



Affinity of IDPs to their targets is modulated by ion-specific changes in kinetics and residual structure

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Intrinsically disordered proteins (IDPs) are characterized by a lack of defined structure. Instead, they populate ensembles of rapidly interconverting conformations with marginal structural stabilities. Changes in solution conditions such as temperature and crowding agents consequently affect IDPs more than their folded counterparts. Here we reveal that the residual structure content of IDPs is modulated both by ionic strength and by the type of ions present in solution. We show that these ion-specific structural changes result in binding affinity shifts of up to sixfold, which happen through alteration of both association and dissociation rates. These effects follow the Hofmeister series, but unlike the well-established effects on the stability of folded proteins, they already occur at low, hypotonic concentrations of salt. We attribute this sensitivity to the marginal stability of IDPs, which could have physiological implications given the role of IDPs in signaling, the asymmetric ion profiles of different cellular compartments, and the role of ions in biology.

PPI | folding upon binding | protein stability | co-solute | electrostatic steering

Intrinsically disordered proteins (IDPs) and proteins with intrinsically disordered regions (IDRs) make up a large proportion of the proteome, especially of eukaryotic organisms (1–6). These disordered regions are characterized by a lack of a uniquely defined structure, instead populating many near-isoenergetic conformations (7, 8). Despite their structural heterogeneity, IDPs are functional and involved in numerous cellular tasks (5, 9). The disordered nature and marginal stability of IDPs make their structural ensembles particularly susceptible to changes in solution conditions. For example, it has been demonstrated that changes in solvent excluded volume and ionic strength can significantly affect the radius of gyration of disordered proteins (10, 11).

Coupled folding and binding reactions—where an IDP folds upon binding to its target protein—constitute an important class of protein–protein interactions (PPIs). With the added dimension of folding to the binding reaction, factors affecting affinities and lifetimes of complexes involving IDPs are yet to be completely understood (12). Much of the early work in the field has focused on the protein (sequence) determinant of these reactions (13–17). However, the role of environment (solution) conditions on coupled folding and binding has largely been ignored in biophysical studies, despite the established effect on IDP structural ensembles (10, 18–20).

In the cellular milieu, electrostatic interactions are partially screened by the presence of electrolytes, with the type and concentration of ions present varying in different cellular compartments. Since changing ionic strength affects both long-range electrostatic forces and chain collapse, we investigated its effect on coupled folding and binding reactions.

Here we present the results of an investigation of the effect of charged co-solutes on the coupled folding and binding of two well-characterized and contrasting model IDP systems. We find that association and dissociation rates—and thus the affinity of the complex—are ion type-dependent and not a simple consequence of ionic strength. The discrepancy in association kinetics occurs at surprisingly low ionic strengths and is likely to be relevant at

physiological concentrations of salts. We find that the explanation for this ion specificity lies in a high sensitivity of the residual structure of IDPs to ionic strength and the nature of the salt. By demonstrating a correlation between kinetics, ion-induced structural changes, and the Hofmeister series, we provide an explanation for these ion-specific results.

Results

Choice of Experimental Systems. Two well-characterized and contrasting IDP systems were chosen for investigation: the spectrin tetramerization domain (21) and the PUMA:MCL1 (22) complex (described in detail in Fig. 1 *A* and *B*, respectively). They possess very different thermodynamic, kinetic, and mechanistic signatures under physiological-like conditions (Table S1) as well as opposite electrostatic steering components to their association rate constants. Under physiological-like conditions, spectrin associates relatively slowly ($6.3 \times 10^2 \text{ M}^{-1}\text{s}^{-1}$) (23), while PUMA and MCL1 associate rapidly ($1.6 \times 10^7 \text{ M}^{-1}\text{s}^{-1}$) (19). With similar dissociation rate constants ($2.6 \times 10^{-4} \text{ s}^{-1}$ and $1.6 \times 10^{-3} \text{ s}^{-1}$, respectively), the stabilities of the resultant complexes are very different: 0.4 μM for spectrin and 0.1 nM for PUMA:MCL1. The amount of structure present at the transition state for the association of each system is also distinctly dissimilar: Spectrin already possesses significant helicity and packing interactions (24), while PUMA is still almost completely disordered and makes few native interactions (14, 15). Using NaCl to screen charge–charge interactions, we found that the association of spectrin is slowed by electrostatic repulsion (Fig. 1C), while the association of PUMA

Significance

Intrinsically disordered proteins (IDPs) rapidly exchange between conformations of marginal stability. These transient structures are much more sensitive to solution conditions than ordered proteins. Here we reveal that coupled folding and binding of IDPs are affected by the presence of different common salts beyond simple electrostatic effects, such that their affinities are ion-specific, and occur at physiological concentrations. We demonstrate that the phenomenon is rooted in the structural sensitivity of IDPs to co-solutes, which in turn affects binding rates and affinities. We suggest that the sensitivity of coupled folding and binding reactions to the environment might be a functional consequence of protein disorder. Considering the role of ions in biology, it might be a regulatory mechanism of physiological significance.

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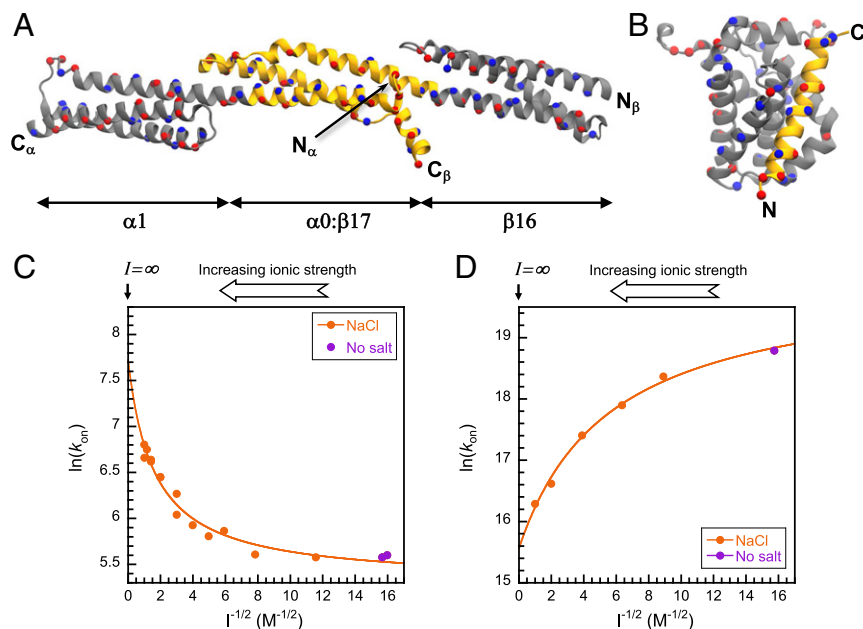


Fig. 1. Model systems and electrostatic modulation of their association speed. (A) Structure of the spectrin tetramerisation domain ($\alpha 0:\beta 17$) flanked by the respective folded domains ($\alpha 1$ and $\beta 16$ for the α - and β -spectrin chains, respectively). Structure is based on PDB ID code 3LBX (50). (B) Structure of PUMA:MCL1 based on PDB ID code 2ROC (51). The domains/proteins that are folded in isolation are depicted in gray. The IDPs/IDRs are depicted in gold. Asp/Glu and Lys/Arg residues are colored onto their C_{α} (represented as spheres) in red and blue, respectively. Figures were prepared with VMD (52). Ionic strength dependence of the association rate constants (k_{on}) modulated by NaCl for spectrin (C) and PUMA:MCL1 (D). Increasing salt concentration accelerates spectrin association but reduces the speed of PUMA binding MCL1. Solid lines are fits to the Debye–Hückel-like model (*Methods*), where the intercept represents the association at infinite ionic strength—that is, the basal rate constant. The ionic strength of the buffer without salt is 4 mM.

with MCL1 is electrostatically accelerated (Fig. 1D). However, the effects are modest: ~ 10 -fold for spectrin and ~ 25 -fold for PUMA:MCL1 between the lowest (4 mM) and infinite ionic strength. Interestingly, while fast overall, binding of PUMA to MCL1 is only marginally accelerated by long-range electrostatics.

Different Salts Affect Rates of Complex Formation Beyond Ionic Strength Effects Alone. Ionic strength is, by definition, assumed to be independent of the nature of the ion beyond its charge. It is also implicitly assumed that ions in solution affect reaction kinetics through ionic strength alone. We systematically varied one ion type while keeping the counterion constant to test this hypothesis in the context of coupled folding and binding reactions. Chloride salts of monoatomic cations were chosen to avoid possible consequences arising from the specific geometries of polyatomic ions. We focused on the biologically relevant cations K^+ , Na^+ , Li^+ , Mg^{2+} , and Ca^{2+} to study both mono- and divalent ions. All experiments were performed between 4 mM (no salt added, contribution from the buffer only) and 1 M ionic strength. We found that the association is not only ionic strength-dependent but salt-dependent as well (Fig. 2). The discrepancy between salts is largest for the highest ionic strengths studied, indicating concentration-dependent effects. Consequently, using the Debye–Hückel-like model to fit the data of an ionic strength series for a given salt yields different basal rate constants. Our results clearly show that there is more at play than ionic strength alone. Importantly, we note that systematic deviations are observed for ionic strengths as low as 10 mM (Fig. 2).

The effect of the different salts on each system shows comparable trends. The divalent ions lead to the largest change in rates (acceleration for spectrin and deceleration for PUMA:MCL1) between 4 mM and 1 M ionic strength, despite being present at lower concentrations (1 M ionic strength is achieved with a third of the salt concentration—that is, ~ 333 mM; cf.

SI Methods). Broadly speaking, the monovalent cations sodium and potassium give rise to the smallest modulation in association rates, and lithium's effect is intermediate. This is most clearly seen for the PUMA:MCL1 system (Fig. 2B). The effect is substantial, with the largest difference (KCl vs. CaCl₂) being about threefold at the same ionic strength (1 M), and more substantial still if simply considering concentration, since the concentration of calcium and magnesium ions are one-third of the monovalent ions when normalizing for ionic strength.

For PUMA:MCL1 the nature of the anion was also systematically varied. There was a clear difference between each salt at 1 M ionic strength. The order $Cl^- < Br^- < I^-$ is highlighted in Fig. 2B, *Inset*. NaI leads to a larger change in association rate than any of the divalent cations, clearly highlighting that valency is not an accurate predictor for rationalizing the effect of the different salts.

The Different Salts also Modulate the Rate of Complex Dissociation.

The fact that association rates are modulated by the addition of salts beyond their impacts on ionic strength highlights more than a pure electrostatic effect. Therefore, a similar ion-specific behavior might be expected for the dissociation rates. The unimolecular nature of complex dissociation implies no long-range electrostatic steering, and therefore, dissociation rate modulation would confirm ion-specific effects of a different nature to ionic strength. We measured the dissociation rates of PUMA:MCL1 for each salt at 1 M ionic strength and in buffer alone (4 mM ionic strength) (Table 1). As with the association experiments, we observed ion-specific changes in the rate of complex dissociation. The trend for the different salts was identical to that for association, and there was an inverse correlation between the association and dissociation rates; that is, the faster the complex forms, the slower it dissociates. As for the association, the largest change in complex dissociation (KCl vs. CaCl₂) was significant and amounted to \sim twofold. Ionic strength

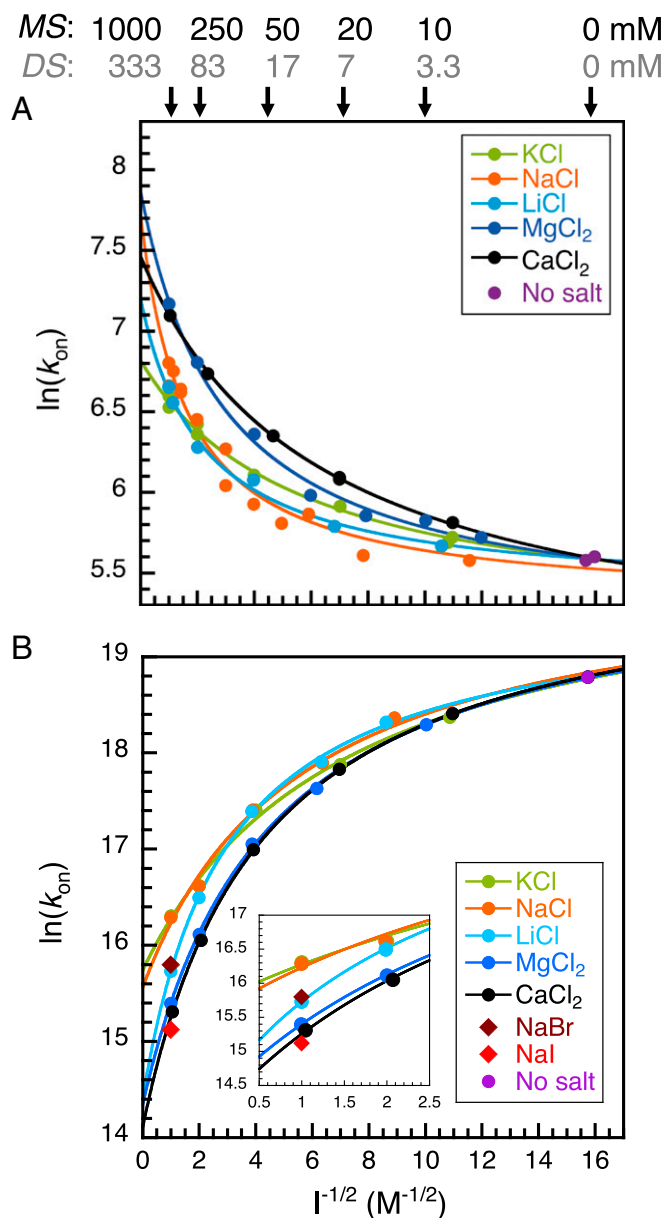


Fig. 2. Association kinetics under a range of ionic strengths and salt types. (A) Association kinetics of spectrin and (B) PUMA:MCL1. The solid lines represent fits to the Debye–Hückel-like model (*Methods*), where the intercepts are the basal rate constants. For PUMA:MCL1, the results of varying the anion at 1 M ionic strength are shown (compare the results for NaCl, NaBr, and NaI in B). The *Inset* highlights the ion specificity of the association rate constant (at 1 M ionic strength). The ionic strength in the absence of added salt comes from the buffer and is equal to 4 mM. This point is common to all fitted lines. Some reference values of salt concentrations corresponding to the x scale are indicated for salts with monovalent cations (1:1 salts; MS) and divalent cations (1:2 salts; DS).

also had an effect, since the lifetime of the complex is longer in buffer-only than in any of the 1 M ionic strength conditions. However, the effect is much smaller than on association, as would be expected since there is no screening of long-range electrostatic interactions compared with bimolecular reactions. [Note that the dissociation rates were obtained with a slightly different PUMA sequence containing a dye, meaning that the absolute rates are slightly different. However, an alternative experiment showed similar trends for the actual peptide sequence (*Table S2*).]

The Amount of Residual Structure in the IDP Is Ion-Specific. The absence of convergence for the basal association rate constant in the presence of different ions is not consistent with an ionic strength effect alone. Similarly, the dependence of the dissociation rate constant on the nature of the salt suggests an additional effect. We probed possible structural changes using circular dichroism (CD) spectroscopy, allowing bulk secondary structure properties of proteins and changes in residual helicity to be determined (25, 26). In isolation, PUMA showed a reduction in helicity with increasing ionic strength (*Fig. 3A*). But the residual helicity is also ion-dependent. The effect is far from negligible, with ion-specific changes accounting for about half of the overall change in helicity reported in *Fig. 3A*, the rest being due to ionic strength. Similar to our kinetics findings, the structural changes do not appear to be a consequence of the valency of the ion, with lithium and magnesium having comparable effects. Importantly, no changes due to either ionic strength or ion type were observed for the folded protein MCL1 (*Fig. S1*), highlighting the higher sensitivity of IDPs toward changes in solution conditions. Importantly, the rate constants of association of PUMA to MCL1 correlate with structural changes of unbound PUMA observed by CD spectroscopy (*Fig. 3B*); that is, the more helical the IDP, the faster it binds and the slower it unbinds. We were unable to obtain CD data with bromide and iodide anions as they absorb strongly in the far-UV. Similarly, the spectrin proteins contain large helical folded domains, which give strong CD signals compared with the disordered regions, so it was not possible to assess the effect of salts and ionic strength on the IDR.

Discussion

Here we studied the effect of charged co-solutes on two IDP systems having very different kinetic, thermodynamic, and mechanistic signatures (*Table S1*). Under physiological-like conditions, spectrin associates slowly, with extensive structure present at the transition state, while the PUMA:MCL1 complex is formed rapidly and is mostly unstructured at the transition state. They also proceed through different mechanisms. Association of PUMA with MCL1 is via an induced fit mechanism—PUMA largely folds only after association (14)—whereas the likely explanation for the slow association of spectrin is that it contains some degree of conformational selection (24).

IDPs generally contain a higher proportion of charged residues than folded proteins (27–30). This sequence-level bias, as well as the patterning of charges, has been shown to be important in dictating the overall geometrical features of disordered proteins (10, 31, 32), but less is known about its impact on the

Table 1. Kinetic and thermodynamic parameters for PUMA binding MCL1 in the presence of different salts (at 1 M ionic strength) and no added salt conditions

Salt	$k_{\text{on}} \times 10^6, * \text{M}^{-1} \cdot \text{s}^{-1}$	$k_{\text{off}} \times 10^{-3}, † \text{s}^{-1}$	$K_d, ‡ \text{nM}$
No salt	145 ± 4	1.5 ± 0.1	0.01 ± 0.001
KCl	12.1 ± 0.4	2.42 ± 0.06	0.20 ± 0.01
NaCl	11.9 ± 0.2	2.4 ± 0.2	0.21 ± 0.02
LiCl	6.8 ± 0.4	2.9 ± 0.2	0.43 ± 0.04
MgCl ₂	4.9 ± 0.3	4.0 ± 0.4	0.82 ± 0.09
CaCl ₂	4.5 ± 0.3	5.29 ± 0.03	1.19 ± 0.08
NaBr	7.3 ± 0.3	5.7 ± 0.2	0.79 ± 0.04
NaI	3.7 ± 0.1	—	—

Errors represent SEM.

*From irreversible association experiments between MCL1 and acetylamidated PUMA.

†From out-competition dissociation experiments of MCL1:TAMRA-PUMA complex.

‡From the relationship $K_d = k_{\text{off}}/k_{\text{on}}$.

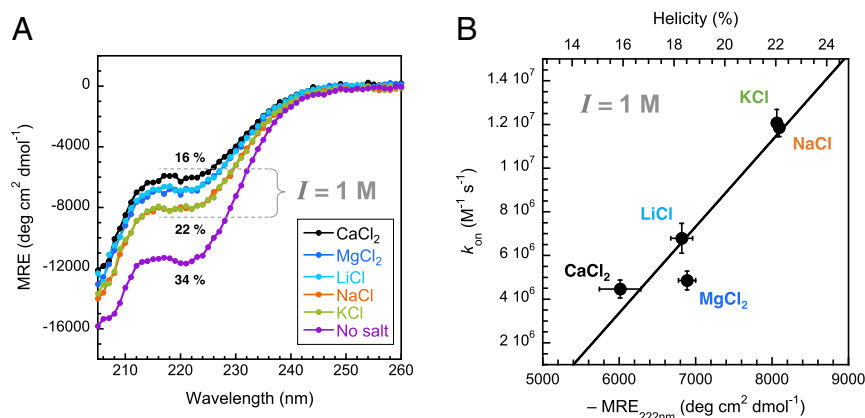


Fig. 3. Association of PUMA with MCL1 correlates with its ion-dependent helicity. (A) Residual structure of PUMA was probed using CD spectroscopy and shows a marked decrease in helical content upon increasing salt concentration. Importantly, the nature of the salt also affects the helicity. (B) The Mean Residue Elipticity (MRE) value at 222 nm is used as a proxy for helicity (the lower the MRE, the higher the helical content), showing a correlation between the association rate constant and the helicity. Some helical contents (%), estimated using the method of Muñoz and Serrano (48), are indicated for reference. Error bars represent SDs.

kinetics of coupled folding and binding reactions. Here we find that despite their marked differences in binding affinities, net charges, and high number of charged residues (Table S3), both reactions only experience marginal effects from long-range electrostatics (Fig. 1 C and D). This is in stark contrast to the typical electrostatic enhancement reported when both proteins are folded and undergoing fast association (3–5 orders of magnitude) (33). The direction of the effects is as one might expect from knowledge of the overall net charges of the proteins—acceleration of association by salt screening in the case of negatively charged spectrins (~10 fold), reflecting repulsion, and deceleration for negatively charged PUMA binding to positively charged MCL1 (~25-fold), where binding is enhanced by electrostatic attraction. Interestingly, repulsive charge–charge interactions are observed for spectrin, despite the presence of electrostatically complementary binding interfaces in the bound structure (Fig. S2), highlighting the importance of long-range electrostatics (considering the overall net charges) over local ones. PUMA and MCL1 have opposite net charges and complementary charge patterns at their interfaces in the bound complex (Fig. S3) yet only exhibit a small enhancing effect from electrostatic steering. It is possible that relatively modest electrostatic steering components to binding rates might be a common feature of IDPs due to their lack of stable structure and thus lack of well-defined, preformed binding interfaces in isolation.

We further show that the residual structure content of the IDP is ion-dependent. We note that the folded protein MCL1 is structurally unaffected under the same conditions (Fig. S1), clearly highlighting the higher sensitivity of IDPs to environmental conditions compared with folded proteins. The results presented in Fig. 3A highlight that (i) ionic strength affects the stability of the transient helix of PUMA and (ii) the amount of residual helicity is ion-dependent. We stress that this is not simply an effect of valency, as evident from the similar CD spectra in the presence of Li⁺ or Mg²⁺, therefore excluding specific binding or chelate effects as the reason for the observed trend. Nor would the charge density of the ions, which has been reported to affect RNA folding (34), explain the kinetic results observed for the anion series (Fig. 2), as the trend would be expected to be the inverse if that was the case. Rather, these structural changes follow the Hofmeister series of the corresponding ions (Fig. S4). This classification of ions and their associated effect on protein stability has long been established (35) and has been the focus of extensive research over the years (36–40). The exact physical principle behind the Hofmeister effect

remains controversial, but binding to peptide backbones and charged residues seems to be the cause of altered protein stability (41). While our experiments do not answer the atomistic details of ion specificity, we demonstrate sizeable structural effects at low concentrations of ‘common’ salts. Furthermore, we can relate the stability/structural changes of the IDP to binding affinities in the context of coupled folding and binding reactions. We suggest that the marginal folding stability of IDPs as well as their larger solvent-accessible surface area are the reasons for their greater sensitivity. Indeed, compared with folded proteins that require multimolar concentrations of salts before structural effects become apparent, IDPs are already affected in the low millimolar regime. This might be a functional consequence of protein disorder.

Importantly, we reveal that ions affect more than the structure of the free IDP and also modulate binding rates specifically. This is attributable to the added dimension of folding that lies on-pathway for IDPs binding to their partners. We demonstrate a correlation between the ion-specific amount of residual structure in free PUMA and its rate of association with MCL1 (Fig. 3B); the less structured PUMA is, the slower it associates. We emphasize that this correlation does not imply conformational selection and is equally consistent with an induced-fit mechanism (42). This kinetic divergence becomes more pronounced the more salt there is, indicating a concentration-dependent effect, but we emphasize that deviation in binding rates occurs at concentrations as low as 10 mM.

Interestingly, a correlation is also observed for the dissociation rate constants. However, the effect of each salt is opposite to that on the association; that is, the slower the association, the faster the dissociation of the complex. Importantly, the fact that these effects are opposite means that they compound in terms of binding affinity, shifting the K_d even more than if only an effect on the association or dissociation rate constant was observed (Table 1 and Fig. S5). Taking potassium and calcium at 1 M ionic strength as an example, there is a ~threefold difference in k_{on} and a ~twofold difference in k_{off} , which implies a sixfold shift in affinity. We stress that this effect is purely due to the nature of the ion, since the results are within the same ionic strength, therefore excluding long-range electrostatic effects. It is tempting to speculate that the observed changes in rates point to both a ground state effect of the IDP (probed by CD) and a transition-state effect, since the dissociation rates are affected but the bound complex is not.

Ionic strength, regardless of ion-type, destabilizes the nascent helical structure in PUMA as evident from Fig. 3A and Fig. S6 (PUMA in the presence of all salts at 1 M ionic strength is less helical than under buffer-only condition). Thus, salt concentration may affect association rates of IDPs by two different mechanisms: through shielding of long-range electrostatic interactions and through changes in residual structure. But what is the relative weight of each effect on the rate of formation of the IDP:partner complex? By comparing salts within ionic strengths, we can deconvolute general electrostatic from ion-specific effects. The correlation obtained from Fig. 3B (helicity vs. association rate for the different salts at 1 M ionic strength) can be used to estimate the association rate constant for any arbitrary values of MRE at the same ionic strength (Fig. 4). We can therefore deconvolute the electrostatic and structural effects by comparing observed rate constants with estimated rate constants corrected for helicity. Using the $MRE_{222\text{ nm}}$ value at 4 mM ionic strength (buffer-only), the extrapolated association rate constant (k_{on}) at 1 M ionic strength becomes $2.5 \pm 1.0 \times 10^7 \text{ M}^{-1}\text{s}^{-1}$. This corresponds to the association rate constant assuming no change in helicity over the range 4 mM to 1 M ionic strength. Taking NaCl as an example, this suggests that the ~ 12 -fold decrease in k_{on} observed over that range is sixfold electrostatic and twofold due to reduction in helicity. The effect is even more pronounced for, for example, CaCl_2 , where the ~ 35 -fold change is sixfold electrostatic and \sim sixfold structural; half of the observed change in rate constant results from loss of intrinsic helical structure of the IDP. Intriguingly, these results imply that the association of PUMA with MCL1 is even less electrostatically enhanced than previously thought. It is possible, even probable, that in some systems the effect might be

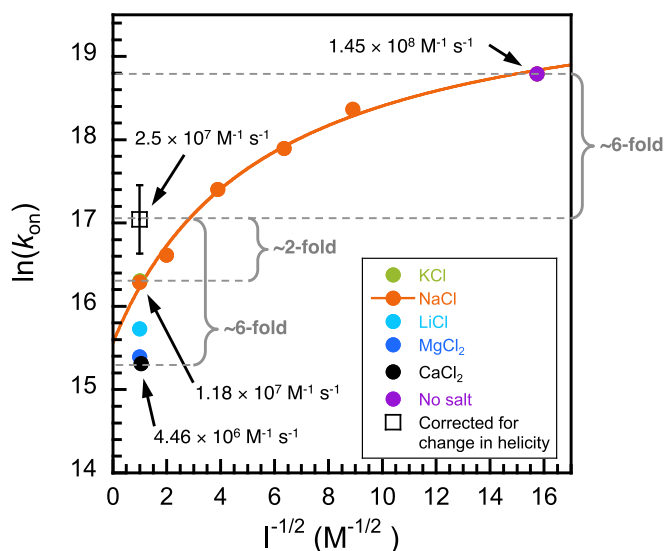


Fig. 4. Contribution of PUMA helicity to its association rate constant. Adding salt affects both long-range electrostatics (Figs. 1D and 2B) and residual structure content (Fig. 3A). Depicted in open square is the predicted rate constant at $I = 1 \text{ M}$, assuming no change in helicity compared with buffer-only. Comparison between this point and the *observed* rate constants for the different salts at 1 M ionic strength indicates a two- to sixfold discrepancy due to changes in helicity. The extrapolated point (open square) was obtained by using the fit to the line of Fig. 3B [$k_{\text{on}} = -2.03 \times 10^7 + 3,948.6 \times (-MRE_{222\text{ nm}})$] and the MRE value of PUMA under no salt condition ($-11,536 \text{ deg}\cdot\text{cm}^2\cdot\text{dmol}^{-1}$). The plot and Debye-Hückel fit for the association of PUMA with MCL1 in the presence of NaCl (Fig. 1D) is reproduced here for comparison. The error bars represent relative error and were obtained using standard error propagation calculations.

opposing—in the spectrin system, for example, increased ionic strength speeds association, but if salts were to decrease residual structure, and thereby decrease the on-rate, the apparent effect of ionic strength might be less. We suggest that use of different salts while keeping the ionic strength constant could be used for mechanistic investigations, allowing the deconvolution of structural and electrostatic effects in coupled folding and binding reactions.

Conclusions

PPIs involving IDPs are of enormous biological significance, and it has been shown that relatively small changes in affinity, stemming from changes in the residual structure of the IDP, can have significant physiological consequences. In the context of p53 binding MDM2, for instance, changes in residual structure upon mutation resulted in a 10-fold shift in K_{d} that strongly impaired cellular function (43). Despite their importance and prevalence, far less is understood about the fundamental biophysics of IDP:partner interactions than about PPIs involving structured partners (12, 42). In particular, the role of solvent conditions and co-solutes are usually neglected, despite their known effect on IDP structural ensembles (10, 11). We performed a systematic analysis of the role of charged co-solutes on coupled folding and binding reactions, on two very different intrinsically disordered systems. Our results revealed that binding affinities are ion-specific, even when normalized for ionic strength. By deconvoluting the stability of the complex into its kinetic components, we show that affinity changes stem from variation in both the association and dissociation rate constants. These ion-specific differences are linked to structural changes in the free IDP and the transition state and relate to the Hofmeister series. Surprisingly, these effects occur at low concentrations of salts, which, to the best of our knowledge, has been unappreciated so far. We suggest that the marginal folding stability of IDPs results in higher structural sensitivity, even to modest changes in environmental conditions. This translates into modulation of binding kinetics and affinity even at physiological concentrations of salt. We expect these findings to be generally applicable to PPIs involving disordered partners. It is interesting to speculate that this system-dependent sensitivity to environmental conditions may have physiological implications, given the asymmetric ion profiles of different cellular compartments (44), the role of ion fluxes in signaling pathways (45), and the importance of charged osmolytes in maintaining cellular function (46).

Methods

Protein and Peptides. Both erythrocyte spectrin proteins from *Homo sapiens* [$\alpha 0\alpha 1$; first partial ($\alpha 0$) and full ($\alpha 1$) domains of α -spectrin (UniProt P02549 residues 2–163) and $\beta 16\beta 17$; last full ($\beta 16$) and partial ($\beta 17$) domains of β -spectrin (UniProt P11277 residues 1,898–2,083)] were expressed and purified as described previously (23). MCL1 from *Mus musculus* (UniProt P97287 residues 152–308) was produced as reported (19). PUMA from *M. musculus* (UniProt Q99ML1 residues 128–161, M144I) was purchased from Selleck Chemicals. For dissociation experiments, TAMRA-labeled PUMA (Biomatik), was out-competed by a peptide of the same sequence [produced recombinantly (15)]. Sequences and detailed protocols are reported in *SI Methods*.

Buffers. All ionic strength studies were performed in 10 mM MOPS, pH 7.0, with variable concentrations of the salt investigated. The ionic strength contribution from MOPS at pH 7.0 was estimated at 4 mM, corresponding to the singly charged species. The zwitterionic species was not included in the calculation, as it does not contribute to ionic strength (47).

CD Spectroscopy. The effects of different salts and ionic strengths on protein structures were assessed using CD spectroscopy in the far-UV using a Chirascan instrument (Applied Photophysics). Estimations of peptides' helicities from MRE values were calculated according to the method of Muñoz and Serrano (48).

Binding Kinetics. All association kinetics were carried out on either a SX-18 or SX-20 stopped-flow spectrophotometer (Applied Photophysics) thermostated at 25.0 °C. Experiments were performed using intrinsic tryptophan fluorescence by exciting at 280 nm and using a 320-nm long-pass filter. Details of experimental conditions and kinetic equations used for fitting can be found in *SI Methods*. Dissociation kinetics of the TAMRA-PUMA:MCL1 complex was followed by excitation at 555 nm and measuring fluorescence at 575 nm on a Cary Eclipse fluorescence spectrophotometer (Varian). Sample kinetic traces are shown in *Fig. S7*.

Debye–Hückel-Like Model. The second-order rate constants obtained as a function of ionic strength were fitted to a Debye–Hückel-like model to estimate the basal rate constant of association that would be observed in the absence of long-range electrostatic interactions. We used a rearranged version of the equation proposed by Vijayakumar et al. (49):

$$\ln k_{\text{on}} = \ln k_{\text{on}}^{I=0} - \frac{AB}{Bd} \frac{I^{-1/2}}{(Bd + I^{-1/2})} \quad [1]$$

where $AB = (Q_A Q_B / k_B T \epsilon) e \sqrt{8\pi N_A / k_B T \epsilon}$, $Bd = e \sqrt{8\pi N_A / k_B T \epsilon} d$ and $\ln k_{\text{on}}^{I=0}$ are the free-fitting parameters. In this equation, Q_A and Q_B represent the charges of the proteins, d is the separation distance of the encounter complex, k_B is the Boltzmann constant, N_A is the Avogadro's number, T is the temperature, e is the elementary charge, and ϵ is the permittivity of water $\epsilon = \epsilon_0 \cdot \epsilon_r$. Additional details can be found in *SI Methods*.

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