

BMJ Open Positive percentages of urine morphine tests among methadone maintenance treatment clients with HIV/AIDS: a 12-month follow-up study in Guangdong Province, China

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ABSTRACT

Objective We aimed to assess the positive percentages of urine morphine tests and correlates among methadone maintenance treatment (MMT) clients with HIV/AIDS in Guangdong, China.

Setting Fourteen MMT clinics located in nine cities of Guangdong were chosen as study sites.

Participants In this study, we reviewed 293 clients with opioid dependence, who were HIV seropositive, 18 years or older, provided informed consent and had at least 10 records of urine morphine tests during the study period.

Primary and secondary outcome measures The positive percentages of urine morphine tests were calculated and underlying predictors were estimated.

Results The highest positive percentage (95.9%) was observed in the first month. After excluding the highest percentage in the first month, the average positive percentage was 40.9% for month 2 to month 12. Positive percentages of urine morphine tests that were <20%, 20–60% and >80% were 25.4%, 36.1% and 38.5% respectively. Lower percentages of continued heroin use were associated with being young (OR_{<30} = 0.31, 95% CI 0.12 to 0.78; OR_{31–} = 0.44, 95% CI 0.20 to 1.00), and financial sources depending on family or friends (OR = 0.55, 95% CI 0.32 to 0.93). Higher percentages of continued heroin use were associated with being unemployed (OR = 1.99, 95% CI 1.13 to 3.49) and poor MMT attendance (OR_{<20%} = 3.60, 95% CI 1.55 to 8.33; OR_{20%–} = 2.80, 95% CI 1.48 to 5.33).

Conclusions High positive percentages of urine morphine tests remain prevalent among MMT clients with HIV/AIDS in Guangdong. The present findings have implications for taking effective measures to facilitate attendance in order to decrease heroin use and ultimately improve the effectiveness among these sub-group MMT clients.

INTRODUCTION

In China, illicit drug use has increased dramatically since the 1980s.¹ Cumulatively, there were 2.95 million drug users registered by the end of 2014 and 480 000 new registrations in 2014 nationwide.² Although China has recently experienced a significant

Strengths and limitations of this study

- ▶ This is a long-term consecutive study specifically designed to examine concurrent heroin use among HIV-positive MMT clients in China.
- ▶ This study mainly focused on positive percentages of urine morphine tests among HIV-positive MMT clients in China.
- ▶ Self-reported data are subject to recall bias or deliberate concealment.
- ▶ China is experiencing a significant increase in the use of new drugs, but this study did not consider this.
- ▶ We only examined the percentages of heroin use during the first 12 months after receiving MMT due to the limited sample size and high dropout.

increase in the use of new-type drugs, heroin still remains the major illicit drug used.² The earliest HIV case was identified among intravenous drug users (IDUs) in Southern Yunnan province in 1989.³ The early spread of HIV epidemics in China was mainly attributed to intravenous drug use.⁴ As of 2013, 437 000 people were living with HIV/AIDS in China (including 263 000 people living with HIV and 174 000 with AIDS), accounting for 0.033% of the total population; and sentinel surveillance data showed the HIV/AIDS prevalence was 6.3% among IDUs.⁵

Globally, methadone maintenance treatment (MMT) is the most widely used pharmacological treatment for opioid dependence. China has operated an MMT programme as a national strategy to combat the joint threat of drug use and HIV/AIDS since 2004.⁶ For decades, the MMT programme has achieved crucial effectiveness not only in reducing heroin use⁷ but also in preventing the spread of HIV.^{8, 9} Meanwhile, studies have shown that MMT is



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beneficial in reducing drug-related criminal activities¹⁰ and drug-related mortality.¹¹ In addition, for HIV-positive individuals, MMT could facilitate adherence to antiretroviral therapy (ART).¹² By the end of April 2015, China had 767 MMT clinics in 28 provinces across the nation, serving nearly 190 000 clients.¹³

However, many clients did not completely abstain from heroin and exhibited continued heroin use while on MMT.^{14–17} Continued heroin use could lead to negative MMT treatment outcomes among clients.¹⁸ There is still a high mortality rate among people addicted to heroin, even those on MMT.¹⁹ Drug overdose remains the most common cause of death among MMT clients.²⁰ After a period of abstinence via MMT, heroin tolerance of clients decreases, thus overdose may become more prevalent.^{21 22} Individuals with HIV/AIDS are a special group among MMT clients. A meta-analysis showed that HIV seropositivity would increase the mortality risk of overdose.²³ In addition, continued heroin use would decrease the retention rate among MMT clients with HIV/AIDS.²⁴ Therefore, heroin use deserves more attention among MMT clients with HIV/AIDS. To date, limited data are available on heroin use among MMT clients with HIV/AIDS in China^{14 25} and data about the higher percentages of heroin use are even less. To fill this gap, this study examines the higher percentage of heroin use among MMT clients with HIV/AIDS in Guangdong.

METHODS

Ethics statement

The Institutional Review Board (IRB) of the School of Public Health (Sun Yat-sen University, Guangzhou, China) reviewed and approved the study protocol. All study participants were asked to provide written informed consent.

Study site and participants

Guangdong, located on the southern coast of China, is one of the most developed provinces. However, Guangdong also has some of the highest figures for drug users and people with HIV/AIDS: cumulatively it has 48 718 HIV-positive cases, ranking fifth among the provinces in China as of October 2014;²⁶ in addition, it has one-sixth of totally registered drug users in China.²⁷

This study was conducted in 14 MMT clinics located in nine cities of Guangdong (according to whether the 1-year retention rate is above or below 50%, the 61 MMT clinics were divided into two groups, and seven clinics were randomly selected from each group²⁸). We got permission and authorisation to use and retrieve some of the data for the selected MMT clinics from the Chinese National MMT programme data system. In this study, participants were eligible if they were (1) diagnosed with opioid dependence according to the International Classification of Diseases (10th revision); (2) 18 years or older; (3) tested to be HIV-positive at entry; (4) able to provide

informed consent; and (5) had at least 10 records of urine morphine tests.

In this study, 'dropout' was defined as a participant failing to continue MMT for 14 consecutive days.²⁸ Based on whether dropout happened before 12 months post MMT initiation, the study period could be classified into two categories: one was defined as the duration between enrolment and dropout, the other was defined as the duration between enrolment and the end of the first 12 months.

Measures

Self-reported risk behaviours

At admission, as well as at 6 and 12 months, each participant was requested to complete a questionnaire covering demographic characteristics, drug use history including injecting drugs and sharing needles/equipment, sexual activity history, and condom use status.

A client was regarded as having corresponding risk behaviours during the study period if he/she reported those behaviours either at the 6-month or 12-month interview (ie, drug use behaviours including injecting drugs and sharing needles/equipment; and risky sexual activities including multiple sexual partners, inconsistent condom use and sex trade for drugs).

Methadone maintenance doses and attendance

In China, to ensure MMT security, clients are forbidden to take methadone outside the clinic. Once enrolled in MMT, the clients must go to the clinic daily during consultation hours to take the prescribed doses of methadone under the supervision of clinic staff, and the daily doses and date are routinely recorded in the national unified MMT management system. The treatment cost is RMB 10 Yuan (US\$1.5) per day regardless of the client's intake doses and times.

The average maintenance dose was obtained via computing the mean daily prescribed dose (the first month's doses were excluded because during the first month the doctor adjusts the dose so that it is appropriate for the client; usually the starting dose is small, 20–40 mg per day, and it will gradually increase to the required amount).

The percentage of MMT attendance was calculated based on the proportion of days that a client actually received the doses over the study period.

Positive percentages of urine morphine tests during the study period

A positive urine morphine test generally means heroin use by the client within the last few days. Urine-based morphine tests were performed monthly on a random day during the study period.

As mentioned above, there exists an MMT dose adjustment stage for newly enrolled clients. During this stage, most clients often use opioids to adjust themselves to MMT. Therefore, the results of urine morphine tests in

the first month were excluded from calculation of heroin use and percentages in our study.

A client was recognised as a heroin user as long as any urine morphine test result was positive during the 12 months.

The percentage of heroin use was calculated based on the number of positive urine morphine tests and the total number of urine tests within 12 months.

Based on the urine morphine tests, the clients were grouped as 'urine morphine (+)' and 'urine morphine (-)'. Additionally, the positive percentages were grouped as <20%, 20–60% and >60% based on the data distribution.

HIV and urine morphine tests

Except for those who were already confirmed as HIV-positive prior to this study, each client was invited to receive HIV testing. HIV infection status was screened using an ELISA technique (Beijing BGI-GBI Biotech Co Ltd, Beijing, China). Positive blood specimens for HIV were confirmed using a Western blot assay (Abbott, MP Biomedicals, LLC, Singapore) by the local Centres for Disease Control (CDC). According to related national guidelines, pre-test and post-test counselling services were provided.

Random urine morphine status was screened using a Morphine Diagnostic Kit (Colloidal Gold) technique (ABON Biopharm Co Ltd, Hangzhou, China).

Statistical analysis

Statistical analyses were performed using SPSS 17.0 for Windows (SPSS Inc, Chicago, Illinois, USA). Categorical variables were described with percentages. Multivariate ordinal logistic regression analysis was conducted to predict higher percentages of heroin use from baseline information, including demographic data, drug use and multiple sex partners, as well as average maintenance dose and percentages of MMT attendance during the study period among the MMT clients with HIV/AIDS. Any $p < 0.05$ was considered to be statistically significant.

RESULTS

Study participants and demographic characteristics

Among the 293 participants, 16.0% were older than 40; 91.5% were men; 99.3% were ethnic Han (China's predominant ethnic group); 54.3% were never married; 21.8% just had elementary or lower education; 68.9% were unemployed; and 64.2% obtained financial sources from their family or friends (table 1).

Heroin use and multiple sexual partners at baseline

table 1 presents baseline information on heroin use. Of the participants, 77.8% had used heroin for more than 10 years; 59.4% of participants used heroin at least three times daily on average; the vast majority (98.6%) used powdered heroin and 99.0% ever administered drugs by injection. Among the IDUs, 56.6% ever shared intravenous needles. Only 13.7% never met the peer users. Of

these participants, 21.5% had had sexual activity with multiple sexual partners (table 1).

Average maintenance doses and attendance

Among all participants, 46.8% had received doses below 60 mL and the average maintenance dose was (67.5±28.7) mL.

In addition, MMT attendance of 10.6% of participants was less than 20% and in only 40.6% was it over 80% (table 1).

Positive percentages of urine morphine tests during the study period

Between 2006 and 2012, there were 3471 urine morphine tests performed and 1580 were positive (45.5%). The highest positive percentage was observed in the first month (95.9%), then it remained as high as between 39.3% and 53.6% for month 2 to month 12. After excluding the highest percentage in the first month, the average positive percentage was 40.9% for month 2 to month 12. The median positive percentage of urine morphine tests was 48.6% for 2006, 48.7% for 2007, 44.0% for 2008, 41.2% for 2009, 43.3% for 2010, 43.4% for 2011 and 22.5% for 2012 (table 2). Among the 268 urine morphine (+) clients, positive percentages of urine morphine tests that were <20%, 20–60% and >60% were 25.4%, 36.1% and 38.5% respectively (table 3).

After adjusting for potential confounding variables listed in the table, multiple ordinal logistic regression analysis indicated that a higher percentage of heroin use was independently associated with age, employment status, mainly financial sources and percentage of MMT attendance. Participants who were younger ($OR_{\leq 30} = 0.31$, 95% CI 0.2 to 0.78; $OR_{31-35} = 0.44$, 95% CI 0.20 to 1.00), and got money from family or friends ($OR = 0.55$, 95% CI 0.32 to 0.93) were more likely to be tested as having lower percentages of heroin use; and those who were unemployed ($OR = 1.99$, 95% CI 1.13 to 3.49) and had poor MMT attendance percentages ($OR_{<20} = 3.60$, 95% CI 1.55 to 8.33; $OR_{20-} = 2.80$, 95% CI 1.48 to 5.33) were more likely to have higher percentage of heroin use (table 4).

Self-reported high-risk behaviours during the study period

Among the clients who were urine morphine (+), 99.3% (266 of 268) and 88.1% (236 of 268) completed the 6-month and 12-month follow-up interviews respectively. Of the 266 clients who completed at least one follow-up interview, 62.8% ever used drugs, 85.0% used intravenous drugs, and 25.4% ever shared intravenous needles; 63.2% were sexually active, 29.2% had sex with multiple sexual partners and 43.5% never used a condom during sexual intercourse. Also, 14.5% traded sex for drugs (table 5).

DISCUSSION

Heroin use among MMT clients has been reported substantially worldwide.^{15 16} HIV-positive drug users are a unique subgroup for playing a 'dual bridge' role in HIV transmission. This study is an extension of our previous

Table 1 Characteristics of the participants (n=293)

Characteristics	Urine morphine(-) (n=25)	Urine morphine (+) (n=268)	Total (n=293)
	No. (%*)	No. (%*)	No. (%†)
Age at baseline (years)			
≤30	5 (7.5)	62 (92.5)	67 (22.9)
31–	9 (10.1)	80 (89.9)	89 (30.4)
36–	7 (7.8)	83 (92.2)	90 (30.7)
≥41	4 (8.5)	43 (91.5)	47 (16.0)
Gender			
Male	25 (9.3)	243 (90.7)	268 (91.5)
Female	0 (0)	25 (100.0)	25 (8.5)
Ethnic			
Han	25 (8.6)	266 (91.4)	291 (99.3)
Others	0 (0)	2 (100.0)	2 (0.7)
Marital status at baseline			
Never married	17 (10.7)	142 (89.3)	159 (54.3)
Married currently	5 (5.2)	92 (94.8)	97 (33.1)
Others	3 (8.1)	34 (91.9)	37 (12.6)
Education level			
Elementary or lower	1 (1.6)	63 (98.4)	64 (21.8)
Junior high school	18 (9.4)	174 (90.6)	192 (65.5)
Senior high school or higher	6 (16.2)	31 (83.8)	37 (12.6)
Employed status at baseline			
Unemployed	16 (7.9)	186 (92.1)	202 (68.9)
Employed	9 (9.9)	82 (90.1)	91 (31.1)
Mainly financial sources at baseline			
Family or friends	19 (10.1)	169 (89.9)	188 (64.2)
Others	6 (5.7)	99 (94.3)	105 (35.8)
Duration of drug use (years)			
≤10	3 (4.6)	62 (95.4)	65 (22.2)
11–15	12 (9.2)	118 (90.8)	130 (44.4)
≥16	10 (10.2)	88 (89.8)	98 (33.4)
Type of drug use at baseline			
Heroin	25 (8.7)	264 (91.3)	289 (98.6)
Others	0 (0)	4 (100.0)	4 (1.4)
Intravenous drug use at baseline			
Yes	25 (8.6)	265 (91.4)	290 (99.0)
No	0 (0)	3 (100.0)	3 (1.0)
Shared needles to inject drugs at baseline			
Yes	11 (6.7)	153 (93.3)	164 (56.6)
No	14 (11.1)	112 (88.9)	126 (43.4)
Average times of drug use per day at baseline			
≤2	10 (8.4)	109 (91.6)	119 (40.6)
≥3	15 (8.6)	159 (91.4)	174 (59.4)
Multiple Sex partners at baseline			
Yes	4 (6.3)	59 (93.7)	63 (21.5)

Continued

Table 1 Continued

Characteristics	Urine morphine(-) (n=25)	Urine morphine (+) (n=268)	Total (n=293)
	No. (%)*	No. (%)*	No. (%†)
No	21 (9.1)	209 (90.9)	230 (78.5)
Average maintenance doses (mL/day)			
≥60	18 (11.5)	138 (88.5)	156 (53.2)
<60	7 (5.1)	130 (94.9)	137 (46.8)
Percentages of MMT attendance (%)			
<20	1 (3.2)	30 (96.8)	31 (10.6)
20–	4 (6.1)	62 (93.9)	66 (22.5)
50–	4 (5.2)	73 (94.8)	77 (26.3)
≥80%	16 (13.4)	103 (86.6)	119 (40.6)

*Calculated by row.

†Calculated by column.

study.²⁵ Our results were based on random, long-term and consecutive urine tests, which were blind to clients in case those who continued to use heroin deliberately avoided test times.

The findings from the current analysis revealed that 91.5% of participants had used heroin at least once during the study period, which was higher than that (75%) of general MMT clients reported by our prior study.²⁵ The findings also showed that 14.2% almost always used heroin. Given that continued heroin use might lead to adverse health outcomes^{20 23} and high dropout rate²⁴ among MMT clients with HIV/AIDS, targeted interventions and control programmes are urgently needed for this subgroup.

Compared with the young participants, older clients showed greater likelihood of continued heroin use. Many older clients had turned from clinical latency stage to AIDS stage and they may experience more pain and psychological symptoms.^{29 30} Studies have shown that depressive symptoms are common among people with HIV infection.^{31 32} However, for MMT clients, improvements in depressive symptoms and the physical domain of QOL (quality of life) among HIV-positive heroin users were poorer than in those without HIV infection.³³ Also, most of them had lost the courage and confidence to live on. Culturally, stigma and discrimination towards drug use and HIV/AIDS might seriously impede MMT attendance.³⁴ In addition, inappropriate perceptions of MMT should not be neglected.³⁵

Previous research has documented that clients who were employed were more likely to use heroin during the treatment period.³⁶ In contrast, we found that the unemployed had more likelihood with concurrent heroin use. This was possibly due to the unemployed lacking social support and having more time to communicate with former drug-taking peers. There was a big difference between the employed and the unemployed not only in terms of sociodemographic factors but

also family ties, which in turn influenced concurrent heroin use.^{25 37}

Generally, high drug costs generally meant drug users could not afford to buy them. In our study, the clients whose financial sources depended on family or friends were less likely to use heroin. Money from family or friends is meant to support basic living and is not enough to cover drug expenditure. Furthermore, drug use and MMT is regarded as a family issue in China, and support of family or friends might potentially encourage treatment participation and compliance.^{25 37}

There has been controversy over whether higher methadone doses could decrease heroin use among MMT clients. Studies showed an appropriate MMT dose is the most effective in suppressing heroin use during treatment.^{18 38} Further research also suggests that an adequate dose of methadone (eg, 80–120 mg/day) would significantly reduce heroin use among clients within the first two months of treatment and eventually either eliminate or significantly curtail drug use with time in treatment.^{39 40} However, other studies revealed there was no correlation between methadone dose and heroin use in treatment.^{41 42} The methadone dose was ≥60 mg/day as recommended by the US National Institutes of Health,⁴³ and should be higher for HIV-positive individuals.⁴⁴ We found that doses of 46.8% of participants were less than 60 mg/day and compared with those on higher doses, we did not find the clients on lower doses were more likely to use heroin. Given the small sample size and short-term observation, further research with large sample sizes and stratified doses is needed.

Without exception, treatment effectiveness relies on sufficient levels of medication adherence. MMT requires long-term or even life-long intake of methadone at an adequate dose on a daily basis.⁴⁵ We found that the lower attendance meant a higher percentage of heroin use. This was consistent with our prior study.²⁵ Clients who continued to use heroin attended MMT programmes

Table 2 Urine morphine test results at different entrant years and following months (n=293)

Year	Positive percentage of urine morphine tests by month (% , n/N)												Median (IQR)
	1	2	3	4	5	6	7	8	9	10	11	12	
2006	97.1 (34/35)	48.6 (17/35)	45.7 (16/35)	37.1 (13/35)	60.0 (21/35)	45.7 (16/35)	54.3 (19/35)	48.6 (17/35)	54.3 (19/35)	60.0 (21/35)	37.5 (12/32)	46.9 (15/32)	48.6 (45.7–58.6)
2007	92.3 (72/78)	55.1 (43/78)	50.0 (39/78)	43.6 (34/78)	47.4 (37/78)	51.3 (40/78)	50.0 (39/78)	42.3 (33/78)	50.0 (39/78)	46.2 (36/78)	44.4 (32/72)	44.3 (31/70)	48.7 (44.3–51.0)
2008	96.6 (56/58)	50.0 (29/58)	46.6 (27/58)	48.3 (28/58)	51.7 (30/58)	41.4 (24/58)	34.5 (20/58)	39.7 (23/58)	39.7 (23/58)	39.7 (23/58)	39.7 (23/58)	49.1 (28/57)	44.0 (39.7–49.8)
2009	97.7 (42/43)	62.8 (27/43)	41.9 (18/43)	41.9 (18/43)	58.1 (25/43)	39.5 (17/43)	44.2 (19/43)	27.9 (12/43)	37.2 (12/43)	37.2 (16/43)	40.5 (17/42)	31.7 (13/41)	41.2 (37.2–54.6)
2010	96.7 (29/30)	50.0 (15/30)	53.3 (16/30)	50.0 (15/30)	40.0 (12/30)	40.0 (12/30)	43.3 (13/30)	43.3 (13/30)	46.7 (14/30)	40.0 (12/30)	35.7 (10/28)	37.0 (10/27)	43.3 (40.0–50.0)
2011	100.0 (38/38)	55.3 (21/38)	47.4 (18/38)	42.1 (16/38)	39.5 (15/38)	42.1 (16/38)	57.9 (22/38)	44.7 (17/38)	44.7 (17/38)	42.1 (16/38)	36.4 (12/33)	41.9 (13/31)	43.4 (42.0–53.3)
2012	90.0 (10/11)	45.5 (5/11)	9.1 (1/11)	9.1 (1/11)	27.3 (3/11)	27.3 (3/11)	18.2 (2/11)	27.3 (3/11)	9.1 (1/11)	18.2 (2/11)	20.0 (2/10)	25.0 (2/8)	22.5 (11.4–27.3)
Total	95.9 (281/293)	53.6 (157/293)	46.1 (135/293)	42.7 (125/293)	48.8 (143/293)	43.7 (128/293)	45.7 (134/293)	40.3 (118/293)	42.7 (125/293)	43.0 (126/293)	39.3 (108/275)	42.1 (112/266)	43.4 (40.0–51.0)

Table 3 The distribution of positive percentages of urine morphine tests among urine morphine (+) participants during the study period (n=268)

Positive percentage (%)	Number (n)	Percentage (%)
<10	34	12.7
10–	34	12.7
20–	29	10.8
30–	28	10.4
40–	22	8.2
50–	18	6.7
60–	23	8.6
70–	20	7.5
80–	22	8.2
90–	38	14.2
Total	268	100.0

irregularly and the attendance significantly declined with the duration that they stayed on the treatment programme.⁴⁶ Poorer attendance seeded continued heroin use. In addition, misconceptions might predict poor adherence among newly admitted MMT clients.⁴⁷ So, future research might need to develop and/or integrate other necessary interventions to encourage client adherence to the treatment programme.

HIV-positive drug users have been regarded as a 'dual risk' subgroup. They transmit HIV via either sharing needles or having unprotected sexual intercourse with partners. Currently, sexual transmission is the most prevalent spread pattern of HIV/AIDS in China.⁵ Among the participants who finished at least once interview, 25.4% ever shared a needle; 29.2% ever had sex with multiple partners; 43.5% never used a condom; and 14.5% had sex for drugs during the study period. Considering the potential bridge role of those with dual risk behaviours in transmitting HIV to others, research on the interaction of HIV-positive MMT clients and risk behaviours should be given high priority. Data showed that changing unsafe drug use behaviours was more effective than changing unsafe sexual behaviours.¹⁷ In future treatment procedures, physicians and nurses should play an active role in educating clients about safe sex and encourage clients to use condoms.

This study is subject to certain limitations. First, self-reported data are subject to recall bias or deliberate concealment. Second, China is experiencing a significant increase in the use of new drugs,² but this study did not consider this. In addition, we failed to obtain the ART information, and future studies should be extended to analyse ART as a predictor variable to continued heroin use. Third, we only examined the percentages of heroin use during the first 12 months after receiving MMT, and did not take 12+ months into consideration due to the limited sample size and high dropout.

In summary, the findings from this study provide important implications for future MMT programmes targeting continued heroin use among HIV-positive clients. Concretely, first, continuous and efficient MMT consulting and health education interventions need to be conducted to reduce continued heroin use. Interventions involving family members in supervision of participation and compliance should be reinforced. Second, attendance is a crucial component affecting MMT outcomes, so how to improve sufficient attendance has become an issue of great urgency.

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Contributors XL designed the study, performed data analysis and wrote the draft manuscript. XG and PZ performed data analysis. XZ and WC collected the data. LL supervised the study. All authors contributed to the interpretation of the data and approved the final version for submission.

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Competing interests None declared.

Ethics approval The Institutional Review Board (IRB) of the School of Public Health (Sun Yat-sen University, Guangzhou, China).

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Table 4 Correlates of higher positive percentages among urine morphine (+) participants during the study period (n=268)

Characteristics	<20% (n=68)	20–60% (n=97)	>60% (n=103)	OR (95% CI) [*]	p [*]
	No. (%) [†]	No. (%) [†]	No. (%) [†]		
Age (years)					
≤30	20 (32.3)	28 (45.2)	14 (22.6)	0.31 (0.12 to 0.78)	0.013
31–	22 (27.5)	26 (32.5)	32 (40.0)	0.44 (0.20 to 1.00)	0.051
36–	13 (15.7)	33 (39.8)	37 (44.6)	0.91 (0.43 to 1.93)	0.814
≥41	13 (30.2)	10 (23.3)	20 (46.5)	1.00	
Gender					
Male	60 (24.7)	90 (37.0)	93 (38.3)	0.97 (0.42 to 2.22)	0.944
Female	8 (32.0)	7 (28.0)	10 (40.0)	1.00	
Marital status					
Never married	36 (25.4)	54 (38.0)	52 (36.6)	2.04 (0.92 to 4.55)	0.080
Married currently	23 (25.0)	29 (31.5)	40 (43.5)	1.93 (0.85 to 4.40)	0.117
Others	9 (26.5)	14 (41.2)	11 (32.4)	1.00	
Education level					
Elementary or lower	16 (25.4)	24 (38.1)	23 (36.5)	1.50 (0.64 to 3.50)	0.347
Junior high school	45 (25.9)	58 (33.3)	71 (40.8)	1.48 (0.71 to 3.12)	0.298
Senior high school or higher	7 (22.6)	15 (48.4)	9 (29.0)	1.00	
Employment status at baseline					
Unemployed	45 (24.2)	64 (34.4)	77 (41.4)	1.99 (1.13 to 3.49)	0.017
Employed	23 (28.0)	33 (40.2)	26 (31.7)	1.00	
Mainly financial sources					
Family or friends	49 (29.0)	60 (35.5)	60 (35.5)	0.55 (0.32 to 0.93)	0.025
Others	19 (19.2)	37 (37.4)	43 (43.4)	1.00	
Duration of drug use (years)					
≤10	18 (29.0)	21 (33.9)	23 (37.1)	1.04 (0.50 to 2.16)	0.923
11–15	27 (22.9)	46 (39.0)	45 (38.1)	1.38 (0.75 to 2.55)	0.305
≥16	23 (26.1)	30 (34.1)	35 (39.8)	1.00	
Average times of drug use per day					
≤2	21 (19.3)	47 (43.1)	41 (37.6)	1.03 (0.62 to 1.71)	0.912
≥3	47 (29.6)	50 (31.4)	62 (39.0)	1.00	
Shared needles at baseline					
Yes	38 (24.8)	59 (38.6)	56 (36.6)	1.03 (0.63 to 1.69)	0.902
No	30 (26.1)	38 (33.0)	47 (40.9)	1.00	
Multiple sexual partners at baseline					
Yes	12 (20.3)	17 (28.8)	30 (50.8)	1.65 (0.89 to 3.05)	0.113
No	56 (26.8)	80 (38.3)	73 (34.9)	1.00	
Average maintenance doses (mL/day)					
≥60	36 (26.1)	56 (40.6)	46 (33.3)	0.92 (0.57 to 1.49)	0.742
<60	32 (24.6)	41 (31.5)	57 (43.8)	1.00	
MMT attendance (%)					
<20	4 (13.3)	9 (30.0)	17 (56.7)	3.60 (1.55 to 8.33)	0.003
20–	10 (16.1)	19 (30.6)	33 (53.2)	2.80 (1.48 to 5.33)	0.002
50–	22 (30.1)	32 (43.8)	19 (26.0)	0.94 (0.53 to 1.67)	0.841
≥80%	32 (31.1)	37 (35.9)	34 (33.0)	1.00	

*Obtained from multivariate ordinal logistic regression analysis adjusting for potential confounding variables listed in the table.

†Proportions were calculated in the row.

Table 5 Self-reported risk behaviours among urine morphine (+) participants during the study period (n=266)

Characteristics	<20%	20%60%	>60%	Total
	No. (%) [†]	No. (%) [†]	No. (%) [†]	No. (%) [†]
Drug use (n=266)				
Yes	26 (15.6)	55 (32.9)	86 (51.5)	167 (62.8)
No	41 (41.4)	41 (41.4)	17 (17.2)	99 (37.2)
Injected drugs (n=167)				
Yes	21 (14.8)	44 (31.0)	77 (54.2)	142 (85.0)
No	5 (20.0)	11 (44.0)	9 (36.0)	25 (15.0)
Shared needles (n=142)				
Yes	3 (8.3)	11 (30.6)	22 (61.1)	36 (25.4)
No	18 (17.0)	33 (31.1)	55 (51.9)	106 (74.6)
Sexual activity (n=266)				
Yes	38 (22.6)	66 (39.3)	64 (38.1)	168 (63.2)
No	29 (29.6)	30 (30.6)	39 (39.8)	98 (36.8)
Multiple sexual partners (n=168)				
Yes	7 (14.3)	23 (46.9)	19 (38.8)	49 (29.2)
No	31 (26.1)	43 (36.1)	45 (37.8)	119 (70.8)
Condom use (n=168)				
Yes	24 (25.3)	37 (38.9)	34 (35.8)	95 (56.5)
No	14 (19.2)	29 (39.7)	30 (41.1)	73 (43.5)
Sex for drugs (n=117)				
Yes	3 (17.6)	8 (47.1)	6 (35.3)	17 (14.5)
No	18 (18.0)	32 (32.0)	50 (50.0)	100 (85.5)

*Calculated by row.

†Calculated by column.

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