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## B-type natriuretic peptide overexpression ameliorates hepatorenal fibrocystic disease in a rat model of polycystic kidney disease

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### Abstract

Polycystic kidney disease (PKD) involves progressive hepatorenal cyst expansion and fibrosis, frequently leading to end-stage renal disease. Increased vasopressin and cAMP signaling, dysregulated calcium homeostasis, and hypertension play major roles in PKD progression. The guanylyl cyclase A agonist, B-type natriuretic peptide (BNP), stimulates cGMP and shows anti-fibrotic, anti-hypertensive, and vasopressin-suppressive effects, potentially counteracting PKD pathogenesis. Here, we assessed the impacts of guanylyl cyclase A activation on PKD progression in a rat model of PKD. Sustained BNP production significantly reduced kidney weight, renal cystic indexes and fibrosis, in concert with suppressed hepatic cystogenesis *in vivo*. *In vitro*, BNP decreased cystic epithelial cell proliferation, suppressed fibrotic gene expression, and increased intracellular calcium. Together, our data demonstrate multifaceted effects of sustained activation of

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### CONTRIBUTIONS

SJH – designed research studies, conducted experiments, analyzed data, wrote and edited the manuscript

CAS – conducted experiments, analyzed data, edited the manuscript

AC, PCH, NFLR - edited the manuscript

MRA, VET - designed research studies, offered insight in the analysis of data, edited the manuscript

YI - designed research studies, offered insight in the analysis of data, wrote and edited the manuscript

### DISCLOSURE

None.

guanylyl cyclase A on polycystic kidney and liver disease. Thus, targeting the guanylyl cyclase A-cGMP axis may provide a novel therapeutic strategy for hepatorenal fibrocystic diseases.

## Keywords

ARPKD; ADPKD; Congenital hepatic fibrosis; gene therapy; adeno-associated virus

## INTRODUCTION

Autosomal dominant polycystic kidney disease (ADPKD) is characterized by focal development and expansion of cysts, frequently leading to end-stage renal disease (ESRD).<sup>1, 2</sup> Autosomal recessive PKD (ARPKD) is characterized by diffuse fusiform dilatation of the collecting ducts causing massive renal enlargement at birth, followed by interstitial fibrosis, early onset ESRD,<sup>3</sup> and congenital hepatic fibrosis. Arginine vasopressin (AVP), epithelial proliferation, and hypertension are major contributors in PKD progression. At a molecular level, causative-PKD proteins are involved in calcium ( $\text{Ca}^{2+}$ ) signaling and alterations in intracellular  $\text{Ca}^{2+}$  [ $\text{Ca}^{2+}$ ]<sub>i</sub> homeostasis may play a role in the upregulation of cyclic AMP (cAMP) and protein kinase A (PKA) signaling observed in cystic tissues.<sup>4, 5</sup>

B-type natriuretic peptide (BNP) binds guanylyl cyclase A (GC-A/NPRA) to stimulate the cyclic GMP (cGMP) pathway. Through activation of cGMP-dependent kinases (PKG) and modulation of [ $\text{Ca}^{2+}$ ]<sub>i</sub>, BNP elicits vasodilating, natriuretic, and anti-hypertrophic effects *in vivo*.<sup>6</sup> BNP also inhibits fibroblast proliferation and down-regulates fibrosis-associated genes such as *Tgfb*, *Colla1*, and *Fnl*, and suppresses AVP release.<sup>7</sup> We showed BNP knockout *Nppb*<sup>-/-</sup> rats developed interstitial fibrosis and glomerulosclerosis prior to the development of hypertension, suggesting an intrinsic renoprotective role, separate from BNP's anti-hypertensive propensity.<sup>8</sup> Further, BNP-transgenic mice are resistant to glomerular injury upon renal ablation, glomerulonephritis, and chemically induced diabetic nephropathy.<sup>9, 10</sup>

Since destruction of renal parenchyma is principally responsible for declining kidney function, early interventions aimed at preventing cyst expansion are critical for PKD therapy. BNP's properties, and the potential of the GC-A/cGMP pathway, promise multiple points of intervening PKD pathobiology. However, the role of cGMP in PKD is poorly understood. Increased levels of cGMP have been observed in the kidneys of PKD animals,<sup>11</sup> however 8-Br-cGMP does not stimulate human PKD cyst-derived cell proliferation.<sup>12</sup> In this study, we assessed BNP overexpression *in vitro*, and *in vivo* on the development of hepatorenal cysts and fibrosis in the PCK rat, an orthologous rat model of ARPKD, with human ADPKD-like hepatorenal pathology.<sup>13, 14</sup>

## RESULTS

### Adeno-associated viral (AAV) vector-mediated systemic BNP overexpression stimulates cGMP, suppresses circulating AVP, and improves cardiac function

Due to a short *in vivo* half-life, long-term BNP therapy has been challenging. To address this, we used AAV serotype 9 (AAV9) vectors, carrying CMV-driven codon-optimized

proBNP cDNA.<sup>15</sup> BNP transgene expression was determined in a rat model of PKD (PCK rats) treated with  $10^{13}$  vg/kg AAV9-BNP. Three months post injection, RT-PCR detected significantly increased transgene BNP transcripts in the heart, liver, and kidney (Fig. 1a). In contrast, endogenous BNP transcripts were comparable between AAV9-BNP and control littermates (Fig. 1b). There was no significant increase in circulating BNP levels between low-dose AAV9-BNP ( $10^{13}$  vg/kg) and littermate controls, while High-Dose (HD) AAV9-BNP ( $10^{14}$  vg/kg) demonstrated significantly elevated circulating BNP (Fig. 1c). Unenhanced serum levels of BNP with low-dose AAV9-BNP may be due to rapid enzymatic degradation (e.g. by neprilysin) and/or clearance through NPR-C.<sup>16</sup> Nevertheless, excreted cGMP was elevated (Fig. 1d), indicating *in vivo* cGMP stimulation by low-dose AAV9-BNP. Similarly, blood from terminal cardiac puncture demonstrated reduced CT-proAVP, an indicator of AVP levels<sup>17</sup>, with low-dose AAV9-BNP (Fig. 1e). At 3 months of age, PCK rats remained normotensive (Fig. 1f). Although effects were modest, left ventricular ejection fraction and percent fractional shortening were significantly higher with treatment (Fig. 1g), suggesting improved cardiac function upon BNP treatment.

### BNP renal effects in PCK rats

Three months after low-dose AAV9-BNP administration treated PCK displayed reduced 24-hour urine excretion. Although total urine metabolites per 24-hour collection were relatively uninfluenced, sodium and potassium concentrations were significantly increased with AAV9-BNP (Fig. 2a). Further, total urinary protein was reduced (Fig. 2a), and plasma albumin levels were significantly increased with treatment (Sup. Fig. S1). Creatinine clearance was significantly higher with AAV9-BNP, comparable to Sprague Dawley (SD), non-PKD controls (Fig. 2b). Together, this suggests that BNP treatment increases urine concentrating capacity and glomerular filtration rate. At sacrifice, total kidney weight per body weight (TKW/BW) was reduced with AAV9-BNP compared to PCK controls ( $12.6 \pm 1.7$  vs  $14.5 \pm 2.0$  mg/g), without a difference in body weight between treatment (Fig. 2c). Histology revealed renal cysts in PCK controls, and a reduced (40%) cystic index with AAV9-BNP (Fig. 2d, 2e). Additionally, fewer injured glomeruli were observed by H&E staining with BNP treatment (Fig. 2f). Reduced urinary excretions of kidney injury molecule-1 (Fig. 2g) and neutrophil gelatinase-associated lipocalin ( $262.5 \pm 6.6$  vs.  $293.2 \pm 11.6$  ng/ml in controls) were observed, suggesting reduced renal injury with AAV9-BNP. AAV9-BNP treated animals exhibited reduced fibroblast growth factor 2 (Fgf2), and inflammation marker, Desmin, expression as indicated by immunofluorescence (IF) staining (Fig. 2h, 2i), and trends in reduced renal fibrosis, assessed by Trichrome staining (Fig. 2j, 2k). RT-PCR of profibrotic gene expression in renal tissues were significantly reduced collagen type 1 (*Col1a1*), fibronectin (*Fn1*), and *Tgf $\beta$*  transcripts in treated PCK (Fig. 2l). Despite renoprotective effects with BNP treatment, total renal cAMP levels were increased in treated PCK (Fig. 2m).

To better define the pathways affected by AAV9-BNP treatment, we performed genome-wide transcriptome analysis in renal RNA of treated and control PCK rats. Transcriptome analysis revealed suppression of collagen genes, *Col3a1*, *Col5a2*, *Col6a3*, *Col6a1* and *Col8a2*, with BNP treatment (Sup. Fig. S2). Intriguingly, bioinformatic analysis identified the top 10 differentially expressed signaling pathways as PTEN, aldosterone, PDGF, ErbB2-

ErbB3, IL-8, PI3K/AKT, Her2/ErbB2, and NFAT (Sup. Fig. S2, S3, S4, S5 and S6), pathways routinely implicated in PKD pathogenesis.<sup>18, 19</sup> Wnt signaling and negative regulators for calcineurin/NFAT were also identified as influenced pathways with BNP treatment, whereas no significant changes were observed in natriuretic peptide system genes (Sup. Fig. S2).

### Reduced hepatic cystic lesions, fibrosis, and profibrotic gene expression in PCK rats with sustained BNP overexpression

In addition to renal cystogenesis and fibrosis, PCK rats exhibit congenital liver fibrosis, characterized by progressive fibropolycystic liver disease. We therefore characterized the influence of BNP overexpression in the liver of PCK rats. Pathological analysis of liver tissue demonstrated reduced hepatic remodeling (Fig. 3a, upper panels) and cystic indices (Fig. 3b) in AAV9-BNP treated PCK. When fibrotic regions were visualized by picrosirius red (PSR) staining, we found a trend of reduced connective tissue areas (Fig. 3a, lower panels and Fig. 3c). However, collagen content, quantified by hydroxyproline, detected no notable difference between groups (Fig. 3d). IF staining demonstrated reduced Desmin-positive hepatic stellate cells, reduced fibrosis regulator galectin-3, and CK7-positive cholangiocytes in BNP treated PCK hepatic sections (Fig. 3e, 3f). Desmin-positive cells were predominantly negative for  $\alpha$ SMA staining in both groups (Fig. 3e). RT-PCR showed reduced transcripts of *Fnl1*, *Tgf $\beta$* , and *Desmin* with BNP treatment, although *Colla1* and *Timp1* expression was not affected (Fig. 3g). This suggests that BNP provides liver protection through reduced hepatic cyst expansion, restrained expansion of Desmin-positive stellate cells and CK7-positive cholangiocytes, and suppression of a subset of profibrotic genes, such as *Tgf $\beta$* .

### Influence of a higher dose AAV9-BNP in PCK rats

To further understand tolerability of the AAV9-BNP vector, we administered a 10-fold higher dose (HD AAV9-BNP,  $10^{14}$  vg/kg), resulting in 40-fold increased circulating levels of BNP (Fig. 1c). Supraphysiological BNP did not induce hypotension (Sup. Fig. S7a) or notable differences in blood chemistry parameters (Sup. Fig. S7b). Four months after AAV administration, rats were sacrificed. Compared to 3 month-old PCK controls (Fig. 2c, d, e), 4 month-old PCK rats exhibited advanced cystogenesis and increased TKW/BW (Sup. Fig. S8a, b, c). HD AAV9-BNP resulted in trends of better preserved renal architecture, reduced TKW/BW, and smaller cystic indices (Sup. Fig. S8a, b, c and d), though statistical significance was not achieved. We also found trends of reduced hepatic remodeling and cystic indices in HD AAV9-BNP rats (Sup. Fig. S8e, 8f, 8g, Sup. Fig. S9). At this time point, control PCK rats showed  $\alpha$ SMA-positive cells in the liver, a population which appeared less prominent in HD AAV9-BNP-treatment (Sup. Fig. S8h). Lastly HD AAV9-BNP treatment seemed to have increased mortality within 2 months of vector administration (Sup. Fig. S8i); however, no statistical significance was found in survival between groups.

### BNP treatment reduces proliferation and increases $[Ca^{2+}]_i$ in epithelial cells

To better characterize direct cellular effects of BNP, we treated cholangiocytes from PCK and SD with BNP. Non- and cystic cholangiocytes treated with BNP for 72 hours exhibited significantly reduced proliferation compared to vehicle (Fig. 4a, left panel). Levels of

[Ca<sup>2+</sup>]<sub>i</sub> assessed with Fura-2AM were increased with BNP in cystic cholangiocytes (Fig. 4a, right panel). BNP- or GFP-lentiviral transduction of ADPKD, ARPKD, and normal human renal epithelial (HRE) cells were then assayed to determine effects on proliferation or [Ca<sup>2+</sup>]<sub>i</sub>. BNP transduced cell lines responded with significantly reduced proliferation (Fig. 4b). Reduced HRE proliferation was associated with reduced levels of phosphorylated ERK, i.e. ERK activation, as demonstrated by reduced protein levels (Fig. 4c), and PKD HRE cells exhibited increased levels of [Ca<sup>2+</sup>]<sub>i</sub> with BNP (Fig. 4d). Media supplemented with Ca<sup>2+</sup> showed no notable influence on [Ca<sup>2+</sup>]<sub>i</sub>, suggesting that BNP-mediated increases were primarily due to a release of [Ca<sup>2+</sup>]<sub>i</sub> stores. Since the endoplasmic reticulum (ER) is the largest store of [Ca<sup>2+</sup>]<sub>i</sub> we assessed effects of two ER Ca<sup>2+</sup> channel inhibitors on our transduced cell lines; a ryanodine receptor (RyR) inhibitor, JTV 519 fumarate, and an inhibitor of inositol triphosphate receptor (IP<sub>3</sub>R), 2-aminoethoxydiphenyl borate (2-APB). Diminished [Ca<sup>2+</sup>]<sub>i</sub> was observed in the presence of 2-APB, but not JTV 519 fumarate, suggesting that BNP increases [Ca<sup>2+</sup>]<sub>i</sub> partly through IP<sub>3</sub>R in cystic epithelial cells (Fig. 4e). Lastly, BNP overexpression in normal and cystic HRE cells significantly suppressed *COL1A1* and *TGFβ* transcripts relative to controls (Sup. Fig. S10).

## DISCUSSION

### Mechanisms of BNP therapy on PKD progression

BNP-transgenic mice are resistant to various experimental renal injuries with notable suppression of renal *Tgfβ* and *pERK*.<sup>9, 10</sup> PKD progression is known to be influenced by genetic mutations, genetic background, and hypertension.<sup>20</sup> BNP suppressed AVP release, demonstrated by reduced serum CT-proAVP levels. In accordance with potent anti-fibrotic effects of BNP,<sup>21–24</sup> we observed a trend of reduced fibrosis and significant suppression of profibrotic genes, including *Tgfβ*. Of note, *Tgfβ* signaling plays in cyst progression and fibrogenesis of both ADPKD murine models and ADPKD patients,<sup>25, 26</sup> while the inhibition of the activin/*Tgfβ* signaling pathway retards PKD progression.<sup>27</sup> BNP treatment also reduced glomerular injury and expression of inflammation marker Desmin in PCK rats. Gene expression profiling indicated that BNP treatment altered key PKD pathogenesis-associated pathways, such as PTEN, Aldosterone, PDGF, ErbB2/3, Her2, PI3K and calcineurin/NFAT. Additionally, *in vitro* BNP supplementation demonstrated a direct effect on epithelial cells, reduced proliferation, suppressed ERK activation, and increased [Ca<sup>2+</sup>]<sub>i</sub>. Thus, observed renal protective effects in BNP-treated PCK rats are likely due to multifaceted effects induced by BNP directly or indirectly.

It is known that cAMP inhibits proliferation of noncystic cells, while enhancing proliferation in cyst derived epithelial cells in a Src, Ras, B-Raf/ERK and mTOR dependent manner.<sup>12, 28</sup> This proliferative response has been linked to reduced [Ca<sup>2+</sup>]<sub>i</sub>, as illustrated by Ca<sup>2+</sup> channel blockers inducing a proliferative response to cAMP in normal human kidney or murine collecting duct cells, whereas Ca<sup>2+</sup> channel activators or Ca<sup>2+</sup> ionophores restores a normal antimitogenic response to cAMP in ADPKD or ARPKD cyst-derived cells.<sup>28, 29</sup> Unexpectedly, BNP treatment did not reduce the total cAMP levels in kidney lysates. This may suggest that BNP does not directly suppress cAMP. Since Src inhibition has demonstrated reduced cystogenesis independent from renal cAMP levels,<sup>30</sup> it is plausible

that BNP targets effectors downstream of the cAMP pathway, such as suppression of the Ras/B-Raf/ERK pathway through PKG-II-mediated ErbB2/Her2 suppression.<sup>31, 32</sup> Since increased intracellular  $\text{Ca}^{2+}$  restores inhibitory effects of cAMP against cell proliferation and ERK phosphorylation in primary cultured PKD cells,<sup>29</sup> it is also possible that the ‘switching’ of cAMP-responsive characteristics, regulated by intracellular  $\text{Ca}^{2+}$  concentration, may also play an inhibitory role, as BNP treatment restores intracellular  $\text{Ca}^{2+}$  levels in cystic epithelia cells. Further studies will elucidate a potential anti-proliferative and ERK inhibitory roles of cAMP in BNP treatment.

### Roles of the cGMP pathways in PKD

cGMP is synthesized by natriuretic peptide-activated particulate guanylyl cyclases (pGCs) or by NO-activated soluble guanylyl cyclase (sGC).<sup>33</sup> Although recent studies have implicated crosstalk between cAMP and cGMP pathways in PKD, through cAMP- and/or cGMP-degrading phosphodiesterases (PDEs),<sup>34</sup> the role of cGMP signaling on the development, or progression, of PKD is poorly understood. cGMP levels are increased in cystic kidneys of PKD animals.<sup>11</sup> *In vitro* studies have demonstrated that cGMP supplementation modestly increases *in vitro* MDCK cyst expansion.<sup>11</sup> In contrast, 8-Br-cGMP treatment does not affect the proliferation of primary human PKD cyst-derived cells.<sup>12</sup> Our data demonstrates cGMP induction through the BNP/GC-A axis reduces cystogenesis in the PCK rat. This discrepancy may be due to compartmentalized and unique GCs, which then stimulate distinct effectors.<sup>35</sup> For instance, GC-A-induced cGMP is degraded primarily by PDE2 while GC-B-induced cGMP is degraded by PED3.<sup>36, 37</sup> PDE1 is largely responsible for renal cGMP PDE activity,<sup>11</sup> suggesting that renal cGMP is produced through sGC activation and degraded by PDE1. Thus, GC-A-mediated cGMP may activate effectors, distinct from those activated by the NO/sGC axis in cystic kidneys. Another possibility is that cGMP elevation is compensatory. Multiple studies demonstrate marked renoprotective effects of sustained activation of GC-A and GC-B by BNP and CNP, respectively.<sup>9, 10, 38</sup> Moreover, the endothelial NO synthase Glu298Asp mutation responsible for impaired NO production<sup>39</sup> is associated with a 5-year lower mean age at ESRD in ADPKD patients,<sup>39</sup> supporting the renoprotective effects of sGC-induced cGMP in PKD. Thus, further studies are warranted to define specific effectors and chronic GC-A activation in PKD.

### BNP antiproliferative effects and increased $[\text{Ca}^{2+}]_i$ in renal and hepatic epithelial cells

In cardiomyocytes, cGMP activates PKG-I to reduce cytoplasmic  $[\text{Ca}^{2+}]_i$  through inhibition of  $\text{Ca}^{2+}$  influx by L-type  $\text{Ca}^{2+}$  channels, leading to relaxation and inhibition of cardiac hypertrophy.<sup>40, 41</sup> Here, BNP increased  $[\text{Ca}^{2+}]_i$  in renal and hepatic epithelial cells, mediated partly through  $\text{IP}_3\text{R}$ . This discrepancy may be due to differentially expressed PKG isoforms. PKG-II is ubiquitous throughout the nephron, with the highest levels in juxtaglomerular cells and tubules.<sup>42</sup> Activation of PKG-II through the GC-A/cGMP axis has been shown to stimulate  $\text{Ca}^{2+}$  reabsorption.<sup>43</sup> PKG-II activation can also phosphorylate  $\text{IP}_3\text{R}$ , increasing cytosolic  $[\text{Ca}^{2+}]_i$  in hippocampal neurons and hepatocytes.<sup>44, 45</sup> We postulate that BNP increases  $[\text{Ca}^{2+}]_i$  levels in renal epithelium through activation of PKG-II.



### Liver-protective effects

Though BNP reduced cysts with trends of reduced connective tissue, *Col1a1* transcripts and hepatic collagen content were not reduced by AAV9-BNP. This suggests BNP treatment enhanced matrix degradation instead of inhibiting activation of hepatic stellate cells and/or portal fibroblasts. Conversely, we found suppression of Desmin-positive, but  $\alpha$ SMA-negative, hepatic stellate-like cell expansion by BNP treatment. At 4 months, we saw induction of Desmin- and  $\alpha$ SMA-double positive myofibroblasts-like cells in control rats, which appeared to be reduced by BNP treatment. Similarly, BNP-transgenic mice are resistant to hepatic damage, liver fibrosis, and suppressed stellate cell activation and Tgf $\beta$  induction.<sup>46</sup> Further studies are warranted to define underlying collagen independent BNP anti-fibrotic effects in the liver.

### pERK levels in vivo

In concert with our in vitro study, we found reduced pERK levels in the AAV-BNP-treated liver (Supplementary Fig. S11). However, we found no notable changes in pERK levels in BNP-treated kidneys. It is possible that BNP-mediated suppression of pERK in cystic cells in vivo is not strong and masked by abundant pERK in other types of renal cells.

### AAV vector-mediated gene therapy for renal diseases

Previously, we demonstrated no notable toxicity 9 months post AAV9 administration in a hypertensive rat model.<sup>15</sup> In PCK, blood chemistry revealed no detectable difference in low- or HD AAV9-BNP treatments 3 months post administration (Sup. Fig. S1 and S7B). We also found no notable toxicity, nor beneficial effects, in PCK treated with luciferase-expressing AAV9 (Sup. Fig. S12). AAV9 vectors are established for their robust transduction of variety cell types; heart, liver, kidney, and endothelial cells in adult animals, while neonatal administration of AAV9 leads to near whole-body transduction.<sup>47-50</sup> Consistent with previous reports, AAV9 in our PCK, exhibited widespread transgene expression in the heart, liver, and kidneys. However, BNP renal transgene transcripts were still approximately 100-fold less than cardiac upon neonatal AAV9 administration. Kidney targeted optimization of AAV will further improve BNP gene therapy for PKD.

### Sample numbers

We maintained multiple PCK breeding pairs, with a study design allowing for sufficient numbers for treated and control groups. However, an unexpectedly high incidence of maternal cannibalism, associated with neonatal AAV transduction, limited the study. Additionally, we observed significant gender-bias in litters, with reduced numbers of male PCK pups, possibly due to increased embryonic lethality in males. Thus, our data set focuses on females. All animal manipulations were carried out for both treatment groups with preserved time intervals. For echocardiography, blood pressure, and metabolic tests, all animals from each treatment group were assayed and included in the figure, barring animals that didn't produce analyzable data. For assays on stored biological material, we used samples from treated and control rats from the same litters to reduce possible inter-litter variations.

## Conclusions

Our study demonstrates long-term therapeutic, and multifaceted effects of BNP in a clinically relevant PKD model, the PCK rat, on hepatorenal cystogenesis.<sup>13, 14</sup> While the role of cAMP signaling in PKD has received much attention,<sup>51</sup> our study suggests the influence of cGMP signaling on the progression of PKD *in vivo*. Together with cardioprotective effects, sustained BNP and/or GC-A-stimulating strategies may present a novel avenue for preventing PKD progression and associated complications.

## METHODS

**Animals, Plasmids, Vectors, Data, and Statistical Analysis** are detailed in the Supplemental Text.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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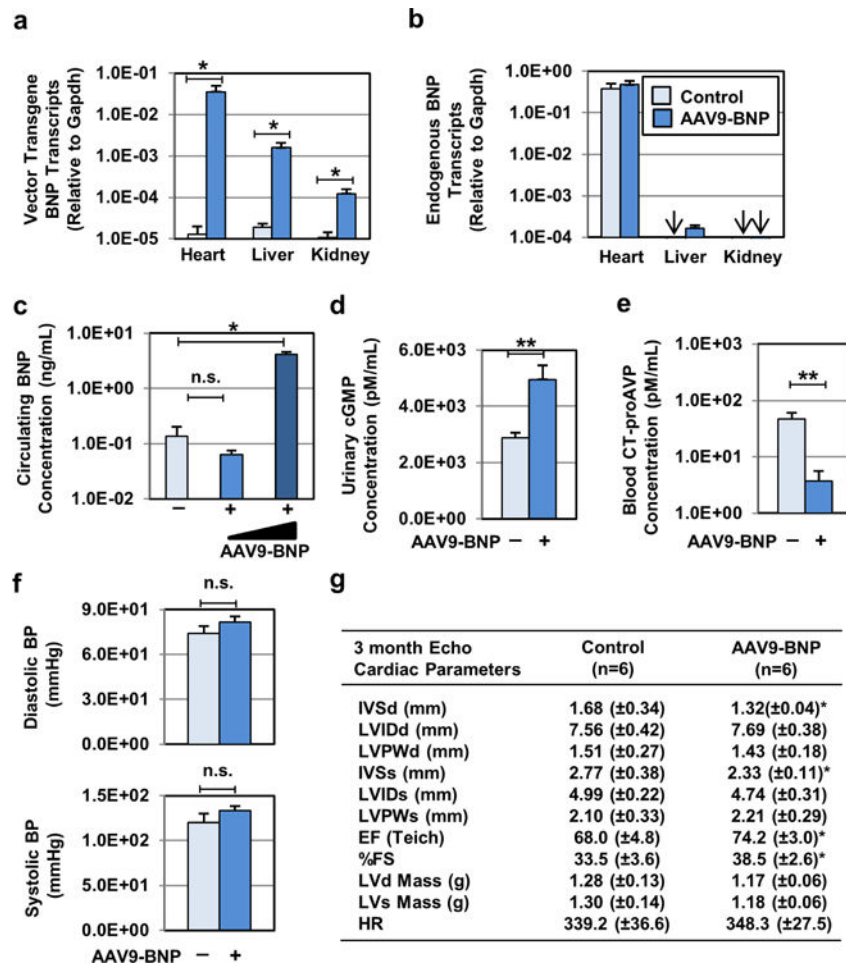
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**Fig. 1. Characterization of single intraperitoneal AAV9 vector administration in neonatal female PCK rats**

(a) Biodistribution of AAV9 vector upon neonatal AAV9 vector administration was monitored. Codon-optimized vector transgene BNP and (b) endogenous BNP transcript levels in the heart, kidney, and liver samples were determined by RT-PCR, followed by normalization to Gapdh transcript levels. Control (n=8) and AAV9-BNP vector-treated (n=6,  $1.0 \times 10^{13}$  vg/kg) PCK rats were used. Arrows indicate where transcripts assayed were below detection. (c) Circulating levels of BNP from littermate control PCK (n=6), AAV9-BNP (n=9,  $1.0 \times 10^{13}$  vg/kg) and High-Dose AAV9-BNP (n=5,  $1.0 \times 10^{14}$  vg/kg) were determined by rat BNP45 ELISA. (d) Urinary excreted cyclic GMP (cGMP) and (e) plasma levels of CT-proAVP from control (n=10) and AAV9-BNP (n=10,  $1.0 \times 10^{13}$  vg/kg) were determined. (f) Noninvasive diastolic and systolic blood pressure measurements were determined in AAV9-BNP-treated (n=15,  $1.0 \times 10^{13}$  vg/kg) and control littermate PCK rats (n=10). Both groups remained normotensive 3 months post treatment. (g) Echocardiographic assessment (Echo) of cardiac structure and function was performed in PCK (n=7) and AAV9-BNP-treated (n=10,  $1.0 \times 10^{13}$  vg/kg) groups. Improved cardiac function and reduced cardiac mass were associated with AAV9-BNP vector administration. Intraventricular septum, diastole (IVSd), Left ventricular internal diameter, diastole (LVIDd), Left ventricular posterior wall, diastole (LVPWd), Intraventricular septum, systole (IVSs), Left ventricular internal

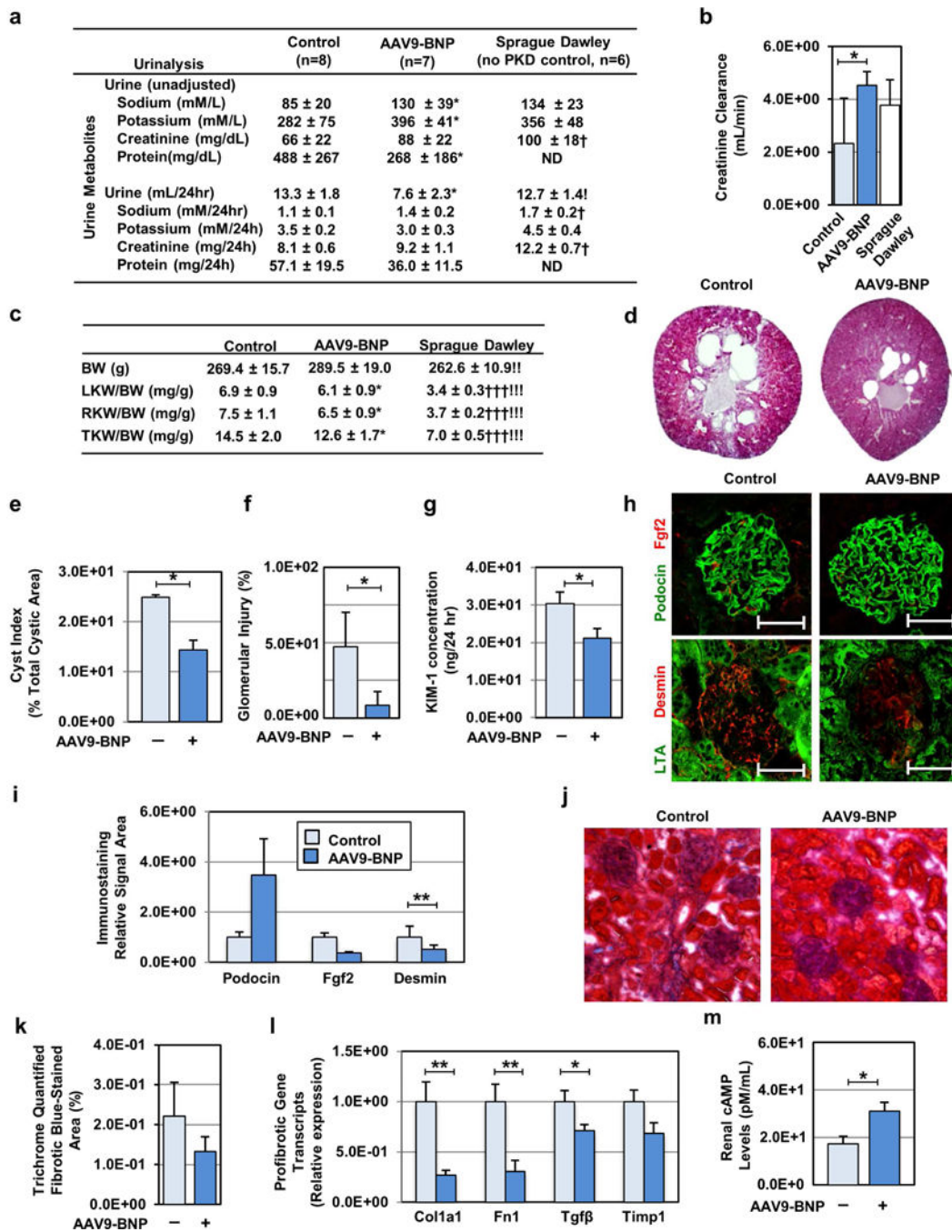
diameter, systole (LVIDs), Left ventricular posterior wall, systole (LVPWs), Ejection Fraction (EFteich), Percent fractional shortening (%FS), Left ventricular Mass, diastole (LVd Mass), Left ventricular mass, Systole (LVs Mass). \* $P < 0.05$  and \*\* $P < 0.01$ , vs. PCK by  $t$  test. Data represent the mean  $\pm$  SEM.

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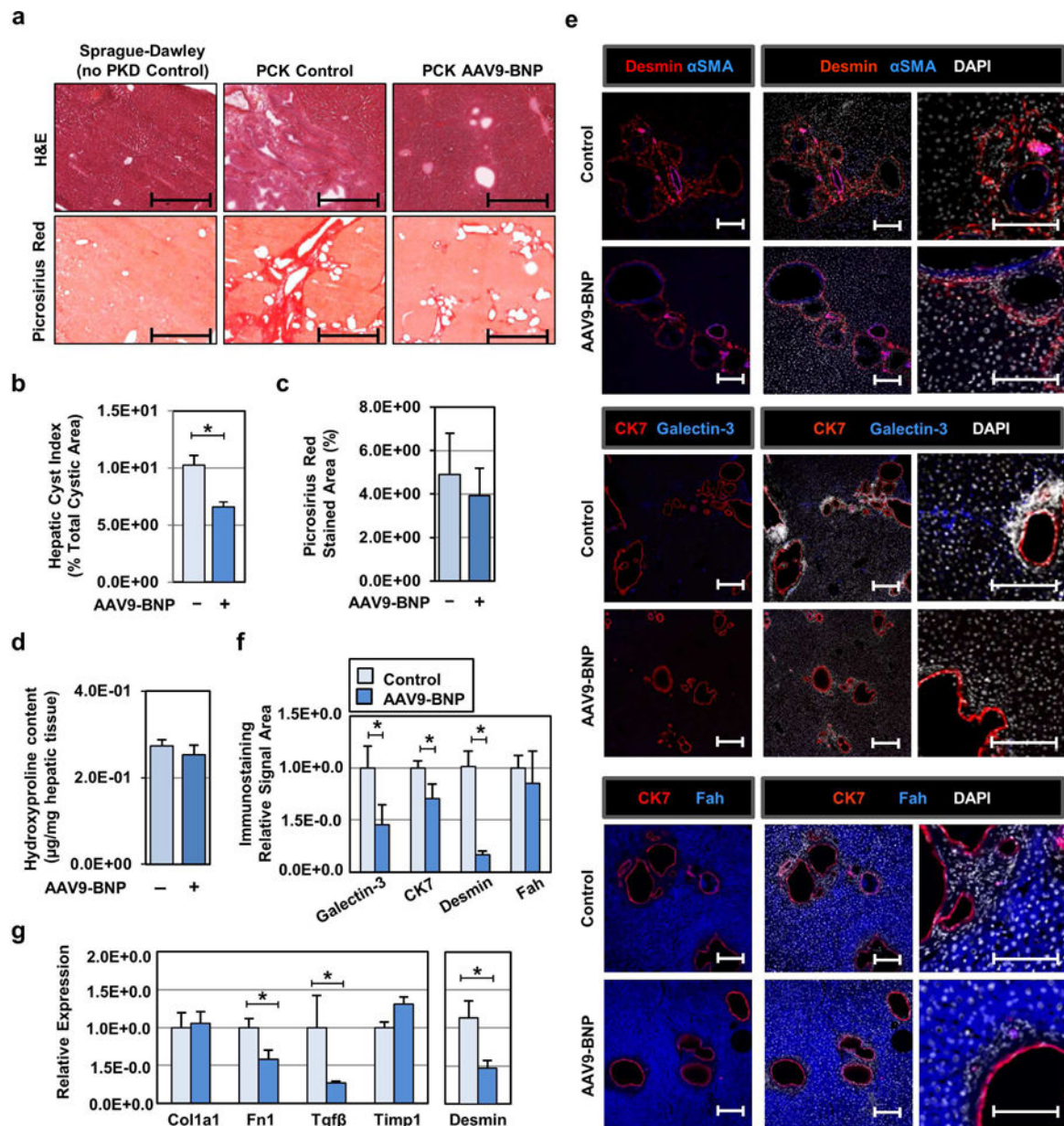


**Fig. 2. BNP overexpression reduces kidney size, renal cyst growth, interstitial fibrosis and glomerular injury in female PCK rats**

(a) Urine volume and urinary test parameters were determined in AAV9-BNP-treated, control PCK and SD rats. (b) Estimated creatinine clearance was determined by blood and urinary creatinine concentrations, and compared among the AAV9-BNP-treated, control PCK and SD rat groups. Control (n=10), AAV9-BNP (n=10,  $1.0 \times 10^{13}$  vg/kg) treated PCK and SD (n=6) rats were used (a–c). (c) Total body weight (BW) and left, right and total kidney weight to BW ratios at 3 months post injection are shown. (d) Representative Hematoxylin and Eosin (H&E)-staining images of renal sections from AAV9-BNP-treated



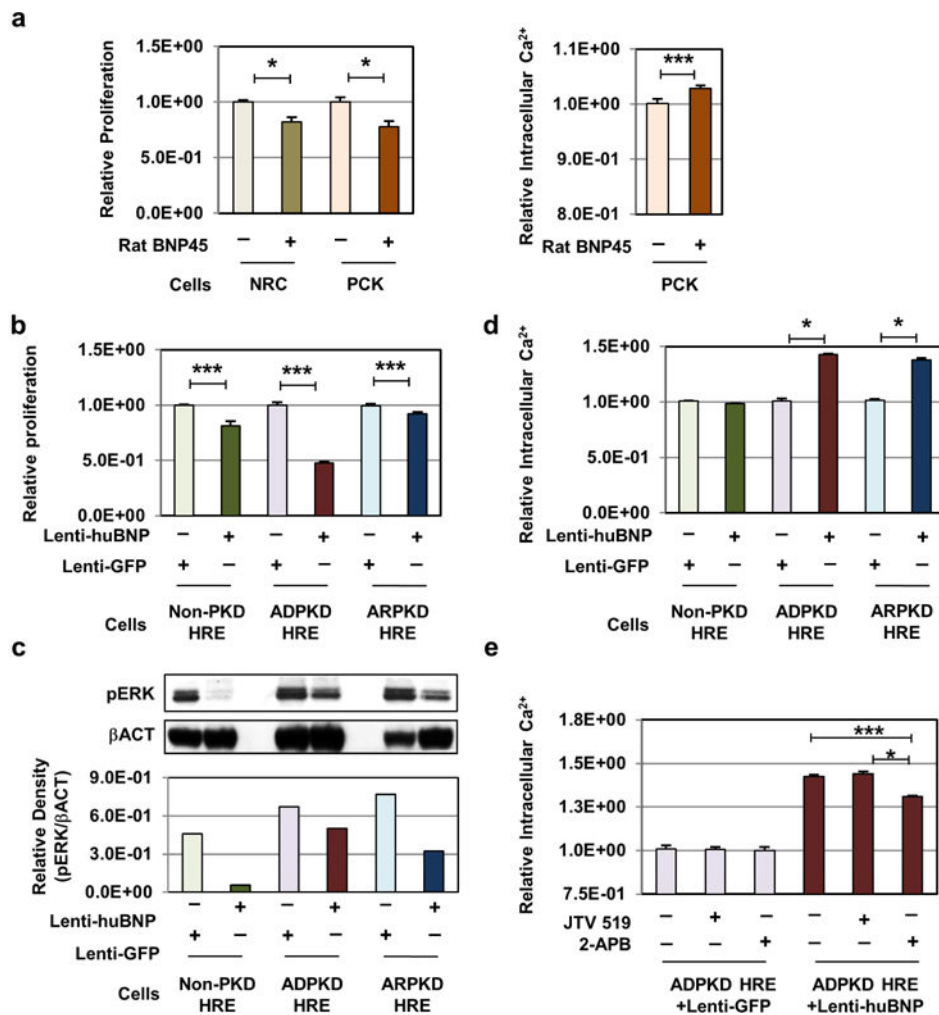
and untreated PCK rats are shown. (e) Renal cystic index was determined using the H&E-staining images of control (n=7) and AAV9-BNP vector-treated (n=7,  $1.0 \times 10^{13}$  vg/kg) PCK rats. (f) Percent glomerular injury was quantified using H&E staining images of kidney sections of control and treated PCK rats (n=5 each, 4 images/animal). (g) Urinary excretion of tubular epithelial injury marker Kidney Injury Molecule-1 (KIM-1) was determined by ELISA. (h) Representative images of immunofluorescent microscopy of the glomeruli of control and AAV9-BNP vector-treated PCK rats are shown. Anti-basic fibroblast growth factor 2 (Fgf2, Red) and anti-podocin (Blue) antibodies (upper panels), and anti-Desmin (Red) and anti-lotus tetragonolobus (LTA, Green) antibodies were used. Nuclei were counterstained with DAPI (White). (i) Relative staining of immunofluorescent images of control and AAV9-BNP-treated PCK rats were determined (n=5 each, 4 images/animal). (j) Representative images (20 $\times$ , zoomed in 25% in Adobe Photoshop CC 2015) of trichrome stained renal sections from PCK treated and control rats. (k) Interstitial fibrosis quantified from trichrome stained kidney sections (n=5 treated, n=4 PCK control). (l) Levels of Collagen type 1a1 (Col1a1), Fibronectin-1 (Fn1), Transforming growth factor-beta (Tgf $\beta$ ) and Tissue inhibitor metalloprotease-1 (Timp1) transcripts were analyzed by RT-PCR. Relative transcript levels were determined using Gapdh transcript levels, and compared to littermate controls. Total kidney RNA samples from control (n=7) and AAV9-BNP vector-treated (n=7,  $1.0 \times 10^{13}$  vg/kg) PCK rats were used. (m) Renal cyclic AMP (cAMP) levels in control and AAV9-BNP vector-treated and PCK rats were determined (n=10 each). (l) \* $P < 0.05$ , \*\* $P < 0.01$ , and \*\*\* $P < 0.001$  (AAV9-BNP treated vs. PCK controls, by  $t$  test). † $P < 0.05$ , †† $P < 0.01$ , and ††† $P < 0.001$  (PCK controls vs. SD, by  $t$  test). ! $P < 0.05$ , !! $P < 0.01$ , !!! $P < 0.001$  (AAV9-BNP treated vs. SD by  $t$  test). Data represent the mean  $\pm$  SEM.



**Fig. 3. Sustained BNP treatment reduces cystic lesions, fibrosis and profibrotic gene expression in the liver of female PCK rats**

(a) Representative hematoxylin and eosin (H&E) staining images of hepatic sections 3 months' post AAV9-BNP vector administration (top panels), and representative picrosirius red staining images are shown (bottom panels). Age-matched livers from non PKD control (Sprague-Dawley rat), control PCK and AAV9-BNP vector-treated PCK rats were used. Scale bars; 1 mm. (b) Hepatic cystic index was determined using the H&E-staining images of control (n=7) and AAV9-BNP vector-treated (n=7,  $1.0 \times 10^{13}$  vg/kg) PCK rats. (c) We determined fibrotic areas as measured from picrosirius red stained liver sections (n=5 treated, n=4 PCK controls). (d) Hepatic hydroxyproline levels in PCK control (n=4) and AAV9-BNP treated (n=6) PCK rats were determined to estimate collagen content. (e) Representative images of immunofluorescent staining of hepatic sections are shown. Anti-Desmin(red) and

anti- $\alpha$ -Smooth Muscle Actin (blue) antibodies (top), anti-CK7 (red) and anti-Galectin-3 (green) antibodies (middle) and anti-fumarylacetoacetate hydrolase (Fah, blue) and anti-CK7 (red) antibodies (bottom) were used for immunostaining. Nuclei were counterstained by DAPI (white). Scale bars; 1.0  $\mu$ m. (f) Individual immunofluorescent signal areas in (e) were quantified and shown as mean fluorescent signal areas, relative to control PCK littermates. Immunofluorescent images of control (n=4) and AAV9-BNP vector-treated (n=7,  $1.0 \times 10^{13}$  vg/kg) PCK rats were used. (g) Levels of Collagen type 1a1 (Col1a1), Fibronectin-1 (Fn1), Transforming growth factor- $\beta$  (Tgf $\beta$ ), Tissue inhibitor metalloprotease-1 (Timp1) and Desmin transcripts were determined by RT-PCR, corrected for Gapdh transcripts, and presented relative to those found in control littermates. Control (n=8) and AAV9-BNP vector-treated (n=6,  $1.0 \times 10^{13}$  vg/kg) PCK rats were used. \* $P < 0.05$ . (vs. PCK controls, by  $t$  test) Data represent the mean  $\pm$  SEM.



**Fig. 4. BNP treatment reduces proliferation and increases intracellular calcium in primary PKD epithelial cells**

(a) *In vitro* proliferation studies of normal (NRC) and cystic (PCK) rat cholangiocytes derived from Sprague Dawley and PCK rats. Cells were treated with normal growth media (light grey/pink bars) or 270 nmol rat-BNP peptide-spiked media (green/orange bars), and assayed for relative proliferation 72 hours post plating (left panel). Intracellular calcium levels were determined in PCK rat-derived cholangiocytes cultured in media supplemented with (orange bar) and without (pink bar) 270nmol rat-BNP peptide, assayed by Fura-2 AM calcium quantification (right panel). Data represents a mean of 6 individual assays, each with 24 replicates  $\pm$  SEM. (b) Patient-derived noncystic, normal human renal epithelial cells (Non-PKD HRE), and ADPKD and ARPKD cystic human renal epithelial cells (ADPKD HRE, ARPKD HRE) were transduced with lentiviral vectors expressing control Green Fluorescent Protein (Lenti-GFP), or codon-optimized human BNP (Lenti-huBNP). GFP- and human BNP-expressing HRE cells were assayed for relative proliferative ability, 48–72 hours post-plating. Proliferation rates are expressed as relative to Lenti-GFP vector-treated control cells. Data represents a minimum mean of 3 individual assays, with a minimum of 20 replicates  $\pm$  SEM. \* $P < 0.05$ , \*\* $P < 0.01$ , and \*\*\* $P < 0.001$ , vs. Lenti-GFP by *t* test. (c) Levels of phosphorylated-extracellular-signal-regulated-kinase (PERK) protein were

determined by Western blotting using non-cystic and PKD-derived cystic HRE cells transduced with Lenti-GFP, or Lenti-huBNP. (d) Intracellular calcium levels were determined by Fura-2 AM calcium quantification assay. Data represents a mean of 6 individual assays, each with 24 replicates  $\pm$  SEM. (e) Intracellular calcium levels were quantified in the presence of ER-calcium channel inhibitors, 2-ABP (100  $\mu$ M) or JTV 519 (1  $\mu$ m), or vehicle. ADPKD HRE cells transduced with Lenti-GFP or Lenti-huBNP were used for the assay. Data points represent the mean of a minimum of 24 replicates  $\pm$  SEM. \* $P$  < 0.05 and \*\*\* $P$  < 0.001, vs. Lenti-GFP by  $t$  test.

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