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Investigation of Aryl Isonitrile Compounds with Potent, Broadspectrum Antifungal Activity

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Abstract

Invasive fungal infections present a formidable global public health challenge due to the limited number of approved antifungal agents and the emergence of resistance to the frontline treatment options, such as fluconazole. Three fungal pathogens of significant concern are Candida, Cryptococcus, and Aspergillus given their propensity to cause opportunistic infections in immunocompromised individuals. New antifungal agents composed of unique chemical scaffolds are needed to address this public health challenge. The present study examines the structureactivity relationship of a set of aryl isonitrile compounds that possess broad-spectrum antifungal activity primarily against species of *Candida* and *Cryptococcus*. The most potent derivatives are capable of inhibiting growth of these key pathogens at concentrations as low as 0.5 μM. Remarkably, the most active compounds exhibit an excellent safety profile and are nontoxic to mammalian cells even at concentrations up to 256 μM. The present study lays the foundation for further investigation of aryl isonitrile compounds as a new class of antifungal agents.

Graphical abstract

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Keywords

Antifungal; Candida; Cryptococcus; Aspergillus; Isonitrile

1. Introduction

Invasive fungal infections caused by species of Candida, Cryptococcus, and Aspergillus afflict more than 1.5 million humans globally each year with a staggering mortality rate that often exceeds 50% .¹ Candida is the most frequent source of fungal infections worldwide; notably, Candida albicans is the fourth-leading cause of bloodstream infections, and is particularly problematic in immunocompromised patients.² There has been a global increase in the prevalence of invasive Candida infections in part due to the emergence of non-albicans Candida species including Candida glabrata, Candida tropicalis, Candida parapsilosis, and Candida krusei.^{3, 4} In addition to *Candida*, species of *Cryptococcus* (including C . neoformans and C. gatti) are responsible for more than one million new invasive fungal infections each year that result in an astounding 625,000 deaths.⁵ Patients co-infected with HIV are susceptible to severe cryptococcal infections that manifest primarily as pneumonia or meningoencephalitis.⁶ The third fungal pathogen of concern involves species of Aspergillus (namely A. fumigatus) which are responsible for more than 300,000 fungal infections each year.⁷ Invasive disease (particularly pulmonary infections) caused by Aspergillus primarily occur in patients with underlying conditions such as AIDS, cancer, cystic fibrosis, asthma, or individuals undergoing solid organ transplants. The severity of such infections can be seen by the low rate of survival (59%) reported for solid organ transplant recipients afflicted with invasive aspergillosis.⁸

The difficulty in treating invasive fungal infections has been exacerbated by the limited number of approved antifungal drugs. Currently, only three structurally-distinct classes of antifungal drugs are primarily used for treatment of invasive fungal infections – azoles (such as fluconazole), polyenes (such as amphotericin B), and echinocandins (such as

caspofungin). ⁹ All three classes exert their antifungal activity by interfering with synthesis of a key component of the fungal cell membrane (ergosterol synthesis by both azoles and polyenes) or cell wall $(\beta(1,3)-d)$ -glucan synthesis by echinocandins).⁹ Azole antifungals, including fluconazole, are considered the drugs of choice given their high oral bioavailability and reduced toxicity to host tissues. However, the clinical utility of fluconazole and other antifungal drugs has become increasingly limited due to the emergence of clinical isolates exhibiting resistance to these agents.^{10, 11} This necessitates the development of new therapeutic agents. However, only one new antifungal drug class has been successfully developed in the past 30 years.¹² The development of new antifungal agents is very challenging given fungi and mammals are both eukaryotes; thus many proteins that are potential targets for antifungal therapy are also found in human cells, opening the door for potential toxicity concerns.12, 13

Ideally, a novel therapeutic agent for invasive fungal infections should possess broadspectrum antifungal activity with limited toxicity to host (human) tissues. In the search for new antimicrobial drug scaffolds, we recently discovered synthetic aryl isonitrile compounds that exhibit notable antibacterial activity against drug-resistant Staphylococcus aureus.¹⁴ It has been shown that natural product compounds containing the isonitrile functional group can possess dual antibacterial and antifungal activity, particularly against *C. albicans*.^{15, 16} Per this observation, the present study investigates the structure-activity relationship of our synthetic aryl isonitrile compounds (Figure 1) as antifungal agents, examines their spectrum of activity against pertinent species of Candida, Cryptococcus, and Aspergillus, and evaluates the most promising compounds' toxicity against mammalian cells. The stilbenebackbone isonitriles and their analogs (**1-18, 21-34**) were synthesized by using the Horner-Wadsworth-Emmons reaction to build the double bond with the corresponding isonitrile, nitrile, or nitro group-substituted benzyl phosphonates and aldehydes/ketones. The biaryl isonitriles (**19, 20**) were synthesized from a sequence of Suzuki cross coupling, formamide formation, and dehydrate.¹⁴

2. Results and Discussion

2.1 Structure-activity relationship of compounds against Candida albicans

As noted by Beck-Sague *et al., Candida albicans* has been identified as the most common fungal pathogen isolated from healthcare-associated infections in humans.17 Thus we initially evaluated our collection of compounds for antifungal activity against a clinical isolate of C. albicans (Table 1). Using the broth microdilution assay, the minimum inhibitory concentration (MIC) was determined. The initial screening provided key insight into the structure-antifungal activity relationship of the compounds. Most notably, the presence of the isonitrile group appears to be critical for the compounds to possess antifungal activity. Compounds lacking the isonitrile group (as in **33**) or where the isonitrile was substituted with alternative groups including an isosteric nitrile group (**34**) or an amine (**31**) were inactive (MIC $\,$ 64 μ M).

For the stilbene-backbone isonitriles, most of them showed promising antifungal activity against C. albicans (MIC = $or < 8 \mu M$) with a few exceptions (cf. 5, 6, 8, 9, 14, 15, 17, MIC $=$ or > 16 μ M). The effect of different substituents on the aromatic ring without the isonitrile

group varies. Both electron-donating (cf. OMe, Me, nBu) and electron-withdrawing (F, CF₃, $NO₂$) groups can be tolerated to a certain extent based on the positions of the substituents. In general, adding alkyl substituents (Me or Et) on the trans double bond decreased the antifungal activity. For example, compound 10 (MIC = 1 μ M) is much more potent than compound **14** with an extra ethyl group on the double bond (MIC = 64 μM); compound **11** (MIC = 2 μM) and compound **8** (MIC = 32 μM) are two-fold more potent than compound **16** (MIC = 4 μ M) and compound 17 (MIC > 64 μ M), respectively. The *para*-CF₃, group of compounds **8** and **17** has a dramatic effect on their antifungal activity and both compounds **8** and **17** are significantly less potent (16-fold higher in MIC value) than the corresponding $para-CH₃ substituted analogs. The possession of the stilbene backbone is not necessary for$ the aryl isonitriles' antifungal activity against C. albicans though it does enhance potency in several cases. For example, replacing the second aromatic group with a cyclohexane (**21**) resulted in a compound with good antifungal activity against C. albicans (MIC = 4μ M). The biaryl isonitriles **19** and **20** are potent antifungal compounds against C. albicans with 0.5 μM and 2 μM MIC values respectively and the naphthyl group decreased the potency about 4 fold. Interestingly, in our previous studies,14 both **19** and **20** only showed weak or even no antimicrobial activity against methicillin-resistant Staphylococcus aureus (MRSA) strains. Compound **32** with a saturated two-carbon linker between the two aryl groups showed potent anti C. albicans activity as well (MIC = 0.5 μM). Again, compound **32** was not a good candidate against several MRSA strains in our previous studies. These observations suggest that the antifungal and antibacterial modes of actions for these isonitrile compounds are very likely to be different.

Replacing the non-isonitrile-bearing aromatic ring with pyridine showed beneficial effect on the antifungal activity against C. albicans. For example, the MIC values of isomeric compounds **22** to **30** range from 0.5 μM to 4 μM, with compound **25** emerging as the most potent analogue. The effect of the positions of the isonitrile group on the aromatic ring as well as the nitrogen atom of the pyridine ring ranges from two- to eight-fold, which are quite significant. When the isonitrile group is ortho to the double bond (**22, 23, 24**), the 2 and 3 pyridyl substituted compounds 22 and 23 ($MIC = 1 \mu M$) are four times more potent than the 4-pyridyl substituted compound **24** (MIC = 4 μ M). When the isonitrile group is *meta* to the double bond $(25, 26, 27)$, the 2-pyridyl substituted compound 25 (MIC = 0.5 μM) is four- or eight-fold more active than the 3 or 4-pyridyl substituted **26** (MIC = 2 μ M) or **27** (MIC = 4 μM), respectively. When the isonitrile group is para to the double bond (**28, 29, 30**), the effect of the position of the pyridine nitrogen is quite small and 4-pyridyl substituted **30** (MIC = 1 μ M) is two-fold more active than the 2 and 3-pyridyl substituted one.

Overall, the structure-activity analysis revealed three key findings: the presence of the aryl isonitrile functional group is essential for the observed antifungal activity, the addition of a second aromatic functional group enhances the antifungal activity of the compounds, and the positioning of the isonitrile group on the aromatic ring also impacts the biological activity of the compounds. Interestingly, analogues exhibiting the most potent antifungal activity (including **7, 11, 19, 20**, and **32**) possessed only modest or weak antibacterial activity against drug-resistant *S. aureus.*¹⁴ This information is critical to help guide the synthesis of future aryl isonitrile analogues to improve their specificity as antifungal agents.

2.2 Aryl isonitrile compounds exhibit fungistatic behavior against C. albicans

After discovering the aryl isonitrile compounds are potent inhibitors of C. albicans growth, we were curious to evaluate whether the compounds simply inhibit fungal growth (are fungistatic) or are capable of killing the microorganism (are fungicidal). Previously, we determined that the aryl isonitrile compounds are bacteriostatic, thus we postulated that the compounds would be fungistatic. To investigate this point, the minimum fungicidal concentration (MFC) required to reduce the number of colony-forming units (CFU) by 99.9%,¹⁸ was determined for the active compounds against *C. albicans* NR-29351. The MFC values for the active compounds were found to be noticeably higher (more than 8-fold) compared to their MIC results (Table 1), supporting the notion that the compounds are fungistatic. These results aligned with the results obtained with fluconazole, an antifungal drug known to exhibit fungistatic activity against C. albicans.¹⁸

In order to verify this observation, two of the most potent antifungal compounds were subjected to a traditional time-kill assay. Even at a high concentration $(4 \times MIC)$, the aryl isonitrile compounds exhibited fungistatic behavior against C . albicans (Figure 2). Neither **30** nor **32** produced a 3-log₁₀ reduction in fungal CFU within 24 hours, which would be characteristic of fungicidal activity. The compounds' behavior matches that observed with fluconazole. Thus preliminary inspection indicates the aryl isonitrile compounds are fungistatic agents (particularly against C. albicans).

2.3 Aryl isonitrile compounds exhibit broad-spectrum antifungal activity

Given the potent antifungal activity observed with several aryl isonitrile compounds against C. albicans, we next moved to assess their spectrum of activity against key pathogenic fungi. Interestingly, several current antifungal drugs suffer from their inability to inhibit growth of multiple species of fungi. For example, azole antifungals such as fluconazole are generally very effective at inhibiting growth of yeasts such Candida albicans and species of Cryptococcus; however, fluconazole is ineffective at inhibiting growth of molds such as Aspergillus species.¹² Even more discouraging, non-albicans Candida species including Candida glabrata and Candida krusei are intrinsically resistant or less susceptible to fluconazole.¹² In contrast, echinocandins are effective against *Candida* and *Aspergillus* but are ineffective as treatment options for infections caused by $Cryptococcus$.¹² Thus finding antifungal compounds capable of inhibiting growth of species of Candida, Cryptococcus, and Aspergillus is highly desirable.

Based upon their potent inhibitory effect against C. albicans, six aryl isonitrile compounds (**2, 22, 23, 25, 26,** and **32**) were screened against 21 additional clinical isolates including non-albicans Candida species such as Candida glabrata, Candida tropicalis, Candida parapsilosis, Candida krusei (Table 2) in addition to species of Cryptococcus and Aspergillus (Table 3). Interestingly, all six compounds were able to inhibit growth of all species of the yeasts Candida and Cryptococcus. In general, compound **32** proved the most potent compound as it inhibited growth of all clinical isolates, with the exception of ^C krusei, with a MIC ranging from 0.5 to 1 μM (Table 2). This proved to be more potent than fluconazole (MIC = 2 μ M) against strains of *C. albicans* and *Cryptococcus gattii* that are sensitive to this drug. Against fluconazole-resistant strains of *Candida albicans*, compounds

where the second aromatic substituent was replaced with a pyridine were generally more active than **32**. For example, compounds **22, 23, 25,** and **26** had MIC values that were lower than compound **32** against fluconazole-resistant C. albicans. However, against non-albicans Candida species, compounds containing the pyridine functional group, with the exception of **26**, had MIC values that were two to 32-fold higher than the analogue containing a second aromatic group (**32**).

Though the six aryl isonitrile compounds exhibited potent antifungal activity against yeasts (Candida and Cryptococcus), they were less active against molds. Against Aspergillus fumigatus, the MIC values were equal to or higher than 16 μM for all six compounds (Table 3). Compound **22** exhibited the most potent activity against both A. niger and A. brasiliensis with MIC values ranging from 4 to 8 μM. This was a marked improvement over fluconazole, which proved ineffective at inhibiting growth of both A. niger and A. brasiliensis (MIC > 64 μM).

2.4 Compounds are not toxic to mammalian cells at high concentrations

Toxicity is a fundamental parameter to evaluate in early-stage drug discovery to ensure compounds with promising biological activity do not also possess harmful effects to host (human) tissues. A significant challenge with several currently approved antifungal drugs is toxicity. Amphotericin B is a broad-spectrum, fungicidal agent effective against Candida, Cryptococcus, and Aspergillus. However, one of amphotericin B's (and polyenes in general) most significant limitations is its severe toxicity to host tissues.12 Though a lipid formulation of amphotericin B has been developed that exhibits less toxicity, the formulation is too expensive to be administered in resource-limited regions where invasive fungal infections are endemic.¹² Thus identifying antifungal agents with broad-spectrum activity and limited toxicity to host tissues is highly desirable.

Previously, we evaluated the toxicity of the aryl isonitrile compounds against murine macrophage cells and found the most potent analogues were not toxic up to a concentration of 64 μ M.¹⁴ To further examine the toxicity profile of the aryl isonitrile compounds, the MTS assay was utilized to evaluate the compounds' toxicity against a human epithelial colorectal (HRT-18) cell line at very high concentrations (up to 256 μM). As presented in Figure 3, no compound was toxic to HRT-18 cells at a concentration of 128 μM. Astonishingly, even at a concentration of 256 μM, all compounds were non-toxic with the exception of **11** and **20**. This represents a nearly 512-fold difference between the MIC of the most potent compounds against fungi (such as **26** and **32**) and the highest concentration where no toxicity was observed to mammalian cells. This result supports our previous findings that the aryl isonitrile compounds have an excellent safety profile against mammalian cells that warrants further evaluation. The lack of toxicity observed against mammalian cells suggests the aryl isonitrile compounds may exert their antifungal effect via a unique mechanism. Though the antifungal mechanism of action of the aryl isonitrile compounds is currently unknown, it is being intensely investigated.

3. Conclusions

Given the dearth of antifungal drug classes and the emergence of resistance to key antifungal drugs (such as fluconazole), there is a need for new chemical scaffolds and compounds exhibiting potent, broad-spectrum antifungal activity and low toxicity to host (mammalian) tissues. The present study examines the promise of aryl isonitrile compounds as a new scaffold for the development of antifungal agents. Structure-activity relationship studies reveal the presence of the isonitrile group and the inclusion of a second aromatic functional group are important for the compounds to possess potent antifungal activity. Compounds bearing the aryl isonitrile functional group exhibited broad-spectrum activity in inhibiting growth of notable species of Candida and Cryptococcus at a concentration as low as 0.5 μM. The compounds appear to be fungistatic against C . albicans. The most active compounds exhibit an excellent safety profile, as they are non-toxic to mammalian cells, even at concentrations up to 256 μM. The SAR information presented in this report will prove critical for the medicinal chemistry community to develop new aryl isonitrile analogues to advance them to the next step in the antifungal drug discovery process.

4. Materials and Methods

4.1 Synthesis of compounds

Synthetic schemes, and spectral data of all compounds, in addition to all intermediates, have been previously reported.¹⁴

4.2 Fungal strains and reagents used in this study

Clinical isolates of Candida, Cryptococcus, and Aspergillus were obtained from the American Type Cell Culture (ATCC, Manassas, VA, USA) and BEI Resources (Manassas, VA, USA). HRT-18 cells were purchased from the American Type Culture Collection. Fluconazole was purchased commercially and dissolved in dimethyl sulfoxide (DMSO) to prepare a stock solution (10 mM). Yeast extract peptone dextrose (YPD), RPMI-1640 for MIC determination, 3-(N-Morpholino)propanesulfonic acid, 4-Morpholinepropanesulfonic acid (MOPS), phosphate-buffered saline (PBS), RPMI-1640 medium for cell culture assay, fetal horse serum, and 96-well plates were all purchased from commercial vendors.

4.3 Determination of minimum inhibitory concentration (MIC) and minimum fungicidal concentration (MFC)

The broth dilution assay, following the guidelines of the Clinical and Laboratory Standards Institute for yeasts $(M27-A3)^{19}$ and molds $(M38-A2)^{20}$, was utilized to determine the MIC of compounds and fluconazole against species of Candida, Cryptococcus, and Aspergillus using 96-well plates. Plates containing fungi and test agents were incubated at 37 °C for at least 44 hours for Candida spp. and Aspergillus spp. or 68 hours for Cryptococcus spp. before the MIC was determined by visual inspection. For determination of the minimum fungicidal concentration (MFC) against C. albicans NR-29448, aliquots (5 μ L) were transferred from wells with no growth onto yeast extract peptone dextrose (YPD) agar plates. Plates were incubated at 37 °C for 18 hours before MFC (> 99.9% decrease in colony-forming units) was recorded.

4.4 Time-kill assay against C. albicans

C albicans NR-29351 cells (OD₆₀₀ = 0.524) were diluted to 2.08×10^5 colony-forming units (CFU/mL) and exposed to concentrations equivalent to $4 \times$ MIC (in triplicate) of compounds **30**, **32**, and fluconazole in YPD medium. Aliquots (100 μL) were collected from each treatment after 0, 2, 4, 6, 8, 10, 12, and 24 hours of incubation at 37 \degree C and subsequently serially diluted in PBS. Fungi were then spotted onto YPD agar plates and incubated at 37 °C for at least 20 hours before viable CFU/mL was determined.

4.5 Cytotoxicity analysis of aryl isonitrile compounds

Compounds were assayed (at concentrations of 32, 64, 128, and 256 μM) against a human colorectal (HRT-18) cell line to determine the potential toxic effect to mammalian cells in vitro. Briefly, cells were cultured in RPMI-1640 medium supplemented with 10% fetal horse serum at 37 °C with CO_2 (5%). Control cells received DMSO alone at a concentration equal to that in drug-treated cell samples. The cells were incubated with the compounds (in triplicate) in a 96-well plate at 37 °C with $CO₂$ (5%) for two hours. The assay reagent MTS 3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2Htetrazolium) (Promega, Madison, WI, USA) was subsequently added and the plate was incubated for four hours. Absorbance readings (at $OD₄₉₀$) were taken using a kinetic microplate reader (Molecular Devices, Sunnyvale, CA, USA). The quantity of viable cells after treatment with each compound was expressed as a percentage of the viability of DMSO-treated control cells (average of triplicate wells \pm standard deviation). The toxicity data was analyzed via a two-way ANOVA, with post hoc Dunnet's multiple comparisons test (P < 0.05), utilizing GraphPad Prism 6.0 (GraphPad Software, La Jolla, CA).

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- **•** Compounds composed of the aryl isonitrile core exhibit potent antifungal activity
- Compounds inhibit growth of *Candida, Cryptococcus*, and *Aspergillus* species
- **•** Most potent antifungal derivatives are non-toxic to mammalian cells

Figure 2.

Time-kill analysis of aryl isonitrile compounds **30, 32**, and fluconazole against Candida albicans NR-29351 over a 24 hour incubation period at 37°C. DMSO served as a negative control. The error bars represent standard deviation values obtained from triplicate samples used for each compound/antifungal drug studied.

Compound Number

Figure 3.

Toxicity analysis of aryl isonitrile compounds against human epithelial colorectal cells (HRT-18). Percent viable mammalian cells (measured as average absorbance ratio (test agent relative to DMSO)) for cytotoxicity analysis of compounds (tested in triplicate) at 128 and 256 μM against HRT-18 cells using the MTS assay. Dimethyl sulfoxide (DMSO) served as a negative control to determine a baseline measurement for the cytotoxic impact of each compound. The absorbance values represent an average of a minimum of three samples analyzed for each compound. Error bars represent standard deviation values for the absorbance values. A two-way ANOVA, with post hoc Dunnet's multiple comparisons test, determined no statistical difference between the values obtained for each compound and DMSO $(P < 0.05)$.

Table 1

The minimum inhibitory concentration (MIC in μM) and minimum fungicidal concentration (MFC in μM) of synthesized compounds and fluconazole screened against *C. albicans* **NR-29448**

 $I_{\text{N.D.}}$ = Not determined

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The minimum inhibitory concentration (MIC in μM) of synthesized compounds and fluconazole screened against clinical isolates of *Candida* The minimum inhibitory concentration (MIC in µM) of synthesized compounds and fluconazole screened against clinical isolates of *Candida*
The minimum inhibitory concentration (MIC in µM) of synthesized compounds and flucon albicans and non-albicans Candida species *albicans* **and** *non-albicans Candida* **species**

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The minimum inhibitory concentration (MIC in µM) of synthesized compounds and fluconazole screened against clinical isolates of **The minimum inhibitory concentration (MIC in μM) of synthesized compounds and fluconazole screened against clinical isolates of** Cryptococcus and Aspergillus *Cryptococcus* **and** *Aspergillus*

