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Kappa opioid receptor antagonism and chronic antidepressant treatment have beneficial activities on social interactions and grooming deficits during heroin abstinence

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Abstract

Addiction is a chronic brain disorder that progressively invades all aspects of personal life. Accordingly, addiction to opiates severely impairs interpersonal relationships, and the resulting social isolation strongly contributes to the severity and chronicity of the disease. Uncovering new therapeutic strategies that address this aspect of addiction is therefore of great clinical relevance. We recently established a mouse model of heroin addiction in which, following chronic heroin exposure, 'abstinent' mice progressively develop a strong and long-lasting social avoidance phenotype. Here, we explored and compared the efficacy of two pharmacological interventions in this mouse model. Because clinical studies indicate some efficacy of antidepressants on emotional dysfunction associated with addiction, we first used a chronic 4-week treatment with the serotonergic antidepressant fluoxetine, as a reference. In addition, considering prodepressant effects recently associated with kappa opioid receptor signaling, we also investigated the kappa opioid receptor antagonist norbinaltorphimine (norBNI). Finally, we assessed whether fluoxetine and norBNI could reverse abstinence-induced social avoidance after it has established. Altogether, our results show that two interspaced norBNI administrations are sufficient both to prevent and to reverse social impairment in heroin abstinent animals. Therefore, kappa opioid receptor antagonism may represent a useful approach to alleviate social dysfunction in addicted individuals.

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Keywords

abstinence; addiction; heroin; kappa opioid receptor; serotonin; sociability

INTRODUCTION

Addiction is a chronic brain disorder with devastating consequences for individuals and their social life (Volkow, Baler & Goldstein 2011; Everitt 2014). Natural history of the disease has been classically conceptualized as a vicious cycle. Drug intoxications initially produce positive subjective effects but are followed by aversive signs of withdrawal when pharmacological drug effects unfold. In turn, withdrawal feeds into a 'preoccupation' stage, where drug craving irresistibly drives drug-seeking behaviors and precipitates relapse (Koob & Volkow 2010). Escaping this vicious cycle and maintaining abstinence is a lifelong challenge for addicted individuals.

Several causes contribute to interrupt drug abstinence. External factors, such as stressful life experiences and drug-associated environments (Koob & Volkow 2010), are well-studied determinants for relapse. Alteration of emotional homeostasis during the course of the disease represents yet another key factor, which is less understood. Abstinence, notably from opiate abuse, is characterized by a symptomatology encompassing anxiety and depressive disorders, as well as social isolation (Grella et al. 2009). Emotional and social dysfunction in addicted subjects is a major concern that associates with a more severe and longer clinical course, as well as higher relapse rates during abstinence periods (Bakken, Landheim & Vaglum 2007). Several rodent paradigms have been used to study the various facets of emotional deficits associating with opiate abuse. In summary, chronic opiate exposure was found to potentiate stress vulnerability (Blatchford et al. 2005), defensive behaviors (Harris & Aston-Jones 1993, 2001) and depressive-like behaviors (Grasing & Ghosh 1998; Anraku et al. 2001; Hodgson et al. 2009; Jia et al. 2013). Recently, we established a novel mouse model of drug abstinence focused on social behaviors. We showed that abstinence from both morphine and heroin, two prototypical opiates, progressively leads over the course of 4 weeks to the emergence of a long-lasting, low sociability phenotype (corresponding to both decreased interactions and increased grooming when encountering a new congener), which also associates with depressive-like features (Goeldner et al. 2011; Lutz & Kieffer 2013; Lutz et al. 2014).

Rigorous clinical studies have been conducted to evaluate classical antidepressants in the context of emotional comorbidities of addiction (Nunes & Levin 2006). These studies reported mixed results, some positive but some negative, emphasizing the need to investigate other therapeutic options. Over the last few years, animal studies have identified the kappa opioid receptor (KOR) as a promising target for innovative antidepressant strategies (Bruchas, Land & Chavkin 2010; Knoll & Carlezon 2010; Lalanne *et al.* 2014), prompting clinicians to assess the potential of targeting this particular opioid receptor to treat emotional symptoms in drug abuse. Buprenorphine, for example, is a complex opiate drug that activates the mu opioid receptor (MOR), the main molecular mediator of reinforcing properties of opiates, but is also an antagonist at the KOR. Considering the treatment of

addiction, buprenorphine was used primarily as a substitution to illegal opiates because of its MOR activity; interestingly, some authors reported beneficial effects on emotional distress (Gerra *et al.* 2004) possibly because of KOR blockade. Recent studies have also investigated combined administration of buprenorphine and MOR antagonists, in order to achieve KOR blockade while limiting the risk of abuse associated with MOR activation. Results have revealed significant improvement of depressive symptoms (Ehrich *et al.* 2014; Almatroudi *et al.* 2015), further reinforcing the possibility that KOR antagonism may have intrinsic antidepressant potential.

Because MOR and KOR exert complex and distinct controls over emotions and sociability, animal studies and clinical trials that target both receptor types may be difficult to interpret. Also, systemic KOR-targeting therapies have not been investigated in animal models of social comorbidities of opiate addiction. In the present study, we hypothesized that KOR signaling may play a role in the emergence of low sociability in opiate addicts and evaluated the efficacy of a pure KOR antagonist in a validated mouse model of social deficits in heroin abstinence. We examined the ability of norBNI to prevent low sociability in heroin abstinent mice and to reverse this phenotype after it has been established, using the antidepressant fluoxetine (FLX) as a comparison. Our results indicate that these two pharmacological interventions had protective effects during heroin abstinence, in prevention and reversion experiments, against both low social interactions and increased grooming.

METHODS

Animals

Male C57BL/6JCrl mice (Charles Rivers Laboratories, St.-Germain-sur-l'Arbresle, France) were habituated to housing conditions during 2 weeks and were 10-week old at the beginning of chronic heroin exposure. Animals were housed four/cage and maintained under standard laboratory conditions (12-hour light–dark cycle with lights on at 7 AM; food and water available *ad libitum*). All experimental procedures were performed according to standard ethical guidelines (European Union Council Directive of 22 September 2010, directive 2010/63/UE and IGBMC-ICS ethical comity, Com'Eth).

Heroin treatment

Heroin (Francopia, Gentilly, France) was administered intraperitoneally (i.p.) twice daily (8 AM and 6 PM) with escalating doses (10, 20, 30, 40, 50 mg/kg for 5 days, followed by a single 50 mg/kg injection on day 6) or saline solution as a control. We previously showed that this regimen induces a strong physical dependence, one of the hallmarks of opiate addiction in human (Lutz *et al.* 2014). Compared with our previous studies on morphine abstinence (20–100 mg/kg morphine doses) and based on systematic analyses of opiate-induced physical dependence across inbred mouse strains (Kest *et al.* 2002; Klein *et al.* 2008), we selected heroin doses divided by a factor of two (10–50 mg/kg). Although the signs of withdrawal qualitatively differ (refer to Lutz *et al.* 2014), the global scores for acute naloxone-precipitated withdrawal are comparable across these two morphine and heroin regimens. To avoid reciprocal social influences between saline- and heroin-treated mice (Cole *et al.* 2012), housing cages contained only saline-treated or only opiate-treated mice.

Following the 6-day heroin regimen, animals experienced spontaneous withdrawal in their home cages and were maintained drug free (i.e. 'abstinent') for 4 or 8 weeks in prevention or reversion experiments, respectively.

Fluoxetine treatment

The 10 mg/kg FLX dose was chosen based on our previous studies (Goeldner *et al.* 2011; Lutz *et al.* 2014). Briefly, the amount of FLX (Sigma-Aldrich, Lyon, France) supplemented to regular chow was based upon initial body weight of animals and daily average food intake: A 30 g mouse consuming 4 g/day (dry weight) of chow supplemented with 0.3 mg FLX received an approximate 10 mg/kg/24 hour dose. The 10 mg/kg was chosen as, in pilot experiments (refer to supplementary online material in Goeldner *et al.* 2011), it did not alter food intake during the 3 weeks of treatment and was ineffective on despair-related behaviors in naïve mice. In contrast, a higher (30 mg/kg) FLX dose was rejected as it severely reduced food intake and produced signs of serotonergic overdosage in some animals.

Norbinaltorphimine treatment

Norbinaltorphimine (norBNI) (Tocris Bioscience, Lille, France) is a long-acting antagonist with a greater than 100-fold selectivity for KOR over other opioid receptors (Metcalf & Coop 2005). Two injections of norBNI were administered i.p. over a 4-week period (Melief *et al.* 2011) and at a 10 mg/kg dose (McLaughlin *et al.* 2006; Bruchas *et al.* 2007a) with saline solution as a control. Housing cages contained only saline-treated or only norBNI-treated mice.

(trans)-3,4-Dichloro-N-methyl-N-[2-(1-pyrrolidinyl)-cyclohexyl] benzene-acetamide treatment

(*trans*)-3,4-Dichloro-*N*-methyl-*N*-[2-(1-pyrrolidinyl)-cycloxhexyl] benzene-acetamide (U50,488H; Sigma Aldrich, Lyon, France) was administered subcutaneously (s.c.), as previously described (Simonin *et al.* 1998), at a 20 mg/kg dose.

Behavioral testing

Following repeated heroin injections, mice were maintained drug free in their home cages. Social behaviors were investigated 4 or 8 weeks later in a familiar environment (open-field arena), as previously described (Goeldner *et al.* 2011; Lutz *et al.* 2014).

Social interactions

Pairs of unfamiliar mice, from different home cages but of similar weight, were placed simultaneously for 10 minutes in the open-field arena, indirectly lit at 50 lux. Prior habituation to the arena and dim lighting both favor social interactions in poorly anxiogenic conditions (Goeldner *et al.* 2011). While in the present study, social interactions were measured using pairs of mice from the same treatment condition, our previous work (Lutz *et al.* 2014) suggests that similar effects of abstinence are observed when heroin-treated mice interact with naïve, opiate-free animals. Using an ethological keyboard, we measured the number of occurrences and the total duration of social interaction behaviors (sniffing, following and pawing contact), as well as of the individual grooming behavior.

Tail immersion

The 52°C water is a commonly used nociceptive stimulus for opioid analgesia testing (Vaught & Takemori 1979; Mogil, Wilson & Wan 2001). Latency to withdraw the tail was measured by stopwatch. A cutoff time of 15 seconds was used to prevent heat-related tissue damage. For each mouse, pain-reflex latency was first measured at baseline. Then, U50,488H was administered with saline solution as a control, followed 30 minutes later (peak effect of the drug, refer to Bruchas *et al.* 2007b; Munro *et al.* 2012) by another measure of the pain reflex latency.

Statistical analyses

All data is expressed as mean \pm SEM. Statistical analyses were performed using one- and two-way analyses of variance (ANOVA) with between-subjects (heroin abstinence, norBNI injections and FLX pellets) and within-subjects (U50,488H-induced analgesia) factors, in accordance with the experimental design. In case of significant interaction following ANOVA, multiple comparisons between groups were performed using Fischer's *post hoc*. Statistical significance was defined as *P* < 0.05.

RESULTS

Low sociability during heroin abstinence can be both prevented and reversed by chronic antidepressant treatment with FLX

We showed previously that prolonged abstinence from chronic heroin exposure leads to the emergence of social withdrawal, a stable phenotype that can be detected at least from 4 to 7 weeks following the end of heroin treatment (Lutz et al. 2014). Here, in a first set of experiments (n = 128 mice, refer to timeline in Fig. 1a), we examined the ability of chronic antidepressant treatment to prevent (FLX administered during weeks 2 to 5) or reverse (FLX administered during weeks 5 to 9) heroin abstinence-induced social deficit. For each prevention or reversion experiment (n = 64 mice), two animal cohorts (n = 32 mice/cohort; n = 16 mice/saline or heroin group in each cohort) were processed independently, and results were pooled. FLX-supplemented pellets were replaced by normal pellets 48 hours before behavioral testing to avoid acute effects of the drug. Results of the prevention experiments were consistent with our previous findings (Fig. 1b, left panels) (Lutz et al. 2014) and showed that heroin abstinence decreases social behaviors while potentiating self-grooming. We note also that no aggressive behaviors could be detected in heroin abstinent mice under our experimental conditions. Statistical analyses (two-way ANOVA) showed that social exploration time (sum of the durations of sniffing, pawing contact and following between pairs of mice of same treatment group) was affected by heroin pre-exposure [R(1,21) = 61.7,P < 0.0001] as well as by FLX treatment [F(1,21) = 30.6, P < 0.0001], with no significant interaction [F(1,21) = 2.11, P > 0.05]. Post hoc analyses showed a decrease in social interactions in heroin-control food mice, as compared with both saline-control food (P <(0.0001), and heroin-FLX (P < 0.0001), mice. Heroin abstinence increased grooming [P(1,21) = 13.2, P < 0.005], a behavior that may represent an attempt to limit or avoid social contact (refer to our previous studies for a discussion). This effect was prevented by FLX [F (1,21) = 8.4, P < 0.05, with a significant interaction [F(1,21) = 7.4, P < 0.05]. Post hoc analysis showed that heroin-pretreated mice fed regular chow (heroin-control food) spent

more time grooming than saline controls (saline-control food, P < 0.001) or than heroin abstinent mice fed FLX pellets (P < 0.001). Therefore, a chronic antidepressant treatment targeting the serotonergic (5-HT) system is able to promote social interactions and limit aberrant grooming during long-term withdrawal, consistent with our previous observation of dynamic adaptations within 5-HT circuits during this time period (Goeldner et al. 2011; Lutz et al. 2011). We next wondered whether chronic FLX treatment might be beneficial in abstinent mice when administered at a later stage, after neurochemical adaptations have developed and low sociability has established (Fig. 1b, right panels). In these reversion experiments, two-way ANOVA analysis of social behaviors duration found significant detrimental and beneficial effects of heroin [F(1,25) = 6.7, P < 0.05] and FLX [F(1,25) =48.5, P < 0.0001], respectively, with a significant interaction [F(1,25) = 52.4, P < 0.0001]. Post hoc analyses showed a decrease in social interactions in heroin-control food mice, as compared with both saline-control food (P < 0.0001), and heroin-FLX (P < 0.0001), mice. Similar to results from prevention experiments, we also found that increased grooming induced by heroin pre-exposure [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is reversed by FLX [F(1,25) = 17.4, P < 0.0005] is re 16.6. P < 0.0005, with a significant interaction [F(1.25) = 14.1, P < 0.005]. Post hoc analyses further confirmed that heroin-control food mice exhibit significantly longer grooming behaviors compared with both saline-control food (P < 0.0001), and heroin-FLX (P < 0.0001), mice. Altogether, the data show that a chronic FLX treatment is able to both prevent and reverse social withdrawal, which has developed during heroin abstinence.

Two norBNI injections are sufficient to significantly block KOR signaling during a 4-week period

The long-lasting KOR antagonist activity of norBNI was described originally by several groups of investigators to last *in vivo* around 14 to 21 days (in both rodents, Bruchas *et al.* 2007b; Munro *et al.* 2012; Patkar *et al.* 2013, and rhesus monkeys, Butelman *et al.* 1993). While extremely long compared with most opiates, the reported duration of norBNI effects is shorter than the 4-week abstinence period in our model. We therefore determined the number of injections necessary to block KOR signaling during the entire 4-week abstinence period.

To this aim, we tested the analgesic effect of the KOR agonist U50,488H 4 weeks after a single i.p. norBNI injection (refer to timeline in Fig. 2a and results in Fig. 2b, left bottom panel). As expected, two-way ANOVA showed a significant analgesic effect of U50,488H, with an increase in the tail withdrawal latency [R(1,10) = 11.87, P < 0.01]. We noted, however, that norBNI had no statistically significant effect [R(1,10) = 1.99, P = 0.18], with no interaction between U50,488H and norBNI [F(1,10) = 1.9, P = 0.19], indicating that the later compound no longer significantly antagonized the KOR 4 weeks after a single injection. We then tested KOR-dependent antinociception following two norBNI injections separated by a 2-week interval (refer to timeline in Fig. 2a and results in Fig. 2b, right bottom panel). Results again confirmed the effect of U50,488H [R(1,9) = 11.74, P < 0.01]. Importantly, we also found a significant effect of norBNI [R(1,9) = 7.3, P < 0.05] with a tendency for an interaction [R(1,9) = 4.23, P = 0.06]. Post hoc analyses confirmed a significant analgesic effect of U50,488H in saline-treated controls (P < 0.005) but not in

norBNI-treated mice (P = 0.37). Accordingly, we decided to use a two-injection paradigm for later experiments in heroin abstinence mice.

In this experimental series, we also examined whether long-term blockade of endogenous KOR signaling might impact on the expression of social behaviors in naive mice. Social interactions were tested prior analgesic testing to limit stress effects of the pain assay. Results showed that in the single norBNI injection paradigm (Fig. 2b, left upper panel), norBNI had no significant effect on either social interactions (P = 0.32) or self-grooming (P = 0.82). Similarly, two injections of norBNI (Fig. 2b, right upper panel) had no effect on social (P = 0.11) or grooming (P = 0.10) behaviors. We conclude that, under basal conditions, sociability levels are not controlled by endogenous KOR signaling in adult mice, a finding that is consistent with our previous results in KOR knockout animals (Lutz *et al.* 2014).

Low sociability during heroin abstinence is both prevented and reversed with two systemic injections with the KOR antagonist norBNI

We next examined whether the two-injection norBNI regimen, which is sufficient to block KOR signaling over a 4-week period, prevents the emergence of low sociability in heroin abstinent animals. Similar to our experiments using FLX (n = 128 mice, refer to timeline in Fig. 3a), we examined whether chronic blockade of the KOR would prevent or reverse abstinence-induced deficits.

In the prevention experiment (n = 64 mice), the two norBNI injections were performed 24 hours and 2 weeks following the last heroin injection. Results revealed a significant effect of heroin abstinence [F(1.28) = 18.4, P < 0.001] and a significant interaction between abstinence and norBNI [F(1,28) = 16.1, P < 0.001], on the total duration of social behaviors (Fig. 3b, left upper panel). NorBNI had no main effect [R(1,28) = 2.8, P = 0.11]. Post hoc analyses confirmed that, in the absence of any norBNI exposure, social behaviors were decreased in heroin-pretreated compared with saline-pretreated abstinent animals (P <0.0001). Importantly, two norBNI injections were sufficient to restore sociability to normal values in heroin-pretreated groups (P < 0.001), a striking effect that matches the efficacy of chronic FLX. As for grooming (Fig. 3b, left bottom panel), we found significant effects of heroin [R(1,28) = 13.3, P < 0.005] and norBNI [R(1,28) = 6.5, P < 0.05], with an interaction [F(1.28) = 5.54, P < 0.05]. Post hoc analyses revealed that, in the absence of norBNI exposure, heroin pretreatment significantly increased grooming behaviors (P < 0.0005). This effect was completely reversed by KOR blockade, as shown when comparing norBNI- and saline-treated mice in the two heroin abstinent groups (P < 0.005). Altogether, these results clearly demonstrate that two norBNI injections are sufficient to completely block heroin abstinence effects on sociability, as well as on self-centered, grooming behaviors.

Next, we explored the efficacy of norBNI in reversing the effects of heroin. In these reversion experiments (n = 64 mice), the two norBNI injections were performed 4 and 6 weeks following the last heroin injection, when impaired sociability is already prominent (Lutz *et al.* 2014). Results from the two-way ANOVA analysis showed that heroin abstinence [R(1,17) = 21.1, P < 0.0005] and norBNI [R(1,17) = 5.5, P < 0.05] had opposed and significant effects on social behaviors (Fig. 3b, right upper panel), with a strong

interaction between the two factors [F(1,17) = 13.1, P < 0.005]. Post hoc group comparisons confirmed that, in the absence of norBNI administration, sociability was strongly impaired following a 8-week abstinence period (P < 0.0001). In addition, comparing the two heroin-pretreated groups showed that this deficit was potently reversed by norBNI (P < 0.0001). We also analyzed the duration of grooming (Fig. 3b, right bottom panel) and found effects of both heroin [F(1,17) = 20.9, P < 0.0005] and norBNI [F(1,17) = 29.7, P < 0.0001], as well as a significant interaction [F(1,17) = 21.6, P < 0.001]. Post hoc analyses further demonstrated that heroin abstinent mice show increased grooming compared with saline controls (P < 0.0001), an effect that was not observed following norBNI injections (P < 0.0001). Altogether, our results indicate that norBNI can be administered in long-term abstinent mice to reverse heroin-induced social withdrawal.

Compared with our preliminary analyses in naive mice (refer to Fig. 2), here norBNI was administered to animals experiencing significantly higher levels of stress (with repeated i.p. injections), which may potentially modify (and likely potentiate, Bruchas et al. 2010; Knoll & Carlezon 2010; Lalanne et al. 2014) endogenous KOR activity. To confirm that the twoinjection norBNI regimen was still antagonizing KOR activity at the time of behavioral testing, U50,488H-induced antinociception was measured in both prevention and reversion experiments, following social interaction testing. Results showed that in prevention experiments (Fig. 3c, left panel), heroin pre-exposure had no effect [F(1,56) = 3.1, P = 0.09], suggesting that chronic MOR activation does not interfere with later KOR-mediated analgesia. In contrast, we found that norBNI [F(1,56) = 25.1, P < 0.0001] and U50,488H [P(2,56) = 109.0, P < 0.0001] had strong effects, with a significant interaction between these two treatments [R1,56] = 25.6, P < 0.0001]. Post hoc group comparisons further indicated that U50,488H significantly increased tail withdrawal latency in saline-saline and heroinsaline groups (P < 0.0005) but not in saline-norBNI or heroin-norBNI groups (P > 0.05). In the reversion experiments (Fig. 3c, right panel), U50,488H had a significant effect [R(1,46) = 159.7, P < 0.0001, with a tendency for an effect of norBNI [P(1,46) = 3.5, P = 0.065], but not of heroin [F(1,46) = 2.8, P = 0.10]. We finally observed a strong interaction between U50,488H and norBNI [R(2,46) = 42.9, P < 0.0001], and post hoc comparisons found that U50,488H had significant effects in saline-saline (P < 0.005) and heroin-saline (P < 0.0005) groups but not in saline-norBNI or heroin-norBNI groups (P > 0.05). Overall, these results indicate that norBNI effectively blocked the KOR throughout abstinence.

DISCUSSION

Interactions with congeners represent major determinants of emotional well-being and resilience in both animal species and human. Disruption of social relationships is a hallmark of addiction (whatever the drug of abuse considered) and has been recognized as one of the diagnostic criteria most strongly associated with disease severity (Hasin *et al.* 2013). From a therapeutic perspective, medications that could help in restoring proper social functioning in addicted individuals are of great interest. Recently, we established an animal model of opiate abstinence in which impaired sociability (decreased interactions and increased grooming during a new social encounter) stands as a robust and long-lasting phenotype. While this model rely on experimentally delivered opiate injections and does not recapitulate important core dimensions of addiction (such as loss of control over drug seeking), our data indicate

that it has both face (strong physical dependence, low sociability and negative affective state during withdrawal) and predictive (beneficial effects of antidepressant medication) validities for the human condition (American Psychiatric Association 1994; Hyman, Malenka & Nestler 2006; George, Koob & Vendruscolo 2014). Here, building on this model, we further demonstrate that abstinence-induced social dysfunction is reversible and can be normalized by the 5-HT antidepressant FLX after it has established. Importantly, results from the present study further indicate that, in the same mouse model, two systemic injections with the KOR antagonist norBNI are sufficient to completely restore social behaviors to normal levels. Therefore, we propose that chronic blockade of the KOR may represent a powerful strategy for the management of social withdrawal in addicted individuals, alone or in combination with classical antidepressants.

Previous studies from our group (Goeldner et al. 2011) and others (Fadda et al. 2005; Tao & Auerbach 2005; Ferreira & Menescal-de-Oliveira 2012) indicate that chronic opiate exposure strongly activates the 5-HT system (an essential mediator of social behaviors), as revealed by increased 5-HT release and turnover across several brain regions, and also potently activates the hypothalamus-pituitary-adrenal stress axis. Our previous study showed that, with the exception of 5-HT levels in the dorsal raphe nucleus (DRN), all these effects attenuated with time while, in contrast, emotional deficits gradually developed along abstinence (Goeldner et al. 2011; Lutz et al. 2011). In particular, social avoidance strengthened to become significant after 4 weeks of drug withdrawal and persisted during at least three more weeks in the case of heroin (Lutz et al. 2011). Importantly, social withdrawal could not be attributed to changes in motor activity, anxiety-like behavior or hedonic tone (Lutz et al. 2014; Ayranci et al. 2015) and occurred before the emergence of despair-like behavior at 7 weeks of abstinence (Lutz et al. 2014), suggesting that deficient sociability precedes mood disruption during ongoing heroin abstinence. Further, we found that low sociability in abstinent mice was prevented when a chronic FLX treatment, known to potentiate 5-HT signaling, was initiated immediately after the last heroin injection. In the present study, we reproduced this finding and also examined whether delayed FLX administration, that is, after the 4-week abstinence period, would also be beneficial and reduce social behavior perturbations. Our results clearly indicate a complete reversion of the aberrant phenotype, with similar efficacy compared with prevention experiments, indicating that FLX has the capacity to restore normal functioning even after social avoidance has fully developed. Neurochemical and circuit mechanisms of FLX effects are unknown at this stage. For both prevention and reversion experiments, FLX could produce a true reversion of neuroadaptations that have developed either upon chronic opiate exposure (prevention experiment) or during abstinence (reversion experiment). Alternatively, FLX may trigger new adaptations that counteract the former modifications to restore normal behaviors. Future studies will be required to determine whether FLX-mediated restoration of social behaviors solely rely on the modulation of serotonergic neurons or recruit other neurotransmitters such as glutamatergic or noradrenergic signaling (the latter being tightly coupled with 5-HT neurons and known to be regulated by the KOR; Al-Hasani et al. 2013).

Because the KOR has prodepressant properties and has been recently suggested to inhibit social behaviors (Lutz & Kieffer 2013; Bilkei-Gorzo *et al.* 2014; Robles *et al.* 2014), we hypothesized that KOR signaling may play a role in the emergence of low sociability during

opiate abstinence. We recently obtained some evidence supporting this hypothesis, as knockout (KO) mice for the KOR developed a strikingly lower social withdrawal upon heroin abstinence, compared with controls (Lutz et al. 2014). In the later experiment, however, we noted that the intensity of physical dependence to heroin was also attenuated in the KOR mutant line, as shown in precipitated withdrawal experiments. Considering that physical withdrawal represents an aversive experience, it is possible that the milder withdrawal syndrome experienced by KOR KO mice during heroin exposure may contribute, at least partly, to the absence of social avoidance following abstinence in these mutants. In the present study, we used a pharmacological strategy to gain temporal control over KOR blockade. NorBNI was administered 24 hours after the end of intermittent heroin injections, thereby leaving unchanged the severity of physical withdrawal episodes that occurred after each heroin challenge. After establishing that two interspaced norBNI injections are sufficient to block KOR over 4-week duration (Fig. 2), we found that this two-injection regimen completely prevents the emergence of social impairment in abstinent mice. Therefore, we conclude that this phenotype does not result from the recruitment of KOR activities during repeated cycles of heroin intoxication and withdrawal but rather originates from KOR signaling during the abstinence period. Finally, we note that norBNI had no impact on sociability in control animals, indicating that this treatment specifically influenced long-term neuroadaptations that result from chronic heroin exposure and incubate during abstinence.

Similar to our reasoning with 5-HT signaling and FLX, we hypothesized that blockade of KOR activity could be beneficial both to prevent the development of social withdrawal during abstinence and also to reverse low sociability that has been established in abstinent animals. The KOR antagonist treatment was delayed and initiated after 4 weeks of abstinence, when the social phenotype is already constituted. Results indicate that norBNI injections fully reverse the heroin-induced phenotype with similar efficacy compared with the preventive norBNI intervention. These findings suggest that systemic norBNI administration may prove useful even in addicted subjects who already show signs of severe social isolation.

Results from these norBNI experiments strikingly mirror those obtained using FLX. A robust body of literature has recently demonstrated that KOR-dependent signaling pathways within DRN 5-HT neurons (such as the p38a kinase) mediate aversive responses in models of acute stress and stress-induced reinstatement of cocaine or nicotine drug seeking (Bruchas *et al.* 2007a; Land *et al.* 2009; Bruchas *et al.* 2011). Data also indicate that the nucleus accumbens (NAc) may be an important endpoint of KOR-dependent regulation of 5-HT neurons, which would ultimately affect dopaminergic signaling to produce behavioral effects (Bruchas *et al.* 2011; Schindler *et al.* 2012). Within this line, Zan *et al.* very recently provided interesting evidence in the specific context of opiate abstinence (Zan *et al.* 2015). Following chronic morphine exposure in mice, the authors showed that KOR blockade in the NAc could prevent abstinence-induced depressive-like behaviors and anhedonia (in the forced swim and sucrose preference tests, respectively). Together with our own results, the later findings therefore suggest that the NAc is critically located at the interplay of 5-HT and dopaminergic systems to control emotional homeostasis during opiate abstinence.

Several rodent studies have explored the effects of chronic MOR activation on the expression and function of the KOR and its endogenous ligands, the dynorphins A and B peptides. Results suggest a complex pattern of responses, including different and even opposite changes in dynorphin levels depending on (i) the brain region, with an increase in the striatum and a decrease in the hippocampus and pituitary gland (Nylander, Vlaskovska & Terenius 1995a, 1995b); (ii) the timepoint, with an increase in the NAc after 4, but not 2 weeks, of morphine withdrawal in mouse (Zan *et al.* 2015); and also (iii) genetic factors, with increased and decreased dynorphins in the VTA of Fischer and Lewis rats, respectively (Nylander *et al.* 1995a). A complete description of both dynorphin/KOR and 5-HT systems in the present heroin abstinence model, including FLX and norBNI treatment effects, will be instrumental to understand interactions between the two systems and design further molecular manipulations at targeted brain sites, including NAc as well as DRN or other brain sites involved in the social brain.

The present study is not without limitations, as heroin was delivered by the experimenter, during a relatively short period and at doses that likely do not produce acute reinforcing effects (Schlussman *et al.* 2008). Additional studies will be necessary to explore whether similar social dysfunction emerges following distinct drug exposure regimens (e.g. during longer periods, Williams *et al.* 2012, at doses that classically produce conditioned place preference, Schlussman *et al.* 2008, or in self-administration paradigms, Picetti *et al.* 2012) and its sensitivity to antidepressant or KOR antagonist medications. Beyond negative affective consequences of drug exposure, these additional paradigms have the potential to recapitulate other aspects of human addiction (such as loss of control over drug seeking).

In conclusion, previous studies focusing on rodent models of cocaine, nicotine, ethanol and opiate addictions consistently indicated that KOR antagonists may help prevent relapse episodes driven by stressful experiences or even drug-associated contexts (refer to Lalanne *et al.* 2014 for a recent review). Our study further expands the utility of KOR targeting compounds and suggests that they may also promote higher social functioning in addicted individuals. Importantly, two norBNI administrations only were sufficient to match the efficacy of a prolonged FLX administration. Therefore, the well-established long-acting properties of available KOR antagonists may help to improve compliance in opiate-dependent patients, who typically prove difficult to retain over long-term follow-ups. Two clinical trials recently reported mixed results on the tolerability of two opiates with antagonist activity at the KOR (JDTic, Buda *et al.* 2015, buprenorphine, Karp *et al.* 2014), with evidence for a potential cardiac toxicity (Buda *et al.* 2015). Future studies will be necessary to characterize the risk/benefit balance of these compounds when used as antidepressants in clinical populations, notably in the context of opiate addiction.

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Figure 1.

Chronic FLX treatment can both prevent and reverse low sociability in heroin abstinent mice. (a) Timeline for 'Fluoxetine Prevention' (upper panel) and 'Fluoxetine Reversion' (lower panel) experiments. Following heroin treatment, mice were maintained drug-free to experience spontaneous withdrawal for 4 weeks in prevention or 8 weeks in reversion experiments, followed by behavioral testing (Social Interactions). Mice were fed FLX-supplemented pellets (10 mg/kg/24 hours) during weeks 2 to 5 or weeks 5 to 8, in prevention or reversion experiments, respectively. (b) Social Interactions in 'Fluoxetine Prevention' (left panel) and 'Fluoxetine Reversion' (right panel) experiments. Consistent with our previous findings, heroin abstinence reduced social behaviors and potentiated grooming. Both of these deficits were prevented (left panel) and reversed (right panel) by 4 weeks of per os FLX treatment. Data represented as mean \pm SEM. #P < 0.05, ##P < 0.01, ##P < 0.001, ANOVA, main effect of heroin. +P < 0.05, +++P < 0.001, ANOVA main effect of FLX. ****P < 0.001, *post hoc* FLX effect in heroin-FLX food mice as compared with heroin-control food mice



Figure 2.

Two norBNI injections are sufficient to achieve chronic blockade of the kappa opioid receptor over 4 weeks. (a) Experimental time-line to assess chronic KOR blockade by one (upper panel) or two (lower panel) norBNI injections. Mice received one or two injections of norBNI (10 mg/kg, i.p.) over a 4-week time period. Four weeks after the first norBNI injection, mice underwent social interaction testing followed by U50,488H-induced analgesia (20 mg/kg, i.p.). (b) Social interactions (upper panels) and tail immersion (lower panels) in mice after one (left panels) or two (right panels) norBNI injections. Neither one nor two norBNI injections had significant effect on social behaviors and grooming. While the analgesic effect of U50,488H was still detectable 4 weeks after a single norBNI injection, two norBNI injections were able to prevent U50,488H-induced analgesia, in the

52°C tail immersion assay. Data represented as mean \pm SEM. §§*P*< 0.01, ANOVA, main effect of U50,488H. ¥*P*< 0.01, ANOVA, main effect of norBNI. ***P*< 0.01, *post hoc* comparisons for the effect of U50,488H



Figure 3.

Chronic kappa opioid receptor norBNI antagonism prevents and reverses low sociability in heroin abstinent mice. (a) Timeline for 'norBNI Prevention' (upper panel) and 'norBNI Reversion' (lower panel) experiments. Following heroin treatment, mice experienced spontaneous withdrawal for 4 or 8 weeks, in prevention or reversion experiments, respectively. Two norBNI i.p. injections were used to achieve KOR blockade over a 4-week period. In 'norBNI Prevention' experiments, norBNI was administered 24 hours and 2 weeks after the last heroin injection. In 'norBNI Reversion' experiments, injections were 4

and 6 weeks after heroin treatment. (b) Social Interactions in 'norBNI Prevention' (left panels) and 'norBNI Reversion' (right panels) experiments. In the absence of norBNI, heroin abstinence decreased social behaviors and increased grooming. Two norBNI injections were sufficient to prevent and reverse these deficits. (c) Tail immersion in 'norBNI Prevention' (left panel) and 'norBNI Reversion' (right panel) experiments. To confirm chronic KOR blockade, mice were tested for U50,488H-induced analgesia (20 mg/kg, i. p.) in the 52°C tail immersion test, after social interaction testing. norBNI significantly blocked U50,488H-induced analgesia in both heroin abstinent and control mice, in prevention as well as in reversion experiments. Data represented as mean \pm SEM. #P < 0.05, ##P < 0.001, ANOVA, main effect of heroin; +P < 0.05, +++P < 0.001, ANOVA, main effect of norBNI; **P < 0.01, ***P < 0.001, *post hoc* norBNI effect in heroin-norBNI mice as compared with heroin-control mice; \$P < 0.005, post hoc comparisons for the effect of U50,488H