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In vivo biosensing: progress and perspectives

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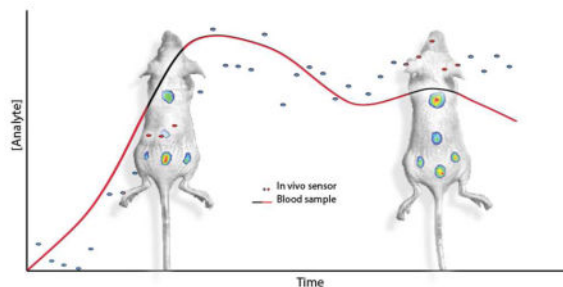
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Abstract

In vivo biosensors are emerging as powerful tools in biomedical research and diagnostic medicine. Distinct from “labels” or “imaging”, in vivo biosensors are designed for continuous and long-term monitoring of target analytes in real biological systems and should be selective, sensitive, reversible and biocompatible. Due to the challenges associated with meeting all of the analytical requirements, we found relatively few reports of research groups demonstrating devices that meet the strict definition in vivo. However, we identified several case studies and a range of emerging materials likely to lead to significant developments in the field.

Graphic Abstract



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VOCABULARY

Near infrared (NIR); a region of the visible spectrum >700 nm, in which minimal tissue absorption/scattering effects facilitate high-resolution fluorescent imaging. Carbon nanotubes (CNTs); graphite sheets wrapped into cylinders, which can be single wall CNTs (SWCNTs; from a single graphite sheet), or multi-wall CNTs (MWCNTs; multiple sheets wrapped into concentric cylinders). Off-site diffusion; the process by which sensors diffuse away from the target location, potentially biasing the signal output. Reversibility; the ability of the reporter to bind and release the target analyte, in order to measure analyte dynamics. Ratiometric signal; the practice of normalizing the analyte-sensitive signal to an analyte-insensitive signal to eliminate effects of signal drift, environmental variation, and variations in sensor concentration in the imaging region.

Author Contributions

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Keywords

sensor; biosensor; continuous; reversible; specificity; dynamic range; in vivo; implantable; nanoparticle; signal transduction

In vivo biosensing has the potential to revolutionize health care by enabling personalized medicine. Imagine that the simple implantation of a sensor into a patient could transmit clinically relevant health information on a continuous basis. Through constant monitoring, an individual's baseline health could be well understood, which could make small fluctuations from normal conditions meaningful indicators of impending disease. Another possibility includes continuous therapeutic drug monitoring which could take the guesswork out of dosing by offering an individualized report on the pharmacokinetics of a drug. There have been many examples of sensors that detect physiologically relevant analytes, with great potential for in vivo monitoring, but yet there are few examples of biosensors demonstrated in pre-clinical animal studies or approved for implantation in humans.

A strict definition of a biosensor describes a device that is comprised of at least a biologically-based component and a reporter that together detect a chemical or biomolecule.¹⁻² A commonly used definition is that of a chemical-based sensor that is used in a biological environment, although this is not a biosensor in the strictest sense.¹⁻² This relaxed description is currently most practical for an implantable sensor, due to the possibility of degradation of a biological component. In fact, it is often biological components, used as the recognition elements, that can limit the lifetime of implantable biosensors. These elements include receptors, antibodies, enzymes, and artificial receptors such as aptamers and surface-imprinted polymers.³ While an interesting area for future development, currently there are a limited number of these reporters used in vivo, due to inherent fragility, irreversible binding, nonselectivity, or difficulty in use. For in vivo use, transducers most commonly include but are not limited to optical reporters and electrodes. Both of these signal converters have their advantages and disadvantages. Namely, optical methods suffer from tissue scattering and absorption, whereas electrodes, for the most part, require an interface between the device and an external unit. Ideally, a biosensor should be reversible and in continuous equilibrium with its environment. The signal produced should be robust, free from drift over time, with minimal need for recalibration.

Despite the promise that in vivo biosensing offers, glucose monitoring remains the best example of a technology that has become clinical reality. Even then, the FDA approved continuous (implantable) sensors are worn externally with a cannula interfacing between the adipose tissue and the detection device. Although there has been extensive interest in implanting other types of sensors for other disease states, the stringent analytical requirements limit the feasibility for long term use. As previously reviewed for implantable nanoscale sensors⁴ a sensor for continuous monitoring needs to excel in all areas of analytical detection: dynamic range, sensitivity, specificity, reversibility, response time, and biocompatibility. Indeed, as detailed in a recent review,⁵ biocompatibility is a particularly important and often overlooked parameter for a sensing device. Poor biocompatibility can

lead to an immune response from the user, as well as degradation in any one of the above mentioned analytical parameters.

No single technology or approach has been able to accomplish all the analytical requirements for in vivo sensing or biosensing. Often technologies show promise on the benchtop but do not translate to robust in vivo measurements, showing signs of signal drift or reduced performance. Herein, we will review what we consider to be the most promising recent technologies that have been developed in the laboratory setting and then demonstrated in animal models. We specifically are excluding glucose sensors and focus on other analytes that have shown potential, since an excellent recent review has already thoroughly examined progress in the field⁶. In addition, we will not cover the burgeoning field of genetic encoded sensors for in vivo use or the exciting field of wearable sensors, and instead refer readers to outstanding recent reviews.^{7–8} However, both of these fields have led to progress in materials for implantation that we will mention briefly. We will not limit the discussion to the strictest definition of a biosensor, due to the inherent fragility of the biological component for in vivo use. With these restrictions in mind, we will cover several technologies that have overcome some of the limitations of the field in unique ways. Each of these groups have demonstrated in vivo results, and have developed technologies to overcome tissue scattering, selectivity, reversibility, and/or limits of detection. In addition, we will discuss a range of new materials that could address key challenges in the field, ranging from the recent explosion of implantable sensors for neural detection (fueled by the BRAIN initiative), to new scaffolds and biological receptors.

CASE STUDIES OF TECHNOLOGIES FOR IN VIVO BIOSENSING

Surface-modified carbon nanotubes as sensitive and reversible biosensors

The Strano group has pioneered carbon nanotubes, specifically, single-walled carbon nanotubes (SWCNT), as a scaffold upon which sensors are built for chemical detection in vivo, taking the distinctive advantage of transducing optical signals in the near-infrared (NIR) window. In vivo optical sensors offer unique advantages compared with electrochemical counterparts in providing valuable spatial dynamics of targeted molecules. Many optical sensors have relied on the advantageous photophysical properties of fluorescent nanomaterials for signal transduction.^{9–11} In particular, SWCNTs are valuable candidates for in vivo biomedical applications, due to their superb biocompatibility, long fluorescence lifetime and stable fluorescence output. More importantly, the SWCNTs exhibit intrinsic fluorescence in the NIR region of the spectrum (900–1400 nm), and their optical properties are dependent on tube diameter and roll-up angle defined by the nanotube species/chirality.¹² The Strano group was the first group to demonstrate the potential of SWCNT as the central protagonist in an in vivo biosensing platform.¹³ Based on the previous study that SWCNT fluorescence is sensitive to single-molecule nitric oxide (NO) absorption via SWCNT exciton quenching,¹⁴ Iverson et al. detected local NO both in the mouse liver following direct intravenous injection of SWCNTs, and subcutaneously following the implantation of alginate hydrogels containing SWCNTs. Coupled with spatial-spectral imaging deconvolution algorithm they have demonstrated the ability of DNA-wrapped SWCNTs as implantable sensors to detect nitric oxide, produced in response to

inflammation, with minimal decay in sensing capacity for more than 400 days. By carefully choosing the nanotube coating that balanced the need for both selectivity and biocompatibility in vivo, this sensing scheme also exhibits high binding specificity to target analyte to a pool of interfering molecules in the biological environment. They further systematically investigated different sensor parameters to improve performance for in vivo biomedical applications. By using hydrogel-SWCNT riboflavin sensor as a subcutaneous implant in a mouse model,¹⁵ Iverson et al. have identified the limit of optical detection depth to approximately 5mm, and confirmed the alginate as a suitable coating to improve sensor response and shelf life. The first pharmacokinetic model of an SWCNT-based insulin sensor was also developed to establish relations between the maximum sensor response, delay time and other parameters with sensor concentration, geometry, placement, etc.¹⁶ This study is of particular interest since insulin levels are generally more stable than glucose levels in diabetes monitoring and can provide complementary information to current continuous glucose monitoring (CGM) devices. Real-time insulin monitoring could also help assess insulin sensitivity for type I and II diabetes patients with insulin resistance.^{17–18} Several questions about long term health effects, low quantum yield and slow fluorescence recovery of SWCNT-based sensor remain to be addressed. It is also noted that SWCNT and multi-walled carbon nanotubes (MWCNT) have different physical properties and toxicity profiles, and different nanotube functionalization methods have biocompatibility implications, all of which have to be taken into account when translating in vitro sensing scheme to in vivo operation.

The potential of SWCNT as a functional building block for biosensors also spurred the development of novel molecular recognition motifs that can be integrated on carbon nanotube surfaces. One particular approach developed by Zhang et al. is termed “Corona Phase Molecular Recognition” (CoPhMoRe),¹⁹ which consists of heteropolymers adsorbed onto nanoparticles (Figure 1). The nanoparticle-polymer interface enabled the formation of a new corona phase capable of recognizing small-molecule adsorbates with high selectivity based on conformational changes of the polymer at the particle surface. The polymer-particle complex effectively served as “synthetic antibody”, with analyte-binding events detectable as fluorescent changes from the polymer-conjugated nanoparticle. The polymer-nanoparticle interface thus has the potential to be the recognition moiety in designing new types of sensors and clinical assays.²⁰ The Strano group has reported multiple sensors based on CoPhMoRe complexes, including riboflavin,¹⁹ dopamine²¹ and macromolecular targets such as fibrinogen.²² Bisker et al.²³ and Ulissi et al.²⁴ further proposed two mathematical models to describe the binding cavity generated from wrapping the polymer around a cylindrical substrate. These models can serve as the theoretical foundation for understanding CoPhMoRe mechanism and guiding rational polymer design, as an alternative to empirical library screening. Additionally, Salem et al. investigated chirality-dependent fluorescence modulation of DNA-wrapped SWCNTs for various molecular targets.²⁵ They found that certain DNA sequences can generate distinctive CoPhMoRe phases dependent on SWCNT chirality and form a more compact packing to their respective chirality partners thus discouraging analyte absorption. Although CoPhMoRe has been exclusively studied in vitro, the powerful combination of SWCNT and CoPhMoRe has great potential as an in vivo spatiotemporal biosensor in biomedical applications.

Optode nanosensors for real-time monitoring

The Clark group has produced chemical-based nanosensors in addition to biological-based nanosensors for monitoring physiological analytes or therapeutic drugs. These implantable nanoparticle-based sensors excel in the analytical requirement of continuous monitoring, but are typically limited to skin-based applications due to their dependence on optical reporters. This technology has a modular platform containing sensing components for a range of analytes with significant progress made to translate in vivo sensors into practical use. The concept of optode-based sensors²⁶ is derived from its electrochemical cousin, by substituting optical reporters for electrically active species. Here the recognition component of the sensor needs to induce a local protonation/deprotonation after an analyte binding event, for example an ionophore for ion detection, or certain enzymes for biomolecule detection. Other components include a pH sensitive molecule to translate the binding event into detectable signal, and additional charge balancing molecules, all of which are coencapsulated into a lipophilic polymeric matrix with an additional biocompatible surface coating such as PEG. The optode sensor platform also exhibits high selectivity over ions with the same charge and interfering biomolecules, comparable to bulk optode sensors in similar conditions.²⁷ Dubach et al first demonstrated the potential of optode nanosensors to track changes in exogenous sodium concentrations in the subcutaneous area of the mouse skin with a whole animal imaging system.²⁸ Decoupling the recognition component from the signal reporter increased the flexibility and modular nature of this sensing scheme, allowing rapid development of sensors for novel analytes, without the laborious process of designing and synthesizing new analyte-binding molecules. The sensor has sufficient resolving power to capture the rapid kinetics of histamine after systemic injection into small animals.²⁹ The signal transducing mechanism was also broadened from fluorescence to other schemes such as phosphorescence in this modular, injectable sensing platform. Cash et al. demonstrated a phosphorescent oxygen nanosensor based on diamine oxidase to monitor the in vivo histamine dynamics and monitor real-time pharmacokinetics.³⁰ This example also highlights the potential of the platform to widen the range of measurable analytes by incorporating an enzymatic recognition element in the sensor that is capable of measuring the effects of enzymatic activity.

Personalized medicine could also benefit from the development of a robust modular sensing platform, providing physicians real-time feedback on the response to chronic disease treatment. One of the major obstacles for real-time drug monitoring is the need for tedious blood sampling, which could miss important events if sampling is infrequent and/or poorly calibrated. Cash et al. demonstrated, for the first time, an optode-based sensing solution for in vivo real-time tracking of therapeutic drug levels without blood sampling.³¹ They demonstrated that synthetic nanosensors can continuously track exogenous lithium levels in vivo with photoacoustic imaging (Figure 2). The robustness of the multimodal sensing platform was validated by comparing sensor responses between fluorescence and photoacoustic measurements. Similar lithium kinetics was obtained using both imaging modes, paving the way for applications of nanosensors implanted in the skin (outside the bloodstream). The ability for photoacoustic imaging to gain information in three dimensions also gave this sensing scheme a competitive edge by mapping the sensor responses in regions throughout the injection site, which is challenging for current fluorescence-based

approaches. This 3D profiling will become more relevant for tracking larger molecules such as glucose or proteins since the physiological concentrations of analyte may differ substantially between the area closest to the bloodstream and the surface of the skin. The combination of photoacoustic imaging and optical nanosensors paves an experimental avenue to continuous in vivo tracking of a wide range of analytes.

One of the main challenges for injected nanosensors has always been off-site particle diffusion, as it severely restricts operating time in continuous monitoring applications. In order to mitigate sensor migration in vivo, gelling agents have been co-injected with nanosensors into the subcutaneous space in mice. Balaconis et al. assessed sensor performance with different gel encapsulation formulations and found that gels help improve nanosensor in vivo lifetime to over 1h without significantly altering the sensing capacity³². Balaconis et al. further improved the on-site residence time of the sensor by transforming the sensor geometry into a nanofiber by electrospinning the optode material, a scalable production technique often used for tissue engineering purposes.³³ The nanofiber scaffold was shown to be more stable at the subdermal implantation site than spherical nanosensors, and the nanoscale geometry of the fiber retained a response time rapid enough for real-time monitoring. Although nanofibers have been employed as scaffold for detecting glucose³⁴ and other analytes,^{35–37} this is the first time it has been used to monitor analytes in vivo. Overall, this fully reversible modular sensing platform has proven to be a viable candidate for continuous in vivo monitoring.

Semi-conducting polymers for multi-modal biosensing

Rao and Gambhir et al. have demonstrated several probes to detect cancer, developing approaches for NIR fluorescent imaging, photoacoustic detection and concomitant deeper-tissue imaging. While many of these studies have focused on the design of highly sensitive/selective labels that allow early detection of tumors at the mm-length scale, they have also investigated several continuous biosensing approaches and made valuable contributions to early in vivo investigations. Pu et al. developed nanoparticle-based ROS sensors using a ratiometric photoacoustic output and demonstrated selective and real-time monitoring in a mouse model.³⁸ The authors employed semi-conducting polymer nanoparticles with high NIR-absorption, which were originally designed for solar cell applications. The particles (40–50 nm) yielded strong fluorescence and photoacoustic signals both in gel phantoms and in vivo, with the photoacoustic signals stronger (on a mass basis) and more stable over time in comparison to SWCNTs and gold nanoparticles. Interestingly, upon systemic administration, the particles accumulated in the lymphatics, with the signal strength in the lymph nodes second only to that in the liver. Next, the authors incorporated a dye (IR775S) into the nanoparticles, which is sensitive to ROS-mediated oxidation and hence decreases both fluorescence intensity and photoacoustic amplitude in the presence of ROS. The photoacoustic signal from the nanoparticle itself was insensitive to ROS, hence a stable ratiometric signal could be generated. The authors then measured the ratiometric signal in a mouse model, injecting a ROS-stimulating drug (Zyosan) locally into the thigh, followed closely by injection of the nanoparticles at the same location (Figure 3). The authors demonstrated that they could monitor Zyosan-induced ROS generation over a 120-minute period to steady-state levels. While further investigation is required to evaluate reversibility,

off-site diffusion, and biocompatibility, this is a promising platform for ROS sensing in vivo, either as stationary sensors, or sensors that accumulate in lymph nodes (which others have demonstrated are accessible with photoacoustic imaging in humans).³⁹ The development and translation of photoacoustic probes capable of in-depth monitoring could provide promising alternatives for continuous in vivo sensing applications.

Aptamer-modified electrodes for real-time monitoring

Plaxco and colleagues recently demonstrated real-time and continuous monitoring of therapeutic drugs in live animals using an electrochemical approach and a reversibly-binding, conformation-dependent aptamer.⁴⁰ This example is distinct from established sensors used for continuous glucose monitoring because it is based on the engineered affinity of the aptamer for the target analyte, rather than the activity of an enzyme. Furthermore, using established SELEX approaches, high affinity aptamer sequences can be produced for a wide variety of targets, both for cell-bound and soluble analytes.⁴¹ They can also be further modified as required to improve sensor characteristics, including selectivity, kinetics, and long-term stability in biological fluids.^{42–43}

In 2013, Soh and Plaxco incorporated a doxorubicin-specific aptamer into a microfluidic device that could be interfaced directly with the blood flow from a live animal.⁴⁴ The aptamer was tethered to a gold electrode via a 5'-thiol, and functionalized with methylene blue at the 3' end, such that selective binding brought the methylene blue reporter closer to the electrode surface to facilitate current flow. This system showed excellent sensor characteristics, including submicromolar affinity, a dynamic range spanning the physiologically relevant range, and response times on the order of 45–100s. The selectivity was also demonstrated by showing that 1000-fold higher concentrations of related drugs did not result in conformational change of the aptamer. To reduce fouling at the electrode surface, the authors designed a “continuous diffusion filter” in which a buffer stream flows across the surface of the aptamer-modified electrode, parallel to blood flow, under laminar conditions. This provided a diffusion-limited barrier only allowing transport of small, highly diffusive, species (*e.g.* doxorubicin) to reach the electrode surface. With this system in place, the authors demonstrated that they could monitor doxorubicin levels in live rats in vivo and whole human blood in vitro, over 4.5hrs, including changes in response to drug spiking injections.

Recently, Plaxco's group improved upon the initial design to produce an electrode that could be inserted directly into a catheter to monitor blood flow in the jugular vein.⁴⁰ Rather than the continuous diffusion filter, the authors employed a biocompatible polysulfone membrane (0.2 μm pore size) to limit biofouling at the electrode surface (Figure 4). The authors then used the system to measure the real-time concentrations and pharmacokinetic curves associated with doxorubicin and several aminoglycoside antibiotics (intravenous or intramuscular injection). The sensor discerned between interanimal variations and intra-animal variations (multiple injection cycles) in pharmacokinetic behavior, and could be used on awake and mobile animals.

The limitation in this system is the inability to monitor higher molecular weight species (proteins, cells, etc.) due to the need for a robust membrane to limit diffusion of charge-

generating species to the electrode. However, this will be sufficient for many applications in therapeutic drug monitoring of “small molecule” drugs. The authors also noted some cross-reactivity of the aptamer with different drug analytes; while this should be less of a problem in the case of therapeutic drug monitoring (usually only single drug present from a structurally conserved class), it could be problematic in the case of monitoring endogenous biomarkers, for which further rounds of positive/negative selection in the SELEX process would be required.

Peptide-based sensors with signal detection in urine

The Bhatia group and colleagues developed a platform of protease activity sensors, comprised of nanoparticle-labeled peptides that are selectively cleaved by disease-specific proteases and detected in the urine, while the nanoparticles are cleared by the liver. Instead of an optical or electrochemical output, as is often used for detection, the peptide itself is the reporter. This approach enables the sensing chemistry to occur virtually anywhere in the body. Due to inherent limitations in deep-tissue optical imaging, it takes the clever step of removing the probe from the body for analysis. The capability of transducing the signal through noninvasive means is of great importance for in vivo biosensors to address point-of-care applications. To this end, urinary detection can serve as a natural conduit for transporting reporters of targeted biomolecule or biological activity of interest ex vivo for detailed analysis. The Bhatia group pioneered the use of in situ protease activity to track different features of human disease and evaluate pharmacological effects of drugs. In 2013, Kwong et al. built a sensing platform using protease-sensitive nanoparticles for tumor targeting, releasing mass-encoded reporters small enough for renal clearance and subsequent detection in urine using multiplexed mass spectrometry.⁴⁵ This noninvasive approach has been successfully applied to mouse models of liver fibrosis and cancer, offering superb resolution and the benefit of early detection compared with clinically used blood biomarkers, opening up new possibilities for point-of-care diagnostics. The multiplexing approach can also profile disease-specific activity fingerprints to better discriminate disease with high specificity, which is challenging for single-biomarker assays.

The group recently advanced this platform further, by detecting the cleavage products in urine with a companion enzyme-linked immunosorbent assay (ELISA) or low-cost lateral flow immunoassay (LFA). This sensing scheme has been used in monitoring colorectal cancer and thrombosis in mouse models (Figure 5a).^{46–47} The low-cost LFA coupled with injectable synthetic biosensors that are readily accessible in body fluids provides a comprehensive solution for non-communicable disease diagnosis in resource-limited developing countries. This platform was further augmented by using orally administrated probiotic strains to generate urine products for detection of liver metastases in a rodent model without adverse health effects over a 1-year period.⁴⁸ This study demonstrated that gene circuits could be delivered and colonized at diseased tissue sites selectively and safely by preprogrammed probiotics.

One of the challenges of the current protease activity sensors is that these probes are not immune to off-target activation. Hence, there is the possibility of generating false positive results. To address this, Dudani et al. recently developed a photocaged nanoscale construct

to precisely control sensor activation both spatially and temporally.⁴⁹ By conjugating photolabile protecting groups, off-site protease activity became minimal due to steric hindrance effects, but exposure of a disease site to UV light triggered the removal of the protecting groups, leading to site-specific protease activity. They applied this light-activated system to detect secreted protease activity at the primary tumor site in colorectal cancer xenografts. Another approach to realize remote sensor activation involved the use of alternating magnetic fields (AMFs), which offered sensor activation at deeper tissues in comparison with UV light activation (Figure 5b). Schuerle et al. took advantage of this property by designing protease substrates coated with thermosensitive-liposomes.⁵⁰ The sensor was activated on-target by AMF-induced local temperature elevation via co-encapsulated magnetic nanoparticles. This model has been successfully applied to identify different protease substrate cleavage profiles in mouse models of human colorectal cancer. The ability to remotely control activity-based sensors will complement current tools that are vulnerable to off-target activation.

Another challenge is that the in vivo lifetime of these activity-based sensors, before protease cleavage, is limited with a half-life of the nanoparticle-peptide conjugate of ~6 hrs.⁴⁵ Recently, this was partially overcome by developing a sustained-release biosensing formulation. Dudani et al. modified sensors with nanoscale (~8 nm) poly (ethylene glycol) (PEG) as a low-cost, biocompatible lifetime extender, with minimal clearance by the reticuloendothelial system. PEG particles were employed in this study as sensor backbones to facilitate diffusion of particles delivered subcutaneously into the blood-stream in a sustained manner. They investigated the in vivo pharmacokinetic properties of these biosensors and formulated a mathematical model of sensor in vivo characteristics as a guideline for diagnostic applications. They found that the new platform could extend the utility of the sensor to more than a day in vivo as demonstrated in a thrombin sensor and matrix metalloproteinase (MMP) sensor for point-of-care detection in mouse models.⁵¹ By combining PEG scaffold with subcutaneous sensor delivery, the new controlled-release sensing platform could be integrated with established implants, therefore providing a valuable path for long-term facile monitoring of patients after discharge from hospital.

Since this approach relies on detection of signal reporters in the urine, it lacks the ability to monitor the protease activities in real time. Furthermore, the sensor functions in an irreversible manner, as the cleavage of the signaling motif is an irrevocable process; therefore it requires constant replenishment for long term monitoring applications. One can argue, however, the progression of the diseases targeted is slow enough to be captured within the time frame offered by this scheme. In terms of timing, the sensors have a half-life of ~ 6 hrs⁴⁵ with strong liver uptake but negligible transfer to the urine. The peptides however are rapidly cleared through the kidneys into the urine, hence the response time of this sensor system is dependent on a combination of the protease cleavage kinetics and then the time that it takes to produce urine output. In the Bhatia group's studies, the peptides were detectable in urine 30–60 minutes after initiation of thrombosis^{46–47} suggesting that the sensor response time is rapid enough for their diseases of interest, ranging from clot sensing through to early detection of solid tumors. Overall the versatility of urinary monitoring combined with the ability of remote activation of the sensor offers great potential in personalized diagnostics.

EMERGING MATERIALS FOR IN VIVO BIOSENSING

New materials are emerging which have the potential to address the current shortcomings of *in vivo* biosensors. While some of the particular examples discussed below may not yet constitute *in vivo* biosensors under our definitions, they open up new opportunities to address inherent challenges in this field, particularly in terms of biocompatibility, minimising offsite diffusion for long term operation, and opening up modes of signal transduction beyond fluorescence imaging.

Neural sensors and materials designed for soft tissue biocompatibility

Several recent studies have demonstrated the potential of *in vivo* biosensing using Magnetic Resonance Imaging (MRI) in neural tissues. Traditional neural approaches rely on implanted electrodes which are invasive, breach the blood-brain-barrier, and have mechanical properties (high modulus, stiffness) that are not compatible with soft biological material. Optical approaches have limited penetration depth through bone and tissue, therefore the development of approaches that combine non-optical signal transduction with non-invasive sensors would be highly significant.⁵² MRI is already in high clinical and research use, and has sufficient penetration depth to image internal regions of the body, albeit at lower resolution and sensitivity than optical imaging.⁵³ Lee *et al.*, demonstrated that a neurotransmitter (dopamine) could be monitored continuously in the rat brain.⁵⁴ They used a novel dopamine-specific engineered heme protein as the receptor (BM3h-97D) that modulates T₁ contrast upon dopamine binding. Both spatial and temporal dopamine levels were recorded in response to electrical stimuli, and the MRI response correlated with electrochemical dopamine monitoring. However, to obtain continuous measurements, the authors relied on continuous injection and off-site diffusion of the sensor protein, which has limited potential for translation. Liu *et al.* addressed the issues of off-site diffusion and sensor lifetime by designing an MRI contrast agent based on biocompatible silicones embedded into an injectable polymer matrix.⁵⁵ This oxygen-responsive sensor was stable, biocompatible, and yielded reversible oxygen monitoring for at least 4 weeks, whereas a comparable liquid siloxane injected directly into tissue had a half-life of just 35 hrs. The sensor yielded comparable results to pulse oximetry in terms of response time and kinetics. Interestingly, while the shape of the sensor was not consistent between animals, the data was reproducible because oxygen levels were calibrated to a bulk T₁ measurement. Beyond the problem of off-site diffusion, another key problem in this space is that the analyte concentration measurement is dependent on the sensor concentration. However, several recent reports have been published on ratiometric MRI sensors, which could allow reversible monitoring independent of sensor concentration.^{56–58} Currently these approaches have only been demonstrated *in vitro*.

Beyond neural biosensors, a variety of new materials have recently been reported for accurate recording of neuronal activity *in vivo*, with significant improvements over traditional microelectrodes. While not yet fitting our definition for biosensing, their mechanical and biocompatibility profiles lend themselves to further development in this area. A range of organic and inorganic devices have been trialed *in vivo*, including bioresorbable silicon^{59–60}, polymeric microthreads⁶¹ and microfibers⁶², carbon nanotubes⁶³,

semiconductor ZnO crystals⁶⁴ and gold nanowires⁶⁵. The materials were developed with the aim of improving long-term biocompatibility and recording capability while minimizing localized tissue damage at the sampling point. Rogers' group have recently introduced "bioresorbable silicon" sensors (Figure 6), which at this point in time are designed to monitor temperature, flow, and pH based on electrical measurements.^{59–60} These sensors degrade hydrolytically over time, with normal metabolism, and are designed to have wireless compatibility. Demonstrated both *in vitro* and *in vivo* in rat models, the material lasts for ~ 1 month before degrading, with negligible effect on local tissue.

Kotov and colleagues have also developed several materials^{61, 63, 65} that address the problem of how to monitor neural activity from the same neurons for long periods of time by developing materials that are significantly smaller than individual neurons. Initially, Kozai et al. fabricated an ultra-small and completely organic microelectrode (carbon fibers coated with parylene-N for electrical recording and polyethylene glycol for anti-fouling), with a subcellular cross-section⁶¹ and demonstrated neuronal activity modelling in a rat model. Importantly, while the electrodes produced were extremely small, they had the required stiffness/flexibility combination for standalone use. Based on the reduced size, the microelectrodes induced less bleeding and disruption of the blood-brain-barrier in comparison to a traditional silicon electrode. Furthermore, they showed improved tissue response after 2-week implantation in comparison to the silicon electrode, indicated by higher levels of neural cells (astrocytes, microglia, endothelial cells) adjacent to the surface, which were histologically similar to unperturbed nearby tissue. Zhang et al. moved onto carbon nanotubes, which have excellent electrical, mechanical and chemical properties for neural interface applications, but previously had only been fabricated into electrodes on the order of ~200 μm . Here they fabricated flexible electrode arrays with sensing regions on the order of single neurons and demonstrated a new implantation procedure for soft devices into brain tissue. While preliminary neural activity monitoring was performed in rat brains, these devices are yet to undergo rigorous stimulus-response testing *in vivo*. Most recently, Kang et al. produced super-flexible, single-crystal gold nanowire probes with a diameter of ~100 nm. When loaded onto tungsten-tips, these electrodes were easily inserted into brain tissue with minimal tissue disruption, and used for short-term recording in mouse brains following response to different stimuli. Further investigations on the effects of micromotions of the nanowire in the brain, and the biocompatibility of the devices are required for further development.

Although we will not be reviewing the sensors developed in this area, the field of optogenetics has significantly driven the recent development of interesting devices that combine the desired mechanical properties for neural interfacing with electrical recording and transmission of light. In the most recent developments, individual sensing units have been combined in microelectrode arrays, enabling spatio-temporal control over light delivery and electrical recording. Canales et al. used scalable thermal drawing processes (TPD) to produce optical fibers that combined optical stimulation, electrical recording of responses, and also delivery of drugs through microfluidic channels.⁶² Distinct from traditional electrodes, their fibers were highly bendable and flexible, with stiffness sufficient to allow for micromotion related to physiological processes including heartbeat and respiration. After verifying each function independently in the brains of live mice, they observed a

significantly reduced tissue response over the first 3 days in comparison to a microwire electrode, but then comparable responses from 1–12 wks. Lee et al. took a different approach and designed an intracortical ZnO-based microprobe array.⁶⁴ ZnO has a unique combination of optical transparency, impedance and biocompatibility, and is hence potentially well-suited to the application. Uniquely, both light activation and recording occur in the same ZnO pillars without spatial separation, hence combining these pillars into a 4-by-4 array allowed the authors to investigate high-resolution optogenetic activity.

Hydrogel materials enabling improved sensor performance in vivo

Outside of neural tissue, several researchers have also investigated the inclusion of biosensors into hydrogels to monitor the “cargo” and to address the issue of off-site diffusion. Chan et al., designed a system to monitor the viability of hydrogel-encapsulated therapeutic cells following *in vivo* insertion.⁶⁶ Here the authors synthesized ~350 μm microcapsules containing a mixture of the therapeutic cells and pH-responsive L-arginine liposomes. When the pH inside the alginate-coated capsules becomes more acidic, it led to reduced proton exchange rate between the L-arginine NH-groups and surrounding water molecules, detectable by MRI (using “chemical exchange saturation transfer” or CEST). The authors showed that when using immunosuppressive drugs to protect the cells during implantation, the cells remained viable for longer (maintained pH), and this correlated with bioluminescence data generated *in vivo* over 14 days.

In another example, McShane’s group have investigated key issues related to transport phenomena, sensor characteristics, long-term stability and bio-fouling in polymeric implants, both *in vitro* and *in vivo*. Recently, Roberts et al. designed a group of hydrogels based on a combination of polyacrylamide (PAM) and poly(2-hydroxyethyl methacrylate) (polyHEMA), containing encapsulated glucose oxidase (GOx) and an oxygen-sensitive phosphor.⁶⁷ The inclusion of PAM into the matrix increased the diffusivity of glucose through the material, and increased the analytical sensitivity of the sensor, but shifted the dynamic range below the clinically relevant window. Furthermore the sensor characteristics of the polyHEMA gels were relatively unaffected by serum exposure, whereas the PAM-co-polyHEMA materials showed decreased sensitivity as a result of bio-fouling. Unruh et al. then implanted their sensors into pigs with the aim of realizing fully implantable glucose sensors without the need for percutaneous wire probes.⁶⁸ The authors demonstrated that tuning the composition of their polyHEMA-based hydrogels varied the diffusion of oxygen and glucose through the material, in turn tuning the response time of the reporter chemistry without changing the composition of the sensor itself. The authors successfully tracked glucose levels in comparison to blood glucose over a hyperglycemia/euglycemia/hypoglycemia cycle, and further studies will investigate the long-term stability and biocompatibility of these sensors (Figure 7). This important work highlights the importance of the materials used for implantation on the performance of the sensor itself.

Emerging materials for new scaffolds and receptors for *in vivo* biosensing

Polymeric scaffolds have a long history of use as biocompatible excipients based on their synthetic versatility, with a range of FDA-approved polymer-drug conjugates and nanoparticles on the market.⁶⁹ Indeed the majority of *in vivo* biosensors to date involve a

polymer component, including several of the case studies discussed in the earlier section; here we highlight some recent developments. Polymer-dye conjugates are commonly employed in the area of imaging contrast agents, however Zheng et al recently demonstrated ratiometric oxygen sensing using a simple PVP-dye conjugate in a mouse tumor xenograft model.⁷⁰ While PVP (polyvinyl pyrrolidone) can be used to extend the blood half-life of poorly soluble drugs, in this case the PVP was conjugated to an iridium (III) complex whose peak phosphorescent intensity varies inversely to the oxygen concentration; hence the fluorescence is “switched on” in hypoxic tissue. This led to highly specific tumor labelling over 1–120 hours after systemic administration. In another example, Sowers et al synthesised a “branched-bottlebrush” polymer which showed both ¹H-MRI contrast enhancement (organic nitroxide groups) and fluorescence increase (Cy-5.5) upon exposure to ascorbate both *in vitro* and *in vivo* in mice.⁷¹ Intriguingly, the dual-modality behaviour is dependent on the redox state of the polymer; hence no fluorescence increase was observed in the absence of nitroxide groups. Approximately 30% of the injected systemic dose was still circulating after 3 days, suggesting reasonably good biodistribution and half-life.

A wide variety of inorganic and hybrid materials have also been reported for sensing, imaging, and multi-modal applications, yet relatively few have progressed to *in vivo* studies.^{9, 72–73} Silica-based materials offer a number of advantages including low toxicity, size tunability, facile chemistry, brightness and photostability (with dyes encapsulated). Brabury, Weisner, and colleagues, have shown that ultra-fluorescent silica nanospheres are biocompatible in humans and could be used to identify cancerous lesions in patients.⁷⁴ In a clinical trial, Phillips et al. evaluated the biodistribution properties and also monitored the metabolic profiles of study subjects, with renal clearance over several days. Other groups have used silica shells to provide biocompatibility and dispersibility properties for nanomedicines also in human trials.⁷⁵ Given these studies are highly positive in terms of biocompatibility, this may be an interesting material to pursue for future *in vivo* biosensing applications. Indeed, several recent studies have been published demonstrating reversible sensing of pH^{76–79} among other examples reviewed elsewhere,^{9, 72} hence translating these sensors into animal studies could yield some highly interesting developments. Another emerging inorganic material is porous silicon, which has been recently shown by Tong et al. to be biocompatible in subcutaneous tissues.⁸⁰ This material can be fabricated using standard and scalable microfabrication procedures, with facile surface chemistry, and has been used to develop a range of interesting assays using near-infrared and infrared light for signal transduction.^{81–82}

The emergence of novel synthetic and biological receptors is another recent development, potentially opening up opportunities beyond traditional small molecule and ion sensing. “Nanozymes” – synthetic molecules or nanoparticles possessing intrinsic catalytic activity – have recently been applied to real-time glucose monitoring in the rat brain.⁸³ Although in this study a microdialysis approach was employed, the authors combined hemin (peroxidase mimic) and glucose oxidase inside a metal organic framework (MOF) and demonstrated that the proximity of the two enzyme systems allowed sensing of glucose with fast kinetics. The combination of multiple enzyme systems into a single sensor for real-time sensing, with protection from the MOF scaffold, could lend itself to further developments. In terms of biological receptors, the use of “directed evolution” library approaches (*e.g.* phage, SELEX,

etc.)⁸⁴ have been employed to discover, engineer, and optimize a range of binders to specific targets without the need for individual assay development which is the case historically for enzymatic activity sensors. The difficulty in applying them *in vivo* is in designing the positive/negative selection of clones in an environment that closely resembles that *in vivo*. Furthermore, to date, few directed evolution approaches have been used successfully to design reversible probes, perhaps due to the low “hit” rate for selecting high quality responsive binders.⁸⁵ Jasanoff’s BM3h family⁸⁶ (including the MRI-based dopamine sensor discussed earlier) is one seemingly successful example of applying a directed evolution approach to develop a receptor, however the reversibility in a non-diffusing scaffold is yet to be demonstrated. Aptamers, on the other hand, could be an alternative library platform to address these issues, based on their simple structures and ability to be engineered in terms of binding affinity, kinetics, and long-term stability in biological environments.

In conclusion, significant progress has been made both in the demonstration of novel biosensors *in vivo*, but also in the scientific pipeline that will lead to breakthroughs in this field. Further research is required in the areas of novel scaffold materials, novel biological receptors, and the design of novel biosensing concepts that can utilize existing and emerging biomedical imaging modalities. Further innovations in developing stable biological receptors for long-term monitoring will open doors for sensing new analytes. Given the wealth of knowledge and the cautionary tales surrounding the field of implantable/injectable materials (including nanomedicines, sensors, etc.), we have the opportunity to investigate issues of biocompatibility, tissue response, cellular uptake, biodistribution and clearance, without necessarily “re-inventing the wheel”. Although there was a surprisingly narrow number of groups meeting the analytical requirements to take biosensing technologies *in vivo*, we see this field as fertile ground for further fundamental and translational research.

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ABBREVIATIONS

PVP	polyvinylpyrrolidone
DNA	deoxyribonucleic acid
SELEX	Systematic evolution of ligands by exponential enrichment
MOF	metal-organic framework
FDA	federal drug administration (USA)
PAM	polyacrylamide
poly(HEMA)	poly(2-hydroxyethyl methacrylate)

CEST	chemical exchange saturation transfer
AMF	alternating magnetic field
PEG	polyethylene glycol
MRI	magnetic resonance imaging

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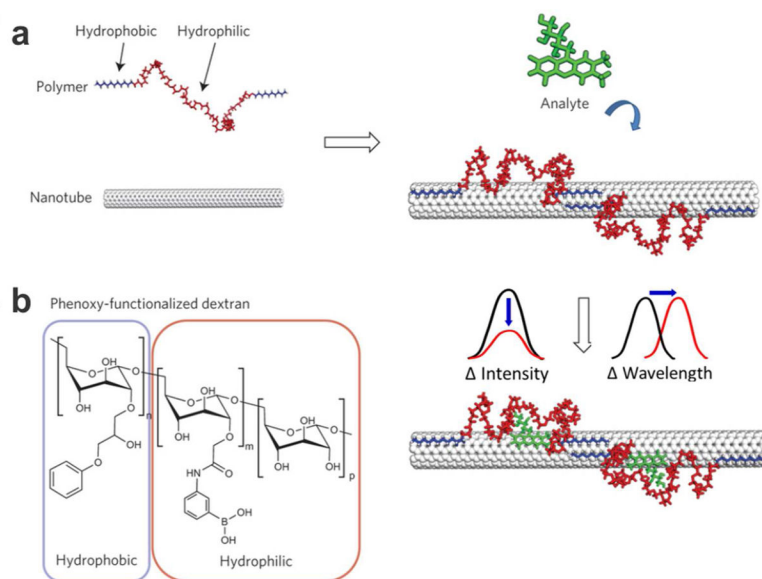


Figure 1. Principle and application of CoPhMoRe. (a) A polymer with hydrophobic and hydrophilic sequences attached to the nanotube. The polymer adopts specific conformation to create a selective binding cavity for analyte of interest, inducing wavelength or intensity change in SWCNT fluorescence. (b). An example of a hydrophobic–hydrophilic alternating sequence. Reprinted with permission from Reference 19. *Nat Nanotechnol* 2013, 8 (12), 959–968. Copyright 2013, Macmillan Publishers Ltd.

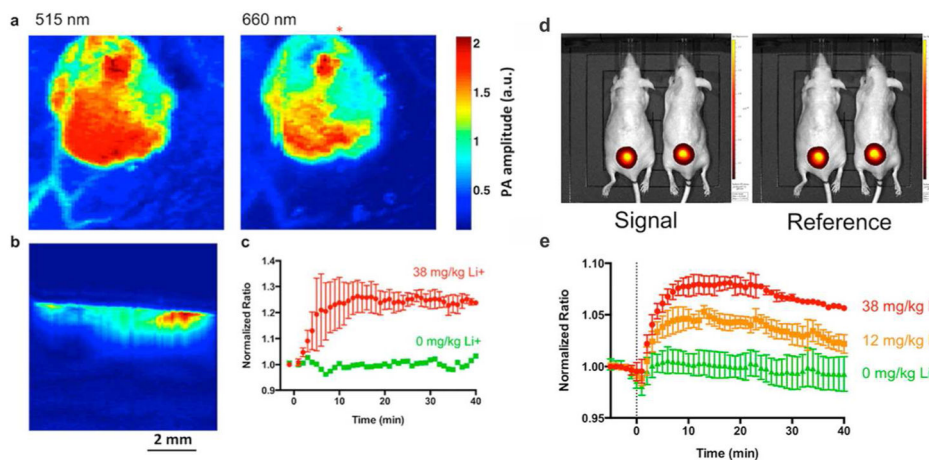


Figure 2. Photoacoustic nanosensors imaged in mouse model. Dual wavelength images from photoacoustic tomography (a) clearly show the entire sensor injection. A depth profile (b) taken below the red asterisk in (a) shows the nanosensor injection in the tissue. The nanosensors respond to systemic lithium administration (c) has a time to peak concentration of 14 min. The images of both wavelengths (d) demonstrate the excellent imaging quality. The lithium kinetics (e) obtained from fluorescence measurement is similar to that measured with photoacoustics in a dose-dependent manner. Reprinted with permission from Reference 31. *ACS Nano* 2015, 9 (2), 1692–1698. Copyright 2015, American Chemical Society.

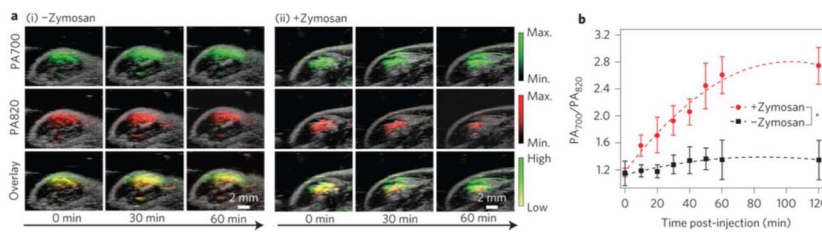


Figure 3.

(a) Photoacoustic/ultrasound superimposed images of saline-treated (i) and zymosan-treated (ii) regions in the thigh of living mice ($n = 3$). Photoacoustic ROS sensor was injected 20 min after zymosan treatment. (b) Ratio of photoacoustic amplitude at 700 nm to that at 820 nm (PA_{700}/PA_{820}) as a function of time post-injection of ROS sensor. Reprinted with permission from Reference 38. *Nat Nanotechnol* 2014, 9 (3), 233–239. Copyright 2014, Macmillan Publishers Ltd.

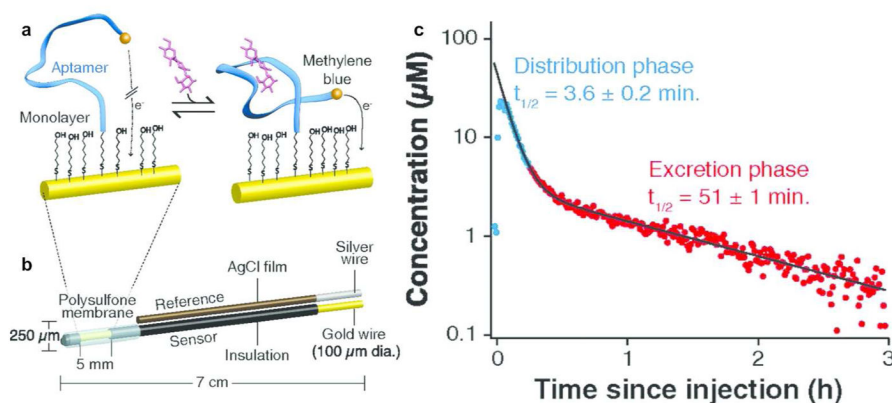


Figure 4. Aptamer-modified gold electrodes for long-term therapeutic drug monitoring in vivo. (a) Aptamers are immobilized onto electrode surfaces through gold-thiol chemistry. In the unbound state, the methylene blue reporter is a long way from the surface and so very little current is generated. In the bound state, the aptamer undergoes a conformational change and the reporter approaches the surface, generating increased current. (b) The electrode surface is coated in polysulfone to reduce biofouling from high molecular weight biomolecules and cells. (c) The sensor characteristics allow high-resolution monitoring of doxorubicin pharmacokinetics within an individual, potentially allowing for rapid changes in treatment regimen. Reprinted from Reference 40. *Proceedings of the National Academy of Sciences of the United States of America* 2017, 114 (4), 645–650. Copyright 2017, National Academy of Sciences.

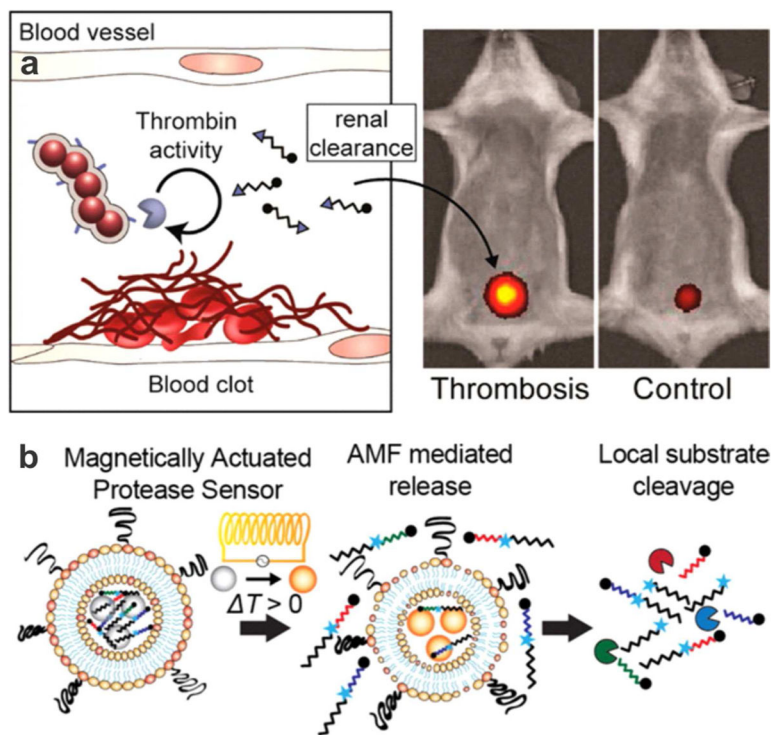


Figure 5. (a) Iron oxide nanoworms (NWs) modified with a thrombin-specific substrate coupled with a reporter. These constructs probe blood clots where the reporters are cleaved and released into urine by thrombin activities. In vivo image shows higher fluorescent signal to the bladders of thrombotic mice after thromboplastin administration. Reprinted with permission Reference 47. *ACS Nano* 2013, 7 (10), 9001–9009. Copyright 2013, American Chemical Society. (b) Magnetically actuated protease sensors. Thermosensitive liposomes were coloaded with magnetic nanoparticles and synthetic peptide substrate with near IR dye reporter. In the presence of alternating magnetic fields (AMF), heat dissipated by the MNPs melts the thermosensitive bilayer. This allows peptides to leak to the exterior, where they can respond to protease activity. Reprinted with permission from Reference 50. *Nano Lett* 2016, 16 (10), 6303–6310. Copyright 2016, American Chemical Society.

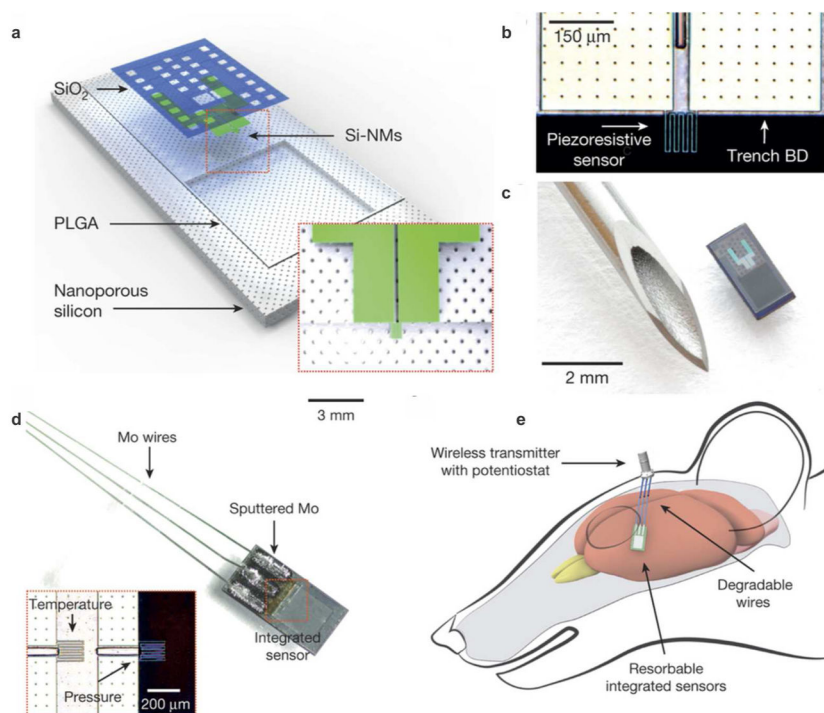


Figure 6.

(a–c) Bioreabsorbable silicon pressure sensor, composed of a nanoporous silicon substrate coated with PLGA polymer. An air cavity in between these two layers allows membrane deflection in response to fluid pressure changes. The next layer comprises a silicon nanomembrane as a piezoresistive element to convert pressure change into an electrical signal, coated with a silica overlay. (d) Temperature sensors were also incorporated, based on the temperature-dependent resistance of the silicon nanomembrane elements located away from the air cavity. Dissolvable sputtered molybdenum coatings and molybdenum wires integrated the sensor to the (e) wireless transmitter system. Reprinted with permission from Reference 59. *Nature* 2016, 530 (7588), 71–76. Copyright 2016, Macmillan Publishers Limited.

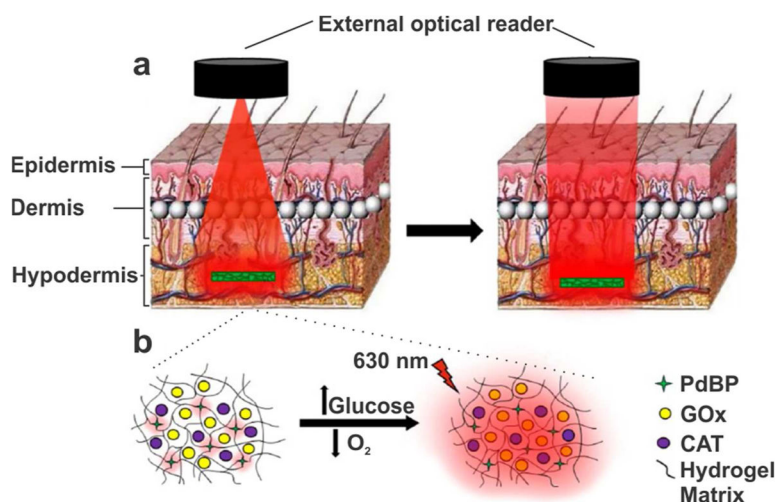


Figure 7.

(a) Hydrogel system as a fully-implantable, optically active glucose sensor. The excitation source ((i); light-emitting diode, $\lambda = 630$ nm) and detector ((ii); photo-multiplier tube) were housed in a 1.5-in diameter “puck”. (b) The hydrogel sensor was composed of a poly(HEMA)-co-PAM hydrogel matrix containing encapsulated glucose oxidase (GOx), catalase (CAT), and an oxygen-sensitive benzoporphyrin phosphor (PdBP). In the presence of glucose, GOx catalyzes the oxidation of b-D-glucose to D-glucono-1,5-lactone, reducing the oxygen to hydrogen peroxide. Catalase is included as a peroxide scavenger, to increase the lifetime of GOx. Reprinted with permission from Reference 68. *J Diabetes Sci Technol* 2015, 9 (5), 985–992. Copyright 2015, SAGE Publications.