


BRIEF REPORT



The effects of aging on Amyloid- β 42-induced neurodegeneration and regeneration in adult zebrafish brain

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ABSTRACT

Alzheimer disease is the most prevalent neurodegenerative disease and is associated with aggregation of Amyloid- β 42 peptides. In mammals, Amyloid- β 42 causes impaired neural stem/progenitor cell (NSPC) proliferation and neurogenesis, which exacerbate with aging. The molecular programs necessary to enhance NSPC proliferation and neurogenesis in our brains to mount successful regeneration are largely unknown. Therefore, to identify the molecular basis of effective brain regeneration, we previously established an Amyloid- β 42 model in adult zebrafish that displayed Alzheimer-like phenotypes reminiscent of humans. Interestingly, zebrafish exhibited enhanced NSPC proliferation and neurogenesis after microinjection of Amyloid- β 42 peptide. Here, we compare old and young fish to address the effects of aging on regenerative ability after Amyloid- β 42 deposition. We found that aging does not affect the rate of NSPC proliferation but reduces the neurogenic response and microglia/macrophage activation after microinjection of Amyloid- β 42 in zebrafish, suggesting an important link between aging, neuroinflammation, regenerative neurogenesis and neural stem cell plasticity.

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Neurodegenerative diseases entail gradual accumulation of toxic protein aggregates, which impair the physiological functions of neurons including the synaptic transmission, and eventually lead to neuronal loss.¹⁻³ These diseases are age-related, as an extended time period must elapse for the toxicity to manifest. Alzheimer disease (AD) is the most prevalent neurodegenerative disease, and the main pathological culprit is accumulation of short Amyloid- β 42 (A β 42) peptides, the insoluble cleavage product of Amyloid Precursor Protein (APP).^{4,5} A β 42 is a self-aggregating peptide that forms toxic β -sheet structures as fibrils and plaques, which are the major pathophysiological hallmarks of the disease.^{4,6} Although it is debated whether the extracellular A β 42 plaque load correlates well with the disease progression or whether intracellular A β 42 aggregates causes the main toxicity in a pre-onset stage of AD,⁷⁻⁹ the role of A β 42 aggregation in imposing a toxicity to the neurons is well established.¹⁰

The main cellular symptoms of AD are loss of synapses, neuronal loss, inflammation through microglial

activation and learning deficits.^{10,11} Additionally, in humans and mammalian animal models of AD, in late stage of disease, where A β 42 burden is pronounced, neural stem/progenitor cells (NSPCs) decline in their proliferative ability, reduce their neurogenic capacity, and therefore cannot contribute to production of new neurons, which are required to restore the function of the lost neurons.¹²⁻¹⁶ Furthermore, the existing neurons lose their synaptic connections and die; or a meager amount of newborn neurons in response to disease state cannot survive and integrate into the circuitry.^{12,13,17} Taken together with reduced stem cell proliferation and hampered neurogenesis, inability of neurons to survive exacerbates the AD pathology and speeds up the disease progression. Therefore, a plausible regenerative therapeutic approach for AD is to increase the proliferation of NSPCs and enhance the survival and integration capacity of newborn neurons in response to A β 42 toxicity.¹⁸

Aging is known to alter the proliferative ability and neurogenic capacity of NSPCs, and the success of a

“regenerative response” may vary with age.^{19–21} Therefore, animal models with regenerative ability would be extremely helpful in addressing whether a successful regenerative response could be mounted after A β 42 toxicity, how this ability would change with aging, and what should we learn from these animals to design meaningful regenerative therapies in human brains. For instance zebrafish is an excellent model organism for nervous system regeneration owing to their extensive regenerative capacity as adults.^{22–27} Therefore, by taking the advantage of the regenerative ability of zebrafish, we previously generated an A β 42 toxicity model in adult zebrafish brain.²⁸ In this model, A β 42 causes cellular pathological phenotypes that are quite similar to human brains, namely the loss of synaptic connections, neuronal death, elevated immune response, and learning deficits. Interestingly, and in contrast to human brains and rodent models of AD, such a burden of A β 42 led to increased NSPC proliferation and neurogenesis in adult zebrafish brain using an immune-related signaling through Interleukin-4 between the dying neurons and the stem cells.²⁸ Our previous results therefore suggested a regenerative reaction of the zebrafish brain to A β 42 toxicity in part by activating specific signaling pathways, and also provided a defined assay system where the effects of age on AD pathology and regenerative response could be assessed.

In mammalian brains, aging reduces the overall plasticity of the brain, including the NSPC proliferation and the neurogenic capacity.^{29,30} Thus, we aimed to investigate whether in old zebrafish brains, the regenerative response we see in young animals still prevails, and whether we could learn how zebrafish maintains its regenerative ability also in old ages. Such an understanding would be instrumental in designing regenerative therapies for human neurodegenerative diseases, which manifest the onset in elder individuals.

To address whether the A β 42 pathology, NSPC proliferation and neurogenesis would manifest similarly in young and old zebrafish brains after A β 42 toxicity, we injected control and TR-A β 42 peptides^{28,31} into 1.5 year-old zebrafish, and analyzed the levels of cell death, microglial activation, synaptic degeneration, NSPC proliferation and neurogenesis (Figs. 1–3). Compared to controls (Fig. 1A, C, E, G, G’), TR-A β 42 injection led to aggregation (Fig. 1B), elevated levels of TUNEL-positive nuclei indicative of cell death (Fig. 1D), microglial activation (Fig. 1F), and reduced levels of Synaptophysin staining indicating synaptic

degeneration (Fig. 1H, H’). Quantification of these phenotypes (Fig. 1M–O) showed that the changes in cell death, activation of microglia and synaptic degeneration are statistically significant.

In young adult zebrafish brains (6 months of age), A β 42 deposition led to increased proliferation of NSPCs and subsequent neurogenesis.²⁸ To address whether or not the old fish brain can also respond to A β 42 toxicity in a similar fashion, we performed immunohistochemical stainings to detect proliferation of glial cells (S100 β -PCNA) at 1 day after injection of TR-A β 42 (Fig. 2A, B), and neurogenesis assay to detect BrdU-incorporating newborn neurons at 2 weeks after TR-A β 42 injection (Fig. 2C–D’). We found that the old fish brain can also respond to A β 42 aggregation by enhancing the proliferation of NSPCs (Fig. 2E), and neurogenesis (Fig. 2F) in a statistically significant manner, indicating that zebrafish brain can manifest its regenerative ability regardless of the age.

Aging has been shown to exacerbate the neurodegeneration phenotypes and hamper the proliferative response of stem cells in various models.^{29,32} Therefore, although the A β 42-induced phenotypes and the neurogenic response are qualitatively comparable in young and old fish, we hypothesized that the amplitude of the phenotypic effects or the rate of proliferation and neurogenesis could be at varying levels. To investigate whether A β 42-induced phenotypes would substantiate in older zebrafish, we compared between the young²⁸ and the old fish (this study) the relative changes in every parameter we measured (Fig. 3). For this, we plotted the data in young and old fish for cell death (Fig. 3A), synaptic density (Fig. 3B), number and activation state of immune cells (Fig. 3C), number of proliferating glial cells (Fig. 3D), and the number of newborn neurons (Fig. 3E) in control and A β 42-injected animals, and quantified the percent changes in the above-mentioned parameters in young and old fish (Fig. 3F). We found that A β 42 toxicity increases the cell death similarly in young and old fish brains ($42.4 \pm 18.8\%$ vs $30.7 \pm 13.3\%$, respectively) (Fig. 3F). While the synaptic density in the parenchyma reduces similarly ($79.2 \pm 11.1\%$ vs. $74.6 \pm 9.8\%$, young and old, respectively), the decline in the density of synapses in the ventricular regions is more pronounced in the old animals ($43.2 \pm 7.5\%$ vs. $73.6 \pm 8.7\%$) (Fig. 3F). While, A β 42 increases the amount of ramified L-Plastin cells by $17.8 \pm 11.6\%$ in young and $20.4 \pm 5.6\%$ in old zebrafish brains), the increase in

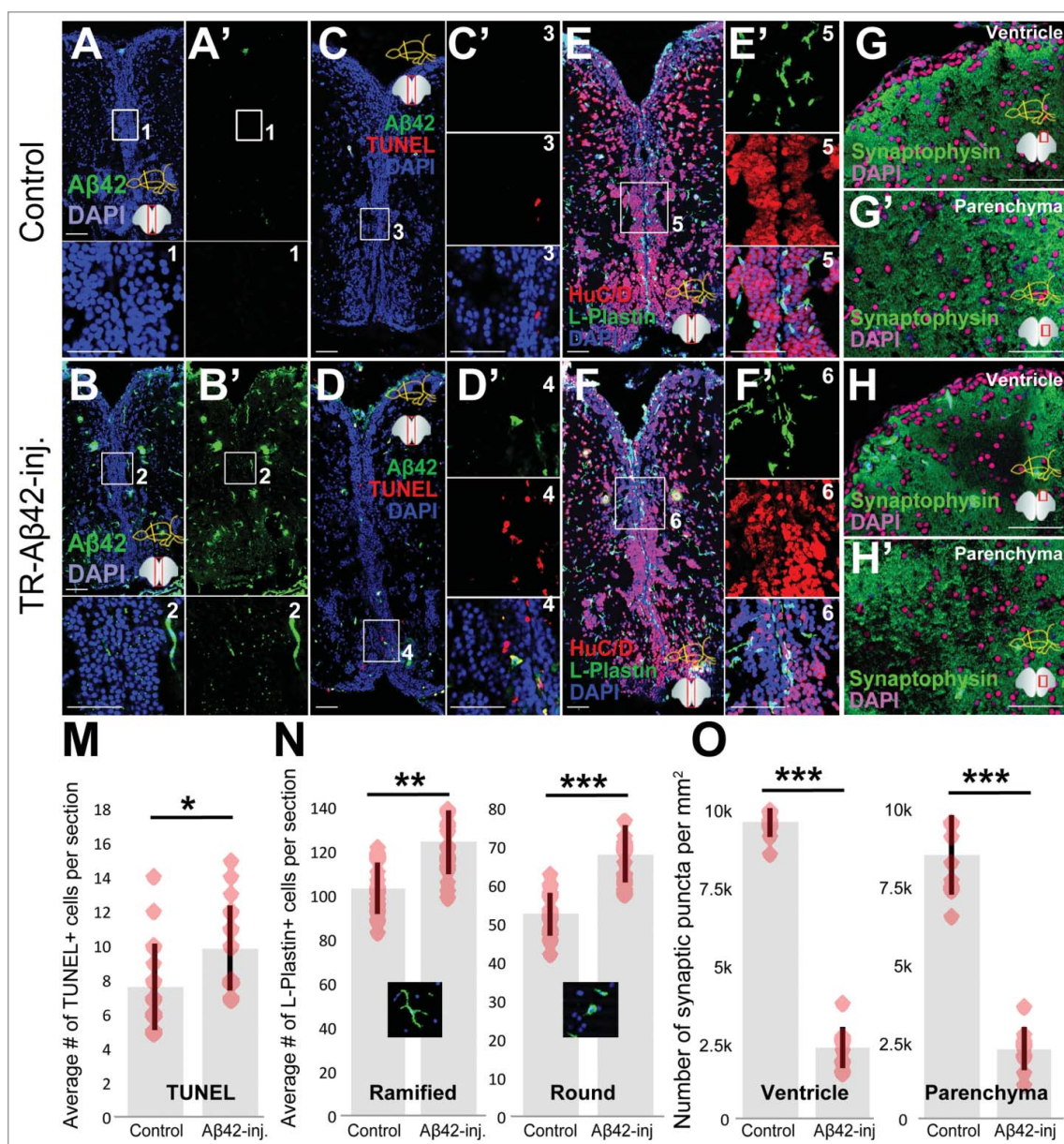


Figure 1. A β 42 accumulation leads to neurodegeneration phenotypes in old adult zebrafish brain. A β 42 immunostaining in control (A) and TR-A β 42-injected brains (B). Insets are magnified images of the boxes. TUNEL detection of apoptotic cells in control (C) and TR-A β 42-injected brains (D). C' and D' are single fluorescent channels of the boxes. Immunostaining for HuC/D (neurons, red) and L-Plastin (macrophages/microglia, green) in control (E) and TR-A β 42-injected brains (F). E' and F' are single fluorescent channels of the boxes in corresponding panels. Synaptophysin immunostaining in ventricular region in control (G), parenchyma of control (G'), ventricular region of TR-A β 42-injected (H) and parenchyma of TR-A β 42-injected brain (H'). Quantification graphs for TUNEL (M), L-Plastin (N) and Synaptophysin (O). Data shown as mean \pm s.e.m. Red dots are individual data points as an overlaid scatter plot. Representative morphologies of microglia are shown in N at each category. All stainings were performed at 3 d after injection. Scale bars equal 50 μ m. $n = 3$ fish, and 18 sections in total for every staining.

round L-Plastin cells, which marks the activated stage of microglia/macrophages, is significantly higher in young fish brains ($152.4 \pm 22.4\%$) compared with old fish brains ($19.1 \pm 3.2\%$) (Fig. 3F). We found that the increase in the proliferation of NSPCs is similar in young ($41.6 \pm 15.7\%$) and old zebrafish brains ($38.9 \pm 6.8\%$); however, the increase in the number of

newborn neurons is significantly higher in young animals ($346.1 \pm 43.9\%$) compared with old fish brains ($47.4 \pm 14.2\%$) (Fig. 3F). These results show that compared with young animals, in old zebrafish brains A β 42 toxicity causes synapses to degenerate at a higher level in the ventricular region, and young animals seem to activate macrophages and produce

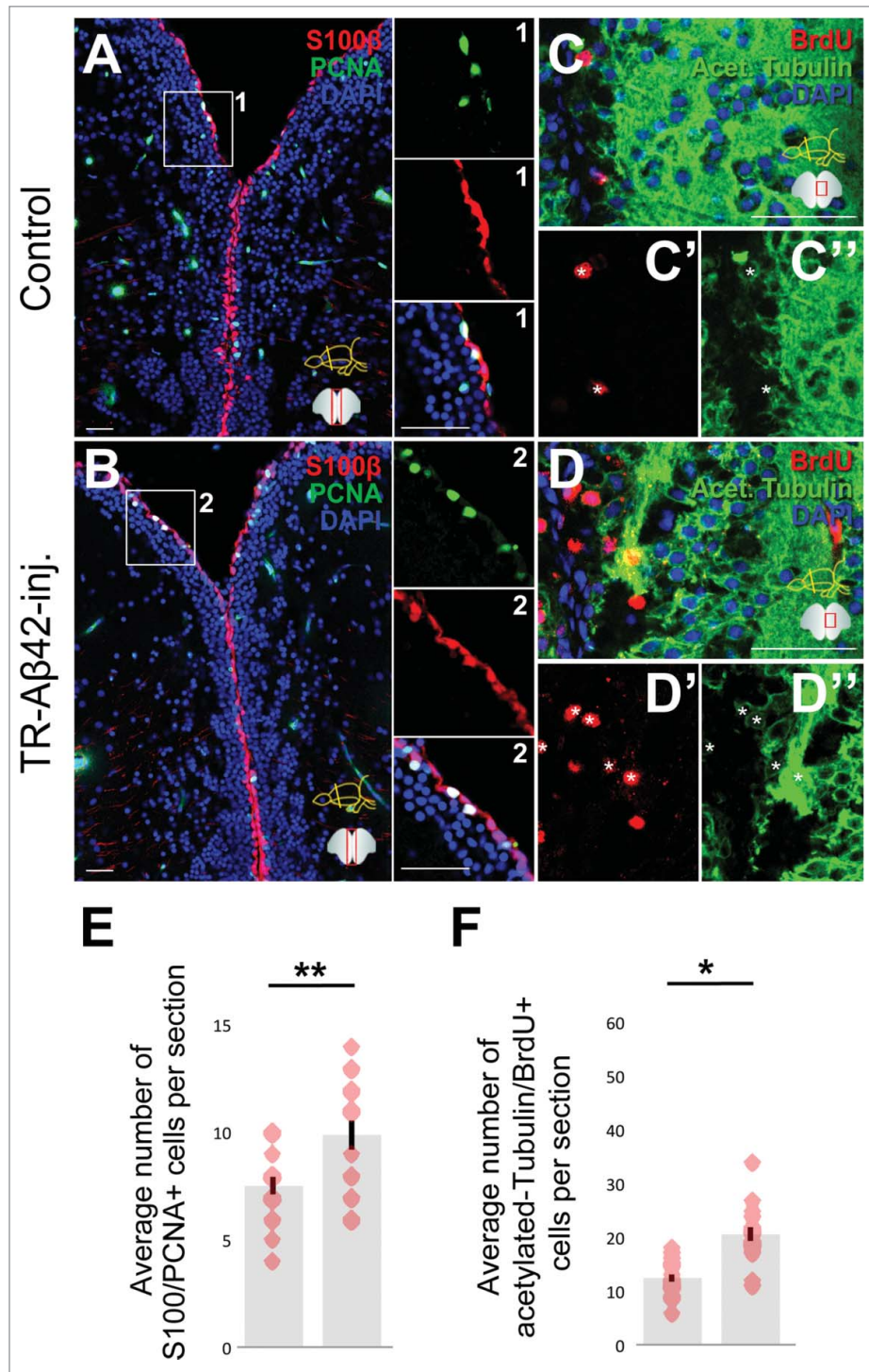


Figure 2. Aβ42 accumulation induces stem cell proliferation and neurogenesis in old adult zebrafish brain. S100β (neural stem/progenitor cells, red) and PCNA (proliferation marker, green) immunostaining in control (A) and TR-Aβ42-injected brains (B) at 1 day after injection. Insets on the right of the panels are individual channels from the boxes in corresponding panels. Immunostaining for Acetylated tubulin (green, neurons) in control (C) and TR-Aβ42-injected brains (D) at 2 weeks after injection. Insets below the panels (C', C'', D', D'') are individual fluorescent channels. Quantification graphs for S100-PCNA (E) and Acetylated-tubulin-BrdU (F). Data shown as mean ± s.e.m. Red dots are individual data points as an overlaid scatter plot. Scale bars equal 50 μm. n = 5 fish, and 18 sections in total for every staining.

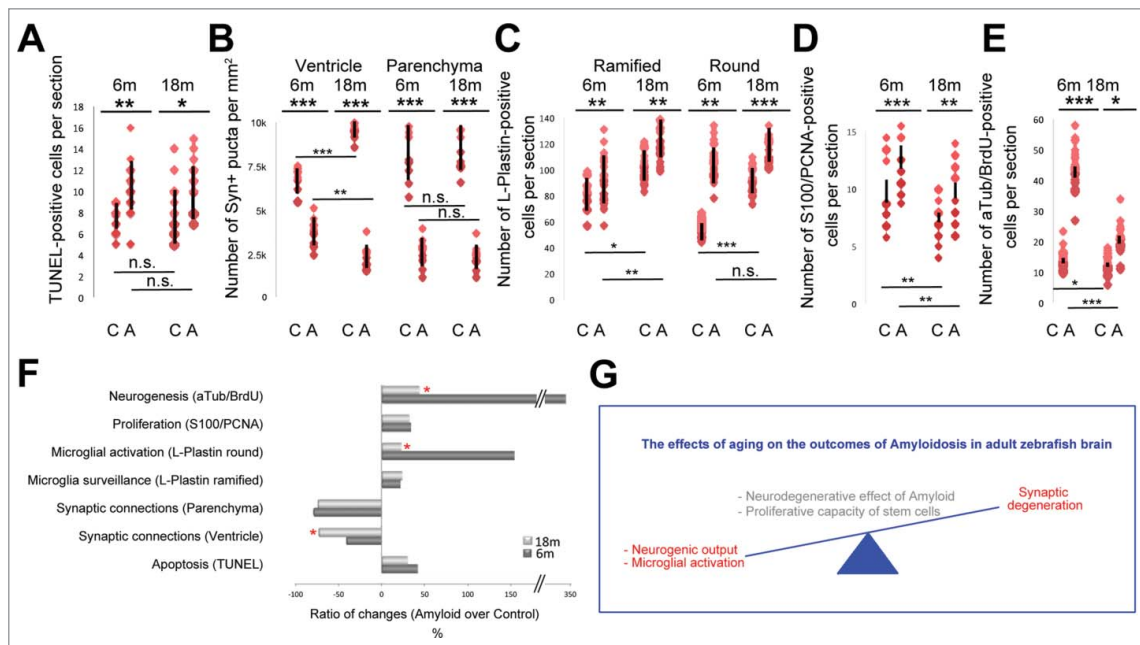


Figure 3. Statistical comparison of young and old zebrafish brains. Quantification of young and old adult zebrafish brains for TUNEL (A), Number of synaptophysin-positive synapses (B), number of L-Plastin positive microglia (C), number of S100/PCNA double positive proliferating glial cells (D), and number of BrdU-positive acetylated tubulin-positive newborn neurons. C: control, A: Amyloid injection. Red dots indicate data points, and black bars are standard deviations. (F) Quantification of the difference between control and Amyloid-injected brains as percentages. (G) Schematic representation of the effects of aging on Amyloidosis in adult zebrafish brain.

newborn neurons significantly more than the old animals, while the levels of increase in NSPC proliferation, therefore the proliferative capacity of the stem cells, remains independent of the age of the fish (Fig. 3G).

Our results point to a possible link between the microglial activation and synaptic degeneration and neurogenesis. Based on our observations, we hypothesize that activated microglia helps in zebrafish brain to limit the synaptic degeneration, and to promote neurogenesis after $A\beta_{42}$ -induced neurodegeneration. Microglial activity was shown to be required for synaptic pruning³³⁻³⁵ and the role of microglia in disease states is largely thought to be detrimental for synaptic integrity.³⁶⁻³⁹ In zebrafish, however, the role of microglia might be opposite and work toward promoting the integrity of the circuitry. This role may be facilitated either by the presence of an active survival mechanism of the synapses in microglia, or through the role of microglia in promoting neurogenesis and formation and more synapses. The second option is also favorable because the microglial activity and innate immunity in zebrafish positively affects the regenerative response through immune-related signaling pathways.^{25,40-42} In mammalian systems, inflammation

was also implicated to have positive effects on neurogenesis or neuronal survival,^{25,41,43-45} yet opposite observations also exist.^{46,47} Therefore, our results suggest that zebrafish brain would serve as an excellent tool to address the neuro-immune relationship and the molecular mechanisms underlying a successful regeneration response after neurodegeneration, as well as the effects of aging on NSPC biology and neurogenesis. The lessons we might get from zebrafish has the vast potential to be exploited for designing new therapeutic approaches for humans.

Materials and methods

Ethics statement: All animal experiments were performed in accordance with permits of the Landesdirektion Sachsen, Germany (permit number TVV-52/2015 and all relevant amendments to C.K.).

Peptide synthesis: TR- $A\beta_{42}$ peptide with the amino acid sequence of GWTLNSAGYLLGKINLKALAA LAKKILDAEFRHDSGYEVHHQKLVFFAEDVGSNK GAIIGLMVGGVVIA was synthesized using the standard 9-fluorenylmethoxycarbonyl (Fmoc) chemistry with 2-(1H-benzotriazol-1-yl)-1,1,3,3-tetramethyluroniumhexafluorophosphate (HBTU) as coupling reagent

on an automated solid-phase peptide synthesizer (ResPep SL, Intavis), and the purity was determined as described before.²⁸ The stock solution was of 1mM concentration in equal volume mixture of acetonitrile:dimethyl-formamide:water solution.

Microinjections: Cerebroventricular microinjections (CVMI) were performed as described.^{48,49}

Tissue preparation and immunohistochemistry: Tissue preparations and stainings were performed as described previously using the following antibodies: anti- β -Amyloid (Cell Signaling, 8243, 1:500), anti-HuC/D (Life Technologies, A21271, 1:500), anti-PCNA (Dako, M0879, 1:500), anti-S100 β (Dako, Z0311, 1:500), anti-L-Plastin (gift from Michael Redd, 1:5000), anti-acetylated-tubulin (Sigma, T6793, 1:500), anti-BrdU (Abd Serotec, MCA2060, 1:500), Synaptophysin (Abcam, Ab32594, 1:500). All secondary antibodies were from Molecular probes and were used at 1:500 dilution.

BrdU experiment: Zebrafish were immersed in freshly prepared 10 mM BrdU (Sigma) solution in E3 for 8 hours per day on 48 and 72 hours post injection. At 2 weeks after injection, zebrafish were killed and zebrafish head were subjected for histological preparations as described.^{24,42}

Imaging and statistical analyses: Images were acquired using an inverted Zeiss AxioImager Z1. Cell counting was performed manually. The statistical evaluation was performed using GraphPad Prism (Version 6.02) for one-way ANOVA followed by a Tukey's post-hoc test and for Student's T-Test. Error bars shown are the s.e.m. and asterisks indicate significance according to: *: $p < 0.05$, **: $p < 0.01$, ***: $p < 0.001$. $p > 0.05$ is considered not significant (n.s.). Student's T-test was performed for paired samples, and a T-Test for independent measurements. All other analyses were performed as described.²⁸

Abbreviations

AD	Alzheimer disease
BrdU	5-bromo-2'-deoxyuridine
CVMI	Cerebroventricular microinjection
HuC/D	ELAV Like RNA Binding Protein 3/4
NSPC	Neural stem/progenitor cell
PCNA	Proliferating cell nuclear antigen
S100 β	S100 calcium-binding protein B
TR-A β 42	Transportan-coupled Amyloid- β 42
TUNEL	Terminal deoxynucleotidyl transferase dUTP nick end labeling

Disclosure of potential conflict of interest

No potential conflict of interest was disclosed.

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