

# Magnetic resonance imaging of local and remote vascular remodelling after experimental stroke

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## Abstract

The pattern of vascular remodelling in relation to recovery after stroke remains largely unclear. We used steady-state contrast-enhanced magnetic resonance imaging to assess the development of cerebral blood volume and microvascular density in perilesional and exofocal areas from (sub)acutely to chronically after transient stroke in rats. Microvascular density was verified histologically after infusion with Evans Blue dye. At day 1, microvascular cerebral blood volume and microvascular density were reduced in and around the ischemic lesion (intralesional borderzone: microvascular cerebral blood volume =  $72 \pm 8\%$ ; microvascular density =  $76 \pm 8\%$ ) ( $P < 0.05$ ), while total cerebral blood volume remained relatively unchanged. Perilesional microvascular cerebral blood volume and microvascular density subsequently normalized (day 7) and remained relatively stable (day 70). In remote ipsilateral areas in the thalamus and substantia nigra – part of the ischemic lesion – microvascular density gradually increased between days 1 and 70 (thalamic ventral posterior nucleus: microvascular density =  $119 \pm 9\%$ ; substantia nigra: microvascular density =  $122 \pm 8\%$ ) ( $P < 0.05$ ), which was confirmed histologically. Our data indicate that initial microvascular collapse, with maintained collateral flow in larger vessels, is followed by dynamic revascularization in perilesional tissue. Furthermore, progressive neovascularization in non-ischemic connected areas may offset secondary neuronal degeneration and/or contribute to non-neuronal tissue remodelling. The complex spatiotemporal pattern of vascular remodelling, involving regions outside the lesion territory, may be a critical endogenous process to promote post-stroke brain reorganization.

## Keywords

Angiogenesis, magnetic resonance imaging, stroke recovery, substantia nigra, thalamus

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## Introduction

Despite considerable advances in understanding of pathophysiological mechanisms after stroke, acute clinical treatment options remain limited, underscoring the need for discovering new effective targets and strategies to improve post-stroke therapy. Beside focal tissue injury in the ischemic lesion, secondary degeneration and remodelling of neuronal and vascular structures may occur in and around the lesion, as well as at remote connected sites.<sup>1</sup> Multiple gradual endogenous mechanisms contribute to tissue restoration, particularly in the lesion borderzone and exofocal areas, where intact tissue is functionally compromised but

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capable of recovering through plasticity of neuronal networks.<sup>2</sup> Vascular modifications, such as angiogenesis, may be critical for neuroplasticity by supporting neurogenesis and synaptogenesis.<sup>3–5</sup> Angiogenesis and increased microvascular density (MVD) have been identified in perilesional regions of stroke patients.<sup>6–8</sup> Multiple studies in rodent stroke models have shown that neovascularization in lesion borderzones contributes to restoration of perfusion and recovery of tissue, which may be therapeutically enhanced.<sup>5,9–16</sup>

In addition to perilesional alterations, secondary tissue changes, including selective neuronal loss, gliosis and microglial activation, occur in remote non-ischemic areas that are connected to the primary lesion.<sup>17–19</sup> For example, magnetic resonance imaging (MRI) studies in patients with a middle cerebral artery (MCA) territory infarct in cortical tissue have demonstrated progressive degeneration of the ipsilateral thalamus, which is located outside the ischemic area.<sup>20–23</sup> In animal MCA occlusion (MCAO) models, these changes, presumably caused by retrograde degeneration of thalamocortical fibres, are mostly localized within the ventral posterior nucleus (VPN) of the thalamus.<sup>24,25</sup> In patients and animals with ischemic damage in the striatum, delayed tissue injury has also been observed in the substantia nigra, which may be explained by retrograde, anterograde or transsynaptic degeneration through striatonigral and nigrostriatal pathways.<sup>26–29</sup>

Most studies on post-stroke secondary changes in the thalamus and substantia nigra have described parenchymal pathology. However, signs of tissue plasticity have also been reported. Ling et al.<sup>30</sup> found newly formed neuronal cells and blood vessels in the non-ischemic ipsilateral VPN with secondary injury after cortical infarction in rats. Furthermore, Hayward et al.<sup>31</sup> identified increased vascular density in the thalamus that was accompanied by significant hyperperfusion chronically after transient MCAO in rats.

Changes in vascularity and haemodynamics after stroke may contribute to pathophysiology as well as plasticity. In vivo elucidation of the spatiotemporal profile of these changes, ideally assessed with imaging techniques,<sup>32</sup> may provide important insights into the nature of cerebrovascular remodelling and its possible role in tissue outcome after stroke. Therefore, the goal of this study was to characterize the pattern of vascular reorganization in and around the ischemic lesion and in secondarily affected areas (i.e. the thalamus and substantia nigra) from subacute to chronic time-points after transient focal cerebral ischemia. To this aim, we applied steady-state contrast-enhanced (ssCE-)MRI with a long-circulating blood pool agent to quantify various properties of the vascular network, including total and microvascular cerebral blood volume (CBV) and MVD,<sup>33</sup> in relation to tissue

damage, from acute to chronic phases after experimental stroke in rats.

## Materials and methods

All animal procedures were approved by the Ethical Committee on Animal Experiments of the University Medical Center Utrecht and Utrecht University, and conducted in accordance with the guidelines set by the European Community Council Directives 86/609/EEC. Experiments are reported in compliance with the ARRIVE guidelines (Animal Research: Reporting in Vivo Experiments).

### Animal model

Focal cerebral ischemia was induced by 60-min MCAO with an intraluminal filament in rats as described previously.<sup>34</sup>

Adult male Wistar rats (300–330 g) (Harlan, Horst, The Netherlands) were endotracheally intubated and mechanically ventilated with a mixture of air/oxygen (7/1) and 2% isoflurane. The right common carotid artery was exposed through a cervical incision and carefully separated from the adjacent sympathetic nerves. The right common carotid artery and the internal carotid artery were clamped with microvascular clips. The external carotid artery was ligated distally with a nylon suture and electrocoagulated. A 4–0 surgical nylon suture coated with silicon (Doccol, Redlands, CA, USA) was advanced into the internal carotid artery until resistance was felt. The filament was held in place for 60 min by tightening a suture around the internal carotid artery.

During animal surgery, core temperature was maintained at 37.5°C by a temperature-controlled heating pad. Preoperatively, animals received a subcutaneous injection of 0.05 mg/kg buprenorphin (Reckitt & Coman, Kingston-Upton-Hill, UK) for pain relief. To compensate for water and mineral loss, 2.5 mL Ringer's lactate solution (Baxter, Utrecht, The Netherlands) was administered subcutaneously immediately before and after operation, and subsequently 5 mL was given once daily for the first 3–5 days post-surgery. All rats were given ad libitum access to food and water, and were pair-housed in a temperature-controlled environment (20 ± 1°C) with lights on from 07:00 to 19:00 h. Body weight and overall animal well-being were monitored on a daily basis. If weight loss continued for more than 5 days, or if weight decreased below 80% of original body weight, the animal was euthanized to avoid further suffering.

Sixteen rats were included in this study. Rats were scanned at 1 (n = 5), 7 (n = 5), 21 (n = 9) and 70 days (n = 9) after stroke, of which 4 animals were scanned

serially at all time-points, while 12 animals were scanned at single time-points.

## MRI

MRI measurements were performed using a 4.7 T/40 cm horizontal bore MR system (Agilent Technologies Inc., Palo Alto, CA, USA). A custom-built (2.5-cm diameter) surface coil was used for signal reception, while a Helmholtz volume coil was used for radio-frequency transmission.

Rats were secured in a MR-compatible cradle using ear bars and a bite bar, and anaesthesia was maintained in the same manner as described for the MCAO procedure. Blood oxygenation, expired CO<sub>2</sub> and heart rate were continuously measured throughout imaging, and kept within physiological range. Core temperature was maintained at 37.5°C.

For ssCE-MRI, we used a multi-slice multi-spin-echo (SE) (repetition time (TR)/first echo time (TE<sub>1</sub>)/echo time interval (ΔTE) = 3500/13/13 ms; 12 echoes), and a multi-slice multi-gradient echo (GE) (TR/TE<sub>1</sub>/ΔTE = 1800/4/4 ms; 25 echoes) sequence with 19 slices of 1-mm slice thickness, field-of-view (FOV) of 30 × 30 mm<sup>2</sup>, data matrix size of 256 × 128 (frequency encoding × phase encoding) and two averages. SE and GE images were acquired before and after intravenous bolus injection of long circulating ultrasmall particles of iron oxide (USPIO), with a hydrodynamic diameter of 25–30 nm (P904, Guerbet Research, Aulnay-sous-Bois, France). USPIO was introduced via a catheter in the tail vein to achieve a total dose of 300 μmol Fe/kg (~16.8 mg Fe/kg). Post-contrast SE and GE acquisition was started 5 min after contrast agent injection to reach a steady state. Total scan duration was approximately 135 min.

## Image processing and analysis

All parametric maps were obtained on a voxel-by-voxel level, using MATLAB (MathWorks, Natick, MA, USA). Transverse relaxation rate changes ΔR<sub>2</sub> and ΔR<sub>2</sub><sup>\*</sup>, were calculated as  $\Delta R_2 = 1/T_{2 \text{ post}} - 1/T_{2 \text{ pre}}$  and  $\Delta R_2^* = 1/T_{2 \text{ post}}^* - 1/T_{2 \text{ pre}}^*$ , where T<sub>2 pre</sub>, T<sub>2 post</sub> and T<sub>2 pre</sub><sup>\*</sup>, T<sub>2 post</sub><sup>\*</sup> are the pre- and post-contrast T<sub>2</sub> and T<sub>2</sub><sup>\*</sup> values obtained from the SE and GE acquisitions, respectively. ΔR<sub>2</sub> is a measure of primarily microvascular blood volume (e.g. in capillaries and venules), whereas ΔR<sub>2</sub><sup>\*</sup> reflects total blood volume, including large vessels.<sup>35,36</sup> The parameter Q, an estimate of MVD, was calculated as  $\Delta R_2 / (\Delta R_2^*)^{2/3}$ .<sup>37,38</sup> Voxels with negative ΔR<sub>2</sub> and ΔR<sub>2</sub><sup>\*</sup> values were assigned a Q value equal to zero to eliminate non-biological values.

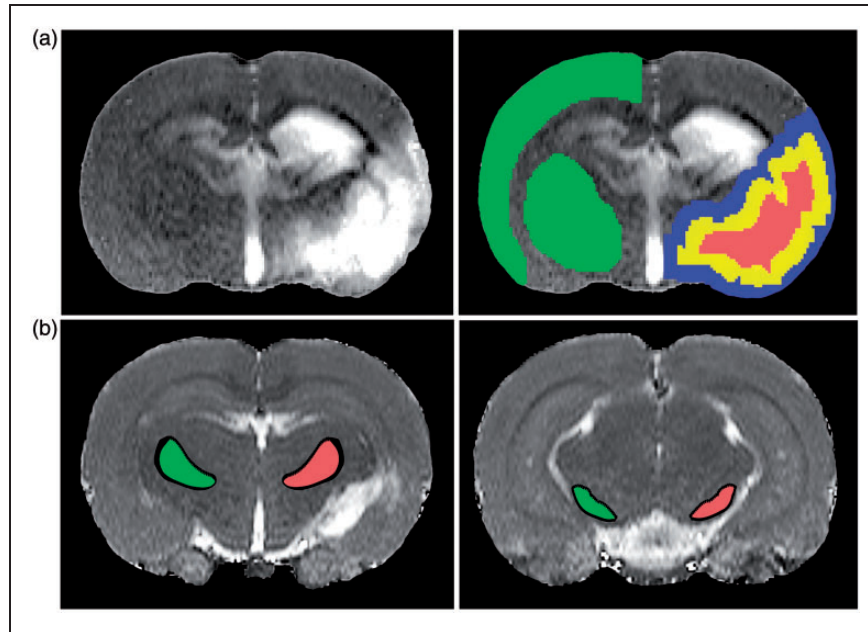
T<sub>2</sub> maps, calculated from the pre-contrast SE acquisition, were spatially aligned to a reference image

template created from six control rat brains, using non-rigid coregistration.<sup>39</sup> Brain parenchyma was automatically segmented from surrounding tissue using a brain extraction tool.<sup>40</sup> T<sub>2</sub> maps from all animals were averaged, and the mean T<sub>2</sub> value and its standard deviation (SD) in normal grey matter were calculated. For each individual animal, voxels with T<sub>2</sub> values above the mean plus 4.5 SD were identified as cerebrospinal fluid and excluded from further analyses.

A contralateral region-of-interest (ROI) encompassing cortical and subcortical grey matter tissue in the unaffected hemisphere was defined based on the coregistered image template guided by an anatomical atlas<sup>41</sup> (Figure 1(a)). The lesion volume was automatically determined on pre-contrast T<sub>2</sub> maps, defined as tissue with T<sub>2</sub> values above the mean plus 2SD of contralateral tissue values. The resulting volume was median-filtered, binarized and eroded radially by 9 voxels using a 2D kernel, which provided a *lesion core* ROI (Figure 1(a)). An *intralesional borderzone* ROI was created by subtracting the lesion core volume from the total lesion volume (Figure 1(a)). Dilating the total lesion volume by 9 voxels (2D kernel), and subtracting the resultant volume with the total lesion volume provided an *extralesional borderzone* ROI (Figure 1(a)). In addition, the ipsilateral *thalamic VPN* and the *substantia nigra* were manually delineated on pre-contrast T<sub>2</sub> maps (Figure 1(b)), guided by a superimposed anatomical atlas<sup>41</sup> using FMRIB Software Library (FSL, <http://www.fmrib.ox.ac.uk/fsl>). Homologous ROIs in the contralateral VPN and substantia nigra were automatically generated, with corrections for mid-line shift and tissue shrinkage. The processing algorithm was compiled in MATLAB (MathWorks, Natick, MA, USA). In each ipsi- and contralateral ROI we calculated the mean value of T<sub>2 pre</sub>, T<sub>2 post</sub>, ΔR<sub>2</sub>, ΔR<sub>2</sub><sup>\*</sup> and Q.

## Evans Blue perfusion of vessels

After the final MRI scan at day 70, in 8 rats vascular density was assessed as described by Gertz et al. in detail previously.<sup>16,42</sup> Briefly, anaesthesia was maintained as during MRI. Endovascular dye Evans Blue (Sigma-Aldrich; 1 mL of 2% solution in saline) was infused through the same tail vein catheter as used for contrast agent injection. 5 min after infusion, animals were decapitated and brains were snap-frozen. Brain tissue was cut in 10 μm coronal cryosections. Digitized fluorescence microscopy images were acquired with a cooled-CCD camera (CoolSNAP EZ, Photometrics, Tucson, AZ, USA), attached to a fluorescence microscope. Microscopic resolution images of whole brain sections were acquired by joining together single images using tiled-field mapping software



**Figure 1.**  $T_2$  maps of coronal brain slices depicting the regions-of-interest (ROIs). (a) Lesioned tissue was identified by elevated  $T_2$  values (left image). Total lesion volume (red and yellow ROIs combined) was calculated from ipsilateral tissue voxels with  $T_2$  values 2SD above the mean of values in contralateral grey matter (superimposed on normalized  $T_2$  maps) (right image). Subsequent automated image processing (i.e. erosion and dilation) generated three ROIs: lesion core (red), intralesional borderzone (yellow) and extralesional borderzone (blue). A contralateral ROI (green) encompassing cortical and subcortical tissue was manually selected. (b) Ipsi- (red) and contralateral ROIs (green) of the VP (left image) and SN (right image) were manually outlined on posterior slices.

(MCID 7.0 Elite; Interfocus Imaging, Linton, UK). The technique of density slicing was used for ROI specification including the setting of target acceptance criteria.<sup>16,42,43</sup> Microvessel counts were performed by G.K. who was blinded for the MRI findings.

### Statistical analysis

An ANOVA was performed across time points, and differences between corresponding ROIs in the ipsi- and contralateral hemispheres were evaluated with a paired t-test. Values are shown as mean  $\pm$  SD.  $P < 0.05$  was considered significant.

### Results

Transient unilateral MCAO resulted in an ipsilateral lesion, characterized by tissue with clearly elevated  $T_2$  values, which included the striatum and cortex, without involvement of the thalamus and substantia nigra (Figure 1).

Figure 2 shows representative maps of the  $T_2$  (tissue integrity),  $\Delta R_2$  (microvascular CBV),  $\Delta R_2^*$  (total CBV) and Q (MVD) in brain slices encompassing the primary lesion (Figure 2(a)), the thalamus (Figure 2(b)) and the substantia nigra (Figure 2(c)) of a single rat at 1, 7, 21 and 70 days after MCAO.  $\Delta R_2^*$  and  $\Delta R_2$  maps

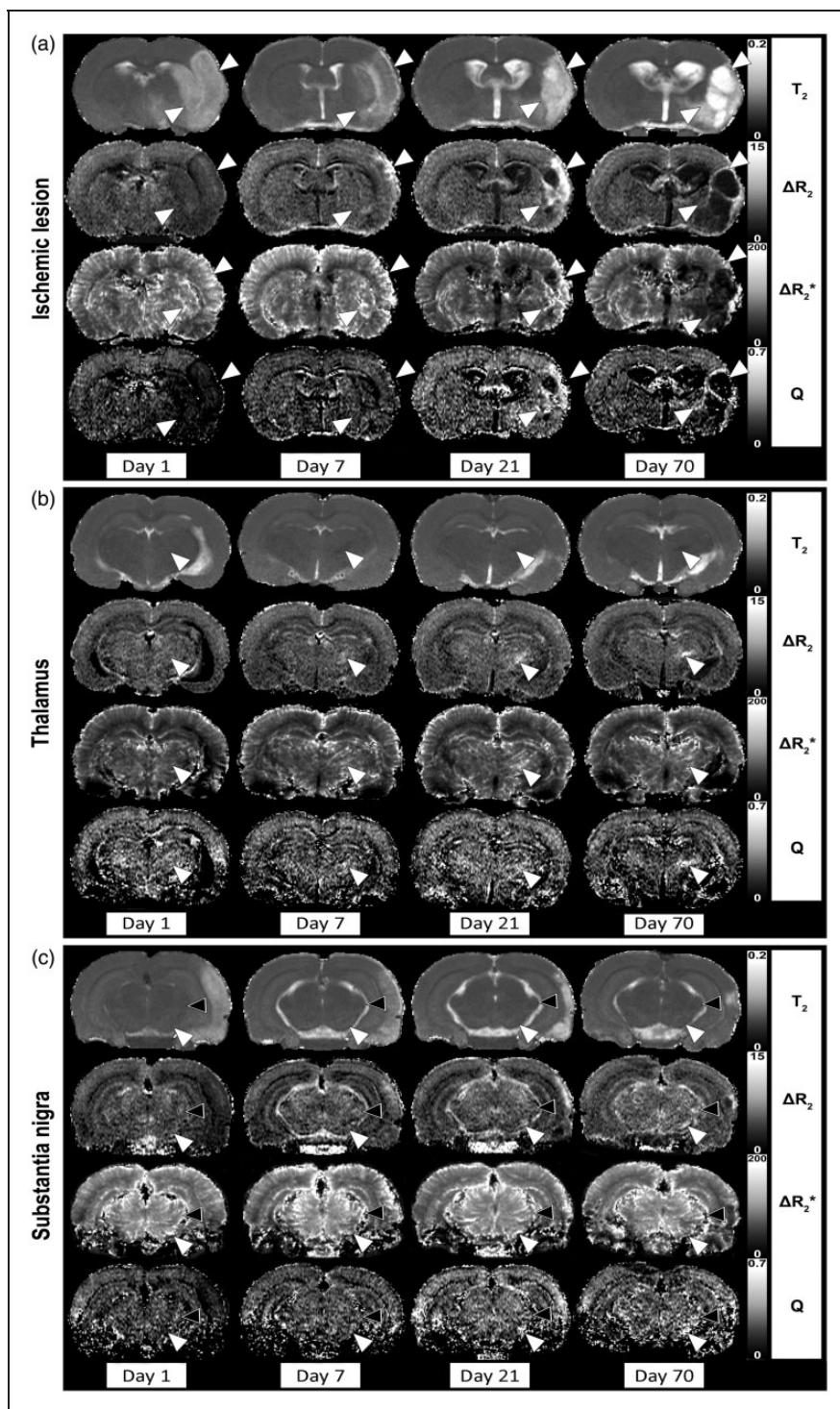
revealed substantial temporal alterations in- and outside the lesion territory, as well as in remote ipsilateral subcortical areas, i.e. the thalamus and substantia nigra. No significant temporal changes in  $T_2$ ,  $T_2^*$ ,  $\Delta R_2^*$ ,  $\Delta R_2$  or Q were observed in the contralateral ROIs (see also Figure 3).

### Spatiotemporal alterations in the primary lesion area

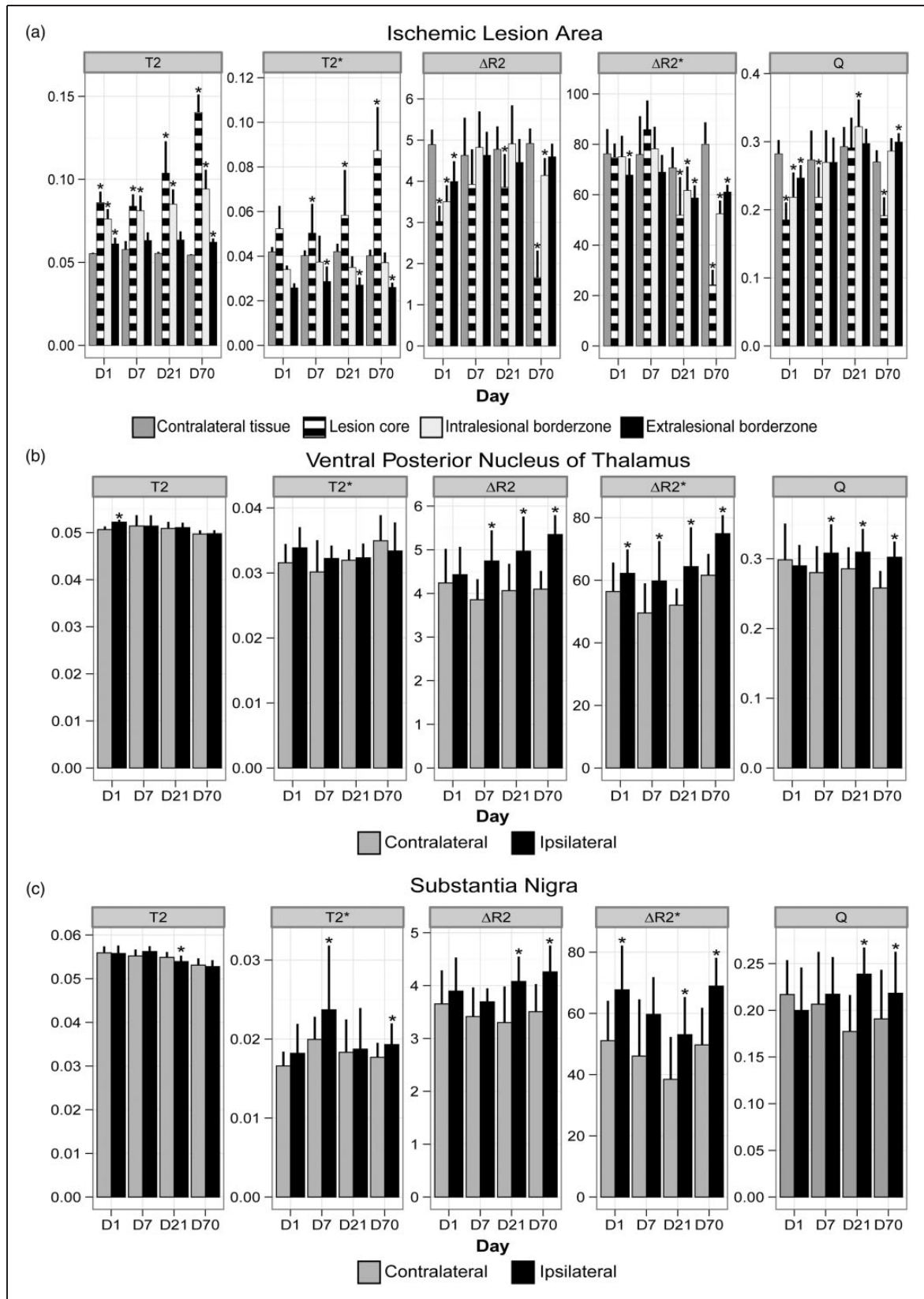
During the course of 70 days after stroke,  $T_2$  changes in the primary lesion reflected oedema formation (day 1), pseudo-normalization in grey matter accompanied by white matter oedema (day 7) and ultimately liquefaction and tissue shrinkage (days 21 and 70) (Figure 2(a)). Lesion volumes were  $165 \pm 71 \text{ mm}^3$  at day 1,  $164 \pm 100 \text{ mm}^3$  at day 7,  $115 \pm 96 \text{ mm}^3$  at day 21 and  $146 \pm 84 \text{ mm}^3$  at day 70. Figure 3(a), which displays the quantitative results from ROI analysis, shows that  $T_2$  was significantly prolonged at day 1 in all lesional ROIs, particularly in the lesion core and intralesional borderzone, where values continued to further increase until day 70.  $T_2^*$  was also prolonged in the lesion core, which progressed over time, whereas  $T_2^*$  was shortened in the extralesional borderzone at post-stroke days 7 to 70.

At day 1 after stroke,  $\Delta R_2$  (microvascular CBV) and Q (MVD) were significantly decreased in the entire

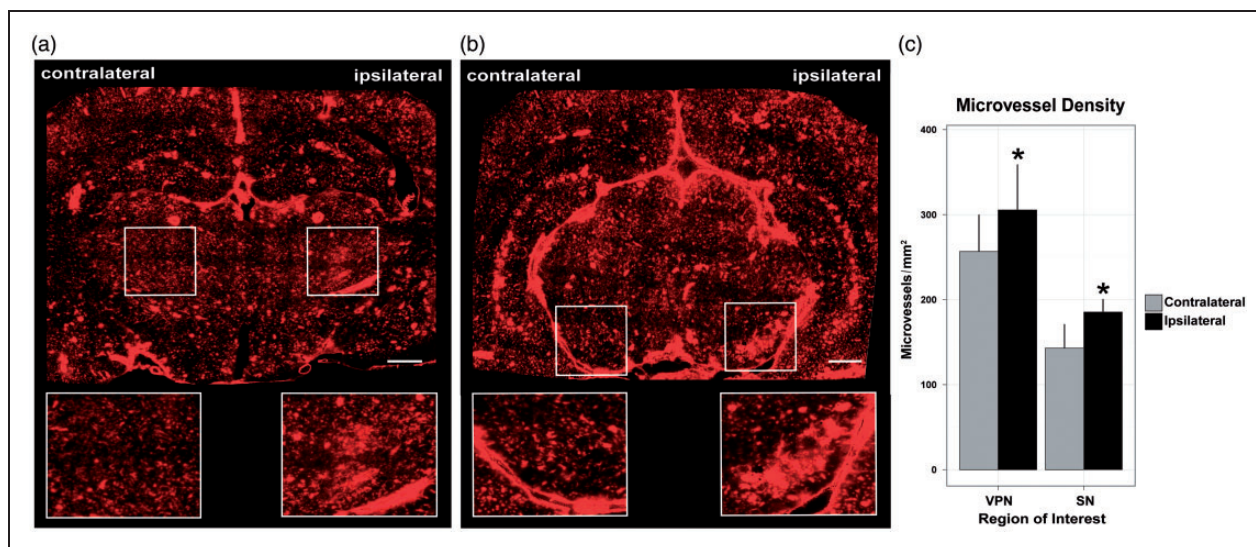




**Figure 2.** Quantitative maps of pre-contrast  $T_2$ ,  $\Delta R_2$  (microvascular CBV),  $\Delta R_2^*$  (total CBV) and  $Q$  (MVD) in rat brain at different time-points after 60-min unilateral MCAO. Maps of coronal rat brain slices are shown at the level of the primary lesion site (cortical and striatal borderzones depicted by white arrowheads) (a), thalamus (VPN depicted by white arrowheads) (b) and substantia nigra (white arrowheads) and medial geniculate nucleus (black arrowheads) (c).



**Figure 3.** Pre-contrast  $T_2$  (s), pre-contrast  $T_2^*$  (s),  $\Delta R_2$  ( $s^{-1}$ ),  $\Delta R_2^*$  ( $s^{-1}$ ) and  $Q$  ( $s^{-1/3}$ ) (mean  $\pm$  SD) in lesional ROIs (a), VPN (b) and substantia nigra (c) at different post-stroke time-points. \* $P < 0.05$  versus contralateral ROI.



**Figure 4.** Respective micrographs of coronal sections showing Evans Blue-perfused microvessels at the level of the thalamic VPN (a), and substantia nigra (b) of a rat at 70 days after 60-min unilateral MCAO. ROIs selected for vessel counting are depicted by the boxes. Scale bar: (a,b) = 1000  $\mu$ m. (c) Density of Evans Blue-filled microvessels ( $n/mm^2$ ) in ipsi- and contralateral ROIs. \* $P < 0.05$  versus contralateral.

lesion area. However,  $\Delta R_2^*$  (total CBV) was relatively unchanged compared with corresponding areas in the contralateral hemisphere, except for the extralesional borderzone. At day 7,  $\Delta R_2$  was largely restored in intra- and extralesional areas. Normalization of Q was also apparent around the lesion territory, except for in the core where it remained low.  $\Delta R_2^*$  was relatively unaffected at this time point. After 21 days, increased  $\Delta R_2$  and Q were observed in perilesional regions.  $\Delta R_2^*$  values in perilesional tissue were more variable and included elevated as well as lowered values. On average,  $\Delta R_2^*$  was reduced in all lesional ROIs. At day 70,  $\Delta R_2^*$ ,  $\Delta R_2$  and Q were significantly reduced in the lesion core.  $\Delta R_2^*$ ,  $\Delta R_2$  and Q in lesion borderzones remained relatively higher, although to a lesser extent as compared with day 21 (e.g. intralesional  $\Delta R_2$  was significantly lower at this stage).

To confirm the observed temporal patterns, we separately analysed the four rats that were scanned serially at all time points. Results are shown in Supplementary Fig. 1, which clearly demonstrate the same trends for all parameters.

#### *Spatiotemporal alterations in remote regions: Thalamus and substantia nigra*

Beside the clear alterations in and around the primary lesion site, mild to moderate temporal changes on the parametric MRI maps were detected in remote subcortical regions, including the thalamus (Figure 2(b)) and substantia nigra (Figure 2(c)). These changes were most evident in the VPN. Occasionally, similar effects were

observed in the ipsilateral medial geniculate nucleus (Figure 2(c), black arrowheads), particularly in animals with substantial damage in the auditory cortex. At post-stroke day 1, a minor but significant prolongation of  $T_2$  was detected in the ipsilateral VPN, which slowly declined thereafter (Figure 3(b)). To lesser extent, this was also observed in the ipsilateral substantia nigra (Figure 3(c)), where we also measured significant  $T_2^*$  prolongation at days 7 and 70.

Vascular parameters revealed substantial changes in the ipsilateral VPN and substantia nigra over time (Figure 3(b) and (c)).  $\Delta R_2^*$  was significantly increased in the VPN and substantia nigra from day 1 to 70, except for day 7 in the substantia nigra. Significant elevations of  $\Delta R_2$  and Q were evident from day 7 onwards in the VPN, and from day 21 onwards in the substantia nigra.

Separate analysis of the serially measured cohort corroborated the observed temporal trends (Supplementary Fig. 1).

#### *Evaluation of vascularity in the VPN and substantia nigra*

Fluorescence microscopy images of brain sections from Evans Blue-perfused animals after the last MRI time-point, revealed increased vascularity in the ipsilateral VPN (Figure 4(a)) and substantia nigra (Figure 4(b)). Results from vessel counting showed that the density of microvessels was significantly increased in the ipsilateral VPN ( $116 \pm 5\%$ ) and substantia nigra ( $119 \pm 10\%$ ), as compared with the contralateral homologous area ( $P < 0.05$ ) (Figure 4(c)).



## Discussion

We employed ssCE-MRI to quantitatively assess the effects of transient focal cerebral ischemia on the perfused vasculature during long-term recovery from stroke. Using a 60-min MCAO model in rats, we identified temporally characteristic changes in total CBV ( $\Delta R_2^*$ ), microvascular CBV and MVD (Q) in different ipsilateral areas. These vascular alterations were not restricted to the lesion site and its borderzones, however, but also included remote regions, i.e. the ipsilateral thalamus and the substantia nigra. Our data demonstrate a gradual increase in (total and microvascular) CBV and MVD, which persisted for at least 3 months after stroke and was confirmed histologically.

### *Vascular remodelling in and around the ischemic lesion*

One day after transient ischemia, the lesion area (characterized by prolonged tissue  $T_2$  due to vasogenic oedema<sup>44</sup>) displayed decreased microvascular CBV and MVD, while total CBV was largely unchanged. Increased pressure due to oedema may cause microvessels to collapse, leading to the observed reduction in microvascular CBV and MVD. Higher total CBV could occur due to early vasodilation or arteriogenesis of collateral vessels,<sup>9</sup> which compensate for the lower cerebral blood flow (CBF) in the ischemic territory. Correspondingly, improved collateral flow by an increase in total CBV, as opposed to unchanged or lowered microvascular CBV, has been observed in the rat cortex early after ischemia–reperfusion in an earlier ssCE-MRI study.<sup>45</sup>

Extensive initial oedema in grey matter, as depicted on  $T_2$  maps, largely subsided by post-stroke day 7, consistent with other reports on transient  $T_2$  normalization in lesioned tissue after stroke.<sup>46–48</sup> This was accompanied by normalization of microvascular CBV and MVD in the lesion border areas. Levels of these parameters remained significantly lowered in the lesion core, except for a transient elevation of the MVD in the core region at day 21, which may be (partly) explained by methodological issues, as described below. Earlier serial ssCE-MRI studies in rats reported a gradual increase of microvascular CBV and/or MVD, following initial reductions in the ischemic lesion territory.<sup>40,45,49,50</sup> Still, the pattern of vascular changes strongly depends on the extent to which tissue is damaged after stroke. While the ischemic core is predominantly necrotic, particularly at chronic stages, the surrounding area is a mixture of necrotic, apoptotic, rearranging and normal parenchyma.<sup>48,51</sup>

Precise lesion segmentation on MR images, however, is difficult as there are no uniform signal differences between the lesion core, the lesion borderzones and

unaffected tissue. Therefore, we applied an automated region growing and shrinking approach to differentiate between the lesion core, and extra- and intralesional borderzones, respectively. In the intralesional borderzone, we observed a dynamic temporal development of post-ischemic CBV and MVD changes accompanied by continuously elevated tissue  $T_2$ . This reflects an active and heterogeneous tissue experiencing the formation and subsequent regression of new undeveloped (leaky) vessels, in line with findings in another study.<sup>47</sup> The extralesional borderzone, on the other hand, displayed a more gradual and steady increase in microvascular CBV and MVD, which suggests angiogenesis leading to a stable vascular network. Moreover, this area exhibited a significantly lower  $T_2^*$ , which has been associated with newly developed mature vasculature.<sup>52</sup> However, other factors, such as enhanced macrophage activity, may also explain  $T_2^*$  shortening in perilesional tissue.<sup>53</sup>

Neovascularization in post-stroke brain may indicate a higher demand for vascular support in areas undergoing active neural tissue reorganization. Correspondingly, earlier studies have shown a close association of the dynamics of angiogenesis with neurogenesis (evidenced from specific migration of neuroblasts through areas that exhibited vascular remodelling and increased vessel density<sup>3,4</sup>), as well as dendritic plasticity (evidenced from paralleled orientation of remodelling dendritic and vascular segments<sup>54</sup>) in perilesional areas. Furthermore, therapeutic interventions, e.g. cell-based therapies, that concurrently enhance vascular and neuronal remodelling, have shown to be effective in improving functional recovery in preclinical stroke models.<sup>5</sup> On the other hand, neovascularization has also been shown to occur in concomitance with astrogliosis,<sup>55</sup> which suggests that post-stroke vascular remodelling may also contribute to formation of non-neuronal scar tissue. Future studies should provide further insights in the mechanisms and role of the formation of new vasculature after stroke.

### *Stroke-induced vascular remodelling in remote areas*

Beside the intra- and perilesional vascular alterations, we detected significant changes in remote brain regions that were not part of the primary ischemic stroke lesion. Particularly, the ipsilateral VPN of the thalamus and the substantia nigra had chronically elevated CBV and MVD levels. Microscopic examination of histological brain sections revealed a greater number of microvessels in these regions.

Secondary exofocal neuronal damage in regions remote from a primary ischemic lesion, due to retrograde, anterograde or transsynaptic degeneration of connected tissue, is a well-known phenomenon.<sup>18</sup> Histopathological studies in rodent stroke models



have shown neuronal loss, axonal injury and glial activation in the non-ischemic thalamus and substantia nigra following cortical or striatal infarction, respectively.<sup>19,24,25,34,56–61</sup> The transient  $T_2$  and  $T_2^*$  changes that we detected in the VPN and substantia nigra could reflect ongoing neurodegeneration and neuroinflammation, in line with previous observations from MRI in stroke patients<sup>23,28</sup> and animal models.<sup>34,56–58</sup> Yet, the occurrence of vascular remodelling in remote regions anatomically connected to the primary lesion site is a relatively unknown phenomenon.

Ling et al.<sup>30</sup> found that post-stroke secondary degeneration in the thalamus may be accompanied by angiogenesis and neurogenesis. In addition to neuronal loss and microglial activation in the ipsilateral VPN at days 7 and 14 after cortical infarction in rats, immunohistochemical analysis revealed proliferating neural and endothelial cells as well as increased vessel density in the VPN. In a perfusion MRI study by Hayward et al.,<sup>31</sup> it was shown that CBF progressively increases in the ipsilateral thalamus, while cortical CBF remained lowered, between 2 days and 3 months after transient MCAO in rats. Furthermore, these authors showed that the number of branching vessel points after 3 months was significantly higher in the ipsilateral thalamus as compared with contralateral. Our present study provides further evidence of progressive microvascularization in the thalamus, specifically in the VPN, after ischemic damage to the sensorimotor cortex and striatum. The rise in total CBV may suggest that recruitment or reinforcement of larger vessels (arteriogenesis) may also be part of the vascular remodelling. Importantly, we detected similar changes in the ipsilateral substantia nigra (and in the medial geniculate nucleus in animals with ischemic injury to the auditory cortex), which indicates that post-stroke angiogenesis and/or arteriogenesis may be a common process in remote connected brain regions with secondary tissue degeneration.

### *Advantages and limitations of ssCE-MRI for vascular imaging*

Using MRI to assess cerebrovascular remodelling offers the advantage of in vivo, serial and whole-brain monitoring with simultaneous measurement of brain tissue injury. Because ssCE-MRI is based on signal from a circulating intravascular contrast agent, only perfused (functional) vessels are detected. This is in contrast to histological assessment by post mortem staining of vascular structures, which may include non-functional vessels. Furthermore, different traits of the cerebrovasculature, such as microvascular and total CBV, as well as MVD, can be characterized. However, there are also limitations to the ssCE-MRI-based approach.

In the current study, we used the parameter  $Q$  as a measure of MVD,<sup>37,38</sup> but more accurate quantification of MVD values may be feasible with additional input of the local tissue diffusion coefficient.<sup>33</sup> Since diffusion depends on tissue microstructure, values can vary considerably in different tissue types and under pathological conditions. In a recent article by Boehm-Sturm et al.,<sup>49</sup> it was shown that MVD measures may be overestimated when diffusion is high, such as in a cystic lesion chronically after stroke. This could explain the high  $\Delta R_2$  and  $Q$  values that we observed in some regions inside the lesion core at chronic stages. Furthermore, Boehm-Sturm et al. reported that  $\Delta R_2$  calculations may vary between single- and multi-echo MRI protocols. Future ssCE-MRI studies should further evaluate how different MRI acquisition schemes affect the quantification of different vascular measures to determine the most optimal imaging protocol for assessing vascularity in tissues.

To verify the reliability of our ssCE-MRI data, we directly compared MRI-based MVD findings with vessel counts. Intravenous injections of Evans Blue dye after the final MRI session on post-stroke day 70, allowed the specific detection of perfused vessels similar to ssCE-MRI. We limited vessel quantification to the thalamus and substantia nigra, which were structurally intact after tissue processing. The greater number of microvessels in the ipsilateral thalamus and substantia nigra is in agreement with our ssCE-MRI-based MVD measurements, corroborating  $Q$  as a measure of the density of perfused microvasculature.

### **Conclusions**

While early recovery from acute stroke is associated with oedema resolution and re-establishment of circulation in perilesional tissue, ongoing structural and functional reorganization in extended ipsilateral and contralateral neuronal networks is believed to contribute to long-term restoration of functions.<sup>62–66</sup> Our data indicate that large-scale vascular remodelling plays a dynamic, long-term role in the reorganizational processes in the brain after stroke. Vascular reorganization follows a complex spatiotemporal pattern in and around the lesion, as well as remote associated areas, namely the substantia nigra and thalamus. At early time points, vasodilation and arteriogenesis of larger vessels may temporarily compensate for microvascular compression in the ischemic territory. The subsequent transient increase in microvascular perfusion in perilesional areas may reflect the formation of new vessels, which could locally contribute to neuronal survival, clearance of debris<sup>67</sup> and scar formation. Furthermore, a gradual increase in microvessel densities in the extralesional borderzone and remote areas

with secondary tissue degeneration suggests that angiogenesis could support reorganization and restoration of neural networks. Since vascular remodelling after stroke may play a critical role in endogenous neuroprotection and neurorepair, it should be considered as a factor in advancing therapeutic strategies to improve neurological outcome in stroke patients, which may be effectively monitored with ssCE-MRI.

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The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

### Authors' contributions

PY and RMD designed the studies, interpreted data and drafted the manuscript; PY, RMD, PRS, USR, KG, GK, ME and GAT executed experiments and/or analysed data; USR, MJB and AT provided analytical software support. All authors revised and approved the final submission.

### Supplementary material

Supplementary material for this paper can be found at <http://jcbfm.sagepub.com/content/by/supplemental-data>

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