

## Role of mast cells in bronchial contraction in nonallergic obstructive lung pathology

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### Abstract

The role of mast cells in contractile bronchial smooth muscle activity has been evaluated in a model of chronic obstructive pulmonary disease induced in rats that were intermittently exposed to nitrogen dioxide (NO<sub>2</sub>) for 60 days. Starting from the 31st day, one group of rats inhaled sodium cromoglycate before exposure to NO<sub>2</sub> to stabilize mast cell membranes. The second group (control) was not treated. Isometric smooth muscle contraction was analysed in isolated bronchial samples in response to nerve and smooth muscle stimulation. Histological analysis revealed large numbers of mast cells in lung tissue of COPD model rats. The inhibition of mast cell degranulation by sodium cromoglycate prevented the development of nerve-stimulated bronchial smooth muscle hyperactivity in COPD model rats. Histamine or adenosine-induced hyperactivity on nerve stimulation was also inhibited by sodium cromoglycate in bronchial smooth muscle in both control and COPD model rats. This suggests that the mechanism of contractile activity enhancement of bronchial wall smooth muscle cells may be mediated through the activation of resident mast cells transmembrane adenosine receptors resulting in their partial degranulation, with the released histamine acting upon histamine H1-receptors which trigger reflex pathways via intramural ganglion neurons.

**Key words:** mast cells, chronic obstructive pulmonary disease, histamine, adenosine, smooth muscle, bronchi

### Introduction

Regulating mechanisms of respiratory tract smooth muscle contractile activity determine to a large extent the character and course of pulmonary diseases associated with bronchial obstruction development (1–3). Regulatory imbalance in respiratory tract smooth muscle tonus results in increasing airflow limitation, ventilation

and lung perfusion imbalance, hypoxemia, and eventually severe respiratory failure. At present the role of mast cells in the development of inflammatory neurogenic mechanisms and bronchial obstruction is being given considerable attention (4). It has been argued that in the pathogenesis of respiratory disorders mast cells play a major role in the initiation of the hypersensitivity reaction owing to their multipotent capacity (5). Whereas the role of these multifunctional cells in the allergic state pathogenesis (e.g., bronchial asthma) is widely recognized, their significance in the bronchial obstruction development in the case of non-allergic airway disease, e.g., chronic obstructive pulmonary disease, has not been properly investigated, and recent findings are highly controversial.

The aim of the study is to evaluate the role of mast cells in the mechanism of contractile activity enhancement in bronchial wall smooth muscle cells using a model of chronic obstructive pulmonary disease (COPD) in rats.

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## Methods

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### *Experimental animals*

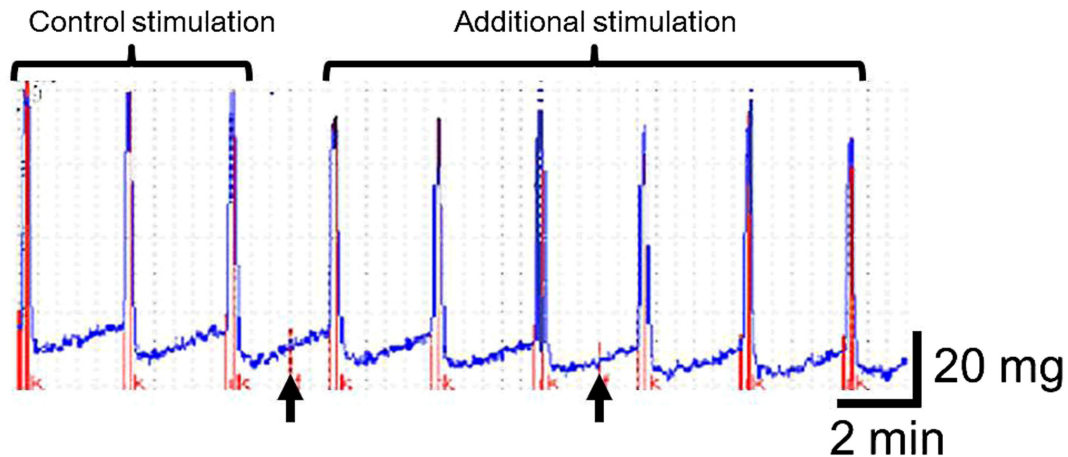
Experiments were performed in a total of twenty-nine male juvenile Wistar rats weighing 150–170 g (Laboratory Animal Breeding “Rappolovo” of the Russian Academy of Sciences, St. Petersburg, Russia). All procedures and experiments were carried out in accordance with the internationally accepted guidelines for the care and use of laboratory animals (6). Rats were housed in cages (250 cm<sup>2</sup>/rat) with free access to drinking water and standard lab rodent chow and maintained at 20–22 °C and 55–60% air temperature and humidity respectively.

### *COPD model*

The experimental model for the formation of COPD was based on exposure of rats to nitrogen dioxide (NO<sub>2</sub>) (7). Rats ( $n=22$ ) were placed in a chamber within a fume hood and connected with a NO<sub>2</sub>-generating laboratory device. A mixture of nitrogen oxides was produced in a chemical reaction between sodium nitrite and sulfuric acid, and then pumped into the exposure chamber which had been provided with an exhaust tube. The colorless nitrogen oxide (NO) reacted with atmospheric oxygen and was converted to the more stable yellow-brown NO<sub>2</sub>. Nitrogen dioxide concentration in the chamber was equal to 30–40 mg/m<sup>3</sup> (15–19 ppm) as determined colorimetrically. Rats were exposed to NO<sub>2</sub> in the following intermittent regime: three 30-min exposures/day with 30 min intervals for 60 days. The adequacy of the model was confirmed by the development of symptoms characteristic of COPD, i.e., hyperplasia and hypersecretion of goblet cells, squamous cell metaplasia of the ciliary epithelium, emphysema and focal fibrosis, hyperexpression of CD3 lymphocytes in the bronchial wall and parenchyma, manifold increased production of TNF- $\alpha$  and TGF- $\beta$ , and high concentrations of circulating pathogenic immune complexes. Persistence of the structural and functional shifts for 6 months following exposure to NO<sub>2</sub> indicated a chronic course of the pathological process (7).

### *Experimental design*

After the 30 day exposure to NO<sub>2</sub>, animals were randomized into two groups with 11 rats in each. Every day during the next 30 days (before exposure to NO<sub>2</sub>), rats of the first group were treated with an aerosol preparation of cromoglycate sodium (Intal<sup>®</sup>, Aventis, Great Britain), a mast cell membrane stabilizer. The preparation was supplied through a special mask, which was put on the rat's muzzle. The nozzle of the aerosol inhaler was inserted into a hole in the mask. After a single spray (1 aerosol dose – 5 mg), the rat was allowed



**Fig. 1.** Myogram. Contraction of a rat isolated bronchial segment in response to field stimulation. Arrows show the commencement of the application of test substances application (in this case histamine and adenosine) to the organ bath.

to breath during a 10 sec exposure in which the rat made 20–25 respiratory movements. The rats of the second group (control) did not receive treatment. Seven rats were not exposed to  $\text{NO}_2$ , representing the intact group. At the end of the experiment animals were euthanized with carbon dioxide inhalation.

### Measurement smooth muscle force

Contractile activity of the bronchial smooth muscle was evaluated *in vitro*. Three to four longitudinal segments (4–5 mm) with a bifurcation site containing intramural ganglion were isolated from bronchi of the 2nd–4th order in every animal. The bronchial samples were placed into thermostatic flow bath (volume of 2.5 ml) perfused with Krebs–Henseleit solution with the following composition (mM): NaCl 118.0, KCl 4.8,  $\text{CaCl}_2$  2.5,  $\text{MgSO}_4$  1.2,  $\text{NaHCO}_3$  11.9,  $\text{KH}_2\text{PO}_4$  1.2 and glucose 11.0 (pH 7.4) using a peristaltic pump (Zampl, Poland) with a flow rate of 0.6 ml/min. The solution was aerated with air from a microcompressor MKM-7 (Praktik-NC, Russia). The sodium bicarbonate concentration was reduced to 11.9 mM to obtain pH 7.4 (8). The temperature was kept at 37–37.5 °C with the aid of an ultrathermostat U10 (Medingen, GmbH, Germany). One side of the bronchial strips along their longitudinal axis was fastened to bottom of the bath using tungsten needles, the opposite side was combined with an electromechanical transducer (SPA “Introtest”, Russia). The initial force tension of the bronchial preparations was adjusted to 500 mg. Before starting the experiment, bronchial samples were pre-incubated in the solution for 60 min to allow the resting tension to equilibrate. The changes in isometric contraction of the bronchial samples (expressed as tension force in mg) induced by electrical stimulation were evaluated. Bronchial muscle tension was converted into an electrical signal which was fed to an analog-to-digital converter (L-CARD 14-140, Russia) and recorded on a computer (Fig. 1).

Preparations of bronchi were stimulated using an electrical stimulator (ES-5, Russia) with the following parameters: 7 Hz, 0.5 ms (stimulation of preganglionic nerves) and 30 Hz, 2.0 ms (stimulation of smooth muscle cells). In all cases the amplitude of impulses was 20 V, the impulse duration 10 sec, with an interval between impulses of 2.5 min. Each bronchial sample underwent four series of electrical stimulation, with 9 stimuli in each series. In the first and second series preganglionic nerve stimulation was performed, while in the third and fourth series smooth muscle was stimulated. Average amplitude of muscle contractions in response to three initial stimuli was considered as a control (baseline) value (expressed in mg). Mean amplitudes of contractions after 4–6, and 7–9 stimulations were referred to as responses to additional long-term

stress determining the contractile potential of the airway smooth muscle and were expressed as per cent ratios to contraction amplitude at control stimulation, which was taken as the 100% reference value (9). Bronchial preparations underwent 30-min washings with saline between subsequent experimental series.

To evaluate possible mechanisms of the contribution of mast cells to the contractile activity of bronchial smooth muscle, in the second and fourth series the effect of histamine (main mast cell mediator) and adenosine (mast cell activator) on the bronchial sample contraction amplitude has been studied in the course of nerve and smooth muscle stimulation. Pharmaceutical substances were introduced into the experimental bath: histamine ( $9 \times 10^{-8}$  M) 1 min before the 4-th stimulation, adenosine ( $3.7 \times 10^{-8}$  M) 1 min before the 7th stimulation. The contractile activity of bronchial samples was evaluated by the contraction amplitude in response to the 4th stimulation for histamine and to the 7th stimulation for adenosine. The interval between histamine and adenosine administration was 7.5 min which was sufficient to wash out previously administered substances from the bath (10).

### *Histological analysis*

To obtain samples for histological studies, rat lungs were expanded by intratracheal infusion of 10% formaldehyde solution. Tissue specimens were embedded in paraffin, microtome slices (5 to 7  $\mu$ m thick) were stained with toluidine blue to identify mast cells and examined at 120-fold magnification using a binocular microscope MC 300 (S) (Micros, Austria).

### *Statistical evaluation*

Statistical evaluation was performed using Microsoft Excel 7.0 software including calculations of mean values for maximal contraction amplitudes of bronchial smooth muscle with the S.E.M. Comparison of mean values was performed by Student's *t*-test, and pairwise comparison methods. A value of  $P < 0.05$  was considered to be significant.

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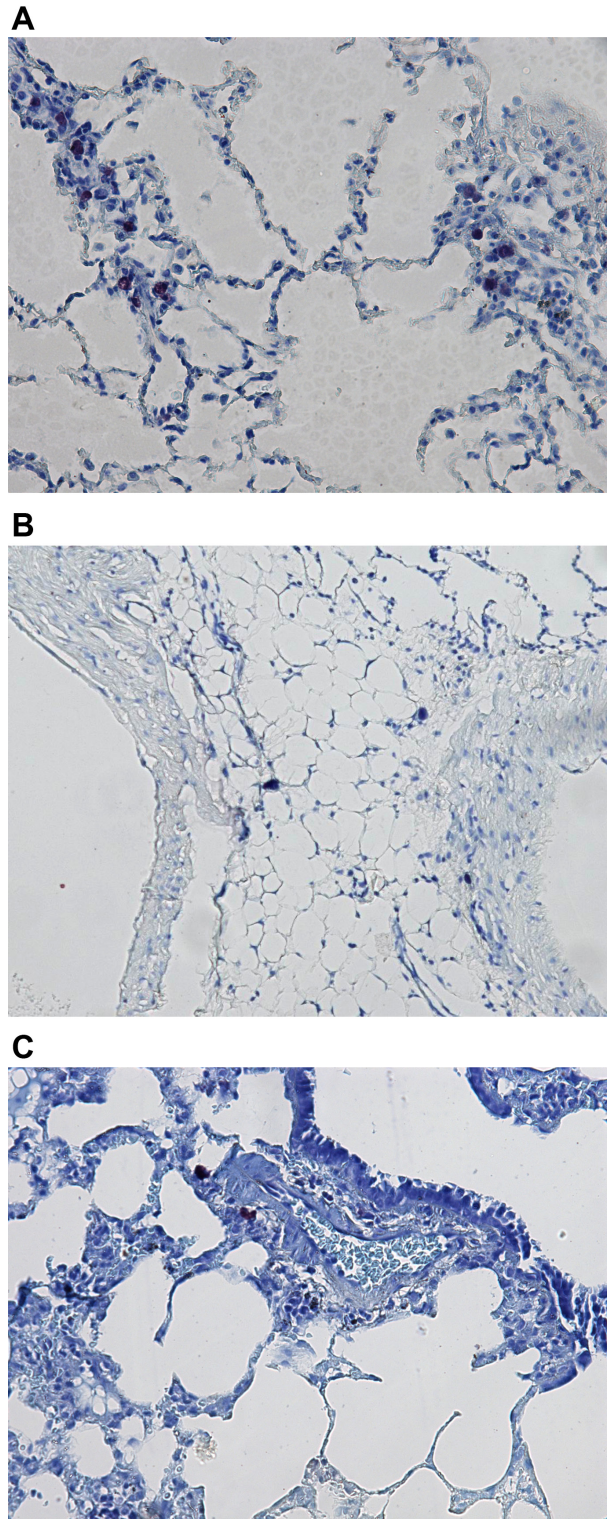
## Results

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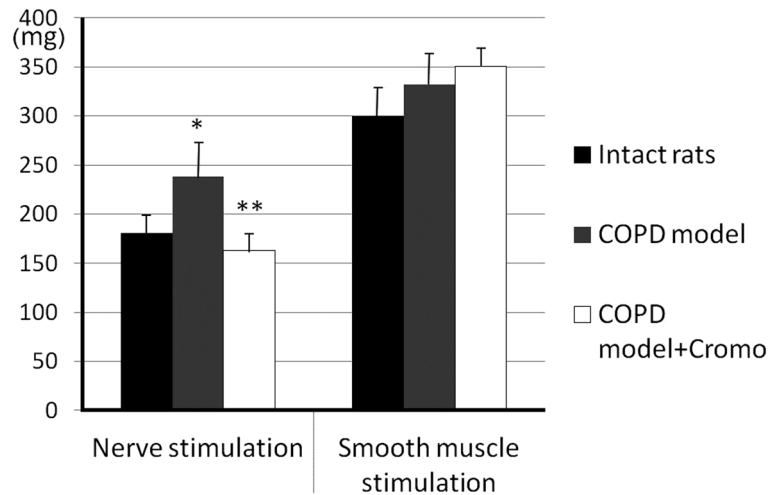
Histological analysis revealed a large number of mast cells in the lung tissue of the control rats for the COPD model (Fig. 2A), in contrast to lung preparations of intact rats (Fig. 2B) and rats treated with cromoglycate sodium (Fig. 2C).

After 60-days exposure to NO<sub>2</sub>, bronchial smooth muscle contraction amplitude increased in response to control nerve stimulation compared with response of the intact samples:  $237.9 \pm 24.5$  and  $181.3 \pm 12.3$  mg, respectively ( $P < 0.05$ ,  $n=26$ ) (Fig. 3). Additional nerve stimulations were accompanied by even greater bronchial contractile activity (up to  $115.6 \pm 3.7\%$  and  $121.4 \pm 4.8\%$ ,  $P < 0.05$ ,  $n=26$ ) in contrast to the intact samples, the response of which remained unchanged (Fig. 4). Control stimulation of smooth muscle did not cause significant tonus enhancement in COPD samples compared to the intact samples:  $331.7 \pm 33.9$  and  $300.4 \pm 33.6$  mg, respectively ( $P > 0.05$ ,  $n=26$ ) (Fig. 3). Additional smooth muscle stimulations of COPD samples resulted in response decrease down to  $87.2 \pm 4.6\%$  and  $79.0 \pm 2.6\%$  ( $P < 0.05$ ,  $n=26$ ) (Fig. 4).

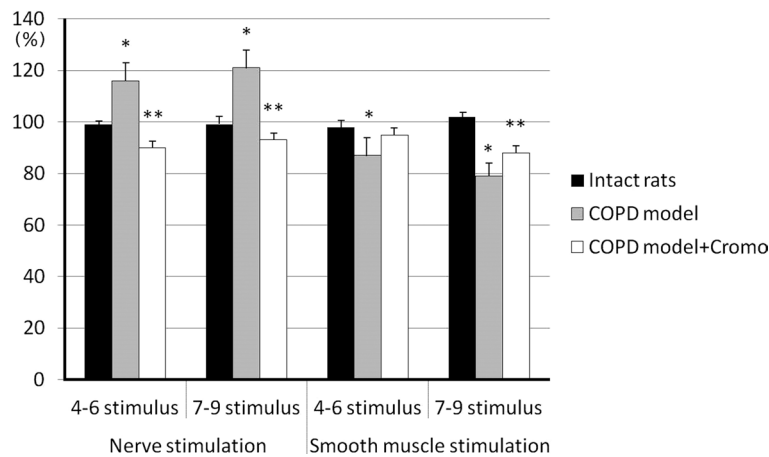
The group of animals receiving cromoglycate sodium demonstrated a decrease in bronchial contraction amplitude in response to control nerve stimulation, in contrast to the COPD group, down to  $162.5 \pm 9.9$  mg ( $P < 0.05$ ,  $n=26$ ) showing no significant difference from the specimen response in intact rats ( $P > 0.05$ ,  $n=26$ ) (Fig. 3). Additional stimulation of preganglionic nerves resulted in further contraction amplitude decrease – down to  $89.7 \pm 2.0\%$  and  $93.1 \pm 2.5\%$  of the response to control nerve stimulation ( $P < 0.05$ ,  $n=26$ ) (Fig. 4). Contractile



**Fig. 2.** A: Lung tissue of rat with induced COPD. Note the large number of mast cells (black “blots”) showing metachromasia in the lung interstitium (toluidine blue staining,  $\times 120$ ). B: Lung tissue of intact rat. Note scattered mast cells (black “blots”) in the lung interstitium (toluidine blue staining,  $\times 120$ ). C: Lung tissue of rat with induced COPD and treated with cromoglycate sodium (Cromo). Note scattered mast cells (black “blots”) in the lung interstitium (toluidin blue staining,  $\times 120$ ).



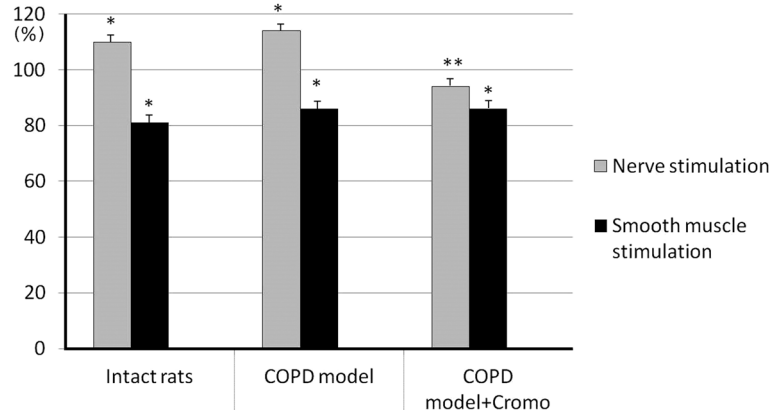
**Fig. 3.** Contractile activity of bronchial samples caused by control stimulation of preganglionic nerve and smooth muscle in rats with induced COPD and treated with cromoglycate sodium (Cromo). Y-axis – bronchial contraction, mg; \* and \*\* - significant differences as compared with intact rats and “COPD model”, respectively,  $P < 0.05$ .



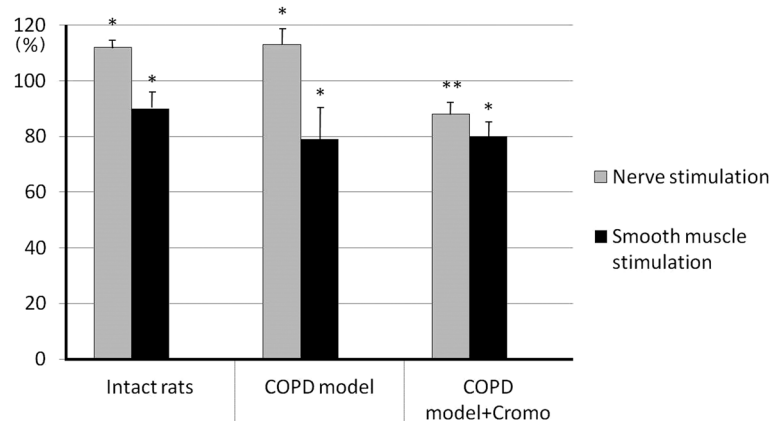
**Fig. 4.** Contractile activity of bronchial samples caused by additional stimulation of preganglionic nerve and smooth muscle in rats with induced COPD and treated with cromoglycate sodium (Cromo). Y-axis - changes of bronchial contraction are expressed as per cent ratios to contraction amplitude at control stimulation; \* and \*\* - significant differences as compared with control stimulation and “COPD model”, respectively,  $P < 0.05$ .

response to control smooth muscle stimulation ( $351.2 \pm 21.4$  mg) showed no difference from bronchial samples in control rats, as well as intact rats ( $P > 0.05$ ,  $n = 26$ ) (Fig. 3).

After addition of exogenous histamine into the perfusion medium, nerve stimulation caused bronchial sample contraction amplitude enhancement in both intact and control animals up to  $110.2 \pm 2.1\%$  and  $114.4 \pm 2.3\%$ , respectively, ( $P < 0.05$ ,  $n = 26$ ) without affecting bronchial sample contractile responses in rats receiving cromoglycate sodium,  $94.0 \pm 2.6\%$  ( $P > 0.05$ ,  $n = 26$ ) (Fig. 5). In the case of smooth muscle stimulation, contraction amplitude significantly decreased ( $P < 0.05$ ) in all three groups amounting to  $81.4 \pm 2.9\%$  of the response to control stimulation in the intact group,  $85.9 \pm 2.7\%$  in the control group and  $85.7 \pm 2.3\%$  in the group of animals



**Fig. 5.** Effect of histamine ( $9 \times 10^{-8}$  M) on the contractile activity of bronchial samples caused by additional stimulation of preganglionic nerve and smooth muscle in rats with induced COPD and treated with cromoglycate sodium (Cromo). Y-axis - changes of bronchial contraction are expressed as per cent ratios to contraction amplitude at control stimulation; \* and \*\* - significant differences as compared with control stimulation and “COPD model”, respectively,  $P < 0.05$ .



**Fig. 6.** Effect of adenosine ( $3.7 \times 10^{-8}$  M) on the contractile activity of bronchial samples caused by additional stimulation of preganglionic nerve and smooth muscle in rats with induced COPD and treated with cromoglycate sodium (Cromo). Y-axis - changes of bronchial contraction are expressed as per cent ratios to contraction amplitude at control stimulation; \* and \*\* - significant differences as compared with control stimulation and “COPD model”, respectively,  $P < 0.05$ .

receiving sodium cromoglycate (Fig. 5).

In response to adenosine administration the bronchial samples’ responses, caused by nerve stimulation, intensified both in the intact and control group up to  $111.7 \pm 1.2\%$  ( $P < 0.05$ ,  $n = 26$ ) and  $112.5 \pm 3.2\%$  ( $P < 0.05$ ,  $n = 26$ ), respectively. On the contrary, the bronchial samples’ tonus in rats receiving cromoglycate sodium decreased down to  $88.5 \pm 2.1\%$  ( $P < 0.05$ ,  $n = 26$ ) (Fig. 6). When being stimulated, the smooth muscle demonstrated significant decrease of contractile amplitude ( $P < 0.05$ ,  $n = 26$ ) in all three groups amounting to  $89.9 \pm 2.8\%$  in the intact group,  $79.3 \pm 4.0\%$  in the control group and  $80.1 \pm 3.6\%$  in the group of animals receiving cromoglycate sodium, of the response to control stimulation (Fig. 6).

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## Discussion

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In recent years there has been increasing evidence that mast cells play a key role in COPD immunopathology (inflammation, remodeling, bronchial obstruction) (11–14). The mast cell population in pulmonary structures is large and functionally heterogeneous. Airway mast cells may be affected by aggressive pollutants in the inspired air, which results in their activation and release of a great variety of effector molecules, including those accumulated in granules as well as newly synthesized mediators, cytokines and chemokines. Smokers show significant increase in the number of mast cells in bronchoalveolar epithelial lining fluid and in all structural elements of bronchial mucosa, including the smooth muscle layer. Correlation between the increased number of labrocytes and pulmonary function impairment was noted (15–17). Gosman et al. (2) have demonstrated an increased number of chymase- and tryptase-positive mast cells in peripheral respiratory tract in COPD patients correlating well with pulmonary function improvement.

In the present experiments, the development of the COPD model, induced by 60-day exposure to NO<sub>2</sub> (one of the cigarette smoke components), was accompanied by the development of bronchial wall smooth muscle hyperactivity, which intensified with prolonged nerve stimulation. Bronchial contractile activity decreased with prolonged smooth muscle stimulation. The prevention of mast cell degranulation and biologically active substances release (primarily the main mediator of mast cells histamine) by stabilizing of cell membrane with chromoglycate sodium eliminated these effects, and bronchial specimen responses to the stimulation of both nerves and bronchial smooth muscle approached the responses of intact bronchial preparations.

The mechanisms of mast cell activation in COPD patient airways are poorly understood. The mechanisms of mast cells activation and degranulation mediated by immunoglobulin E are not considered to be critical for COPD, in contrast to asthma (12). The activation of adenosine receptors of A2B subtype in resident pulmonary mast cells membrane stimulated the production of pro-inflammatory cytokines and histamine release from granules, which resulted in smooth muscle contraction (18). In asthma patients adenosine or adenosine-5'-monophosphate provocative test caused short-term bronchoconstriction, which could be prevented by prophylactic administration of the histamine H1-receptor antagonist, chromoglycate sodium, local anesthetics and atropine (19). This wide range of bronchoconstriction blockers means that mast cell mediators and neuronal structures are involved in the adenosine effect (20). Along with its effect on mast cells, adenosine can excite C-fibers of nonadrenergic noncholinergic system with tachykinins secretion (14) as well as smooth muscle adenosine receptors (21), which can result in the constriction effect. In our experiments, adenosine application on bronchial samples of intact rats and control COPD rats caused an increased smooth muscle contraction, and induced nerve stimulation. The bronchial specimens of rats receiving chromoglycate sodium, in contrast, showed significant decrease in their contraction amplitude. Similar results were obtained when histamine was applied to bronchial samples. The study of isolated trachea and bronchi samples of intact rats showed that histamine stimulates histamine H1- receptors, located at postganglionic cholinergic nerves, which is accompanied by smooth muscle contraction enhancement in response to nerve stimulation (10). It is supposed that in the COPD model the enhancement mechanism of bronchial smooth muscle contractile activity could be due to activation of the transmembrane adenosine receptors of resident mast cells, leading to their partial degranulation and histamine release. Histamine H1-receptors excitation, in its turn, is transmitted to the smooth muscle by reflex pathways through intramural ganglion neurons, that initiate smooth muscle contraction enhancement. Since, as previously noted, long-term NO<sub>2</sub> effect results in capsaicin-sensitive C-fibers desensitization (22), their role in bronchial smooth muscle tonus enhancement within the present COPD model seem to be insignificant. Mast cell degranulation and histamine release inhibition prevented the development of bronchial smooth



muscle hyperactivity in rats treated with membrane stabilizer, chromoglycate sodium.

The lack of a contractile reaction in the bronchial samples in all three animal groups in response to adenosine and histamine application, while the smooth muscle was stimulated, may be due to the fact that the low concentrations of these agents that we used were insufficient to reach sensitivity threshold in smooth muscle receptors. Furthermore, histamine H<sub>2</sub>-receptors in the smooth muscle are activated under the action of histamine in low concentrations, which stimulates cyclic adenosine monophosphate synthesis in smooth muscle cells leading to muscle relaxation (23).

Thus, the prevention of mast cell degranulation and endogenous histamine release by cellular membrane stabilization with chromoglycate sodium prevents the development of bronchial smooth muscle hyperactivity due to long-term inhalation exposure to NO<sub>2</sub> in the experimental COPD model. The study results give us reason to believe that the mechanism of bronchial wall smooth muscle contractile activity enhancement is mediated by transmembrane adenosine receptors activation of resident mast cells resulting in their partial degranulation with histamine release which affects histamine H<sub>1</sub>-receptors triggering reflex pathways through intramural ganglion neurons. The revealed dilatation effect of chromoglycate sodium on bronchial smooth muscle together with its anti-inflammatory effect allows to consider the clinical perspectives of using this preparation at early stages of COPD development.

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## Conflict of interests

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All authors declare that they have no conflicting interests.

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