

HHS Public Access

Author manuscript *Lab Anim (NY)*. Author manuscript; available in PMC 2017 July 11.

Published in final edited form as:

Lab Anim (NY). 2017 March 22; 46(4): 146–151. doi:10.1038/laban.1214.

Reproducibility of histopathological findings in experimental pathology of the mouse; a sorry tail

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Abstract

Reproducibility of *in vivo* research using the mouse as a model organism depends on many factors including experimental design, strain or stock, experimental protocols, and methods of data evaluation. Gross and histopathology are often the endpoints of such research and there is increasing concern about the accuracy and reproducibility of diagnoses in the literature. In order to reproduce histopathological results, the pathology protocol, including necropsy methods and slide preparation, should be followed by interpretation of the slides by a pathologist familiar with reading mouse slides and familiar with the consensus medical nomenclature used in mouse pathology. Likewise, it is important that pathologists are consulted as reviewers of manuscripts where histopathology is a key part of the investigation. The absence of pathology expertise in planning, executing, and reviewing *in vivo* research using mice leads to questionable pathology-based findings and conclusions from studies, even in high impact journals. We discuss the various aspects of this problem, give some examples from the literature, and suggest solutions.

Histopathological descriptions of the frequency and nature of lesions and disease entities are very often the endpoints in biomedical research conducted in model organisms such as the mouse. In contrast to clinical pathology where endpoints are usually assessed using biochemical and molecular assays, histopathological assessment, whilst using molecular markers and imaging as adjunct qualitative and quantitative techniques, is highly dependent on the individual expertise of trained expert pathologists. Pathologists must not only recognize lesions but also have knowledge of the background diseases of the mice and understand the meaning of the pattern of disease in the whole mouse^{1–4}. Reproducibility of histopathological endpoints therefore depends on the implementation of a common standardized vocabulary, competent work-up, and an in-depth knowledge of the mouse strains under investigation so that, for example, background lesions are not mistaken for those that are experimentally induced. Such knowledge is critical in the design of

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COMPETING FINANCIAL INTERESTS

Dr. Sundberg has a research contract with BIOCON LLC for preclinical trials not involving any part of this article. The other authors declare no competing financial interests.

experiments, as well as in understanding the impact of husbandry, the microbiome, and diet on the interpretation of results^{2, 5}.

In recent years, funding agencies and scientific communities alike have expressed increasing concern about the lack of reproducibility of experiments in the biomedical domain. Attention was initially drawn to this issue by pharmaceutical companies which rely on preclinical, precompetitive research for drug development pipelines^{6–8}. Identification of this problem has been followed by an outpouring of concern from funding agencies such as the U.S. National Institutes of Health^{9–11} and to an extent journals and professional bodies^{12–17}.

While much attention has been paid to the reproducibility of molecular assays, *in vitro* (cell culture) assays and the inappropriate application of statistical methods, only recently have the issues surrounding reproducibility in animal experimentation been discussed in depth¹³. Much of these discussions have concerned husbandry and the effect of diet and microbiome on experimental outcomes^{18–20}, particularly in neuroscience¹⁴. However, recent papers have addressed the problem of what a sound histopathological investigation should look like, how to use knowledge of pathology in experimental design, based on the ARRIVE and related guidelines, and the confounding impact of the environment and the gut and skin microbiomes⁵.

In this paper, we address some of the issues that impact the reproducibility of histopathological findings: (1) lack of pathology expertise, in author lists and in peer-review, (2) poor standards of reporting—illustrated with common errors seen in papers—, and inconsistent pathology nomenclature; and (3) availability of primary data, without which it is impossible to assess a paper without attempting a complete experimental replication^{21–23}. Most importantly, we emphasize that if pathologists are not involved in designing mouse experiments and interpreting lesions, the accuracy of the diagnoses reported and conclusions drawn may be questionable.

The importance of pathologists

Pathology is a medical specialty that requires years of training, experience, and board certification as a minimum. Although pathology has many sub-disciplines, such as mouse pathology, a general pathologist is much more expert than a non-pathologist, and is often sufficient to provide substantial benefit to an animal research study²⁴. However, Investigators often do not have enough funds to pay for research pathology services and/or believe that they can perform histopathology interpretations themselves. Lack of pathology expertise by investigators leads to inaccurate histopathological descriptions of lesions, and often missed, or spurious reporting of pathological findings in publications. Absence of a pathologist may be noticed in the figure legends, which often do not describe the lesions displayed, or in some rare cases, in images that are replicated in various orientations for different lesions or mice²⁵. In some cases, a pathologist was not involved in late or final edits or did not review the galley proofs of an accepted manuscript²⁶, leading to a substantial error in reporting.

In addition to accurate interpretation of data, pathologists are important to ensure proper nomenclature is used when reporting on results. The use of generally accepted pathology nomenclature for unexpected and novel findings leads to publications that can be interpreted by readers, including other pathologists. Rodent pathology terminology often mirrors that used for humans but differences do occur. Pathology of genetically engineered mice often requires interpretation of novel findings since each mouse may have unique lesions not previously reported, especially where the study is the first for a novel gene knockout or treatment. A classic example is the relatively common lesion in mouse hearts that pathologists diagnose as epicardial and myocardial mineralization and fibrosis, but nonpathologists often call "dystrophic cardiac calcinosis" or a variety of other names^{27–31}. Investigators without pathology backgrounds often over-interpret their research findings, the temptation being to fit results to their hypotheses. Over-diagnosis of lesions as malignant when they may be, in fact, benign, hyperplastic, or even normal is a common problem. This latter point emphasizes the value of knowing anatomical differences between the species.

Some examples of errors seen in reported histopathological diagnoses

Besides incomplete reporting of the experimental design, including the pathology protocol, there are common questionable diagnoses that can be found in published results (Table $1)^{32-34}$. Often, the figure legends do not describe what is illustrated by the figure, normal tissues are misidentified as lesions, non-neoplastic lesions are reported as cancer, or benign lesions are diagnosed as malignant neoplasms. In addition, inflammatory lesions may be described as neoplasms or "tumors", benign or malignant.

Our interpretations of histopathology figures in published reports, which we will give as examples, are based solely on our interpretation of what was present in the published figures and not based on microscopic slide review, which may reveal different findings than what is in the published figures. Often the published histopathology figures are small and when enlarged they can lose resolution to the point of being uninterpretable. One of many approaches to this problem is to post additional digital images at a variety of magnifications or whole slide images as supplemental data. Images could also be posted on public websites such the Mouse Tumor Biology Database^{35, 36}, Gene Expression Database³⁷, Pathbase^{38, 39}, and many others⁵.

In order to evaluate any organs, a clear understanding of the normal anatomy is absolutely necessary in order to recognize any type of change, be it disease or just subtle changes in normal physiology. When evaluating the skin, the normal hair cycle is a commonly reported source of misinterpretation. All hair follicles regularly go through anagen, the normal growth phase; catagen, the transition stage to telogen, the long term resting stage; to exogen, when the old hair shaft is lost. This process then starts over again and is repeated throughout life. The cycle varies by hair type (vibrissae cycle is different compared to body hair) and species (mice cycle in waves while humans cycle in a mosaic pattern)¹. The hypodermal fat layer in the skin changes thickness through the cycle. When thinnest, during telogen phase⁴⁰, this is often reported as an abnormal phenotype. Sebaceous gland size also changes through the hair cycle, making estimation of the size of this gland an unpredictable feature

that is also commonly misinterpreted⁴¹. Changes in numbers of hair follicles can be misinterpreted owing to artifacts of section orientation (Fig. 1)⁴².

Male mice have modified sebaceous glands (with a large excretory duct along the penis) known as preputial glands; these are also known as clitoral glands in the inguinal area of females (Fig. 2). These tissues have been diagnosed as teratomas or skin tumors^{33, 43, 44}, and an erratum has been published for one of the publications⁴³. Mouse accessory sex glands include various prostate lobes, seminal vesicles, and other structures, the architecture of which differs from that of humans. Tissue artifacts have been diagnosed as early stage prostate cancer⁴⁵ (Fig. 3).

Immunohistochemistry findings can also be problematic in publications with pathology results. Owing to omission of proper controls, authors often report positive labeling (often with a brown chromogen) of cells and tissues which appear to represent nonspecific background staining⁴⁶. A good example was reported in mouse prostate epithelial cells and connective tissue⁴⁷ using an anti-human antibody that was never reported (even by the company selling the antibody) to work in mouse tissues. Mast cells are often nonspecifically positive in mouse tissues using peroxidase based reagents⁴⁸.

When is a neoplasm not a neoplasm?

Knowledge of appropriate nomenclature is also important for accurate reporting. Neoplasms and their preneoplastic/precancerous lesions are commonly found in mouse experiments involving chemical carcinogens and/or in genetically engineered mice. Many papers involving mice with these induced or spontaneous lesions do not refer to the publications that focus on standardized nomenclature for the organ or disease under investigation, such as those noted above and in our reference list. While many journals list in their "instructions for authors" that they require authors to use standardized nomenclature, this requirement is often not enforced by editors. This policy holds not only for diagnostic terms but also for mouse strain and allele designations, as mouse genetic nomenclature is very uniformly standardized^{49, 50}. Some examples of questionable diagnoses of preneoplastic and neoplastic lesions of mice are given below.

The most widely used prostate cancer mouse model, commonly called TRAMP, is an example of misuse of standardized nomenclature. A search of Mouse Genome Informatics (http://www.informatics.jax.org/genes.shtml) yielded 4 matches (Table 2), only one of which is the transgenic line used for prostate cancer research: Tg(TRAMP)08247Ng⁵¹. With over 600 publications, this transgenic line is often considered the best mouse model of human prostate cancer. The Tg(TRAMP)08247Ng line was noted to have a high incidence of prostate adenocarcinoma metastases, suggesting that this was a good model for human prostate cancer. However, these were later shown to be of neuroendocrine origin rather than epithelial, with non-neuroendocrine epithelial being the most common in humans (Fig. 4)^{51–53}. Phylloides prostate carcinomas, initially diagnosed in the first Tg(TRAMP)08247Ng publication, were later shown to be adenomas or benign epithelial-stromal tumors of the seminal vesicles (Fig. 5)^{51, 54}. Metastatic prostate carcinoma to bone marrow was described in a new genetically engineered mouse model, but a pathology

nomenclature consensus committee determined that the cases were merely direct invasion from a large prostate mass^{51, 55}.

Inflammatory lesions caused by bacteria have sometimes been reported as tumors (neoplasms)⁵⁶ as have been other types of inflammation⁵⁷. This may be technically correct, as some textbooks define "tumor" literally as any type of swelling and one of the five cardinal signs of inflammation, but inflammation should and can be easily differentiated from neoplasia. Lymphomas and leukemias are often difficult to diagnose accurately. Tail tumors in transgenic mice were reported to be large granular lymphocytic (LGL) leukemia⁵⁸ but other investigators working with the same mice found sarcomas of various types including those arising in tendons and nerves in the tail (Figs. 6–8). These tail tumors may have developed accompanying inflammatory responses which included LGLs. Large spleens have been diagnosed as myeloproliferative disorders and leukemias, especially in mice with ulcerative skin lesions which cause reactive myeloid hyperplasia in the spleen⁵⁹. Using a *Helicobacter felis* mouse gastric model, a research group developed a model of chronic gastritis that eventually was reported to develop gastric lymphomas. These changes appeared histologically unconvincing as described in the initial publication. However, in this case, a subsequent publication did provide molecular proof that these were indeed lymphomas⁶⁰.

How to increase reproducibility by improving nomenclature usage

Problems in pathology evaluation may occur at various stages of the study leading to questionable pathology interpretation in the manuscript submitted or published. In order to increase reproducibility in mouse studies, a trained pathologist knowledgeable in rodent pathology nomenclature should be involved, either in study design, manuscript writing, or chosen by editors during the peer-review process.

Pathology nomenclature in the paper should follow general guidelines for mouse pathology as published by international committees and experts, as discussed below.

As discussed above, the ability of a pathologist to accurately diagnose lesions in laboratory animals, especially rodents, depends on training and experience. Experience includes the use of widely acceptable veterinary pathology and species specific nomenclature often provided through publications by expert groups of pathologists and by international or national committees^{33, 61–65} and in books with multiple authors^{61, 66–69}. Others have proposed formal ontologies for data capture and analysis^{39, 70, 71}, which are also based on international nomenclatures and informatics standards.

There are numerous publications on neoplastic diseases in mice, especially in genetically engineered mice (GEM). The NCI Mouse Models of Human Cancer Consortium over the past 15 years has established pathology committees to develop nomenclatures for several important organs^{33, 51, 61}. The publications on neoplastic diseases in mammary gland, prostate, lung, intestine, brain, skin and pancreas provide important guidelines for investigators. (The INHAND pathology nomenclatures have similarly created detailed terminological recommendations for both proliferative and non-proliferative lesions under the auspices of the committees established by a consortium of societies of toxicologic

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pathology63. These, together with detailed publications on individual classes of lesion, make up a significant terminological corpus with which pathologists making diagnoses should be familiar.

Conclusion

Compared to factors confounding reproducibility of mouse biological experiments originating in experimental design, husbandry, and microbiome, the problem of reliable histopathological interpretation of experimental animals is perhaps one of the most tractable sources of error. Enrollment of an experienced pathologist onto a study early in its inception and planning stages and then its subsequent analysis is clearly highly desirable, as many of the problems we discuss above are unlikely to arise under the guidance of appropriately trained personnel. The issue of finding experienced mouse pathologists has been discussed at length elsewhere^{2, 24, 34}, though the authors feel that the mouse pathology community is sufficiently interactive that good advice can easily be sought out by motivated investigators.

Changes in priorities at journals and funding agencies are also needed to significantly improve the reliability of pathology in mouse model studies. Availability of the primary images on which experimental conclusions are based should be mandatory at journals and in line with the FAIR guidelines^{5,72}. Similarly, funding agencies need to pay more attention to the intended use of histopathology in grant applications and insist on provision of appropriate expertise with an appropriate budget. Increased stringency surrounding the processes of funding and publishing studies might represent more effort for researchers, reviewers, and journal editors, but will reduce the instances of flawed histopathology we see in many journals today⁷³.

Acknowledgments

Supported, in part, by NIH Grants R01 AR049288 and R21 AR063781 (to JPS) and by The Warden and Fellows of Robinson College, Cambridge (to PNS).

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FIGURE 1.

Skin of mouse in anagen with abundant hair follicles.

This normal stage of the cell cycle has been reported to be hyperplasia. Hematoxylin and eosin stain, $10 \times$ magnification.



FIGURE 2.

Normal mouse preputial gland showing glandular tissue with central ducts. Two publications reported normal glands as teratomas or carcinomas. Hematoxylin and eosin stain, $4 \times$ magnification.



FIGURE 3.

Normal prostate of young mouse with artefactual folds of the acinar epithelium which were misdiagnosed as early stage prostate cancer in a publication. Hematoxylin and eosin stain, $40 \times$ magnification.



FIGURE 4.

Neuroendocrine carcinoma in the prostate of a TRAMP (Tg(TRAMP)8247Ng) mouse. These mice were reported to develop highly metastatic prostate adenocarcinoma. Hematoxylin and eosin stain, $40 \times$ magnification.



FIGURE 5.

Benign (epithelial-stromal) tumor in the seminal vesicles of a TRAMP mouse. Note tumor growth into the lumen and no invasion. These lesions were reported as phylloides prostate carcinomas. Hematoxylin and eosin stain, $4 \times$ magnification.

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FIGURE 6.

Tail of a HTLV-I tax transgenic mouse with early tumors (on left and right side) of tendon origin. This mouse was reported to develop leukemia and not tendon tumors. Hematoxylin and eosin stain, $4 \times$ magnification.



FIGURE 7.

Tail of a HTLV-I tax transgenic mouse with an early tumor of tail tendon origin (darker tumor in the lower portion of the figure beneath the skin). This mouse was reported to develop leukemia. Hematoxylin and eosin stain, $4 \times$ magnification.



FIGURE 8.

Early tail tendon sarcoma showing tumor infiltration by myeloperoxidase positive neutrophils. Immunoperoxidase, $40 \times$ magnification.

TABLE 1

Evidence of Questionable Pathology Interpretation in Publications

Figure legends do not accurately reflect what is in the figure

Figure legends do not describe anything in the figure

Lack of complete or appropriate necropsies and histopathology

Misidentification of normal organs and tissues as lesions

Diagnoses of non-neoplastic lesions as neoplasms

Diagnoses of tumors with unconventional terminology

Reporting of benign lesions as malignant

Reporting of inflammatory lesions as tumors

Reporting of novel lesions incorrectly

Use of incorrect (accepted) terminology/diagnoses

TABLE 2

Partial table from Mouse Genome Informatics (Accessed 19 Sept. 2016) to illustrate three genes and one transgene identified by the term TRAMP, three of which are unrelated genes.

Genetic Location	Symbol	Why Matched
Chr4 82.89 cM	Tnfrsf25, tumor necrosis factor receptor superfamily, member 25	synonym: TRAMP
Chr1 4.18 cM	Tram1, translocating chain-associating membrane protein 1	synonym: TRAMP
Chr Unknown	Tg(TRAMP)8247Ng, transgene insertion 8247, Norman M Greenberg	currentSymbol: Tg(TRAMP)8247Ng
Chr1 72.12 cM	Dpt, dermatopontin	humanSynonym: TRAMP