



Influence of Experimental Cryptococcal Meningitis in Wistar Rats on Voriconazole Brain Penetration Assessed by Microdialysis

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ABSTRACT To make advances in the treatment of cryptococcal meningitis, it is crucial to know a given drug's free fraction that reaches the biophase. In the present study, we applied microdialysis (μ D) as a tool to determine the free levels reached by voriconazole (VRC) in the brains of healthy and *Cryptococcus neoformans*-infected rats. The infection was induced by the intravenous (i.v.) administration of 1×10^5 CFU of yeast. The dose administered was 5 mg/kg (of body weight) of VRC, given i.v. Plasma and microdialysate samples were analyzed by liquid chromatography-tandem mass spectrometry (LC-MS/MS) and LC-UV methods. The free brain/free plasma ratio (f_T) and population pharmacokinetic (popPK) analyses were performed to evaluate the impact of infection on PK parameters of the drug. The brain penetration ratio showed an increase on brain exposure in infected animals ($f_{T_{\text{healthy}}} = 0.85$ versus $f_{T_{\text{infected}}} = 1.86$). The structural PK model with two compartments and Michaelis-Menten (MM) elimination describes the VRC concentration-time profile in plasma and tissue simultaneously. The covariate infection was included in volume of distribution in the peripheral compartment in healthy animals (V_2) and maximum rate of metabolism (V_M). The levels reached in infected tissues were higher than the values described for MIC of VRC for *Cryptococcus neoformans* (0.03 to 0.5 $\mu\text{g ml}^{-1}$), indicating its great potential to treat meningitis associated with *C. neoformans*.

KEYWORDS *Cryptococcus neoformans*, voriconazole, microdialysis, population pharmacokinetics analysis, meningitis

Invasive cryptococcosis is a severe illness which has a high mortality rate (50 to 90%); unfortunately, the effectiveness of initial empirical treatment is directly linked to patient outcome. Despite its universally recognized toxicity, amphotericin B was considered to be the cornerstone for successful therapy in cryptococcal meningitis (1). The less toxic agent fluconazole (FCZ) offered an attractive alternative in the treatment of cryptococcosis and a variety of other invasive fungal infections in nonneutropenic patients (2, 3); however, its use is limited due to resistance of *Cryptococcus* spp. (4). Recently, voriconazole (VRC), which exhibits fungistatic activity against resistant strains of *Cryptococcus* (5, 6), has been recognized as a novel therapeutic option for the treatment of cryptococcal meningitis (7–10), but there are scarce studies focusing on its pharmacokinetic/pharmacodynamic (PK/PD) behavior during the infectious process in the brain.

VRC shows some differences from FCZ, such as its high lipophilicity (log P of 1.83 versus log P of 0.58) (2, 11) and lack of involvement with efflux transporters (12–14) that can aid the drug's distribution in tissues like the brain, suggesting a better distribution

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of VRC. Studies comparing the levels reached by these drugs in cerebrospinal fluid (CSF) of patients demonstrated similar levels (0.5 to 0.9 for FCZ versus 0.2 to 1 for VRC) (15), but this technique presents limitations associated with differences between the blood-brain barrier and the blood-cerebrospinal fluid barrier (16, 17).

In order to determine free interstitial concentrations, the “gold standard” method is microdialysis (μ D), which has found applications in PK studies, especially in the investigation of drug penetration in various tissues and organs of animals and humans (18). Studies using μ D have demonstrated that antimicrobials may show differences between free plasma and free tissue concentrations when drug efflux and influx transporters contribute to distribution (19, 20). Moreover, pathological conditions can change tissue-blood relationships, and antimicrobial concentrations in infected tissues may differ from those in healthy tissues due to increased temperature, decreased pH, plasma extravasations, and leukocyte migration at the infection site (18, 21).

Aiming at a better evaluation of the potential use of voriconazole in the treatment of cryptococcal meningitis, the present study investigated the free interstitial levels reached in the brain by VRC in healthy and *Cryptococcus neoformans*-infected Wistar rats using μ D in a population pharmacokinetics (popPK) approach.

RESULTS

Microdialysis. No differences between dialysis and retrodialysis recovery dependency on VRC concentration were observed during *in vitro* CMA 12 probe calibration (data not shown). The best recovery flow *in vitro* was 2.0 μ l/min, showing a relative recovery (RR) by dialysis of $24.49\% \pm 2.46\%$ and by retrodialysis of $26.13\% \pm 2.87\%$ ($P > 0.05$), indicating that VRC does not bind to the μ D tubing and the retrodialysis method can be used to determine the recovery *in vivo*.

The RRs determined *in vivo* were $16.35\% \pm 4.43\%$ in healthy and $14.91\% \pm 3.83\%$ in infected brains. No difference in RRs *in vivo* between healthy and infected animals was observed ($P > 0.05$). In general, the recoveries determined *in vivo* are lower than those determined *in vitro* due to biological characteristics of the tissues where the probes are inserted, such as tortuosity, interstitial fluid volume, drug uptake into cells, the active transport across membranes, the extent of tissue vascularization, and blood flow through the tissue, which can limit the diffusion of the drug through the probes (22). Our group observed an *in vivo* RR of VRC in renal tissue of $25.1\% \pm 2.8\%$ in the same flow (2 μ l/min) using a CMA 20 (22), and this slight difference can be explained by the type of probe and tissue investigated.

Infection. The yeast count in the brain showed the presence of viable *C. neoformans* in the tissue ($6.8 \pm 0.5 \log_{10}$ CFU/ml), and the histopathological analysis showed yeast elements distributed in clusters similar to cysts (pseudocysts) (23).

Pharmacokinetic analysis. The levels of protein binding of VRC to plasma in rats (pb_{plasma}) were found to be $65\% \pm 2.5\%$ for healthy animals and $64\% \pm 1.3\%$ for infected animals ($P < 0.05$). These results are similar to those obtained by de Araújo et al. (22) for healthy Wistar rats ($66\% \pm 4\%$). No concentration dependence on VRC pb_{plasma} in the range investigated (0.075 to 0.8 μ g/ml) was seen. The unbound drug fraction ($1 - p_b$) in plasma was considered for the estimate of drug's fraction in tissue (fT) by correcting the total area under the curve ($fAUC$).

The AUC values determined by trapezoidal rule for plasma and tissue in healthy and infected animals were $20.52 \pm 8.45 \mu\text{g} \cdot \text{h/ml}$, $5.69 \pm 1.51 \mu\text{g} \cdot \text{h/ml}$, $24.71 \pm 7.54 \mu\text{g} \cdot \text{h/ml}$, and $13.80 \pm 1.53 \mu\text{g} \cdot \text{h/ml}$, respectively. Statistic differences between healthy and infected animals ($P < 0.001$) were obtained by Student's *t* test only for the $fAUC_{\text{tissue}}$ values. These differences reflect changes in brain penetration between healthy and infected animals, better demonstrated by the comparison of fT s, which were 0.85 ± 0.22 for healthy and 1.86 ± 1.05 for infected rats ($P < 0.05$), i.e., an increased brain penetration of 118% in the infected group.

The mean total plasma and free brain concentration-time profiles after VRC intravenous (i.v.) bolus dosing of 5 mg/kg are shown in Fig. 1.

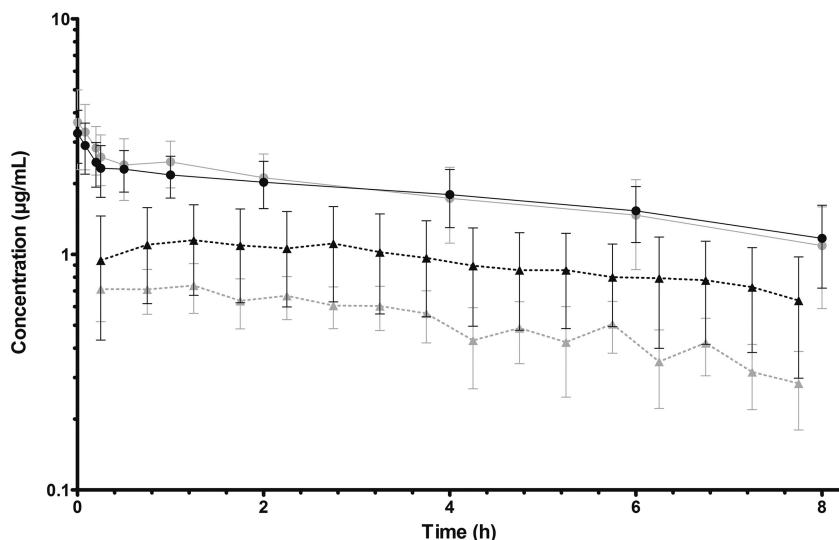


FIG 1 Mean and SD for total plasma from healthy rats (gray dots) and *Cryptococcus neoformans*-infected rats (black dots) and free brain profiles from healthy rats (gray triangles) and *Cryptococcus neoformans*-infected rats (black triangles) after administration of 5 mg/kg of VCZ as an i.v. bolus ($n = 7$ and $n = 5$ for healthy and infected groups, respectively).

Several structural models were proposed to characterize the PK of VRC, including one-, two-, and three-compartment models and linear and nonlinear distribution processes (24, 25). A two-compartment model with Michaelis-Menten (MM) elimination and a combined residual error models for both total plasma and free brain concentrations was selected as the final model. The parameter value k_M (MM constant) was set at 0.54 µg/ml from our previous study in rats for the same dose (25). The system of differential equations for the final model is given in equations 1 to 4.

$$\frac{dA_1}{dt} = k_{21} \times A_2 - \left(k_{12} + \left[\frac{V_M}{k_M + A_1} \right] \right) \times A_1 \tag{1}$$

$$\frac{dA_2}{dt} = A_1 \times k_{12} - A_2 \times k_{21} \tag{2}$$

$$C_{\text{plasma}} = \frac{A_1}{V_1} \tag{3}$$

$$C_{\text{brain}} = f_u \times \frac{A_2}{V_2} \tag{4}$$

where A_1 and A_2 are the drug amounts in the central and brain compartments, respectively, t is time, k_{12} and k_{21} are the first-order distribution rate constants, V_M is the maximum enzymatic velocity, k_M is the MM constant, C_{plasma} is the observed plasma concentration, C_{brain} is the free concentration measured by µD in the brain, V_1 represents the volume of the central compartment, and V_2 is the volume of distribution in the peripheral compartment, respectively, considering only free drug concentrations measured in it ($f_u = 0.35$).

The estimated parameter values are presented in Table 1. All parameters were well estimated, with low relative standard errors (RSE).

Separate residual error models were used for total plasma concentrations and free brain concentrations. Based on goodness-of-fit plots and lower Akaike’s information criterion (AIC), the best residual error model for the total plasma concentrations was the proportional model, while that for the free brain concentrations was the combined model.

The covariate body weight did not influence the model performance, but the categorical covariate infection showed a strong influence on V_2 ($P = 0.0017$, Wald test)

TABLE 1 Parameter estimates in the final VCZ population PK model^a

Parameter	Estimate	RSE (%)	Interindividual variability	RSE (%)
$V_{1\text{ pop}}$ (liters)	0.241	10		
$V_{2\text{ healthy}}$ (liters)	0.352	12	0.258	21
$V_{2\text{ infected}}$ (liters)	0.216	12	0.258	21
$\beta_{-V_{2\text{ infected}}}$	-0.487	32	NA	NA
$k_{12\text{ pop}}$ (h^{-1})	8.530	22	0.458	21
$k_{21\text{ pop}}$ (h^{-1})	6.130	8		
$V_{M\text{ healthy}}$ ($\mu\text{g/ml}$)	0.324	13	0.312	21
$V_{M\text{ infected}}$ ($\mu\text{g/ml}$)	0.186	15	0.312	21
$\beta_{-V_{M\text{ infected}}}$	-0.557	34	NA	NA
k_M ($\mu\text{g/ml}$)	0.540			
Residual variability				
Proportional, plasma	0.118	8	NA	NA
Combined, brain				
Additive	0.025	28	NA	NA
Proportional	0.041	27	NA	NA
Log-likelihood estimation				
AIC	-383.29	NA	NA	NA

^aNA, not applicable; RSE, relative standard error (standard error of estimate/estimate \times 100).

and V_M ($P = 0.0029$, Wald test), representing AIC reductions of 5.47 and 4.56 points, respectively. Equations 5 and 6 describe the linear covariate model:

$$V_{2\text{ infected}} = V_{2\text{ healthy}} \times e^{\beta_{-V_{2\text{ infected}}}} \quad (5)$$

$$V_{M\text{ infected}} = V_{M\text{ healthy}} \times e^{\beta_{-V_{M\text{ infected}}}} \quad (6)$$

where $V_{2\text{ healthy}}$ is volume of distribution in the peripheral compartment in healthy animals, $V_{2\text{ infected}}$ is volume of distribution in the peripheral compartment in infected animals, $V_{M\text{ healthy}}$ is the maximum rate of metabolism in healthy animals, $V_{M\text{ infected}}$ is the maximum rate of metabolism in infected animals, $\beta_{-V_{2\text{ infected}}}$ is the exponential scaling factor for V_{2i} , and $\beta_{-V_{M\text{ infected}}}$ is the exponential scaling factor for V_M ($n = 12$).

For both total plasma and free brain concentrations, the predicted and observed concentrations are overall in good agreement (Fig. 2).

DISCUSSION

Considering that currently there are only two classes of systemic antifungal agents (polyenes and azoles) available for the treatment of fungal infections associated with *C. neoformans*, one strategy to improve the treatment in a fast, cheap, and safe way is to expand the use of existing drugs to another types of infections. An example of applying this strategy is the current indication of VRC as a new alternative drug for the treatment of infections associated with this yeast based on clinical observations. The doses indicated for the treatment are estimated empirically (4 to 7.5 mg/kg of body weight twice a day [b.i.d.]), and there are no studies that evaluated the drug's brain penetration during infection with this yeast (1, 4, 7).

Even for the drugs that are traditionally employed in the treatment of cryptococcal meningitis, such as amphotericin B and fluconazole, studies evaluating the influence of the infection on the drug's brain distribution are scarce. Wu et al. (26) investigated the influence of P-glycoprotein on the pharmacokinetics of amphotericin B in healthy and *C. neoformans*-infected mice. The brain/plasma ratios (brain data estimated from tissue homogenate) were 2.0 for healthy animals and 1.2 for infected animals, indicating that the infection reduced the drug distribution in the brain. In a recent study, our research group investigated fluconazole brain penetration in healthy and *C. neoformans*-infected rats by μD ; the $\text{AUC}_{\text{brain}}/\text{fAUC}$ ratios were 0.69 and 1.04 for these groups, respectively, showing that the free interstitial levels of fluconazole were increased during infection (27). Until now there were no reports in the literature describing the VRC penetration

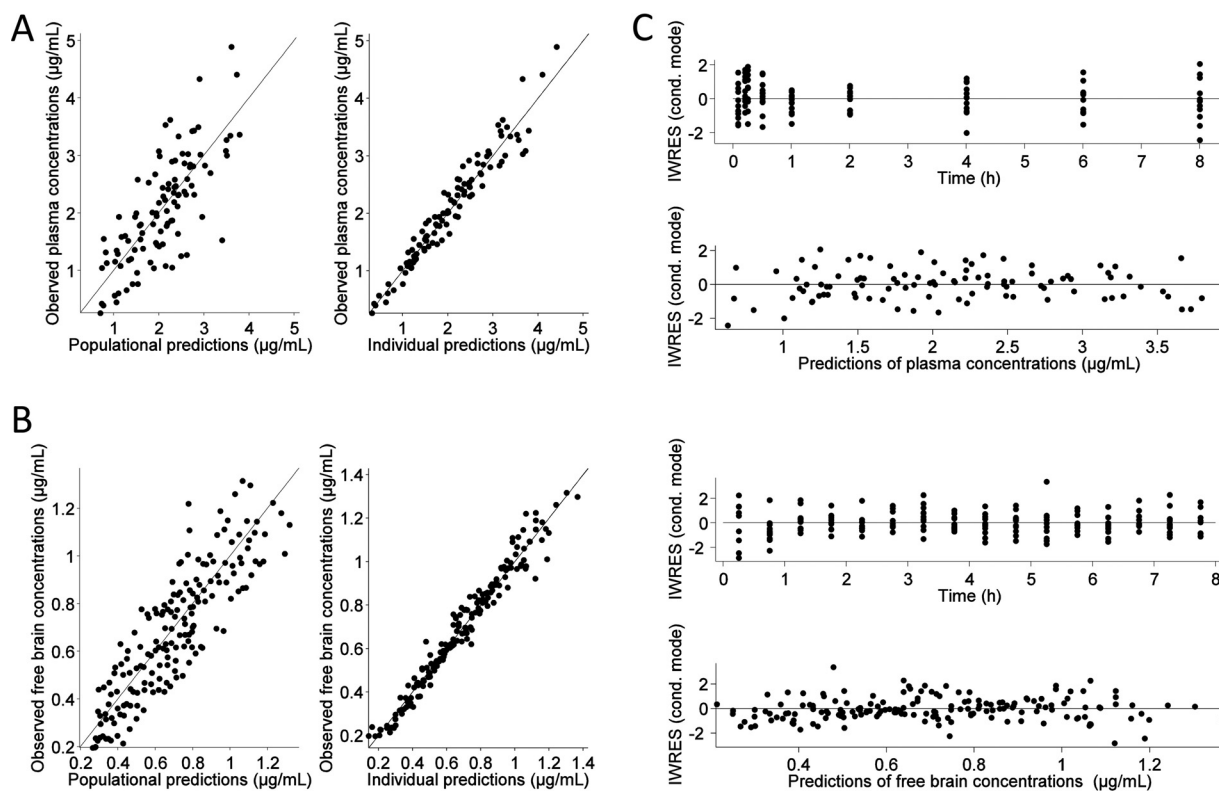


FIG 2 Goodness-of-fit plots for VCZ total plasma (A) and free brain (B) concentrations. In the plots of observations versus populational predictions and observations versus individual predictions, the gray line represents the linear regression fit and the black line is the identity line. In the graphs on the right (C), the residual plots are shown in which a black line is the LOESS smooth fit representing the trend in the data.

in the brain in healthy and *C. neoformans*-infected rats as determined by using the μ D technique.

Lutsar et al. (28) investigated the VRC levels reached in the cerebrospinal fluid (CSF) during invasive fungal infections in patients; the CSF/plasma ratio was 0.59, indicating a reduced central nervous system (CNS) penetration of the drug in spite of the drug's characteristics that can aid its penetration in brain tissue, such as its moderated lipophilicity and large volume of distribution. *C. neoformans* is able to invade the brain, and the infection may extend from the meninges toward the cerebral parenchyma, producing small cysts with fungi inside (29); as a result, the concentrations reached in the interstitial space fluid are more representative of its effects.

In the present study, changes in the brain distribution of VRC during *C. neoformans* infection in rats were observed, and by using a two-compartmental with MM elimination, it was possible to demonstrate that the infection was able to change the pharmacokinetics parameters, such as volume of peripheral distribution (V_2) and maximum rate of metabolism (V_m) (23). Roffey et al. (30) and our group (25) had previously noted that at doses above 5 mg/kg, VRC exhibits nonlinear pharmacokinetics due to saturation of metabolism in healthy rats.

The enhancement of the drug's penetration and reduction on V_2 observed during the infection can be explained by the pathogenesis of *C. neoformans* in the brain. Changes are reported in the microvascular environment (31) indicating modifications in the cytoskeleton and tight junctions in brain endothelial cells of the blood-brain barrier (32), and these events can improve the VRC permeability across the barrier. Another event related to the infection is the reduction in local pH (5.5) observed due to the presence of phagocytic cells. This phenomenon for basic drugs such as VRC ($pK_a = 12.71$) (2) produces the drug's ionization and may result in an ion-trapping effect. Given that VRC presents major elimination (98%) by the metabolic pathway, including isoen-

zymes CYP2C19, CYP3A4, and CYP2C9, liver injury could reduce its metabolism, reducing the value of V_M in infected animals (33–35).

In spite of the differences observed between VRC concentrations reached in healthy and infected tissues, the drug reached levels in both tissues higher than the MIC (range, 0.03 to 0.5 $\mu\text{g/ml}$) for *C. neoformans*, indicating the good drug potential for the treatment of cryptococcosis.

MATERIALS AND METHODS

Microorganisms. A strain of *Cryptococcus neoformans* var. *neoformans* (ATCC 28957) was employed in this study.

Animals. All experiments were approved by the Ethics in Research Committee of the Federal University of Rio Grande do Sul (protocol 26605). Wistar rats (weight, 150 to 350 g) were purchased from the Center of Reproduction and Experimental Animals Laboratory (CREAL). The rats were maintained under controlled temperature and humidity, with a 12-h light-dark cycle. Water and standard food were allowed *ad libitum* until the experiments were started.

System microdialysis. The μD system consisted of a PHD 2000 syringe pump (Harvard Apparatus, Holliston, MA). Gastight syringes (500 μl ; Hamilton Company, Reno, NV) were used to provide the perfusate. CMA 12 probes for brain μD (3-mm polyarylethersulfone membrane and 20-kDa cutoff; CMA Microdialysis, Sweden) were used. Artificial cerebrospinal fluid (ACF; 145 mM NaCl, 2.7 mM KCl, 1.2 mM CaCl_2 , 1 mM MgCl_2 [pH 7.4]) was used, prepared as described previously (36).

In vitro probe calibration. Initially, *in vitro* NaCl μD experiments were carried out in order to investigate the influence of the flow rate and drug concentration on the relative recovery (RR) determined by dialysis (recovery) and retrodialysis (delivery) methods. The calibrations were determined at different flow rates (1.5, 2.0, and 2.5 $\mu\text{l/min}$) and concentrations (0.8, 0.5, and 0.35 $\mu\text{g/ml}$), and the experiments were performed as described by our research group previously (22).

The dialysis RR (RR_D) and retrodialysis recovery (RR_{RD}) were calculated according to equations 7 and 8:

$$\text{RR}_D(\%) = \left(\frac{C_{\text{dial}}}{C_{\text{ext}}} \right) \times 100 \quad (7)$$

$$\text{RR}_{RD}(\%) = 100 - \left(\frac{C_{\text{perf}} - C_{\text{dial}}}{C_{\text{perf}}} \times 100 \right) \quad (8)$$

where C_{dial} is the VRC concentration in the microdialysate samples, C_{ext} is the VRC concentration in the medium surrounding the probe, and C_{perf} is the drug concentration in the perfusate solution.

In vivo probe calibration. The calibrations were performed with healthy and infected male Wistar rats weighing 150 to 350 g ($n = 3/\text{group}$). VRC *in vivo* recovery was determined by retrodialysis using equation 8. The animals were anesthetized with a mixture of ketamine and xylazine (100 and 10 mg/kg, respectively), and after 1 h of equilibrium, a VRC concentration of 0.35 $\mu\text{g/ml}$ in ACF was perfused at a flow rate of 2.0 ml/min.

Induction of infection. To prepare the standardized inoculum for a calibration curve, the protocol described by the CLSI (in CLSI document M27-A3 [37]) for antifungal susceptibility testing of yeasts was applied. Yeast suspensions from colonies grown for 72 h in 4% Sabouraud dextrose agar (SDA) at $37 \pm 1^\circ\text{C}$ were prepared in 0.9% sterile saline solution at different concentrations, and the transmittances of these suspension were read in a spectrophotometer (Analyser 800 M) at 530 nm. Suspensions were prepared in order to produce transmittances of 40, 50, and 60%. The experiment was performed in triplicate. After the transmittances were read, the yeast suspensions were successively diluted 10-fold, plated in 4% SDA, and incubated at $37 \pm 1^\circ\text{C}$ for 72 h, in duplicate. The total yeast count was determined for each transmittance level. A calibration curve was constructed by plotting the transmittance versus yeast cell count. The inoculum size chosen for the experiments (2.5×10^6 CFU/ml) corresponds to a transmittance of 50%. The disseminative infection was induced by injection of 100 μl of an inoculum of *C. neoformans* (1×10^6 CFU/ml) intravenously in the lateral tail vein. The infection was established 10 days postinoculation. The presence of *C. neoformans* in the brain was investigated by histological and microbiological assays (23).

Quantification of VRC in plasma and microdialysate samples. The quantification of VRC in rat plasma and microdialysate samples was performed by liquid chromatography with tandem mass spectrometry (LC-MS/MS) and liquid chromatography with UV detection (LC-UV), respectively, and both methods were validated according to FDA guidelines. The determination of VRC in microdialysate samples was conducted using a high-performance liquid chromatography (HPLC) method described by our group (22). A linear calibration curve was obtained in the range of 0.025 to 2.5 $\mu\text{g/ml}$ using drug peak area and artificial cerebrospinal fluid as a matrix. VRC retention time was approximately 3.5 min. The microdialysate samples obtained were directly injected by the autosampler (30 μl) without previous preparation.

The plasma samples were quantified by LC-MS/MS for determination of VRC in rat plasma, using ketoconazole as the internal standard (IS) (38). The retention times of VRC and the IS were approximately 3.3 and 2.7 min, respectively. Calibration curves in spiked plasma were linear over a concentration range of 0.05 to 5.0 $\mu\text{g/ml}$, with a determination coefficient of >0.98 . The lower limit of quantification was 0.05 $\mu\text{g/ml}$.

Pharmacokinetics protocols. (i) Surgical procedures. Blood and microdialysate sampling was performed through jugular vein cannulation and μD probe brain insertion, respectively. For blood sampling, a Silastic medical-grade tubing (Dow Corning, USA) was placed in the right jugular vein and

subcutaneously passed to the posterior surface of the neck, out of the reach of the animal. To avoid clotting, the catheter was filled with heparin solution (100 IU/ml in phosphate buffer; pH, 7.4 ± 0.1). After jugular vein cannulation surgery, the animal was positioned in a stereotaxic apparatus (ASI Instruments, USA) after being anesthetized with a mixture of ketamine and xylazine (100 and 10 mg/kg, respectively). A CMA 12 guide cannula was inserted into the primary motor cortex (according to the brain atlas of Paxinos and Watson in the following coordinates: 2.2 of anteriority, 2.8 of laterality, and 3.6 of posteriority) (39) and fixed with two screws and dental cement (Vip Flash, Brazil). The rats recovered from the surgery in individual polypropylene boxes for 48 h. One hour before the experiment, the animals were placed in a CMA 120 system for freely moving animals (CMA Microdialysis, Sweden) and the guide cannula was carefully replaced with a previously calibrated CMA 12 probe (3-mm polyarylethersulfone membrane and 20-kDa cutoff; CMA Microdialysis, Sweden) for brain μ D.

(ii) VRC brain penetration experimental design. To determine VRC brain penetration, male Wistar rats were divided into a healthy group ($n = 7$) and an infected group ($n = 5$). All animals received VRC at 5 mg/kg by intravenous injection into the tail vein.

For both groups, the surgery to implant the probes and jugular cannula was done as described above and ACF solution was pumped at a flow rate of 2.0 μ l/min. The microdialysate samples were harvested every 30 min (60 μ l) and blood samples were taken at 0.08, 0.25, 0.5, 1, 2, 4, 6, and 8 h after VRC administration. The unbound VRC concentrations in the brain were determined by correcting the measured microdialysate concentrations by the $RR_{in\ vivo}$.

(iii) Determination of plasma protein binding. VRC protein binding was determined by ultrafiltration. The procedures used were the same previously described by our research group (40). To perform this step, plasma samples from healthy ($n = 3$) and *C. neoformans*-infected ($n = 3$) Wistar rats were used. Different VRC concentrations (0.075, 0.4, and 0.8 μ g/ml) were investigated, based on the total plasma concentrations observed in the animals after intravenous administration of 5 mg/kg.

(iv) Pharmacokinetics analysis. The total area under the concentration-time curve from 0 h to infinity ($tAUC_{0-\infty}$) was calculated by linear trapezoidal rule for plasma and tissue data. VRC penetration into the brain (fT) was determined as the ratio between free tissue and free plasma ($tAUC_{0-\infty, tissue}/f_u \times tAUC_{0-\infty, plasma}$), where f_u is the unbound fraction in rat plasma. The $fAUCs$ were compared by Student's t test ($\alpha = 0.05$) employing SigmaStat version 3.5 (Systat Software, Richmond, CA).

Population pharmacokinetic analysis (popPK) was performed using Monolix software version 4.3.3 (LIXOFT, Paris, France). A total of 290 observations (114 plasma and 176 brain measurements) derived from 12 rats (7 healthy and 5 infected) were included in the data set for the popPK analysis. Plasma and brain microdialysate samples were simultaneously fitted to the model.

The interindividual variability on fixed-effect model parameters was described equation 9 using an exponential model:

$$P_i = P_{pop} \times \exp(\eta_{i,p}) \quad (9)$$

where P_i represents the parameter estimate for the individual log-normally distributed, P_{pop} is the typical parameter estimate in the population, and $\eta_{i,p}$ is the random effect accounting for the individual difference from the typical value normally distributed with a mean of 0 and variance Ω . Correlations between random effects were tested. The residual variability was tested with additive, proportional, and combined error models.

The effect of continuous covariate body weight and the categorical variable infection by *C. neoformans* on PK parameters was investigated once an adequate model was finalized. The covariate term was selected using both a likelihood ratio test (LRT) and Wald test ($P < 0.05$), the improvement of the precision of the parameter estimates, and goodness-of-fit plots. The LRT was used for testing the significance of a covariate in the model using forward inclusion (LRT, $P < 0.05$) followed by backward elimination (LRT, $P < 0.01$). The goodness of fit was evaluated by plots of population predicted and individual predicted values versus observed measurements and by evaluating the residuals via graphical inspection of weighted residuals versus time and weighted residuals versus individual predictions. A visual predictive check (VPC) was used in which the model and its final parameter estimates were used to simulate 1,000 concentration-time profiles and overlay the respective mean and variance estimates with those of the original data to assess the predictive performance of the model. The final model was obtained by testing several structural models that were compared using Akaike's information criterion (AIC), precision of the parameter estimates, physiological meaningfulness of parameter estimates, visual assessment of goodness-of-fit plots, and VPCs.

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