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## REVIEW ARTICLE

# Enhancing the role of paediatric ultrasound with microbubbles: a review of intravenous applications

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## ABSTRACT

Contrast-enhanced ultrasound (CEUS) represents a complementary technique to greyscale and colour Doppler ultrasonography which allows for real-time visualization and characterization of tissue perfusion. Its inherent advantages in the child makes ultrasonography an ideal imaging modality; repeatability and good tolerance along with the avoidance of CT, a source of ionizing radiation, renders ultrasonography imaging desirable. Although currently paediatric CEUS is principally used in an “off-label” manner, ultrasonography contrast agents have received regulatory approval for assessment of paediatric focal liver lesions (FLL) in the USA. The safety of ultrasound contrast-agents is well documented in adults, as safe as or even surpassing the safety profile of CT and MR contrast agents. Except for the established intracavitary use of CEUS in voiding urosonography, i.v. paediatric applications have been introduced with promising results in the abdominal trauma initial diagnosis and follow-up, characterization and differential diagnosis of FLL and characterization of lung, pleura, renal and splenic pathology. CEUS has also been used to detect complications after paediatric transplantation, evaluate inflammatory bowel disease activity and assess tumour response to antiangiogenic therapy. The purpose of this review was to present these novel i.v. paediatric applications of CEUS and discuss their value.

## INTRODUCTION

Ultrasonography is a well-established first-line imaging modality for a series of diseases affecting various systems in the paediatric population. Its suitability relies on the relatively lower proportion of fat and overall small body habitus of children, which allows the acquisition of images of excellent resolution.<sup>1</sup> The use of ultrasonography in children is also advantageous owing to its repeatability, lack of ionizing radiation and use of nephrotoxic contrast agents, the lack of sedation and the versatility, allowing use in various settings including in the emergency department, the bedside and operating room, according to the child's clinical needs.<sup>2</sup> Certainly, CT and MRI maintain an important position in the investigation of paediatric pathology, but are expensive and have inherent limitations in the child. Radiation-induced malignancy in the child is important; there is evidence that 1/1000 children at 15 years of age undergoing a single CT examination will develop a malignancy during their lifetime, whereas the same risk for children at 1 year of age is 2.5/1000.<sup>3,4</sup> With MRI, disadvantages include high cost, the need for sedation and use of gadolinium-based contrast agents which have been related to nephrogenic systemic fibrosis.<sup>5</sup> Ideally, CT and

MRI should only be performed in children with inconclusive ultrasonography examinations or complicated clinical needs requiring assessment with particular detail only afforded by CT or MRI.

Contrast-enhanced ultrasound (CEUS) has been established as a complementary ultrasonography technique offering a number of advantages over conventional ultrasonography including improved spatial resolution and excellent real-time dynamic evaluation of both macrovascularity and microvascularity of perfused normal and abnormal tissues.<sup>6</sup> CEUS has been applied successfully in a wide spectrum of conditions in adults, documented in the guidelines of the European Federation of Societies for Ultrasound in Medicine and Biology.<sup>7,8</sup> Although the i.v. use of ultrasonography contrast agents is still “off-label” for the paediatric population in Europe, it has been widely used with documented safety and accuracy.<sup>1,9,10</sup> A recent and important development has been the approval by the Food and Drug Administration of the use of CEUS for liver examination in children in the USA,<sup>11</sup> and this will alter application not only in the USA but also across the world. Ultrasound practitioners should be mindful that many

drugs are used “off-label” in children, and this is not prohibited by medical regulatory authorities. If there is sufficient evidence for their efficacy and safety and parental informed consent is given, their use is permissible with the prescribing physician assuming responsibility for their administration.<sup>1,12</sup> In fact, any pharmaceutical product can be used in an “off-licence” manner if the benefit to the patient is greater than the risk associated with an inaccurate diagnosis and possible unsuccessful management. Given the potential negative aspects of CT and MRI in children, it would be highly beneficial to find alternative solutions for the diagnostic work-up, and CEUS would be the obvious alternative.

The purpose of this review was to present and discuss the various i.v. applications of CEUS in children, highlighting the advantages of this modality. Initially, we will explain technical aspects of CEUS peculiar to children and we will document safety of CEUS contrast agents. Then, we will discuss the value of CEUS in blunt abdominal trauma, characterization of focal liver lesions (FLL), transplantation, chest and other novel applications.

### CONTRAST-ENHANCED ULTRASOUND: TECHNIQUE AND SAFETY IN CHILDREN

#### Technique

The CEUS examination follows the i.v. administration of an ultrasonography contrast agent and should follow a detailed conventional ultrasonography examination including greyscale and colour Doppler imaging.<sup>7</sup> Ultrasound contrast agents consist of microbubbles of an inert gas encapsulated by a phospholipid shell. SonoVue™ (Bracco SpA, Milan, Italy) is the most widely used ultrasonography contrast agent in Europe.<sup>7</sup> These microbubbles are too large (10 µm) to pass through the vascular endothelium, rendering the contrast agent purely intravascular.<sup>6</sup> The dose of the ultrasonography contrast agent in adults depends on the organ under examination, but is generally 2.4 ml. With paediatric dosage, there are no standardized recommendations, a consequence of the “off-label” use of CEUS in children.<sup>7</sup> According to the Food and Drug Administration recommendation, the dose of SonoVue™ should be based on the body weight and is 0.03 ml per kg, with a maximum of 2.4 ml per injection.<sup>13</sup> In our department, the dose administered is adapted to the patient body size, broadly correlating with the child age. We administer 0.6 ml in children <6 years old, 1.2 ml in children between 6 and 12 years of age and 2.4 ml in children >12 years of age. Other suggested dosage schemes are as follows: (a) 0.1 ml of SonoVue™ for every year of age<sup>14</sup> and (b) standard single doses of 0.1, 0.5, 1.0, 1.2, 2.4 and 4.8 ml of SonoVue™.<sup>15–17</sup> The microbubbles are administered through an i.v. 20-gauge cannula placed in the antecubital fossa and flushed with 5–10 ml of normal saline. The microbubbles can be administered through 16–24-gauge catheters or 18–25-gauge needles, although the manufacturer recommendation is for a catheter >20 gauge. However, no significant difference was found on enhancement or microbubble concentration with catheter or needle sizes ranging from 18 to 21 gauge.<sup>18</sup> Contrast-specific ultrasonography imaging modes are deployed, which specifically discriminate the non-linear response from microbubbles and suppress the linear signal originating from the static tissues, thus creating an image containing only signals from the

microbubbles.<sup>7</sup> Particular advantages of the use of CEUS in children and technical aspects of this examination are summarized in Tables 1 and 2, respectively.

#### Safety

Ultrasound contrast administration requires no preliminary laboratory examinations and has limited contraindications.<sup>7</sup> The main contraindications include history of allergic reaction to the contrast agent itself, known right-to-left shunt, severe pulmonary hypertension, uncontrolled systemic hypertension and unclear pregnancy status.<sup>13</sup> Nevertheless, the contraindication regarding known right-to-left shunt is currently considered controversial with published recommendations for its removal, as there is not enough evidence to support this.<sup>19</sup>

The SonoVue™ contrast agent has a proven safety record in adults, documented in a large study of >23,000 patients.<sup>20</sup> In this study, serious adverse reactions occurred in 0.0086% patients and only four of the patients with an allergic reaction required treatment.<sup>20</sup> This rate is comparable with that reported for MR contrast agents (0.0088%)<sup>21</sup> and significantly lower than that associated with CT contrast agents (0.6%).<sup>22</sup> In the paediatric population, limited studies evaluated the safety profile of ultrasonography contrast agents.<sup>23–28</sup> The largest series involved 167 CEUS examinations using SonoVue™ in 137 children, which documented 1 (0.6%) severe allergic reaction. However, no other haemodynamic and oxygenation status changes were documented in this study, and no other subjective complaints were recorded following the CEUS examination.<sup>26</sup> In a retrospective questionnaire-based survey among paediatric radiologists in Europe, only six minor adverse reactions were recorded after the i.v. administration of the ultrasonography contrast. These reactions affected the skin, taste and respiratory frequency.<sup>27</sup> In a series of 37 paediatric patients undergoing CEUS for various reasons including lesion characterization, trauma and infection, there was only 1 child who reported self-limiting nausea requiring no treatment.<sup>14</sup> In a group of children with solid malignancies, the administration of ultrasonography contrast did not significantly affect the haemodynamic parameters of any patient, while only mild and transient adverse reactions including taste alteration and light-headedness were observed

Table 1. Contrast-enhanced ultrasound advantages, making it particularly beneficial for children

Potential problem-solving tool within the same day/visit for the ultrasonography examination
Cost effective
No sedation
No ionizing radiation
No nephrotoxic contrast agent
Body habitus ideal for ultrasonography
Repeatable
Can be performed in a variety of settings (bedside, etc.)
Fewer adverse events than CT and MR contrast agents

Table 2. Remarks on i.v. contrast-enhanced ultrasound technique according to the organ under examination

Organ	Remarks on technique
Liver	Targeted evaluation of the enhancement pattern of a focal lesion in real time
	Timing of vascular phases different from adults and varies based on age
	Arterial phase may start as quickly as 5 s following the administration of microbubbles
	May need to do a “sweep scan” to search for focal lesions or trauma
Transplantation	Knowledge of the surgical technique and the exact type of vascular anastomosis is essential for accurate diagnosis
	Colour and spectral Doppler imaging is still required to assess clinically significant vascular stenosis
Kidney	Rapid cortical enhancement followed by medullary phase lasting up to 2 min post-injection
	No evaluation of pelvicalyceal system as microbubbles are not excreted
Spleen	Targeted evaluation of the perfusion pattern of a focal lesion
	Keep in mind the peculiar enhancement pattern of spleen including inhomogeneous (“zebra-like”) initial phase and long-lasting homogeneous delayed enhancement
	May need to do a “sweep scan” to detect focal lesions particularly in trauma
Trauma	Two separate doses of microbubbles administered for liver and right kidney and then spleen and left kidney ± pancreas
	Examination starting from side of clinical concern
	Kidneys should be evaluated first owing to earlier enhancement, in the arterial phase, whereas liver and spleen can be assessed during the portal venous phases
	Traumatic lesions appear as well-demarcated hypoechoic (non-enhancing) areas
	Careful evaluation of the vasculature will detect any pseudoaneurysms
Bowel	4 h of fasting required
	Conventional ultrasonography precedes to detect thickened loops
	Lower dose of microbubbles are administered when low-frequency transducers are used
	Higher dose of microbubbles are administered when high-frequency transducers are used
	Quantification of mural enhancement is valuable
Lung/pleura	Targeted evaluation can be performed using coronal plane, similarly to conventional ultrasonography

in <2.2% of examinations.<sup>24</sup> A study based on a single-centre experience showed no immediate adverse reactions in 305 paediatric CEUS examinations and only 2 (0.7%) delayed adverse reactions.<sup>9</sup> In another study examining children with malignancies, only 2 of the 13 children undergoing CEUS complained of minor and self-limiting symptoms. No change attributable to the ultrasonography contrast was detected on neurological, fundoscopic examination, electrocardiography and continuous pulse oximetry.<sup>23</sup> In an older study of contrast-enhanced echocardiography examining 20 patients, no children showed adverse haemodynamic reactions, change in taste or flushing episodes, whereas headache was reported in only 3 cases.<sup>25</sup> Based on these studies, ultrasonography contrast agents can be considered equally safe for adults and children. Nonetheless, resuscitation equipment should be available where CEUS is performed.

## CLINICAL APPLICATIONS

### Blunt abdominal trauma

Trauma represents an important cause of morbidity and mortality in the paediatric population.<sup>29,30</sup> Blunt abdominal trauma accounts for 80% of cases, with liver and spleen being the most frequently injured organs.<sup>30</sup> Initial diagnostic work-up depends on severity of trauma. Children with low-energy or localized trauma can be adequately managed using ultrasonography alone, although considered inadequate by some authors.<sup>30</sup> Focused assessment with sonography for trauma is valuable in detecting haemoperitoneum and crucial for the initial evaluation of patients who are haemodynamically unstable,<sup>31,32</sup> with reported 80% sensitivity and 96% specificity for detecting haemoperitoneum.<sup>32</sup> However, up to 30% of solid organ traumatic lesions can be missed on a focused assessment with sonography for trauma scan.<sup>33,34</sup> CT is characterized by excellent diagnostic accuracy for the detection of abdominal traumatic injuries but should be limited by ionizing radiation in children.<sup>29,31,35</sup> CT imaging may not be appropriate for low- or moderate-energy isolated trauma where the diagnostic yield is insignificant.<sup>35,36</sup> CEUS could be an alternative modality as a complementary technique to greyscale ultrasonography and has been shown to improve the detection of solid organ injuries in adults.<sup>29</sup> CEUS is perfectly suited for the follow-up of patients with paediatric trauma, without the need for ionizing radiation, sedation and nephrotoxic contrast agents and no compromise in terms of diagnostic accuracy.<sup>31</sup>

A recently published retrospective analysis of 73 haemodynamically stable children sustaining minor abdominal trauma compared CEUS with baseline ultrasonography and CT.<sup>37</sup> In this study, ultrasonography detected only 26/67 (38.8%) parenchymal traumatic lesions involving the liver, spleen and kidneys, whereas CEUS was concordant with CT in every patient (Figure 1). CEUS also identified active parenchymal bleeding in 50% of cases seen on CT and one case of partial devascularization.<sup>37</sup> CEUS has been shown to detail renal cortical necrosis in a child following blunt abdominal trauma. CEUS findings were correlated and confirmed by gadolinium-enhanced MRI, indicating its excellent spatial resolution.<sup>38</sup> One of the first prospective studies regarding blunt abdominal trauma in 27 children also compared ultrasonography and CEUS for the depiction of solid organ injuries, with CT as the reference

method.<sup>39</sup> CEUS was 92.2% sensitive and 100% specific, with 100% positive- and negative-predictive values, outperforming conventional ultrasonography and being nearly as accurate as CT.<sup>39</sup> CEUS accurately detects splenic injuries not seen on conventional ultrasonography, often negating imaging with CT.<sup>40</sup> Another multicentre study enrolling 156 patients with trauma, both adults and children, evaluated the diagnostic accuracy of ultrasonography and CEUS for the diagnosis of solid viscera injuries. CEUS showed superior diagnostic accuracy to ultrasonography in terms of renal, liver and spleen trauma, often averting further imaging. The limited false-negative results of CEUS in this study were caused by minor injuries having no implications for patient management.<sup>41</sup> Similarly, another mixed population study concluded that CEUS was significantly better than ultrasonography both in diagnosing and accurately staging traumatic lesions affecting the liver, spleen and kidneys. On the other hand, CEUS only marginally increased diagnostic accuracy for the detection of haemoperitoneum, where ultrasonography alone was sufficiently accurate.<sup>42</sup> Similar conclusions regarding the accuracy of CEUS for the detection of solid organ traumas were drawn by other mixed populations studies.<sup>35,43–45</sup> As a consequence, it is reasonable to assume that CEUS could replace ultrasonography for the initial screening of low- or moderate-energy, isolated abdominal trauma and CT should be used only for the exclusion of active haemorrhage in a patient who is haemodynamically unstable with negative ultrasonography for active bleeding.<sup>35,40–42</sup>

Besides parenchymal injuries, CEUS has been found valuable for the identification of traumatic pseudoaneurysms.<sup>46</sup> In a series of 101 children with blunt or penetrating trauma, CEUS detected liver and splenic pseudoaneurysms with 83% sensitivity, 92% specificity, 71% positive-predictive value and 96% negative-predictive value. Although these values are inferior to CT, CEUS is superior to conventional ultrasonography, particularly for the follow-up of these pseudoaneurysms.<sup>46</sup>

CEUS can also be used for the follow-up of blunt abdominal trauma in adults and children, with a study demonstrating successful monitoring to complete resolution in minor traumatic lesions of the liver and spleen in patients being treated

conservatively.<sup>47</sup> CEUS was also found useful in identifying and following up pancreatic injuries missed on ultrasonography but diagnosed on CT and MRI.<sup>48</sup>

### Focal liver lesions

FLL can be readily characterized by CEUS in the adult population.<sup>8</sup> Although primarily referring to adult patients, the European Federation of Societies for Ultrasound in Medicine and Biology guidelines can be extrapolated to the paediatric population. Although representing an “off-label” use of CEUS in Europe, unlike in the USA, the liver is the most frequently examined organ and FLL characterization the commonest indication for paediatric CEUS examinations.<sup>27,49</sup>

A small number of studies dedicated to the characterization of paediatric FLL are available. One study evaluated CEUS in 44 children with inconclusive greyscale FLL having consensus multimodality imaging or histology as reference method.<sup>16</sup> This study showed an agreement with the reference imaging in 85% of cases. The majority of indeterminate FLL were identified as focal fatty sparing and infiltration, focal nodular hyperplasia (Figure 2), regenerative nodules and adenoma.<sup>16</sup> Another study included 37 children undergoing CEUS for multiple indications including FLL characterization; CEUS was suitable for discrimination of cystic and solid lesions and demonstration of parenchymal perfusion.<sup>14</sup> In a paediatric multimodality study comparing CEUS, CT and MRI, CEUS accurately differentiated benign from malignant lesions in the majority of patients and often provided the correct final diagnosis. Concordance between CEUS and MRI and between CEUS and CT was good and in nearly half of the cases, CEUS could have been the only modality used.<sup>50</sup> CEUS is also useful in identifying non-enhancing necrotic parts and enhancing septae within liver abscesses (Figure 3).

Part of the existing evidence in the CEUS characterization of paediatric FLL also derives from studies enrolling both adults and children.<sup>51–58</sup> A recent study comparing conventional ultrasonography, CEUS and elastography with histology as the reference method concluded that CEUS was 92% sensitive and 89% specific for the diagnosis of malignant liver lesions,

Figure 1. A 7-year-old male sustaining blunt abdominal trauma: B-mode ultrasonography (a) has identified an area of increased echogenicity and ill-defined borders (arrow) in the spleen. Contrast-enhanced ultrasound (b) is showing normal enhancement of the splenic parenchyma but no enhancement within the previously described area (arrow), establishing the diagnosis of a haematoma.

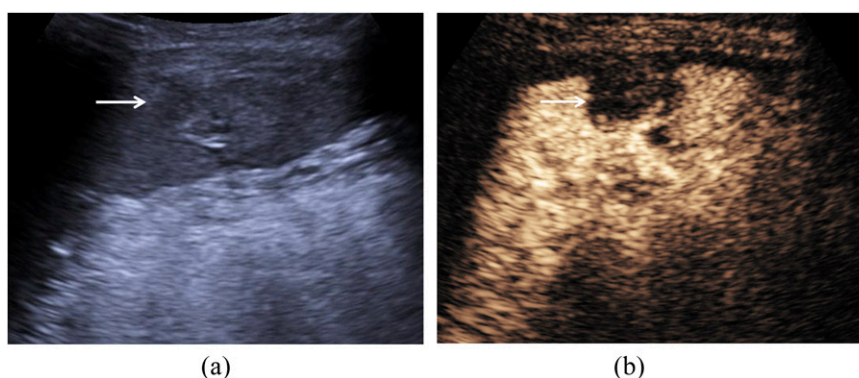
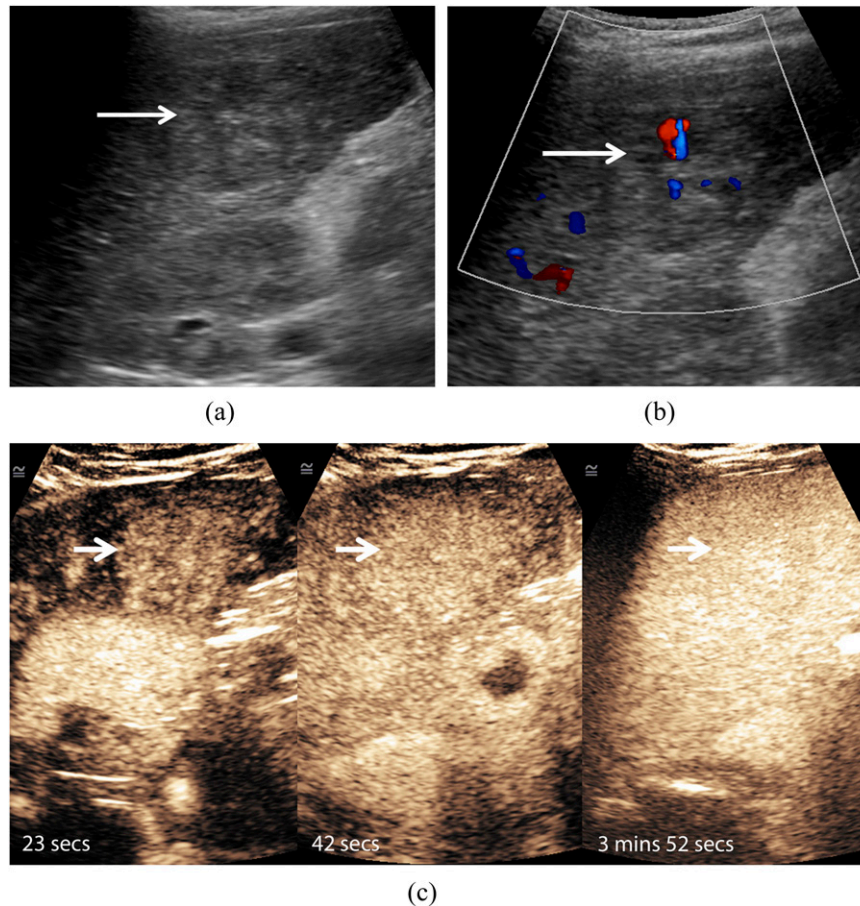


Figure 2. A 12-year-old male diagnosed with focal nodular hyperplasia (FNH): B-mode ultrasonography (a) has identified a heterogeneous ill-defined focal liver lesion (arrow). Colour Doppler technique (b) is revealing the presence of blood vessels in the central part of the lesion (arrow). Following the administration of 2.4 ml of SonoVue™ (Bracco SpA, Milan, Italy), contrast-enhanced ultrasound (c) is demonstrating a centrifugal pattern of enhancement of the lesion (arrows) and no washout in the late phase, establishing the diagnosis of an FNH.



significantly outperforming unenhanced ultrasonography and elastography.<sup>51</sup> Likewise, another study examining CEUS for the differentiation of benign and malignant FLL showed a sensitivity of 95% and specificity of 97.9%.<sup>57</sup>

#### Paediatric transplantation

Similarly to adults where official guidelines and recommendations have been issued,<sup>8</sup> CEUS can be used in paediatric patients after transplantation. The main purposes include evaluation of vascular patency and complications, transplanted tissue perfusion and identification of necrotic areas, characterization of new focal lesions and evaluation of post-operative complications including fluid collections.<sup>8,17,59–62</sup>

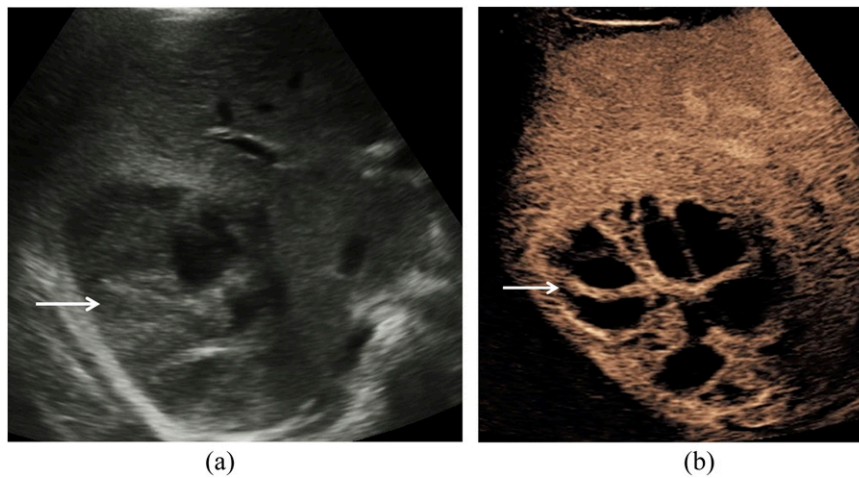
A study of a mixed adult and paediatric population following liver transplantation assessed CEUS contribution when there was uncertainty on other imaging modalities. CEUS could further characterize suspected findings in all patients while it detected new clinically significant findings in about half of the patients. Diagnoses established with the use of CEUS included stenosis of the portal vein or hepatic artery, local cholestasis, intestinal bleeding, benign tumours and assessment of perfusion

abnormality of the liver.<sup>60</sup> One dedicated paediatric study evaluated the potential use of CEUS for the detection of post-operative complications after liver transplantation, using invasive modalities including CT and angiography as the reference methods. CEUS successfully diagnosed all but one case of hepatic artery thrombosis and all patients with portal and hepatic vein thrombosis. A case of hepatic artery stenosis was missed while the false-negative result of hepatic artery thrombosis was caused by collateral circulation originating from the phrenic artery. Although ultrasonography contrast agents improved visualization of bile leaks, the authors felt that CEUS was not significantly helpful in the identification of biliary complications. However, they concluded that it can confidently detect important post-operative complications, averting the need for invasive techniques.<sup>17</sup>

#### Lung and pleura

The evaluation of lung and pleural space with CEUS has been primarily investigated in adults and represents a novel application for children. It can be used for either lung consolidation or pleural-based lesion characterization. In the former case, CEUS is highly sensitive for distinguishing perfused and viable tissues

Figure 3. An 11-year-old male diagnosed with a liver abscess: B-mode ultrasonography (a) is demonstrating a heterogeneous focal liver lesion (arrow) situated in the right liver lobe. Contrast-enhanced ultrasound (b) is highlighting the presence of unenhanced parts of the lesion and enhancing internal septae (arrow), with findings in keeping with an abscess.



from avascular necrotic tissues and delineation of parapneumonic fluid collections (Figure 4).<sup>63,64</sup> Consequently, CEUS can be used to differentiate uncomplicated lung consolidation from cavitating pneumonia<sup>63</sup> and provides clinically significant information, addressing specific clinical questions and guiding patient management, an important use in the child with complicated pneumonia. Careful evaluation of the enhancement pattern of pleural lesions also contributes to the accurate diagnosis of pleuropneumonia.<sup>65</sup>

#### Assessing tumour response to antiangiogenic therapy

The inherent property of microbubbles to be strictly intravascular agents renders them ideal for sensitive identification of tumoral vascularity. As a result, CEUS could be potentially used to evaluate tumour perfusion and monitor tumour response to antiangiogenic treatment.<sup>66</sup> A recent mixed adult and child pilot study has showed that quantification CEUS parameters like peak enhancement or rate of enhancement could predict time to progression of recurrent solid tumours treated

with antiangiogenic therapy. Malignancies included in this study affected the liver, pleura, soft tissues, lung, retroperitoneum and peritoneum, lymph nodes and others.<sup>67</sup> These novel promising results need further validation before widespread use in the paediatric population.

#### OTHER APPLICATIONS

The potential use of CEUS in the characterization of adrenal lesions in children is documented in an individual report, where it was found to correlate well with CT and MRI.<sup>68</sup> The application of CEUS to trauma of the adrenal gland in children shows good correlation with CT imaging.<sup>69</sup> Nevertheless, it is characterized by limited accuracy in differentiating benign and malignant adrenal lesions in adults.<sup>7,70</sup>

The i.v. applications of CEUS in the kidneys have been mainly evaluated in adults and include differentiation of tumours from pseudotumours, benign and malignant lesions and characterization of complex cysts.<sup>7,71</sup> CEUS was reported to accurately delineate renal cortical necrosis in a child sustaining trauma<sup>38</sup>

Figure 4. A 4-year-old male with pneumonia complicated with empyema: B-mode ultrasound (a) is showing lung consolidation and the presence of an anechoic parapneumonic effusion. Contrast-enhanced ultrasound (b) is demonstrating the enhancement of the consolidated lung parenchyma and has accurately delineated the empyema, which showed no enhancement.

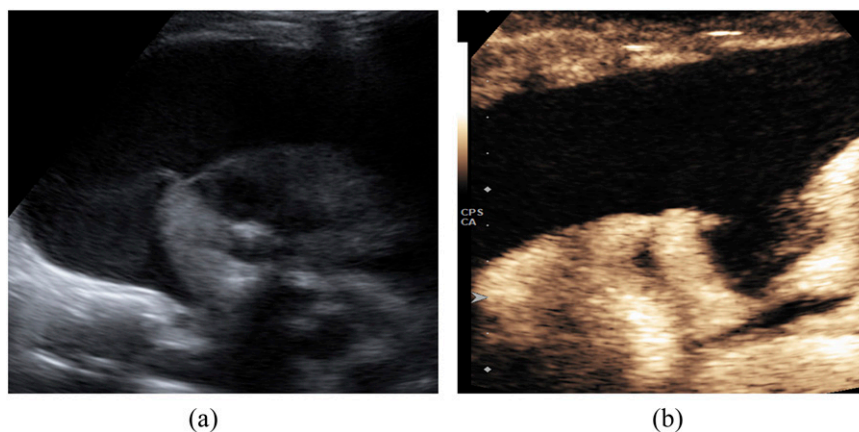
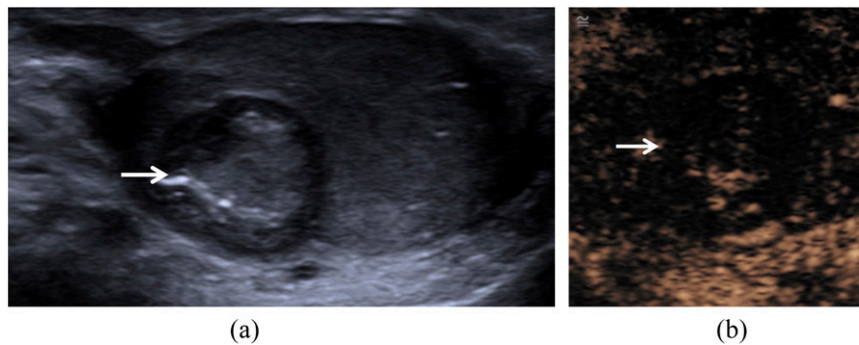


Figure 5. A 15-year-old male with incidentally found testicular lesion: B-mode ultrasonography (a) is showing a rounded isoechoic lesion (arrow) with a hypoechoic halo and central hyperechoic parts. Contrast-enhanced ultrasound (b) is showing limited internal echoes excluding the presence of a malignant tumour and establishing the diagnosis of an epidermoid tumour (arrow).



and could be used for the diagnosis of acute renal transplant rejection or other vascular complications after transplantation in the future.<sup>72</sup>

Based on currently available recommendations, CEUS can be used to grade disease activity and extent in adult patients with inflammatory bowel disease and differentiate active inflammation from chronic fibrosis in intestinal loops.<sup>7,73,74</sup> Mural perfusion can be quantified, providing repeatable parameters which accurately represent disease activity, monitor response to treatment<sup>75</sup> and detect post-operative recurrence.<sup>76</sup> Based on the scarce available evidence, CEUS can be used for the same purpose in the paediatric population.<sup>77,78</sup>

CEUS has been introduced to accurately evaluate and follow up inflammatory changes in paediatric patients with rheumatism. Response to treatment could also be assessed using ultrasonography contrast agents.<sup>79</sup> CEUS has also been occasionally used for diagnostic approach of vascular malformations of the extremities<sup>80</sup> and characterization of scrotal lesions<sup>81</sup> (Figure 5).

## CONCLUSION

CEUS has distinct advantages over both CT and MRI when it comes to the paediatric population.<sup>1,6,16,82</sup> It is well established that radiation-induced malignancy constitutes a potential problem,<sup>3,4</sup> the long-term effects of gadolinium deposition in the paediatric population are unclear,<sup>83</sup> sedation is required in MRI and the use of nephrotoxic contrast agents in patients with reduced renal function should be avoided. CEUS offers a valuable alternative albeit with limited existing evidence. It is expected that as evidence grows around adult CEUS

applications, this will guide research in the paediatric population. CEUS although should not be regarded as a panacea or a technique capable of completely replacing CT or MRI in children. It is a technique characterized by certain limitations associated with ultrasonography while CT and MRI still maintain an important place in paediatric diagnostic pathways although entailing the aforementioned drawbacks. Nevertheless, CEUS has recently emerged as an ultrasonographic complementary technique which could be potentially used to increase the information provided by ultrasonography or as an alternative to CT or MRI in certain clinical scenarios, as presented in this review.

The setting in which paediatric CEUS should be ideally performed is within an established department, with ultrasonography machines having contrast-specific ultrasonography modes such as pulse inversion or amplitude modulation. Of paramount importance is the availability of equipment and facilities to treat allergic reactions, as although rare, practitioners must be prepared for such an eventuality. Paediatric CEUS can be performed by anyone who is trained and has experience in current paediatric applications. Although paediatric radiologists are more familiar with paediatric applications, it is our belief that even general radiologists familiar with techniques of CEUS, and after specific training, are equipped to perform paediatric CEUS examinations.

## CONFLICTS OF INTEREST

Annamaria Deganello—Bracco Speaker. Paul S Sidhu—Bracco, Hitachi, Siemens, GE Healthcare, Philips Speaker. Maria E Sellars—Bracco Speaker.

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