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Community Acquired Rhinovirus Infection Is Associated With Changes in the Airway Microbiome

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To the Editor

Rhinoviruses (RV) infect up to 90% of school-age children with asthma during the month of September, and the severity of clinical illness varies from no symptoms to severe wheezing illnesses.(1) We previously reported that that detection by PCR of *S. pneumoniae* or *M. catarrhalis* in the upper airway is associated with RV-induced asthma exacerbations.(2) Based on those findings, we hypothesized that RV infection alters the upper airway microbiota, and that microbial changes correspond with infection severity. To test this hypothesis, we prospectively monitored respiratory symptoms in children with asthma during the peak fall RV season, obtained weekly nasal secretions, and concurrently analyzed these samples for RVs and airway bacteria.

Children included in this analysis were enrolled in a larger study to determine genetic correlates with severe RV illnesses (“RhinoGen”). Subjects collected nasal mucus samples on a weekly basis for five consecutive weeks during September (peak RV season). All samples were analyzed for common respiratory viruses and RV abundance (qPCR), and RV

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typing was determined.(3) Cold and asthma symptoms recorded in daily diaries were linked with RV infection data to identify infections that were either asymptomatic or associated with an asthma exacerbation. RV-B types caused 70% of asymptomatic RV infections, while exacerbations were only associated with RV-A or RV-C types. This study included 10 RhinoGen participants with asymptomatic infections and 7 participants with exacerbations of asthma (Table 1; Supplemental Figure 1; also see supplemental data for inclusion and exclusion criteria). Compared to the other children with asthma in the RhinoGen cohort, the children in the asymptomatic and the exacerbation groups had similar total IgE levels and rates of allergic sensitization (Supplemental Table 1). 16S rRNA gene sequencing was performed on bacterial DNA isolated from each sample and statistical analysis was performed to identify bacterial taxa associated with viral infection and RV-associated asthma exacerbations (see Online Repository).

Within the 34 samples before and after RV infection, the dominant phyla detected were Firmicutes (50.3%); Proteobacteria (24.9%); Actinobacteria (17%); Bacteroidetes (4.3%); Fusobacteria (1.5%); and unclassified (1.1%). The most abundant genera were *Dolosigranulum* (12.2% total abundance); *Streptococcus* (11.3%); *Staphylococcus* (10.1%); *Corynebacterium* (9.7%); *Moraxella* (7.2%); unclassified OTU #1 (5.6%); unclassified OTU #2 (3.1%); *Neisseria* (3%); *Gemella* (2.2%); *Rothia* (1.9%); *Actinomyces* (1.6%); *Haemophilus* (1.4%); *Acinetobacter* (1.4%) and unclassified OTU #3 (1.1%). We then compared the RV-negative and RV-positive samples, and found a similar number of overall sequences before and after RV infection ($p=0.95$); and similar evenness and diversity. Furthermore, using principal component analysis (PCoA) of the Unifrac and Bray-Curtis distance matrices, there were no distinct clustering patterns between the two groups, suggesting that the overall community composition of the RV-negative and RV-positive samples were similar.

In the combined asymptomatic and exacerbation groups, RV infection was associated with several significant changes in specific genera in airway secretions (Supplemental Figure 2). RV infection was associated with increased abundance of *Dolosigranulum* (base mean=213; \log_2 fold change=0.60) and *Moraxella* (base mean=116; \log_2 fold change=0.79), and reduced abundance of unclassified OTU #1 (base mean=209; \log_2 fold change=2.54). These findings support our previous report based on PCR detection that RV infection increases *Moraxella* detection,(2) and indicate that RV infection also influences microbial community composition.

We next tested whether microbial changes during RV infection differed between asymptomatic RV infections and RV-associated asthma exacerbations (Figure 1 and Supplemental Figure 3). RV infection was associated with increased abundance of *Moraxella* in both groups (asymptomatic group: base mean=175; \log_2 fold change=1.04; and exacerbation group: base mean=158; \log_2 fold change=0.9), and reduced abundance of unclassified OTU#1 (asymptomatic group: base mean=269; \log_2 fold change=-3.6; and exacerbation group: base mean=123; \log_2 fold change=-1.12). Interestingly, RV associations with the abundance of some bacterial OTUs depended on the symptom group. Namely, within the asymptomatic group, RV infection was associated with increased abundance of *Corynebacterium* (base mean=196; \log_2 fold change=0.48), while in the

exacerbation group the association was in the opposite direction (base mean=212; log₂ fold change=-0.45). RV infection was also associated with increased abundance of *Dolosigranulum* in the asymptomatic group (base mean=175; log₂ fold change=1.04).

An association network constructed to link RV quantity with the presence of specific OTUs of bacteria demonstrated that as the quantity of RV increased, the abundance of *Dolosigranulum* and *Corynebacterium* decreased while the abundance of *Haemophilus* increased (Supplemental figure 4). Furthermore, there were both increases and decreases of OTUs belonging to *Streptococcus* and *Moraxella*, indicating that the amount of RV replication is related to the magnitude of composition changes in the microbiome.(4)

Asymptomatic RV infections were associated with a significant increase in the abundance of *Dolosigranulum* and *Corynebacterium* compared to pre-infection samples, and the quantities of these bacteria were inversely correlated with viral shedding. *Dolosigranulum* and *Corynebacterium* are commensal bacteria within the respiratory tract in children and commonly co-occur.(5) They both are negatively associated with *S. pneumoniae* abundance, have been associated with reduced airway symptoms and a lower risk of otitis media during infancy,(6) and are inversely related to episodes of wheeze during infancy.(7) Our findings extend these findings and suggest that microbial communities featuring abundant *Corynebacterium* and possibly *Dolosigranulum* may confer protection against symptoms during RV infection.

This study has a number of advantages, and some limitations. The prospective study design allowed us to obtain samples from the same subject prior to and during RV infection. Samples were obtained during the same season, eliminating seasonal influences on microbial composition. Our findings are based on samples obtained from the upper airway for practical reasons. RV infections begin in the upper respiratory tract and thus the microbial environment in the upper airway is likely to influence initiation of RV infection and downstream events. Therefore investigations of the upper airway may identify new strategies for prevention and/or treatment of RV-induced exacerbations. Our results should be interpreted with caution due to the small sample size, and the observational study design cannot distinguish causality among the observed associations between bacteria, viruses and symptoms.

In summary, RV infection is associated with changes in microbial composition of the upper airway. These changes differed between asymptomatic infection and exacerbation of asthma, and were related to RV quantity and possibly RV species.(8) While RV infection was generally related to increased abundance of *Moraxella*, a well-known airway pathogen; RV was related to increased commensal bacteria (*Dolosigranulum* and *Corynebacterium*) during asymptomatic infection. Finally, while bacterial pathogens such as *Moraxella* can contribute to respiratory symptoms, our findings suggest that other microbial communities may help to maintain normal airway physiology during RV infection and thereby moderate or prevent respiratory symptoms. Addressing these gaps in knowledge may lead to new preventive strategies for RV illnesses and virus-induced exacerbations of asthma.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

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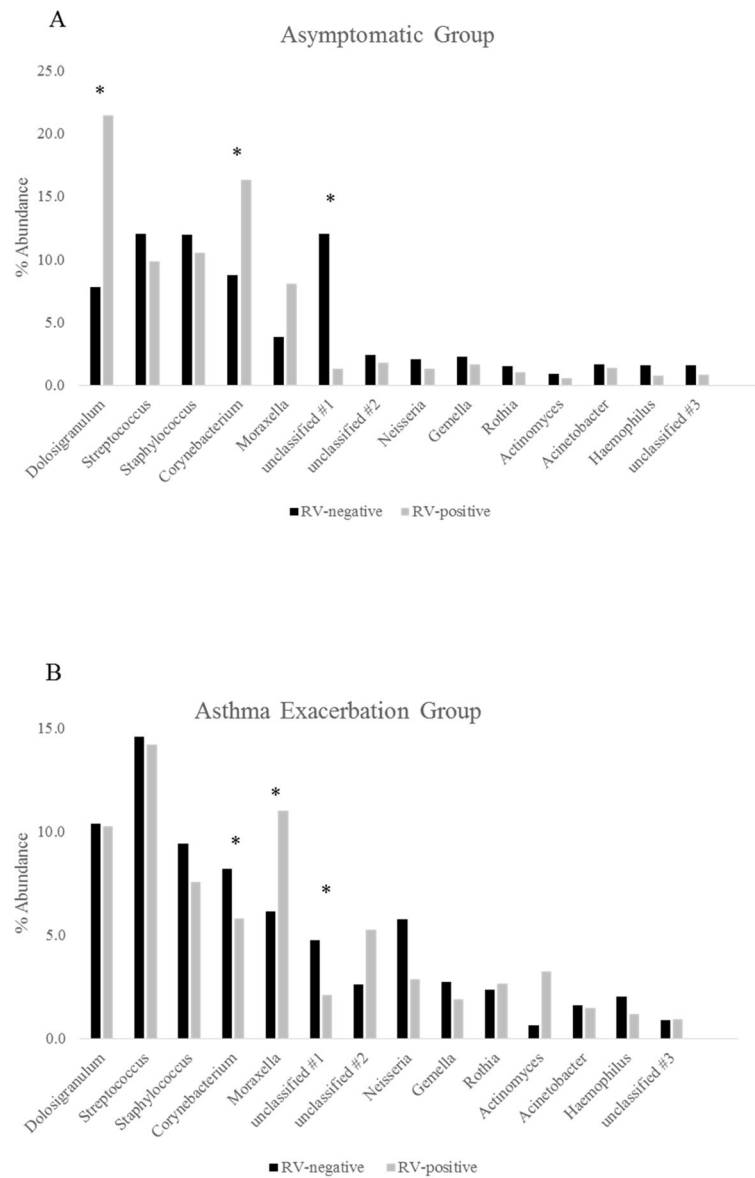


Figure 1.

Relative abundance at the Genera level (OTUs >1%) between RV-negative and RV-positive samples in the asymptomatic group (A) and asthma exacerbation group (B).

Asymptomatic group: *Dolosigranulum* q -value= 1.4×10^{-8} ; *Corynebacterium* q -value= 1.5×10^{-11} ; *Moraxella* q -value= 1.4×10^{-8} ; unclassified OTU#1 q -value=0.

Exacerbation group: *Corynebacterium* q -value= 7.8×10^{-25} ; *Moraxella* q -value= 9.8×10^{-47} ; unclassified OTU#1 q -value= 5.9×10^{-50} .

Table I

Paired samples for analysis: 34 samples (17 pairs). Within each pair, the first sample was RV negative, and a second sample obtained 1–3 weeks later was RV positive.

	Asymptomatic during RV infection	Moderate Asthma Exacerbation during RV infection
RV-negative	10 samples	7 samples
RV-positive	10 samples	7 samples

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