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## Enterovesical fistula, a rare complication of Meckel's diverticulum: A case report



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### ABSTRACT

**INTRODUCTION:** Enterovesical fistulas usually result from diverticulitis, Crohn's disease, or colorectal cancer. A perforated Meckel's diverticulum can exceptionally result in a vesico-diverticulum fistula, as noted in only seven previously reported cases.

**CASE REPORT:** A 35-year old Arabic male, quadriplegic, who presented epigastralgia evolving for a week, associated with abdominal distension and cloudy urine. On examination he was feverish (38.5 °C), dehydrated with tenderness in the entire distended abdomen; rectal examination revealed a hypotonic sphincter with no other abnormality. After investigations, acute peritonitis diagnosis was retained. Exploratory laparotomy revealed a vesico-diverticular fistula resulting from a perforated Meckel's diverticulum. Diverticulectomy, ileostomy and bladder sutures were performed after peritoneal cleansing. The postoperative course was uneventful. The anatomic-pathological examination confirmed the diagnosis of a perforated Meckel's diverticulum that did not contain ectopic gastric or pancreatic tissue.

**CONCLUSION:** Vesico-diverticular fistula resulting from a perforated Meckel's diverticulum is a rare complication. To our knowledge, this is only the fourth reported case which is not associated to inflammatory bowel disease.

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### 1. Introduction

The vesicoenteric fistula has a relatively rare incidence. It is generally associated to the bowel chronic and inflammatory diseases such as Crohn's disease. Exceptionally, it might be secondary to Meckel's diverticulum. The vesicoenteric fistula due to Meckel's diverticulum is a special complication, reported in only seven cases in the literature.

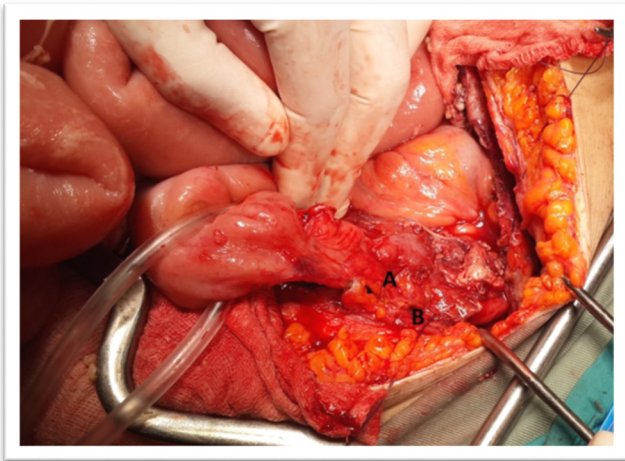
### 2. Observation

A 35-year-old Arabic male, quadriplegic Admitted to the emergency for febrile, acute abdominal pain associated to abdominal distension and absence of bowel movements. The examination unveiled a dehydrated, 38.5 °C feverish patient. The abdominal palpation revealed a diffuse abdominal tenderness and a hypotonic anal sphincter without any other abnormalities. A transurethral

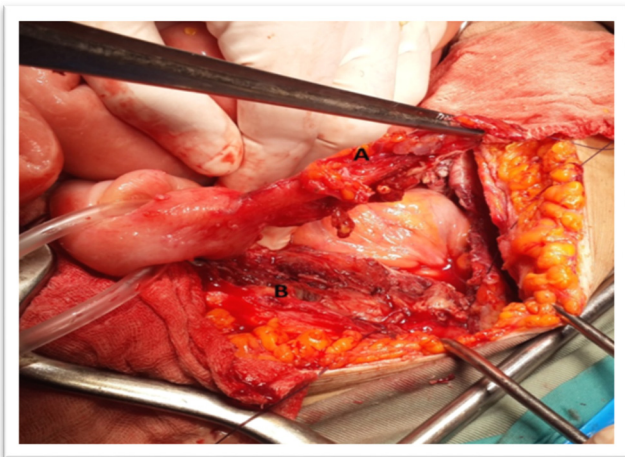
catheter yielded purulent urines. The biology, showed a hyperleucocytosis at 23200/mm<sup>3</sup> and a CRP at 267 mg/l associated with an acute renal failure (crea: 143 μmol/l and urea 11 mmol/l). The abdominal computed Tomography (CT) scan showed an averagely abundant peritoneal effusion associated with a retrovesical 12,5cm-collection and a 7,5cm-collection behind the rectus abdominal muscle. There was no pneumo-peritoneum. The Appendix was normal. The CT did not show any clear etiology for this acute peritonitis. An urgent surgical intervention was decided. A median laparotomy was carried out, discovering a purulent effusion of the peritoneal cavity. There was an abscess in the Bogros cavity. The Appendix had a normal aspect. 40 cm from the ileo-caecal valve, there was a perforated and adherent to the bladder dome Meckel's Diverticulum. The separation of the diverticulum from the bladder, revealed of 4 cm loss of bladder continuity (Fig. 1 and 2). A peritoneal washout with Diverticulectomy and ileostomy was performed. The bladder was sutured on two levels and drained by a Foley catheter. The surgical follow-ups were quite simple. The anatomic-pathological examination confirmed the diagnosis of a perforated Meckel's diverticulum. The re-establishment of the Bowel continuity through elective way was performed after 04 months.

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**Fig. 1.** Per operative view: Meckel's diverticulum (A) adherent to the bladder dome (B).



**Fig. 2.** Per operative view: Meckel's diverticulitis (A) bladder fistula (B).

### 3. Discussion

Meckel's diverticulum represents the most frequent congenital malformation of the gastro-intestinal tract touching 2–4% of the population [1]. It is caused by an incomplete obliteration of the omphalo-mesenteric canal during the 5th week of gestation [3].

Meckel's diverticulum is asymptomatic, it complicates in 4–6% of cases [4]. The most frequent complications are the digestive hemorrhage, the intestinal occlusion or the inflammation [2,5]. The diagnosis is most often carried out during the onset of complications; or still during a laparotomy done during another intervention. Other more rare complications are described such as the entero-colic fistulas, and more recently the fistula between Meckel's diverticulum and the Appendix or Meckel's diverticulum and the umbilici [4,6].

The entero-vesical fistula results from a diverticulum, from Crohn's disease or from a bladder or colorectal cancer [7,8]. The perforation or the inflammation of Meckel's diverticulum might also lead to vesicoenteric fistulas as it was actually reported in 07 cases in the literature [9,10]. In our case, no intestinal or visceral pathologies were associated with the fistula; conversely to the two cases reported where the patients were suffering from Crohn's disease [13,14] and another where the entero- visceral fistula was caused by a foreign object ingested and incarcerated at the level of Meckel's diverticulum [9].

The pre-operative diagnosis of vesicoenteric fistula is rather hard to make. The urinary symptoms dominate the revealing table such as the urinary infection, the pneumaturia or the fecaluria [8]. The abdominal signs might be summed up in a pain of the right iliac fossa which was noted in only two cases [9,12]. The imagery does help for the diagnosis, particularly the TDM or the abdominal IRM which is much more reliable to highlight the presence of gas in the bladder and the possible solution of continuity between the bladder and an intestinal segment. The cystoscopy could also contribute to the diagnosis by visualizing the fistula in 6.7–67% of the cases [7]. This is reflected by a loss of substance at the level of the posterior superior bladder wall associated with an edematous infiltration of the mucosa [9,10].

Despite the support to the diagnosis provided by the various investigations, the diagnosis was carried out, in all the reported cases per-operative. This is presumably due to the frustrated symptoms as well as the urgent context that minimize the exploration time span. The treatment of the vesicoenteric fistula is surgical in all cases [11]. A diverticulectomy and a suture of the bladder fistula were carried out in all the reported cases.

### 4. Conclusion

The vesicoenteric fistula due to Meckel's diverticulum is an extremely rare pathology, usually associated with a past medical history of inflammatory bowel disease which add more rarity to our case. Its main warning signs are urinary. Imaging and particularly the abdomino-pelvic MRI orient the diagnosis. However, in all the reported cases the diagnosis has never been made in the pre-operative settings.

### Conflicts of interest

No financial and personal relationships with other people or organisations that could inappropriately influence (bias) their work.

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### Ethical approval

Charles nicolle hospital ethic comitee.

### Consent

Written informed consent was obtained from the patient for publication of this case report and accompanying images.

### Authors' contributions

**Bourguiba MA:** concept or design, data collection, data analysis or interpretation, writing the paper.

**Charbi M:** concept or design, data collection, data analysis or interpretation, writing the paper.

**Ghalieb M:** data collection, data analysis or interpretation.

**Ben Taher A:** data collection.

**Souai F:** data collection.

**Bensafra Y:** data collection, data analysis or interpretation, writing the paper.

**Sayari S:** writing the paper.

**BEN Moussa M:** writing the paper.

**Guarantor**

Bourguiba Mohamed aboulkacem.

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