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Plasma Monocyte Chemotactic Protein-1 is Associated with AKI and Mortality after Cardiac Surgery

Dennis G. Moledina, MBBS* , **Selin Isguven, BS*** , **Eric McArthur, MSc**†, **Heather Thiessen-Philbrook, MMath*** , **Amit X. Garg, MD, PhD**‡, **Michael Shlipak, MD**§§, **Richard Whitlock, MD**¶¶ , **Peter A. Kavsak, PhD**††, **Steven G. Coca, MD, MS**§, **Chirag R. Parikh, MD, PhD***,¶, and **for the TRIBE-AKI Consortium**

*Program of Applied Translational Research, Section of Nephrology, Yale School of Medicine, New Haven, CT

¶VA Medical Center, West Haven, CT

† Institute for Clinical Evaluative Sciences Western, London, Ontario, Canada

‡Division of Nephrology, Department of Medicine, University of Western Ontario, London, Canada; Department of Epidemiology and Biostatistics, University of Western Ontario, London, Canada

§Department of Internal Medicine, Icahn School of Medicine at Mount Sinai, New York, NY

††Department of Pathology and Molecular Medicine, McMaster University, Hamilton, Ontario, Canada

¶¶Division of Cardiac Surgery, Population Health Research Institute, McMaster University, Hamilton, Ontario, Canada

§§Kidney Health Research Collaborative, San Francisco VA Medical Center, University of California, San Francisco

Abstract

Background—Monocyte chemotactic protein-1 [MCP-1; chemokine C-C Ligand-2 (CCL-2)] is upregulated in ischemia-reperfusion injury and is a promising biomarker of inflammation in cardiac surgery.

Methods—We measured pre- and postoperative plasma MCP-1 levels in adult patients undergoing cardiac surgery to evaluate the association of perioperative MCP-1 levels with acute kidney injury (AKI) and mortality in TRIBE-AKI- a prospective, multicenter, observational cohort.

Corresponding Author: Chirag R. Parikh, MD, PhD, Yale Program of Applied Translational Research, 60 Temple Street, Suite 6C New Haven, CT 06510 chirag.parikh@yale.edu.

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Results—Of the 972 participants in the study, 329 (34%) developed AKI and 45 (5%) developed severe AKI. During median follow-up of 2.9 (2.2–3.5) years, 119 (12%) participants died. MCP-1 levels were significantly higher in those who developed AKI and mortality as compared to those without AKI and mortality, respectively. Participants with preoperative MCP-1 level in the highest tertile (>196 pg/ml) had an increased AKI risk as compared to those in the lowest tertile [<147] pg/ml; OR, 1.43 (1.00–2.05)]; the association appeared similar but was not significant for the severe AKI outcome [OR, 1.48 (0.62–3.54)]. As compared with participants with preoperative MCP-1 level in the lowest tertile, those in the highest tertile had higher adjusted mortality risk [HR, 1.82 (1.40–2.38)]. Similarly, as compared to participants with postoperative MCP-1 level in the lowest tertile, those in the highest tertile had higher adjusted mortality risk [HR, 1.95 (1.09– 3.49)].

Conclusions—Higher plasma MCP-1 is associated with increased AKI and mortality risk after cardiac surgery. MCP-1 could be used as a biomarker to identify high-risk patients for potential AKI prevention strategies in the setting of cardiac surgery.

> Approximately two million cardiac surgeries are performed each year around the world. About 14% (280,000) of these patients experience the postoperative complication of acute kidney injury (AKI), which leads to increased length of hospital stay and healthcare expenditure($1-3$). Identification of patients who are most susceptible to postoperative complications could improve patient outcomes and healthcare costs by targeted interventions.

Pre- and intraoperative inflammation is recognized as an important predictor of postoperative complications after cardiac surgery(4,5). Preoperative inflammation primes the kidney and other organs for intraoperative injury, and elevations of preoperative inflammatory markers are associated with adverse postoperative outcomes. Cardiac surgery is associated with periods of hypo-perfusion, tissue ischemia, contact of blood components with the bypass circuit, non-pulsatile blood flow, and operative trauma that all contribute to a pro-inflammatory state(6). Given the important role of inflammation in cardiac surgery, trials of anti-inflammatory interventions have been conducted in hopes of improving postsurgical outcomes(7–9). Studies are also attempting to discover biomarkers that can identify patients with subclinical inflammation who might be candidates for antiinflammatory therapy in order to mitigate the risk of cardiac surgery.

Monocyte chemotactic protein-1 (MCP-1; chemokine C-C ligand-2) is a member of the chemokine family. Monocytes express CCR-2, the receptor for MCP-1, and MCP-1 regulates trafficking of monocytes from the bone marrow to inflamed tissue in response to inflammatory signals. In preclinical studies, MCP-1 expression was upregulated immediately after ischemia reperfusion injury(10) and MCP-1 inhibition was associated with lower cardiac fibrosis(11). In small human studies, MCP-1 expression increased immediately after cardiac surgery(12,13) and MCP-1 elevation was associated with AKI(14). Moreover, studies have used MCP-1 as a surrogate marker to quantify intraoperative inflammation after various interventions(13,15). However, the association of MCP-1 with post-cardiac surgery outcomes has not been examined in a large, prospective cohort.

We hypothesized that elevated perioperative plasma MCP-1 was a marker of unrecognized inflammation and would be associated with higher risk of adverse outcomes in patients undergoing cardiac surgery. In this study, we measured MCP-1 levels before and after cardiac surgery in participants of the Translational Research Investigating Biomarker Endpoints for Acute Kidney Injury (TRIBE-AKI) cohort, and tested its association with AKI and mortality.

PATIENTS AND METHODS

Participants

The TRIBE-AKI study is a prospective, multicenter, observational cohort of adults at high risk for developing AKI who underwent cardiac surgery [Coronary artery bypass grafting (CABG) and/or valve surgery]. Full study details have been previously published(16–18). In brief, we enrolled participants with at least one risk factor for AKI at five academic medical centers in North America (details in Supplemental Materials). Written informed consent was obtained from all patients or their proxy decision-makers. The TRIBE-AKI study was approved by the institutional review boards at each participating institution. We collected preoperative characteristics, operative details, and postoperative complications using definitions of the Society of Thoracic Surgeons(16).

Exposures

The exposures for this study were plasma MCP-1 levels at two time points: 1) preoperative concentration and 2) peak postoperative concentration in days 1–3 following surgery. Blood specimens were collected preoperatively and daily for up to five days after surgery. After a single freeze-thaw cycle of stored plasma samples, we measured MCP-1 on the Randox Evidence Investigator using a Randox-developed custom cytokine array (Randox Laboratories Ltd.) with a detection range of 12–1580 pg/ml and intra-assay coefficient of variation of 10–16% using manufacturer specifications. We blinded the personnel measuring the biomarkers to clinical outcomes.

Outcomes

The main outcomes for this study were occurrence of in-hospital AKI and all-cause mortality at complete cohort follow-up. AKI was defined as 0.3 mg/dl or >50% rise in serum creatinine from baseline or requiring dialysis during hospitalization. Severe AKI was defined as >100% rise in serum creatinine from baseline or requiring dialysis during hospitalization. Of the 329 AKI events, 327(99%) occurred within 7 days of surgery. The magnitude of changes in serum creatinine for AKI and severe AKI in our study correspond to KDIGO AKI stage 1 and AKI stage 2 or higher, respectively. All preoperative creatinine values were measured within two months prior to surgery. We estimated preoperative glomerular filtration rate (eGFR) using the Chronic Kidney Disease Epidemiology Collaboration equation.

We obtained mortality data after discharge through various mechanisms (and crossreferenced, when possible). For United States participants, we performed phone calls to patients' homes, searched the National Death Index, and received hospital records. For

participants from Canada, we used phone calls and data held at the Institute for Clinical Evaluative Sciences (ICES) to acquire vital status. These datasets were linked using unique, encoded identifiers and analyzed at the ICES. The death status and date of death were recorded through 12/31/2012. There was 100% vital status ascertainment on the cohort.

Statistical Analysis

We performed descriptive statistics and reported continuous variables as mean \pm standard deviation or median (interquartile range), and categorical variables as frequency (percentage). Small cell counts are only presented for data collected by TRIBE-AKI (not from ICES data). Continuous variables were compared using Wilcoxon rank sum test or Fisher's exact test, as appropriate. Categorical variables were compared using chi-square test. We performed pre- and postoperative MCP-1 correlation with each other, and with eGFR from corresponding time-points using Spearman correlations. We divided the population into MCP-1 concentration tertiles at preoperative and postoperative time points. We determined the association of MCP-1 tertiles with the AKI outcomes using logistic regression with the lowest tertile as the reference group. For the mortality outcome, we used Cox proportional hazards regression to estimate the hazard ratio of mortality with the lowest tertile of MCP-1 as the reference group. For the preoperative MCP-1 models, we adjusted the analyses for the following covariates: demographics [age, sex, race], comorbidities [diabetes, hypertension, heart failure, myocardial infarction], type of surgery (CABG or valve vs. all others), and evidence of kidney disease (preoperative albumin to creatinine ratio, preoperative eGFR). For the postoperative MCP-1 models, we additionally adjusted for surgical characteristics (CPB time>120 minutes, non-elective surgery), change in renal function (using change in serum creatinine), and baseline MCP-1 level. We performed two supplementary analyses: a) evaluation of association of each log increase in MCP-1 level with AKI and mortality, and b) evaluation of association of MCP-1 tertiles with mortality after excluding patients who experienced in-hospital mortality. We performed analyses in SAS version 9.3(SAS Institute, Cary, NC) and R 2.10.1(R Foundation for Statistical Computing, Vienna, Austria).

RESULTS

We enrolled 1219 patients to the TRIBE-AKI study from July 2007 through December 2009 (Supplemental Figure 1). Of these, 972 participants with adequate plasma sample for MCP-1 level measurement were included in the analysis. The mean age was 71 years and 68% were men. There were baseline participant differences across the preoperative plasma MCP-1 tertiles (Table 1). Patients in the highest tertile of MCP-1 were less likely to be white, had lower mean preoperative eGFR, and were more likely to have diabetes and hypertension. Baseline characteristics by postoperative MCP-1 tertiles had similar differences as the preoperative tertiles. Patients with longer cross-clamp time and who had on-pump surgery were more likely to be in the highest tertile of postoperative MCP-1 (Supplemental Table 1).

Perioperative Plasma MCP-1 Levels

MCP-1 increased from preoperative median (IQR) level of 171 (135–212) pg/mL before surgery to a peak of 450 (307–735) pg/mL 0–6 hours after surgery (Figure 1). MCP-1 levels

were higher in participants who developed AKI and mortality as compared to participants without AKI and mortality, respectively (Supplemental Table 2). Preoperative MCP-1 positively correlated with postoperative MCP-1 (R^2 =0.31) and negatively correlated with eGFR $(R^2=-0.22)$.

Perioperative MCP-1 Levels and AKI Risk

Of the 972 participants, 329 (34%) developed AKI, 45 (5%) developed severe AKI, and 13 (1%) received acute dialysis. After adjusting for baseline characteristics and preoperative eGFR, the highest tertile of preoperative MCP-1 was associated with a higher odds ratio of AKI [Table 2; OR, 1.43 (1.00–2.05)]; the association appeared similar but was not significant for severe AKI [OR, 1.48 (0.62–3.54)]. Postoperative MCP-1 level showed similar trends of association as preoperative MCP-1 level, but was no longer statistically significant after covariate adjustment.

Perioperative MCP-1 Levels and AKI Duration

Of the 329 participants with AKI, 206(63%) had duration of 1–2 days, 98(29%) had duration of $3-6$ days, and $25(8%)$ had duration of $\overline{7}$ days. The highest preoperative MCP-1 tertile was associated with longer AKI duration as compared to lowest tertile[OR: 1.45(1.03–2.05); Supplemental Table 3]. The highest postoperative MCP-1 tertile showed a trend towards longer AKI duration as compared to lowest tertile [OR: 1.36 (0.89–2.08)].

Perioperative MCP-1 Levels and Mortality Risk

During median follow-up of 2.9 (2.2–3.5) years, 119 (12%) participants died. Of the 119 deaths, 15 occurred during the index hospitalization. Median time from surgery to death for these in-hospital deaths was 10 (4–23) days. Participants in the highest pre- and postoperative MCP-1 tertile had higher death rates as compared to those in the lowest tertile (Table 3). After adjustment for baseline covariates, surgical characteristics and eGFR, participants in the highest pre- and postoperative MCP-1 tertiles had a higher mortality risk as compared to participants in the lowest pre- and postoperative MCP-1 tertile, respectively [Figure 2; preoperative: HR, 1.82 (1.40–2.38); postoperative: HR, 1.95 (1.09–3.49)]. We noted similar results when the association of mortality was analyzed using per-log increase in MCP-1 level (Table 3). We noted a similar association of MCP-1 level with long-term mortality after excluding participants with in-hospital deaths, except the association of postoperative MCP-1 level with mortality was no longer statistically significant (Supplemental Table 4 and Supplemental Figure 2).

COMMENT

Inflammation is associated with adverse post-cardiac surgery outcomes and biomarkers are being evaluated to detect patients with subclinical inflammation. Several trials of antiinflammatory interventions have been conducted in hopes of improving outcomes after cardiac surgery($7,9$). MCP-1 is a promising inflammatory biomarker that has been shown to increase in cardiac surgery and is associated with adverse postoperative outcomes in small clinical studies. In our large, multicenter, prospective cohort, we hypothesized that perioperative plasma MCP-1 would be associated with adverse outcomes. Our study shows

that higher plasma MCP-1 level was associated with increased in-hospital AKI and mortality risk. Our findings suggest that, in a subset of patients undergoing cardiac surgery, unrecognized perioperative inflammation may contribute to higher postoperative mortality, and this inflammation can be detected by elevated plasma MCP-1 levels.

MCP-1 (CCL-2) is upregulated in the setting of inflammation. MCP-1 is the ligand for CCR-2 and CCR-2 is present almost exclusively on monocytes. Thus, in the setting of inflammation, MCP-1 attracts monocytes out of the bone marrow and recruits them to inflammatory sites(19). While MCP-1 is elevated in various renal diseases such as lupus nephritis, diabetic nephropathy, and transplant rejection, its role is not limited to the kidneys(19). MCP-1 is elevated in various other conditions including infection, allergic reactions, bone remodeling, atherosclerosis, and inflammatory bowel disease(20). Given the pathogenic role of MCP-1 in various disorders, MCP-1 receptor blocker has been developed and is now in early phase clinical trials(21).

There is preclinical and clinical evidence to suggest the role of MCP-1 as an inflammatory biomarker in cardiac surgery. Preclinical and clinical studies show that MCP-1 is increased immediately after ischemia-reperfusion injury and cardiac surgery(10,13). Studies have used a decrease in MCP-1 level as a surrogate marker for reduced postoperative inflammation from various interventions(13,15). MCP-1 level has also been associated with mortality in small studies. In a 32-patient study, higher serum MCP-1 level was associated with 10-fold higher mortality risk in acute respiratory distress syndrome(22). Similarly, in a 2270 patient study with unstable coronary syndromes with 10 months follow-up, higher MCP-1 level was associated with 54% higher risk of death(23). However, no study has examined the association of preoperative MCP-1 levels with mortality after cardiac surgery.

Similar to preclinical studies, we noted a 2.5-fold rise in MCP-1 after surgery and that patients with longer CPB time were more likely to have higher post-operative MCP-1 level. We found that patients in the highest tertile of MCP-1 before and after surgery were at increased risk of dying after cardiac surgery. Our results remained significant after adjustment for various confounders including diabetes, hypertension, surgical characteristics and eGFR. This association of higher MCP-1 level with mortality has been shown in the setting of coronary artery disease(24,25). We believe that this increase in mortality in patients with higher baseline and postoperative MCP-1 level may be due to unrecognized inflammation and resulting fibrosis in various tissues. Thus, while a major trial of untargeted anti-inflammatory therapy showed null results in cardiac surgery (9) , MCP-1 may be able to select individuals who might benefit from targeted anti-inflammatory therapy.

Prior studies showed an association of elevated MCP-1 level with AKI in various settings(22,26). One small study of 100 subjects and 27% AKI events found a nonsignificant 4-fold AKI risk for patients in the highest MCP-1 tertile after surgery compared to the lowest tertile(14). Our study of over 900 patients sought to definitively establish this connection between MCP-1 and AKI. We found that preoperative plasma MCP-1 level was associated with AKI, and showed a similar, but statistically non-significant, association of preoperative plasma MCP-1 level with severe AKI. Postoperative MCP-1 showed similar

associations as preoperative MCP-1, but was no longer statistically significant after we adjusted for demographics and surgical characteristics.

Our study has several important strengths. This is the largest study examining the association of MCP-1 with important post-cardiac surgery outcomes of AKI and mortality. Our sample size was adequate to detect clinically meaningful difference in outcomes. We were also able to reach 100% ascertainment of vital status. We adjusted our analysis for important covariates. Finally, personnel performing biomarker measurement were blinded to clinical data. Our study also has several limitations. We do not have data on cause of death. However, all-cause mortality is an important and clinically meaningful outcome. We did not have other traditional inflammatory markers such as erythrocyte sedimentation rate or Creactive protein to compare with MCP-1. However, one study in patients with acute coronary syndrome demonstrated the ability of MCP-1 to predict long term mortality in addition to Creactive protein, IL-6, troponin I, and N-terminal pro-brain natriuretic peptide(25).

In conclusion, our study shows that elevated perioperative plasma MCP-1 is associated with a higher AKI and mortality risk after cardiac surgery. MCP-1 may be a useful inflammatory biomarker that can be used to identify high-risk individuals for anti-inflammatory interventions in cardiac surgery.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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Moledina et al. Page 9

Figure 1. (A) MCP-1 Levels are Significantly Higher in Patients with AKI. (B) MCP-1 Levels are Significantly Higher in those with Mortality

*For AKI: P<0.001 at all time-points. *For mortality: P=0.02 on first post-operative day, P=0.001 on pre-operative time-point, and P<0.001 at all other time-points.

Each bar represents interquartile range and horizontal line represents median. Day 1 refers to postoperative time 0–6 hours after surgery, day 2 corresponds to 48 hours after surgery, and day 3 corresponds to 72 hours after surgery.

Figure 2. (A) Probability of Mortality after Cardiac Surgery by Preoperative MCP-1 Tertiles. (B) Probability of Mortality after Cardiac Surgery by Postoperative MCP-1 Tertiles MCP-1 tertile cut-offs(pg/ml):

Preoperative: T1: 12-147; T2: 147-196; T3: 196-1581 Postoperative: T1: 40-359; T2: 359-600; T3: 600-1581 Median(IQR) length of follow-up: 2.9(2.2–3.5) years

Table 1

Patient Characteristics by Preoperative MCP-1 Tertiles Patient Characteristics by Preoperative MCP-1 Tertiles

Ann Thorac Surg. Author manuscript; available in PMC 2018 August 01.

 $^{\circ}$ Continuous variables are compared using Wilcoxon rank sum test or Fisher's exact test, and categorical variables are compared using chi-square test. Continuous variables are compared using Wilcoxon rank sum test or Fisher's exact test, and categorical variables are compared using chi-square test.

Small cell counts are only presented for data collected by TRIBE-AKI and not from ICES data holdings.

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 $^{\circ}$ Properative MCP-1 tertile cut-offs
(pg/ml): Tl: 12-147; T2: 147-196; T3: 196-1581. ‡ **Preoperative MCP-1 tertile cut-offs(pg/ml):** T1: 12-147; T2: 147-196; T3: 196-1581.

LVEF, left ventricular ejection fraction; eGFR, estimated glomerular filtration rate **LVEF**, left ventricular ejection fraction; **eGFR**, estimated glomerular filtration rate

Table 2

Association of MCP-1 with AKI Association of MCP-1 with AKI

Ann Thorac Surg. Author manuscript; available in PMC 2018 August 01.

 $r_{\mbox{\small \textsf{Logistic regression}}$ Logistic regression

For preoperative biomarkers: **For preoperative biomarkers:**

Model 1: Adjusted for age, sex, nec, non-elective surgery, diabetes, hypertension, center, heart failure, myocardial infarction, preoperative urine albumin to creatinine ratio, and type of surgery (CABG or **Model 1**: Adjusted for age, sex, race, non-elective surgery, diabetes, hypertension, center, heart failure, myocardial infarction, preoperative urine albumin to creatinine ratio, and type of surgery (CABG or valve vs. all others). valve vs. all others).

Model 2: Model 1 + preoperative eGFR **Model 2:** Model 1 + preoperative eGFR

For postoperative biomarkers: **For postoperative biomarkers:**

Model 1: Adjusted for age, sex, race, CPB>120 minutes, non-elective surgery, preoperative eGFR, diabetes, hypertension, center, heart failure, myocardial infarction, preoperative urine albumin to **Model 1**: Adjusted for age, sex, race, CPB>120 minutes, non-elective surgery, preoperative eGFR, diabetes, hypertension, center, heart failure, myocardial infarction, preoperative urine albumin to creatinine ratio, and type of surgery (CABG or valve vs. all others) creatinine ratio, and type of surgery (CABG or valve vs. all others)

Model 2: Model 1 + change in serum creatinine from preoperative to peak + baseline MCP-1 level **Model 2**: Model 1 + change in serum creatinine from preoperative to peak + baseline MCP-1 level

Table 3

Association of MCP-1 with Mortality Association of MCP-1 with Mortality

 $\hbar\text{Cox}$ proportional hazards model Cox proportional hazards model

 $*$ $\overline{}$ Per 1000 person-years

For preoperative biomarkers: **For preoperative biomarkers:**

Model 1: Adjusted for age, sex, race, non-elective surgery, diabetes, hypertension, center, heart failure, myocardial infarction, preoperative urine albumin to creatinine ratio, and type of surgery (CABG or **Model 1**: Adjusted for age, sex, race, non-elective surgery, diabetes, hypertension, center, heart failure, myocardial infarction, preoperative urine albumin to creatinine ratio, and type of surgery (CABG or valve vs. all others). valve vs. all others).

Model 2: Model 1 + preoperative eGFR **Model 2:** Model 1 + preoperative eGFR

For postoperative biomarkers: **For postoperative biomarkers:**

Model 1: Adjusted for age, sex, race, CPB>120 minutes, non-elective surgery, preoperative eGFR, diabetes, hypertension, center, heart failure, myocardial infarction, preoperative urine albumin to **Model 1**: Adjusted for age, sex, race, CPB>120 minutes, non-elective surgery, preoperative eGFR, diabetes, hypertension, center, heart failure, myocardial infarction, preoperative urine albumin to creatinine ratio, and type of surgery (CABG or valve vs. all others) creatinine ratio, and type of surgery (CABG or valve vs. all others)

Model 2: Model 1 + change in serum creatinine from preoperative to peak + baseline MCP-1 level **Model 2**: Model 1 + change in serum creatinine from preoperative to peak + baseline MCP-1 level