A Genetic Variant Ameliorates β-Thalassemia Severity by Epigenetic-Mediated Elevation of Human Fetal Hemoglobin Expression

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A delayed fetal-to-adult hemoglobin (Hb) switch ameliorates the severity of β -thalassemia and sickle cell disease. The molecular mechanism underlying the epigenetic dysregulation of the switch is unclear. To explore the potential *cis*-variants responsible for the Hb switching, we systematically analyzed an 80-kb region spanning the β -globin cluster using capture-based next-generation sequencing of 1142 Chinese β -thalassemia persons and identified 31 fetal hemoglobin (HbF)-associated haplotypes of the selected 28 tag regulatory single-nucleotide polymorphisms (rSNPs) in seven linkage disequilibrium (LD) blocks. A Ly1 antibody reactive (LYAR)-binding motif disruptive rSNP rs368698783 (G/A) from LD block 5 in the proximal promoter of hemoglobin subunit gamma 1 (*HBG1*) was found to be a significant predictor for β -thalassemia clinical severity by epigenetic-mediated variant-dependent HbF elevation. We found this rSNP accounted for 41.6% of β -hemoglobinopathy individuals as an ameliorating factor in a total of 2,738 individuals from southern China and Thailand. We uncovered that the minor allele of the rSNP triggers the attenuation of LYAR and two repressive epigenetic regulators DNA methyltransferase 3 alpha (DNMT3A) and protein arginine methyltransferase 5 (PRMT5) from the *HBG* promoters, mediating allele-biased γ -globin elevation by facilitating demethylation of *HBG* core promoter CpG sites in erythroid progenitor cells from β -thalassemia persons. The present study demonstrates that this common rSNP in the proximal ^A γ -promoter is a major genetic modifier capable of ameliorating the severity of thalassemia major through the epigenetic-mediated regulation of the delayed fetal-to-adult Hb switch and provides potential targets for the treatment of β -hemoglobinopathy.

The human β -globin cluster, spanning a 70-kb region, is composed of five genes $(5'-\epsilon-\gamma^{G}-\gamma^{A}-\delta-\beta-3'; HBE$ [MIM 142100]-HBG2 [MIM 142250]-HBG1 [MIM 142200]-HBD [MIM 142000]-HBB [MIM 141900]) and a distal regulatory element known as the locus control region (LCR).¹ The clinical manifestations of β-thalassemia (MIM 613985) mainly depend on the mutation in the β -globin gene.² However, individuals with identical β-thalassemia genotypes can exhibit variable clinical severities.³ Several genetic modulators⁴⁻⁸ and *cis*-regulatory elements⁸⁻¹² involved in the regulation of human fetal hemoglobin (HbF), and concomitant α-thalassemia (MIM 604131) have been identified as ameliorators of β-thalassemia.¹³ These modifiers included HBG2: -158C>T (NC_ 000011.9: g.5276169G>A, rs7482144, or XmnI polymorphism) in the β -globin cluster identified to be linked to *HBG1*: +25G>A polymorphism (NC_000011.9: g.5271063C>T or rs368698783),^{12,14} and the master genes

involved in the regulation of fetal-to-adult hemoglobin (Hb) switching, including B cell CLL/lymphoma 11A (BCL11A [MIM 606557]),^{5,8,15} Kruppel-like factor 1 (KLF1 [MIM 600599]),^{6,15} and MYB (MIM 189990).^{7,15} Identifying regulators of Hb switching including these genetic variants could provide promising predictors of β-thalassemia severity and therapeutic targets for re-activating HbF production.^{15,16} The proposed modes of Hb switching based on current discoveries rely on various epigenetic and transcriptional regulatory factors that could have interacting roles in this developmental event.¹⁷⁻²⁰ Recently, leukemia/lymphoma-related factor encoded by zinc finger and BTB domain containing 7A (ZBTB7A [MIM 605878]) was identified as a regulator that represents an alternative mechanism independent of the γ -globin repressor BCL11A, as it can occupy γ -globin genes directly.²¹ Ly1 antibody reactive (LYAR, HGNC:26021) is a zinc finger transcription factor (TF) that modulates Hb switching by

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Table 1. Stepwise Cox Proportional Hazards Analysis for 1142 β -Thalassemia Individuals in Cohort C

Ameliorating alleles	р	Hazard Ratio	95% CI
KLF1 mutations	2.294×10^{-7}	0.219	0.123-0.389
<i>HBB</i> mutations (β^+)	3.286×10^{-48}	0.379	0.333-0.432
HBG1: rs368698783 (A)	3.029×10^{-14}	0.552	0.473-0.643
HBS1L-MYB: rs9399137 (C)	1.175×10^{-10}	0.710	0.640-0.788
HBA mutations	1.875×10^{-10}	0.713	0.643-0.791
BCL11A: rs4671393 (A)	1.830×10^{-5}	0.806	0.730-0.889

A backward stepwise Cox proportional hazards model in 1,142 β -thalassemia individuals in cohort C was conducted to evaluate the associations between putative ameliorating alleles and the age at first transfusion. The covariates were classified based on the number of copies of putative modifying allele. Motif-disrupting SNP rs368698783 alone with ten known modifiers (*HBB* mutations, *HBA* mutations, *KLF1* mutations, *HBS1L-MYB*: rs9399137, rs4895441, rs9402686, rs1427407; *BCL11A*: rs4671393, rs11886868, and rs766432) were included in the analysis. The discriminative ability of the model was high (Harrell's concordance index = 0.708, R² = 0.274). The performance of the model was measured by Harrell's concordance index by using the *Hmisc* and *rms* package in R version 3.3.1.

(β⁺): NM_000518(*HBB*_v001): c.-78A>G, NM_000518(*HBB*_v001): c.79G>A, NM_000518(*HBB*_v001): c.-79A>G, NM_000518(*HBB*_v001): c.315+5G>C, NM_000518(*HBB*_v001): c.-140C>T, NM_000518(*HBB*_v001): c.-81A>C, NM_000518(*HBB*_v001): c.92+5G>C.

HBA genotype categories are defined as (-α): NG_000006.1: g.34247_38050del, NC_000016.9: g.219817_(223755_224074)del; (-): NG_000006.1: g.26264_45564del19301, NG_000006.1: g.10664_ 44164del33501; (α^Tα): NM_000517.4(HBA2_v001): c.427T>C, NM_ 000517.4(HBA2_v001): c.369C>G, NM_000517.4(HBA2_v001): c.377T>C.

binding the γ -globin gene and epigenetically silencing HbF.²² However, the underlying mechanisms driving epigenetic regulation of Hb switching involved in ameliorating β -thalassemia severity are largely unclear.

To explore the potential genetic cis-variants that ameliorate β-thalassemia severity, we performed capture-based next generation sequencing (NGS) analysis of an 80-kb region spanning the β -globin cluster (Table S1) from the genomic DNA of 1142 Chinese β-thalassemia individuals (The procedures followed were accordance with the ethical standards of the responsible committee on human experimentation (institutional and national) and proper informed consent was obtained), and discovered 271 common single-nucleotide polymorphisms (SNPs, Minor allele frequency [MAF] > 0.01) in the cluster. Taking the HbF Z score as dependent variable in single SNP association study by Plink, we identified 107 out of 271 SNPs associated with the HbF levels with Bonferroni correction (p < 0.0002; Table S2). Furthermore, seven linkage disequilibrium (LD) blocks containing 163 out of 271 common SNPs were identified in the 80-kb region (Figure S1) and 28 from 163 SNPs were selected as tag SNPs ($r^2 = 0.5$ and p = 0.05) based on

Haploview and Plink program. Haplotype-based association analysis showed that 31 haplotypes of the selected 28 tag SNPs in 7 LD blocks significantly associated with HbF levels (p < 0.05; Table S3). Among these tag SNPs, rs368698783 (p = 5.03E-18) from LD block 5 was found embedded within a highly conserved hexanucleotide LYAR-binding motif in the proximal promoter of HBG1.^{14,22} To further validate the effect of this SNP on clinical severity of β-thalassemia persons, age at first blood transfusion was introduced as a dependent variable in Stepwise Cox proportional hazards analysis including SNP rs368698783, as well as β^+ -thalassemia mutations, hemoglobin subunit alpha (HBA [MIM 141800-141850]) defects and the known functional variants in KLF1, HBS1L-MYB (MIM 612450-189990) intergenic region and BCL11A, which had been verified previously in our cohort as ameliorating factors.⁶ The analysis showed that SNPs rs368698783 was identified as a critical variant of ameliorating factors (HR = 0.552, $p = 3.029 \times 10^{-14}$) after wellknown mutations at KLF1 and HBB in a ranking of Hazard ratio (Table 1). These results together with rs368698783 embedded within a highly conserved hexanucleotide LYAR-binding motif required for methylation-related γ -globin gene silencing as previously described,²² suggested that rs368698783-mediated epigenetic regulation of HbF elevation might be involved in the amelioration of β-thalassemia severity.

To evaluate the prevalence of rs368698783, the genotypes of this rSNP from NGS-analyzed 1,142 individuals, as well as another 1,596 consecutive individuals from two subpopulations determined by Sanger sequencing showed that the derived allele frequencies (DAFs) to be 0.089 and 0.789 for the Chinese and Thai participants, respectively (Figure S2), which are similar to those in previous reports (0.114-0.289) based on other ethnic subpopulations and confirmed the presence of a common allele.^{14,23} In 2,170 individuals from southern China, HBG1-rs368698783 (G/A) was highly linked with HBG2rs7482144 (C/T), except for 14 individuals with CT (HBG2)-GG (HBG1) combination genotypes of these two SNPs, which were almost completely linked in 568 homozygous hemoglobin E (HbEE) individuals from the Thai subpopulation with 31.7% for the heterozygous and 63.0% for the homozygous individuals (Figure S2). We also identified a total of 712 of 1,710 individuals with β-hemoglobinopathy who carried the A allele of rSNP rs368698783 and accounted for 41.6% of the individuals from the two subpopulations (Figure S2).

Effects of rs368698783 A allele on HbF levels examined from above two ethnic subpopulations showed that the genotypes GA and AA of *HBG1*-rs368698783 exhibited a significantly elevated level of HbF (p < 0.05) compared with the genotype GG in each of three cohorts from China (Figure 1A). The *HBG1*-rs368698783 AA genotype exhibited significantly elevated HbF levels compared with GA in thalassemia (cohorts B and C) and HbEE (cohort D) individuals, as well as in two unrelated Chinese



Figure 1. Ameliorating Effects of rs368698783 on β-Thalassemia Severity

(A) The effects of rs368698783 genotypes on the levels of HbF in peripheral red blood cells. Relative HbF level (GG%, g/L) determined as described⁶ from each of four cohorts (the numbers of samples for cohorts A = 513, B = 515, C = 1142 and D = 568, successively) are shown in columns (white, GG; gray, GA; black, AA) with standard errors indicated by bars.

(B) Relative *HBG* mRNA level in BM-derived CD235a⁺ erythroblasts from thalassemia individuals with the GG (n = 3), GA (n = 4), or AA (n = 2) genotypes at rs368698783 are quantified by qPCR ([$2^{-\Delta\Delta Ct}$, SYBR Premix Ex Taq [Takara, China]) with β -actin as a reference gene and shown in columns with standard errors indicated by bars.

(C and D) The effects of rs368698783 on the ratio of G_{γ}/A_{γ} mRNA (C) as described in Figure S5 and globin protein (D) as described in Figure S3 expression in peripheral blood. Open circles, GG; half-filled circles, GA; full-filled circles, AA. The red circles indicate individuals with the *HBG1*-rs368698783 GG and *HBG2*-rs7482144 CT genotype. The numbers of samples for each genotype are as follows: in B: GG = 9 and GA = 5 in cohort A; GG = 7, GA = 12 and AA = 2 in cohort B; GG = 11, GA = 10 and AA = 3 in cohort C; in C: GG = 9, GA = 9 and AA = 7 in cohort C. Solid lines represent as the mean \pm SEM.

(E) Measurements of allelic ratios in the peripheral blood of non-thalassemia controls ($\beta^N/\beta^N = 5$), thalassemia carriers ($\beta^M/\beta^N = 12$) and thalassemia persons ($\beta^M/\beta^M = 10$) as described in Figure S5. Data are represented as the mean \pm SEM from three independent experiments with triplication. *p < 0.05, **p < 0.01, ***p < 0.001 based on the Mann-Whitney *U* test (A) or the *T*-test (B–E). The genotype of β^N/β^N represents the normal *HBB* genotype for non-thalassemia controls, β^N/β^M (β^M representing β^0 or β^+ genotype in *HBB* as illustrated in Table 1 legend) for β -thalassemia carriers, and β^M/β^M for β -thalassemia persons.

families with β -thalassemia intermedia (Figure S3 and Table S4). Moreover, the genotypes AA and GA of HBG1-rs368698783 exhibited a significantly elevated *HBG* mRNA level (p < 0.05) compared with the genotype GG in bone marrow (BM)-derived CD235a⁺ ervthroblasts from the individuals with β -thalassemia (Figure 1B). Univariate analysis after correction for HBB, HBA, KLF1, BCL11A, and HBS1L-MYB genotypes demonstrated that variant HBG1-rs368698783 could act as a modifier associated with elevated levels of HbF in β -thalassemia (p = 7.79×10^{-10}) and HbEE (p = 1.34×10^{-7}) and could ameliorate the severity of β -thalassemia in age at onset $(p = 3.82 \times 10^{-10})$ and transfusion requirements (p =1.44 × 10⁻⁹) and reduce the risk of developing β -thalassemia major (p = 9.17×10^{-18} ; Table 2, S5–S8). Moreover, AA (p = 0.002) or GA (p < 0.001) genotypes had significantly increased age at first transfusion with β-thalassemia according to the Kaplan-Meier log-rank test (Figure S4).

We also observed that the A allele significantly increased the ${}^G\gamma/{}^A\gamma$ ratio through an increase in the production of γ -globin mRNA (Figure 1C) and peptide (Figure 1D), as well as allele-biased RNA expression in β -thalassemia individuals (β^M/β^M) with an A/G allelic ratio of 2.4 compared with non-thalassemic controls (β^N/β^N) or β -thalassemic traits (β^M/β^N) with an A/G allelic ratio of 1.1 (Figures 1E and S5). This evidence supports that the HbF level in β -thalassemia major is elevated by a variant-dependent activation of the γ -globin gene with an increasing ${}^G\gamma/{}^A\gamma$ ratio expression.

To explore whether the presence of rs368698783-A in β -thalassemia disrupts the LYAR-binding motif (GGTTAT) in the *HBG1* promoter and can induce demethylationmediated γ -globin elevation, we examined the relationship of the methylation levels of *HBE1*, *HBG*, *HBD*, and *HBB* loci in BM-derived CD235a⁺ erythroblasts from ten β^0/β^0 -thalassemic subjects (GG = 4, GA = 3 and AA = 3)

Table 2. Univariate Analysis of HBG1-rs368698783 in 581 eta -Thalassemia and 386 HbEE Individuals						
Characteristics	rs368698783	rs368698783				
β^{M}/β^{M} Cohort ^a	GG (n = 500)	GA (n = 77)	AA (n = 4)			
Gender (Male: Female)	326:174	48:29	2:2	0.733		
Age of onset (months), median (5th-95th percentile)	6 (2.0-19.9)	12 (2.0-36.0)	30 (24.0-42.0)	3.82×10^{-10}		
Hb (g/L) ^c	73.35 ± 22.82	73.74 ± 21.62	69.50 ± 21.42^{e}	0.891		
HbF (g/L) ^d	9.14 ± 11.11	17.65 ± 16.57	37.52 ± 24.03	7.79×10^{-10}		
Requirement for systematic transfusion (No.)	479 (95.8%)	62 (80.5%)	2 (50.0%)	1.44×10^{-9}		
Category of anemia (No.) TI: TM	60:440	38:39	3:1	9.17×10^{-18}		
HbEE Cohort ^b	GG (n = 24)	GA (n = 128)	AA (n = 234)			
Gender (Male: Female)	8:16	49:79	114:120	0.086		
Hb (g/L)	118.83 ± 16.30	113.87 ± 13.80	115.82 ± 13.98	0.075		
HbE (g/L)	107.35 ± 16.86	103.44 ± 16.24	104.01 ± 16.05	0.499		
HbF (g/L)	$4.12~\pm~4.45$	$5.14~\pm~4.99$	8.41 ± 6.24	1.34×10^{-7}		

Univariate analysis was conducted according to our previous operation.⁶

^aThe individuals with the similar genetic variants of β^{0}/β^{0} , $\alpha\alpha/\alpha\alpha$, *KLF1* (WT), *BCL11A*-rs766432 (AA or AC), and *HBS1L-MYB*- rs9399137 (TT or CT) in β^{M}/β^{M} thal-assemia cohort.

^bThe individuals with the similar genetic variants of αα/αα, KLF1 (WT), BCL11A-rs4671393 (GG or GA), HBS1L-MYB-rs4895441 (AA or AG), and HBS1L-MYB-rs9399137 (TT or TC) in HbEE cohort.

^cHemoglobin levels were untransfused or pre-transfusion data.

^dHbF (g/L) was calculated from total Hb level and HbF (%).

^eLower hemoglobin levels in the individuals with the genotype of AA were most likely to be correlated with low frequency of transfusion. The odds ratio (95% CI) of requirement for systematic transfusion was 0.181 (0.089-0.370, $p = 1.16 \times 10^{-5}$) between the GA group and the GG group, 0.044 (0.006-0.327, p = 0.011) between the AA group and the GG group. The odds ratio (95% CI) of TI diagnosis was 0.140 (0.083-0.236, $p = 4.47 \times 10^{-16}$) between the GA group and the GG group.

with respect to their genotypes (Figures 2A, S6, and S7). Participants with the AA genotype of *HBG1*-rs368698783 exhibited significant hypomethylation at CpG site positions -53, -50, +6, +17, and +50 in the *HBG* promoter regions compared with the GG genotypes (Figure 2A). Additionally, individuals with higher levels of HbF (> 90 g/L) exhibited significant hypomethylation at the *HBG* promoters than individuals with lower levels of HbF (< 5 g/L, Figure S7). This result demonstrated a motif-disrupting variant in *HBG1* involved in the demethylation-mediated elevation of γ -globin expression.

To further examine the fine CpG methylation patterns in the proximal promoters of HBG2 and HBG1, we performed DNA methylation analysis of the two probands from two Chinese families (Figure S3 and Table S4) using CD235a⁺ BM-derived erythroblasts, and the AA genotype displayed different degrees of hypomethylation at the six CpG sites flanking the TSS in both HBG2 and HBG1 (-162 to +50) compared with the two distinct GG genotype controls (Figure 2B). This finding was further validated using the BS-seq method (Figure S8). These results suggested that the T allele of the HBG2-rs7482144 polymorphism alone could not reduce the levels of methylation in both *HBG* promoters and that the *HBG1* promoter exhibited a higher level of methylation in this case. Thus, these results further indicated rs368698783-mediated hypomethylation responsible for efficient HbF elevation.

To test the de-repression of LYAR due to a motif-disrupting variant, we constructed a dual luciferase reporter gene containing DNase hypersensitive site 4 (HS4) and the full length of HBG1 and HBG2 promoters with wild-type or mutant allele at the two rSNP sites to evaluate the role of variant HBG1-rs368698783 alone and its combined effect with HBG2-rs7482144 in regulation of HBG transcriptional activity (Figure 3A). When transfected into K562 cells, the HBG1-rs368698783 mutant (Ay+25MT) combined either with the HBG2-rs7482144 wild-type (Gγ-158WT) reporter or with the HBG2-rs7482144 mutant reporter had significantly increased promoter activity compared to the wild-type of both promoters or the HBG2rs7482144 mutant-type alone (Figure 3B). When induced by transiently expressed LYAR, decreased endogenous HBG mRNA expression in K562 cells was also observed (Figure 3C), supporting the hypothesis that the motif-disrupting variant HBG1-rs368698783 led to the de-repression of γ -promoter activity via diminished binding activity of LYAR. Moreover, the results shown in Figure 3B indicated that both HBG promoters were obviously upregulated in the presence of this motif-disrupting variant, suggesting effect of HBG1-rs368698783A on the activation of γ -globin expression. This is consistent with the observation that the HBG2-rs7482144 polymorphism alone exhibited the lowest level of *HBG* expression in both RNA and protein production (Figures 1C and 1D), as well as hypomethylation can be dominated by rs368698783 rather than rs7482144 (Figure 2B).

We then used electrophoretic mobility shift assay (EMSA) with a 24-bp probe corresponding to the sequence





(A) The effects of the rs368698783 genotype on CpG methylation at *HBG* and *HBB* loci using CD235a⁺ BM-derived erythroblasts from ten β^0/β^0 thalassemia individuals (GG = 4, GA = 3, and AA = 3). The broken-line boxes represent the analyzed region compassing CpG methylation sites on the top diagram and their enlarged graphs depict the distribution of these sites, with indicated by black arrows. The boxed GGTTAT sequence indicates the LYAR-binding motif. The mean methylation frequencies are shown in column (white, GG; gray, GA; black, AA) with standard error indicated by bars. *p < 0.05, **p < 0.01, ***p < 0.001 based on the *T*-test. (B) The effects of two combined SNPs, *HBG2*-rs7482144 (C/T, black arrow), and *HBG1*-rs368698783 (G/A, red arrow), on *HBG* promoter

(B) The effects of two combined SNPs, *HBG2*-rs7482144 (C/T, black arrow), and *HBG1*-rs368698783 (G/A, red arrow), on *HBG* promoter methylation. Sequence variations of four individuals with the genotypes of TT-AA, CT-GA, CC-GG, or CT-GG at the two SNPs are shown in the middle of the sequencing chromatograph, and their relationships with *HBG* methylation levels obtained from BM-derived CD235a⁺ erythroblasts of individuals are shown at the bottom. Each row within a group represents a single bisulfite-treated clone with methylated CpGs (\bigcirc) or unmethylated CpGs (\bigcirc) from the G or A alleles of *HBG1*-rs368698783. See the Figures S6–S8 for the detailed procedures of methylation analysis.

flanking rSNP to test whether variant *HBG1*-rs368698783 could affect the binding activity of LYAR on the *HBG* promoters. We observed a significant LYAR-binding band, which could be easily competed with a cold wild-type probe but only weakly with a cold mutant probe using K562 cell nuclear extracts (Figure 3D) and LYAR expressed by TNT®Quik Coupled Transcription/Translation Systems (Figure S9), confirming that allele A in the mutant probe weakened the LYAR binding activity. Moreover, the indicated binding band was super-shifted by the addition of LYAR antibody in the gel-shift assay (Figure 3E). These

results indicated that alterations in the DNA sequence containing the GGTTAT motif affect the binding of the LYAR-containing complex to the *HBG* promoters, which might directly influence the interactions between LYAR and epigenetic regulators that are required for γ -globin gene silencing.

To ascertain whether epigenetic regulators displayed rs368698783 allelic-biased enrichment at the *HBG* promoters, we used chromatin immunoprecipitation (ChIP) assays to analyze the interactions between the reported epigenetic regulators^{24,25} and specific *HBG* promoter



Figure 3. rs368698783-Mediated HBG1 Transcriptional Activation in K562 Cells

(A) Schematic representation of a Renilla luciferase (R Luc) reporter driven by the *HBG2* promoter containing either the C allele (wild-type, $G\gamma$ -158WT) or the T allele (mutant, $G\gamma$ -158MT) of rs7482144 and a firefly luciferase (F Luc) reporter driven by the *HBG1* promoter containing either the G allele (wild-type, $A\gamma$ +25WT) or the A allele (mutant, $A\gamma$ +25MT) of rs36869783. HS4 represents DNase hypersensitive site 4.

(B) Relative dual luciferase activities were measured using a Wallac Victor V 1420 Multilabel Counter (PerkinElmer, USA) 30 hr after K562 cells were transfected with four genotypes of the *HBG2* and *HBG1* promoters using the 4D-Nucleofector System (Lonza, Switzerland). The data from three independent experiments with triplications are shown in columns (white, $G\gamma$; black, $A\gamma$) and standard errors indicated by bars. The $A\gamma$ +25 MT promoter combined either with the $G\gamma$ -158 WT reporter or with the $G\gamma$ -158 MT reporter had significantly increased promoter activity compared to the WT of both promoters shown with two or three asterisks (*). The promoter activity for the $A\gamma$ +25 WT promoter combined with the $G\gamma$ -158 MT reporter significant different from the $A\gamma$ +25 MT promoter was shown by asterisk above the indicated comparison. *p < 0.05, **p < 0.01, ***p < 0.001 based on the *T*-test.

(C) Endogenous *HBG* mRNA expression in K562 cells co-transfected with (+) or without (–) the recombinant LYAR (rLYAR) cloned in the pcDNA 3.1 vector at the *Xho*I and *Bam*HI sites were quantified by SYBR Premix Ex Taq (Takara) with β -actin as a reference gene. The data from three independent experiments with triplications are shown in columns and standard errors indicated by bars. *p < 0.05 based on the *T*-test.

(D) EMSA competition analysis with the indicated amounts (10-, 30-, or 90-fold molar excess) of cold wild-type or mutant competitors in K562 nuclear extract. Relative intensity of binding complex from three-independent experiments are shown in columns with standard errors indicated by bars and significant differences are marked by p value from the *T*-test above the indicated comparison (upper panel). DNA binding complex bands and a free-probe band are indicated by arrows and sequences of probes are shown at the bottom (lower panel).

(E) The gel super shift assay of K562 nuclear extracts with (+) or without (-) the anti-LYAR antibody. The super-shifted band is indicated.

regions containing rSNP using $CD235a^+$ erythroblasts from β -thalassemia individuals. When the input DNA was normalized to contain equivalent amounts of both alleles for the individuals with the AA genotype (50% A-allele from *HBG1* and 50% G-allele from *HBG2*, horizontal dashed line in Figure 4A), LYAR (44% A-allele, p = 0.008), DNA methyltransferases 3A (DNMT3A [MIM 602769]), 39%, p = 0.005), and protein arginine methyltransferase 5 (PRMT5 [MIM 604045]), 33%, p = 0.022) enrichments were less frequent, binding to the A- than G-alleles of rs368698783. Additionally, LYAR (p = 0.022) and DNMT3A (p = 0.035) displayed different recruitments in erythroblasts of the *HBG1*-rs368698783 AA individuals from the GG individuals (Figure 4B). Furthermore, we observed an elevated *HBG* mRNA level (Figure 4C) accompanied by the hypomethylation at CpG site positions



Figure 4. Epigenetic Regulation of HBG Transcription in β -Thalassemia Primary Cells

(A) ChIP analysis of the CD235a⁺ erythroblasts of three β^M/β^M thalassemia individuals (red-, black-, and blue-filled circles) with the AA genotype for the A-allele in the HBG1 and the G-allele in the HBG2 at rs368698783 using EZ-ChIP kit (Upstate, USA). Three antibodies against LYAR (home-made),²² DNMT3A (Abcam, USA) or PRMT5 (Sigma-Aldrich, USA) used in this assay are indicated at the bottom. Because of highly similarity in promoter sequences between HBG1 and HBG2 in the PCR amplification region, qPCR products from ChIP-DNAs are the mixtures of the HBG1 and HBG2 promoter, and the A/G ratio of Input DNA is 1 for the AA HBG1rs368698783 subject with 50% A-allele from HBG1 and 50% G-allele from HBG2. Abundance of the rs368698783 A-allele in the qPCR products containing a heterozygous A/G mixture from both HBG1 and HBG2 DNA was quantified by two TaqMan probes, one for G allele labeled with FAMdye and another for A allele labeled with HEX-dye, in each reaction after the input

DNA was normalized to contain equivalent amounts of both alleles (50% A-allele, horizontal dashed line). The data are shown as the mean \pm SEM from two independent experiments (same color circles) with duplication. The p values compared to the input DNA were obtained from the *T*-test.

(B) ChIP analysis of the CD235a⁺ erythroblasts of two β^{M}/β^{M} thalassemia individuals with the GG genotype (white column) or the AA genotype (black column) of the *HBG1*-rs368698783. Enrichment of *HBG* promoter in the PCR products containing *HBG1* and *HBG2* from ChIP assay using anti-LYAR or anti-DNMT3A antibodies was quantified by qPCR with a TaqMan probe and a pair of primers targeting the common region of *HBG1* and *HBG2* promoter and *GAPDH* promoter as a reference gene. The data are shown as the mean \pm SEM from two independent experiments with duplication. The p values between the indicated group were obtained from *T*-test. (C) qPCR analysis of *HBG* and *LYAR* mRNA levels normalized to β -actin mRNA from LYAR-knockdown (LYAR-KD, black column) or negative scrambled control (Scr, white column) erythroid progenitor cells from β -thalassemia individuals. The data are shown as the mean \pm SEM from two independent experiments with duplication. The p values between the indicated group were obtained from *T*-test. (D) Methylation levels of *HBG* promoter in the LYAR-KD (black column) relative to the Scr (white column) erythroid progenitor cells from β -thalassemia individuals. The mean methylation lavels of each of six CnG sites obtained by RS seq method are shown in column

from β -thalassemia individuals. The mean methylation levels of each of six CpG sites obtained by BS-seq method are shown in column with standard error indicated by bars. The p values between the indicated group were obtained from *T*-test. The procedure for LYAR-KD in the cultured erythroid progenitor cells was shown in Figure S8 legend.

-162, -53, and -50 in the *HBG* promoter regions (Figure 4D) in the LYAR knockdown erythroid progenitor cultured cells from BM of β-thalassemia individuals. These results demonstrate that the presence of the rs368698783 A-allele triggers the attenuation of LYAR and two repressive epigenetic regulators DNMT3A and PRMT5 from the *HBG* promoters, thereby resulting in demethylation-mediated elevation of γ -globin expression.

In summary, we found a batch of HbF-associated genetic variants including haplotypes and SNPs from 1,142 Chinese β -thalassemia individuals by systematical analysis of an 80-kb region spanning the β -globin cluster based on NGS method. Then a common rSNP rs368698783, a LYAR-binding motif-disruptive SNP located in the *HBG1* proximal promoter, was found to be a significant predictor of clinical severity by elevating HbF levels in β -thalassemia. Furthermore, univariate analysis using a matched case-controls and transfusion-free survival curve analysis, supported rs368698783 accounting for 41.6% of β -hemoglobinopathy individuals as an ameliorating factor for the clinical severity of β -thalassemia phenotype. Finally, we uncovered

that the minor allele of the rSNP impairs the LYAR-binding activity and triggers the attenuation of repressive epigenetic regulators DNMT3A and PRMT5 from the *HBG* core promoter resulting in the demethylation of the promoter CpG sites and the elevation of γ -globin gene expression in erythroid progenitor cells from β -thalassemia individuals. In conclusion, this finding delineates the mechanism insights gained from the epigenetic regulation of the fetalto-adult hemoglobin switch, which is driven by the rSNP rs368698783 in the *HBG1* proximal promoter highly linked with another mechanism-unidentified well-known rSNP rs7482144 in the *HBG2* proximal promoter, expands our knowledge of Hb switch regulation from theoretical and practical points of views and provides potential targets for the treatment of β -hemoglobinopathy.

Supplemental Data

Supplemental Data include nine figures and nine tables and can be found with this article online at http://dx.doi.org/10.1016/j.ajhg. 2017.05.012.

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Web Resources

The URLs for data presented herein are as follows:

HUGO Gene Nomenclature Committee, http://www. genenames.org/

Mutalyzer, https://mutalyzer.nl/index

NCBI SNP, https://www.ncbi.nlm.nih.gov/snp/

OMIM, http://www.omim.org/

R statistical software, the *Hmisc* and *rms* package, http://www. r-project.org/

Sequence Variant Nomenclature, http://varnomen.hgvs.org/

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