid re-epithelialization and closure of the wound. However, there are inherent disadvantages with using allogeneic products. Although the risk is very low, there is a possibility of disease transmission and graft rejection.³⁷ Conversely, it has been shown in several studies that allogeneic-differentiated cells delivered via the bio-

Table 4. Cell types used in the studies systematically reviewed

Cell Type	Number of Studies	Reference
Bone marrow-derived stem cells	31	41-69
Adipose-derived stem cells	16	54,65,66,70-81
Endothelial cells/endothelial progenitor cells	5	53,75,82-84
Umbilical cord MSCs	4	65,85–87
Wharton's jelly MSCs	4	88–91
Fibroblasts	3	66,92,93
Keratinocytes	2	94,95
Circulating cells	2	96,97
Skin-derived stem cells	1	98,99
Stromal vascular fraction	1	100
Amniotic fluid stem cells	1	101
Pluripotent stem cells	1	102
Human urine-derived stem cells	1	103
Myeloid cells	1	104
Pancreas or submandibular-derived stem cells	1	105
Endometrial regenerative cells	1	106

MSC, mesenchymal stem cells.

logical skin substitute Alipgraf[®] do not persist in the wound site beyond 6 weeks, which may explain why rejection is not commonly reported in literature.^{38,39} Despite such theoretical benefits, researchers and clinicians still experience limited success with its use. Reported clinical trial studies, using differentiated cell-based products, have shown a collective success rate of 35–56% in wound closure, leaving approximately half of the wounds ineffectively treated and vulnerable to the risk of infection and other complications.⁴⁰ This has prompted researchers to consider stem cell-based therapies as a possible solution to further improve wound healing.

Stems cells' capacity for self-renewal and their inherent clonogenicity and potency make them fundamental in the healing and regeneration of bodily tissues. From the wound-healing perspective, stems cells have the potential of correcting the biological deficiencies in chronic wounds, thereby offering the potential of complete skin regeneration, including the restoration of the skin appendages. Although embryonic and induced pluripotent stem cells have the most valuable potency of all cells to differentiate and regenerate, the ongoing issues around the ethics and safety of their use have prompted researchers to focus more on the other stem cell populations, such as MSCs instead.

The delivery of MSCs to wounds is gaining popularity in this field. There are distinct advantages of the use of MSCs over differentiated cells. They are known to possess beneficial immunomodulatory effects, such as immune-suppressive and immune-privilege functions, theoretically making their allographic uses more suitable from that respect.¹⁰⁷ They also have a strong trophic capability of releasing the necessary pro-regenerative cytokines and growth factors for regeneration,^{108,109} and their ability to differentiate provides a potential cell source for native tissue restoration (Fig. 4). All these help to provide further building blocks to the healing process.¹¹⁰

Using a porcine model, Mansilla et al. investigated the use of bone marrow-derived MSCs (BMMSCs) seeded on an "intelligent" acellular dermal matrix in burns and found total regeneration of wounds with little scarring, including the regrowth of hair follicles as well as burned muscle and even ribs.¹¹¹ Li et al. and Kataoka et al. also reported similar skin appendage formations on the addition of BMMSC in rat and mouse models, respectively. Promisingly in both studies, the labeled MSCs were found within regenerated hair follicles, sebaceous glands, and dermis, demonstrating MSCs' innate ability to contribute functionally to the wound-healing process.^{112,113} Converselv. there is also a growing body of evidence showing that the therapeutic effect of implanted MSCs comes from the release of necessary secretomes rather than long-term contribution to the structure and transdifferentiation.^{114–116} What is clear. however, is the fact that MSCs have the right regenerative characteristics and potential to improve wound healing where differentiated cells are not implanted. A direct comparison of the role of stem cells to commercially available differentiated cells would be helpful to both researchers and clinicians, but studies in this field are currently lacking. Interestingly, stem cells have been shown to display cellular cross-talk with differentiated cells when cocultured together, improving and enhancing the therapeutic potential in wound healing. Aoki et al.



Figure 4. Mesenchymal stem cells possess the right characteristics for use in tissue regeneration of skin.

demonstrated how BMMSCs interacted with keratinocytes such that rete ridge-like structures were created in the regenerated epidermis in its presence, indicating the benefits of cellular diversity within the wound-healing environment.¹¹⁷ However, there exists conflicting evidence on the importance of these cellular interactions, as shown in a study by Rodriguez-Menocal et al.¹¹⁸ Dosedependent effects were reported in their in vitro study, where it was shown that higher levels of cocultured MSCs inhibited fibroblast migration whereas lower doses of MSCs actually enhanced fibroblast migration patterns. Therefore, a better understanding of co-culture cellular dynamics, especially with the use of stem cells, is needed, and further research will be needed to address this void.

Delivery systems. There are four main mechanisms through which cells are delivered to wounds in vivo. These include delivery through topical spray, direct injection, systemic delivery, and cellseeded scaffolds. Each delivery mode has its own advantages. The topical spray and direct injection are easy to administer but difficult to localize cells in the long term, as cells can "escape" the delivery site. As cells are not encapsulated within a material or matrix, these cells are also considered nonprotective.¹¹⁰ With a systemic delivery of cells, there is reason to believe that stem cells, in particular, may "home-in" on the wound site; however, this is not certain and the localization of other cells at the wound is unlikely. Generally, it is accepted that 3D scaffolds (either native matrix rich or polymer) afford cells within them a protective environment and enable one to localize cells to a wound site.¹¹⁰ Modification of scaffolds' material properties, including degradation times, stiffness, porosity, and incorporation of growth factors and/ or drugs, is also possible.

There is an emerging appreciation of supporting the stem cell niche in its 3D state, as it is known that maintenance of stem cell pluripotency or multipotency and differentiation are associated with specific microenvironmental cues. These niches provide a set of unique and specific features that help to maintain multipotency proliferation and differentiation and regulate stem cell maintenance. The specific microenvironmental features include chemical signals (including growth factors), cell-cell adhesion and interactions, cellmatrix attachment, mechanical features, stiffness, and oxygen environment.^{119,120} There is, thus, a need to understand which features can influence specific stem cell behaviors that we may wish to manipulate, in this case related to the wound-



Figure 5. Representation of the number of studies that adopt various approaches to wound healing. Percentage of studies applying either of the following: cells directly to the wound, growth factors directly, or a scaffold, as well as those that combine these approaches, that is, scaffold with encapsulated cells, scaffolds with encapsulated growth factors, and all three combined or cells with additional growth factors.

healing process. The systematic review data reflect the growing awareness of the importance of the biomimetic niche over the past 10 years. Figure 5 shows the relative proportions of studies that utilize scaffolds, cells, and growth factors and the combination thereof.

The importance of scaffolds in wound healing

As discussed earlier, cells in vivo reside within distinct microenvironments, which help to direct cell function, state, and signaling. Such microenvironments are critical to wound healing; therefore, it is crucial that any cell-based therapies support new or host cell populations by providing a suitable microenvironment. Only in such cases will cells contribute maximally to tissue regeneration and repair. Culturing cells within a 3D environment such as a scaffold is a method that aids in the creation and maintenance of specific microenvironments or biomimetic niches. In the case of delivering cell-seeded scaffolds into wound defects, this can allow for new tissue genesis.¹¹⁰ This greater appreciation of the native 3D microenvironment has brought about the emergence of biomimetic scaffolds that aim at creating a biomimetic cell niche, with particular attention to the stem cell niche. Biomimetic tissue-engineered scaffolds make use of biomaterials that mimic one or multiple characteristics of the native ECM.¹²¹ This can be in the form of its biodegradability, mechanical properties, matrix composition, and/or architecture. There are two main types of tissue-engineered scaffolds: biological and synthetic.

Biological scaffolds can exist as organic molecular polymer or as matrix protein, such as collagen and hyaluronic acid. These scaffolds tend to contain a maximum of three matrix components, so

they are relatively simple in terms of composition. There is also the use of decellularized (acellular) allogeneic or xenographic-derived dermal matrices (artificial dermal matrix [ADM]), which are complex in terms of matrix composition and architecture. Using an ADM as a biological modulator is specifically believed to interrupt the continuous inflammatory process that is characteristic of chronic wounds and in so doing to lead to angiogenesis, cell infiltration, and re-epithelialization.¹²² However, only small numbers of good-quality clinical trials exist for supporting the usage of ADMs in chronic wounds, and the exact mechanism of action is not fully understood.^{122–124} The main processes used to decellularize tissues include detergents, hypoand hypertonic solutions, enzymes, and chelating agents.¹²⁴ The process by which tissues are decellularized is critical, as it determines (1) retention of matrix proteins, (2) maintenance of matrix architecture, and (3) retention of growth factors sequestered within the matrix. Overall, it seems that the decellularized acellular dermis potentially provides the most biomimetic matrix to host the all-important cellular niche for tissue engineering purposes.

Commercial wound dressing products commonly use molecular polymers and matrix proteins. Research on tissue-engineered wound-healing products has mostly moved away from the use of single biomolecular agents on wounds, favoring a more sophisticated biologically processed acellular matrix to provide the necessary ECM template for wound healing (Table 1). They can now be found in combination with other biomaterials, such as Apligraf (Organogenesis, Inc.), or as carriers for delivery of cellular products, such as Laserskin[®]/Vivoderm[®] (Fidia Advanced Biopolymers/ER Squibb & Sons, Inc.), to create more complex tissue-engineered products for wound healing.

An advantage of synthetic scaffolds is that they can be customized for purpose in a controlled environment to mimic the tissue architecture of interest. Another major advantage with synthetic scaffolds is the possibility of mass production, facilitating the key goal of providing a point-of-care product in tissue-engineered wound care. First described by Yannas and Burke in 1980, the design and use of artificial skin has been an evolving science.¹²⁵

Currently, opinions in such research are turning toward the use of both organic and inorganic composite materials that are combined together to create a hybrid scaffold for skin tissue engineering.¹²⁶ Organic scaffold components address the need for biological proteins to provide a favorable environment for cells to proliferate and differentiate; whereas inorganic components may facilitate manufacture process and quality control.

It is important to emphasize that scaffolds used alone without the addition of any other cellular or bioactive molecules only promote healing via secondary intention. Therefore, the scaffold influence is to mainly assist the *in vivo* host response in wound repair by provision of the right environment for cell and tissue adherence. Hence, these products are typically used in combination with the conventional gold-standard split-thickness skin grafts.

In addition, there is increasing use of scaffoldbased delivery systems for stem cell transplantation over other delivery modalities. The driving hypothesis here is that the 3D environment provides cells with the necessary protection and matrix spatial cues for the seeded cells during the delivery process.¹¹⁰ There are also key advantages in the use of cell-seeded scaffolds over cell-only therapies in wound healing, especially for larger wounds. Three-dimensional scaffolds provide greater coverage as well as help to maintain the integrity of tissue architecture during wound healing.

Scaffolds may be engineered in a variety of ways. Despite decellularized skin being the most biomimetic of biological scaffolds, limited availability of donor skin and shelf life of such products would deny it from being a solution to the growing demand for tissue-engineered skin products. More recently, researchers have been turning to the use of 3D bioprinting technologies as another viable option for skin replacement.^{127–131} Bioprinting allows for precise and predefined positioning of living cells and other biological material, enabling the manufacture of customizable tissue constructs based on computer-generated designs.¹³² Bioprinting is a layer-by-layer process; hence, it allows for the creation of smaller functional tissue units that are made up of cells that can subsequently be assembled together like building blocks into larger. more complex organs.¹³² The skin as an organ, having a layered structure, is highly suited to this printing technology. Mini-tissue blocks with functional units, such as adenexal structures, can technically be recreated by using 3D bioprinting and using the relevant skin cell types.¹³³ Among all the successful in vivo models. Cubo et al. have successfully bioprinted and transplanted human skin made up of cells from skin biopsy and have shown the resultant regenerated skin to be histologically similar to that of normal human skin.¹³⁰ Hence, it is no surprise that the feasibility of this technology has caught the attention of the commercial industry, with bioprinting company Organovo collaborating with cosmetic giant L'Oreal US to invest and research into the bioprinting of skin in 2015.¹³⁴ Despite its great potential, this field is still very much in its infancy and will require a few more years of fine tuning of its technology before it finds its way to the bedside.¹³²

For all scaffolds, the manufacture process must take into account the specific tissue microenvironment that the scaffold aims to mimic. Mechanical, physical, and biochemical modifications are often introduced and applied to scaffolds to enhance their wound-healing potential.¹⁶ Figure 6 depicts seven features of the cellular microenvironment that should be considered when targeting a biomimetic cell niche.¹³⁵

Material properties. Recent studies have shown that the strength and type of intermolecular bonds within scaffolds may affect cell proliferation and differentiation.¹³⁶ Work has also been done to show that the stiffness of the matrix in which cells are seeded can direct lineage specification.¹³⁷ Where these cells are seeded in a "soft matrix" ($E_{\text{brain}} \sim 0.1-1 \text{ kPa}$) they commit to a neurogenic lineage, compared with being seeded on a stiffer matrix ($E_{\text{muscle}} \sim 8-17 \text{ kPa}$) where MSCs commit to a myogenic lineage.¹³⁷ It is imperative that where stem cells are being delivered to wounds within matrices, this aspect is considered, as MSC fate is influenced by a host of microenvironmental features and triggers.

Matrix composition. There has been much work done on the importance of integrin-mediated adhesion for stem cell maintenance. Although functional roles for β_1 integrin are not completely understood in terms of stem cell maintenance, they are expressed across human MSCs of three different tissue origins, including bone marrow.¹³⁸ $\alpha_6\beta_1$ is an integrin that is associated with attachment



Figure 6. Overview of a number of cell-scaffold interactions to re-create elements of the biomimetic niche. Re-capitulating elements of the biomimetic niche helps to direct cell behavior, response, and fate.¹³⁵

to laminin, and the addition of laminin to scaffolds can enhance the ability of endothelial cells to fuse to form tube-like structures.¹³⁹ Collagen/laminin scaffolds were used to deliver MSCs to an *in vivo* diabetic wound model, with significantly enhanced wound healing compared with collagen I only.⁵⁹ This suggests that variations in MSCs' surface integrin expression and the ability to change integrin expression in 3D matrices can direct their behavior. More so, this highlights the importance of an appropriate choice of ECMs for a given cellular population.¹³⁸ Within the literature reviewed here, a wide variety of scaffold materials were found, with 47.9% of studies using a natural scaffold material, 9.2% using a synthetic material, and 11.6% using a hybrid of synthetic and natural materials. The three most widely used materials were collagen or collagen:chitosan, fibrin, and alginate.

Topographic cues. There is an increasing body of work that shows that the topographic pattern onto which cells are seeded *in vitro* can direct stem cell behavior, including differentiation and commitment to different lineages.¹⁴⁰ It has been found that cells attach to different nano-topographical features on material surfaces with specific integrin receptors and focal adhesions, which can contribute to cell fate through changes in both cell morphology and biochemistry.¹⁴⁰

Hypoxia. Cells cultured *in vitro* are, in the main, exposed to atmospheric O_2 , which is far higher than physiological hypoxia, which ranges between 1% and 9%, and in some cases can be as low as 0%.^{120,141} It is known that oxygen tension can directly affect cell proliferation and differentiation, especially for BMMSCs.¹⁴² It is also appreciated that a hypoxic environment, even less than 1% oxygen, is critical for the maintenance of stem cell pluripotency and quiescence.¹⁴³

Growth factors. Scaffolds have also been shown to be good vectors for delivery of growth factors and other necessary biomolecules that are beneficial to wound healing, such as anti-inflammatory and antioxidant substances. Growth factors are indicated in all tissue-healing cascades. They are key in coordinating the biological signaling component for cell function and tissue regeneration. They represent biological materials that can potentially be used to target distinct wound-healing phases. A variety of growth factors that attempt to target one or several of these phases have been investigated as found through the literature review conducted here and are summarized in Table 5. VEGF,

Growth Factor Drug/Growth Factor	Number of Studies	References
SDF-1-alpha	8	42,50,51,65,74,102,144,145
VEGE	8	65,83,102,146-150
bFGF/FGF	11	55,65,83,102,147,151-156
Human epidermal growth factor	4	157-160
Neutrophin-3	1	161
Angiopoietin-1	1	43
Conditioned media	6	85,87,89-91,161,162
Glucose oxidase	1	163
Platelet-rich plasma/platelet lysate	4	46,164-166
Hepatocyte growth factor	1	166
Platelet-derived growth	4	55,65,83,167
TNF	2	65,102
Thrombin	1	168
Substance P	2	84,169
Other	14	45,56,72,84,97,102,103,152,170-175

Table 5. Summary of all growth factors used in the studies

 systematically reviewed

bFGF, basic fibroblast growth factor; SDF, stromal-derived growth factor.

stromal-derived growth factor $1-\alpha$ (SDF-1- α), and FGF are the three most widely used factors.

However, given the complexity of the woundhealing process, the exogenous use of growth factors does not usually produce results of satisfactory wound healing due to difficulties with mimicking the specific endogenous growth factor production. One effort to replicate this complexity is to control the release of the growth factor to create a more biomimetic environment and a longer-lasting therapeutic effect.^{135,176}

There are two primary ways in which the release from scaffolds can be modulated, either by altering the porosity or surface area of the scaffold to control the rate of diffusion of the factors through and out of the scaffold or via chemical binding of the factor to the scaffold. In the former case, the rate of release of a factor depends on the factor's diffusivity through the scaffold, the relative concentration of the factor within the native tissue, and the rate of uptake or utilization of the factor by cells.

Control of the scaffold porosity is often done by altering the concentration of the scaffold's fibrous components. This effect is consistent across many types of scaffolds and growth factors, for example, for release of SDF-1 from a poly (polyethylene glycol citrate-co-N-isopropylacrylamide) (PPCN) scaffold,¹⁴⁵ increasing the concentration of the polymer slows the release of SDF-1- α into the surrounding media. Similarly, increasing the chitosan proportion in a collagen:chitosan sponge produces a slower release of thymosin- β -4.¹⁷⁰ In addition to controlling the initial scaffold density, controlling the scaffold's surface area will not only affect the diffusion of the factors through the scaffold surface but has also been shown to affect the scaffold's

degradation rate. As the scaffold degrades, factors will be released at a greater rate. By controlling the degradation rate, the release of the scaffold may also be controlled. Fibrin microspheres within a fibrin scaffold described by Kulkarni *et al.*¹⁷⁷ show some spatiotemporal control over the release of two factors through exploiting the differing degradation rates of microspheres as compared with larger fibrin gels. Although such approaches represent a highly interesting avenue of research, the temporal control over the release of such factors with these methods is highly simplified by a comparison to those released via cellular mechanisms.

The alternative method to controlling factor release is to bind the growth factor chemically or electrostatically to the scaffold. Two such systems were found in the literature reviewed. Fibrinbinding basic FGF (bFGF) was shown to increase angiogenesis of implanted scaffolds,¹⁵⁴ as was fibrin-binding VEGF.¹⁴⁹ Another approach is to bind cells into the scaffolds through similar techniques. Wang *et al.*¹⁷² utilized a collagen scaffold with a collagen-binding peptide with an affinity for MSCs. Using a porcine model, the authors report an increase in wound closure rate for the binding scaffold as compared with a non-binding scaffold as well as increased cell retention.¹⁷²

Tissue architecture dictates phys-Architecture. ical properties of tissues. For example, the orthogonal pattern of collagen fibrils in the cornea confer transparency to that tissue, whereas the parallel array of a bi-modally distributed collagen diameter size confers mechanical strength to tendons in one plane.¹⁷⁸ Skin is a meshwork of interwoven ECM proteins that give the skin anisotropic properties as well as its flexibility. In regeneration of the skin, scarring can limit the flexibility of new skin; therefore, strategies to reproduce the normal architectural woven structure of the skin are desirable. This biomimetic feature may be introduced into a scar by grafting de-cellularized skin, with the hope that cells would use the biomimetic cues to align themselves and deposit matrix by using the scaffold cues.¹⁷⁹ There is also an emerging view that although tissue architecture is seen as a consequence of cell behavior, mainly deposition of matrix protein and application of strain and tension applied to tissues, it is likely that tissue architecture itself may direct cell behavior and fate.¹⁸⁰ So cells within an aligned tissue are likely to stress shield and align along the principal axis of strain. They are also more likely to deposit matrix along this alignment.

The interactions of cells with the native scaffold within tissues can direct and influence cell behavior. It is critical to decipher the specific components of the microenvironment that can successfully deliver cells to an injury site and direct them to aid tissue repair and re-growth.

FUTURE OF TISSUE ENGINEERING IN WOUND REPAIR

The end-goal for tissue engineering in wound repair is to be able to provide patients with highquality, universal, and "off the shelf" skin substitutes that can regenerate skin in wounds as quickly as possible, with minimum scarring. There are still significant challenges in this rapidly evolving research field to be able to achieve this goal. The skin substitute products currently available to patients can only go so far as to partially replace the skin as a protective barrier. However, functional restoration, such as its innervation, thermoregulation, perspiration, melanin production, and aesthetic appearances, has yet to be achieved by current bioengineering techniques. It seems that the next steps for tissueengineered skin products involve the marriage between the use of stem cells within a tissue-engineered scaffold to be able to achieve such a full regeneration of skin. Although there are several instances of preclinical animal research incorporating such techniques, there have been only a handful of clinical studies looking at the usage of MSCs in combination with a biological scaffold to aid skin wound healing in humans. This is summarized in Table 6.

A 2005 study in Japan experimented on a murine model with a bovine-derived collagen sponge

(Terudermis) impregnated with a suspension of cells derived from bone marrow.¹⁸¹ The study showed that the rate of angiogenesis in a healing wound was greater in the mice population implanted with collagen matrix containing bone marrow suspension compared with the control group. The study also presented a case report of a chronic leg ulcer that was treated with Terudermis impregnated with autologous bone marrow cell suspension. Two weeks after application, healthy granulation tissue formed and a splitthickness skin graft was performed, with successful outcome at long-term follow-up. Although the paper did not specifically mention MSCs, the BM-derived cell suspension would have contained some. In 2008, Yoshikawa et al. reported the use of artificial dermis (Pelnac) soaked with marrow MSC suspension on 20 subjects with chronic lower limb wounds.¹⁸² In nine cases, this composite graft was placed on the wound and allowed to heal secondarily. In five cases, the composite graft was followed by a split-thickness skin graft. Finally, in six cases, diced full-thickness skin graft pieces were placed on the wound before the composite graft was applied. Sixteen of the 20 cases demonstrated complete healing of the chronic defect. The remaining four cases were partially healed, among whom two subjects died before the conclusion of the study. Most recently, in 2011, Ravari et al. published data on eight patients who had chronic diabetic foot ulcers.¹⁸³ The authors used a very different approach to the studies in Japan and utilized an intensive combined technique.

 Table 6. Summary of the clinical trial data that use mesenchymal stem cells and extracellular matrix scaffolds

Ref.	n	Wound Type	Scaffold	Cell Source	Treatment	Results
181	1	ldiopathic lower leg ulcer	Terudermis	Autologous BM aspirate	BM cell suspension in collagen matrix direct to wound.	Good granulation tissue at 2 weeks, at which point STSG with 100% take.
182	20	4 trauma 2 venous ulcers	Pelnac	Autologous BM aspirate	9 cases: MSC+collagen matrix only direct to wound.	 7 healed within 8 weeks; 2 burns patients mostly healed. 3 healed within 3 weeks after application of MSC+matrix; 2 healed after 2 applications. 4 healed within 8 weeks; 2 died of unrelated pathology before end of study, but partially healed.
		3 burns, 11 decubitus ulcers			5 cases: MSC+matrix, subsequent STSG. 6 cases: diced FTSG, then MSC+matrix on top.	
183	8	All diabetic foot ulcers	Surgicoll	Autologous BM aspirate	BM cell suspension injected into a debrided wound bed. Suspension, platelet growth factors, and fibrin glue mixture applied and allowed to clot. Suspension-impregnated collagen matrix was placed on top.	3 patients: complete healing of wound. 5 patients: significantly decreased in size (% decrease in wound area average: 57%; range 24–79% decrease)

Autologous BM aspirates were injected into a debrided wound bed. A mixture of more suspension, platelet growth factors, and fibrin glue was then applied and allowed to form a clot. Finally, BM aspirateimpregnated collagen matrix (*Surgicoll*) was placed on top. Three patients had complete wound closure, and the others significantly decreased in size (average wound area decrease was 57%, range 24– 79%). Again, the paper did not specifically mention MSCs in the aspirate, but some would have been in the suspension.

There is a paucity of cutaneous woundhealing clinical studies that utilize both BMMSCs and dermal matrices. Preliminary data are from case reports and series, but, nonetheless, they seem to reveal real clinical potential. Further evidence from good-quality, well-powered, doubleblinded randomized control trials is needed before its place can be established in the armament of options for chronic wound healing and reconstruction.

However, it is worth noting that there has been some degree of success of MSCs delivery to patients with wounds resulting from peripheral vascular disease, which have been demonstrated in several published clinical trials. In the double-blinded, randomized placebo-controlled trial by Powell et al., they found that an intramuscular injection of patient-specific, expanded bone marrow cells (CD90⁺ MSCs and CD14⁺ monocyte/macrophage subset of CD45⁺ hematopoietic cells) may have resulted in the prevention of wound area doubling, delayed time to treatment failure, and prolonged amputation-free survival in the legs of patients with baseline wounds from critical limb ischemia.¹⁸⁴ Clinical trials have also shown that there is an advantage of using bone marrow-derived stem cells compared with bone marrow-derived mononuclear cells with regard to significantly enhancing limb perfusion and ulcer healing rates in patients with diabetes and peripheral vascular disease.¹⁸⁵ These studies have found a potential for therapeutic angiogenesis through the use of MSC therapy. Due to the underlying pathology of chronic non-healing wounds, these findings can be easily translatable to the treatment of these wounds and beyond.

Despite such clinical possibilities of therapeutic success, there are still important questions that need addressing with regard to the use of stem cell-based therapies, such as which type of stem cell population would best serve for woundhealing therapies and what are the safety issues that could potentially arise from the autologous

TAKE-HOME MESSAGES

- Experimental measurements of animal models in wound healing should be standardized to facilitate study comparisons.
- It is important to take into account clinically different wound types when designing and applying tissue engineering strategies to the management of these wounds.
- The most widely used cell types for wound-healing applications are bone marrow-derived stem cells.
- The future of tissue engineering in wound regeneration lies with the use of scaffolds that provide a suitable stem cell environment by mimicking the biological architecture of the skin.

compared with allogeneic stem cell use in a clinical setting. There are very few studies addressing these specific issues, thus making it difficult for researchers and clinicians to have absolute confidence in its future clinical applications.⁴⁰ It is very likely that potential complications and safety issues will surface in literature with time; an example could be seen in a paper published in 2004, almost three decades since the introduction of the use of CEA was advocated. It reported the first case of graft site malignancy in a patient who received CEA to his burns injury more than 13 years ago.¹⁸⁶ Five separate localized skin cancer lesions were diagnosed and completely excised in different anatomical distributions of the body previously exposed to CEA, raising the safety concerns of the use of cellular therapies clinically. Although we must take into account that burns injuries themselves carry an innate risk of malignant transformations into squamous cell carcinomas, the author also noted the use of mitogenic stimulators and other chemicals during in vitro expansion, which may contribute to an increased risk of cancer.¹⁸⁶ Therefore, such issues must be borne in mind when advocating cellular therapies to patients.

SUMMARY

The field of tissue engineering has come through leaps and bounds over the past decade. There are still many challenges and limitations in the translation of cell therapies for wound healing, such as safety, cost, and efficacy of treatment. The delivery of stem cells in 3D scaffolds to wounds seems to be the most promising approach. It is safe to predict that as our understanding of stem cell biology improves along with technological advancements in bio-scaffold fabrication, the near future will see tissue-engineered techniques become a standard practice for wound regeneration.

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Abbreviations and Acronyms

3D = three-dimensional
ADM = artificial dermal matrix
ADMSCs = adipose-derived mesenchymal
stem cells
bFGF = basic fibroblast growth factor
BM = bone marrow
BMMSCs = bone marrow-derived mesenchymal
stem cells
CEA = cultured epithelial autografts
ECM = extracellular matrix
EGF = epidermal growth factor
FGF = fibroblast growth factor
FTSG = full-thickness skin graft
GF = growth factor
hEGF = human epidermal growth factor
IFN- α = interferon alpha
IGF = insulin-like growth factor
IL-1 = interleukin 1
MSCs = mesenchymal stem cells
PDGF = platelet-derived growth factor
PPCN = poly (polyethylene glycol citrate-
co-N-isopropylacrylamide)
SDF-1- α = stromal-derived growth factor 1- α
STSG = split-thickness skin graft
TE = tissue engineered
TGF = transforming growth factor
TNF = tumor necrosis factor
TXA2 = thromboxane
VEGF = vascular endothelial-derived growth
factor