

Clinical Management of Potential Toxicities and Drug Interactions Related to Cyclin-Dependent Kinase 4/6 Inhibitors in Breast Cancer: Practical Considerations and Recommendations

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Disclosures of potential conflicts of interest may be found at the end of this article.

Key Words. Breast cancer • Cyclin-dependent kinases • Drug toxicity

ABSTRACT

Aberrations of the cell cycle are pervasive in cancer, and selective cell cycle inhibition of cancer cells is a target of choice for a number of novel cancer therapeutics. Cyclin-dependent kinases (CDKs) are key regulatory enzymes that control cell cycle transitions and the commitment to cell division. Palbociclib and ribociclib are both orally active, highly selective reversible inhibitors of CDK4 and CDK6 that are approved by the U.S. Food and Drug Administration (FDA) for hormone receptor-positive metastatic breast cancer in combination with specific endocrine therapies. A third oral CDK4/6 inhibitor, abemaciclib, received Breakthrough Therapy designation status from the FDA and is also being developed in breast cancer. The most common adverse events associated with palbociclib and ribociclib are hematologic, particularly

neutropenia. However, the neutropenia associated with CDK4/6 inhibitors is distinct from chemotherapy-induced neutropenia in that it is rapidly reversible, reflecting a cytostatic effect on neutrophil precursors in the bone marrow. Most hematologic abnormalities seen with CDK4/6 inhibitors are not complicated and are adequately managed with standard supportive care and dose adjustments when indicated. Cytopenias are less prevalent with abemaciclib, although fatigue and gastrointestinal toxicity is more common with this agent. This review focuses on the clinical management of potential toxicities and drug interactions seen with the use of CDK4/6 inhibitors in breast cancer, with a focus on palbociclib and ribociclib, and summarizes practical management strategies for an oncologist. *The Oncologist* 2017;22:1039–1048

Implications for Practice: The emergence of modern cyclin-dependent kinase (CDK) inhibitors has changed the treatment paradigm for metastatic hormone receptor (HR)-positive breast cancer. Palbociclib, ribociclib, and abemaciclib are highly selective reversible inhibitors of CDK4 and CDK6. Palbociclib is U.S. Food and Drug Administration (FDA)-approved in the first- and second-line settings in combination with endocrine therapy for HR-positive metastatic breast cancer. Ribociclib is FDA-approved in the first-line setting. Abemaciclib has received FDA Breakthrough Therapy designation status. This review focuses on the clinical management of potential toxicities and drug interactions seen with the use of CDK4/6 inhibitors in breast cancer.

INTRODUCTION

At a fundamental level, abnormal cellular division and migration represents the hallmark of cancer. Cyclin-dependent kinases (CDKs), including CDK1, CDK2, CDK4, and CDK6, are key regulatory enzymes that control cell cycle transitions and the commitment to cell division [1–4]. Cyclin-dependent kinase 4 and CDK6 regulate the transition from the G1 to S phase, CDK2 regulates transition through the S phase, and CDK1 regulates the transition from the G2 to the M phase [5]. In animals and humans, much of the control over cell cycle entry is determined by CDK4 and CDK6 [6, 7].

Transition from G1 to the S phase, a critical phase in cell division, is controlled by the tumor suppressor retinoblastoma (Rb) protein [8]. Retinoblastoma is a key negative regulator of the cell cycle because it prevents premature cell division by binding the E2F transcription factors to inhibit G1/S transition [8]. Inactivation of Rb, which occurs via sequential phosphorylation of the protein, allows cellular division to proceed [9]. During G1, growth signals allow cyclin D to complex with either CDK4 or CDK6, leading to phosphorylation of Rb, which

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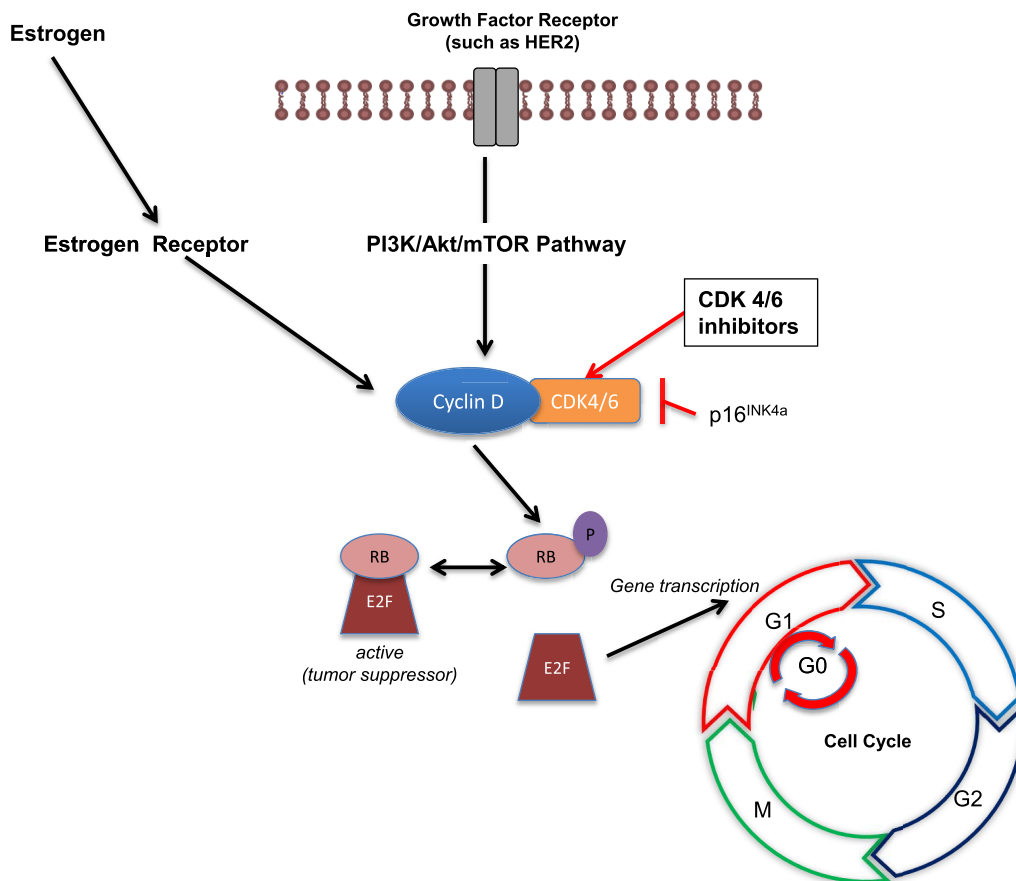


Figure 1. Role of cyclin-dependent kinase 4/6 inhibitors in halting cellular division.

Abbreviations: Akt, protein kinase B; CDK, cyclin-dependent kinase; E2F, E2 factor; G, growth; HER2, human epidermal growth factor receptor 2; M, mitosis; mTOR, mechanistic target of rapamycin; P, phosphate; PI3K, phosphoinositide 3-kinase; RB, retinoblastoma tumor suppressor protein; S, synthesis.

releases E2F to drive expression of genes required for S-phase entry and progression through the cell cycle (Fig. 1) [8].

Cyclin-dependent kinase 4 and CDK6, both serine/threonine kinases, are structurally related proteins with many biochemical and biological similarities [6]. In terms of therapeutics, CDK4 and CDK6 are considered functionally equivalent in their ability to phosphorylate Rb, and inhibition of both kinases is likewise of considerable interest [10]. This review will focus on clinical management of potential toxicities and drug interactions seen with the use of CDK4/6 inhibitors in breast cancer and summarize practical management strategies for an oncologist.

Dysregulation of the CDK4/6–Rb pathway in breast cancer

The CDK4/6–Rb axis is critical to cell cycle entry, and therefore it is to be expected that the vast majority of cancers disrupt this axis to promote growth [2, 11]. The majority of estrogen receptor-positive (ER+) and human epidermal growth factor receptor 2 (HER2)-positive breast cancers maintain functioning Rb, and, potentially, susceptibility to CDK4/6 inhibitors [12–14]. Cyclin D1 amplification occurs in an estimated 15% of breast cancers, particularly ER+ breast cancer [15]. Loss of proteins in the INK4 and Cip/Kip families, as well as amplification of CDK4 and CDK6, have also been noted in breast cancer [16, 17]. In particular, in ER+ breast cancer, estrogen has been shown to increase the rate of progression from the G1 to the S phase,

where the estrogen effector is the cyclin D1–CDK4/6–Rb complex [18–20]. Binding of estrogen to ER-alpha drives cyclin D1 transcription, with activation of CDK4/6 and phosphorylation of Rb leading to subsequent cell cycling [21–23]. Similarly, HER2-induced cellular proliferation is mediated via the CDK4/6–Rb axis, and knockdown of cyclin-D in mice makes them resistant to tumors induced by the *neu* oncogene [24].

CDK4/6 Inhibitor Development in Breast Cancer

The development of selective inhibitors of both CDK4 and CDK6 has markedly changed the perception of CDKs as therapeutic targets in cancer after underwhelming results and unacceptable toxicity were seen with pan-CDK inhibitors such as flavopiridol (alvociclib) in the early 2000s [17]. Palbociclib is an orally active pyridopyrimidine that is a potent first-in-class, highly selective reversible inhibitor of CDK4 and CDK6 [25]. As expected based on the biology of the G1–S transition, the effects of palbociclib are dependent on the presence of a functional Rb protein, and no activity was seen in Rb-deficient cells [10, 25]. Parallel drug discovery efforts resulted in the development of the drugs abemaciclib and ribociclib [26–31]. Abemaciclib and ribociclib are both orally bioavailable highly selective small molecule reversible inhibitors of CDK4/6. The selectivity of all three compounds is theorized to reflect binding to the specialized ATP-binding pocket of CDK4 and CDK6 with specific interactions with residues in the ATP-binding cleft [17].

Table 1. Select phase II and III studies of cyclin-dependent kinase 4/6 inhibitors in breast cancer

Study	Population	Phase	n	Setting	Treatment	Results
Palbociclib						
NCT01037790 [34]	Rb-protein expression positive ABC	II	37	Pretreated	Palbociclib 125 mg daily, 3/1 schedule	PFS 3.7 months
PALOMA-1/TRIO-18 (NCT00721409) [35]	Postmenopausal, HR+/HER2- ABC	II	165	First-line	Letrozole plus palbociclib or placebo	PFS 20.2 months vs. 10.2 months
PALOMA-2 (NCT01942135) [36]	Postmenopausal, HR+/HER2- ABC	III	666	First-line	Letrozole plus palbociclib or placebo	PFS 24.8 months vs. 14.5 months
PALOMA-3 (NCT01942135) [37, 38]	Pre- and postmenopausal, HR+/HER2- ABC	III	521	Second-line or greater	Fulvestrant plus palbociclib ^a or placebo ^a	PFS 9.5 months vs. 4.6 months
Ribociclib						
MONALEESA-2 (NCT01958021)	Postmenopausal, HR+/HER2- ABC	III	668	First-line	Letrozole plus ribociclib (600 mg daily, 3/1 schedule) vs. placebo	PFS not reached vs. 14.7 months (HR 0.56)
Abemaciclib						
MONARCH 1 (NCT02102490) [39]	HR+/HER2- ABC	II	132	Third-line or greater	Abemaciclib 200 mg every 12 hours, continuously	PFS 6 months; ORR 19.7%
MONARCH 2 (NCT02107703) [40]	Pre- and postmenopausal, HR+/HER2- ABC	III	669	Failed endocrine therapy in localized or first-line metastatic setting	Fulvestrant ^a plus abemaciclib 200 mg every 12 hours, continuously vs. placebo	PFS 16.4 months vs. 9.3 months

Palbociclib dose was 125 mg daily orally on a 3/1 schedule in all studies.

^aGoserelin (luteinizing hormone-releasing hormone analog) is coadministered with fulvestrant to premenopausal women in PALOMA-3 and MONARCH-2.

Abbreviations: 3/1, 3 weeks on, 1 week off; ABC, advanced breast cancer; HER2, human epidermal growth factor receptor 2; HR, hazard ratio; HR+, hormone receptor-positive; ORR, overall response rate; PFS, progression-free survival; Rb, retinoblastoma tumor suppressor protein.

Finn and colleagues tested palbociclib *in vitro* on molecularly characterized human breast cancer cell lines and found that sensitivity to palbociclib varied based on molecular phenotype. Estrogen receptor-positive cell lines with luminal features were found to be the most sensitive and basal cell lines were found to be resistant [32]. The combination of palbociclib with tamoxifen was tested *in vitro* in ER+ human breast cancer cell lines and demonstrated a synergistic interaction [32]. Similar to results seen with tamoxifen, the combination of palbociclib and trastuzumab was synergistic in sensitive HER2-amplified cell lines [32]. Furthermore, combination studies carried out in cell lines and primary tumor explants have illustrated that CDK4/6 inhibition with palbociclib provides a complementary mechanism of action to ado-trastuzumab emtansine, and efficiently suppresses the proliferation of residual HER2-positive tumor cell populations that survive ado-trastuzumab emtansine [33]. These preclinical observations led to the development of several clinical trials evaluating the combination of CDK4/6 inhibitors with endocrine therapy, and, more recently, with HER2-directed therapies.

Clinical Experience

Select phase II and phase III studies of CDK4/6 inhibitors in breast cancer are outlined in Table 1.

Palbociclib

Early trials studying palbociclib in advanced solid tumors demonstrated encouraging results in breast cancer [34, 40, 41]. The PALOMA-1 trial was the basis for the U.S. Food and Drug Administration (FDA) granting palbociclib accelerated approval in February 2015 after it had received Breakthrough Therapy designation in April 2013 [42]. In this trial, 165 previously

untreated patients with metastatic HR-positive/HER2-negative breast cancer were randomized to palbociclib plus letrozole or letrozole alone. Palbociclib significantly increased progression-free survival (PFS) compared with letrozole alone, with a median PFS of 10.2 months for the letrozole group and 20.2 months for the palbociclib plus letrozole group (hazard ratio [HR] 0.488; one-sided $p < .001$) [35]. A phase 3 confirmatory trial, PALOMA-2 (NCT01942135), confirmed these findings with a median PFS of 24.8 versus 14.5 months, respectively, for patients treated with palbociclib or placebo in addition to letrozole (HR 0.58; $p < .001$) [36]. Initial overall survival (OS) results from PALOMA-1 demonstrate a statistically non-significant trend towards an improvement in OS in the palbociclib group (37.5 months vs. 33.3 months, respectively, HR 0.837, $p = .280$) [44].

The PALOMA-3 trial was a double-blind placebo-controlled, randomized, phase 3 study of palbociclib added to the ER down-regulator fulvestrant in previously treated HR-positive, HER2-negative metastatic breast cancer patients [37]. Both pre- and postmenopausal women were included in the study. The addition of palbociclib improved the median PFS as compared with fulvestrant alone, from 4.6 months to 9.5 months (HR 0.46; $p < .001$) [37, 38]. Based on these results, the FDA also approved palbociclib for use in combination with fulvestrant for disease progression following endocrine therapy. A number of ongoing studies are exploring palbociclib in a number of disease settings for breast cancer, including adjuvant and neoadjuvant studies, and in combination with other targeted agents [43].

Ribociclib

Ribociclib received FDA Breakthrough Therapy designation in August 2016 and full approval in March 2017 based primarily

on the phase III MONALEESA-2 (NCT01958021) trial exploring ribociclib in combination with letrozole as first-line therapy in women with HR-positive/HER2-negative metastatic breast cancer [44]. The trial met its primary endpoint, with the median duration of PFS not reached in the ribociclib group (95% confidence interval [CI], 19.3 to not reached) versus 14.7 months (95% CI, 13.0–16.5) in the placebo group (HR, 0.56; 95% CI, 0.43–0.72; $p = 3.29 \times 10^{-6}$ for superiority) [44]. For HR-positive/HER2-negative metastatic breast cancer, MONALEESA-7 (NCT02278120) is a phase 3 study exploring ribociclib in combination with endocrine therapy (plus the gonadotropin-releasing hormone agonist goserelin) in premenopausal women, and MONALEESA-3 (NCT02422615) is a phase 3 study in men and postmenopausal women exploring fulvestrant with or without ribociclib in both the first- and/or second-line metastatic setting. A number of other ongoing studies are exploring ribociclib in various disease settings for breast cancer and in combination with other targeted agents [43].

Abemaciclib

Abemaciclib received FDA Breakthrough Therapy designation in October 2015. Among heavily pretreated HR-positive breast cancer patients ($n = 47$) enrolled in a phase 1 study of abemaciclib monotherapy, the overall response rate was 31%, with 61% of patients achieving either response or stable disease lasting ≥ 6 months [45]. This study suggested abemaciclib may have benefit as monotherapy [45]. In the phase 2 single-arm study, MONARCH 1 (NCT02102490), women with metastatic HR-positive/HER2-negative breast cancer with disease progression following both antiestrogen therapy and at least one, but no more than two, lines of chemotherapy in the metastatic setting, received abemaciclib as monotherapy [39]. The confirmed objective response rate was 19.7% and median PFS was 6.0 months [39]. The MONARCH 3 (NCT02246621) and MONARCH 2 (NCT02107703) trials are both large phase 3, randomized, double-blind, placebo-controlled trials further evaluating the combination of abemaciclib plus endocrine therapy. Recent results from MONARCH 2 exploring the addition of abemaciclib to fulvestrant demonstrated a median PFS of 16.4 months for abemaciclib plus fulvestrant compared with 9.3 months in the placebo plus fulvestrant group (HR: 0.553; $p < .001$) [40].

Pharmacology and Dosing Schedule

Palbociclib

In all three PALOMA trials, palbociclib was dosed at 125 mg daily for 3 weeks followed by 1 week off based on earlier work determining the recommended phase II dose (RP2D) [40, 41]. The recommended initial dose of palbociclib is a 125 mg capsule taken orally once daily, with food, for 21 consecutive days, followed by 7 days off treatment, constituting a total cycle of 28 days [46]. Absorption and drug exposure were found to be low in the fasted state in a portion of the population, which was increased when administered with food. Therefore, taking palbociclib on an empty stomach could reduce drug levels and may compromise effectiveness in a subset of patients [46]. The FDA approval for palbociclib for first-line treatment of metastatic HR-positive/HER2-negative breast cancer was initially in combination with letrozole 2.5 mg once daily, but has been updated to include any of the three approved aromatase inhibitors (letrozole, anastrozole, or exemestane) [48].

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In vitro and in vivo studies indicated that palbociclib undergoes hepatic metabolism in humans and is primarily metabolized by CYP3A and sulfotransferase (SULT) enzyme SULT2A1 [46]. Concomitant use of strong CYP3A inhibitors should be avoided, but if patients must be coadministered a strong CYP3A inhibitor, the recommendation is to reduce the palbociclib dose to 75 mg once daily [46]. If the strong inhibitor is discontinued, the dose of palbociclib can be increased (after 3–5 half-lives of the inhibitor) to the dose used prior to the initiation of the strong CYP3A inhibitor [46]. Additionally, coadministration of a strong CYP3A inducer (rifampin) decreased the plasma exposure of palbociclib in healthy subjects by 85%, and therefore it is recommended to avoid coadministration of strong CYP3A inducers [46]. In vivo, palbociclib is a weak, time-dependent inhibitor of CYP3A. Lastly, the dose of a sensitive CYP3A substrate with a narrow therapeutic index may need to be reduced because palbociclib could increase its exposure (Table 2) [46].

Ribociclib

The recommended initial dose of ribociclib is 600 mg taken orally once daily (preferably in the morning) for 21 consecutive days, followed by 7 days off treatment, constituting a total cycle of 28 days [46]. Absorption is not affected by food; therefore, it may be taken with or without food. The FDA approval for ribociclib for first-line treatment of metastatic HR-positive/HER2-negative breast cancer is in combination with any of the three approved aromatase inhibitors (letrozole, anastrozole, or exemestane), which are given continuously throughout the 28-day cycle [48].

Ribociclib undergoes extensive hepatic metabolism, the majority of which is mediated by CYP3A4. As such, its elimination may be affected by CYP3A4 inhibitors or inducers [48, 49]. Concomitant use of strong CYP3A inhibitors should be avoided and alternative therapy should be sought. If a strong CYP3A inhibitor must be used concomitantly with ribociclib, the dose of ribociclib should be reduced to 400 mg once daily. If the strong inhibitor is discontinued, the dose of ribociclib should be increased (after 5 half-lives of the inhibitor) to the dose used prior to the initiation of the strong CYP3A inhibitor [48]. Concomitant use of strong CYP3A inducers should be avoided because plasma exposure of ribociclib was decreased by 89% with coadministration of rifampin (a strong CYP3A4 inducer) in healthy volunteers [48]. Ribociclib also inhibits CYP3A4 in a time-dependent manner and is a reversible CYP1A2 inhibitor [48]. Concomitant use of CYP3A substrates with a narrow therapeutic index should be done with caution, and may require a dose reduction of the CYP3A substrate, as ribociclib could increase their exposure [48].

Table 2. Potential drug-drug interactions with palbociclib and ribociclib [46–48]

Drug class	Agent	Treatment implications	Recommendation
Strong CYP3A inducers			
Antibiotics	All rifamycin class agents (e.g., rifampin, rifabutin, rifapentine)	Reduced exposure of palbociclib or ribociclib.	Avoid concomitant use and consider alternative therapy.
Anticonvulsants	Phenytoin, carbamazepine, barbiturates (e.g., phenobarbital)		
Other	Enzalutamide, St. John's Wort		
Strong CYP3A inhibitors			
Antibiotics	Clarithromycin, telithromycin	Increased exposure of palbociclib and ribociclib.	Avoid concomitant use and consider alternative therapy.
Antifungals	Itraconazole, ketoconazole, posaconazole, voriconazole		Reduce palbociclib dose to 75 mg or ribociclib dose to 400 mg once daily if patients must be coadministered a strong CYP3A inhibitor.
Antiretrovirals, protease inhibitors	Atazanavir, darunavir, indinavir, lopinavir/ritonavir, nelfinavir, ritonavir, saquinavir, telaprevir		Reinitiate previous palbociclib dose after 3–5 half-lives or ribociclib dose after 5 half-lives of inhibitor after discontinuation.
Other	Grapefruit or grapefruit juice, nefazodone		
Sensitive CYP3A substrates with a narrow therapeutic index	Midazolam, alfentanil, cyclosporine, dihydroergotamine, ergotamine, everolimus, fentanyl, pimozone, quinidine, sirolimus and tacrolimus	May result in increased exposure of concomitant agent.	Monitor closely for signs of toxicity of concomitant agent. Dose of concomitant agent may need to be reduced.
<i>For ribociclib only</i>			
QT prolonging agents ^a			
Antiarrhythmics	Amiodarone, disopyramide, procainamide, quinidine, sotalol	QTc prolongation and related consequences.	Avoid coadministration with ribociclib
Other	Chloroquine, halofantrine, clarithromycin, haloperidol, methadone, moxifloxacin, bepridil, pimozone, ondansetron (IV)		

^aNot all inclusive. Refer to drug information resources regarding medications that may prolong the QT interval. Abbreviations: CYP, cytochrome P450; IV, intravenous.

Abemaciclib

Dosing for abemaciclib is 200 mg every 12 hours, given continuously throughout the cycle [45]. Abemaciclib undergoes extensive hepatic metabolism in humans. In vitro and in vivo studies have identified CYP3A as the enzyme responsible for the majority of the CYP-mediated metabolism of abemaciclib and its metabolites [50]. This suggests that concomitant use of strong CYP3A inducers or inhibitors should be avoided with abemaciclib.

CDK4/6 Inhibitor Toxicity Overview

Palbociclib

In PALOMA-1, the most common adverse events reported for the palbociclib plus letrozole group were neutropenia, leukopenia, and fatigue. Overall, 27 (33%) patients in the palbociclib plus letrozole group had dose interruptions because of adverse events, compared with only three (4%) patients in the letrozole group. Adverse events in the PALOMA-2 trial are outlined in Table 3. In PALOMA-3, the most common adverse events reported for the palbociclib plus fulvestrant group were

neutropenia, leukopenia, fatigue, and nausea [37]. Overall, nine (2.6%) patients in the palbociclib plus fulvestrant group discontinued therapy due to adverse events, compared with three (1.7%) patients in the fulvestrant group.

Ribociclib

As with palbociclib, hematologic adverse events, including neutropenia, are common with ribociclib; therefore, a 1-week resting period is incorporated into dosing regimens in most trials, although continuous dosing continues to be explored [17, 43]. In MONALEESA-2, the most common adverse events of any grade were neutropenia, nausea, infections, fatigue, and diarrhea (Table 3) [44]. The majority of the non-hematologic adverse events were grade 1 or 2 [44]. The most common grade 3 or 4 adverse events were neutropenia, leukopenia, hypertension, increased alanine aminotransferase (ALT) level, lymphopenia, and increased aspartate aminotransferase (AST) level [44]. An increase of more than 60 msec from baseline in the Fridericia's correction formula (QTcF) interval occurred in nine patients (2.7%) in the ribociclib group, and 11 patients

Table 3. Common adverse events for the palbociclib plus letrozole group in PALOMA-2 [51] and the ribociclib plus letrozole group in MONALEESA-2 [44]

Adverse event	Palbociclib plus letrozole (n = 444)			Ribociclib plus letrozole (n = 334)		
	Any grade, n (%)	Grade 3, n (%)	Grade 4, n (%)	Any grade, n (%)	Grade 3, n (%)	Grade 4, n (%)
Any adverse event	439 (98.9)	276 (62.2)	60 (13.5)	329 (98.5)	221 (66.2)	50 (15.0)
Neutropenia	353 (79.5)	249 (56.1)	46 (10.4)	248 (74.3)	166 (49.7)	32 (9.6)
Leukopenia	173 (39.0)	107 (24.1)	3 (0.7)	110 (32.9)	66 (19.8)	4 (1.2)
Fatigue	166 (37.4)	8 (1.8)	0	122 (36.5)	7 (2.1)	1 (0.3)
Nausea	156 (35.1)	1 (0.2)	0	172 (51.5)	8 (2.4)	0
Anemia	107 (24.1)	23 (5.2)	1 (0.2)	62 (18.6)	3 (0.9)	1 (0.3)
Headache	95 (21.4)	1 (0.2)	0	74 (22.2)	1 (0.3)	0
Diarrhea	116 (26.1)	6 (1.4)	0	117 (35.0)	4 (1.2)	0
Thrombocytopenia	69 (15.5)	6 (1.4)	1 (0.2)	NA	NA	NA

Palbociclib dose was 125 mg daily orally, 3 weeks on, 1 week off. Ribociclib dose was 600 mg daily orally. Abbreviation: NA, no data.

(3.3%) had at least one average QTcF interval of more than 480 msec after baseline [44]. No cases of Torsades de Pointes were reported in MONALEESA-2 [44].

Abemaciclib

Abemaciclib is structurally distinct from palbociclib and ribociclib, demonstrating greater selectivity for CDK4 compared with CDK6 [29]. Hematologic adverse events, including neutropenia, appear to be less common with abemaciclib, while fatigue and gastrointestinal-related toxicity are more predominant [17]. The most common treatment-related adverse events in the MONARCH 1 (NCT02102490) study of abemaciclib monotherapy in women with pretreated metastatic HR-positive/HER2-negative breast cancer were creatinine increase (98.5%; grade 3 = 0.8%), diarrhea (90.2%; grade 3 = 19.7%), neutropenia (87.7%; grade 3/4 26.9%), and fatigue (65.2%; grade 3 = 12.9%) [39]. Abemaciclib-induced diarrhea was manageable with conventional antidiarrheal agents or dose reduction [39]. Diarrhea was experienced early on (median time to onset = 7 days) and generally resolved quickly (median duration of grade 2 = 7.5 days, grade 3 = 4.5 days). Regarding the creatinine increase, abemaciclib is a competitive inhibitor of efflux transporters of creatinine (OCT2, MATE1, and MATE2-K); therefore, cystatin C calculated glomerular fraction rate was performed to more accurately assess renal function, and this was not raised [39]. In general, dose interruptions and adjustments are typically considered for grade 3 or higher toxicities.

Practical Management Strategies for Palbociclib and Ribociclib Toxicities

Palbociclib and Ribociclib: Hematologic Adverse Events and Management

Hematologic adverse events are common with CDK4/6 inhibitors. Cyclin-dependent kinase 6 is particularly important in promoting the proliferation of hematological precursors, and its inhibition is an on-target effect that results in the cytopenias seen with CDK4/6 inhibition [52, 53]. In general, most hematologic abnormalities seen with CDK4/6 inhibitors can be adequately managed with standard supportive care [40].

A few considerations related to CDK4/6-induced neutropenia should be noted. First, although neutropenia is a common side effect of cytotoxic agents, the neutropenia associated with CDK4/6 inhibitors is distinct in that it is rapidly reversible, reflecting a cytostatic effect on neutrophil precursors in the bone marrow [17]. Recent work to explore the mechanism of hematologic toxicity induced by palbociclib utilized human bone marrow mononuclear cells to demonstrate that palbociclib-induced bone marrow suppression occurred through cycle arrest with no apoptosis at clinically relevant concentrations and resumed proliferation following palbociclib withdrawal, thereby demonstrating pharmacologic quiescence [54]. In contrast, exposure of the same cells to chemotherapeutic agents resulted in apoptotic cell death [54]. Accordingly, palbociclib and ribociclib are dosed intermittently to accommodate a break for hematological recovery. Second, while neutropenia is a common adverse event, the incidence of febrile neutropenia is very low (0% in PALOMA-1, 0.6% in PALOMA-3, 1.5% in MONALEESA-2). Third, the median duration of grade $\geq 3/4$ neutropenia is around 7 days, and typically resolves with drug hold [55]. Fourth, neutropenia is proportional to exposure, and often decreases with subsequent cycles, suggesting a lack of cumulative toxicity and effective early dose reductions when indicated.

Complete blood count (CBC) with differential needs to be monitored for all patients on CDK4/6 inhibitors. For palbociclib and ribociclib, it is recommended to check a CBC with differential at baseline and every 2 weeks for the first two cycles. For palbociclib, it is recommended to then check prior to each 28-day cycle and as clinically indicated. For ribociclib, it is recommended to check at the beginning of each subsequent four cycles, and then as clinically indicated. Palbociclib and ribociclib should be held at an absolute neutrophil count (ANC) less than 1,000/mm³ (grade 3) on the first day of each cycle. Further details on managing day 1 and day 15 neutropenia are included in Figure 2. Neutropenia is considered complicated if it is associated with a documented infection or fever (typically greater than or equal to 38.5°C/100.4°F). Criteria for retreatment with palbociclib or ribociclib following treatment interruption for neutropenia has generally been when the ANC is greater than 1,000/mm³ with no fever. Management of palbociclib- and

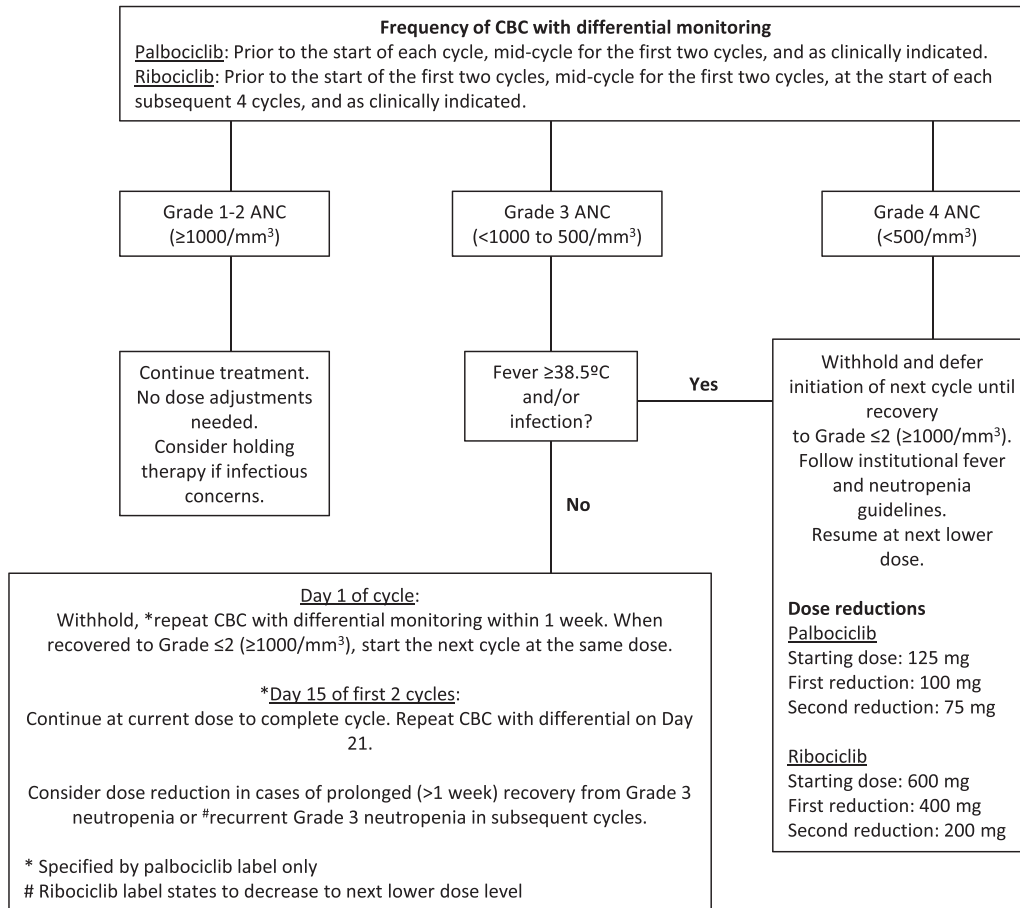


Figure 2. Management of palbociclib and ribociclib-related neutropenia.
 Abbreviations: ANC, absolute neutrophil count; CBC, complete blood count.

ribociclib-induced neutropenia is outlined in Figure 2. In PALOMA-3, if a patient was already receiving palbociclib 75 mg per day and required another dose reduction, 75 mg daily on a 2 weeks on, 2 weeks off schedule could be utilized [56]. For grade 3 ($<50,000$ – $25,000/\text{mm}^3$) and grade 4 ($<25,000$ mm^3) thrombocytopenia, treatment was held until recovery to $50,000/\text{mm}^3$ and resumed at one dose level lower. If recurrent grade 3 or 4 thrombocytopenia occurred, or if recovery of platelet count to $50,000/\text{mm}^3$ took greater than 2 weeks, two dose reductions were instituted [56]. Similarly, for grade 3 (hemoglobin <8.0 g/dL) and grade 4 (life-threatening consequences; urgent intervention indicated) anemia, treatment should be held until improvement to grade 2 (hemoglobin <10.0 – 8.0 g/dL) or better and resumed at one dose level lower. Packed red blood cell transfusions should be per institutional protocol.

Palbociclib and Ribociclib: Gastrointestinal Adverse Events and Management

Nausea and diarrhea can occur with the use of palbociclib and ribociclib, although rates of grade 3 or 4 gastrointestinal toxicities are low (Table 3). Palbociclib and ribociclib both carry a minimal to low emetic risk, thus prophylactic antiemetics are not routinely indicated [57]. Nausea and vomiting should be treated with routine antiemetics, such as metoclopramide, prochlorperazine, haloperidol, or serotonin 5-HT₃ antagonists on an as-needed basis [57]. Caution should be taken when

coprescribing antiemetics with ribociclib due to the risk of QT prolongation. In the absence of signs of infection, diarrhea can be safely managed with standard non-pharmacologic (hydration, dietary modification, avoidance of other offending agents) and pharmacologic (anti-diarrheal agents such as loperamide, deodorized tincture of opium, diphenoxylate/atropine, octreotide) interventions [58]. Prophylactic treatment can be considered for more significant diarrhea.

Nausea and vomiting should be treated with routine antiemetics, such as metoclopramide, prochlorperazine, haloperidol, or serotonin 5-HT₃ antagonists on an as-needed basis. Caution should be taken when coprescribing antiemetics with ribociclib due to the risk of QT prolongation.

Other Toxicities: General Management

In general, for non-hematologic toxicities, no dose hold or dose adjustment are required for grade 1 or 2 toxicities unless they are persistent and bothersome to the patient. For grade 3 or higher toxicities that persist despite medical treatment, palbociclib and ribociclib should be held until symptoms resolve either to grade 1 or less, or to grade 2 if not considered a safety

Table 4. Ribociclib: Dose modification and management for hepatobiliary toxicity [48]

	Grade 1 (>ULN to 3× ULN)	Grade 2 (>3 to 5× ULN)	Grade 3 (>5 to 20× ULN)	Grade 4 (>20× ULN)
AST and/or ALT elevations from baseline, total bilirubin < 2× ULN	No dose adjustment required	Dose interruption until recovery to ≤baseline grade, then resume at same dose level ^a If grade 2 recurs, resume at next lower dose level	Dose interruption until recovery to ≤baseline grade, then resume at next lower dose level If grade 3 recurs, discontinue ribociclib	Discontinue ribociclib
Elevation in AST and/or ALT with total bilirubin increase ^b		Discontinue ribociclib, irrespective of baseline grade		

^aNo dose interruption if at grade 2 at baseline.

^bIn the absence of cholestasis.

Abbreviations: ALT, alanine aminotransferase; AST, aspartate aminotransferase; ULN, upper limit of normal.

risk for the patient. Palbociclib and ribociclib should then be resumed at the next lower dose.

Palbociclib: Other Toxicities

A variety of other non-hematologic and non-gastrointestinal events have been reported with palbociclib, although the vast majority are grade 1–2 (Table 3). The other most common toxicity seen with palbociclib is fatigue, which is often mild [37]. Thromboembolic events have rarely been reported with palbociclib, although it is notably listed as precaution in the prescribing information. In PALOMA-1, two patients (0.6%) had a non-serious event, and four patients (1.2%) had a serious event (three pulmonary emboli and one deep-vein thrombosis) in the palbociclib plus fulvestrant group, versus none in the fulvestrant alone group [37]. Also, palbociclib may cause embryo-fetal toxicity and effective contraception is recommended [46]. While typically grade 1, the possibility of alopecia is notable, with grade 1 alopecia seen in 33% of patients in the palbociclib group compared with 16% in the letrozole alone group in PALOMA-2. As noted above, dose hold and subsequent dose decrease are typically considered for grade 3 or higher toxicities.

Ribociclib: Other Toxicities

Fatigue, transaminase elevation, and QTc prolongation are other notable toxicities reported with ribociclib [44, 48]. Ribociclib prolongs the QT interval in a concentration-dependent manner. A baseline electrocardiogram (ECG) should demonstrate a QTcF of less than 450 msec prior to initiating therapy. Patients that have or are at a significant risk of developing QTc prolongation should not receive ribociclib. The QT interval should be assessed via ECG at baseline, approximately day 14, the beginning of cycle two, and then as clinically necessary. Avoidance of QT-prolonging agents, as well as appropriate supplementation for electrolyte abnormalities, is recommended. Serum electrolytes should be monitored at baseline, prior to the first six cycles, and as clinically indicated.

Ribociclib has been associated with hepatobiliary toxicity, manifesting as transaminase (AST and/or ALT) elevation. Liver function tests (LFTs) should be checked at baseline, every 2 weeks for the first two cycles, prior to each subsequent four cycles, and as clinically indicated thereafter. More frequent monitoring is recommended in the setting of grade ≥2

abnormalities. Treatment modifications for hepatobiliary toxicity are outlined in Table 4. Similar to palbociclib, alopecia is possible with ribociclib and is typically grade 1. Ribociclib may cause embryo-fetal toxicity and effective contraception is recommended [50].

Palbociclib and Ribociclib: Surgical Procedures

Count nadir should be avoided at the time of surgery. For palbociclib, it is recommended that patients pursuing surgery hold therapy for 7 days before the surgery and up to 3 weeks following surgery, based on wound healing and recovery. Palbociclib can be resumed once satisfactory wound healing and recovery have occurred. Patients should continue endocrine therapy if palbociclib is held for surgery. There are no specific recommendations for ribociclib surrounding surgery, although we recommend following a similar algorithm to that outlined for palbociclib.

Dose Adjustments for Palbociclib

Following dose interruption, the palbociclib dose may need to be reduced when treatment is resumed. The first dose reduction is to 100 mg/day and the second and final dose reduction is to 75 mg/day. Once a dose has been reduced for a given patient, dose re-escalation should typically be avoided. No specific dose adjustments are needed for geriatric use, mild hepatic impairment, or mild to moderate renal impairment. Palbociclib has not been studied in patients with moderate or severe hepatic impairment (total bilirubin >1.5 × ULN and any AST) or in patients with severe renal impairment (CrCl <30 mL/min). Minimal drug is recovered in the urine, suggesting renal impairment would not significantly impact drug levels. A study of palbociclib in renal impairment has been completed, with results pending (NCT02085538).

Dose Adjustments for Ribociclib

The dose of ribociclib may need to be reduced following dose interruption for toxicity. The first dose reduction is to 400 mg/day and the second dose reduction is to 200 mg/day. Ribociclib should be discontinued if a dose reduction below 200 mg/day is required. Dose re-escalation is typically not recommended following modification. Ribociclib is commercially available as 200 mg tablets. No specific dose adjustments are needed for geriatric use, mild hepatic impairment, or mild to moderate

renal impairment. The recommended starting dose is 400 mg/day for patients with moderate (Child-Pugh B) or severe (Child-Pugh C) hepatic impairment. The impact of severe renal impairment (CrCl <30 mL/min) on ribociclib is unknown; however, the renal route contributes to only a small portion of ribociclib elimination. A study of ribociclib in healthy patients with various degrees of renal impairment is currently recruiting participants (NCT02431481).

CONCLUSION

CDK4/6 inhibitors are generally well-tolerated oral agents. Palbociclib is currently approved for the first-line treatment of metastatic HR-positive breast cancer in combination with letrozole and in the second-line setting in combination with fulvestrant. Ribociclib is approved for the first-line treatment of metastatic HR-positive breast cancer in combination with any aromatase inhibitor. Abemaciclib has been granted Breakthrough Therapy designation by the FDA. The most common adverse event associated with palbociclib and ribociclib is neutropenia; however, febrile neutropenia is rare and the neutropenia is generally easily reversible when the drug is held. Ribociclib is associated with hepatobiliary toxicity and QT prolongation, requiring additional monitoring and dose

modification. Gastrointestinal toxicity and fatigue are more prevalent with abemaciclib. Additional research is needed to better understand the toxicity profile and develop management strategies to minimize drug interruptions to optimize the highest possible therapeutic efficacy for patients with breast cancer.

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DISCLOSURES

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