

HHS Public Access

Am J Transplant. Author manuscript; available in PMC 2017 July 06.

Published in final edited form as:

Author manuscript

Am J Transplant. 2016 February ; 16(2): 565–573. doi:10.1111/ajt.13596.

Immunosuppressive Medications and Squamous Cell Skin Carcinoma: Nested Case-Control Study within the Skin Cancer after Organ Transplant (SCOT) Cohort

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Abstract

Organ transplant recipients (OTR) have a substantially elevated risk of squamous cell skin carcinoma (SCSC), largely attributed to immunosuppressive medications used to prevent graft rejection, although data to support the role of newer drugs on SCSC risk are sparse. We investigated the association between immunosuppressive medications and SCSC risk among cardiac and renal transplant recipients in the SCOT cohort study. Incident cases were ascertained through medical record review after self-report of skin biopsy (N=170). Controls without SCSC (N=324) were matched to cases on: gender, age, race, transplant year, hospital, donor type, organ transplanted, and time between transplant and interview. Conditional logistic regression was used to evaluate the association between specific medications and SCSC. Users of the older antimetabolite azathioprine were more than twice as likely to develop SCSC (OR=2.69; 95% CI 1.23-5.84) compared to non-users. In contrast, the newer anti-metabolite preparations (i.e., mycophenolic acid [MPA]) were associated with lower SCSC risk (OR=0.43; 95% CI 0.27-0.66). This inverse association between MPA and SCSC persisted among OTR with no history of azathioprine use, even after adjustment for simultaneous use of the calcineurin inhibitor tacrolimus (OR=0.50; 95%CI 0.31–0.81). Our data suggest that the increased risk of SCSC historically associated with azathioprine is not seen in OTR prescribed newer regimens, including MPA and tacrolimus.

Keywords

skin cancer; organ transplant; immunosuppression; non-melanoma skin cancer; immunosuppressive medications

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Disclosures. The authors of this manuscript have no conflicts of interest to disclose as described by the *American Journal of Transplantation*.

Introduction

The risk of squamous cell skin carcinoma (SCSC) is greatly elevated among organ transplant recipients (OTR) compared to the general population.(1–6) Data from a study of over 2,000 renal and cardiac transplant recipients reported that approximately 10% of transplant recipients developed at least one SCSC post-transplant, with at least 70% of SCSC patients developing an additional skin tumor during in the following 5 years.(7) SCSC is therefore a relatively common post-transplant complication.

Damage from ultraviolet light (UV) exposure is the central, preventable etiologic agent in skin cancer, and transplant recipients with a history of severe sunburn and markers of UV damage develop excess SCSC on sun-exposed areas.(8, 9) Immunosuppression is also a key cofactor, with elevated skin cancer risk in both OTR receiving immunosuppressive medications to prevent graft rejection and HIV/AIDS patients.(10, 11) Organ transplant registry studies have demonstrated a dose-response relationship between years of immunosuppression post-transplant and elevated skin cancer risk.(12–14) Longer duration of induced immunosuppression post-transplant necessarily results in not just years of a depressed immune response but also a longer duration of exposure to potentially carcinogenic transplant-related medications.(15–17)

Azathiopine (AZA) is a purine analogue (anti-metabolite) that interrupts rapidly dividing cells, including synthesis of immune cells. It was one of the first drugs used to maintain graft function by lowering immune response to post-transplant regimens. (18) Its ability to interrupt DNA synthesis can inhibit repair of cells damaged by UV exposure.(19–23) Experimental data have demonstrated that exposure to AZA in UV-treated mice leads to the development of skin tumors,(24) and case reports from as early as the late 1960's documented the occurrence of various cancers in OTRs treated with AZA mono-therapy. (25–27)

Cyclosporine, a calcineurin inhibitor, is another medication used to prevent graft rejection post-transplant. It was introduced in the 1980's to supplement AZA-based regimens, and like AZA has neoplastic properties.(28) Cyclosporine can disrupt nucleotide excision repair and impact photoproduct removal systems that lead to increased sensitization to UV damage.(17, 29) Experiments in mice treated with cyclosporine have illustrated carcinogenic properties of the drug,(30, 31) including tumor development after UV exposure.(24) Cyclosporine treatment has also been associated with higher rates of skin cancer among transplant patients in a dose-dependent manner.(32, 33)

The skin cancer risk profile of drugs introduced to post-transplant medication regimens in more recent years have not been well characterized. Mycophenolic mofetil and mycophenolate sodium are nucleotide inhibitors introduced in 1995 and 2004, respectively, to replace the carcinogenic AZA, but limited data provide conflicting evidence for a role of these mycophenolic acid preparations (MPAs) in overall cancer risk.(34–37) Likewise, tacrolimus is a calcineurin inhibitor introduced to replace cyclosporine in 1994. Data from a meta-analysis of randomized trials comparing overall cancer rate according to choice of calcineurin inhibitor demonstrated no difference between tacrolimus and cyclosporine,(38)

but more recent data from a clinical trials database suggest lower skin cancer risk associated with tacrolimus.(16)

Prescription of AZA plus cyclosporine versus MPA plus tacrolimus represents two distinct immunosuppressive eras. This changing clinical practice warrants an evaluation of the association between newer immunosuppressive medications and SCSC risk, particularly a direct comparison to older drugs that carefully matches on transplantation era and post-transplant follow-up. We therefore investigated the role of immunosuppressive transplant-related medication use, including clinically relevant drug combinations prescribed in the 2000's, in relation to the development of SCSC within a nested case-control study from the Seattle-based Skin Cancer after Organ Transplant (SCOT) cohort study.

Methods

Study Population

Details of cohort eligibility and recruitment have been published.(39) Briefly, the SCOT study enrolled renal and cardiac transplant recipients who were at least 18 years of age at receipt of their first kidney, kidney/pancreas, or heart transplant between 1995 and 2010 at one of three transplant centers in Seattle (n=2,004). Transplant recipients had to have an intact graft for at least 3 months. Eligible recipients were approached between 2008 and 2012 for study recruitment and mailed a baseline questionnaire. Individuals who self-reported any skin biopsy occurring between their time of transplant and the baseline questionnaire were considered potential SCSC cases. Review of pathology reports was conducted for those reporting a skin biopsy to identify incident, clinically confirmed SCSC cases.

Of the 196 confirmed cases of SCSC in the SCOT cohort, 172 (88%) were enrolled into a nested case-control study, and data for 170 of these cases were available for this analysis. Retrospective cohort members without an SCSC diagnosis between the time of transplant and the baseline questionnaire were eligible to be selected as controls. Controls were matched to cases on the following when possible: time between transplant and baseline questionnaire, organ transplanted (kidney, kidney/pancreas, heart), gender, age at transplant (+/- 5 years), year of transplant (+/- 2 years), transplant hospital, donor type (living vs. deceased), and race (white vs. non-white). Approximately 2 controls were selected for each SCSC case identified for a total of 337 controls recruited (81% participation rate). Data for 324 controls were available for this analysis.

Exposure Assessment

After enrollment into the nested case-control study, participants completed a more detailed, in-person interview that collected information on demographics, medical history, sun exposure, smoking, sexual history, family history of cancer, and medication use, including use of immunosuppressive transplant medications. Each participant detailed transplant medications taken between one year prior to the date of transplant and the date of the in-person interview. For all medication questions, duration of medication use was calculated using the reported age the medication was first taken and age the medication was stopped.

Since we focus on SCSC diagnosed after transplant and prior to the in-person interview, only medications used prior to the diagnosis of SCSC or the comparable reference date for matched controls were considered to be etiologically relevant and therefore included in the analysis. Additionally, only steroid use that was specifically noted as being transplant related was included in analyses. Both Myfortic (mycophenolate sodium) and Cellcept (mycophenolate mofetil) were categorized as mycophenolic acid (MPA), the active ingredient in both drugs. Cellcept users represented 93.7% of the MPA group.

Statistical Analyses

Multivariable conditional logistic regression, conditioning on the matched sets of cases and controls, was used to estimate odds ratios (OR) and 95% confidence intervals (CI) for the association between SCSC risk and use of immunosuppressive, transplant-related medications in the etiologically relevant time window. Due to the potential for residual confounding within 5-year age strata and inexact matching on transplant hospital, conditional logistic regression models included covariates for age at transplant (continuous value) and transplant hospital.

Associations between specific transplant-related medications and SCSC risk were investigated. Nearly every organ transplant recipient reported use of at least one transplant-related medication; primary odds ratios for individual medications compared participants whose medication use history included the specific medication versus participants whose medication use history did not include the specific medication, but included other medications. Finally, regression models were considered with restriction to the more severe outcome of multiple (2 or more) SCSCs diagnosed.

Results

Renal and renal/pancreas transplants were more common in this nested case-control study, and only 19% of the participants received a cardiac transplant. Despite matching in 5-year age intervals between cases and controls, cases tended to be older: 30.6% of individuals diagnosed with SCSC were 62 years of age at transplant, as compared to only 21.6% of individuals who did not develop SCSC. Cases were also more likely to have a family history of skin cancer (cases: 34.1%; controls: 21.3%) and to have a prior history of precancerous skin lesions (cases: 48.8%; controls: 24.7%). As expected, cases were also more likely than controls to self-report a skin type that severely burned and/or blistered after sun exposure (cases: 33.6%; controls: 21.8%). (Table 1)

Among the 494 OTRs included in this nested case-control study, the immunosuppressive medications used post-transplant most commonly included one of the nucleotide inhibitors (MPA: 67.2%; AZA: 7.5%), and one of the calcineurin inhibitors (tacrolimus: 46.4%; cyclosporine: 43.5%). Patterns of immunosuppressive, transplant-related medication use differed according to the year of transplant. Study participants whose transplant occurred in earlier years (1995–1998) were more likely to report use of AZA, cyclosporine, and steroids compared with participants transplanted in later years (2005–2008), who were more likely to be prescribed tacrolimus and MPA. (Figure 1) The average time between transplant and date of SCSC diagnosis among the cases was 8.6 years (SD=3.7 years; median=9.0 years). Both

cases and controls with a longer average time between transplant and diagnosis were more likely to report the use of drugs commonly prescribed in earlier years (i.e., AZA and cyclosporine). (Figure 2)

The first objective of this study was to determine whether MPA had the same cancer profile as AZA. We found that these agents were significantly associated with SCSC in opposite directions (Table 2). Participants with immunosuppressive medication regimens that included AZA were more than twice as likely to develop SCSC compared to participants who did not take AZA (OR=2.69; 95% CI 1.23–5.84), even after accounting for factors that influenced drug prescription patterns such as organ transplanted, transplant year, and transplant hospital. In contrast to AZA, participants reporting use of MPA had a lower risk of SCSC (OR=0.43; 95% CI 0.27–0.66). This lower likelihood of SCSC associated with prescription of MPA after transplant was present both when evaluating cases diagnosed in the first 5 years after transplant and cases diagnosed during prolonged post-transplant follow-up. (Figure 2)

Because the association between MPA and SCSC risk may simply reflect the inclusion of higher-risk AZA users in the referent group for non-MPA, we evaluated the association between MPA and SCSC risk restricted to non-AZA users (N=457). Non-AZA users reporting use of MPA (N=320) continued to have a substantially lower risk of SCSC (OR=0.48; 95% CI 0.30–0.78) compared to those not prescribed MPA (N=137), even after adjusting for tacrolimus use (OR=0.50; 0.31–0.81). Compared to MPA users, non-users reported substantially less use of calcineurin inhibitors (48.9% vs. 96.6%), but higher use of sirolimus (12.4% vs. 7.2%); however, sirolimus users in both groups was quite low (N=17 vs. N=23).

The second objective was to determine whether the choice of calcineurin inhibitor also impacted SCSC risk. Overall, reported tacrolimus use was associated with a non-significant lower SCSC risk (OR=0.68; 95% CI 0.44–1.05) compared to participants reporting no tacrolimus use. However, a direct comparison of study participants reporting use of tacrolimus but no cyclosporine to those reporting use of cyclosporine but no tacrolimus pointed to no difference in SCSC development according to calcineurin inhibitor choice (OR=1.02; 95% CI 0.55–1.89). The majority of tacrolimus users also reported use of MPA (75.1%); when restricting to these MPA users, we still observed no difference in SCSC risk in a direct comparison of tacrolimus versus cyclosporine (OR=0.90; 95% CI 0.38–2.14).

For other medications of interest, we observed no association with SCSC risk in our study population (sirolimus: OR=0.96; 95% CI 0.47–1.99, steroids: OR=0.95; 95% CI 0.62–1.46). We also examined effect estimates restricted to OTRs with a more severe outcome, diagnosis with multiple SCSC primaries (including both synchronous and metachronous primaries, Table 3). The effect estimate for MPA was similar for this more severe outcome (OR=0.50; 95% CI 0.28–0.90). AZA also remained statistically significantly associated with an altered risk of multiple SCSCs, with an over 3-fold increased risk of 2 SCSCs associated with the inclusion of AZA in the patient drug regimen (OR=5.17; 95% CI 1.54–17.3).

Discussion

We observed a difference in the risk of SCSC according to the type of transplant-related, immunosuppressive medication used. AZA, a UV-sensitizing DNA synthesis inhibitor initially introduced in the 1960's, was confirmed to be associated with more than twice the risk of developing SCSC. In a new finding, the anti-metabolite MPA was associated with a substantially lower risk of SCSC when compared with AZA. A transition in calcineurin inhibitors, from cyclosporine to tacrolimus over time was not associated with a significantly altered risk of SCSC in this study population.

Both AZA and cyclosporine are classified by the International Agency for Research on Cancer as group I carcinogens, but whether newer medication combinations impact skin cancer risk differently than these older drugs has received less attention. Our data suggest that the anti-metabolite prescribed is the most important transplant-related factor relating to skin cancer risk among OTR, with the historically elevated SCSC risk associated with AZA not observed among users of MPA. In contrast to AZA, use of MPA as the initial immunosuppressive therapy has not been consistently linked to increased skin cancer risk in kidney transplant recipients.(34, 36) Furthermore, our findings are consistent with three recent reports demonstrating a lower frequency of cancer in direct comparisons of MPA to AZA users.(35, 37, 40) One of these reports evaluated skin cancer as a distinct outcome from overall cancer, and as in this study, found that SCSC risk was associated with the choice of nucleotide inhibitor rather than calcineurin inhibitor.(37) Importantly, our report considers this association in the context of the clinical practice of multi-drug regimens and provides evidence that the inverse association of MPA with SCSC risk is independent of the prescription of maintenance calcineurin inhibitor therapy (i.e., tacrolimus).

We further considered the possibility that lower SCSC rates associated with MPA may be attributable not to a unique, protective effect of MPA but rather the fact that patients prescribed MPA are less likely to use AZA, a known carcinogen. In the SCOT study, only 16 of 374 MPA users (4.3%) reported AZA use. We found that even when restricting to OTRs without a history of AZA use, participants using MPA had a lower risk of SCSC than those not using this newer nucleotide inhibitor.

Although this is a biologically plausible finding considering laboratory data documenting anti-carcinogenic properties of the anti-metabolite,(41, 42) more sensitive data on MPA dose administered will be needed from future studies to convincingly demonstrate that MPA is in fact protective against SCSC rather than simply being less harmful than AZA. The amount of medication administered is important; previous work demonstrated elevated skin cancer risk at 3 years post-transplant among heart recipients associated with higher cumulative doses of total immunosuppressive medication.(43) If the conventional dose of administered drugs has substantially changed over time (i.e., lower doses of both nucleotide and calcineurin inhibitors), or if non-MPA users were receiving higher doses of other immunosuppressive medications, this may have contributed to lower rates of SCSC associated with regimens containing the newer anti-metabolite.

Among the non-MPA users, approximately half (48.9%) reported use of a calcineurin inhibitor, although whether dose was elevated to account for the lack of MPA use is unknown. This proportion of calcineurin inhibitor use was lower than the prevalence in the overall study population. Patients receiving neither nucleotide nor calcineurin inhibitors (i.e., not receiving a standard regimen) may have been different in ways that may have increased susceptibility to skin cancer development (i.e., poor drug reactions or serious co-morbidities).

Only a small proportion of the study participants, including non-MPA users, reported receipt of sirolimus (non-MPA users=12.4%; N=17), precluding further evaluation of this medication. Switching to sirolimus after receipt of previous immunosuppressive medications has been associated with a reduced risk of skin cancer progression and occurrence,(44, 45) although a recent population-based registry study reported no statistically significant reduction in skin cancer risk associated with reported sirolimus use.(46)

Comparisons of cyclosporine versus tacrolimus in recent years have not demonstrated consistent differences in skin cancer risk dependent upon which calcineurin inhibitor is included in an immunosuppressive regimen. Despite some evidence of a lower rate of both overall and skin cancer development in tacrolimus users compared to cyclosporine users,(16, 47) the majority of data suggest that there is no substantial difference in the cancer profile between these two drugs.(38, 48, 49) This makes sense in light of similar mechanisms of action between cyclosporine and tacrolimus.(50) This also agrees with our data, which found that SCSC risk did not differ according to whether a participant had a history that included use of either tacrolimus or cyclosporine, both overall and when restricting to OTRs using either calcineurin inhibitor in combination with MPA.

Taken together, our results indicate that neither of the newer medications (i.e., MPA or tacrolimus) is associated with the substantial increase in SCSC risk that was observed for older medications such as AZA. Recent time trend data provide some support for this assertion, with a lower cumulative risk of SCSC post-transplant observed in years during which MPA and tacrolimus use were common, compared to years characterized by AZA and cyclosporine use.(51) However, it cannot be ruled out that changes in the recommended immunosuppressive medication dose may have substantially changed over time and contributed to lower rates of SCSC in recent years, independent of which medication was prescribed.

Our study was able to match for factors likely to influence both post-transplant outcome and the length of treatment with immunosuppressive medications, including time since transplant, treatment hospital, transplant year, and organ type. Another strength of this study was the follow-up of all self-reported skin biopsies with confirmation of case reports through examination systematic centralized review of pathology reports. Limitations of the study should also be considered in the interpretation of our results. Cohort participants who failed to report receipt of skin biopsy, had clinically undiagnosed cancers, or who died prior to the start of study recruitment may represent misclassified non-cases, leading to attenuated risk estimates. Future studies should evaluate more sensitive measures of transplant medication use collected prospectively, including information on dosage from the pharmacy records, as

evidence of a dose-response relationship. This might lend plausibility to the finding in our study that MPA is associated with a decreased risk of SCSC.

Several of the immunosuppressive medications prescribed to transplant recipients impacted the development of skin cancer in this patient population. The transition from AZA to MPA was shown to be a beneficial one for transplant recipients, decreasing their risk of being diagnosed with SCSC. MPA can induce apoptosis of activated T-cells, decrease recruitment of leukocytes, and reduce tissue damage by reducing oxidation.(52) Our data suggest that patients on MPA and not exposed to AZA are at a reduced risk of SCSC. Larger prospective studies with additional follow-up are needed to establish if an excess risk of SCSC persists in OTR not exposed to AZA.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Abbreviations

SCOT	Skin Cancer after Organ Transplant
SCSC	squamous cell skin carcinoma
OTRs	organ transplant recipients
AZA	azathioprine
UV	ultraviolet
MPA	mycophenolic acid

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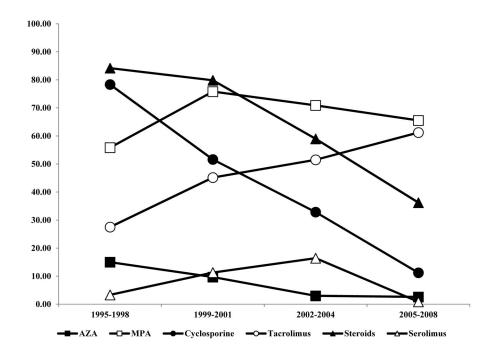


Figure 1.

Frequency of immunosuppressive medications in study participants, according to year of transplant

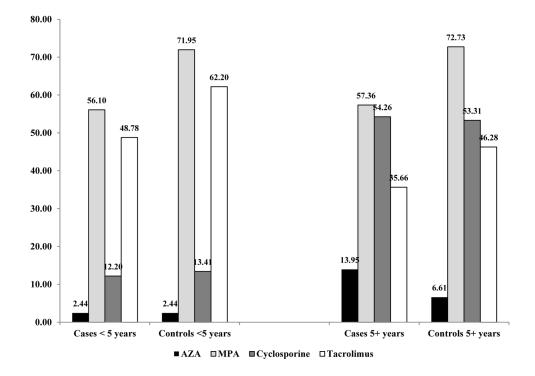


Figure 2.

Frequency of immunosuppressive medications in study participants, according to case status and time between transplant and diagnosis/reference

Table 1

SCOT Nested Case Control Study Population Characteristics, by Case Status

	Cases (n=170)		Matched ^a Controls (n=324	
	Ν	%	Ν	%
Organ Transplanted				
Renal Only	124	72.9	242	74.7
Cardiac	35	20.6	61	18.8
Renal/Pancreas	11	6.5	21	6.5
Age at Transplant				
48 years	39	22.9	89	27.5
49–54 years	43	25.3	79	24.4
55-61 years	36	21.2	86	26.5
62 years	52	30.6	70	21.6
Body Mass Index (kg/m ²)				
<25.0	66	38.8	119	36.7
25.0 - 29.9	76	44.7	139	42.9
30.0	28	16.5	66	20.4
Family History of Skin Cancer ^C				
No	112	65.9	255	78.7
Yes	58	34.1	69	21.3
Reported White or Caucasian Race				
No	8	4.7	39	12.0
Yes	162	95.3	285	88.0
History of Actinic or Solar Keratosis				
No	87	51.2	244	75.3
1	11	6.5	19	5.9
2-4	26	15.3	26	8.0
5–10	21	12.4	23	7.1
>10	25	14.7	12	3.7
Tendency to Sunburn after Initial Sun Expo	sure			
Severe Burn with Blistering	12	7.1	14	4.4
Painful Burn Followed by Peeling	45	26.5	56	17.4
Mild Burn Followed by degree of Tanning	87	51.2	163	50.6
Tan without any Sunburn	26	15.3	89	27.6
Skin Tone after Prolonged Sun Exposure				
Very Brown and Deeply Tanned	28	16.5	108	33.5
Moderately Tanned	79	46.5	135	41.9
Mildly Tanned, Tendency to Peel	49	28.8	62	19.3
Burned Only, Freckled, or no Tan	14	8.2	17	5.3
Donor Type ^b				
Living, Related	32	25.8	55	22.7
Living, Unrelated	26	21.0	44	18.2

	Cases (n=170)		Matched ^a Controls (n=324)	
	Ν	%	Ν	%
Deceased	66	53.2	143	59.1

^{*a*}Controls were matched to cases on the following: time between transplant and the baseline interview, organ transplant type (kidney, kidney/ pancreas, heart), gender, age at transplant (+/-5 years), year of transplant (+/-2 years), transplant hospital, donor type (living vs. deceased), and race (white vs. non-white)

^cNumbers and percentages reported out of patients with a renal transplant (n=398)

Table 2

Association between Immunosuppressive Medications and SCSC Risk

	Cases	Controls	OR	95% CI	
AZA					
No	151 (88.8)	306 (94.4)	1.00	Referent	
Yes	19 (11.2)	18 (5.6)	2.69	1.23-5.84	
MPA					
No	73 (42.9)	89 (27.5)	1.00	Referent	
Yes	97 (57.1)	235 (72.5)	0.43	0.27-0.66	
Cyclosporine					
No	95 (55.9)	184 (56.8)	1.00	Referent	
Yes	75 (44.1)	140 (43.2)	0.97	0.60-1.55	
Tacrolimus					
No	104 (61.2)	161 (49.7)	1.00	Referent	
Yes	66 (38.8)	163 (50.3)	0.68	0.44-1.05	
Sirolimus					
No	158 (92.9)	295 (91.1)	1.00	Referent	
Yes	12 (7.1)	29 (9.0)	0.96	0.47-1.99	
Steroid					
No	62 (36.5)	111 (34.3)	1.00	Referent	
Yes	108 (63.5)	213 (65.7)	0.95	0.62-1.46	

Odds Ratio Estimates are generated from conditional logistic regression models that condition on the matched sets and also included the following covariates: age at transplant and transplant hospital

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Table 3

Association between Immunosuppressive Medications and Risk of Multiple SCSC

	Cases with 2 SCSC	Controls	OR	95% CI
AZA				
No	78 (87.6)	306 (94.4)	1.00	Referent
Yes	11 (12.4)	18 (5.6)	5.17	1.54–17.3
MPA				
No	35 (39.3)	89 (27.5)	1.00	Referent
Yes	54 (60.7)	235 (72.5)	0.50	0.28-0.90
Cyclosp	oorine			
No	40 (44.9)	184 (56.8)	1.00	Referent
Yes	49 (55.1)	140 (43.2)	1.22	0.67–2.23
Tacroli	mus			
No	56 (62.9)	161 (49.7)	1.00	Referent
Yes	33 (37.1)	163 (50.3)	0.74	0.39–1.41

Odds Ratio Estimates are generated from conditional logistic regression models that condition on the matched sets and also included the following covariates: age at transplant and transplant hospital

Numbers and percentages for cases reported out of study participants with non-missing information on number of multiple SCSC (N=132)