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A Population-Based Comparative Effectiveness Study of Chemoradiation Regimens and Sequences in Stage III Non-Small Cell Lung Cancer

Jeremy P. Harris, MD MPhila, **Manali I. Patel, MD MPH**b, **Billy W Loo, MD PhD**a,c , **Heather A.** Wakelee, MD^{b,c}, and Maximilian Diehn, MD PhD^{a,c,d}

^aDepartment of Radiation Oncology, Stanford University School of Medicine, 875 Blake Wilbur Dr, MC 5847, Stanford, CA 94305

bDivision of Oncology, Department of Medicine, Stanford University School of Medicine, 269 Campus Dr, Stanford, CA 94305

^cStanford Cancer Institute, 265 Campus Drive, Ste G2103, Stanford, CA 94305

dInstitute for Stem Cell Biology and Regenerative Medicine, 265 Campus Drive, 3rd Floor Stanford, CA 94305

Abstract

Objectives—In patients receiving concurrent chemoradiation for locally advanced non-small cell lung cancer (NSCLC), consolidation chemotherapy is frequently given even though several randomized trials have failed to show a benefit. We explored the potential benefits of consolidation chemotherapy using a population-based comparative effectiveness approach.

Materials and Methods—Surveillance, Epidemiology, and End Results-Medicare was used to identify patients with Stage III NSCLC aged 65 and diagnosed 2002–2009. We selected patients who received concurrent chemoradiotherapy and determined whether they were (concurrentconsolidation) or were not (concurrent-alone) treated with consolidation chemotherapy. Outcomes were overall and cancer specific survival using a conditional landmark analysis approach.

Results—1,688 patients treated with concurrent-alone or concurrent-consolidation were identified with a median follow up of 29 months. Choice of chemotherapy agents did not correlate with outcome. For concurrent-consolidation versus concurrent-alone, the median overall survival was 21 months versus 18 months, respectively (log -rank $p = 0.008$) and the median cancer specific survival was 23 months versus 19 months, respectively (log-rank $p = 0.03$). On multivariate

Conflict of interest

Corresponding Author: Maximilian Diehn M.D. Ph.D., Department of Radiation Oncology, Stanford Cancer Institute, and Institute for Stem Cell Biology & Regenerative Medicine, Stanford University School of Medicine, diehn@Stanford.edu, Phone: (650) 721-1550, Fax: (650) 725-8231, Address: Radiation Oncology, 875 Blake Wilbur Dr., MC 5847, Stanford, CA 94305.

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analysis, concurrent-consolidation remained associated with improved overall survival (HR 0.85, p $= 0.04$), and there was a trend for improved cancer specific survival (HR 0.87, p = 0.12). Inverse probability of treatment weighting using propensity scores demonstrated similar findings. Importantly, the benefit of concurrent-consolidation held only for patients treated with carboplatintaxane but not with cisplatin-etoposide.

Conclusion—Survival outcomes were similar among the five most commonly employed platinum-based doublets. We found that patients receiving cisplatin during radiation do not appear to benefit from additional chemotherapy. However, for patients receiving carboplatin, consolidation chemotherapy was associated with improved overall and cancer specific survival.

Keywords

Non-Small Cell Lung Cancer; Chemoradiation; Comparative Effectiveness Research; Platinum-Doublet Chemotherapy; SEER-Medicare

1. Introduction

For locally advanced non-small-cell lung cancer (NSCLC) patients (i.e. stage IIIA/B), combined modality therapy (chemoradiation) is generally recommended [1]. Studies repeatedly demonstrated the benefit of chemotherapy over radiation alone, as well as the benefit of using a platinum-based agent, typically with a second agent, termed "platinumbased doublet therapy" [1–3]. Chemotherapy can be given in various sequences: before radiation (sequential), during radiation (concurrent-alone), before and during radiation (induction-concurrent), or during and after radiation (concurrent-consolidation). As for radiation therapy, generally treatment is 60–66 Gy in 2 Gy fractions, although hyperfractionated or accelerated courses are also being studied [4].

Controversies remain regarding the optimal choice for the sequence of chemotherapy [1, 5, 6]. Although there are randomized trials showing a lack of efficacy with consolidation after cisplatin-based chemotherapy [7–9], there are no randomized trials studying consolidation after carboplatin-based chemotherapy. Rather, evidence for consolidation after carboplatinbased chemotherapy has been limited to single-arm trials [10]. Using SEER-Medicare, we studied the use of platinum-based doublet therapies as well as chemoradiation sequences among elderly patients in the US.

2. Material and Methods

2.1 Patient Selection

Patients diagnosed with NSCLC from January 2002 to December 2009 were identified using Surveillance, Epidemiology, and End Results (SEER)-Medicare. SEER-Medicare is a linked dataset maintained by the National Cancer Institute and contains data from 17 registries accounting for approximately 28% of the US population [11]. The dataset contains demographic, clinical, pathological, outcomes, and Medicare insurance claims data [12]. Follow up was through December 2010.

The cohort included patients aged 65 with pathologically confirmed stage IIIA/B NSCLC. Staging was according to the 3rd edition of the AJCC, as only patients diagnosed since 2004 had documented TNM data [13]. Patients with a malignant pleural effusion were excluded, as they are now classified as stage IV. Patients must have been enrolled in Medicare Parts A and B for 12 months prior to diagnosis until death or censoring, and were excluded for enrollment in a health maintenance organization to ensure Medicare claims completeness and characterize pre-diagnosis comorbidities. Patients with an invalid diagnosis date or who were diagnosed at death were excluded.

2.2 Chemoradiation Definition and Associated Variables

Medicare billing claims were used to determine treatment with chemoradiation within 3 months of diagnosis and to exclude patients with prior resection. Radiation therapy (RT) was categorized as treatment with either intensity modulated (IMRT) or 3D-conformal (3D-CRT) radiation therapy, and required 30–40 daily treatment claims (Supplemental Table 1) [14]. RT facility was categorized as a freestanding center, hospital-based NCI center, or hospitalbased non-NCI center. Radiation oncologist density was categorized by quartile, and was determined from the Area Health Resources Files (AHRF) [15]. In the AHRF, regions are divided into health service areas, which are defined as one or more counties with selfcontained resources for routine hospital care [16].

Chemotherapy was restricted to platinum-based doublet therapy (carboplatin or cisplatin). The second chemotherapy agent that made up the doublet therapy must have started no more than 1 week from the start of the platinum agent (Supplemental Table 1). Sequential was defined as radiation starting 8–45 days after the end of chemotherapy. Concurrent-alone was chemotherapy and radiation starting and ending within 2 weeks of each other. Inductionconcurrent was chemotherapy starting more than 2 weeks prior to radiation (but not more than 3 months). Concurrent-consolidation was chemotherapy continuing for more than 2 weeks after radiation, but the next cycle after radiation must have been within 45 days of completion of radiation, and could include starting a new regimen. Similar methods have previously been used to define chemoradiation sequences [17–19].

2.3 Patient Demographic, Clinical, and Diagnostic Variables

Using SEER data, patient demographic data were classified by age, sex, race, marital status, urban setting, area educational attainment (4 years of college), and area median income. Geographic area was categorized into West, Midwest, South, and Northeast based on SEER registry. Clinical data were classified by histology, tumor size, and nodal involvement. Using Medicare claims from 12 months prior to diagnosis, a modified Charlson-Deyo comorbidity index and COPD status were determined [20, 21]. Oxygen use was determined from home oxygen supply claims. A proxy performance score (PS) was determined to indicate overall health [14, 22]. PS included hospitalization, skilled nursing or long-term care stay, home health use, and claims for ambulation assistance equipment, bedside commode, or hospital bed.

Diagnostic workup for 3 months before treatment was determined, and included performance of PET, brain imaging, and invasive mediastinal staging. Brain imaging

included magnetic resonance (MRI) and computed tomography (CT). Invasive mediastinal staging included video-assisted thoracoscopic surgery (VATS) mediastinal biopsy, bronchoscopy with nodal biopsy, mediastinoscopy, and mediastinotomy.

2.4 Statistical Analysis

The cohort consisted of the five most commonly used platinum-based doublet agents. Patient treatment was grouped according to 1) chemotherapy agents used (chemoradiation regimen) and 2) chemoradiation sequence. Differences between chemoradiation sequences were assessed using χ^2 tests and Kruskal-Wallis tests. To compare outcomes among patients treated with concurrent-alone or concurrent consolidation, the Kaplan-Meier (KM) method was used to estimate overall survival (OS) and cancer specific survival (CSS). For OS, censoring was at last follow-up, and for CSS non-cancer associated deaths were also censored. Differences in OS and CSS between chemoradiation regimens and sequences were compared with log-rank tests. Multivariate Cox models were adjusted for demographic, clinical, and treatment confounders. Carboplatin-paclitaxel and concurrent-alone were used as references. To account for cases with missing marital status, tumor size, nodal status, or radiation oncologist density, we used multiple imputations with fully conditional specification (20 imputations). Multivariate logistic regressions were used for imputation conditional on all other clinical, demographic, and treatment-related variables in addition to outcome (OS). A secondary complete case analysis was performed.

All patients in the concurrent-consolidation group must have survived long enough to receive additional chemotherapy. To account for this guarantee-time bias, a conditional landmark analysis was used. Only patients surviving more than 45 days after completion of radiation were included. A sensitivity analysis was done using an extended multivariate Cox regression model comparing concurrent-alone to concurrent-consolidation. For this analysis, the chemoradiation sequence was considered a time-varying covariate where patients could enter the concurrent-consolidation group only after completion of radiation. The proportional hazards assumption was evaluated using log-log plots and a time-interaction variable. When this assumption was violated, we used Royston-Parmar flexible parametric models [23]. Model fit was determined using the likelihood ratio.

To adjust for selection bias between patients receiving concurrent-alone and concurrentconsolidation, an inverse probability of treatment weighting (IPTW) analysis was done using propensity scores. A multivariate logistic regression was used to determine the probability of treatment with concurrent-consolidation, conditional on all demographic, clinical, and treatment characteristics. Then a multivariate Cox model was performed with weighting by the inverse of the probability of the treatment received. Subgroup analyses were done with the IPTW method for patients receiving 1) carboplatin-taxane and 2) cisplatin-etoposide. A benefit to concurrent-consolidation was observed with the carboplatin-taxane group only, and so we calculated the power to show the same benefit for the cisplatin-etoposide group [24]. To account for the impact of PET staging, a sensitivity analysis using the IPTW method was performed limited to patients whose workup included PET.

Statistical significance was set at 0.05, and all tests were two-tailed. To adjust for multiple hypotheses comparisons, the method of Benjamini-Hochberg was used [25]. Statistical tests

were performed using SAS (version 9.3, SAS, Cary, North Carolina) and R (version 3.0.2, R Foundation for Statistical Computing, Vienna, Austria).

3. Results

We identified patients with stage III NSCLC diagnosed 2002–2009 who were treated with a platinum-based doublet therapy and radiation (Figure 1). The five most common chemoradiation regimens were: carboplatin-paclitaxel (1,423 patients), cisplatin-etoposide (242 patients), carboplatin-docetaxel (186 patients), carboplatin-etoposide (59 patients), and carboplatin-gemcitabine (33 patients). From 2002 to 2009 cisplatin-etoposide increased from 8% to 17% (Figure 2). The chemoradiation sequences were: concurrent-consolidation (896 patients), concurrent-alone (792 patients), induction-concurrent (140 patients), and sequential (115 patients). During the study period, sequential decreased from 14% to 3% and concurrent-consolidation increased from 35% to 45% (Figure 2). When concurrentconsolidation was given, 176 patients (20%) started a new chemotherapy regimen. The most common new regimen was docetaxel (129 patients) (Supplemental Table 2).

Since they were the most commonly employed regimens, we subsequently focused our analyses on patients treated with concurrent-consolidation or concurrent-alone ($n = 1,688$). Patients receiving concurrent-consolidation were more likely to be younger, married, from an area with more radiation oncologists, diagnosed as N3, staged with a mediastinal procedure, and treated with carboplatin (Table 1). Median follow-up for these patients was 29 months (415 patients). Median OS and CSS did not vary on the basis of chemotherapy regimen (log-rank $p = 0.36$ and $p = 0.63$, respectively) (Figure 3). Median OS was 18 months with concurrent-alone treatment and 21 months with concurrent-consolidation (logrank $p = 0.008$), and median CSS was 23 months versus 19 months (log-rank $p = 0.03$).

Multivariate regression models for OS and CSS were performed using parametric Royston-Parmar models, because the proportional hazards assumption was violated. OS did not significantly vary with chemotherapy regimen. With regards to chemoradiation sequence, there was a significant benefit to concurrent-consolidation compared to concurrent-alone (HR 0.85, 95% confidence interval [CI] 0.76–0.95, adjusted $p = 0.04$) (Table 2). Concurrentconsolidation was also associated with a trend for improved CSS (HR 0.87, 95% CI 0.77– 0.98, adjusted $p = 0.12$). All models demonstrated goodness of fit. Sensitivity analyses using extended Cox regression models similarly showed improved outcomes with concurrentconsolidation compared to concurrent-alone (Supplemental Table 3). A complete case analysis was performed to validate the multiple imputations methods and resulted in similar findings (Supplemental Table 4).

In an IPTW analysis, concurrent-consolidation remained associated with improved OS (HR 0.87, $p = 0.01$) and a trend for improved CSS (HR 0.89, $p = 0.06$) compared to concurrentalone. A subgroup analysis was performed for patients receiving 1) carboplatin-paclitaxel/ docetaxel, and 2) cisplatin-etoposide. When a carboplatin-based regimen was used, concurrent-consolidation was significantly associated with improved OS and CSS (Table 3). When cisplatin-etoposide was used, concurrent-consolidation was not associated with a significant difference in OS or CSS. However, there was only a 34% power to detect the

same OS benefit seen with the carboplatin-taxane cohort. Patients receiving cisplatinetoposide were much more likely than those receiving carboplatin-paclitaxel/docetaxel to switch chemotherapy regimens for consolidation (78% vs 11% , p < 0.0001). A sensitivity analysis including only patients who had a diagnostic PET scan demonstrated similar findings with the subgroups (Supplemental Table 5).

4. Discussion

For stage III NSCLC, chemoradiation is the standard treatment for the majority of patients with multi-station or bulky adenopathy. However, no standard chemoradiation regimen or sequence strategy has emerged despite decades of research. We analyzed patients diagnosed 2002–2009 using SEER-Medicare, allowing us to determine the variations in chemoradiation regimens and sequences and perform comparative effectiveness analyses. The most commonly utilized chemotherapy regimens consisted of platinum-based doublet therapies, of which we found carboplatin-paclitaxel to be the most commonly employed, and the most common chemoradiation sequences were concurrent-alone and concurrentconsolidation. Focusing on concurrent-alone and concurrent-consolidation demonstrated there was no significant variation in outcomes with regards to the choice of chemotherapy regimen. As for chemoradiation sequence, we found that concurrent-consolidation treatment was associated with improved OS and a trend for improved CSS compared to concurrentalone. A significant OS and CSS advantage with concurrent-consolidation was demonstrated for patients treated with carboplatin-based regimens but not cisplatin-etoposide.

With regards to platinum-based chemotherapy in combination with radiation, its use is supported by a large meta-analysis from 52 trials showing a benefit with cisplatin [26]. However, few randomized trials have directly compared chemotherapy regimens [5], and most have not shown a significant benefit of one platinum-based combination over another, including the CALGB 9431 and PROCLAIM studies [27, 28].

A retrospective study of the Veterans Health Administrative Data showed that compared to carboplatin-paclitaxel, there was no advantage with cisplatin-etoposide, although there was increased toxicity [29]. This was also shown in a prior SEER-Medicare study limited to patients receiving concurrent-alone or sequential chemoradiation [30]. Similarly, we did not find any significant outcome difference between the most commonly used platinum-doublet agents compared to carboplatin-paclitaxel when concurrent-alone or concurrentconsolidation are used, suggesting that choice of doublet in this setting does not have a major impact on patient outcome.

As for the importance of consolidation therapy, prior studies have found conflicting results. A single-arm study of concurrent-consolidation using cisplatin-etoposide during RT and docetaxel consolidation resulted in a promising median survival of 26 months (compared to 15 months of a historical comparison of concurrent-alone) [31]. However, a subsequent randomized trial by Hanna was prematurely terminated for futility [7]. Additionally, there was no benefit to consolidation chemotherapy found in the GILT study using cisplatinvinorelbine or a South Korean trial using cisplatin-docetaxel [8, 9]. Finally, this lack of

benefit of consolidation therapy was shown in a meta-analysis of 41 trials by Tsujino [10]. On the contrary, our study demonstrated improved outcomes with concurrent-consolidation.

Notably, our results were dominated by carboplatin-containing regimens, as 83% of patients received carboplatin-paclitaxel/docetaxel. On subgroup analysis, we found a benefit of concurrent-consolidation for patients treated with carboplatin-paclitaxel/docetaxel, but not with cisplatin-etoposide. Although this study was not adequately powered to detect a similar benefit to concurrent-consolidation in the cisplatin-etoposide cohort, finding no significant difference to concurrent-alone is consistent with the cisplatin-based trials reported by Hanna, Flentje, and Ahn. As for the meta-analysis by Tsujino, all 3 of the randomized trials employed cisplatin, and there was not a separate analysis limited to the carboplatin trials. The benefit we found with concurrent-consolidation using carboplatin may be explained by the fact that carboplatin is typically employed at lower doses during radiation due to toxicity concerns and only given at higher "systemic" doses during consolidation [29, 32, 33]. In contrast, cisplatin is used at "systemic" doses during radiotherapy [7–9, 27–29, 31, 32, 34, 35]. Thus, consolidation chemotherapy in patients receiving carboplatin regimens is likely needed to achieve similar sterilization of micrometastatic disease as can be attained when cisplatin-containing regimens are used with concurrent-alone.

In addition to the strengths compared to prior studies outlined above, our study also had several limitations, including that it is retrospective and relies on Medicare claims and SEER reporting. It is not possible to determine the selection criteria physicians used for a particular chemoradiation regimen or sequence. Thus there is a potential concern for selection bias, which could affect outcomes. To minimize this bias, we controlled for a modified Charlson comorbidity score as well as a proxy for performance status [19]. We are also unable to determine exact radiation dosimetric, targeting, and motion management techniques. However, to mitigate radiotherapy variation, treatment was limited to IMRT or 3D-CRT and models were adjusted for treatment year. Furthermore, we included only patients with 30–40 daily radiation treatment claims, as prior studies have shown that treatment with at least ~ 60 Gy results in improved survival [36, 37].

5. Conclusions

In summary, using SEER-Medicare we found that for patients with locally advanced NSCLC undergoing definitive chemoradiation survival outcomes are similar for carboplatinor cisplatin-containing regimens, as long as consolidation chemotherapy is given for patients receiving carboplatin. Our data therefore support a personalized approach to use of consolidation chemotherapy based on the choice of drugs given during radiation.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

This study used the linked SEER-Medicare database. The interpretation and reporting of these data are the sole responsibility of the authors. The authors acknowledge the efforts of the Applied Research Program, NCI; the

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Abbreviations

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Highlights

• Chemoradiation is used to treat many patients with stage III NSCLC.

- **•** Carboplatin- and cisplatin-containing regimens resulted in similar outcomes.
- **•** Consolidation chemotherapy after concurrent chemoradiation improved survival.
- **•** Consolidation chemotherapy only benefited patients treated with carboplatin.
- **•** When using carboplatin, consolidation chemotherapy should be considered.

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Figure 1. Cohort of patients treated with chemoradiation for stage IIIA/B non-small-cell lung cancer identified from SEER-Medicare diagnosed 2002–2009

The cohort selection of patients identified using SEER-Medicare data. * Exact figures <11 not specified to protect patient identity. † These patients were included in the extended Cox regression model.

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Figure 2. The use of chemoradiation regimens and sequences for stage III non-small-cell lung cancer over time

Prevalence of: a) the most commonly employed platinum-based chemoradiation regimens and b) chemoradiation sequences used from 2002–2009 for stage III NSCLC. Data points representing <11 patients not shown to protect patient identity.

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Figure 3. Survival analysis of patients with stage III non-small-cell lung cancer treated with concurrent-alone or concurrent-consolidation chemoradiation by regimen and sequence a) OS and b) CSS did not vary by chemotherapy regimen for patients treated with chemoradiation. Concurrent-consolidation resulted in improved outcomes compared to concurrent-alone, with c) a median OS of 21 months versus 18 months, and d) a median CSS of 23 months versus 19 months. Median follow up was 29 months, and curves are truncated at 36 months. Data is not shown where $n < 11$ to protect patient identity.

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Differences of demographic, clinical, and treatment characteristics of patients with stage III NSCLC by chemoradiation sequence. Differences of demographic, clinical, and treatment characteristics of patients with stage III NSCLC by chemoradiation sequence.

Lung Cancer. Author manuscript; available in PMC 2018 June 01.

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Table 2

Comparison of overall survival (OS) and cancer specific survival (CSS) by treatment, clinical, and demographic covariates for patients with stage III Comparison of overall survival (OS) and cancer specific survival (CSS) by treatment, clinical, and demographic covariates for patients with stage III NSCLC treated with chemoradiation. Hazard ratios are determined from multivariate Royston-Parmar flexible parametric models. NSCLC treated with chemoradiation. Hazard ratios are determined from multivariate Royston-Parmar flexible parametric models.

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Benjamini-Hochberg adjusted p values.

*

Abbreviations: HR = hazard ratio; 3D-CRT = 3-dimensional conformal radiation therapy; IMRT = intensity-modulated radiation therapy; ET = positron emission tomography; NCI = National Cancer Abbreviations: HR = hazard ratio; 3D-CRT = 3-dimensional conformal radiation therapy; IMRT = intensity-modulated radiation therapy; ET = positron emission tomography; NCI = National Cancer
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Table 3

regimen during the concurrent phase of chemoradiation. Hazard ratios for overall survival (OS) and cancer-specific survival (CSS) were determined from regimen during the concurrent phase of chemoradiation. Hazard ratios for overall survival (OS) and cancer-specific survival (CSS) were determined from inverse probability of treatment weighting analysis, with a hazard ratio <1 representing a benefit with concurrent-consolidation. Propensity scores were inverse probability of treatment weighting analysis, with a hazard ratio <1 representing a benefit with concurrent-consolidation. Propensity scores were Subgroup analysis comparing concurrent-consolidation to concurrent-alone for patients treated with a carboplatin- or cisplatin-based chemotherapy Subgroup analysis comparing concurrent-consolidation to concurrent-alone for patients treated with a carboplatin- or cisplatin-based chemotherapy used to represent probability of treatment. used to represent probability of treatment.

