

HHS Public Access

Author manuscript Nat Rev Immunol. Author manuscript; available in PMC 2018 March 01.

Published in final edited form as:

Nat Rev Immunol. 2017 August ; 17(8): 483–494. doi:10.1038/nri.2017.38.

Immunological implications of pregnancy-induced microchimerism

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Abstract

Immunological identity is traditionally defined by genetically encoded antigens, with equal maternal and paternal contributions as a result of Mendelian inheritance. However, vertically transferred maternal cells also persist in individuals at very low levels throughout postnatal development. Reciprocally, mothers are seeded during pregnancy with genetically foreign fetal cells that persist long after parturition. Recent findings suggest that these microchimeric cells expressing noninherited familially relevant antigenic traits are not accidental souvenirs of pregnancy, but are purposefully retained within mothers and their offspring to promote genetic fitness by improving the outcome of future pregnancies. Here, we discuss the immunological implications, benefits and potential consequences of individuals being constitutively chimeric with a biologically active 'microchiome' of genetically foreign cells.

> The unique composition of genetically encoded antigenic traits in each individual has traditionally been used to define their immunological identity **[G]**. This binary classification of antigens as either 'self' or 'non-self' has established a conceptual framework for evaluating how the adaptive immune system responds to microbial infection, or to antigen stimulation in other contexts such as immunization or transplantation^{1,2}. Importantly, however, the classical immunological tenets of self-tolerance, which have been based primarily on the analysis of highly inbred animal strains, do not properly reflect the genetic diversity in outbred populations, where each individual contains a distinct immunological signature defined by unique MHC haplotypes and other minor alloantigens. This limitation of investigating tolerance exclusively using genetically identical inbred animals is magnified when addressing the immunological shifts that occur during pregnancy, when expanded tolerance to genetically discordant fetal tissue is likely to be essential for successful reproduction.

The physiological exposure of individuals to foreign antigens during pregnancy and early life development has been used to establish working models of immunological identity and

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Competing interests statement The authors declare no competing interests.

tolerance. In the 1940s, Ray Owen recognized the plasticity of immune tolerance, which naturally extends beyond genetically encoded self-antigens, based on experiments showing expanded blood group compatibility among dizygotic twin cattle with mixed circulatory systems during in utero development³. In the 1950s, Sir Peter Medawar articulated the immunological conundrum that is associated with viviparity **[G]**, by describing the contrast between rapid rejection of allogeneic skin grafts compared with the persistence of fetal tissues in mothers during pregnancy⁴. Thus, pregnancy activates unique adaptations in mothers for maintaining fetal tolerance **[G]**. Given the dominant role of reproductive fitness in trait selection, adaptations that reinforce fetal tolerance and promote maternal well-being are likely to be engrained within the reproductive process through refining positive selection. Accordingly, we propose that further dissecting how maternal–fetal conflict is averted has exciting potential to reveal not only new strategies for improving pregnancy outcomes, but also fundamental insights into how immune tolerance works in other biological contexts.

Many of the known mechanisms that maintain fetal tolerance function at the maternal–fetal interface, including the production of immunosuppressive molecules, exclusion of immune cells through chemokine gene silencing, reduced complement deposition and entrapment of professional antigen-presenting cells, have been recently summarized and are not discussed further here (see REFS $5-7$). However, given the limited macroscopic anatomical distribution of fetal tissues in women during pregnancy, it remains unclear why systemic immunological changes are also involved. In this context, a remarkable, but somewhat underappreciated, aspect of mammalian pregnancy is the bidirectional transfer and systemic seeding of small numbers of genetically foreign cells, termed microchimeric cells **[G]**, between mother and offspring.

Beginning early in pregnancy, fetal cells are found in the maternal blood and tissues, with the number of these cells progressively increasing until term^{8,9}. Reciprocally, maternal cells are found in human fetal tissues beginning in the second trimester of pregnancy $10,11$. Perhaps more remarkable is the long-term persistence of these genetically discordant fetal cells in mothers many years after pregnancy, and the retention of maternal cells in offspring throughout postnatal development into adulthood^{12,13}. Despite near uniform agreement that all individuals contain these microchimeric cells, surprisingly little is known regarding their biological function and molecular properties. These knowledge gaps primarily stem from the lack of tools for experimental manipulation and consistent identification of these exceptionally rare cells (Table 1). Nonetheless, fetal microchimerism (FMC) and maternal microchimerism (MMC) have been increasingly shown to occur for various hematopoietic, undifferentiated and tissue restricted cell types (Supplementary information S1 (Table)). Interestingly, recent findings suggest that these microchimeric cells are not accidental souvenirs of pregnancy, but instead are purposefully retained to help promote the success of future pregnancies¹⁴. Thus, further investigating the fundamental biology of microchimeric cells, including their origins and the mechanisms by which they evade immunological rejection, has the potential to redefine immunological identity to also include genetically foreign, but familially relevant antigenic traits. Here, we discuss accumulating evidence regarding the persistence, cellular identity and molecular phenotype of microchimeric cells,

their potential biological benefits and harmful consequences, and the broader immunological implications of considering individuals as being constitutively chimeric.

Expanded immune tolerance during pregnancy

For placental mammals, prolonged *in utero* maturation allowing more devoted and purposeful investment to each concepti promotes the survival of offspring, while minimizing wasted allocation of resources to non-surviving offspring. However, the close physical approximation of maternal and fetal tissues during in utero maturation also highlights the immunological conundrum for why maternal immune cells do not reject genetically foreign fetal tissues, and how fetal immune components with compulsory exposure to maternal tissues adapt to genetically foreign noninherited maternal antigens (NIMAs) **[G]**. Here, we discuss expanded immune tolerance that averts maternal-fetal conflict during pregnancy from the perspective of microchimeric cells.

Maternal tolerance to paternal–fetal antigens

Despite the many localized mechanisms at the maternal–fetal interface for averting immune rejection of the high density of fetal cells that are contained within the pregnant uterus^{5–7}, potent immunological changes also occur systemically in women during pregnancy. For example, the severity of autoimmune disorders that affect non-reproductive tissues, such as rheumatoid arthritis and multiple sclerosis, markedly improves for women during pregnancy15,16. Similarly, the serological response to inactivated influenza vaccine is blunted during human pregnancy^{17,18}. These systemic shifts in immune reactivity that occur during pregnancy probably extend to maternal immune components with specificity for fetal-expressed antigens given the FMC that results from widespread seeding and retention of genetically foreign fetal cells in the peripheral tissues of mothers (Fig. 1a).

Early studies using various methods (Table 1) to identify fetal microchimeric cells that express unique paternally derived markers showed that fetal cells are present amongst maternal peripheral blood mononuclear cells (PBMCs) at a frequency of 1 in 10^3 cells by $14-15$ weeks of gestation¹⁹, and that fetal cells can be detected in maternal blood as early as 7 weeks gestation before complete establishment of the fetal placental vasculature²⁰. The number of fetal cells in maternal blood progressively increases throughout pregnancy, reaching peak levels of more than 100 fetal cells per mL of maternal blood at parturition^{20,21}. Similarly, fetal DNA-containing cells have been found in the cadaveric lung, spleen, liver, kidney and heart tissues of women during pregnancy⁸. Importantly, fetal microchimeric cells are intact cells and represent a completely distinct source of fetal DNA from the placenta-derived, cell-free fetal DNA in the serum of mothers during pregnancy that is increasingly being used for prenatal analysis.

The transfer of fetal cells to mothers during pregnancy is highly conserved, and is thought to occur in all placental mammalian species²². For rhesus macaque non-human primates, fetal cells are found among maternal PBMCs during the second and third trimesters of pregnancy, and in various maternal tissues including the heart, liver and spleen at the time of term delivery²³. Similarly in mice, fetal cells of many unique cell types are found amongst multiple maternal tissues (Supplementary information S1 (Table)), beginning shortly after

implantation and reaching a peak level of 1 fetal cell per 10^4 – 10^6 maternal cells by late gestation^{9,24}.

The progressively increasing mass and number of fetal cells across maternal tissues during pregnancy correlates with the systemic expansion of immunosuppressive, CD4+ regulatory T (T_{reg}) cells²⁵. Circulating maternal T_{reg} cells begin to accumulate in mice the day after conception and their numbers increase by approximately two-fold by midgestation during healthy pregnancies^{25–27}. By contrast, fetal wastage is associated with defective maternal T_{reg} cell expansion in abortion-prone matings between defined strains of inbred mice, or a reduction in the suppressive capacity of T_{reg} cells on a per cell basis triggered by prenatal infection^{28–30}. Allogeneic pregnancies **[G]** promote a greater expansion of maternal T_{reg} cell populations than syngeneic pregnancies, which highlights the importance of fetal–maternal MHC mismatch in driving maternal T_{reg} cell accumulation^{26,27}. The modest expansion of maternal T_{reg} cell populations that does occur during syngeneic pregnancies is thought to reflect maternal mismatch to Y-chromosome-expressed fetal alloantigens³¹, or the response to self-antigen stimulation³², and may coincide with the increased need for tissue repair and homeostasis during pregnancy $33,34$. By investigating pregnancy outcomes in mice after partial depletion of maternal T_{reg} cells to pre-pregnancy levels, it was confirmed that a sustained increase in maternal T_{reg} cell numbers is necessary to avert fetal wastage in allogeneic but not syngeneic pregnancies^{27,35}. Interestingly, blunted systemic expansion and decidual accumulation of maternal T_{reg} cell populations are also associated with complications in human pregnancy such as preeclampsia and spontaneous abortion²⁵, although there is no clear-cut evidence that this is not simply correlative. Thus, the expanded immune tolerance during pregnancy in mothers that is required to accommodate foreign paternal–fetal antigens, both locally in the uterus and systemically seeded fetal microchimeric cells, parallels the systemic accumulation of maternal T_{reg} cells, although further work is required to establish the necessity of expanded maternal T_{reg} cells in human pregnancy.

Antigen-specific tools that track how mothers uniquely respond to stimulation with fetalexpressed antigens show that pregnancy-induced immunological changes are most pronounced for maternal immune components with paternal–fetal specificity^{27,29,35,36}. For example, during pregnancies sired by transgenic male mice that express defined model antigens, most fetal-specific $CD8^+$ T cells in the mother undergo clonal deletion and do not acquire cytotoxic effector properties despite extensive proliferation³⁶. The remaining fetalspecific $CD8₊$ T cells express low levels of the chemokine receptor CXCR3, and are restricted from accessing the maternal–fetal interface through epigenetically silenced expression of the chemokine ligands CXCL9 and CXCL10 by decidual stromal cells $37,38$.

By contrast, maternal $CD4^+$ T cells with specificity for fetal antigens proliferate and preferentially differentiate into T_{reg} cells, as demonstrated by their increased FOXP3 expression³⁵. The necessity for fetal-specific T_{reg} cells for successful pregnancy in mice is demonstrated by the fetal loss that occurs after blocking T_{reg} cell differentiation selectively amongst maternal CD4+ T cells with fetal specificity³⁹. The accumulation of fetal-specific FOXP3+CD4+ T cells is primarily driven by peripherally induced Treg cells **[G]**, rather than by the proliferation of thymus-derived T_{reg} cells, as FOXP3⁻ donor CD4⁺ T cells transferred

to female mice prior to pregnancy readily proliferate and upregulate FOXP3 expression with fetal antigen stimulation³⁵. Similarly, fetal wastage occurs in mice with targeted deletion of the CNS1 enhancer, which is required for induced FOXP3 expression⁴⁰. Interestingly, CNS1 is highly conserved across placental mammals, but is absent in marsupials and egg-laying mammals, which suggests that viviparity may have co-evolved with the capacity for peripherally induced T_{reg} cell differentiation⁴⁰. Thus, considering that humans share with other placental mammals such as mice the need to avert maternal–fetal immunological conflict during pregnancy, animal pregnancy models allowing for experimental manipulation are invaluable tools for investigating how immune tolerance functions during the reproductive process, although species-specific differences limit the direct translation of these findings to human pregnancy.

Fetal tolerance to noninherited maternal antigens

In addition to maternal exposure to fetal antigens, the fetus is reciprocally exposed to an equally vast array of genetically foreign NIMAs during in utero maturation. Nascent T cells begin seeding human fetal lymphoid tissue by gestational week 10, and they progressively accumulate throughout in utero development $4¹$. However, immunological attack of and damage to genetically foreign maternal tissues does not occur even though fetal T cells are capable of alloantigen-induced proliferation¹¹. Instead, fetal CD4⁺ T cells preferentially undergo T_{reg} cell differentiation in response to NIMA stimulation, and this expanded fetal Treg cell pool is thought to avert fetal–maternal conflict by suppressing NIMA-specific effector T cells¹¹.

Although the factors during in utero development that are responsible for this shift from T cell sensitization to tolerance remain largely undefined, an interesting parallel occurrence is the vertical transfer and persistence of genetically discordant microchimeric maternal cells in offspring (Fig. 1b). For example, cells with two X chromosomes, which are therefore presumed to be of maternal origin, are consistently found in the cord blood of human male offspring42. Furthermore, maternal cells have been identified in various human fetal tissues (REFS $10,11,43$). Interestingly in humans, the kinetics of maternal cell seeding in the fetus parallels maturation of the fetal thymus and peripheral lymphoid tissues^{41,44}, which suggests that vertically transferred maternal cells might have a role in delivering NIMAs to developing fetal immune cells for priming tolerogenic responses.

The vertical transfer of maternal cells to offspring is widely conserved across placental mammalian species, despite marked differences in the maturation state of fetal adaptive immune cells at the time of birth $41,45,46$. In rodent offspring, where peripheral B and T cells are not detected until after birth, maternal cells are nonetheless present in the fetus by midgestation and progressively accumulate in various fetal tissues $47,48$. Accordingly, although vertically transferred maternal cells are an important source of NIMAs that have been implicated in averting fetal–maternal conflict in humans and other species that have functional fetal adaptive immune cells at $birth^{11,41}$, this explanation is probably incomplete since maternal cells are similarly transferred to offspring in species where adaptive immune cells do not develop until after birth. Thus, the highly conserved nature of pregnancyinduced microchimerism across mammalian species suggests that additional biological

advantages aside from supporting fetal–maternal tolerance during pregnancy promote the maintenance of these phenomena during reproduction.

Persistent immune tolerance after parturition

Despite brisk anatomical separation of fetal and maternal tissues at the time of birth, expanded immune tolerance primed by pregnancy persists in both mothers and offspring. This may explain why vertically transferred maternal cells are retained in offspring throughout postnatal development, and why fetal cells persist in mothers decades after giving birth, even though the rarity of these cells may preclude their consistent identification in more limited tissue samplings from some individuals. Here, we discuss how pregnancy imprints expanded bidirectional tolerance in mothers and their offspring in relation to the persistence of microchimeric cells.

Postnatal tolerance to noninherited maternal antigens

Postnatal NIMA-specific tolerance in humans gives rise to some remarkable immunological phenotypes, including reduced sensitization to erythrocyte Rhesus factor (Rh) antigens among Rh-negative women born to Rh-positive mothers⁴⁹, and suppressed serological sensitization to noninherited maternal HLA antigens in transfusion-dependent individuals who develop antibodies against almost all other HLA alloantigens⁵⁰. In a groundbreaking analysis of the outcomes of kidney allografts, long-term graft survival was shown to be significantly improved in NIMA-matched sibling donor–recipient pairings⁵¹. The severity of graft-versus-host disease (GVHD) after bone marrow transplantation is also reduced in recipients of NIMA-matched donor stem cells^{52,53}. Postnatal persistence of NIMA-specific tolerance is similarly recapitulated in animals. For example, long-term survival of cardiac $H-2^d$ allografts occurs in recipient mice exposed to $H-2^d$ as an NIMA, compared with the rapid rejection of these grafts in recipient mice without developmental $H-2^d$ exposure⁴⁵. Likewise, the severity of GVHD is reduced in mice after engraftment of allogeneic stem cells from donor mice with developmentally matched NIMA exposure⁵⁴.

Animal cross-fostering studies and parental breastfeeding surveys of human transplant recipients show the improved survival of NIMA-matched allografts is overturned when postnatal NIMA exposure through breastfeeding is eliminated, which indicates that breastfeeding is essential for the maintenance of NIMA-specific tolerance in offspring^{45,55}. However, postnatal ingestion of maternal cells or soluble maternal MHC molecules alone is insufficient to prime NIMA-specific tolerance, as the survival of NIMA-matched donor allografts does not improve in mice without in utero NIMA exposure^{45,56–58}. Thus, NIMAspecific tolerance requires exposure to maternal cells both prenatally and postnatally through breastfeeding.

The highly conserved postnatal persistence of MMC across species suggests that important teleological benefits may promote the maintenance of NIMA-specific tolerance in offspring^{11,45,46}. In this regard, although the vertical transfer of maternal cells probably protects against fetal–maternal conflict during in utero development by conditioning fetal immune cells for NIMA-specific tolerance $11,41$, a perplexing question is why MMC persists postnatally in offspring after birth (Fig. 1b). In adult humans and mice, maternal

microchimeric cells are distributed across a range of tissues (Fig. 1b)^{13,22,58,59}, which parallels the systemic accumulation of NIMA-specific T_{reg} cells^{11,14,60}. Reciprocally in mice, a rapid decline in the number of FOXP3+CD4+ T cells with NIMA specificity occurs following the depletion of maternal microchimeric cells, which suggests that ongoing postnatal NIMA exposure maintains the expanded accumulation of NIMA-specific T_{reg} cells in offspring¹⁴.

Interestingly, by investigating the outcomes of next generation pregnancies in mice, it has been observed that susceptibility to fetal wastage triggered by disruptions in fetal tolerance, induced by either infection with the prenatal pathogen *Listeria monocytogenes* or partial depletion of maternal Foxp3+CD4+ T cells, is markedly reduced during pregnancies sired by males expressing NIMA-matched MHC haplotypes compared with pregnancies sired by mismatched males¹⁴. Protection against fetal wastage was associated with robust expansion of NIMA-specific maternal T_{reg} cell populations with overlapping paternal–fetal specificity compared with fetal-specific T_{reg} cells without overlapping NIMA specificity. Reciprocally, the depletion of maternal microchimeric cells from female mice overturned this protection against fetal wastage during subsequent pregnancy and eliminated the expanded accumulation of NIMA-specific T_{reg} cells¹⁴. These cross-generational reproductive benefits of NIMA-specific tolerance suggest that, together with the transfer of maternal genetic traits encoded by homologous chromosomes through Mendelian inheritance, the vertical transfer and postnatal retention of maternal cells in offspring promotes the genetic survival of noninherited maternal traits by reinforcing fetal tolerance to these during next-generation pregnancies¹⁴. However, as protection against fetal wastage was shown when complete overlap in MHC haplotype alleles was present between NIMAs in mothers and fetal expressed paternal antigens using defined strains of inbred mice for mating¹⁴ — it will be necessary to further investigate the degree of protection achieved when antigenic overlap is restricted to individual MHC loci and/or other alloantigens that would more likely occur amongst humans and individuals in outbred populations.

Maternal memory to fetal antigen persists postpartum

Similar to the postnatal persistence of maternal cells in offspring, fetal cells are also retained in various maternal tissues after parturition (Fig. 1a). For example, Y-chromosome DNA can be amplified in maternal PBMCs up to 27 years after giving birth to a son¹². Fetal cells identified by Y-chromosome or HLA-haplotype DNA persist in many lymphoid and nonlymphoid tissues, and amongst multiple cell types, in mothers after parturition (reviewed in REFS ^{61,62}) (Supplementary information S1 (Table)). The retention of fetal cells in maternal tissues is also highly conserved across mammalian species, which suggests that there are likely to be biological benefits that drive the maintenance of tolerance to fetal antigens in mothers after pregnancy^{9,23,63}.

Analogous to how the persistence of maternal microchimeric cells in female offspring promotes the genetic survival of noninherited maternal traits by enforcing fetal tolerance to these during next-generation pregnancies¹⁴, a provocative hypothesis is that fetal microchimeric cells retained in mothers after pregnancy may similarly reinforce fetal tolerance during future pregnancies. This notion is supported in humans by partner-specific

protective benefits of a prior pregnancy against complications in future pregnancies. For example, the incidence of preeclampsia is reduced during second pregnancies sired by the same father, whereas these protective benefits are eliminated when the second pregnancy is sired by a new male partner $64,65$. These human partner-specific benefits of prior pregnancy correspond in animals to the persistence of fetal-specific maternal T_{reg} cells after parturition, their more rapid secondary expansion after re-stimulation with fetal antigen, and protection against fetal wastage induced by the partial depletion of maternal $\text{FOXP3}^+\text{CD4}^+$ T cells in secondary compared with primary pregnancy 35 . Thus, the persistence of fetal microchimeric cells expressing pre-existing fetal antigens may represent an altruistic act of first children to promote tolerance in their mothers to genetically similar future siblings⁶⁶, and conflict with genetically discordant siblings⁶⁷.

The protective benefits of prior pregnancy in humans can wane with progressively increased inter-pregnancy intervals^{68,69}, which suggests that the durability of expanded T cell tolerance primed by fetal microchimeric cells might be reduced compared with that primed by maternal microchimeric cells. By contrast, serological sensitization to fetal-expressed HLA antigens primed by pregnancy in mothers is considerably more durable, but surprisingly is not known to be associated with any positive or negative effect on the outcomes of subsequent pregnancies^{70,71}. Whether this reflects the balanced effects of antibodies, which can promote the rejection of genetically foreign tissues after transplantation but can also suppress rejection through accommodation⁷² or enhancement⁷³, remains to be established. Nonetheless, considering that females can become pregnant multiple times, it will be important to establish how memory maternal adaptive immune components and fetal microchimeric cells retained from prior pregnancies each respond to newly seeded fetal cells during subsequent pregnancies.

Redefining immunological identity

With a growing appreciation of the active cross-talk that occurs between host adaptive immune components and commensal microorganisms, the paradigm that immunological identity is exclusively defined by genetically encoded 'self' antigens has already undergone revision to include the expanded repertoire of 'extended-self' antigens encoded by the microbiome⁷⁴. Given the postnatal persistence of MMC in adult individuals, and additional seeding of adult females with fetal microchimeric cells during pregnancy, these genetically discordant microchimeric cells can analogously be viewed as a biologically active 'microchiome' containing an expanded repertoire of familially relevant 'extended-self' antigens (Fig. 2). In turn, changes to the number, phenotype or distribution of microchimeric cells can be envisioned to modulate health and disease in a similar manner to how commensal microorganisms are now recognized to control susceptibility to a wide variety of immunological and non-immunological disorders^{74,75}.

Considering that the reservoir of microchimeric cells is more transferable and potentially unstable in females than in males (Fig. 2), the effects of microchimerism would be predicted to be more pronounced in females 62 . For example, a cross-sectional analysis of the prevalence of maternal and fetal microchimeric cells in parous women found that MMC decreased with increasing parity⁷⁶, which indicates the probable replacement of maternal

microchimeric cells by fetal microchimeric cells during each successive pregnancy. Accordingly, the wider diversity and potential dynamic interplay between microchimeric cells of maternal and fetal origins, or genetically discordant fetal cells retained after each successive pregnancy, may contribute to the increased susceptibility of women during their reproductive years to autoimmune disorders and others diseases caused by aberrantly activated immune cells⁷⁷.

Extending the complexity of the 'microchiome' is the possibility that pre-existing subsets of microchimeric cells retained in women from either previous pregnancies or their own siblings can be vertically transferred to offspring (Fig. 2). For example, Y chromosome DNA is frequently identified in the cord blood of younger female siblings with older brothers, and amongst the tissues of adult women who have never given birth to a son⁷⁸. Further highlighting the importance of sibling birth order, and hence unidirectional tolerance to sibling-derived microchimeric cells, is the lower incidence of GVHD among individuals with hematologic malignancy following stem cell transplants involving HLA-matched younger-sibling donors compared with older-sibling donors^{79,80}. However, these protective benefits of microchimerism were not associated with improved survival after stem cell transplantation for individuals with aplastic anemia⁸¹, which may reflect the contribution of other immunological mechanisms in this form of rejection, such as natural killer cell expression of discordant killer cell immunoglobulin receptors⁸².

There is also the intriguing potential for maternal microchimeric cells to be transferred across generations from a maternal grandmother to her grandchild (Fig. 2), which — similar to other hereditary sources of genetically foreign cells — may instigate or protect against autoimmune disorders (reviewed in REF. 62) (Table 3). However, direct evidence is still lacking to confirm the existence of grandmaternal microchimeric cells in second-generation offspring, mainly as a result of the lack of tools for precise identification of these likely very rare cells. In this regard, date-marking based on Carbon-14 (^{14}C) integration⁸³, which identifies when DNA synthesis occurred, could be used to analyze the age, and hence potential multigenerational heritage, of microchimeric cells. Nonetheless, the accumulation of and dynamic interplay between this 'microchiome' of genetically discordant microchimeric cells within the same individual creates an exciting new framework to view immunological identity beyond the traditional tenets of 'self' versus 'non-self' antigen distinction^{1,2}.

Beneficial and harmful effects of microchimeric cells

The highly conserved nature of microchimerism across placental mammalian species suggests enhanced genetic fitness associated with the persistence of microchimeric cells is likely to be shared by all mothers and their female offspring. However, the purposeful retention of microchimeric cells that reinforces fetal tolerance during future pregnancies has the potential to provoke aberrant alloimmune activation, and new ways to investigate the pathogenesis of autoimmunity or idiopathic auto-inflammatory disorders. In turn, a more comprehensive analysis of the tissue distribution, phenotype and dynamic interplay between microchimeric cells and host cells may show other non-reproductive benefits and harmful consequences associated with individuals being constitutively chimeric.

FMC in maternal autoimmunity and tissue homeostasis

There is a provocative association between increased FMC and greater susceptibility of women during their reproductive years to various autoimmune disorders (reviewed in REFS 62,66). Most of these studies show increased numbers of fetal microchimeric cells in diseased tissue or the circulation of women with autoimmunity, which suggests that alloreactivity to fetal microchimeric cells or tissue seeding by fetal adaptive immune cells may aggravate or initiate autoimmunity. For example, FMC is significantly increased in the blood of women with scleroderma compared with healthy controls⁸⁴. Interestingly, increased levels of FMC coincides with greater fetal–maternal HLA class II compatibility amongst women with scleroderma^{84,85}, which suggests that this MHC matching may promote the retention of fetal microchimeric cells by protecting them from rejection. However, because these fetal microchimeric cells express other alloantigens that are foreign to mothers, their presence can also cause low-grade inflammation and maternal susceptibility to immunemediated tissue injury. Similarly, enforced fetal tolerance that occurs in allogeneic pregnancies sired by males expressing NIMA-matched MHC haplotypes¹⁴ may promote increased levels of FMC, and greater maternal susceptibility to autoimmunity. Together, these findings suggest fetal cells expressing foreign MHC alleles or other alloantigens that seed maternal tissues may be the target of maternal alloimmunity, which is likely to be clinically indistinguishable from autoimmunity.

Given the lack of representative disease models allowing for experimental manipulation of microchimeric cells, the causative relationship between increased FMC and maternal autoimmunity remains speculative. This uncertainty is compounded by a potential protective role for fetal microchimeric cells in tissue homeostasis and replacement of injured cells in diseased tissues (Table 2). Another interesting consideration is that emerging data show a reduced risk for autoimmune disorders such as scleroderma, rheumatoid arthritis and multiple sclerosis in women with increasing number of prior pregnancies $86-91$. Although the number and diversity of fetal microchimeric cells were not tested in these studies, the benefits of prior pregnancy, and potentially increasing number of prior pregnancies, in reducing the risk for autoimmunity may reflect the greater accumulation and heterogeneity of fetal microchimeric cells retained in mothers after each pregnancy.

The severity and relapse rate of preexisting autoimmune disorders, such as multiple sclerosis and rheumatoid arthritis, are also reduced during pregnancy^{15,16}. These beneficial effects of pregnancy are most apparent during the last trimester when levels of FMC are highest^{15,20,92,93}. In turn, the remission of multiple sclerosis and rheumatoid arthritis is often reversed shortly after parturition, which parallels the sharp numerical decline in FMC. Female reproductive hormones, levels of which increase during pregnancy, probably contribute to these clinical phenotypes given the reduced relapse rate of multiple sclerosis in non-pregnant women administered exogenous oestriol⁹⁴. Pregnancy-induced expansion of maternal T_{res} cells may mediate this cross-talk between female reproductive hormones and protection against relapse of autoimmunity since glucocorticoid receptor stimulation of maternal T cells is necessary for the peripheral induction of T_{reg} cell differentiation and protection against paralysis in animal models of multiple sclerosis 95 . Thus, these

associations highlight the need for additional studies that definitively establish the role of FMC in driving the expansion of maternal T_{reg} cells during pregnancy.

Beyond the context of immunological tolerance, tissue seeding of fetal microchimeric cells with multi-lineage potential can also ameliorate disease by simply replacing injured maternal cell subsets. For example, fetal-derived pancreatic acinar cells have been detected in mouse models of diabetes, suggesting fetal origin cells with multi-lineage potential can replace defective islet cells in maternal type 1 diabetes⁹⁶. Likewise, beneficial properties of FMC have also been described after non-immune tissue injury, including models of myocardial infarction or Parkinson's disease, where pluripotent fetal microchimeric cells are thought to differentiate into cell types that infiltrate and replace injured cells in diseased tissues $97-102$. Protective benefits associated with FMC may also be mediated by neoangiogenesis during wound healing^{103,104}. Interestingly, deliberate seeding of fetal microchimeric cells into defined maternal tissues has also been proposed to promote postpartum care of offspring (reviewed in REF 66). For example, the accumulation of fetal microchimeric cells in maternal breast tissue may promote lactation, and in the brain may enhance maternal attention⁶⁶. Thus, fetal microchimeric cells, and their likely greater accumulation and wider heterogeneity with increasing parity, could influence the health of mothers during and after pregnancy through both immune and non-immune pathways, which warrants further study using animal disease models that incorporate the manipulation of microchimeric cells.

MMC in the immunological development of offspring

Increased levels of MMC have been observed in a wide variety of human autoimmune disorders including type 1 diabetes, juvenile dermatomyositis, myopathies, scleroderma, biliary atresia and neonatal lupus congenital heart block^{22,62}. This suggests that maternal microchimeric cells — similar to the effects of fetal microchimeric cells in the mother may be targets of an alloimmune response by the offspring, or trigger an alloimmune reaction against genetically foreign antigens expressed by the offspring (Table 2). Although alloimmunity mediated by maternal microchimeric cells has not yet been conclusively demonstrated in humans, animal disease models suggest that alloreactive maternal T cells promote autoimmune diabetes¹⁰⁵ and intestinal inflammation¹⁰⁶. Importantly, however, these potential harmful effects of maternal microchimeric cells are likely to be counterbalanced by the evolutionary advantages conferred by these cells in terms of the health of offspring. Together with the aforementioned cross-generational reproductive benefits of NIMA-specific tolerance¹⁴, these health benefits include a regenerative function for maternal microchimeric cells with multi-lineage potential, as female insulin-producing cells have been detected in the pancreatic islets of men with type 1 diabetes^{107,108}. Another example of maternal microchimeric cell-mediated protection against tissue injury occurs in pityriasis lichenoides, where maternal cells can adopt keratinocytic phenotypes¹⁰⁹, and in neonatal lupus congenital heart block, where maternal cells have the phenotype of cardiomyocytes 110 . However, despite these associations, the lack of tools for selectively manipulating microchimeric maternal cells within individual tissues precludes definitively establishing their beneficial properties, and excluding their potential role in instigating inflammation as a result of loss of tolerance to these cells.

Despite similarities in the distribution and persistence of maternal and fetal microchimeric cells, an inherent distinction between them lies in the immunological maturity and responsiveness of the recipient host that these cell types initially encounter. Whereas fetal microchimeric cells seed an immunologically mature mother, maternal cells are transferred to the fetus prior to or during key milestones in immunological development $10,11,41,44,111,112$ (Fig. 3). Potential protective effects of maternal microchimeric cells are indicated by their presence in primary and secondary lymphoid organs before the fetal immune system is fully developed in healthy and immune-deficient offspring^{10,11,48,113}. In human infants with severe combined immunodeficiency, the presence of expanded populations of circulating maternal T cells improves the health of offspring by augmenting host defense against microorganisms that cause opportunistic infection such as Epstein–Barr virus¹¹⁴. Maternal microchimeric cells have also been shown to produce IgG in murine offspring that are genetically deficient for B cells¹¹⁵, and to produce interleukin (IL-2) in the thymus and spleen of IL-2-deficient offspring¹¹⁶. Although these observations show that maternal cells can replace missing fetal immune components in immune-deficient offspring, insights as to the beneficial effects of maternal microchimeric cells on the physiological course of immune ontogeny remain sparse. Nonetheless, considering that a major threat to offspring survival in the neonatal period is caused by microbial infection, it is tempting to speculate that maternal microchimeric cells could accelerate the maturation of fetal immune cells by delivering essential growth and differentiation factors. Alternatively, the expanded accumulation of T_{reg} cells with specificity for NIMAs may also promote the health of offspring by dampening inflammation induced by microbial colonization during the perinatal period, and by suppressing aberrant immune responses that ultimately lead to allergy and autoimmunity $117-119$. This window of expanded tolerance in early development can also be exploited by microorganisms, such as hepatitis B virus, which is transmitted to offspring from the mother during the perinatal period to establish persistence 120 .

The transfer and persistence of microchimeric maternal cells can be reciprocally influenced by genetic and external factors. For example, the extent of maternal–fetal histocompatibility **[G]** has been shown to increase MMC in offspring^{48,121,122}. Similarly, pertussis toxininduced inflammation in mothers during pregnancy causes increased cellular trafficking across the placenta in offspring¹²³. Increased levels of maternal DNA are also found in offspring after intrauterine fetal trauma induced by intrahepatic saline injection in mice¹²⁴, and after in utero fetal surgical repair of spina bifida in humans 125 . Furthermore, given the known influence of maternal stress, infection and malnutrition during pregnancy on the immunological development of the offspring¹¹⁷, understanding how these factors affect the number and phenotype of maternal cells that are transferred and retained in offspring may uncover innovative new strategies for improving the health of infants and children.

Outlook and future directions

Important discoveries regarding the existence of immunological tolerance have historically been made by investigating nature's allograft, embodied by the genetically foreign fetus^{5–7}. Interestingly, in an extension to these early studies, we now know that expanded tolerance during fetal development is not limited to antigens expressed by fraternal twin siblings³, but also efficiently extends to $NIMAs^{49–51}$. Similarly, partner-specific protective benefits of

prior pregnancy on reduced complications in future pregnancies suggest that tolerance retained in mothers also expands to encompass pre-existing fetal antigens^{64,65}. Thus, reproduction and pregnancy highlight the remarkable plasticity of immune tolerance that extends classical definitions of 'self' versus 'non-self' antigen distinction^{1,2}.

But how and why is this expanded tolerance achieved? Persistent bidirectional tolerance in mothers and offspring after pregnancy is demonstrated by the long-term retention of microchimeric cells⁶². Interestingly, recent findings suggest that these genetically foreign cells are probably not the beneficiaries, but rather the instigators of expanded immune tolerance¹⁴. Thus, the intentional transfer and retention of genetically foreign microchimeric cells forces reconsideration of how we define immunological identity in individuals to include familially relevant antigens encoded by microchimeric cells. In turn, establishing how microchimeric cells prime expanded tolerance to evade rejection may reveal exciting new ways for us to re-conceptualize how immunological tolerance naturally works.

With improved tools for the identification and experimental manipulation of rare microchimeric cells, important questions for future study will include investigating whether microchimeric cells randomly seed recipient tissues or are actively recruited to specific fetal and maternal organs; which chemoattractants instruct tissue-specific homing; and whether microchimeric cells require differentiation cues via costimulation, inflammatory mediators and/or growth factors to proliferate and acquire tolerogenic properties. Moreover, considering the dominant role that reproductive benefits have in driving trait selection, the protective effects of microchimeric cells in promoting success of future pregnancies may outweigh their potential harmful roles in causing aberrant alloreactivity to genetically foreign cells. Thus, considering individuals as being constitutively chimeric, with a biologically active 'microchiome' of genetically foreign cells, has exciting potential with further study to not only reveal new approaches for improving the outcomes of pregnancy, but also for developing innovative therapeutic solutions for other immunological problems such as autoimmunity and transplantation.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

The writing of this Review and reference to our own work was made possible through funding by Cusanuswerk-Studienförderung (to I.A.S.), Deutsche Forschungsgemeinschaft (AR232/106 in KFO296, AR232/107 to P.C.A.), the US National Institutes of Health, Office of the Director (DP1AI131080 to S.S.W.), US National Institute of Allergy and Infectious Disease (R01AI100934, R01AI120202 to S.S.W.) and March of Dimes Foundation (FY15-254 to S.S.W.). S.S.W. is a Burroughs Wellcome Fund Investigator in the pathogenesis of infectious disease and Howard Hughes Medical Institute Faculty Scholar.

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Glossary terms

Immunological identity

The signature of distinct protein antigens encoded by the unique DNA of each individual that includes MHC haplotype alleles and other alloantigens.

Viviparity

Development of offspring inside the body of the parent that results in the birth of live offspring capable of independent existence.

Fetal tolerance

The processes that allow fetal cells and tissues that express genetically foreign paternal antigens to avoid immune rejection and co-exist in harmony inside expecting mothers during pregnancy.

Microchimeric cells

Rare cells found in one individual that originate from another individual and are genetically distinct from the host individual.

Non-inherited maternal antigen (NIMA)

The half of genetically encoded maternal antigens that are not transmitted to offspring by classical Mendelian inheritance.

Allogeneic pregnancy

The result of mating between individuals that are genetically distinct. For genetically identical inbred animal strains, this refers to matings between unique male and female strains with discordant MHC haplotypes, which recapitulates the natural diversity of MHC alleles among individuals in outbred populations.

Peripherally induced Treg cells

CD4+ T cells that are induced to express FOXP3 and acquire immunosuppressive properties by cognate antigen stimulation in extra-thymic peripheral tissues.

Maternal–fetal histocompatibility

The degree of similarity between genetically encoded MHC alleles in each mother–child pair.

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Key points

- **1.** The benefits of viviparity in placental mammals require dedicated immunologicaladaptations in mothers and offspring to avert maternal–fetal conflict during pregnancy. Given the dominant role that reproductive fitness has in driving positive refining selection, adaptions that enforce fetal tolerance and promote maternal wellbeing are likely engrained in mammalian reproduction.
- **2.** Expanded systemic immune tolerance occurs in mothers that allows the widespread seeding and persistence of genetically foreign fetal microchimeric cells in maternal tissues during pregnancy and after parturition.
- **3.** Genetically foreign maternal cells, that express non-inherited maternal antigens, are vertically transferred into offspring during pregnancy. These maternal microchimeric cells persist throughout postnatal development into adulthood, and sustain in the offspring a persistent immunological tolerance to non-inherited maternal antigens.
- **4.** The bi-directional transfer of genetically foreign cells between mothers and their offspring during pregnancy is probably not accidental. Instead, microchimeric cells that express familially relevant traits are purposefully retained to promote genetic fitness by improving the outcome of future pregnancies.
- **5.** Expanded immune tolerance to genetically foreign antigens expressed by microchimeric cells (the 'microchiome') extends how the immunological identity of individuals is defined beyond classical models of binary 'self' versus 'non-self' antigen discrimination to include an expanded repertoire of familially relevant 'extended-self' antigens.
- **6.** Despite uniform agreement on the existence of microchimeric cells, little is currently known about their cellular identity, molecular phenotype and interactions with the immune system. Further studying the effects of microchimeric cells may not only reveal new approaches for improving the outcomes of pregnancy, but also for developing innovative therapeutic solutions to other immunological problems such as autoimmunity and transplantation.

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Fig. 1. Pregnancy imprints expanded immune tolerance in mothers and offspring

(a) Among the universe of all possible antigens to which the immune system can theoretically respond, immune tolerance expands in mothers during pregnancy beyond her own genetically encoded self-antigens (orange), to encompass genetically foreign paternal antigens expressed by the developing fetus (blue). This coincides with the widespread seeding of maternal tissues by genetically foreign fetal cells during pregnancy. Long-term persistence of these fetal cells after parturition suggests that expanded tolerance is maintained in mothers to include fetal antigens from prior pregnancy. **(b)** Immune tolerance

expands in offspring beyond genetically encoded self-antigens (blue), to also include genetically foreign non-inherited maternal antigens (NIMAs) (orange). This begins with the vertical transfer of maternal cells into offspring during in utero development. The long-term postnatal retention of these genetically foreign maternal cells in the tissue of offspring is indicative of persistently expanded tolerance to NIMAs. **(c)** Immune tolerance further expands during next-generation pregnancies in female offspring beyond her own genetically encoded self-antigens (blue) and noninherited antigens from her own mother (orange), to include genetically foreign paternal antigens expressed by the developing fetus (green).

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Fig. 2. Familial sources of microchimeric cells that establish the 'microchiome'

The bidirectional transfer of genetically foreign cells between a mother and her fetus results in fetal microchimerism (FMC) in the mother (orange arrow) and maternal microchimerism (MMC) in the offspring (brown arrow). In addition to vertical transfer of maternal cells to next-generation (filial) offspring, it is also possible that cross-generational transfer of microchimeric cells from the maternal grandmother may occur (dashed brown and dashed dark blue arrows). As mothers receive genetically distinct fetal microchimeric cell populations in each successive pregnancy, microchimeric cells from older siblings may also

be transferred into younger siblings (pink arrow). This exchange of genetically foreign cells may also occur in utero between dizygotic twins (yellow and light blue arrows). Thus, females are the primary reservoirs for transferring microchimeric cells between past and future generations, and the diversity of microchimeric cells in each individual, or their 'microchiome', is likely further influenced by birth order and parity.

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Fig. 3. Potential pathways by which maternal microchimeric cells seeded in fetal tissues may influence immune system development in offspring

Several primary and secondary lymphoid tissues (thymus, blood, lymph node and bone marrow) are seeded by genetically foreign maternal microchimeric cells during gestation^{59,62}. This seeding coincides with important milestones in the development of fetal and neonatal haematopoietic cells including the development of central tolerance, and differentiation of regulatory T (T_{reg}) cells in the thymus (tT_{reg} cells) and periphery (pT_{reg} cells)41,126,127. Evolutionary adaptations including the emergence of immunosuppressive $CD71⁺$ erythroid cells and diminished responsiveness of neonatal immune cells favour the development of immune tolerance in early postnatal development to avert pathological inflammation driven by commensal microbial colonization. Given the near ubiquitous presence of maternal cells in these developing fetal tissues, and the profound short and longterm implications of impaired or delayed fetal–neonatal immune ontogeny, important areas for future investigation include how maternal microchimeric cells may affect functional hematopoiesis in offspring.

Table 1

Current methods for identifying genetically foreign microchimeric cells

Table 2

Overview of the potential beneficial and harmful effects of fetal and maternal microchimeric cells

NIMA, non-inherited maternal antigen; Treg cell, regulatory T cell.