

Worldwide Distribution of Cytochrome P450 Alleles: A Meta-analysis of Population-scale Sequencing Projects

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Genetic polymorphisms in cytochrome P450 (CYP) genes can result in altered metabolic activity toward a plethora of clinically important medications. Thus, single nucleotide variants and copy number variations in CYP genes are major determinants of drug pharmacokinetics and toxicity and constitute pharmacogenetic biomarkers for drug dosing, efficacy, and safety. Strikingly, the distribution of CYP alleles differs considerably between populations with important implications for personalized drug therapy and healthcare programs. To provide a global distribution map of CYP alleles with clinical importance, we integrated whole-genome and exome sequencing data from 56,945 unrelated individuals of five major human populations. By combining this dataset with population-specific linkage information, we derive the frequencies of 176 CYP haplotypes, providing an extensive resource for major genetic determinants of drug metabolism. Furthermore, we aggregated this dataset into spectra of predicted functional variability in the respective populations and discuss the implications for population-adjusted pharmacological treatment strategies.

Study Highlights

WHAT IS THE CURRENT KNOWLEDGE ON THE TOPIC?

☑ The human CYP supergene family harbors a multitude of single nucleotide variants (SNVs) and copy number variations. The frequencies of these pharmacogenetically important polymorphisms have mostly been studied in relatively small populations.

WHAT QUESTION DID THIS STUDY ADDRESS?

☑ This study utilized next-generation sequencing data from 56,945 unrelated individuals from five major populations to derive representative haplotype frequencies. In total, we report the frequencies of 176 alleles distributed over the 12 CYP genes with highest relevance for human drug metabolism and aggregate this dataset into worldwide patterns of predicted functional variability.

WHAT THIS STUDY ADDS TO OUR KNOWLEDGE

☑ Our analyses quantify the large extent of genetic variability between major populations on an unprecedented scale and reveal unexpectedly large interethnic differences. This genetic variability is expected to result in major functional differences, especially for the metabolism of CYP2C19, CYP2D6, and CYP3A substrates.

HOW THIS MIGHT CHANGE CLINICAL PHARMACOLOGY OR TRANSLATIONAL SCIENCE?

☑ This study reveals clinically interethnic differences in human drug metabolism that provide important information for the guidance of personalized drug therapy and the design of clinical trials.

Drug response is highly variable between individuals, resulting in 40–70% of patients exhibiting a lack of efficacy of pharmacological treatment or adverse drug reactions.^{1,2} Importantly, it is estimated that 15–30% of this variability is caused by genetic polymorphisms.² Cytochrome P450 (CYP) enzymes and their roles in drug metabolism have been extensively studied and constitute major determinants of drug response, as they are responsible for 80% of phase 1 drug metabolism and 65–70% of drug clearance.^{3,4} Furthermore, metabolism by polymorphic phase 1 enzymes, primarily CYPs, has been implicated in an increased risk of drugs to cause adverse drug reactions.⁵

The human CYP supergene family consists of 57 genes, however, 12 of the encoded enzymes are responsible for more than

75% of all phase 1 drug oxidation reactions.⁴ Importantly, these CYP genes are highly polymorphic and harbor a large repertoire of single nucleotide variants (SNVs) and copy number variations. This diversity is primarily based on low evolutionary constraints due to the lack of essential endogenous functions of the encoded gene products and genetic drift. Yet, although the vast majority of such polymorphisms are rare with minor allele frequencies (MAFs) <1%,⁶ pharmacogenetic testing in the clinics is currently restricted to validated and experimentally characterized variants for the derivation of qualified predictions about phenotypic consequences of the observed genetic variation patterns.⁷

Each variant is identified by its genomic coordinate in comparison to a curated reference sequence and is named according to

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the Human Genome Variation Society nomenclature, which represents the current standard in clinical diagnostics.⁸ Furthermore, each SNV, microdeletion, or insertion of <50 bp that has been observed in multiple genomes is assigned a unique rs number by database-single-nucleotide polymorphism, which identifies the respective variant. On the basis of this variant information, a unified and standardized *CYP* allele nomenclature system was established that integrates variant combinations into more accessible and human readable haplotypes designated by “star alleles.” This system is made available to the research community through a peer-reviewed, regularly updated website⁹ (<http://www.cypalleles.ki.se>).

In the last decades, a plethora of studies analyzed the links between genetic variants in *CYP* genes and drug responses. Although these studies have provided important information about the frequencies of clinically important *CYP* allele variants and their interethnic differences,^{10,11} their significance is limited due to their relatively small sample sizes and their focus on small, nonstandardized panels of specific variants of interest. Recently, the increasing dissemination of next-generation sequencing technologies and the implementation of population-scale sequencing projects presents a paradigm shift that allows to derive a comprehensive and consolidated overview of the genetic diversity and interethnic variability of *CYP* alleles across worldwide populations.

By integrating exome sequencing data from 56,945 unrelated individuals provided by the Exome Aggregation Consortium with whole genome and linkage information from the 1000 Genomes Project, we derive representative frequencies^{12,13} of 176 alleles distributed over the 12 *CYP* genes with highest relevance for human drug metabolism in five major populations (Europeans, Africans, South Asians, East Asians, and admixed Americans). The resulting data, to our knowledge, is the most comprehensive overview of *CYP* allele distributions published to date and provides important information for the guidance of population-specific genotyping strategies.

RESULTS

In this study, we analyzed the prevalence of 176 alleles distributed over the 12 *CYP* genes that jointly account for >75% of human phase 1 drug metabolism.⁴ In *CYP2A6*, we analyzed a total of 23 variants, of which 10 are rare in every population analyzed (**Figure 1a, Table 1**). *CYP2A6*17* (MAF = 11.2%), *CYP2A6*23* (MAF = 1.5%), *CYP2A6*25* (MAF = 1.4%), and *CYP2A6*28* (MAF = 2%) are only identified in Africans, whereas East Asians are the only population to harbor *CYP2A6*7* (MAF = 12.9%) and *CYP2A6*19* (MAF = 1.2%). *CYP2A6*9* is the most abundant allele in both Asian populations and admixed Americans accounting for 33.3%, 42%, and 49.2% of all variant alleles, respectively, whereas *CYP2A6*35* is the most abundant variant in Europeans (42.1% of all variants). Frequencies of the deletion allele *CYP2A6*4* could not be derived from exome sequencing data and, therefore, we used previously published data to approximate *CYP2A6*4* frequencies in the respective populations.^{14,15}

We assessed 25 *CYP2B6* alleles of which 8 are common in at least one population analyzed (**Figure 1b, Table 2**). *CYP2B6*18* (MAF = 7.1%) and *CYP2B6*16* (MAF = 6.5%) are restricted

to Africans and *CYP2B6*4* is only common in South Asian populations (MAF = 1.8%). *CYP2B6*9* is the most abundant allele in all populations analyzed accounting for 40.1–68.6% of all variants in the major populations. *CYP2B6*5* is highly abundant in Europeans (MAF = 12.8%), less prevalent in Africans (MAF = 2.6%), South Asians (MAF = 8.2%), and admixed Americans (MAF = 4.5%), and virtually absent in East Asians. Notably, the variant rs2279343, which defines *CYP2B6*4* and is part of *CYP2B6*6*, was not called in the 1000 Genome Project and, therefore, no linkages with this variant could be computed. Thus, to derive information about the *CYP2B6*4* and *6 haplotype frequencies, we estimated the co-occurrence of the two variants based on previous studies (90% of rs2279343 in combination with rs3745274 as *CYP2B6*6* and 10% without rs3745274 as *CYP2B6*4*).¹⁶

Only three of nine *CYP2C8* alleles are common in at least one of the super populations assessed (**Figure 1c, Table 3**). In Europeans and admixed American populations, only *CYP2C8*3* (MAF = 11.2% and 6.7% in Europeans and Americans, respectively) and *CYP2C8*4* (MAF = 6% and 2.3% in Europeans and Americans, respectively) are common. In contrast, *CYP2C8*2* constitutes the most prevalent allele in Africans (MAF = 15.9%, corresponding to 82.9% of all variant *CYP2C8* alleles in Africans) but is not detected in Europeans and East Asians. Surprisingly, *CYP2C8* is largely invariant in populations in East Asia and no variant with an allele frequency >1% was detected. This is in pronounced contrast to South Asian populations, in which the *2 (MAF = 1.9%), *3 (MAF = 4%), and *4 (MAF = 1.5%) alleles are common.

Genetic variability of *CYP2C9* is dominated by the *2 allele in Europeans (MAF = 11.7%) and admixed Americans (MAF = 6.6%), whereas the major alleles in Asian populations and Africans are *3 (MAF = 3.4% in East Asians and 11.3% in South Asians) and *9 (MAF = 7.5%), respectively (**Figure 1d, Table 3**). The spectrum of *CYP2C9* variants is highly population-specific with *CYP2C9*5*, *6, *8, *9, and *11 being restricted to African populations and *CYP2C9*14* being almost uniquely identified in South Asians.

Overall, we analyzed 19 variants in *CYP2C19*, of which *CYP2C19*17*, and *CYP2C19*2* are the major variants (**Figure 1e, Table 3**). In Europeans, Africans, and admixed Americans, the *17 promoter variant, which results in increased *CYP2C19* transcription most probably due to the modulation of GATA4 binding,^{17,18} is most abundant, accounting for 42–55% of all variant alleles, whereas the *2 loss-of-function variant that causes aberrant splicing is most prevalent in Asian populations (78.5% and 70.7% of all variant alleles in East and South Asians, respectively). Further *CYP2C19* alleles are highly specific to individual populations. The stop-gain variant *CYP2C19*3* is abundant exclusively in East Asians (MAF = 6.7%), whereas *CYP2C19*9* (MAF = 1.2%), *13 (MAF = 1.6%), *15 (MAF = 2%), and *27 (MAF = 8.3%) are restricted to Africans.

The *CYP2D6* gene locus is complex and highly polymorphic, harboring a multitude of common genetic variants with clinical importance (**Figure 1f, Table 4**). The *CYP2D6*2* allele is most abundant in European, African, South Asian, and admixed

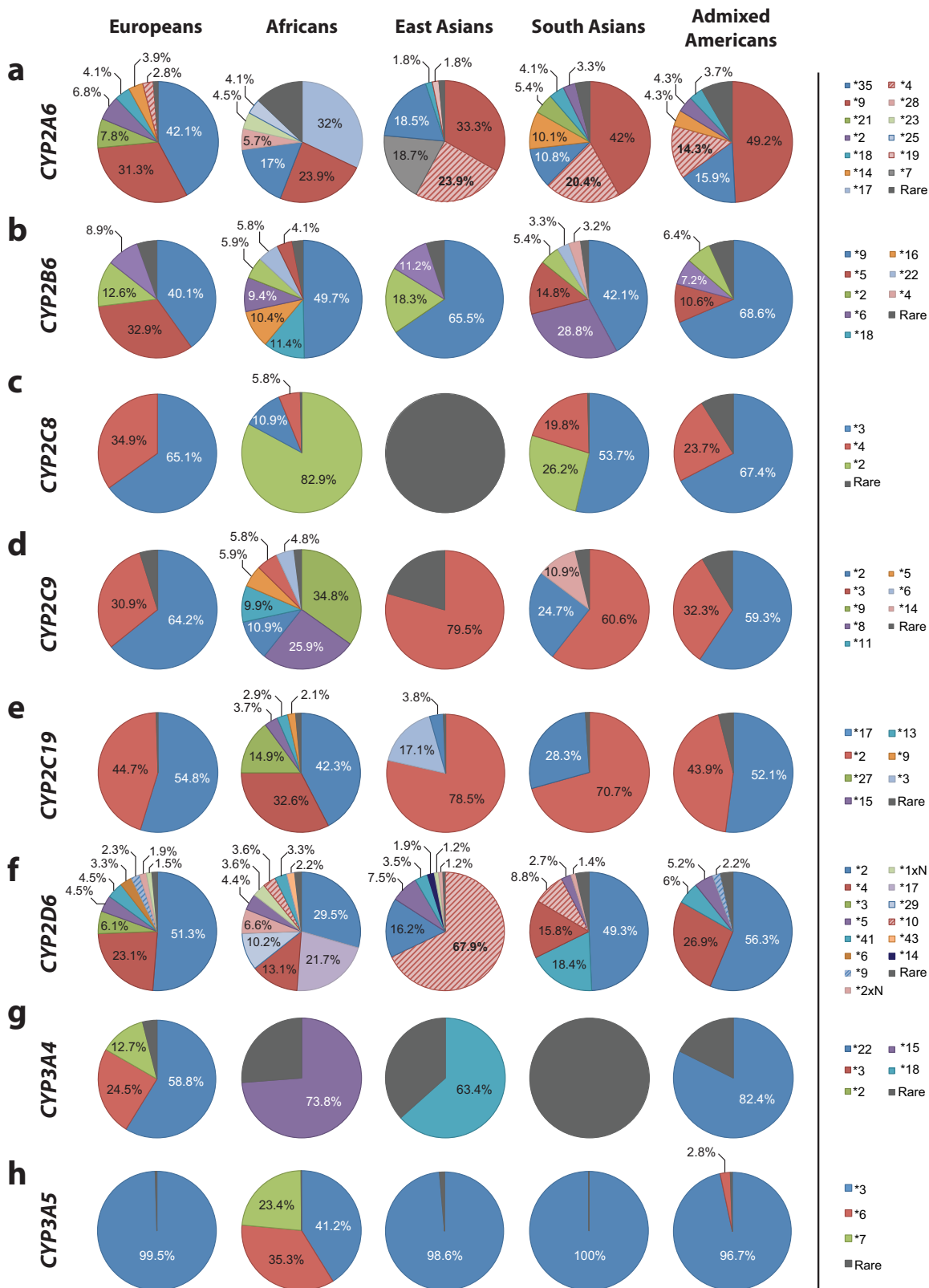


Figure 1 Distribution of the relative contributions of major cytochrome P450 (CYP) alleles in European, African, Asian, and American populations. Pie charts showing the relative contribution of common variants in *CYP2A6* (a), *CYP2B6* (b), *CYP2C8* (c), *CYP2C9* (d), *CYP2C19* (e), *CYP2D6* (f), *CYP3A4* (g), and *CYP3A5* (h) in five major populations. Only variants with a minor allele frequency in the respective population above 1% are shown, whereas all other variants analyzed in this study are summarized as “rare” (grey).

Table 1 Important variant and allele frequencies of the human *CYP2A6* gene

Allele	Defining variants	Variant type	Allele frequencies in indicated populations, %					Functional consequence
			EUR	AFR	EAS	SAS	AMR	
*1	None		64.6	65.1	30.8	65.6	71.9	Normal
*2	rs1801272	Missense (L160H)	2.3	0.5	0	1.1	1.2	Inactive
*4	CYP2A6 deleted		1	1.5	17	7	4	Inactive
*5	rs5031017	Missense (G479V)	0	<0.1	0.1	<0.1	<0.1	Inactive
*6	rs4986891	Missense (R128Q)	0	0	<0.1	0	0	Decreased ^a
*7	rs5031016	Missense (I471T)	<0.1	<0.1	12.9	0.3	0.3	Decreased ^a
*8	rs28399468	Missense (R485L)	0.3	0.3	0.3	0.3	0.3	Normal
*9	rs28399433	TATA box	11.1	8.3	23.0	14.4	13.8	Decreased
*10	rs5031016, rs28399468	Missense (I471T, R485L)	<0.1	<0.1	0.3	0.3	0.3	Decreased ^b
*14	rs28399435	Missense (S29N)	1.4	0.8	<0.1	3.5	1.2	
*16	rs56256500	Missense (R203S)	0	<0.1	0	<0.1	<0.1	
*17	rs28399454	Missense (V365M)	0	11.2	0	0	0.6	Decreased
*18	rs1809810	Missense (Y392F)	1.5	0.6	1.2	1.4	1.1	Decreased ^a
*19	rs5031016, rs1809810	Missense (I471T, Y392F)	<0.1	<0.1	1.2	0.3	0.3	
*21	rs6413474	Missense (K476R)	2.8	0.2	<0.1	1.9	0.3	Decreased ^b
*22	rs60605885, rs60563539	Missense (D158E, L160I)	0	0	0	0	<0.1	
*23	rs56256500	Missense (R203C)	0	1.5	0	<0.1	<0.1	Decreased
*24	rs143731390, rs72549435	Missense (N438Y, V110L)	0	0.9	<0.1	<0.1	<0.1	
*25	rs28399440	Missense (F118L)	0	1.4	0	0	0	
*26	rs59552350	Missense (S131A)	0	0.4	0	0	0	Decreased
*28	rs28399463, rs8192730	Missense (N418D, E419D)	0	2	0.1	<0.1	0.2	
*35	rs143731390	Missense (N438Y)	14.9	5.9	12.8	3.7	4.5	Decreased
*39	rs143690364	Missense (V68M)	0	<0.1	0	<0.1	0	Decreased ^b
*41	rs140471703	Missense (R265Q)	0	0.2	<0.1	0	<0.1	Inactive

AFR, Africans; AMR, admixed Americans; CYP, cytochrome P450; EAS, East Asians; EUR, Europeans; SAS, South Asians.

For references describing the functional characterization of the indicated alleles, see <http://www.cypalleles.ki.se>.

^aIndicates alleles whose functionality assessment is based solely on *in vitro* data. ^bIndicates alleles whose functionality assessment is based solely on *in vivo* data.

American populations and the most prevalent haplotype worldwide. The variant defining *CYP2D6*4* (rs3892097), which causes a splicing defect and inactivation of the *CYP2D6* gene product, is present in all analyzed populations with MAFs between 11.6% and 15.7%, except in East Asians in which the frequency of the allele was <1%. *CYP2D6*10* is almost exclusively found in African, South Asian, and, most notably, East Asian populations in which *10 constitutes the most common *CYP2D6* allele (MAF = 58.7%). *CYP2D6*3* (MAF = 4.1%) and *CYP2D6*6* (MAF = 2.2%) are only found in individuals of European ancestry. *CYP2D6*17* (MAF = 19.7%), *CYP2D6*29* (MAF = 9.2%), and *CYP2D6*43* (MAF = 2%) are distinctive haplotypes for Africans and *CYP2D6*14* was only found in East Asian populations (MAF = 1.6%). As quantification of certain genetic rearrangements can be difficult to assess with short-read sequencing based methodologies, we included frequency information for the duplicated alleles

*CYP2D6*1xN* and *CYP2D6*2xN* as well as for the deletion *CYP2D6*5* from the published literature. Duplications of *CYP2D6* occur with frequencies of 1–2% in whites and Asians but are more common in certain African populations, in which their frequency can be up to 29%, as previously reported.^{19,20} For deletions of *CYP2D6*, we assumed frequencies between 1% and 7% for the analyzed populations based on previous extensive meta-analyses.²⁰

CYP3A4, which metabolizes around one-third of all medications⁴ as well as endogenous steroid hormones, harbors only few common genetic variants (**Figure 1g, Table 5**). Of the 19 *CYP3A4* variants we assessed, only 5 were common in at least one of the major populations. In Europeans and admixed Americans, *CYP3A4*22* is the major allele (MAF = 5% and 2.6%, respectively) with *3 and *2 contributing to the genetic variability in the former. In contrast, *CYP3A4*15* (MAF = 2.5%) and *CYP3A4*18* (MAF = 1.9%) constitute the only common

Table 2 Important variant and allele frequencies of the human CYP2B6 gene

Allele	Defining variants	Variant type	Allele frequencies in indicated populations, %					Functional consequence
			EUR	AFR	EAS	SAS	AMR	
*1	None		61.1	37.9	75.5	45	57.8	Normal
*2	rs8192709	Missense (R22C)	4.9	3.7	4.5	3.0	2.9	
*3	rs45482602	Missense (S259R)	<0.1	<0.1	0	0.3	0.1	
*4	rs2279343	Missense (K262R)	0.4	0.6	0.3	1.8	0.3	Increased ^b
*5	rs3211371	Missense (R487C)	12.8	2.6	0.1	8.2	4.5	
*6	rs2279343, rs3745274	Missense (K262R, Q172H)	3.4	5.8	2.7	15.8	3	Decreased
*7	rs2279343, rs3745274, rs3211371	Missense (K262R, Q172H, R487C)	0	0	0	0	0	
*8	rs12721655	Missense (K139E)	<0.1	<0.1	0	<0.1	<0.1	Decreased ^a
*9	rs3745274	Missense (Q172H)	15.6	30.9	16	23.2	29	
*10	rs8192709, rs34883432	Missense (R22C, Q21L)	<0.1	<0.1	0	0.1	0.3	
*11	rs35303484	Missense (M46V)	<0.1	0.1	0	0.2	0.1	Decreased ^a
*12	rs36060847	Missense (G99E)	0	<0.1	0	0	<0.1	Decreased ^a
*13	rs2279343, rs3745274, rs12721655	Missense (K262R, Q172H, K139E)	<0.1	<0.1	0	<0.1	<0.1	
*14	rs35773040	Missense (R140Q)	0.5	<0.1	<0.1	0.3	<0.1	Decreased ^a
*15	rs35979566	Missense (I391N)	0.2	0.2	0	<0.1	0.2	Decreased ^a
*16	rs2279343 & rs28399499	Missense (I328T)	0	6.5	0	<0.1	0.3	Decreased
*17	rs33973337, rs33980385, rs33926104	Missense (T26S, D28G, R29T)	0	<0.1	0	0	0	
*18	rs28399499	Missense (I328T)	0	7.1	0	<0.1	0.3	Decreased ^a
*19	rs34826503	Missense (R336C)	0	0.3	<0.1	0	<0.1	Decreased ^a
*20	rs36056539	Missense (T168I)	0	0.1	0	0	<0.1	Decreased ^a
*21	rs35010098	Missense (P428T)	0	<0.1	0	0	0	Decreased ^a
*22	rs34223104	Regulatory	0.9	3.6	0.2	1.8	0.7	Increased ^a
*23	rs3211369	Missense (M459V)	0	0	<0.1	<0.1	0	
*26	rs2279343, rs3745274, rs3826711	Missense (K262R, Q172H, P167A)	0	0	0.5	0	0	Decreased ^b
*27	rs36079186	Missense (M198T)	0	0.2	0	0.1	<0.1	Decreased ^a
*28	rs34097093	Stop-gain (R378X)	0	<0.1	0	0	<0.1	Inactive

AFR, Africans; AMR, admixed Americans; CYP, cytochrome P450; EAS, East Asians; EUR, Europeans; SAS, South Asians.

For references describing the functional characterization of the indicated alleles, see <http://www.cypalleles.ki.se>.

^aIndicates alleles whose functionality assessment is based solely on *in vitro* data. ^bIndicates alleles whose functionality assessment is based solely on *in vivo* data.

CYP3A4 alleles in Africans and East Asians, respectively. In South Asian populations, no common *CYP3A4* variant with MAFs >1% are present.

The *CYP3A5* locus is highly variable across all human populations, yet harbors only few common genetic variants (**Figure 1h, Table 5**). *CYP3A5**3, an SNV causing alternative splicing and protein truncation, results in the almost complete abrogation of *CYP3A5* activity.²¹ This allele is highly abundant in South Asians, East Asians, admixed Americans, and Europeans and constitutes the major allele with frequencies of 66.8%, 71.3%, 79.7%, and 94.3%, respectively. In contrast, the variant spectrum of *CYP3A5* in Africans is distinctly different. Whereas the

frequency of *CYP3A5**3 is much lower (MAF = 18%), Africans also harbor the *CYP3A5**6 (MAF = 15.4%) and *7 (MAF = 10.3%) alleles with high frequencies.

Besides those *CYP* genes with the highest pharmacogenetic importance, we also analyzed the allelic variant profiles of *CYP1A1*, *CYP1A2*, *CYP2E1*, and *CYP4F2*, genes with a lower extent of functionally important polymorphisms. The frequencies of the respective alleles for these genes can be found in **Supplementary Tables S1–S4**.

Among the pharmacogenetically most important CYPs, *CYP2D6* is the most variable with cumulative allele frequencies between 59.8% in admixed Americans and 90.7% in Africans

Table 3 Important variant and allele frequencies of important pharmacogenes in the human CYP2C family

Allele	Defining variants	Variant type	Allele frequencies in indicated populations, %					Functional consequence
			EUR	AFR	EAS	SAS	AMR	
CYP2C8								
*1	None		82.8	80.8	98.7	92.6	90.1	Normal
*2	rs11572103	Missense (I269F)	0	15.9	0	1.9	0.9	Decreased ^a
*3	rs10509681, rs11572080	Missense (K399R, R139K)	11.2	2.1	<0.1	4	6.7	Decreased ^a
*4	rs1058930	Missense (I264M)	6.0	1.1	0	1.5	2.3	Decreased ^a
*5	rs72558196	Frameshift	0	0	0.2	0	0	Inactive
*6	rs142886225	Missense (G171S)	0	0	0.5	0	0	Normal
*7	rs72558195	Stop-gain (R186X)	0	<0.1	<0.1	<0.1	0	Inactive
*11	rs78637571	Stop-gain (E274X)	0	0	0.4	0	<0.1	Inactive
*12	rs3832694	Inframe deletion (461delV)	0	0	<0.1	0	0	
*14	rs188934928	Missense (A238P)	0	0	0.1	<0.1	0	Decreased ^a
CYP2C9								
*1	None		81.8	78.4	95.7	81.3	88.9	Normal
*2	rs1799853	Missense (R144C)	11.7	2.4	<0.1	4.6	6.6	Decreased ^a
*3	rs1057910	Missense (I359L)	5.6	1.3	3.4	11.3	3.6	Decreased
*4	rs56165452	Missense (I359T)	0	<0.1	0	0	0	
*5	rs28371686	Missense (D360E)	0	1.3	0	0	<0.1	Decreased
*6	rs9332131	Frameshift	0	1	0	0	<0.1	Inactive
*7	rs67807361	Missense (L19I)	0	0	0	0.3	0	
*8	rs7900194	Missense (R150H)	0	5.6	<0.1	<0.1	0.2	Decreased
*9	rs2256871	Missense (H251R)	0	7.5	<0.1	<0.1	0.2	
*11	rs28371685	Missense (R335W)	0.5	2.1	<0.1	0.2	0.2	Decreased
*12	rs9332239	Missense (P489S)	0.2	<0.1	0	<0.1	0.1	
*13	rs72558187	Missense (L90P)	0	0	0.2	0	0	Decreased
*14	rs72558189	Missense (R125H)	0	<0.1	<0.1	2.0	<0.1	
*15	rs72558190	Stop-gain (S162X)	0	0	<0.1	0	0	
*16	rs72558192	Missense (T299A)	0	0	0.3	0	0	
*29	rs182132442	Missense (P279T)	0.1	0	0.2	<0.1	<0.1	
*30	rs781583846	Missense (A477T)	<0.1	<0.1	<0.1	<0.1	<0.1	
*31	rs57505750	Missense (I327T)	0	0.2	0	0	0	
*33	rs200183364	Missense (R132Q)	0	<0.1	0	<0.1	0	
*36	rs114071557	Start lost	0	0.2	<0.1	<0.1	<0.1	
*42	rs12414460	Missense (R124Q)	<0.1	<0.1	<0.1	0	<0.1	
*44	rs200965026	Missense (T130M)	0	0	<0.1	0	<0.1	
*45	rs199523631	Missense (R132W)	<0.1	<0.1	0	<0.1	<0.1	
CYP2C19								
*1	None		59.2	44.5	60.5	51.9	77	Normal
*2	rs4244285	Splicing defect	18.3	18.1	31.0	34.0	10.1	Inactive

Table 3 Continued on next page

Table 3 Continued

Allele	Defining variants	Variant type	Allele frequencies in indicated populations, %					Functional consequence
			EUR	AFR	EAS	SAS	AMR	
*3	rs4986893	Stop-gain (W212X)	<0.1	<0.1	6.7	0.4	<0.1	Inactive
*4	rs28399504	Start lost	0	<0.1	<0.1	<0.1	0.2	Inactive
*5	rs56337013	Missense (R433W)	0	0	0	<0.1	0	Inactive
*6	rs72552267	Missense (R132Q)	0	0	<0.1	0	<0.1	Inactive
*7	rs72558186	Splicing defect	0	0	0	<0.1	0	Inactive ^b
*8	rs41291556	Missense (W120R)	<0.1	<0.1	0	<0.1	<0.1	Inactive
*9	rs17884712	Missense (R144H)	0	1.2	0	<0.1	<0.1	
*10	rs6413438	Missense (P227L)	0	0.4	<0.1	0	<0.1	Decreased ^a
*12	rs55640102	Stop-lost (X491C)	0	<0.1	0	0	0	Decreased ^a
*13	rs17879685	Missense (R410C)	0	1.6	0	<0.1	0.1	
*15	rs17882687	Missense (I19L)	0	2.0	0	<0.1	<0.1	
*16	rs192154563	Missense (R442C)	0	<0.1	0	<0.1	0	
*17	rs12248560	Regulatory	22.4	23.5	1.5	13.6	12.0	Increased
*22	rs140278421	Missense (R186P)	0	0.1	0	0	<0.1	
*23	rs118203756	Missense (G91R)	0	0	<0.1	0	0	
*24	rs118203757	Missense (R335Q)	0	<0.1	0	<0.1	<0.1	
*25	rs118203759	Missense (F448L)	0	0	0	0	0	
*27	rs7902257	Regulatory	0.1	8.3	0.1	0	0.3	Decreased ^a

AFR, Africans; AMR, admixed Americans; CYP, cytochrome P450; EAS, East Asians; EUR, Europeans; SAS, South Asians.

For references describing the functional characterization of the indicated alleles, see <http://www.cypalleles.ki.se>.

^aIndicates alleles whose functionality assessment is based solely on *in vitro* data. ^bIndicates alleles whose functionality assessment is based solely on *in vivo* data.

(Figure 2a). In contrast, *CYP3A4* is the most conserved gene with <10% of alleles harboring identified variant haplotypes. Notably, the largest differences in variability between populations are observed for *CYP3A5* (cumulative allele frequencies 44–95%), *CYP2A6* (28–69%), and *CYP2B6* (24–62%).

Importantly, aggregation of allelic frequency data by their functional consequences revealed major differences in predicted functionality patterns across the populations. Functionally impaired *CYP2A6* alleles are primarily found in East Asian populations where 67.5% of alleles are defective, whereas the frequencies of such alleles pivot around 30% in the other populations analyzed (Figure 2b). Although the *CYP2B6* locus is highly variable, the fraction of alleles that result in functional consequences is considerably smaller. In Africans and South Asians, around 20.5% and 16.7% of *CYP2B6* alleles are expected to result in decreased activity, respectively. Between 7% and 20% of *CYP2C8* and *CYP2C9* alleles exhibit decreased functionality across major world populations, with the exception of East Asians for which <1% and 4% of functional *CYP2C8* and *CYP2C9* variants are observed, respectively. Of the genes analyzed, *CYP2C19* harbors the highest frequency of increased activity alleles (*CYP2C19*17*), ranging from 1.5% in East Asians to 22.4% and 23.5% in Europeans and Africans, respectively.

CYP2D6 constitutes the most complex *CYP* locus known to harbor a large number of distinctly different common haplotypes with important clinical implications. In this study, we found that between 25.3% and 70.3% of analyzed alleles contained variant combinations with no or reduced functional activity. Furthermore, the *CYP2D6* gene is commonly duplicated in 1.5–9.3% of alleles, causing increased metabolic activity toward the respective substrates. The enzymes encoded by the two major genes in the *CYP3A* family, *CYP3A4* and *CYP3A5*, exhibit similar metabolic capabilities²² but drastically different variation profiles. Although *CYP3A4* harbored only few common functional variants, the high prevalence of *CYP3A5*3* causing alternative splicing resulted in the major fraction of alleles showing severely reduced functional activity (Figure 2b).

DISCUSSION

To date, a multitude of studies have analyzed the frequencies of *CYP* alleles in populations around the world. Yet, most studies analyzed only the prevalence of a selected subset of SNVs in a particular gene and only in one or few subpopulations of relatively small sample size. To overcome these limitations, a variety of studies consolidated frequency information from multiple studies to allow a broader overview of the true frequencies

Table 4 Important variant and allele frequencies of the human *CYP2D6* gene

Allele	Defining variants	Variant type	Allele frequencies in indicated populations, %					Functional consequence
			EUR	AFR	EAS	SAS	AMR	
*1	None		33.1	9.3	13.6	25.8	40.2	Normal
*1xN	Amplification of *1		1	3.3	1	0.5	0.5	Increased
*2	rs16947, rs1135840	Missense (R296C, S486T)	34.3	26.7	14	36.2	32.7	Normal
*2xN	Amplification of *2		1.3	6	1	1	0.5	Increased
*3	rs35742686	Frameshift	4.1	0.3	0	0.1	0.3	Inactive
*4	rs3892097	Splicing defect	15.5	11.9	0.4	11.6	15.7	Inactive
*5	<i>CYP2D6</i> deleted		3	4	6.5	2	3	Inactive
*6	rs5030655	Frameshift	2.2	0.3	0	0.1	0.4	Inactive
*7	rs5030867	Missense (H324P)	0	<0.1	0	0.8	<0.1	Inactive ^b
*8	rs5030865	Stop-gain (G169X)	0	<0.1	0	<0.1	0	Inactive
*9	rs5030656	Inframe deletion (K281del)	1.6	0.4	0	0.2	1.3	Decreased
*10	rs1065852, rs1135840	Missense (P34S, S486T)	0.2	3.2	58.7	6.5	0	Decreased
*11	rs201377835	Splicing defect	0	<0.1	0	0	0	Inactive ^b
*12	rs5030862	Missense (G42R)	0	<0.1	0	0	0	Inactive
*14	rs5030865	Missense (G169R)	0	0	1.6	<0.1	0	Inactive
*17	rs16947, rs28371706	Missense (R296C, T107I)	<0.1	19.7	0	0.1	0.7	Decreased
*29	rs16947, rs1135840, rs61736512, rs59421388	Missense (R296C, S486T, V136I, V338M)	0	9.2	<0.1	<0.1	0.4	Decreased
*33	rs28371717	Missense (A237S)	0.7	0.2	0	0.7	0.1	Normal
*41	rs28371725	Splicing defect	3.0	3.0	3.0	13.5	3.5	Decreased
*42	rs72549346	Frameshift	0	0.2	0	0	<0.1	Inactive
*43	rs28371696	Missense (R26H)	<0.1	2.0	<0.1	0.8	0.2	
*53	rs1135822, rs1135823	Missense (F120I, A122S)	0	<0.1	<0.1	<0.1	0.5	Increased ^a
*62	rs730882171	Missense (R441C)	<0.1	<0.1	<0.1	<0.1	<0.1	Inactive

AFR, Africans; AMR, admixed Americans; CYP, cytochrome P450; EAS, East Asians; EUR, Europeans; SAS, South Asians.

For references describing the functional characterization of the indicated alleles, see <http://www.cypalleles.ki.se>.

^aIndicates alleles whose functionality assessment is based solely on *in vitro* data. ^bIndicates alleles whose functionality assessment is based solely on *in vivo* data.

between populations. Fricke–Galindo *et al.*²³ performed a meta-analysis integrating variant frequency data of seven *CYP2C19* alleles from 138 studies. Furthermore, a recent extensive meta-analysis of 173 reports revealed the spectrum of allele frequencies and predicted functional consequences across major populations for *CYP2D6*.²⁰ However, meta-analyses are limited to a small number of haplotypes for which several reports are available and integration of multiple studies can be problematic due to differences in underlying genotyping strategies and differentially designed assay panels.²⁴ For instance, in a study by Griese *et al.*,²⁵ which was included in the highlighted *CYP2D6* meta-analysis, the prevalence of 16 *CYP2D6* haplotypes were analyzed in a Ghanaian population by allele-specific polymerase chain reaction, including the normactive *CYP2D6**2 haplotype, which is defined by two variants (rs16947 and rs1135840).²⁵ Yet, in combination with two additional SNVs (rs61736512 and rs59421388), which

were not assessed in the respective study, these two variants constitute *CYP2D6**29, a haplotype that exhibits reduced activity. Thus, the *2 haplotype, as designated by Griese *et al.*,²⁵ likely encompasses the less active *29 allele, confounding the reported haplotype and activity frequencies.

To overcome these limitations, in this study, we analyzed uniform next-generation sequencing data ensuring that variant information is fully consistent and compatible. Our analyses reveal the drastic extent of genetic variability between major populations, which entail phenotypic consequences on the level of differential metabolic activity profiles and incentivizes population-adjusted pharmacogenetic genotyping strategies. Notably though, there are additional layers of genetic variability between specific subpopulations within the aggregated superpopulations that we analyzed, as has been shown, for instance, for *CYP2D6* gene duplications and the distribution of the *CYP2C19**17 allele within Europe, which

Table 5 Important variant and allele frequencies of important pharmacogenes in the human CYP3A family

Allele	Defining variants	Variant type	Allele frequencies in indicated populations (in %)					Functional consequence
			EUR	AFR	EAS	SAS	AMR	
CYP3A4								
*1	None		91.5	96.6	97	99.1	96.9	Normal
*2	rs55785340	Missense (S222P)	1.1	0	0	0	0	
*3	rs4986910	Missense (M445T)	2.1	0.1	0	0	0.2	
*4	rs55951658	Missense (I118V)	0	0	0.6	<0.1	<0.1	
*5	rs55901263	Missense (P218R)	0	0	<0.1	0	0	
*6	rs4646438	Frameshift	0	0	0.2	<0.1	<0.1	
*7	rs56324128	Missense (G56D)	0.1	0	0	0	0	
*8	rs72552799	Missense (R130Q)	0.1	0	0	<0.1	<0.1	Decreased ^a
*9	rs72552798	Missense (V170I)	0	0	0	0	<0.1	
*10	rs4986908	Missense (D174H)	<0.1	0.2	<0.1	0.1	<0.1	
*11	rs67784355	Missense (T363M)	0	<0.1	<0.1	<0.1	0	Decreased ^a
*12	rs12721629	Missense (L373F)	0	0.3	0	<0.1	<0.1	
*13	rs4986909	Missense (P416L)	0	0	0	0	<0.1	Decreased ^a
*15	rs4986907	Missense (R162Q)	0	2.5	0	<0.1	0.2	
*16	rs12721627	Missense (T185S)	0	0	0.1	0	0	Decreased ^a
*18	rs28371759	Missense (L293P)	0	0.2	1.9	0	<0.1	Decreased
*19	rs4986913	Missense (P467S)	0	0	0	<0.1	0	
*20	rs67666821	Frameshift	0	<0.1	0	0	<0.1	Inactive
*22	rs35599367	Intronic	5.0	<0.1	0	0.6	2.6	Decreased ^b
*26	rs138105638	Stop-gain (R268X)	0	<0.1	0	<0.1	<0.1	Inactive
CYP3A5								
*1	None		5.3	56.3	27.7	33.2	17.5	Normal
*2	rs28365083	Missense (T398N)	0.1	<0.1	0	0	<0.1	
*3	rs776746	Splicing defect	94.3	18.0	71.3	66.8	79.7	Inactive
*4	rs56411402	Missense (Q200R)	0	0	0.3	0	0	
*5	rs55965422	Splicing defect	0	0	0.7	<0.1	0	
*6	rs10264272	Splicing defect	0.3	15.4	0	0	2.3	Inactive
*7	rs41303343	Frameshift	0	10.3	<0.1	<0.1	0.4	
*8	rs55817950	Missense (R28C)	0	0	<0.1	0	0	Decreased ^a

AFR, Africans; AMR, admixed Americans; CYP, cytochrome P450; EAS, East Asians; EUR, Europeans; SAS, South Asians.

For references describing the functional characterization of the indicated alleles, see <http://www.cypalleles.ki.se>.

^aIndicates alleles whose functionality assessment is based solely on *in vitro* data. ^bIndicates alleles whose functionality assessment is based solely on *in vivo* data.

occur with a strong south-north and west-east gradient, respectively.^{20,23} Overall, Africans constitute the most heterogeneous superpopulation, as exemplified by large differences in *CYP2D6*5*, *CYP2D6*29*, and *CYP3A5*3* frequencies that vary among 3–17%, 2–20%, and 4–95% between subpopulations, respectively.^{26,27} Therefore, higher resolution maps across the subpopulations will add clinically useful information and we expect that such datasets will be available in the near future when

the many current whole genome analyses projects have been published.

CYP2A6 is the main enzyme involved in nicotine metabolism and is also involved in the bioactivation of procarcinogens from tobacco smoke. Previous studies showed that CYP2A6 deficiency resulted in reduced nicotine dependence²⁸ as well as a markedly reduced lung cancer risk (odds ratio = 0.23).²⁹ Given the high prevalence of functionally deficient *CYP2A6* alleles in East Asian

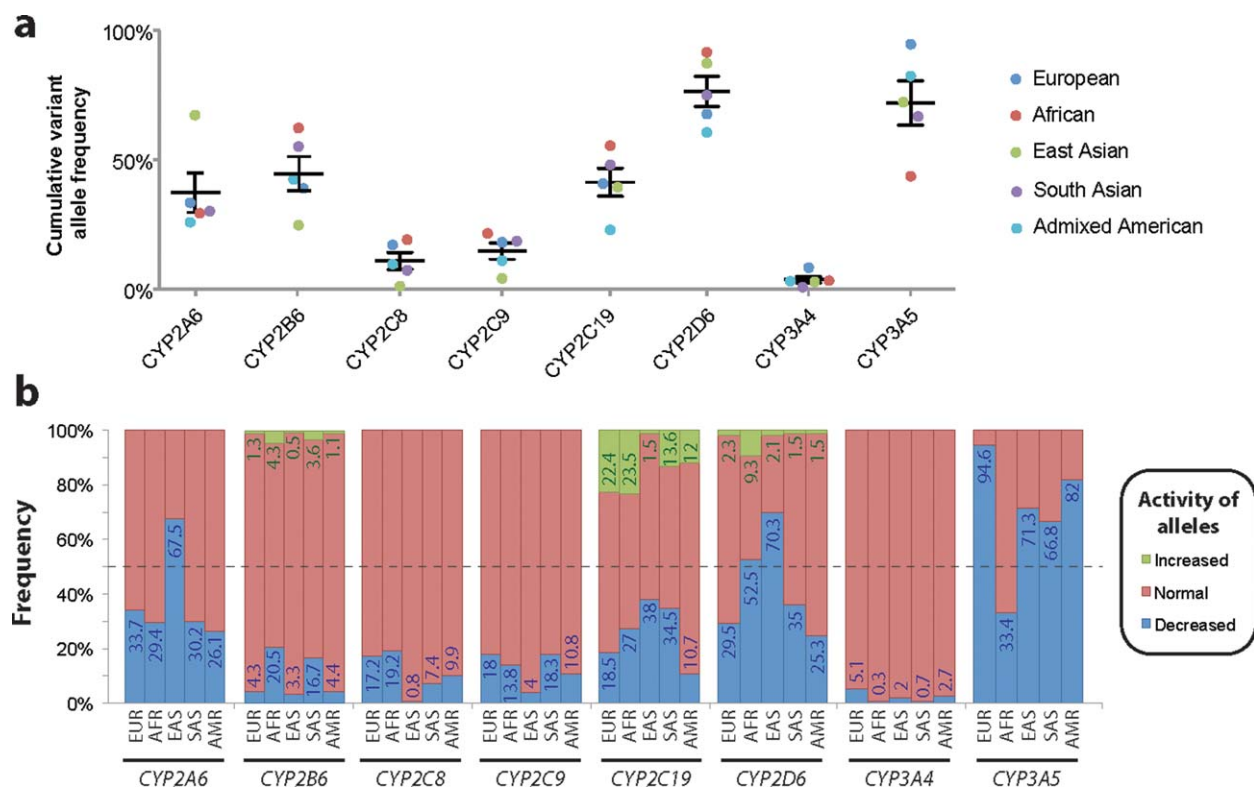


Figure 2 The genetic variability and their functional consequences differ drastically between major cytochrome P450 (*CYP*) genes and across populations. (a) Cumulative frequencies of all major variant alleles in Europeans (EUR; blue), Africans (AFR; red), East Asians (EAS; green), South Asians (SAS; purple), and admixed Americans (AMR; turquoise) are shown for each major *CYP* gene. Overall, *CYP2D6* constitutes the most variable gene, whereas *CYP3A4* is most conserved. (b) The expected functional consequences of allelic distributions across world populations are shown. Frequencies of haplotypes with decreased (blue), increased (green), and normal (red) functionality, as defined in **Tables 1–5**, were aggregated for each gene and population, revealing the spectrum of functional variability in major world populations.

populations (67.5%; **Figure 2b**), these data corroborate that the genetic contribution to nicotine addiction as well as the risk to develop pulmonary lesions is reduced in these populations.

CYP2B6 and *CYP2A6* are the key enzymes responsible for metabolism of the antiretroviral efavirenz, and deficiency of these enzymes can result in increased systemic exposure.^{30–32} Importantly, significant associations between reduced *CYP2B6* activity and neurological symptoms were described for pediatric as well as adult patients, indicating that *CYP2B6* genotyping might reveal biomarkers for increased risk of efavirenz toxicity particularly in African populations in which *CYP2B6* deficient alleles are most frequent.^{33,34} Notably, no clear effect on *CYP2B6* functionality has been demonstrated for *CYP2B6*5* and *CYP2B6*9*, the most abundant *CYP2B6* variant alleles in Europeans and admixed Americans. Interestingly, *CYP2B6*5* apparently results in significantly reduced expression levels of *CYP2B6* *in vitro*, however, without altering efavirenz metabolism suggesting increased specific activity of the gene product, which compensates for the reduced expression levels.³⁵ In agreement with these *in vitro* findings, no effect of *CYP2B6*5* on efavirenz pharmacokinetics was observed *in vivo*.³⁶ Thus, interrogating the functional effects of these alleles using a variety of *CYP2B6* substrates will be an important task for future studies to allow for a more accurate translation of *CYP2B6* genetic variability into functional activity profiles.

CYP2C8 is involved in the metabolism of a multitude of chemically diverse medications, including nonsteroidal anti-inflammatory drugs, thiazolidinediones, and chemotherapeutic agents. Importantly, *CYP2C8* alleles causing impaired activity have been implicated in reduced clearance and increased exposure to paclitaxel, which correlates with higher incidences of paclitaxel-induced neuropathies.^{37,38} In light of the distribution of *CYP2C8* deficient alleles, *CYP2C8* genotyping might be a viable option in Africans and Europeans in which 19.2% and 17.2% of *CYP2C8* alleles are expected to exhibit reduced functionality, respectively. In contrast, genotyping in East Asians cannot be recommended due to the low frequencies of deficient *CYP2C8* variants (<1%).

Extremely slow clearance of phenytoin and increased risk of neurotoxicity has been observed in patients homozygous for *CYP2C9*-deficient alleles.³⁹ Furthermore, *CYP2C9* deficiency is linked to bleeding complications upon treatment with warfarin and other anticoagulants. Together with age, body-surface area, and polymorphisms in *VKORC1*, *CYP2C9* variants explain 50% of the interindividual variability in dose requirements⁴⁰ and a recent prospective trial showed that dosing guided by *CYP2C9* and *VKORC1* genotypes can increase the time in the therapeutic range and decrease the number of adverse events with atrial fibrillation or venous thromboembolism.⁴¹ These findings suggest that

due to the distribution of CYP2C9 deficiencies in major populations, Europeans, Africans, and South Asians might be at increased risks of phenytoin toxicity as well as complications due to warfarin treatment.

The arguably most extensively studied *CYP* gene is *CYP2D6*, which metabolizes around 25% of all drugs in clinical use. Genetic polymorphisms that result in increased CYP2D6 metabolic capacities, primarily observed in Africans, have been linked to decreased treatment response observed for the treatment with tricyclic antidepressants,⁴² increased incidences of respiratory depression after tramadol treatment,⁴³ opioid intoxication after codeine treatment with concomitant CYP3A4 inhibition, and transient reduction in renal functionality.⁴⁴ In contrast, patients with reduced functionality *CYP2D6* alleles, which are found with highest frequencies in East Asian (70.3%) and African populations (52.5%), bear an increased risk to develop hepatotoxicity upon treatment with the antianginal agent perhexiline,⁴⁵ metoclopramide-induced acute dystonic reactions,⁴⁶ and adverse drug reactions caused by the antipsychotic risperidone.⁴⁷

The functional *CYP3A5*1* variant has recently been implicated in decreased safety of sunitinib treatment in patients with metastatic renal cell carcinoma.⁴⁸ The splice variant rs776746 that results in *CYP3A5* deficiency (*CYP3A5*3*) was found at very high frequencies in European populations (94.3%), whereas the combined prevalence of the inactive *3 and *6 alleles in Africans was only 33.4%. These results suggest that Africans might be at increased risks of sunitinib toxicity, incentivizing the clinical investigation of outcomes of treatment with lower sunitinib doses in these populations.

The CYP star allele nomenclature system provides a standardized nomenclature system, which facilitates scientific exchange and promotes the understanding of pharmacogenetic variability by nonpharmacogeneticists, such as clinicians. In this nomenclature system, genetic variants within the *CYP* genes that exert functional effects or cause unique amino acid substitutions are designated with a star (*) number. Yet, for some complex loci, interpretations of the star allele nomenclature can be impeded by intricate haplotype structures and the inclusion of different nonfunctional variants in the allelic definitions, frequently resulting in the use of different genotyping strategies for the analyses of CYP allelic variants. However, it is of importance to interrogate a sufficiently large number of single-nucleotide polymorphisms in order to correctly assign a specific star allele. For instance, *CYP2D6*2* cannot be called solely based on the presence of the defining variants rs16947 and rs1135840. Rather, other variants that are commonly detected in linkage with this variant combination, such as rs3892097 (*CYP2D6*4*) and rs5030865 (*CYP2D6*14*), also need to be excluded. Furthermore, due to the large number of extensive next-generation sequencing projects, many novel rare variants are detected, which are important modulators of patients' response to pharmacological treatment but cannot be subsumed under existing star alleles.⁴⁹ Thus, although the star allele nomenclature has considerable advantages for simple descriptions of the variant *CYP* alleles, it cannot be used to define the true global variability of all different *CYP* alleles.

In summary, our analyses reveal the large extent of genetic variability between major populations and can serve as a powerful resource for the worldwide distribution of *CYP* allele frequencies. Furthermore, these findings underscore the need to consider population-specific genetic backgrounds when conducting pharmacogenetic analyses and clinical trials.

METHODS

Allele frequency data

Frequency information of exonic variants was obtained from Exome Aggregation Consortium, which integrated 14 large-scale sequencing efforts encompassing in total sequences of 56,945 unrelated individuals from five major populations, encompassing 33,370 Europeans, 5,203 Africans and African Americans, 4,327 East Asians, 8,256 South Asians, and 5,789 admixed Americans.¹³ Frequencies of variants outside of coding regions were extracted from 1,851 genomes provided by the 1000 Genomes Project.¹² For alleles that were defined by a set of variants, as specified in **Tables 1–5** and **Supplementary Tables S1–S4**, we calculated linkage of the respective SNVs using the LDhap feature of the software package LDlink (<https://analysisstools.nci.nih.gov/LDlink>)⁵⁰ based on population-specific linkage information provided by the 1000 Genome Project. Frequencies of gene deletions (*CYP2A6*4* and *CYP2D6*5*) or amplifications (*CYP2D6*1xN* and *CYP2D6*2xN*) were obtained from the literature, as indicated due to technical limitations regarding the reliable quantification of their frequencies from synthesized short-read sequencing projects. Cumulative allele frequencies ($F_{cum,i,p}$) for each gene i were calculated for each population p by summing up the individual haplotype frequencies of all major alleles included in **Tables 1–5**. Average *1 allele frequencies were determined as:

$$F_{*1,i} = 1 - \sum_p F_{cum,i,p}$$

Allele nomenclature and definitions

CYP star (*) alleles were defined according to the Human CYP Allele Nomenclature Database (<http://www.cypalleles.ki.se>) and we refer to this source for references describing the functional characterization of the respective alleles. In this study, we pooled suballeles and only considered the variants that effectuate the functional effects of the allele, as indicated in **Tables 1–5** and **Supplementary Tables S1–S4**. Throughout this paper, we defined common alleles as having MAF >1%, whereas variants or alleles with an allelic frequency <1% were defined as rare.

Additional Supporting Information may be found in the online version of this article.

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AUTHOR CONTRIBUTIONS

V.M.L., Y.Z., and M.I.-S. wrote the manuscript. V.M.L. designed the research. V.M.L. and Y.Z. performed the research. V.M.L., Y.Z., and M.I.-S. analyzed the data.

CONFLICT OF INTEREST

V.M.L. and M.I.-S. are co-founders and owners of HepaPredict AB.

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