



ORIGINAL RESEARCH COMMUNICATION

## Glutaredoxin-1 Deficiency Causes Fatty Liver and Dyslipidemia by Inhibiting Sirtuin-1

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### Abstract

**Aims:** Nonalcoholic fatty liver (NAFL) is a common liver disease associated with metabolic syndrome, obesity, and diabetes that is rising in prevalence worldwide. Various molecular perturbations of key regulators and enzymes in hepatic lipid metabolism cause NAFL. However, redox regulation through glutathione (GSH) adducts in NAFL remains largely elusive. Glutaredoxin-1 (Glx) is a small thioltransferase that removes protein GSH adducts without having direct antioxidant properties. The liver contains abundant Glx but its metabolic function is unknown.

**Results:** Here we report that normal diet-fed Glx-deficient mice (*Glx*<sup>-/-</sup>) spontaneously develop obesity, hyperlipidemia, and hepatic steatosis by 8 months of age. Adenoviral *Glx* repletion in the liver of *Glx*<sup>-/-</sup> mice corrected lipid metabolism. *Glx*<sup>-/-</sup> mice exhibited decreased sirtuin-1 (SirT1) activity that leads to hyperacetylation and activation of SREBP-1 and upregulation of key hepatic enzymes involved in lipid synthesis. We found that GSH adducts inhibited SirT1 activity in *Glx*<sup>-/-</sup> mice. Hepatic expression of nonoxidizable cysteine mutant SirT1 corrected hepatic lipids in *Glx*<sup>-/-</sup> mice. Wild-type mice fed high-fat diet develop metabolic syndrome, diabetes, and NAFL within several months. Glx deficiency accelerated high-fat-induced NAFL and progression to steatohepatitis, manifested by hepatic damage and inflammation.

**Innovation:** These data suggest an essential role of hepatic Glx in regulating SirT1, which controls protein glutathione adducts in the pathogenesis of hepatic steatosis.

**Conclusion:** We provide a novel redox-dependent mechanism for regulation of hepatic lipid metabolism, and propose that upregulation of hepatic Glx may be a beneficial strategy for NAFL. *Antioxid. Redox Signal.* 27, 313–327.

**Keywords:** glutathione, glutaredoxin, lipids, sirtuin

### Introduction

NONALCOHOLIC FATTY LIVER (NAFL) is the most common form of chronic liver disease affecting an increasing population worldwide. It represents a spectrum of liver pathology ranging from steatosis to inflammatory nonalcoholic steatohepatitis (NASH) with or without fibrosis (13). Clinically, NAFL is strongly associated with metabolic syndrome, obesity, type-2 diabetes, and dyslipidemia (2, 52, 53, 69).

Hepatic lipid accumulation (hepatic steatosis) is the initial step in the pathogenesis of NAFL, arising from an imbalance of anabolic and catabolic processes in lipid metabolism (21), including lipid uptake, *de novo* lipogenesis, excretion, and oxidation. These processes are under tight transcriptional control through well-characterized networks of transcription factors such as the sterol regulatory element-binding proteins (SREBPs) regulating *de novo* fatty acid and cholesterol biosynthesis, and peroxisome proliferator-activated

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### Innovation

Nonalcoholic fatty liver (NAFL) is a common liver disease associated with oxidative stress. However, the effects of oxidative post-translational modifications including protein glutathione (GSH) adducts on hepatic lipid metabolism are unknown. Ablation of glutaredoxin-1 (Glxr) increased protein GSH adducts, hepatic lipid synthesis, and steatosis in mouse liver. Sirtuin-1, an important metabolic regulator orchestrating hepatic lipid metabolism, was inactivated by GSH adducts and promoted fatty acid synthase expression. Overexpression of Glrx or a nonoxidizable Cys-mutant SirT1 *in vivo* normalized hepatic lipid synthesis. These data suggest that Glrx deficiency and oxidative inactivation of SirT1 play an important role in the pathogenesis of NAFL.

receptor gamma coactivator (PGC) 1 $\alpha$  controlling  $\beta$ -oxidation (25, 60, 63, 76).

An emerging paradigm in disease processes is signaling pathways modulated by reactive oxygen and nitrogen species. In the presence of oxidants, reactive cysteines of proteins form reversible modifications that regulate enzyme activity, localization, protein interactions, and stability (17, 32, 33). Owing to abundant intracellular glutathione (GSH), protein GSH adducts are a key modification (referred to as protein S-glutathionylation [Prot-SG]) that is reversed by the enzyme glutaredoxin-1 (Glxr). Although Glrx has reactive thiols, deficient mice exhibited no aggravated oxidative damage upon angiotensin II infusion, ischemia-reperfusion, or hyperoxia (7, 34). Recent studies have demonstrated that GSH adducts, controlled by Glrx, participate in various processes, including cellular growth, apoptosis, cytoskeletal regulation, angiogenesis, and inflammation (1, 3, 4, 51, 68, 74). Glrx is an abundant liver protein that affects numerous proteins, but in the context of hepatic metabolism, only a few are identified and functionally studied.

Sirtuin-1 (SirT1), an NAD<sup>+</sup>-dependent class III histone deacetylase, modulates key transcription factors orchestrating hepatic lipid metabolism (30, 57, 60). Activation of SirT1 improved NAFL and conversely hepatic SirT1 deficiency led to steatosis (56). Inhibition of SirT1 activity by reversible GSH adducts has recently been described by our group and was confirmed by other investigators (11, 67, 71, 77). Because NAFL (58) is associated with oxidative stress, increased protein GSH adducts may play an important role in the pathogenesis of steatotic livers.

We report here that Glrx knockout mice (*Glxr*<sup>-/-</sup>) fed normal diet (ND) develop spontaneous fatty liver and hyperlipidemia, suggesting mechanistic importance of Glrx in the development of NAFL. Furthermore, we demonstrate that inactivation of SirT1 by GSH adducts may be a major contributor to steatosis induced by Glrx deficiency.

### Results

#### *Glxr*<sup>-/-</sup> mice fed normal diet develop metabolic disorders

*Glxr*<sup>-/-</sup> mice fed ND became obese by 8 months of age compared with age-matched wild type (WT) mice. Body

weight (BW) and relative fat mass ratio increased significantly by about 20% in *Glxr*<sup>-/-</sup> mice (Fig. 1A and Supplementary Table S1; Supplementary Data are available online at [www.liebertpub.com/ars](http://www.liebertpub.com/ars)). Furthermore, *Glxr*<sup>-/-</sup> mice developed hyperlipidemia measured by total plasma triglycerides and cholesterol levels (Fig. 1B). Food intake was comparable between WT and *Glxr*<sup>-/-</sup> mice and thus is unlikely to cause increase in fat mass (Supplementary Table S1). Importantly, the lipoprotein profile of *Glxr*<sup>-/-</sup> mice at 8 months showed elevated levels of low- and very low-density lipoprotein (LDL/VLDL) cholesterol and unchanged high-density lipoprotein (HDL) (Fig. 1C), suggesting an altered hepatic lipid metabolism. Consistent with an increase in plasma lipoproteins, *Glxr*<sup>-/-</sup> mice exhibited significantly enlarged fatty liver at 8 months of age (Fig. 1D and Supplementary Table S1).

Plasma glucose and insulin levels at 8 months of age were similar between WT and *Glxr*<sup>-/-</sup> mice under fasting or fed conditions (Supplementary Table S1). *Glxr*<sup>-/-</sup> mice, however, did exhibit mild but significant glucose intolerance and insulin resistance measured by glucose and insulin tolerance tests (Supplementary Fig. S1), consistent with a prediabetic phenotype.

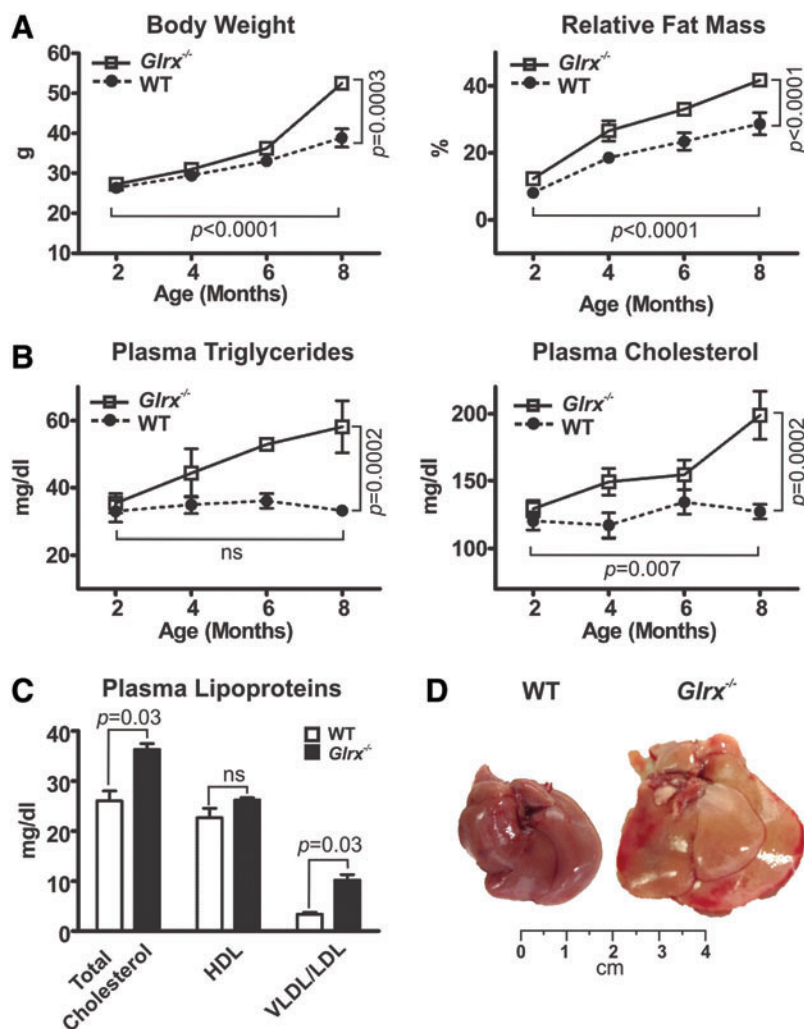
#### *Glxr*<sup>-/-</sup> mice fed ND develop NAFL disease

The hepatic lipid content of *Glxr*<sup>-/-</sup> mice at 8 months of age was significantly increased compared with WT littermate controls, as measured by Oil Red O and hematoxylin and eosin (H&E) staining of liver sections (Fig. 2A upper and middle rows) and quantification of extracted liver triglycerides and cholesterol (Fig. 2B). These data indicate a typical pathology of liver steatosis. Besides a mildly increased plasma alanine aminotransferase (ALT) activity, *Glxr*<sup>-/-</sup> mice showed no other signs of liver damage or inflammation, including changes in plasma aspartate aminotransferase (AST) activity and inflammatory cytokines (Fig. 2C, D and Supplementary Table S1). Liver proteins of *Glxr*<sup>-/-</sup> mice had significantly more GSH adducts (Fig. 2A lower rows, E and Supplementary Fig. S14) and reversible oxidation (Supplementary Fig. S2). Hepatic oxidized glutathione (GSSG) was below the detection limit by HPLC, and GSH levels in livers of *Glxr*<sup>-/-</sup> mice were comparable with those of WT (Supplementary Fig. S3). Taken together, these data suggest that increased reversible oxidative modifications of liver proteins because of the lack of Glrx may promote hepatic lipid accumulation and contribute to the pathogenesis of NAFL.

#### Hepatic Glrx regulates lipid metabolism and controls plasma lipid levels

To evaluate the ability of hepatic Glrx to maintain lipid homeostasis, adenovirus-mediated gene repletion (8, 43) of *Glxr* or *LacZ* (control) was employed in *Glxr*<sup>-/-</sup> mice with hepatic steatosis at 8 months of age. Ten days postadenovirus injection, Western blot analysis confirmed repletion of the liver with Glrx (Supplementary Fig. S4). Glrx expression in other tissues was unaffected by the adenovirus (Supplementary Fig. S4).

*Glxr*-replenished *Glxr*<sup>-/-</sup> mice had significantly decreased levels of GSH adducts (Fig. 3C lower rows) and reversibly oxidized proteins (Fig. 3B and Supplementary Fig. S14), consistent with reacquired Glrx function. Strikingly, *Glxr* repletion for 10 days markedly diminished liver mass



**FIG. 1. *Glrx*<sup>-/-</sup> mice fed normal diet develop metabolic disorders.** (A) Changes in body weight (*left*) and percentage of fat mass (*right*) in WT and *Glrx*<sup>-/-</sup> mice fed ND. The body fat mass was measured with noninvasive quantitative magnetic resonance (means  $\pm$  SEM,  $N = 8-10$ ). (B) Plasma triglycerides (*left*) and cholesterol (*right*) concentrations of WT and *Glrx*<sup>-/-</sup> mice fed ND (means  $\pm$  SEM,  $N = 8-10$ ). Two-way ANOVA for age and genotype was used to determine statistical significance. (C) Cholesterol content of plasma lipoproteins HDL and VLDL/LDL at 8 months of age (means  $\pm$  SEM,  $N = 8-10$ ). The nonparametric Mann-Whitney  $U$  test was used to determine statistical significance. (D) Representative pictures of livers from ND-fed WT and *Glrx*<sup>-/-</sup> mice at 8 months of age. ANOVA, analysis of variance; HDL, high-density lipoprotein; LDL, low-density lipoprotein; ND, normal diet; WT, wild type. To see this illustration in color, the reader is referred to the web version of this article at [www.liebertpub.com/ars](http://www.liebertpub.com/ars)

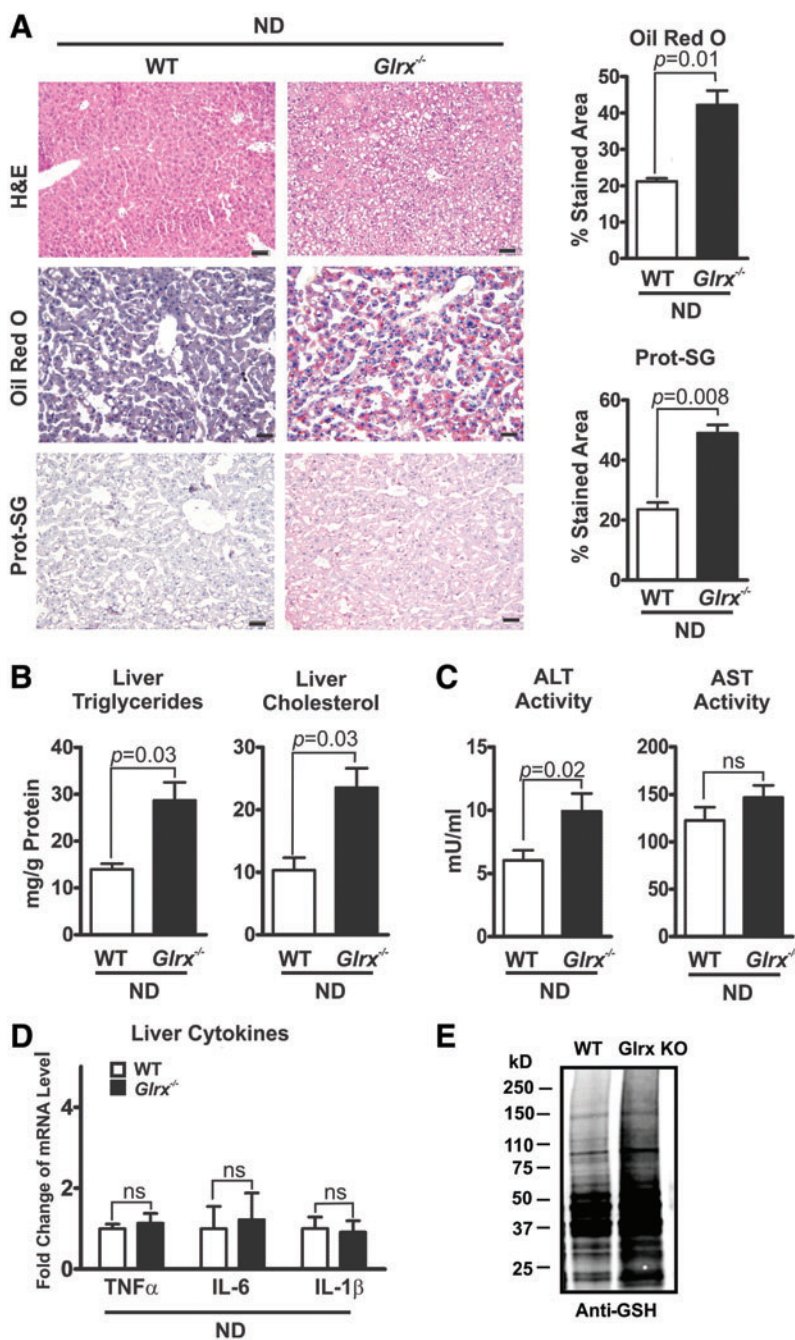
(Fig. 3A and Supplementary Fig. S5) and alleviated steatosis (Fig. 3C upper and middle panels, D) compared with *LacZ*-transduced mice. BW, however, remained unchanged (Supplementary Fig. S5). In addition, decreased plasma cholesterol level reflected the improved liver function in *Glrx*-replenished *Glrx*<sup>-/-</sup> mice (Fig. 3E). In summary, these data strongly support a critical role for hepatic Glrx in controlling liver and plasma lipids.

#### *Glrx* deficiency increases lipogenesis and cholesterol synthesis

Hepatic lipid metabolism is regulated by a delicate balance of anabolic and catabolic processes (9, 14, 21, 39, 40, 52, 70). Hence, we analyzed the expression of hepatic genes involved in lipid synthesis, uptake, degradation, and transport in WT

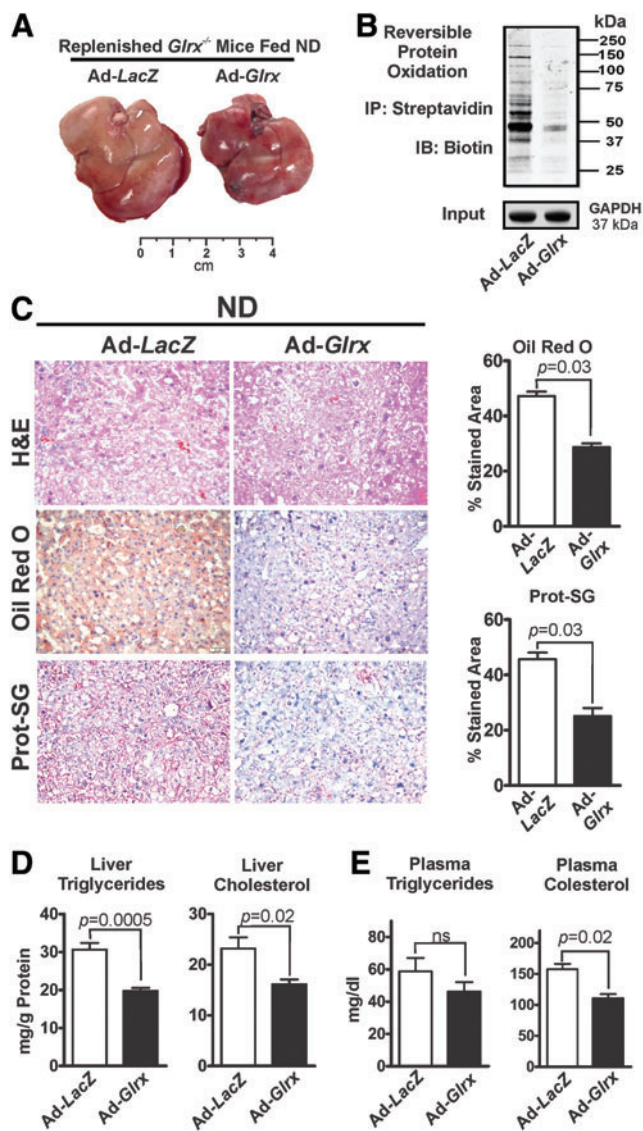
and *Glrx*<sup>-/-</sup> mice fed ND at 8 months of age. *Glrx*<sup>-/-</sup> mice expressed significantly higher levels of fatty acid metabolism genes, including sterol regulatory element-binding transcription factor 1 (*Srebf1*), fatty acid synthase (*Fasn*), stearoyl-CoA desaturase (*Scd1*), and fatty acid translocase/CD36 (*Cd36*) (Fig. 4A). Although expression of acetyl-CoA carboxylase (ACC)—the rate-limiting enzyme in fatty acid synthesis producing the precursor malonyl CoA—was unchanged, *Glrx*<sup>-/-</sup> mice had lower levels of active dephosphorylated ACC. Active phosphorylated AMPK, which is upstream of ACC and controls its phosphorylation, was downregulated in *Glrx*<sup>-/-</sup> mice consistent with increased fatty acid synthesis (Supplementary Fig. S6).

*Glrx*<sup>-/-</sup> mice also exhibited higher expression levels of genes related to cholesterol metabolism, including HMG-CoA reductase (*Hmgcr*), LDL-receptor (*Ldlr*), and sterol



**FIG. 2.** *Glrx*<sup>-/-</sup> mice fed normal diet develop nonalcoholic fatty liver. (A) Representative histological sections obtained from livers of WT (left column) and *Glrx*<sup>-/-</sup> mice at 8 months of age (right column) were stained with H&E (upper row), Oil Red O for lipids (middle row), and an antibody against protein GSH adducts (Prot-SG) (lower row). The Oil Red O-stained liver lipids and Prot-SG were quantified with the color deconvolution plugin in ImageJ ( $N=5$ /group). Scale bars denote 100  $\mu$ m. (B) Levels of liver triglycerides (left) and cholesterol (right) of WT and *Glrx*<sup>-/-</sup> mice (means  $\pm$  SEM,  $N=8-10$ ). (C) Plasma levels of AST and ALT in WT and *Glrx*<sup>-/-</sup> mice (means  $\pm$  SEM,  $N=8-10$ ). (D) Levels of the proinflammatory cytokines TNF $\alpha$ , IL-6, and IL-1 $\beta$  measured by RT-qPCR in livers of WT and *Glrx*<sup>-/-</sup> mice. (E) Representative Western blot of protein GSH adducts of WT and *Glrx*<sup>-/-</sup> mouse livers. GAPDH served as the lysate input control for immunoprecipitation (means  $\pm$  SEM,  $N=8-10$ ) (Supplementary Fig. S2). The nonparametric Mann-Whitney  $U$  test was used to determine statistical significance. The original Western blot is provided in Supplementary Figure S14. ALT, alanine aminotransferase; AST, aspartate aminotransferase; GSH, glutathione; H&E, hematoxylin and eosin; IL, interleukin; RT-qPCR, quantitative reverse transcriptase-polymerase chain reaction; TNF, tumor necrosis factor. To see this illustration in color, the reader is referred to the web version of this article at [www.liebertpub.com/ars](http://www.liebertpub.com/ars)





**FIG. 3. Glrx repletion in *Glrx*<sup>-/-</sup> mice normalizes hepatic lipid metabolism.** (A) Representative pictures of livers. (B) Representative biotin-switch assay of reversible cysteine oxidation in liver proteins of *Glrx*<sup>-/-</sup> and *Glrx*-replenished *Glrx*<sup>-/-</sup> mice fed ND. GAPDH served as the lysate input control. (C) Liver sections stained with H&E (upper row), Oil Red O for lipids (middle row), and an antibody against protein GSH adducts (Prot-SG; lower row) of ND-fed *Glrx*<sup>-/-</sup> and *Glrx*-replenished *Glrx*<sup>-/-</sup> mice, 10 days postadenovirus injection. Scale bars denote 100  $\mu$ m. The Oil Red O-stained liver lipids and protein GSH adducts were quantified by the color deconvolution plugin in ImageJ ( $N=4-5$ /group). (D) Levels of liver triglycerides (left) and cholesterol (right) and (E) plasma triglycerides (left) and cholesterol (right) levels of *Glrx*<sup>-/-</sup> and *Glrx*-replenished *Glrx*<sup>-/-</sup> mice fed ND, 10 days postadenovirus injection (means  $\pm$  SEM,  $N=4-5$ ). The nonparametric Mann-Whitney  $U$  test was used to determine statistical significance. The original Western blot is provided in Supplementary Figure S14. To see this illustration in color, the reader is referred to the web version of this article at [www.liebertpub.com/ars](http://www.liebertpub.com/ars)

regulatory element-binding transcription factor 2 (*Srebf2*) (Fig. 4A). The Cytochrome P-450 7A1 (*Cyp7a1*), which lowers cholesterol by catalysis of the rate-limiting step in bile acid biosynthesis, remained unchanged in *Glrx*<sup>-/-</sup> mice (Fig. 4A).

However, *Glrx*<sup>-/-</sup> mice exhibited no expression changes of genes involved in hepatic fatty acid oxidation, including the mitochondrial fatty acid transporter carnitine plamitoyl-transferase (*Cpt*) 1a, peroxisome proliferator-activated receptor alpha (*Ppara*), acyl-coenzyme A dehydrogenase for mitochondrial  $\beta$ -oxidation (*Acadm*), and cytochrome P450 (*Cyp*) 4a10 for peroxisomal  $\beta$ -oxidation (Supplementary Fig. S7). Thus, hepatic lipid accumulation in *Glrx*<sup>-/-</sup> mice is unlikely increased to result from decreased lipid oxidation, but rather from *de novo* biosynthesis.

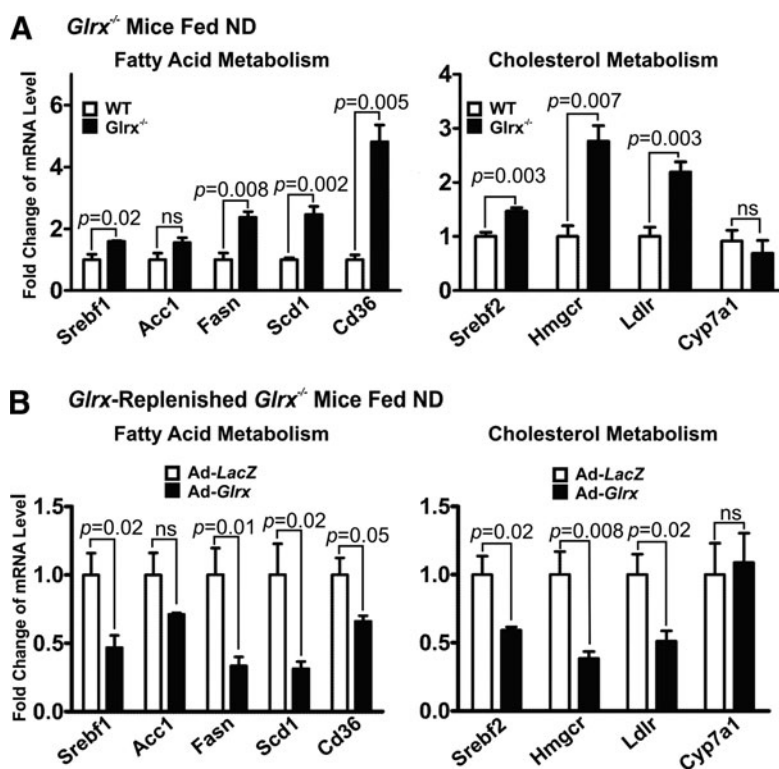
Expression of Glrx2—the mitochondrial Glrx isoform—and members of the thioredoxin system including thioredoxin (*Trx*) 1, 2 and thioredoxin-interacting protein (*Txnip*) (20) also remained unaltered in *Glrx*<sup>-/-</sup> mice (Supplementary Fig. S8) and likely did not contribute to the metabolic phenotype.

Consistent with our hypothesis that Glrx directly influences lipid metabolism, Glrx repletion consistently decreased the expression of all genes that were induced in the *Glrx*<sup>-/-</sup> mice livers (Fig. 4B), indicating a pivotal regulatory role of liver Glrx in lipid homeostasis.

#### *Glrx* deficiency induces hepatic steatosis through inhibition of SirT1 by reversible cysteine oxidation

SirT1, an NAD<sup>+</sup>-dependent class III histone deacetylase, has emerged as a central regulator of hepatic lipid metabolism (46, 60, 63, 67, 75), and we have recently described it can be modified by GSH adducts (67).

*Glrx* deficiency in mice markedly increased GSH adducts on hepatic SirT1 (Fig. 5A left panel and Supplementary Figs. 9A and S15), impairing the enzymes deacetylase activity (Fig. 5B left panel and Supplementary Fig. S16). Acetylation of p53 at lysine-379, a deacetylase substrate of SirT1 (30, 42, 48, 60, 72), was increased in livers of *Glrx*<sup>-/-</sup> mice, indicating the inhibition of SirT1 activity (Fig. 5C left panel and Supplementary Fig. S16). Consistent with this finding, *Glrx* deficiency in mice also increased acetylation of lysine-289 and 309 of SREBP1C, another SirT1 substrate that regulates transcription of fatty acid metabolism genes (60) (Supplementary Fig. S10A). Expression level of fatty acid synthase (FAS), which is a key enzyme in *de novo* lipogenesis and that is downregulated by active SirT1 via SREBP1C (60), was induced in livers of *Glrx*<sup>-/-</sup> mice (Fig. 5D left panel and Supplementary Fig. S17). Conversely, *Glrx*-replenished *Glrx*<sup>-/-</sup> mice showed decreased SirT1 GSH adducts (Fig. 5A right panel and Supplementary Figs. S9B and S15), increased SirT1 deacetylase activity (Fig. 5B right panel), decreased acetylated p53 (Fig. 5C right panel and Supplementary Fig. S16) and SREBP1C (Supplementary Fig. S10B), and diminished expression levels of FAS (Fig. 5D right panel and Supplementary Fig. S17). Of importance, neither *Glrx* gene deletion nor repletion altered hepatic SirT1 protein expression (Fig. 5B and Supplementary Fig. S15). Collectively, these data suggest that SirT1 is an important redox target of Glrx, and may mediate the effect of Glrx on lipid metabolism.



**FIG. 4. Liver lipid metabolism genes are upregulated in *Glrx*<sup>-/-</sup> mice and normalized by *Glrx* repletion.** Gene expression was measured 10 days postadenovirus injection by RT-qPCR analysis in livers of (A) WT and *Glrx*<sup>-/-</sup> mice, and (B) adenoviral *Glrx*-replenished *Glrx*<sup>-/-</sup> mice fed ND. Adenoviruses coding for *LacZ* as control or human *Glrx* for repletion were used. Genes involved in liver fatty acid metabolism include sterol regulatory element-binding transcription factor 1 (*Srebf1*), acetyl-CoA carboxylase (*Acc1*), fatty acid synthase (*Fasn*), acyl-CoA desaturase (*Scd1*), and the fatty acid transporter *Cd36*. Genes participating in liver cholesterol metabolism include the sterol regulatory element-binding transcription factor 2 (*Srebf2*), HMG-CoA reductase (*Hmgcr*), the LDL receptor (*Ldlr*), and cytochrome P-450 7A1 (*Cyp7a1*). Relative mRNA expression was standardized by  $\beta$ -actin and normalized to the control group (means  $\pm$  SEM,  $N=4-8$ ). The nonparametric Mann-Whitney  $U$  test was used to determine statistical significance.

#### *Glrx* deficiency accumulates lipids through increased reversible oxidation of SirT1 cysteines

Employing HepG2 cells, a well-established human hepatocellular *in vitro* model, we further investigated molecular mechanisms by which *Glrx* regulates hepatic lipid metabolism. High-palmitate and high-glucose (HPHG) treatment increases intracellular oxidants (67) and subsequent protein cysteine oxidation (Fig. 6A and Supplementary Figs. S18 and S19). siRNA-mediated *Glrx* ablation exacerbated this effect. Consistent with the high-fat diet (HFD)-fed mouse model, *Glrx* depletion and HPHG treatment further increased reversible cysteine oxidation of SirT1 and acetylated-p53 (Fig. 6B and Supplementary Figs. S18 and S19), indicative of SirT1 inhibition. Transcriptional regulation of FAS, which is a major regulator of lipogenesis and is suppressed by active SirT1 (60), was measured with the FAS-promoter luciferase reporter assay. FAS-promoter activity increased in response to HPHG treatment and *Glrx* ablation (Fig. 6C left panel), leading to higher FAS protein expression (Fig. 6C right panel and Supplementary Figs. S18 and S19) and accumulation of lipids—triglycerides and cholesterol—in HepG2 cells (Fig. 6E).

In previous work, we have created and characterized a nonoxidizable mutant SirT1 (Mut SirT1) (C61S+C318S+C613S), in which we replaced three essential cysteine resi-

dues by serine. Under oxidative and metabolic stress, mutant SirT1 maintains full activity and exhibits no reversible oxidative modifications (67). Overexpression of the mutant SirT1, as compared with WT, markedly attenuated lipid accumulation—triglycerides and cholesterol—in HepG2 cells under HPHG treatment and *Glrx* ablation (Fig. 6F). Adenoviral gene transfer of WT (Ad-*SirT1*), mutant SirT1 (Ad-*Mut SirT1*), or control (Ad-*LacZ*) into *Glrx*<sup>-/-</sup> mice at around 10 months of age (Supplementary Fig. S11D) was performed to compare the effects on lipid accumulation *in vivo*. Liver lipids (Supplementary Fig. S11A, B) and plasma cholesterol (Supplementary Fig. S11C) were significantly decreased in mutant SirT1-injected mice. Lipids in WT SirT1-injected mice also improved, but to a lesser degree, consistent with partial oxidative inhibition of WT SirT1. These data together indicate that *Glrx* through SirT1 also regulate liver lipid metabolism *in vivo*.

#### *Glrx* deficiency accelerates diet-induced NAFL

Our previous study (67) showed that HFD induced metabolic syndrome in mice and increased reversible cysteine oxidation of proteins in the liver. To determine whether elevated oxidative cysteine modifications caused by HFD can

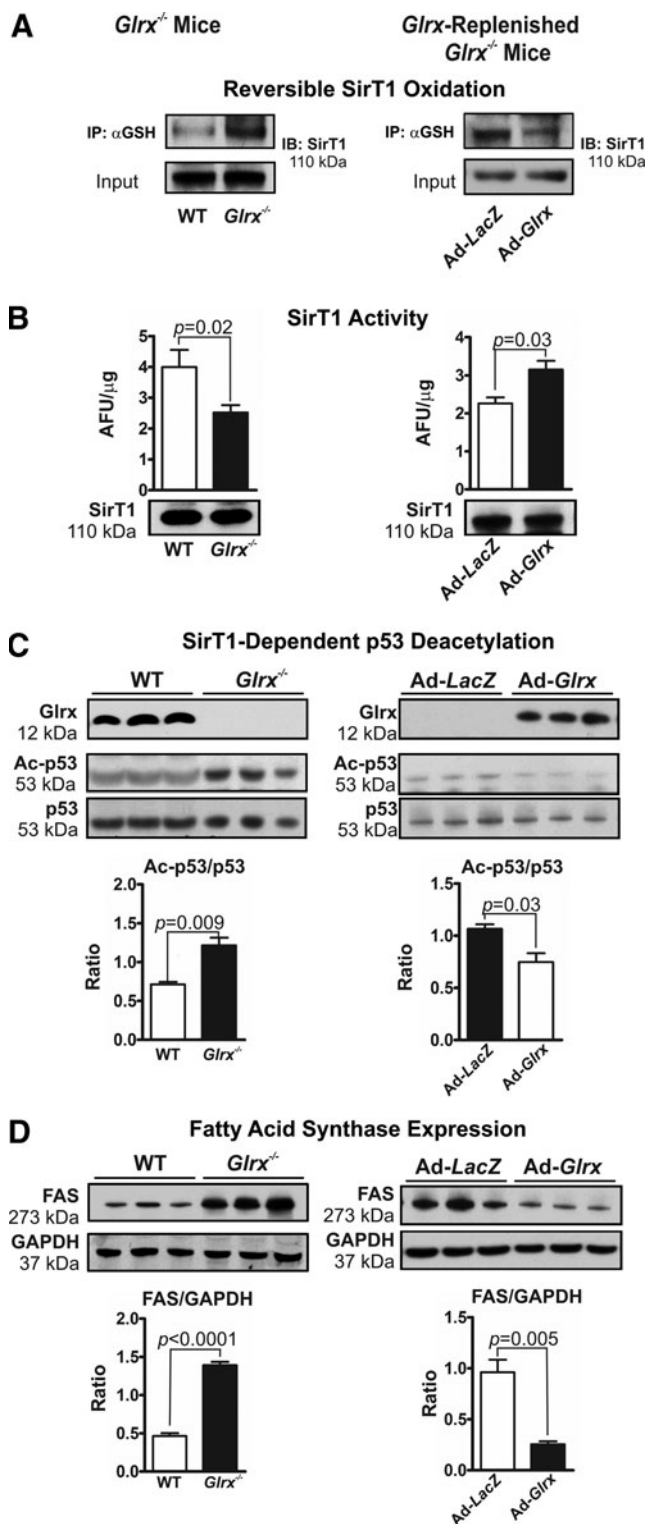
accelerate the pathogenesis of NAFL in *Glrx*<sup>-/-</sup> mice, 2 months old WT and *Glrx*<sup>-/-</sup> mice were fed HFD for 12 weeks (Supplementary Table S2). As expected, hepatic and plasma lipids (Fig. 7A–C) and reversible cysteine oxidation of hepatic proteins (Fig. 7D and Supplementary Figs. S18 and S19) were significantly increased in HFD-fed *Glrx*<sup>-/-</sup> mice.

In contrast to the *Glrx*<sup>-/-</sup> mice fed ND (Fig. 2), the plasma levels of ALT and AST (Fig. 7E and Supplementary Table S2)

as well as inflammatory cytokines were markedly induced (Fig. 7F). In addition, hepatocellular ballooning was observed (Fig. 7A right upper row), demonstrating an accelerated NAFL to NASH progression in HFD-fed *Glrx*<sup>-/-</sup> mice. To further investigate the effect of *Glrx* deficiency on fibrosis, liver sections were stained with Masson's trichrome, a marker of collagen deposition (Fig. 7A left lower row). Very mild hepatic fibrosis was detected with no significant difference between WT and *Glrx*<sup>-/-</sup> mice.

To investigate whether GSH adducts and *Glrx* level are related to NAFL, GSH adducts and *Glrx* expression levels were measured in liver biopsy sections. Patients diagnosed with hepatic steatosis (Supplementary Fig. S12) showed diminished *Glrx* protein expression and increased protein GSH adducts, although we need more samples to conclude significance in human liver.

Collectively, these data suggest that decreased *Glrx* level and accumulation of GSH adducts of hepatic proteins may contribute to the pathogenesis of NAFL, providing a rationale to increase *Glrx* expression in treating NAFL.



## Discussion

Our results define a novel role of *Glrx* and protein GSH adducts in regulating hepatic lipid homeostasis.

### Molecular mechanisms of NAFL

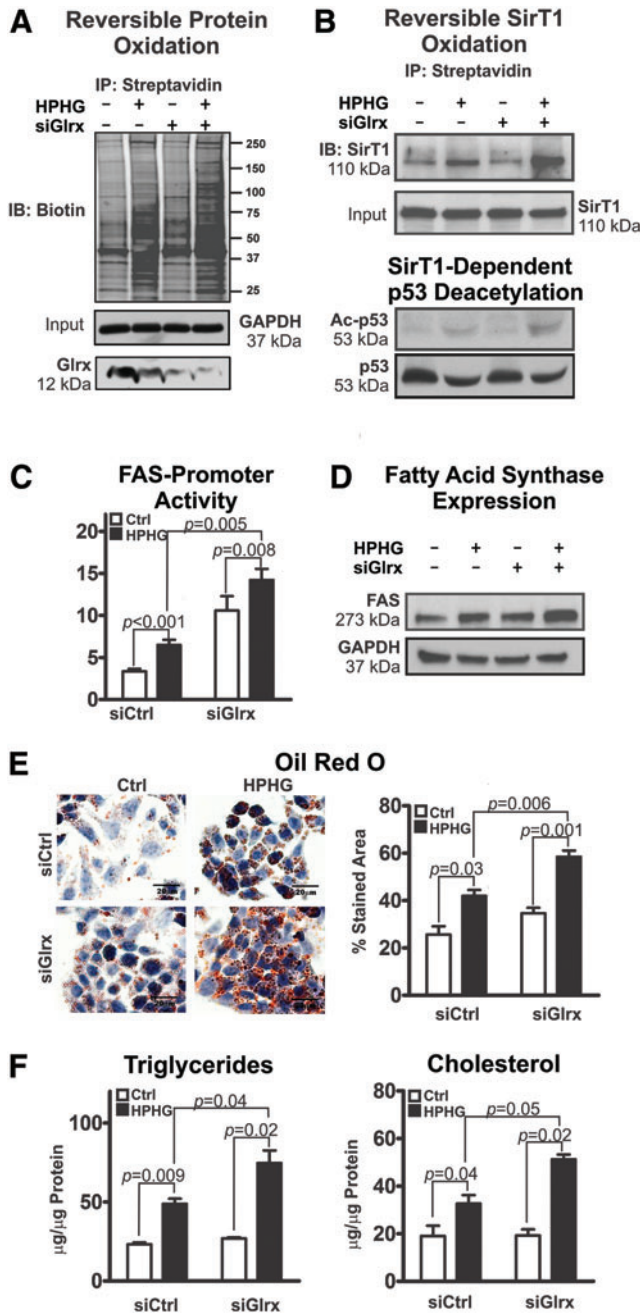
Various molecular mechanisms causing NAFL have been previously described (5). We investigated the pathogenesis-causing steatosis in *Glrx*<sup>-/-</sup> mice. Hepatic lipid content, including cholesterol and fatty acids, is controlled by a delicate balance between lipid uptake, synthesis, degradation, and excretion (18, 38, 41). In many cases, hepatic lipogenesis and cholesterol synthesis greatly contribute to liver steatosis (61). However, diminished mitochondrial lipid uptake by inhibition of the long chain fatty acid transporter *Cpt1a* (6) or attenuated hydrolysis of tryglycerides by adipose triglyceride lipase also causes hepatic steatosis (28, 29).

Perturbations in hepatic lipid metabolism, as demonstrated for *Glrx*<sup>-/-</sup> mice, can severely affect plasma lipids and is a risk factor for atherosclerosis and cardiovascular disease (2, 53, 69).

**FIG. 5. SirT1 is inhibited by reversible cysteine oxidation in *Glrx*<sup>-/-</sup> mice.** Livers of WT and *Glrx*<sup>-/-</sup> mice (left column) and *Glrx*-replenished *Glrx*<sup>-/-</sup> mice (8 months of age, right column) were used for the experiments as follows. (A) Reversible cysteine oxidation of endogenous SirT1 detected by the biotin-switch assay in liver proteins. (B) SirT1 activity measured with the Fluor-de-Lys assay in hepatic nuclear extracts. Equal SirT1 protein levels were present in nuclear extracts as measured by immunoblotting. (C) Western blot analysis of *Glrx*, total p53, and acetylated p53 (Ac-p53) as a marker of biological SirT1 deacetylase activity. The semiquantitative ratios of acetylated to total p53 were determined by densitometry with ImageJ. (D) Western blot analysis of fatty acid synthase expression (FAS). The semiquantitative ratios of FAS to GAPDH expression were determined by densitometry with ImageJ (means ± SEM, *N* = 3–5). The nonparametric Mann–Whitney *U* test was used to determine statistical significance. Original Western blots are provided in Supplementary Figure S15 through S17.



*Glx*<sup>-/-</sup> mice increased and liver-specific *Glx* gene depletion-corrected mRNA expression levels of all three rate-limiting enzymes: fatty acid synthase, acyl-CoA desaturase (monounsaturated fatty acids), and hydroxy-methylglutaryl-CoA reductase (cholesterol) (Fig. 4A, B). The transcription factors, SREBP 1c for fatty acids and SREBP 2 for cholesterol, respectively, regulate the expression of these enzymes. Both transcription factors are associated with NAFL (12, 18, 23, 50) and were upregulated in *Glx*<sup>-/-</sup> mice. Importantly, SirT1 also regulates SREBPs (56, 63, 75). Activation or overexpression of SirT1 can alleviate diet-induced NAFL (35, 46, 56) through downregulation of SREBP1 (56). Conversely, hepatocyte-specific deletion of SirT1 upregulated SREBPs, hydroxy-methylglutaryl-CoA reductase, fatty acid synthase, acyl-CoA desaturase, and induced weight gain and hepatic steatosis in mice (46, 73).



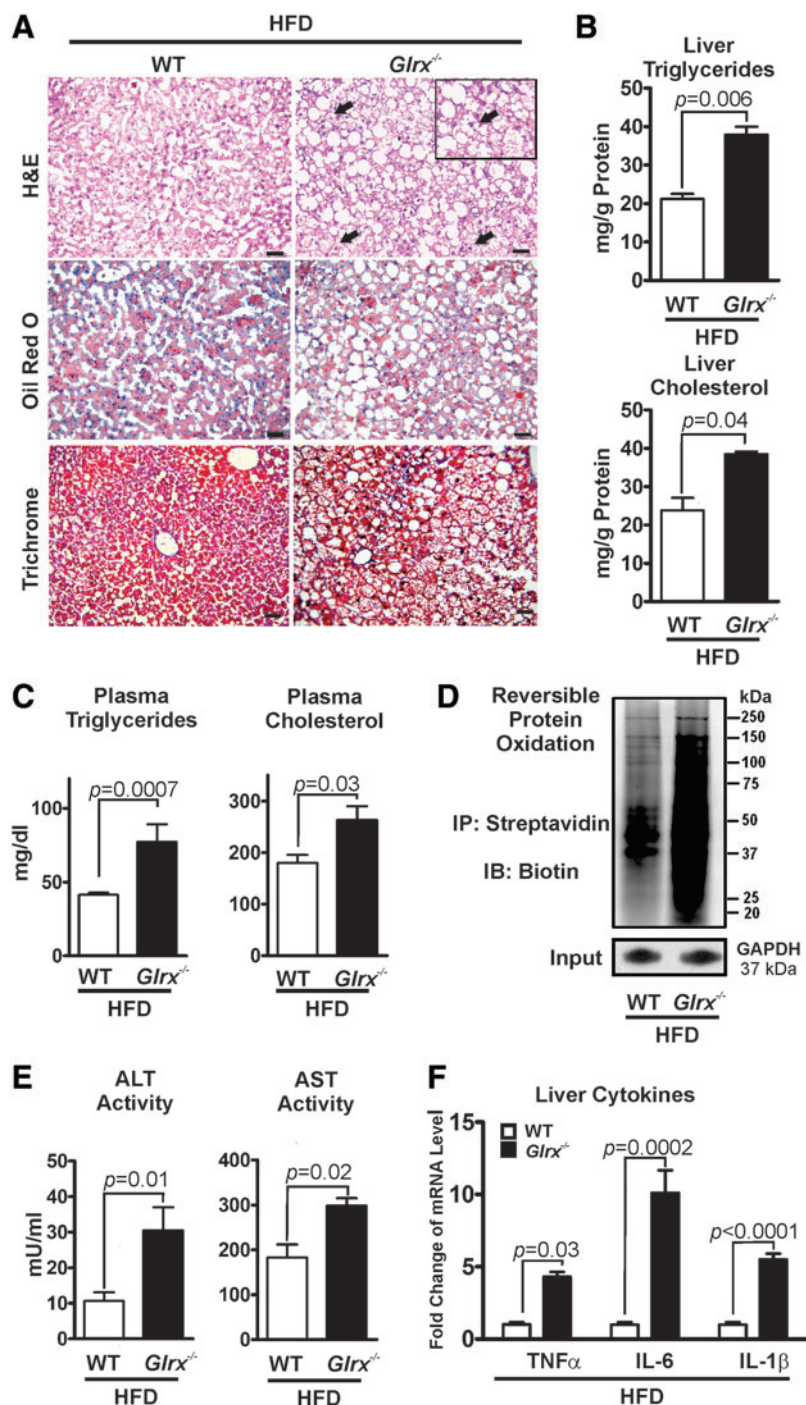
We have previously shown that metabolic or nitrosative stress increases SirT1 reversible oxidative modification, which inhibits its enzyme activity and promotes hepatocyte apoptosis (67). Consistent with these findings, here we demonstrated that *Glx* deficiency decreases SirT1 activity by GSH adducts and consequently increases acetylation of Srebp1 and expression of lipid synthesis genes, including *Fasn* and *Scd1* in the liver (Fig. 4A). Importantly, *Glx* gene depletion restored liver SirT1 activity, decreased Srebp1 acetylation, suppressed the downstream genes, and ameliorated the fatty liver phenotype (Figs. 3 and 4B). Meanwhile, metabolic pathways for degrading hepatic lipids including fatty acid  $\beta$ -oxidation (Supplementary Fig. S7) were unaltered at mRNA levels in *Glx*<sup>-/-</sup> mice.

Because plasma cholesterol was elevated in *Glx*<sup>-/-</sup> mice, we measured hepatic-free cholesterol (12, 49, 62) and expression of enzymes involved in the classic (cytoplasmic) or “alternative” (acidic) mitochondrial pathway of bile acid formation (27, 55). Expression of microsomal cholesterol 7 $\alpha$ -hydroxylase (*CYP7A1*) (27), the key enzyme of classic bile acid formation, was unchanged (Fig. 4). The alternative bile acid synthesis pathway in hepatocytes utilizes the mitochondrial transporter “steroidogenic acute regulatory protein” to transport cholesterol into mitochondria, which is then metabolized by cytochrome p450 sterol 27-hydroxylase (*CYP27*). Expression of both enzymes was unaltered. Thus, lipid uptake as shown by increased CD36 and LDL receptor expression and *de novo* cholesterol synthesis are likely to play a major role in *Glx*<sup>-/-</sup> mice.

**FIG. 6. *Glx* regulates lipid homeostasis in HepG2 cells.** HepG2 cells were cotransfected with either scrambled (siCtrl) or *Glx* siRNA (siGlx) for 48 h followed by 16 h of incubation in either standard culture medium or medium supplemented with high-palmitate high-glucose (HPHG). (A) Representative biotin-switch assay of reversible cysteine oxidation in cellular proteins. GAPDH served as the lysate input control. (B) Reversible cysteine oxidation of endogenous SirT1 detected by the biotin-switch assay and normalized for total SirT1 expression. Western blot analysis of total p53 and acetylated p53 (Ac-p53) was used as a marker for biological SirT1 deacetylase activity. Numbers under the Western blot indicate the fold change of the corresponding protein bands compared with control. (C) Regulation of FAS expression was measured by transfecting HepG2 cell with a fatty acid synthase (FAS) promoter-luciferase reporter (left). Western blot analysis of FAS expression in HepG2 cells (right). (D) Representative images of Oil Red O-stained HepG2 cells to visualize intracellular lipid accumulation as droplets (left). Scale bars denote 20  $\mu$ m. Intracellular lipids stained with Oil Red O were quantified with ImageJ using the color deconvolution plugin ( $n=5$ /group) (right). (E) Levels of intracellular triglycerides and cholesterol in HepG2 cells. (F) HepG2 cells were transiently transfected for 12 h with siGlx and 48 h with WT FLAG-SirT1 (SirT1), mutant FLAG-SirT1 (Mut SirT1), or empty pcDNA3.1 vector followed by 16 h HPHG treatment (means  $\pm$  SEM,  $N=3-5$ ). The nonparametric Mann-Whitney  $U$  test was used to determine statistical significance. Original Western blots are provided in Supplementary Figures S18 and S19. To see this illustration in color, the reader is referred to the web version of this article at [www.liebertpub.com/ars](http://www.liebertpub.com/ars)



**FIG. 7.** *Glrx*<sup>-/-</sup> mice fed a HFD show nonalcoholic steatohepatitis, which results from accelerated steatosis. (A) Representative sections from livers of WT (left column) and *Glrx*<sup>-/-</sup> mice (right column) fed a HFD for 3 months. Liver sections were stained with H&E (upper row), Oil Red O for lipids (middle row), and Masson's trichrome (lower row) for collagen. Ballooned hepatocytes are recognized as swollen hepatocytes with rarefied cytoplasm (black arrows). Scale bars denote 100  $\mu$ m. (B) Levels of hepatic triglycerides and cholesterol and (C) plasma triglycerides and cholesterol in WT and *Glrx*<sup>-/-</sup> mice fed HFD. (D) Representative biotin-switch assay of reversible cysteine oxidation in liver proteins of WT and *Glrx*<sup>-/-</sup> mice fed HFD. GAPDH served as the lysate input control for immunoprecipitation. (E) Plasma levels of AST and ALT and (F) gene expression levels of the proinflammatory cytokines TNF $\alpha$ , IL-6, and IL-1 $\beta$  in livers of WT and *Glrx*<sup>-/-</sup> mice fed HFD. Data are presented as means  $\pm$  SEM of *N*=8–10. The nonparametric Mann–Whitney *U* test was used to determine statistical significance. The original Western blot (WB for GAPDH lower right corner) is provided in Supplementary Figures S18 and S19. HFD, high-fat diet. To see this illustration in color, the reader is referred to the web version of this article at [www.liebertpub.com/ars](http://www.liebertpub.com/ars)



The glutaredoxin system may affect the thioredoxin system as demonstrated in *Escherichia coli*. Ablation of *Txnip* or Trx reductase-1 (*TrxR1*) in mice caused altered lipid metabolism (20, 36). However, gene expression of the thioredoxin system was unaltered in *Glrx*<sup>-/-</sup> mice. Furthermore, the mitochondrial isoform glutaredoxin-2, which is exclusively mitochondrial matrix localized (54) and controls iron-sulfur clusters (24) as well as mitochondrial protein GSH adducts (19), showed no changes in gene expression.

Upregulation of SirT1 deacetylase activity could mediate the beneficial metabolic effects of caloric restriction through

rising cosubstrate NAD<sup>+</sup> levels (47). Conversely, decreased SirT1 activity may not necessarily reflect changes of cellular NAD<sup>+</sup> concentration (22, 26). We also found that hepatic NAD<sup>+</sup> concentrations of *Glrx*<sup>-/-</sup> mice were similar to those of WT mice (Supplementary Fig. S13).

#### The two hit hypothesis

NAFL encompasses a spectrum of liver pathology that includes hepatic steatosis, inflammatory NASH, and fibrosis. The progression of NAFL is delineated by the “two-hit

hypothesis" (5, 15, 16). The "first hit" causes hepatic lipid accumulation and leaves stressed hepatocytes susceptible to injury. The "second hit" advances hepatic steatosis to NASH by induction of inflammation and oxidative stress, causing hepatocyte damage and death (10, 56, 59, 66). NASH can occur with or without fibrosis and then progress to end-stage liver disease, cirrhosis, and hepatocellular carcinoma (13). Damaged hepatocytes release specific enzymes such as ALT and AST into the blood. Therefore, NASH diagnostics require measurement of plasma biomarkers, at times in combination with histological assessment of liver tissue.

In this study, we found that Glrx deficiency increases hepatic lipid content without causing damage to hepatocytes that otherwise would have resulted in inflammation and release of liver enzymes into the blood. Thus, Glrx deficiency results in a "first hit" causing hepatic steatosis and plasma dyslipidemia by SirT1-dependent upregulation of *de novo* fatty acid and cholesterol synthesis. We tested whether feeding a HFD for 3 months to *Glr<sup>x-/-</sup>* mice would aggravate NAFL as a "second hit." HFD-fed *Glr<sup>x-/-</sup>* mice exhibited signs of tissue damage, resulting in elevated plasma levels of ALT and AST, as well as hepatitis associated with increased inflammatory cytokines and hepatocellular ballooning (Fig. 7). Increased reversible oxidative modifications, mainly GSH adducts, coincided with HFD feeding and Glrx deficiency further augmented them. Thus, these experiments suggest that HFD in *Glr<sup>x-/-</sup>* mice aggravates NAFL to NASH by causing a greater increase in GSH adducts induced by metabolic stress compared with HFD-fed WT mice (Fig. 7), which may further impair SirT1 function.

Furthermore, increased mitochondrial cholesterol can promote inflammation by mitochondrial GSH depletion and sensitize tumor necrosis factor and FAS signaling (44). *Glr<sup>x-/-</sup>* mice fed HFD, in particular, may have increased mitochondrial cholesterol levels and thus show increased inflammation and progression to NASH.

#### Role of Glrx in liver

Our studies used global *Glr<sup>x-/-</sup>* mice, therefore, *Glr<sup>x</sup>* ablation in other tissues was a concern. Using an adenovirus transgene coding for *Glr<sup>x</sup>*, we selectively replenished the liver of *Glr<sup>x-/-</sup>* mice to test whether hepatic Glrx deficiency directly caused steatosis. Surprisingly, replenished Glrx expression nearly normalized liver weight, hepatic lipids, and plasma lipid content after only 10 days. Thus, hepatic Glrx deficiency, and no other systemic metabolic abnormality, causes steatosis. Furthermore, liver biopsies from patients diagnosed with NAFL showed first evidence of decreased Glrx expression and increased protein GSH adducts. This finding is supported by a previous study of Piemonte *et al.* that observed increased protein GSH adducts in children with NAFL using the same monoclonal antibody (58). Glrx in other tissues such as adipose tissue, however, may also have effects on metabolism and requires further investigation.

Conversely, overexpression of Glrx protected the heart from diabetic complications (44) and preserved function of high-glucose exposed cells (45). Glrx also improves insulin secretion of beta cells (65). Thus, overexpression or activation of liver Glrx could be a strategy to normalize hepatic and plasma lipid metabolism.

In conclusion, our findings indicate that reversible thiol modification in the liver is a major mechanism of lipid metabolism and the development of NAFL. Hepatic Glrx controls lipid homeostasis by regulating protein GSH adducts and specifically those on SirT1, which regulate its activity and downstream lipid regulators. Our results assign a novel role for Glrx and Glrx-mediated regulation of reversible thiol modifications in lipid homeostasis and protection from hepatic steatosis. This provides a new clue into the molecular mechanisms underlying NAFL and opens the possibility for new modes of therapy.

#### Materials and Methods

##### Reagents, materials, and antibodies

*N*-(biotinyl)-*N'*-iodoacetyl ethylenediamine (BIAM, B-1591), Zeba™ spin desalting columns (40K MWCO, 87767), Lipofectamine™, and cell culture media were obtained from Life Technologies (Grand Island, NY). Anti-SirT1 mouse monoclonal antibody (ab110304) was from Abcam (Cambridge, MA) 1:5000 dilution for Western blot. Antiacetylated p53 (K382) rabbit polyclonal (#2525), antiacetylated p53 (K379) rabbit polyclonal (#2570), and antibiotin HRP-linked goat antibody (#7075) were from Cell Signaling (Danvers, MA), 1:1000 dilution for Western blot. Antitotal p53 (sc-126) mouse monoclonal, anti-SREBP-1C (k-10 [rabbit polyclonal], 2A4 [mouse monoclonal], and H160 [rabbit polyclonal]) antibodies were from Santa Cruz (Dallas, TX), 1:1000 dilution for Western blot. Anti-Glr<sup>x</sup> rabbit polyclonal antibody was custom ordered by Bethyl Laboratories (Montgomery, TX), 1:1000 dilution for Western blot. Anti-GSH mouse monoclonal antibody (101-A-100) was from Virogen, 1:200 dilution for immunostaining. For details on antibodies and working dilutions please refer to Supplementary Table S3. The luciferase assay kit was obtained from Promega (Madison, WI). Fluor-de-Lys™ SirT1 activity assay was from Enzo Life Sciences (Farmingdale, NY). Polyvinylidene fluoride membrane, polyacrylamide electrophoresis gels, and other reagents for immunoblotting were obtained from Bio-Rad (Hercules, CA). Western blots were corrected for brightness and contrast. The "Precision Plus Protein Standards—All Blue" were used as molecular mass maker for sodium dodecyl sulfate–polyacrylamide gel electrophoresis (SDS-PAGE) (Cat #161-0373; Bio-Rad, Hercules, CA). Western blots were either developed using ECL or the Odyssey infrared scanner (LI-Cor, NE) equipped with two IR channels—700 and 800 nm—as previously published (67). The 700 nm channels visualized the molecular mass marker that was superimposed over the 800 nm channel. Both channels are provided as supplemental information.

##### Experimental animals

*Glr<sup>x-/-</sup>* mice were originally generated by Dr. Y.S. Ho (Wayne State University, Detroit, MI) (18), and backcrossed to C57BL/6NJ background in Dr. Janssen-Heininger's laboratory (University of Vermont). Male mice were used for all experiments. The mouse colony has been maintained in the animal facility at Boston University Medical Campus. For metabolic characterization, *Glr<sup>x-/-</sup>* mice and WT littermates were fed ND (4.5% fat, 0.02% cholesterol by weight).

To investigate the effects of metabolic stress, a cohort of 2 months old *Glr<sup>x-/-</sup>* mice and WT littermates were fed a HFD

(21% fat representing 42% calories, 34% sucrose, and 0.2% cholesterol, TD.88137; Harlan, South Easton, MA) for 3 months. Mice were housed in rooms with 12 h light–dark cycle and in groups of 3–4 whenever possible. The protocol was approved by the Institutional Animal Care and Use Committee at Boston University School of Medicine.

#### Metabolic phenotyping

The mouse body composition including fat mass, lean tissue mass, free water, and total body water was assessed with noninvasive quantitative magnetic resonance in an EchoMRI700 instrument. Values are expressed as a percentage of BW. All studies were performed at the Boston University Metabolic Phenotyping Core.

Homogenization and protein extraction from liver tissue—homogenization and extraction of individual liver pieces were carried out in NP-40 lysis buffer containing 50 mM Tris, 150 mM NaCl, 1 mM EDTA, and protease inhibitor cocktail (Roche Applied Science) at pH 7.4.

#### Cell culture and treatments

HepG2 cells (ATCC, Manassas, VA) were maintained in DMEM containing 10% FBS and penicillin/streptomycin (Gibco, Grand Island, NY). Transfected cells were treated with control medium containing 5 mM glucose and 0.67% bovine serum albumin (BSA, fatty acid free; Sigma-Aldrich St. Louis, MO) or medium in HPHG (25 mM glucose, 0.4 mM palmitic acid, and 0.67% BSA) for 16 h.

Glrx knockdown in HepG2 cells was achieved using on-target plus siRNA (Dharmacon, Lafayette, CO).

ShRNA lentiviral vector against human SirT1 (RHS4533-EG23411, Dharmacon, Lafayette, CO) was packed into lentiviral particles following manufacturers protocol. In brief, 293T cells were transfected with pLKO-shSirT1 or scrambled control pLKO-pGL2 together with the packaging plasmids encoding  $\Delta$ 8.9 and VSV-G. Supernatants containing lentiviral shRNA against SirT1 were collected 48 h post-transfection. HepG2 cells were incubated with collected medium containing lentiviral particles coding for shSirT1. A stable SirT1 knockdown HepG2 cell line was generated by selection with puromycin (2  $\mu$ g/ml).

#### Fasn-promoter luciferase reporter

The luciferase reporter vector containing the promoter region of the human Fasn gene was obtained from Addgene (#8890) (Cambridge, MA). Luciferase activity was measured 24–48 h post-transfection in HepG2 cells according to the manufacturer's protocol using a TECAN Infinite M1000 Pro Microplate Reader (TECAN, San Jose, CA).

#### SirT1 activity measurement

SirT1 activity was tested by Fluor-de-Lys assay. Then 90  $\mu$ l of 30  $\mu$ g of nuclear extraction from mouse liver was incubated with 100  $\mu$ M acetylated p53 peptide (Arg-His-Lys-Lys[Ac]-AMC) for 30 min at 37°C with 100  $\mu$ M NAD<sup>+</sup> in activity assay buffer (50 mM Tris-HCl, 137 mM NaCl, 2.7 mM KCl, 1 mM MgCl<sub>2</sub>, pH 8.0). Then 100  $\mu$ l of 1 mg/ml concentrated trypsin solution was added to release the AMC fluorophore, which allows quantification of the amount of substrate deacetylated by SirT1. The fluorescence intensity

was recorded over 60 min using a Fluoroscan Ascent microplate reader (Thermo Fisher, Cambridge, MA) with excitation set to 375 nm and emission to 460 nm.

#### Biotin-switch assay for labeling of reversibly oxidized cysteines

Labeling with *N*-(biotinoyl)-*N'*-iodoacetyl ethylenediamine was used in a biotin-switch assay to detect reversibly oxidized cysteines. Cells were lysed in lysis buffer containing 100 mM maleimide. Excess maleimide was removed by passing the lysates over Zeba spin columns. Lysates were incubated with 5 mM DTT for 1 h and reduced cysteines were labeled with 1 mM *N*-(biotinoyl)-*N'*-iodoacetyl ethylenediamine for 1 h. Streptavidin beads were added into the lysates and beads were boiled in 30  $\mu$ l of 2 $\times$ reducing Laemmli buffer and loaded on an SDS Tris-glycine gel. SirT1 was detected by immunoblotting with a total SirT1 antibody (Santa Cruz). Reversible cysteine modifications were detected by antibiotin antibody (Cell signaling).

#### Liver histology and analysis

For H&E staining, liver tissue was fixed in 4% phosphate-buffered formalin, embedded in paraffin, and cut into 5  $\mu$ m sections. For Oil Red O staining, livers were embedded in optimal cutting temperature compound, cut into 5  $\mu$ m cryosections, and stained with Oil Red O. Slides were mounted with aqueous mountant. For Masson's trichrome staining, 5  $\mu$ m liver sections were stained to assess the hepatic collagen deposition (fibrosis). For immunostaining of Glrx, liver tissue was fixed in 4% phosphate-buffered formalin, embedded in paraffin, and cut into 5  $\mu$ m sections. GSH adducts staining method of liver sections was also performed as previously described (31, 67).

#### Tissue and plasma biochemical measurements

Three hundred microliters of liver homogenate was extracted with 5 ml of chloroform–methanol (2:1) and 0.5 ml of 0.1% sulfuric acid (55). An aliquot of the organic phase was collected, dried under nitrogen, and resuspended in 2% Triton X-100. Hepatic triglycerides and cholesterol and plasma triglycerides were measured using the infinity triglycerides and total cholesterol reagent kit (TR13421, TR-22421) (Thermo Fisher). Hepatic lipid contents were normalized for differences in protein concentration. Plasma HDL, LDL/VLDL cholesterol was measured using HDL and LDL/VLDL cholesterol assay kit (ab65390) (Abcam). Plasma alanine (ALT) and AST were detected using ALT and AST activity assay kits (K752, K753) (BioVision, San Francisco, CA). NAD NAD<sup>+</sup>/NADH ratio in tissues was measured using an assay kit (ab65348) (Abcam) according to the manufacturer's instructions. Tissue GSH and GSSG levels were measured using a modified HPLC-based method as established by Reed *et al.* (37, 64).

#### Quantitative reverse transcriptase–polymerase chain reaction

Total RNA was isolated from tissues or cells using TRIzol™ reagent and cDNA generated utilizing High Capacity RNA-to-cDNA kit. Quantitative PCR was conducted using inventory gene-specific TaqMan™ primers (Life Technologies): *Fasn* (Mm00662319\_m1), *Acc1* (Mm01304257\_m1),

*Scd1* (Mm00772290\_m1), *Srebfl* (Mm00550338\_m1), *Cd36* (Mm01135198\_m1), *Hmgcr* (Mm01282499\_m1), *Srebfl2* (Mm01306292\_m1), *Ldlr* (Mm01177349\_m1), *Cyp7a1* (Mm00484150\_m1), *Cpt1a* (Mm01231183\_m1), *Acadm* (Mm01323360\_g1), *Ppara* (Mm00440939\_m1), *Cyp4a10* (Mm01188913\_g1), *Tnfa* (Mm00443258\_m1), *Il1b* (Mm00434228\_m1), *Il6* (Mm00446190\_m1), *Glrx* (Mm00728386\_m1), *Trx-1* (Mm00726847\_s1), *Trx-2* (Mm00444931\_m1), *Txnip* (Mm01265659\_g1), *Glrx-2* (Mm00469836\_m1), and *Actb* (Mm00607939\_s1) (Supplementary Table S4). Expression was obtained and analyzed using comparative Ct ( $\Delta\Delta CT$ ) with StepOne™ quantitative real-time PCR software (Applied Biosystems, Grand Island, NY), normalized to  $\beta$ -actin.

#### Liver biopsies

We conducted a pilot investigation aimed at determining reversible oxidative protein modifications in liver biopsies of patients with NAFL disease. The study population included two groups: normal liver histology and nonalcoholic hepatic steatosis, all obtained through the Boston University Biospecimen Archive Research Core (BARC). Each of the two groups consisted of three individual patient samples. A single pathologist with specialized training in liver histology reviewed all samples and confirmed the diagnoses in previously specified groups. The Boston University School of Medicine Institutional Review Board (IRB) reviewed the study protocol as “IRB exempt.” All patient studies were conducted in compliance with the principles of the “Declaration of Helsinki.”

#### Statistical analysis

Statistical analysis was performed using Prism 6.0 (GraphPad Software). Means were compared between two groups by the Mann–Whitney *U* test. Mann–Whitney *U* test with Dunn’s post-test, paired-test was used in small number animal experiments. Multiple comparisons were conducted with ANOVA. A *p* value of <0.05 was considered statistically significant.

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#### Author Disclosure Statement

No competing financial interests exist.

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#### Abbreviations Used

ACC = acetyl-CoA carboxylase  
 ALT = alanine aminotransferase  
 AST = aspartate aminotransferase  
 BSA = bovine serum albumin  
 Cd36 = fatty acid translocase/CD36  
 Cyp = cytochrome P-450  
 Cys = cysteine  
 FAS = fatty acid synthase  
 Glrx = glutaredoxin-1  
 GSH = glutathione  
 GSSG = oxidized glutathione  
 HDL = high-density lipoprotein  
 HPHG = high-palmitate high-glucose supplemented cell culture medium  
 HFD = high-fat diet  
 Hmgcr = 3-hydroxy-3-methyl-glutaryl-CoA reductase  
 H&E = hematoxylin and eosin  
 LacZ = beta-galactosidase  
 LDL = low-density lipoprotein  
 IL = interleukin  
 NAD = nicotinamide adenine dinucleotide  
 NAFL = nonalcoholic fatty liver  
 NASH = nonalcoholic steatohepatitis  
 ND = normal diet  
 p53 = tumor suppressor p53  
 RT-qPCR = quantitative reverse transcriptase polymerase chain reaction  
 Scd1 = stearyl-CoA desaturase  
 SirT1 = Sirtuin-1  
 TNF = tumor necrosis factor