

Scaffolds for retinal pigment epithelial cell transplantation in age-related macular degeneration

Journal of Tissue Engineering
Volume 8: 1–11
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DOI: 10.1177/2041731417720841
journals.sagepub.com/home/tej



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Abstract

In several retinal degenerative diseases, including age-related macular degeneration, the retinal pigment epithelium, a highly functionalized cell monolayer, becomes dysfunctional. These retinal diseases are marked by early retinal pigment epithelium dysfunction reducing its ability to maintain a healthy retina, hence making the retinal pigment epithelium an attractive target for treatment. Cell therapies, including bolus cell injections, have been investigated with mixed results. Since bolus cell injection does not promote the proper monolayer architecture, scaffolds seeded with retinal pigment epithelium cells and then implanted have been increasingly investigated. Such cell-seeded scaffolds address both the dysfunction of the retinal pigment epithelium cells and age-related retinal changes that inhibit the efficacy of cell-only therapies. Currently, several groups are investigating retinal therapies using seeded cells from a number of cell sources on a variety of scaffolds, such as degradable, non-degradable, natural, and artificial substrates. This review describes the variety of scaffolds that have been developed for the implantation of retinal pigment epithelium cells.

Keywords

Scaffolds, retina, retinal pigment epithelium, age-related macular degeneration

Date received: 7 April 2017; accepted: 22 June 2017

Background

In the pathologies typical of retinal degenerative diseases, retinal pigment epithelial cells become dysfunctional, contributing to the death of neural retinal cells and eventual blindness. For several decades, the transplantation of retinal pigment epithelial cells as a treatment for these diseases has been under investigation. Despite the many advances in this area, diseases such as age-related macular degeneration (AMD), the leading cause of blindness in developed countries, continue to exist without effective treatments.^{1,2} There have been many promising initial results with free cell therapies, including the preliminary results from an ongoing clinical trial; however, it is recognized that there persist several challenges to such therapies. These challenges include the inability of free cells to attach and form a native architecture, the migration of the transplanted cells, and inflammation.^{3–6} These challenges have driven research toward tissue engineering solutions, particularly scaffold-based interventions. This review aims to examine tissue engineering scaffolds for AMD, their

properties and reported efficacies, and to discuss the hurdles that must be overcome in order to develop a translational therapy using these scaffolds.

Physiology and changes due to AMD

The retina is a complex structure that sits in the posterior of the eye. It consists of the light transducing neural retina, as well as the supportive blood retinal barrier. The blood retinal barrier consists of a cell monolayer, the retinal pigment epithelium (RPE), and its tight junctions, Bruch's

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membrane (BM), and the tight junctions of the retinal vascular endothelial cells of the underlying choroid (Figure 1).

The RPE cells and blood retinal barrier structure supports the photoreceptors and various cell types in the neural retina in several ways. First, it maintains the retinal microenvironment through highly selective transport into and out of the retina. In addition to this selective transport provided by the blood retinal barrier, the RPE is responsible for the phagocytosis of retinal waste. Second, along with Müller cells and the interphotoreceptor matrix, the RPE provides physical support to the photoreceptors.

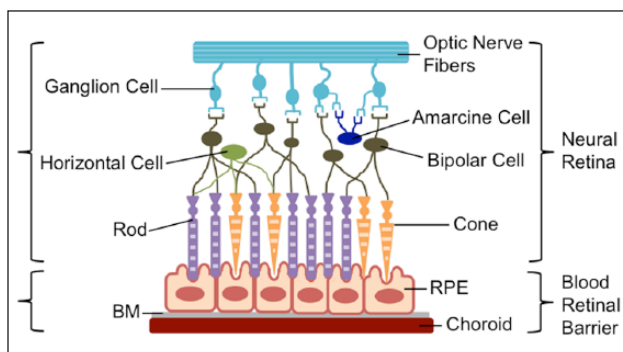


Figure 1. The structural organization of the retina. Diagram illustrating the distribution of retinal cells shows that photoreceptors interact directly with the apical side of the RPE cells. The RPE and other components of the blood retinal barrier maintain a healthy environment for the neural retina.

The apical microvilli of the RPE cells interact with the outer segments of the photoreceptors, providing them structural support. Third, the RPE plays a key role in the visual process by secreting proteins and processing visual cycle by-products. Through these three functions, the RPE and blood retinal barrier support a viable and functional neural retina. Because of its central role to normal retinal function, it is an attractive target for transplantation in the treatment of retinal diseases where the RPE and entire blood retinal barrier become dysfunctional (Figure 2).

Several changes to the components of the blood retinal barrier occur naturally during aging. These changes, which have been studied and characterized for close to 50 years, include an increase in BM thickness; appearance of coated membrane bodies, phospholipids, and/or drusen; loss of hydraulic conductivity; formation of advanced glycation end-products; or deposits of extracellular material beneath the RPE and within the BM.^{8–16} In addition to the dysfunction of the RPE and BM, the underlying choriocapillaris, the blood vessels that supply nutrients to the retina, are often damaged during AMD. This is due to the symbiotic relationship between the RPE, BM, and the blood vessels. Although the role of the choroid in AMD has been controversial, there have been observed changes with age. Several studies have observed marked decrease with age and in AMD patients.^{17–19} These transformations likely play a considerable role in RPE dysfunction in AMD; however, the primary cause of the disease is still unclear.

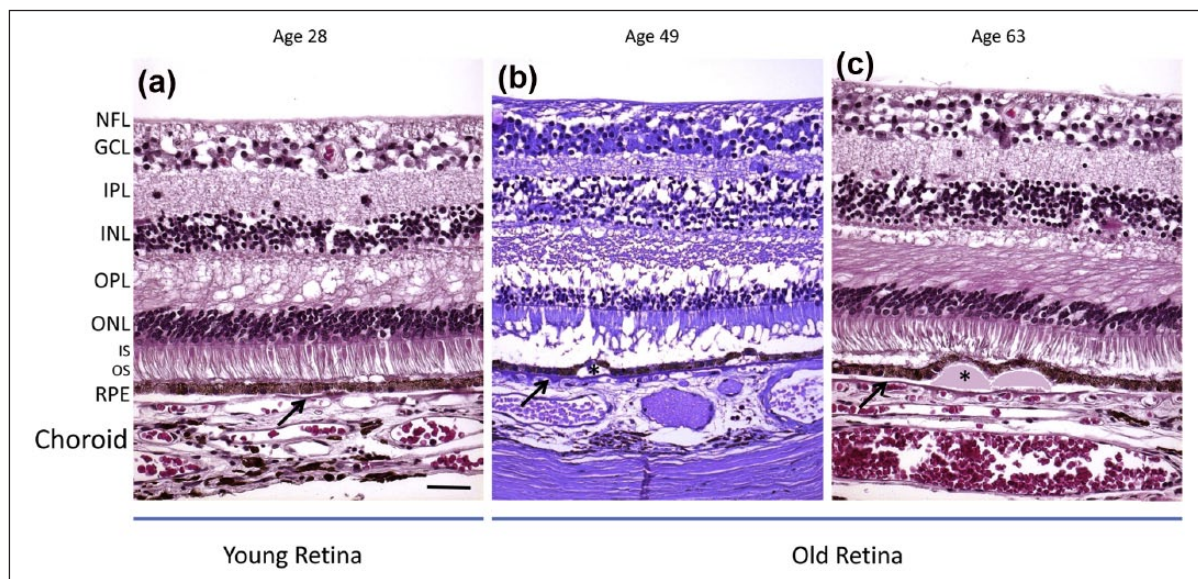


Figure 2. Histological depiction of young and old retinas. (a) The young retina demonstrates normal retina layers. (b, c) The aged retinas show thinning of the outer nuclear layer (ONL). The aged retinas contain drusen (asterisks) displacing the RPE. The BM is marked with a black arrow. Scale bar: 50 μm . Paraffin sections cut at 4–6 μm .

Source: Reprinted from Ardeljan and Chan.⁷

NFL: nerve fiber layer; GCL: ganglion cell layer; IPL: inner plexiform layer; INL: inner nuclear layer; OPL: outer plexiform layer; ONL: outer nuclear layer; IS/OS: inner/outer segments of photoreceptors; RPE: retinal pigment epithelium.

Cell-Based Therapies

Although the altered mechanical properties of the BM are concomitant to AMD rather than causal, any successful treatment should address these properties in the effort to restore a healthy retinal state. The importance of the BM's mechanical properties is supported by studies that have demonstrated the inability of RPE cells to attach to a damaged BM. Tezel et al.²⁰ cultured passage 1 human RPE cells on BM explants that were modified to mimic a diseased state. The explants were prepared by removing native RPE to expose the basal lamina. Following cell removal, the basal lamina was either left intact or mechanically and enzymatically debrided to expose the inner collagenous layer or the elastin layer. The RPE cell attachment rate, proliferation rate, and mitotic index were all higher on the basal lamina layer when compared to the deeper layers. In a study designed to determine whether attachment to the BM could be improved, the group seeded ARPE19, an established but non-immortalized cell line, and human fetal RPE cells on BM explants that were either unmodified or modified with fibronectin, laminin, and vitronectin.²¹ This study demonstrated no significant difference between cell types in their attachment to unmodified BMs, indicating that the age of the cell did not influence adherence as much as did the state of the BM.²² Furthermore, studies using modified BM explants showed characteristic RPE morphology and higher viability.^{21,23} Only cells that were seeded on these protein-enhanced membranes demonstrated substantial proliferation and coverage of RPE cells. The importance of the substrate condition was further confirmed in studies by Gullapalli et al.^{22,24} in which fetal human RPE cells showed poor cell coverage and morphology on unmodified submacular BMs of donors aged 55 years and older.

For decades, the therapeutic effects of transplanted RPE cells in delaying photoreceptor degeneration have been demonstrated in animal models. In 2001, Lund et al.²⁵ showed significant rescue of visual function using a spontaneously derived cell line (ARPE19) and an extensively characterized genetically engineered human RPE cell line (h1RPE7) as assessed by behavioral or physiological techniques in the Royal College of Surgeons (RCS) rat model that demonstrates retinal degeneration due to the MERTK gene mutation. These positive results were demonstrated through 20 weeks or 140 days post-transplantation. In addition to this study, several other publications have shown similar findings.^{26–32} Wang et al.³³ transplanted ARPE19 cells in the same model and demonstrated the ability of implanted cells to delay inner retinal degeneration. In the same study, ARPE19 cells were also used to preserve cortical visual function in RCS rats. More recently, researchers have turned to embryonic stem cell (ESC)-derived RPE cells. Lu et al.³⁴ implanted these ESC-derived RPE in RCS rats. The cells were able to sustain visual function and photoreceptor integrity in a

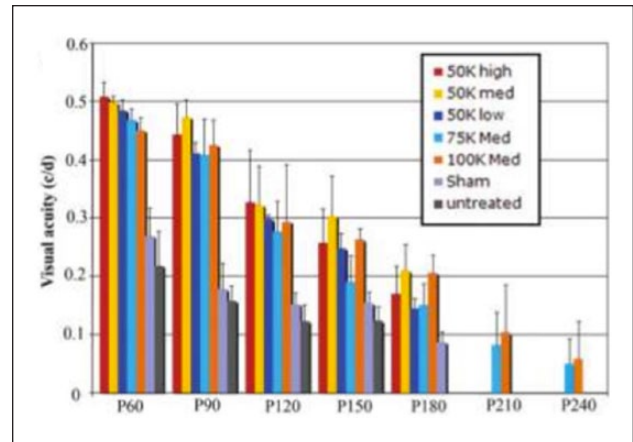


Figure 3. Batch and longevity of the effect of subretinally injected human embryonic stem cell–derived RPE as measured by visual acuity. Rescue of visual function decreases after day 90 and by day 240 only the high-dose groups still have low levels of visual acuity.

Source: Adapted from Lu et al.³⁴

dose-dependent fashion. This long-term study demonstrated much of the same rescue as the previous studies and additionally, due to its later time points, revealed that the initial rescue began decreasing after post-transplantation day 90 (Figure 3). This reduced efficacy could be due to the injected ESC-derived RPE cells not interacting with the BM and thereby not forming a functional monolayer. The injected cells were observed above and adjacent to the native diseased RPE rather than penetrating and repairing the diseased RPE. Thus, the cells did not address the altered properties of the blood retinal barrier that are associated with retinal degeneration. These diseased-state RPE and BM properties must be addressed in order to promote an efficacious therapy in the long term.

Scaffolds

The two main properties altered during retinal degeneration are the mechanical and transport properties of the BM. In the diseased state, the RPE monolayer is disrupted, which compromises cell–cell junctions and alters cell expression patterns and function on an individual cell basis. In addition, the BM displays a higher level of collagen cross-linking and higher lipid and membrane-coated body content. An optimized scaffold seeded with a mature RPE monolayer can mimic a healthy BM state and address the aforementioned issues associated with retinal degeneration.

Such is the rationale and motivation in exploring scaffolds for RPE cell transplantation. The general consensus is that the ideal scaffold will^{35–37}

1. Be biocompatible and not induce inflammation;
2. Promote and maintain a long-term healthy RPE phenotype;

3. Mimic healthy BM properties;
4. Be capable of being fabricated in optimal dimensions (5–90 μm);
5. Be mechanically robust enough to withstand manipulation during implantation.

In general, scaffolds are composed of materials derived from natural or synthetic sources or are a combination of the two. These are summarized in Table 1.

Natural materials

Bruch's membrane and other naturally occurring membranes. As with most transplants, one of the first options investigated for RPE transplantation was its native basement membrane, an autologous (e.g. translocated explants) BM. However, the aforementioned age-related changes in the BM present a hurdle for their use.

A unique approach to modifying BM explants involved first seeding corneal endothelial cells on a BM explant, allowing the seeded cells to deposit an extracellular matrix (ECM), removing the corneal cells, and then seeding RPE cells on the deposited ECM.⁴² This cell-deposited matrix led to significant RPE nuclear density when seeded on aged submacular BM compared to untreated age-matched BM controls. In addition to BM explants, anterior lens capsules as scaffolds for RPE cells have been investigated.^{38–41} This elastic membrane sits at the back of the lens anterior to the vitreous humor. Similar to the BM, it supports a monolayer of epithelial cells. When compared to synthetic polymer hydrogels, porcine anterior lens capsules supported higher cell density and viability than the hydrogel scaffolds.⁴¹ Several other naturally occurring membranes have been investigated for their potential as RPE cell scaffolds, including human amniotic membrane, Descemet's membrane, and the inner limiting membrane of the retina, and all demonstrated the ability to support characteristic RPE morphology and expression in seeded RPE cells.^{43–48,67}

Because AMD presents with high levels of degeneration in the macula that decrease toward the periphery, translocation of a full thickness choroid–BM–RPE complex has been attempted. This has mainly been performed in patients with the exudative, wet form of AMD but has also been attempted with dry AMD. The translocated grafts show revascularization and delayed degeneration; however, surgical complications remain high and visual improvement has been limited.^{68–70} In a long-term study by Zeeburg et al., 133 eyes with exudative AMD underwent a graft of the peripheral RPE–choroid complex. Prior to surgery, the average best corrected visual acuity (BCVA) was 20/250. At 4 years post-surgery, 15% of the eyes had BCVA worse than 20/200 and 5% had BCVA worse than or equal to 20/40.⁷¹ Although the improvement in some participants' visual acuity is noteworthy, it is important to look at the bulk of the data which indicates that a vast majority, or 85%, of treated eyes were

measured with BCVAs worse than 20/200, which is the cut-off for being characterized as legally blind. Obviously, there is still much progress to be made.

Using natural membranes has its benefits, for instance, they contain the proper native ultrastructure and biochemical cues. However, donor variability and limited material availability motivate the use of non-membranous polymer materials, both natural and synthetic, that can be fabricated into the desired dimensions.

Natural polymer scaffolds

Natural polymers are an attractive option for a number tissue engineering scaffolds. Because the BM consists of various types of collagens, collagen is the most studied natural polymer for BM scaffolds. Collagen shows great promise as a scaffold for many reasons, including its lending itself to a variety of fabrication techniques. As previously mentioned, the ideal scaffold will have similar dimensions to the natural BM, ideally less than 10 μm thick. In 2007, Lu et al. used thin film collagen scaffolds for the culture of RPE cells. These thin films had a thickness of $2.4 \pm 0.2 \mu\text{m}$ and were able to maintain both cell viability and characteristic cell morphology.⁴⁹ Warnke et al.⁵⁷ compared thin films to electrospun nanofiber collagen scaffolds and on these nanofiber scaffolds demonstrated better morphology of RPE cells, including more defined apical microvilli, a strong indicator of the health of RPE cells (Figure 4).

Interestingly, these collagen nanofiber scaffolds did not show significant differences compared to poly(lactic-co-glycolic acid) (PLGA) nanofiber scaffolds.⁵⁷ Although collagen is the most highly investigated scaffold material, human cryoprecipitate, gelatin, and crosslinked fibrinogen scaffolds have also been investigated with some promising results.^{50,51,55,72} Cryoprecipitate offers a unique benefit in that it can be harvested from the patient's own blood, removing the risk of rejection. Farrokh-Siar et al.⁵⁵ seeded cryoprecipitate membranes with fetal RPE sheets. The sheets maintained their morphology and proliferated during culture. Both fibrinogen and gelatin were evaluated in vivo in rabbits and pigs, respectively. The crosslinked fibrinogen was prepared into microspheres and seeded with human fetal RPE cells, which survived up to 1 month. However, there was evidence of a mild local inflammatory response. In the Del Priore study that used gelatin, there was a presence of macrophage or macrophage-like cells in the retina, as well as lymphatic cells within the lumen of the choriocapillaris blood vessels underlying the transplant site.⁵¹ These indicators of immune response serve as a predictor of the death of the transplanted RPE cells. Reducing the expression of inflammatory cytokines and recruitment of immune cells should be considered during scaffold design.

Silk fibroin is another natural material that has shown promise as a substrate for ocular tissue engineering applications.^{52–54} Silk fibroin can be obtained from a

Table I. Summary of scaffolds used to support RPE cells.

	Scaffold material	Cell types	In vitro characterization/in vivo results	Refs
Native membranes and explants	Anterior lens capsule	Aged human RPE; porcine RPE	In vitro: Over 94% cell viability. Confluent cells expressed F-actin and tight junctions In vivo: 2 weeks post-implantation, lens capsule well tolerated in subretinal space	38–41
	BM explants layers	Fetal RPE	In vitro: Poor cell morphology and low cell density compared to controls In vivo: N/A	20, 22
	ECM-coated BM	Human fetal RPE; ARPE19	In vitro: Cleaning explants and ECM protein coating decreased apoptosis, increased proliferation ratios, and formed monolayer after 17 days of culture In vivo: N/A	21, 24, 42
	Amniotic membrane	Primary rabbit RPE; human RPE	In vitro: RPE showed epithelial cell characteristic gene expression and morphological ultrastructure of including apical microvilli and tight junctions In vivo: N/A	43–47
	Descemet's membrane	Porcine and bovine RPE	In vitro: RPE cells formed intact monolayer and characteristic apical microvilli In vivo: N/A	48
Natural materials	Collagen	ARPE19, human primary RPE	In vitro: RPE demonstrated hexagonal, cobblestone morphology with F-actin rings, and tight junctions after 9 days of culture; cells could phagocytose In vivo: N/A	49
	Fibrinogen	Human fetal RPE	In vitro: N/A In vivo: cell-seeded fibrinogen matrix in rabbits had photoreceptor loss near transplanted tissue. cell-seeded matrix had minimal choroidal thickening and inflammation	50
	Gelatin	Porcine RPE sheets	In vitro: N/A In vivo: Subretinal transplants into domestic pigs. Multilayer transplant sheets with outer segment shortening. Cells synthesized basement membrane	51
	Silk fibroin	ARPE19, human primary RPE	In vitro: cells with characteristic cobblestone morphology after 8 weeks In vivo: N/A	52–54
	Cryoprecipitate	Human fetal RPE	In vitro: Hexagonal shape, tight junctions, and clear monolayer seen on fiber scaffolds compared to film or glass; phagocytosis ability seen using latex beads In vivo: N/A	55
Synthetic polymers	Bacterial cellulose	h-TERT immortalized RPE	In vitro: Acetylated bacterial cellulose demonstrated higher cell adhesion and proliferation compared to unmodified bacterial cellulose In vivo: N/A	56
	PLGA	Human primary RPE	In vitro: Hexagonal shape, tight junctions, and clear monolayer on fiber scaffolds compared to film or glass; phagocytosis ability seen using latex beads In vivo: N/A	57, 58
	Parylene C	ARPE19; ESC-derived RPE	In vitro: cells on Matrigel-coated scaffolds had hexagonal shape, pigmentation, tight cell–cell junctions, apical microvilli after 4 weeks In vivo: cells transplanted on scaffold had higher survival compared to free cells in athymic nude rats. More macrophages with scaffolds present	59, 60
	PLLA/PLGA	Mouse RPC	In vitro: Immature RPC markers expression levels decreased after 7 days of culture In vivo: Estimated >50% survival of grafted cells	58, 61–63

(Continued)

Table 1. (Continued)

	Scaffold material	Cell types	In vitro characterization/in vivo results	Refs
	PCL	Mouse RPC	In vitro: Increased cell attachment, recoverin, rhodopsin, GFAP upregulation; SOX2 downregulation In vivo: N/A	37
	PEGDMA	Aged human RPE; porcine RPE	In vitro: Over 90% viability; confluent cells expressed F-actin and tight junction In vivo: N/A	41
	PTMC	Human ESC-RPE	In vitro: PTMC scaffolds supported the maturation of human ESC-RPE promoting a confluent monolayer of cells and RPE-specific gene expression In vivo: N/A	59
	PDMS	iPSC-derived RPE	In vitro: PDMS enhanced attachment, proliferation, polarization, and maturation of cells In vivo: Subretinal scaffold implantation in porcine eyes showed biocompatibility and ERG revealed preserved macular function up to 2 years after implantation	64
Combination scaffolds	Chitosan-PCL/PCL	Mouse RPC	In vitro: Promoted proliferation and differentiation of cells In vivo: N/A	65
	Silk fibroin, PCL, gelatin	Primary adult human RPE	In vitro: Higher cell growth rate and higher expression of characteristic RPE genes compared to PCL and PCL-silk scaffolds In vivo: Subscleral implantation with no inflammation or rejection	66

RPE: retinal pigment epithelium; BM: Bruch's membrane; ECM: extracellular matrix; h-TERT: human telomerase reverse transcriptase; PLGA: poly(lactic-co-glycolic acid); PLLA: poly(L-lactic acid); RPC: retinal progenitor cell; PCL: poly(caprolactone); GFAP: glial fibrillary acidic protein; SOX2: sex determining region Y-box 2; PEGDMA: polyethylene glycol dimethacrylate; PTMC: poly(trimethylene) carbonate; PDMS: polydimethylsiloxane; iPSC: induced pluripotent stem cell; ERG: electroretinogram.

variety of insect sources such as *Bombyx mori* and *Antheraea pernyi*. Shadford et al. evaluated *Bombyx mori* silk fibroin membranes for culturing ARPE19 cells. These porous scaffolds supported the cells, which maintained their characteristic cobblestone morphology and tight junctions. The fibroin membranes demonstrated similar results with primary RPE cells, though it took longer for the cells to develop the characteristic traits.⁵³ A more recent approach to enhance cell attachment utilized bacterial cellulose coated with urinary bladder matrix, which promoted a cell phenotype comparable to that of native RPE with its characteristic epithelial morphology and characteristic protein expression.⁵⁶

While these natural polymers have the benefits of biocompatibility and biochemical cues present in the natural extracellular environment, serious drawbacks such as issues with product purity, disease transmission, immune response, and difficulty in functionalization or modification do arise.

Synthetic polymer scaffolds

There have been several synthetic polymers investigated for use as a BM scaffold including poly(L-lactic acid)

(PLLA), PLGA, PLLA-PLGA copolymer systems, poly(caprolactone) (PCL), methacrylated hydrogels, polydimethylsiloxane (PDMS), and parylene-C. PLLA and PLGA scaffolds were among the first materials to be investigated for RPE cell delivery and have been investigated by many groups.^{58,61-64} These scaffolds, mostly fabricated through solvent casting into thin films, have been seeded with D407 RPE cells, human fetal RPE cells, and porcine RPE cells. These scaffolds have repeatedly demonstrated the ability to support viable RPE cells while maintaining their proper morphology and phenotype.^{36,58,61,62,73} Porous PCL, fabricated using photolithography and ion etching to create a scaffold mold, demonstrated improved markers of maturity and function of seeded fetal human RPE cells compared to non-porous PCL and porous polyester transwells.³⁷ Singh et al.⁴¹ compared methacrylate/methacrylamide copolymer hydrogels directly to porcine lens and found each scaffold supported similar cellular densities for both human and porcine RPE cells. The cells also maintained their phenotype and formed monolayers on both materials. More recently, Sorkio et al. used a thin film scaffold of poly(trimethylene) carbonate (PTMC). These PTMC scaffolds were able to support the maturation of

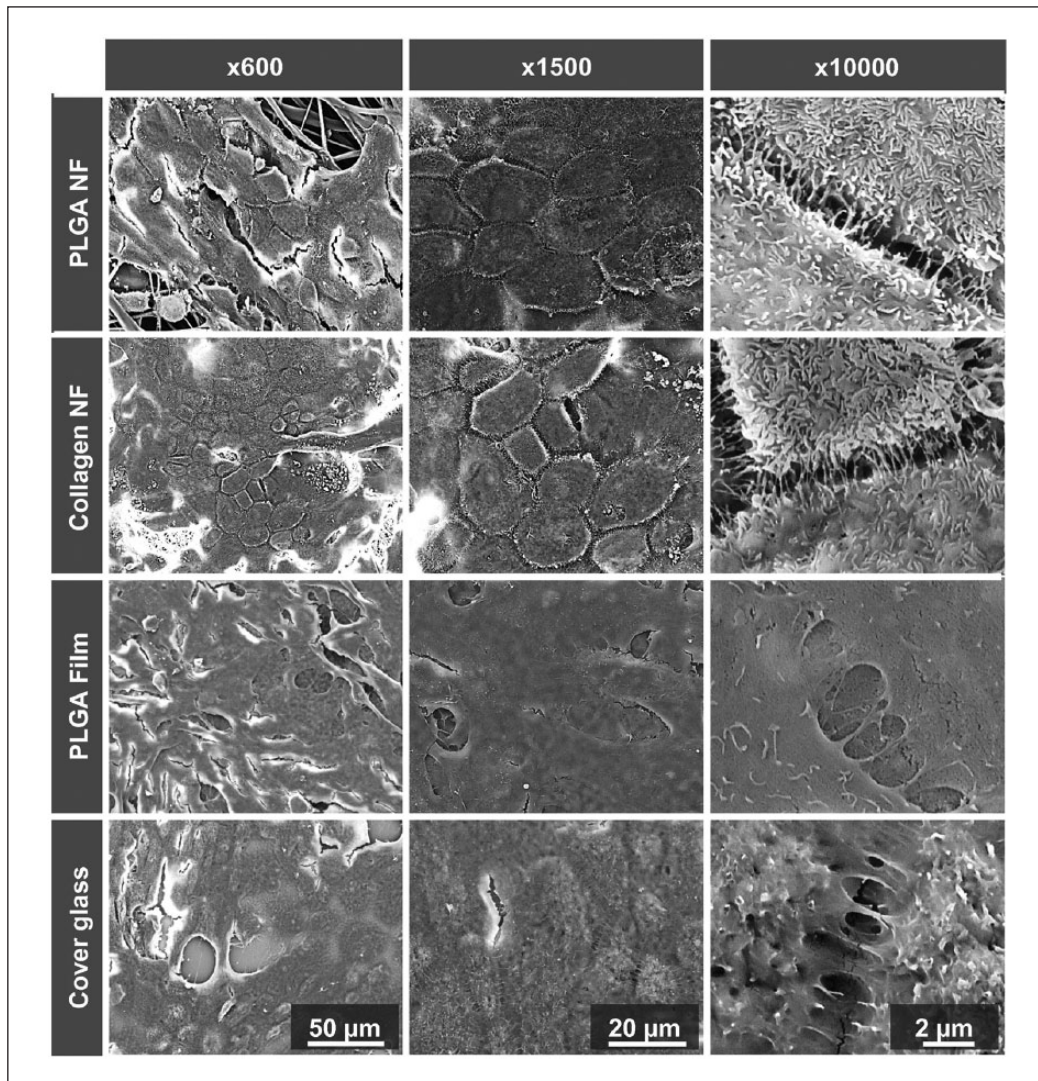


Figure 4. SEM images of RPE cells on PLGA and collagen nanofibrillar membranes (NF), PLGA films and cover glass after 11 days. The RPE cells on NF membranes form an *in vivo*-like monolayer. Cells on NF membranes also demonstrate long, sheet-like microvilli, while cells on flat surfaces appear less organized.

Source: Reprinted from Warnke et al.⁵⁵

human ESC-RPE and promote a confluent monolayer of these cells all while maintaining their RPE-specific gene expression.⁷⁴

The use of synthetic polymers allows for more control over scaffold parameters such as mechanical and transport properties and degradation characteristics. While degradation may be desirable, the ideal degradation rate has not yet been identified since it depends both on the ability of RPE cells to generate their own matrix and on the state of the BM at the time of cell transplantation. Many synthetic materials have been investigated as scaffolds for RPE cell implantation, though no single material has jumped to the forefront of the field since positive results such as high cell viability, characteristic expression, and cell markers can be obtained on several materials. Besides material selection itself, the

scaffold design parameters such as scaffold thickness and transport properties, and the ability to promote cell adhesion, appear to be the most important factors in controlling RPE fate and scaffold success in animal studies.

One of the most promising synthetic polymer scaffolds reported is fabricated with soft lithography using parylene-C.⁵⁹ This sub-micron mesh scaffold, supported by a 6- μm frame, is designed to mimic BM transport properties and is able to support RPE cells *in vitro*. These scaffolds were seeded with RPE cells, then implanted into the subretinal space of athymic nude rats. When compared to scaffold-free cell suspensions, cells transplanted on parylene-C scaffolds survived in greater numbers. However, an infiltration of macrophages was observed to a higher extent when scaffolds were present.^{59,60}

Combination scaffolds

Many RPE scaffolds fall into the category of natural or synthetic polymers; however, some scaffolds exploit properties of both. Although many synthetic polymer scaffolds are modified with cell adhesion peptides, these are not true combination scaffolds since the bulk material of the scaffold that defines its mechanical and transport properties is the synthetic polymer. The combination approach uses both natural and synthetic materials to compose the bulk of the scaffold, with each material contributing to the scaffold properties. The combination approach provides the advantage of controlling scaffold properties with the synthetic component, while gaining natural cues such as proteins, proteoglycans, and glycosaminoglycans from the natural polymer.

Combination scaffolds have demonstrated success in their ability to grow and maintain retinal progenitor cells and RPE cells *in vitro* and *in vivo*. Using electrospinning, Chen et al.⁶⁵ fabricated chitosan-graft-PCL/PCL hybrid scaffolds. These scaffolds promoted the proliferation and differentiation of mouse retinal progenitor cells. Another novel approach taken by Xiang et al. resulted in an ultrathin porous nanofibrous membrane of *Antheraea pernyi* silk fibroin, PCL, and gelatin.⁶⁶ This 3- to 5- μm scaffold induced a higher cell growth rate and a higher expression of characteristic RPE genes in primary human RPE compared to when these cells were seeded on PCL alone or PCL–silk fibroin scaffolds. Subscleral implantation of these combination scaffolds demonstrated biocompatibility with no evidence of inflammation or rejection.

The combination approach using natural and synthetic polymers to optimize cell growth and expression while also controlling the mechanical, transport, and degradation properties has been explored in other areas that use cell scaffolds, but in RPE tissue engineering, this approach is a novel and promising one. The hurdle of reproducibility when using natural polymers still exists in a combination approach. Future work should address this challenge while also characterizing cells to ensure optimal clinical results.⁷⁵

Scaffold surface design and modification

In addition to scaffold dimension and transport property design, scaffold surface design and modification, specifically topographical cues and plasma treatment, have been investigated. The most common topography for fabricated RPE scaffolds is that of electrospun nanofibers.⁷⁵ Depending on the parameters used during fabrication, nanofiber diameter can be controlled. Lui et al. determined that the optimal nanofiber diameter was 200 nm. In addition, Steedman et al.⁷⁶ demonstrated that retinal progenitor cells had significantly higher adherence to PCL scaffolds with a surface microtopography compared to PCL with a smooth surface or tissue culture polystyrene.

In addition to topography, surface modification to enhance hydrophilicity is a common approach to encourage cell attachment and spreading. Oxygen, air, and ammonia gas plasma treatments to increase scaffold hydrophilicity have all induced a variety of positive effects in cells cultured on these scaffolds. For instance, oxygen plasma-treated poly(hydroxybutyrate-*co*-hydroxyvalerate) thin film scaffolds investigated by Tezcaner et al.⁷⁷ demonstrated that hydrophilicity increased with increasing oxygen treatment, while surface roughness decreased. The oxygen treatment increased attachment and spreading of D407 RPE cells. However, this improvement was modest and not statistically significant. Williams et al.⁷⁸ investigated commercially available polyurethanes treated with air plasma to increase the substrate wettability. Prior to treatment, only a few ARPE19 cells attached and those that did remained aggregated. However, after treatment cells grew into a monolayer with the characteristic RPE cobblestone morphology.⁷⁸ ARPE19 cells were also used by Krishna et al.⁷⁹ on ammonia plasma-treated expanded polytetrafluoroethylene scaffolds. The ammonia treatment resulted in enhanced growth and monolayer formation with phagocytic ability. Recently, Shahmoradi et al. investigated the effects of both the morphology and the hydrophilicity of a PCL scaffold. This study determined that a lower fiber diameter of 185.8 nm, close to the 200-nm optimal diameter determined by Lui et al., and an increased hydrophilicity were best for the culture of human RPE cells.⁸⁰

Future considerations and conclusion

Despite current clinical trials where free cell suspensions are transplanted into AMD-damaged RPE layers, there is an ongoing need to rebuild a healthy blood retinal barrier in order for cell therapy to be a successful long-term treatment for AMD. A major hurdle that must be overcome is inflammation. While the retina possesses qualities of an immune privileged site, this is only true when a healthy RPE and BM are present. This is not the case during AMD, and therefore in many *in vivo* studies there is considerable macrophage infiltration. Many of the scaffolds discussed have not yet been evaluated *in vivo*. Of the scaffolds that have reported results in animal models, the animals are often athymic and therefore inflammation is not studied. Once further studies are performed, it will be interesting to see how scaffold material plays a role in inflammation. Previous reports show inflammation following RPE grafts despite immunosuppression. Crafoord et al.⁸¹ reported no significant difference between cyclosporine-treated rabbits and cyclosporine-untreated rabbits 6 months after RPE graft transplantation. Both treatment groups showed macrophage invasion and photoreceptor damage. Zhang and Bok⁸² investigated the immune response in the subretinal space following RPE transplantation. The investigators used two RCS rat strains, BD IX and LEJ, that have incompatible major histocompatibility complexes (MHC). This study

demonstrated that chronic rejection of RPE grafts in rats is mediated by the MHC. Mechanistic studies suggest that interferon gamma (IFN- γ) activation of the RPE leads to increased MHC class II expression. When IFN- γ was used to stimulate cells prior to implantation, those cells were acutely rejected.⁸³ Therefore, future scaffolds should down-regulate the expression of this cytokine, as well as other inflammatory markers that have previously been characterized in RPE cells.^{84–88} These cytokines include tumor necrosis factor α (TNF α), interleukin 1 β (IL-1 β), and monocyte chemoattractant protein 1 (MCP-1). Liu et al.⁸⁹ demonstrated a significant correlation between the expression of these cytokine genes and the activation of microglial cells in the retina following retinal detachment in rats.

Another challenge to the development of a long-term treatment of AMD concerns the damaged underlying blood vessels of the choriocapillaris. With the thinning of these blood vessels and an insufficient nutrient supply to any implanted scaffolds and seeded RPE cells, it is likely that a dysfunctional or diseased phenotype will eventually present in implanted cells. Scaffold design that promotes healthy vessel formation, slows thinning of the aged-choroid, and potentially delivers therapeutics must be investigated further in order to establish the symbiotic relationship that maintains healthy RPE and choroid epithelial cells.

Much progress has been made in the development of a cell therapy for the treatment of AMD in the past several decades. Using transplanted cells, there has been partial visual rescue or delayed degeneration in several animal models and even in human clinical trials. However, most of the previous results motivate the development of scaffolds to better support cell transplantation and re-establish a healthy blood retinal barrier. Design parameters that include material type, scaffold mechanical properties, and surface modification will play an important role in overcoming the hurdles that the field is currently facing.

Declaration of conflicting interests

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

Funding

The author(s) disclosed receipt of the following financial support for the research, authorship, and/or publication of this article: C.E.W. was supported by the National Institutes of Health under Ruth L. Kirschstein National Research Service Award T32 GM8339 from the NIGMS.

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