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# Pituitary Gonadotrophic Hormone Synthesis, Secretion, Subunit Gene Expression and Cell Structure in Normal and Follicle-Stimulating Hormone $\beta$ Knockout, Follicle-Stimulating Hormone Receptor Knockout, Luteinising Hormone Receptor Knockout, Hypogonadal and Ovariectomised Female Mice

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# Abstract

To investigate the relationship between gonadotroph function and ultrastructure, we have compared, in parallel in female mice, the effects of several different mutations that perturb the hypothalamic-pituitary-gonadal axis. Specifically, serum and pituitary gonadotrophin concentrations, gonadotrophin gene expression, gonadotroph structure and number were measured. Follicle-stimulating hormone  $\beta$  knockout (FSH $\beta$ KO), follicle-stimulating hormone receptor knockout (FSHRKO), luteinising hormone receptor knockout (LuRKO), hypogonadal (*hpg*) and ovariectomised mice were compared with control wild-type or heterozygote female mice. Serum levels of LH were elevated in FSHBKO and FSHRKO compared to heterozygote females, reflecting the likely decreased oestrogen production in KO females, as demonstrated by the threadlike uteri and acyclicity. As expected, there was no detectable FSH in the serum or pituitary and an absence of expression of the FSHB subunit gene in FSHBKO mice. However, there was a significant increase in expression of the FSHB and LHB subunit genes in FSHRKO female mice. The morphology of FSHBKO and FSHRKO gonadotrophs was not significantly different from the control, except that secretory granules in FSHRKO gonadotrophs were larger in diameter. In LuRKO and ovariectomised mice, stimulation of LHB and FSHB mRNA, as well as serum protein concentrations, were reflected in subcellular changes in gonadotroph morphology, including more dilated rough endoplasmic reticula and fewer, larger secretory granules. In the gonadotophin-releasing hormone deficient hpg mouse, gonadotrophin mRNA and protein levels were significantly lower than in control mice and gonadotrophs were correspondingly smaller with less abundant endoplasmic reticula and reduced numbers of secretory granules. In summary, major differences in pituitary content and serum concentrations of the gonadotrophins LH and FSH were found between control and mutant female mice. These changes were associated with changes in

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expression of the gonadotrophin subunit genes and were reflected in the cellular structure and secretory granule appearance within the gonadotroph cells.

#### Keywords

gonadotrophs; follicle-stimulating hormone; luteinising hormone; anterior pituitary; ultrastructure

The gonadotrophins, luteinising hormone (LH) and follicle-stimulating hormone (FSH), have a key role in the differentiation, maturation and function of the mammalian reproductive system. The main functions of LH and FSH in female physiology are well known: FSH stimulates follicular maturation and granulosa cell oestrogen production, whereas LH stimulates theca cell androgen production in the ovary (the substrate for granulosa cell oestrogen production), triggers ovulation and maintains the progesterone production of the corpus luteum. LH and FSH are synthesised within a single cell type in the anterior pituitary, the gonadotroph, and both consist of a common  $\alpha$  subunit and a specific  $\beta$ subunit responsible for conferring biological activity on the heterodimer (1). Cyclical changes in gonadotrophin production and release drive the female reproductive cycle. The regulation of the pulsatile secretion of LH and of tonic secretion of FSH is complex and involves integration of gonadotophin-releasing hormone (GnRH), activin, inhibin and ovarian-derived steroid signalling (2, 3). Gonadotrophs can be identified by their distinctive secretory granules of variable size and electrondensity (3). LH secretion occurs in discrete pulses in response to pulsatile GnRH, whereas FSH secretion appears to be released independent of pulsatile GnRH (2). Because both LH and FSH are produced and released from the same gonadotrophs via constitutive and regulated secretory pathways, differential packaging of LH and FSH with the granins, secretoganin II and chromagranin A, respectively, in gonadotroph secretory granules has been proposed to underlie the different molecular pathways of secretion (4, 5).

Mutations in gonadotrophin and gonadotrophin receptor genes severely affect fertility and mouse models exist for many human reproductive abnormalities, with genetic alterations in gonadotrophin secretion or action (6, 7). Knowledge of reproductive mutant models has corroborated information from human mutations and provides useful tools for understanding infertility and its treatment. In a recent study, we compared the effect of mutations, both naturally occurring and genetically engineered, which perturb the hypothalamic-pituitarygonadal axis in male mice (8). We now report the effects of the same mutations on reproductive function in female mice. Specifically, we have compared FSH $\beta$  knockout (FSH $\beta$ KO), FSH receptor knockout (FSHRKO), LH receptor knockout (LuRKO), hypogonadal (*hpg*) and ovariectomised mice.

The FSH $\beta$ KO mouse has a genetically engineered deletion of exons 1, 2 and 3 in the gene encoding the FSH $\beta$  subunit. As a result, there is no production of biologically active FSH within the pituitary but, in contrast to male mice carrying the same mutation, female mice are infertile (9). Ovaries are significantly reduced in size compared to normal litter mates, and uteri are thin and atrophic. Follicular development appears normal up to the pre-antral stage but mature follicles and corpora lutea are not seen within the ovaries, indicating that

normal oestrous cycles do not occur. Ovulation in FSH $\beta$ KO mice can be induced by the administration of pregnant mare's serum gonadotrophin and human chorionic gonadotrophin (9).

The FSHRKO mouse carries a genetically engineered deletion in the gene encoding the FSH receptor. By contrast to male mice, the resulting inability to respond to circulating FSH results in infertility in female mice (10). As in adult FSH $\beta$ KO females, ovaries are significantly reduced in size relative to normal mice, with follicular development arrested at the pre-antral stage (11). The uterus is atrophic and the vagina imperforate and the mice do not undergo oestrous cycles. By contrast to FSH $\beta$ KO females, there is no response to exogenous FSH (10).

The LuRKO mouse has a genetically engineered deletion of exon 11 of the LH receptor. Consequently, mice are unable to respond to circulating LH and both males and females are infertile (12). In adult females, follicular development progresses to the antral stage but no mature follicles or corpora lutea are found and the mice are acyclic. Uteri are thin and atrophic and vaginal opening is delayed (12).

The *hpg* mouse is a naturally occurring mutant with a deletion in the gene encoding the hypothalamic GnRH (13). Adult female mice homozygous for the deletion present with under-development of the reproductive tract. The ovaries are very small and follicular development does not proceed beyond the pre-antral stage. The uterus is atrophic and the vagina imperforate. *hpg* mice are deficient in gonadotrophic and ovarian steroid hormones (14, 15) and peptides, although ovarian and uterine development can be restored by the administration of exogenous GnRH (16) or gonadotrophins (17).

The present study aimed to investigate for the first time pituitary synthesis and regulation of LH and FSH and to relate to gonadotroph ultrastructure in several mutant female mice in parallel in a single study (8). Throughout the study, we refer to these mice in the order described above, namely FSH mutants, LH receptor mutant, *hpg* and ovariectomised mice, because this reflects the severity of the consequences of the mutations on female gonadal axis function.

# Materials and methods

#### Mutant mice

Breeding colonies of FSH receptor deficient, FSHRKO mice, FSH $\beta$  deficient (10), FSH $\beta$ KO mice (9) and LH receptor deficient, LuRKO mice (12) were established in our laboratory. Because both FSHRKO and FSH $\beta$ KO females are infertile but males are fertile, breeding pairs of KO males and heterozygous females were used to generate heterozygous and KO offspring in a 1 : 1 ratio. Heterozygous females were used as controls for these two lines. The *hpg* mutation was identified by polymerase chain reaction (PCR) analysis of tail DNA, as described previously (18). FSHR, FSH $\beta$  and LHR mutations were identified as previously described (8) Hypogonadal (*hpg*) mice with a deletion in the gene encoding the GnRH gene (16) from the original colony discovered at the MRC Laboratories, Harwell, Oxford, were bred within our department. The *hpg* mice were on a C3H/HeH-101/H genetic background

and the knockout mice were on a mixed C57B16/129 background. All procedures were carried out in accordance with the Animals (Scientific Procedures) Act 1986 and with the approval of a local ethical review committee.

#### Serum and tissue collection

All procedures were carried out under anaesthesia [Rompun: Ketaset: 0.1 ml/kg of a 20 : 4% (v/v) solution; Veterinary Supplies, University of Oxford, Oxford, UK] in 8-week-old mice. For the analysis of gonadotrophin hormones, blood was collected from the jugular sinus and serum separated and frozen at -20 °C for assays. For the analysis of gonadotrophin subunit mRNA or gonadotrophin hormone, pituitaries were dissected out, snap frozen in liquid nitrogen and stored at -70 °C until assayed. Ovaries and uteri were dissected out and weighed.

#### Ovariectomy

Animals were anaesthetised as described above. An incision of 0.5 cm was made in the dorsal skin and abdominal wall of the right flank, and the ovary, oviduct and distal region of the uterine horn were exposed. The ovarian artery was located and clamped, and the ovary was dissected free from the surrounding fat and oviduct and removed. Abdominal wall and skin were sutured and the procedure repeated on the left side. Mice were killed 1 month post ovariectomy and comparisons were made with unoperated control mice.

#### Hormone assays

Serum and pituitary levels of FSH and LH were measured using in-house immunofluorimetric assays (Delfia; Wallac OY, Turku, Finland) as described previously (8).

#### **RNA** extraction

Total RNA was extracted from individual pituitaries with Trizol (Life Technologies, Paisley, UK) and residual genomic DNA was removed by DNAse treatment (DNA-*free*; Ambion Inc., Austin, TX, USA). DNAse-treated RNA was quantified by spectrophotometric measurement at  $\lambda$  260 nm. In total, 1 µg of RNA was reverse transcribed using random hexamers (Ambion Inc.) and Moloney murine leukaemia virus reverse transcriptase (Life Technologies).

#### Quantitative real-time PCR

PCR experiments were carried out in a 25-µl volume using a 96-well plate format. Primers and probes were designed using Primer Express (Applied Biosystems, Warrington, UK) and probes were synthesised with FAM 5' and TAMRA 3' (Taqman®; Applied Biosystems). Primers were used at a final concentration of 300 nM and probes at a concentration of 150 nM in ABI universal master mix (Applied Biosystems). Primers and probes were selected from sequences generated using Primer Express (Applied Biosystems). Primer and probe sequences are listed in Table 1. To our knowledge, alteration of gonadotrophin expression would be unlikely to affect pituitary thyrotrophs and so thyrotrophin-stimulating hormone (TSH) $\beta$  subunit gene activity was measured as a negative control for comparison with gonadotroph  $\beta$  subunit activity. Fluorescence was detected on an ABI 7700 system (Applied

Biosystems). No reverse transcription controls for each sample were screened to check for the presence of residual genomic DNA.

To measure cDNA levels, a threshold cycle (Ct) was selected within the exponential phase of the amplification for all standards and samples. Arbitrary standards were generated by serial dilutions of a cDNA pool from normal adult male pituitaries. A standard curve was generated by plotting standards against Ct values, sample values were read from this standard curve and mRNA levels were normalised relative to an endogenous control *mGapdh* mRNA (Applied Biosystems) to allow comparison of different mRNAs between samples. A comparison between *mGapdh* and *wbscr* (33) found that *mGapdh* showed a more stable pattern of expression across pituitary glands from normal and mutant mice and was therefore selected as the housekeeping gene of choice.

#### Tissue processing and electron microscopy

Pituitary glands for electron microscopy analysis were processed and analysed as described previously (8). Briefly, the tissue was contrasted with uranyl acetate [2% (w/v) in distilled water], dehydrated in ethanol and embedded in LR Gold resin (Agar Scientific, Stansted, UK). Ultrathin sections (50-80 nm) were prepared using a Reichart-Jung ultracut microtome and mounted on nickel grids (Agar Scientific). For identification of bi-hormonal gonadotroph secretory granules, sections were labelled for LH, and FSH as described previously (8). Specificity of antibody labelling was confirmed in negative control sections in which the primary antibody was replaced with non-immune serum. Finally, sections were counterstained with lead citrate and uranyl acetate and examined on a JOEL 1010 transmission electron microscope (JOEL USA Inc., Peabody, MA, USA). For each pituitary (n = 4), four randomly orientated sections, each containing ten grid squares of intact tissue, were counted for individual gonadotrophs identified by immunogold labelling for LH and FSH. The total secretory cell population was determined by counting the total number of nucleated pituitary (granulated and folliculo-stellate) cells per grid. Gonadotroph number was expressed as a percentage of the total secretory cell population. Immunogold identification of somatotrophs using a rabbit anti-mouse growth hormone primary antibody (dilution 1 : 4000; NHPP) was also carried to quantify the percentage of somatotrophs. This was intended as a control for changes in the size of the gonadotroph population because changes in the somatotroph population were not expected in the mutant mice investigated (19). Cell morphology was analysed digitally using AXIOVISON, version 4.5 (Zeiss, Oberkochen, Germany) (8). The parameters measured were: cytoplasmic, nuclear and total cell areas; granule area, granule density, granule diameter, percentage of secretory granules located in a 300-nm depth of the plasma membrane and rough endoplasmic reticulum (rough ER). The methodology is described elsewhere (8).

#### Statistical analysis

Normal and heterozygous mice from the *hpg* and LuR colonies were initially analysed separately. Where there was no significant difference, data from normal mice and heterozygous mice were combined and expressed as control heterozygous/normal (H/N). Heterozygous females were used as normal controls in FSHR and FSHβ colonies. Each mutant line was compared with its own control, comparisons were not made across different

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lines. Means were compared by one-way ANOVA. Where a significant overall difference was detected between groups, differences between individual means were assessed by the Bonferroni test and an unpaired t-test. P < 0.05 was considered statistically different.

# Results

#### Pituitary and serum gonadotrophin concentrations and pituitary gene expression

Figure 1 shows pituitary and serum gonadotrophin concentrations and Fig. 2 shows gonadotrophin subunit gene expression for each mutant and control. Table 2 provides a summary of changes measured for each mutant and control.

In FSH $\beta$ KO adult females, pituitary and serum levels of FSH were at, or below the limit of detection of the FSH assay throughout. Furthermore, no expression of the FSH $\beta$  gene was detected, confirming the absence of synthesis of FSH in this mutant. In control female mice, serum FSH was 22% of the pituitary content of FSH. Serum LH levels were 0.3% of pituitary content in control FSH $\beta$ H females and 0.7% in FSH $\beta$ KO females. mRNA levels of both common  $\alpha$  and TSH $\beta$  subunit genes were not significantly different in FSH $\beta$ KO female mice compared to control mice, whereas LH $\beta$  mRNA was significantly (P < 0.01) increased.

In FSHRKO females, serum and pituitary concentrations of FSH were significantly higher compared to control females and serum concentrations of LH were significantly higher, reflecting the higher expression of FSH $\beta$  and LH $\beta$  subunit genes in the FSHRKO females relative to heterozygote females. There was no significant difference in the expression of common  $\alpha$  or TSH $\beta$  subunit genes between KO and heterozygous females in FSHR females (Fig. 2).

By contrast, in LuRKO mice, serum concentrations of FSH were significantly (P < 0.01) higher, approximately doubled, compared with concentrations in control females (Fig. 1) but pituitary content of FSH was not significantly different. A similar pattern was measured for LH; in LuRKO females, serum LH was significantly higher, being increased by approximately 30-fold (P < 0.01) compared to control females, although there was no significant difference in LH pituitary content. mRNA levels of common  $\alpha$  (P < 0.01), LH $\beta$  (P < 0.01) and FSH $\beta$  (P < 0.05) were significantly higher in LuRKO females relative to LuRH/N females, whereas there was no significant difference in amount of TSH $\beta$  mRNA measured.

In *hpg* females, the pituitary content of FSH and LH was significantly reduced (P < 0.01) compared to normal/heterozygous females. Serum levels of FSH and LH were also significantly lower compared to control mice, (P < 0.01). mRNA levels of common a, LH $\beta$  and FSH $\beta$  genes were significantly lower in *hpg* females compared to control mice but the amount of TSH $\beta$  mRNA was not significantly different. As expected, in ovariectomised mice, both pituitary and serum LH and FSH were significantly increased (P < 0.01) compared to intact controls. mRNA levels of common a, LH $\beta$ , FSH $\beta$  genes were all also significantly increased. The amount of TSH $\beta$  mRNA was reduced in ovariectomised mice but did not reach significance.

#### Gonadotroph morphology

Figure 3 shows representative electron micrographs of gonadotrophs in control and transgenic mice and Table 3 shows the quantitative analysis of gonadotrophs and their organelles. Gonadotrophs in rodents and sheep can be identified by their distinctive population of secretory granules, which have a variable size and electron density (3). In control mice, secretory granules were mainly moderately electron-dense of variable size (100–250 nm). There was an absence of the distinctive subpopulation of granules that display an electron-dense core and a relatively electron-lucent 'halo'. Cell and cytoplasmic areas showed no significant difference between controls (Fig. 3a) and FSH $\beta$ KO (Fig. 3b), FSHRKO (Fig. 3c) and LuRKO (Fig. 3d) mice. However, gonadotrophs in *hpg* female mice (Fig. 3e) were significantly (P < 0.01) smaller than in control mice. Gonadotrophs in ovariectomised mice (Fig. 3f) were similar to control and mutant mice, with the exception of significantly (P < 0.01) smaller nuclei in hpg gonadotrophs (Table 3).

Secretory granule numerical density represents the balance between gonadotrophin synthesis and release (20). Secretory granule density and distribution were not significantly different in FSH $\beta$ KO and FSHRKO gonadotrophs compared to control mice (Table 3). However, granule density was significantly reduced compared to control mice in *hpg* (P < 0.01), LuRKO (P < 0.05) and ovariectomised (P < 0.01) gonadotrophs. Secretory granule diameter was significantly increased in LuRKO (P < 0.01; Fig. 3d), FSHRKO (P < 0.05; Fig. 3c) and ovariectomised (P < 0.01; Fig. 3e) mice. Rough ER expansion reflects increased secretory protein synthesis. Rough ER was significantly (P < 0.01) reduced in the *hpg* (Fig. 3e) but significantly increased in the LuRKO (P < 0.01; Fig. 3d) and ovariectomised (P < 0.05; Fig. 3f) mice. The percentage of granules at the perimeter of the cell (which reflects the readily releasable pool of granules) was significantly (P < 0.05) increased in the LuRKO gonadotrophs but was not significantly different in the other mutant and ovariectomised mice (Table 3). No changes were seen in the thyrotroph population for any of the morphology parameters measured (data not shown).

Figure 4 shows the distribution of immunogold labelling of LH and FSH on secretory granules in control C57 mice (Fig. 4a) and ovariectomised mice (Fig. 4b). LH immunolabel detected with 15 nm immunogold particles and FSH immunolabel detected with 5 nm immunogold particles were distributed together in the majority of secretory granules and no particular distribution was observed in relation to granules of a particular electron density.

#### Gonadotroph number

No significant difference in the proportion of LH/FSH-immunoreactive gonadotrophs (as a percentage of total secretory cell number) was measured between control, FSH $\beta$ KO, FSHRKO, LuRKO and ovariectomised mice (Table 4). However, gonadotroph number was significantly reduced (P < 0.05) in *hpg* females compared to control mice.

#### Ovary and uterine weights and histology

Ovarian weights in adult FSH $\beta$ KO, FSHRKO and LuRKO mice were significantly (P < 0.01) reduced to 30–50% of the corresponding heterozygote control females (Fig. 5a). In *hpg* mice, ovarian weights were 14% of control weights (Fig. 5). Uterine weights in all mutant mice were significantly (P < 0.01) reduced to approximately 7% of the weight of heterozygote controls (Fig. 5b). The vagina remained imperforate in all mutant mice at 8 weeks of age.

## Discussion

The present study compared the effects of mutations that perturb the hypothalamic-pituitarygonadal axis in female mice to advance understanding of the structure and function of gonadotrophs in vivo under conditions of altered GnRH, LH, FSH and ovarian steroid and peptide signalling. Pituitary cells produce large amounts of protein hormones, packaged into dense-cored secretory granules so that large amounts of hormone are rapidly available when required (21). Granules must translocate and dock at the plasma membrane and undergo a series of priming events for granule fusion to occur and granules adjacent to the plasma membrane are hence described as the 'readily-releasable' pool (22). Real-time imaging studies in adrenal chromaffin and  $\beta$ -cells have shown that there is preferential secretion of newly-formed secretory granules that move within seconds to minutes to the plasma membrane, whereas older granules if not secreted move away from the plasma membrane to within the cell (23). Therefore, secretory granules located in proximity to the plasma membrane in gonadotrophs may similarly represent release-competent younger granules. Secretory granule size in adrenal chromaffin cells has been shown to correlate with the size of quanta of catecholamine released (24) and so it is possible that gonadotroph granule size similarly reflects the amount of gonadotrophin content. Although there have been few dynamic studies of gonadotrophs aiming to understand how granule volume and number are regulated, the combined study of gonadotroph ultrastructure and hormone measurements allows inferences to be made between secretory pathway function and structure.

At the ultrastructural level, gonadotrophs are distinctive for the varied size and electron density of the secretory granules contained compared to other pituitary secretory cell types. In rat and sheep gonadotrophs, the different secretory storage granules have been categorised into three populations, distinguished by differential packaging with granin proteins, namely small, electron-dense, LH and secretogranin II (SgII) positive granules; large, electronlucent, FSH and chromogranin A (CgA) positive granules and intermediatesized granules containing an electron dense LH and SgII positive core and an electron-lucent FSH and CgA-positive 'halo' outer region (3, 25). These granule populations are particularly distinctive in the male rat gonadotroph but less so in the female rat (25). Consistent with these observations, in the present study, gonadotrophs in female control mice show a less extreme variation in secretory granule appearance compared to male mice, granule diameter was overall smaller, and there was no obvious compartmentalisation of FSH to larger, electron-lucent secretory granules (8). Interestingly, granules were relatively more marginated to the plasma membrane in control female mice than in male mice, possibly as a result of differences in feedback control mechanisms. Although changes in gonadotroph

structure with the oestrous cycle have been reported in the rat (26), we did not detect any significant differences in gonadotroph morphology across the mouse oestrous cycle (data not shown).

As seen in male FSH<sup>β</sup>KO and FSHRKO mice, the female FSH mutants present with the same phenotype but, in contrast to male mice, significantly higher concentrations of FSH (FSHRKO) and LH (both mutants) were measured in both the serum and pituitary, indicating a loss of feedback regulation of these hormones at the level of the pituitary and hypothalamus. The high concentrations of these gonadotrophins were associated with significant increases in mRNA levels of the FSHB subunit gene in FSHRKO females and LH $\beta$  subunit gene in both mutant females. In control mice, cyclic changes in ovarian steroid production regulate gonadotrophin secretion and release throughout the oestrus cycle (27, 28). It is likely that the high levels of FSH and LH measured are associated with the absence of biologically active oestrogen in these mutant mice as demonstrated by the atrophic uteri and imperforate vaginae. Consistent with these observations, female oestrogen receptor ERa KO mice are also infertile with increased serum concentrations of gonadotrophins (29, 30). The early stages of ovarian follicle development do not require gonadotrophin input (31, 32) but FSH is required to progress beyond the pre-antral stage (33, 34). In the absence of FSH stimulation, follicles do not acquire LH receptors and are unable to convert thecal supplies of androgens to oestrogen. Ovarian concentrations of inhibins A and B have been found to be significantly lower in FSHBKO and FSHRKO mice compared to normal female mice (35) and, in turn, feedback regulation of FSH is impaired.

The ultrastructure of gonadotrophs in FSH $\beta$ KO female mice, however, was not significantly different in any of the parameters measured despite the loss of FSH stores, increased pituitary LH content and increased LH serum concentrations. With respect to secretory granule morphology, increased LH content was not reflected in an increase in granule diameter, although this may have been counteracted by the absence of FSH stores. In male FSH $\beta$ KO mice, a similar profile of morphology was evident, except that secretory granule diameter was reduced (8), probably reflecting the consequence of the loss of the significantly larger FSH stores in the male (8). In female FSHRKO mice gonadotrophs, the only difference measured was an increase in secretory granule diameter compared to control gonadotrophs, which may reflect the approximate doubling of pituitary FSH content.

As observed in male LuRKO mice, serum levels of both FSH and LH were significantly increased above control levels in LuRKO females but, in contrast to male LuRKO mice, the pituitary content of FSH and LH were maintained in the female despite the increased release of both hormones from the pituitary (8). The increased synthesis and release of FSH and LH in LuRKO females was associated with significantly higher mRNA levels for all three gonadotrophin subunit genes. The increase in the production of the normally abundant common α subunit contrasted with the unchanged level of common α subunit in FSHβKO and FSHRKO females. A further difference between FSHβKO, FSHRKO and LuRKO females relates to inhibin production within the ovary (35, 36). High levels of ovarian and serum inhibin B in the LuRKO may account for the more moderate rise in FSHβ mRNA levels and serum FSH levels compared to the marked rise in serum LH in LuRKO females. Analysis of gonadotroph ultrastructure in female LuRKO mice revealed fewer but larger

diameter secretory granules, possibly maintaining pituitary gonadotrophin stores, which were marginalised to a greater degree towards the plasma membrane compared to control mice. The greater number of secretory granules distributed towards the plasma membrane and raised concentrations of serum LH and FSH are consistent with increased granule release. In addition, rough ER was more dilated than control, likely indicating increased protein synthesis because protein synthesis inhibitors have been shown to reverse dilated rough ER in other systems (37).

In adult *hpg* female mice, despite the absence of steroid or peptide feedback to the pituitary, there was no increase in either FSH or LH relative to control females and subunit gene mRNA levels remained at or below control levels, emphasising the primary role of hypothalamic GnRH in facilitating gonadotrophin synthesis within the pituitary. In agreement with previous studies (20, 38) *hpg* gonadotrophs were smaller than controls, with less prominent rough ER, reduced secretory granule area and smaller secretory granules. The reduced size of *hpg* gonadotrophs correlated with the profound lack of synthesis and secretion of FSH and LH (although increased gonadotrophin synthesis and secretion, as in the LuRKO female, did not correlate with an increase in cell area).

By contrast, in ovariectomised female mice, where all ovarian regulatory factors have been physiologically removed, a significant increase was measured in FSHB and LHB subunit gene mRNA levels, in addition to a significant increase in the serum and pituitary content of FSH and LH in the present study and as reported previously (39, 40). At the subcellular level, many correlates of hyper-stimulated gonadotrophin production and secretion were detected in ovariectomised mice. Dilated rough ER correlated with the increased protein synthesis and glycosylation associated with increased production of the gonadotrophins. The reduction in granule area per cytoplasmic profile was consistent with increased release of granules. In ovariectomised female mice, secretory granules increased in size and granules with an electron-dense core and electron-lucent halo, frequently seen in male mice and rats, were observed for the first time in the present study. Thus, a high pituitary FSH content appears to be associated with the presence of larger granules with electron-lucent 'halos' (8). This suggests that ovariectomy in female mice induces sufficiently high FSH production and storage for formation of granule halos during granule production. Interestingly the pituitary content of FSH in male mice 1 month post ovariectomy was reduced to levels seen in hpg mice (8), suggesting that the removal of testicular feedback to the pituitary results in the depletion of pituitary stores and the release of all newly-synthesised hormone, indicating a fundamental difference in gonadotrophin feedback control between male and female mice.

Because oestrogen has been shown to negatively regulate both GnRH at the hypothalamus and to moderate release of LH and FSH from the pituitary, the removal of oestrogen will facilitate both increased release of gonadotrophins from the pituitary and allow increased stimulation of gonadotrophin synthesis through increased GnRH activity. This difference in regulation between male and female mice would allow for tight control of LH under normal conditions and for rapid release and replacement of LH following an ovulatory surge in normal female mice. Because FSH is under the joint control of inhibin and oestrogen produced from the follicular granulose cells at different stages of maturity, this may allow the different pattern of FSH increase seen throughout the follicular phase of the cycle.

However, in the absence of oestrogen regulation, the over-riding effect is GnRH stimulation of increased synthesis of FSH within the pituitary.

In summary, although the genetic mutations carried by the female mice in the present study all result in infertility, a different pattern of hormonal changes was found in each mutant, which was reflected in gonadotrophin subunit gene expression and gonadotroph ultrastructure. Consistent between the female mutants are the observations that increased gonadotrophin synthesis and release corresponded with increased rough ER density, a decrease in granule numerical density and an increase in granule diameter relating to increased FSH production. The present study investigated the single time point of 8 weeks of age. Further studies are investigating changes at earlier developmental stages to determine when differences in gonadotroph structure and function appear.

# Acknowledgments

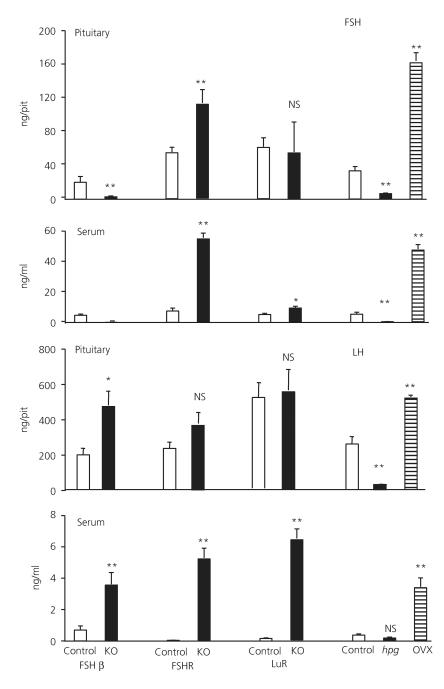
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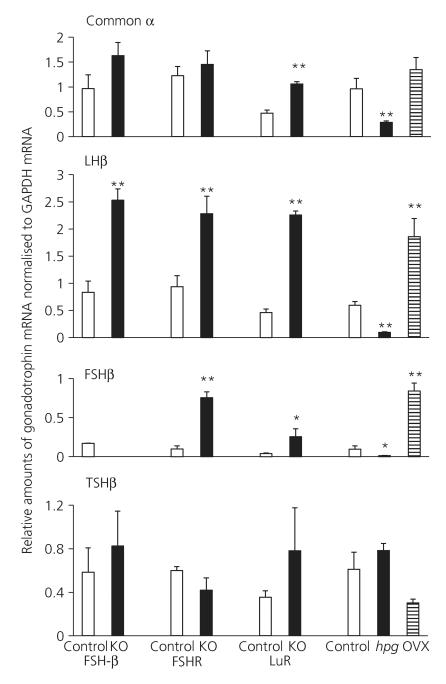
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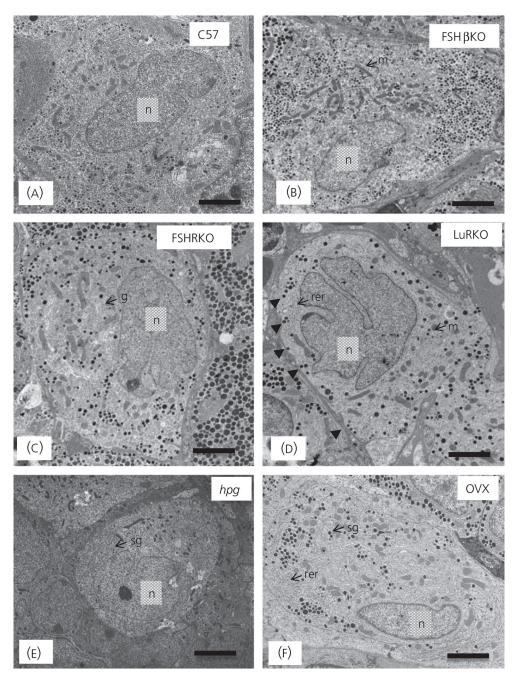
#### Fig. 1.

Pituitary and serum luteinising hormone (LH) and follicle-stimulating hormone (FSH) levels in adult FSH $\beta$  heterozygote control (11), FSH $\beta$  knockout (KO) (10), FSH receptor (FSHR) heterozygote control (7), FSHRKO (13), LH receptor (LuR) heterozygote/normal control (25), LuRKO (10), hypogonadal (*hpg*) heterozygote/normal control (18), *hpg* (13) and ovariectomised female mice (9). The number of mice in each group is shown in brackets. Results are expressed as the mean  $\pm$  SEM. \*\*P < 0.01 versus respective strain control. Open columns, control mice; filled columns, mutant mice, knockout (KO) or *hpg*; striped columns, ovariectomised (OVX) mice. NS, not significant.



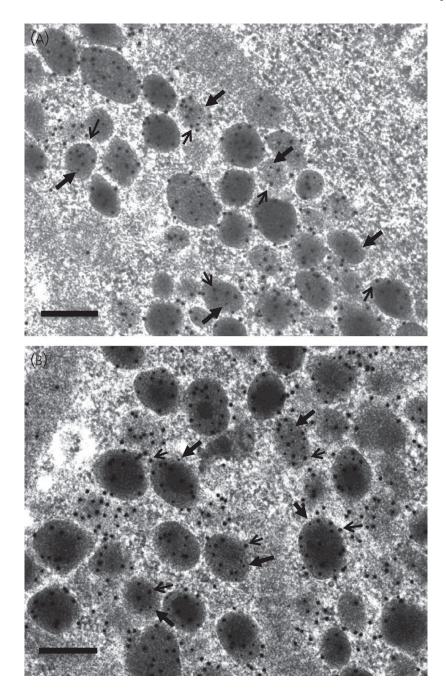
#### Fig. 2.

Gonadotroph common  $\alpha$ , luteinising hormone (LH $\beta$ ), follicle-stimulating hormone (FSH $\beta$ ) and thyroid-stimulating hormone (TSH $\beta$ ) subunit mRNA levels, normalised to *mGapdh* mRNA in adult control, FSH $\beta$ KO FSHRKO, LuRKO, *hpg* and ovariectomised female mice. Results are expressed as the mean  $\pm$  SEM. \*\*P < 0.01 versus respective strain control, *n* = 4 mice per group. Open columns, control mice; filled columns, mutant mice, knockout (KO) or *hpg*, striped columns, ovariectomised (OVX) mice. *hpg*, hypogonadal; KO, knockout; LuR, LH receptor; R, receptor.



#### Fig. 3.

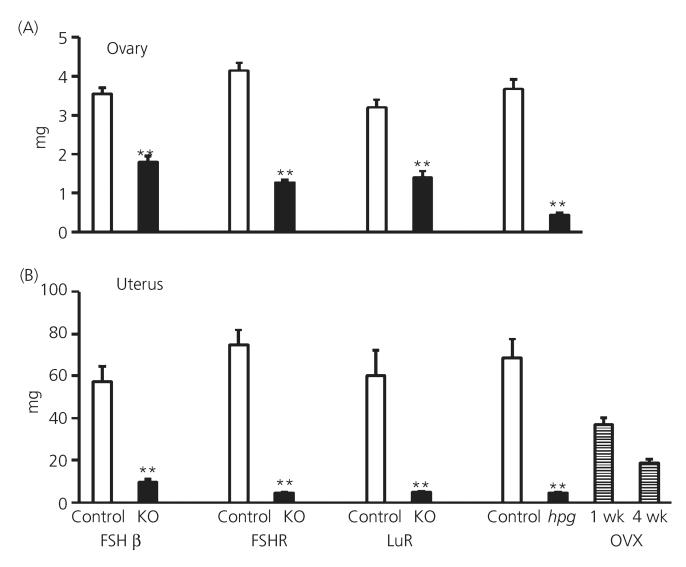
Representative electron micrographs of gonadotrophs in normal and female mutant mice: (A) C57 Normal, (B) FSH $\beta$ KO, (C) FSHRKO, (D) LuRKO, (E) *hpg* and (F) ovariectomised (OVX). Scale bar = 2 µm. Representative organelles are labelled: m, mitochondria; rer, rough endoplasmic reticulum; sg secretory granule; n, nucleus; g, Golgi apparatus. (D) Arrowheads indicate granules at the periphery of the gonadotroph. FSH, follicle-stimulating hormone; *hpg*, hypogonadal; KO, knockout; LuR, luteinising hormone receptor; R, receptor.



#### Fig. 4.

Representative electron micrographs to show the morphological appearance of gonadotroph secretory granules in female (A) C57 Normal; (B) ovariectomised mice. Scale bar = 200 nm. Secretory granules analogous to the characteristic granules distinctive of male gonadotrophs comprising a dense core and electron 'lucent' halo were observed in ovariectomised gonadotrophs only. The cells were immunolabelled for luteinising hormone (LH) detected with 15 nm immunogold particles (indicated by arrows) and follicle-stimulating hormone detected with 5 nm immunogold particles (indicated by filled arrowheads).

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### Fig. 5.

Ovarian and uterine weights in adult control (18) FSH $\beta$ KO (15), FSHRKO (33), LuRKO (6) and *hpg* (9) and ovariectomised (5) female mice. Open columns: control mice; Filled columns: KO, knockout mice; hpg, naturally occurring mutant. Striped columns: OVX, ovariectomised 1 week and 4 weeks. Results are expressed as the mean  $\pm$  SEM, \*\*P < 0.01 versus respective strain control. The number of mice in each group is shown in brackets. FSH, follicle-stimulating hormone; *hpg*, hypogonadal; KO, knockout; LuR, luteinising hormone receptor; R, receptor.

#### Table 1

Sequences of Mouse Primer and Probe Sets for Gonadotrophin Subunit Genes.

Subunit gene	Primer	Sequence 5' to 3'	ID Number
Common a	Forward	CTGTTGCTTCTCCAGGGCATA	NM009889
	Reverse	TTCTTTGGAACCAGCATTGTCTT	
	Probe	CCCACTCCCGCCAGGTCCAA	
LHβ	Forward	TGGCCGCAGAGAATGAGTTC	MM25145
	Reverse	CTCGGACCATGCTAGGACAGTAG	
	Probe	CCCAGTCTGCATCACCTTCACCACC	
FSHβ	Forward	GGAGAGCAATCTGCTGCCATA	MM12932
	Reverse	GCAGAAACGGCACTCTTCCT	
	Probe	CTGTGAATTGACCAACATCACCATC TCAGTAGA	
τshβ	Forward	ACTTCATCTACAGAACGGTGGAAAT	MMTSHB1
	Reverse	GCGACAGGGAAGGAGAAATAAG	
	Probe	CCAGGATGCCCGCACCATGTTACT	

Probes are dual labelled FAM 5' and TAMRA 3' (Taqman®). LH, luteinising hormone; FSH, follicle-stimulating hormone; TSH, thyrotrophin-stimulating hormone.

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# Table 2

Summary of the Changes in Pituitary and Serum Follicle-stimulating Hormone (FSH) and Luteinising Hormone (LH) Concentration and mRNA Levels in Mouse Mutant Lines.

		FSHBKO	FSHBKO FSHRKO LuRKO hpg OVX	LuRKO	Bdy	XVO
Pituitary	FSH	Absent	←	¢	$\rightarrow$	~
Serum	FSH	Absent	←	←	$\rightarrow$	←
Pituitary mRNA	FSHβ	Absent	←	€	$\rightarrow$	←
Pituitary mRNA	Common a	€	¢	←	$\rightarrow$	←
Pituitary	LH	←	€	€	$\rightarrow$	←
Serum	LH	←	←	←	¢	←
Pituitary mRNA	снβ	←	←	←	$\rightarrow$	←
Pituitary mRNA	TSHβ	€	€	¢	€	$\rightarrow$

Direction of arrows indicate direction of change, horizontal arrows indicate no overall change. LuR, LH receptor; KO knockout; OVX, ovariectomised; hpg hypogonadal; TSH, thyrotrophin-stimulating hormone.

Subcellular Morphology of Gonadotrophs in Female 8-Week-Old Female Normal and Mutant Mice.

	Control	FSHBKO	FSHRKO	LuRKO	Bdy	Ovariectomised
Cell area (µm <sup>2</sup> )	$98 \pm 10$	$98 \pm 9$	$110 \pm 10$	$100 \pm 9$	$60 \pm 4^{a}$	$101 \pm 8$
Cytoplasm area (µm <sup>2</sup> )	$70 \pm 5$	77 ± 6	85 ± 6	79 ± 5	$45 \pm 2^{a}$	$80 \pm 7$
Nuclear area (µm <sup>2</sup> )	$28 \pm 2$	$21 \pm 3$	$25 \pm 2$	$21 \pm 2$	$15 \pm 1^{a}$	21 ±2
Granule diameter (nm)	$140 \pm 10$	$148 \pm 8$	$175 \pm 9^{b}$	$170 \pm 9^{b}$	$112 \pm 6^{a}$	$175\pm 6^b$
Granule density (/µm <sup>2</sup> )	$0.1\pm0.007$	$0.082\pm0.006$	$0.09\pm0.005$	$0.05\pm0.008^{\mathcal{C}}$	$0.06 \pm 0.006^{21}$	$0.055\pm0.006^{{b}}$
Rough endoplasmic reticulum (units) $2.1 \pm 0.1$	$2.1 \pm 0.1$	$2.0 \pm 0.2$	$2.2 \pm 0.2$	$3.5 \pm 0.3 b$	$1.1 \pm 0.1^{a}$	$3.0\pm0.2^{\mathcal{C}}$
% Granules at perimeter	$51 \pm 5$	$49 \pm 5$	$46 \pm 8$	$65 \pm 5^{\mathcal{C}}$	$45 \pm 3$	52 ± 5

P< 0.01 versus Normal C3H;

 $b_{P<0.01;}$ 

 $c_{\rm P<0.05}$  versus control.

Values are expressed as the mean  $\pm$  SEM (n = 4 animals). Three groups of controls were independently assessed C57BL6/129 (transgenic mouse background), C3H (*hpg* background) and LuRH (transgenic heterozygote). No significant differences were found for each of the parameters measured and, for simplicity, the control data shown are from the C57BL6/129 mice. FSH, follicle-stimulating hormone; *hpg*. hypogonadal; KO, knockout; LuR, luteinising hormone receptor; R, receptor. Author Manuscript

# Table 4

Percentage of Luteinising Hormone (LH) and Follicle-Stimulating Hormone (FSH)-positive cells (Gonadotrophs) and Growth Hormone (GH)-Positive Cells (Somatotrophs) in Wild-Type and Mutant Female Mice as a Percentage of Total Anterior Pituitary Secretory Cell Number.

	Control	FSHBKO	Control FSHBKO FSHRKO LuRKO hpg	LuRKO	hpg	Ovariectomised
% LH and FSH positive cells	$14 \pm 2$	$16 \pm 3$	$18\pm 2$	$18 \pm 2$	$9 \pm 1^{*}$	$12 \pm 1$
% GH positive cells	$55 \pm 3$	$55 \pm 2$	$57 \pm 2$	$50\pm2$ $53\pm4$	$53 \pm 4$	$51 \pm 2$

Values are expressed as the mean ± SEM (n = 4 animals). *hpg*, hypogonadal; KO, knockout; LuR, luteinising hormone receptor; R, receptor.

 $\mathbf{P} < 0.05$  versus control.