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Pharmacologically increasing microtubule acetylation corrects stress-exacerbated effects of organophosphates on neurons

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Abstract

Many veterans of the 1990–1991 Gulf War contracted Gulf War Illness, a multi-symptom disease that primarily affects the nervous system. Here we treated cultures of human or rat neurons with diisopropylfluorophosphate (DFP), an analog of sarin, one of the organophosphate toxicants to which the military veterans were exposed. All observed cellular defects produced by DFP were exacerbated by pretreatment with corticosterone or cortisol, which, in the rat and human neurons respectively, serves in our experiments to mimic the physical stress endured by soldiers during the war. To best mimic the disease, DFP was used below the level needed to inhibit acetylcholinesterase. We observed a diminution in the ratio of acetylated to total tubulin that was correctable by treatment with tubacin, a drug that inhibits HDAC6, the tubulin deacetylase. The reduction in microtubule acetylation was coupled with deficits in microtubule dynamics, which were correctable by HDAC6 inhibition. Deficits in mitochondrial transport and dopamine release were also improved by tubacin. Thus, various negative effects of the toxicant/stress exposures were at least partially correctable by restoring microtubule acetylation to a more normal status. Such an approach may have therapeutic benefit for individuals suffering from GWI or other neurological disorders linked to organophosphate exposure.

Abstract

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Keywords

organophosphate; stress; microtubule; neuron; axon; Gulf War Illness; acetylation; tubacin

Introduction

Gulf War Illness (GWI) is a chronic, multi-symptom disorder that afflicts 25–32% of the nearly 700,000 United States veterans who served in the 1990–1991 Gulf War¹. Veterans with GWI struggle with unabated central nervous system (CNS) deficits including chronic headaches, memory and concentration problems, sleep difficulty, fatigue and mood alterations^{2–4}. Epidemiological and intelligence data indicate that at least 100,000 GW veterans were likely exposed to the organophosphate (OP) nerve agents sarin and cyclosarin, which were released as fallout from demolitions of the ammunition depot at Khamisiyah, Iraq in March 1991^{5–7}. While acute symptoms of OP toxicity have been characterized, only recently have the neurological consequences of exposure to low levels of OPs been studied^{8,9}.

Understanding the impact on the CNS of low level OP exposure is important because OP pesticides represent the largest group of insecticides, and their use is widespread around the world, with >5 billion pounds of pesticides applied to crops, homes, schools, parks and forests¹⁰. In addition, the threat of OP nerve agent use in terrorism and war remains a concern. Growing evidence indicates a link between OP pesticide exposure and the development of Parkinson's and Alzheimer's diseases and amyotrophic lateral sclerosis^{11–15}, necessitating a deeper investigation into the underlying mechanisms.

OP nerve agents are known to cause acute life-threatening acetylcholinesterase inhibition. Current thinking is that GWI is not due to acetylcholinesterase inhibition but rather due to sub-threshold effects of OPs that produce a non-self-correcting state of neurodegeneration. Neuroinflammation, axonal transport deficits, microtubule impairments and dopaminergic changes have all been observed in animal (rodent) and cell culture models of GWI at OP

levels below those needed to inhibit acetylcholinesterase^{16–18}. Additional animal studies have shown that the effects of OP exposures are exacerbated when coupled with physical restraint or chemically-induced stressors designed to mimic the physical stress of the battlefield¹⁹.

We are interested in microtubule deficits that occur in the nervous system of veterans suffering from GWI, with the goal of developing microtubule-based therapies. OPs can affect a variety of proteins and pathways in cells, for example by covalently binding to tyrosine and lysine residues. The impacts on microtubules and microtubule-related proteins are likely to be many, including effects on molecular motor proteins and microtubule stability and dynamics, as well as the binding to microtubules of microtubule-associated proteins such as tau^{20–24}. In light of the complexity, the question becomes whether particular microtubule-related deficits can be identified that when corrected result in marked improvement of GWI symptoms.

Here, we pre-treated cultured neurons with the stress hormone corticosterone (CORT) in the case of rat neurons, and cortisol in the case of human-derived neurons, and then exposed them to diisopropyl fluorophosphate (DFP), an OP compound used by researchers as a sarinsurrogate²⁵. We then assessed various microtubule-related parameters such as microtubule dynamics and mitochondrial transport, using live-cell imaging, to ascertain potential deficits. We included in our studies analyses of dopamine release, which is a complex process that involves microtubules but many other factors as well²⁶. Upon ascertaining that the toxin regimens resulted in diminished microtubule acetylation, we sought to determine whether a drug that increases microtubule acetylation could restore to normal observed deficits in microtubule dynamics and mitochondrial transport, as well as dopamine release. Improvement in dopamine release was taken as an indicator that this approach has the potential to effectively treat complex symptoms of GWI.

Results

Pretreatment with CORT or cortisol intensifies DFP-induced aberrations in microtubule acetylation in human and rat neurons

Human neural stem cells were differentiated into neurons and allowed to mature and form networks *in vitro* for one month. These human neurons, or rat fetal cortical neurons grown for 8–14 days in culture, were exposed to DFP at concentrations of 20 or 200 nM with or without pretreatment with 2 μ M cortisol (for the human neurons) or CORT (for the rat neurons), and changes in tubulin acetylation were assessed (Fig. 1A). Human neuronal phenotype was confirmed by positive staining for β III-tubulin, a neuron specific tubulin isotype, and Tbr1, a transcription factor specific to glutamatergic forebrain neurons (Fig. 1B). Immunostaining and Western blot analyses both revealed a reduction in the ratio of acetylated to total tubulin after DFP exposure (Fig. 1C and D and S1A and B, respectively). With the rat neurons, as described in Fig. 1A, the ratio was reduced after 20 and 200 nM DFP treatment, fortifying the finding from human neurons. Pretreatment with CORT or cortisone exacerbated the effect (Fig. 1E [top], 1F [left], 1G). We sought to restore the acetylation status of the microtubules by inhibiting the tubulin deacetylating enzyme, HDAC6. Treatment with 1 μ M tubacin significantly improved the ratio of acetylated to total tubulin after treatment with 20 nM DFP alone, but did not significantly restore the effects of 200 nM DFP alone or any CORT pretreatment groups. Treatment with 10 μ M tubacin yielded significant improvements in the 20 and 200 nM DFP groups with and without CORT pretreatment (Fig. 1E [bottom], F [right], and G).

Exposure to DFP alters microtubule dynamics in a manner exacerbated by CORT and correctable by tubacin

To explore microtubule dynamics, neurons were treated as before, but on DIV 9, GFP-EB3, a microtubule end-binding protein that affiliates with the growing tips of microtubules, was ectopically expressed and microtubule growth assessed 24 h after DFP exposure. The excursion of GFP-EB3 at the plus end of the microtubule appears as a 'comet' because of the gradual dissociation of EB3 molecules from the microtubules²⁷. When neurons were treated with DFP alone, microtubule comet number was decreased at 20 nM (Fig. 2B, C), but the rate of comet movement was not affected (Fig. 2D; Movie S1). CORT pretreatment enhanced the effect of DFP, causing a reduction in comet number at 2 and 20 nM DFP, and yielding a reduction in comet rate at 20 nM DFP. Tubacin restored comet number to control levels but not rate (Fig. 2D).

Toxicant/stress exposure disrupts mitochondrial transport in tubacin-correctable manner

Mitochondria are the primary site of energy production and have been suggested to be the target of non-cholinergic toxicity of OPs²⁸. Past studies have indicated a link between exposure to higher concentrations of OP and oxidative stress and transport deficits after OP exposure^{29–31}. Consistent with previous work, when neurons were treated with the DFP, transport of mitochondria was impaired and mitochondrial length increased, suggesting an increase in mitochondrial fusion. Mitochondria were stained with a live-cell mitochondrial dye called Mitotracker and live neurons were imaged (Fig. 3A). An increase in stalled mitochondria was observed when neurons were treated with DFP, and the contribution to this effect was greater when cells were pretreated with CORT compared to DFP alone (Fig. 3B, kymographs; Fig. 3C, stacked bar graph; movie S2). When treated with 10 µM tubacin, mitochondrial transport events were recovered (Fig. 3D).

Dopamine release is altered after DFP exposure in a manner exacerbated by CORT pretreatment

Dopamine and neurotransmission alterations have been reported after exposure to GW toxins^{1,4}, which we hypothesize in part are due to changes in microtubules, which serve as tracks for synaptic vesicle transport. We cultured fetal ventral mesencephalic cells (dopamine precursor cells) and allowed them to grow for 7 days before submitting them to the treatment regimen (Fig. 4A). At DIV 9, cultures were heterogeneous, with $27\pm2\%$ of control cells staining positive for tyrosine hydroxylase, a dopaminergic marker, and no significant difference across treatments (Fig. 4B; S2A). Supernatant was collected from cultures that were exposed to DFP with or without CORT pretreatment, and subsequently treated with tubacin at 1 μ M and 10 μ M, or with vehicle. Supernatant was analyzed for dopamine content using HPLC (Fig. 4C). Exposure to 2 nM and 20 nM DFP alone resulted

in a significant reduction in extracellular dopamine ($38\pm5\%$ and $40\pm4\%$, respectively), and this reduction was even greater following CORT pretreatment ($46\pm5\%$ and $55\pm4\%$, Fig. 4D). Treatment with 10 μ M but not 1 μ M tubacin was able to fully restore dopamine release after DFP alone, and partially restore release when cells were exposed to DFP after CORT pretreatment (Fig. 4D). Tubacin did not significantly alter extracellular dopamine across control cells (Fig. S2B).

Discussion

The present studies are the first to use cultured rodent and human-derived neurons to demonstrate that hormonal changes resulting from chemically-induced stressors can exacerbate the negative consequences of OP exposure on microtubule and microtubule-related events in the axon. We used both human and rat neurons as a cross-validation because rat neurons are more amenable to established microtubule-related analyses, while human neurons are a better path toward therapy, given that some features of human neurodegeneration are not reflected in rodents^{32,33}. In the future, an even more refined option would be to use induced pluripotent cell lines from the GW veterans themselves, given that genetic and possibly epigenetic factors potentially relevant to disease susceptibility would be preserved³⁴. For now, the results on the human cells confirm that, as with the rat neurons, DFP causes a decrease in tubulin acetylation. The work on rat neurons indicates that pharmacologic restoration of tubulin acetylation, lowered by DFP±CORT, rescues various cellular events impaired by DFP±CORT.

While microtubule acetylation generally correlates with microtubule stability, the correlation depends upon the levels and activity of the enzyme(s) that acetylates tubulin after it becomes incorporated into the microtubule, as well as the enzyme(s) that deacetylates the tubulin after it is released from the microtubule during bouts of disassembly^{35–37}. The live imaging of microtubule dynamics shows DFP/CORT reduces the number of assembly excursions, which is not easily explained by diminished microtubule stability. Tubacin corrected for the deficit in microtubule dynamics, presumably because various proteins, such as microtubule-severing proteins, interact differently with the microtubule, depending on its acetylation status³⁵. The finding that a higher tubacin concentration is needed to correct the acetylation deficit produced by higher DFP concentration suggests that the DFP/CORT may affect the levels or activity of the relevant enzymes. For example, if DFP/CORT increases HDAC6 levels or activity, a higher concentration of tubacin would be needed to inhibit the available enzyme.

OPs used at sub-threshold levels undoubtedly affect a variety of proteins and pathways, some of which are obviously microtubule-related and others of which are not as direct or obvious in their relationship to microtubules. In terms of therapy for sufferers of GWI, the question is whether restoring microtubule acetylation to a more normal status will translate into improvements in cognition and sleep, and help alleviate headaches and other symptoms of the disease. Deficits in mitochondria transport could explain some GWI symptoms, such as fatigue, and hence HDAC6 inhibitors might be helpful in treating those symptoms. We are especially encouraged by our dopamine release results, which suggest that a complex

process directly related to neurotransmission, and one that could potentially go awry at many different levels, can be corrected by this treatment.

Reports exist in the literature of other neurodegenerative diseases that involve microtubule deacetylation, with symptoms improved in animal models by HDAC6 inhibitors^{38–41}. In that regard, efforts are already underway to develop therapeutics that can be translated to human patients. Our next step is to test the effectiveness of such an approach on an animal model for GWI. From there, translation to human patients using new generations of HDAC6 inhibitors will be our goal.

In conclusion, the results presented here provide new mechanistic clues to the cellular basis of GWI, and point to a therapeutic strategy that may reverse neuronal decline in sufferers.

Materials and Methods

Cell Culture

Rat Cortical Neurons—Primary cortical neurons were prepared as previously described⁴². Briefly, the pregnant Sprague-Dawley rat was euthanized on E18 in accordance with Public Health Services Policy on Humane Care and Use of Laboratory Animals, and fetuses were removed. The cortices from both hemispheres of each fetal rat brain were excised, dissociated, and plated at a concentration of 500,000 cells per well in 6-well plates (for Western blots) or 35,000 cells per well in glass-bottomed dishes (for live-cell imaging).

Rat Ventral Mesencephalon Neurons—The ventral mesencephalon was isolated from fetuses removed from a Sprague-Dawley rat on E14. Cells were isolated and dissociated according to a previously published protocol⁴³.

Human neural stem cells—Human IPSC-derived neural stem cells (ax0018), differentiation media, expansion media, and maintenance media were purchased from Axol and cultures were established and differentiated into neurons according to the Axol *Human IPSC-Derived Neural Stem Cell Protocol v5.0*.

Treatment Preparation and Application

CORT or cortisol (Sigma), dissolved in ethanol to make a 2 mM stock solution, was diluted in culture media to make working concentrations. DFP (Sigma), dissolved in isopropanol to make a 100 μ M stock solution, was diluted in culture media to make working concentrations. Experimental design is shown in Fig. 1A. Cells were assayed at DIV 9 (no tubacin) or DIV 10 (24h tubacin). The two lower concentrations of DFP used in this study are sub-threshold (below the level need to inhibit acetylcholinesterase), while the 200 nM concentration may partially inhibit acetylcholinesterase.

Live-cell Imaging

Assaying Microtubule-based Transport of Mitochondria—Mitotracker

CMH₂TMRos Orange was added directly into the media of primary cortical neuron cultures and incubated at 37C for 25 minutes. After incubation, dishes were washed twice with serum-free media, and Fluorobrite DMEM imaging medium was added immediately before

imaging. Dishes were imaged using a Zeiss AxioObserver Z1 inverted microscope equipped with a 1.4 NA 63X oil objective and an AxioCam mRm CCD camera. Images were captured every 1 second for 2.5 minutes at a fixed exposure time across conditions. Transport was analyzed using the MultiKymograph and DifferenceTracker plugins for (FJJI) ImageJ.

Assessing Changes in Microtubule Dynamics—Rat cortical neurons were plated at a density of 35,000 cells per well, allowed to grow for 8 days, and transfected to express GFP-tagged EB3 using Lipofectamine 2000 (ThermoFisher) according to the published product protocol. Cells were imaged using a Zeiss AxioObserver Z1 inverted scope equipped with a 1.46 NA 100X oil objective and a Zeiss Axiocam 506 mono CCD camera. Images were captured every 1 second for a total of 2.5 minutes at a fixed exposure time across conditions. Movies were analyzed using the MultiKymograph plugin for FIJI (ImageJ).

Determination of Released Dopamine

after OP Exposure Extracellular dopamine was quantified by electrochemical detection high performance liquid chromatography (HPLC-ECD). Reagents, chemicals, standard preparation, and mobile phase were prepared as previously published⁴⁴.

Protein Level Analysis

Whole cell lysate collection—Lysis buffer was prepared according to the Santa Cruz RIPA buffer lysis system (Santa Cruz; Cat. # sc-24948A) instructions with added phosphatase inhibitor. The media from culture wells were aspirated on DIV 10, and 200 μ L of lysis buffer was added. Cells were detached using a cell scraper for 1 minute per well, and the lysis solution containing the cells was transferred to Eppendorf tubes. Lysate was incubated on ice for 45 minutes, sonicated, and centrifuged at 10,000 RPM for 10 minutes at 4°C. Supernatant was aliquoted and stored at -80 °C until use.

Protein Quantification and Western Blotting—Protein content of each sample was quantified using the Thermo Scientific Pierce BCA Protein Assay Kit (ThermoFisher Scientific; Cat. # 23227). Western blotting was performed using standard methods, developed using the Bio-Rad Chemidoc MP Imaging System, and quantified using the Bio-Rad Image Lab software. Antibody information is provided in figure legends.

Tubacin Treatment

Tubacin (Cayman Chemical; Cat. # 537049-40-4) was used at a concentration of 1 or 10 μ M, as established previously⁴⁵. Tubacin was added into culture media immediately after the 24 h DFP treatment and incubated with cells for 24 h. Cells were then either lysed for Western blotting or imaged to assess mitochondrial transport or microtubule dynamics. Supernatant was collected after 24 h-post tubacin.

Experimental Design and Data Analysis

Western blots and dopamine experiments were repeated four times to ensure reproducibility and power. Live-cell imaging experiments were performed using tissue from three different animals with at least 15 cells across 4 dishes per animal. Data were analyzed by blinded raters and statistical significance was assessed by student t-test, ANOVA followed by *post*- *hoc* Bonferroni test, or the Kruskal-Wallis non-parametric ANOVA. All statistical analyses were performed using the IBM SPSS program.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Figure 1. Pretreatment with CORT or cortisol intensifies DFP-induced aberrations in microtubule acetylation status in human and rat neurons

A. Schematic summary of experimental design. B. Validation of neuronal differentiation by immunostaining. β III-tubulin (Biolegend Cat. #801202), which is specific to neurons and is significantly upregulated in mature neurons, is colored red. Tbr1, a transcription factor which serves as a marker for forebrain cortical glutamatergic neurons, is colored green, and DAPI, which stains nuclei, is blue. Scale bar represents 50 µm.

C. Co-immunostaining of acetylated-tubulin (green; Sigma Cat. #T6793) and β III-tubulin. The white checkered box represents the ROI to be analyzed with arrows pointing to the

respective signal intensity values. Scale bar represents 15 μ m. D. Bar graph depicting results from acetylated:total tubulin protein analysis of human neurons subjected to various conditions. E. Western blot acetylated-tubulin and β III-tubulin bands from rat cortical neurons that after 24h with or without 10 μ M tubacin treatment. F. Key identifying the conditions for each well. (for easier identification, empty lanes seen were loaded with sample buffer alone) G. Bar graph depicting results from Western blot analysis. Protein levels were normalized to cofilin (Abcam cat. # 42824) load control. Blots were cropped * - p<0.05; ** - p<0.01; N.S. – no significance found

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Figure 2. Exposure to DFP alters microtubule dynamics in a manner exacerbated by CORT and correctable by tubacin

A. Still frames from live-cell imaging movie of EB3 comets in rat cortical neurons that received vehicle with no DFP. B. Scatter plot of the observed polymerization events per axon (20 μ m region of interest). C. Horizontal bar graph depicting the average number of comets per 100 μ m across treatments with or without tubacin treatment. D. Horizontal bar graph depicting the average rate of observed comets across treatment groups with or without tubacin Page 10 treatment. * - p<0.05; ** - p<0.01; *** - p<0.001

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Figure 3. Toxicant/stress exposure disrupts mitochondrial transport in tubacin-correctable manner

A. Image of rat cortical neurons stained with Mitotracker Orange (Inset: magnified image of axon; ThermoFisher Scientific Cat. #M751). B. Representative kymographs depicting distance traveled over time for vehicle control (left) and ethanol + 20 nM DFP (right). Cells were imaged for a total of 2.5 minutes at 1 frame per second. C. 100% stacked bar graph showing the distribution of transport event types across conditions. D. Dot plot depicting the average number of transport events across conditions with or without tubacin treatment. * - p<0.05; ** - p<0.01.

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Figure 4. Dopamine release is altered after DFP exposure in a manner exacerbated by CORT pretreatment

A. Chart outlining design of dopamine release experiments. B. Left: Bar graph showing TH positive cells across DFP treatments. Right: Co-immunostain of fetal ventral mesencephalon neurons. Inverted dark cells are neurons stained for β III-Tubulin, and blue cells represent neurons that are positive for tyrosine hydroxylase (EMD Millipore cat. #AB152). C. Bar graph showing dopamine release as a percent of vehicle control. Values were normalized to total TH positive neuron count. D. Dot plot of each sample (4 duplicates per condition, represented by different shape and color dots [see plot legend]) in the presence or absence of

tubacin at 1 and 10 μ M concentrations. Top brackets show no significant difference between EtOH controls. Bottom bracket shows no significant improvement in EtOH DFP or CORT DFP groups after treatment with 1 μ M tubacin, and treatment with 10 μ M tubacin yielded significant improvement in all groups when compared to control. * - p<0.05; ** - p<0.01; *** - p<0.001; N.S. – no significance found. Scale bar represents 15 μ m.