# Diagnosis of Congenital Toxoplasmosis by Two-Dimensional Immunoblot Differentiation of Mother and Child Immunoglobulin G Profiles

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Differentiation between the specific immunoglobulin G (IgG) response to *Toxoplasma gondii* by a mother and her newborn child is helpful in the diagnosis of congenital infection with *T. gondii* in newborns without *T. gondii* and/or IgA antibodies at birth. Previous methods include immunoblotting and complexing *T. gondii* antigen with the sera from the mother and child and comparing the bands after electrophoresis. We developed a two-dimensional immunoblotting (2DIB) method with *T. gondii* RH strain tachyzoite antigen and validated the method with sera from 11 children identified through the neonatal screening program for congenital toxoplasmosis in Denmark. The children were identified by using *Toxoplasma*-specific IgM antibodies at the subsequent serum sample tested. The children were monitored for at least 12 months, and in seven of eight patients monitored for 12 months the results of the 2DIB-predicted congenital infection were confirmed by the presence of persistent *Toxoplasma*-specific IgG antibodies. 2DIB is a sensitive technique that allows early differentiation between passively transferred maternal *T. gondii*-specific IgG antibodies and antibodies synthesized by the newborn child.

Primary infection with *Toxoplasma gondii* during pregnancy may result in congenital infection of the fetus. The majority of congenitally infected newborns do not show clinical signs at birth but may later develop retinochoroiditis and reduced vision that can be prevented by early treatment (7). Diagnosis of congenital infection with *T. gondii* is difficult at birth if *T. gondii*-specific immunoglobulin M (IgM) and/or IgA antibodies are not present because present diagnostics methods can distinguish between maternal and fetal IgG only with difficulty.

Congenital toxoplasmosis is treated for up to 12 months continuously with sulfadiazine and pyrimethamine, which may cause side effects, and it is therefore important that the diagnosis of congenital toxoplasmosis is firmly established before treatment is started.

The detection of *T. gondii*-specific nucleic acid by PCR is possible in amniotic fluid if a primary *T. gondii* infection is diagnosed during pregnancy, but in countries without prenatal screening programs or with neonatal screening programs PCR-based diagnosis is not appropriate.

Neonatal screening for congenital toxoplasmosis is performed in New England, Denmark, and parts of Brazil by analyzing the blood samples obtained on filter paper (Guthrie cards) on day 5 postpartum (5, 6, 9). Detection of *T. gondii*specific IgM antibodies eluted from the filter paper is followed by a request of a blood sample from both the mother and infant for confirmatory testing. Approximately 15 to 20% of these sera have been found to be negative for *Toxoplasma*specific IgM (3, 8).

Previous studies have shown that transferred maternal and

neonate-synthesized *T. gondii*-specific IgG antibodies can be differentiated by immunoblotting or immunocomplexing (1, 4, 12, 14). Immunoblotting identifies newborns with congenital toxoplasmosis with a sensitivity of ca. 70% (13, 16); this sensitivity increases to 85% within the first 3 months of life (4, 13, 16). These results still leave 15 to 30% of congenitally infected newborns without a confirmed diagnosis.

To improve the diagnosis of congenital toxoplasmosis, a two-dimensional immunoblotting (2DIB) assay was developed that can distinguish between maternal and neonate *Toxoplasma*-specific IgGs with a better sensitivity than previous assays.

#### MATERIALS AND METHODS

**Patients.** Eleven newborn and their mothers were included based on the detection of *T. gondii*-specific IgM or IgA antibodies in an eluate from the filter paper samples obtained at day 5 after birth (15). The presence of *Toxoplasma*-specific IgM-antibodies was followed by a request for a serum sample for confirmatory tests from both the mother and the child, taken between 2 to 5 weeks postpartum.

Confirmatory tests included analysis of *Toxoplasma*-specific IgG and IgM antibodies by the VIDAS system (bioMérieux) and the modified ISAGA assay (bioMérieux), IgA enzyme-linked immunosorbent assay (Bio-Rad), and the Sabin-Feldman's dye test (in house).

**2DIB antigen preparation.** *T. gondii* RH strain tachyzoites were prepared from *T. gondii* cultured in vitro in Vero cells by using Dulbecco modified Eagle medium-HEPES supplemented medium (Gibco/Life Technologies; catalog no. 041-911278M) supplemented with 5% fetal calf serum, 2 mM L-glutamine (Seromed), 0.1% Dextran T70 (Pharmacia Biotech), and 1  $\mu$ g of gentamicin (Gibco)/ml.

The antigen was prepared from lysed, *T. gondii* tachyzoites (2). In brief, Vero cells were infected 3 days prior to harvest. When the cells started to rupture, releasing free tachyzoites, the culture was washed, and the supernatants containing the free tachyzoites were filtered through a  $3-\mu$ m-pore-size polycarbonate filter, washed twice in phosphate-buffered saline ( $1,500 \times g$  for 20 min at 4°C), pelleted by centrifugation at 16,000 × g for 3 min at 4°C, and stored in batches of 10<sup>8</sup> tachyzoites at  $-80^{\circ}$ C.

Separation of antigen by two-dimensional electrophoresis, followed by immu-

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Case	IgM	IgA	IgG persistence <sup>c</sup>	$2D \ IB^d$	Clinical symptom	Western blot
1	+	+	NT	+	Retinochoroiditis	NT
2	_	$+^{b}$	_	_	None	_
3	_	_	+	+	None	+
4	_	+	+	+	Unknown <sup>e</sup>	_
5	+	+	+	+	Retinochoroiditis	NT
6	_	_	+	+	None	+
$7^{f}$	_	_	NT	_	Unknown	NT
8	+	+	+	+	Unknown	NT
9	+	+	+	+	None	NT
10	_	_	+	_	None	NT
11	_	_	+	+	Unknown	NT

TABLE 1. Characterization of cases with suspected and confirmed diagnosis of congenital toxoplasmosis<sup>a</sup>

<sup>a</sup> +, Antibody positive; -, antibody negative; NT, not tested (except as noted [see footnote d]).

<sup>b</sup> IgA positive at day 5 of life and IgA negative at day 40 of life.

<sup>c</sup> At 12 months of age.

<sup>d</sup> +, Unique spots present when incubated with child sera; -, spot pattern identical.

<sup>e</sup> Child not examined or data not available.

<sup>f</sup> Included in the study because of known seroconversion of the mother during pregnancy.

**noblotting.** Antigen preparation was carried out as previously described (2) with minor modifications. In brief, frozen tachyzoite pellets were redissolved in 40  $\mu$ l of buffer (8 M urea, 4% CHAPS {3-[(3-cholamidopropyl)-dimethylammonio]-1-propanesulfonate}, and 40 mM Tris), followed by three rounds of freeze-thawing at  $-80^{\circ}$ C and 5 min of sonication in a water bath sonicator at 20°C; 350  $\mu$ l of buffer containing 8 M urea, 2% CHAPS, and 25 mM dithiothreitol and 2% IPG buffer were added sufficient for rehydration into three strips of 7-cm Immobiline Drystrips (pH 4 to 7).

The first and second dimensions were separated by using a Multiphor II electrophoresis system (2), and ExcelGel XL SDS 12–14 gels were used for the second dimension. Drystrips were placed side by side flanked by two pieces of filter papers (2 by 4 mm) soaked in 10  $\mu$ l of prestained sodium dodecyl sulfate-polyacrylamide gel electrophoresis standards (Bio-Rad). In some experiments, the gels were Coomassie blue or silver stained. Except when mentioned, all reagents and equipments for two dimensions were from Amersham Pharmacia Biotech.

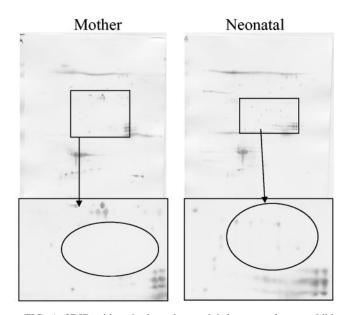


FIG. 1. 2DIB with paired mother and infant sera from a child congenitally infected with *T. gondii*. Antigens recognized by the child's sera but not by the mother's sera show that *Toxoplasma*-specific IgG antibodies synthesized in the child have different specificities than the maternal *Toxoplasma*-specific IgG antibodies.

The separated proteins were transferred to nitrocellulose membranes for 2 h and 30 min at 450 mA by using the Hoefer TE 77 semidry transfer unit.

Detection of IgG antibody profile. Each membrane was cut to cover the size marker, and the first 6 cm of the area was exposed to the Drystrip. The membranes were blocked for 16 h with 3% bovine serum albumin in phosphate-buffered saline at 4°C, washed three times with wash buffer (0.1 M Tris base, 0.17 M NaCl, and 0.05% [vol/vol] Tween 20), and incubated 4 h at room temperature, followed by 16 h at 4°C with sera from the mother or child diluted 1:50 in wash buffer. The assay could be performed with a minimum of 166  $\mu$ l of sera from each patient.

During the development of the assays, we found that especially the length of incubation with sera was crucial to obtain the strongest signal-to-noise ratio on the membrane. Also, the combination of room temperature and 4°C incubation improved the signal.

The membranes were washed three times, incubated with alkaline phosphatase-conjugated rabbit anti-human IgG (Dako catalog no. D0336) 1 h at room temperature and developed with nitroblue tetrazolium and BCIP (5-bromo-4chloro-3-indolylphosphate) for 7 min.

Antibody profiles were analyzed by manual detection and automated spot detection by using the Z3 two-dimensional gel image analysis system (Compugen).

Conventional Western blotting for IgG profiling is, at our laboratory, routinely

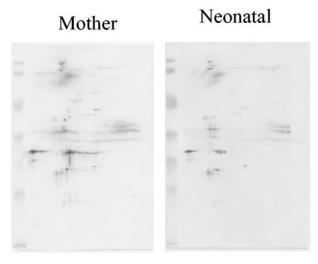


FIG. 2. 2DIB analysis with serum from a *T. gondii*-noninfected child. The *Toxoplasma*-specific IgG profiles of the child and the mother are identical.

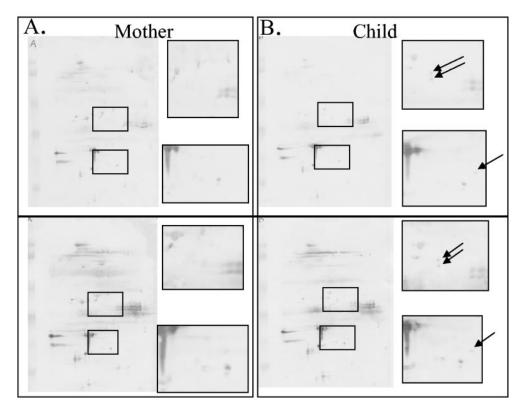


FIG. 3. Representative 2DIB results from the same mother-child pair illustrate the reproducibility of this test. The color intensity, especially for regions where antigen smears are present, may vary between two separate runs, but individual spots outside these regions are clearly identified at the same coordinates.

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## RESULTS

*Toxoplasma*-specific IgG profiles from 11 newborns suspected of congenital toxoplasmosis were investigated with the 2DIB technique. Mother and child *Toxoplasma*-specific IgG profiles were compared to demonstrate antigens recognized only by sera from the child and not from the mother as a sign of neonate-synthesized *T. gondii*-specific IgG antibodies in the child compatible with congenital infection with *T. gondii*. All samples from both mother and child had *Toxoplasma*-specific IgG antibodies as determined by enzyme immunoassay (Vidas; bioMérieux).

Ten newborns were included because *Toxoplasma*-specific IgM antibodies were found in the eluate from the filter paper, and one child was included because of known *Toxoplasma* infection in the mother during pregnancy.

Sera from 8 of the 11 children showed positive 2DIB results, with spots not found in the 2DIB results from their mothers (Table 1). Two children were lost to follow-up, one of which was included only because of known seroconversion of the mother during pregnancy, and one was considered positive, with clinical symptoms and IgM and IgA present at birth. One child had persistent IgG at 1 year of age but negative 2DIB results at 1 month of age.

Of the 10 newborns with IgM positivity in the filter-paper assay, 6 were negative for *Toxoplasma*-specific IgM antibodies in the subsequent blood samples obtained a month later. Five of these six newborns were found to be congenitally infected as determined by the presence of *T. gondii*-specific IgG antibodies at 1 year of age. In one of these cases (case 4), a standard high-resolution Western blot (11) did not reveal a unique IgG profile for the child (Table 1). In contrast, the 2DIB technique showed several IgG-reactive antigens in the 2DIB results from the child that were not seen in the 2DIB with serum from the mother (Fig. 1).

Figure 2 shows an example of a paired mother-child IgG profile, in which the child was not infected with *T. gondii*. The figure illustrates that the profile of a noninfected child is a copy of the mother's profile, with the reduced intensity of the former profile reflecting a lower level of *Toxoplasma*-specific IgG in the child.

The 2DIB technique is technically difficult, and reproducibility was studied at different time points with different antigen batches. Coomassie blue-stained two-dimensional gels were compared, and the reproducibility was found to be very high (data not shown). Furthermore, the 2DIB analysis was performed twice on 5 of the 11 samples for which sufficient sera were available.

Figure 3 shows a representative example of two motherchild pairs analyzed twice by 2DIB. The color intensity, especially for regions in which antigen smears were found, may be variable between two separate runs, but individual spots outside these regions are easily identified at the same coordinates.

A difference between the mother's and the child's IgG pro-

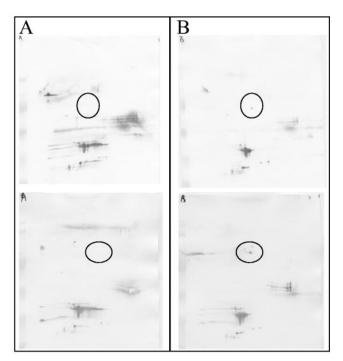


FIG. 4. 2DIB from a mother-infant pair with only a single spot difference between the 2DIB pattern of the mother (A and C) and the infant (B and D). The infant was confirmed congenitally infected as demonstrated by the presence of *Toxoplasma*-specific IgG antibodies at 12 months of age.

files of a single spot was seen in one child (Fig. 4); however, the child had *Toxoplasma*-specific IgG antibodies at 12 months of age, demonstrating that, even with such a small difference between the mother and the child, 2DIB showed that the child was infected.

#### DISCUSSION

The diagnosis of congenital toxoplasmosis is often difficult and sometimes cannot be confirmed before 12 months of age. If the child has been treated continuously with sulfadiazine and pyrimethamine, the synthesis of *Toxoplasma*-specific IgG antibodies can be suppressed, and the serological confirmation of the infection cannot be made with certainty before or during the second year of life (17). This situation is found when *T. gondii* infection is suspected but *Toxoplasma*-specific IgM and/or IgA antibodies cannot be demonstrated in the child and when parasitological investigations, such as PCR analysis for *Toxoplasma*-specific nucleic acid, are negative or not appropriate.

Demonstration of *Toxoplasma*-specific IgG antibodies with different specificities in sera from the mother and child show that the child synthesizes its own IgG antibodies, confirming that the child is infected with *T. gondii*.

Differentiation of the specificities of IgG antibodies in the mother and child can also be done by comparing *Toxoplasma*-specific IgG profiles by conventional, one-dimensional immunoblotting or complexing of *T. gondii* antigen with sera before electrophoresis of the antigen-antibody complex is performed (1, 10, 11, 14). The two methods were compared in a double-

blind study and found to be equally sensitive (11). However, both methods failed to correctly diagnose approximately onethird of children with congenital toxoplasmosis analyzed within 3 months of birth.

The 2DIB methodology greatly increased the resolution of the antibody response by allowing identification of up to a thousand spots, whereas the most sensitive Western blots do not allow distinction of more than 50 bands and often considerably fewer.

The drawbacks of 2DIB are its technical complexity and the requirement of a relatively larger amount of sera. However, the method allows diagnosis within a few weeks to months after birth in patients who otherwise would have to wait for up to 1 year of age, or even longer in children receiving long-term treatment, before the infectious state was known with certainty.

In one case (case 10) the maternal and offspring *Toxoplas-ma*-specific IgG antibody levels were >500 IU/ml, and in this situation it was not possible to identify unique spots in the sera from the child. In this patient the sera from the mother recognized numerous *T. gondii* antigens, which may leave little space for child-specific spots.

For national reference laboratories that currently use onedimensional immunoblot or immunocomplexing techniques, the 2DIB technique provides a new option for improving diagnosis of congenital toxoplasmosis in the newborn child within the first few months after birth.

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