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## A Method for Whole Protein Isolation from Human Cranial Bone

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### Abstract

The presence of the dense hydroxyapatite matrix within human bone limits the applicability of conventional protocols for protein extraction. This has hindered the complete and accurate characterization of the human bone proteome thus far, leaving many bone-related disorders poorly understood. We sought to refine an existing method of protein extraction from mouse bone to extract whole proteins of varying molecular weights from human cranial bone. Whole protein was extracted from human cranial suture by mechanically processing samples using a method that limits protein degradation by minimizing heat introduction to proteins. The presence of whole protein was confirmed by western blotting. Mass spectrometry was used to sequence peptides and identify isolated proteins. The data have been deposited to the ProteomeXchange with identifier PXD003215. Extracted proteins were characterized as both intra- and extracellular and had molecular weights ranging from 9.4–629 kDa. High correlation scores among suture protein spectral counts support the reproducibility of the method. Ontology analytics revealed proteins of myriad functions including mediators of metabolic processes and cell organelles. These results demonstrate a reproducible method for isolation of whole protein from human cranial bone, representing a large range of molecular weights, origins and functions.

### Keywords

Protein; Extraction; Human; Method; Cranial bone

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Conflict of Interest Disclosure

The authors declare no competing financial interest.

## 1. INTRODUCTION

Together, the axial and the appendicular skeleton comprise a dynamic structure essential for structure, protection of vital organs, locomotion, muscle anchoring, maintenance of calcium and phosphate homeostasis, and acid/base regulation. Additionally, the marrow contained in long bones is the site of hematopoiesis. Depending on its composition, skeletal bone can be classified as cortical, compact bone or trabecular, spongy bone.<sup>1</sup> Both types have inorganic, organic, water and lipid components. The inorganic or mineral component is predominantly hydroxyapatite while collagens and proteoglycans comprise the organic portion.<sup>2</sup> The cellular constituents of bone include osteoblasts, osteoclasts and osteocytes.<sup>3,4</sup> These play important roles in bone remodeling that are essential for adaptation to changing biomechanical stresses, and for the turnover of old bone and subsequent replacement with new, stronger bone.

Dysregulation of osteoclasts and osteoblasts can give rise to diseases such as Paget disease of bone,<sup>5</sup> osteopetrosis,<sup>6</sup> or craniosynostosis.<sup>7</sup> However, our understanding of the pathophysiology underlying these and other bone disorders<sup>8</sup> is still limited. The development of analytical methods enabling accurate profiling of the bone proteome has immense potential to elucidate these disease mechanisms. Recent methods have shown potential in deriving bone proteins and characterizing them through liquid chromatography-mass spectrometry (LC-MS) platforms. For example, Jiang et al. isolated peptides from canine skull and analyzed them through mass spectrometry by first demineralizing the hydroxyapatite matrix of canine bone using hydrochloric acid.<sup>9</sup> While effective at the peptide level, this method was compromised at the protein level by the degradation of protein in strong acid.

Mechanical processing of ancient human bone samples has been previously described by archeologists as an alternative means to extract and analyze proteins.<sup>10</sup> In this method, samples were ground by hand with an agate mortar until powder formed. Isolated proteins of this class were identified following mass spectrometry and ranged in molecular weight from 20.1-269.2 kilo-Dalton (kDa). Applicability of this method to current biomedical research is limited by inherent differences between bone obtained from archeological and living specimens.

Recently, Alves et al. extracted protein from femoral trabecular bone of four patients undergoing total hip arthroplasty.<sup>11</sup> Collected specimens were mechanically fragmented using a dismembrator and proteins were subsequently homogenized and denatured before being analyzed using nanoflow LC-MS/MS. Notably, 3038 unique proteins were detected with 844 present in all four femoral samples.

The extraction of protein specifically from human skull bone poses additional challenges due to the high density of cortical bone which hinders the extraction of protein from its hydroxyapatite matrix.<sup>12</sup> The heat or chemicals needed to break down this matrix compromise protein stability. To date, there has been no method developed for extraction and analysis of proteins from human skull without extensive protein damage. In our

laboratory, we are interested in elucidating differential protein expression between patent and prematurely fused human cranial sutures. Therefore, our research objectives call for a protein extraction technique of high yield, resolution and protein integrity. Here we describe a method of protein extraction from human cortical bone that minimizes thermal injury to protein. Using LC-MS/MS platforms, we detected proteins with a wide range of molecular weights that are derived from both intra- and extracellular milieus. Our methods can be utilized for detecting protein-level changes in diseases such as craniosynostosis.

## 2. MATERIALS & METHODS

### 2.1 Materials

This study was approved by the University of Chicago Institutional Review Board (IRB #15-0539). Both patent and pathologically fused (craniosynostotic) human cranial suture samples stripped of periosteum were extracted from patients undergoing cranial vault reconstruction at the University of Chicago Medicine Hospital from January 2013 through September 2014. As a pair of suture types (patent/fused) was harvested during surgery, each patient served as their own internal control. Samples were immediately labeled, frozen in liquid nitrogen and then stored at  $-80^{\circ}\text{C}$  until use. Ethylenediaminetetraacetic acid (EDTA), aprotinin, leupeptin and pepstatin, sodium orthovanadate ( $\text{Na}_3\text{VO}_4$ ), ammonium bicarbonate ( $\text{NH}_4\text{HCO}_3$ ), and dithiothreitol (DTT) were acquired from Sigma Aldrich (St Louis, MO).

### 2.2 Lysis buffer preparation

A solution of 2 ml of 1.2 M tris-acetate (pH 6.8), 1 ml 10% SDS, 50  $\mu\text{l}$  glycerol, 100  $\mu\text{l}$  100 mM EDTA, and 7 ml  $\text{H}_2\text{O}$  was mixed and placed on ice. Immediately before use, 10  $\mu\text{l}$  each of 1 mg/ml aprotinin, leupeptin and pepstatin were added. Additionally, 100  $\mu\text{l}$  1 M  $\beta$ -glycerol phosphate, 50  $\mu\text{l}$  200 mM  $\text{Na}_3\text{VO}_4$ , and 500  $\mu\text{l}$  1 M DTT were added. The solution was mixed in a conical tube by hand for approximately 30 seconds, placed on ice, and subsequently aliquoted into 500  $\mu\text{l}$  Eppendorf tubes (each) and kept on ice.

### 2.3 Sample preparation

The suture samples were removed from the freezer and wrapped in several layers of autoclaved aluminum foil. A hammer was used to break up the sample and the fragments were placed into a mortar and pestle kept on dry ice. The fragments were ground into a fine powder before being placed into Eppendorf tubes. The tubes were vortexed for one minute or until the ground suture went into solution. If necessary, more lysis buffer was added to solubilize the ground suture.

The solution was boiled for ten minutes (ensuring that the eppendorf tops were screwed on tightly) and then frozen at  $-80^{\circ}\text{C}$ . The samples were thawed and then centrifuged at 14000 rpm for 10 minutes. The supernatant was removed and placed into two ml tubes. The supernatant was sonicated for a total of ten seconds and then needle-sheared using a 25G needle. It was then aliquoted and frozen at  $-80^{\circ}\text{C}$ .

## 2.4 Protein digestion

1D gel electrophoresis was performed on sample eluates using 20 ug for a gel plug digest. IP eluates were loaded onto a 12% MOPS buffered SDS-PAGE gel (Invitrogen, Thermo Scientific, San Jose, CA), and run for 10 minutes at 200 V resulting in a ~2 cm “gel plug.” The gel was stained with 25 ml Imperial Stain (Thermo Scientific, San Jose, CA) at room temperature, and de-stained overnight in deionized H<sub>2</sub>O at 4°C.

The gel plugs for each sample to be analyzed were excised by sterile razor blade and chopped into ~ 1 mm<sup>3</sup> pieces. Each section was washed in deionized H<sub>2</sub>O and destained using 100 mM NH<sub>4</sub>HCO<sub>3</sub> pH 7.5 in 50% acetonitrile. A reduction step was performed by addition of 100 µl 50 mM NH<sub>4</sub>HCO<sub>3</sub> pH 7.5 and 10 µl of 200 mM tris(2-carboxyethyl)phosphine HCl at 37 °C for 30 minutes. The proteins were alkylated by addition of 100 µl of 50 mM iodoacetamide prepared fresh in 50 mM NH<sub>4</sub>HCO<sub>3</sub> pH 7.5 buffer and allowed to react in the dark at 20 °C for 30 minutes. Gel sections were washed in water, then in acetonitrile, and vacuum dried. Trypsin digestion was carried out overnight at 37 °C with 1:50-1:100 enzyme–protein ratio of sequencing grade-modified trypsin (Promega, Madison WI) in 50 mM NH<sub>4</sub>HCO<sub>3</sub> pH 7.5, and 20 mM CaCl<sub>2</sub>. Peptides were sequentially extracted with 5% formic acid, then 75% acetonitrile with 5% formic acid, combined and vacuum dried.

## 2.5 LC-MS/MS analysis

All fused and patent samples were re-suspended in Burdick & Jackson HPLC-grade water containing 0.2% formic acid (Fluka), 0.1% trifluoroacetic acid (TFA, Pierce, Waltham, MA), and 0.002% Zwittergent 3–16 (Calbiochem, Billerica, MA), a sulfobetaine detergent that contributes the following distinct peaks at the end of chromatograms: MH<sup>+</sup> at 392, and in-source dimer [2M+H<sup>+</sup>] at 783, and some minor impurities of Zwittergent 3–12 seen as MH<sup>+</sup> at 336. The peptide samples were loaded to a 0.25 µl C<sub>8</sub> OptiPak trapping cartridge custom-packed with Michrom Magic (Optimize Technologies, Oregon City, OR) C<sub>8</sub>, washed with Mobile phase A solution, then switched in-line with a 20 cm by 75 µm C<sub>18</sub> packed spray tip nano column packed with Michrom Magic C18AQ, for a 2-step gradient. Mobile phase A was water/acetonitrile/formic acid (98/2/0.2) and mobile phase B was acetonitrile/isopropanol/water/formic acid (80/10/10/0.2). Using a flow rate of 350 nl/min, a 90 minute, 2-step LC gradient was run from 5% B to 50% B in 60 minutes, followed by 50%–95% B over the next 10 minutes, hold 10 minutes at 95% B, back to starting conditions and re-equilibrated.

The samples were analyzed via electrospray tandem mass spectrometry (MS/MS) on a Thermo Q-Exactive Orbitrap mass spectrometer, using a 70,000 reversed phase survey scan in profile mode, m/z 360–2000 Da, using lock masses, followed by 10 MS/MS higher-energy collision dissociation fragmentation scans at 17,500 resolution on doubly and triply charged precursors. Single charged ions were excluded, and ions selected for MS/MS were placed on an exclusion list for 60 seconds.

## 2.6 Data analysis

Tandem mass spectra were extracted and charge states deconvoluted and deisotoped by Proteo Wizard version 3.0.6447. All MS/MS samples were analyzed using Mascot (Matrix Science, London, UK; version 2.3.02) and X! Tandem<sup>13</sup> (The GPM, thegpm.org; version CYCLONE (2010.12.01.1)). Mascot was set up to search the 140530\_SPROT\_HUMAN database (Uniprot 5-30-2014, 88698 entries) with the enzyme set to trypsin. X! Tandem was set up to search the 140117\_SPROT\_HUMAN database (Uniprot 1-17-2014, 69025 entries) also with enzymatic cleavage set as trypsin. Mascot and X! Tandem were searched with a fragment ion mass tolerance of 0.60 Da and a parent ion tolerance of 20 ppm. Carbamidomethylation of cysteine was specified as a fixed modification. Other variable modifications that were specified were modification from Glu to pyro-Glu at the N-terminus, ammonia-loss at the N-terminus, oxidation of methionine, formylation of the N-terminus, phosphorylation of serine, threonine and tyrosine and glyGly of lysine.

Scaffold (version Scaffold\_4.2.1, Proteome Software Inc., Portland, OR) was used to validate MS/MS-based peptide and protein identifications. The following rules were used to derive a list of confident peptides and proteins: a minimum observance of 2 peptides per protein, 95% peptide and 99% protein probabilities based on PeptideProphet<sup>14</sup> and ProteinProphet<sup>15</sup> algorithms within Scaffold. Gene ontology (GO) analysis was performed on the list of all identified proteins using Panther gene analysis tool.<sup>16</sup> The mass spectrometry proteomics data have been deposited to the ProteomeXchange Consortium (<http://proteomecentral.proteomexchange.org>) via the PRIDE partner repository<sup>17</sup> with the dataset identifier PXD003215 and DOI 10.6019/PXD003215.

## 2.7 Western Blot

Cranial suture samples were collected with a target size of 1 cm<sup>2</sup>. Protein was extracted from suture samples using two different methods of mechanical sample processing. The sample in lane 1 was processed with a mortar and pestle, and the sample in lane 2 was processed with a hammer. 30 µl of each lysate were loaded onto a NuPage gel (200V, 115 mA/gel, 1hr) although this was not normalized for protein concentration. Separated proteins were transferred to a nitrocellulose membrane (0.2 µm pore size) using a tank transfer system (200 V, 230 mA, 1 hour). Transfer was confirmed with Ponceau S staining. Actin was probed for using mouse anti-actin (cat#69100, clone C4) from MP Biomedical (Santa Ana, CA). Actin band intensity was quantified with densitometry using ImageJ<sup>18</sup>.

## 3. RESULTS

### 3.1 Suture Collection

In total, ten unique sutures were collected from five patients (ages 3-12 months). Patent sutures included four coronal sutures and one metopic suture. Fused sutures included three sagittal, one coronal and one metopic suture.

### 3.2 Protein Characterization

A total of 664 proteins were identified in our analysis (Supplementary Table 1). Molecular weights of proteins isolated (as reported by UniProt) ranged from 0-300+ kDa with a

majority of proteins (83.3%) between 0-75 kDa in weight (Figure 1). A total of 624 proteins were identified from the patent samples, with 275 proteins (44.1%) common to all patent samples. Similarly, 634 proteins were identified in fused samples with 199 (31.3%) common to all fused samples. Further details on protein sequence coverage, spectral counts, and identification probabilities are given in Supplementary Table 1.

### 3.3 Method Reproducibility

To further characterize reproducibility of the protein extraction method, correlation measures of protein spectral counts between experiments were calculated. Figure 2A depicts the correlation of spectral counts of all identified proteins between the patent samples. The upper-diagonal portion of the plot depicts correlation scores that indicate variation between samples. High correlation scores ( $>0.9$ ) are observed when comparing patent samples even across patients and suture type (coronal, metopic), indicative of high experimental reproducibility. The corresponding correlation plots for fused samples are shown in Figure 2B. As shown, there is significant correlation among the fused sagittal samples ( $>0.8$ , indicated by large text in Figure 2B) and between sagittal and metopic samples. However, the correlation of protein spectral count between coronal and other types are however low (0.6-0.7, indicated by small text in Figure 2B).

### 3.4 Functional Characteristics and Biology

Proteins were identified as deriving from both the intracellular and extracellular compartments (Figure 3A) using a search of the UniProt database. While all cellular compartments were represented by the intracellular proteins, the majority (40.6%) was located in the cytoplasm, while the nucleus (17.4%) and mitochondria (5.8%) represented the second and third most common sites of origin, respectively (Figure 3B).

The results of gene ontology analysis are illustrated in Figure 4. Within biological processes, metabolic process (24.2%), cellular process (18.5%) and localization (9.5%) were the top identified GO categories. Within molecular function, catalytic activity (32.5%), binding (25.2%) and structural activity (13.8%) were the top protein functions associated with suture proteins. Finally, within the cellular component category, cell parts (32.3%), organelle (21.6%) and extracellular (19.0%) components were the most associated with identified suture proteins.

### 3.5 Whole Protein Isolation

Isolated (not degraded) actin was detected by Western blot. Actin bands were present in suture samples processed using two different mechanical processing methods. The band intensity of the sample processed using a mortar and pestle was 12% of the band intensity of the sample processed using a hammer (Figure 5).

## 4. Discussion

No method has yet described a means to isolate whole protein from human cranial bone. Protein extraction from human bone is challenging due to the fragility and sensitivity of proteins to heat and acidic degradation – factors that are necessary for the disruption of the

rigid hydroxyapatite matrix. This has led to previous investigation of bone biology using *in vitro* studies of osteoblasts and osteoclasts – a technique inherently limited by its inability to replicate the *in vivo* environment of bone.<sup>19</sup> We hypothesized that we could devise a method that minimized protein loss due to acidic or thermal degradation. To this end, we fragmented cranial bone samples first using a hammer to increase the surface area-to-volume ratio before subjecting the bone to the friction and heat generated by the mortar and pestle. This limited heat introduction into samples and minimized thermal protein degradation. Protein was then stabilized in a lysis buffer consisting of several protease inhibitors, adapted from Ciaccio et al.<sup>20</sup> This was followed by brief boiling, freeze-thaw cycles and sonication to further disrupt cell membranes and to facilitate isolation of intracellular proteins.<sup>21</sup> Centrifugation was used to remove mineral matrix debris from samples. Of note, no protein analysis of this matrix debris was performed, but will be the focus of future experimentation to further characterize the efficiency of our technique.

The reproducibility of this method is demonstrated by the protein profiles of two types of suture-associated human cranial bone. On comparison of biological replicates, both sample groups had high correlation scores. To our knowledge, no other method has been as extensively tested to show reproducibility. By using two separate suture types (fused and patent), and demonstrating consistent inter-group protein extraction profiles, the consistency of the method is supported.

A heterogeneous group of proteins was isolated, consisting of both intra- and extracellular proteins with molecular weights ranging from 9-629 kDa. The majority of intracellular proteins were located in the cytoplasm, although all intracellular compartments were represented.

The isolation of whole protein was demonstrated with Western blotting. Of the methods detailed above that have been used to isolate peptides for analysis with mass spectrometry, only one described whole protein extraction. In this study, we probed for actin because of its ubiquitous nature. Since the method of using a hammer to mechanically process samples yielded a more intense actin band signal than the sample processed with the mortar and pestle, it appears more protein is preserved when less friction is used to morcellate samples.

The presence of proteins such as osteomodulin, an osteoblast maturation marker induced by osteoclast activity,<sup>22</sup> periostin, a protein secreted by osteoblasts and osteoblast cell lines,<sup>23</sup> and asporin, a protein that contributes to osteoblast-driven collagen biomineralization activity and has been implicated in the development of osteoarthritis,<sup>24,25</sup> suggest that our isolate is representative of *in vivo* protein expression in bone. Additionally, as bone is largely composed of collagen, it was expected and accordingly reflected in our results that there were many collagen proteins isolated including Col6A1. Col6A1 has been linked to the RANK-RANKL osteoclast activation pathway and has been linked to the development of rheumatoid arthritis.<sup>26</sup>

Further characterizing the bone proteome can have enormous implications for research in several bone-related disorders. For instance our current focus is to identify differential

expression of proteins in prematurely fused versus patent human cranial sutures in an attempt to unravel candidate genes in nonsyndromic craniosynostosis.

This method is limited due to the use of pediatric cranial bone – this bone is known to be more malleable and elastic than adult cranial bone, which has more completely ossified.<sup>27</sup> This feature of pediatric bone may have facilitated the breakdown of the hydroxyapatite matrix. We are planning to study this method for protein extraction in the adult setting.

While the protein yield was relatively low, the application of this method to human cranial bone represents a first pass at this technique. Refinement of this method to standardize lysate protein concentrations and to produce a higher protein recovery will be the goal of future experiments.

Additional limitations include the application of this method to different bone types including trabecular. As trabecular bone lacks the rigidity and density inherent to cortical bone, we suspect overall protein yield would be higher as less mechanical force (and heat) would be necessary to interrupt the hydroxyapatite matrix thereby minimizing protein degradation.

## Conclusions

Here we describe a reproducible method for isolating whole protein, with a wide range of molecular weights and of several intra- and extracellular origins, from human cranial bone. By mechanically processing cranial suture samples in a manner that minimized the introduction of heat, protein degradation was minimized. This can be instrumental in the characterization of the human bone proteome, which can shed light on poorly understood pathophysiologic conditions ranging from malignancy to trauma as well as facilitate the development of therapeutic interventions.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

## Acknowledgements

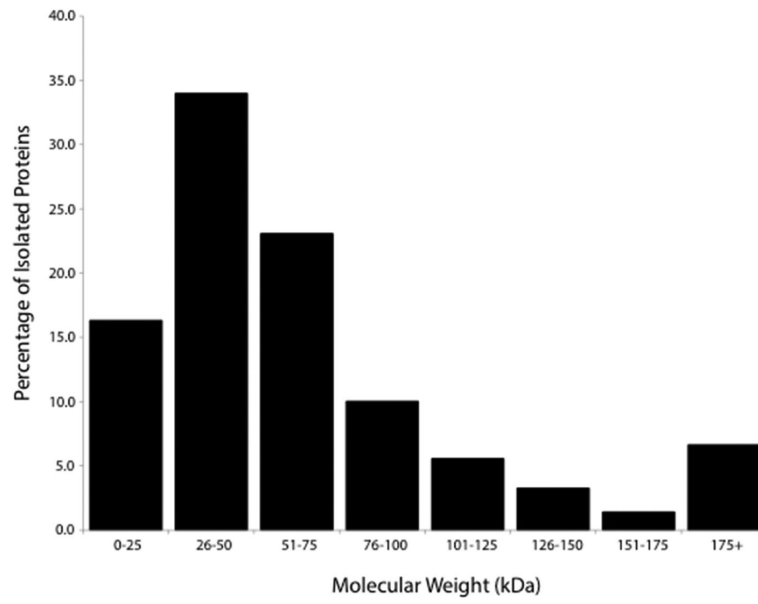
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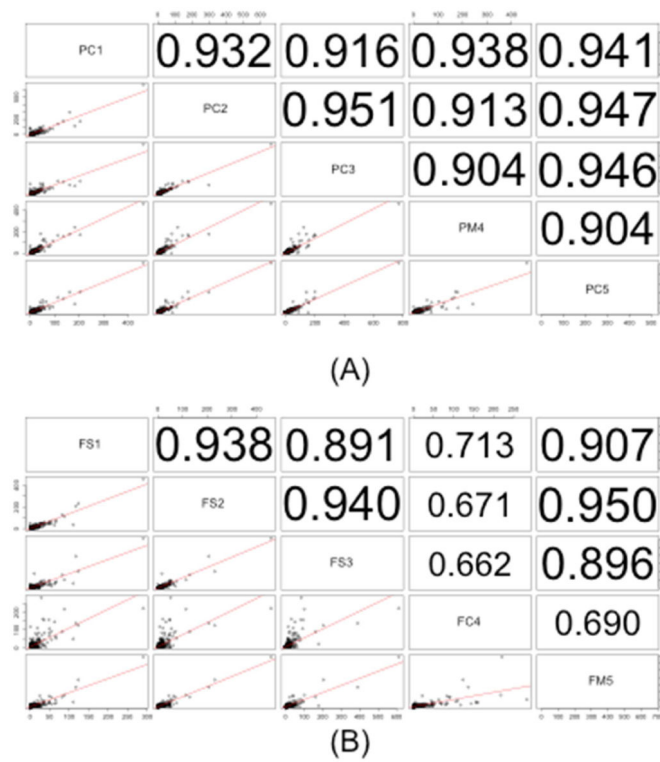
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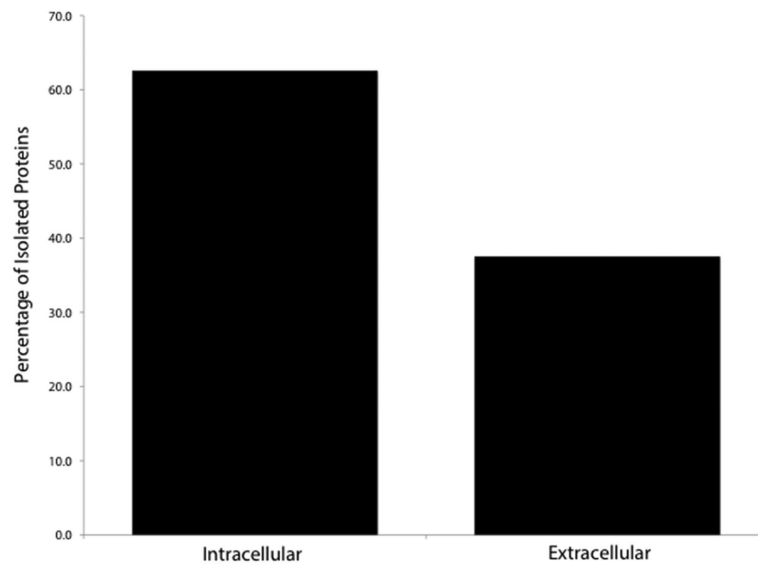
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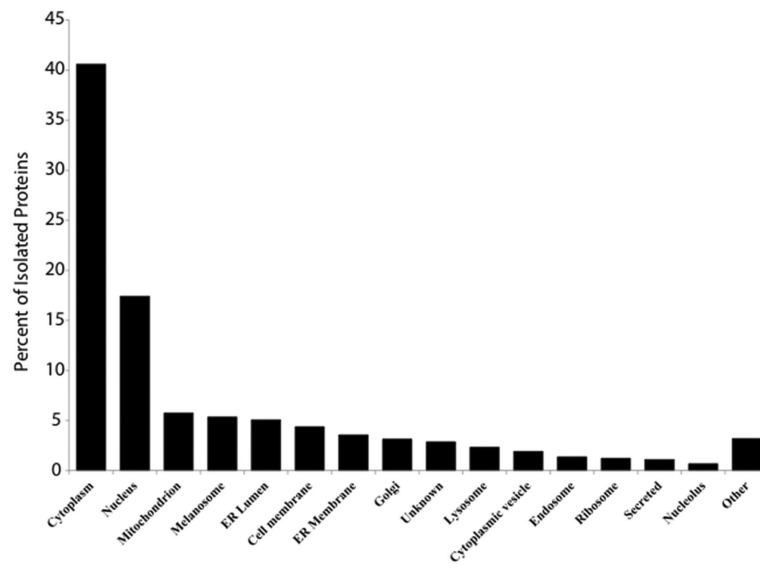
**Figure 1.**  
Distribution of molecular weights of proteins extracted from cranial suture samples.



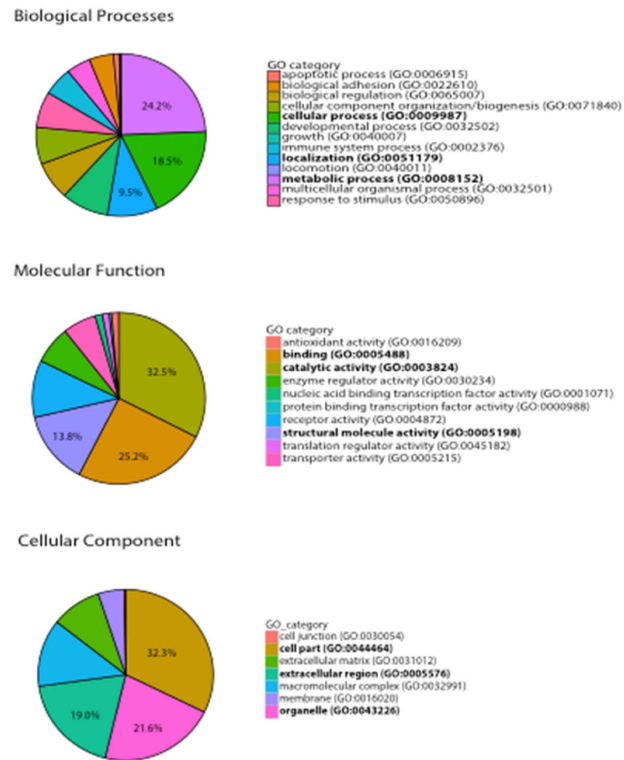
**Figure 2.** Correlation measures of protein spectral counts of (A) patent sutures and (B) fused sutures. Samples are labeled with three identifiers. P indicates a patent suture, F indicates a fused suture, and S, C, M correspond to sagittal, coronal and metopic sutures, respectively. The numbers 1-5 indicate the patient from which the suture was taken.



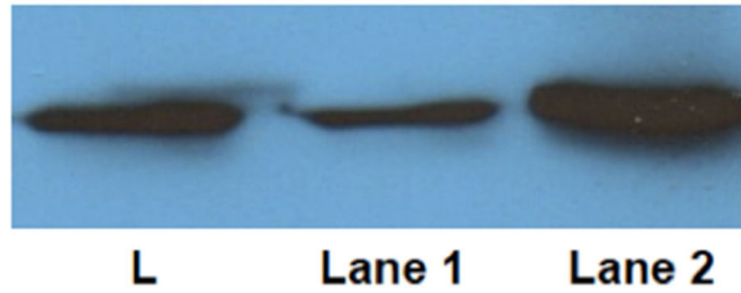
**Figure 3A.**  
Intra- vs. extracellular distribution of protein origin as recorded in UniprotKB.



**Figure 3B.** Localization of isolated proteins of intracellular origin as recorded in UniProtKB.



**Figure 4.** Protein Ontology as generated by PANTHER. The top three functions represented in the “Biological Categories,” “Molecular Function” and “Cellular Component” categories are represented by bold text.



**Figure 5.** Western blot probing for actin (42 kDa). Actin was probed in protein extracts of suture mechanically processed with a mortar and pestle (lane 1) and with a hammer (lane 2). L indicates ladder.