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From Krebs to Clinic: Glutamine Metabolism to Cancer Therapy

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Abstract

The resurgence of research in cancer metabolism has recently broadened interests beyond glucose and the Warburg Effect to other nutrients including glutamine. Because oncogenic alterations of metabolism render cancer cells addicted to nutrients, pathways involved in glycolysis or glutaminolysis could be exploited for therapeutic purposes. In this Review, we provide an updated overview of glutamine metabolism and its involvement in tumorigenesis *in vitro* and *in vivo*, and explore the recent potential applications of basic science discoveries in the clinical setting.

Introduction

Glucose has been central to the study of cancer metabolism following Otto Warburg's pioneering work on aerobic glycolysis¹, whereas studies of other nutrients, such as glutamine, have been at the margins of the cancer metabolism literature until recently. Hans Krebs, famed for characterization of the tricarboxylic acid (TCA) cycle, studied glutamine metabolism in animals in 1935, and documented its importance in organismal homeostasis. Subsequently, the role of glutamine in cell growth and cancer cell biology was slowly appreciated (Figure 1 (**Timeline**)) and has been a subject of several comprehensive reviews^{2,3}. Given the many energy-generating and biosynthetic roles glutamine plays in growing cells, which are discussed and updated in this Review, inhibition of glutaminolysis has the potential to effectively target cancer cells.

There are nine amino acids (isoleucine, leucine, methionine, valine, phenylalanine, tryptophan, histidine, threonine and lysine) humans cannot synthesize and hence are considered essential amino acids. Five amino acids (alanine, aspartate, asparagine, glutamate, and serine) are believed to be dispensable, because they can be readily synthesized. Glutamine belongs to a group of amino acids that are conditionally essential, particularly under catabolic stressed conditions such as the post-operative period, injury, or

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sepsis, where glutamine consumption by the kidney, gastrointestinal tract, and immune compartment rise dramatically⁴. Cells of the intestinal mucosa are particularly dependent on glutamine, and they rapidly undergo necrosis after glutamine depletion⁴. These observations mirror the dependence of growing cancer cells on glutamine⁵, with some cancer cells dying rapidly if glutamine is deprived⁶.

Circulating glutamine is the most abundant amino acid (~500 μM)⁷, making up over 20% of the free amino acid pool in blood and 40% in muscle⁸. While diet can serve as a source of glutamine from digested foods absorbed through the small intestine, the endothelium of which retains up to 30% of dietary glutamine, glutamine can be considered a non-essential amino acid at the organismal level owing to the fact that the muscle and other organs synthesize glutamine as a scavenger for ammonia produced from the metabolism of other amino acids⁹. In fact, glutamine is held at a fairly constant level in the circulation, presumably due to *de novo* synthesis and release from the skeletal muscle, lung, and adipose tissue^{3, 10, 11}. The kidney releases ammonia from glutamine to maintain acid-base homeostasis¹², and the liver and kidney eliminate excess nitrogen in the form of urea from glutamine via the urea cycle, another process first identified by Krebs¹³. In rapidly dividing cells such as lymphocytes, enterocytes of the small intestine, and especially cancer cells, glutamine is avidly consumed and utilized for both energy generation and as a source of carbon and nitrogen for biomass accumulation¹⁴.

Glutamine Metabolism

The maintenance of high levels of glutamine in the blood provides a ready source of carbon and nitrogen to support biosynthesis, energetics and cellular homeostasis that cancer cells may exploit to drive tumor growth. Glutamine is transported into cells through one of many transporters¹⁵, such as the heavily-studied solute carrier family 1 neutral amino acid transporter member 5 (SLC1A5; also known as ASCT2; Figure 2)¹⁶, and can then be used for biosynthesis or exported back out of the cell by antiporters in exchange for other amino acids such as leucine through the L-type amino acid transporter 1 (LAT1, a heterodimer of SLC7A5 and SLC3A2)) antiporter¹⁷. Glutamine-derived glutamate can be also exchanged through the xCT (a heterodimer of SLC7A11 and SLC3A2; Figure 3) antiporter for cystine, which is quickly reduced to cysteine inside the cell¹⁸.

In addition to transport, cancer cells can acquire glutamine through breaking down macromolecules under nutrient-deprived conditions. Macropinocytosis, which can play a role in normal biology and is active in most non-cancerous cells¹⁹, can be stimulated by oncogenic RAS²⁰, allowing cancer cells to scavenge extracellular proteins, which are then degraded to amino acids including glutamine, supplying metabolites for survival^{21, 22}. This process must be tightly controlled²³, as excess RAS can hyperactivate macropinocytosis to lead to cell death, in a process previously misidentified as autophagic cell death²⁴. The complex relationship between glutamine metabolism and autophagy is discussed below, but it is notable that some RAS-transformed cancer cells derive glutamine and maintain metabolic flux from autophagic degradation of intracellular proteins^{25, 26}.

Energy generation

Upon entry into the cell via transporters, glutamine is converted by mitochondrial glutaminases to an ammonium ion and glutamate, which is further catabolized through two different pathways (Figure 2). Interestingly, despite its importance, the mitochondrial glutamine transporter has not yet been definitively identified and characterized²⁷. Glutaminase, which as Krebs determined exists in multiple tissue-specific versions, is encoded by two genes in mammals, kidney-type glutaminase (*GLS*) and liver-type glutaminase (*GLS2*)^{28, 29}. Glutamate can then be converted to α -ketoglutarate, which enters the TCA cycle to generate ATP through production of NADH and FADH₂. As Lehninger first described³⁰, glutamate can be converted to α -ketoglutarate either by glutamate dehydrogenase (encoded by the highly-conserved and more broadly-expressed *GLUD1* or the hominoid-specific *GLUD2*, henceforth collectively termed GLUD), which is an ammonia-releasing process, or by a number of non-ammonia producing aminotransferases, which transfer nitrogen from glutamate to produce another amino acid and α -ketoglutarate³⁰. Proliferating cells including cancer cells and activated lymphocytes utilize glutamine as an energy-generating substrate^{31–33}. In some tumor cells, a portion of metabolized glutamine is converted to pyruvate through the malic enzymes^{31, 34}, but as discussed below, this is likely not an energy-generating process. Notably, and as will be expanded on below, proliferating cells incorporate a majority of the glutamine they utilize for biomass for building protein and nucleotides³⁵.

Glutamine enzymes in cancer

The expression of enzymes involved in glutamine metabolism varies widely in cancers and is impacted by tissue of origin and oncogenotypes, which rewire glutamine metabolism for energy generation and stress suppression. Of the two glutaminase enzymes²⁸, *GLS* is more broadly expressed in normal tissue and thought to play a critical role in many cancers, while *GLS2* expression is restricted primarily to the liver, brain, pituitary gland, and pancreas³⁶. Alternative splicing adds further complexity, as *GLS* pre-mRNA is spliced into either glutaminase C (GAC) or kidney-type glutaminase (KGA) isoforms^{37–39}. The two *GLS* isoforms and *GLS2* also differ in their regulation and activity. *GLS* but not *GLS2* is inhibited by its product glutamate, while *GLS2* but not *GLS* is activated by its product ammonia *in vitro*^{28, 29}. Although both *GLS* and *GLS2* are activated by inorganic phosphate, *GLS* (and particularly GAC) shows a much larger increase in catalysis in the presence of inorganic phosphate³⁷. Sirtuin 5 (SIRT5), which can be overexpressed in lung cancer⁴⁰, can desuccinylate *GLS* to suppress its enzymatic activity⁴¹, while SIRT3 can deacetylate *GLS2* to promote its increased activity with caloric restriction⁴². Phosphate, acetyl-coA, and succinyl-CoA availability are impacted by nutrient uptake and metabolism, suggesting that *GLS* and *GLS2* activity may be responsive to the metabolic state of the cell. Additionally, *GLS* is regulated through transcription⁴³, RNA-binding protein regulation of alternative splicing^{44–47}, post-transcriptional regulation by miRNAs and pH stabilization of the *GLS* mRNA^{48, 49}, and protein degradation via the anaphase-promoting complex(APC)-CDH1 E3 ubiquitin ligase complex^{50, 51}.

Expression of GAC, which is more active than KGA, is increased in several cancer types, suggesting that *GLS* alternative splicing may play an important role in the presumed higher

glutaminolytic flux in cancer^{18, 37, 45, 47, 52–54}. In contrast, the role of GLS2 in cancer seems more complex. Silenced by promoter methylation in liver cancer, colorectal cancer and glioblastoma, re-expression of GLS2 has been shown to have tumor suppressor activities in colony formation assays^{55–59}. In fact, a recent study showed that GLS2, in a non-metabolic function, sequesters the small GTPase RAC1 to suppress metastasis⁶⁰. However, GLS2 seems to support the growth and promote radiation resistance in some cancer types⁶¹. Indeed, GLS2 is induced by the tumor suppressor p53 and related proteins p63 and p73^{55, 56, 62, 63}, suggesting perhaps that it functions in resistance to radiation, or is important in cancers that still possess wild-type p53. Additionally, GLS2 is a critical downstream target of the N-MYC oncogene in neuroblastoma^{64, 65}. The context dependent role of GLS2 in cancer clearly merits further study.

Once produced via glutaminase, glutamate is further converted to α -ketoglutarate through one of two mechanisms³⁰ (Figure 2). GLUD catalyzes the reversible deamination of glutamate to produce α -ketoglutarate and release ammonium. This reaction is at near-thermodynamic equilibrium in the liver, and so GLUD operates in both directions in this organ⁶⁶, but in cancer is thought to chiefly operate in the direction of α -ketoglutarate⁶⁷, and so GLUD activity will be discussed in this context for the purpose of this Review. Like GLS, GLUD is controlled through post-translational modifications and allosteric regulation. It is activated by ADP and inactivated by GTP, palmitoyl-CoA, and SIRT4-dependent ADP-ribosylation^{68–71}. Interestingly, GLUD is also allosterically activated by leucine, and mTOR (which itself is activated by leucine availability^{17, 72}) can promote GLUD activity by suppressing SIRT4 expression^{73, 74}. These observations suggest that a low energetic state might induce GLUD allosterically via ADP to increase ATP production, while high leucine availability could also induce GLUD allosterically and through mTOR suppression of SIRT4.

Aminotransferases are enzymes which convert glutamate to α -ketoglutarate without producing ammonia (Figure 3). Two of these enzymes, alanine aminotransferase and aspartate aminotransferase are well known in clinical medicine as ‘liver enzymes’ or markers of liver pathology^{75, 76}. Glutamic-pyruvate transaminase (GPT, also known as alanine aminotransferase) transfers nitrogen from glutamate to pyruvate to make alanine and α -ketoglutarate, and is encoded in humans by *GPT* (cytoplasmic isoform) and *GPT2* (mitochondrial isoform). Glutamic-oxaloacetic transaminase (GOT, also known as aspartate aminotransferase), which transfers nitrogen from glutamate to oxaloacetate to produce aspartate and α -ketoglutarate, is encoded for in humans by *GOT1* (cytoplasmic isoform) and *GOT2* (mitochondrial isoform). Phosphoserine aminotransferase 1 (*PSAT1*), as part of the serine biosynthesis pathway transfers nitrogen from glutamate to 3-phosphohydroxy-pyruvate to make phosphoserine and α -ketoglutarate. Different aminotransferases show different tissue distribution: aspartate aminotransferase activity is high across most tissues, while alanine aminotransferase activity is highest in the liver, although expression is still fairly universal^{36, 77, 78}. However, aminotransferases such as *PSAT1* may be inappropriately expressed in tumors⁷⁹. The potential importance of which enzyme converts glutamate to α -ketoglutarate in cancer cell physiology is discussed below.

Glutamine and ATP: What Else?

Amino acid production

The nitrogen from glutamine supports the levels of many amino acid pools in the cell through the action of aminotransferases³⁵ (Figure 3). Separate from transamination reactions, carbon and nitrogen from glutamate can be used to produce proline, which plays a key role in the production of the extracellular matrix protein collagen⁸⁰ (Figure 3). While proline can be degraded to glutamate⁸¹, the MYC oncoprotein can alter the expression of proline synthesis and degradation enzymes to promote the net synthesis of proline from glutamine-derived glutamate⁸². Overall, tracer experiments determined that at least 50% of non-essential amino acids used in protein synthesis by cancer cells *in vitro* can be directly derived from glutamine^{16,83}. While various glutamine-derived amino acids contribute to cancer cell survival, recent studies have shown that aspartate biosynthesis, which can depend on both glutamine flux through the TCA cycle and glutamate transamination^{84,85}, is especially critical due its key role in both purine and pyrimidine biosynthesis to support cell division^{84–86}, as discussed in greater detail below.

Reductive carboxylation and fatty acid synthesis

Cancer cells take up large amounts of glucose, but most of this carbon is excreted as lactate rather than metabolized in the TCA cycle⁷, potentially depriving the cells of the citrate derived from the TCA cycle that supports fatty acid synthesis (Figure 2). Glutamine metabolism can serve as an alternative source of carbon to the TCA cycle to fuel fatty acid synthesis, through reductive carboxylation, which is a process by which glutamine-derived α -ketoglutarate is reduced through the consumption of NADPH by isocitrate dehydrogenases (IDHs) in the non-canonical reverse reaction to form citrate⁸⁷. Reductive carboxylation, the importance of which is still somewhat controversial⁸⁸, seems to be a major source of carbon for lipid synthesis in cancer cells that are hypoxic, have constitutive hypoxia-inducible factor- α (HIF α) stabilization or have mitochondrial defects^{89–92}. Although the contribution of reductive carboxylation to lipid formation from glutamine remains unclear due to the possibility of isotope exchange⁸⁸, studies suggest that reductive carboxylation occurs *in vivo* and can support lipogenesis for tumor growth and progression^{89,93,94} and can also control the levels of mitochondrial reactive oxygen species (ROS)⁹⁵.

Protein synthesis, trafficking, and stress pathway suppression

Several of the metabolic fates of glutamine directly support protein synthesis and trafficking, and suppress stress responses carried out by two related pathways, the integrated stress response (ISR) and the endoplasmic reticulum (ER) stress pathway (Figure 4). Glutamine input thus supports the overall amino acids pools of the cell to suppress the ISR, which is otherwise activated under amino acid deprivation by the amino acid-sensing kinase GCN2 (encoded by *EIF2 α K4*) (Figure 3). Phosphorylation of eIF2 α by GCN2 inhibits general cap-dependent protein synthesis via the ISR but induces cap-independent synthesis of the activating transcription factor 4 (ATF4), which in turn induces a pathway to increase transcription of ER-associated chaperones, halt cap-dependent translation, and eventually result in cell death⁹⁶. Glutamine deprivation can directly lead to uncharged tRNAs, or lead

to a depletion of downstream products such as asparagine to indirectly lead to uncharged tRNAs, all of which can activate GCN2 and induce ATF4 translation. Suppression of the ISR by glutamine input has been shown to be critical for survival of several cancer cell and tumor types including neuroblastoma and breast cancer^{65, 97, 98}. It was also observed that GCN2 is activated in mice in response to treatment with asparaginase⁹⁹, which is approved by the US Food and Drug Administration (FDA) for the treatment of acute lymphoblastic leukemia (ALL) and may deplete serum asparagine and glutamine^{100–102}.

Glutamine also contributes to the synthesis of uridine diphosphate N-acetylglucosamine (UDP-GlcNAc) as part of the hexosamine biosynthesis pathway, which is required for glycosylation, proper ER-Golgi trafficking, and suppression of the ER stress pathway, also upstream of ATF4 induction (Figure 4). Aberrant expression and activity of O-Linked β -N-acetylglucosamine transferase (OGT), which links UDP-GlcNAc to proteins, was shown to be critical for the survival and progression of breast cancer, prostate cancer, and chronic lymphocytic leukemia^{103–105}. Thus, glutamine input directly maintains translation, protein trafficking, and survival through suppression of the ISR and ER stress pathways^{106, 107}.

ROS control: glutathione and reducing equivalents

ROS-mediated cell signaling can be pro-tumorigenic when at physiological levels¹⁰⁸, but when levels are in excess, ROS can be highly damaging to macromolecules¹⁰⁹. ROS are generated from several sources, including the mitochondrial electron transport chain, which can leak electrons to oxygen to generate superoxide (O_2^-). Thus, increased glutamine oxidation can correlate with increased ROS production¹⁰⁸. However, several glutamine metabolic pathways lead to products that directly control ROS levels; hence, glutamine metabolism is critical for cellular ROS homeostasis. The most well-known pathway in which glutamine controls ROS is through synthesis of glutathione. Glutathione is a tri-peptide (Glu-Cys-Gly) which serves to neutralize peroxide free radicals. It has long been appreciated that glutamine input is the rate-limiting step for glutathione synthesis¹¹⁰, and as shown in Figure 3, glutamine is directly and indirectly responsible for the other two amino-acid components of glutathione. As glutathione levels are known to correlate with tumorigenesis and drug resistance in cancer¹¹¹, a richer understanding of this pathway may contribute to better cancer treatment strategies. In fact, several studies have shown that acute glutamine administration to cancer patients receiving radiation or chemotherapy reduces treatment toxicity through increased glutathione synthesis^{112, 113}. Glutamine also affects ROS homeostasis through production of NADPH via GLUD¹¹⁴, and at least two other related mechanisms^{31, 34} where TCA cycle-derived aspartate or malate is exported to the cytoplasm and then converted to pyruvate to produce NADPH through the malic enzymes, provide reducing equivalents for glutathione. Figure 5 details two glutamine-derived pathways, one of which is mediated by oncogenic K-RAS³⁴.

Regulation of mTOR

The TOR pathway senses amino acids and broadly promotes biosynthetic pathways such as protein translation and fatty acid synthesis while inhibiting degradative processes like autophagy¹¹⁵. As such, mTOR activity must be tightly controlled to prevent inappropriate cell growth, and glutamine regulates this activity through several mechanisms (Figure 6).

Amino acid availability stimulates mTOR activity independently of the activating mTOR pathway mutations often found in human cancer¹¹⁵, and thus must be maintained regardless of mutation state. Glutamine and other amino acids that support mTOR activity need not come from amino acid transporters, as macropinocytosis-derived amino acids can also support mTOR activation²³. Conversely, mTOR itself can regulate glutamine metabolism by cell-type specific mechanisms, either by inhibiting expression of mitochondrial SIRT4, thereby relieving repression of GLUD^{69, 73, 116}, or by instead inhibiting GLUD expression while upregulating expression of aminotransferases¹¹⁷, as is discussed further below. The important implication of these findings is that, independent of direct mutations of negative regulators of the mTOR pathway itself, such as tuberous sclerosis 1 protein (TSC1; also known as hamartin) and TSC2 (also known as tuberin), increased glutamine uptake and metabolism that is common in many cancers may also strongly stimulate mTOR activity. The regulation of mTOR by amino acid availability, including glutamine, is a rich and evolving field, and more advances will be needed to fully understand this intriguingly intricate process¹¹⁵.

Nucleotide biosynthesis

Glutamine directly supports the biosynthetic needs for cell growth and division. While carbon from glutamine is used for amino acid and fatty acid synthesis, nitrogen from glutamine contributes directly to both *de novo* purine and pyrimidine biosynthesis¹¹⁸. The importance of glutamine as a nitrogen reservoir is underscored by the fact that glutamine-deprived cancer cells undergo cell cycle arrest that cannot be rescued by TCA-cycle intermediates such as oxaloacetate but can be rescued by exogenous nucleotides^{118, 119}. In fact, synthesis of nucleotides from exogenous glutamine has been observed in human primary lung cancer samples cultured *ex vivo*¹²⁰.

Glutamine can also contribute to nucleotide biosynthesis through other pathways. Aspartate derived from glutamine via the TCA cycle and transamination (Figures 2,3) serves as a crucial source of carbon for purine and pyrimidine synthesis^{84, 85}, and provision of aspartate can rescue cell cycle arrest caused by glutamine deprivation⁸⁶. Additionally, glutamine dependent mTOR signaling may activate the enzyme carbamoyl-phosphate synthetase 2, aspartate transcarbamylase, and dihydroorotase (CAD), which catalyzes the incorporation of glutamine derived nitrogen into pyrimidine precursors^{118, 121, 122}. It has been suggested that NADPH produced downstream of glutamine metabolism and flux through the malic enzymes can further support nucleotide synthesis³¹. Overall, glutamine can support biomass accumulation of fatty acids, amino acids, and nucleotides, by directly contributing carbon and nitrogen, indirectly generating reducing equivalents, and stimulating the signaling pathways that are necessary for their synthesis.

Autophagy and glutamine

Autophagy and glutamine have a complex relationship that mirrors the complexities of autophagy in cancer initiation and progression. The role of autophagy in cancer appears paradoxical: in some settings, it is tumor suppressive, by limiting oxidative stress and chromosomal instability that may lead to oncogenic mutations^{123, 124}, while in other situations, autophagy supports cancer cell survival by providing nutrients and suppressing

stress pathways such as p53^{125, 126}. Thus, autophagy may influence tumor initiation and tumor progression differently, affecting tumor growth in a seemingly contradictory context-dependent manner. Many of the processes impacted by glutamine metabolism suppress autophagy. Glutamine suppresses GCN2 activation and the ISR, which can both otherwise induce autophagy^{65, 97, 127}. Glutamine also indirectly stimulates mTOR, which in turn suppresses autophagy through a complex mechanism^{17, 128–134} (recently reviewed by Dunlop and Tee¹³⁵). Similarly, ROS can induce autophagy as a stress response¹³⁶ but is suppressed by glutamine metabolism through production of glutathione and NADPH^{31, 34, 110}. Conversely, generation of ammonia from glutaminolysis could potentially promote autophagy activation in an autocrine and paracrine manner^{137, 138}. Although increased glutamine metabolism in cancer would suppress ROS levels (through glutathione production) as well as ER stress and promote mTOR activity, ammonia release from glutamine metabolism will vary between cancer types. Glutaminase releases ammonia in catalyzing the reaction of glutamine to glutamate, and some cancers process glutamate to α -ketoglutarate via GLUD (releasing another ammonium ion), while others use transamination, which does not release ammonia, as was first described by Lehninger³⁰. Similarly, SIRT5 desuccinylates and reduces GLS activity, thus reducing ammonia production and autophagy activation⁴¹. Through the relative contributions of SIRT5 and GLUD versus transamination, one might speculate that ammonia production downstream of glutamine metabolism could ‘tune’ autophagy to the specific needs of the tumor cells to maintain organelle turnover, provide nutrients, and reduce cell stress.

Divergent Paths to α -Ketoglutarate

A perhaps understudied aspect of glutamine metabolism in cancer is the consequence of two divergent pathways that convert glutamate to α -ketoglutarate, and the subsequent fate of the nitrogen derived from glutamate (Figure 7). The different pathways were first identified more than thirty years ago³⁰, and the field has made much progress on the ‘how’ and ‘what’ of GLUD versus aminotransferase utilization, but not nearly as much progress on the ‘when’ or the ‘why’. Specifically, the field must still address the relative contributions of each pathway to cancer cell physiology, and how the two different pathways are utilized depending on tissue of origin, proliferation state, cell health or stress, stage of tumor evolution, and oncogenotype.

Reactions via GLUD or aminotransferases result in production of α -ketoglutarate but have different by-products. In addition to α -ketoglutarate and ammonium, GLUD can produce both NADH and NADPH with different kinetics¹¹⁴, which support the TCA cycle, bioenergetics, control of ROS levels, and lipid synthesis. In contrast, the byproduct of aminotransferases is α -ketoglutarate as well as other amino acids such as serine, alanine, aspartate, and asparagine downstream of aspartate, which contribute to a variety of cell functions such as nucleotide biosynthesis, redox control, and suppression of the ISR^{65, 84, 85, 97, 98, 139–141}. In breast cancer with genomic amplification of the serine biosynthesis gene phosphoglycerate dehydrogenase (*PHGDH*), PSAT1 is the major source of glutamine dependent α -ketoglutarate, through transamination, and breast cancer cells with amplified *PHGDH* grow poorly after *PHGDH* depletion compared to those with normal levels¹⁴², underscoring the importance of these reactions in certain tumor types. Alanine is

a product of transamination that is highly secreted from some tumor types^{30, 141}, which perhaps may safely dispose of nitrogen without ammonia production. While some tumors are sensitive to the aminotransferase inhibitor aminooxyacetate (AOA)^{65, 143}, it is a broad-spectrum inhibitor, and so specific inhibition of individual aminotransferases will be required to assess their specific roles in cancer.

The underlying oncogenotype affects these two pathways differentially, which may be related to the metabolic requirements the oncogenes impose on the cells. *MYC* upregulates both *GLUD* and aminotransferases¹⁴⁴, and seems to require both pathways, depending on context^{67, 145}. In contrast, oncogenic mutant *KRAS* activity increases aminotransferases and decreases *GLUD* mRNA expression³⁴. The role of mTOR in glutamine metabolism seems highly context and cell-type specific: in mouse embryo fibroblasts (MEFs) and colon and prostate cancer cells, mTOR supports increased activity of *GLUD* via repression of *SIRT4*^{69, 73, 116}, whereas in mouse mammary 3D culture models and human breast cancer, mTOR instead inhibits expression of *GLUD* while promoting expression of aminotransferases, particularly *PSATI*¹¹⁷. It is notable that mTOR requires constant amino acid input¹⁴⁶, while *KRAS* drives macropinocytosis²², and thus, pathway selection of glutamine catabolism by these two pathways may reflect differing metabolic requirements that we do not yet fully appreciate. Nonetheless, these studies do suggest that transformed cells with strong PI3K-AKT-mTOR, *KRAS*, or *MYC* pathway activation increase their flux of glutamate to α -ketoglutarate for metabolism and biosynthesis.

Some key differences in the two pathways from glutamate to α -ketoglutarate may warrant further studies. Most noticeably, in addition to ammonia release by *GLS*, *GLUD* releases an additional ammonium ion and transamination does not. While ammonia is often thought of as a toxic byproduct, cancers can utilize ammonia to induce autophagy and neutralize intracellular pH^{137, 138, 147}, and *GLUD* can also produce NADPH¹¹⁴ to reduce glutathione and lead to lower levels ROS¹¹⁴. Together, these pathways could reduce cell stress and promote survival in some cancers¹⁴⁸. *GLUD* catalyzes a reaction that is reversible; however, the high K_m for ammonia limits this reaction to deamination of glutamate in most tissues with the exception of the liver^{66, 149}. In contrast, aminotransferases are freely reversible, and thus may provide more metabolic plasticity to certain cancer cells that rely on them. Further, *GLUD* results in disposal of a nitrogen atom in ammonium, while aminotransferase supports a much more biosynthetic phenotype that may better support rapidly growing cancer cells. In fact, a recent study suggests that rapidly-dividing mammary epithelial cells in culture as well as highly proliferative human breast cancers upregulate aminotransferases and downregulate *GLUD* expression¹¹⁷. The authors show that growing cells incorporate the nitrogen from glutamine into non-essential amino acids for cell growth, whereas this nitrogen would otherwise be disposed of by *GLUD* activity¹¹⁷. This further suggests that the utilized pathway from glutamate to α -ketoglutarate is highly dependent on the metabolic, biosynthetic, and stress-reduction needs of the cell.

Oncogenes and Glutamine Metabolism

Glutamine metabolism is upregulated by many oncogenic insults and mutations (Table 1). This section highlights and expands on some of these. The *MYC* oncogene has perhaps been

most associated with upregulated glutamine metabolism. *MYC* is the third most commonly amplified gene in human cancer¹⁵⁰, and the discovery that *MYC*-transformed cells become dependent on exogenous glutamine helped to drive a resurgence in the interest in glutamine metabolism^{6, 31}. *MYC* was found to upregulate glutamine transporters and induce the expression of *GLS* at the mRNA and protein level^{48, 145}, and to drive a glutamine-fueled TCA cycle and glutathione production in hypoxia¹⁵¹. Glutamine in *MYC*-driven cells can be used for *de novo* proline synthesis⁸² or production of the oncometabolite 2-hydroxyglutarate in breast cancer¹⁵², although the latter finding has not been independently corroborated. Infection by adenovirus or Kaposi's sarcoma-associated herpesvirus (KSHV) both increase *MYC* expression and glutamine metabolism^{153, 154}, and in the case of KSHV this may be a part of early tumorigenesis that eventually leads to Kaposi's sarcoma. *MYC* can also mediate the reprogramming of glutamine metabolism downstream of activation of other oncogenic pathways, including mTOR¹⁵⁵, and crosstalk with *HER2* (also known as *ERBB2*) and the estrogen receptor (*ER*) in breast cancer¹⁵⁶. All these findings support the notion that glutaminolysis is a major component of *MYC*-driven oncogenesis in most settings.

Oncogenic *KRAS*-driven transformation induces dependence on glutamine metabolism^{108, 119, 157}. However, different *KRAS* mutations can have different effects; for instance, lung cancer cells harboring a *KRAS*-G12V mutation were much less glutamine dependent than those harboring G12C or G12D mutations, though the reasons for this were not clear¹⁵⁸. In addition to inducing dependence on glutamine driven nucleotide metabolism¹¹⁹, mutant *KRAS* can increase dependence on aminotransferases through downregulation of *GLUD*, and drive increased production of NADPH to regenerate reduced glutathione and control ROS levels³⁴ (Figure 5).

Poor vascularization and hypoxia induce the stabilization of *HIF1 α* or *HIF2 α* ¹⁵⁹, which directs glutamine towards biosynthetic fates that do not require oxygen. *HIF α* stabilization orchestrates a gene expression program that promotes the conversion of glucose to lactate, driving it away from the TCA cycle^{159, 160}. Decreased glucose entry into the TCA cycle can be compensated for by glutamine fueled production of the TCA cycle intermediate α -ketoglutarate¹⁵¹. However, this α -ketoglutarate is largely channeled through reductive carboxylation in certain cell types to produce citrate, acetyl-coA, and lipids⁸⁹⁻⁹¹. By contrast, glutamine is metabolized in human B-cell lymphoma model cells cultured in hypoxia largely via forward TCA cycling, with only a minor amount undergoing reductive carboxylation¹⁵¹. *HIF α* stabilization can occur independently of hypoxia in tumors owing to mutations in factors involved in the degradation of *HIF α* subunits (such as von Hippel Lindau tumor suppressor (*VHL*))¹⁵⁹ or through increased translation through mTOR¹⁶¹, and glutamine itself can also increase *HIF α* stabilization¹⁶²⁻¹⁶⁴. We suspect that as more genes and tissues are studied, glutamine metabolism will be found to be reprogrammed through modulation of the pathways described above (Table 1) and through novel direct mechanisms.

Glutamine Metabolism in the Clinic

Imaging

Reprogrammed cancer metabolism can be used to image tumors. Glucose-based ^{18}F -fluorodeoxyglucose positron emission tomography (FDG-PET) ¹⁶⁵ has been in use for more than three decades to image and stage tumors via their avid uptake of glucose. However, some tissues, particularly the brain, also take up large amounts of glucose, making FDG-PET ineffective in imaging brain tumors ¹⁶⁵. ^{18}F -fluorinated glutamine (^{18}F -(2S,4R)-4-fluoroglutamine(^{18}F -FGln)) was developed as a potential tumor imaging tracer and validated in animal models ^{166, 167}, and ^{18}F -FGln PET has since been evaluated clinically and shown promise in the diagnosis of glioma ¹⁶⁸. Importantly, in glioma ^{18}F -FGln accumulation does not necessarily suggest increased glutamine catabolism, as mouse orthotopic models of glioma and human patient samples show high rates of glutamine accumulation but comparatively low rates of glutamine metabolism ^{169–171}. Nonetheless, ^{18}F -FGln is a promising new tool in the diagnosis of cancers refractory to use of FDG such as glioma, and it will be of interest to determine if high ^{18}F -FGln uptake in other tumor types is predictive of glutamine dependence and therapeutic response to inhibition of glutamine metabolism.

Therapy

The dependence of cancer cells on glutamine metabolism has made it an attractive anti-cancer therapeutic target. As detailed in Table 2, many classes of compounds that target glutamine metabolism, from initial transport in the cell to conversion to α -ketoglutarate, have been examined. While most of these are still in the preclinical ‘tool compound’ stage or have been limited by toxicity, allosteric inhibitors of GLS have shown promise in preclinical models of cancer, and one highly potent compound in this class, CB-839, has moved on to clinical trials. A preclinical tool-compound inhibitor of GLS is bis-2-(5-phenylacetamido-1,2,4-thiadiazol-2-yl)ethyl sulfide (BPTES) ¹⁷², which has been shown to block the growth of cancer cells *in vitro*, of xenografts *in vivo*, and to slow tumor growth and prolong survival in genetically engineered mouse models of cancer ^{151, 173}. CB-839 has shown efficacy against triple negative breast cancer and hematological malignancies in preclinical studies ^{53, 54}, and is currently the subject of several clinical trials.

The transition of glutaminase inhibition to the clinic will be aided by understanding potential inherent or acquired resistance mechanisms. Cancers that depend on GLS ^{61, 64}, which is not sensitive to BPTES or CB-839, would be unlikely to respond to therapy ¹⁷⁴. The expression of pyruvate carboxylase, which can provide carbon to the TCA cycle through its conversion of pyruvate to oxaloacetate, represents a potential mechanism for glutaminase independence ^{120, 175}. Glutamine synthetase (GLUL) expression may also predict glutamine independence and promote BPTES resistance ^{171, 176–178}.

Metabolic synthetic lethality and combination therapy

The heterogeneity, varied oncogenotypes, and microenvironment of tumors pose considerable challenges to targeted therapies, but the use of combination therapy is a successful paradigm in the treatment of HIV and certain types of cancers. Particularly attractive drug combinations induce synthetic lethality, where two drugs induce cell death in

combination but not individually. Many candidate preclinical synthetic lethal treatments target pathways or cellular functions that help cancer cells to compensate for the targeting of another pathway or cellular function. The pleiotropic role of glutamine in cellular functions, such as energy production, macromolecular synthesis, mTOR activation, and ROS homeostasis¹⁷⁹, makes GLS inhibition a potentially ideal candidate for combination therapy, as detailed in Table 3. A few combinations are notable because they reveal novel consequences of glutamine metabolism. Specific inhibition of the anti-apoptotic protein BCL-2 synergizes with glutaminase inhibition⁵³, consistent with the described role of glutamine in controlling expression and activity of pro- and anti-apoptotic proteins, as reviewed recently¹⁸⁰. Similarly, the synergism between glutamine withdrawal and chemical activation of the ISR with the retinoid-derivative fenretinide⁶⁵ shows that glutamine can suppress this stress response through various mechanisms, as discussed above. While invasive and metastatic cells have not specifically been studied for their sensitivity to glutaminolysis inhibition, it has been shown that highly invasive ovarian cancer cells have increased glutamine dependence compared to less invasive cells¹⁸¹, and metastatic prostate tumors show increased glutamate availability and dependence on glutamine uptake^{93, 182}. Indeed, genetic inhibition of glutaminase was shown to prevent epithelial-to-mesenchymal transition, a key step in tumor cell invasiveness and eventual metastasis¹⁸³. Thus, prevention of metastasis may be another avenue to focus on the development of combinatorial strategies in glutamine metabolic inhibition.

The effects of metabolic inhibitors *in vivo* may also broadly influence immunity. There has been a recent surge of interest in manipulating the immune response to target cancer, either through the blocking of immune checkpoints or the use of engineered chimeric antigen receptor (CAR) T cells. These approaches require immune cells to function within the tumor microenvironment. Recent work has indicated that immune cells compete with cancer cells for glucose¹⁸⁴, and we speculate that perhaps this may be true for glutamine as well. In fact, glutamine metabolism is increased in T-cell activation and regulates skewing of CD4⁺ T-cells towards more inflammatory subtypes^{32, 185, 186}. While *ex vivo* experiments suggest that lymphocytes show signs of proper activation even in the presence of CB-839¹⁷³, it remains to be seen how GLS inhibition will affect anti-tumor immunity *in vivo*. Studies in mouse lymphocytes suggest that the CB-839-insensitive GLS2 may play a key role in lymphocyte proliferation¹⁴⁴, and so targeting of glutamine metabolism through the modulation of tumor-specific pathways may be required to maintain both high glutamine availability and immune response.

Glutamine Usage: Plastic versus Patient

While the critical role of glutamine metabolism in cancer cells *in vitro* is well established, less clear is what role glutamine plays in tumors *in vivo*, which can face shortages of nutrients and oxygen⁷. Not surprisingly, tumors utilize a variety of nutrients as carbon sources and energy besides glucose and glutamine, including lipids and acetate^{187–189}, and may also utilize macropinocytosis to support amino acid pools²². However, the circumstances under which macropinocytosis becomes dominant *in vivo* remain to be established. As an illustrative example of the metabolic complexity of tumors, lung cancer cell lines are often glutamine dependent *in vitro*, but a recent study of K-RAS driven mouse

lung tumors demonstrated that glucose but not glutamine was preferentially used to supply carbon to the TCA cycle, through the action of pyruvate carboxylase¹⁹⁰. Furthermore, two recent metabolomics and metabolic flux studies of primary human lung cancer showed little change in glutamine entry into the TCA cycle, and instead suggested that human lung cancer can synthesize glutamine from the TCA cycle^{120, 191}. Human and mouse gliomas exhibit high rates of glucose catabolism and accumulate but do not avidly metabolize glutamine¹⁶⁸, and do not depend on circulating glutamine to maintain cancer growth, but instead utilize glucose to synthesize glutamine through glutamine synthetase to support nucleotide biosynthesis^{169–171}. Hence, much more work is needed to further define the use of nutrients *in vivo*, to guide the selection of metabolic therapies in the clinic.

Nevertheless, glutamine metabolism has been documented as critical for tumorigenesis and tumor survival in specific *in vivo* models^{151, 173, 192, 193}, which have varied metabolic profiles depending on the tumor oncogenotype. The complexities *in vivo* are exemplified by a study utilizing mouse models to compare the effects of metabolic driver and tissue of origin on tumor metabolism¹⁷⁷ (Figure 8). MET-driven liver tumors expressed glutamine synthetase and so presumably made their own glutamine from glucose flux, and thus do not need to take up glutamine from the environment. Likewise, MYC-driven lung tumors upregulated both GLS and glutamine synthetase, consistent with a recent study showing that MYC indirectly induces glutamine synthetase^{177, 178}. Conversely, MYC-driven liver tumors upregulated GLS and SLC1A5 and avidly consumed and catabolized glutamine^{173, 177} (Figure 8). In fact, in this same MYC-driven liver cancer model, loss of a single copy of *GLS* slowed tumor growth and pharmacologic inhibition of GLS prolonged survival¹⁷³, suggesting the critical importance of glutamine metabolism in certain cancer settings. The heterogeneity of glutamine metabolism in tumors arising in the same tissue type, demonstrated by the MYC and MET driven liver models, is mirrored in studies of human breast cancer that show that ER⁺ breast cancer cell lines are less glutamine dependent than triple negative breast cancer cell lines^{18, 54, 176}. This finding is further supported by a study in primary ER⁻ human breast tumors that shows high glutamine to glutamate ratio in the tumors, suggesting increased glutamine catabolism¹⁹⁴.

Altered glutamine metabolism can interact with the tumor microenvironment in surprising ways. Increased lactate, which may be present in the microenvironment as a consequence of increased glycolysis by cancer cells⁷, has been shown to promote increased glutamine metabolism via a HIF2 and MYC-dependent mechanism¹⁹⁵, potentially providing a way for an evolving tumor to ‘reprogram’ itself towards increased glutaminolysis. Similarly, as discussed above, increased glutaminolysis causes an increase in excreted ammonia and autophagy in exposed cells^{137, 138}, and indeed, a study with co-culture of breast cancer cells and fibroblasts showed that the ammonia released from breast cancer cells stimulated autophagy in the fibroblasts to release additional glutamine, which was then taken up and metabolized by the cancer cells¹⁹⁶. However, ammonia can be toxic to surrounding cells, and since tumors engaging in glutaminolysis may excrete large amounts of ammonia, it is still unknown how surrounding non-transformed cells detoxify this ammonia. Finally, some tumors, particularly those of the brain and the lung^{120, 169–171, 191}, may synthesize and excrete glutamine, and it is still not known how this increased glutamine in the microenvironment may affect the physiology of neighboring cells. Understanding the

interaction between tumor microenvironment, tissue-of-origin and oncogenic drivers may be the key to deconvoluting the potential role of glutamine in different tumor types.

Concluding remarks

Ninety years ago, Warburg uncovered that many animal and human tumors displayed high avidity for glucose, which was largely converted to lactate through aerobic glycolysis. Warburg also suggested that cancers are caused by altered metabolism and loss of mitochondrial function. These dogmatic views have been replaced and refined over the last several decades with the emergence of oncogenic alterations of metabolism, appreciation of the importance of mitochondrial oxidation in cancer physiology, and the rediscovery of the role of glutamine in tumor cell growth in addition to the pivotal role of glucose. Here, we provide an updated overview of glutamine metabolism in cancers and discuss the complexity of metabolic re-wiring as a function of the tumor oncogenotype as well as the microenvironment that adds to the heterogeneity found *in vivo*. In certain types of cancers, such as those driven by MYC, tumor cells appear to depend on glutamine, and hence targeting glutamine metabolism pharmacologically may prove to be beneficial. Conversely, different oncogenic drivers may result in tumor cells that could bypass the need for glutamine. Targeted inhibition of some oncogenic drivers, however, has been reported to re-wire cells to become dependent on glutamine, and hence targeted inhibitors could be synthetically lethal with inhibition of glutamine metabolism. Overall, the field of cancer metabolism has made considerable progress in understanding alternative fuel sources for cancers including glutamine, which under specific circumstances can be exploited for therapeutic purposes.

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Glossary

2-Hydroxyglutarate

An α -hydroxy acid sometimes produced at high levels by cancer cells, which structurally resembles α -ketoglutarate and so inhibits α -ketoglutarate-dependent enzymes such as the jumonji-family histone demethylases. The D-2HG enantiomer is produced downstream of mutant isocitrate dehydrogenase enzymes in glioma and acute myelogenous leukemia, and the L-2HG enantiomer is produced under hypoxia.

Aminotransferases

A class of enzymes, also known as transaminases, which catalyze the reaction between an α -keto acid such as pyruvate and an α -amino acid to form a different amino acid and α -keto acid. For example, glutamic-pyruvate transaminase (GPT, alanine aminotransferase) transfers a nitrogen from glutamate to pyruvate to make alanine and α -ketoglutarate.

Autophagy

Refers to the macroautophagy, which is a process of bulk cytoplasmic and organelle degradation by specialized organelles called autophagosomes, which then deliver the contents to the lysosome. Autophagy is increased under many forms of stress and can provide nutrients for metabolism.

Cap-dependent translation

In most eukaryotic mRNAs, translation relies on the initiation factor eIF4E binding to the 5' mRNA cap (a modified nucleotide), along with the ribosome and other initiation factors. Certain stress pathways including ER stress and the ISR inhibit cap-dependent translation through inhibitory phosphorylation of the initiation factor eIF2 α .

Caloric restriction

Restricting the available calories to a model organism, such as a mouse or *C. elegans*, without under-nourishing them. Caloric restriction has been shown in several species to delay age-associated diseases and dramatically extend lifespan.

Electron transport chain

A series of transmembrane protein complexes, present on the inner membrane mitochondria, which transfer electrons via redox reactions to the terminal electron acceptor oxygen, which is reduced with binding of protons to a water molecule. This generates a proton gradient that powers ATP synthase to produce ATP. Premature leakage of electrons to oxygen can lead to production of ROS.

Endoplasmic reticulum (ER) stress

Refers to various stresses that lead to protein misfolding and activate the unfolded protein response (UPR). The UPR, which shares molecular machinery with the ISR, halts cap-dependent translation, induces expression of ER chaperone proteins, and can lead to death if the stress is not resolved.

Epithelial-to-mesenchymal transition (EMT)

A complex process observed in invasive solid tumors of epithelial origin in which the cancer cells acquire a mesenchymal phenotype, break through the basement membrane, and enter the bloodstream or lymphatic system via the process of intravasation. EMT is promoted by many genetic, epigenetic, and physiologic alterations commonly found in cancer.

Ferroptosis

An intracellular iron-dependent form of cell death that is distinct from apoptosis.

Glutathione

A tripeptide (glutamate-cysteine-glycine) which acts as an important antioxidant. The reduced form (GSH) can react with H₂O₂ to form the oxidized form (GSSG).

Hexosamine

A nitrogenous sugar created from a monosaccharide and amino acids that can be used to modify proteins to aid in protein folding and trafficking.

Integrated stress response (ISR)

A stress response pathway that responds to various cellular insults, including amino acid deprivation, through the GCN2 kinase, to phosphorylate eIF2 α halt general cap-dependent protein translation, and increase transcription of endoplasmic reticulum chaperone proteins. The ISR may eventually result in apoptotic cell death if the stress is not resolved.

Macropinocytosis

A type of endocytosis where extracellular fluid and nutrients are engulfed and taken up into vesicles called macropinosomes. The contents can then be digested by lysosomal degradation to provide nutrients for metabolism.

Oncogenotype

The genetic or epigenetic alterations (to activate an oncoprotein or disable a tumor suppressor pathway) that drive the evolution and phenotype of a given tumor.

One-carbon metabolism pathway

A pathway centered on the metabolism of folate, an important carbon donor for DNA methylation and purine nucleotide synthesis. This pathway is linked to the *de novo* biosynthesis pathways of serine and glycine.

Reductive carboxylation

A process that occurs in some normal and cancer cells whereby α -ketoglutarate proceeds 'backwards' through the TCA cycle, being reduced through the consumption of NADPH by isocitrate dehydrogenase in the non-canonical reverse reaction to form citrate. This citrate may then be used in fatty acid synthesis.

Serine and glycine biosynthesis

De novo synthesis of serine and glycine from the glycolytic intermediate 3-PG. PHGDH converts 3-PG to 3-phosphohydroxypyruvate, which is then converted by the enzyme PSAT1 to 3-phosphoserine, which is converted to serine by PSPH. Serine can further be converted to glycine by the enzymes SHMT1/2, which also forms 5,10-methylene-tetrahydrofolate, which in turn fuels the folate cycle and nucleotide biosynthesis.

Synthetic lethality

A combination of two inhibitors or losses-of-function that, individually, do not produce death in cancer cells, but, when combined, synergistically induce death. Given that cancers may alter their metabolism in response to traditional chemotherapy and targeted agents, metabolic inhibitors such as inhibitors of glutamine metabolism are particularly attractive targets in synthetic lethality studies.

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Key points

- Cancer cells show increased consumption of and dependence on glutamine.
- Glutamine metabolism fuels the tricarboxylic acid (TCA) cycle, nucleotide and fatty acid biosynthesis, and redox balance in cancer cells.
- Glutamine activates mTOR signaling, suppresses endoplasmic reticulum stress, and promotes protein synthesis.
- Cancer cells may metabolize glutamate to α -ketoglutarate through one of two different pathways (glutamate dehydrogenase or aminotransferases), with aminotransferases potentially supporting a more biosynthetic and pro-growth phenotype.
- Activation of oncogenic pathways and loss of tumor suppressors reprogram glutamine metabolism in a tissue-dependent manner.
- Targeting glutamine metabolism shows promise as an anti-cancer therapy. Compensatory glutamine metabolism induced by cancer therapies suggests targeting glutamine metabolism may be used in combination therapy.

Year	Findings
1935	<ul style="list-style-type: none"> • Identification of mammalian glutaminase ²⁹ • Defined 'liver type' glutaminase (GLS2) and 'kidney type' glutaminase (GLS) ²⁹ • Only GLS is inhibited by glutamate ²⁹
1943	<ul style="list-style-type: none"> • Glutamine is the major source of urinary ammonia ¹⁹⁷
1956	<ul style="list-style-type: none"> • Cultured fibroblasts and HeLa cells require glutamine for survival ¹⁹⁸
1958	<ul style="list-style-type: none"> • Glutaminases are located in the mitochondria ¹⁹⁹
1972-1979	<ul style="list-style-type: none"> • Glutamine is a major source for oxidative metabolism in hepatoma, lymphoma and HeLa cells ²⁰⁰⁻²⁰³
1984	<ul style="list-style-type: none"> • Glutamate is converted to α-KG by either GLUD or aminotransferases ³⁰ • Relative contribution of GLUD or aminotransferases varies greatly by cell type ³⁰ • Glutamine derived malate contributes to the production of NADPH ³⁰
1983-1985	<ul style="list-style-type: none"> • Lymphocytes exhibit high rates of glutamine metabolism ²⁰⁴ • Hypothesis that the large influx of glutamine in growing cells is used for biosynthesis rather than energy production ²⁰⁵
1987-2001	<ul style="list-style-type: none"> • Several major studies link oncogenes and an increase in glucose metabolism, often termed the 'Warburg effect' ²⁰⁶⁻²⁰⁸
1991, 1999	<ul style="list-style-type: none"> • The two major splice variants of glutaminase, GAC and KGA, are cloned from mammalian cells ^{38, 39}
2000	<ul style="list-style-type: none"> • Specific genetic inhibition of GLS slows tumor cell growth ²⁰⁹
2007-2008	<ul style="list-style-type: none"> • The <i>MYC</i> oncogene drives glutamine addiction ^{6, 145}
2014	<ul style="list-style-type: none"> • First report on the anti-tumor activity of the GLS inhibitor CB-839, which is currently the subject of several clinical trials ⁵⁴

Figure 1.
Timeline of key discoveries in mammalian glutamine metabolism and cancer
 α -KG, α -ketoglutarate; GLUD, glutamate dehydrogenase.

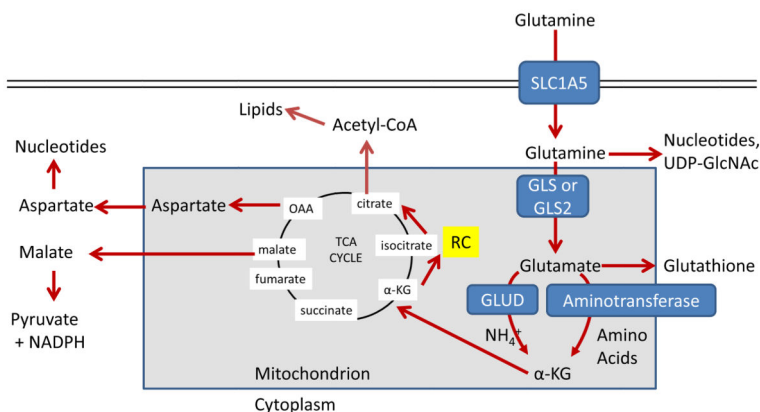


Figure 2. Major metabolic and biosynthetic fates of glutamine

Glutamine enters the mammalian cell through transporters such as SLC1A5 (also known as ASCT2)¹⁵. Glutamine itself can contribute to nucleotide biosynthesis and uridine diphosphate N-acetylglucosamine (UDP-GlcNAc) synthesis for support of protein folding and trafficking²¹⁰, or is converted to glutamate by glutaminase (GLS or GLS2)²⁸. Glutamate can contribute to the synthesis of glutathione¹¹⁰, and has many other metabolic fates in the cell that impact on several inborn errors of metabolism, which were recently reviewed²¹¹. Glutamate is converted to α -ketoglutarate (α KG) through one of two sets of enzymes, glutamate dehydrogenase (GLUD1 or GLUD2, henceforth referred to collectively as GLUD) or aminotransferases³⁰. While the byproduct of GLUD is NH_4^+ , the byproduct of aminotransferase reactions is other amino acids. Note that aminotransferases may be present either in the cytoplasm or the mitochondria. α -ketoglutarate enters the tricarboxylic acid (TCA) cycle and can provide energy for the cell. Malate exiting the TCA cycle can produce pyruvate and NADPH for reducing equivalents³¹, and oxaloacetate (OAA) can be converted to aspartate to support nucleotide synthesis³⁴. These two pathways are illustrated in more detail in Figure 4. Alternately, α -KG can proceed backwards through the TCA cycle, in a process called reductive carboxylation (RC) to produce citrate, which supports synthesis of acetyl-CoA and lipids⁸⁷.

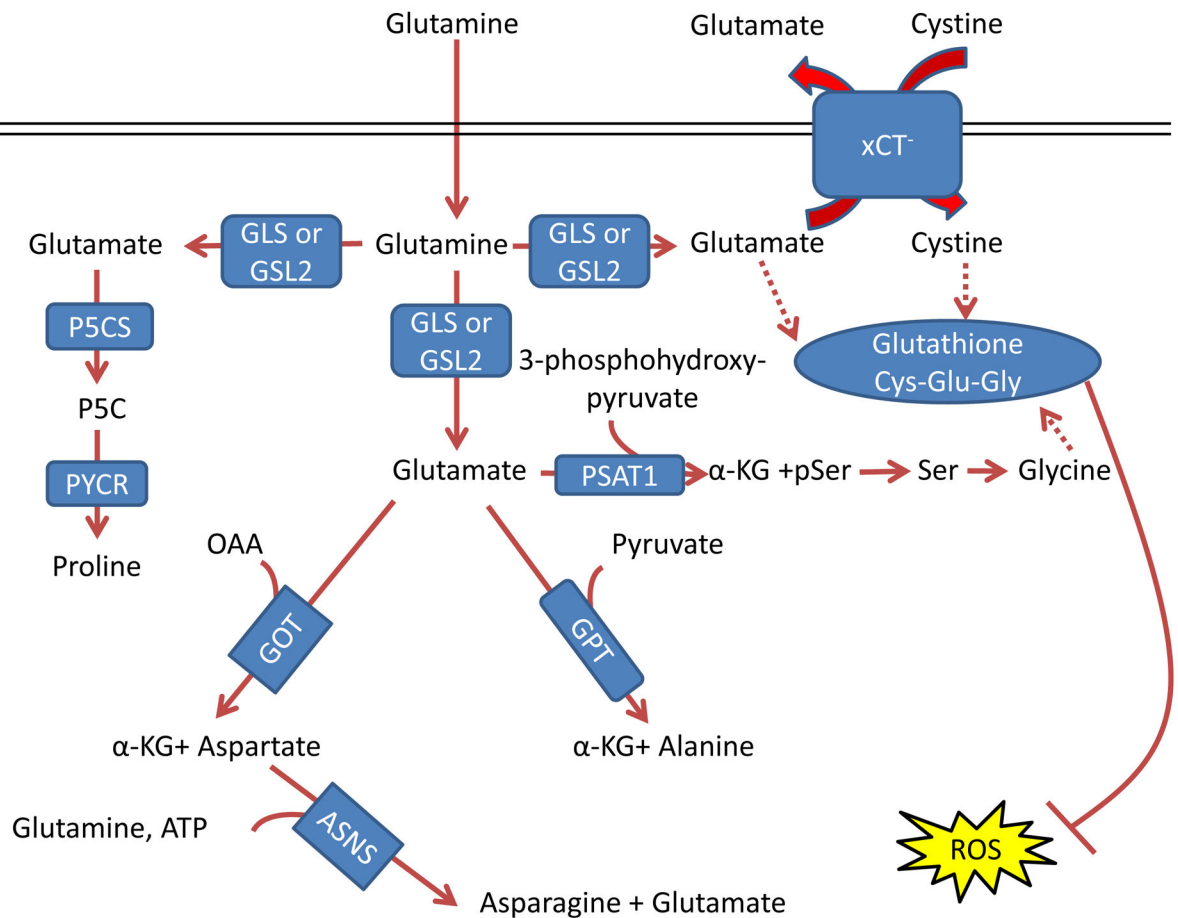


Figure 3. Glutamine control of amino acid pools and ROS

Glutamate acts as a nitrogen donor for the transamination involved in the production of ‘dispensable amino acids’ alanine, aspartate, and serine through the actions of glutamic-oxaloacetic transaminase (GOT), glutamic pyruvate transaminase (GPT) and phosphoserine aminotransferase 1 (PSAT1), respectively. Glutamine can also act as a nitrogen donor for asparagine through asparagine synthetase (ASNS). In a reaction independent of transamination, proline can be synthesized by conversion of glutamate to pyrroline-5-carboxylate (P5C) by pyrroline-5-carboxylate synthase (P5CS; also known as aldehyde dehydrogenase 18 family member A1, (ALDH18A1)) and subsequently to proline by pyrroline-5-carboxylate reductase 1 (PYCR1) and PYCR2. Glutamine also contributes to the tripeptide glutathione (composed of glutamate, cysteine and glycine), which neutralizes the ROS H_2O_2 ¹¹⁰. The first step in glutathione synthesis is the condensation of glutamate and cysteine through glutamate-cysteine ligase (GCL; not shown in the figure). Glutamine input directly contributes to the availability of cysteine and glycine for production of glutathione. Glutamate can be exchanged for cysteine (which is quickly reduced to cysteine inside the cell) through the xCT antiporter (a heterodimer of SLC7A11 and SCL3A2), which has been shown to be important in a variety of cancers and has been considered as a drug target^{18, 212}. Glycine is next added by glutathione synthetase (GSS; not shown in the figure). Additionally, glutamate can contribute to glycine through transamination by PSAT1

into phosphoserine (pSer) and α -ketoglutarate (α KG) and subsequent conversion to glycine through serine hydroxymethyltransferase (SHMT; not shown in the figure) as part of the one-carbon metabolism pathway, which has been shown in numerous studies to be critical in cancer metabolism and is also reviewed in this Focus Issue by Dr. Karen Vousden^{139, 140, 213}. GLS, kidney-type glutaminase; GLS2, liver-type glutaminase; GLUD, glutamate dehydrogenase; OAA, oxaloacetate.

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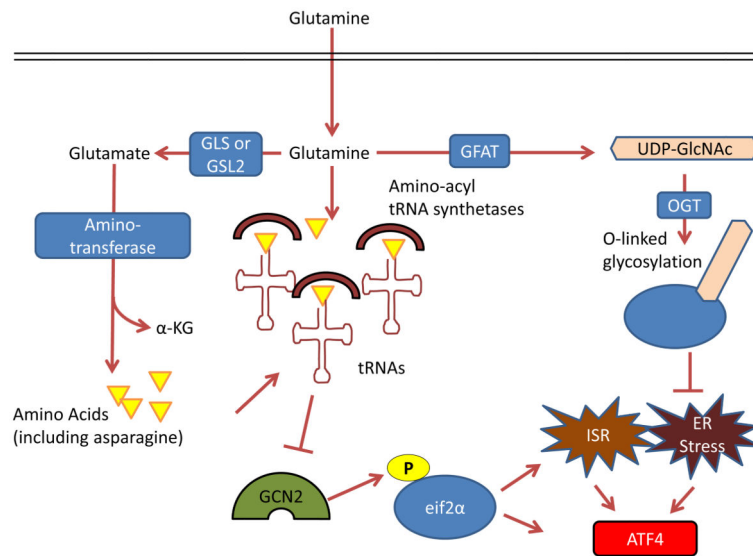


Figure 4. Control by glutamine of the integrated stress response, protein folding and trafficking, and ER stress

GCN2, a serine-threonine kinase with a regulatory domain that is structurally similar to histidine-tRNA synthetase, is allosterically activated by uncharged tRNAs with amino acid deprivation (including glutamine deprivation) and in turn activates the integrated stress response (ISR)^{96, 214, 215}. Glutamine can suppress GCN2 activation through its contribution to amino acid pools by aminotransferases^{65, 97–99}. To control endoplasmic reticulum (ER) homeostasis, glutamine supports protein folding and trafficking through its contribution to uridine diphosphate N-acetylglucosamine (UDP-GlcNAc) as part of the hexosamine biosynthesis pathway. Glutamine is the substrate for glutamine fructose-6-phosphate aminotransferase (GFAT), which is the key rate-limiting enzyme in the hexosamine pathway, and the downstream product UDP-GlcNAc is a substrate for O-linked glycosylation through O-linked β -N-acetylglucosamine transferase (OGT). Thus, glutamine deprivation can lead to improper protein folding and chaperoning and ER stress²¹⁰. A key output of both the ISR and of ER stress is activating transcription factor 4 (ATF4), which is induced via cap-independent translation downstream of eukaryotic translation initiation factor 2 α (eIF2 α) phosphorylation by GCN2 or other kinases⁹⁶. α -KG, α -ketoglutarate; GLS, kidney-type glutaminase; GLS2, liver-type glutaminase.

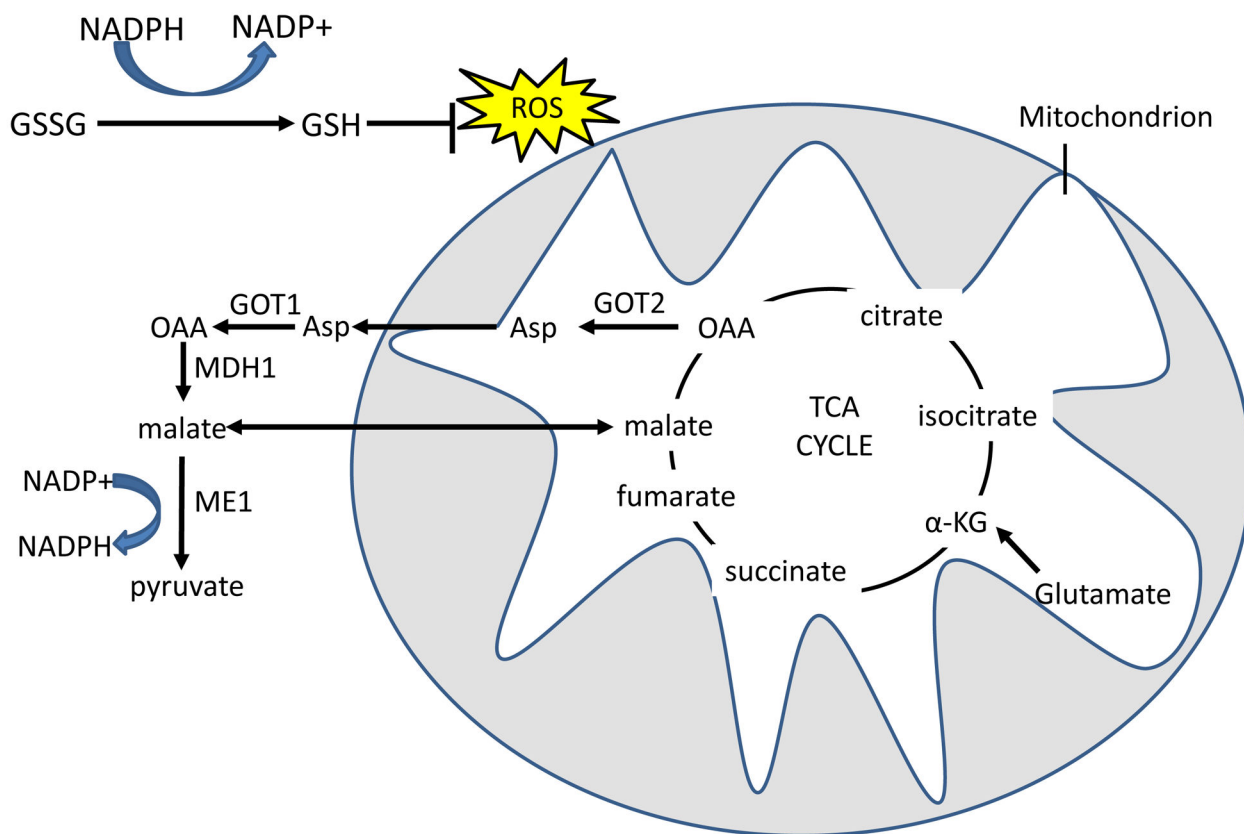


Figure 5. Glutamine derived TCA cycle intermediates can be used via two pathways to produce NADPH and neutralize ROS through the malic enzyme

Reduced glutathione (GSH) neutralizes H_2O_2 with the glutathione peroxidase enzyme, and oxidized glutathione (GSSG) is reduced by NADPH and glutathione reductase to regenerate GSH. In the first pathway, glutamine-derived malate is transported out of the mitochondria, and is converted by malic enzyme 1 (ME1) to pyruvate, reducing one molecule of NADP^+ to NADPH. In the malate-aspartate shuttle-related second pathway, found in mutant KRAS-transformed cells, aspartate that is produced from GOT2 mediated transamination of glutamine-derived oxaloacetate (OAA) is transported out of the mitochondria. Aspartate is then converted in the cytosol back to OAA by GOT1 and then to malate by malate dehydrogenase 1 (MDH1), which is in turn processed to pyruvate by ME1 to produce one molecule of NADPH³⁴. The fate of glutamine-derived pyruvate is similar to glucose-derived pyruvate in that much of it is expelled as lactate³¹. α -KG, α -ketoglutarate; TCA, tricarboxylic acid; GOT, glutamic oxaloacetate transaminase.

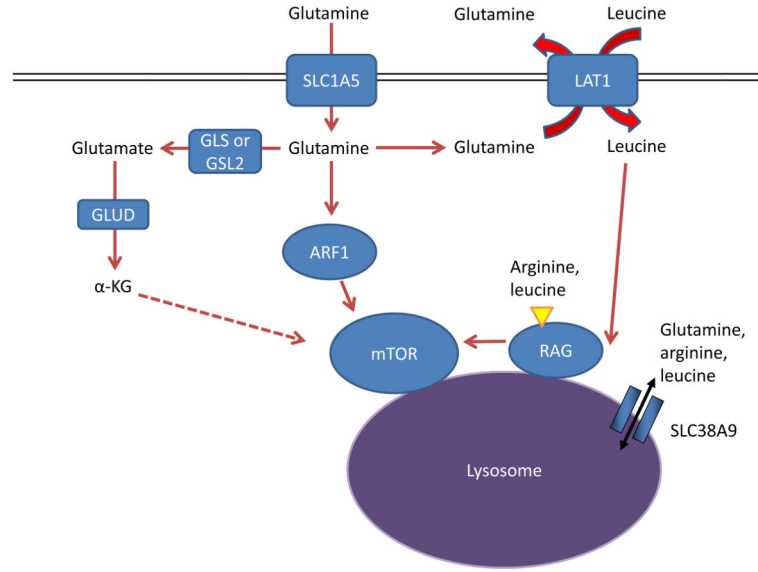


Figure 6. Glutamine controls mTOR activity

Amino acids stimulate the mTOR pathway, and amino acid pools rely on glutamine to be maintained. Specifically, arginine and leucine are two amino acids that can together almost fully stimulate mTOR complex 1 (mTORC1) through activation of the RAS-related GTPase (RAG) complex, which in turn recruits mTORC1 to the lysosome and stimulates its activity^{72, 133, 216}. Glutamine can contribute to mTORC1 activation by being exchanged for essential amino acids, including leucine, through the large neutral amino acid transporter 1 (LAT1; a heterodimer of SLC7A5 and SLC3A2) transporter¹⁷. This RAG-dependent regulation of mTOR is likely dependent on the lysosomal amino acid transporter SLC38A9, which transports glutamine, arginine, and leucine as substrates^{129, 132, 133}, as well as the leucine sensor sestrin 2 (not shown in Figure)^{217, 218}. Although the mechanism is not well understood, α-ketoglutarate (α-KG) may regulate RAGB activity and mTOR activation downstream of glutamine metabolism²¹⁹. Several RAG-independent pathways of mTOR regulation by glutamine have also been identified. Glutamine promotes mTOR localization to the lysosome (and thus activity) through the RAS-family member ADP ribosylation factor 1 (ARF1) in a poorly understood mechanism, as well as the TTT-RUVBL1/2 complex (not shown in Figure)^{128, 130}. GLS, kidney-type glutaminase; GLS2, liver-type glutaminase; GLUD, glutamate dehydrogenase.

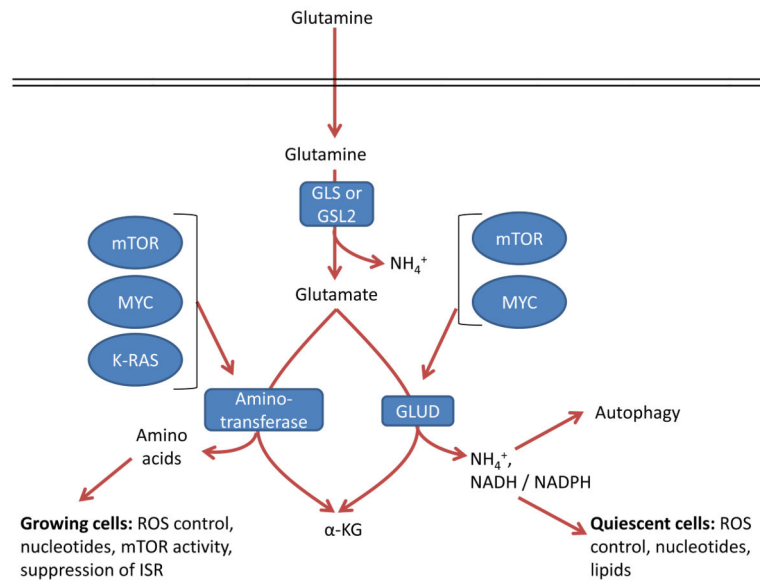


Figure 7. Two roads to α -ketoglutarate

Glutamate can be converted by one of two different pathways into α -ketoglutarate (α -KG), and the choice of which pathway is influenced both by oncogene input and cell proliferation and metabolic state. GLS, kidney-type glutaminase; GSL2, liver-type glutaminase; GLUD, glutamate dehydrogenase; ISR, integrated stress response; ROS, reactive oxygen species.

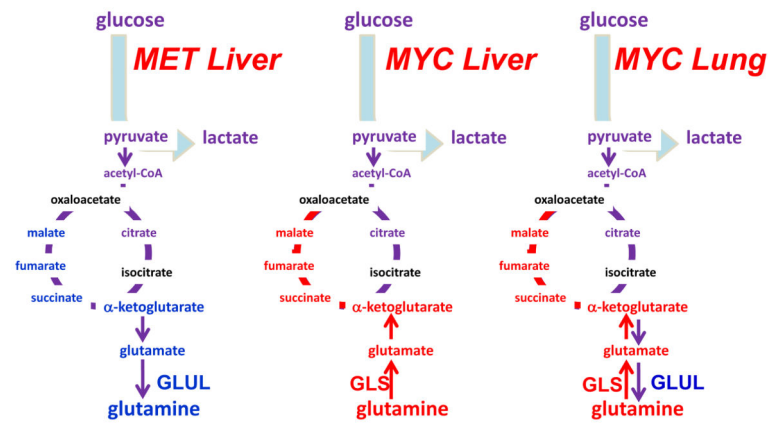


Figure 8. Differing requirements for glutamine in cancer based on oncogene and tissue of origin
 The oncoproteins MET and MYC lead to differing dependence on glutamine in different cancer types, which is partially influenced by differential expression of glutamine synthetase (GLUL) or glutaminase (GLS). α-KG, α-ketoglutarate; OAA, oxaloacetate; Illustration is drawn from primary data originally presented in Yuneva *et al.*¹⁷⁷.

Table 1

Influence of oncogenes and tumor suppressor gene loss on glutamine metabolism

Oncogenic change	Role in glutamine metabolism
MYC upregulation	Upregulates glutamine metabolism enzymes and transporters ^{6, 31, 48, 145, 177}
KRAS mutations	Drives dependence on glutamine metabolism, suppresses GLUD, and drives NADPH via malic enzyme 1 (ME1) ^{34, 108, 119, 157, 158}
HIF1 α or HIF2 α stabilization	Drives reductive carboxylation of glutamine to citrate for lipid production ⁸⁹⁻⁹¹
HER2 upregulation	Activates glutamine metabolism through MYC and NF- κ B ^{156, 220}
p53, p63, or p73 activity	Activates GLS2 expression ^{55, 56, 62, 63}
JAK2-V617F mutation	Activates GLS and increases glutamine metabolism ²²¹
mTOR upregulation	Promotes glutamine metabolism via induction of MYC ¹⁵⁵ and GLUD ^{69, 73} or aminotransferases ¹¹⁷
NRF2 activation	Promotes production of glutathione from glutamine ²²²
TGF β -WNT upregulation	Promotes SNAIL and DLX2 activation, which upregulate GLS and activates epithelial-mesenchymal transition ¹⁸³
PKC zeta loss	Stimulates glutamine metabolism through serine synthesis ²²³
<i>PTEN</i> loss	Decreased GLS ubiquitination ²²⁴
<i>RBI</i> loss	Upregulates GLS and SLC1A5 expression ²²⁵

GLUD, glutamate dehydrogenase; GLS, kidney-type glutaminase; GLS2, liver-type glutaminase; HIF, hypoxia-inducible factor; JAK2, Janus kinase 2; ME1, malic enzyme 1; NF- κ B, nuclear factor- κ B; NRF2, nuclear factor, erythroid derived 2, like 2; PKC ζ , protein kinase C ζ ; RB1, retinoblastoma 1; TGF β , transforming growth factor- β .

Table 2

Strategies to pharmacologically target glutamine metabolism in cancer

Class	Drug	Status
Glutamine mimic	<ul style="list-style-type: none"> 6-diazo-5-oxo-L-norleucine (DON)¹⁶ Azaserine¹⁶ Acivicin¹⁶ 	<ul style="list-style-type: none"> Off-target effect on nucleotide biosynthesis^{16, 226} Limited by toxicity^{16, 227}
Glutamine depletion	<ul style="list-style-type: none"> L-Asparaginase^{100, 101, 228–230} 	<ul style="list-style-type: none"> Off-target toxic conversion of glutamine to glutamate^{231, 232} Limited by toxicity^{100, 101} FDA-approved to treat ALL¹⁰²
GLS inhibitors	<ul style="list-style-type: none"> 968²³³ BPTES^{172, 234–236} CB-839^{53, 54} 	<ul style="list-style-type: none"> Pre-clinical tool²³⁷ Pre-clinical tool^{151, 173} Phase I clinical trial
SLC1A5 inhibitors	<ul style="list-style-type: none"> Benzylserine^{238, 239} γ-FBP²⁴⁰ GPNA²⁴¹ 	<ul style="list-style-type: none"> Pre-clinical tools^{238–241}
GLUD inhibitors	<ul style="list-style-type: none"> EGCG^{242, 243} R162¹⁴⁸ 	<ul style="list-style-type: none"> Tool compound^{65, 67} Pre-clinical tool compound¹⁴⁸
Aminotransferase inhibitors	<ul style="list-style-type: none"> AOA^{65, 143} 	<ul style="list-style-type: none"> Clinically used to treat tinnitus²⁴⁴ Toxic at higher doses¹⁴³
SLC7A11 or xCT system inhibitors	<ul style="list-style-type: none"> Sulfasalazine¹⁸ Erastin²⁴⁵ 	<ul style="list-style-type: none"> FDA approved for arthritis¹⁸ Tool compound, induces iron-dependent ferroptosis²⁴⁶

ALL, acute lymphoblastic leukaemia; AOA, aminooxyacetate; DON, 6-diazo-5-oxo-l-norleucine; FDA, US Food and Drug Administration; γ -FBP, γ -folate binding protein; GLS, kidney-type glutaminase; GLUD, glutamate dehydrogenase; GPNA, L- γ -glutamyl-p-nitroanilide.

Table 3

Treatments that are synthetically lethal with inhibition of glutamine metabolism

Co-treatment	Rationale
Metformin	Metformin decreases glucose oxidation to increase cellular dependence on glutamine ²⁴⁷ .
GLUT1 inhibition	Combined downregulation of glucose transport (Apigenin) and glutaminase causes severe metabolic stress ²⁴⁸ .
Glycolysis inhibition (2-DG)	Blocking of compensatory glutamine contribution to TCA cycle, nucleotides and mTOR signaling blocks growth in 2-DG resistant cells ²⁴⁹ .
Mitochondrial pyruvate carrier inhibition	Specific chemical inhibition of pyruvate transport into the mitochondrion synergizes with inhibition of glutaminolysis to cause increased death ²⁵⁰ .
Transglutaminase inhibition	Combined inhibition of glutaminase and transglutaminase causes potentially lethal acidification ²⁵¹ .
mTOR inhibition	Consistent with the role of glutamine in mTOR activation ²¹⁹ and mTOR control of metabolism, GLS and mTOR inhibition are synthetic lethal ²⁵² .
ATF4 activation	Glutamine withdrawal activates the ISR, and further activating this pathway with the retinoid-derivative fenretinide causes increased cancer cell death ⁶⁵ .
BCL-2 inhibition	Inhibiting GLS causes apoptosis through altered metabolism, with the effect exacerbated by inhibition of the anti-apoptotic protein BCL-2 ⁵³ .
HSP90 inhibition	Consistent with a role of GLS in controlling ROS and ER stress, HSP90 and GLS inhibition cause ER stress-induced cell death via ROS ²⁵³ .
BRAF inhibition	BRAF inhibition resistance causes a shift to glutamine dependence, and so combination therapy may be used to combat this resistance ²⁵⁴ .
NOTCH inhibition	NOTCH1 promotes glutaminolysis in T-ALL, sensitizing NOTCH inhibited T-ALL cells to genetic and pharmacological GLS inhibition ²⁵⁵ .
EGFR inhibition	GLS inhibition restores sensitivity to the EGFR inhibitor erlotinib in cells which had developed resistance ²⁵⁶ .

ATF4, activating transcription factor 4; 2-DG, 2-deoxyglucose; EGFR, epidermal growth factor receptor; ER, endoplasmic reticulum; GLS, kidney-type glutaminase; GLUT1, glucose transporter 1; HSP90, heat shock protein 90; ISR, integrated stress response; ROS, reactive oxygen species; T-ALL, T cell acute lymphoblastic leukaemia; TCA, tricarboxylic acid.