

Continuing Medical Education:

Deep sclerectomy for uveitic glaucoma: long-term outcomes

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Learning Objectives

Upon completion of this activity, participants will be able to:

1. Evaluate the efficacy of deep sclerectomy for glaucoma secondary to uveitis, based on a retrospective, nonrandomized case series.
2. Determine the safety of deep sclerectomy for glaucoma secondary to uveitis.
3. Determine the need for subsequent surgery after deep sclerectomy for glaucoma secondary to uveitis.

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results have been reported for both DS and viscocanalostomy.^{26–30} Our study highlights the clinical outcomes, complications, and failure rates for augmented deep sclerectomy in UG and compares these to the current published literature on both deep sclerectomy and augmented trabeculectomy.

Materials and methods

This is a retrospective, non-randomised case series. Consecutive patients undergoing DS for UG between January 2002 and July 2007 in Calderdale and Huddersfield NHS Trust were identified from a correlational ongoing glaucoma surgery database (Microsoft Access). Data entry was completed at the time of surgery and contemporaneously at each post-operative visit. In bilateral cases, only the eye operated first was included. Data extracted from the database included patient demographics, Snellen visual acuity (VA), pre- and post-operative IOP, use of MMC, spacer device implantation, post-operative complications, subsequent procedures including re-operation for glaucoma, and the use of supplemental medical therapy. Anterior chamber (AC) assessment with regards to cells and flare, as well as any vitreous activity, macular oedema, and/or posterior segment inflammation were also noted at both pre- and post-operative follow-up visits.

Forty-three eyes of 43 patients with UG were included in the study. All procedures were performed by a single-consultant glaucoma surgeon (NA) using a standardised technique which has previously been described extensively.^{24,31} MMC at a dose of 0.2 or 0.4 mg/ml was applied sub-conjunctivally prior to scleral flap dissection for 2–3 min in 35 eyes (81%). The higher concentration and longer application were related to the anticipated higher failure risk in eyes with previous multiple surgeries. MMC was not used if sub-conjunctival tissues were thin or fragile. In some cases sub-conjunctival bevacizumab 5 mg was injected prior to the procedure. This was based on our previous work where no difference in IOP outcomes was found after DS with MMC or bevacizumab.³² Combined phacoemulsification and DS were done in 4 cases (9%).

The procedures were performed under local anaesthesia (sub-Tenon's block) or general anaesthesia where indicated. The surgical site was chosen after pre-operative gonioscopy had identified an area free of peripheral anterior synechiae (PAS). This was possible in all but one case in which TDM dissection over PAS was performed by inserting an iris spatula through a paracentesis and the synechiae broken by gentle posterior pressure on the iris.

Post-operatively patients received prednisolone acetate 1% drops two hourly continued for a minimum of

8 weeks. All patients were seen on the first post-operative day, then week 1 and week 6 post-surgery. Subsequent post-operative visits were determined by clinical need. Where there was an elevation of IOP at any stage, Nd:Yag laser goniotomy (LGP) was performed with a Magna View contact gonioscopy lens (Ocular Instruments, Bellevue, Washington, USA). Needle revision with 5-FU or MMC was subsequently performed if IOP was still elevated. The need for either or both of these interventions was not classed as a failure of the procedure. Argon and Nd:YAG laser iridoplasty was done either prophylactically to avoid iris prolapse into the LGP or to remove incarcerated iris within it. These post-operative interventions were recorded contemporaneously as part of data collection. Detailed techniques for LGP and iridoplasty have already been described in a previous publication.³³

Needling procedures were all performed in the outpatient clinic. Sub-conjunctival 5-FU or MMC was injected with 2% lignocaine 10 min before the procedure. A 25-G needle was inserted in superotemporal quadrant. Initially sub-conjunctival needling was performed, if no response then needling under the flap. This was never through the TDM as all the patients had already undergone LGP. The IOP was checked immediately to ensure aqueous flow re-established.

Complete (unqualified) success criteria were defined as follows: (A) IOP <22 mm Hg and/or a 20% decrease from baseline IOP off any glaucoma medications; (B) IOP <19 mm Hg and/or a 30% drop from baseline IOP, off glaucoma medications. The IOP had to be above the predetermined level on two consecutive visits to be considered as failure. IOP <6 mm Hg on two consecutive time points 3 months after surgery was also considered as failure. Partial (qualified) success was defined as any of the above but with at least one topical IOP-lowering medication. If a patient had an unsuccessful LGP or needle revision, failure was considered to have occurred on the visit when the decision to undertake this procedure was taken.

Re-operation for glaucoma or for a complication was defined as additional surgery requiring a return to the operating theatre. Serious complications were defined as surgical complications associated with loss of two or more lines of Snellen VA for more than 6 months and/or re-operation to manage a complication. Eyes that tested Seidel positive within the first month of follow-up were classified as wound leaks whereas those occurring after 1 month were categorised as bleb leaks. Data from patients who underwent additional glaucoma surgery was censored from that time point.

The presence or absence of intraocular infection was recorded at baseline and during follow up. Uveitis treatment was managed on an individual basis in the

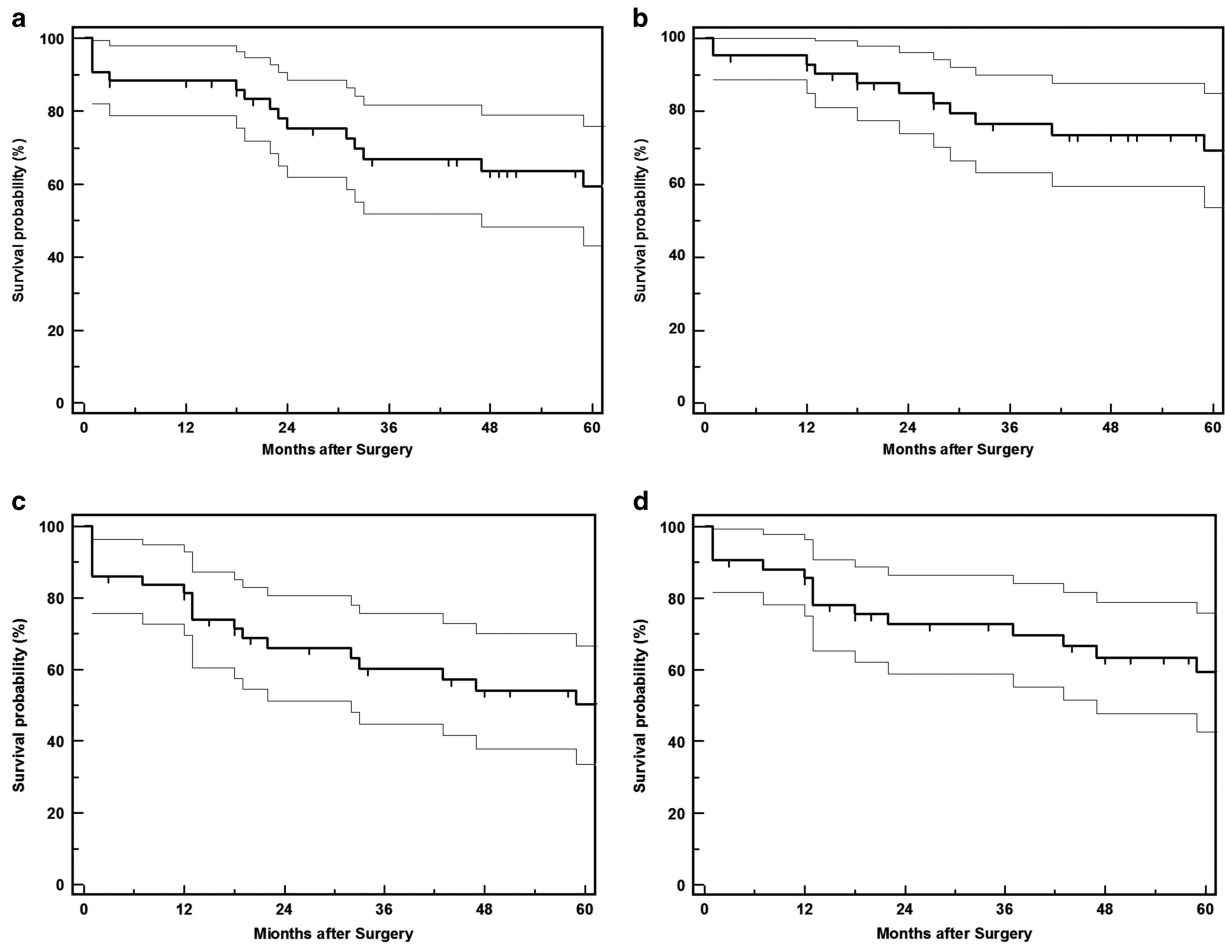


Figure 1 Kaplan–Meier survival plots with 95% confidence intervals for maintaining IOP. (a) <22 mm Hg with laser goniopuncture and needle revision but no glaucoma medications and/or further glaucoma surgery; (b) <22 mm Hg with laser goniopuncture and needle revision and one or more glaucoma medications; (c) <19 mm Hg with laser goniopuncture and needle revision but no glaucoma medications and/or further glaucoma surgery; (d) <19 mm Hg with laser goniopuncture and needle revision and one or more glaucoma medications.

included hypotony with macular folds and adherence of iris to the TDM, each developing in two eyes. In the cases with hypotony, one eye developed chronic cystoid macular oedema (CMO) unresponsive to treatment and consequent poor vision; the other eye underwent conjunctival compression sutures, followed by a scleral patch graft and further patch graft using Tutoplast. In the latter case hypotony resolved and the patient ultimately achieved a VA of 6/6 and a final IOP of 15 mm Hg.

Table 2C highlights all subsequent laser and surgical procedures performed following the index DS. The probability of performing LGP was 42% at 1 year, 53% at 3 years and 60% at 5 years. Seven eyes (16.3%) underwent a total of 13 needling revision procedures; two were supplemented with 5-FU and eleven with MMC. Needle revision was deemed successful (IOP <19 without medications) in four of the seven eyes. Seven eyes (16.3%)

had multiple subsequent glaucoma procedures including trabeculectomy with MMC in two eyes, DS with MMC in two eyes and Baerveldt tube implantation in six eyes. The latter procedure was successful in lowering IOP in all six cases; in two eyes it was performed after phaco-vitreotomy for floaters resulted in loss of previously stable IOP control; in another two eyes it was performed after a second filtration procedure failed. In the remaining two eyes it was done after the index DS had failed.

Discussion

The aim of this study was to follow-up the long-term outcomes for patients with UG who underwent non-penetrating glaucoma surgery (NPGS) from the only previously published UK-based cohort of its kind.²⁸ We included 43 eyes of 43 UG patients with a mean follow-up

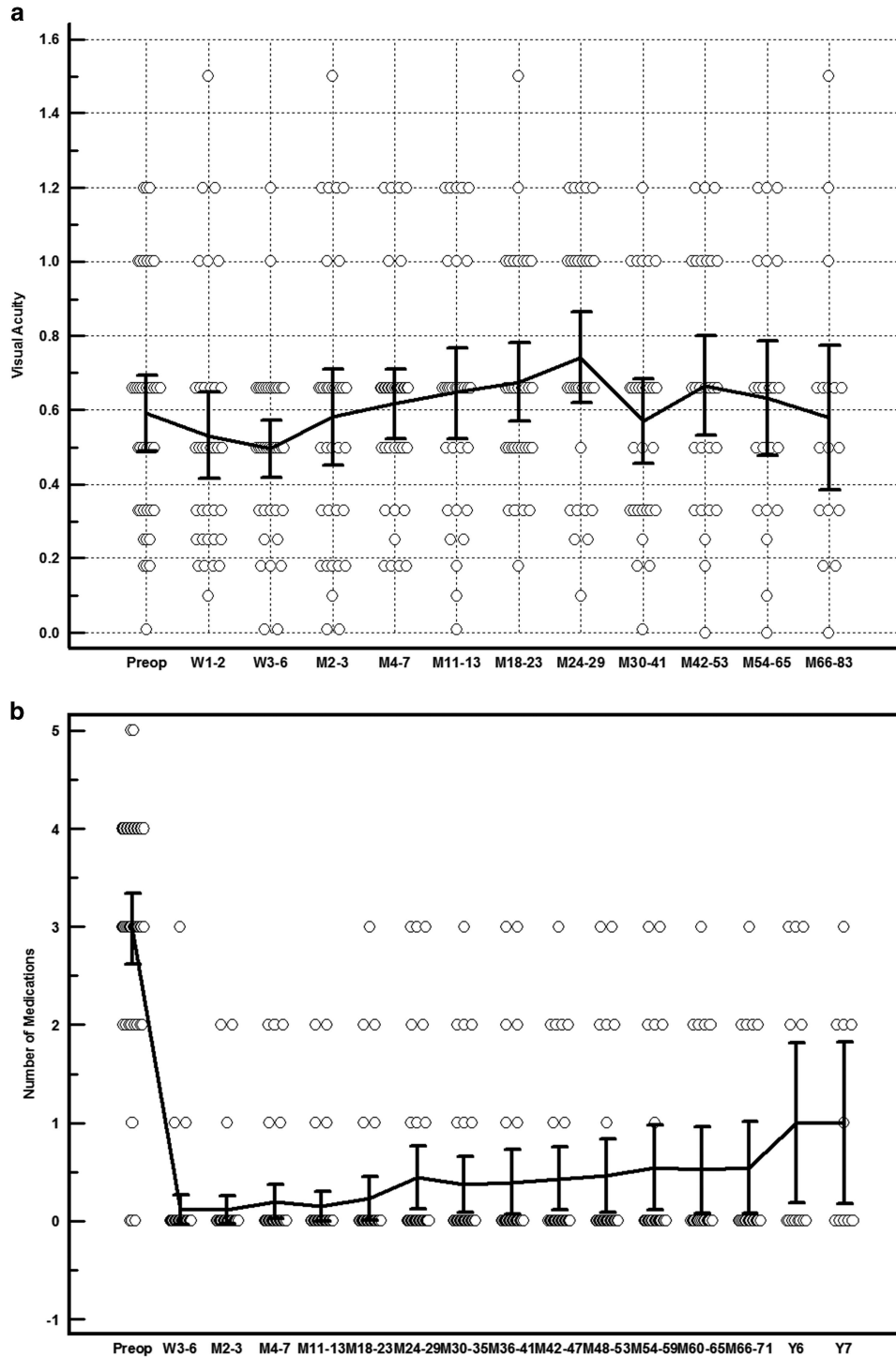


Figure 2 (a) Mean visual acuity (logMar) changes over time. (b) Mean number of medications at the pre-operative (pre-op) time point and subsequent pre-op reviews. M, months; W, weeks; Y, years.

of 68.5 ± 33.5 months. To our knowledge this is the longest follow-up series for non-tube glaucoma drainage surgery in the literature.

The main indication for surgery in UG is uncontrolled IOP on maximal medication in the absence of pupillary

block.³⁴ The pre-operative mean IOP of 33.6 ± 12.0 mm Hg in our study reflects the relatively high IOP prior to surgery compared to that in other types of chronic open angle glaucoma. In this respect, an IOP of <19 mm Hg, or even 22 mm Hg, would be deemed a success based

Table 2A Surgical interventions prior to index DS

	Number of eyes
<i>Cataract surgery</i>	
Phacoemulsification+IOL	8
Extra-capsular+IOL	4
Lensectomy	1
<i>Trabeculectomy</i>	
No augmentation	0
MMC augmentation	1
5-FU augmentation	2
<i>Others</i>	
5-FU needling	1
PPV, endolaser, silicone oil	1
Cyclodiode	1
Intravitreal triamcinolone	2
Choroidal drainage	1

Table 2B Post-operative complications

	Number of eyes
<i>Uveitis activity</i>	
Activity increase	16
<i>Anterior segment</i>	
Shallow anterior chamber	3
Hyphaema	3
Conjunctival edge leak	1
Late iris incarceration	
Into goniopuncture	2
Into perforation	2
Scleral flap thinning	2
<i>Posterior segment</i>	
Hypotonous maculopathy (transient)	2
Decompression retinopathy	1
<i>Others</i>	
Ptosis	1
Vision loss (> 2 lines Snellen)	1

on a significant percentage drop in IOP. Thus the mean IOPs at 1, 3, and 5 years after surgery, 15.5 ± 5.0 mm Hg, 16.9 ± 6.7 mm Hg, and 16.4 ± 5.2 mm Hg, respectively, represent excellent values of pressure reduction when compared to those before surgery. The decrease in number of glaucoma medications from 3.0 ± 1.2 to 0.8 ± 1.2 by last follow-up was also significant ($P < 0.001$).

The unqualified success rates for IOP < 22 and < 19 mm Hg (69 and 62%, respectively, at 3 years, 61 and 51% at 5 years) compare quite favourably with previous studies of both trabeculectomy and deep sclerectomy for UG which all show good initial outcomes but have mostly limited long-term data (Table 3). Studies with longer follow-up include that by Kaburaki

Table 2C Procedures after index DS procedure

	% eyes
<i>Nd:YAG laser</i>	
Goniopuncture	27
Nd:YAG and argon laser iridoplasty	2
Posterior capsulotomy	2
<i>Surgery</i>	
DS with MMC	2
Revision of DS with MMC and trabeculectomy with MMC	1
Baerveldt tube implant	5
Phacoemulsification	8
Phacoemulsification and vitrectomy	2
<i>Others</i>	
Removal of plomb	1
Compression sutures	1
Scleral patch graft	1
Tutoplast patch graft	1

et al which had mean results of more than 5 years for augmented (MMC) trabeculectomy and reported mean unqualified and qualified success rates of $57.1 \pm 7.5\%$ and $64.7 \pm 7.0\%$ mm Hg, respectively, for IOP < 16 mm Hg.⁷ This retrospective non-randomised comparative study showed results similar to trabeculectomy for POAG in the same series but bleb survival was shorter in UG patients (59% at 5 years) and post-operative inflammation, particularly if present between 2 weeks and 3 months after surgery, was associated with worse IOP control and increased bleb failure. Furthermore, post-operative hypotony rates for UG were very high (28.3%) and significantly more frequent than the POAG group.

In common with Kaburaki's findings, other studies on MMC augmented trabeculectomy in UG have largely shown improved outcomes but also higher incidences of bleb leakage and long-term hypotony.³⁵⁻³⁷ Noble *et al* compared MMC trabeculectomy in uveitic eyes to a control group and found that uveitis was a negative predictor for success on multivariate analysis.⁶ After 2 years, a 30% decrease in IOP from baseline without medications was achieved in 51% of uveitic eyes compared to 70% of the control eyes. Hypotony was observed in 9% of cases and endophthalmitis in one eye within a very small uveitic group. In contrast to these studies, our MMC enhanced DS results showed that recurrence of inflammation had no bearing on post-operative IOP control and that hypotony rates were very low within a relatively larger group of uveitis patients.

Stavrou and Murray also reported similar complete success rates for IOP < 21 mm Hg in unaugmented trabeculectomy (53% at 5 years) but their results compared less well to their non-uveitic control group

as the advantages of a closed 'non-penetrating' system are lost with the subsequent increased risks of hypotony, failure, and endophthalmitis. Post-operatively, the LGP rates of 42% at 1 year and 60% at 5 years were similar to those reported for long-term DS studies in non-uveitic eyes.^{23,43} However, late iris prolapse into the LGP site is a limitation of DS as it may result in loss of IOP control.⁴⁴ A higher incidence of bleb needling is well recognised in UG patients undergoing trabeculectomy with reported rates varying from 33 to 48.4%.^{6,12} The presence of a sub-scleral lake and the use of spacer devices favour reduced scleral flap scarring in DS. However, needling can still be attempted to reduce the degree of sub-conjunctival and sub-scleral fibrosis. Needle revisions were performed in seven eyes (16.3%) from our cohort with a total number of 13 procedures. Needling was deemed successful (IOP < 19 mm Hg without medications) in four of these seven eyes. Although effective in more than half the cases in which it was performed, needle revision did not guarantee success. Additional fibrosis of the TDM and scarring of supra-choroidal and Schlemm's canal drainage pathways also make this operation less responsive to needling procedures. A total of seven eyes subsequently required multiple glaucoma procedures including redo augmented DS, MMC augmented trabeculectomy, and/or Baerveldt tube implantation. The latter was performed in six eyes and was successful in lowering IOP in all cases.

Two retrospective studies of trabeculectomy in UG patients have suggested that surgical success is dependent on post-operative inflammation, but not on inflammation at the time of surgery.^{9,16} Recurrence of intraocular inflammation was observed in 16 eyes at some point in our cohort. Details of the severity and exact type of episode were not recorded and this is another limitation of our study. However, the recurrences did not have an impact on long-term IOP and complication outcomes. In a previous study we showed that young patient age at surgery (<30 years) resulted in statistically significant reduced survival rates for trabeculectomy in UG patients with 50% needing a subsequent tube or cyclodiode laser procedure to control their IOP.¹² These patients did well with tube surgery and consideration for GDI as a primary procedure was suggested in that study. In our current study, age as a continuous variable had no effect on success rates and only six patients were under 30 years of age making it difficult to extrapolate any meaningful conclusions.

This study has similar limitations to our previously published report.²⁸ Its retrospective nature implies that the number of complications may have been undetected or under-reported and the number of cases diminished with increasing follow-up duration. There was also a limited

number of patients ($n = 43$) and uveitic eyes with diverse aetiologies were included. A total of 23 eyes (53.5%) had undergone previous intraocular surgery, 5 of which had undergone previous trabeculectomy, and 8 eyes were pseudophakic. Some cases were therefore at higher risk of failure and/or carried varying prognoses. Outcomes were also unpredictable in some instances, for example, one eye had persisting high IOP following trabeculectomy but subsequently developed hypotony after DS and LGP. On the other hand, a few eyes undergoing primary DS with no previous surgery or active inflammation failed. Statistically, there was no significant difference in success rates between eyes with or without a previous history of intraocular surgery ($P = 0.07$).

With these limitations taken into consideration, we conclude that, in the medium to long-term, DS augmented with MMC appears to be a safe and reasonably effective procedure to lower IOP in UG. The significant long-term failure rate is in keeping with most studies of glaucoma drainage surgery in uveitis. The overall incidence of intra- and post-operative complications in DS is lower when compared to MMC augmented trabeculectomy. When compared to the latter, DS has the additional benefits of less frequent post-operative follow-up with no dependence on suture manipulation, removal, or lysis. This study is a real-life, retrospective, descriptive report of prospectively collected, long-term data for DS in a single NPGS-experienced surgeon practice. A prospective randomised case-control study comparing DS to trabeculectomy in the surgical management of UG would be needed to provide more definitive data comparing the efficacy and safety of these two treatment modalities.

Summary

What was known before

- Raised intraocular pressure (IOP) and glaucoma are commonly associated with uveitis. Glaucoma drainage surgery in uveitis carries a higher risk of failure compared to other forms of glaucoma. Previous studies on deep sclerectomy in uveitis describe only short- to medium-term outcomes.

What this study adds

- IOP outcomes and long-term success rates of deep sclerectomy compare favourably to those of augmented trabeculectomy. Deep sclerectomy carries a significantly reduced risk of hypotony compared to trabeculectomy in uveitic patients. This is the largest and longest follow-up of deep sclerectomy patients with uveitis found in the literature.

Conflict of interest

The authors declare no conflict of interest.

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1. Your patient is a 47-year-old man with uveitic glaucoma. According to the retrospective, nonrandomized case series by Mercieca and colleagues, which of the following statements about the efficacy of deep sclerectomy for glaucoma secondary to uveitis is *most* accurate?
 - A Mean intraocular pressure (IOP) decreased from 33.6 ± 12.0 mm Hg before surgery to 15.5 ± 5.0 mm Hg at 1 year, 16.9 ± 6.7 mm Hg at 3 years, and 16.4 ± 5.2 mm Hg at 5 years after surgery
 - B The probability of IOP of <22 mm Hg was 51% at 3 years
 - C The probability of IOP of <19 mm Hg was 36% at 5 years
 - D The overall number of glaucoma medications did not decrease significantly from before surgery to last follow-up
2. According to the case series by Mercieca and colleagues, which of the following statements about the safety of deep sclerectomy for glaucoma secondary to uveitis is *correct*?
 - A Hypotony with macular folds did not occur in this series
 - B Occlusion of the trabeculo-Descemet membrane by the iris occurred in five eyes
 - C Recurrence of uveitis occurred in six eyes
 - D Benefits of non-penetrating glaucoma surgery include minimal post-operative anterior chamber inflammation and fewer delayed complications, eg, hypotony and bleb-related infections

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3. According to the case series by Mercieca and colleagues, which of the following statements about a second surgery after deep sclerectomy for glaucoma secondary to uveitis is *correct*?
 - A Rate of subsequent glaucoma procedures was 27.2% of eyes
 - B Subsequent glaucoma procedures included trabeculectomy with MMC in 1 eye, deep sclerectomy with MMC in 2 eyes, and Baerveldt tube implantation in 6 eyes
 - C Needle revisions were successful in all cases
 - D Baerveldt tube implantation was successful in half of cases