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Low Prevalence of Carbapenem-Resistant Enterobacteriaceae among Wounded Military Personnel

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Abstract

Multidrug-resistant organisms (MDROs) are a global health problem that impact both civilian and military populations. Among wounded warriors, MDROs further complicate the care of trauma-related infections, resulting in extended duration of hospitalization, as well as increased morbidity and mortality. During the wars in Iraq and Afghanistan, extended spectrum β -lactamase-producing Enterobacteriaceae were frequently isolated from wounded warriors. The potential emergence of difficult-to-treat carbapenem-resistant Enterobacteriaceae represented a serious challenge for clinicians. We examined carbapenem-resistant Enterobacteriaceae prevalence among wounded military personnel over a six-year period (2009–2015). Among 4090 Enterobacteriaceae isolates collected, 16 (0.4%) were carbapenem-resistant, of which the majority was *Enterobacter aerogenes* (44%) followed by *Klebsiella pneumoniae* (37%), and *Escherichia coli* (19%). Five isolates (31%) collected from two patients were carbapenemase-producers with one associated with an infection. All five carbapenemase-producing isolates were resistant to all tested carbapenems and each

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carried one carbapenemase gene (4 with blaKPC-3 and 1 with blaNDM-1). Overall, although a large number of Enterobacteriaceae isolates were collected, only a small proportion was carbapenem-resistant and data indicate a lack of a cluster. Due to these limited numbers, it is difficult to make any conclusions regarding the association between carbapenem resistance, antibiotic exposure, and clinical outcomes.

BACKGROUND

Colonization and infection with multidrug-resistant organisms, including extended spectrum β -lactamase (ESBL)-producing Enterobacteriaceae, are a global health problem and frequently complicate the care of wounded military personnel.^{1–6} Examination of surveillance cultures collected from wounded military personnel on admission to Landstuhl Regional Medical Center (LRMC) and military hospitals in the United States recovered 2065 colonizing isolates. The predominant organisms were *Escherichia coli* and *Klebsiella pneumoniae* (50% and 9%, respectively), of which 37% and 22%, were ESBL-producers.⁷

Recently, the emergence of carbapenem-resistant Enterobacteriaceae (CRE) has become an additional threat associated with difficult-to-treat infections, high mortality rates, and potential for wide transmission.^{8–17} In an analysis of healthcare-associated infections in the United States, 2%, 2%, and 8% of *E. coli*, *Enterobacter* spp., and *K. pneumoniae* associated with surgical site infections were resistant to carbapenems, respectively.⁸ The rising prevalence of CREs has further complicated patient care in the military health system. Surveillance of Department of Defense (DoD)-managed medical facilities within the United States and overseas reported a mean annual CRE incident rate of 0.49 per 100,000 patient-years. It was noted that the proportion of CRE increased from 0.033% in 2005 to 0.052% in 2012, with a steady rise in the proportion of carbapenem-resistant *Klebsiella* spp. between 2005 and 2010.⁹ Furthermore, approximately 1% of *E. coli* and 8% of *K. pneumoniae* isolates recovered from U.S. military personnel and Afghan nationals treated at an U.S. deployed military hospital in Afghanistan were carbapenem-resistant.¹⁸

As more combat casualties are surviving grievous injuries, the rate of trauma-related infections has increased.¹⁹ With complicated, polymicrobial wounds, the prevalence of multidrug-resistant organisms provides a challenge to clinicians treating wounded warriors. As carbapenems are often used to treat Gram-negative infections resistant to broad-spectrum antibiotics, the emergence of CREs is a cause for concern. As a result, we determined the prevalence of CREs among wounded military personnel and evaluated carbapenem resistance mechanisms.

METHODS

As part of the U.S. DoD – Department of Veterans Affairs, Trauma Infectious Disease Outcomes Study (TIDOS),¹⁹ isolates were collected from military personnel injured during deployment and medically evacuated to LRMC (Germany) before being transferred to a participating military hospital in the United States (Walter Reed National Military Medical Center [National Naval Medical Center and Walter Reed Army Medical Center prior to September 2011] or San Antonio Military Medical Center [Brooke Army Medical Center

prior to September 2011]. All collected isolates were stored in a microbiological repository. Our analysis was restricted to Enterobacteriaceae isolates collected between June 1, 2009 and April 31, 2015. Isolates were classified as infecting if they were recovered from infection work-ups. Surveillance specimens were obtained from groin/axilla swabs performed within two days of hospital admission either at LRMC or the participating military hospitals in the United States. Multidrug resistance was defined as resistance to at least three of four antibiotic classes, ESBL production, or carbapenemase production.²⁰ For the purpose of our study, carbapenem resistance was defined as resistance to all carbapenems tested (i.e., meropenem, imipenem, doripenem, and ertapenem). Information related to infections, treatment, and outcomes was retrieved from the TIDOS infectious disease module,¹⁹ which supplements the Department of Defense Trauma Registry.²¹

Isolate identities and antimicrobial susceptibilities were determined utilizing the BD Phoenix automated microbiology system and NMIC/ID-304 panels (BD Biosciences, Sparks, MD). As the BD Phoenix system does not report susceptibility results for certain bacteria/antibiotic combinations, E-test was also performed for all carbapenems.²² Pulsed-field gel electrophoresis (PFGE) was conducted for genotyping in accordance with standard practices. Three multiplex PCRs for the detection of carbapenemase genes were performed using previously described primers (Table 1).²³ The PCRs were carried out with the following conditions: 5 minutes at 94°C, 30 cycles of 30 seconds at 94°C, 40 seconds at 56°C, and 50 seconds at 72°C, followed by 5 minutes at 72°C.

The Neo-Rapid CARB Kit (Rosco Diagnostica, Taastrup, Denmark) was used to identify carbapenemase-producing isolates, which were sent to the Multidrug-Resistant Organism Repository and Surveillance Network (MRSN) for whole genome sequencing using the Illumina MiSeq platform. Paired-end sequencing of short (550 bp) and mate-paired sequencing of long (2–10 kb) genomic fragments was performed to obtain finished bacterial genomes. The genes encoding carbapenem resistance were identified along with other antibiotic resistance genes by BLASTN analysis using comprehensive web-based microbial annotation resources and pipelines developed internally by MRSN.

RESULTS

A total of 4090 Enterobacteriaceae isolates were collected from June 2009 through April 2015 (Table 2). Examination of antimicrobial susceptibility determined that 1391 isolates (34%) were multidrug-resistant and 1302 (32%) were classified as infecting. *E. coli* was the most common (51%), followed by *K. pneumoniae* (13%) and *Enterobacter cloacae* (12%).

A total of 141 isolates (3.4% of 4090) were resistant to at least one carbapenem; however, only 16 isolates (0.4% of 4090) were resistant to all tested carbapenems (100% resistant to doripenem, ertapenem, imipenem, and meropenem) with 50% associated with infections (Table 2). *Enterobacter aerogenes* (44%) was predominant, followed by *K. pneumoniae* (37%) and *E. coli* (19%). All carbapenem-resistant isolates were ESBL-producers. Twelve isolates (75%) were susceptible to amikacin, 9 (56%) to gentamycin, 5 (31%) to nitrofurantoin, 4 (25%) to tetracycline, and 1 (6%) to tobramycin. All *E. aerogenes* isolates were also susceptible to levofloxacin. The 16 isolates were recovered from 7 deployed

military personnel, of which 6 were wounded in Afghanistan and 1 was injured in Naples, Italy. Except for one isolate obtained from LRMC (Germany), the carbapenem-resistant isolates were collected from surveillance swabs or clinical cultures obtained at military hospitals in the United States (94%). The proportion of the 16 isolates varied annually, with 3 (19%) collected in 2009 (June–December), 4 (25%) in 2010, zero in 2011, 5 (31%) in 2012, 3 (19%) in 2013, and 1 (6%) in 2014.

Examination of PFGE results showed that all patients carried different strains of the Enterobacteriaceae organisms, indicating a lack of a cluster. Furthermore, no patients carried two or more different strains within the same genus. When serial isolates collected from patients were assessed, there were no genotypic changes.

Five *K. pneumoniae* isolates were carbapenemase-producers, of which four were from surveillance cultures (three from groin and one rectum) and one was associated with a pneumonia (collected from bronchoalveolar lavage). In addition, four were serial isolates from one patient collected at two separate facilities, including the infecting isolate recovered at Walter Reed National Military Medical Center three days after the patient's first positive groin culture at LRMC. One patient sustained a gunshot wound in the Afghanistan combat theater and the other was injured in a fall while stationed in Naples, Italy. The five carbapenemase-producing *K. pneumoniae* isolates were sent to MRSN for further testing and carbapenemase genes were identified. The PCR results found that one isolate carried the blaNDM gene, while the remaining four isolates from a single patient carried a blaKPC gene.

Whole genome sequencing of the five carbapenemase-producing *K. pneumoniae* isolates revealed that the four serial isolates (from the same patient) were genetically identical and represented a single clone (collected in 2012). Specifically, the four isolates belonged to MLST ST-258 and carried the carbapenemase gene blaKPC-3 on an approximately 78 kb plasmid that shared >98% homology to the previously described plasmid pKpQIL-LS6.²⁴ The single isolate from another patient belonged to MLST ST-11 (collected in 2014) and carried the carbapenemase gene blaNDM-1 on an approximately 73.5 kb plasmid that shared >95% homology to plasmid pS-300cz (Genbank Accession # KJ958927).

Two surveillance isolates amongst the serial carbapenemase-producing *K. pneumoniae* isolates from one patient were collected prior to treatment with meropenem, suggesting that the strain already carried the resistance gene and that meropenem exposure did not induce carbapenem resistance. For this patient, a carbapenem-susceptible *K. pneumoniae*, *Staphylococcus aureus* and *Acinetobacter baumannii-calcoaceticus* complex isolates were associated with the same pneumonia along with the carbapenemase-producing *K. pneumoniae*. Treating this patient with ampicillin-sulbactam, meropenem, and vancomycin cleared the infection during inpatient hospitalization.

DISCUSSION

Carbapenem-resistant Enterobacteriaceae are becoming more widespread in healthcare facilities in the United States and have been associated with high rates of mortality.^{8–11,25,26}

While the rate of carbapenem resistance is still low, the rising prevalence is concerning. As a result, we examined isolates for carbapenem resistance collected from military personnel wounded during deployment in support of operations in Iraq and Afghanistan. Although a large number of Enterobacteriaceae isolates were collected from combat casualties over a study period of approximately six years, only 16 (0.4%) were carbapenem-resistant. The distribution of isolates across the study years and molecular typing findings indicate a lack of a carbapenem-resistant Enterobacteriaceae cluster with this wounded military population.

Prior to 2000, recovery of CREs was rare in the United States; however, within the past decade, an increase in the incidence of CREs has been observed. Specifically, according to the National Healthcare Safety Network, the proportion of CREs in U.S. acute care hospitals rose from 1.2% in 2001 to 4.2% in 2011 with *Klebsiella* spp. having the highest increases (1.6% to 10.4%, respectively).²⁵ Localized hospital outbreaks have also been reported in multiple states, including New York, Colorado, Illinois, and West Virginia.^{26–31} It is notable that our analysis reports a lower proportion of CREs (0.4%) in combat casualties compared to findings from civilian U.S. hospitals, and may be the result of environmental factors or the approach to infection control.

Nonetheless, the proportion of CREs in our analysis is higher than previous surveillance reports from DoD-managed medical facilities (overall proportion of 0.055% over a period of 2005 to 2012). With regards to specific organisms, the proportion of carbapenem-resistant *E. coli*, *K. pneumoniae*, and *Enterobacter* spp. (*E. aerogenes* and *E. cloacae*) in our study (0.14%, 1.11%, and 0.81%, respectively) is also higher compared to the prior surveillance reports (0.041%, 0.116%, and 0.163%, respectively).⁹

Following recognition of increased carbapenem resistance due to widespread transmission of the blaNDM-1 gene, a military health system surveillance program was implemented in 2010, resulting in the screening by MRSN of all carbapenem-resistant isolates for the gene. Approximately 13 hospitals, including 5 in combat zones, submitted isolates for screening. In 2011, the first reported identification of the blaNDM-1 gene was identified in *Providencia stuartii* isolates recovered from an Afghan national burn patient treated at a U.S./coalition combat support hospital in Bagram, Afghanistan.^{32,33} A low number of carbapenem-resistant *K. pneumoniae* isolates (4.2%) have also been collected from hospitals in Iraq; however, none were found to carry the blaNDM-1 or blaKPC-3 genes.³⁴

Five (0.1% of all Enterobacteriaceae isolates; 32% of CRE isolates) carbapenemase-producing *K. pneumoniae* isolates were identified in our study. The five carbapenemase-producing isolates were recovered from two patients and one isolate was associated with an infection (i.e., pneumonia). All five isolates were resistant to all tested carbapenems and each isolate carried one carbapenemase gene, indicating that carbapenem resistance was due to the presence of the resistance genes. Specifically, four isolates carried blaKPC-3 while blaNDM-1 was only identified with one isolate. The patient with the isolates carrying blaKPC-3 sustained injuries in Naples, Italy, and was treated initially at a Naples hospital. As a carbapenem-resistant ST258 *K. pneumoniae* strain carrying blaKPC-3 has been previously reported in Italy,²⁴ there is the potential that the carbapenemase-producing *K. pneumoniae* isolates were acquired through hospital transmission by the injured service

member. To the best of our knowledge, this is the first report of *K. pneumoniae* isolates carrying bla_{NDM-1} recovered from military personnel wounded in Afghanistan.

Due to the low numbers of CREs in our study, it is difficult to analyze the association between carbapenem resistance, antibiotic exposure, and clinical outcomes. It is also difficult to draw any conclusions regarding transmission patterns of CREs in this patient population. Nevertheless, as CREs are becoming widespread in both civilian and military health systems, surveillance should continue.

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Table 1

PCR Oligonucleotide Primers for the Amplification of Carbapenemase Genes

Gene	Primer Sequence (5'-3')	Product Size (bp)
blaIMP	F: GGAATAGAGTGGCTTAAYTCTC R: GGTTTAAAYAAAACAACCACC	232
blaSPM	F: AAAATCTGGGTACGCAAACG R: ACATTATCCGCTGGAACAGG	271
blaAIM	F: CTGAAGGTGTACGGAAACAC R: GTTCGGCCACCTCGAATTG	322
blaVIM	F: GATGGTGTGGTTCGCATA R: CGAATGCGCAGCACCAG	390
blaOXA	F: GCGTGGTTAAGGATGAACAC R: CATCAAGTTCAACCCAACCG	438
blaGIM	F: TCGACACACCTTGGTCTGAA R: AACTTCCAACCTTGCCATGC	477
blaBIC	F: TATGCAGCTCCTTTAAGGGC R: TCATTGGCGGTGCCGTACAC	537
blaSIM	F: TACAAGGGATTCGGCATCG R: TAATGGCCTGTCCCATGTG	570
blaNDM	F: GGTTTGGCGATCTGGTTTTTC R: CGGAATGGCTCATCACGATC	621
blaDIM	F: GCTTGTCTTCGCTTGCTAACG R: CGTTCCGCTGGATTGATTG	699
blaKPC	F: CGTCTAGTTCTGCTGTCTTG R: CTTGTCATCCTTGTTAGGCG	798

Table 2
Most Common Enterobacteriaceae Collected from Wounded Military Personnel (2009–2014) with a Focus on Carbapenem Resistance

Organisms ^a	Surveillance (%)	Infecting (%)	Total (%)
<i>Escherichia coli</i>	1608 (57.7)	495 (38.0)	2103 (51.4)
Resistant to 1 carbapenem	12 (0.7)	9 (1.8)	21 (1.0)
Carbapenem-resistant <i>E. coli</i>^b	0	3 (0.6)	3 (0.1)
<i>Klebsiella pneumoniae</i>	391 (14.0)	150 (11.5)	541 (13.2)
Resistant to 1 carbapenem	15 (3.8)	7 (4.7)	22 (4.1)
Carbapenem-resistant <i>K. pneumoniae</i>^b	5 (1.3)	1 (0.7)	6 (1.1)
<i>Enterobacter cloacae</i>	227 (8.1)	284 (21.8)	511 (12.5)
Resistant to 1 carbapenem	6 (2.6)	6 (2.1)	12 (2.3)
Carbapenem-resistant <i>E. cloacae</i>^b	0	0	0
<i>Enterobacter aerogenes</i>	232 (8.3)	125 (9.6)	357 (8.7)
Resistant to 1 carbapenem	17 (7.3)	20 (16.0)	37 (10.4)
Carbapenem-resistant <i>E. aerogenes</i>^b	3 (1.3)	4 (3.2)	7 (2.0)
<i>Serratia marcescens</i>	76 (2.7)	120 (9.2)	196 (4.8)
Resistant to 1 carbapenem	3 (3.9)	14 (11.7)	17 (8.7)
Carbapenem-resistant <i>S. marcescens</i>^b	0	0	0
Total Enterobacteriaceae ^c	2788	1302	4090
Total Enterobacteriaceae resistant to 1 carbapenem	70 (2.5)	71 (5.5)	141 (3.4)
Total Carbapenem-Resistant Enterobacteriaceae^b	8 (0.3)	8 (0.6)	16 (0.4)

^aThe percentage of carbapenem-resistant isolates for each organism is calculated using the totals for that specific organism

^bCarbapenem-resistant Enterobacteriaceae are defined as being resistant to all tested carbapenems (i.e., meropenem, imipenem, doripenem, and ertapenem)

^cOnly the top five organisms are presented so the total for the overall Enterobacteriaceae is greater than the sum of the columns.