# Finnish Type of Low Density Lipoprotein Receptor Gene Mutation (FH-Helsinki) Deletes Exons Encoding the Carboxy-terminal Part of the Receptor and Creates an Internalization-defective Phenotype

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### Abstract

A specific type of gene mutation affecting the LDL receptor has been found in many Finnish patients with familial hypercholesterolemia (FH). The mutant allele is characterized by a 9.5-kb deletion extending from intron 15 to exon 18. Molecular cloning and sequencing of <sup>a</sup> cDNA segment corresponding to the deleted allele indicated that the mutant receptor differs radically from the normal one because of loss of the domains encoded by exons 16, 17, and 18. The carboxy-terminal portion of the normal receptor, comprising the amino acids 750-839, has been replaced by an unrelated stretch of 55 amino acids. The mutant allele was found to occur in 23 (50%) of 46 unrelated FH patients with an established functional defect in the LDL receptor. In cultured fibroblasts from the FH patients with the 9.5-kb deletion, both receptor-mediated binding and internalization of  $^{125}$ I-LDL were lower than normal, the former, on average, by 25%, and the latter, on average, by 50%. This combined functional defect probably results from both impaired attachment and impaired internalization of the mutated receptor. It remains to be investigated whether this Finnish type of LDL receptor gene mutation, here designated FH-Helsinki, occurs in other ethnic groups.

#### Introduction

The pathogenesis of familial hypercholesterolemia (FH)' was shown by Brown and Goldstein (1) to be the genetically determined lack of functional LDL receptors. As the function of LDL receptors is to carry plasma LDL particles to their intracellular sites of catabolism, any mutation resulting in defective function of LDL receptors must impair clearance of plasma LDL. Such receptor-mediated impairment results in accumulation of LDL in the circulation and produces the clinical picture of FH. This leads to the clinical sequelae of FH, such as premature coronary heart disease (2).

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Studies on functional defects in LDL receptors have defined four different pathogenic entities leading to defective clearance of plasma LDL:  $(a)$  defective synthesis of the mRNA for the receptor,  $(b)$  defective transport of the receptor precursors from the endoplasmic reticulum to the Golgi complex,  $(c)$ defective binding of LDL to the receptor, and  $(d)$  failure of the cells to internalize the receptor-bound LDL (1). At the level of DNA structure, the cause of the disease has been found to be more heterogeneous than would be expected from the functional classification alone (1, 3-16). The numerous mutations at the DNA level provide a spectrum of tools for learning more about the normal functioning of the receptor, but such diversity hampers attempts to develop diagnostic aids based on recombinant DNA techniques. This applies especially to genetically heterogeneous populations, which are likely to contain many different mutations of the LDL receptor gene. In genetically homogeneous populations, in contrast, the LDL receptor gene is likely to be affected by fewer mutations; hence, there is <sup>a</sup> higher probability that among the FH patients in such populations one specific type of LDL receptor mutation will be especially frequent (9, 12, 17).

In genetic terms, the Finnish population forms a relative isolate and has its own panel of inherited diseases ( 18). In this population <sup>a</sup> specific type of LDL receptor mutation has been found to occur in at least one-third of unrelated patients heterozygous for FH (19). Restriction enzyme mapping of the mutant allele (19) and sequencing of <sup>a</sup> genomic DNA fragment containing the mutation point (15) suggest that this Finnish type of mutation is due to a deletion of  $\sim$  9 kb extending from intron 15 to exon 18. However, these studies did not permit an analysis of the exact structure of the carboxy-terminal portion of the mutated receptor protein, since it was not possible to determine whether intron 15 and part of exon 18 are cleaved off from the mature mRNA or preserved.

In this paper we report the detailed structure of the Finnish type of mutated LDL receptor. The functional characteristics of the altered receptor were also investigated. The mutation was found to alter the carboxy-terminal end of the receptor and to produce <sup>a</sup> phenotype in which internalization of LDL is defective.

#### Methods

Patients. In our search for heterozygotes for FH, we initially identified a total of 600 patients from the records of the Lipid Outpatient Clinic of the University Hospital of Helsinki, all having fasting serum total cholesterol levels  $\geq 9.5$  mmol/liter ( $\geq 370$  mg/dl). For the study, we selected 46 patients using the following additional criteria: presence of primary hyperlipidemia; presence of tendon xanthomas; a hypercholesterolemic first-degree family member; and a positive history of premature coronary heart disease in the family. The study group consisted of 21 males and 25 females aged  $46\pm12$  yr (range 28–80 yr), and having

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<sup>1.</sup> Abbreviations used in this paper: FH, familial hypercholesterolemia; LPDS, lipoprotein-deficient serum.

relative body weights of  $116 \pm 17\%$  (according to the Metropolitan Life Insurance Tables). 12 patients had a history of myocardial infarction and 27 had overt signs of coronary heart disease. Four normolipidemic patients undergoing minor surgery for nonmalignant diseases served as controls. All patients and controls were of Finnish origin and unrelated.

Southern blot analysis of DNA. DNA was prepared from leukocytes obtained from 20 ml of venous blood (20). DNA (5-10  $\mu$ g) was digested with Bam HI and Pvu II under the conditions recommended by the manufacturer, fractionated by gel electrophoresis on 0.6% agarose, and transferred to nitrocellulose filters. The filters were hybridized in a medium containing  $6 \times$  standard saline citrate (SSC) ( $1 \times$  SSC denotes 0.15 M NaCl and 0.015 M trisodium citrate),  $5 \times$  Denhardt's solution, 50% deionized formamide, 0.25% SDS, 100  $\mu$ g/ml salmon sperm DNA, and a  $1-2 \times 10^6$  cpm/ml<sup>32</sup>P-labeled 0.95-kb LDL receptor cDNA probe covering exons  $11-17$  (19). The probe was labeled by a random oligonucleotide priming technique, using a commercial kit (Amersham International, Amersham, UK) (21). After hybridization for 16-20 h at 42°C, the filters were washed in  $2 \times$  SSC, 0.1% SDS at room temperature and in 0.2X SSC, 0.1% SDS at 42°C. Autoradiography of the dried filters was conducted by exposing them to Kodak XAR films (Eastman Kodak Co., Rochester, NY) for  $2-3$  d at  $-70^{\circ}$ C.

cDNA cloning. To clone <sup>a</sup> cDNA molecule corresponding to the mutant LDL receptor commonly occurring in Finland, fibroblasts were first cultured (for details, see below) from a patient (FH 10) known to carry the deleted gene. Total RNA from  $\sim 1-2 \times 10^8$  cells was isolated using the LiCl-urea method (22) and enriched for poly(A)-containing RNA by oligo(dT)-cellulose affinity chromatography (23). For the synthesis of cDNA, 2  $\mu$ g of the mRNA was used (24). The cDNAs were methylated and ligated to Eco RI linkers. After cleavage with Eco RI, the linker-containing cDNAs were ligated to Eco RI-cleaved, alkaline phosphatase-treated  $\lambda$ gt11 arms (Amersham International). The DNA was packaged in vitro and amplified in Escherichia coli Y1090 cells. About  $1 \times 10^5$  phage plaques were plated out, transferred to nitrocellulose filters, and hybridized with a 32P-labeled LDL receptor probe extending from exon <sup>11</sup> to exon <sup>17</sup> (19). One positive clone with an insert 2.4 kb in size was selected; this hybridized with an exon 15-specific oligonucleotide probe, but not with an exon 16-specific probe (15). The insert was cleaved by Eco RI digestion and subcloned into the pGEM-4 vector for sequencing.

Polymerase chain reaction. For unequivocal determination of the cDNA sequence around the putative deletion point (15), another strategy was used involving the DNA amplification technique with the aid of the thermoresistant polymerase enzyme (New England Biolabs, Beverly, MA). First, 2  $\mu$ g of poly(A)-containing RNA from patient FH <sup>10</sup> was used for synthesizing the first cDNA strand directed by an exon 18-specific primer (complementary to nucleotides from 3,604 to 3,621, <sup>5</sup>GGAAGCACTAGGTGGGCG<sup>3'</sup>; see references 25 and 26). Second, the amplification reaction for these RNA-DNA hybrids was carried out using methods described by Saiki et al. (27). One of the nucleotide primers (<sup>5</sup>CAGCTCCACAGCCGTAAGG<sup>3'</sup>) extended from nucleotide 2,193 to nucleotide 2,211 of exon 15 (25, 26) and the other was the exon 18-specific primer used for the synthesis of the first cDNA strand (see above). 25 amplifying cycles were performed. Onethird of the amplified material was fractionated by electrophoresis on 1.2% agarose, and the amplified cDNA fragment ( $\sim$  600 bp in size) was eluted from the gel with a commercial kit (Geneclean, Bio 101 Inc., La Jolla, CA) and sequenced directly without further subcloning.

Sequencing. Sequencing of double-stranded DNA was performed by the dideoxynucleotide chain-termination method (28), using the enzyme Sequenase (United States Biochemical Corp., Cleveland, OH). The first sequencing primer was selected from exon 15 ( $<sup>5</sup>$ CAGCT-</sup> CCACAGCCGTAAGG<sup>3</sup>; see above) and the second primer according to a stretch at the 3' end of the sequence that had been determined with the first primer ( ${}^{5}$ ACCTTCTCTCACTTGGG<sup>3'</sup>). A hydropathicity plot of the amino acid sequence deduced from the cDNA was constructed with the algorithm described by Kyte and Doolittle (29), using a window of nine amino acids.

Isolation of plasma lipoproteins and lipid assays. Any lipid-lowering drugs were withdrawn at least 4 wk before the blood samples were taken, and the patients were advised to continue their cholesterol-lowering diet. After an overnight fast, blood samples were collected in 0.1% EDTA, and plasma, the LDL fraction  $(d = 1.006-1.063 \text{ g/ml})$ , and the HDL fraction ( $d = 1.063 - 1.215$  g/ml) were isolated by sequential ultracentrifugation at 4°C (30). Plasma total cholesterol, total triglycerides, and the cholesterol contents of isolated lipoprotein fractions were measured by colorimetric enzymatic methods (Boehringer Mannheim Biochemicals, Mannheim, FRG).

Preparative isolation and radioactive labeling of LDL. Blood from healthy normolipidemic donors was collected in 0.1% EDTA, and the LDL fraction ( $d = 1.020 - 1.050$  g/ml) and lipoprotein-deficient serum (LPDS;  $d > 1.21$  g/ml) were prepared by sequential ultracentrifugation at  $4^{\circ}$ C (30). LDL was radiolabeled with  $^{125}$ I using the iodine monochloride method as modified for lipoproteins (31). The specific activities of different preparations ranged from 32 to 168 cpm/ng protein.

Fibroblast cultures. Skin biopsies were taken from controls from the inguinal region, and from patients from the antecubital region. Fibroblasts were grown in monolayer and maintained in a humidified atmosphere (5%  $CO<sub>2</sub>$ ) at 37°C in 75-cm<sup>2</sup> stock flasks containing 10 ml of standard growth medium. This medium consisted of Eagle's MEM supplemented with penicillin (100 U/ml), streptomycin (100  $\mu$ g/ml), 2 mM glutamine, and 10% (vol/vol) FCS (Gibco, Paisley, Scotland). The studies were undertaken between the 5th and 16th passages of the cultures.

Binding, internalization, and degradation of labeled LDL. All experiments were performed according to a standard format. Confluent monolayers of fibroblasts from stock flasks were dissociated with a solution containing 0.05% trypsin and 0.02% EDTA, and seeded at a concentration of  $1 \times 10^5$  cells/dish into 60  $\times$  15-mm dishes containing 2 ml of standard growth medium (day 0). On day 3, when the cells were in early logarithmic growth, they were washed with Dulbecco's PBS, after which 2 ml of fresh medium containing 10% (vol/vol) human LPDS was added (final protein concentration, <sup>5</sup> mg/ml). The experiments were performed on day 5 when the cells had been incubated with LPDS for 48 h and were still preconfluent and actively dividing, as documented with [3H]thymidine. At this stage of cell growth no correlation was found between the number of cells per dish and the activity of the LDL receptors. The experiments were started by replacing the medium with fresh medium containing LPDS and '25I-labeled LDL (16  $\mu$ g protein/ml) in the absence or presence of a 20-fold excess of unlabeled LDL. The monolayers were incubated for 5 h at 37°C, after which the medium was removed and precipitated with TCA. The acid-soluble fraction was treated with hydrogen peroxide, extracted with chloroform to remove free iodine, and counted to determine the amount of <sup>125</sup>I-labeled acid-soluble material formed by the cells and released into the medium (degraded '251-LDL) (32). The monolayers were then treated with heparin and the amount of '25I-labeled LDL released by the heparin was counted to determine how much had been bound to the LDL receptors present on the cell surface (bound  $^{125}I$ -LDL) (33). After heparin treatment, the monolayers were dissolved in 0.2 N NaOH and an aliquot was counted to determine the amount of  $125$ I-LDL present inside the cells at a steady state (internalized  $125$ I-LDL). The quantities of LDL receptor-mediated binding, internalization, and degradation of  $^{125}$ I-LDL were calculated by subtracting the values for binding, internalization, and degradation in the presence of excess unlabeled LDL from the corresponding values obtained in the absence of excess LDL. The results were correlated with the total protein content of the cells, as measured by the method of Lowry et al. (34), using BSA as standard. As an index of the rate of internalization relative to receptor binding, the amount of '251-LDL present within the cells at 5 h and the amount of  $^{125}$ I-LDL degraded by the cells during the 5-h incubation period were added together and divided by the amount of receptor binding at S h (internalization index) (35). In each assay, two of the four control cell lines were analyzed in parallel with three to seven FH cell lines. All determinations were done in duplicate; the results of each pair did not differ by more than 3%.



Figure 1. Detection of the Finnish type of mutation at the 3' end of the LDL receptor gene. Lanes  $1-3$ , controls; lanes  $4-10$ , FH patients; lanes 7-10, FH patients with the Finnish mutation. For experimental details, see Methods.

#### **Results**

Molecular characterization of the mutant mRNA and the corresponding receptor protein. Hybridization of DNA samples of FH patients with the LDL receptor <sup>3</sup>' probe revealed that 23 of the 46 FH patients (50%) displayed only the normal 17.5-kb fragment when Bam HI was used for digestion and the normally occurring polymorphism (14- and/or 16-kb fragments) when DNA was cleaved with Pvu II (Fig. 1). The remaining <sup>23</sup> patients (50%) showed an additional hybridizable fragment

with both enzymes (an 8-kb fragment with Bam HI and an 11-kb fragment with Pvu II), indicating that they carried the LDL receptor gene deletion which is prevalent in Finland (Fig. 1; see references 15 and 19).

To ascertain the structure of the mutated protein corresponding to the deleted gene, <sup>a</sup> fibroblast cDNA library of <sup>a</sup> heterozygous FH patient (FH 10) was first constructed. Genomic cloning and partial sequencing of this mutant allele had earlier demonstrated that <sup>a</sup> DNA segment extending from intron <sup>15</sup> to exon <sup>18</sup> in the <sup>3</sup>' region of the LDL receptor gene is deleted. In light of this information it was reasoned that the normal and mutant alleles could be separately identified from the cDNA library: cDNA clones containing the normal allele would hybridize with both exon 15- and exon 16-specific probes, while cDNA clones containing the mutant allele would only hybridize with an exon 15-specific probe. With this strategy, one positive clone containing a 2.4-kb cDNA insert corresponding to the mutant allele was identified.

DNA sequencing over the mutation site and the areas flanking this, whether performed with the cDNA clone (see above) or the amplified cDNA sequence (see Methods) as template, gave identical information (Fig. 2). From its <sup>5</sup>' end on, the nucleotide sequence of the mutant allele is identical with that of the normal one up to the last nucleotide of exon 15. After a stretch of 245 nucleotides, the sequence of the mutant cDNA returns to the normal receptor cDNA sequence from nucleotide 3,391 of exon 18 onwards. The bridging stretch of 245 nucleotides between the exon sequences mentioned above is identical to that obtained by sequencing the corresponding DNA area of <sup>a</sup> genomic clone from the same



cDNA and the amino acid sequences detions of the normal and mutated (FH 10) 3. Matching sequences in exons 15 and ed by thin and thick lines, respectively.  $ve$  the sequence indicate nucleotides. re indicated by dots above the sequence. nino acid sequence is presented in italics.



Figure 3. Structures of the <sup>3</sup>' ends of the normal LDL receptor gene and the deleted gene commonly found in Finland (FH 10). Exons are represented by bars and introns by a solid line. The portions of the genes that are retained in the mature mRNA after splicing are indicated by solid segments connected by dashed lines. The lengths of the corresponding mRNAs are also shown.

patient (15, and unpublished data), showing that this <sup>5</sup>' portion of intron <sup>15</sup> is present in the mature mRNA. The translational reading frame of exon 15 continues along this DNA stretch for 164 bp before a stop codon is reached. This sequence is expected to encode the carboxy-terminal end of the mutant protein (Fig. 2). The resulting mutated protein is deduced to be identical with the normal protein in amino acids 1-749 and totally different beyond that (Fig. 2). The mutated LDL receptor protein contains 804 amino acids as compared with the 839 normally found in the LDL receptor (25).

The <sup>3</sup>' ends of the mutant LDL receptor gene and its normal counterpart, as well as the postulated splicing mechanisms of the mutant mRNA, are illustrated schematically in Fig. 3. According to the present and published data (25, 26), the size of the deletion is  $\sim$  9,500 bp. The mutant allele should direct the synthesis of <sup>a</sup> 4.5-kb mRNA species, i.e., one of <sup>a</sup> length not significantly different from that (4.2 kb) previously estimated on RNA hybridization blots (15).

The hydropathicity profiles of the carboxy-terminal ends of the normal (amino acid sequence data from reference 25) and the mutant LDL receptor are illustrated in Fig. 4. This part of the normal receptor is characterized by a strongly hydrophobic region of 22 amino acids that traverses the membrane and so anchors the receptor to the cell (25). In the mutated receptor, in contrast, this part is replaced by a weakly hydrophobic region comprising two short stretches of 7 and 16 amino acids with mean hydropathicity indexes of 0.8 and 0.9, respectively (Figs. 2 and 4).



Figure 4. Hydropathicity plots of the normal (dashed line) and mutated (solid line) carboxy-terminal ends of the LDL receptor.

Functional properties of the mutated receptor. To investigate the functional properties of the mutated LDL receptors, fibroblasts from skin biopsies were cultured and their abilities to bind, internalize, and degrade <sup>125</sup>I-LDL were then investigated. In four control cell lines the mean amount of receptor binding after standard incubation for 5 h at 37°C was 178±52 ng (mean±SD)<sup>125</sup>I-LDL/mg cellular protein. At this time the cells contained 1,064±229 ng '25l-LDL/mg cellular protein, and a total of  $3,155\pm1,044$  ng of the labeled apoprotein had been degraded by the fibroblasts. Relative values for binding, internalization, and degradation were estimated by setting the average of the respective values for control cell lines in each assay at 100% and calculating the percentage values for the FH heterozygote cell lines.

The fibroblasts from the 23 heterozygous patients with FH who had the 9.5-kb deletion (Figs. 5 and 6, *open circles*), as compared with normal subjects, bound slightly smaller amounts of  $^{125}$ I-LDL (mean, 75% of normal), but both internalization and degradation of the labeled LDL were more markedly impaired. The respective mean values for internalization and degradation were only 49 and 48% of normal (Fig. 5). The values of the relative internalization index (normal value = 2; 100% [internalization] + 100% [degradation]/100% [binding]; see Methods) were calculated for each individual cell line. Those with the Finnish type of LDL receptor gene deletion showed poorer ability to internalize LDL in relation to binding of LDL (mean 1.28; range, 0.76-1.88) (Fig. 6).

In the fibroblasts from the 23 patients with the heterozygous form of FH without the 9.5-kb deletion (Figs. <sup>5</sup> and 6, closed circles), the binding of  $^{125}$ I-LDL was, on average, only about half of normal (Fig. 5). Internalization (mean value, 48%) and degradation (mean value, 49%) of '25I-LDL were impaired approximately in proportion to the defect in binding. However, in terms of internalization efficiency, these FH heterozygotes were heterogeneous. Thus, some of the patients had a near-normal internalization index and could be categorized as "binding defective" (33), and some had a clearly low internalization index, and so could be designated as "internalization defective" (35).

Plasma lipids and lipoproteins. Determination of the levels of plasma total cholesterol, plasma total triglycerides, LDL



Figure 5. Relative values (in percent) for high affinity binding, internalization and degradation of <sup>125</sup>I-LDL in fibroblasts from subjects with the clinical phenotype of heterozygous FH. Open circles, FH patients with the 9.5-kb gene deletion; closed circles, FH patients with other, unidentified molecular defects of the LDL receptor gene. The normal values for binding  $(A)$ , internalization  $(B)$ , and degradation  $(C)$  are depicted as dashed vertical lines.



for the fibroblast strains<br>obtained from subjects<br>with the clinical phenotype of heterozygous FH. The values are derived from the data shown in Fig. 5. Nor-

(binding) = 2. Open circles, FH patients with the 9.5-kb gene deletion (A); closed circles, FH patients with other, unidentified molecular defects of the LDL receptor gene  $(B)$ .

cholesterol, and HDL cholesterol failed to disclose any differences between the groups of FH heterozygotes with and without the 9.5-kb deletion (Table I). In both groups of patients hyperlipidemia was due to accumulation of extra cholesterol in the lipoprotein fraction of density 1.006-1.063 g/ml, i.e., the LDL fraction.

## **Discussion**

We found previously that about one-third of patients with FH in Finland have <sup>a</sup> common LDL receptor gene mutation due to a large deletion at the <sup>3</sup>' coding region of the gene (19). The present investigation precisely defines the structural and functional characteristics of the receptor protein encoded by the mutant allele. The mutation is here designated as FH-Helsinki, according to the residence of the first proband identified.

The work of Brown, Goldstein, and co-workers has demonstrated that exon <sup>16</sup> and the <sup>5</sup>' part of exon <sup>17</sup> of the LDL receptor gene encode the membrane-spanning region of the receptor, while the <sup>3</sup>' part of exon 17 and a small portion of exon 18 encode its cytoplasmic domain (26). Both these domains are essential for the proper functioning of the receptor. The present study shows that the FH-Helsinki allele lacks exons 16 and 17, and about one-third of exon 18. The splicing acceptor site in exon 18 has also been deleted, and in accordance with this a copy of a portion of intron 15 is included in

Table I. Plasma Lipoprotein Levels in FH Patients with the 9.5-kb Deletion and in Those with As Yet Unidentified Defects of the LDL Receptor Gene

Lipid fraction	Category of FH patients	
	9.5-kb gene deletion present $(n = 23)$	Other defects of the LDL receptor gene $(n = 23)$
	mmol/liter	
Total cholesterol	$10.9 \pm 1.9$ *	$10.8 + 1.9$
LDL cholesterol	$9.1 + 1.4$	$9.1 \pm 1.9$
<b>HDL</b> cholesterol	$1.4 + 0.5$	$1.3 + 0.5$
Triglycerides	$1.4 \pm 1.0$	$1.6 + 1.0$

The values for the different lipid fractions do not differ significantly between the two categories. \* Mean±SD.

the mature LDL receptor mRNA. The receptor protein encoded by the mutant allele is deduced to be 35 amino acids shorter than its normal counterpart, with a carboxy-terminal part beyond residue 749 bearing no resemblance to that of the latter (Fig. 2).

Many of the large rearrangements within the LDL receptor gene so far described involve Alu sequences at either one or both ends of the deletion (3, 6-8, 10, <sup>1</sup>1). Two patients with FH had <sup>a</sup> large deletion in the <sup>3</sup>' coding region of the LDL receptor gene, ranging from 5 (FH 274; see reference 3) to 7.8 kb (FH 781; see reference 10) in size. Both deletions extend from an Alu sequence in intron 15 to an Alu sequence in exon 18, but the Alu sequences involved are different (Fig. 7). The mature mRNAs corresponding to these two alleles differ in length (10). The location of these deletions is similar, but not identical, to that present in the FH-Helsinki allele. The FH-Helsinki allele does not involve Alu sequences at either end of the deletion and it encodes <sup>a</sup> mRNA molecule that is shorter than those corresponding to the mutant genes in patients FH 274 and FH <sup>781</sup> (Fig. 7). But although the three mutations differ at the DNA and RNA levels, the corresponding proteins are likely to be identical. In each case the splicing acceptor site in exon <sup>18</sup> has been deleted. Accordingly, the mature mRNA always includes a copy of the <sup>5</sup>' part of intron 15, which in all three cases contains an identical stretch of 164 nucleotides continuing the reading frame of exon 15 before a termination codon (UAA) is reached (Fig. 7).

In both of the patients studied by the Dallas group, fibroblast culture assay revealed defective internalization of LDL particles (3, 10). We found that in the fibroblasts from patients with one FH-Helsinki allele internalization of <sup>125</sup>I-LDL was likewise impaired, giving rise to an internalization-defective phenotype. This was as expected, since an intact cytoplasmic domain is known to be essential for internalization of LDL particles (5, 36). Furthermore, fibroblasts of some of the pa-







Figure 8. Schematic picture of the normal LDL receptor and its mutated FH-Helsinki counterpart. The carboxy-terminal end of the mutated receptor is truncated and differs from the normal one. Hydropathicity index values and LDL binding data suggest that the attachment of the mutant receptor to the cell membrane is unstable, resulting in partially defective binding and markedly impaired internalization of LDL particles.

tients with the FH-Helsinki allele also showed defective binding of '25l-LDL. This suggests that the deletion has not only brought about loss of structures essential for clustering of receptors into coated pits and their subsequent internalization, but has also caused impairment of the attachment of the receptor to the cell membrane (Fig. 8). Indeed, the carboxy-terminal domain of the mutant receptor has a relatively low hydropathicity index value, averaging  $<$  1 (Fig. 4), which does not fulfill the requirements for a membrane-spanning region (29). It remains to be investigated whether the mutant receptors encoded by the FH-Helsinki allele are secreted into the culture medium and, if so, whether secretion of the mutant receptors takes place in vivo.

The present study adds a third example to the category of LDL receptor gene mutations that are prevalent in a particular population and have been characterized in detail at the DNA level. In the majority of French Canadians with FH, the disease is due to a large deletion eliminating the promotor region and the first exon of the LDL receptor gene (12). The Lebanese mutation created a premature termination codon at amino acid 660, which results in the synthesis of a truncated receptor protein (9). In all three cases the enrichment of a specific mutant allele can easily be explained as a "founder gene" effect. The same explanation may apply to the high prevalence of a specific LDL receptor gene mutation in South Africa, as judged by haplotype analysis with restriction enzymes (17); the exact molecular defect in this allele has not yet been reported, however. In Lebanon and South Africa the prevalence of FH is considered to be exceptionally high, with an estimated frequency of  $\sim 1$  in 100 (2, 9). Whether the prevalence of FH in Finland is also exceptionally high remains to be determined. The possible occurrence of the FH-Helsinki allele in other populations likewise remains to be studied.

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