

# Universal 2 Wrist Arthroplasty in Rheumatoid Arthritis

Sandra Pfanner, MD<sup>1</sup> Giovanni Munz, MD<sup>1</sup> Giulia Guidi, PhD<sup>2</sup> Massimo Ceruso, MD<sup>1</sup>

<sup>1</sup>Unit of Surgery and Reconstructive Microsurgery of the Hand, Azienda Ospedaliero Universitaria Careggi, Florence, Italy

<sup>2</sup>Guidi Hand Rehabilitation Center, Florence, Italy

Address for correspondence Sandra Pfanner, MD, Unit of Surgery and Reconstructive Microsurgery of the Hand, Azienda Ospedaliero Universitaria Careggi, Largo Brambilla 3, 50139 Florence, Italy (e-mail: sandrap@inwind.it).

J Wrist Surg 2017;6:206–215.

## Abstract

**Purpose** The aim of this study was to evaluate the mid- to long-term outcomes and complications in patients affected by rheumatic diseases treated with the Universal 2 (U2) total wrist arthroplasty (TWA).

**Methods** We reviewed, in a retrospective, noncontrolled cohort study, 22 patients affected by rheumatoid arthritis (RA), who underwent U2 total wrist replacement between March 2003 and January 2014 for the treatment of 23 rheumatoid wrists with the aim of obtaining the remission of pain and a range of motion (ROM) useful for daily activities, according to the patients' demands, as an alternative to total wrist arthrodesis. The cohort of patients included 20 females and 2 males, with a mean age of 54.9 years. Residual pain, preoperative ROM, postoperative ROM increases, grip strength, radiographic changes, long-term complications, and reasons for revision or failures were evaluated.

**Results** In this study, 22 patients were evaluated at a mean follow-up of 82.3 months (range: 2–12 years). All patients had good or complete pain relief, the mean visual analogue scale pain score was 0.82. The mean grip strength improved and postoperatively was 11 kg (Jamar). The mean total ROM of flexion–extension was 72.3 degrees; radial–ulnar deviation 24.9 degrees. The mean QuickDASH score of 49 and patient rate wrist/hand evaluation of 41.7 were noted. In our series, we performed a revision surgical procedure in six cases (26%): in two cases, a carpal component revision procedure and in four cases, total implant failures requiring either conversion to a Swanson spacer or wrist joint fusion.

**Conclusion** TWA provides pain relief, preserves motion, and improves function in severe degenerative RA. Our results at a mid- to long-term follow-up with the U2 prosthesis were encouraging and represent, when indicated, a valid alternative to fusion which is less appealing for RA patients.

**Level of Evidence** Level of evidence is therapeutic IV.

## Keywords

- ▶ wrist joint
- ▶ total wrist arthroplasty
- ▶ rheumatoid arthritis
- ▶ Universal 2

Wrist arthroplasty with silicone implants was first popularized by Swanson in the 1960s, and the early results of this procedure were promising.<sup>1</sup> Longer follow-up showed mechanical failure and severe inflammatory reactions caused by silicon.<sup>2–4</sup> The second-generation wrist arthroplasties, such as Meuli (1984) and Volz (1976) prostheses, included two metal components

which articulated by means of a ball and socket.<sup>5,6</sup> In the 1980s and 1990s, a metal-on-plastic model with a hemispheric design was introduced (Biaxial–De Puy Orthopaedics Inc., Leeds, United Kingdom) to consider the wrist as a bicondylar joint.<sup>7</sup> Most of these implants were recalled due to instability, metacarpal fracture, loosening, and dislocation. The last generation of wrist

received

October 25, 2016

accepted after revision

January 6, 2017

published online

February 17, 2017

Copyright © 2017 by Thieme Medical Publishers, Inc., 333 Seventh Avenue, New York, NY 10001, USA.  
Tel: +1(212) 584-4662.

DOI <https://doi.org/10.1055/s-0037-1598637>.  
ISSN 2163-3916.

arthroplasty, known as “anatomical,” represents an effort to prevent such complications via two features: carpal fixation (instead of metacarpal) and a new concept of kinematic through an intercarpal bone fusion, transforming the wrist into a “two-bone” joint.<sup>8,9</sup> Currently, there were three anatomical implants with these characteristics: Universal 2 (U2)/Freedom (Integra LifeSciences, Plainsboro, NJ), Re-Motion total wrist arthroplasty (TWA) (Small Bone Innovations Inc., Morrisville, PA), and Maestro Wrist Reconstructive System (Biomet, Warsaw, IN).

The most common indication for a TWA is rheumatoid arthritis (RA) with progressive pain and loss of function.<sup>10,11</sup> In RA, the involvement of the wrist has been described in several X-rays–based classifications: the Larsen et al’s classification is the best known,<sup>12</sup> while the Flury et al’s classification is an attempt to be more predictive for the treatment to consider the natural evolution of the disease.<sup>13</sup> Indications for wrist replacement have now been extended to all cases of pancarpal arthritis with total degenerative involvement of the carpus (radiocarpal [RC] and midcarpal [MC]) in Simmen’s classification Types I and II (stable forms), and in case of bilateral involvement of the wrist and multiple affected joints. Moreover, it is mandatory to have a good clinical control of the activity of the disease (synovitis) via adequate medical therapy.

The purpose of this retrospective cohort study is to evaluate the outcomes of TWAs with U2 implants in patients affected by RA, focusing on the complications and the survival of the prostheses.

## Materials and Methods

From March 2003 to January 2014, we performed 23 wrist replacements in 22 patients with a cementless implant (U2) and resection of the ulnar head. All patients were affected by pancarpal RA. The mean age was 54.9 years (range: 31–73 years). Twenty were women and 2 were men. Sixteen subjects underwent several surgical procedures as summarized in ►Table 1. All surgeries were performed by the two senior authors (C.M. and P.S.)

The U2 is a semiconstrained prosthesis providing a double fixation for a distal component (a short central porous-coating stem in the capitate and two self-tapping titanium variable angle screws). Specifically, the implant consists of a polyethylene (ultra-high-molecular-weight polyethylene, UHMWPE) insert and a cobalt–chromium radial component inclined at the level of the joint plateau of 14 degrees. Other features are the ellipsoidal contact surface to increase stability, a convex distal component, and a concave radial component which enhances stability of the implant.

In our series, indications for wrist replacement were pancarpal arthritis with degenerative inflammatory involvement of RC and MC joints; grade 2 or 3 of Larsen or Types I to II of Simmen’s classification; bilateral involvement of the wrist; adequate control of the disease; and motivated patients. Contraindications were severe deformity related to irreparable wrist tendon extensors rupture, inadequate skin coverage, infections; progressive unbalanced RA despite a medical therapy. Osteopenia and poor bone stock were considered relative contraindications.

Surgical procedure has been described in the manufacturer’s technical guide and literature.<sup>14,15</sup> In all cases, we performed a resection of the caput ulnae with Darrach procedure. Additional steps of the procedure in RA patients should: (1) prepare a “Z” retinacular flap based on the radial side from the VI compartment to run the balancing of the extensor carpi ulnaris (ECU) at the end of the procedure; (2) check for the correct rotational alignment of the radial stem; (3) align the carpal component in relation only to capitate and not considering the third metacarpus, often unaligned in rheumatoid patients (►Fig. 1); (4) carpal stem, radial, and ulnar screws have to be aligned in the center of respective bones and on the same level in the frontal plane; (5) perform a solid arthrodesis between carpal bones, using the removed proximal carpal rows as graft, to improve the local bone stock and a stronger integration of the carpal component; (6) test the stability of the trials implant with a shaking maneuver; (7) handling of soft tissue intraoperatively and accurate reconstruction, such as capsule, retinaculum, and ECU.

A Kaplan–Meier’s survival analysis was performed to calculate the survival curve of the implants; the end point chosen was the time of primary wrist replacement until revision. A revision was defined as an exchange of the whole or parts of the prosthesis or removal of the prosthesis.

## Rehabilitative Protocol

After surgery, a bulky dressing was maintained for 2 weeks. After the removal of sutures and bulky dressing substitution with a custom-made plastic splint in a neutral position of the wrist with free fingers, all patients were allowed to temporarily remove the splint to perform active mobilization in flexion–extension and ulnar and radial deviation and gentle stretching exercises, in absence of pain, and assisted by hand therapists. During the sessions, the therapist also performed a gentle passive mobilization preceded by pompage according to Bienfait and scar treatment.<sup>16</sup> All these treatments, followed by cryotherapy, were considered important at this stage to reduce the edema and to maintain the mobility of the fingers. Furthermore, patients had to wear a splint during the night for 4 weeks. After the first X-ray control, 1 month postsurgery, paraffin therapy, isometric contractions of the muscles of the fingers and wrist, and electrotherapy in cases of limited range of motion (ROM) have been prescribed to increase strength. Eight weeks after surgery, the splint was removed, allowing the patients to return within 12 weeks to their daily activities, avoiding weights over 3 kg permanently.

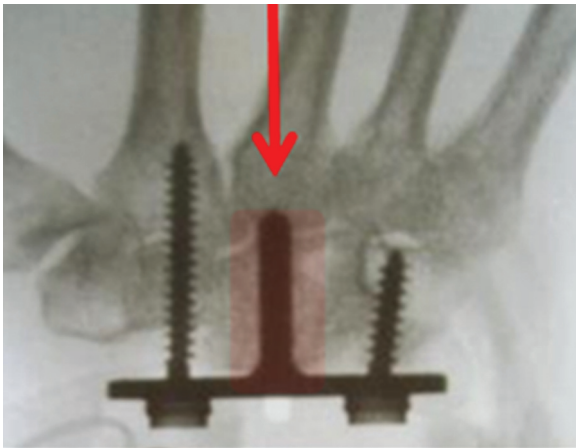
## Clinical Evaluation

Symptoms reported by patients before surgery were pain (assessed by a visual analogue scale [VAS] score); reduced active ROM; impairment in daily activities; and deformity and swelling of the wrist. Postoperatively, QuickDASH and patient rate wrist/hand evaluation (PRWHE) scores were analyzed; VAS, ROM, and testing for standard grip strength evaluation compared with the contralateral side (Jamar Hydraulic Hand Dynamometer) were recorded, but these outcomes were limited by the complex underlying disease involving multiple joints.

**Table 1** Presentation of the series

	Patients	Age at surgery	Side	Sex	Hobby or sport	Work or occupation	Diagnosis	Others procedures	First surgery	Secondary surgery
1	P.S.	71	L	F		Retired	RA	Right wrist arthrodesis	2003	2012
2	R.M.	42	R	F		Office worker	RA	Right IV, V extensors repair	2003	
3	M.L.	58	R	F		Housewife	RA	Extensor tendon synovectomy of left wrist	2004	
4	G.M.F.	47	L	F		Cleaning lady	RA	Right RSL fusion, left MP Swanson arthroplasty	2004	2011
5	L.R.G.	39	R	F		Teacher	R.A	Right TEA, left RSL, and tenodesis for swan neck deformity of thumb, trapeziectomy, and pyrocarbon interposition arthroplasty, MP fusion of thumb	2004	2006
6	B.P.	56	R	F		Housewife	RA		2006	
7	F.A.	62	R	F		Housewife	RA	Right MP Swanson arthroplasty, II MP pyrocarbon arthroplasty, and left RSL fusion	2006	2009
8	C.A.	68	L	F		Retired	RA	Left III and IV PIP fusion, right TEA	2006	
9	M.F.	36	R	F		Lawyer	RA	Extensor tendon synovectomy of left wrist, left Darrach	2006	
10	B.F.	50	L	F		Janitor	RA	Right TEA, right RSL fusion, right MP Swanson arthroplasty, right I IP fusion, left MP fusion of the thumb	2007	
11	G.A.	42	R	F		Secretary	RA		2007	
12	S.W.	59	L	F			RA		2007	
13	R.A.	66	R	F	Piano player		RA	Right III-V extensor repair	2007	
14	M.M.	54	R	F		Retired	RA	Right MP Swanson arthroplasty, III-V flexor tendons repair by graft	2008	2013
15	G.C.	49	L	F	Scooter driver	Secretary	RA		2008	
16	G.V.	73	R	M		Woodcarver	RA	Left RSL fusion, III-V extensor repair	2009	
17	R.A.	68	L	F	Piano player	Retired	RA	Left MP fusion of the thumb	2009	
18	B.E.	61	L	F	Painting	Writer	RA	Right total wrist fusion, MP fusion of the thumb	2009	
19	M.F.N.	31	R	F		Salesperson	RA	Left total wrist fusion	2009	
20	C.P.	47	R	M	Cyclist	Salesperson	RA	Left total wrist fusion, MP Swanson arthroplasty, II, III PIP fusion	2010	2015
21	S.D.	72	L	F		Retired	RA	Right total wrist fusion, right MP Swanson arthroplasty, right MP, IP fusion of the thumb, left TCS	2011	
22	C.R.	59	R	F		Retired	RA	Right MP Swanson arthroplasty	2012	
23	S.M.	54	L	F		Retired	RA		2014	

Abbreviations: CTS, carpal tunnel syndrome; IP, interphalangeal joint; MP, metacarpal-phalangeal joint; RA, rheumatoid arthritis; RSL, radio-scapholunate fusions; TEA, total elbow arthroplasty; PIP, proximal interphalangeal joint.



**Fig. 1** The evolution pattern of the rheumatoid arthritis disease with progressive deviation of metacarpals altering the carpal–metacarpal (capitate–third metacarpal) joint’s axis, it is representing a critical point for surgical procedure.

Whether the patient would repeat this type of surgery was also recorded, and in patients with a contralateral arthrodesis, which of the two was the preferred surgery.

**Radiographic Assessment**

Preoperative standard X-rays of the wrist were performed. In selected cases, 13 cases out of 23, in which there was doubt whether it would be possible to do a partial arthrodesis or a TWA, a computed tomography scan was also performed to evaluate the degree of bone loss of the radiocarpal and mid-carpal joints.

At the time of final follow-up, all patients were assessed with standard X-rays to evaluate the intercarpal fusion and to detect any radial stress shielding, radiolucent lines, resorption around the stems, migration, and subsidence. X-rays were then performed at 3, 6, and 12 months, and each subsequent year.

Several patterns were described as follows:

1. No radiologic changes, stable clinical outcome (→ Fig. 2)
2. Radiologic changes, stable clinical outcome: (1) radiologic changes (stress shielding, osteolysis, bony resorption, sclerosis, radiolucency) unmodified on subsequent X-rays with stable implant (→ Fig. 3) and (2) progression of tilting, subsidence, and/or loosening. Implant migration or radiological loosening not related to symptoms but with probable worsening of the clinical setting in the future (→ Fig. 4).<sup>17,18</sup>
3. Progression of implant tilting, subsidence, and/or loosening with recurrence of synovitis, ongoing RA disease, and symptoms, requiring revision surgery.

**Results**

The mean follow-up was 82.3 months (range: 24–148 months). In all patients, we observed a significant reduction in pain; the mean VAS score preoperative was 9 and postoperative decreased to 0.82. All patients reported that they would repeat the surgery. Grip strength and manual agility increased in all cases; mean grip strength improved and

postoperatively was 11 kg (Jamar Hydraulic Hand Dynamometer). The mean total postoperative flexion–extension ROM of 72.3 degrees (from 38 to 110 degrees) and ROM of radial–ulnar deviation of 24.9 degrees (from 0 to 42 degrees) were noted (→ Fig. 5).

Postoperative self-assessment showed a value of QuickDASH 49 and PRWHE 41.7 in activities of daily living (→ Table 2). All patients returned to their manual tasks and work with satisfaction after 3 months. In two cases, with adequate splinting, they could also participate in selected sports (skiing, cycling).

We recorded several complications; one marginal skin necrosis of the wound in the perioperative period, healed by advanced wound care, in six cases (26%) was necessary revision surgery.

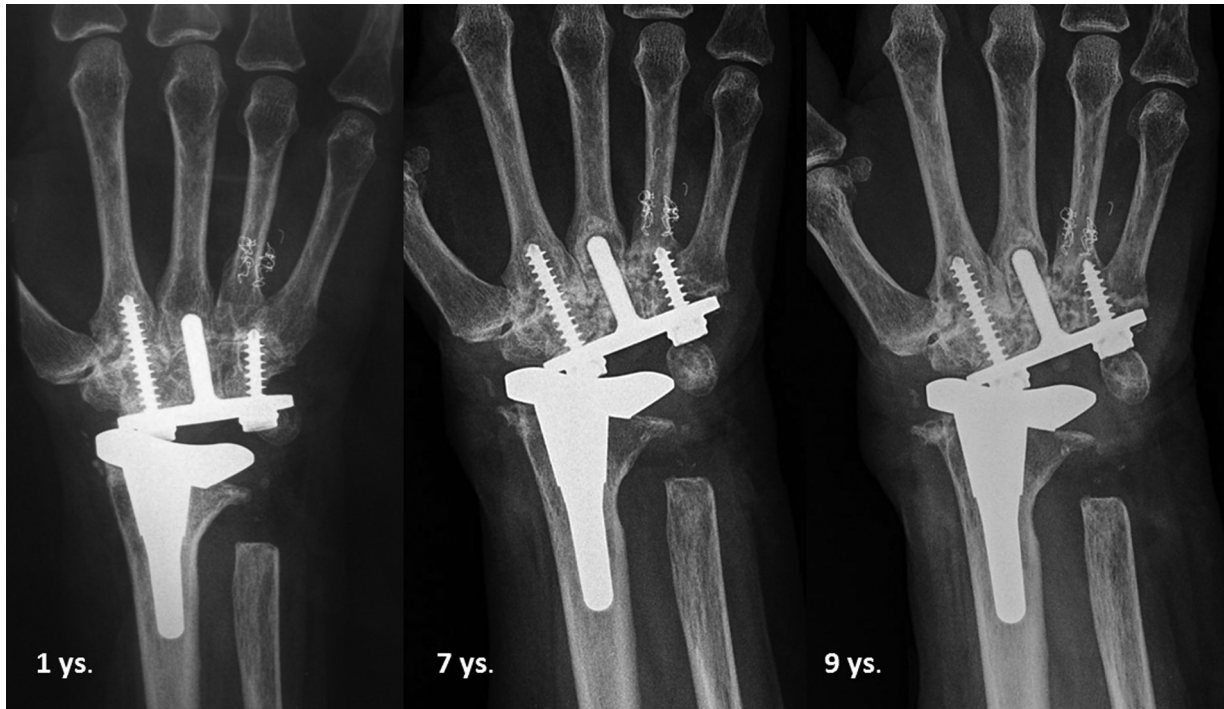
**Radiological Evaluation**

We recorded no radiographic changes over time in nine cases (Type A), and signs of remodeling in eight cases (Type B) due to stress shielding in the radial styloid (case 3), osteolysis around screws and the central stem (cases 15 and 23), and bony resorption around the radial baseplate (case 19) (→ Fig. 6). Two cases, cases 13 and 15, showed a partial migration of the implant; three cases, cases 6, 10, and 11, showed signs of subsidence and loosening. Among these eight patients, five are Type B.1 (cases 3, 13, 15, 19, and 23) and three are B.2 (cases 6, 10, and 11). All of these cases were not yet revised and asymptomatic.

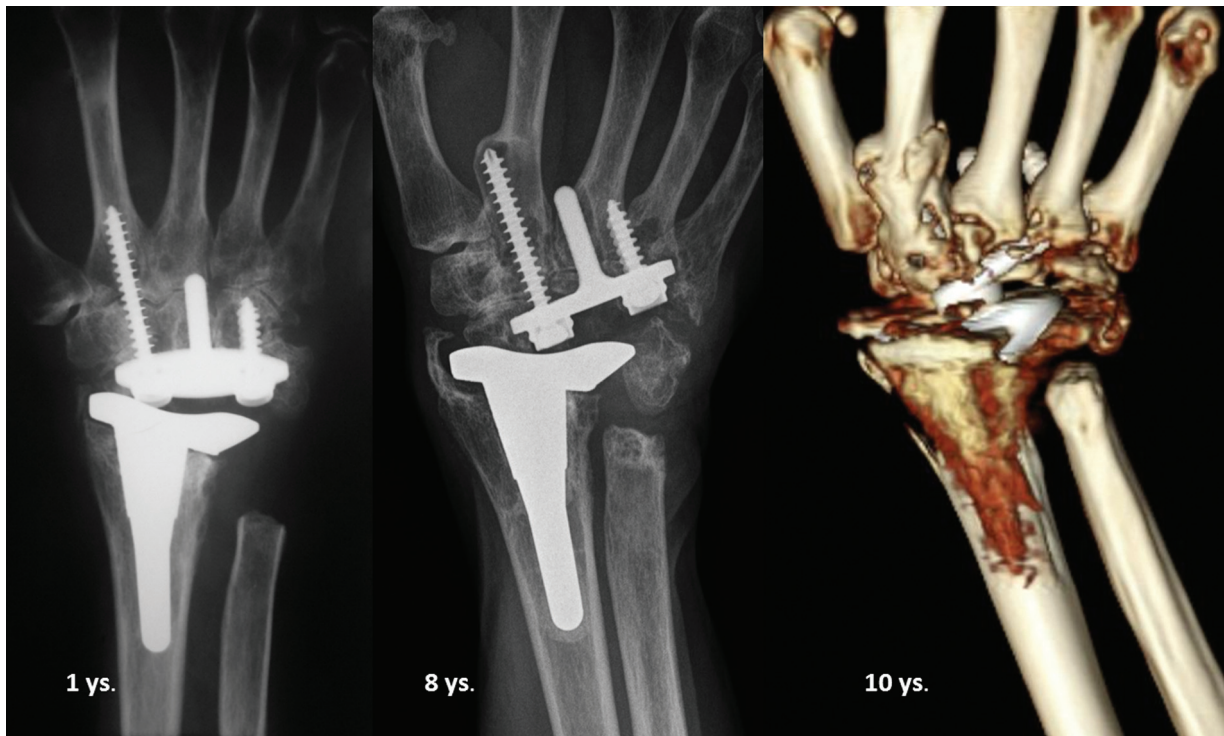


**Fig. 2** Type A radiological pattern: stable over the time.

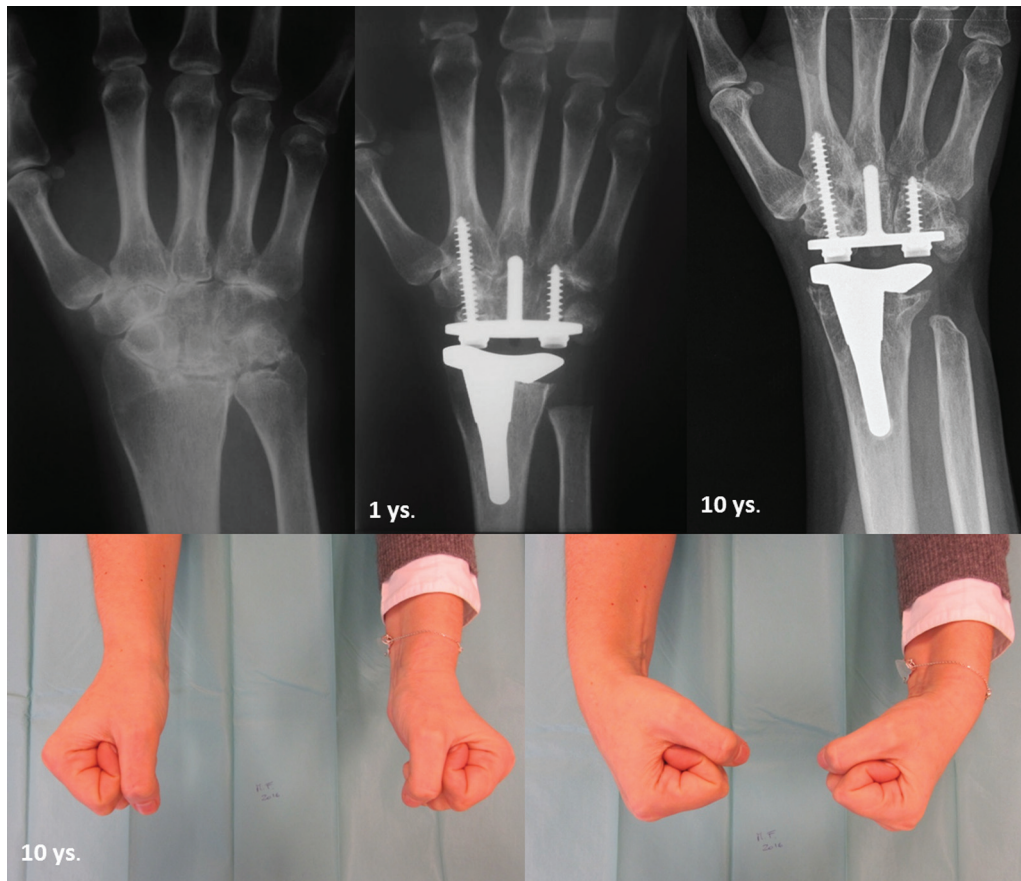
This document was downloaded for personal use only. Unauthorized distribution is strictly prohibited.



**Fig. 3** Type B.1: X-ray changes may be observed on sequential X-rays within the first 2 years after surgery; unmodified on the following radiological control at 7 and 9 years after surgery as implants settle in a stable position (case 13).



**Fig. 4** Type B.2: progressive radiological loosening not related to a symptomatic condition (painless, functional range of motion) but with probable worsening of the clinical setting in the future.



**Fig. 5** Radiological and clinical results 10 years after surgery with no pain and functional range of motion (case 9).

**Table 2** Results

	Patients	Preoperative VAS	Postoperative VAS	ROM (flexion/extension)	ROM (radial/ulnar deviation)	Jamar (kg)	QuickDASH	PRWHE
2	R.M.	10	0	50	20	10	36.3	38.5
3	M.L.	9	0	69	25	7.5	43.1	26.5
6	B.P.	9	1	74	42	2.5	63.6	64.5
8	C.A.	9	0	38	15	1	84.0	78
9	M.F.	10	0	115	25	21	29.5	24
10	B.F.	8	1	100	40	30	22.7	23.5
11	G.A.	7	0	70	35	0	27.2	23.5
12	S.W.	10	0	110	35	13	43.1	19
13	R.A.	8	3	65	15	8.5	79.5	62
15	G.C.	9	3	65	30	10	47.7	25
16	G.V.	9	0	95	30	22	20.4	12.5
17	R.A.	9	2	70	35	9	70.4	57
18	B.E.	8	0	55	30	10	63.6	44.5
19	M.F.N.	10	3	80	35	13.5	65.9	70.5
21	S.D.	10	1	73	0	0.5	59.0	56
22	C.R.	9	0	50	2	2.5	59.0	47
23	S.M.	9	0	50	10	8	18.1	38.5

Abbreviations: ROM, range of motion; VAS, visual analogue scale; PRWHE, patient rate wrist/hand evaluation.



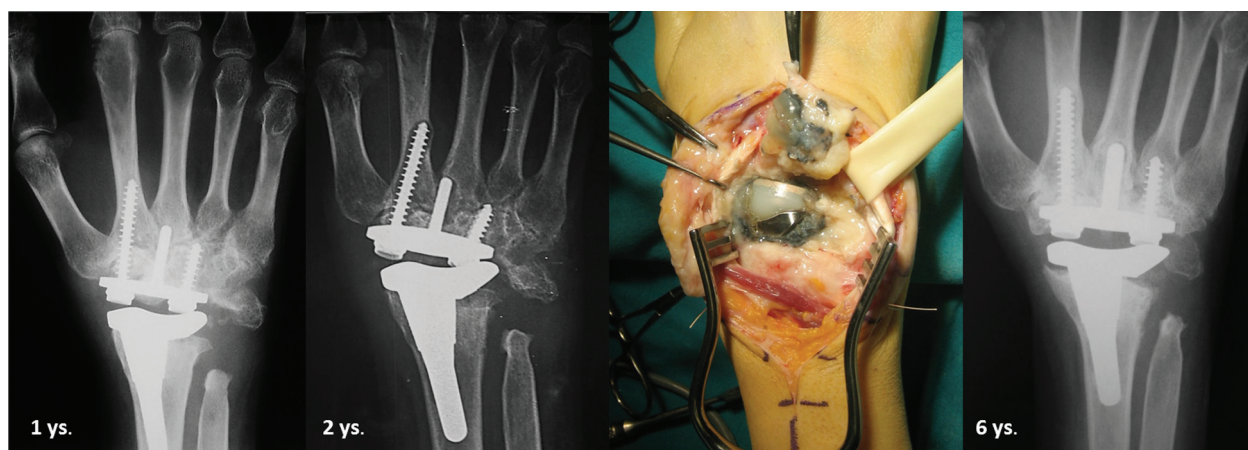
**Fig. 6** Radiological evaluation at 6-year follow-up showed signs of change in bone density around the radial baseplate (case 19).

### Revision—Failures (Aseptic Loosening)

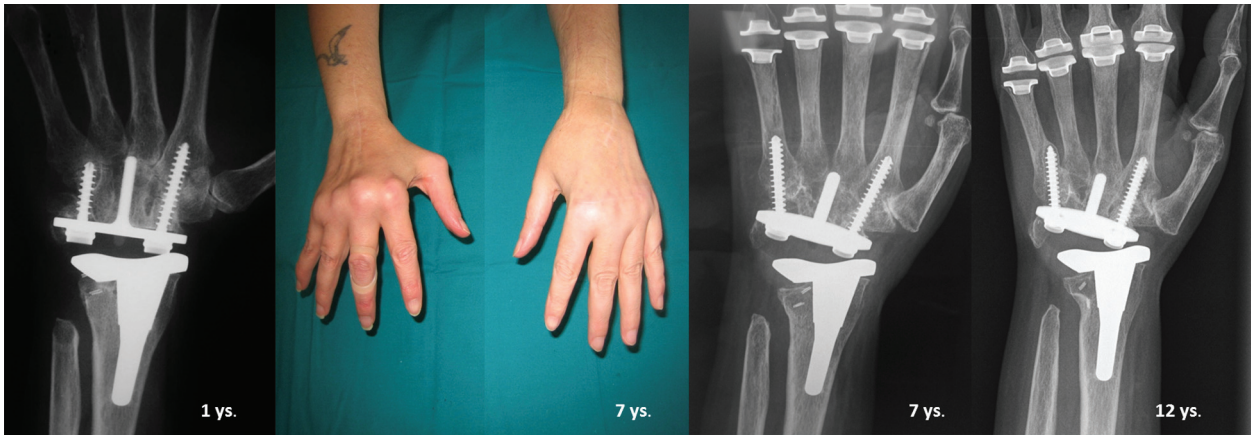
Of the 23 implants, 6 (Type C) (26%) were revised. A second surgery was mandatory in case of swelling, pain, deformity, progressive reduction of ROM, and unstable joint with impairment of the function associated with radiographic loosening or with a malalignment of the implant. In all cases of secondary surgery, we also performed histological examination of the periprosthetic tissues to determine the presence of metal particles or any polyethylene debris. Two cases (4 and 6) were revised in the carpal component: one for improper fusion of the carpal bones and one for a massive reactivation of rheumatic disease no longer responsive to drugs (►Figs. 7 and 8). Total

failure of the implant which required conversion surgery was performed in four cases (1, 7, 14, and 20) out of six (17%) (►Fig. 9). Procedures and implant revisions are summarized in ►Table 3.

The implant survival curve was estimated using the Kaplan–Meier’s method; follow-up regarding implant survival was measured as the time of primary wrist replacement until revision surgery for any reason (survival criterion). Regarding U2 implants in RA patients of our cohort, they show a smooth and progressive curve over time with a steady failure rate. The U2 survivorship would be of 64% at 12 years (►Fig. 10).



**Fig. 7** Case 5 (L.R.G.) showed a periprosthetic osteolysis at the radial screw, an improper fusion of the carpal bones and clinically characterized by pain without reduction of the range of motion at 2 years after surgery. In this case, a revision has been performed a revision with replacement of the polyethylene implant and the distal anchoring screws, as well as a fusion between the bones of the carpus and between carpal–metacarpal joints; the prosthesis is implanted to date, and clinically silent.



**Fig. 8** Case 4 (G.M.F.) after 7 years from surgery, the patient developed a massive reactivation of rheumatic disease no longer responsive to drugs, which determined a progressive failure of the carpal component with proximal migration of the screws and broke the carpal stem accompanied by pain, swelling, and functional impairment; intraoperative an extended metallosis was found but the polyethylene was in good condition with no coarse signs of wear. The carpal component was replaced and now the prosthesis shows no mobilization and is clinically silent.

**Discussion**

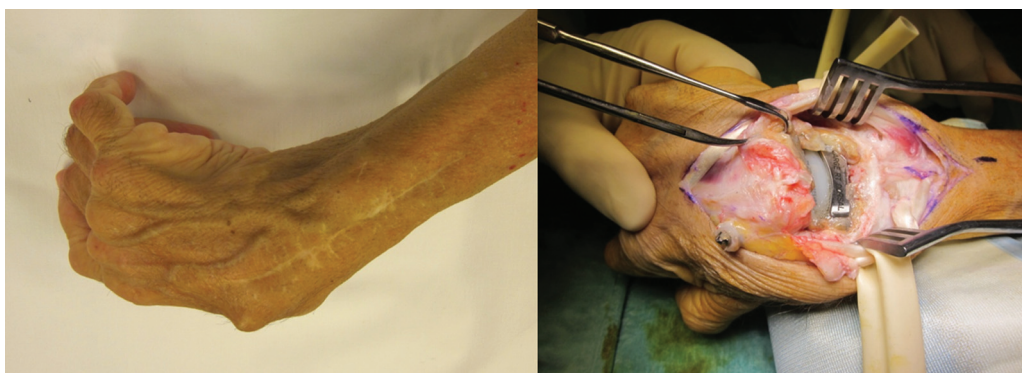
We reviewed 23 TWA, who underwent to U2 total wrist replacement, in rheumatoid patients. In our series, at mean follow-up of 82.3 months (2–12 years), the survival rate was 74%, and six TWA were reoperated. The Kaplan–Meier’s survival analysis estimated a survival of all implants at 12 years (64%). In our series of RA patients, the pathogenetic mechanisms that led to revision of the implant were mainly related to a progressive evolution of the disease, despite modern drugs, and failure of carpal bones arthrodesis that compromise the stability of the prosthesis and its regular function (normal wrist kinematics) with a secondary mechanical wear of polyethylene.

The parameters assessed in our last follow-up in 2016 are as follow: functional scores improved and were maintained over the mid- to long term; however, QUICK DASH and PRWHE scores were unreliable in rheumatoid patients compared with a posttraumatic subjects because the rheumatoid patient experiences disease involvement not only in the wrist but also in fingers and the proximal districts, such as elbow and shoulder, and daily activities are affected by the general

condition of the patient.<sup>19</sup> The cooperation of the patient in the postoperative rehabilitation program directed by the hand therapist was a determinant for the quality of the final results.

The main potential advantage of TWA over total wrist fusion is the preservation of movement. In our series, 10 patients had contralateral arthrodesis, including 5 total wrist fusion and 5 radioscapholunate fusions, and all preferred the side with TWA as reported by several authors; recent studies of patients who have performed wrist arthrodesis show that they have difficulty performing everyday activities, such as writing, brushing hair, and sitting.<sup>17,19–22</sup>

In RA patients, the surgeon has to face several challenges due to muscle imbalance, reduction of bone stock, messy and subverted anatomy of the rheumatoid wrist, ligamentous laxity, potential worsening of disease, and a potential instability of the joint at risk for prostheses components misalignment. With the current generation of implants, such as U2, it is critical for the RA wrist balancing muscles to achieve stability and alignment of the prosthetic components. Muscle imbalance, included between 16 and 32% of RA population, is due to the inability of the patient to voluntarily hold the wrist in a neutral position (dorsiflexion 10–15 degrees, slight ulnar



**Fig. 9** Case 20 was characterized intraoperative by loss of joint congruity and leakage of the radial screw from two midcarpal.



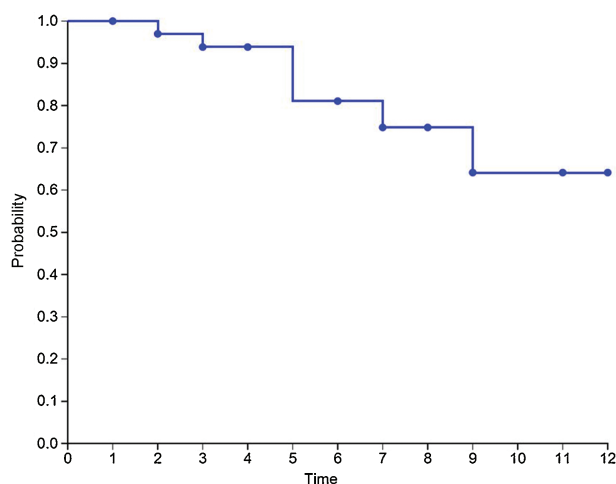
**Table 3** Second surgery

Case	Patients	Implant mode of failure	Second surgery		Intraoperative view
			Revision surgery	Conversion surgery	
1	P.S.	Aseptic loosening (ongoing disease)		Swanson silicone spacer	Breakage of carpal implant, metallosis, and polydebris
4	G.M.F.	Aseptic loosening (ongoing disease)	Revision surgery (polyethylene, carpal plate, and screws)		Breakage of carpal implant, metallosis
5	L.R.G.	Failure of fusion (ongoing disease)	Revision surgery (polyethylene, two MC screws)		Metallosis
7	F.A.	Imbalance		Swanson silicone spacer	
14	M.M.	Malalignment (ongoing disease)		Swanson silicone spacer	Leakage of the radial screw from two MC, metallosis
20	C.P.	Malalignment (ongoing disease)		Total wrist fusion	Leakage of the radial screw from two MC, metallosis

Abbreviation: MC, midcarpal.

deviation).<sup>19–23</sup> This imbalance may be evident both in flexion–extension and radioulnar deviation and can be exacerbated by the involvement in the process of tendons degeneration, made inefficient by fibrotic substitution processes or by their own failure. The most common related condition is a radial displacement of the rotation center that has led to development in the design of the prosthesis, but on the contrary requires adequate knowledge by surgeons of force vectors determinants in rheumatoid deformities where the stronger deformation element is the flexor carpi ulnaris tendon. Therefore, we cannot count solely on the intrinsic stability of the prosthesis, and it is always necessary to accurately handle soft tissues and fix the causes of imbalance. The success of the U2 implant in terms of fixation is well established, and once initial stability is achieved, this usually leads to long-term biological fixation.

Only short- to mid-term follow-up results for U2 wrist arthroplasty have been reported in a small series of patients.



**Fig. 10** The Kaplan–Meier’s survival analysis estimated a survival of implants at 12 years (64%).

Ferreres et al<sup>17</sup> in 2011 reviewed 21 TWAU2, 14 patients with RA and 2 with Kienböck’s disease, 1 had degenerative arthrosis, and 1 had chondrocalcinosis. After a mean follow-up of 5.5 years, two patients were found with osteolysis around screws and distal components with subsidence on the ulnar side of the carpus. Morapudi et al<sup>24</sup> in 2012 reported 21 TWA using the U2, 19 RA and 2 posttraumatic. After a mean follow-up of 3.1, only two patients underwent to a second surgical procedure. The study revealed no radiological evidence of loosening. Cooney et al<sup>25</sup> in 2012 published a comparative retrospective study on 30 Biaxial, and 16 U2 and Re-Motion TWA. Ten were posttraumatic arthritis and 36 had RA. After a 6-year follow-up, nine implant failures were noted for distal component implant loosening and wrist instability; only one in the U2 series. Sagerfors et al<sup>26</sup> in 2012 in a prospective cohort study evaluated 219 TWA, 185 RA and 34 osteoarthritis, with a follow-up of 7 years with four types of prosthesis: Biax, Re-Motion, U2 (with 8-year follow-up and 12 RA patients), and Maestro. Nineteen TWA underwent revision, 16 for radiographic loosening combined with pain and 3 for deep infection. Loosening 5 years postoperatively was present in 36% of the U2 implants. Chevrollier et al<sup>27</sup> in 2016 reported in a retrospective study with 17 TWA, U2 and Re-Motion, with a follow-up of 5.2 years. Three were converted to arthrodesis and observed implant loosening in eight patients. The author confirms the discordance observed between patients’ subjective satisfaction and mediocre clinical and radiological results over the medium term. Yeoh and Turret<sup>11</sup> in 2015 published a systematic review of the past 5 years in the literature, and found U2 the best for survival rate compared with others prostheses, but the analysis was based only on Morapudi and Ferreres series. The authors noted a reduction of risk of dislocation in U2 compared with the previous model.

There were limitations in the present study. It was a retrospective cohort study. We also had lack of preoperative data in a relatively small numbers of the cases that were included. Lack of homogeneity age at surgery and follow-up was also noted.

The characteristics of implants currently used allow us to no longer consider wrist replacement a salvage procedure, but rather a primary indication of reconstructive surgery for RA patients, with reliable results intended to last; U2 implants have definitely entered in our armamentarium. Careful patient selection is essential. Naturally, this surgery has some limitations, which are attributable to a small group of indications for pathology and degree of evolution of the disease, and the need for considerable technical pre- and intraoperative experience, as well as other limitations related to mechanical failures due to the technical characteristics of the implant.

#### Conflict of Interest

None.

#### References

- Swanson AB. Flexible implant arthroplasty for arthritic disabilities of the radiocarpal joint. A silicone rubber intramedullary stemmed flexible hinge implant for the wrist joint. *Orthop Clin North Am* 1973;4(2):383–394
- Brase DW, Millender LH. Failure of silicone rubber wrist arthroplasty in rheumatoid arthritis. *J Hand Surg Am* 1986;11(2):175–183
- Jolly SL, Ferlic DC, Clayton ML, Dennis DA, Stringer EA. Swanson silicone arthroplasty of the wrist in rheumatoid arthritis: a long-term follow-up. *J Hand Surg Am* 1992;17(1):142–149
- Stanley JK, Tolat AR. Long-term results of Swanson silastic arthroplasty in the rheumatoid wrist. *J Hand Surg Am* 1993;18B:381–388
- Meuli HC. Meuli total wrist arthroplasty. *Clin Orthop Relat Res* 1984;(187):107–111
- Volz RG. The development of a total wrist arthroplasty. *Clin Orthop Relat Res* 1976;(116):209–214
- Cobb TK, Beckenbaugh RD. Biaxial total-wrist arthroplasty. *J Hand Surg Am* 1996;21(6):1011–1021
- Menon J. Universal total wrist implant: experience with a carpal component fixed with three screws. *J Arthroplasty* 1998;13(5):515–523
- Pfanner S, Ceruso M. Artrite reumatoide: artrodesi, protesi articolari. In: Landi A, Catalano F, Luchetti R, eds. *Trattato di chirurgia della mano*. Vol. 2. Roma: Verduci; 2007:1199–1224
- Divelbiss BJ, Sollerman C, Adams BD. Early results of the Universal total wrist arthroplasty in rheumatoid arthritis. *J Hand Surg Am* 2002;27(2):195–204
- Yeoh D, Tournet L. Total wrist arthroplasty: a systematic review of the evidence from the last 5 years. *J Hand Surg Eur Vol* 2015;40(5):458–468
- Larsen A, Dale K, Eek M. Radiographic evaluation of rheumatoid arthritis and related conditions by standard reference films. *Acta Radiol Diagn (Stockh)* 1977;18(4):481–491
- Flury MP, Herren DB, Simmen BR. Rheumatoid arthritis of the wrist. Classification related to the natural course. *Clin Orthop Relat Res* 1999;(366):72–77
- Menon J. Universal Total Wrist Implant: experience with a carpal component fixed with three screws. *J Arthroplasty* 1998;13(5):515–523
- Adams BD. Total wrist arthroplasty. *Tech Hand Up Extrem Surg* 2004;8(3):130–137
- Bienfait M. La fascia. Anatomia, topografia, fisiologia, patologia. Il “Pompage”. *Trattamento della fascia*. Roma: Marrapese; 1995
- Ferreres A, Lluch A, Del Valle M. Universal total wrist arthroplasty: midterm follow-up study. *J Hand Surg Am* 2011;36(6):967–973
- Sagerfors M, Gupta A, Brus O, Pettersson K. Total wrist arthroplasty: a single-center study of 219 cases with 5-year follow-up. *J Hand Surg Am* 2015;40(12):2380–2387
- Murphy DM, Khoury JG, Imbriglia JE, Adams BD. Comparison of arthroplasty and arthrodesis for the rheumatoid wrist. *J Hand Surg Am* 2003;28(4):570–576
- Vicar AJ, Burton RI. Surgical management of the rheumatoid wrist—fusion or arthroplasty. *J Hand Surg Am* 1986;11(6):790–797
- Takwale VJ, Nuttall D, Trail IA, Stanley JK. Biaxial total wrist replacement in patients with rheumatoid arthritis. Clinical review, survivorship and radiological analysis. *J Bone Joint Surg Br* 2002;84(5):692–699
- Nydick JA, Greenberg SM, Stone JD, Williams B, Polikandriotis JA, Hess AV. Clinical outcomes of total wrist arthroplasty. *J Hand Surg Am* 2012;37(8):1580–1584
- Adams BD. Complications of wrist arthroplasty. *Hand Clin* 2010;26(2):213–220
- Morapudi SP, Marlow WJ, Withers D, Ralte P, Gabr A, Waseem M. Total wrist arthroplasty using the Universal 2 prosthesis. *J Orthop Surg (Hong Kong)* 2012;20(3):365–368
- Cooney W, Manuel J, Froelich J, Rizzo M. Total wrist replacement: a retrospective comparative study. *J Wrist Surg* 2012;1(2):165–172
- Sagerfors M, Gupta A, Brus O, Rizzo M, Pettersson K. Patient related functional outcome after total wrist arthroplasty: a single center study of 206 cases. *Hand Surg* 2015;20(1):81–87
- Chevrollier J, Strugarek-Lecoanet C, Dap F, Dautel G. Results of a unicentric series of 15 wrist prosthesis implantations at a 5.2. year follow-up. *Acta Orthop Belg* 2016;82(1):31–42